

# KENILWORTH BUSINESS + LIFE

Published by Renna Media, LLC. On-line at [RennaMedia.com](http://RennaMedia.com)

Issue 174 • July 2022

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## REFLECTING ON YEAR OF INNOVATION AND RENEWED SPIRIT

### *Kenilworth Public Schools*

Over the course of the last school year, elementary students notched dramatic improvement on early reading assessments, high school students set athletic records, and district leaders developed new courses.

No wonder school spirit in the Kenilworth district is at an all-time high.

David Brearley Middle-High School saw widespread participation in events such as the prom, and dances and a March Madness event at the middle school. The school's homecoming dance – held outdoors - was the most well-attended in school history.

The ability to get in-person instruction back on track fueled a lot of positive energy at both Brearley and Harding Elementary School, according to Superintendent of Schools Kyle C. Arlington.

As the 2021-2022 school year closes, the district is reflecting on a number of highlights.

### **HARDING**

Harding K-2 students who were tested in the fall showed a marked increase in their reading level when they were assessed again in the spring; kindergartners reading at or above expected levels jumped from 39 percent in the fall to 83 percent in the spring; first-graders went from 59 percent to 75 percent and second-graders rose from 68 percent to 76 percent.

A five-day rotation of "cycle classes" next year will offer Harding sixth-graders a schedule and subjects to help prepare them for middle school. Classes in Transition and Social and Emotional Learning will review organizational skills and tips on peer relationships. The other three days will cycle through recess, Spanish and Health.

### **BREARLEY**

In an example of how staff members are teaming up to prepare students for college, counselors collaborated with the English Department on a college essay writing workshop. Students also benefited from a college fair, and increased college search and application support.

Brearley developed new electives to reflect modern interests, including Invention and Innovation, Sports and Entertainment Marketing, Young Adult Literature and Digital Sound Engineering. Students also can explore new programs in Dance and Esports (competitive gaming) next year.

Nine of Brearley's athletic teams qualified for state tournaments. In other sports achievements, the baseball team went to the finals, the softball team won its division, the girls' track team recorded its first-ever championship and the boys and girls track team members set new records.

### **SOCIAL AND EMOTIONAL**

The district aimed to identify the need to address any learning gaps before the school year even began. Students who were identified through end-of-year and summer data as needing academic intervention were able to start services in September. Counselors and teachers worked together to implement a Multi-Tiered System of Supports for individual students.

The alternate education program that launched in a school conference room moved to the new Brearley Annex. The modular classroom with free-flow spaces serves the needs of students who have difficulty in



*(above) Students work together in STEM  
(Science, Technology, Engineering and Math)  
class at Harding.*

Photo by Kenilworth Public Schools

traditional class settings.

The district also partnered with Rutgers University Behavioral Health Care and Tri-County Behavioral Health to provide mental health and behavioral support for students and their families.

### **BUILDING IMPROVEMENTS**

The school buildings received attention this year. Harding's brick exterior was repointed, and the gym received a newly painted floor, new bleachers and a partition.

In addition to the new Annex, Brearley also received efficient LED lighting. The new lighting also was installed at Harding, along with new boilers.

The district is proposing more significant buildings improvements through a bond referendum tentatively set for Oct. 4. The community will be asked to vote on funding for projects such as a two-story addition to Brearley that would create separation between the middle school and high school, auditorium renovations at Harding and Brearley, and a synthetic turf field and new track.



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# BUSINESS + LIFE KENILWORTH

Renna Media LLC, Publishers  
202 Walnut Ave., Cranford, NJ 07016

Kenilworth Business Life is published by Renna Media. 3,500 newspapers are printed monthly and mailed to every business and resident in Kenilworth.

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## HISTORICAL SOCIETY BUS TRIP TO A.C.

The Kenilworth Historical Society will host a bus trip to the Tropicana Casino and Resort in Atlantic City on Sat., July 30, 2022.

The trip will depart Kenilworth (St. Theresa School parking lot) at 8 a.m. and return to Kenilworth at approximately 6:30 p.m. Cost of \$52 includes comfortable motor coach transportation, an approximate 6-hour visit to the casino and \$10 in free slot play. There will be a 50/50 raffle and complimentary door prizes on the bus.

The Tropicana premier casino and resort is a 24-hour gaming destination located on the acclaimed Atlantic City beach and boardwalk. With more than 3,000 slot machines and some 132 table games, plus 30 popular restaurants and eateries, 30 shops, 20 bars and lounges, four pools, an IMAX Theatre, multiple spas and the charming Old Havana ambience of its enclosed mall, "The Quarter," the Tropicana is consistently rated as a "Must-See Attraction" in

Atlantic City.

For further information and reservations, please call 908-709-0434. As space is limited, particularly for safe "social distancing" on the bus, reservations and payment should be made by July 14. Gift certificates for the trip are also available for purchase.

Proceeds from the bus trip will benefit the Kenilworth Historical Society's historic Oswald J. Nitschke House (c. 1880) by helping defray operating expenses, including the cost of an elevator that makes the restored "living history" museum and cultural arts center fully accessible to everyone.

The Kenilworth Historical Society ([www.kenilworthhistoricalsociety.org](http://www.kenilworthhistoricalsociety.org)) is an independent, volunteer-based, non-profit, tax-exempt, 501 (c) (3) organization dedicated to the research, preservation and interpretation of the Oswald J. Nitschke House, local history and culture.

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## SAVING GRANDMA'S HOUSE

In 1948 a young Jack and Elizabeth Dunn bought a new home on Tulip Ct. It was one of 93, four-room, cape cod homes measuring 24 feet by 28 feet built west of Columbia Ave. It was in a development locals nicknamed "Mudville" due to seas of mud that existed there at the time.

In a 2010 interview Elizabeth, said, "We paid \$8,100 for our home including \$800 extra to have a taller attic. This way we could add bedrooms in the future."

They would have five children (John, William, Stephen, Jeffrey, and Donna) so, the extra \$800 proved to be wise investment.

Elizabeth stated with laughter that her husband, a WWII Navy veteran "had to park our car on Columbia Ave. Everything was all mud here. When coming to see our house built, we had to walk on boards. At one point, boards were missing and my foot sank into the mud. When I pulled up my leg, I had no boot on my foot. Somehow, I got back onto another board." She loved the neighborhood reminiscing, "This was a wonderful neighborhood for children. The street was a cul-de-sac with almost no traffic. The kids played ball in the street and built forts in the woods."

In the years that followed her children returned often bringing with them her 13 grandchildren and later her many great grandchildren, too. One grandchild, Stephen Dunn, Jr., an Elizabeth firefighter, loved the neighborhood so much that when a house came up for sale on Tulip Ct., he and his wife, Samantha, purchased it. Their own children could play in the same safe

neighborhood. They could see Grandma's house a few doors away. It was an ideal move.

A widow since 2009, Elizabeth passed away at age 96 on Thanksgiving Day, 2021. She was the last of original homeowners in what was officially the Blue Ridge Manor II home section.

In a recent interview, Stephen recalled, "The street was a great place for kids. We played kickball and baseball in the street. My grandparents always liked family to be around. On many Sundays, at Christmas, and for birthdays the family got together there. My grandmother always

had plenty of food. I especially remember her mashed potatoes and chicken. The best part was dessert – her homemade cake. We all called in 'Grandma Cake' and looked forward to the end of the meal just for that treat. She was so happy for how it pleased us."

Stephen reported, "With so many wonderful memories for our family about my grandparents' home, I was concerned when she passed away that a new owner might tear it down or remodel it so extensively that it couldn't be recognized. So, my wife and I decided, 'Let's buy it.' And we did. It wasn't just an emotional attachment, but also one of historic preservation. The home was one of the first built in Kenilworth in the post WWII housing boom. It's part of Kenilworth history. My wife and I, and the rest of the growing Dunn family, are happy about saving grandma's house."

Author's comment: Elizabeth, one of 11 children, was raised in Kearny. At one time she served as Kenilworth's court clerk. Jack was Little League president in the 1960s. Stephen is active with the Rails to Trails Conservancy, a member of the Kenilworth Rails to Trails Advisory Committee, and other groups dedicated to cleaning up the railbed of the old Rahway Valley Railroad and preserving it as a nature walkway and bikeway Research provided by Walter E. Boright, Ed. D., historian, and Historic Signs, Inc. Persons with inquiries about this article or other aspects of Kenilworth history may contact Dr. Boright at drbori@aol.com or 908-256-5200.



(above, l-r) Celebrating saving Grandma's house: Stephen, III; Samantha; Jeff; Donna (Zanetti); and Stephen Dunn, Sr.

Photo: family



(above) "Grandma" Elizabeth Dunn at her Tulip Ct. home, 2010

Photo: L. Historic Signs

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Monday - Wednesday: 10 AM-5 PM; Thursday: 10AM-8PM; Friday: 10 AM-5 PM; Saturday: 10 AM-2 PM; Sunday: Closed

## OCEANS OF POSSIBILITIES 2022 SUMMER READING CLUB

Monday, June 27 - Friday, August 12

Children ages 2 - 12 years old may begin to register in person for the summer reading club. Children will receive a reading club bag filled with a calendar of events and other items of interest to curious young minds.

The Reading club is open to children and teens ages 2 - 18 years old.

## BOOK SALE JULY 21 - 23

Looking for some great books at bargain prices? The Friends of the Cranford Public Library invite you to visit their used book sale in the library's "Friendly Book Cellar." Browse through shelves full of thousands of books. Quickly find what you are looking for and make new discoveries. Most adult hardcover books are \$2.00 and paperback books are \$1.00. Most children's books are 25 cents or 50 cents.

The Book Sale will take place on July 21 (1-8 pm), July 22 (10 am-5 pm), and July 23 (10 am-2 pm). July 23rd will be bag day. For just \$8, you can fill a paper shopping bag with books. Cash or checks only. Registration is required and can be done so at [cranfordlibrary.org/friends.php](http://cranfordlibrary.org/friends.php) or via the QR code provided.

The Friends look forward to seeing you at the "Friendly Book Cellar." Proceeds of all book sales benefit library programming and events for all ages throughout the year.

These sales are made possible only because of your book donations. Book donations are welcomed and appreciated, any time during library hours. Library staff at the front desk can help direct you.



## Mommy, Daddy & Me: (Ages: 2 - 5 years)

Listen to 30 books checked out from the library and receive a free book.

## I Can Read: (Ages: 6 - 8 years)

Read 15 Easy Reader Fiction or Nonfiction books checked out from the library and receive a free book.

## Club Reads-alot: (Ages 9 - 12 years)

Read 7 Junior Fiction or Nonfiction books from the library and receive a free book.

## Teens: (Ages 13 - 18 years)

Read 3 Young Adult Fiction or Nonfiction books checked out from the library and receive a free book.

\*\*Teens can register in person for the reading club and request a Reading Book Log.

## WEEKLY PROGRAMS:

### Lap Sit

June 28, July 5, 12, 19 and August 2 & 9  
10:30am - 10:50am

Interactive stories and songs for ages 0 - 2 years old.

### Toddler Time

July 6 & 13 and August 3 & 10  
10:30am - 10:50am

Interactive stories, songs and activities for ages 2 - 3 years old

### PJ Story Time

July 14 & 28 and August 4 & 25  
6:30pm - 7:00 pm

Stories and a craft for ages 3 & up

### Crafts

11:00am - 12:00pm

Create a unique craft to take home and display.  
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Children must be registered in person for the Summer Reading Club in order to register for any special event.

Kenilworth residents may begin to register one week prior to each special event.

Out of town residents may begin to register two days prior to each event, space permitting.

To register for individual special events, call the library at 908-276-2451.

## JUNE SPECIAL EVENTS

### Pirates: Lost At Sea!

Monday, June 27 at 11:00 - 12:00pm.

Join us for an interactive adventure filled with exciting science experiments. Ages: 4 - adult  
This program has been funded by a Recycling Grant given to The Borough of Kenilworth.

### Good Tymes String Band

Wednesday, June 29 at 10:30am - 11:00am.

Foot tapping knee slapping music for all ages.

### Mad Science Workshop: Life In The Sea

Thursday, June 30 at 11:00am - 12:00pm.

Ages: 4 - 12. Interactive workshop exploring a unique science theme. This program has been funded by The Ralph Errington Foundation.

## JULY SPECIAL EVENTS

### Patriotic Celebration

Thursday, July 7 at 11:00am - 12:00pm.

Enjoy interactive music and stories celebrating the USA! This program will be presented by

Richard Stillman. Ages: 4 - adult. This program has been funded by a Cultural Arts Grant.

## Summer Theme Drawing Workshop with Doug Baron

Thursday, July 7 at 5:30pm - 6:30pm

Learn how to draw and improve artistic skills.

Ages: 8 - adult. This program has been funded by The Friends of The Kenilworth Public Library.

## Magic Show presented by Francis Menotti

Monday, July 11 at 11:00am - 12:00pm.

Ages: 4 - adult. This program has been funded by a Recycling Grant given to the Borough of Kenilworth.

## Mad Science Workshop: Wacky Water

Thursday, July 14 at 11:00am - 12:00pm.

Ages: 4 - 12. Interactive workshop exploring a unique science theme. This program has been funded by The Ralph Errington Foundation.

## Meet Penguins From Jenkinson's Aquarium

Monday, July 18 at 11:00am - 12:00pm.

Learn about how we can protect the environment for animals, including penguins. Ages: 4 - adult. This program has been funded by a Clean Communities grant given to the Borough of Kenilworth.

## Yoga Story Time

Wednesday, July 20 at 10:30am - 11:00am.

This program will be presented by Certified Yoga Instructor Pamela Nixon.

Ages: 2 - 5 years old with a caregiver. Please bring along a yoga mat or towel.

## Ways Of Water

Thursday, July 21 at 11:00am - 12:00pm.

Join us for this interactive event featuring water related science experiments and circus fun.

Ages 4 - adult. This program will be presented by The Grand Falloons. This program has been funded by a Recycling Grant given to The Borough of Kenilworth.

## Rhythm Dances From Around The World

Thursday, July 21 at 7:00am - 11:00am.

Interactive international dancing presented by Okra Dance Company. Ages 4 - adult. Program has been funded by a Cultural Arts Grant.

## LaserScience Show

Monday, July 25 at 11:00am - 12:00pm.

Join us for an amazing laser show presented by Wondergy. Ages 4 - adult. Program has been funded by The Ralph Errington Foundation.

## Boogie Woogie Babies

Tuesday, July 26 at 10:30am - 11:00am.

Children ages 0 - 5 will enjoy this interactive program filled with music and movement. This program will be presented by Tffany Taylor.

## Good Tymes String Band

Wednesday, July 27 at 10:30am - 11:00am.

Foot tapping knee slapping music for all ages.

## Mad Science Workshop: Astronomy

Thursday, July 28 at 11:00am - 12:00pm.

Ages: 4 - 12. Interactive workshop exploring a unique science theme. This program has been funded by The Ralph Errington Foundation.

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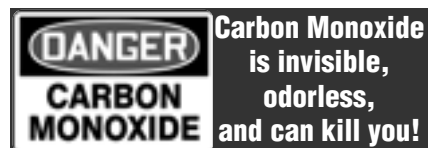
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## MATTHEW SCALISE AWARDED SCHOLARSHIP

The Elizabeth Chapter of UNICO awarded a scholarship to Matthew Scalise of Kenilworth, NJ. Matthew graduated from Union County Vocational Technical High School and will be attending University of Southern Carolina to study Exercise physiology. The award was presented at the UNICO monthly meeting on June 7, 2022 at Costa's Restaurant in Roselle Park. His proud parents with parents Greg and Salina were in attendance as well as his maternal grandfather Livio Mancino, a UNICO member and also a resident of Kenilworth.

Scalise earned his scholarship after a review of his academic accomplishments as well as his community extra curricular activity. Letters of recommendation and an essay were include in the application.

Scalise was born and raised in Kenilworth and attended Harding Elementary School. He has two brothers, eight grader Gregory and Christopher, a Junior at Rutgers University.

UNICO's motto is "Service Above Self". UNICO means "unique" or "only one of its kind" in Italian. The UNICO mission is to promote the image of Italian Americans along with Italian heritage and culture by supporting charitable, scientific, cultural, educational, and literary projects.

Anyone interested in Joining UNICO can send an email to President Nino Quaglia, [ninoefdshop@gmail.com](mailto:ninoefdshop@gmail.com).



(above, l-r) Livio Macino with daughter Salina Scalise, grandson Matthew and son-in-law Greg, all from Kenilworth.

## KENILWORTH ROTARY CLUB CELEBRATES 75TH ANNIVERSARY

### Kenilworth Rotary Club

Kenilworth Rotary Club Celebrated their 75th anniversary on May 6th, 2022. To learn more on How to Join this Award Winning club , learn

more about Serving the Community, or how to help support our camp and academic scholarship programs and other local charities please contact President Sandra Trapani 908-349-0441.



(above, l-r) Front Row: Terry Zuckerman, Kristin Boyle, Telina Cuppari, Nova Villa Vitug, Thomas and Mary Orella, Janet Henkel, Gregg Rosenberg, Michael T. Naya Jr. Back Row: Pat Boyle, Ceu Manata, President Sandra Trapani, Kyle Arlington.  
Not pictured: Robert G. Woods and Maria Silva.



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# RELIEF FROM CHRONIC KNEE PAIN

FDA Approved Treatment to Avoid Surgery

## DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



### If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

### Consider This Alternative To Surgery

**Northeast Spine & Wellness Center** offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

### How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

### Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

### Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS



### Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

"After only four visits, I have absolutely no pain! The staff is 'top-notch.'"

- Quentin L.

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# LOCAL MAN EARNS NATIONAL RECOGNITION

Michael T. Naya, Jr. recently was notified as being designated the official historian of the USS Yorktown (CV-5) Veterans Association. The aircraft carrier was commissioned in 1937 and gained fame during WWII in the Battle of the Coral Sea and the Battle of Midway, where enemy torpedoes later led to its sinking in 1942 on its way to port for repairs. Mr. Naya, Jr. was introduced to Michael Leggins, association president, and has interviewed numbers of Yorktown survivors as part of his quest to interview as many other surviving WWII veterans as possible.

A sophomore history major at Kean University, Union, the 19-year-old student has a passion to become a history teacher. Among the youthful historian's credits are: associate member, 12th Armored Division Association of the American World War II Orphans Network; honorary member, Kenilworth Rotary Club; and a founding member of the Young Historians Program of the D-Day Squadron. In addition, Mr. Naya, Jr., is a member of the 5th Marine Division Association, the 7th Armored Division Association, the 307th Bomb Group Association, and the Kenilworth Historical Society.

In 2020 the Borough of Kenilworth accorded this life-long resident its distinguished Volunteer of the Year Award.

Courtesy photo



(above) Michael T. Naya, Jr.

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