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ECRWSS

SUPPORT FOR RAHWAY FOOD FOR FRIENDS

Submitted by Dyan McMillen

Rahway's Grover Cleveland Elementary School has always felt strongly about doing its part to help those in need, particularly when it comes to hunger.

Cleveland's principal, Al Giambrone, believes in giving back, especially to those in our community. Cleveland's staff has played a major role this past year in stocking the community food pantry located in front of the school.

In March, Cleveland's school nurse, Kate Giammetta, initiated a cereal collection on National Cereal Day, March 7, in support of Mr. Giambrone's focus on food donations. The staff and students collected a total of 322 boxes of cereal to be donated to Rahway Food For Friends, located at 1221 New Brunswick Ave. Prior to the official donation, the cereal boxes were set up to create a domino chain reaction!

More recently, Cleveland staff also collected monetary donations for Rahway Food For Friends. Cleveland is proud to work with a community organization that aligns with its goal to fight hunger in the community, and we hope these charitable efforts inspire others to join in helping to end hunger through one kind effort or donation at a time, especially here in the town of Rahway.

Courtesy photos



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RIVERFEST CELEBRATES SUSTAINABILITY

The Rahway River Watershed Association, sponsored by the City of Rahway, will be hosting its second annual Rahway RiverFest on the weekend of June 25 and 26. The festival, which will take place at the RRWA headquarters located at 337 East Milton Ave in Rahway, and adjacent to Lower Essex Street Park, will offer various events, activities, exhibits and vendors.

Rahway RiverFest 2022 delves into sustainability and how living a balanced life can help to make the Earth a healthy place for all living things to thrive. We will explore how we can impact the future in ways that ensure generations to come will inherit a world worth living in.

A highlight of the festival will be a spectacular LIVE birds of prey show by Skyhunters in Flight given by master falconer Brian Bradley and his wife Teddy. Watch trained birds of prey sharpen their hunting skills during an exciting outdoor flight demonstration. Hear about the ancient sport of falconry and see live raptors from around the world.

We will celebrate the river by giving guided canoe rides on a first come, first serve basis, so arrive early and reserve your spot. This is an opportunity for beginners to learn the basics of canoeing and how to navigate the river.

Mayor Raymond Giacobbe is a proud supporter of the Rahway River Water Association's event. "The Rahway City Council

and I are proud to support the Rahway River Water Association's second annual RiverFest, an event which calls attention to sustainability and celebrates the Rahway River as an important environmental and recreational resource in our community."

The RRWA, sponsored by the City of Rahway, will be leading a community arts project that will educate kids of all ages about the importance of sustainability by bringing attention to the environment and habitat of native fish. Participants will paint re-claimed wood that has been pre-cut into fish shapes. The fish will then be assembled into a sculpture and displayed in town. The sculpture will be unveiled on City of Water Day, July 16th, at a public event.

In addition, the festival will include numerous exhibitors, presenters and vendors, live musicians, DJ, food and refreshments including an ice cream cart by Melao Creamery, family friendly activities including eco-craft workshops and field games, Trailside Nature & Science Center, native plants for sale, a native seed swap, reusable bag giveaway, nature photography walk, and more.

Unique gifts, sustainable products and artisan crafts will be for sale at the event. Cash or credit is accepted.

Visit RahwayRiver.org, or the Rahway River Watershed Association Facebook page, for more information and a schedule of events.

Presented by The Rahway River Watershed Association • Sponsored by The City of Rahway

CELEBRATE THE RAHWAY RIVER!

20
22

RAHWAY RIVER FEST

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2:30PM to 8:30PM

SUNDAY JUNE 26
11AM to 5PM

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- Live music and DJ!
- Food & refreshments
- Family friendly activities
- Eco-craft workshops and field games
- Exhibitors & presenters

- Trailside Nature & Science Center
- Native plant vendor
- Native seed swap
- Reusable bag giveaway
- Nature photography walk

Unique gifts, sustainable products and artisan crafts will be for sale at the event.
Cash and/or credit accepted.

Location – RRWA Watershed Learning Center at Lower Essex Street Park, 337 East Milton Ave, Rahway. Park along Essex Street or in Rahway City Hall Plaza parking lot across the river.

For more info scan (code) or go to RahwayRiver.org/rahwayeriverfest22

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city of rahway
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RiverFest is made possible in-part by funds from Merck Company Foundation

RRWA
Rahway River Watershed Association
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(above) James running his last mile of 900 miles in 2019, with Cranford youth.

MEMORIAL DAY PARADE - SUN. MAY 29

The Rahway Veterans Central Committee invites the community to attend the Memorial Day Parade to be held on Sunday, May 29, 2022 starting at 1:30 p.m. The parade will begin on Main Street and Milton Avenue, Rahway, New Jersey. The Grand Marshal this year will be Eugene Kolb. Eugene is married to Sharon for 15 years. The couple resides in Rahway.

Eugene Kolb served in the Marines from 1974 to 1978. He was 19 years old when he enlisted. He served in Camp Lejeune and then in Kai’ole Bay Hawaii from 1975 to 1977 and then returned to Camp Lejeune in 1977 to 1978.



(above) Eugene Kolb

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52 MARATHONS IN 52 DAYS TO RAISE AWARENESS OF CLEAN WATER

Scotch Plains native, James Leitner, on June 1st will begin running a marathon a day for 52 days to bring attention to clean water issues in the United States. His goal is to raise \$100,000 for his nonprofit, MissionCleanWater which will complete three clean water projects in New Jersey and two in Uganda. Each day he will complete a marathon in iconic towns that has helped him grow his nonprofit organization.

“Running long distance is the best way to symbolize what people face without clean water. If a five-year-old has to walk 3-5 every day to get water for their family as a normal chore, I can symbolize their journey for just 52 days.”

James founded MissionCleanWater in the summer of 2018 and to date has assisted 6 communities and 5 schools in Uganda to gain access to clean water, which approximately

helped 15,000 people. Since 2021, MissionCleanWater has been developing a plan to assist New Jersey communities dealing with lead and chemical contamination in their drinking water. Some communities are less than a 15-minute drive to Scotch Plains!

“I have had clean water my entire life, as I am sure everyone reading this has as well. Imagine having no water in your home or your ability to buy bottled water wasn’t possible. Or if your house had water but drinking it meant consuming carcinogenic chemicals that can lead to neurological issues. We can change the world and the communities we live next to together.”

To learn more, donate, and run with James, you can visit:
missioncleanwater.org/projectstateline.

ANSEL ADAMS



EARLY WORKS

Denali and Wonder Lake, Denali National Park, Alaska, 1947.
Photograph by Ansel Adams. © The Ansel Adams Publishing Rights Trust.

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CAPITAL CAMPAIGN TO “BUILD DIGNITY FOR ALL”

St. Joseph Social Service Center

St. Joseph Social Service Center, one of the largest social service agencies in Union County, has launched a \$1,200,000 capital campaign. The purpose of the campaign is to improve and expand services for families and children in need in Elizabeth and to fulfill its vision to serve the homeless and poor with compassion and dignity.

Even before the pandemic, St. Joseph's witnessed a rise in demand for services. This trend stretched the capacity of the agency's facilities and created challenges for staff and volunteers. Spaces intended for one purpose needed to be used for multiple programs. Temporary storage units for food and clothing were placed on site. The increase in clients led to lines extending into the neighborhood, a particular concern during inclement weather. The parking lot and access streets became congested and overwhelmed with vehicles arriving to drop off and pick up food, clothing and supplies. And then the pandemic hit, leading to a spike in client demand, exacerbating all these problems.

“Dignity has been a core value of the agency since our founding in 1983,” noted Bernadette Murphy, Executive Director. “Our goal is to help people acquire the material items they need to live with dignity. We believe that it is vital for our clients to receive food, clothing, supplies and support services in an environment that fosters dignity, where the homeless and poor are truly welcomed as brothers and sisters. In order to achieve this goal and expand and improve the services we offer, we have developed a vision for

a remodeled campus. Our vision is to construct a new building on our property where it will be possible to create a client choice food pantry with hours by appointment; to construct a second new building for the donation and distribution of clothing and home goods; to reconfigure and pave our lot to make it easier to pick up and drop off items and to reduce traffic on the surrounding streets; and to renovate space in our former church building, parish hall and house on site to improve the ability of St. Joseph's and The Elizabeth Coalition House the Homeless, our sister agency, to provide support services.”

“St. Joe's has been open six days a week throughout the pandemic” stated Harold Kessler, President of the Board of Trustees. “We have never missed a day. Our staff and volunteers have placed the needs of the community in Elizabeth ahead of their own health and well-being. It's

been extraordinary.” Six days a week a dedicated team of volunteers, numbering in the thousands, makes sandwiches for the hungry in their kitchens in Westfield, Cranford, Basking Ridge and dozens of other communities, bring food, clothing and home goods, serve meals at the soup kitchen and help with the operations of the agency. St. Joseph's provides over 250,000 meals per year. In addition, the organization provides area residents with clothing, household items, prescription assistance, health screenings, mental health counseling, job training and case management.

To learn more about St. Joseph's please visit sjeliz.org. Members of the community who would like to support the capital campaign are welcome to contact Executive Director Bernadette Murphy at 908-354-5456 or at BMurphy@sjeliz.org.

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WATER SAFETY SHOULD BE TOP OF MIND

The Gateway Family YMCA

The Gateway Family YMCA wants to ensure that water safety doesn't get lost in our community's ongoing eagerness to return to a "normal" summer. As temperatures rise, kids want to cool off, whether that's in home pools, ponds, lakes, rivers, streams, or oceans. And that means the risk of drowning is ever present. We encourage parents and caregivers to reinforce the importance of water safety and equip their kids with the essential skills to keep them safe in and around water.

"As 'America's Swim Instructor,' The Gateway Family YMCA annually teaches more than 1,000 children valuable water safety and



swimming skills," said Krystal R. Canady, CEO, The Gateway Family YMCA. "Now more than ever, it's important to remind parents and caregivers that water safety needs to be top-of-mind as families start to return to their favorite summertime activities."

As part of National Water Safety Month, The Gateway Family YMCA is encouraging parents to play an active role in promoting water safety and providing five tips to ensure a safe and enjoyable swimming experience for all.

1. Never swim alone or without a water watcher. When children are swimming, make sure they are actively supervised at all times. Teach your children that they should only swim in locations where a lifeguard is on duty, or where a responsible adult agrees to watch the children in the water without distractions.
2. Supervise your children whenever they're in or near water. Whether it's bath time or taking a dip in a pool or lake, make sure your children are within arm's reach at all times.
3. Don't engage in breath holding activities. Children should not hold their breath for a prolonged amount of time while swimming, as this can cause drowning and has several other severe physical side-effects.
4. Wear a life jacket: Inexperienced or non-swimmers should wear a Coast Guard-approved life jacket.
5. Don't jump in the water to save a friend who is struggling in deep water. If a child finds their friend in deep water unexpectedly, their natural instinct may be to jump in the water to try to save them. Even if a child is a great

swimmer, a panicked person will overpower them, pulling the rescuer underwater. The Y's Safety Around Water program teaches the "reach, throw, don't go" concept of using a long object to reach for them and pull them to safety. By using this technique children can help their friend without compromising their own safety.

"Water Safety isn't just a summer program, it's a life-long skill taught year round here at the Y," stated Melynda A. Mileski, EVP/COO, The Gateway Family YMCA. "Children learn essential water safety skills, as well as confidence and endurance in Y swimming lessons."

Throughout Water Safety Month, The Gateway Family YMCA will be sharing information on their Facebook page, facebook.com/GatewayFamilyY for the community, highlighting tips and information on water safety.

The Gateway Family YMCA is a 501(c)(3) non-profit, health and community service organization of caring staff and volunteers dedicated to strengthening community through Youth Development, Healthy Living and Social Responsibility. The Gateway Family YMCA impacts the community by providing quality services for all. The Y doesn't just strengthen bodies – it strengthens people, families and communities.

For more information about The Gateway Family YMCA, visit tgfymca.org or contact the Elizabeth Branch 908-355-9622, Five Points Branch 908-688-9622, Rahway Branch 732-388-0057 or the Wellness Center and WISE Center Branch at 908-349-9622.

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A NEW KIND OF VETERANS' EVENT

Submitted by Jesus Alejandro MiroQuesada

The New Jersey Veterans Network (NJVN) has a different way of reaching out to veterans and they proved this during their recent NJVN Veterans Salute event, a joint venture between the NJVN and the State VFW. NJVN Director Frank “Doc” Schupp and President Michael Boll treated NJ veterans to an event filled with enjoyable times, hot meals, free business attire, and resources for our state's heroes.

As you walked into the large room at VFW 2433 in Union Township, NJ, there were dozens of veterans smiling and mingling

while DJ Doc Bear (an army veteran) played some tunes. The usual serious tone of similar events was replaced with a feeling of fun, comradery and comfort.

Air Force Veteran Cristina Lozada said “This event provided an outlet for these veterans to be themselves and have fun in an environment with like-minded individuals. I saw firsthand how taking the time to give back really impacted these veterans lives by feeling cared for and acknowledged.”

While waiting their turn to choose their clothing from an attic full of free apparel, veterans partook in video games, card games, and Army vs Navy, and Air Force vs Marines chess games. Delicious pizza was available from

nearby Reggio's Pizza which was sponsored by NJVNs partner JM Rodgers. With impressive skill, local barber Emilio of Signature Barbers of Elizabeth, NJ cut veteran’s hair free of charge. Volunteers, vets, and family members all enjoyed themselves side by side while honoring our brave men and women.

When asked about the event, organizer Doc Schupp explained, “We wanted to make it a point to create an atmosphere where vets can have fun while receiving resources; this way instead of feeling anxious and uncomfortable, they are relaxed while speaking to service providers.”

The Veteran Salute program had plenty of community support as representatives from the MOVES program, Vet Center, VFW, American Legion and New Bridge Medical Center were on hand to talk to veterans. The atmosphere was a very relaxed as vets interacted with service providers over games and refreshments.

Camillo Vanegas of the MOVES program was on hand to discuss their veteran job placement program. American Legion Commander Dennis Duddie listened respectfully to veterans’ stories and advised them of various local programs. The Vet Center was on hand to answer questions about counseling and case management. Bergen New Bridge Medical Center set up a table

explaining their many veteran assistance programs. FDU’s internship program.

Volunteers included the Union High School ROTC, 5-year-old Vickie Almanazar volunteered alongside her father Daniel, Army veteran Uncle Homer, and many more served food, helped with clothing distribution, entertained, or just visited with the veterans while listening to their stories.

Army recruit Miss Matias, who was shipping out to basic training shortly, was on hand to volunteer and shared her thoughts, “The Veterans Salute event was so successful. We helped a lot of people and touched so many lives. Sometimes all a person needs are a warm smile and friendly conversation to take their mind of their troubles, even if only for a moment.”

ABOUT NEW JERSEY VETERANS NETWORK

We are a group of veterans and volunteers dedicated to helping our veterans and their families live better lives. Our mission is to identify veterans and connect them with resources and programs designed to meet their unique set of needs. If you are interested in joining our team, would like us to speak at your event, or contribute to our mission, call 973-332-1556 or email mdbollio@optonline.net. To learn more visit njvn.org.



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HONORING THE MEMORY OF A FATHER

Father's Day is a special time of year for Rajesh Karnani of Paramus, NJ. It is a time when he joins his family members to remember his father, Sham C. Karnani, who unexpectedly passed due to heart complications on March 17, 2010. Rajesh recalls how his father always spoke to family members and friends about his support for organ and tissue donation. His father's selfless decision to be an organ and tissue donor ultimately restored sight for two other people with his donated corneas.

More than a decade later, Rajesh has made it his personal mission to inspire others to register as organ and tissue donors. He actively supports NJ Sharing Network's community events, activities and fundraisers to help raise awareness for NJ Sharing Network's life-saving mission.

According to NJ Sharing Network, there are nearly 4,000 New Jersey residents currently waiting for a life-saving transplant, and one

person in New Jersey dies every three days waiting for a transplant. Just one organ and tissue donor can save eight lives and enhance the lives of over 75 people. To learn more, get involved and register as an organ and tissue donor, visit www.NJSharingNetwork.org.

The following was written by Rajesh to pay tribute to his father and help raise awareness about organ and tissue donation and transplantation in our local communities:

My father, Sham C. Karnani, was born in India and migrated to New York in the 1970s. He came to America to help ensure that his family has a better life, and he worked as an importer of garments shipped from India and sold to prospective buyers in the U.S.

I can talk about my father for hours - about the great businessman he was, how he supported and loved his family so much, or how he would put other people's happiness over his own. His passion in life was service to his fellow man/woman. What motivated him in life was to make sure that those around him were happy. He was always determined to pay it forward in some way.

He was (and still is) not only my role model, but an inspiration, to me and to everyone who had the pleasure of knowing him. He taught me so much - how we are fortunate enough to live a good life, and so it is our responsibility to do our best to help others less fortunate do so too.

My father's major passion for the last two decades of his life was to spread the awareness of organ and tissue donation. His message to others was simple: Organ and tissue donation saves and enhances lives.

My father would often say, "When it comes down to it, we can't take our organs on our journey to heaven. We don't need them, so why not give others the opportunity to complete the rest of their journey in the present."

On March 17th, 2010, my father unexpectedly passed away while in a temple on a holy day (our Indian new year). He was dancing with the love of his life, my mother. I am proud to say that, upon his death, my father was able to donate both

of his corneas to two recipients in need.

My father kept a journal of his thoughts that we found after he passed away. His writings confirmed how much faith he had and how passionate he was about donation and transplantation. In the journal, he called it "recycling of organs for the benefit of mankind."

He noted that he believed that most people would want to make the selfless decision to donate their organs and tissue upon death. However, he believed that the biggest barrier is that most people do not let their family members know about their choice to donate. He noted that if only person just lets their family knows, about their wishes, countless number of lives can be saved.

My father was also a very spiritual person. He once was able to ask one a spiritual leader his thoughts on the subject of organ and tissue donation. We all remember the spark and happiness in my Dad's eyes, when this spiritual leader, declared that organ and tissue donation is "the best gift anyone can give to their fellow man or woman."

It has been difficult for us to move on without my father here. Each day, I still expect him to walk through the door. However, I feel comfort in knowing that the gift of sight my father gave helps justify the passion he had all those years on how organ and tissue donation really is the best service we can provide to others. That passion has now been passed down to me.

ABOUT NJ SHARING NETWORK

NJ Sharing Network is the federally designated non-profit organization responsible for recovering organs and tissue for the nearly 4,000 New Jersey residents currently waiting for a life-saving transplant. With headquarters in New Providence, NJ, the organization is part of the national recovery system, serving the 110,000 people on the national waiting list. NJ Sharing Network was selected by NJBiz as one of the state's "Best Places to Work" for the third consecutive year. To learn more, get involved and register as an organ and tissue donor, visit NJSharingNetwork.org.



(above) Sham C. Karnani and his son
Rajesh Karnani

Courtesy photo



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THANK YOU BARTELL FARM & GARDEN SUPPLY

The Rahway Garden Club recently provided Bartell Farm and Garden Supply of Clark with a 'Certificate of Appreciation' for their ongoing support of gardeners in the the greater Rahway area. Bartell Farm & Garden Supply is celebrating its 78th year in business and carries a full selection of gardening tools and bulk garden supplies including mulches, top soils, stone, sod, and firewood that can be delivered to your home or job site.

The Rahway Garden Club welcomes new and experienced gardeners to its monthly meetings.

More information can be found on the Rahway Garden FaceBook page.



(above, l-r) Les Bartell of Bartell Farm & Garden Supply and Deb Stuart, President of the Rahway Garden Club



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TAKING NOTE OF RAHWAY'S BRIDGES

Submitted by Al Shipley, City Historian and Rahway Library Research Consultant

A visitor to Rahway in 1900 made the observation that he had never seen a town the size of this one that had so many bridges. Considering the comment, many might be surprised to learn that in a city of only four square miles there are at least 33 bridges that span the river.

Prior to the time when this area was first being settled by Europeans, around 1680, the landscape was covered by fields and woodlands. The river followed a meandering course and split into three branches. Due to the way the branches cut through the terrain, four villages, Leesville, Bridgetown, Upper Rahway, and Milton would develop.

It is believed the first bridge, built on what is today East Hazelwood Avenue, was constructed in 1686 to connect Woodbridge to Elizabethtown. It is likely bridges on the King George Highway (St. Georges Avenue) were also built at a very early date. As more roads were eventually laid

out, more bridges made of wood and stone were built. An early map indicates that at least 11 bridges had been constructed by 1856 and by 1900 one could count 22 bridges, the newer ones made of concrete and steel.

Most of the bridges that stand today have been reconstructed and/or redesigned several times over the years. Sixteen of the bridges were destroyed or badly damaged during the great flood of September, 1882, the worst in Rahway's history. After destroying the Milton Avenue Bridge, raging waters, travelling at 15-25 miles per hour and carrying lumber, canal boats, and heavy debris, slammed into the Monroe Street Bridge sweeping one person to his death. Each bridge from Monroe all the way to St. Georges, on both the main branch and the Robinson's Branch, was totally lost or severely damaged. The western half of the St. Georges Avenue Bridge near River Road collapsed. The St. Georges



(above) A railroad bridge was constructed over the river in the 1830s when tracks were first laid in Rahway. In 1875 an iron bridge was built. It was reported to be the first four track iron bridge built in the United States. When the tracks were elevated (1911-1914) this new 3-arch concrete bridge was constructed.



(above) The picturesque Irving Street Bridge (photo circa 1900) looking east from Hamilton Street. The surface was "modernized" in 1924 with concrete sides. The bridge is presently under reconstruction after being damaged by flood waters this past fall. Perhaps, when redesigned, it will be brought back to its original charm.



(above) After the Milton Avenue Draw Bridge was destroyed during the 1882 flood, this steel bridge was built. An overhead sign in the middle of the bridge read "Walk your horse or pay the fine." The brick support under the bridge remains to this day and supports the present bridge which was reconstructed in 2001.



(above) Photo (circa 1914) shows the Grand Avenue Bridge when it was a truss bridge. The small dam was built in 1912 to keep the river at a depth that would allow for swimming and rowboats. The concrete arch bridge that stands today was built in 1917. Note the Wheatena building at top left.

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VOLUNTEERS SWORN IN AS ADVOCATES FOR LOCAL FOSTER YOUTH

CASA of Union County

The latest classes of community members to step up and train as advocates for Union County foster youth have officially taken their oath before Union County Superior Court Judge Lara DiFabrizio and become the newest volunteers with Court Appointed Special Advocates (CASA) of Union County.

Since 2005, the nonprofit has recruited, trained, supported and supervised nearly 600 community volunteers to advocate for more than 950 such youth, protecting best interests and ensuring needs are met in the courtroom, classroom and community. As caseworkers, foster placements and schools can change frequently, CASA volunteers often are the only consistent, caring adult in a youth's corner, helping ensure already experienced trauma is not exacerbated as youth await permanency in a safe and loving home.

Judge DiFabrizio presided over two swearing-in ceremonies via Zoom and, prior to asking each to repeat their oath "to protect, respect, and report," she shared appreciation and gratitude for

the new advocates' desire to make a lasting positive impact on youth in the community. "I like to thank CASA volunteers who take on this very important role. You do this because you want to make a difference in a child's life and make the world a better place. The court is grateful and thankful. You have a special opportunity to seriously help a child and family live and succeed. You're part of the village now."

The 14 new CASA volunteers are Jackie Parker and Lynda Sun Lee of Berkeley Heights; Loretta Masterson and Katherine (Katie) Rabecki of Cranford; Dina Ghazi of Kearny; Ana Gutierrez of Basking Ridge; Janae Bunn of Linden; Julia Dranishnikov and Tamiah Chester of Scotch Plains; Philip Ross of Summit; Lila Monroe and Mark Papa of Roselle; and Robert Mallard and Roya Enayati Basu of Union. Next, each advocate will be matched to a youth or sibling set, and begin putting their 30-hour training into practice.

Anyone passionate about making a difference

in a child's life can apply to volunteer; there is no prior experience or special background needed to serve as an advocate. Each undergoes a thorough training process and is supported by CASA staff throughout their work. Successful advocates have varied life experiences and these classes are no exception, as professional backgrounds include education, business, social work, law, and health management.

Upon being court-ordered to a case, CASA volunteers have access to the youth's foster parents, doctors, caseworkers, therapists, and teachers and, through regular child visits, identify and report to the judge any concerns and needs. CASA of Union County is the only nonprofit serving as extra eyes and ears for local judges hearing cases of youth from birth to age 21 in the child welfare system.

To learn more about CASA of Union County, secure a seat in an upcoming training class, and for other ways to Change a Child's Story, contact info@casaoofunioncounty.org.

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(above) The 14 new CASA volunteers and Judge Lara DiFabrizio

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DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain. Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation. Call 732-827-0800

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Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

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- Perry O.

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- Question L.

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SAFER STREETS TO WALK, BIKE, ROLL

New Jersey Bike & Walk Coalition

The NJ Safe Passing Law (NJSPL) (A5570/S2208), recently put into effect, provides clear rules of the road for all motorists about when and how to pass people sharing the road on foot, on bicycles, on scooters, wheelchairs, or in other legally permitted ways to travel other than a motor vehicle.

The bipartisan bill, sponsored and cosponsored by 16 Senators and Assembly members, was approved 102-1 by the NJ Legislature and signed by Governor Phil Murphy.

The Safe Passing Law requires drivers to use "due caution" whenever they see vulnerable people on the road.

THE LAW STATES THAT:

1. Drivers must follow all current no-passing, no speeding laws and move over a lane if there's one to move into.
2. On a single-lane road, drivers must allow at least a 4-foot safety zone when they pass.
3. If 4 feet is not possible on a section of road, drivers must slow to 25mph and be prepared to stop until they can pass safely without endangering those sharing the road.

Last year was the deadliest in the past 14 years for drivers, and the deadliest in 30 years for the most vulnerable road users: people walking, cycling, and rolling.

The pandemic led to a surge of car and truck traffic on our roads along with increased speeding. COVID also led to more people using the roads on foot or on wheels—by choice or necessity.

"Driver and passenger fatalities are up 18%, while pedestrian fatalities are up 24%, and cyclist fatalities are up 28%. The NJ Safe Passing Law is the strongest safe passing law in the country and with the increase in road fatalities and serious injuries across the state, it comes at a critical time," said Debra Kagan, Executive Director of the New Jersey Bike & Walk Coalition.

"This legislation was long overdue. Last year alone 246 of our vulnerable road users—pedestrians and bicyclists—died on NJ roadways," said Sangetta Badlani, Founder of Nikhil Badlani Foundation and Families for Safe Streets NJ. "This law prioritizes safety and is a step towards ending the heartbreak that so many families suffer from a loss of a loved one in a preventable crash."

This law is aimed at protecting pedestrians and bicyclists from the most aggressive drivers," said John Boyle Research Director for the Bicycle Coalition of Greater Philadelphia.

"New Jersey's Safe Passing law, the most comprehensive in the nation, is the result of over a decade of hard work by advocates. We look forward to continuing to work with leaders in Trenton to make our streets safer for all road users in our state, especially those who are most vulnerable," said Janna Chernetz, Deputy Director, Tri-State Transportation Campaign

COMMUNITY DAY AT TRT – JUNE 5 - A SUMMER RAPTOR FESTIVAL

The Raptor Trust's annual Community Day will take place on Sunday, June 5, 2022 from 11 a.m. – 3 p.m. at 1390 White Bridge Road, Millington, NJ.

We're excited to welcome friends, visitors, and supporters for a day that honors the important lives of our feathered friends. we'll have raptor demonstrations, tours, a scavenger hunt, a food truck, raffle, silent auction, and more! All proceeds will support our spring and summer efforts to help birds of New Jersey



(above) Christopher Soucy, Executive Director
of The Raptor Trust.



(above, l-r) Penny, a 9-year-old blind Eastern Screech Owl and Zizi, a female American Kestrel.

In our 39+ years, TRT has admitted over 130,000 birds for care. Spring and summer are our busiest time of year, and we're preparing for the adorable invasion of tiny Robins, Great Horned Owl fluffballs, and baby Blue Jays with an attitude, among hundreds of other youngsters.

The average cost of one bird's total rehabilitation is currently \$237, and, because we admit an average of 5,000-6,000 birds per year, those costs quickly add up. All proceeds from the event provide resources for these busy months— from purchasing food and medicine for injured birds of all ages and species, to maintaining the caging and grounds that visitors can now enjoy.

TRT is committed making a long-term impact. With your help, we will continue to play a major role in conserving local wild bird populations and reducing the suffering of wildlife in the tri-state area.

The Raptor Trust is located at 1390 White Bridge Road, Millington, NJ. Approximately 50 resident birds are on exhibit in large outdoor aviaries viewed by walking along the trails.

Living on the campus of the Trust throughout the year is variety of raptors and birds of prey. Currently, the Trust is home to two Bald Eagles, Turkey Vultures, Barred Owls, Great Horned Owls, Ravens, Screech Owls, Red-Tailed Hawks, a Snowy Owl and many more!


The aviaries are open to the public seven days of week. Our visiting hours during the fall, winter and spring are 9 a.m. to 4 p.m. During the summer we are open to visitors from 9 a.m. to 7 p.m. There is no cost to come by for a self-guided tour, however, we ask you to consider a small donation of \$2 per person.

The Raptor Trust is a 501(c)(3) not for profit organization which provides free medical care to thousands of orphaned or injured birds each year. Our infirmary staff is available seven days a week during daylight hours to admit injured birds, but we must rely on the people who find them to bring them to us for care. If you find a bird that needs help, please visit our website theraptortrust.org for instructions. We cannot do what we do without the kindness of many – including our visitors!




The advertisement features a black background with white text and graphics. At the top, the company logo consists of a large, stylized white 'C' shape that partially encircles the word 'Tank' in a large, bold, sans-serif font. Below 'Tank' is the word 'Solutions' in a smaller, similar font, followed by 'OIL TANK EXPERTS' in a smaller, all-caps, sans-serif font. Below the logo, a white horizontal bar contains the text 'We are your professional environmental contractor with over 40 years of experience!' in a bold, black, sans-serif font. Underneath this bar, the text 'TANK SWEEPS \$50 OFF' is displayed in a large, bold, black, sans-serif font. Below this, a white rectangular box with a black border contains the text 'OIL TANK REMOVAL SPRING SPECIAL \$1,595' in a large, bold, black, sans-serif font. Below the white box, a black telephone handset icon is positioned to the left of the text 'Call: 908.964.2717' in a large, bold, black, sans-serif font. Below the phone number is the website 'www.OilTankSolutions.com' in a large, bold, black, sans-serif font. Below the website is the text 'Located in Kenilworth, NJ' in a large, bold, black, sans-serif font. At the bottom of the advertisement, a black horizontal bar contains the text 'Today's Solution to Yesterday's Pollution' in a large, bold, white, sans-serif font.

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NEED GEAR FOR CAMPING?

OUR TOWN *Rahway* • Page 19 • June 2022

As summer approaches, you might be thinking about having fun camping at a State park or private campground. If you need camping gear for yourself or your family, Boy Scout Troop 23 has some previously-owned equipment available for purchase.

Troop 23 will participate in Elizabeth's city-wide garage sale on Saturday, June 11. Tables will be set up in the parking lot of St. Genevieve's Church, at the corner of Livingston Road and Princeton Road, from 9:00 a.m. to 4:00 p.m. Items for sale include sleeping bags, air mattresses, backpacks, daypacks, propane cooking stoves, other cooking gear, and tents of various sizes, from 2-man backpacking tents to family-size cabin tents.

Through the generosity of three parishioners of St. Genevieve's Church, Troop 23 has just purchased all new tents for camping. Proceeds from the sale of the previously-owned equipment will go towards the purchase of new cooking gear to be used on weekend campouts.



(above) 4-man Eureka Timberline tents will be among the previously-owned camping gear available from Boy Scout Troop 23 during the city-wide garage sale on Saturday, June 11. The Scouts will have gear for sale in the parking lot of St. Genevieve's Church, on Livingston Road at Princeton Road, from 9:00 a.m. to 4:00 p.m.

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FLYERS

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\$50

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activities for children and adults, food trucks, vendors, & walking

Saturday, June 11th at 2:00 p.m.

1972 Saint Georges Ave, Rahway, NJ

Remember loved ones lost

and honor survivors

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Ask for TV Project Department, for job evaluation and estimate of cost and compensations!

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UTILITY SCAM AWARENESS: LEARN THE TELLTALE SIGNS

Think twice if someone threatens to immediately shut off your power. Utilities United Against Scams (UUAS) recently launched an advocacy and awareness campaign focused on educating customers and exposing the tactics used by scammers.

“The pandemic has created financial hardship and escalated stress levels for many of our customers, and that is a perfect environment for scammers to thrive,” said Deb Affonsa, PSE&G’s vice president Customer Care and chief customer officer. “Bad actors create the impression of an urgent problem in the hopes that our customers will panic, preventing our customers from seeing all the clues that they are indeed being scammed. I would like to reinforce, PSE&G is not currently shutting off residential customers for nonpayment. PSE&G wants to help all our customers who are behind on their energy bills with affordable payment agreements to help our customers get back on track, together.”

WHAT TO LOOK OUT FOR:

You receive a call from what looks like PSE&G on your caller ID. The caller threatens to shut off your service and demands an immediate payment by cash, pre-paid card, or digital money transfer apps. The caller informs you that you require a new meter and demands a deposit before the installation can occur (PSE&G does not require a deposit for a new meter installation). You’re given a phone number to call back that, when called, may sound similar to PSE&G’s automated call system. The caller alerts you that, because of your good bill-paying history, you’re eligible for a bill reduction or discount but you must provide information first.

PSE&G never requires payment with a prepaid card and does not offer bill discounts. As another reminder, PSE&G does not accept payment via prepaid gift cards, digital money transfer apps or cryptocurrency such as Bitcoin.

What PSE&G will and won’t discuss over the phone:

A genuine PSE&G representative will ask to speak to the account owner. If that person is available, the representative will explain why they are calling and provide the account name, address and current balance. If the account owner is not available, the PSE&G representative will not discuss the account at all and ask that a message be left for the Customer of Record to call 1-800-436-PSEG (7734).

DANCING UNDER THE MIDSUMMER MOON

The Merchants and Drovers Tavern Museum will be hosting the second annual Firelight Tavern Night on Saturday, June 25. The tavern yard will be aglow with firelight for this night of live music and revelry under the stars.

This year the museum will be welcoming Anne and Ridley Enslow who will perform lively period compositions as they recreate the music of American history (enslowmusic.com). Along with the music of yesteryear, the Enslows will also call traditional colonial dances for guests to learn and perform.

Beer, wine, and sangria will be available for guests 21 and over. Light fare and refreshments

will be provided. Guests will also be welcomed to toast marshmallows over the open fire pits. In the event of inclement weather, the event will be held inside.

The festivities begin 8 p.m. Reservations are recommended. Tickets are \$20 for the general public and \$15 for museum members and students. Tickets include two drink vouchers (drink vouchers for 21 and over only) and refreshments. All parking will be at Parkside Plaza, 1600 St. Georges Avenue in Rahway. The Museum is located at 1632 St. Georges Avenue Rahway, NJ. Visit merchantsanddrovers.org to reserve your spot.

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Firelight TAVERN NIGHT

In the Tavern Yard of the
Historic Merchants and Drovers Tavern Museum

Saturday, June 29 - 8:00 to 11pm
\$20 Admission includes music, light refreshments, and 2 drink vouchers
(\$15 for MDTMA members & students)

Step Back in Time to an 18th Century Tavern Evening

Join us for a
Tavern Night
Under the Stars
in the Tavern Yard.
Enjoy live period music and
dancing, firepits, and
light refreshments
Music and dancing start at 8

*Featuring the lively Early American music of
Anne and Ridley Enslow*

\$20 (\$15 for members & students) includes refreshments and 2 drink vouchers
(drink vouchers for 21 and over only). Call the Merchants and Drovers to reserve
tickets, or visit us online at www.merchantsanddrovers.org to reserve online

The Merchants and Drovers Tavern Museum - 1632 St. Georges Ave. - Rahway, NJ - 732-381-0441



RAHWAY GARDEN CLUB'S MEETING

at the
RAHWAY RAIN GARDEN

Thursday, May 19th, 7-8 pm
St. Georges Ave & Central Ave

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Bring Lawn Chair

Special Guest!
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SO, WHAT'S A RAIN GARDEN?
And why don't I see any
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Why Rain Gardens Are So Important!

They help to reduce stormwater runoff, improve groundwater recharge, lessen flooding and trap non-point source pollutants before they reach our rivers and waterways. In addition, they're landscaped with native plants and grasses that help support our native insects, pollinators and wildlife.

 For last minute updates, check our
Rahway Garden Club Facebook Page!



MOSQUITOES & HOW TO CONTROL THEM AROUND

I originally wrote this article in September of 2020 when Covid made mosquitoes the least of our problems. Now with people out and about, I was encouraged by friends at mosquito control to post it again. To control mosquitoes around your home it helps to know their life and breeding cycles.

Mosquitoes can be found worldwide from the topics to the Arctic and from below sea level to altitudes of 14,000 feet. Approximately 3,200 species of mosquitoes exist worldwide with 175 species found in The United States and Mexico. The minimum number of mosquito species in each state ranges from 25 in West Virginia to 84 in Texas. -Handbook Of Pest Control (Mallis)

More than 60 different kinds of mosquitoes have been identified in New Jersey. In the 1990's a new mosquito invaded New Jersey. The Asian Tiger Mosquito, a black mosquito with distinct white markings bites her prey during daylight hours.

Because of their ability to transmit diseases to humans and animals, mosquitoes are considered by many experts to be one of the most dangerous creatures on earth. Malaria, a major cause of death around the world is transmitted by only one species of mosquito, 'Anopheles'. The female picks up the malaria from an infected human while blood feeding and transmits it to other healthy humans nearby.

All mosquitoes develop from eggs deposited by females that have previously fed on blood. The female mosquito is very specific about where she lays her eggs and searches diligently for water that will be suitable for her offspring, but the kind of water the female selects for her eggs varies considerably from one species to the next. Most of the mosquitoes that breed around the home require stagnant water rich in decomposing organic material such as leaves and plants. Having located a suitable water source, the female mosquito deposits 100-200 eggs that will produce the next generation. Mosquitoes are aquatic in their immature stages and all species require water to complete their development. The entire life cycle from egg to adult can be completed in less than 10 days during periods of favorable temperatures.

This time of the mosquito life cycle is the best opportunity homeowners have to substantially reduce their mosquito nuisance by eliminating their breeding areas such as standing water around your property.

Adult mosquitoes obtain energy by feeding on flowers and converting the sugar from nectar as a source of fuel. Both male and female mosquitoes feed regularly on flowers but females require blood to produce fertile eggs. As a result, a female mosquito must find a host and blood feed before she can lay her eggs. Male mosquitoes never feed on blood.

The mosquito species that breed around the home are considered "domestic species" and

rarely range far from human habitations.

The northern house mosquito, *Culex pipiens*, is the most common mosquito found in urban and suburban areas. This mosquito will lay its eggs in virtually any receptacle containing water rich in decomposing organic material. Breeding habitats around the home include: discarded tires, unwashed bird baths, clogged rain gutters and plastic. Even a bottle cap can be a breeding habitat for mosquitoes. Pay special attention to discarded tires that may have accumulated on your property. The used tire has become the most widespread domestic mosquito producer in this country.

Dispose of tin cans, plastic containers, ceramic pots or similar water-holding containers that have accumulated on your property. Do not overlook containers that have become overgrown by aquatic vegetation. Drill holes in the bottom of recycling containers that are left out of doors. Drainage holes that are located on the sides collect enough water for mosquitoes to breed in. Clean clogged roof gutters on an annual basis, particularly if the leaves from surrounding trees have a tendency to plug up the drains. Roof gutters are easily overlooked but can produce millions of mosquitoes each season. Turn over plastic wading pools when not in use. Turn over wheelbarrows and do not allow water to stagnate in bird baths.

Aerate ornamental pools or stock them with fish. Water gardens are fashionable but become major mosquito producers if they are allowed to stagnate. Clean and chlorinate swimming pools that are not being used. A swimming pool that is left untended by a family that goes on vacation for a month can produce enough mosquitoes to result in neighborhood-wide complaints to your county mosquito control agency. Be aware that mosquitoes may even breed in the water that collects on swimming pool covers.

Use landscaping to eliminate standing water that collects on your property. Mosquitoes will develop in any puddle that lasts more than 4 days.

A walk around your property once or twice a week will help cut down unexpected breeding sites.

To obtain additional information on mosquitoes and their control contact your local county mosquito control agency. They can help if the source of the problem is not on your property. Mosquito control is organized by county in New Jersey and your county mosquito control agency has the expertise to inspect your property, collect biting adults and determine the source of the problem. Your county mosquito control agency can also provide additional information about mosquitoes, the diseases they transmit and the best methods for their control. If the problem is on a neighboring property Mosquito Control can request assistance from your local Health Department, who will follow up on the problem.



(above) Past President of The Rahway Garden Club, James Keane, has been researching and answering garden questions since 1995.

Visit 'Keane Gardener' blog at:
keanegardener.blogspot.com

Most of the information in this article is from Rutgers Cooperative Extension Fact Sheet (FS) #80, Controlling Mosquitoes Around the Home.

This fact sheet has more information than I could put in the article including the life cycle of mosquitoes.

You may also want to research Asian Tiger Mosquitoes, Rutgers FS # 845

Happy Summer & Keep Keeping Safe,
James

James



(above) The best organic mosquito control starts with eliminating breeding sources NOW and then following up after each rainfall. Car tires are our worst breeding areas.



RAHWAY GARDEN CLUB

Invites you to join us at our next meeting

THURSDAY, JUNE 16, 2022

7 PM until 8:30

Merchants & Drovers Tavern

1632 Saint Georges Ave.
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1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
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JUNE PROGRAMS AT THE RAHWAY PUBLIC LIBRARY

Phone: (732) 340-1551 • www.rahwaylibrary.org/ • Email: info@rahwaylibrary.org

Monday, Wednesday, Thursday: 9:30AM–7:30PM • Tuesday, Friday: 9:30AM–4:30PM; Saturday: 10AM–4PM; Sunday: Closed

The Library is here for you. We are open and better than ever! We are happy to announce that in-person programming has resumed. The library is now fine-free. Late fines have been eliminated for most items going forward. Please see the library staff for full details.

ADULT & TEEN PROGRAMS

Rahway Valley Jerseyaires

Saturday, June 4 at 2:00pm.

Join us for an afternoon of music in the Library Cafe. The Rahway Valley Jerseyaires are a mixed a cappella chorus located in Rahway, NJ. They are an official chapter of the Barbershop Harmony Society. This event is free and registration is not required.

Board Game Night

Wednesday, June 8 6:00-7:30pm.

Come out and enjoy some board games at the library! Have some fun and meet some new friends. Play an old favorite or something new. Players of all skill levels are welcome! The library has a variety of games to play or bring one of your own. Light refreshments will be served. <https://bit.ly/RahwayLibrary>.

Book to Screen Talk

Monday, June 13 6:00pm-7:00pm.

Let's meet to share all things about our favorite books that were adapted into movies. Light refreshments will be served.

Reader's Room Book Discussion

Wednesday, June 15 6:30pm-7:30pm.

Join us in reading *The Vanishing Half* by New York Times bestselling author Brit Bennett. This stunning novel is about twin sisters that choose to live in two very different worlds, one black and one white. Please register to reserve your copy at <https://bit.ly/RahwayLibrary>.

Teen Afternoon Movie

Thursday, June 16 at 3:30pm

Teens! Join us after school in our auditorium and relax with a hilarious jazz and heart-filled animated feature! For ages 13-17.

Jazz Night

Wednesday, June 22 at 6:00pm.

Join us for an evening of Jazz with Joey Mintel. This event is free and registration is not required. Light refreshments will be served.

DISCOVERY STUDIO PROGRAMS (TEENS & ADULTS)

Crochet Club is Back

Monday's, June 6 & 20 at 6:00pm.

Join us in our Discovery Studio on the 1st & 3rd Monday of every month at 6:00pm. Bring your hooks and yarn. Work on a project or learn a new technique! No registration required. Recommended for ages 16+.

AnkaraPaj

Thursday, June 9 from 10:00-12:00pm.

Join fiber artist Lisa Shepard Stewart and learn basic decoupage techniques to create a gorgeous freestyle art piece using African (Ankara) print scraps. The colors, patterns and overall energy of African/Ankara prints (even in tiny pieces) will elevate any creative project, and decoupage is no exception! Recommended for teens & adults.

Discovery Studio Teens

Wednesday, June 15 at 3:30pm.

Bring a white t-shirt and decorate it with our Juneteenth flag transfer! Or, design your own using our supplies. Wear your design to celebrate freedom on our newest federal holiday! For teens 13-17.

Adult Craft in the Afternoon

Saturday, June 18 at 1:00pm.

Join us in the Discovery Studio and show your Pride! Turn up-cycled CDs into rainbow-colored sun catchers in honor of LGBTQ Pride Month.

CHILDREN'S PROGRAMS

Curbside Crafts

Mondays

Every Monday brings a new curbside craft! Drop in anytime and ask for a kit at the Circulation desk. Supplies are included and quantities are limited.

Toddler Time

Tuesdays, June 14, 21 & 28 at 10:30am. We will be talking, singing, reading, writing, and playing during this storytime. Ages birth-4 with caregiver.

Pajama Storytime

Thursday, June 9 at 6:00pm.

Listen to stories in your jammies! All ages.

Saturday Storytime

Saturday, June 11 at 11:00am.

Kids Bingo

Wednesday, June 15 at 4:00pm.

Play BINGO and win prizes! Ages 5-12.

Family Fun Night

Thursday, June 23 at 6:00pm.

Bring your family to the library for a fun activity! All ages.

Toddler Dance Party

Friday, June 24 at 10:30am.

Come on out to play instruments and dance! Ages birth-5.

Graphic Novel Book Club

Wednesday, June 29 at 4pm.

Read this month's book and take part in discussion and group activities. Call the library for the title and to reserve a copy of the book. Ages 8-12. Registration required.

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Dewars 12 yrs old	1.75L	\$45.99
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Dewars White Label	1.75L	\$32.99
Gentleman Jack	750ml	\$29.99
Gentleman Jack	1.75L	\$52.99
Glenmorangie 10 yrs old	750ml	\$40.99
Glenlivet 12 yrs old	750 ml	\$47.99
Glenlivet 12 yrs old	1.75L	\$97.99
Grants	750ml	\$15.99
Grants	1.75L	\$23.99
Jack Daniels	750ml	\$25.99
Jack Daniels	1.75L	\$47.99
Jack Daniels Fire	750ml	\$25.99
Jack Daniels Fire	1.75L	\$47.99
Jameson	750ml	\$30.99
Jameson	1.75L	\$56.99
Jim Beam Whisky	1.75L	\$31.99
Johnnie Walker Blue	750ml	\$193.99
Johnnie Walker Blue	1.75L	\$425.99
Johnnie Walker Black	750ml	\$28.99
Johnnie Walker Black	1.75L	\$59.99
Johnnie Walker Double Black	750ml	\$34.99
Johnnie Walker Red	750ml	\$19.99
Johnnie Walker Red	1.75L	\$32.09
Macallan 12yrs old (double cask)	750ml	\$60.99
Makers Mark	750ml	\$27.99
Makers Mark	1.75L	\$52.99

GIN

Beefeater	1.75L	\$35.99
Bombay Sapphire	1.75L	\$37.99
Seagram's gin	1.75L	\$19.99
Tanqueray	750ml	\$21.99
Tanqueray	1.75L	\$36.99

COGNAC & BRANDY

Courvoisier V.S.	750ml	\$32.99
Courvoisier V.S.	1.75L	\$57.99
Remy Martin V.S.O.P.	750ml	\$48.99
Remy Martin V.S.O.P.	1.75L	\$104.95

CORDIALS

Bailey's Irish Cream	1.75L	\$47.99
Duggan's Irish Cream	1.75L	\$28.99
Kahlua	1.75L	\$39.99
Krupnik	750ml	\$17.99
Licor 43	750ml	\$25.99
Licor 43	1.75L	\$42.99

VODKA

Absolut (regular)	750ml	\$19.09
Absolut (regular)	1.75L	\$29.09
Belvedere Vodka	750ml	\$27.99
Belvedere Vodka	1.75L	\$44.99
Ciroc (all types)	750ml	\$29.99
Ciroc (all types)	1.75L	\$57.99
Finlandia	750ml	\$15.99
Finlandia	1.75L	\$25.99
Grey Goose	750ml	\$24.99
Grey Goose	1.75L	\$39.99
Ketel One	750ml	\$19.99
Ketel One	1.75L	\$39.99
Luksusowa Vodka	1.75L	\$23.99
Pinnacle (all types)	750ml	\$11.99
Pinnacle (80 proof)	1.75L	\$17.99
Skyy	1.75L	\$19.99
Sobieski	750ml	\$11.99
Sobieski	1.75L	\$19.99
Stolichnaya (all types)	1.75L	\$29.09
Tanqueray Sterling	750ml	\$19.99
Tanqueray Sterling	1.75L	\$30.99
Three Olives (all types)	1L	\$19.99
Tito's Vodka	1.75L	\$30.99

RUM

Bacardi Light & Gold	750ml	\$12.99
Bacardi Light & Gold	1.75L	\$19.19
Captain Morgan Spice	1.75L	\$25.99
Malibu	750ml	\$18.99
Malibu	1.75L	\$27.99

TEQUILA

Deleon Blanco Tequila	750ml	\$37.99
Deleon Blanco Tequila	1.75L	\$59.99
Patron Silver	750ml	\$46.99
Patron Silver	1.75L	\$99.99
Cantera Negra Coffee Tequila	750ml	\$26.99

BEER

Becks (12oz) 24pk	24pk	\$25.99
Bud and Bud Lite cans	30pk	\$24.99
Bud and Bud Lite loose bottles	24pk	\$21.99
Coors Lite (24oz) cans	12pk	\$17.49
Coors Lite/Miller Lite loose bottles	24pk	\$21.99
Coors Lite/Miller Lite	30pk	\$24.99
Corona/Corona Lite loose bottles	24pk	\$32.99
Dab (16oz) cans	24pk	\$23.99
Dogfish Head 60 min.	24pk	\$37.99
Heineken/Heineken Lite bottles	24pk	\$31.99
Land Shark	24pk	\$26.99
Lech (500ml)	20pk	\$31.99
Modelo Especial cans	12pk	\$17.99
New Belgium Fat Tire	24pk	\$34.99
Pabst Blue Ribbon cans	30pk	\$19.99
Pilsner Urquell	24pk	\$30.99
Sagres	24pk	\$24.99
Sam Adams Boston Lager	24pk	\$33.99
Stella Artois loose bottles	24pk	\$32.99
Yuengling Lager bottles	24pk	\$22.99
Zywiec (11.2oz)	24pk	\$20.99

Bartenura Moscato	750ml	\$11.99
Barone Fini Pinot Grigio	750ml	\$11.99
Beringer White Zinfandel	750ml	\$ 5.99
Beringer White Zinfandel	1.5L	\$ 9.49
Black Box (All Types)	3L	\$19.99
Carnivor Cabernet Sauvignon	750ml	\$10.99
Casal Garcia Vinho Verde	1L	\$ 5.99
Cavit (All Types)	1.5L	\$15.99
Clos du Bois Chardonnay	1.5 L	\$19.99
Dom Perignon	750ml	\$199.99
Dreaming Tree (All Types)	750ml	\$12.99
Ecco Domani Pinot Grigio	750ml	\$10.99
Adagio Pinot Grigio	1.5L	\$ 9.99
Freixenet Brut, Extra, Extra Dry	750ml	\$10.99
Gato Negro (All Types)	1.5L	\$ 9.99
Gazela Vinho Verde	750ml	\$ 6.49
Joseph Carr Cabernet Sauvignon	750ml	\$29.99
Kendall Jackson Vintners Chardonnay	750ml	\$13.09
Kim Crawford Sauvignon Blanc	750ml	\$13.99
Louis Jadot Beaujolais Villages	750ml	\$13.99
Louis Jadot Pouilly Fuisse	750ml	\$26.99
Martini & Rossi Asti	750ml	\$11.97
Menage a Trois Red	750ml	\$ 9.99
Mi Amore Red	750ml	\$ 8.99
Moet Imperial Champagne	750ml	\$47.99
Noble Wine 337, 667	750ml	\$11.99
Papi (All Types)	1.5L	\$11.99
Ruffino Chianti	750ml	\$ 8.99
Ruffino Chianti	1.5 L	\$13.97
Ruffino Pinot Grigio	1.5L	\$13.99
Ruffino Tan label	750ml	\$19.99
Santa Margerita Pinot Grigio	750ml	\$22.09
Silver Oak Alexander Valley Cabernet	750ml	\$76.99
Simi Chardonnay	750ml	\$13.09
Woodbridge (All Types)	1.5L	\$12.49

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