

Summit NJ Times

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GROUND BROKEN FOR NEW FIRE HEADQUARTERS

City of Summit

On Thursday, October 28 at 10 a.m., Summit Fire Department officially broke ground on its new fire headquarters at 301 Broad St. in Summit. The 32,000 sq. ft. building is expected to take approximately 18 months to complete and will include eight equipment bays, training classrooms and streetscape simulation areas, decontamination zones, Emergency Operations Center, and a history room.

"The breaking of ground for a new fire headquarters is a significant moment in the history of the Summit Fire Department," said Summit Mayor Nora Radest. "They are not just physically moving to a new location a few blocks away on Broad Street. The Summit Fire Department is moving forward. The new building will enable them to expand resources and educational opportunities, ensuring the department is stronger and better prepared as we move into the future."

Research for the project began in 2012 and a final concept for a new fire headquarters was approved by Summit Common Council in 2019. It was designed by architects LeMay, Erickson, and Wilcox. Construction will be completed by Brahma Construction.

"We went through an extremely in-depth value-engineering process during concept development to ensure taxpayers' dollars were spent wisely and designs stayed within budget," explained Fire Chief Eric Evers. "Our new fire headquarters will be constructed with many features that



(above) New Summit
Fire Department Rendering



(right) Chief Evers at the Summit
Fire Department groundbreaking

are essential in a modern-day fire station. Today, fires burn hotter, faster and are more dangerous than ever. Having the ability to train on site with training props incorporated into the building design, will give our firefighters the flexibility to pursue training activities that are geared towards successfully handling and surviving those challenges."

Evers continued: "As we move forward with the construction phase of this project, we look forward to working with key stakeholders from around the city. To complete the project, we will need the support of the entire Summit community, residents, and businesses alike."

For more information on the Summit Fire Department, visit cityofsummit.org.



(above, l-r) City Administrator Michael Rogers, Reverend Dr. Denison Harrield, Councilmember Greg Vartan, Councilmember Susan Hairston, Mayor Nora Radest, Deputy Fire Chief Paul Imbimbo, Fire Chief Eric Evers, Fire Lieutenant Brian Harnois, Rob Russo (contractor), Christopher Kehde (architect), former Fire Chief Christopher Cotter, and former Fire Chief Joseph Houck.

Photos by City of Summit

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Summit Times

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Summit Times

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CAPTAIN STEVEN ZAGORSKI TO BE APPOINTED ACTING CHIEF

Summit Mayor Nora Radest will appoint Police Captain Steven Zagorski to the position of Acting Chief of Police effective December 17, 2021. Zagorski will assume the role following the retirement of Summit's Police Chief Andrew Bartolotti later this year.

"It is with great confidence that I will appoint Captain Steven Zagorski to be Summit's Acting Chief of Police on December 17, 2021," explains Mayor Radest. "He is a highly-experienced, 30-year veteran of the Summit Police Department and well-qualified to guide the Summit Police Department during this period of transition."

Zagorski joined the Summit Police Department in 1989. He was promoted to Sergeant in 1999 and assigned to the Patrol Bureau. During his tenure as a Patrol Sergeant, he also served as the Auxiliary Police Coordinator, Crime Prevention Unit Supervisor and the Bike Unit Supervisor. Zagorski was promoted to Lieutenant in 2007 and served as the Detective Bureau Commander for five years. He was promoted to Captain in 2012 and served as the Operations Division Commander until 2020. He currently serves as the Support Services Division Commander.

Captain Zagorski has received numerous service awards and citations including, the NJ Honor Legion Valor Award, two meritorious service awards, two exceptional duty awards, six distinguished service awards, three unit-citation awards and 33 letters of commendation for

exemplary service. He also received the Samaritan Award for assisting with rescue and recovery operations following the September 11 terrorist attacks in New York City. Zagorski lives in New Providence with his wife and two children.



(above) Summit Police Captain Zagorski will be appointed Acting Chief of Police effective December 17, 2021.

Photo by City of Summit

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U.S. News

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REHABILITATION
2019-20



Nathan Weiser

★★★★★

Spring Grove is by far the best rehab center I have ever been to. The staff are kind and caring and have gone above and beyond my expectations. The building is kept extremely clean and the new renovations are very nice.

Thank you Spring Grove for a wonderful and pleasant stay.



Charles Sherrick

★★★★★

I have been at Spring Grove for a few weeks now, they have exceptional service and excellent staff. All the nurses have been professional and attentive to all my needs. I never thought a rehab center can have such a beautiful layout and well put together. The newly renovated room I have stayed in, is up to date and extremely clean. The therapy staff have gone above my expectations with their expertise and getting me to where I am today. Alyssa the social worker has gone above and beyond with all her assignments.

Thank you Spring Grove.



Chrissy Sloan

★★★★★

The nursing staff and administration is professional, patient, attentive and understanding. The facilities are very clean and well maintained. My parents room is always clean and tidy. Although it was a difficult decision to make relocating my folks from a home environment to a senior living facility, Spring Grove made my decision easy.

Thank God for them!

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Dr. Mindy Ok

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DECEMBER DOWNTOWN HAPPENINGS

Summit Downtown, Inc. Carriages and Carolers

December 4, 11, and 18 from 1 to 4 .m.

Residents can enjoy holiday music and a free horse and carriage ride around downtown Summit. The boarding location will be Lyric Park, on the corner of Beechwood Road and Bank Street.

Celebrate in Summit

Saturday, December 18 from 1 to 4 p.m.

An event to celebrate the holiday season in Summit. There will be live music throughout the downtown area, as well as horse and carriage rides beginning at Lyric Park. All activities are free to the public.

The Summit Farmers Market

December 5, 12, and 19

from 9 a.m. to 12 p.m

Extended to mid-December; in the Park & Shop Lot on the corner of Deforest Avenue and Woodland Avenue.

For more information on these events please visit www.summitdowntown.org/events/.

FREE HOLIDAY PARKING

To encourage people to spend time and shop in downtown Summit during the 2021 holiday season, Summit Common Council has approved a request by Summit Downtown Inc. to allow free parking in the Bank Street lot, at 90-minute on-street spaces and on the ground level in the Tier Garage from Saturday, December 11 through Sunday, December 26.



Give the Gift of **Summthing LOCAL**

In Summit, your experience is elevated with unique, one-of-a-kind shops, restaurants and services. Don't just buy an ordinary gift card, "Give the Gift of Summthing Local" with a Summit Downtown Gift Card.

BUY NOW ONLINE or AT SUMMIT DOWNTOWN:
18 Bank Street, Suite 101, Summit
SummitDowntown.org

HOLIDAY EVENTS AT CENTRAL PRESBYTERIAN CHURCH

At the Central Presbyterian Church in Summit, NJ, there are two holiday events happening that are fun, free, and open to the public.

Since many people struggle to find joy during the holiday season, there will be a Blue Christmas service on Sunday December 5th, to remind those who are suffering of God's love, while still being sensitive to their pain or grief. The service will be held in the church auditorium at 5 p.m.

"Living Nativity" will feature a live reenactment of the Christmas story, with costumed actors and live animals, held on the lawn of the church, at 4:30 p.m. on Sunday

December 12th. This year, everything will be outdoors only, with packaged treats for attendees.

Central Presbyterian Church is located at 70 Maple Street, Summit, NJ. Visit centralpres.org for more information.

New Providence Presbyterian Church
Christmas Eve
SERVICES

4 PM - Children's Service
7 PM - Candlelight Service
9 PM - Candlelight Service

New Providence Presbyterian Church
1307 Springfield Avenue, New Providence, NJ 07974
www.TheCornerNJ.com



(above) Living Nativity

Celebrate in Summit

Free Parking
DEC. 11-26

Celebrate in Summit!
DEC. 18

Celebrate the holidays downtown: live ice carving, horse & carriage rides, DJ, strolling musicians & brass band, and a photo booth with Santa!
1-4pm
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1-4pm

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STUDENT/PARTNER ALLIANCE MENTORING STUDENTS

Submitted by Ann Kent

The Board of Student/Partner Alliance (S/PA), a Summit based non-profit, which supports low-income, urban high schools in the greater Newark and Jersey City areas is pleased to announce the completion of our first in person mentor/mentee event since the start of the pandemic. More than 50 students and 18 Partners and Mentors gathered together and shared stories face-to-face on a crisp fall day. While for some mentors and mentees, this was their first in person meeting, for juniors and seniors, there were happy reunions between mentors and mentees who had to rely on zoom conversations or texts to keep their relationship

strong.

Margaret Momber, Executive Director of S/PA notes, "We are pleased to have been able to be back safely on St Benedict's Prep campus on October 28th. To ensure the safety of our students and our mentors, and according to state regulations, we required proof of vaccination or a negative PCR test before admitting our mentors into the outdoor tent that St. Benedict's Prep hosted us in. Personally, I was so excited to reconnect with my mentees in person for the first time in 18 months."

Our traditional in-person mentoring program shifted to a virtual platform in 2020, and we have been using Zoom for our events. With the support

of outside consultants, we continued to support our students throughout the pandemic, and we are continuing to operate in a hybrid fashion. This fall, we held virtual student and mentor orientation and held a virtual college preparatory information session in November.

S/PA Board Treasurer Chris Birozak notes, "Today's student luncheon at St Benedict's was amazing and a perfect example of why S/PA continues to be a positive influence on our sponsored students, not just financially but through mentorship as well."

For more information about the Student/Partner Alliance visit studentpartneralliance.org.



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(above) Margaret Momber, Executive Director with two mentees.

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NJ YOUTH SYMPHONY PRESENTS CONCERTS AT ST. ELIZABETH

The New Jersey Youth Symphony (NJYS) Continues to celebrate its return to the concert stage for the 2021-22 season with three concerts on December 4 and 5 at Dolan Performance Hall, Annunciation Center at Saint Elizabeth University located at 2 Convent Road in Morristown. Presenting works spanning from the Romantic era to present day, the family-friendly concerts will showcase the youth orchestra program's varied ensembles, from strings, flutes, and woodwinds to full orchestra and jazz. Tickets are \$20 for adults and \$15 for students and seniors. Tickets are available at NJYS.org.

Appearing under the batons of Michelle Hatcher, Nevena Bojovic, and Natasha Loomis, respectively, the NJYS Primo Strings, Concertino Strings, Sinfonia, and Flute Ensembles will perform works by Mendelssohn, Tchaikovsky, Valerie Coleman, Soon Hee Newbold, and more on Saturday, December 4 at 1:00 p.m. The NJYS Concertino Winds, Clarinet Ensemble, and CL4tet led by Bryan Rudderow and the NJYS Philharmonia led by Mark Gunderman will perform works by Brahms, Puccini, Emma Lou Diemer, and more on Saturday, December 4 at 5:00 p.m.

NJYS Jazz, featuring the award-winning Jazz Orchestra led by Dion Tucker, Big Band led by Gregory Williams, and Saxophone Ensemble led by Benjamin Kovacs, will delight audiences with the music of Ellington, Mingus, Miles Davis, and more on Sunday, December 5 at 3:00 p.m.

The New Jersey Youth Symphony (NJYS), founded in 1979, is a tiered orchestral program offering ensemble education for students in grades 3-12 across New Jersey. NJYS has grown from one orchestra of 65 students to over 500 students in 15 different orchestras and ensembles, including the internationally recognized Youth Symphony. NJYS ensembles have performed in venues including the New Jersey Performing Arts Center, Carnegie Hall, and the John F. Kennedy Center for the Performing Arts. NJYS has received numerous prestigious awards for its adventurous programming from the American Society of Composers, Authors, and Publishers (ASCAP) and has had six European tours, including participation in the Summa Cum Laude International Youth Festival and Competition (Vienna), winning First Prizes in July 2014 and 2017.

Now in its 43rd season, NJYS continues to achieve musical excellence through intensive instruction and high-level performance. Under the guidance of a talented team of conductors,

coaches, and teaching artists, students are immersed in challenging repertoire, learning the art of ensemble playing, and exploring their potential in a supportive and inclusive environment. NJYS remains committed to programming works by diverse composers and featured 20th century African American and women composers such as Duke Ellington, George Walker, Yvonne Desportes, Emma Lou Diemer, Julia Perry, and Florence Price.

The New Jersey Youth Symphony is a program of the Wharton Institute for the Performing Arts. Wharton is New Jersey's largest non-profit performing arts education organization serving over 1,500 students of all ages and abilities through a range of classes and ensembles. In addition to the New Jersey Youth Symphony, programs include the Paterson Music Project and Performing Arts School. The mission of the Wharton Institute for the Performing Arts is to offer accessible, high quality performing arts education that sparks personal growth and builds inclusive communities.

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3:00 to 5:00 p.m.
St. Philomena's Church
386 S. Livingston Ave., Livingston, NJ
featuring
CHRIS PINNELLA & HIS QUARTET
performing Christmas & Holiday Classics!

Chris Pinnella has been compared to superstars Josh Groban and Michael Bublé. His strikingly rich baritone and stage charisma are unmatched!

All proceeds will benefit St. Philomena's Parish & Catholic Charities of the Archdiocese of Newark.

Please join us to usher in the Christmas Season with an inspirational evening of music for two great causes!

Ticket Prices:
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Watch at home: \$20

Sponsorships are also available, with a variety of amenities, for \$1,500, \$1,000, \$500.

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For more information, please contact PETER RUCCIONE:
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JOIN THE WAITLIST

wonder

IS IT REALLY POSSIBLE FOR A KID TO LEARN HOW TO RUN FASTER?

Retired San Francisco 49ers QB Joe Montana, is arguably one of the greatest NFL players that has ever played football...when his son started playing football it would have made sense for him to help his son learn how to play Quarterback.

But that's not how it went. Joe Montana had to hire a quarterback coach to help his son be a better football player. Here's possibly the greatest NFL QB of all time, needing to hire someone else to help his son. It was not that Joe Montana was not equipped for the job...it was that his son needed a second voice to help him get to the next level.

Many parents who have much less knowledge, experience, and skills than Joe Montana are in the same boat in regards to helping their kids get stronger, faster, and more confident.

Most parents we've come across want their kids to eat healthier, be more active, and have a stronger mindset. But many have told us they need help.

Even with the constant reminders of telling their kids to eat more vegetables, get outside instead of watching TV, practice their sport more, get to bed earlier...they find that sometimes the message falls on deaf ears...and some backup would be helpful toward their vision of helping their kid be the best they can be.

Parents have told us that having us(the Grit Athlete Performance Coaches) as a second voice to help reinforce the habits they want for their kids...is changing the game.

Further...Our Grit Athlete Founder has over 20 years experience with training athletes himself...and certainly knows a LOT more about getting stronger and faster than the average parent...But has all 3 of his children(9,8 and 6) enrolled in Grit year round....because he knows the power of that second voice.

And after they come through our program, parents tell how it's turbocharging their parenting. Here are some real-life examples that have been reported...

Before, parents struggled with getting kids to eat vegetables...now their kids are asking for more.

Before, parents struggled with getting their kids to get enough sleep....now their kids are getting to bed earlier on their own.

Before, parents struggled with getting their kids to watch less TV or play video games...now they are limiting these activities because they've learned they don't really help them become better athletes.

Before, parents struggled with helping their kids have more confidence...now their kids are doing things out of their comfort zone more often which is helping them believe in themselves which further improves self-esteem.

Before, parents had no clue how to help their kid get faster...now they are faster because they've learned that speed is a skill, and a few simple tweaks can make a kid faster immediately.

Before, parents could not get their kids to make their beds...now their kid makes their

bed each morning on their own because they learned that making their bed in the morning helps them have a better day.

Before, parents struggled with getting their kids to do even one good push-up...now they catch them in their room practicing on their own.

Before, parents wanted their kids to have more determination and grit when training new things...now they are staying calm under pressure and seeking out challenges instead of avoiding them.

Many times it's not about telling your kid to eat more vegetables or stop watching TV...but rather finding the right environment for them to be more successful.

Right in your backyard, there's a team of great coaches waiting to be second voices for your kids...so that all the things you're teaching as parents will be reinforced. But most importantly, the results you're after for your kids will actually become a reality. The Grit Athlete winter Sports Performance session starts on December 13th in Berkeley Heights NJ, visit www.gritathletes.com to fill out an application for your child.

Grit Athlete Performance is a Sports Performance Training Company located in Berkeley Heights that helps kids ages 6-18 get strong, fast, and confident so they can have a bigger and better future. They have just released the dates for their winter program that starts on December 3rd. Visit www.gritathletes.com to register for their winter session...or see below for more details...

SPORTS PERFORMANCE TRAINING FOR KIDS AGES 6-18 STARTS DECEMBER 13 (17 SPACES REMAINING)

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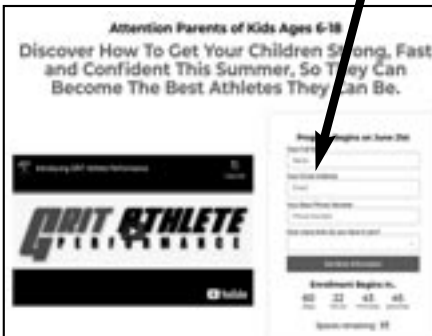
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STEP 2

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STEP 3

Coach Mike will call you and set you up



Warning: The Winter session is the most popular session of the year and always sells out before it starts. We strongly encourage you to scan the QR code today and enter your information to make sure your child doesn't get locked out of the winter session.

Attention Parents of Kids Ages 6-18

UPDATE: THE GRIT ATHLETE PERFORMANCE WINTER PROGRAM HAS ONLY 17 SPACES REMAINING

Give us 12 weeks with your kids and we'll have them stronger, faster, and more confident...guaranteed.

Here's what parents can expect to happen:

- **They will get stronger** which means when they show up to their sport they'll be able to perform better than ever.
- **They will run faster and jump higher** so they can show up to their next season and people will start asking what the heck have they been doing.
- They'll become **more coordinated and improve agility** which means they'll pick up new skills their coaches teach them faster.
- **Your children will start to eat better** because we'll be educating them daily on what's good and what they should avoid ...don't be surprised if they start asking you to buy more vegetables.
- **Confidence will skyrocket.** When kids get stronger, faster and more fit...their confidence will rise...so will their self-esteem which means their performance in every aspect of life will get better.
- **Their mindset will improve.** We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.

HAPPY PARENTS TALKING ABOUT THE PHYSICAL AND MENTAL TRANSFORMATION OF THEIR KIDS...

- "When my son started Grit he was quiet, shy, and had some difficulty with movements...Now he is confident in himself, has become more vocal, and is mastering the exercise he struggled with in the past."

- Jen O'Brien, Grit Athlete Parent

- "My son is more disciplined and confident in himself"

- Steve Hughes, Grit Athlete Parent

- "I have watched my children become more confident and vocal."

- Christine Stramandinoli, Grit Athlete Parent

- "His confidence has shot up in the last few months...and has carried forward to the way he approaches other activities like sports and schoolwork. My son is now making his bed daily and exercising every day."

- Catherine Solfaro, Grit Athlete Parent

STARTS DECEMBER 13TH (Only 17 Spaces Remaining)

STEP 1

Scan This QR Code



STEP 2

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THE GIVING TREE

Please help St. Joseph's Social Service Center make the holidays special. We have over 400 households registered for our Giving Tree program and would appreciate your support to make this happen!

The easiest way to help is to donate \$25 gift cards (preferably Visa, American Express, or Walmart), supermarket gift cards of any amount (preferably Shoprite or Stop and Shop), or make a financial donation by visiting: www.sjeliz.org/donate - please mention Giving Tree in the "note" section. To make a donation by mail: Send your gift card or check to: St. Joseph Social Service Center, 118 Division St., Elizabeth, NJ 07201-2736.

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REEVES-REED ARBORETUM'S TREE FESTIVAL

Pull out the ornaments and untangle the garland! On December 12, 2021, Reeves-Reed Arboretum will be hosting its second annual Festival of Trees, A Multicultural Celebration of the Holidays and we invite you to help make it a success!

The first step is easy - gather your family, friends or work colleagues and sign up to decorate a tree! This is a great way to promote your business, non-profit organization, or just have fun with scout groups, family, and friends.

Step two - come to the Arboretum any time after 9 a.m. on December 11 and begin decorating! The Arboretum will set up the trees, you just need the decorations. Be creative, there will be prizes for the best decorated tree, voted on by festival attendees.

Step 3 - use your 2 complimentary tickets and return to the Arboretum on Sunday, December 13 to enjoy the event!

The festival will include arts and crafts, stories and activities celebrating Kwanzaa, Hanukkah, Christmas and the Solstice, musical entertainment, as well as food trucks and holiday vendors. And of course, our festival would not be complete without Santa strolling through the gardens with photo opportunities. After the event you are welcome to take your tree home or leave

it on the Arboretum grounds.

The deadline to sign up for a tree is December 8, and with a limited number of trees, don't wait! Visit reeves-reedarboretum.org or call 908-273-8787 x 1717 for more information, pricing, and to register.



(above) The Dougher Family Honey Tree, 1st Place Winner 2020

SUMMIT PBA & FMBA TOYS FOR TOTS DRIVE

The Summit Policemen's Benevolent Association #55 (PBA) and Firefighters Mutual Benevolent Association #54 (FMBA) are hosting the annual United States Marine Corps Reserve Toys for Tots holiday toy drive is ongoing through Monday, December 13th.

To participate, bring new and unwrapped toys to the donation boxes at the following Summit locations during normal business hours:

- Summit Police Headquarters at City Hall (512 Springfield Ave.)
- Summit Fire Department (396 Broad St.)
- Summit Community Center (100 Morris Ave.)
- Summit High School (125 Kent Place Blvd.)

- Serra Doce (21 Union Pl.)
- Village Trattoria (103 Summit Ave.)
- Peapack Gladstone Bank (48 Deforest Ave.)
- The Little Gym (545 Morris Ave.)

The PBA and FMBA will drop off the donated toys to the Marine Corps Reserve on December 14th. The toys collected through this program are distributed to children throughout Union County and the surrounding areas. Since 1947, the Marine Toys for Tots program has collected and distributed more than 604 million toys to 272 million deserving children in the United States, Puerto Rico, and Virgin Islands.



(above) Toys for Tots holiday toy drive is ongoing through Monday, December 13th.

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TICKETS NOW ON SALE FOR 21ST ANNUAL PIPES OF CHRISTMAS

The Pipes of Christmas will celebrate its 23rd season with performances in New Jersey and New York this December. The holiday favorite opens on Saturday, December 18 at Madison Avenue Presbyterian Church, located at 921 Madison Avenue (at 73rd Street) in New York City for a 2PM performance. The concert moves across the Hudson River on Sunday, December 19 to Central Presbyterian Church located at 70 Maple Street in Summit, NJ with performances at 2PM.

For those weary of the ceaseless stream of secular seasonal music from department stores to TV, the Pipes of Christmas offers a spiritual and traditional take on the season that connects concertgoers to the holiday in a fresh, meaningful way. The show features tunes such



as, Highland Cathedral, Joy to the World, and Amazing Grace, all performed live on pipes and drums, harp and fiddle, and organ and brass and more. Not only does the performance define Christmas cheer, but also it inspires those of Celtic descent to retrace and reconnect to their ancestry.

The concert presents the music of Christmas accompanied by readings taken from the Celtic literature of Scotland, Ireland, and Wales. Featured performers include singer Margaret Kelly from Aberdeen, Scotland, James Robinson from the film "Braveheart," New England fiddle champion Paul Woodiel, champion harpist Rachel Clemente, and the Pipe Major Kevin Ray Blandford Memorial Pipe Band from Redlands, CA among many more.

TICKETS AVAILABLE NOW

Tickets may be purchased online exclusively through ShowTix4U. (Be certain to select "The Learned Kindred of Currie" as the organization name.)

LEARNED KINDRED'S ONLY FUNDRAISER

This annual concert is the Learned Kindred's only fundraiser, generating their operating budget for the year ahead. Losing the concert income is financially devastating to outreach programmes which support young people in

education in Scotland, Canada and the United States through scholarships and sponsorships.

Proceeds from the concert support an extensive music scholarship program, which includes the Carol Hassert Memorial Fine Arts Scholarship at Summit (NJ) High School as well as annual gifts to the National Piping Centre, the Royal Conservatoire of Scotland (both located in Glasgow, Scotland), Sabhal Mòr Ostaig, the Royal National Mòr and the Gaelic College in Nova Scotia, among others.

ABOUT THE PIPES OF CHRISTMAS

Since making its debut in 1999, The Pipes of Christmas has played to standing room only audiences. Now a cherished holiday event, the concert provides audiences with a stirring and reverent celebration of the Christmas season and the Celtic spirit. Audience-goers return year after year to experience the program, many reporting that the Pipes of Christmas has become part of their family's annual Christmas tradition.

The concert has been lavished with critical acclaim. In his review for Classical New Jersey Magazine, Paul Somers wrote, "The whole evening was constructed to introduce gem after gem and still have a finale which raised the roof. In short, it was like a well constructed fireworks show on the Glorious Fourth. The Westfield Leader described the concert as "a unique sound of power and glory nowhere else to be found."

The Pipes of Christmas Virtual Concert, produced by The Clan Currie Society / The Learned Kindred of Currie, has been nominated for an award in the prestigious MG ALBA Scots Trad Music Awards (Na Trads) 2021.

FOR FURTHER INFORMATION CONTACT:

Robert (Bob) Currie (United States)
currierobert82@gmail.com, (908) 858-6357
Neil Gunn (Scotland)
neil@ngwriting.com, 07493 509991
Clan Currie Society Facebook page:
facebook.com/ClanCurrieSociety
Concert Facebook page:
facebook.com/ThePipesofChristmas



New York City

Saturday, December 18

Madison Avenue Presbyterian Church at 2 PM.

Summit, New Jersey

Sunday, December 19

Central Presbyterian Church at 2 PM.

For additional info, contact: pipesofchristmas@gmail.com
Clan Currie Society Facebook page: /ClanCurrieSociety
Concert Facebook page: /ThePipesofChristmas

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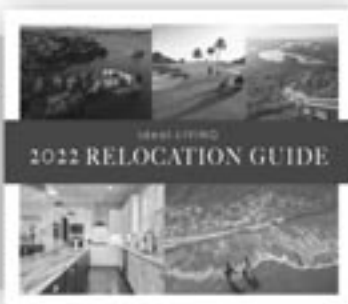
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ELF THE MUSICAL JR. TO SUPPORT SERVICES FOR PEOPLE WITH DISABILITIES

Community Access Unlimited

A triumphant musical returning this December promises holiday cheer, a lot of laughs, and possibly too much sugar.

Tickets for Elf the Musical Jr. are now available for showings on December 10, 11, and 12th. All shows are streaming virtually at 7:00 p.m. for audiences to enjoy at home. Tickets are \$10 and can be purchased on line at: www.showtix4u.com/event-details/57483

The CAU Community Players are an inclusive group of performers with and without disabilities who collaborate to stage incredible musical performances, including past productions of Hairspray and Aladdin. Community Access Unlimited (CAU) is a Union County-based, statewide nonprofit that works to integrate people with disabilities and youth at-risk into the community through comprehensive ways.

The cast of the show is thrilled to return to the stage after months of virtual rehearsals and preparation. Performers used clear masks to interact safely while allowing the audience to enjoy their expressions.

"The point of the show is to fill everyone with Christmas spirit," said Tyler O'Neill, who plays Buddy. "I'm discovering a side I never thought I had and a lot of joy. And like Buddy, I too enjoy a good hug every now and again."

Adam Fleissner, who plays Buddy's cantankerous father, Walter, said he is excited for everyone's hard work to pay off in the final

production after a hiatus last year, due to the pandemic.

"It's the first time doing a CAU play since the shutdown and I just love seeing everyone again," said Fleissner.

Proceeds from the play support CAU's comprehensive services for people with disabilities and youth at-risk, which include housing, education, employment, support coordination, and life skills training.

This adaptation of the hilarious, hit film is sure to warm hearts as we prepare for the holiday season.

"I want people to get tickets so they can laugh hard," said cast member Ernie Smalls.

ABOUT COMMUNITY ACCESS UNLIMITED:

Community Access Unlimited (CAU), who is celebrating 42 years in 2021, supports people with special needs in achieving real lives in the community. CAU provides support and gives voices to adults and the youth who traditionally have little support and no voice in society. CAU helps people with housing, life skills, employment, money management, socialization, and civic activities. CAU also supports opportunities for advocacy through training in assertiveness, decision-making and civil rights. CAU currently serves more than 3,000 individuals and families, with the number growing each year. For more information about CAU and its services, contact us by phone at 908-354-3040, online at caunj.org, or by mail at 80 West Grand Street, Elizabeth, NJ, 07202.

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PARK LINE RECEIVES 30K GRANT FROM RAILS-TO-TRAILS CONSERVANCY

City of Summit

The Summit Park Line Foundation was recently awarded a \$30,000 unsolicited grant from the national Rail Trail Conservancy organization to help fund the construction of the linear park and placement of a pedestrian bridge linking two sections of the Park Line over Morris Avenue.

In a statement about the grant, Tom Sexton, the Northeast Region Director of the Rails-to-Trails Conservancy said: "Through this grant, Rails-to-Trails Conservancy applauds and supports the visionary work of the Summit Park Line Foundation and the Summit Common Council to bring a dormant section of the historic Rahway Valley Railroad (RVRR) back into productive use. This public-private partnership is an example of local creativity and dedication that can be replicated in many other locations in the state."

This grant comes through RTC's Trail Grants Program, which emphasizes strategic investments in support of significant regional and community trail development goals. Many of

these grants support projects that are small in scope and scale and can be hard to finance within traditional funding streams, but essential to building and maintaining trails. Through the Trail Grants Program, RTC is able to help complete and connect trails, improve the trail user experience and support local organizations dedicated to new and existing trails across the country.

Founded in 2015 by former Summit Councilmember Dr. Robert Rubino, the initiative establishes the first new park in Summit in 85 years. The former Rahway Valley rail line land was obtained from the State of New Jersey to be converted into a linear park. The goal of the park is to connect downtown Summit to neighborhoods throughout East Summit and to the county parks on the perimeter of town. Additionally, the path passes near Overlook Medical Center the Summit Family Aquatic Center, Jefferson Elementary School and the Summit Community Center. The Park Line will also serve as a pedestrian and bike path to create

safer, off-street transportation routes, as well as green space.

"As an elected official at the time, I thought it was important to use the power of city government to obtain the land but to avoid using taxpayer dollars to finance it," states Rubino. "We have been able to get this far solely through private funding from individual citizens, not-for-profits and corporations."

Rubino continues: "We are doing great work, connecting neighbors and neighborhoods, and creating access to new green spaces. We are very grateful for the recognition from the Rail-to-Trails Conservancy. When a national organization of this stature recognizes our work as meaningful, it boosts the morale of our volunteers and board members and helps with additional funds for the project. The entire city has embraced the project, and unanimous approval from Common Council this month underscores that support."

For more information on the Summit Park Line project, go to summitparkline.org.



(above) The Summit Park Line Foundation was recently awarded a \$30,000 unsolicited grant from the national Rail Trail Conservancy organization to help fund the construction of the linear park and placement of a pedestrian bridge linking two sections of the Park Line over Morris Avenue.

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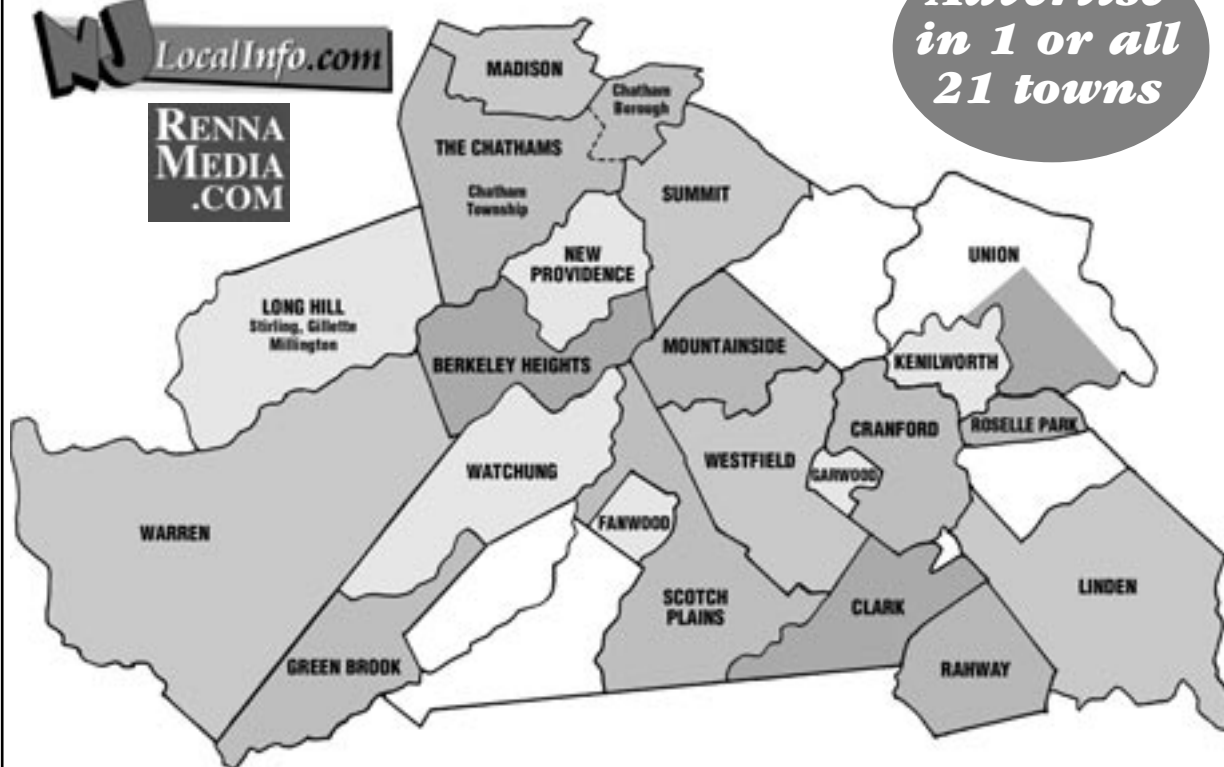
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VOLUNTEER GRIEF SUPPORT FACILITATORS NEEDED

Imagine, A Center for Coping with Loss

In the wake of the COVID-19 pandemic, the need for children's grief support programs has never been greater. Imagine, A Center for Coping with Loss, a non-profit organization based in Mountainside and Newark, exists to support children in New Jersey who have experienced the death of a parent, sibling, or close family member. Imagine offers free peer support groups for children ages 3-18, young adults 19-30, and the parents and guardians of the children in the program. Groups for Spanish-speaking bereaved adults are also available. Currently, all groups are being held virtually, however, there are plans to transition some groups to in-person as soon as it feels safe to do so.

Imagine's support groups are only possible because of our amazing team of volunteers who facilitate the groups. Imagine currently has a wait list of families looking to join our support groups. We are unable to offer them support at this time because we do not have enough volunteers to begin another Night of Support. We need your help!

Imagine's volunteer facilitators come from all walks of life and no special background is required, other than, a willingness to listen, a heart inclined to serve, and the ability to be with children and adults in grief without trying to fix, solve, or give advice. No prior experience is necessary, but volunteers must be 18 years or older. Bilingual (Spanish-speaking) volunteers are needed as well. Volunteers serve as

companions and caring listeners for those who are grieving to help create a safe space where participants can share tears and embrace the joys of life.

We are hoping to fill our upcoming training with lots of wonderful new volunteers! We are planning to offer virtual facilitator training December

10-12th from 9 a.m. to 5 p.m. each day. For information on joining Imagine's team of volunteers, please contact Imagine's Program Manager, Veronica Ortiz, by emailing veronica@imagineinnj.org, or by calling 908-264-3100. Please help us address the growing need for children's grief support and ensure that no grieving child is required to wait to receive the support they need.

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BERKELEY HEIGHTS PERSONAL TRAINER REVEALS WEIGHT LOSS SECRETS OF THEIR MOST SUCCESSFUL CLIENTS BETWEEN AGES 40-67

"It didn't happen all at once...but since I turned 40, My Weight Has Crept up...Every year...and Covid-19 has been the reality check that this must be stopped." Local Gym reveals the new workout system people in the Berkeley Heights area are using to defy the normal boundaries of gaining weight as they get older...by stopping the slow weight gain creep in its tracks.

If you or a loved one suffer from the frustrating reality that once you turn 40 you've consistently gained weight...and it's gotten to the point where it even stops you from doing the activities you still want to do- then reading this article may be the most important thing you do this year.

It may un-lock the painful mystery of your weight gain and show you a way to get back to the life you deserve...before the slow creep starts to hit the point of no return... A life where you can fit into the clothes you used to fit into before the slow creep occurred. A life where you can wake up in the morning and not take 20 minutes to get out of bed and hit the snooze button 5x because you're exhausted. A life where you can play with your kids without worrying that you're going to run out of gas before they do. A life where you can do and enjoy all the things you see so many others doing and enjoying but your fitness level has kept you watching from the sidelines. ...Basically, a life without the curse of the slow weight gain creep.

Finally, the area leading fitness experts – Gabriele Fitness, the specialists from Berkeley Heights who have already helped 100's of people over the last 13 years with their health and fitness advice – have recently released a new 6-week personal training program that reveals the best-kept secret in Berkeley Heights... How to actually stop the slow weight gain creep without fad diets or workouts that beat up your body.

Weight Gain "Truths" Finally Exposed:

The training program will expose how typical diets and long, and way too intense workout programs are NOT always needed, and how some very simple and easy strategies can be implemented to stop the "creep" in its tracks. In addition, the program is designed to be for people aged 40+ and is perfectly tailored for men and women in this age group.

The 6-week program that launches on December 13 reveals the simple, fast, and easy ways to combat "weight creep"...and even shows how you can get to the bottom of it fast and naturally...without getting a traditional gym membership where you need to try and figure it out on your own.

This program is perfect if you have any of the following on the horizon... An important wedding you want to look and feel your best for. An upcoming class reunion. A big milestone birthday such as 40, 50, 60, or 70. The birth of a new child that you know will take a ton of energy to keep up with. A career change you need to be at the top of your game for. You're considering retiring and will have more time to be more active but you're nervous about what you'll actually be able to do. You got a recent scolding from your doctor to start working out and eating right...like now. You've

realized that your current workout situation is no longer working and you need a change. A vacation to an island is coming up and you want to be beach-ready. You recently ended a long relationship and want to start focusing on yourself.

More: The program also exposes what most personal trainers fail to recommend to people aged 40+ when trying to get back in shape, and reveal for the first time to residents of the Berkeley Heights Area....simple, yet often overlooked routines that help to melt body fat and gain healthy lean muscle... as well as improve posture and energy levels all at the same time.

They're perfect if you're a man or woman aged 40+ and worried about not fitting into the clothes you want...or losing strength and energy at the hands of the "Slow Creep"

Just recently a new client that got started...after they realized they couldn't handle the weight creep any longer reported this...

"It didn't happen all at once...but since I turned 40, My Weight Has Crept up...Every year...and Covid-19 has been the reality check that this must be stopped."

Here's What You'll get when you join this program that starts on December 13.

"Cutting Edge Personal Training": Get 18 Small Group Personal Training Sessions so you always have a coach watching every rep which means you don't need to worry about what to do, how to do it, or if you're doing it right...

"Burn Fat All-Day" Unlimited "Fat Blast" Cardio Sessions so you can finally lose fat and experience all-day energy without coffee, stimulants, or needing a nap.

"Nowhere to Hide" Get Weekly accountability check-ins from your assigned trainer so you can be certain you won't fall off the wagon like most people when they begin an exercise program...which means you'll get better results than you ever have before.

"Eat This Not That" A Simple 6 Week Nutrition

Guide so you don't have to feel stressed about what the heck you should be eating...or when you should be eating which means you'll lose fat faster than you ever have before.

"The Gabriele Fitness Guarantee" 100% Results Guaranteed, or your money back. We promise that within your first 45 days you'll drop body fat, get stronger, and feel better... if not, we'll refund every dime back.

If you're currently not working out, or you have a gym membership but you never go...or you've tried every diet under the sun but still have been on this yoyo journey which...in the end has resulted in consistent "weight creep"...

Two Ways to Get Started...Option 1: Request a 100% Free Consultation by calling 908-464-4441 and mentioning this article. Option 2: Get more information on the 6 Week Fitness and Nutrition Program that starts on December 13 by scanning below.



There are just 20 available spots for new members... you will breathe a sigh of relief once you realize how easy it can be to stop "weight creep" and get back feeling amazing again.

101 Five Star Google Reviews Can't Be Wrong. Gabriele Fitness has more social proof that their program works than any gym or personal trainer in the area. A simple google search of "Gabriele Fitness" will bring up 101 five-star ratings of the local gym along with some VERY long reviews from happy clients whose lives have been transformed.



ABOUT GABRIELE FITNESS: Gabriele Fitness is a personal training gym that helps people aged 40+ lose weight, gain energy and live a more active life without the use of fad diets or workouts that beat up their body. They've helped thousands of men and women in Berkeley Heights Area to transform their health and life for the past 13 years. As leaders in the fitness industry, they present their methods to trainers and gyms around the globe.

www.gabrielefitness.com