

LIFEⁱⁿ LINDEN

MAILED FREE TO EVERY HOME
AND BUSINESS IN LINDEN

Published by Renna Media On-line at RennaMedia.com

Issue 149 • August 2022

Thinking about
selling or buying
a home?
Call me Today!
(908)249-1387

exp
REALTY
Adriana Duarte
REALTOR-ASSOCIATE
Cell 908.249.1387
www.AdrianaDuarteHomes.com
Adriana.Duarte@exprealty.com



LINDEN POLICE OFFICER JOHN BYKO REMEMBERED

City of Linden Police Department

Members of the Linden Police Department gathered at Rosedale Cemetery on June 14, 2022 to honor the sacrifice of Linden Police Officer John Byko, who was killed on Friday, June 14, 1935. To date, Ofc. Byko remains the only Linden Police Officer to die in the line of duty.

Ofc. Byko was killed when the patrol car he was driving in was struck head-on by another vehicle on Route 1, formerly known as Route 25. His partner Officer Harry Weitzman was also seriously injured in the accident but survived.

The driver of that vehicle, Vincent Rodnick of Carteret, had lost his license following a fatal crash seven years earlier in which he crashed into a truck, killing his passenger. It was learned that Rodnick used a fake name to fraudulently obtain the registration for the vehicle that killed Ofc. Byko.

Rodnick plead guilty to a charge of causing death by automobile, was jailed for six months and deprived of his right to drive.

At the time of his death Officer Byko had served with the Linden Police Department for seven years. He was survived by his wife Mary and two children, John and Barbara.

Sadly, his sacrifice was forgotten until his death was discovered in an archived log book in 2010. Ofc. Byko's name was added to Union County Fallen Officers Memorial in October 2010, and to National Law Enforcement Memorial in 2013.

Courtesy photos



(above) Linden Police Officer John Byko

PRSR STD
U.S. POSTAGE
PAID
BRIDGEPORT CT
PERMIT NO. 390

ECRWSS

*****ECRWSSDDM*****
POSTAL PATRON
LINDEN, NJ 07036



(above) A ceremony was held at Rosedale Cemetery on June 14, 2022 to honor the sacrifice of Linden Police Officer John Byko, who was killed on Friday, June 14, 1935.

LINDEN'S LOCAL LISTING EXPERTS

A Boutique Feel With A Unique Concierge Experience.
CALL NOW FOR A FREE HOME EVALUATION!



732.381.1190
30 Brant Avenue, Clark
www.alltownerealty.com



LIFE in LINDEN

Renna Media LLC, Publishers

202 Walnut Ave., Cranford, NJ 07016

Life in Linden is published by Renna Media. 17,900 newspapers are printed monthly and mailed to every business and resident in Linden.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

©2022 Contents of this newspaper cannot be reproduced without written consent from Renna Media LLC.

SEND US YOUR NEWS

Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (accomplishment, honor, award, etc.), send us your news!

Email: editor@rennamedia.com

ADVERTISING

Joe Renna: 908-447-1295

joerenna@rennamedia.com

Online at www.rennamedia.com

like us on [facebook.com/](https://www.facebook.com/LifeinLinden)

Life in Linden



The Linden Fire Department invites you to BECOME A LINDEN FIREFIGHTER

Service your community
Begin a challenging yet rewarding career
Competitive salary and benefit package
Promotional opportunities

REQUIREMENTS:

Must be between the ages of 18 and 34
U.S. Citizenship
Resident of Linden
High School diploma or GED
Valid NJ Driver License

LEARN MORE AT OUR INFORMATIONAL SESSIONS

Tuesday August 2, 2022 @ 7:00PM

&

Thursday August 25, 2022 @ 7:00PM

Firehouse #3

1201 E. Elizabeth Ave.

Linden, NJ 07036

Linden is an
Equal Opportunity
Employer



Deadline to apply is August 31, 2022 at 4pm.

Apply online: linden-nj.gov/lfdrecruit



Banking Local Has Its Perks

Grow Your Savings at 20X the National Average¹

Available
Exclusively to
the Essex &
Union County
Communities

Kickstart Savings

Earn

2.02% to 1.51% APY²

on balances
up to \$10,000³

Ultra Savings

Earn

1.61% APY²

on balances
from \$100,000 to \$1,000,000⁴

Go local and know where your money is.

Get started at AtlFedCU.com, call us at 908-245-1750 or visit us.

Magie Hill Center
1331 Magie Avenue
Union, NJ 07083

Essex Green Center
455 Prospect Avenue
West Orange, NJ 07052



Federally Insured by NCUA.
Equal Housing Lender.

1) Based on the Bankrate.com national average for savings accounts as of July 12, 2022. 2) APY = Annual Percentage Yield. Rates current as of July 12, 2022. Rates are subject to change without notice. Fees could reduce earnings on the accounts. 3) Kickstart Savings is a blended rate tiered account with dividends paid on portions of your balance falling within designated tiers: \$0.00 - \$2,500.00: 2.02% APY; \$2,500.01 - \$5,000.00: 2.02% APY; \$5,000.01 - \$7,500.00: 2.02% - 1.68% APY; \$7,500.01 - \$10,000.00: 1.68% - 1.51% APY; \$10,000.01 and above: 1.51% - 0.02% APY. \$100 minimum balance to open. There is a \$100 minimum daily balance requirement to avoid a \$10 monthly maintenance fee. Limit of one Kickstart Savings account per tax identification number. 4) Ultra Savings is a blended rate tiered account with dividends paid on portions of your balance falling within designated tiers: \$0.00 - \$100,000.00: 1.61% APY; \$100,000.01 - \$250,000.00: 1.61% APY; \$250,000.01 - \$500,000.00: 1.61% APY; \$500,000.01 - \$1,000,000.00: 1.61% APY; \$1,000,000.01 - \$2,000,000.00: 1.61% - 0.81% APY; \$2,000,000.01 - \$5,000,000.00: 0.81% - 0.33% APY; \$5,000,000.01 and above: 0.33% - 0.17% APY. \$100,000 minimum balance to open. There is a \$100,000 minimum daily balance requirement to avoid a \$10 monthly maintenance fee. Limit of one Ultra Savings account per tax identification number.

Call Today for a Free Estimate! ☎ 855.624.6655



Masonry



Roofing & Siding



Windows & Doors



Kitchens & Baths



Decks & Porches

*Magnolia*TM
HOME REMODELING GROUP

ROOFING | SIDING | WINDOWS
KITCHENS | BATHROOMS | BASEMENTS
MASONRY | DECKS | PORCHES



Payment Plans

WINDOWS \$209	BASEMENTS \$395
KITCHENS \$389	BATHROOMS \$199
ROOFING \$249	DECKS/PATIOS \$189
SIDING \$289	PORCHES/STEPS \$185

0% Plans Available!

Estimated monthly payments.
Rates & payments based on credit approval.

VIRTUAL MEETINGS ALSO AVAILABLE

Interior & Exterior Remodeling | Family Owned & Operated

100% FINANCING AVAILABLE | 30+ YEARS EXPERIENCE

NJDCA 13VH07755300

MagnoliaHomeRemodeling.com 

CHESS FOR FUN CELEBRATES 50 YEARS

2022 National Night Out

August 2nd 5PM -7PM

Free food, drinks, entertainment, and
give aways for the whole family!


In front of Linden City Hall (301 N Wood Ave). Rainout
Location at the Gregorio Center (330 Helen St.)

Chess for Fun is a casual group of chess players who have been meeting for roughly 50 years. The group's players come from all over, and in the case of Larry Morse, as far away as Whitehouse Station. The most senior player, at 98 years old, is still playing strong.

It their earlier years the group met at the Rahway Public Library when it was located on St. Georges Avenue. In 1999 a flood destroyed the library. Chess for Fun has been meeting in

the Clark Public Library every Thursday from 11:00 a.m. to 3:00 p.m. And at Max's Pizza & Bistro in Scotch plains on Monday mornings at 11 a.m.

There are no formalities to the group. It is not an established club with officers or membership. Everyone of any ability is welcome to participate. Regulars bring their own board to share so it is not necessary to bring a board, but it would be helpful if you can.



CHESS IN MILLBURN
CHESS ACADEMY

Individual and group lessons
Beginner to Master

- In-person and Online Chess Lessons
- Summer Classes Enrolling
- Rated Chess Tournaments
- Fall Classes Registration Open!

Visit our website for details and placement test!

chessinmillburn.com
chessinmillburn@gmail.com



(above, standing, l-r) Players and hometowns: Larry Morse, Whitehouse Station; Mark Shoengold, Colonia; Jack Rothstein, Edison; John Foy, Scotch Plains; Bodre. (seated, l-r) David Goldstein, South Plainfield; Neil Landau, Edison; Matthew Bistis, Mountainside.

SAM'S LANDSCAPING

WEEKLY LAWN MAINTENANCE

PAVERS & PATIOS

***TOP SOIL**

***PLANTING**

***TRIMMING**

***TREE REMOVAL**

DRAINAGE

CLEANUPS

MULCH

***SOD**

***RESPONSE TIMES
CAN BE SLOWER IN
PEAK SEASON, WE
ANSWER EVERY
INQUIRY, EVERY
TIME!**

**THANK YOU FOR THE
AMAZING TRUST AND
SUPPORT!**

CALL OR TEXT

908-441-7302

SAMSLANDSCAPING.COM

GALLUZZO BROTHERS

Quality Dumpster Rental Services

COMMERCIAL & RESIDENTIAL

Short & Long term



973-424-9640

galluzzobrothers@aol.com

galluzzobrothers.com

24-hour Emergency Service Available.

RECYCLING SERVICE

- WOOD, CONCRETE • ASPHALT
- CARDBOARD • AND MORE

GARBAGE REMOVAL SERVICE

Municipal garbage removal
& recycling services since 1998.

NEW CUSTOMER DISCOUNT!

\$30 OFF

With this coupon. One time discount for first time customers.
Can't be combined with other offeres. Expires 8/31/22



INDEPENDENT AUTHORS BOOK EXPO TO BRING TOGETHER WRITERS FROM ACROSS THE NATION

The Roselle, NJ-based nonprofit Independent Authors Book Experience (IABX) will be hosting its 9th annual book expo in person on Sat., Aug 6th, 11 a.m. – 5 p.m., at Linden Public Library, 31 East Henry St, Linden, NJ. Authors from around the nation will be gathering together to share their original works and to promote the love of literacy to all ages, while attendees can enjoy readings from the authors, book signings, children's books giveaways and more.

"It's always such a pleasure hosting this outstanding event where book lovers, young and old, can gather and meet the writers of such unique stories," states Renae Smith, founder and CEO of Independent Authors Book Experience. "This year, we are welcoming children's book writers, biography authors, sci-fi and fantasy works and lots of poets. All will have a chance to meet with interested readers, as well as have a chance to read an expert to the crowd."

In acknowledgement of the COVID-19 pandemic, the event will be held outdoors. All CDC recommendations at that time will be followed. Forty authors and multiple vendors will be gathered together to showcase their work and create a fun event for all ages.

"Our annual expo is always a blast, and we won't let COVID-19 dampen our spirits," states Smith. "We look forward to meeting in person and hosting this intimate networking event. We

are planning some exciting activities, including our regular children's corner for kids to listen to some new stories and take home some free crafts, giveaways for all who participate, and seminars for authors to help them along with their craft. There is something for everyone who attends."

The goal of the Expo is to also help novice authors find ways to make a living through the written word. Smith speaks from a position of experience - she is an international award-winning author herself, pulling from her native Jamaica to write cook books, as well as writing children's picture books. She inherited her mother's passion for reading and literature, sharing her deep love for the arts at a young age.

Smith started IABX in 2014 with a goal to promote and empower independent authors through various events and workshops, thereby

promoting literacy for all ages. To date, 300 writers from all over the nation have benefitted from the services offered by the nonprofit.

For more information about the event and how to register, visit: www.iabx.org/iabx-expo

ABOUT INDEPENDENT AUTHORS BOOK EXPERIENCE

Independent Authors Book Experience (IABX) is a nonprofit organization whose mission is to promote and empower independent authors through events, workshops and author services, thereby promoting literacy for all ages. Since its creation, IABX has become a widely-recognized hub of resources for the launch and promotion of new titles, including author profiles, book reviews, recommendations, event information, interviews and articles. Learn more about IABX at iabx.org.

Animals are Soul

A special blog of inspiring real-life stories about divine love from animals

AnimalsAreSoul.blog

Friends of the heart

Presented by **ECKANKAR** The Path to Spiritual Freedom
Eckankar-nj.org ♦ 800-870-9139

A Family Business Since 1902.

ORANGE MATTRESS
— CUSTOM BEDDING —
800-761-1100
mycustombedding.com

ALL KINDS OF MATTRESSES MADE TO ORDER FOR YOUR COMFORT.
Custom Sizes available, natural mattresses, and Double Sided Mattresses available

- Mattresses
- Box Springs
- Round Beds
- Adjustable Beds
- Mattress Toppers
- Pillows
- Frames
- Custome Sheets

Follow us on Instagram & Facebook

\$50 OFF On sales of \$500 or more. With this ad. Exp. 8/31/22.

WOOD FLOORS
Sand • Stain • Refinish • Repairs • Installation

CARPET & RUGS
Clean • Stretch • Sanitize • Repairs • Bind

RESTOREMYFLOORS.NET
A DIVISION OF CARPET DOCTOR LLC.
116 SUSSEX ST. WESTFIELD, NJ
908-913-4650
Insured * References * Visa / MasterCard

10% Discount On labor only. Materials not included. Cannot be combined with other offers. Exp. 8/31/22.

TEAM LAW
has been **WINNING LARGE VERDICTS** and settlements throughout NJ for over 60 Years, over **\$700 MILLION** recovered

**Results vary based on the facts and circumstances of each case.*

Insurance Companies Have Their Team of Lawyers YOU DESERVE ONE, TOO!

Tobin, Kessler, Greenstein, Caruso, Wiener & Konray

1-800-TEAM-LAW
TEAMLAW.COM
Serving New Jersey for over 60 years.

- Motor Vehicle Accidents
- Motorcycle Accidents
- Criminal Defense
- Traffic Violations
- Workers' Compensation
- Medical Malpractice
- Social Security Disability
- Unsafe Products
- Slip & Falls
- Legal Malpractice
- Dog Bites
- Construction Site Accidents

WORKPLACE INJURIES **AUTOMOBILE ACCIDENTS** **MEDICAL NEGLIGENCE** **CRIMINAL DEFENSE**

Super Lawyers "Our Super Lawyers are featured in the New Jersey Monthly Magazine. Only 5% of New Jersey Lawyers are Selected as Super Lawyers." The Selection Process is Conducted By An Independent Firm That Determines Which Lawyers in New Jersey Have Attained A High Degree Of Peer Recognition & Professional Achievement. "No Aspect Of This Advertisement Has Been Approved By The Supreme Court of NJ"

CERTIFIED BY THE SUPREME COURT OF NEW JERSEY AS CIVIL TRIAL ATTORNEYS
Steven J. Greenstein, Howard N. Wiener, Roy J. Konray
Certified by the Supreme Court of New Jersey as Workers' Compensation Attorneys: Felix R. Zolotto

As seen on: The Today Show, Good Morning America, Eyewitness News, 20/20 and CNN

136 Central Ave
Clark, NJ 07066

732-388-5454
Se Habla Español • Fala-Se Portuguese

FREE CONSULTATION
NO RECOVERY/
NO FEE

OTHER OFFICES INCLUDE UNION CITY, JERSEY CITY, EDISON, NEW BRUNSWICK, NEWARK, AND ORANGE

JERSEY LANDSCAPE & GARDEN SUPPLY

908-688-8333

528 N. Michigan Ave. Kenilworth, NJ

Hours: Monday - Saturday: 7:30 am - 5 pm • Sunday: Closed

**We accommodate the trade as well as the
do-it-yourselfers! We are always ready to assist.**

FREE
Same Day Delivery
in Union County
5-Yards or more

LAWN & GARDEN



Grass – Seed
Fertilizers
Peat Moss



Polymeric Sand
Paver Sealer
Paver Cleaner



HARDSCAPE

- Cement
- Concrete Block
- Belgium Block
- Curbing
- Bluestone Treads
- Diamond Blades

TOOLS

- Mason Tools
- Shovels
- Rakes

DRAINAGE

- Catch Basins
- Pipe

SOIL

Prices
per yard

Black Topsoil\$38

MULCH

Playground.....\$40
Black Dyed.....\$32
Brown Dyed.....\$32
Red Dyed.....\$34
Hardwood.....\$26

QUARRY BASE MATERIALS

Concrete Sand.....\$60
¾ Clean Stone.....\$68
Stone Dust.....\$36
QP\$42

DECORATIVE STONE

¾ Red Stone\$80
¾ Red Stone\$80
¾ Goose Egg\$106
1½-3 Goose Egg\$110
¾ Arctic White.....\$125
¾ Riverbed / Pea Gravel.....\$70
1 Riverbed\$80
1½-3 Riverbed.....\$90

Prices subject to change without notice.

Bon Tool Co.

**Largest Display of
Cambridge Pavers
in Union County**

Waterfalls • Fireplaces

- Fire Pits • Walls • Walkways
- Patios • Curbs



SUMMER CONCERT SERIES

The City of Linden Summer Concert Series continues thru September. All concerts are free and start at 7:30 p.m. They are held at the Raymond Wood Bauer Promenade, 400 North Wood Ave., Linden, NJ. Seating is first-come, first-served. Additional seating available for

lawn chairs as space permits. In event of inclement weather, the concerts are held as scheduled at the JTG Recreation Center, 330 Helen St. For up-to-date concert/rain information, call 908-474-8604 after 4:00 p.m.

CELEBRATING OVER 90 YEARS OF ACADEMIC EXCELLENCE



Registrations for the 2022-2023 academic year are now being accepted

- Faith-based environment
- Early Childhood Program Pre K3 & Pre K4 (Full & Half Day)
- Full Day academically based Kindergarten
- Primary, Elementary, and Middle School curriculums
- Controlled class size
- Average 18:1 student-teacher ratio
- 1:1 chrome books for grades 3-8
- Before and after care programs are available daily on site
- Member of the National Catholic Education Association (NCEA)
- Accredited by the Middle States Association Commission on Elementary Schools

**PLEASE CALL
(908) 276-9425
TO SCHEDULE A TOUR
100 Alden Street, Cranford, NJ
www.smscranford.com
E-Mail: saint.michael@verizon.net**

Tuesday, August 2	Sensational Soul Cruisers - Motown
Friday, August 5	Linden's Bless the City Event - Linden Gospel Music
Tuesday, August 9	Funk Salsa Urban - Salsa
Tuesday, August 16	Valarie Adams & Dimension - Jazz
Friday, August 19	100 Proof - Country/Rock
Tuesday, August 23	Beatlemania - Beatles Tribute - Rock/Pop
Tuesday, August 30	Karickter Band - Jazz
Friday, September 3	Jersey Shades - 50s & Up
Tuesday, September 6	Gentlemen of Soul - Earth, wind & Fire Tribute - R&B
Friday, September 9	High Strung - Rock/Country
Tuesday, September 13	Van Halen Nation - Van Halen Tribute - Rock

CHORUS OFFERS FREE SINGING SESSIONS

The Hickory Tree Chorus chapter of Sweet Adelines International invites women singers to register for its free "Big Summer Sing." You can come any Wednesday, in August, 7 to 9:30 p.m. at The Shrine of St Joseph, 1050 Long Hill Road, Stirling, NJ for chord-ringing, fun-filled, four-part a cappella music.

Each week, guests will participate in vocal and

physical warm-ups and work on songs with the chorus. The chorus sings a variety of music, including old-fashioned love songs, Broadway, Disney, Beatles, and more.

To register for the Big Summer Sing, please email info@hickorytreechorus.org or call 908-377-1399. For more information, visit hickorytreechorus.org.



Bayway Chemical Plant and Linden Business and Technology Center
Linden, New Jersey
© Infineum International Ltd. 2019
Visit www.infineum.com

Supporting our neighbors, community, and business partners

Performance you can rely on.

Providing Energy.
Improving Lives.

| BAYWAY REFINERY

Safety. Honor. Commitment.

© 2021 Phillips 66 Company. All rights reserved.

TURN SPARE TIME INTO EXTRA CASH

Just a few hours a week could make all the difference.

Build an exciting new career with Primerica.

Part – time opportunities available.

Call June Lazaro Financial Representative
Office 732 845-0006 Cell 908 930-8310

Janet Miller
T: 908.928.1010
E: jmiller@coxprinters.com
www.coxprinters.com

- Offset and Digital Printing
- Graphic Design
- Mailing Services
- Posters / Banner / Signs
- Tradeshow Management
- Website Development
- Social Media / SEO Services
- Online Inventory Management

TOTAL MARKETING SOLUTIONS. ENVIRONMENTALLY SOUND.

1634 East Elizabeth Avenue, Linden, NJ 07036

RELIEF FROM CHRONIC KNEE PAIN

FDA Approved Treatment to Avoid Surgery

DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain. Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS



Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

"After only four visits, I have absolutely no pain! The staff is "top-notch."

- Quenton L.

MOST INSURANCES ACCEPTED - INCLUDING MEDICARE



**Northeast
Spine &
Wellness
Center**

1043 Raritan Rd., Clark, NJ 07066
www.nespinecenter.com
Call 732-827-0800
for your RISK-FREE Consultation!



SUMMER MOVIE SERIES IN AUGUST

The Linden Public Library continues its popular summer movie series with ten films throughout August and to Labor Day, including a tribute to Tom Cruise on his 60th birthday with Tom Cruise Tuesdays, starting on August 9th. All movies are shown in the Columbia Bank Room and begin at 1:00 p.m. They are presented free-of-charge. The line-up is:

Chicago (2002; PG-13; 113 minutes)

Wednesday, August 3rd

Connecting Flights (2021; NR; 95 minutes)

Friday, August 5th

The Outsiders (1983; R; 93 minutes)

Tuesday, August 9th

Hollywoodland (2006; R; 126 minutes)

Friday, August 12th

Jerry Maguire (1996; R; 139 minutes)

Tuesday, August 16th

Cry Macho (2021; PG-13; 104 minutes)

Friday, August 19th

Collateral (2004; R; 120 minutes)

Tuesday, August 23rd

In Her Shoes (2005; PG-13; 130 minutes)

Friday, August 26th

Tropic Thunder (2008; R; 104 minutes)

Tuesday, August 30th

Honeymoon in Vegas (1992; PG-13; 96 minutes)

Friday, September 2nd

CHILDREN'S FILM SERIES

Babe (1995; G; 91 minutes)

Thursday, August 4

Underdog (2007; PG; 84 minutes)

Thursday, August 11

Mouse Hunt (1997; PG; 98 minutes)

Thursday, August 18

Raya and the Last Dragon (2021; PG; 107 minutes)

Thursday, August 25

CHILDREN'S PROGRAMS

Mythical Sea Creature Bingo

Tuesday, August 2, 1:00 p.m.,

Terrific Toddlers Story and Playtime

Wednesday, August 3, 10:00 a.m.

Love to Read Club and Craft

Thursday, August 4, 10:00 a.m.

Create Your Own Comic and Creatures Club

Friday, August 5, 1:00 p.m.

Bermuda Triangle Escape Room

Tuesday, August 9, 1:00 p.m.

Terrific Toddlers Story and Playtime

Wednesday, August 10, 10:00 a.m.

Love to Read Club and Craft

Thursday, August 11, 10:00 a.m.

Located at 31 East Henry Street, the Linden Public Library has been at the center of the city's social, cultural, artistic and educational life since it was founded in 1928. If you have any questions about the film series or programs, please call the library at 908-298-3830 or check out the library's Facebook page or web site at www.lindenpl.org.

Be sure to "Like" the library on Facebook and follow us on Twitter.

ANGELA THOMAS AND WINSHA JULIEN GRADUATE TRINITAS NURSING SCHOOL

Trinitas Regional Medical Center's School of Nursing recently celebrated 49 graduates at its 168th commencement ceremony. Included were Linden residents Angela R. Thomas and Winsha Julien.

The graduation ceremony featured a traditional pinning ceremony that symbolizes a rite of passage into the professional world of nursing and the nurse's commitment to those they care for.

While nursing school is uniquely challenging for all who enroll, the students that made up Trinitas Regional Medical Center's School of Nursing class of 2022 faced unprecedented challenges throughout their two-and-a-half year nursing school journeys which started in January 2020 just prior to the COVID-19 pandemic. During that time the students navigated multiple challenges with resilience including transitioning between remote and in-person learning multiple times, adhering to safety protocols including

smaller clinical groups, social distancing, mandatory masking and face shields, COVID screening, weekly COVID testing and relocating on campus after Hurricane Ida flooded the Trinitas School of Nursing educational center on the Union County College Campus. Additionally, nursing students in the class of 2022 participated in vaccination efforts with supervision from faculty, administering some of the first COVID vaccines to the community.

"It is my pleasure to congratulate the Trinitas School of Nursing Class of 2022," said Gary S. Horan, FACHE, President & Chief Executive Officer, Trinitas Regional Medical Center, an RWJBarnabas Health facility. "The past two and a half years have been unexpected and unforgettable, but our nursing students rose to every challenge they were faced with. We are very proud of students as well as our faculty and staff, for doing this important work during a very challenging situation, all while keeping with the

mission of Trinitas Regional Medical Center upholding a commitment to providing high-quality care to a diverse population."

Established in 1891, the Trinitas School of Nursing is fully accredited by the Accreditation Commission for Nursing Education, Inc. and the New Jersey State Board of Nursing. In 1971, the school made a commitment to serve educationally disadvantaged students, the non-traditional, and those seeking a second career and/or career mobility. This commitment resulted in the formation of a Cooperative Nursing Program (CNP) in partnership with Union County College, which allows students in the CNP to graduate with a Diploma in Nursing from Trinitas School of Nursing and an Associates in Science from Union County College. Upon graduation, all students are also eligible to sit for the National Council Licensing Examination for Registered Nurse Licensure. (NCLEX). For more visit trinitasschoolofnursing.org.



Photo by Grace Photography



JACOBSON

APPLIANCES

- Financing Available
- Special Discounts
- 50% off Sales Tax

FREE DELIVERY
 Open Mon. & Thurs. 10am - 7pm;
 Tues., Wed. & Fri. 10am - 6pm;
 Sat 10am- 5pm; Sun - closed

All Major Credit Cards Accepted 

725 Rahway Ave - Elizabeth
908-354-8533 • 908-352-2232
www.jacobsonappliances.com

\$25 OFF FOR LINDEN RESIDENTS & BUSINESSES

One per customer. Can not be combined with any other offer. Minimum purchase of \$399.00. must present this coupon at time of purchase. Offer Expires 8/31/22.

Wondering What Your Home Is Worth?
Text or Call John Samsel 908-422-9650



Selling SEASON Has Sprung

SAMSELSELLS.COM

As Featured on



Samsel & Associates Real Estate Services
 1126 Raritan Rd. Clark NJ 07066
 908-514-4105

FREE
PROFESSIONAL
PHOTOGRAPHY
AND VIDEO
FOR SELLERS

With this coupon Only.
 Not to be combined. Exp. 8/31/22.

\$1,000
BUYERS REBATE

Buyer to pay any applicable taxes for receipt of the purchaser should contact a tax professional concerning the tax implications of receiving the rebate. With this coupon Only. Not to be combined. Exp. 8/31/22.

FREE
1 YEAR
HOME WARRANTY
FOR BUYERS
OR SELLERS

With this coupon Only.
 Not to be combined. Exp. 8/31/22.

AMANI TO PERFORM AT NEW JERSEY'S MOST INTIMATE COFFEEHOUSE

The Salem Roadhouse Café presents Amani, Saturday, August, 13 2022. The doors open at 7:30 p.m. Amani means “peace” in Swahili. The group was formed to share the concept of peace through music.

The core veteran musicians are frontmen Stephan Fuller on vocals, and Marty Eigen on woodwinds. Amani is a collective with connections to dozens of talented musicians who perform alongside them regularly.

Amani performs hits from a variety of genres including: The American Songbook, Folk, Blues, Gospel, R&B, Jazz, Bossa Nova and Broadway.

Amani brings the sounds of the Caribbean to the Salem Roadhouse Cafe! Featuring hits by Harry Bellafonte, Jimmy Buffett, Bob Marley, Sunny Rollins and more, this joyful presentation will have you singing and dancing in the aisles. Amani features: Stephen Fuller, a dynamic bass/baritone singer; Marty Eigen, tenor and baritone sax; Domo, a steel drums, piano and vocalist virtuoso who will also excite the audience with a dance; Alex Gressel, Bass; Larry Greenburg piano; Gordon Lane, drums, along with Oloye Karade, percussionist.

As always, the Salem Roadhouse Café is live, intimate, up front, and personal. All ages are welcome.

Salem Roadhouse Café is located at 829 Salem Rd., Union, NJ. Doors open 7:30 p.m. Show starts at 8:00 p.m. Admission is \$20, and includes show, snacks, non-alcoholic beverages, and dessert.

ABOUT SALEM ROADHOUSE CAFÉ

It's not “church music.” It's music music.

Folks who've come to the Salem Roadhouse Café know that it's a clean, safe place for people who enjoy listening to live music — in a world otherwise filled with clubs and bars. The Roadhouse has always offered its stage to local and independent mainstream musicians. Jazz, rock, folk, and other groups have performed. What's the common thread? They're all great musicians playing the kind of music people like to hear. There's no message, just music.

The Roadhouse started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth. Hey — that's why we're located where we are. The Roadhouse operates as a non-profit that raises funds for several carefully chosen local charities. That's its social mission.

But the many musicians who've played the Salem Roadhouse Café see it as a solid performance venue. They love it because of its special intimacy and great audiences. They say people here “really listen.” Ask any of the musicians you meet here — they love to play the Roadhouse, and they want to come back often.

Community Involvement

The Salem Roadhouse Café has raised funds for many carefully chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti

Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Programs, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, Ukraine disaster relief, and others. Thousands of dollars have been raised for these deserving charities. The Salem Roadhouse Café, together with Townley Presbyterian Church, has begun a series of free outdoor concerts to help various urgent charitable causes. More are planned.

Flea Market & Collectibles Fair
 50+ exhibitors | FREE Admission
Sun. August 21 • 9AM-5PM
Fanwood NJ Train Station
 256 South Ave. side, (park on 238 North Ave side)
 201.998.1144 www.jcpromotions.info

I BUY OLD MOTORCYCLES
 All Types - Running or Not



Call or Text Glenn: 732 556 7636
 We Pay Cash - Same Day Pick-up

Keep your cool this summer with Reel-Strong



908-276-0900 or 1-888-480-0901

WWW.REEL-STRONG.COM

Visit us on



REEL-STRONG can evaluate your heating and cooling needs with no obligation, before you purchase equipment that you may not need.

We are a full service installation and maintenance company.

- HEATING OIL SUPPLIER • RHEEM FURNACES AND AIR CONDITIONERS
- WILLIAMSON BOILERS • NATURAL GAS CONVERSIONS AND SERVICE



Williamson

Serving Union County for 97 years!



Rheem High Efficiency Central Air Conditioning

NJ Clean Energy Program* Incentive for the Purchase of High Efficiency Heat and AC

ASK US ABOUT OUR GREAT WARRANTIES!

*Some model restrictions may apply.

549 Lexington Avenue • Cranford

FREE ESTIMATES
0% Financing Available

Master HVACR Contractor License #19HC00151100

SAVE THIS COUPON

\$25 OFF ANY SERVICE CALL

May Not Be Used For Routine Maintenance.
 With Coupon - No Expiration

NEW RHEEM HEATING OR AIR CONDITIONING SYSTEM

MAKE YOUR BEST DEAL THEN TAKE

\$300 OFF

May Not Be Combined With Other Offers.

*Some expiration dates apply so don't delay

ADD 'THRIFT SHOPPING' TO YOUR AUGUST ADVENTURES

The 'Gift and Thrift Boutique' is found in The Episcopal Church of St. John the Baptist, 2018 Dewitt Terrace in Linden, NJ. The Gift and Thrift Boutique will be open on the 2nd and 4th Wednesday from 2 - 6 p.m. and on the 2nd and 4th Saturdays from 9 a.m. - 3 p.m. Customers enter the main doors on Dewitt Terrace and follow the stairs to the store. The space is not handicap accessible. The Gift and Thrift Boutique features clothes, shoes, jewelry, kitchen and household items, decorations for the home, toys, CD's, DVD's and seasonal holiday materials. Hundreds of items...GREAT PRICES! All revenue supports the ministries of the Episcopal Church of St. John the Baptist.

For more information, friend the Gift and Thrift Boutique on Facebook, call the church at 908 925-1535 or email giftandthriftboutique@yahoo.com.

WALK TO END LUPUS NOW SET FOR SEPT. 11

The Lupus Foundation of America, New Jersey Chapter, invites you to our 30th Annual Walk To End Lupus Now. Join us at 9:00 a.m. on Sunday, September 11, 2022 at Nomahegan Park in Cranford, NJ as we walk for a cure and to assist people suffering from lupus. Form a team, or walk as an individual, to raise money. To register or donate visit: givebutter.com/FNpmmK or text 53-555 and type in: WALKLUPUS22. For more information, please call 973-379-3226.



THE KIWANIS CLUB OF LINDEN

The Kiwanis Club of Linden is spearheading a collection for cleaning supplies and other items for donation to the Elizabeth Coalition to House the Homeless. The Coalition is located in Elizabeth, but also provides services/programs for individuals and families in surrounding Union County communities including Linden.

Various items are needed for the Coalition's temporary transitional housing program, that helps working, low-income individuals/families get back on their feet.

*Please – NO bleach products

Donation bins are located at the Linden Free Public Library and Linden City Hall. Please join the Kiwanis Club of Linden in this community service project. Questions can be directed Lois Bass, 908-296-5266 or June Lazaro, 908-930-8310.

For more information about the Elizabeth Coalition to House the Homeless visit: <https://www.theelizabethcoalition.org/>

Kiwanis Club of Linden holds hybrid meetings monthly, on the fourth Thursday. Lunch is offered to those attending in person at 1301 Kent Place in Linden. The June meeting will be held on June the 26th, Thursday at 12 pm to 1 pm. One can attend in person or virtually via zoom.

Lois Bass, a retired employee from Infineum USA L.P., is our current President.

Interested in having an impact on our youth and serving our community? Contact June Lazaro to be invited to one of our luncheons. For information on joining, contact June at 908-930-8310 or email her at junlazaro@verizon.net. Together we can positively impact the future by guiding children through leadership and community service. Thank you!

HOW CAN YOU HELP?

BY DONATING NEW ITEMS* SUCH AS:

- | | |
|----------------------|----------------|
| • Buckets | • Pillows |
| • Brooms | • Body Wash |
| • Mops | • Shampoo |
| • Disinfectants | • Conditioner |
| • Dish Detergent | • Bath Towels |
| • Sponges | • Hand Towels |
| • Toilet cleaner | • Wash Cloths |
| • Shower cleaner | • Soaps |
| • Floor cleaner | • Paper Towels |
| • Furniture polish | • Toilet Paper |
| • Laundry Detergent | • Napkins |
| • Fabric Softener | • Paper Plates |
| • Blankets | • Pots & Pans |
| • Twin & Full Sheets | |

SUPERHERO WORKSHOP FOR CHILDREN WITH SPECIAL NEEDS

The Gateway Family YMCA

The Gateway Family YMCA announced an exciting and unique new program, designed specifically for children with special needs and their parents. The Superhero Workshop is a collaboration with the Maker Depot Academy, and offers a 4-week program where children will use their imagination and creative skills to design their own superhero. At the end of the session, children will have a project to display, share and take home.

Registration for the August session is available online at tgfymca.org or in person at The Gateway Family YMCA – Rahway Branch, 1564 Irving Street, Rahway where the program will be held. This program is open to the community and financial assistance is available.

"The Gateway Family YMCA has served the community since 1900," stated Krystal R. Canady, CEO, The Gateway Family YMCA. "Our programs and services are essential in meeting the needs of everyone in the community."

The Gateway Family YMCA – Rahway Branch offers a variety of traditional YMCA programming like swimming lessons, youth sports and child care, as well as arts programming

and education.

"We are proud to be a part of the community in Rahway, and our commitment to the Arts, as well as our extensive renovations of the Rahway Branch a few years ago," stated Melynda A. Mileski, EVP/COO, The Gateway Family YMCA. "The Superhero Workshop is a fun and unique twist to traditional arts programming and we are excited to see this concept take off in our community."

The Gateway Family YMCA is a leading 501(c)(3) non-profit, health and community service organization committed to strengthening community by connecting all people to their potential, purpose and each other. Working locally, the Y focus on empowering young people, improving health and well-being, and inspiring action in and across communities. By bringing together people from different backgrounds, perspectives and generations, the Y ensure that all have access to the opportunities, relationships and resources necessary to learn, grow and thrive.

For more information on The Gateway Family YMCA visit tgfymca.org or contact The Gateway Family YMCA – Rahway Branch at 732-388-0057 or rahwayinfo@tgfymca.org.

RESIDENTIAL & COMMERCIAL

- Asphalt Works
- Driveways
- Parking Areas
- Sealing
- Resurfacing
- Curbing
- Snow Plowing
- Dump Truck & Backhoe Rental
- Paving Machine

Free Estimates • Fully Insured

Hirth

PAVING LLC

Brian Hirth
908-687-0614
908-789-9508

WIRED RITE

ELECTRICAL SERVICE

COMMERCIAL & RESIDENTIAL

ALL PHASES OF ELECTRICAL WORK

- FIXTURES • OUTLETS • PANEL CHANGE
- SECURITY • HIGHHATS • CEILING FANS

Senior Citizen Discount 24 Hour Emergency Service Free Estimates

201-600-3530

PAYLESS ROOFING

ROOFING – SIDING – REPAIRS

Roof Coatings - Flat Roofs

- Same Phone # for 20 Years •

Call 908-486-0866

PaylessRoofingServices.com

Lic # 13VH00418100

ELIZABETH AND LINDEN PD JOIN “ARRIVE TOGETHER”

Acting Attorney Matthew J. Platkin has announced the expansion of a program that pairs a law enforcement officer with a certified mental health screener to respond together to 9-1-1 calls for behavioral health crises. The initiative, known as ARRIVE Together (“Alternative Responses to Reduce Instances of Violence & Escalation”), began operating a second pilot run jointly by the Elizabeth and Linden Police Departments in June. The expansion follows a pilot program that was first launched in December and operated out of the New Jersey State Police’s Cumberland County stations based in Bridgeton and Port Norris.

Under the expansion, a screener from Trinitas Medical Center will travel with a plainclothes Elizabeth or Linden police officer in the officer’s unmarked vehicle to respond to 9-1-1 calls for service relating to mental or behavioral health crises during shifts that originate in either the Elizabeth Police Department’s or Linden Police

Department’s areas of responsibility. ARRIVE Together shifts will be held two times per week on days alternating between each police department. When not responding to reactive calls, the ARRIVE team will follow up with previous individuals served, as well as proactively visit individuals in the community known to law enforcement that would benefit from such outreach.

“The expansion of the ARRIVE Together initiative is the latest step in our effort to better assess and address behavioral health crises that law enforcement officers encounter and strengthen public safety across New Jersey,” said Acting Attorney General Platkin. “By piloting this program in two additional jurisdictions, we are broadening our goal of connecting those in crisis with the proper mental health resources they need, which in turn helps officers, counselors, and the communities we all collectively serve.”

“The Elizabeth and Linden Police Departments are proud to be a part of this response program,” said Chief Giacomo Sacca of the Elizabeth Police Department. “Police service to a community with separate and distinct needs varies based on dynamics of the incident. A single agency trained in one discipline is limited by their knowledge base. However, through team efforts like Arrive Together, we can ensure that we are pooling our resources for the best response possible.”

“The mental health crisis in our state has expanded exponentially over the past several years, and Police Officers are called upon to assist in these situations at an alarming rate,” said Linden Police Chief David Hart. “This program, combined with our existing initiatives and enhanced training, will further strengthen our relationships and help us better serve this vulnerable part of our community.”

“Trinitas is proud and excited to partner with the Attorney General and the Linden and Elizabeth police departments on this innovative pilot program,” said Dr. Jim McCreath, VP of Behavioral Health at Trinitas Regional Medical Center.

“With the noted influx of persons with mental health illnesses, the teaming of police and mental health professionals provide the balance required to determine lines of responsibility for the appropriate care of an individual,” said Dr. Pamela B. Jones, CEO of Communities In Cooperation, Inc.

Across New Jersey, a significant proportion of uses of force by law enforcement involve a civilian identified as either suffering from mental illness or who is under the influence. The ARRIVE Together initiative is a recognition that this situation needs improvement, and a step towards achieving better outcomes.

For more information on the Attorney General’s Office’s initiatives to improve outcomes for individuals suffering from mental illness, intellectual disabilities and disorders, substance abuse, and other behavioral health concerns, please visit njoag.gov/behavioralhealth



(above, l-r) Dr. Jim McCreath, VP of Behavioral Health at Trinitas Regional Medical Center, Dr. Pamela B. Jones, CEO of Communities In Cooperation, Inc., Linden Police Chief David Hart, Acting New Jersey Attorney General Matthew Platkin, Elizabeth Police Chief Giacomo Sacca, Union County First Assistant Prosecutor James Tansey, and Elizabeth Police Department Director Earl Graves.

Courtesy photo

UGLY HOMES WANTED FOR TELEVISION PROGRAM IN THIS AREA

We need 30 Ugly Homes with Ugly Kitchens, Bathrooms, Siding, Window, etc., Inside or Outside that need fixing or Remodeling. We will Repair and Remodel them and shoot video for training film and future TV show on Home Remodeling Work.

Must Sign Release, for purpose of filming job! This must be a complete remodeling job, not just patch up work. This remodeling is to be specially priced, with compensation going back to the homeowner for a signed release.

Serious Inquiries Please!

CALL 833-375-1472

Ask for TV Project Department, for job evaluation and estimate of cost and compensations!

Tri-State Creations LLC - Lic. #s: NJ-13VH04728900, PA-39104

Tank Solutions
OIL TANK EXPERTS

We are your professional environmental contractor with over 40 years of experience!

**OIL TANK REMOVAL
SUMMER SPECIAL \$1,495**

Call: 908.964.2717

www.OilTankSolutions.com

Located in Kenilworth, NJ

Today's Solution to Yesterday's Pollution



**- NO JOB TOO SMALL -
- 100% SERVICE GUARANTEE -
- 2500+ POSITIVE ONLINE REVIEWS -**

908-251-9441

Mrhandyman.com

License number: 13VH09897400

10% DISCOUNT

On labor only, materials not included. Cannot be combined with other offers. Exp. 8/31/22.

ELEMENTARY INVENTORS WIN THREE AWARDS IN STATEWIDE CHALLENGE

Gary Miller for Linden Public Schools

A team of technology students from Linden Schools No. 4 and No. 9 won three awards in the finals of the statewide STEAM Tank Challenge, drawing high praise from a panel of judges for their Read-O-Matic invention.

The students were honored for Arts and Creativity; J.E.D.I. (Justice, Equity, Diversity, Inclusion); and Social-Emotional Learning. Linden's team was one of more than 400 to enter the competition and was one of just 40 to make the finals after impressing the judges with their first-round presentation.

"The students were outstanding," said technology teacher Mitch Gorbunoff, who is guiding the students. "They spent the time between our last interview and this one conducting research, refining their prototype, and preparing for this interview, and they excelled in all areas. They became the experts and shared that expertise with highly qualified judges."

The Linden team is made up of the Student Vanguard technology club at School No. 4 and the fifth-grade Gifted & Talented students at School No. 9. They are Jayden Countrymen, Izabelle Rivera, Eva Bien, Heidy Yanes, Izurum Efobi, and Andrea Rivas from School No. 4, and

Philippe Pajishvili, Mark Prieto, Rasha Bashir, Mohammed Shawir, and Nina Szczurowski from School No. 9.

The STEAM Tank Challenge encourages students and teachers to work collaboratively in science, technology, engineering, art, and math (STEAM). It also supports the development of critical thinking and problem-solving skills. The program was created by the New Jersey School Boards Association (NJSBA) and is sponsored by the U.S. Army.

"I believe the students' background knowledge and ability to clearly explain how the Read-O-Matic works impressed the judges," Gorbunoff said. "Several of the judges had a personal connection to the struggle of learning to read, so this invention resonated with them."

The Read-O-Matic is designed to help students learn letter sounds then blend them together. The students demonstrated the invention on May 20 virtually from the School No. 4 reading room to a panel of judges made up of educators from around the state. They took turns showing different features of the invention and explaining stages of their research and development.

Gorbunoff and the students were supported at the presentation by School No. 4 Principal Dr.

Suzanne Olivero, School No. 9 Acting Principal Antoinette Modrak, Supervisor of Instructional Technology Joseph Scaldino, School No. 4 Vice Principal Rosalia Kolibas, and School No. 9 Gifted & Talented teacher Stephanie Webb.

Judges told the students that with more work, they could patent the Read-O-Matic to allow it to be used in classrooms to help young students learn how to read, or even for adults learning a new language.

"The students are super excited to see what happens next," Gorbunoff said. "Next year our focus will be to distribute the Read-O-Matic to different classrooms across the district to gather data on the effectiveness of their invention, refining the programming and the design, and working with an attorney to secure a provisional patent on the idea."

The Read-O-Matic uses a device called a Makey Makey, which allows any conductive material to be turned into a keystroke. Students use Scratch, a programming website, to code specific sounds each time certain keys are pressed. Students form letters out of Play-Doh then place these letters on metal squares on the board. When the student presses on their Play-Doh letter, they hear the correct letter sound.

"You can see the growth in these students that this process helped facilitate," Gorbunoff said. "The future of the Read-O-Matic is bright to be sure, but it's these students and their potential that shines the brightest."

(continued on page 15)



(above, l-r) Technology students from Schools No. 4 and No. 9 in Linden won three awards in the statewide STEAM Tank Challenge. From left are Izurum Efobi, Rasha Bashir, Nina Szczurowski, technology teacher Mitch Gorbunoff, Philippe Pajishvili, Heidy Yanes, Mark Prieto, Andrea Rivas, Mohammed Shawir, Gifted & Talented teacher Stephanie Webb, Eva Bien, Jayden Countrymen, and Izabelle Rivera.

Photos by Linden Public Schools



(above) STEAM5: Izurum Efobi, a student at School No. 4 in Linden, and technology teacher Mitch Gorbunoff demonstrate the Read-O-Matic invention during a virtual presentation on May 20 in the finals of the statewide STEAM Tank Challenge. The Linden team won three awards in the competition.



Serving All Union County

SUBURBAN PAVING COMPANY

Specializing in Asphalt Driveways,
Parking Lots, Belgium Block Curbing

908-925-0444
908-928-0031

BLUESTREAK

POWERWASHING

Call, text or email today
for a free estimate and ask about
our **SPRING CLEANING special!**

(732) 596-7525
BlueStreakPWNJ@gmail.com

- Houses
- Decks
- Roofs
- Patios
- Driveways
- Fences
- Siding
- Gutters
- And More

REYNOLDS PLUMBING



(908) 276-5367
(201) 666-0003

358 North Avenue East
Cranford, NJ

www.reynolds-plumbing.net

Lou DiFabio Dan DiFabio
Lic. #4237 Lic. #11749

Residential / Commercial / Industrial

INVENTORS WIN (continued from page 14)



(above) Technology teacher Mitch Gorbunoff and students from Schools No. 4 and No. 9 get ready for their virtual presentation to a panel of judges in the finals of the statewide STEAM Tank Challenge on May 20. The team won three awards for their Read-O-Matic invention.



(above) Linden Public Schools administrators showed their support for their elementary school students as they presented on May 20 in the finals of the statewide STEAM Tank Challenge, where they won three awards for their Read-O-Matic invention. From left are School No. 9 Acting Principal Antoinette Modrak, School No. 4 Principal Dr. Suzanne Olivero, Supervisor of Instructional Technology Joseph Scaldino, School No. 9 fifth-grader Rasha Bashir, and School No. 9 Gifted & Talented teacher Stephanie Webb.



(above) STEAM4: Students from Schools No. 4 and No. 9 in Linden responding to judges' questions during their virtual presentation in the finals of the statewide STEAM Tank Challenge on May 20. The team won awards for Arts and Creativity; J.E.D.I. (Justice, Equity, Diversity, Inclusion); and Social-Emotional Learning.

YMCA'S 7TH GRADE INITIATIVE

The Gateway Family YMCA

Registration opens on August 15th for the 2022-2023 class of 7th Grade Initiative members at The Gateway Family YMCA. As part of the NJ YMCA 7th Grade Initiative, a state-wide program designed to support and encourage teens to maintain a healthy lifestyle, The Gateway Family YMCA offers a supportive 7th Grade Leaders Club program and complimentary membership for all 7th Grade Students in the local community. Upcoming 2022-2023 7th Grade students are invited to visit the YMCA and join with proof of grade and a guardian's signature. Registration is available at The Gateway Family YMCA – Elizabeth Branch - 135 Madison Avenue, Five Points Branch - 201 Tucker Avenue, Union, Rahway Branch – 1564 Irving Street, Rahway and Wellness Center Branch – 1000 Galloping Hill Rd, Union.

The goal of the 7th Grade Initiative is to increase physical activity and support teens in the development of lifetime healthy habits, volunteerism and leadership skills while providing a safe and supportive environment with role models at the YMCA.

“We recognize that 7th grade is a pivotal time in youth development, and are committed to support the youth in our community. Many teens become sedentary as sports become more competitive,” stated Krystal R. Canady, CEO, The Gateway Family YMCA. “Now, more than ever, our 7th grade students need activity and socialization, and role models to provide healthy habits to last a lifetime.”

As part of the 7th Grade Initiative at The Gateway Family YMCA, students can become a part of the 7th Grade Leader's Club, a structured program offering teens leadership and volunteer opportunities. With a focus on team building, personal growth, character development, service and volunteerism, the 7th Grade Leader's Club empowers teens to create a chart of work specific to the needs within their community and provides support for projects to strengthen community.

Students participate in programs and services offered by the YMCA, and receive a complimentary Full Privilege membership including health and wellness options, swimming, group exercise, as well programs designed exclusively for teens. “Our goal is to provide ongoing support for 7th grade students, assisting them to strengthen healthy behaviors, increase activity, gain a better understanding of nutrition and develop leadership skills to assist in their development and future,” stated Melynda A. Mileski, EVP/COO.

For more information about The Gateway Family YMCA's 7th Grade Initiative, visit tgfymca.org or contact the Elizabeth Branch at 908-355-9622, Five Points Branch at 908-688-9622, Rahway Branch at 732-388-0057 or Wellness Center Branch at 908-349-9622.

REST IN PEACE, NANCY GERSICK



*Nancy (Nigro) Gersick
1/29/1933 - 6/23/2022*

Frances (Nigro) "Nancy" Gersick, 89, of Linden, NJ entered into eternal rest on Thursday, June 23, 2022.

Nancy was born and raised in the Peterstown section of Elizabeth, NJ, the daughter of the late Joseph Nigro and Mary (Nufrio) Nigro. She moved to Linden in 1959 after marrying lifelong Linden resident Ralph Gersick, who passed away in 1996.

Nancy was the bookkeeper for several businesses that she and Ralph ran from her home office including RTG Trucking Co., F&M Trucking, and Linden Sandfill. Nancy and Ralph were also co-owners in The Charade, a bar on Elizabeth Avenue in Linden, and The Cotillion Room, a banquet hall on the same property. Previously she was a secretary for Joseph H. Rinfeld Liquor House in Union for 12 years.

Nancy and Ralph Gersick gave generously of thier time and resources to community services benefitting the residents of Linden. Nancy dedicated her life to helping others. She gave tirelessly of her time and energy, never asking anything in return. Her involvement with the Linden Lion's Club is legendary. She was also a member of the Pulaski Day Parade Committee, an honorary Pole though marriage. She was also active in the Vallatese Ladies Society of Elizabeth, a social club of descendents of Vallata, her family's hometown in Italy.

Most of all Nancy cared for her family and friends. Having no children of her own, she took

on the role of second mother to all her nieces and nephews, for both her Nigro family as well as the Gersick clan. Her first nephew, Joe Delorenzo was born in 1943. The number of nieces and nephews that followed, including great, and great great nieces and nephews, is incalculable. Yet, she embraced each as her own.

In addition to doting on her family, Nancy was and a caring neighbor and friend, caring for anyone in need. She enjoyed the company of her close friends and fellow club members. They had a knack of making thier community service spectacular and enjoyable.

As the years went by, Nancy, blessed with youthful good health, was the one to care for those who needed rides to doctor appointments, needed some shoping done or just needed some one to listen. It would seem that her entire day was spent caring for others. She outlived many of her closest friends. Maybe, at that point, she felt it was time to go and join them. Her work was done.

To everyone who knew her, nancy was an angel on Earth. Everyone who knew her is better for it. If the greatest lessons in life can be learned by example, Nancy was the greatest teacher.

One can only hope to have an Aunt Nancy in our life. Those of us who have are blessed. It would be a challenge, but one with heavenly rewards, if we could pay her compassion and generosity forward.



(above) Ralph and Nancy Gersick celebrating thier 25th Wedding Anniversary in 1984.



(above) Nancy Gersick, back center, with fellow officers of the Vallatese Ladies Society in 2007.



(above, l-r) Linden Lion club members Josephine Caggiano, Nancy Gersick, Joan Silver, and Viola O'Brien in 2000.

Nostalgic photos of Linden by Nancy Gersick can be found online at rennamedia.com

and on the Life in Linden page on [facebook.com](https://www.facebook.com).

Feel free to "Like", "Tag" and "Share".



(above) Video from the 1992 Linden Debutant Ball can be found on Joe Renna's Hyper Local Network channel on Youtube.



(above) This photo is from the Pulaski Day Parade in New York City from 1996. Nancy Gersick loved taking photos and documented many Linden events including those of the Pulaski Day Parade Committee.

P.A.L. LITTLE LEAGUE TEAMS SPONSORED BY LINDEN SANDFILL



1978 P.A.L. LITTLE LEAGUE



1979 P.A.L. LITTLE LEAGUE



1980 P.A.L. LITTLE LEAGUE



1981 P.A.L. LITTLE LEAGUE



1982 P.A.L. LITTLE LEAGUE



1984 P.A.L. LITTLE LEAGUE

Photos from this and other events can be found online at rennamedia.com and on the Life in Linden page on [facebook.com](https://www.facebook.com/lifeinlinden). Feel free to “Like”, “Tag” and “Share”.

Marketing Toolbox

Renna Media offers a full range of marketing services, in print and online, hyper-local to regional, for every budget and market size.

NEWSPAPER ADVERTS

We mail 160,000 newspapers to every home and business in 24 towns. You can advertise in any number of towns.

Ads start at \$60.

FULL COLOR PRINTING

We print flyers and menus, full color, two sided, on coated stock for only \$45 per thousand.

DIRECT MAIL

Insert your flyer into the newspapers and get it mailed to every home and business for \$60 per thousand and as low as \$30 per thousand for higher quantities.

ONLINE MARKETING

Online ads and press releases designed and placed to drive traffic to your website and get your phone ringing.

SOCIAL MEDIA

We can design and/or manage your social media campaign from passive to aggressive plans customized to work within your budget.

WEBSITE AND SEO SERVICES

Start with an audit/analysis of your website giving you a report and recommendations for \$250.

It is highly recommended to have a marketing plan and budget before spending.

CALL JOE RENNA FOR A FREE CONSULTATION.
908-447-1295

RENNA MEDIA NEWSPAPER RATE SHEET

WE MAIL 160,000 NEWSPAPERS MONTHLY!

Tina Renna 908-418-5586 • tinarena@rennamedia.com

Joe Renna 908-447-1295 • joerenna@rennamedia.com

202 Walnut Avenue, Cranford, NJ 07016

Online at RennaMedia.com
and NJLocalInfo.com

Call today for FREE consult on marketing and business plans.



Advertise in 1 or all 24 towns



Berkeley Heights COMMUNITY NEWS Qty: 4,700 Zip: 07922	THE CHATHAMS NJ Qty: 7,500 Zip: 07928	Clark Monthly Qty: 6,700 Zip: 07066	CRANFORD MONTHLY NJ Qty: 9,900 Zip: 07016	Elmora Hills ELIZABETH, NJ Qty: 5,400 Zip: 07208 Section of Elizabeth, NJ	Fanwood Post NJ Qty: 3,000 Zip: 07023
Florham Park Press NJ Qty: 5,500 Zip: 07932	Garwood NJ Times Qty: 2,500 Zip: 07027	Green Brook NJ Gazette Qty: 3,000 Zip: 08812	BUSINESS • LIFE KENILWORTH NJ Qty: 3,500 Zip: 07033	LIFE in LINDEN Qty: 17,900 Zip: 07036	Long Hill LEADER NJ Qty: 3,500 Zips: 07933, 07946, 07980
MADISON MONTHLY NJ Qty: 6,300 Zip: 07940	MOUNTAIN SIDE VIEW NJ Qty: 2,900 Zip: 07092	New Providence NEWS NJ Qty: 5,100 Zip: 07974	OUR TOWN Rahway, NJ Qty: 13,000 Zip: 07065	ROSELLE PARK MONTHLY Qty: 5,600 Zip: 07204	Scotch Plains NJ WHAT'S HAPPENING MONTHLY Qty: 9,400 Zip: 07076
Short Hills MILLBURN MONTHLY NJ Qty: 8,200 Zips: 07041, 07078	Summit NJ & Times Qty: 9,600 Zip: 07901	Spirit of UNION NJ Qty: 6,800 Zip: 07083 (partial)	WARREN MONTHLY NJ Qty: 6,200 Zip: 07059	Watchung Post NJ Qty: 2,700 Zip: 07069	Westfield NJ MONTHLY Qty: 11,800 Zip: 07090

NEWSPAPER AD RATES

Units	Size	1 TOWN	3 TOWNS	6 TOWNS	9 TOWNS	12 TOWNS	15 TOWNS	18 TOWNS	21 TOWNS	24 TOWNS
1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
BACK PAGE	10" x 14"	\$500								
FRONT PAGE BANNER	8.25" x 2"	\$320								
FRONT PAGE BOX	1.5" x 4.5"	\$240								

Back cover, front page banner and front box reserved on first-come, first-served basis. Current advertiser has right of first refusal.

Rates are per month. Artwork included in price. Newspapers are black on white.

PREPAY 6 MONTHS AND GET 1 MORE FREE
PREPAY 12 MONTHS AND GET 3 MORE FREE

Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016

August

08/04 – International Leopard Day

08/10 – World Lion Day

“Jungle Leaders”

Hot Days – Steamy Nights!

August – Lions & Lioness’ – “Kings & Queens”



Enjoy -

Summer Fun With Outdoor
Linden Concerts – Entertainment Galore!

Keep The “Heat” On Successful
& Profitable Programs –
Protect Them From Chilling Out!

Be A Beach Bunny – And Build Sand / \$ Castles!



Epicor / Mercer

1414 / 1410 East Linden Avenue



ORDER ONLINE AT
www.metroliquors.com
908-925-1770

**PICK-UP CURBSIDE
OR DELIVERY**

1179 WEST ST. GEORGES AVE.
(RT. 27) LINDEN, NJ 07036
 email: metroliquors@gmail.com

Hours: Mon. thru Sat. 9am - 10pm, Sun: 11am - 8pm



Hours: Mon. thru Wed. 9am - 9pm, Thur. - Sat. 9am - 10pm, Sun. 10am - 7pm

Witty's
 Fine Wine and Liquors

ORDER ONLINE AT
www.wittyswine.com
732-381-6776

PICK-UP CURBSIDE

870 ST. GEORGES AVE.
(RT. 27) RAHWAY, NJ 07065
 email: wittyswines@gmail.com

Like us on Facebook: Facebook.com/metrolinden and Facebook.com/wittyswines

WHISKY

Ballantine	1.75L	\$28.97
Buchanan's 12yrs old	750ml	\$28.99
Buchanan's 12yrs old	1.75L	\$55.99
Bushmill's Irish	1.75L	\$42.99
Chivas Regal	750 ml	\$29.99
Chivas Regal	1.75L	\$58.99
Chivas Regal 18 yrs old	750 ml	\$72.99
Crown Royal	750ml	\$28.99
Crown Royal	1.75L	\$50.99
Dewars 12 yrs old	750ml	\$25.99
Dewars 12 yrs old	1.75L	\$45.99
Dewars White Label	750 ml	\$19.99
Dewars White Label	1.75L	\$32.99
Gentleman Jack	750ml	\$29.99
Gentleman Jack	1.75L	\$52.99
Glenmorangie 10 yrs old	750ml	\$40.99
Glenlivet 12 yrs old	750 ml	\$50.99
Glenlivet 12 yrs old	1.75L	\$97.99
Grants	750ml	\$15.99
Grants	1.75L	\$23.99
Jack Daniels	750ml	\$25.99
Jack Daniels	1.75L	\$47.99
Jack Daniels Fire	750ml	\$25.99
Jack Daniels Fire	1.75L	\$47.99
Jameson	750ml	\$30.99
Jameson	1.75L	\$56.99
Jim Beam Whisky	1.75L	\$31.99
Johnnie Walker Blue	750ml	\$193.99
Johnnie Walker Blue	1.75L	\$425.99
Johnnie Walker Black	750ml	\$28.99
Johnnie Walker Black	1.75L	\$59.99
Johnnie Walker Double Black	750ml	\$34.99
Johnnie Walker Red	750ml	\$19.99
Johnnie Walker Red	1.75L	\$32.09
Macallan 12yrs old (double cask)	750ml	\$60.99
Makers Mark	750ml	\$28.99
Makers Mark	1.75L	\$52.99

GIN

Beefeater	1.75L	\$35.99
Bombay Sapphire	1.75L	\$37.99
Seagram's gin	1.75L	\$19.99
Tanqueray	750ml	\$21.99
Tanqueray	1.75L	\$36.99

COGNAC & BRANDY

Courvoisier V.S.	750ml	\$32.99
Courvoisier V.S.	1.75L	\$57.99
Remy Martin V.S.O.P.	750ml	\$49.99
Remy Martin V.S.O.P.	1.75L	\$104.99

CORDIALS

Bailey's Irish Cream	1.75L	\$47.99
Duggan's Irish Cream	1.75L	\$28.99
Kahlua	1.75L	\$39.99
Krupnik	750ml	\$17.99
Licor 43	750ml	\$25.99
Licor 43	1.75L	\$42.99

VODKA

Absolut (regular)	750ml	\$19.09
Absolut (regular)	1.75L	\$29.09
Belvedere Vodka	750ml	\$27.99
Belvedere Vodka	1.75L	\$44.99
Ciroc (all types)	750ml	\$29.99
Ciroc (all types)	1.75L	\$57.99
Finlandia	750ml	\$15.99
Finlandia	1.75L	\$25.99
Grey Goose	750ml	\$24.99
Grey Goose	1.75L	\$39.99
Ketel One	750ml	\$19.99
Ketel One	1.75L	\$39.99
Luksusowa Vodka	1.75L	\$23.99
Pinnacle (all types)	750ml	\$11.99
Pinnacle (80 proof)	1.75L	\$17.99
Skyy	1.75L	\$19.99
Sobieski	750ml	\$11.99
Sobieski	1.75L	\$19.99
Stolichnaya (all types)	1.75L	\$29.09
Tanqueray Sterling	750ml	\$19.99
Tanqueray Sterling	1.75L	\$30.99
Three Olives (all types)	1L	\$19.99
Tito's Vodka	1.75L	\$30.99

RUM

Bacardi Light & Gold	750ml	\$12.99
Bacardi Light & Gold	1.75L	\$19.19
Captain Morgan Spice	1.75L	\$25.99
Malibu	750ml	\$18.99
Malibu	1.75L	\$27.99

TEQUILA

Deleon Blanco Tequila	750ml	\$37.99
Deleon Blanco Tequila	1.75L	\$59.99
Patron Silver	750ml	\$46.99
Patron Silver	1.75L	\$99.99
Cantera Negra Coffee Tequila	750ml	\$26.99

BEER

Becks (12oz) 24pk	24pk	\$25.99
Bud and Bud Lite cans	30pk	\$24.99
Bud and Bud Lite loose bottles	24pk	\$21.99
Coors Lite (24oz) cans	12pk	\$17.49
Coors Lite/Miller Lite loose bottles	24pk	\$21.99
Coors Lite/Miller Lite	30pk	\$24.99
Corona/Corona Lite loose bottles	24pk	\$31.99
Dab (16oz) cans	24pk	\$23.99
Dogfish Head 60 min.	24pk	\$37.99
Heineken/Heineken Lite bottles	24pk	\$30.99
Land Shark	24pk	\$26.99
Lech (500ml)	20pk	\$32.99
Modelo Especial cans	12pk	\$17.99
New Belgium Fat Tire	24pk	\$35.49
Pabst Blue Ribbon cans	30pk	\$19.99
Pilsner Urquell	24pk	\$30.99
Sagres	24pk	\$24.99
Sam Adams Boston Lager	24pk	\$35.25
Stella Artois loose bottles	24pk	\$32.99
Yuengling Lager bottles	24pk	\$22.99
Zywiec (11.2oz)	24pk	\$21.99

**We specialize in hard to find items
and custom orders, just ask!**

10% OFF	15% OFF
Any purchase of	Any purchase of
6 bottles of wine	12 bottles of wine
Restriction apply.	Restriction apply.
Coupons not valid on sale items.	Coupons not valid on sale items.
Visit our facebook page for news of next tasting event: facebook.com/metrolinden	

“Cold or warm Beer = Same Price”
“Visit the store for more In-Store Specials!”

ABC prices prevail other prices, limited to store inventory.

Not responsible for typographical errors.

Prices may vary.