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## ST. PATRICK'S DAY CELEBRATION

The Borough of Roselle Park hosted its annual St. Patrick's Day celebration on Sunday, March 13th at the Casano Community Center. The free event featured food donated by Sunrise Diner, and live music from Joe Caroselli's Masterpiece Orchestra.



Photos from this and other events can be found online at [rennamedia.com](http://rennamedia.com) and on Roselle Park Monthly page on [facebook.com](http://facebook.com). Feel free to "Like," "Tag," and "Share."

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# ROSELLE PARK MONTHLY

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Roselle Park Monthly is published by Renna Media. 5,600 newspapers are printed monthly and mailed to every business and resident in Roselle Park, NJ.

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Roselle Park Monthly

## HIGH SCHOOL GYM FLOOR RESTORED

The newly restored gym floor was recently celebrated with a ribbon cutting. It was damaged during Hurricane Ida. All of our Roselle Park

High School students are happy to have their gym back!

Photo by Roselle Park Board of Education



(above, l-r) The Roselle Park High School Girls Basketball Team watch on as the ribbon is cut by James Foy, Vice Principal/Athletic Director; Pedro Garrido, Superintendent; Paul Baiamonte, Board Member; Loren Harms, Board President; Susan Carlstrom, Board Vice President; Marc Fernandez, Board Member; Raymond Parenteau, Director of Plant Operations; and James Olobardi, Interim Business Administrator/Board Secretary.

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Since 1961, the SAGE Eldercare Workshop has offered the public fine-quality furniture repair. The volunteers will consider repairing any piece of furniture that can be carried into the workshop. The Workshop has a reputation throughout Union County and beyond for its fine reweaving of caned and rushed chairs. Our artisans are all highly trained volunteers. Proceeds from the Workshop benefit SAGE programming. Prices are reasonable and depend upon the condition of the chair or furniture item and the materials required in the restoration process.

The Workshop started out years ago as a place for older men who no longer had access to a home workbench. Since 2007, several women have joined the historically male enclave. Most of the volunteers are former professionals including investment bankers, college professors, physicians and scientists. Many have never worked with their hands and over the years, they’ve taught each other caning, rushing and a myriad of other techniques needed to fix the aging furniture brought to them for restoration.

Prim La Capra of Short Hills recently patronized the workshop. She had a table restored that had suffered from years of use and weathering. “I am so grateful to the volunteers who refinished my little table to its original beauty. My late husband bought this well-crafted table from Bloomingdales’ NYC store decades ago and it became a special place to store important documents, memorabilia, pictures, and other things we wanted to keep in our library.” Said Prim. “It got water damage on top and sun damage on the sides over the years. The volunteers at Sage Elder Care completely restored it at a reasonable cost. I love how the piece turned out and plan to keep it for many more years. Thank you to the volunteers who contributed their skills, time, and talent to this project. It was a pleasure to work with Bob, the shop manager and visit the workshop.”

The Workshop is located in the basement of the SAGE building at 290 Broad Street, Summit and is easily assessable. Shop hours are Mondays

through Fridays, 8:30 a.m. – 11:30 a.m.

For more information about the service or to schedule an appointment to bring in furniture, call 908-598-5531.

SAGE Eldercare supports the independence, well being and quality of life of older adults, their families and caregivers, through the provision of client-centered health, social and support services. Founded in 1954, SAGE is both the oldest and one of the few nonprofit eldercare agencies in the United States that offers a broad and comprehensive array of services under one roof that assist elderly, often frail, adults to remain independent in their own homes. SAGE Eldercare programs include: HomeCare; Meals-on-Wheels; Spend-A-Day Adult Day Health Center; InfoCare free information and referral service; Fall Prevention Initiative; Chore Service; Shopping Service; Bill Paying Service; PREP caregiver support group; and SHIP (State Health Insurance Assistance Program). SAGE Eldercare serves over 5,000 older people and their families annually in Union, Essex Morris and Somerset counties. For more information, call 908.273.5550 or visit [www.sageeldercare.org](http://www.sageeldercare.org).



(above) Volunteer Mark Goldsmith of North Caldwell.

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## EARTH DAY RAHWAY RIVER CLEAN-UP - APRIL 23

All volunteers are invited to celebrate Earth Day 2022 with Boy Scout Troop 330, Cub Scout Pack 30 and members of the Rahway River Watershed Association in a clean-up of the Rahway River on Saturday, April 23rd (with a rain date of Sunday, April 24th). The clean-up



(above) Some interesting things have been pulled out of the river during the annual Earth Day River Clean-up events

will focus on areas upstream and downstream of the dam at Winfield Park, New Jersey throughout Rahway River Park. Please plan to stop by the parking area adjacent to the waterfall of the Rahway River by the dam at Winfield Park at 8:45 a.m. to register, pick up bags, gloves, bottled water and snacks, and receive safety information.

Teams will be encouraged to travel to any part of the river within the park where they would like to perform cleanup activities but we specifically will ask folks to always work in small groups for safety purposes with folks socially distanced.

Cleaning up a river and park area is a great way to celebrate Earth Day and if you haven't participated in an event like this before, you will find it invigorating, and you will feel good about what you have accomplished. It is also fun and educational, especially for scouts and young adults as they always find something interesting. Over the 20+ years this cleanup has occurred thousands of folks have participated, including girl scouts, cub scouts, boy scouts, fishermen, local activists and citizens, and we pulled some amazing things from the river.

The clean-up will generally be between 9a.m.

till noon, but any amount of time or effort that folks can volunteer is appreciated. There is always a large volume of floatable debris to pick up, and this year there remains substantial debris in the floodplain from Hurricane Ida last fall. The team working registration will provide suggestions on areas with large volumes of floatable debris.

All participants should wear jeans, long-sleeved shirts, gloves and boots, waders are welcome for folks who like to get a little wet. Each participant should bring a standard 5-gallon carry bucket with a handle (put your name on the bottom), this makes for easy carrying of "stuff" for transfer to the large garbage bags. A mulching rake is also a great asset to have to enable reaching out and pulling debris into shore from the river bank. When we complete the event we do a basic inventory of the "big stuff" that we removed, and within approximately 24 hours Union County Parks removes and disposes of all the trash. There is no RSVP required but if you need more information or think you will attend please let us know by e-mail at [rivercleanup@comcast.net](mailto:rivercleanup@comcast.net).





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Advertisement by Gene Gregory from DefendOurTrees.com

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1. "HIGHEST CARBON DIOXIDE RATE EVER RECORDED IN HUMAN HISTORY"
2. "2020 SETS ANOTHER GLOBAL TEMPERATURE RECORD."

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You don't have to believe in Climate Change or Global Warming to know this is a bad thing. Increasing Carbon Dioxide levels decrease the amount of oxygen in the air. This along with other pollutants in the air, has not only been linked to climate change and Global Warming, but an array of diseases as well: Cancer, Diabetes, Premature births,.. Autism, the list goes on and on.

These problems and the severity are dramatically worse in poorer areas with more industry, diesel fumes and NO TREES. (please see "Earth Day turns 50" in the Star Ledger, it touches on what are children and their children are facing. One of the things they speak of are the "Large bodies of polluted water" we are leaving behind.

Despite these facts and my efforts: dozens of these trees, our "Oldest Residents", are killed in our local neighborhoods each year. Among the many losses: Shade, Solace the Filtering of our Air and Water, the oxygen they provided, ...they also release the Carbon they have accumulated for hundreds of years.

On June 8th, 2021, I hired a tree expert to help

save some of the trees in our area. I showed him dozens of trees in Westfield, New Providence, Summit and Scotch Plains. He used the word "disgusting" to describe what he saw. In his report he writes "that many of these trees can be saved if prompt action is taken".

**HOW CAN YOU HELP SAVE THESE TREES?**

Please visit our site and read all the facts **defendourtrees.com** See the:

- 1) "Pictorial of trees that can be saved". These are just a few of the many OLD trees being destroyed and dying in our area. If you live in the area, please write a letter (to your local mayor and town council) demanding this needless destruction of our old trees, stop immediately. Please Email a copy to **defendourtrees.com**
- 2) Please also read "Rooting out Problems" at my site or google it yourself.

It explains: "simple measures for saving trees during construction",

which is the biggest cause of killing our trees. Most importantly, you will recognize what will harm a tree. Make a commitment to share this information with your children and friends.

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## NJ SNAKEMAN VISITS ROSELLE PARK SCOUTS

### Cub Scout Pack 56

Cub Scout Pack 56 enjoyed a fun and educational reptile show during a recent Pack meeting. Steve and Christian from NJ Snakeman dazzled the audience with a variety of reptiles that included frogs, lizards, and snakes. The scouts were able to get a close-up view of the reptiles as Christian weaved through the audience with Ball Pythons and Bearded Dragons perched on his arm.

The highlight of the evening was the presentation of the majestic Albino Burmese

Python. Scouts and parents alike lined up for a rare opportunity to have the giant yellow python draped around their shoulders. NJ Snakeman, based in Andover NJ, can bring the zoo to you too. Bookings for parties and assemblies can be made by visiting [njsnakeman.com](http://njsnakeman.com).

Pack 56 of Roselle Park accepts boys and girls of elementary school age all throughout the year.

For more information about joining Cub Scouts, reach out to Lisa Coppola at [cubpack56rp@gmail.com](mailto:cubpack56rp@gmail.com).

Photos by Cub Scout Pack 56



(above l-r) Christian and Steve from NJ Snakeman visit Cub Scout Pack 56 with a host of hissing and slithering sidekicks.



(above) Christian holds an Albino Burmese Python named Banana Peel for all to see at a recent meeting of Pack 56.



(above l-r) Christian from NJ Snakeman helps Banana Peel, an Albino Burmese Python, get up-close and personal with a scout at a recent Pack 56 meeting.



(above) NJ Snakeman entertains and educates Cub Scout Pack 56 to the delight of all attendees.



(above) Scouts of Pack 56 line up to take a turn holding snakes and other reptiles provided by NJ Snakeman.



(above) One of the many reptilian performers that hiss and slither at a recent Cub Scout Pack 56 meeting featuring NJ Snakeman.



(above) Cub Scouts of Pack 56 pet a Bearded Dragon at a recent presentation by NJ Snakeman.

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## UNION COUNTY'S OWN COMEDIAN MIKE MARINO

*Submitted by Michael D. Boll, New Jersey Veterans Network*

I recently had the honor and pleasure of meeting "New Jersey's Bad Boy of Comedy" Mike Marino. Mike grew up in Scotch Plains, and resides there now in his childhood home.

He is a comic who has performed all over the world and head-lined at some of the biggest stages, clubs, and theaters in the country. This talented comedian has been on the stage with some of the biggest names in the business. Mike has appeared in over 200 national television commercials, received many endorsements, and a Best Actor Clio Award Nomination. He has acted in many prime-time soaps and television shows including: *As the World Turns*, *One Life to Live*, *Becker*, *Nikki*, *Frasier* and *Party of Five*. His film credits include *Crooks*, *Pizza with Bullets*, *hangin' in Hedo*, *Steven King's Lucky Quarter* and *Criticized*.



*(above) Mike with his many awards including the honors he received for helping veterans. Mike was awarded the prestigious "Bob Hope" award (seen here in his right hand). This award is only presented to performers who go beyond the call of duty.*

Adding to his great success in film, theatre, commercials and soaps, Mike Marino began touring the world performing and selling out at countless clubs, theatres and casinos. His stand-up material ranges from cutting edge observations of everyday life to his Italian family roots, which recently spun into a television pilot called "Re-Constructing Jersey". His comedic style has landed him guest appearances on "The Tonight Show" as a regular sketch player, "The Martin Short Show", "Canada's Comedy TV", "The Boomer Show", "Wild Pitch", and "Hand Held Comedy Radio". A clip of Mike's appearance on Byran Allen's "Comics Unleashed" earned him over 7 million views (and counting). This led to his current web series "Marino 2016" – an original comedy based on Mike's Road to the White House and wise guy attempt to become the first Italian American President of the United States.

Recently, Untied Brewing Company hosted a comedy show for the New Jersey Veterans Network in New Providence. Both Assemblyman Jon Bramnick, known as New Jersey's funniest lawyer, and Mike Marino performed at the show and it sold out immediately. After the show, I was able to meet Mike and he explained to me how he always supported our uniformed heroes and wanted to really get involved with our team.

A few days later, I met with Mike in his 'Mother's Basement' studio, in Scotch Plains, where he hosts his nationwide podcast show, and we began working on ideas to help the charity. Mike has always supported our uniformed heroes; he was a member of the USO comedy team and entertained the troops in places like Bosnia and Afghanistan. After his comedy tour, Mike was awarded the prestigious "Bob Hope"

award. This award is only presented to performers who go beyond the call of duty. Mike has hosted and performed countless times for our brothers and sisters in blue. After the 9-11 tragedy, Mike felt he was obligated to do something for the first responders' families affected by that horrendous and devastating day. He joined up with both the Los Angeles Sheriffs and Police Department, and they do a comedy show every year that raises money for the 9-11 fallen families.

For more information, and if you would like to follow Mike Marino, please check out his website [mikemarino.net](http://mikemarino.net) and podcast – "Live from My Mother's Basement".

If you are interested in joining the New Jersey Veterans Network team please contact Michael Boll at [mdbollio@optonline.net](mailto:mdbollio@optonline.net). For more information visit [NJVN.org](http://NJVN.org).

### ABOUT NEW JERSEY VETERANS NETWORK

We are a group of veterans and volunteers dedicated to helping our veterans and their families live better lives. Our mission is to identify veterans and connect them with resources and programs designed to meet their unique set of needs. If you are interested in joining our team, would like us to speak at your event, or contribute to our mission, call 973-332-1556 or email [mdbollio@optonline.net](mailto:mdbollio@optonline.net). To learn more visit [njvn.org](http://njvn.org).

## HELP NEEDED

St. Theresa Lil' Stallions Day Care Program in Kenilworth is in need of

Part Time Caregivers.

If you are interested in providing a loving and nurturing environment for infants and toddlers please call

908-276-7220 ext. 205 or email [sr.isabel.garza@mysts.org](mailto:sr.isabel.garza@mysts.org)



ST. ANTHONY'S GRAMMAR SCHOOL OF ELIZABETH, NJ EVERY YEAR REUNION

*Celebrating the Salesian Sisters 150 year Anniversary*

SATURDAY, JUNE 4TH

*Starting with a Mass at 5:00pm in church, followed by festivities in the*

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## FISHING DERBY APRIL 16

The Newark Bait & Fly Casting Club will celebrate its 40th Anniversary by stocking the Lower Echo Lake in Westfield on Saturday, April 16. Sign up begins at 7 a.m., fish will be stocked between 8 - 9 a.m. All are invited to attend this free event. Participants fish in the lake; bait will be supplied, poles will be available if needed, and prizes will be awarded to children in winning categories.

An individual, family, or business can sponsor a trout, which can run from \$6.50 to \$80 depending upon the size. Contact Robert L. Jones at 908-325-6657 to sponsor a trout.

Newark Bait & Fly Casting Club is a 501(c)(3) organization. In addition to sharing a love for fishing, the Club raises funds to help veterans, children, and disabled individuals. Visit nbfcc.org for more information.

**NEWARK BAIT AND FLY CASTING CLUB**  
A 501(C)(3) NON-PROFIT ORGANIZATION

### TRICKY TRAY

FRIDAY, April 29, 2022  
DOORS OPEN AT 6:00 P.M. - DRAWING BEGINS AT 7:30 P.M.  
50/50 - Birthday Board - Golden Ticket

ALL PROFITS FROM THE TRICKY TRAY WILL SUPPORT NB&FCC'S YEAR-ROUND EVENTS FOR VETERANS & CHILDREN

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PURCHASE TICKETS: Eventbrite  
EMAIL: Gilcareer@gmail.com - Call: 732.995.8223

## PLASTIC BAG & POLYSTYRENE BAN IS COMING

*Borough of Roselle Park*

Effective May 4, all New Jersey retail stores, grocery stores, and food service businesses will be prohibited from both providing and selling single-use plastic bags and polystyrene foam food service products. As an alternative, single-use paper bags can be provided and sold, except in grocery stores large than 2,500 square feet, which may only provide and sell reusable bags.

These bans come only months after the ban of plastic straws in New Jersey, which began in November 2021. Together, these laws on banning plastic and foam products are some of the most progressive in the country, with the goal of reducing the carbon footprint of consumers in

New Jersey.

"While this new law will certainly be a learning curve, banning plastic bags and polystyrene foam will help us all to reduce our harmful impact on the environment," said Roselle Park Mayor Joe Signorello. "The Borough is anticipating full cooperation from all residents and business owners once the law is in effect. I am looking forward to the benefits this ban will bring to not only Roselle Park, but to New Jersey as a whole."

The Bag Up NJ campaign provides further details of this new legislation. For more information and to know how you can prepare, please visit bagupnj.com.



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**FINAL FOUR  
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Saturday, April 2  
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# RELIEF FROM CHRONIC KNEE PAIN

## FDA Approved Treatment to Avoid Surgery

### DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



#### If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

#### Consider This Alternative To Surgery

**Northeast Spine & Wellness Center** offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

#### How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

#### Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

#### Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS



#### Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."  
- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."  
- Perry O.

"After only four visits, I have absolutely no pain! The staff is "top-notch."  
- Quenton L.

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## COMMUNITY GARDEN APPLICATIONS DUE APRIL 8

The Roselle Park Environmental Commission is accepting applications to rent plots at the community garden for the 2022 growing season, so residents can enjoy the experience of growing nutritious organic produce. The community garden is located at 133 Valley Road in Roselle Park.

The Commission will hold a lottery for Roselle Park residents for the right to rent out a 4' x 8' raised garden bed. The beds are filled with organic compost and watered with an automated irrigation system.

Anyone interested in entering the lottery should go to sites.google.com/view/RPGarden, or e-mail the commission at environmentalcommissionrp@gmail.com. The cost to rent a raised garden bed for the season is \$50. The Commission will provide seeds and a limited amount of starter seedlings to members, and there may be other benefits such as cut flowers and herbs.

In addition to the rental beds, the Commission and a team of local volunteers will have "market" beds that are designed to grow produce for local food pantries and residents in need throughout the community.

"We not only want to use this garden to grow food, but to educate, serve, and create communities," said Tim Coakley, garden co-chair and secretary for the Commission. "We hope to plan and hold multiple events this season. We have a newly built stage and pergola thanks to the hard work of Donald and Dexter Chin, and former Commission chair Arnulfo Toro."

The Commission will accept applications for the lottery until Friday, April 8, 2022. The winners will be selected through the lottery on Saturday, April 9. One application per household, please.

## ENTERTAINMENT-FILLED SENIOR BRUNCH

On Tuesday, April 12th, the Borough of Roselle Park will be hosting its Senior Brunch at the Casano Community Center, located at 314 Chestnut St, from 12-3 p.m. The event is open to all Roselle Park seniors ages 55 and older.

Free brunch will be served and there will be multiple live entertainers. Jerrold Benford is a local comedian who has performed at Catch a Rising Star, Gotham Comedy Club, Carolines on Broadway, and more. Jerry Pearce is a local singer who won the 2017 Sinatra Idol Contest in Hoboken, NJ, paying homage to the great crooners of the 20th century. He was also featured on WPIX11 News. Chipps Cooney, illusionist and comedian, will also be performing. He performs throughout New Jersey and New York and was a finalist on Season 5 of America's Got Talent.

The Senior Brunch is free to attend, and free transportation will be provided for Roselle Park seniors ages 55 and older. For more information, please call 908-245-0666.

## ROSELLE PARK LIBRARY'S SPRING PROGRAMS

### RPVML Board Meeting

Wednesday, April 20 at 7 p.m.

Open forum discussing Library resolutions and news.

### PROGRAMS FOR ADULTS:

#### Knitting Club

Wednesdays 1 p.m. - 3 p.m.

Knit hats, scarves, and blankets to donate to organizations in need. Basic help for beginners available.

#### ESL for Adults

Thursdays 11:00 a.m. - 12:00 p.m.

Come and practice your conversational English skills.

#### Quilting Club

2nd & 4th Thursdays from 1 p.m. - 3 p.m.

Try out new quilting patterns with friends.

#### Adult Yoga

Thursdays from 6:30 p.m. - 7:30 p.m.

Bring your mat and water bottle.

#### Public Speaking Workshop

Monday, April 11 from 6:30 p.m. - 7:30 p.m.

Learn the best tips and tricks to improve your command of an audience.

### PROGRAMS FOR KIDS:

#### Rhymes & Rhythms

Mondays from 11 a.m. - 11:45 a.m.

Expand your child's literacy through classic nursery rhymes and songs.

#### Crafternoon

Mondays on even weeks

from 3:30 p.m. - 4:30 p.m.

Get crazy! Get creative! Get crafty!

### Let's Experiment

Mondays on odd weeks

from 3:30 p.m. - 4:30 p.m.

Explore the mysteries of science and expand your mind with fun experiments.

### Youth Story Board for Kids (Ages 7 - 10)

Mondays from 4:45 p.m. - 5:30 p.m.

Learn how to write creatively in this 10-week workshop.

### Bedtime Story

Tuesdays 6 p.m. - 6:30 p.m.

PJs and stuffies encouraged.

### Let's Go Bilingual

Wednesdays on even weeks

from 11 a.m. - 11:45 a.m.

Learn some basic Spanish, listen to a tale, and work on a craft.

### Sensory Sprouts

Wednesdays on odd weeks

from 11 a.m. - 11:45 a.m.

Enrich your toddler's senses through tactile learning.

### Move & Groove

Thursdays from 10:30 - 11:15 a.m.

Get your blood pumping with Ms. Joanna.

### Storytime

Thursdays from 11:15 a.m. - 12:45 a.m.

Stories, songs, and crafts for all.

### Block Party

Thursdays from 3:30 p.m. - 4:30 p.m.

Open play and build with LEGOs, wooden blocks, and magnet panels.

### Tales with Teddies

Fridays from 11 a.m. - 11:30 a.m.

Bring your squishiest of cotton-stuffed friends to hear a fun story.

### Toddler Playgroup

Fridays from 11:30 a.m. - 12 p.m.

Open play for toddlers and parents.

### PROGRAMS FOR TEENS

#### (AGES 12+):

#### Nerd Club

Mondays from 4:30 p.m. - 5:30 p.m.

Got a niche interest? Graphic Novels, Anime, D&D, Video Games? Interact with other like-minded folks. #nerdsunite

#### Youth Story Board for Tweens (Ages 11 - 14)

Tuesdays from 4 p.m. - 5 p.m.

Learn how to write creatively in this 10-week workshop.

#### Teen Drop-in Hour

Fridays from 3 p.m. - 4 p.m.

Drop-in with our on-site Social Work Intern, Emma, for some crafts and games—or pop by just to chat.

### LIBRARY EVENTS:

#### Annual Spring Candy Event

Saturday, April 2 from 10 a.m. - 12 p.m.

Join the Roselle Park Recreation Department and RPVML for the annual Spring Candy Event. Decorate your bag, then go on the hunt for candy on the Library lawn. Rain date:

Sunday, April 3.

#### Tiny Art Gallery

Monday, April 4 - Saturday, April 9

Stop by the Library to see the tiny paintings created by local RP residents.

#### Growing Together Series: Chicks Run Wild

Saturday, April 23 from 11 a.m. - 12 p.m.

Celebrate the arrival of spring and the beginning of new life with RPVML's newest and fluffiest addition— baby chicks! Over the course of the spring, the Growing Together Series will follow the life cycles of baby chicks and sunflowers, as well as the transformation of caterpillars to butterflies and tadpoles to frogs.

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For more info about lessons.



(above) Roselle Park Veterans Memorial Library holds a host of fun and educational programs for children, tweens, teens, and adults. Discover the possibilities at [lmac.ent.sirsi.net/client/en\\_US/rospark/](http://lmac.ent.sirsi.net/client/en_US/rospark/).

# SALEM ROADHOUSE CAFÉ GRAND REOPENING

## Salem Roadhouse Café

After a two-year COVID absence, the Salem Roadhouse Café announces its grand reopening Gala on Saturday, April 9.

As always, the Salem Roadhouse Café is live, intimate, up front, and personal. All ages are welcome. We ask that patrons wear masks while inside during the show. The doors open at 7:20 p.m. Admission is \$20 and includes show, snacks, non-alcoholic beverages, and dessert.

Carrie Jackson—a frequent and beloved performer at the Roadhouse Café for the past 15 seasons—headlines the reopening along with her Jazzin' All-Stars Band. The Roadhouse suspended performances early in 2020 in response to the COVID pandemic.

Carrie Jackson is a top jazz artist performing in the New Jersey/New York area. She pours her heart into classical jazz favorites from soulful sultry pop to poignant mellow gospel. Carrie nurtured her talent in Newark, the Jazz Mecca of New Jersey. Carrie attributes her vocal style to her mentors, the Great Ladies of Jazz: Sarah "Sassy" Vaughn, Ella Fitzgerald, Billie Holiday, Dinah Washington, Nancy Wilson, and Carmen McRae. The Jazzin' All-Star Band backs her up, buoys her up, and carries the audience away. One never knows who Carrie may bring along with her either.

### ABOUT SALEM ROADHOUSE CAFÉ

It's not church music—it's music music. Salem Roadhouse Café is a clean, safe place for people who enjoy listening to live music in a world otherwise filled with clubs and bars. The Roadhouse has always offered its stage to local

and independent mainstream musicians. Jazz, rock, folk, and other groups have performed. What's the common thread? They're all great musicians playing the kind of music people like to hear. There's no message—just music. To leave a message and get a return call, dial: 908-687-1028. Or email salemroadhouse@gmail.com. Website: townleychurch.org.

The Roadhouse started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth. Hey—that's why we're located where we are. The Roadhouse operates as a non-profit that raises funds for several carefully-chosen local charities. That's its social mission. But the many musicians who've played the Salem Roadhouse Café see it as a solid performance venue. They love it because of its special intimacy and great audiences. They say people here "really listen." Ask any of the musicians you meet here—they love to play the Roadhouse.

### COMMUNITY INVOLVEMENT

The Salem Roadhouse Café has raised funds for many carefully-chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community FoodBank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Program, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, and others. Thousands of dollars have been raised for these deserving charities.



(above) Enjoy the music of Carrie Jackson and the Jazzin' All-Star Band at the Reopening Gala of the Salem Roadhouse Café on Saturday, April 9 at 7:20 p.m.

Courtesy photo

## SALEM ROADHOUSE CAFÉ

GRAND RE-OPENING - JAZZ featuring....

### CARRIE JACKSON & JAZZIN' ALL-STARS

SATURDAY, APRIL 9, 7:45 PM

DOORS OPEN AT 7:20 PM

ADMISSION: \$20.00 STUDENTS \$15.00

Admission includes snacks, beverages, tea, coffee & desserts

SALEM ROADHOUSE CAFÉ

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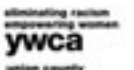
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E-MAIL: salemroadhouse@gmail.com

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Original artwork will be on display at the ROADHOUSE GALLERY OF FINE ARTS

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11"x17" / Full color / 2 sided / 60lb gloss coated stock / Includes folding (quarter fold or tri-fold, with or without coupons tab)

### FLYERS - \$35 PER THOUSAND

8.5" x 11" / Full color / 2 sided / 60lb gloss coated stock / Tri-fold add \$10 per thousand

### INSERTED AND MAILED TO EVERY HOME AND BUSINESS

\$60 per thousand. (as low as \$30 per thousand depending on quantity.)

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com



FLYERS

\$35 PER 1,000

MENUS

\$50 PER 1,000

## ONLINE ADS & PRESS RELEASES DRIVE LOCAL TRAFFIC TO YOUR WEBSITE

### • GET UNLIMITED CLICKS

An alternative to expensive pay-per-click programs

### • FREE AD DESIGN AND COPYWRITING

Advertising webpage includes many features including write-up, images, video, Google map, etc.

### • POSTS ARE SHARED THROUGH SOCIAL MEDIA

Posts shared on multiple Facebook pages and twitter.

### • PAID SEARCH ENGINE PROMOTIONS

Posts are promoted by industry, key words and location.

### • TRACKABLE RESULTS

All ads include a live view counter.

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com

\$10 PER POST  
Block of 20 for \$200  
Single post is \$20



## WEBSITE / SEO SERVICES

### • STARTER WEBSITE: \$500

Basic static site that can be developed further

### • WEBSITE CREATION/UPDATE: \$2,400

Cost for average website: 12 pages, contact form, SEO friendly, responsive design

### • WEBSITE HOSTING: \$300 PER YEAR

Includes website hosting, software updates, monthly website content updates

### • SEO SERVICES: AVERAGE COST \$1,000 - \$2,000 PER MONTH

Custom tailored solutions: Google Ranking, Local SEO, Social Marketing

Call for free a consultation if you need

help developing an online marketing plan.

STARTER WEBSITE \$500

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com

## UGLY HOMES WANTED FOR TELEVISION PROGRAM IN THIS AREA

We need 30 Ugly Homes with Ugly Kitchens, Bathrooms, Siding, Window, etc., Inside or Outside that need fixing or Remodeling. We will Repair and Remodel them and shoot video for training film and future TV show on Home Remodeling Work.

**Must Sign Release**, for purpose of filming job! This must be a complete remodeling job, not just patch up work. This remodeling is to be specially priced, with compensation going back to the homeowner for a signed release.

**Serious Inquiries Please!**

**CALL 833-375-1472**

Ask for TV Project Department, for job evaluation and estimate of cost and compensations!

Tri-State Creations LLC - Lic. #s: NJ-13VH04728900, PA-39104



# Marketing Toolbox

Renna Media offers a full range of marketing services, in print and online, hyper-local to regional, for every budget and market size.

## NEWSPAPER ADVERTS

We mail 160,000 newspapers to every home and business in 24 towns. You can advertise in any number of towns. Ads start at \$60.

## FULL COLOR PRINTING

We print flyers and menus, full color, two sided, on coated stock for only \$35 per thousand.

## DIRECT MAIL

Insert your flyer into the newspapers and get it mailed to every home and business for \$60 per thousand and as low as \$30 per thousand for higher quantities.

## ONLINE MARKETING

Online ads and press releases designed and placed to drive traffic to your website and get your phone ringing.

## SOCIAL MEDIA

We can design and/or manage your social media campaign from passive to aggressive plans customized to work within your budget.

## WEBSITE AND SEO SERVICES

Start with an audit/analysis of your website giving you a report and recommendations for \$250.

It is highly recommended to have a marketing plan and budget before spending.

**CALL JOE RENNA FOR A FREE CONSULTATION.**  
**908-447-1295**

# RENNA MEDIA NEWSPAPER RATE SHEET

**WE MAIL 160,000 NEWSPAPERS MONTHLY!**

Tina Renna 908-418-5586 • tinarena@rennamedia.com

Joe Renna 908-447-1295 • joerenna@rennamedia.com

202 Walnut Avenue, Cranford, NJ 07016

Online at [RennaMedia.com](http://RennaMedia.com)  
and [NJLocalInfo.com](http://NJLocalInfo.com)

Call today for **FREE** consult on marketing and business plans.



Advertise in 1 or all 24 towns



<b>Berkeley Heights</b> COMMUNITY NEWS Qty: 4,700 Zip: 07922	<b>THE CHATHAMS</b> NJ Qty: 7,500 Zip: 07928	<b>Clark Monthly</b> Qty: 6,700 Zip: 07066	<b>CRANFORD MONTHLY</b> NJ Qty: 9,900 Zip: 07016	<b>Elmhurst Hills</b> ELIZABETH, NJ Qty: 5,400 Zip: 07208 Section of Elizabeth, NJ	<b>Fanwood Post</b> NJ Qty: 3,000 Zip: 07023
<b>Florham Park Press</b> NJ Qty: 5,500 Zip: 07932	<b>Garwood Times</b> NJ Qty: 2,500 Zip: 07027	<b>Green Brook</b> NJ Gazette Qty: 3,000 Zip: 08812	<b>BUSINESS • LIFE</b> <b>KENILWORTH</b> NJ Qty: 3,500 Zip: 07033	<b>NJ LIFE in LINDEN</b> Qty: 17,900 Zip: 07036	<b>Long Hill LEADER</b> NJ Qty: 3,500 Zips: 07933, 07946, 07980
<b>MADISON MONTHLY</b> NJ Qty: 6,300 Zip: 07940	<b>MOUNTAINSIDE VIEW</b> NJ Qty: 2,900 Zip: 07092	<b>New Providence NEWS</b> NJ Qty: 5,100 Zip: 07974	<b>OUR TOWN</b> Rahway, NJ Qty: 13,000 Zip: 07065	<b>ROSELLE PARK MONTHLY</b> Qty: 5,600 Zip: 07204	<b>Scotch Plains</b> NJ WHAT'S HAPPENING MONTHLY Qty: 9,400 Zip: 07076
<b>Short Hills MILLBURN MONTHLY</b> NJ Qty: 8,200 Zips: 07041, 07078	<b>Summit Times</b> NJ Qty: 9,600 Zip: 07901	<b>Spirit of UNION</b> NJ Qty: 6,800 Zip: 07083 (partial)	<b>WARREN MONTHLY</b> NJ Qty: 6,200 Zip: 07059	<b>Watchung Post</b> NJ Qty: 2,700 Zip: 07069	<b>Westfield MONTHLY</b> NJ Qty: 11,800 Zip: 07090

### NEWSPAPER AD RATES

Rates are per month. Artwork included in price. Newspapers are black on white.

Units	Size	1 TOWN	3 TOWNS	6 TOWNS	9 TOWNS	12 TOWNS	15 TOWNS	18 TOWNS	21 TOWNS	24 TOWNS
1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
BACK PAGE	10" x 14"	\$500								
FRONT PAGE BANNER	8.25" x 2"	\$320								
FRONT PAGE BOX	1.5" x 4.5"	\$240								

**PREPAY 6 MONTHS AND GET 1 MORE FREE**  
**PREPAY 12 MONTHS AND GET 3 MORE FREE**

Back cover, front page banner and front box reserved on first-come, first-served basis. Current advertiser has right of first refusal.

Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016



**Premier Coin &  
BULLION EXCHANGE**

# WEALTH PRESERVATION!

LEGAL TENDER MINTED BY US MINT - AUTHORIZED BY CONGRESS

**PREMIER COIN & BULLION EXCHANGE** is offering government issued Gold free of dealer markup for a short period of time, we have the \$5 Gold American Eagle at only \$225 per coin. With INFLATION at an all-time high over the last 10 years this maybe your last time



to take advantage at gold at this level, this is a remarkable way to enter in today's gold market! They will SELL OUT fast!

## WHAT IF?



**\$5 Gold American Eagle  
\$225 per coin**

Special arrangements on orders over \$25,000  
"Government Gold at Cost." First come, first served."



**IF YOU HAD \$25,000 IN GOLD IN 2002 YOU WOULD HAVE OVER \$115,000 IN PROFIT WITH TODAY'S GOLD PRICES! SECURE YOUR FUTURE AND ADD SOME GOLD TO YOUR PORTFOLIO**

**DUE TO VERY LIMITED SUPPLIES, WE MUST ONLY ALLOW 20 COINS PER HOUSEHOLD! Minimum order 5 COINS!**

**CALL NOW! 866-371-0379 • 24 hours - 7 days a week**



## GEORGE WASHINGTON 250 ANNIVERSARY HALF DOLLAR

**Premier Coin & Bullion Exchange (PCBE)** is releasing some of the brilliant, conditioned George Washington Silver half dollars containing 90% of silver. These were commemorative coins minted 40 years ago today to honor the 250th anniversary of George Washington birth date, designed by Elizabeth Jones, its detailed obverse shows Washington astride a horse. The reverse depicts his home, Mount Vernon, above a heraldic eagle. and PCBE is releasing them call now a reserve a few rolls for your portfolio as you will love the quality and shine of each coin!

<b>1-10 ROLLS</b>	<b>\$30 per coin</b>
<b>11-20 ROLLS</b>	<b>\$28 per coin</b>
<b>21+ ROLLS</b>	<b>\$26 per coin</b>

**MENTION VAULT  
RELEASE CODE:**

**NJR-1022**



**Premier Coin &  
BULLION EXCHANGE**

**CALL NOW  
866-371-0379**

WE ACCEPT



# KENZA ROOFING & CHIMNEY

## 908-627-9696

#13VH11991300

FAMILY OWNED  
BUSINESS.



• CHIMNIES • ROOFING • GUTTERS



**24/7  
EMERGENCY  
SERVICE**

**15% OFF  
SENIOR  
DISCOUNT**



• FOUNDATIONS • PATIOS • STEPS

• MASONRY

## Spring Specials

**\$300 OFF  
ANY  
CHIMNEY  
REPAIR**

Expires April 30, 2022



**\$200  
ANY  
GUTTER  
CLEANING**

(Average house)



**\$1,300  
CHIMNEY  
LINER**



**\$300 OFF  
ANY ROOF  
REPAIR**

Expires April 30, 2022



**\$400 OFF  
NEW STEPS**

Expires April 30, 2022



**\$800 OFF  
ANY NEW  
ROOF JOB**

Expires April 30, 2022

