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AMELIA HANGER RAISES OVER \$2,000 FOR ANIMAL SHELTER

Linden Public Schools

A third-grader from School No. 10 in Linden was able to raise well over \$2,000 for the Friends of Linden Animal Shelter as part of a selfless service project she took on for Martin Luther King Day.

Amelia Hanger started the project two years ago when she raised \$400 for the shelter and continued it in 2021 by raising \$1,000 for the Linden Presbyterian Church food mission.

Amelia said she is proud of the continuing success of her annual project.

"I feel good because we know we did something good for the world," she said. "This was the most money we ever raised and was the most success we have ever done."

Jennifer Pankow-Hanger, Amelia's mother, said the project raised \$2,000 directly, which Amelia used to buy pet food and other supplies for the shelter. She had also put the word out that donors could contribute directly to the shelter, which received \$1,900 in donations on its website during the week of Amelia's project.

"Not all comes from our efforts alone," Pankow-Hanger said, "but it's a pretty staggering thing to know that we started out a few years ago with an idea and raised \$400, and this year we've raised almost 10 times that amount."

"Our entire family are all incredibly proud that Amelia has taken up the idea and that her passion for animals, and cats specifically, have inspired so many to share in our desire to do good in our community."

Amelia wanted to help FOLAS – Friends of Linden Animal Shelter, which is where her family adopted two cats, Michelle and Michael, in 2021.

"I picked the animals since it is winter and they might need homes so they don't get cold and die in the cold," she said. "I love cats so much because they are nice, and they are good service animals, too."

She was also inspired by what she has learned about the Rev. Martin Luther King Jr.

"He made the world a better place," Amelia said. "And our service project is good because it shows we are helping out the world."

Pankow-Hanger said she learned a lot about how MLK Day can be used as a day of service and wanted to pass that lesson on to her daughter.

"We loved the idea that we could honor and serve on that day and embraced the idea of 'a day on' rather than a day off," she said. "That started us down this path."

Steve Hanger, Jennifer's husband and Amelia's father, said he is very proud of his wife and daughter for putting this project together.

"They inspire me to want to be a better person each and every day," he said. "Their kindness and thoughtfulness have truly left a



(above) Amelia Hanger, pictured here with her cats Michelle and Michael, is a third-grader at School No. 10 in Linden. Amelia raised over \$2,000 for the Friends of Linden Animal Shelter (FOLAS) as part of her Martin Luther King Day service project.



(above) Amelia Hanger with her father, Steve Hanger, delivering supplies to Linden Animal Shelter.

Courtesy photos

mark on our community."

And on Linden Public Schools.

"Amelia's efforts to help her local community at such a young age are remarkable," said School No. 10 Principal, David Walker. "Her service to others greatly embodies the mission of Dr. Martin Luther King Jr. Day. She is truly a wonderful student with a big heart, supported by her incredible family.

"We are so proud of Amelia!"

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STUDENTS HOST LINDEN POLICE OFFICERS

Linden Public Schools

Linden High School students who are members of the Entrepreneurial Management Achievement Program (EMAP) recently hosted Linden Police Chief David Hart and members of his department for a friendly and informal meeting.

The officers presented interesting and informative information about their work; some students expressed interest in exploring law enforcement in the future. Chief Hart left the students with his contact information and said his "door is always open."

EMAP is an independent, reality-based entrepreneurial arts program that has operated with the support of Linden Public Schools for 15 years. It helps LHS students prepare for their future by exploring concepts in finance, marketing, and the arts through real-world business scenarios. The program also focuses on character development as a key to success in all

walks of life.

The program is guided by Founder and Chairman Sy Mayerson, President Dianne Blazier-Jiosi, Linden High School graphic arts teacher Debra Heffernan, and Linden High School art teacher Lee Gaskins.

Photos by Linden Public Schools



(above l-r) Capt. Christopher Guenther, Officer Raul Jordan, Chief David Hart, and Sgt. Leon Paster.



(above) Linden High School Entrepreneurial Management Achievement Program (EMAP) students with President Dianne Blazier-Jiosi, LHS graphic arts teacher Debra Heffernan, Founder and Chairman Sy Mayerson, and LHS art teacher Lee Gaskins.

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TECHNOLOGY STUDENTS ACCEPTED INTO INVENTOR COMPETITION

A group of technology students from Schools No. 4 and No. 9 in Linden have been accepted to take part in the STEAM Tank Challenge, a state competition in which students apply science and technology skills to create a product that addresses a real-world problem.

The program encourages students and teachers to work collaboratively in science, technology, engineering, art, and math (STEAM). It also supports the development of critical thinking and problem-solving skills.

The Linden team is made up of the Student Vanguard technology club at School No. 4 and

the fifth-grade Gifted & Talented students at School No. 9 under the guidance of technology teacher Mitch Gorbunoff.

The students' invention is the Read-O-Matic, which is designed to help students learn letter sounds then blend them together. It works using a device called a Makey Makey, which allows any conductive material to be turned into a keystroke. Students use Scratch, a programming website, to code specific sounds each time certain keys are pressed. Students form letters out of Play-Doh then place these letters on metal squares on the board. When students press on

their Play-Doh letters, they hear the correct corresponding letter sounds.

The competition is ongoing and the Linden team expects to hear in the coming weeks. The program was created by the NJ School Boards Assoc. and is sponsored by the U.S. Army.

THE TEAM INCLUDES:

From School No. 4: Jayden Countrymen, Izabelle Rivera, Eva Bien, Heidy Yanes, Izrum Efobi, and Andrea Rivas.

From School No. 9: Philipe Pajishvili, Marc Prieto, Rasha Bashir, Hunter Miller, and Nina Szczurowski.



(above l-r) Fourth-graders Heidy Yanes, Andrea Rivas, Izabelle Rivera, and Eva Dien work on building the Read-O-Matic for the STEAM Tank Challenge.



(above) Philipe Pajishvili, a fifth-grader at School No. 9, is part of the team that built the Read-O-Matic.



(above l-r) Izrum Efobi and Andrea Rivas, fourth-graders at School No. 4, helped build the Read-O-Matic.

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SUMMER SEASONAL EMPLOYMENT OPPORTUNITIES

Linden Department of Parks and Recreation announces that applications are being accepted for summer day camp and playground counselors. Applicants must be at least 18 years or older and out of high school. One year of college is preferred.

Applications can be picked up at 1025 John Street or 330 Helen Street. The application can also be downloaded from the City of Linden website. Submit applications to Linden Parks and Recreation at the JTG, 330 Helen Street. Attention: Day Camps & Playgrounds.

For more information about the day camps, visit linden-nj.org and click Department of Parks & Recreation or call 908-474-8600.

HIGH SCHOOL SCHOLARSHIP APPLICANTS SOUGHT

Bayway Complex Community Advisory Panel

For the year 2022, the Bayway Complex Community Advisory Panel (CAP) has elected to offer High School Seniors who are residents of Linden, Rahway, Elizabeth, and Staten Island the opportunity to be awarded a CAP scholarship. Several one-year scholarships will be awarded in the amount of \$1,000 each to students in these four municipalities represented by the CAP.

The winners will be selected by the CAP Scholarship Committee, who will be taking the following areas into consideration when reviewing the applications: The applications must be computer-generated and all sections completed; Academics (transcript/SAT/ACT scores); Financial Need; Essay; Science/Math Teacher Recommendation Letter(s).

This scholarship is open to candidates who will be pursuing a college, university, career or vocational school education in the Industrial,

Process Technology, or Engineering (Chemical, Civil, Mechanical, Environmental, Computer) fields.

Please contact your high school guidance counselor for more information and the application forms. The submission deadline is March 28, 2022.


The Bayway CAP is a committee of community representatives from Linden, Rahway, Elizabeth, and Staten Island including neighbors, educators, retirees, public officials, emergency responders, and environmental organization representatives who attend quarterly meetings that serve as a forum for dialogue between the community and company representatives from Phillips 66 Bayway Refinery, Infineum USA L.P., Linden Cogeneration Plant, Veolia North America, Solutia, Linden VFT LLC, and PSEG.



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Come to a Pancake Breakfast, hosted by the American Legion Auxiliary - Unit 102, on Sunday, March 20, 2022 at the American Legion Post 102, located at 112 West Elizabeth Ave., from 8 a.m. to 12 p.m. Donations: Adults \$8.00 / Seniors & Children \$7.00 / Ages 5 & Under Free.

So come out and enjoy a home cooked breakfast, including this month's special Corned Beef Hash.

PANCAKE BREAKFAST AT THE VFW #1397

Come one, come all to our Pancake Breakfast on Saturday, March 26, 2022 at the VFW Post #1397, located at 20 Pennsylvania Railroad Ave., from 8 a.m. to 12 p.m. Donations: Adults \$7.00 / Seniors & Children \$6.00 / Ages 5 & Under Free.

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PARKS & REC OFFERS YOUTH STEM CLASSES

Linden Department of Parks and Recreation is offering two Science Technology Engineering and Math (STEM) classes for children ages 6-12. The following programs will be offered at the Linden Multi-Purpose Building, 1025 John St. Pre-registration is required and must be done at least one week before the start of class.

Crime Scene Investigation: Become a Super Science Sleuth! Learn about forensics, crime scene investigations, and crime lab chemistry as you perform experiments designed to show you just how those tricky cases are solved. Search for evidence, gather clues, and discover how science can help solve a mystery! Dust for and classify fingerprints, analyze handwriting, test for blood type and DNA using simulated blood, and use "Glow Blood" to see where humans can't see. Examine hair and clothing fibers, practice chemistry to identify mystery substances, and

much more. Saturday, March 5, from 9:30-11:30 a.m. Fee: \$25.

LEGO Building & Machines: Have fun building a LEGO adventure from the many themes that Lego has to offer. We offer projects from Lego Star Wars, City, Architecture, Friends, Creator, and many new themes. Projects vary depending on availability from LEGO headquarters, but include new, age-appropriate models such as cranes and a player piano that illustrate science concepts. Participants choose from models listed and will not have time to build all models. All participants take home a LEGO mini-project. Saturday, March 19, from 9:30-11:30 a.m. Fee: \$25.

For more information, email lindenrec@linden-nj.org, or call 908-474-8600. The Parks & Recreation office is located 330 Helen Street.

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RETIRED TEACHER'S GENEROSITY GIVES BOOST TO TECH CLASSES

The love and generosity of a retired elementary school teacher from Linden is helping a former colleague to go above and beyond for her students—and causing ripple effects of kindness throughout the school.

School No. 10 technology teacher Kim Kefalas wanted to get lapel microphones for her elementary students to use with their district-issued iPads to make it easier for them to complete projects while wearing masks. So, she sought donations on the DonorsChoose fundraising website for the \$339 needed to buy the microphones.

Rita Cruz Suarez, a teacher who recently retired from School No. 10, came through and donated the entire amount.

Technology students at School No. 10 were surprised and excited to learn about their new microphones.

"What a great way of paying it forward," Kefalas said. "We are so thankful to Ms. Cruz Suarez. I always teach kindness, and it's so nice when it comes back to you. It's perfect for our school motto: The Little School with the Biggest Heart."

Kefalas invited Cruz Suarez, who taught at the school for 23 years, to be there when Kefalas surprised the fourth- and fifth-grade Tech Team students with their new microphones. They applauded Cruz Suarez and gave her flowers and hugs, as well.

"I just felt compelled to participate and support her project," Cruz Suarez said. "All of us, and the children especially, have gone through some crazy times recently. I just feel that they need something good to happen and something they can learn from and pay it forward."

In that spirit, School No. 10 is launching the Pay It Forward Challenge for students throughout the month of February.

"Ms. Suarez did this asking nothing in return. So, what she wants is for you to pay it forward," Kefalas told her students. "Does that mean she

wants you to go out and buy 40 microphones for a friend? No. She wants you to

do something kind for somebody else for no reason at all. It's easy. Someone needs a pencil? You let someone borrow a pencil. We're talking little things."

Kefalas originally was hoping to reach her goal with several smaller donations through DonorsChoose, a national non-profit that allows teachers to tap into a network of millions of online donors to support classroom projects and district initiatives.

Linden Public Schools developed a partnership with DonorChoose and encourages staff

members to use it to initiate fundraising efforts that benefit students. Kefalas and other teachers in the district currently have other projects posted on DonorsChoose, hoping to collect money to enhance students' learning and school life.

Cruz Suarez hopes that her gesture has a lasting impact on the school she called home for so many years with more opportunities for the tech students and a kinder atmosphere for all.

"For me, it's something that the children needed to put a smile on their faces," she said, "and if all the children can do that for just one other person and make them smile, then I've done my job."

Photos by Linden Public Schools



(above) Tech Team students pose with (l-r) counselor Jennifer Clark, technology teacher Kim Kefalas, Principal David Walker, and retired teacher Rita Cruz Suarez, who donated new microphones for the students to use in class.

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Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain. Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS



Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

"After only four visits, I have absolutely no pain! The staff is 'top-notch.'"

- Quentin L.

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PHILLIPS 66 PROVIDES DISASTER FUNDS

Phillips 66 Bayway Refinery made a \$6,600 donation to the Community FoodBank of New Jersey (CFBNJ) towards their Recovery Challenge Initiative—a three-year strategic project that prioritizes ongoing and expanded services.

With the ongoing COVID-19 pandemic and the devastating impact Hurricane Ida had on the CFBNJ Hillside, NJ facility and their community partners, CFBNJ saw many more households in need of emergency food. CFBNJ's three-pronged response plan is to address damage to the Hillside facility and underlying flood zone issues, support agency partners who were wiped out, and provide emergency food to those in Ida-impacted communities.

CFBNJ will leverage the \$6,600 donation from Phillips 66 Bayway Refinery to expand their capacity to meet the immediate need and to provide resources to mitigate long-term food insecurity.

"The communities that surround our facility have a significant percentage of low- to moderate-income families who rely on the food bank and on our continuing support during these challenging times," said Phillips 66 Bayway Refinery General Manager Chris Gallo. "We are pleased that our donation will assist the CFBNJ in continuing their important work of providing for the needs of the community."

"Amid the unprecedented challenges posed by the COVID-19 pandemic and Hurricane Ida, support for our community partners and neighbors in need is more critical than ever before," said Carlos Rodriguez, President & CEO of the Community FoodBank of New Jersey. "We're grateful to Phillips 66 Bayway Refinery for their generous contribution to our Recovery Challenge Initiative, which will help us build back our communities as we continue providing food, help, and hope."

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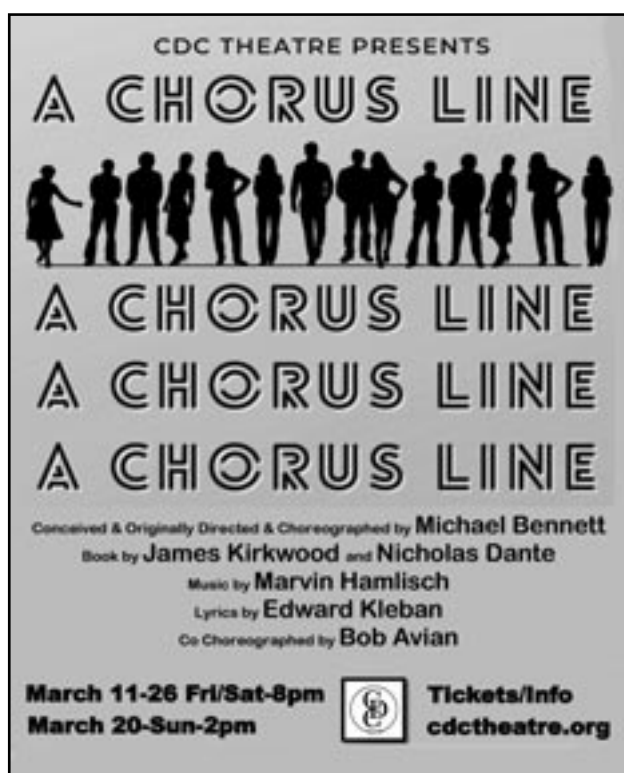


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A CHORUS LINE COMING TO CDC THEATRE IN CRANFORD

Come be part of Broadway's most legendary musical audition. After having been postponed from its 101st season, A Chorus Line will run at CDC Theatre in Cranford from March 11 through March 26, 2022. This stunning concept musical captures the spirit and tension of a Broadway chorus audition and explores the inner lives and

bittersweet ambitions of professional Broadway performers. Winner of nine Tony Awards, including Best Musical and the Pulitzer Prize for Drama, the show features one powerhouse number after another. Michael Kidney leads the talented cast as director and choreographer. Visit cdctheatre.org for ticketing information.



(above) Cast of A Chorus Line. Visit cdctheatre.org for ticketing information.

AUDITIONS FOR A BRONX TALE

CDC Theatre in Cranford

Auditions for A Bronx Tale will take place at CDC Theatre, 78 Winans Ave., Cranford, NJ on March 14, at 7 p.m. for young Calogero only; and March 15 and 16 at 7 p.m. for all other roles. Callbacks will be on Tuesday, March 22 at 6 p.m. by invitation only.

Please bring a headshot and resume stapled together and provide proof of vaccination. Prepare a 32-bar cut of a contemporary Broadway song; sides will be provided.

Based on the critically acclaimed play that inspired the now classic film, this streetwise musical will take you to the stoops of the Bronx in the 1960s—where a young man is caught

between the father he loves and the mob boss he'd love to be. Featuring a book by Academy Award nominee Chazz Palminteri, music by Oscar, Grammy, and Tony Award winner Alan Menken, and lyrics by Grammy Award winner and Oscar and Tony Award nominee Glenn Slater, A Bronx Tale is a story about respect, loyalty, love, and above all else: family.

Rehearsals will take place at CDC, in the evenings on Tuesdays, Wednesdays, Thursdays and Sundays, starting April 5th. Performances are June 10, 11, 17, 18, 24, 25 at 8pm, and June 19th at 2 p.m. Additional information can be found by visiting cdctheatre.org.

HELP WANTED

St. Joseph Social Service Center needs volunteers and part-time staff.

Volunteers are needed weekdays to help sort and distribute food and clothing. If you have a few hours to spare, please contact Volunteer Coordinator Tama Hampton via email at thampton@sjeliz.org or phone at (908)354-5456 ext. 404.

If you are a new volunteer, please fill out the application on our website at sjeliz.org/volunteer.html. Tama is also a volunteer and will get back to you.

The Social Service Center also has a part-time staff position available in its new Adult Learning Center. This will include Project Ready (Job Readiness and Computer Skills), English as a Second Language, and other Community Education initiatives.

Please visit sjeliz.org/news.html for a full job description. To apply, please email your resume to Bernadette Murphy at bmurphy@sjeliz.org.

FREE INCOME TAX HELP

The City of Linden Department of Parks & Recreation announced that they are partnering with AARP Tax-Aide to offer free income tax help to all Linden residents. All volunteers are IRS certified and can address most issues asked by their clients.

Appointments are needed. Appointments are on Tuesdays, starting February 15th through April 12th, from 9:30 a.m. to 2:30 p.m. at the JTG Center, located at 330 Helen Street, Linden, NJ. To schedule an appointment, call 908-474-8600 between 9 a.m. and 4 p.m. Monday through Friday. Participants must bring a copy of last year's tax return, Social Security card, photo ID, children's Social Security cards, all W-2's, 1099s, and any other documents necessary to complete their tax return.

For more information, email lindenrec@linden-nj.gov, or call 908-474-8600. The Parks & Recreation office is located at 330 Helen Street, Linden.

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FUNDRAISER FOR CRANFORD FIREFIGHTER

Knights of Columbus of Garwood and Cranford

LIFE in LINDEN • Page 13 • March 2022

The Final Four Charity Fundraiser to support Cranford Firefighter Robert Hurewitz, whose career was cut short by physical injuries sustained on the job, will take place on Saturday, April 2 from 6:00 p.m. to 11 p.m. at the Columbian Club of Garwood at 37 South Ave., in Garwood. Tickets are \$35 per person and include beer, wine, soda, and food.

Hurewitz suffered heart and kidney damage in the line of duty last year. The effects have been

lasting and deleterious. Proceeds from the April 2 fundraiser will be donated his family.

Please help this family of three by participating in the April 2 event or by donating directly to the GoFundMe campaign started by Hurewitz's wife Amanda: [GoFundMe/e460a236](https://gofund.me/e460a236). You can also mail a donation check made payable to the Cranford Knights of Columbus, PO Box 501, Cranford NJ 0701 – write in the check note: For Hurewitz Family.



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Charity Fundraiser**

Cranford Garwood



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Cranford fireman

Robert Hurewitz

**GoFundMe
Campaign**

<https://gofund.me/e460a236>

Saturday, April 2
6:00pm – 11:00pm

Columbian Club of Garwood
37 South Ave

Tickets \$35/person

Tickets sold at the bar or
at the door on the night of the event

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Includes:
Draft beer, wine, soda and food from
6:00 pm – 11:00 pm

(above) Help raise funds on April 2 for Firefighter Robert Hurewitz whose injuries sustained in the line of duty prevent him from working.

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HALL OF FAME COACH RETIRING FROM LHS BOWLING TEAM

Linden Public Schools

Cherie Pizzano, the Hall of Fame coach of the Linden High School bowling team, is retiring at the end of the 2021-2022 winter season, after 22 years of coaching the Tigers on the alleys.

Recently, Pizzano was surprised with a party in her honor at Jersey Lanes in Linden after the team's final regular season match. The party was organized by the parents of the bowlers, whose love for their coach was evident.

"It's been a heck of a week for me emotionally," Pizzano said at the party. "Since I was a little girl, all I've done was sports. My grades were first, sports second. I can't tell you what it's meant for me in my life to coach at Linden High School between softball and bowling for 28 years."

The party guests included current and past bowling team members, many of their parents, Pizzano's parents, two sons, significant other, as well as LHS Principal Yelena Horré and Athletic Director Steven Viana.

"The relationships I have in the room here with you guys and the things that we've been through are just unforgettable," Pizzano told her guests. "I pray and hope that I've impacted your life as much as you've impacted mine."

The parents gave Pizzano a going-away present of a statue of a bowling ball striking two pins with the inscription "Thank you for all the wonderful years of coaching! Love, your bowling family!"

Pizzano was selected for the New Jersey Scholastic Coaches Association Hall of Fame in 2019, becoming just the sixth Linden coach selected and the first woman from Linden.

Pizzano's résumé as bowling coach is impressive since taking over the program in 2000. The Tigers won sectional titles in 2005, 2008, 2013, 2014, 2016, and 2018; Union County titles in 2003, 2005, 2015, 2018, and 2019; and Watchung Conference titles in 2004, 2005, 2015, 2018, and 2020. Her team had an amazing 43-match winning streak that stretched from 2017 to 2019.

The highpoint for the team came when it won the statewide Group 3 Championship in 2020,

becoming only the second Linden bowling team to win a state championship.

Individually, Pizzano was named Star-Ledger Bowling Coach of the Year for North Jersey Section 2 three years in a row, 2003-2005, and NJSCA Bowling Coach of the Year in 2007. Pizzano also coached softball at LHS from 1994 to 2010.

"When Coach first told us that she was contemplating retiring, I just said, 'No, we're not allowing it,'" Viana joked at the party. "We can't

replace a Hall of Fame coach, but for all her years of service, we cannot say thank you enough."

Pizzano will continue in her job as a special education teacher of history at LHS.

"I have so many amazing memories and the hardest thing for me was to walk away," she said. "It's the culmination of my coaching career, and I couldn't ask for a better team to send off. And it's not goodbye, it's see you later. You know where my classroom is. I'm always going to be here for you."

Photos by Linden Public Schools



(above) LHS bowling coach Cherie Pizzano admiring the gift she received from parents of her bowlers at her retirement party.



(above l-r) LHS Principal Yelena Horre, LHS bowling coach Cherie Pizzano, and Athletic Director Steven Viana.



(above) Linden High School bowling coach Cherie Pizzano with attendees at a surprise party in honor of her retirement from coaching.



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FLINTLOCKS CELEBRATE 100TH BIRTHDAY OF MEMBER

Dr. D. Michael Hart

Not many centenarians get to celebrate their 100th birthday surrounded by friends. On Thursday, February 17, the Flintlocks celebrated Fanwood resident Joe Schott's 100th birthday. Joe has been active in this volunteer group for 33 years since retiring from Bells Labs. He recruited many of his friends to join, and even a few relatives. Joe has a wry sense of humor, so they presented him with a parking plaque which reads: "Reserved Parking Only for Flintlocks Over 100 Years Old."

The Flintlocks are a group of retired scouts who devote every Thursday all year round to helping the Scout Camps. They build cabins,

make picnic tables, paint the dining hall, do maintenance and build craft kits for the Scout shops. The Flintlocks represent a wide range of skills, including: two electricians, a millwright, carpenters, plumbers, diesel mechanics, police officers, heavy equipment operators, but also many professionals such as a dentist, two college professors, computer experts, financial advisors, salesmen, etc.

The most popular craft kits sold at the Cedar Knolls and Mountainside Scout Shops are the bird houses, bird feeders, benches and handy boxes. The men also volunteer at many of the Patriot Path Council activities for the scouts. Since they are a 501c3, they do not need to pay

sales tax, and they provide skilled labor for free. The Council has 3 camps and the volunteers are important to keep things running smoothly. Many of the scouts had children or have grandchildren in the scouts. More than half of the volunteers have been awarded the Silver Beaver Award, which is the highest National Honor offered by the Boy Scouts of America. They are an outstanding group of volunteers.

The Flintlocks meet every Thursday from 8 am to 2 pm at Camp Winnebago in Rockaway. Guests are always welcome. For information, contact Secretary Dr. D. Michael Hart by email drmhart@yahoo.com.



(above) Joe Schott seated to the immediate right of the parking sign, behind the cake, in a flannel shirt; celebrating his 100th birthday with his 24 Flintlock friends around him.

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CLEAN UP OF LCP SUPERFUND SITE TO BEGIN

City of Linden

The U.S. Environmental Protection Agency (EPA) is taking steps in protecting residents who live in the Tremley Point Area with the cleanup of the Superfund Site. They will begin with demolishing various buildings and structures on the site, this will make way to address the mercury-contaminated soil and groundwater. The EPA will also be monitoring the air and they will control dust and erosion during the demolition. They expect to have this project completed by mid-summer this year.

The cleanup plan also calls for a protective cap to cover the contaminated soil prevent it from leaching into groundwater and to make sure mercury vapor does not escape into the atmosphere. The nearby wetlands will be rebuilt after the contaminated sediment is dug up and put under the cap.

EPA Regional Administrator, Lisa Garcia said, “We are safely demolishing these buildings to clear a path for a cleanup that will address the risk

this site poses to the people in the community.” She went on to say, “Once we have better access to areas under the building, we can more readily address the mercury contamination in the soil, as well as the underlying groundwater.”

This property is a 26-acre site which was home to the Linden Chlorine Products Chemical plant, also parcels were leased to Union Carbide, Microcell Technologies and Kuehne Chemical Company. The Hanlin Group, Inc which owned LCP Chemical, Inc. filed for bankruptcy in July of 1991.

“This property has been a Superfund site since 1998 and I am very excited that this cleanup will pave the way to get the property redeveloped,” said Mayor Armstead. “LCP shutdown operation in 1985 and having this site redeveloped and put back on the tax rolls will provide both economic and financial benefits to Linden. This clean-up has been a long time coming and I am grateful to the U.S. Environmental Protection Agency (EPA) that this is finally happening.”



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2022

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Saturday, March 26, 2022
9:00 am to 2:00 pm
Tournament play starts at 10:00 am

Cranford Community Center
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Registration is \$15 • Note: this is a non-rated tournament.
Scouts can register online at <https://scoutingevent.com/999999>
Non-scouts (under 18 only) can register by calling Joe Renna at 908-447-1295.
For questions or information, contact Victoria Moran at victoria.moran@scouting.org or 973-765-9322 ext 250.

Trophies awarded to 1st, 2nd and 3rd place finishers.
Lunch will be provided for all players and fans.
This tournament meets the 6a requirement for earning a Chess merit badge.

YOUNG ARTISTS LOVE TO PAINT



Children proudly show off the paintings they created at a recent Kids Paint class sponsored by the Linden Department of Parks & Recreation. For more information on recreation programs, email lindenrec@linden-nj.org or call 908-474-8600. The Parks & Recreation office is located at 330 Helen Street.

Photo by City of Linden

RENNA MEDIA LAUNCHES THREE NEW NEWSPAPERS

Beginning in March three new towns have joined Renna Media's growing family of newspapers: Florham Park Press, Millburn Short Hills Monthly, and Elmora Hills Elizabeth. Renna Media is now mailing 160,000, town-specific newspapers, to 24 towns each month.

The newspapers' goal is to be a positive influence on the economic development and overall well-being of the town. Our publications exist to share community service news and the good things that are happening in the community.

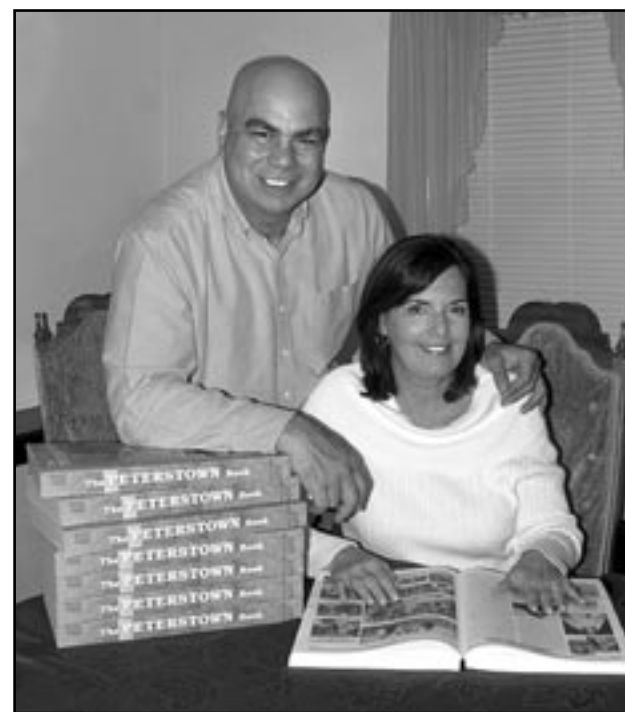
Renna Media is a Cranford, NJ based business owned and operated by husband and wife team of Joe and Tina Renna. Renna Media's family of 24 community newspapers are published in Morris, Essex, Union and Somerset counties, with a total circulation of 160,000. The publications are "hyperlocal" in nature in that they contain information focused on each individual town, and are direct mailed within those towns.

The concept of being hyper-local is to give local businesses a venue to promote services. Reaching local customers gives you the highest return for your advertising dollars. The newspapers are designed (black ink on newsprint) to keep the cost of an advertisement to as low as \$60. Regional businesses can take advantage of one low rate for advertising in multiple towns.

Renna Media also prints full-color flyers that get mailed along with the newspapers. A cost effective alternative to mailing postcards.

For more information about Renna Media publications, please visit rennamedia.com.

You can contact Tina Renna regarding advertising, or to submit news, via email info@rennamedia.com; or call 908-418-5586.



(above) Joe and Tina Renna, owners of Renna Media, LLC, publish 24 direct-mailed community newspapers with a total circulation of 160,000. They have been publishing community newspapers since 1998. For more information, please visit rennamedia.com.

Full Color Flyers and Menus Printed and Mailed to Every Home and Business in Town!

MENUS - PRINTING - \$50 PER THOUSAND

Rate is for quantities of 25,000 or more.

For quantities less than 25,000 cost is \$68 per thousand.

11"x17" / Full color / 2 sided / 60lb gloss coated stock /

Includes folding (quarter fold or tri-fold, with or without coupons tab)

FLYERS - \$35 PER THOUSAND

8.5" x 11" / Full color / 2 sided / 60lb gloss coated stock /

Tri-fold add \$10 per thousand

INSERTED AND MAILED TO EVERY HOME AND BUSINESS

\$60 per thousand. (as low as \$30 per thousand depending on quantity.)

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com



FLYERS

\$35

PER 1,000

MENUS

\$50

PER 1,000

ONLINE ADS & PRESS RELEASES DRIVE LOCAL TRAFFIC TO YOUR WEBSITE

• GET UNLIMITED CLICKS

An alternative to expensive pay-per-click programs

• FREE AD DESIGN AND COPYWRITING

Advertising webpage includes many features including write-up, images, video, Google map, etc.

• POSTS ARE SHARED THROUGH SOCIAL MEDIA

Posts shared on multiple Facebook pages and twitter.

• PAID SEARCH ENGINE PROMOTIONS

Posts are promoted by industry, key words and location.

• TRACKABLE RESULTS

All ads include a live view counter.

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com



\$10 PER POST

Block of 20 for \$200

Single post is \$20

WEBSITE AUDIT/ANALYSIS AND RECOMMENDATION PLAN

• SEE WHAT IS WORKING AND NOT WORKING

Know where your web traffic is coming from and why.

• ELIMINATE / AVOID COSTLY SCHEMES

Evaluate the return you are getting from your online marketing costs.

• INCREASE ONLINE MARKETING RESULTS

Recommendations include ways to increase traffic to your website

• NO OBLIGATION

This service is recommended even if you have an existing web management contract. Use it to tune up your marketing plan.

ONE TIME FLAT FEE \$250

Call for a consultation if you do not have a website or if need a new one.

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com

WEBSITE / SEO SERVICES

• STARTER WEBSITE: \$500

Basic static site that can be developed further

• WEBSITE CREATION/UPDATE: \$2,400

Cost for average website: 12 pages, contact form, SEO friendly, responsive design

• WEBSITE HOSTING: \$300 PER YEAR

Includes website hosting, software updates, monthly website content updates

• SEO SERVICES: AVERAGE COST \$1,000 - \$2,000 PER MONTH

Custom tailored solutions: Google Ranking, Local SEO, Social Marketing

Call for free a consultation if you need help developing an online marketing plan.

STARTER WEBSITE \$500

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com

Marketing Toolbox

Renna Media offers a full range of marketing services, in print and online, hyper-local to regional, for every budget and market size.

NEWSPAPER ADVERTS

We mail 160,000 newspapers to every home and business in 24 towns. You can advertise in any number of towns. Ads start at \$60.

FULL COLOR PRINTING

We print flyers and menus, full color, two sided, on coated stock for only \$35 per thousand.

DIRECT MAIL

Insert your flyer into the newspapers and get it mailed to every home and business for \$60 per thousand and as low as \$30 per thousand for higher quantities.

ONLINE MARKETING

Online ads and press releases designed and placed to drive traffic to your website and get your phone ringing.

SOCIAL MEDIA

We can design and/or manage your social media campaign from passive to aggressive plans customized to work within your budget.

WEBSITE AND SEO SERVICES

Start with an audit/analysis of your website giving you a report and recommendations for \$250.

It is highly recommended to have a marketing plan and budget before spending.

CALL JOE RENNA FOR A FREE CONSULTATION.
908-447-1295

RENNA MEDIA NEWSPAPER RATE SHEET

WE MAIL 160,000 NEWSPAPERS MONTHLY!

Tina Renna 908-418-5586 • tinarennamedia.com

Joe Renna 908-447-1295 • joerenna@rennamedia.com

202 Walnut Avenue, Cranford, NJ 07016

Online at RennaMedia.com
and NJLocalInfo.com

Call today for FREE consult on marketing and business plans.



Berkeley Heights NJ COMMUNITY NEWS Qty: 4,700 Zip: 07922	THE CHATHAMS NJ Qty: 7,500 Zip: 07928	Clark Monthly NJ Qty: 6,700 Zip: 07066	CRANFORD MONTHLY NJ Qty: 9,900 Zip: 07016	Elmora Hills ELIZABETH, NJ Qty: 5,400 Zip: 07208	Fanwood Post NJ Qty: 3,000 Zip: 07023
Florham Park Press NJ Qty: 5,500 Zip: 07932	Garwood NJ Times Qty: 2,500 Zip: 07027	Green Brook NJ Gazette Qty: 3,000 Zip: 08812	BUSINESS • LIFE KENILWORTH NJ Qty: 3,500 Zip: 07033	NJ LIFE in LINDEN Qty: 17,900 Zip: 07036	Long Hill LEADER NJ Qty: 3,500 Zips: 07933, 07946, 07980
MADISON MONTHLY NJ Qty: 6,300 Zip: 07940	MOUNTAIN VIEW NJ Qty: 2,900 Zip: 07092	New Providence NEWS NJ Qty: 5,100 Zip: 07974	OUR TOWN Rahway, NJ Qty: 13,000 Zip: 07065	ROSELLE PARK MONTHLY Qty: 5,600 Zip: 07204	Scotch Plains NJ WHAT'S HAPPENING MONTHLY Qty: 9,400 Zip: 07076
Short Hills MILLBURN MONTHLY NJ Qty: 8,200 Zips: 07041, 07078	Summit NJ & Times Qty: 9,600 Zip: 07901	Spirit of UNION NJ Qty: 6,800 Zip: 07083 (partial)	WARREN MONTHLY NJ Qty: 6,200 Zip: 07059	Watchung Post NJ Qty: 2,700 Zip: 07069	Westfield NJ MONTHLY Qty: 11,800 Zip: 07090

NEWSPAPER AD RATES

Units	Size	1 TOWN	3 TOWNS	6 TOWNS	9 TOWNS	12 TOWNS	15 TOWNS	18 TOWNS	21 TOWNS	24 TOWNS
1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550	\$600
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900	\$1000
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700	\$1900
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000	\$2200
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400	\$2700
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700	\$3000
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000	\$3400
2-PAGE SPREAD	21" x 14"	\$700								
BACK PAGE	10" x 14"	\$500								
FRONT PAGE BANNER	8.25" x 2"	\$320								
FRONT PAGE BOX	1.5" x 4.5"	\$240								

Back cover, front page banner and front box reserved on first-come, first-served basis. Current advertiser has right of first refusal.

Rates are per month. Artwork included in price. Newspapers are black on white.

PREPAY 6 MONTHS AND GET 1 MORE FREE
PREPAY 12 MONTHS AND GET 3 MORE FREE

Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016

March

03/13 – “Daylight Saving Time Begins”



03/17 – Happy St. Patrick’s Day!

Wear Green



03/20 – “Spring Begins”

No More Winter Wonderland

Business News

“March” to the beat of a winning parade.

“Enjoy” longer business hours.

May green be a “profitable” color.

*Combine closing cold winter sales
with warm up springtime programs.*

“May the wind be at your back!”

“Top of the morning to you, lads & lassies!”



Epicor / Mercer

1414 / 1410 East Linden Avenue



ORDER ONLINE AT
www.metroliquors.com
908-925-1770

**PICK-UP CURBSIDE
OR DELIVERY**

**1179 WEST ST. GEORGES AVE.
(RT. 27) LINDEN, NJ 07036**
email: metroliquors@gmail.com

Hours: Mon. thru Sat. 9am - 10pm, Sun: 11am - 8pm



Hours: Mon. thru Wed. 9am - 9pm, Thur. - Sat. 9am - 10pm, Sun. 10am - 7pm

Witty's

Fine Wine and Liquors

ORDER ONLINE AT
www.wittyswine.com
732-381-6776

PICK-UP CURBSIDE

**870 ST. GEORGES AVE.
(RT. 27) RAHWAY, NJ 07065**
email: wittyswines@gmail.com

Like us on Facebook: [Facebook.com/metrolinden](https://www.facebook.com/metrolinden) and [Facebook.com/wittyswines](https://www.facebook.com/wittyswines)

WHISKY

Ballantine	1.75L	\$28.97
Buchanan's 12yrs old	750ml	\$28.99
Buchanan's 12yrs old	1.75L	\$55.99
Bushmill's Irish	1.75L	\$42.99
Chivas Regal	750 ml	\$29.99
Chivas Regal	1.75L	\$58.99
Chivas Regal 18 yrs old	750 ml	\$72.99
Crown Royal	750ml	\$28.99
Crown Royal	1.75L	\$49.99
Dewars 12 yrs old	750ml	\$25.99
Dewars 12 yrs old	1.75L	\$45.99
Dewars White Label	750 ml	\$19.99
Dewars White Label	1.75L	\$32.99
Gentleman Jack	750ml	\$29.99
Gentleman Jack	1.75L	\$52.99
Glenmorangie 10 yrs old	750ml	\$40.99
Glenlivet 12 yrs old	750 ml	\$47.99
Glenlivet 12 yrs old	1.75L	\$94.99
Grants	750ml	\$15.99
Grants	1.75L	\$23.99
Jack Daniels	750ml	\$25.99
Jack Daniels	1.75L	\$45.99
Jack Daniels Fire	750ml	\$25.99
Jack Daniels Fire	1.75L	\$47.99
Jameson	750ml	\$29.99
Jameson	1.75L	\$54.99
Jim Beam Whisky	1.75L	\$29.99
Johnnie Walker Blue	750ml	\$187.99
Johnnie Walker Blue	1.75L	\$399.99
Johnnie Walker Black	750ml	\$28.99
Johnnie Walker Black	1.75L	\$57.99
Johnnie Walker Double Black	750ml	\$34.99
Johnnie Walker Red	750ml	\$19.99
Johnnie Walker Red	1.75L	\$32.09
Macallan 12yrs old (double cask)	750ml	\$59.99
Makers Mark	750ml	\$27.99
Makers Mark	1.75L	\$52.99

GIN

Beefeater	1.75L	\$35.99
Bombay Sapphire	1.75L	\$37.99
Seagram's gin	1.75L	\$19.99
Tanqueray	750ml	\$21.99
Tanqueray	1.75L	\$36.99

COGNAC & BRANDY

Courvoisier V.S.	750ml	\$31.99
Courvoisier V.S.	1.75L	\$53.99
Remy Martin V.S.O.P.	750ml	\$48.99
Remy Martin V.S.O.P.	1.75L	\$99.99

CORDIALS

Bailey's Irish Cream	1.75L	\$47.99
Duggan's Irish Cream	1.75L	\$28.99
Kahlua	1.75L	\$39.99
Krupnik	750ml	\$17.99
Licor 43	750ml	\$25.99
Licor 43	1.75L	\$42.99

VODKA

Absolut (regular)	750ml	\$19.09
Absolut (regular)	1.75L	\$29.09
Belvedere Vodka	750ml	\$27.99
Belvedere Vodka	1.75L	\$44.99
Ciroc (all types)	750ml	\$29.99
Ciroc (all types)	1.75L	\$57.99
Finlandia	750ml	\$15.99
Finlandia	1.75L	\$24.99
Grey Goose	750ml	\$24.99
Grey Goose	1.75L	\$39.99
Ketel One	750ml	\$19.99
Ketel One	1.75L	\$39.99
Luksusowa Vodka	1.75L	\$23.99
Pinnacle (all types)	750ml	\$11.99
Pinnacle (80 proof)	1.75L	\$17.99
Skyy	1.75L	\$19.99
Sobieski	750ml	\$11.99
Sobieski	1.75L	\$19.99
Stolichnaya (all types)	1.75L	\$29.09
Tanqueray Sterling	750ml	\$19.99
Tanqueray Sterling	1.75L	\$30.99
Three Olives (all types)	1L	\$19.99
Tito's Vodka	1.75L	\$30.99

RUM

Bacardi Light & Gold	750ml	\$12.99
Bacardi Light & Gold	1.75L	\$19.19
Captain Morgan Spice	1.75L	\$25.99
Malibu	750ml	\$17.99
Malibu	1.75L	\$25.09

TEQUILA

Deleon Blanco Tequila	750ml	\$37.99
Deleon Blanco Tequila	1.75L	\$59.99
Patron Silver	750ml	\$46.99
Patron Silver	1.75L	\$99.99
Cantera Negra Coffee Tequila	750ml	\$26.99

BEER

Becks (12oz) 24pk	24pk	\$25.99
Bud and Bud Lite cans	30pk	\$24.99
Bud and Bud Lite loose bottles	24pk	\$20.99
Coors Lite (24oz) cans	12pk	\$17.49
Coors Lite/Miller Lite loose bottles	24pk	\$20.99
Coors Lite/Miller Lite	30pk	\$24.99
Corona/Corona Lite loose bottles	24pk	\$30.99
Dab (16oz) cans	24pk	\$23.99
Dogfish Head 60 min.	24pk	\$35.99
Heineken/Heineken Lite bottles	24pk	\$29.99
Land Shark	24pk	\$26.99
Lech (500ml)	20pk	\$28.99
Modelo Especial cans	12pk	\$15.99
New Belgium Fat Tire	24pk	\$34.99
Pabst Blue Ribbon cans	30pk	\$19.99
Pilsner Urquell	24pk	\$32.99
Sagres	24pk	\$24.99
Sam Adams Boston Lager	24pk	\$33.99
Stella Artois loose bottles	24pk	\$29.99
Yuengling Lager bottles	24pk	\$20.99
Zywiec (11.2oz)	24pk	\$20.99

**We specialize in hard to find items
and custom orders, just ask!**

10% OFF
Any purchase of
6 bottles of wine
Restriction apply.
Coupons not valid on sale items.

15% OFF
Any purchase of
12 bottles of wine
Restriction apply.
Coupons not valid on sale items.

Visit our facebook page for news of next tasting event:
[facebook.com/metrolinden](https://www.facebook.com/metrolinden)

“Cold or warm Beer = Same Price”
“Visit the store for more In-Store Specials!”

ABC prices prevail other prices, limited to store inventory.

Not responsible for typographical errors.

Prices may vary.