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ENTRANCE TO THE BOROUGH HALL GETS 'SPRING REFRESH'

Place Your Ad 9n This Space! Submitted by Jeffry Moran The volunteer group "Beautiful Mountainside" joined forces with the Mountainside Department of Public Works on April 30 to undertake a 'spring refresh' planting at the entrance to the Borough Hall Complex on New Providence Road, in Mountainside. The Town Council agreed to fund the trees and allocate the time of the Department of Public Works. ATTENTION GRABBER

The Town Council purchased a multitude of perennial plants and trees that were scoped by Jessica McSulla, a landscape architect master's student and Beautiful Mountainside member. McSulla created the eye-catching design and worked closely with the Department of Public Works to bring it to life, featuring a variety of fauna.

Mayor Paul Mirabelli said "The Council and I have been so pleased to see this group's work throughout the town. I'm a big fan of seeing our community enhanced by our own people and it's even better when the Borough can support the efforts. From providing the new lights for our stunning town Christmas tree to this professional planting work, I love seeing this group make an impact on our town."

Since the creation of Beautiful Mountainside in 2017, the group has worked closely with Mayor Paul Mirabelli and the Mountainside Town Council to enhance and beautify areas throughout the town. Some ongoing projects range from organizing town-wide trash clean up days to planting thousands of daffodils around the town to purchasing and maintaining seasonal planting boxes along Mountain Avenue and maintaining the lights for the town Christmas tree.



Issue 81 • June 2022

(above, l-r) Beautiful Mountainside President Todd Evans; member and landscape architect *Master's student (and project designer)* Jessica McSulla; and treasurer Irina Dabrowski.



(above) "After". Working together, volunteer group Beautiful Mountainside and the Mountainside Department of Public Works completed this 'refresh' at the entrance to Borough Hall.



Courtesy photos

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Joe Renna at 908-447-1295 email: JoeRenna@RennaMedia.com



(above) Volunteer members of Beautiful Mountainside.

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A GREAT

CALL TINA FOR DETAILS 908-418-5586 Mountainside View • Page 2 • June 2022

Mountainside

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Mountainside View

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10TH ANNUAL MEMORIAL DAY PARADE

On Monday, May 30th, Mountainside will sponsor a Memorial Day Ceremony followed by a parade honoring those who have died in our nation's service.

The ceremony will take place at 11:30 a.m. at the Veterans flagpole monument on Constitution Plaza (in front of the library). Upon conclusion of the ceremony, Veterans, Scouts, Rotary Club, Rescue Squad, Fire Department, Police and community groups will parade toward Deerfield School. The parade will proceed from Constitution Plaza up to Bridle Path to Wood Valley Road to Central Avenue, ending in Deerfield School parking lot and is expected to end at12:30 p.m.

The Grand Marshal of Mountainside's parade will be Cyril John Massar. He was born in Tresckow, Pennsylvania. He is 97 years old and has been a Mountainside resident since 1991. Cyril entered Federal Service on January 26th, 1943. His highest rank held was Aviation Machinist's Mate Second Class.

He served as Naval Training Station, Sampson, New York: Naval Air Station, Miami, Florida: Naval Air Station, San Diego, California: and Naval Air Base, Navy 3149- Philippines Islands.

Cyril's Military Awards include Asiatic Pacific Campaign Medal: Philippine Liberation Medal with 1 Star: Good Conduct Medal: and a WW II Victory Medal and was released from active service on February 12, 1946. Cyril had a sales career until retiring in 1989 and currently serves as a Deacon for Volunteer Catholic Priests: Atlantic Visiting Nursing: and Hospice and Lyons VA Hospital. He has 5 children, 7 grandchildren, and 1 greatgrandchild. His hobbies include volunteer service and music and he used to play the piano accordion.

The Mountainside Memorial Parade Committee Day is comprised of individuals representing the VFW, Mayor and Borough Council, Boy Scouts, Cub Scouts, Girl Scouts, Rotary Club, Local Businesses, Fire Department, Police Department, Rescue Squad and others. These groups came together to bring a fitting Memorial Day event to the town of Mountainside as an honor to our own brave citizens who have fought and sacrificed in wars so that we can enjoy the many freedoms that Mountainside enjoy. The Committee hopes that citizens come out in force to show their appreciation for our Veterans as we memorialize our heroes in this way.

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HOME-DELIVERED MEALS ARE AVAILABLE

Mobile Meals of Westfield President Ruth Maloney, board members and the organization's chef manned the information tent at the recent Westfield Spring Fling street fair. The message they delivered to attendees of the event focused on Mobile Meals delicious and nutritious food offerings for those individuals unable to provide meals for themselves. Hot dinners are provided for \$7.50 which includes a protein, two sides, soup, dessert and drink. Clients can also order a lunch in combination which includes sandwich, fruit and a drink. The cost for both meals is \$10.50.

Meals are delivered to clients' doors between 11 a.m. – 1 p.m. Monday thru Friday. The nonprofit organization serves Clark, Cranford, Fanwood, Garwood, Mountainside, Scotch Plains and Westfield.

For more information, visit the Mobile Meals website at mobilemealsofwestfield.org or call 908-233-6146.



(above) Ruth Maloney, Mobile Meals of Westfield President.

Courtesy photo





EARLY WORKS

Denali and Wonder Lake, Denali National Park, Alaska, 1947. Photograph by Ansel Adams. © The Ansel Adams Publishing Rights Trust.

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LEVI CORY HOUSE VILLAGE SHOP JUNE OPENING DATES

The Village Shop located in the Mountainside Restoration Committee's Levi Cory House announces opening hours for June, 2022. Volunteers are looking forward to welcoming shoppers. The Shop will be open on Fridays and Saturdays June 3, 4, 17 & 18 from 11 a.m. to 3 p.m.

The Village Shop serves as a fund raiser for the continued restoration and maintenance of the Levi Cory House and maintenance of the Deacon Andrew Hetfield House. The Shop has been stocked with many new items for the home and for gift-giving - home décor, jewelry, antique and vintage items, furniture pieces and many interesting items and curiosities. All are offered at extremely reasonable prices. Stop by to browse and you may find something that speaks to you. Purchases benefit the Mountainside Restoration Committee.

The Levi Cory House and Deacon Andrew Hetfield House are located at Constitution Plaza (Watchung Ave., off Birch Hill Rd.) adjacent to the Mountainside Library. The Mountainside Restoration Committee is a 501(c)(3) charity and a committee of volunteers whose purpose is to maintain the Deacon Andrew Hetfield House, restore and maintain the Levi Cory House and collect and save historic Mountainside information and items from destruction. For further information, please call (908)789-9420; or, go to: mountainsidehistory.org



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The Mountainside Restoration Committee, Inc. has partnered with CARS, Inc. to raise funds by collecting unwanted vehicles. Anyone with unwanted cars, trucks, RVs, motorbikes, trailers, heavy equipment, etc. should consider donating to help the Mountainside Restoration Committee. The vehicle doesn't have to be in working order and will be picked up from wherever it is.

Why donate a vehicle? Donating an unwanted vehicle frees up garage or driveway space, avoids hefty repair bills, eliminates the hassle of selling it, historic preservation benefits, and a tax receipt is given. Furthermore, it couldn't be easier - visit mountainsidehistory.org; or call (855)500-7433; schedule a free pick up; and when the vehicle is picked up; a donation receipt will be given.

The Mountainside Restoration Committee is a committee of volunteers whose purpose is to restore and maintain the Deacon Andrew Hetfield House and the Levi Cory House and collect and save historic information and items from destruction. For information on the Mountainside Historic Committee events or to donate funds, please call (908)789-9420; or, go to: mountainsidehistory.org.

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(above, l-r) Scott Daniels, Chairman, and Bob Gardella, CARS coordinator, place signs announcing the Mountainside Restoration Committee's Spring CARS vehicle donation drive.



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STUDENTS PARTICIPATE IN PRESTIGIOUS MATH CHALLENGE

Berkeley Heights Public Schools

Two teams of GLHS students recently competed in this year's prestigious MathWorks Math Modeling Challenge (M3 Challenge) where they leveraged math to respond to this year's challenge question. Drawing inspiration from the 2020 global pandemic and the shift in academics and employment to a remote-based model, this year's challenge asked participants to use data to predict the future of remote work. Participants examined data to model remote-readiness, remote work choices, and to make predictions for future remote workers. Over 600 teams competed and the GLHS senior team was in the top 28 of valid papers that were submitted and received 1 of only 22 Honorable Mention Awards and a \$1000 award.

The M3 Challenge is entirely internet based and completed by students remotely within a time limit. "Students used mathematical skills, research and brainstorming to evaluate data and propose answers to the questions about the future of remote work. Teams had to submit their solutions within the strict 14 consecutive hour time limit, akin to the way things often happen in the real world," according to MathWorks. "M3 Challenge spotlights applied mathematics as a powerful problem-solving tool and as a viable and exciting profession. Participating students are encouraged to explore and bolster their mathematical modeling know-how to position themselves for success."

The Math Modeling Challenge is open to high schools in the U.S. (including U.S. territories and DoDEA schools), as well as students in the UK and Wales. This year, GLHS had two teams advised by GLHS math teachers Steven Hess and Steven Ciarrocca. The team of five senior students that won honorable mention included: Brandon Lim, Chris Marinko, Jacob Quisumbing, Charles Santore, and Drew Schiller. This impressive group of students received recognition last year because their paper was in the top 50 out of 535 papers placing them in the top 7% in the US & the 9% internationally.

The second GLHS team consisted of one senior and four juniors and included: David



Andrews, Sophia Judicke, Nate Laposky, Daniel Long, and Katherine Zhou. While this team did not earn any scholarships, they made it into the second round of competition and were among the top 18% of teams that competed.

Students from GLHS have participated in the contest for the past 17 years. The Math Modeling Club officially formed six years ago with the specific intent to bring together interested students and help prepare teams for the M3 Challenge. While not a traditional club, in that only those participating in the contest are a part of it (and each school is limited to two teams of 5), the group enjoys a terrific level of camaraderie as they prepare for the challenge.

According to GLHS Math Teacher and team advisor Steven Hess, "This is a particularly

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impressive group of seniors. They are competing against the top 5 or 10 math students from hundreds of schools across the US and UK, including many specialized STEM schools and prestigious private schools. Some of these schools teach entire year long courses in mathematical modeling. I am thrilled that our GL students won recognition and scholarships two years in a row. In addition, I think the experience of working furiously and creatively with several peers for a time-pressured 14 hour day is the greatest reward of this contest. It is a completely unique experience and they are rightfully proud of the sophisticated 20 page paper that they produced. No one would guess that it was written by 17 and 18 year olds. I am eager to watch their careers unfold in the years ahead."



(above) All participants in the MathWorks Math Modeling Challenge Photo by Kendall Torres, GLHS

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LOCAL COACH COMES OUT AND TELLS THE TRUTH ABOUT WHETHER A KID CAN ACTUALLY LEARN TO RUN FASTER

Retired San Francisco 49ers QB Joe Montana, is arguably one of the greatest NFL players that has ever played football...when his son started playing football it would have made sense for him to help his son learn how to play Quarterback.

But that's not how it went. Joe Montana had to hire a quarterback coach to help his son be a better football player. Here's possibly the greatest NFL QB of all time, needing to hire someone else to help his son. It was not that Joe Montana was not equipped for the job...it was that his son needed a second voice to help him get to the next level.

Many parents who have much less knowledge, experience, and skills than Joe Montana are in the same boat in regards to helping their kids get stronger, faster, and more confident.

Most parents we've come across want their kids to eat healthier, be more active, and have a stronger mindset. But many have told us they need help.

Even with the constant reminders of telling their kids to eat more vegetables, get outside instead of watching TV, practice their sport more, get to bed earlier...they find that sometimes the message falls on deaf ears...and some backup would be helpful toward their vision of helping their kid be the best they can be.

Parents have told us that having us(the Grit Athlete Performance Coaches) as a second voice to help reinforce the habits they want for their kids...is changing the game.

Further...Our Grit Athlete Founder has over 20 years experience with training athletes himself...and certainly knows a LOT more about getting stronger and faster than the average parent...But has all 3 of his children(9,8 and 6) enrolled in Grit year round....because he knows the power of that second voice.

And after they come through our program, parents tell how it's turbocharging their parenting. Here are some real-life examples that have been reported...

Before, parents struggled with getting kids to eat vegetables...now their kids are asking for more.

Before, parents struggled with getting their kids to get enough sleep....now their kids are getting to bed earlier on their own.

Before, parents struggled with getting their kids to watch less TV or play video games...now they are limiting these activities because they've learned they don't really help them become better athletes.

Before, parents struggled with helping their kids have more confidence...now their kids are doing things out of their comfort zone more often which is helping them believe in themselves which further improves self-esteem.

Before, parents had no clue how to help their kid get faster...now they are faster because they've learned that speed is a skill, and a few simple tweaks can make a kid faster immediately.

Before, parents could not get their kids to make their beds...now their kid makes their

bed each morning on their own because they learned that making their bed in the morning helps them have a better day.

Before, parents struggled with getting their kids to do even one good push-up...now they catch them in their room practicing on their own.

Before, parents wanted their kids to have more determination and grit when training new things...now they are staying calm under pressure and seeking out challenges instead of avoiding them.

Many times it's not about telling your kid to eat more vegetables or stop watching TV...but rather finding the right environment for them to be more successful.

Right in your backyard, there's a team of great coaches waiting to be second voices for your kids...so that all the things you're teaching as parents will be reinforced. But most importantly, the results you're after for your kids will actually become a reality. The Grit Athlete Summer Sports Performance session starts on June 20th in Berkeley Heights NJ, visit www.gritathletes.com to fill out an application for your child.

Grit Athlete Performance is a Sports Performance Training Company located in Berkeley Heights that helps kids ages 6-18 get strong, fast, and confident so they can have a bigger and better future. They have just released the dates for their summer program that starts on June 20th. Visit www.gritathletes.com to apply for their summer session or call (908) 747-1600 for more details.

SPORTS PERFORMANCE TRAINING FOR KIDS AGES 6-18 STARTS JUNE 20 (19 SPACES REMAINING)



Warning: If you are reading this article after June 5th, please call (908) 747-1600 to see if there are still spots remaining.

Attention Parents of Kids Ages 6-18 **THE GRIT ATHLETE PERFORMANCE SUMMER PROGRAM HAS ONLY 19 SPACES REMAINING** GRIT helps kids ages 6-18 get strong, fast and confident

so they can build a bigger and better future.

Here's what parents can expect to happen:

- They will get stronger which means when they show up to their sport they'll be able to perform better than ever.
- They will run faster and jump higher so they can show up to their next season and people will start asking what the heck have they been doing.
- They'll become more coordinated and improve agility which means they'll pick up new skills their coaches teach them faster.
- Your children will start to eat better because we'll be educating them daily on what's good and what they should avoid ...don't be surprised if they start asking you to buy more vegetables.
- **Confidence will skyrocket.** When kids get stronger, faster and more fit...their confidence will rise...so will their self-esteem which means their performance in every aspect of life will get better.
- **Their mindset will improve.** We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.

HAPPY PARENTS TALKING ABOUT THE PHYSICAL AND MENTAL TRANSFORMATION OF THEIR KIDS...

• "When my son started Grit he was quiet, shy, and had some difficulty with movements...Now he is confident in himself, has become more vocal, and is mastering the exercise he struggled with in the past."

- Jen O'Brien, Grit Athlete Parent

• "My son is more disciplined and confident in himself"

- Steve Hughes, Grit Athlete Parent

• "I have watched my children become more confident and vocal."

- Christine Stramandinoli, Grit Athlete Parent

• "His confidence has shot up in the last few months...and has carried forward to the way he approaches other activities like sports and schoolwork. My son is now making his bed daily and exercising every day."

- Catherine Solfaro, Grit Athlete Parent

STARTS JUNE 20TH (Only 19 Spaces Remaining)







Warning: If you are reading this article after June 5th, please call (908) 747-1600 to see if there are still spots remaining.

GARDEN CLUB SPREADING JOY AT JARDINE ACADEMY

joined some students and staff members at the Jardine Academy of the Cerebral Palsy League in Cranford, NJ to make Mother's Day planters that the students could give to their families. Seventy-five colorful pots were planted with a variety of popular garden plants and decorated with the brightly colored bows that members of the Club had made.

The Jardine Academy is operated by the Cerebral Palsy League, and is approved by the New Jersey Department of Education. They provide a comprehensive educational program designed to meet the cognitive and physical needs of children and young adults ages 3-21 with multiple disabilities.

The Rake and Hoe Garden Club is affiliated with the Garden Club of New Jersey and the National Garden Clubs, Inc. The club meets on the second Wednesday of the month at 12:00

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The Rake & Hoe Garden Club of Westfield p.m. at the Scotch Hills Country Club. Meetings and surrounding towns. feature speakers on horticulture, floral design, floral crafts, and environmental topics. Membership is open to residents of Westfield rakeandhoegc.org or Facebook page.

For more information, call Sharon Shiraga (908) 228-2865, or visit the club's website,



(above, l-r) The Rake & Hoe Garden Club of Westfield members Adah Levine, Susan Feldman, Mary Lou Nolas, Mary Fran Annese, Irene Greenstein, Betty Clark, and Betty Gulino.



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THOMAS BURKE NAMED STUDENT OF THE MONTH

Berkeley Heights Public Schools

In an effort to showcase our students in BHPS who have excelled either in academics, leadership, community, or have shown excellent growth in any of those areas, the district is

hosting a "Superintendent's Student of the Month". This month we honor senior Thomas Burke.

One of the aspects of GLHS that Thomas appreciated most is that he felt it was a place where students can forge their own path. Whether taking a course load heavy in AP classes,

as he did, athletics, arts, college prep, or a combination of them all, he feels that GLHS gave him the latitude to be whomever he wanted to be. Thomas worked very hard during his four years at GL taking over a dozen AP classes and his hard work has paid off.

Thomas applied and was accepted to: Villanova, University of Virginia, Rutgers Honors Program, Princeton, Duke, Notre Dame



attend Princeton University.

Thomas is also a founding member of the DEI task force and is on the GLHS DEI committee. competed for the golf team for four years.

and was waitlisted at Harvard. He has decided to He has also served as a student representative to the Board of Education for the past two

years. He is fluent in Spanish and has



(above) Thomas Burke - Superintendent's Student of the Month

Photo by Berkeley Heights Public Schools







MOUNTAINSIDE LIBRARY PROGRAMS

Phone: 908-233-0115 Email: info@mountainsidelibrary.org 1 Constitution Plaza, Mountainside Mon 10am - 8 pm; Tue, Thur 1pm - 8pm; Wed, Fri and Sat 10am - 5pm; Sun Closed

CHILDREN'S PROGRAMS

Cuddle Storytime *Tuesdays at 10am.* A story time for young listeners, up to 23 months with their caregivers.

Preschool Storytime

Tuesdays at 1:45pm. Longer stories for good Listeners ages 3,4 and

5-years-old. Morning Family Story Time

Thursdays at 10am. Favorite stories for all ages with their

caregivers. After School Story Break

Thursdays at 3:45pm.

Join us for longer stories for good listeners of all ages.

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available every week. Registration only by email. No phone calls. Please send to Elizabeth Perrin eperrin@mountainsidelibrary.org

ADULT PROGRAMS

The Great Courses Mondays 2pm. Friday Movie Series at 2pm.

To register call the library 908-233-0115. Programming for adults is via Zoom. Astronomy Adventure

Wednesday June 8th at 7pm. presented by Paul Cirillo Register at info@mountainsidelibrary.org Funding for programs is generously provided by the Friends of the Mountainside Library.

SUMMER READING

Oceans of Possibilities is the theme for Summer Reading at the Mountainside Public Library. Open to adults and children of all ages.

There will be weekly raffles of best sellers and a Grand Prize at the completion of the program. The more you read, the more chances to win.

Join in the fun by stopping by to pick up a registration packet. Start logging your books on June 20th.



HOME FOR GOOD CELEBRATES 10K ADOPTION

At Home for Good Dog Rescue, we recently celebrated an incredible milestone - Saving 10,000 dogs from the brink of death in just 11 short years. Each rescued dog is unique and has its own special "tail" to tell. Meet Rexy and lean into his miraculous journey as he becomes our 10,000th adoption. This poor soul lived the entirety of his 7-year life confined to an outdoor wire pen with no human contact, love and affection, playtime, or snuggles. His human captors failed him miserably, and his forlorn eyes truly reflected a lifetime of cruelty, mistrust, and hopelessness.

Since his perilous rescue by Home for Good in 2021, we've seen his transformation from just 'existing' without proper nutrition, medical care, or being protected from the harshness of the outside elements, to knowing what it's like to be loved, sleep in a warm plush bed, enjoy tasty treats, and receive endless cuddles. Remarkably, Rexy has no remnants of the extreme cruelty that he endured, and from which he survived.

Home for Good Dog Rescue is 100% fosterbased and this is why. With the help of his canine foster siblings, he began to gain confidence and how to trust. Prior to his rescue, Rexy had never felt the gentle hand of a human. Through the patience and perseverance of his foster family, Rexy has developed into the devoted dog he is today. He is affectionate, playful, and eager to please.

For more information on how you can become a foster family for a deserving pup like Rexy, please visit homeforgooddogrescue.org/foster **ABOUT:**

Home for Good Dog Rescue is a 100% fosterbased, non-profit 501(c)(3) dog rescue established in 2010 in Summit, New Jersey with offices in Berkeley Heights. We socialize, care for, and provide them life-saving medical care at our property in Aiken, South Carolina, transport them to our rescue in New Jersey, and nurture them in our network of foster families while they await adoption into loving homes – giving them a second chance at life.



(above) Rexy (center) is pictured with his new forever family. His canine siblings are also rescues who experienced similar rescue stories. Rexy now spends his days running by the lake and nights resting on cozy couches, with the peace and trust that only a loving family can provide. While it took Rexy longer than most to find his forever family, fate had him waiting for the perfect "home for good".

Courtesy photo







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CHECK TREES FOR SPOTTED LANTERNFLY EGG MASSES

NJ Department of Agriculture

The weather is warming up, check your trees for Spotted Lanternfly (SLF) egg masses. When you find them crush them. Use an old bank card, small rolling pin or putty knife.

Citizens are advised to destroy the Spotted Lanternfly in all its forms.

WHY YOU SHOULD CARE

SLF is a serious invasive pest with a healthy appetite for our plants and it can be a significant nuisance, affecting the quality of life and enjoyment of the outdoors. The spotted lanternfly uses its piercing-sucking mouthpart to feed on sap from over 70 different plant species. It has a strong preference for economically important plants and the feeding damage significantly



(above) The weather is warming up, check your trees for Spotted Lanternfly egg masses. When you find them crush them. Use an old bank card, small rolling pin or putty knife.

stresses the plants which can lead to decreased health and potentially death.

As SLF feeds, the insect excretes honeydew (a sugary substance) which can attract bees, wasps, and other insects. The honeydew also builds up and promotes the growth for sooty mold (fungi), which can cover the plant, forest understories, patio furniture, cars, and anything else found below SLF feeding.

If you see a Spotted Lanternfly, help us Stomp

MEMBERS NEEDED

The Mountainside Rescue Squad is in need of Mountainside residents, over the age of 18, willing to help their fellow neighbor. We pay for all training and no experience is necessary. If you or someone you know has ever considered joining please give us a call at 908-233-6338 or email us at squad@ems22.com, and we will answer any questions you may have. If you're ready to join, please fill out an application at www.ems22.com/join.









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