This year's action-packed night was held on June 16th at

Iron Peak Sports & Entertainment in Hillsborough, NJ. Food

and drinks were provided throughout the night. Graduates

choose from a full night of fun, including rock climbing, ninja

courses, basketball, pickleball, volleyball and other sports, a

new video arcade, live entertainment and so much more.

WARREN MONTHLYNJ

2022 marked the 31st year of Watchung Hills Regional

High School's Project Graduation. A volunteer team of

parents of WHRHS seniors comes together to plan events for

the graduating class throughout the year that lead up to a safe

and fun graduation celebration for the entire class, free of

WHRHS CLASS OF 2022 PROJECT GRADUATION

WARREN'S HOMETOWN NEWSPAPER

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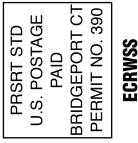
charge to the students.

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Warren Monthly







SUPERINTENDENT OF THE YEAR DR. MATTHEW MINGLE

Warren Township Schools

Dr. Matthew Mingle, Superintendent of Warren Township Schools has been named the 2023 Somerset County New Jersey Superintendent of the Year.

The Somerset County Association of School (SCASA), Administrators made the announcement on June 10, 2022.

"The Somerset County Association of School Administrators is pleased to announce that Dr. Matthew Mingle was selected to represent Somerset County, New Jersey as our Superintendent of the Year for 2023. Dr. Mingle is the consummate professional who genuinely believes in the value of education and he demonstrates a very strong commitment to lifelong learning."

As noted by SCASA, Mingle has demonstrated a deep commitment to the children, families, and staff of Warren Township Schools. He stands out as a leader and role model among his colleagues throughout the county and state.

"Dr. Mingle has consistently worked to make students the top priority. In particular, Dr. Mingle led his school district through the COVID pandemic with creative problem solving. Dr. Mingle restructured his school/classroom arrangements to keep students in-person while many other districts were still doing remote learning. Dr. Mingle also implemented strategies like test-to-stay in order to keep students in school. Dr. Mingle's peers in Somerset County look to his leadership and have all been impressed with his passion for education and the lengths that he will go to in order to make sure his students are receiving that education."

Mingle's commitment to the role of school Superintendent reaches far beyond his school district.

"Dr. Mingle is also recognized for his dedication to his profession through his contributions in the Somerset County Association of School Administrators where he currently serves as an active member, key contributor, and Treasurer. He is also the incoming president of the Morris-Union Jointure Commission and Vice President of the Association for Supervision and Curriculum Development (ASCD) Board of Directors."

On Monday, June 20, The Warren Township Board of Education recognized Mingle for the recent honor. Board President, David Brezee, read a statement from SCASA before congratulating Mingle and adding his gratitude for Mingle's continued leadership within the



(above) Dr. Matthew Mingle

district on behalf of the Board.

"The Board enthusiastically congratulates Dr. Mingle on this well-deserved award, and thanks him for his countless hours of leadership and dedication to providing an outstanding education for the students of Warren. Anyone who has had the opportunity to work with Dr. Mingle has quickly learned of his seemingly endless capabilities and true passion for education."

Brezee is confident that the district will continue to succeed under Mingle's leadership.

"Guided by Dr. Mingle's leadership, the Warren Township School District continues to be a beacon in the educational domain through its engaging and positive environment. With our growing student population in the Warren Township K-8 schools, more students will be able to benefit from Dr. Mingle's leadership and be able to shine brighter every day."

Mingle holds a doctorate in Education from Rutgers, the State University of New Jersey, a master's degree in Educational Administration from the University of Scranton, and a bachelor's degree in History Education from the University of Delaware. Mingle is currently pursuing a law degree from Seton Hall University.

"The Warren Township School District is a special place. From our students and their families, to our community partners, to our topnotch staff in all job roles and types, to our leadership team, and to the Board of Education itself," Mingle stated. "I can't imagine a better place to be a superintendent. I am fortunate to have spent the last six years here and I'm happy that our hard work is serving as an inspiration for others. I am so grateful to my colleagues at the SCASA for their support."

Mingle will now be considered for regional and statewide recognition by the New Jersey Association of School Administrators.





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CHORUS OFFERS FREE A CAPPELLA SESSIONS

Adelines International invites women singers to register for its free "Big Summer Sing." You can come any Wednesday, in August, 7 to 9:30 p.m. at The Shrine of St Joseph, 1050 Long Hill Road, Stirling, NJ for chord-ringing, fun-filled, four-part a cappella music.

Each week, guests will participate in vocal

The Hickory Tree Chorus chapter of Sweet and physical warm-ups and work on songs with the chorus. The chorus sings a variety of music, including old-fashioned love songs, Broadway, Disney, Beatles, and more.

To register for the Big Summer Sing, please email info@hickorytreechorus.org or call 908-377-1399. For more information, visit hickorytreechorus.org.





What you need to know about the impact of LearningRx brain training on past clients with:

ADHD and Attention Issues

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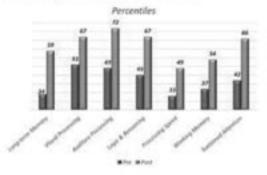
While we do not diagnose or treat ADHD, our programs have improved the cognitive performance of clients with many diagnoses, including ADHD.

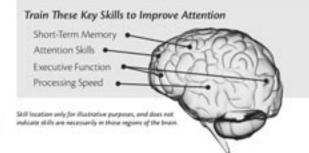
Over a six-year period, 6,446 children and adults came to LearningRx with the diagnosis of ADHD. We measured the cognitive skills of these clients before and after brain training,

Here's what we learned:

- · Among 6,446 clients who came to us with ADHD, the mean age was 12 years, and the largest gains were seen in IQ scores, auditory processing, long-term memory, and broad attention.
- Broad attention skills advanced from the 42nd percentile to the 66th percentile following LearningRx brain training,

Cognitive Improvements Among LearningRx Clients with ADHD'





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WARREN MONTHLY • Page 5 • August 2022



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WARREN CUB SCOUTS YEAR END RANK CEREMONY AND BBQ PICNIC

Year End Rank Ceremony and BBQ Picnic on part of the day was when the scouts were June 4th. On this day, we celebrated as a pack recognized and handed out rank patches to all the the achievements of the boys over the past year and award any outstanding earned patches,

Warren Cub Scout Pack 182 celebrated their elective pins or belt loops. The most important great day for the Scouts to shine in the spotlight scouts in the pack who have completed all of the requirements for that particular rank. It was a

in front of the entire pack, his friends, and his parents. For any interested kids in joining, please reach out to Ryan Valentino at 732-983-1035 or visit us on Facebook @ Cub Scout Pack 182.



Courtesy photo



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MADAM MACDELLA COOPER VISITS MT. HOREB SCHOOL

Warren Township Schools

Mt. Horeb grade 5 students and staff had the pleasure of welcoming Activist, Philanthropist, and Politician Madam MacDella Cooper for a visit in May. Cooper's devotion to the well-being of the people of Liberia was a perfect example for the students on the heels of their Capstone Experience earlier in the month.

Cooper, also known by many as "Liberia's Angel" was born in Liberia in the 1970s. Cooper spoke with the children about her experience as a happy child living on her grandparent's farm in Monrovia, and then moving to the city with her mother, stepfather, and siblings.

In the 1990's Liberia experienced a horrific Civil War by which Cooper and her family were deeply affected, changing their lives forever. Cooper's firsthand account of what her life was like as a young person in a war zone was unimaginable to all who were present.

Cooper and her siblings eventually fled Liberia to Ivory Coast where they were among thousands who sought refuge. While seeking safety, Cooper began attending an English church where she met an American woman named Pam. Initially, Pam provided Cooper with necessities such as food and clothing before eventually inviting Cooper to live with her. In addition to providing food and shelter, Pam also paid for Cooper to attend school. Cooper admits to being overwhelmed with gratitude for Pam.

Cooper recalled that it was then that she made a promise to her herself, "If I ever get the opportunity to help young girls in the future, I

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will do it."

In 1993 Cooper migrated to the United States, reunited with her family in Newark, NJ, and then graduated 3rd in her class from Barringer High School. "It was because of self-discipline, supportive teachers, and hard work" Cooper added, that led to my academic success and an eventual full-ride scholarship to The College of NJ where I earned a degree in Electronic Communications."

After graduating, Cooper moved to NYC and worked in fashion, public relations, and other corporate entities. As her success grew, she always remembered the promise she made to herself as a young girl, and in time, she created the MacDella Cooper Foundation (MCF), whose mission is to EDUCATE, TRAIN, and MOTIVATE Africa's most vulnerable children, disadvantaged youth, and marginalized women to become productive contributors to their nation's economic, social and political development.

Cooper shared pictures of the students from the first school that she launched in Liberia in 2010 called MCF Academy. She described the sort of barriers that young children, mainly girls, face daily in Liberia. The Mt. Horeb students gained an understanding of how MCF Academy was a

life-changing experience for the children admitted to the school. Cooper proudly shared details of MCF graduates now attending The University of Notre Dame.

Cooper is projected to open a Science, Technology, Engineering, Arts, and Math (STEAM) school in Liberia for girls in September 2022. In addition to Cooper's academic endeavors in Liberia, she was also a presidential candidate in the 2017 election. Cooper is passionate about the areas of affordable housing, energy, and technology and is working hard to improve her native county.

At the close of the presentation, the students were allowed to share their thoughts and ask questions. Without hesitation, hands were raised and multiple students offered to donate clothing, school supplies, and electronics. One student asked Cooper if she had ever considered writing a book about her life story. Cooper was touched by the outpouring of support from the students.

Cooper's life story and contributions to the people of Liberia are inspiring. To learn more about Madam MacDella Cooper or to support MCF please visit macdellacooper.org.

Cooper currently resides in Warren Township and has three children attending the Warren Township Schools.



(above, l-r) Top Row: Maanav Desai, Munachiso Ikejibeh, Ms. Andrews, Kylie Fell, Katelynn Thomas, MacDella Cooper, Nathan Rosen, Ms. Burkhardt, Robert Walker, Nicholas Clar; Bottom Row: Connor Feeney, Avery Carter, Samantha Kerner, Evelyn Ouyang, Mateo Cooper, Dominic DeCaro. Photo by Warren Township Schools



RELIEF FROM CHRONIC KNEE PAIN FDA Approved Treatment to Avoid Surgery

DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere,

Northeast Spine & Wellness Center uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets Northeast Spine & Wellness Center apart. The end result is you living pain free from your

chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call Northeast Spine & Wellness Center now for a RISK FREE consultation.

If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guatantees that knee replacement surgery will be the answer to your pain, but let's look further:

· Surgery is costly, regardless of the percentage of services covered by insurance. · Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications

With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse,

Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.

Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

 Diagnostic fluoroscopy accurately targets the pain, unlike blind injections. Guided fluoroscopic injections are virtually pain free, unlike blind injections.

· No lost time from work or family.

 No expensive or time consuming rehabilitation. · No potentially addictive prescription medications.

· Recovery time is almost instant, not months or years.

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. Northeast Spine & Wellness Center understands the symptoms you have been

living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

· Pain - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.

· Swelling - This can cause tendemess and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.

· Stiffness - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.

· Loss of muscle strength - This can lead to balance issues and the strong possibility of falling.

· Joint deformity - Not just unsightly, but painful as well. · Creaking Joints - Can be painful and a sign of more discomfort to come.

· Sleepless nights - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Wellness

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How Does This New Treatment Work? Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with Northeast Spine & Wellness Center

investing in the use of diagnostic fluoroscopy This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are nationts that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoros

copy we use at Northeast Spine & Wellness Center these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoror copy and the amazing results viscosupplementation can provide, they are thrilled to get started They are even more thrilled when they feel the relief. Please contact Northeast Spine & Wellness Center today to schedule your RISK FREE consultation Call 732-827-0800

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Here's what our patients have to say

"I'm dancing without pain. I can more with no problem whatsoever. I can go up and down steps with no pain." - Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting hack to normal. - Perry O.

"After only four visits, i have absolutely no pain! The staff is "top-notch."



Call 732-827-0800

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LION'S CLUB HOSTS **EXPO**

Submitted by Rebecca Tucker

The Lion's Club of Warren hosted a memorable afternoon for families of children with special needs at the Warren Expo held on Saturday, June 18th. Autism Healthcare Collaborative(AHC), formerly known as Autism Think Tank, and the Warren Township Lions Club have a longstanding relationship and were excited to be able to offer this in-person event again to the community.

"This year is the first year since 2019 that we felt comfortable to hold this event," said Dr Paul Abend, founder of AHC. Participants came from neighboring towns with their extended family to enjoy an afternoon of good, old-fashioned fun at the carnival! Families went on rides, played games, enjoyed the food and everyone left smiling! "So often, families with special needs children cannot participate all together in an event like this since there is so much stimulation with large crowds, lights and loud music, but this event is designed for the whole family to enjoy together. We are grateful to the Lions Club and their collaboration in putting this event together," said Dr. Abend.

To learn more about Autism Healthcare Collaborative, please visit their website at autismhc.org. Courtesy photos









CHESS FOR FUN CELEBRATES 50 YEARS

players who have been meeting for roughly 50 years. The group's players come from all over, and in the case of Larry Morse, as far away as Whitehouse Station. The most senior player, at 98 years old, is still playing strong.

It their earlier years the group met at the Rahway Public Library when it was located on St. Georges Avenue. In 1999 a flood destroyed the library. Chess for Fun has been meeting in

Chess for Fun is a casual group of chess the Clark Public Library every Thursday from 11:00 a.m. to 3:00 p.m. And at Max's Pizza & Bistro in Scotch plains on Monday mornings at 11 a.m.

> There are no formalities to the group. It is not an established club with officers or membership. Everyone of any ability is welcome to participate. Regulars bring their own board to share so it is not necessary to bring a board, but it would be helpful if you can.



(above, standing, l-r) Players and hometowns: Larry Morse, Whitehouse Station; Mark Shoengold, Colonia; Jack Rothstein, Edison; John Foy, Scotch Plains; Bodre. (seated, l-r) David Goldstein, South Plainfield; Neil Landau, Edison; Matthew Bistis, Mountainside.

WHRHS STUDENT CREATES THE BUDDY-UP **PROGRAM TO HELP THE ELDERLY**

Anmol Bhatia, a Watchung Hills Regional High School junior, created the Buddy-Up Program at Abingdon Care & Rehabilitation Center in Green Brook to help give lonely residents someone to chat with.

Anmol has always been passionate about helping the most needed in healthcare. While volunteering in the activities department last summer at Abington, he realized that most activities were canceled due to Covid, and many residents were very lonely and had few visitors. Bhatia created the Buddy-Up Program to keep lonely residents company by having them chat with community volunteers online.

Anmol's goal of connecting students to residents was a huge success. Community members and students offered to chat with the lonely residents on 30 minuet Zoom calls through iPads provided by the center. "It makes you feel good to help someone else in your community, " says Bhatia, who has raised funds to purchase more iPads. "We've had fifty-five volunteers sign up, and nothing but positive reviews from the residents."

Bhatia recently collected funds to purchase three new iPads for the program but is always looking for more volunteers and donations. To sign up as a volunteer, send an email to

buddyupprogram@gmail.com, or you can donate funds to purchase more iPads, at https://gofund.me/df476cc5.



(above) Anmol Bhatia, the program Founder and Director presenting iPads to Love-E Raynes, the Activities Director, and Dr. Patricia Barsanti, the Medical Director at Abingdon.

MEMORY OF JAY JENKINS HONORED DURING CELEBRATION OF LIFE

Submitted by NJ Sharing Network

On June 5, thousands of organ and tissue transplant recipients, donor families, living donors and dedicated volunteers participated in NJ Sharing Network's 5K Celebration of Life Walk and USATF Certified Race in New Providence, NJ. Family members and friends of the late Jay Jenkins of Warren, NJ, gathered to form the "Jay Birds" 5K team to honor his memory and show their support for NJ Sharing Network's life-saving mission. Jay passed away in 2020 at the age of 34 following a tragic accident while driving home from work. He saved and enhanced the lives of many others as an organ and tissue donor.

At the time of his passing, Jay left behind his wife Jessica (Fricke) Jenkins and their 7-weekold baby boy, Thomas. Jay's many family members and friends will always remember him for his easygoing, childlike spirit and goodness. He also loved animals and nature and had a passion for birdwatching, which affectionately earned him the nickname "Jay Bird." He graduated from Western Wayne High School and received a bachelor's degree from East Stroudsburg University.

"I was so overwhelmed with emotion the first **ABOUT NJ SHARING NETWORK** year I came to NJ Sharing Network's 5K Celebration of Life," said Jessica. "Seeing all the people who came out to support such an amazing cause was so comforting. You can really feel the love. Organ donors save so many lives and they are heroes. Jay is our hero. I can't thank NJ Sharing Network enough for everything they do for transplant recipients and donor families."

According to United Network for Organ Sharing (UNOS), there are over 100,000 Americans – nearly 4,000 of whom live in New Jersey - waiting for a life-saving transplant. One organ and tissue donor can save eight lives and enhance the lives of over 75 others. To learn more, get involved and register as an organ and tissue donor, visit www.NJSharingNetwork.org.

The 5K Celebration of Life, which was sponsored by Pfizer, is the largest fundraising event to support organ and tissue donation and transplantation in the United States. Thus far, nearly \$1.3 million has been raised for this year's campaign. Campaign contributions can be made until the end of August by visiting www.SharingNetworkFoundation.org/5K.

Currently celebrating its 35th anniversary, NJ Sharing Network is the federally designated nonprofit organization responsible for recovering donated organs and tissue in the Garden State. Last year, 233 generous individuals in New Jersey gave the gift of life, an all-time high for a single year. In addition, 42,112 eye and tissue donations healed and enhanced the quality of life for those in need. With headquarters in New Providence, NJ, the organization has been recognized by NJBIZ as one of the state's "Best Places to Work" for four consecutive years.

ABOUT THE SHARING NETWORK FOUNDATION

The Sharing Network Foundation is committed to increasing the number of lives saved through clinical advancement, family support, public awareness, and education about the life-saving benefits of organ and tissue donation and transplantation. By making a contribution, you empower our efforts, bringing us a step closer to providing the greatest gift of all... the Gift of Life.

Courtesy photo



(above) Thousands of organ and tissue transplant recipients, donor families, living donors and dedicated volunteers participated in NJ Sharing Network's 5K Celebration of Life Walk and USATF Certified Race.



DAR CHAPTER CELEBRATES 125TH ANNIVERSARY

Submitted by Holly Dunbar

"Celebrating 125 Years of Service" was the theme as members of Elizabeth Snyder-Continental Chapter of the Daughters of the American Revolution (DAR) recently gathered for a belated observance of the chapter's 125th anniversary.

Green Brook Mayor Jim Van Arsdale, DAR State Regent Bonnie Matthews and the State Board of Managers were honored guests at the event held on June 11 at the Dunellen Hotel.

"Today we celebrate our chapter's many



"As we follow in our ancestor's footsteps, we look forward to carrying on their tradition of service."

Continental Chapter was organized on January 23, 1896 in Plainfield and in 2002 merged with Elizabeth Snyder Chapter of Dunellen. Now based in Green Brook, the chapter continues to serve areas of Somerset, Middlesex and Union counties.

was honored with a DAR Community Service Award for her years of service to the Somerset County 4-H Program. In addition, a donation of \$300 was presented to the DAR State Regent in support of Semper Fido, an organization that trains service dogs for veterans.

chapter history. The chapter is perhaps best known for its leading role in the preservation of Washington Rock in Green Brook. Chapter memorabilia was on display, including gavels

accomplishments," said Regent Ashley Salsano. made from the wood of the British warship, Augusta, sunk in 1777, and the chapter charters.

A highlight was a musical performance by Patricia Turse, harpist with the Metropolitan Orchestra of New Jersey.

Elizabeth Snyder-Continental Chapter sponsors students in DAR contests that promote the study of American history and good citizenship, collects holiday gifts for hospitalized veterans, and gathers supplies for the Plainfield At the event, Barbara Navatto of Somerville Area Humane Society. Members support local conservation efforts, patriotic observances, and state and national DAR projects.

The DAR is a nonprofit service organization open to women 18 and over who can trace their descent from a patriot of the American Revolution. Elizabeth Snyder-Continental Guests enjoyed a slide show retrospective of Chapter also sponsors the Pis-Cat-A-Qua Society of the Children of the American Revolution, open to girls and boys from birth to age 22. New members to both organizations are welcome. Learn more at DAR.org.



(above) State Regent Bonnie Matthews (2nd from left) with the members of Elizabeth Snyder-Continental Chapter DAR.

Courtesy photo





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(above) Saturday, September 17, 2022, join us in Verona Park, Essex County, for our Walk & 5K Run. Registrations and donations can be made online at:

thevaleriefund.org/about/board/ed-sue, or checks can be mailed to The Valerie Fund 2101 Millburn Ave., Maplewood, NJ 07040.

The Valerie Fund is excited to partner with Warren Township residents this year in an initiative to support The Valerie Fund Walk & 5K to be held on Saturday, September 17, 2022. Now in its 17th year, the walk will take place in Verona Park on September 17th. The local effort is spearheaded by Helena, a freshman at Watchung Hills Regional High School. Participating high school students are learning fundraising skills, while also making a difference in the lives of kids battling cancer and blood disorders. Registrations and donations can be made online at thevaleriefund.org/about/board/ed-sue, or checks can be mailed to The Valerie Fund 2101 Millburn Ave., Maplewood, NJ 07040.

ABOUT THE VALERIE FUND

The Valerie Fund relies on the dollars raised to help the children who live in our community. The Walk and 5K Run will support our mission to provide comprehensive health care for children with cancer and blood disorders. Every step you walk or run and every dollar you raise helps at The Valerie Fund Centers. Patients receive far more than treatment for their physical illnesses. Our philosophy is that to truly heal the children with whose care we are entrusted, we must treat them emotionally, socially, and developmentally, as well as medically. Each patient is provided a team of social workers, psychologists and child life specialists that support them through their journey, which eases the burden so the family can concentrate on healing.



(above) Sue and Ed Goldstein Photo by Lisa Berkery Photography



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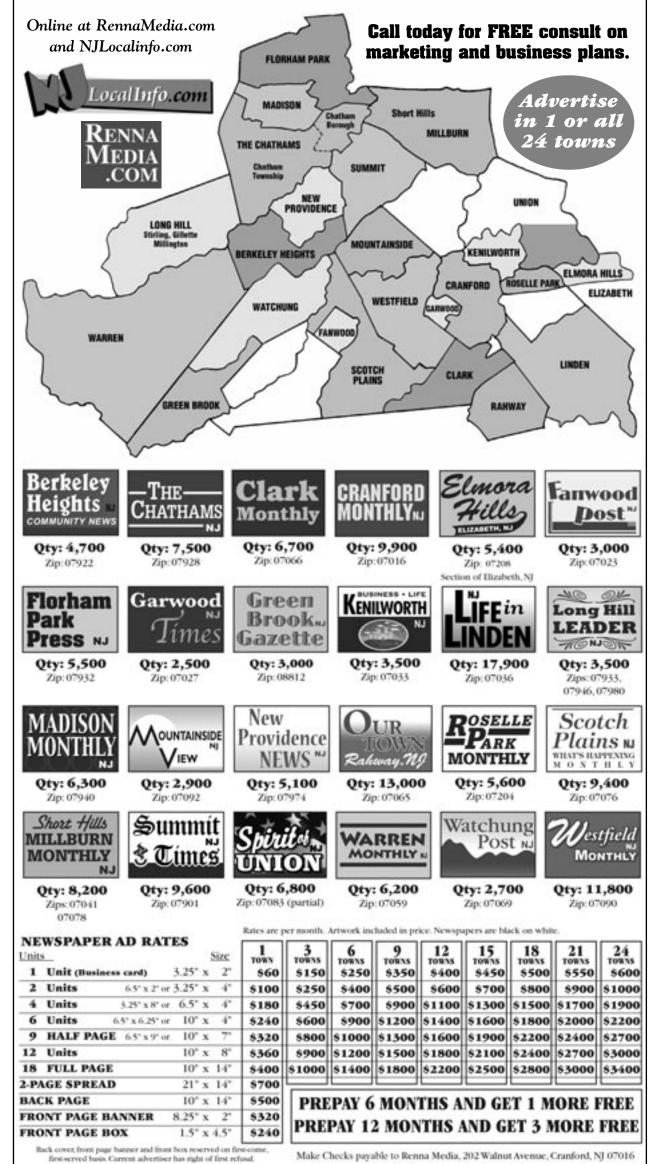
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