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Published by Renna Media

Issue 57 • August 2022

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GARWOOD GUNNERS COMPLETE MAGICAL SEASON

Submitted by Eric Duskin

On a hot, humid Tuesday night in Garwood, the 8U Gunnars took the field for the championship game for the New Providence Green League 8U Grey Division. Staring at them from the opposing dugout were the Bridgewater Panthers. It seemed as though the game had been set earlier in the season as the two teams had been in first and second place for the entire stretch, Garwood as the 1 seed going for a perfect season and Bridgewater as the 2 seed with one of their 2 losses at the hands of Garwood in the regular season.

Garwood's season was not without dramatics, however. In the game prior to the championship, Garwood was taken to the brink by the Springfield Minutemen. Down 10-1 going into the bottom of the fifth and final inning, Garwood somehow found the magic to battle all the way back for a dramatic walk-off win 11-10 to make it into the finals. However, Garwood had a different result in mind when they took the field for the championship against Bridgewater.

James Guerriero started the game on the mound for Garwood and pitched nearly 2 perfect innings to give the team

a head start. He was relieved by Gabriel Neyra and TJ Scanio who kept the momentum and the pressure on Bridgewater, combining to only allow 2 hits against 1 run with 9 strikeouts in total.

At the plate, Garwood was led by Cole Duskin (4RBI), Oliver Wiecek (2RBI), Jacob Cruz (1H), and Donovan Ehrhardt (1RBI) who all compiled hits and RBIs to pour on the run support. Runs don't score without runners on base though so a disciplined plate approach from Charles LeFever (2BB), Blaise Kelly (1BB), James Farrell (2SAC), and Mason Howard (2BB) all came through with either timely walks or balls in play to extend innings and keep the runners moving.

In the end, the result was exactly what Garwood had dreamed of. They came out on top 9-1 and completed the perfect season winning 14, including the postseason, without a single loss. The Garwood Baseball/ Softball League and coaches are all extremely proud of the season-long effort of the team and also send out a big thank you to the parents for all they did to get the kids to the games and their overall support. This will be a year to remember!

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(above) The Garwood 8U Gunnars finished a perfect season with a championship win.

Courtesy photo

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GARWOOD LEGACY IN VIDEO SERIES

Submitted by Bruce Paterson

Two members of the Garwood Historical Committee interviewed School Superintendent, Dr. Teresa Quigley, on July 27, 2022, just prior to her retirement from the Garwood School District.

Dr. Quigley was inspired to pursue a career in teaching, specifically in Special Education, by her special needs brother. While originally from New York, she moved into the area after college. She presently resides in Scotch Plains with her family. As the former Ms. Cahill, she applied for a position in the Garwood Schools in 1989 and was hired as a Language Arts teacher. After furthering her own education, her subsequent positions in Garwood included Coordinator of Special Services in the year 2000, and Supervisor of Special Services and Curriculum & Instruction in 2002. In 2003 Dr. Quigley was appointed to the Principal position. Then in 2007, she was selected to be our Superintendent of Schools.

When asked what she is most proud of during her time in the district, she cited the genuine caring and concern for each student and staff member, especially during the extraordinary challenges of COVID. Throughout her distinguished career, she witnessed and adapted to the many changes occurring in the field of education, school district safety being one major concern.

During the interview, she bestowed upon the

Historical Committee several school-related historical artifacts. One was a 48-star American Flag that flew over our Washington School in 1936, and which will be proudly displayed soon.

This videotaped interview is an ongoing program from the Garwood Historical Committee's, "Garwood Legacy In Video Series" (a.k.a. G-LIVES). The Historical Committee would like to thank Dr. Quigley for her 33 years of dedication and commitment to the Garwood students, district and community. We wish her all the best in her well-deserved retirement.



(above, l-r) GHC member Adele Lewis and Dr. Theresa Quigley.

Photo by Bruce Paterson, GHC

GarwoodTimes_{NJ}

Renna Media LLC, Publishers

202 Walnut Ave., Cranford, NJ 07016

Garwood Times is published by Renna Media. 2,200 newspapers are printed monthly and mailed to every business and resident in Garwood.

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Westfield Area YMCA

The Westfield Area YMCA Flyers Track Club is a year-round track & field and cross-country team offering USATF-certified coaching and technique instruction for athletes ages 7-15. Registration is now open for the cross-country season which runs from September 9 to October 28. Athletes learn the fundamentals of distance running and techniques unique to off-track running, with more experienced runners building on the fundamental skills through conditioning and in-depth training. Practices are held at Oak Ridge Park in Clark on Mondays and Fridays with additional Wednesday practices for more seasoned runners. Practices are 60 minutes and begin at 4:45 p.m. for 7-10 year-olds and 6:00 p.m. for 9-12 year-olds and 11-15 year-olds.

Meets are offered and optional.

More than 250 Flyers participated last fall with qualifiers for the USATF state, regional, and national championship meets. The goal is to provide a safe and fun environment for every team member to improve skills and achieve success, from novice to international competitors.

For schedule details, fees, and registration information visit yflyertrackclub.com or contact Michelle Almeida at malmeida@westfieldynj.org or 908-301-9622 ext. 279.

The Y is the nation's leading nonprofit committed to strengthening communities through youth development, healthy living, and social responsibility. Financial assistance is available for YMCA programs and memberships for those who qualify.



(above) Westfield Area YMCA Flyers athletes from the 2021 season participating at a NJ meet.



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SEPTEMBER LIBRARY EVENTS

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Monday - Thursday from 9 am to 8 pm; Friday 9 to 4:30 pm
Saturday starting September 10 from 10 a.m. to 1 p.m. Closed on Sundays.
The Library will be closed on September 5 for Labor Day.

Library Board Meeting

September 7 at 7:30 p.m.

A meeting of the Garwood Library Board of Trustees. This meeting is open to the public.

Classic Movie Friday

September 9 and 23 at noon

Join us for Classic Movie Fridays featuring memorable movies from the 50s and 60s. Light refreshments will be served.

Knitting Club

September 12, 19 and 26 at 10:30 a.m.

Open to all levels No Registration required.
Yarn and needles provided to newcomers.

Storytime in the Library

September 13, 20, and 27

10:30 a.m. and 11:30 a.m.

Join Miss Maryanne for stories, bubbles and more in the library. Registration Required.

ASK- Aging Services Kiosk

September 14 from 10 to Noon

Assist seniors (age 60+) or their caregivers with information on services.

Basic Genealogy

September 14 at 7 p.m.

Informative evening providing insight to help you start your journey into your family history. Once registered a Zoom link will be sent.

YoBoo in the Park

September 15, 22, and 29 at 10:30 a.m.

For little ones (ages 2-8). YoBoo is yoga and aerobic exercise for kids. Hartman Park is located at 431 Second Ave in Garwood.

Book Discussion Group

September 19 at 1 p.m.

A lively discussion of this month's book "American Dirt" by Jeanine Cummins.

Virtual Minecraft Gaming

Sept. 28, Oct. 5, 12, and 19 at 4 p.m.

The Library in collaboration with the virtual program host TD3 Innovative Gaming will send your child on a Minecraft journey through time. This program runs for 4 sessions. It is offered for children in 1st through 5th grade.

Registration required. Limit 10.

SHIP - State Health Care Insurance Program

September 29 at 7 p.m.

A representative from Sage Eldercare will explain the facts about the State Health Insurance Assistance Program (SHIP). SHIP provides free help to New Jersey Medicare beneficiaries who have questions about their health insurance. The presentation will be followed by a question-and-answer session. Registration is required.

GARWOOD AUTHORS PUBLISH BOOK

Longtime Garwood residents Karen Cerulo and Janet Ruane have just published a book entitled Dreams of a Lifetime: How Who We Are Shapes How We Imagine Our Future (Princeton University Press-trade division). Their research revealed some interesting and surprising results.

The authors spoke to more than 270 people of all different ages and social backgrounds. Their study participants spoke of the importance of envisioning the future and overwhelmingly agreed that dreaming is an essential aspect of living. They voiced several positive cultural

lessons on dreaming: opportunity is boundless, dream big, never give up on your dreams, and optimism makes anything possible. Some also voiced cautious concerns: i.e. the deck is stacked or the system is rigged.

Cerulo and Ruane show that what and how we dream is tied to our social class, gender, race, age, and life events. Indeed, our social position quietly influences the content of our dreams, whether we embrace dreaming, and whether we believe that our dreams - be them realistic or fantastical - can be achieved.

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Mobile Meals of Westfield is a non-profit organization that provides nutritious hot meals for those unable to provide meals for themselves. The organization serves the communities of Clark, Cranford, Fanwood, Garwood, Mountainside, Scotch Plains, and Westfield. For more information about the organization and services, visit the website at mobilemealsofwestfield.org or call 908-233-6146.

Sheet Metal Workers' Union No. 22 serves Union, Morris, Somerset and Sussex Counties. The union members support veterans, the homeless and non-profit organizations as part of their community assistance programs. In addition, new union members, as part of their apprenticeship, provide 20 hours of community service annually over a five-year period for a total of 100 hours. For more information on the union, visit SMWIALU22.ORG. The union has consistently supported Mobile Meals of Westfield, and their generous donation is most appreciated.



(above, l-r) Jason Rooney, Sheet Metal Workers' Union; and Josephine Walsh, Mobile Meals of Westfield.

Courtesy photo

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Mr. Renna's presentation will address the different aspects of building a marketing plan and tuning up existing ones. The audience will leave with the information to guide them in developing a plan that will get them the best return for their marketing budget. The presentation will encourage questions from the audience and will address specific challenges facing participating business owners.

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GRIEF RECOVERY SEMINAR BEGINS SEPT. 18

The First Presbyterian Church of Cranford (FPCC) is preparing to offer its free, 8-week, grief recovery seminar, "Journey Toward Wholeness: Healing the Grieving Heart," which takes place on Sunday evenings beginning September 18 until Sunday, November 6 from 6:30 to 8:30 p.m. The seminar is being offered on Zoom only. There is no charge, but registration is required by calling 908-251-5641.

Exhausted, depleted, lonely, and isolated are just a few of the terms that describe how we are feeling while navigating through an increasingly chaotic existence, exacerbated by a pandemic, political conflict, and extreme weather. When you are grieving a loss amid all these stressors, every day may seem dark and overwhelming.

We offer a ray of light and welcome all grieving a loss of any type to join our seminar. The co-leaders of the program, Patti Williams, RN and Certified Grief Counselor, and Virginia Waters, Clinical Psychologist, have personal and professional training and experience in the field of grief and loss. They are joined by a team of trained facilitators who provide support and lead breakout groups for individuals who have experienced a similar loss.

In the words of a recent participant, "Thank you and your team for everything you are doing to create such necessary, safe, and encouraging bereavement healing space for these times. Being with other griever, I felt myself soften into the truths of my loss in a profound way that I haven't had the opportunity to do at all during this time

of Covid. I'm so grateful for that small step forward. I was also mightily impressed by how well you all managed the technology to make this possible. Well done!"

The program is free and open to all faiths. We have helped thousands of participants in 21 years. For more information visit firstprescranford.org/care/grief-recovery.

About the First Presbyterian Church of Cranford

As the body of Christ empowered by the Holy Spirit, the First Presbyterian Church of Cranford (FPCC), 11 Springfield Ave., Cranford, seeks to live God's Word and inspire others to embrace Jesus' commandment to love one another as the Lord loves us. Learn more at firstprescranford.org.

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NEWSPAPER AD RATES

Units	Size	1 TOWN	3 TOWNS	6 TOWNS	9 TOWNS	12 TOWNS	15 TOWNS	18 TOWNS	21 TOWNS	24 TOWNS
1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
BACK PAGE	10" x 14"	\$500								
FRONT PAGE BANNER	8.25" x 2"	\$320								
FRONT PAGE BOX	1.5" x 4.5"	\$240								

Back cover, front page banner and front box reserved on first-come, first-served basis. Current advertiser has right of first refusal.

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- RE-ROOF
- NEW ROOF
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CHIMNEY



- CLEANING
- RE-LINE
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- CLEANING
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