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## GL ROBOTICS CLUB COMPETES IN FIRST TECH CHALLENGE

Submitted by Niamh Grano, BHPS

While the GL Robotics Club saw many senior members graduate last year, and the team felt they were less experienced than other clubs in the area as a result, that was truly not the case as they made it to the semi-finals of the FIRST Tech Challenge, presented by Raytheon Technologies.

This competition challenges teams to design, build, program, and operate robots to compete against each other. Every year the theme of the challenge changes. This year it was Freight Frenzy – a race against time to transport essential goods and explore the future of transportation.

The GL Robotics Club, which has about 15 members, began meeting in September to discuss the theme of the challenge. Each student brings their own set of skills from their academic and technical education classes such as electronics, woodworking, fine metal working, and robotics.

“Working together, they were able to create something

real,” said Michael Maresca, Technology Education Department at GL.

It took the club approximately two months to design, build, and program the robot for the competition. Once they tested the robot and felt it was ready, the team then brought it to four qualifying competitions.

“It was at the qualifiers that the team was exposed to many other schools and saw how their robots were programmed. They were always thinking of ways they could improve,” said Maresca. “It was truly an evolution from what the robot was at the beginning of the year to what it is today.”

Not only did the GL Robotics Club make it to the semi-finals, but they also received the Control Award. This award represents the team’s ability to program the robot to evaluate and react to its environment which is the foundation for which the robot is built on.



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## Berkeley Heights COMMUNITY NEWS NJ

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Berkeley Heights News

## STUDENTS LEARN ABOUT THE PARALYMPICS

Over at the Mary Kay McMillin School, Physical Education teacher Lauren Ryan uses chairs as wheelchairs, scooters as skis, hoops as targets, and peers as guides to give students a chance to experience simulated Paralympian sporting events.

Using resources from 'I'm POSSIBLE', the International Paralympic Committee's education program, children are learning about the Paralympic values, Para sports, and the inspirational achievements of Paralympians from around the world.

Through education of inclusion and the Paralympic values, MKM hopes to challenge and change the perceptions of how our students may perceive people with an impairment thus creating a more inclusive society.

The 2022 Winter Paralympics is a series of international contests for athletes with disabilities that took place March 4 thru March 13.



Photo by Berkeley Heights Public Schools

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**Nathan Weiser**  
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**Charles Sherrick**  
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**Chrissy Sloan**  
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# SUPER READERS TO THE RESCUE!

Submitted by Niamh Grano

Like all kindergarten classes throughout the district, this year, kindergarten teachers at the William Woodruff School – Lori Nelson, Caryn Panarese, Emily Buonocore and Nicole Belisario, began using the Lucy Calkins Readers College program in their classrooms. The program is designed to prepare students to become life-long, confident readers and writers utilizing powerful curriculum resources, instructional methods, and professional learning opportunities to support teachers in their learning journey.

“Rather than referring to them as ‘reading strategies,’ Lucy Calkins incorporates superheroes and ‘Super Reading Powers’ into the lessons as a way to really engage students and get them excited about applying these strategies to their reading,” said Panarese. “Many times, Lucy Calkins references playing a Batman song or referring to trickier words like kryptonite.”

“From tricks like pointing to sight words, using a picture to identify what is happening in the story or pointing to each word to make sure it matches what the students are reading, there is a ‘power’ for everyone. It really engages the students in a different way,” added Belisario.

Being as creative as they are, this team of teachers expanded on the idea of Super Reading Powers and designed a Superhero Day to celebrate the end of the unit. Each student received a pencil and mask and was identified by

the Super Reading Power they found the most helpful to them on their reading journey. There was also a bulletin board displaying each student as a superhero!

While this unit may be complete, students will continue to use their Super Reading Powers and expand upon them to make their powers that much stronger throughout the rest of the school year.



(above) Kindergarten super teachers at the William Woodruff School: Lori Nelson, Caryn Panarese, Emily Buonocore and Nicole Belisario

Photo by Berkeley Heights Public Schools

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## LITTELL-LORD FARMSTEAD, STATUS UPDATE

Submitted by Ronald Weinger - Historical Society of Berkeley Heights

The Littell-Lord Farmhouse Museum has been closed to the public since the start of the COVID-19 pandemic. It will remain closed for an indefinite period, as the town, after decades of neglect, has committed itself to the repair and restoration of the main farmhouse, a building dating back to around 1760.

The Township acquired the property in 1975 with a Green Acres grant requiring that the property always remain public parkland. The Historical Society of Berkeley Heights renovated the interior of the old farmhouse, acquired period appropriate artifacts, and established, with the

Town's blessing, a museum to represent the three centuries of the Farmstead's existence.

In July, 2021, a "Dig for Dinosaurs" project was initiated, funded by grants and a "Go Fund Me" drive. Specific locations around and inside the farmhouse were excavated to uncover artifacts relevant to the history of the site. Two small pieces of a broken clay pipe were found but, unfortunately, approximately 147 square feet of 19th century flooring in the building was irreparably damaged.

The farmhouse has recently been emptied of the artifact collection. In February, 2022, portions of the ground floor underwent an architectural engineering examination, a necessary first step to uncover the century and a half substructure and identify the requirements to repair damage to assure the farmstead would remain a Berkeley Heights historical attraction into the next century.

The Berkeley Heights Historic Preservation Committee was formed in December, 2019, as a town agency to advise the town about projects of historic interest. Funds donated to the committee for the Farmstead are put into a trust account for the Farmstead restoration.

The Historical Society of Berkeley Heights is an independent 501c-3 corporation founded in 1975 to support the Museum and present its story to the public. Donations to the Committee do not go to the Society, which uses its funds to acquire and preserve the museum artifacts.



(above) Portion of a late 19th century clay pipe found during the excavation of the Littell-Lord Farmhouse Museum. Courtesy photo

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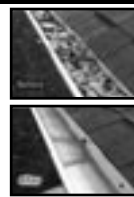
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(above) Summit College Club will resume its annual Book Sale in mid-April, 2022.

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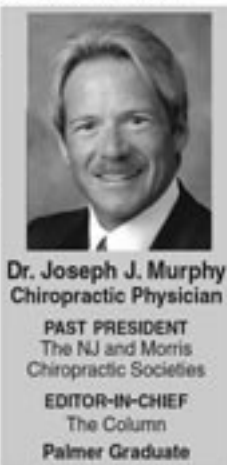
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## SUMMIT COLLEGE CLUB'S BOOK SALE RETURNS

Summit College Club will resume its annual Book Sale in mid-April, 2022. "We have held the Book Sale for over fifty years," said Lynne Rogerson, president of Summit College Club. "It was our major fundraising event by far, and it required a lot of time to organize and prepare. So, for two years, during the pandemic, we've repeatedly prepared and then held our breath and hoped. This year, at last, the Book Sale is going to happen. We're really ready now!"

### DONATIONS

As in the past, the Summit College Club's Book Sale will fill the American Legion Post 433 next to the Library at 357 Elkwood Avenue in New Providence. Readers with books to donate should bring them to the American Legion Post, on three days only: April 18th from 1 to 7 p.m., and April 19th and 20th, from 9 a.m. to 7 p.m.

The sale accepts a variety of media in good condition: books, CDs, DVDs, etc. The only items not accepted are encyclopedias, magazines, manuals, and textbooks.

As in past years, for the customers' convenience, volunteers will sort the items for sale into about 50 different categories, ranging from astronomy to zoology. Traditionally the

largest sections are Children's Books, Fiction, History, and Biography.

### SALE

The Book Sale itself will occur from April 21 through 24. Nearly all the items will sell for either 50 cents, one or two dollars. The opening day, April 21 from 9 a.m. - 2 p.m., has a \$25 admission charge; although everyone is welcome, the customers on that day are typically book sellers from the tristate area.

The next three days, April 22 through 24, are free of charge. Hours are: Friday the 22nd, from 9 a.m. to 9 p.m.; Saturday the 23rd, from 9 a.m. to 7 p.m.; and Sunday, Bag Day, from 10 a.m. to 4 p.m. On Sunday, the final day, readers may fill a grocery bag with books of any type for \$5 or with electronic media for \$10.

Masks are required to enter the hall during donations and the sale.

Summit College Club, a branch of the American Association of University Women, is dedicated to advancing gender equity through research, education, and advocacy. The profits from the SCC Book Sale help fund annually awarded scholarships for local college-bound high school seniors. Last year alone, the club gave away \$24,000.

Volunteers are more than welcome! Men and women are needed to gather, categorize, and arrange the books before the sale, and to straighten the various book areas during the sale.

Anita Meritt, membership chair, notes that several current members were originally volunteers, who, seeing how the sale worked and enjoying the camaraderie of the members, joined Summit College Club.

Anyone interested in volunteering should go to the web site: [summitcollegeclub.org](http://summitcollegeclub.org), then Events/Book Sale and scroll down to the Volunteer With Us box; anyone interested in joining Summit College Club should go to the web site: [summitcollegeclub.org](http://summitcollegeclub.org), then Membership and scroll down to Join Today or send a line to Anita Meritt at [anita.meritt@gmail.com](mailto:anita.meritt@gmail.com). Anyone interested in reading should come to the sale! For questions email [summitcollegeclub@gmail.com](mailto:summitcollegeclub@gmail.com).

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**\$0 Second Opinion Evaluation**

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## ATTENTION PARENTS OF KIDS AGES 6-18

# 31 IDEAS TO HELP KIDS EAT BETTER, RUN FASTER, GET STRONGER AND BECOME THE BEST VERSION OF THEMSELVES

Cut This Page Out and Put on Your Refrigerator



### Eat Better

- ☐ Drink AT LEAST 4 Water bottles
- ☐ Have a fruit or veggie with each meal
- ☐ Have nuts instead of chips as a snack
- ☐ Have a source of protein in each meal
- ☐ Take a multivitamin
- ☐ Limit sweets to only one serving

### Get stronger

- ☐ Perform 50 bodyweight squats
- ☐ Perform 50 pushups
- ☐ Perform a plank for 60 seconds 3 times
- ☐ Perform 25 vertical jumps
- ☐ Get at least 8 hours of sleep a night

### Be Happier

- ☐ Get at least 30 minutes of exercise
- ☐ Do a morning routine that you enjoy
- ☐ Write 5 things that you are grateful for
- ☐ Adopt a Growth Mindset
- ☐ Listen to music whenever you can

### Run Faster

- ☐ Do 10 hill sprints
- ☐ Perform 15 Broad Jumps
- ☐ Sprint for 50 yards
- ☐ Perform single leg jumps
- ☐ Perform High Knee Marches

### Build Confidence

- ☐ Do something outside of your comfort zone
- ☐ Read a book
- ☐ Practice or spend time on your hobbies
- ☐ Learn a new skill
- ☐ Work towards a new Goal

### Be More Active

- ☐ Walk during TV show commercials
- ☐ Schedule exercise time
- ☐ Whenever you see a commercial for a car company, perform 10 squats
- ☐ Find a buddy, and exercise with them
- ☐ Try a new method of exercise every week (i.e. biking, running, lifting weights, etc.)

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GRIT ATHLETE PERFORMANCE  
to Help You with all of this?**

**Registration for Our 10 Week  
Summer Program Now Open**

**Early Bird Registration Expires June 20**

**[www.gritathletes.com](http://www.gritathletes.com)**



**ATTENTION  
PARENTS  
OF KIDS  
AGES 6-18**

# Summer Athlete Performance Camp in Berkeley Heights

**Discover how to get your children strong, fast, and confident  
this summer...so they can become the best athletes they can be.**

**This program is for your child if:**

- They want to get better at sports but struggle because of **lack of speed, strength or stamina.**
- They **eat more junk food than healthy food** and you need another voice to help them understand how important a healthy diet is during these developmental years.
- They **need to improve their confidence** and you want them to start to get better at recovering from their mistakes.
- They're doing pretty good right now but want to take their performance in their sport to a **higher level.**

**Here's what parents can expect to happen:**

- **They will get stronger** which means when they show up to their sport they'll be able to perform better than ever.
- **They will run faster and jump higher** so they can show up to their next season and people will start asking what the heck have they been doing.
- They'll become **more coordinated and improve agility** which means they'll pick up new skills their coaches teach them faster.
- **Your children will start to eat better** because we'll be educating them daily on what's good and what they should avoid...don't be surprised if they start asking you to buy more vegetables.
- **Confidence will skyrocket.** When kids get stronger, faster and more fit...their confidence will rise ...so will their self-esteem which means their performance in every aspect of life will get better.
- **Their mindset will improve.** We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.

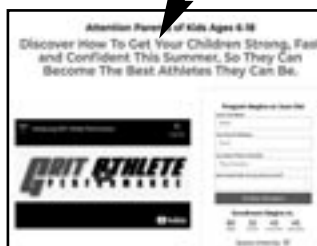


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**STEP 2  
Enter Your Info  
When You Get  
To This Page**



**STEP 3  
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If You Win.**



The Details  
Dates:  
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Please visit [www.gritathletes.com](http://www.gritathletes.com)  
for days/times at each age group  
and for pricing.

Location:  
**GRIT SPORTS PERFORMANCE COMPLEX**  
(Located inside Gabriele Fitness in Berkeley Heights)

**SIGN UP TODAY!**  
**Summer Program**  
**Early Bird Registration**  
**Expires June 20**

**About Grit Athlete Performance** (A Gabriele Fitness Company)  
GRIT helps kids ages 6-18 get strong, fast and confident so they can build a bigger and better future. They are located in Berkeley Heights inside Gabriele Fitness. All Grit coaches have been handpicked via a very lengthy interview process by Gabriele Fitness founder, Vince Gabriele.

## UNION COUNTY'S OWN COMEDIAN MIKE MARINO

Submitted by Michael D. Boll, New Jersey Veterans Network

I recently had the honor and pleasure of meeting "New Jersey's Bad Boy of Comedy" Mike Marino. Mike grew up in Scotch Plains, and resides there now in his childhood home.

He is a comic who has performed all over the world and head-lined at some of the biggest stages, clubs, and theaters in the country. This talented comedian has been on the stage with some of the biggest names in the business. Mike has appeared in over 200 national television commercials, received many endorsements, and a Best Actor Clio Award Nomination. He has acted in many prime-time soaps and television shows including: As the World Turns, One Life to Live, Becker, Nikki, Frasier and Party of Five. His film credits include Crooks, Pizza with Bullets, hangin' in Hedo, Steven King's Lucky Quarter and Criticized.

Adding to his great success in film, theatre,



(above) Mike with his many awards including the honors he received for helping veterans. Mike was awarded the prestigious "Bob Hope" award (seen here in his right hand). This award is only presented to performers who go beyond the call of duty.

commercials and soaps, Mike Marino began touring the world performing and selling out at countless clubs, theatres and casinos. His stand-up material ranges from cutting edge observations of everyday life to his Italian family roots, which recently spun into a television pilot called "Re-Constructing Jersey". His comedic style has landed him guest appearances on "The Tonight Show" as a regular sketch player, "The Martin Short Show", "Canada's Comedy TV", "The Boomer Show", "Wild Pitch", and "Hand Held Comedy Radio". A clip of Mike's appearance on Byran Allen's "Comics Unleashed" earned him over 7 million views (and counting). This led to his current web series "Marino 2016" – an original comedy based on Mike's Road to the White House and wise guy attempt to become the first Italian American President of the United States.

Recently, Untied Brewing Company hosted a comedy show for the New Jersey Veterans Network in New Providence. Both Assemblyman Jon Bramnick, known as New Jersey's funniest lawyer, and Mike Marino performed at the show and it sold out immediately. After the show, I was able to meet Mike and he explained to me how he always supported our uniformed heroes and wanted to really get involved with our team.

A few days later, I met with Mike in his 'Mother's Basement' studio, in Scotch Plains, where he hosts his nationwide podcast show, and we began working on ideas to help the charity. Mike has always supported our uniformed heroes; he was a member of the USO comedy team and entertained the troops in places like

Bosnia and Afghanistan. After his comedy tour, Mike was awarded the prestigious "Bob Hope" award. This award is only presented to performers who go beyond the call of duty. Mike has hosted and performed countless times for our brothers and sisters in blue. After the 9-11 tragedy, Mike felt he was obligated to do something for the first responders' families affected by that horrendous and devastating day. He joined up with both the Los Angeles Sheriffs and Police Department, and they do a comedy show every year that raises money for the 9-11 fallen families.

New Jersey Veterans Network is very lucky to have Mike on board and we can't wait to bring joy to these extremely difficult times.

For more information, and if you would like to follow Mike Marino, please check out his website [mikemarino.net](http://mikemarino.net) and podcast – "Live from My Mother's Basement".

If you are interested in joining the New Jersey Veterans Network team please contact Michael Boll at [mdbollio@optonline.net](mailto:mdbollio@optonline.net). For more information visit [NJVN.org](http://NJVN.org).

### ABOUT NEW JERSEY VETERANS NETWORK

We are a group of veterans and volunteers dedicated to helping our veterans and their families live better lives. Our mission is to identify veterans and connect them with resources and programs designed to meet their unique set of needs. If you are interested in joining our team, would like us to speak at your event, or contribute to our mission, call 973-332-1556 or email [mdbollio@optonline.net](mailto:mdbollio@optonline.net). To learn more visit [njvn.org](http://njvn.org).



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## LYNDA SUN LEE SWORN IN AS ADVOCATE FOR FOSTER YOUTH

### CASA of Union County

The new class of community members to step up and train as advocates for Union County foster youth have taken their oath before Union County Superior Court Judge Lara K. DiFabrizio and have become the newest volunteers with Court Appointed Special Advocates (CASA) of Union County.

Since 2005, the nonprofit has recruited, trained, supported and supervised nearly 600 community volunteers to advocate for more than 900 such youth, protecting best interests and ensuring needs are met in the courtroom, classroom, and community. As caseworkers, foster placements, and schools can change frequently, CASA volunteers often are the only consistent, caring adult in a youth's corner, helping ensure already experienced trauma is not exacerbated as youth await permanency in a safe and loving home.

Berkeley Heights' Lynda Sun Lee has experience in international relations and is currently a board member of the N.J. Coalition Against Trafficking. Her journey in advocacy continues now as a CASA volunteer to positively impact kids in the community. She notes, "CASA represents a unique opportunity to make a difference to one child who may suddenly be thrust into a world of confusing people and places. I hope to be that reassuring support and continuity for that child as we work together to navigate the upcoming challenges they will face."

Judge DiFabrizio presided over the Zoom swearing-in ceremony of Lee and her classmates Katherine (Katie) Rabecki of Cranford, Dina Gharaibeh of Kearny, Lila Monroe of Roselle, Julia Dranishnikov of Scotch Plains, and Robert Mallard of Union. In commemoration with gratitude, Judge DiFabrizio noted, "Thank you all for your commitment, passion, hard work, and loyalty to these families that desperately need it. It takes a village and now you're a part of it." Each volunteer will now be matched to a foster youth or foster sibling set, and begin putting their 30-hour training into practice, ensuring their needs are met and best interests are protected while they await permanency.

Anyone passionate about making a difference in a child's life can apply to volunteer; there is no prior experience or background needed to serve as an advocate. Each undergoes a thorough training process and is supported by CASA staff

throughout their work. Successful advocates have varied life experiences and this class is no exception, as professional backgrounds include social work, education, judicial clerkship, health management, and business.

Upon being court-ordered to a case, the CASA volunteer has access to the youth's foster parents, doctors, caseworkers, therapists, and teachers and, through their regular child visits, identify and report to the judge any concerns and needs in order to protect the child's best interests. As the only nonprofit serving as extra eyes and ears for Union County judges hearing cases of youth in the child welfare system, the organization regularly recruits community volunteers to serve these local child-victims from birth to age 21.

To learn more about CASA of Union County, how to join a training class, and other ways to Change a Child's Story, email [info@casaoofunioncounty.org](mailto:info@casaoofunioncounty.org).



(above l-r) Community members are sworn in as advocates for foster youth.  
Top row: Berkeley Heights' Lynda Sun Lee, Roselle's Lila Monroe, Cranford's Katherine Rabecki; Middle row: Union's Robert Mallard, Union County Superior Court Judge Lara K. DiFabrizio, Kearny's Dina Gharaibeh; Bottom row: Scotch Plains' Julia Dranishnikov.

Photo by Court Appointed Special Advocates of Union County

## SENIOR DAY TRIP APRIL 18

The Berkeley Heights Seniors are sponsoring a trip To Resorts Casino in Atlantic City on Monday, April 18. We will leave from the Berkeley Heights Town Hall on Park Avenue at 8:30 a.m. and return at approximately 7:15 p.m. The cost is \$35 which includes bus transportation and a \$20 voucher for slot play. For further information or reservations, call Ramona at 908-647-3295.



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1 Riverbed .....\$80

1 1/2-3 Riverbed .....\$80

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# GOVERNOR LIVINGSTON L PROM FASHION SHOW 2022

*Submitted by Jeanie Ruban*

The Governor Livingston Project Graduation committee along with the Class of 2022 Executive Board, hosted the annual Prom Fashion Show Wednesday, February 23, 2022, in the high school cafeteria with over 50 students and teachers modeling dresses donated by David's Bridal in Watchung, and suits and tuxedos donated from Adams Fine Clothing and Tuxedo in New Providence.

The fashion show raises money for the prom as well as the Project Graduation event to be held on the night of graduation, June 21, at The Branchburg Sports Complex.

The event included a tricky tray basket raffle with over 100 baskets filled with electronics, college dorm room essentials, gift cards, merchandise from the Jets and Devils, and many other fun items and accessories. Many local families and businesses were quite generous with their donations to the event.

Seniors Abigail Biegel and Kevin Rodrigues served as emcees for the evening, introducing the models and calling the raffle prize winners. Governor Livingston High School teachers Beryl Roman, Staci Toporek, and Michelle Harpster also joined the fun of walking the runway. The senior models walked the runway in pairs and trios and had a great time doing so.



*(above) Teacher models: Ms. Roman, Ms. Toporek, and Ms. Harpster*



*(above) Lauren Kiesewetter and Michael Labisi*



*(above) Emily Radick, Jimmy Ruban and Naomi Monaghan strut their stuff*



*(above) Danny Pupo strikes a pose with the ladies*



*(above) Mountainside's "Borough Boys" are runway ready*

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Ask for TV Project Department, for job evaluation and estimate of cost and compensations!

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(above) SSS Pre-School Program graduate Cooper Van Beveren, pictured at age 6, will be the Student Speaker at the 32nd Annual Spring Benefit at the Canoe Brook Country Club on April 26. For tickets, go to [summitspeech.givesmart.com](http://summitspeech.givesmart.com).

Courtesy photo

**FAITH Lutheran Church**  
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**Sunday Mornings**  
Liturgies with Eucharist at 8:00 and 10:00 a.m.  
**Passion/Palm Sunday - April 10**  
8:00 a.m. Spoken Liturgy with Eucharist  
10:00 a.m. Festival Liturgy with Eucharist  
**Holy Thursday - April 14**  
12 noon Spoken Liturgy with Eucharist  
7:30 p.m. Liturgy with Rite of First Holy Communion  
**Good Friday - April 15**  
12 noon Ecumenical Community Service  
7:30 p.m. Service of Tenebrae  
**Holy Saturday - April 16**  
A Day of Silence, Prayer & Reflection  
**Easter Celebration - April 17**  
7:00 a.m. Memorial Garden Liturgy  
8:00 a.m. Spoken Liturgy with Eucharist  
10:00 a.m. Festival Liturgy with Eucharist

Visit our website at [famfaith.org](http://famfaith.org) or find us on Facebook at Faith Lutheran, New Providence  
*We practice an open Communion table. All are welcome!*

# SPRING BENEFIT FOR SUMMIT SPEECH SCHOOL

**Summit Speech School**  
Summit Speech School (SSS) is pleased to announce that its 32nd Annual Spring Benefit will be held in-person beginning at 10 a.m. on Tuesday, April 26 at Canoe Brook Country Club. The Spring Benefit Committee is delighted to, once again, provide guests with wonderful speakers, elegant silent and ticket auctions, a grand raffle, gourmet chocolates for purchase and much more at this, our largest annual fundraising event.

This year’s keynote speaker is Ilyse Dobrow DiMarco, Ph.D. An expert in the field of reducing anxiety, Dr. DiMarco is the author of Mom Brain. She is a Chatham resident with clinical psychology practice in Summit.

Our Student Speaker this year will be Cooper Van Beveren, who graduated from the preschool program in 2021. The Van Beveren family will share how SSS has impacted their lives, especially in giving Cooper the gift of speech.

This year, the Benefit Committee will honor John Thoms, soon-to-be retiring Board Chair and dedicated Board member for over 12 years. During his time on the Board, SSS has seen a

greater than 50% increase in the children served, broadening our scope to reach over 70 school districts throughout New Jersey. John’s efforts have helped to raise over \$10 million throughout the years by connecting the SSS with various corporate sponsors and private benefactors, as well as making many generous personal contributions. John’s leadership has been instrumental in Summit Speech School’s success.

For more information or to register for our 32nd Annual Spring Benefit visit [summitspeech.givesmart.com](http://summitspeech.givesmart.com).

Summit Speech School is a unique resource serving New Jersey’s deaf and hard of hearing children from infancy through high school. Using the latest hearing technology coupled with intensive training in speech, language, and listening skills, we teach students to listen and talk without the use of sign language, so they can become full participants in the hearing and speaking world. Generous funding from sponsors enables us to create equity and inclusion so our students can attend mainstream schools and succeed in social relationships, college, and careers. Visit us at [summitspeech.org](http://summitspeech.org).

# BAND SEEKS NEW MEMBERS

The Township of Union Municipal Band is back and is seeking new members to join the band! “Musicians of all ages are welcome,” says director Howard Toplansky. “If you are a high school musician looking for extra practice or a retired professional who wants to get back

into music, the municipal band is a perfect fit.” The band is looking for new members who play any instrument. Out of towners are welcome.

The Township of Union Municipal Band rehearses on Monday evenings at Hannah Caldwell School. The band performs ten concerts throughout the year, including special concerts at Ehrhart Gardens and Putnam Manor.

Mr. Toplansky believes the municipal band contributes to the culture of the township, sharing that “the municipal band is one of Union’s oldest traditions and is a great way to introduce members of the community to time-honored musical styles and compositions.”

Musicians who are interested in joining the band should contact the Township of Union Recreation Department at 908-686-4200.



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## FISHING DERBY APRIL 16

The Newark Bait & Fly Casting Club will celebrate its 40th Anniversary by stocking the Lower Echo Lake in Westfield on Saturday, April 16. Sign up begins at 7 a.m., fish will be stocked between 8 - 9 a.m. All are invited to attend this free event. Participants fish in the lake; bait will be supplied, poles will be available if needed, and prizes will be awarded to children in winning categories.

An individual, family, or business can sponsor a trout, which can run from \$6.50 to \$80 depending upon the size. Contact Robert L. Jones at 908-325-6657 to sponsor a trout.

Newark Bait & Fly Casting Club is a 501(c)(3) organization. In addition to sharing a love for fishing, the Club raises funds to help veterans, children, and disabled individuals. Visit nbfcc.org for more information.

## BERKELEY HEIGHTS LIBRARY PROGRAMS

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Mon. - Thur. 9AM - 9PM;  
Fri., Sat. 9AM - 5PM; Sun. 2PM - 5PM

The Berkeley Heights Public Library is offering the following programs in April:

Stop in the library from Sunday, 4/24 - Saturday 4/30 to pick up a "Poem in Your Pocket" to celebrate Nat'l Poetry Month.

### CHILDREN'S PROGRAMS:

#### Paper Plate Story Time

Tuesdays, 9:30 - 10:00 am  
Story and a craft for ages 3 - 5

#### Fun with Friends Story Time

Thursdays, 9:30 - 10:00 am  
Books, music, rhymes and play  
for ages 0 - 24 months

#### Good Tyme String Band

Tuesday, 4/12 at 10:30 am  
Join Ray, Len, Tom and Pete  
for a fun Banjo sing-along for all ages

#### Sing & Sign Storytime

Sunday, 4/17 at 3:00 pm  
Listen to Miss Laura read a story and watch  
as Danielle Neri tells it using sign language

#### Friends & Neighbors Story Time

Sunday, 4/24 at 3:00 pm

#### Take & Make Crafts

Craft kits with materials, instructions and more;  
available during open hours

For exact program dates & times, changes and  
additions, please check the library's events  
calendar at [www.bhplnj.org/events](http://www.bhplnj.org/events) or the library's  
Children's program page.

### ADULT PROGRAMS:

#### Italian Conversation Class

Thursday, April 7, 7:00 - 8:00 pm

Thursday, April 21, 7:00 - 8:00 pm

Come learn Italian with Carmen DelGuerico-  
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Conference Room and no advance registration  
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# Marketing Toolbox

Renna Media offers a full range of marketing services, in print and online, hyper-local to regional, for every budget and market size.

## NEWSPAPER ADVERTS

We mail 160,000 newspapers to every home and business in 24 towns. You can advertise in any number of towns. Ads start at \$60.

## FULL COLOR PRINTING

We print flyers and menus, full color, two sided, on coated stock for only \$35 per thousand.

## DIRECT MAIL

Insert your flyer into the newspapers and get it mailed to every home and business for \$60 per thousand and as low as \$30 per thousand for higher quantities.

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Online ads and press releases designed and placed to drive traffic to your website and get your phone ringing.

## SOCIAL MEDIA

We can design and/or manage your social media campaign from passive to aggressive plans customized to work within your budget.

## WEBSITE AND SEO SERVICES

Start with an audit/analysis of your website giving you a report and recommendations for \$250.

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**CALL JOE RENNA FOR A FREE CONSULTATION.**  
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Qty: 4,700  
Zip: 07922



Qty: 7,500  
Zip: 07928



Qty: 6,700  
Zip: 07066



Qty: 9,900  
Zip: 07016



Qty: 5,400  
Zip: 07208



Qty: 3,000  
Zip: 07023

Section of Elizabeth, NJ



Qty: 5,500  
Zip: 07932



Qty: 2,500  
Zip: 07027



Qty: 3,000  
Zip: 08812



Qty: 3,500  
Zip: 07033



Qty: 17,900  
Zip: 07036



Qty: 3,500  
Zips: 07933, 07946, 07980



Qty: 6,300  
Zip: 07940



Qty: 2,900  
Zip: 07092



Qty: 5,100  
Zip: 07974



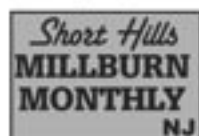
Qty: 13,000  
Zip: 07065



Qty: 5,600  
Zip: 07204



Qty: 9,400  
Zip: 07076



Qty: 8,200  
Zips: 07041, 07078



Qty: 9,600  
Zip: 07901



Qty: 6,800  
Zip: 07083 (partial)



Qty: 6,200  
Zip: 07059



Qty: 2,700  
Zip: 07069



Qty: 11,800  
Zip: 07090

### NEWSPAPER AD RATES

Units	Size	1 TOWN	3 TOWNS	6 TOWNS	9 TOWNS	12 TOWNS	15 TOWNS	18 TOWNS	21 TOWNS	24 TOWNS
1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
BACK PAGE	10" x 14"	\$500								
FRONT PAGE BANNER	8.25" x 2"	\$320								
FRONT PAGE BOX	1.5" x 4.5"	\$240								

Back cover, front page banner and front box reserved on first-come, first-served basis. Current advertiser has right of first refusal.

Rates are per month. Artwork included in price. Newspapers are black on white.

**PREPAY 6 MONTHS AND GET 1 MORE FREE**  
**PREPAY 12 MONTHS AND GET 3 MORE FREE**

Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016

## EARTH DAY RAHWAY RIVER CLEAN-UP - APRIL 23

All volunteers are invited to celebrate Earth Day 2022 with Boy Scout Troop 330, Cub Scout Pack 30 and members of the Rahway River Watershed Association in a clean-up of the Rahway River on Saturday, April 23rd (with a rain date of Sunday, April 24th). The clean-up will focus on areas upstream and downstream of the dam at Winfield Park, New Jersey throughout Rahway River Park. Please plan to stop by the parking area adjacent to the waterfall of the Rahway River by the dam at Winfield Park at 8:45 a.m. to register, pick up bags, gloves, bottled water and snacks, and receive safety information.

Teams will be encouraged to travel to any part of the river within the park where they would like to perform cleanup activities but we specifically will ask folks to always work in small groups for safety purposes with folks socially distanced.

Cleaning up a river and park area is a great way to celebrate Earth Day and if you haven't participated in an event like this before, you will

find it invigorating, and you will feel good about what you have accomplished. It is also fun and educational, especially for scouts and young adults as they always find something interesting. Over the 20+ years this cleanup has occurred thousands of folks have participated, including girl scouts, cub scouts, boy scouts, fishermen, local activists and citizens, and we pulled some amazing things from the river.

The clean-up will generally be between 9a.m. till noon, but any amount of time or effort that folks can volunteer is appreciated. There is always a large volume of floatable debris to pick up, and this year there remains substantial debris in the floodplain from Hurricane Ida last fall. The team working registration will provide suggestions on areas with large volumes of floatable debris.

All participants should wear jeans, long-sleeved shirts, gloves and boots, waders are welcome for folks who like to get a little wet.

Each participant should bring a standard 5-gallon carry bucket with a handle (put your name on the bottom), this makes for easy carrying of "stuff" for transfer to the large garbage bags. A mulching rake is also a great asset to have to enable reaching out and pulling debris into shore from the river bank. When we complete the event we do a basic inventory of the "big stuff" that we removed, and within approximately 24 hours Union County Parks removes and disposes of all the trash. There is no RSVP required but if you need more information or think you will attend please let us know by e-mail at [rivercleanup@comcast.net](mailto:rivercleanup@comcast.net).



(above) Some interesting things have been pulled out of the river during the annual Earth Day River Clean-up events



### THIS EARTH DAY MAKE A COMMITMENT TO "HELP SAVE OUR LOCAL TREES"

Advertisement by Gene Gregory from [DefendOurTrees.com](http://DefendOurTrees.com)

#### IN 2020 HEADLINES READ:

1. "HIGHEST CARBON DIOXIDE RATE EVER RECORDED IN HUMAN HISTORY"
2. "2020 SETS ANOTHER GLOBAL TEMPERATURE RECORD."

Did you know? Science says that "the most important thing we can do GLOBALLY to curb this PHENOMENON is to Save our OLD Trees."

You don't have to believe in Climate Change or Global Warming to know this is a bad thing. Increasing Carbon Dioxide levels decrease the amount of oxygen in the air. This along with other pollutants in the air, has not only been linked to climate change and Global Warming, but an array of diseases as well: Cancer, Diabetes, Premature births,... Autism, the list goes on and on.

These problems and the severity are dramatically worse in poorer areas with more industry, diesel fumes and NO TREES. (please see "Earth Day turns 50" in the Star Ledger, it touches on what are children and their children are facing. One of the things they speak of are the "Large bodies of polluted water" we are leaving behind.

Despite these facts and my efforts: dozens of these trees, our "Oldest Residents", are killed in our local neighborhoods each year. Among the many losses: Shade, Solace the Filtering of our Air and Water, the oxygen they provided, ...they also release the Carbon they have accumulated for hundreds of years.

On June 8th, 2021, I hired a tree expert to help

save some of the trees in our area. I showed him dozens of trees in Westfield, New Providence, Summit and Scotch Plains. He used the word "disgusting" to describe what he saw. In his report he writes "that many of these trees can be saved if prompt action is taken".

#### HOW CAN YOU HELP SAVE THESE TREES?

Please visit our site and read all the facts [defendourtrees.com](http://defendourtrees.com) See the:

- 1) "Pictorial of trees that can be saved". These are just a few of the many OLD trees being destroyed and dying in our area. If you live in the area, please write a letter (to your local mayor and town council) demanding this needless destruction of our old trees, stop immediately. Please Email a copy to [defendourtrees.com](http://defendourtrees.com)
- 2) Please also read "Rooting out Problems" at my site or google it yourself. It explains: "simple measures for saving trees during construction", which is the biggest cause of killing our trees. Most importantly, you will recognize what will harm a tree. Make a commitment to share this information with your children and friends.

Instagram @DefendOurTreesNJ to see other sites and locations.

### ST. ANTHONY'S GRAMMAR SCHOOL OF ELIZABETH, NJ EVERY YEAR REUNION

Celebrating the Salesian Sisters 150 year Anniversary

**SATURDAY, JUNE 4TH**

Starting with a Mass at 5:00pm

in church, followed by festivities in the **ST. ANTHONY'S SCHOOL CAFETERIA**

227 Centre St, Elizabeth, NJ

**ALL ALUMNI ARE INVITED.**

The Salesian Sisters

served St. Anthony's from 1954 to 1992.

Please register for this free event at:

[eventbrite.com](https://www.eventbrite.com)

(search Salesian-Sisters-Celebrate-150)

or link from our facebook group page:

St. Anthony's school reunion



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PERSONAL TRAINING &  
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