

ROSELLE PARK MONTHLY

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FEAST OF ST. ANTHONY IS BACK AFTER COVID HIATUS

After a 2-year hiatus due to COVID-19 restrictions, the Feast of St. Anthony returned to Church of the Assumption in Roselle Park. The 22nd Annual Feast ran from Thursday – Sunday, June 9 – 12, 2022, and was attended by thousands over the four days.

In addition to rides and games for children of all ages, the Feast featured nightly live entertainment. A draw of the Feast is always the food! Traditional “Feast Favorites” including cheesesteaks, sausage and homemade meatball sandwiches were prepared by the Parish. In addition to “Daily Italian Specials” from local restaurants the street was lined with an assortment of food trucks and stands freshly preparing everything from zeppoles and pizza to kettle corn, fresh squeezed lemonade and more. There was also face painting, glitter tattoos and sand art for the young and the young at heart.

On Sunday, June 12th, following Mass, the Very Reverend Father James F. Spera led the traditional St. Anthony Procession through the streets of Roselle Park accompanied by the Knights of Columbus Msgr. F. Loreti Council #3240.

For additional information on the Feast of St. Anthony and Church of the Assumption please visit assumptionrp.com.

See more photos on Page 6



Photos from this and other events can be found online at rennamedia.com and on Roselle Park Monthly page on [facebook.com](https://www.facebook.com). Feel free to “Like,” “Tag,” and “Share.”

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ROSELLE PARK MONTHLY

Renna Media LLC, Publishers
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Roselle Park Monthly

INDEPENDENCE DAY WITH ANNUAL FIREWORKS SHOW, FOOD TRUCKS, LIVE MUSIC - JULY 1ST

The Borough of Roselle Park will be holding its annual Independence Day fireworks celebration on Friday, July 1, 2022 at Herm Shaw Field, located at 214 Colfax Avenue. Festivities will begin at 5 p.m. with fireworks starting around dusk.

The celebration will include food vendors, inflatables, activities, and live music by Garden State Groove. Before the fireworks commence, there will be a brief flag-raising ceremony to

kick off the show. The event and all activities are free and open to the general public.

Should inclement weather occur, the rain date is Tuesday, July 5, 2022. For more information, please contact the Casano Community Center at 908-245-0666.

This event is sponsored by the County of Union, Neglia Engineering Associates, Suburban Disposal, Inc., and Montana Construction.

THE BOROUGH OF ROSELLE PARK TO CELEBRATE NATIONAL NIGHT OUT - AUG 2ND

On Tuesday, August 2nd, the Borough of Roselle Park will be hosting its annual National Night Out celebration in Michael Mauri Park from 6:00 p.m. to 9:00 p.m. The free event will consist of a meet and greet with the Roselle Park Police Department and Roselle Park Fire Department. The festivities will continue with live music, food trucks, and inflatables.

"Building positive relationships between our residents and our public safety departments is so important. I'm grateful we have National Night Out to do just that," said Mayor Joe Signorello. "Our police and fire service personnel are here to protect and serve us every day, and for that we

are grateful. I hope all residents can join us in celebrating our community heroes!"

Roselle Park Police Chief Daniel McCaffery is anticipating a great turnout for this year's celebration. "National Night Out is a great opportunity for us to meet with the people we work hard to protect in a fun and educational setting," he said. "I'm encouraging all Roselle Park residents to come out and enjoy this meaningful community event."

Roselle Park's National Night Out celebration is free to attend and open to residents of all ages. Please call the Casano Community Center at 908-245-0666 for further information.

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SCHOLAR ATHLETES

Roselle Park Public Schools

Union County Interscholastic Athletic Conference Scholar Athletes representing Roselle Park High School for the 2021-2022 year are Yarisleida Garcia and Jared Foy. Both seniors will be attending Rutgers University-New Brunswick in the Fall.

Courtesy photo



Every Wednesday in July

The Borough of Roselle Park Presents

2022 Outdoor Movie Night Series

July 6 - Sing 2 (2021)
July 13 - Jungle Cruise (2021)
July 20 - Luca (2021)
July 27 - Encanto (2021)

Gates Open: 8 p.m.
Movie Starts: Dusk

Roselle Park High School
Herm Shaw Field
214 W. Colfax Ave.
Roselle Park, NJ

Bring your chair, sleeping bags, or blankets to sit on!
The Roselle Park Pop Warner concession stand will be open.

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MOVIE NIGHT SERIES

Borough of Roselle Park

Every Wednesday in July, the Borough of Roselle Park will be hosting its 2022 Outdoor Movie Night Series for residents of all ages to enjoy. This free movie series will take place at Roselle Park High School's Herm Shaw Field, located at 214 West Colfax Avenue.

THE MOVIES BEING PRESENTED INCLUDE:

July 6th: Sing 2 (2021) (PG)
July 13th: Jungle Cruise (2021) (PG-13)
July 20th: Luca (2021) (PG)
July 27th: Encanto (2021) (PG)

Gates will open promptly at 8:00 p.m. and the movie will begin at dusk. Guests are encouraged to bring snacks to enjoy, and blankets and chairs to sit on. The Roselle Park Pop Warner concession stand will also be open for food and beverage purchases. Movies are subject to change and may be canceled should inclement weather occur.

For more information, please contact the Casano Community Center at 908-245-0666.

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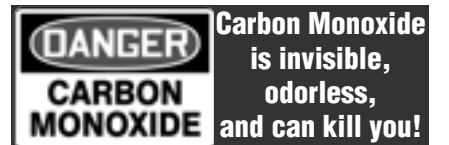
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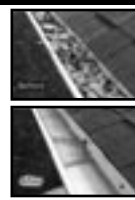
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2022 FEAST OF ST. ANTHONY PHOTO ALBUM

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SUMMER COMMUNITY COOLDOWNS

The Borough of Roselle Park and the Roselle Park Fire Department will be hosting four community cooldown events during July and August. As firefighters perform their pump and water hose drills, children of all ages will be allowed to run through the water showers to cool off during the hot summer evenings.

Roselle Park Fire Chief Raymond Parenteau is excited for children to see just a part of what it's like to be a firefighter. "Not only is this a fun summer event for children, but it's an excellent opportunity for them to experience a behind-the-scenes look at what our firefighters do to train," he said. "I encourage all children to come out, meet our firefighters, and beat the heat during the cooldown!"

Community Coolsdowns will take place on Tuesday, July 19th & 26th, and Tuesday, August 16th & 23rd from 6:30 - 7:30 p.m. near 180 W. Webster Avenue. For more information, please call the Casano Community Center at (908) 245-0666.



**Borough of Roselle Park
Community Coolsdown**

Beat the heat during the Roselle Park Fire Department's training sessions!

Run through the water showers while firefighters perform pump and water hose drills.

**Tuesday, July 19th & 26th
Tuesday, August 16th & 23rd**
Locations: Near 180 W. Webster Ave.

Find us on Social
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In case of emergency or inclement weather, the event may be cancelled.
Please contact the Casano Community Center at (908) 245-0666 for more information.

2ND STREET SAVVY CYCLING SKILLS CLINIC

Borough of Roselle Park

The 2nd Annual Street Savvy Cycling Skills Clinic & Helmet Giveaway, held in May, was a great success! Thank you to the nearly 120 people who came out to learn safe biking practices for riding in Roselle Park. In total, 85 helmets were distributed to riders!

This clinic was presented by Councilman Jay Robaina and instructed by Paul Mickiewicz. Councilman Gregory Johnson and Councilwoman Jodi Bellomo also participated in the event.

The Borough extends a thank you to Paul

Mickiewicz for teaching our residents how to stay safe on our roads. We'd also like to thank Safe Kids Union County, Westfield Health Department, and Children's Specialized Hospital for their helmet donations and giveaways.

This clinic was made possible in part by The Brain Injury Alliance of New Jersey, the County of Union, New Jersey's Youth Services Department, Union County SHOUT, Roselle Park Police Officer Jessica Diaz, and Bob's Bicycle Service.

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Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Additions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain. Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS



Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

"After only four visits, I have absolutely no pain! The staff is "top-notch."

- Question L.

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2022 CLEAN COMMUNITIES GRANT

Borough of Roselle Park

The New Jersey Clean Communities Program has awarded the Borough of Roselle Park \$22,510.65 in grant funding for the 2022 fiscal year. This award is one of the highest in the last six years of the program.

New Jersey Clean Communities is a statewide, comprehensive, litter-abatement program, which distributes millions of dollars per year to municipalities, counties, and state parks services throughout New Jersey. Municipalities that receive this funding must implement litter-abatement programs that incorporate elements of cleanup, enforcement, and education.

"I am very grateful for the program's generous grant award and continued support of Roselle Park," said Community Center Director and Roselle Park Clean Communities Coordinator, Rupen Shah. "With these funds, we will work diligently to educate residents on the importance of having a clean community and will introduce new ways to get residents involved in cleanup efforts. Thank you to New Jersey Clean Communities for this grant!"

To learn more about Roselle Park's Clean Communities efforts, please call 908-245-0666.

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Qty: 3,500
Zips: 07933, 07946, 07980



Qty: 6,300
Zip: 07940



Qty: 2,900
Zip: 07092



Qty: 5,100
Zip: 07974



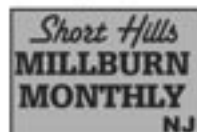
Qty: 13,000
Zip: 07065



Qty: 5,600
Zip: 07204



Qty: 9,400
Zip: 07076



Qty: 8,200
Zips: 07041, 07078



Qty: 9,600
Zip: 07901



Qty: 6,800
Zip: 07083 (partial)



Qty: 6,200
Zip: 07059



Qty: 2,700
Zip: 07069



Qty: 11,800
Zip: 07090

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1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
BACK PAGE	10" x 14"	\$500								
FRONT PAGE BANNER	8.25" x 2"	\$320								
FRONT PAGE BOX	1.5" x 4.5"	\$240								

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YMCA OPEN HOUSE - JULY 28-31

The Gateway Family YMCA is celebrating a Find Your Summer Open House event July 28-31, available free to the local community. Everyone is invited to visit and Find Your Summer, Find Your Passion, Find Your Y at The Gateway Family YMCA. Individual events hosted at Y branches in Elizabeth, Rahway and Union include family swimming and basketball, water exercise programs, and group exercise programs like yoga or Zumba. Event details are available at tgfymca.org/events

The Gateway Family YMCA has served the local community since 1900, and provides programs and services with the goal of building community, developing youth and creating a safe experience. With a unique focus that encompasses programs and services for all ages, the Y is poised to assist families in a very intentional way, as a partner in their holistic wellness. In addition to the Open House, new members who join with a Family Membership at The Gateway Family YMCA online at tgfymca.org/join-the-Y will pay \$0 Joiner Fee with the code FAM July 28-31.

This June, The Gateway Family YMCA launched a Community Membership initiative, an opportunity for everyone to participate in designated Y programs, special events and communications through a complimentary membership designed to provide access to all, while remaining connected to each other and the community. More information is available at www.tgfymca.org/community-membership

In addition to traditional Y programs like Youth Sports and Swimming Lessons, The Gateway Family YMCA also offers Child Care, Before and After School Care, Summer Day Camp, Virtual WISE Adult Services, Chronic Disease Management programs, Residential Housing and Social Services.

For more information about The Gateway Family YMCA, visit tgfymca.org or contact the Elizabeth Branch 908-355-9622, Five Points Branch 908-688-9622, Rahway Branch 732-388-0057 or the Wellness Center and WISE Center Branch at 908-349-9622.



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THE GATEWAY FAMILY YMCA tgfymca.org

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YMCA Open House July 28-31

Open to the Community! Take a Swim, Shoot Some Hoops, Try a Class! Learn More at tgfymca.org/events

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