New Providence NEWS

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Eileen Sergent Sales Associate NJAR Distinguished Sales Club NJAR Circle of Excellence '92-'19 Cell: 908-230-4800 Eileen@SergentRealEstate.com

AMERICAN LEGION COOKIE WALK RETURNS - DEC. 11



(above) The 2019 Cookie Walk raised \$2,250 for building improvements. The next walk will be held Dec. 11, at 11 a.m.

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New Providence American Legion Post 433 is happy to announce their annual Cookie Walk fundraiser is back. Due to COVID restrictions, Post 433 was not able to host their very popular cookie walk last year. "We are excited to be back," states Debbi Piccorale (A.L.V.I.S.), "we missed everyone last year."

Our annual event will be held on Saturday, December 11 from 11:00 a.m. until the cookies run out. Santa will be there to greet the little ones. It's a fun day and a great way to start the holidays.

We are looking for bakers. You can drop cookies off at the Legion located at 357 Elkwood Avenue (next to the library) on Friday, December 10 from 5:00 p.m. to 9:00 p.m. Cookies must be in disposable foil or plastic trays with clear fitted plastic lids. We cannot accept cookies in tins or trays with plastic wrap.

A few changes for this year will help us comply with safety protocols. Masks must be worn to enter.

We can't wait to see you all there. Thank you for your support over the years.







New Providence NEWS

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SEND US YOUR NEWS

Do you have a community service that you need help publicizing? Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (accomplishment, honor, award, etc.). Then send us your news!

Email: editor@rennamedia.com

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Tina Renna: 908-418-5586 tinarenna@rennamedia.com Joe Renna: 908447-1295 joerenna@rennamedia.com

WHARTON INSTITUTE SALON SERIES

Wharton Institute for the Performing Arts (WIPA) continues its Salon Series at the Performing Arts School located at 60 Locust Avenue in Berkeley Heights. Resuming in-person programming for the 2021-22 season, cabaret-

style seating on stage with the performers in the Wharton Black Box Theater serves as the setting for an intimate concert series. Mask and proof of Full Vaccination Card required at the door.

The next Sunday afternoon concert will be December 19 with Mr. T and the Next Wave jazz quartet

Tickets are \$12 for adults,

\$6 for seniors, and free for Wharton Institute for the Performing Arts students. Tickets are available online or at the door. For full concert details, visit WhartonArts.org.

The Wharton Institute for the Performing Arts' mission is to offer accessible, high quality performing arts education that sparks personal growth and builds inclusive communities.

Wharton is New Jersey's largest independent non-profit community performing arts education center serving over 1,500 students through a range of classes and ensembles including the 15 ensembles of the New Jersey Youth Symphony, which serve 500 students in grades 3 - 12 by audition. Beginning with Pathways classes for young children, Wharton offers private lessons, group classes, and ensembles for all ages and all

abilities at the Performing Arts School. With the belief in the positive and unifying influence of music and the performing arts and that arts education should be accessible to all people regardless of their ability to pay, Wharton teaches all instruments and voice and has a robust musical theater program. Based in Paterson, New Jersey, the Paterson Music Project is an El Sistema-inspired program of the Wharton Institute for the

Performing Arts that uses music as a vehicle for social change by empowering and inspiring children through the community experience of ensemble learning and playing.

Wharton Institute for the Performing Arts is located in Berkeley Heights, New Providence and Paterson, NJ and reaches students from 10 counties. All of Wharton's extraordinary faculty members and conductors hold degrees in their teaching specialty and have been vetted and trained to enable our students to achieve their personal best.



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 - NEWLY RENOVATED REHAB WING



Spring Grove is by far the best rehab center I have ever been to. The staff are kind and caring and have gone above and beyond my expectations. The building is kept extremely clean and the new renovations are very nice.

Thank you Spring Grove for a wonderful and pleasant stay



Charles Sherrick

I have been at Spring Grove for a few weeks now, they have exceptional service and excellent staff. All the nurses have been professional and attentive to all my needs. I never thought a rehab center can have such a beautiful layout and well put together. The newly renovated room I have stayed in, is up to date and extremely clean. The therapy staff have gone above my expectations with their expertise and getting me to where I am today. Allyssa the social worker has gone above and beyond with all her assignments.

Thank you Spring Grove.



Chrissy Sloan

The nursing staff and administration is professional, patient, attentive and understanding. The facilities are very clean and well maintained. My parents room is always clean and tidy. Although it was a difficult decision to make relocating my folks from a home environment to a senior living facility, Spring Grove made my decision easy.

Thank God for them!



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TOYS FOR TOTS DRIVE

The New Providence Police Benevolent Association is collecting new, unwrapped toys for the Marine Corps Reserves through December 10th. "We are looking forward to bringing smiles to the faces of those children who are less fortunate" commented Sergeant Sretenovic.

This year the New Providence Lions Club, New Providence Chiropractic and the Community Service Association of New Providence will be helping the PBA with the collection of toys.

DROP OFF LOCATIONS:

PBA – NP Police Station, 360 Elkwood Avenue New Providence Chiropractic 133 Gales Drive

NP Lions Club and Community Service Association – Bring toys to meetings or drop off in bin at 16 Earl Place.

Toys For Tots began in 1947, when Major Bill Hendricks USMCR (Ret) and a group of Marine reservists in Los Angeles, California collected and distributed 5,000 toys to needy children. At that time there was no agency or organization in existence to help the reservists distribute the toys.

The Toys For Tots pilot project was so successful that the Marine Corps adopted Toys For Tots in 1948 and expanded it into a nationwide campaign. The initial object that remains the hallmark of the program today is to "bring the joy of Christmas to America's needy children." The Marines' goal is to deliver a message of hope with new toys rather than used toys which will assist in building self-esteem and in turn, motivate less fortunate children to grow into responsible, productive, patriotic citizens and community leaders. A shiny new toy is the best means of accomplishing this goal.

Toys For Tots is an IRS 501(c) (3) not-forprofit public charity which was created at the behest of the U.S. Marine Corps.

NEW PROVIDENCE NATIVE SELECTED AS MILITARY ENGINEER OF THE YEAR

Submitted by Jeffrey C. Doepp, NAVFAC Public Affairs

Naval Facilities Engineering Systems Command (NAVFAC) Mid-Atlantic announced its Military Engineer of the Year award selection for 2022

"It is with great pleasure that I announce Lt. Corey Cattano, P.E., Facilities Engineering and Acquisition Director at Public Works Department, Naval Weapons Station (NWS) Earle, New Jersey, as our Military Engineer of the Year for 2022," said NAVFAC Mid-Atlantic Commanding Officer Capt. Tres Meek. "Congratulations to this dedicated and talented professional for his achievement and prestigious recognition!"

Cattano, a New Providence, New Jersey native who joined the Navy in 2013, arrived at NAVFAC Mid-Atlantic in 2020. He is currently dual-hatted in two division director positions within the Public Works Department at NWS Earle. He provides direct supervision over the Facilities Engineering and Acquisition Division and the Facilities Management Division, which includes a total of 34 civilians and two junior officers. Cattano spearheaded a series of key design meetings to develop a comprehensive rail upgrade project, estimated at \$261 million that ranked ninth out of 63 projects across the region. Additionally, he managed the fiscal year 2021 awarding of the \$11.5 million Waste Water Treatment Plant contract and the \$32 million dredging contract, both of which are two mission critical projects at NWS Earle.

Previously, Cattano served as the Assistant Public Works Officer at Camp Lemonnier, Djibouti, providing direct engineering support to a Joint Special Operations Task Force responsible for counter-terrorism and overseas contingency operations, and also served as the Alfa Company Commander of Naval Mobile



(above) Lt. Corey Cattano was named Military Engineer of the Year for 2022

Construction Battalion Three, where he led 135 Seabees to provide construction equipment operation, maintenance, and horizontal construction operations during a 12-month homeport cycle in Port Hueneme, California, and a 6-month deployment in Okinawa, Japan. His leadership enabled peak equipment availability and unit readiness in support of engineering and construction operations throughout the Indo-Pacific Command area of operations.









December 12, 2021 • 3:00 pm

Union County Performing Arts Center 1601 Irving Street, Rahway



Special Guest J.Mark McVey

Best known for having performed the role of Jean Valjean in Les Misérables more than 3,200 times!



NJYS Flute Ensembles



New Jersey Youth Chorus Patricia Joyce, director



NJYS Youth Symphony



Natasha Loomis conductor, NJYS Flute Ensembles



Helen H. Cha-Pyo artistic director and principal conductor



Walker Jermaine Jackson narrator, tenor soloist





Wharton Institute for the Performing Arts Helen H. Cha-Pyo, Artistic Director & Principal Conductor Tickets: \$20/Adults, \$15/Students & Seniors FAMILY PACK 5 Tickets for \$50

All UCPAC patrons 12 and over must show proof of either full vaccination or a negative COVID-19 test taken within 72 hours of entry. Negative test results are not required for patrons under 12 years of age. All patrons are required to wear masks at all times while in the theatre, except while actively eating or drinking. Masks are not required for patrons under 2 years of age.

GRIEF SUPPORT FACILITATORS NEEDED

Imagine, A Center for Coping with Loss

WINTER COAT DONATION

For the twenty-first consecutive year, Faith Lutheran Church in New Providence has collected gently used winter coats and given them to Market Street Mission in Morristown. This year, Faith donated sixty-three coats.

On Saturday, November 6, at the Mission's annual coat give-away on the Morristown Green, staff distributed the coats and hundreds of additional coats, to needy men, women and children.



(above) Joanne Warin, parish administrator of Faith, and Rev. Jane McCready, pastor of Faith, with a sample of the 63 coats Faith gave to the Market Street Mission.

In the wake of the COVID-19 pandemic, the need for children's grief support programs has never been greater. Imagine, A Center for Coping with Loss, a non-profit organization based in Mountainside and Newark, exists to support children in New Jersey who have experienced the death of a parent, sibling, or close family member. Imagine offers free peer support groups for children ages 3-18, young adults 19-30, and the parents and guardians of the children in the program. Groups for Spanishspeaking bereaved adults are also available. Currently, all groups are being held virtually, however, there are plans to transition some groups to in-person as soon as it feels safe to do

Imagine's support groups are only possible because of our amazing team of volunteers who facilitate the groups. Imagine currently has a wait list of families looking to join our support groups. We are unable to offer them support at this time because we do not have enough volunteers to begin another Night of Support. We need your help!

Imagine's volunteer facilitators come from all support they need.

walks of life and no special background is required, other than, a willingness to listen, a heart inclined to serve, and the ability to be with children and adults in grief without trying to fix, solve, or give advice. No prior experience is necessary, but volunteers must be 18 years or older. Bilingual (Spanish-speaking) volunteers are needed as well. Volunteers serve as companions and caring listeners for those who are grieving to help create a safe space where participants can share tears and embrace the joys of life.

We are hoping to fill our upcoming training with lots of wonderful new volunteers! We are planning to offer virtual facilitator training December

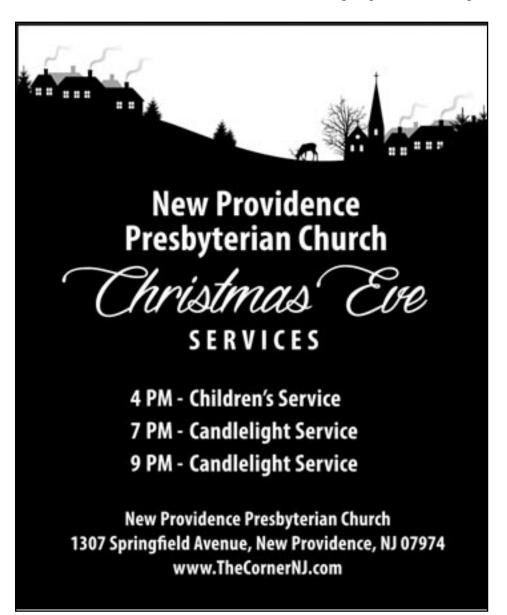
10-12th from 9 a.m. to 5 p.m. each day. For information on joining Imagine's team of volunteers, please contact Imagine's Program Manager, Veronica Ortiz, by emailing veronica@imaginenj.org, or by calling 908-264-3100. Please help us address the growing need for children's grief support and ensure that no grieving child is required to wait to receive the

FAMILY SUPPORT GROUP — DEC. 21

Are you feeling stressed and alone in trying to from others facing the same challenges. cope with the effects of a loved one's mental illness? NAMI Union County's Family Support Group is for family members and caregivers of people with mental illnesses. The group is led by NAMI-trained facilitators and is a peer support group that allows participants to gain insight

Free Zoom sessions are held on the 3rd Tuesday of every month from 7 p.m. – 8:30 p.m.

To register, email Denise at: namiunioncounty@yahoo.com with your name, town, and phone number.



FAITH LUTHERAN CHURCH

a worshiping and serving community of the Evangelical Lutheran Church in America 524 South Street, New Providence, NJ 07974 908-464-5177 • family.faith@verizon.net www.famfaith.org • The Rev. Jane McCready, Pastor

Sunday Mornings

Liturgies with Eucharist at 8:00 and 10:00 a.m.

Midweek Advent Liturgy Followed by Organ Recital

Wednesdays at 12 noon December 1, 8, and 15

Christmas Eve

Friday, December 24 Family Service at 4:00 p.m. Candlelight Eucharist at 6:00 p.m.

Services of Lessons, Carols and Eucharist

Saturday, December 25 at 10:00 a.m. Sunday, December 26 at 10:00 a.m.

Services with limited seating and regular livestream. Visit our website at www.famfaith.org or find us on Facebook at Faith Lutheran, New Providence.

We practice an open Communion table. All are welcome!

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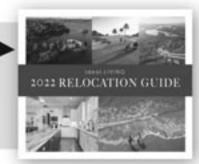
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IS IT REALLY POSSIBLE FOR A KID TO LEARN HOW TO RUN FASTER?

Retired San Francisco 49ers QB Joe Montana, is arguably one of the greatest NFL players that has ever played football...when his son started playing football it would have made sense for him to help his son learn how to play Quarterback.

But that's not how it went. Joe Montana had to hire a quarterback coach to help his son be a better football player. Here's possibly the greatest NFL QB of all time, needing to hire someone else to help his son. It was not that Joe Montana was not equipped for the job...it was that his son needed a second voice to help him get to the next level.

Many parents who have much less knowledge, experience, and skills than Joe Montana are in the same boat in regards to helping their kids get stronger, faster, and more confident.

Most parents we've come across want their kids to eat healthier, be more active, and have a stronger mindset. But many have told us they need help.

Even with the constant reminders of telling their kids to eat more vegetables, get outside instead of watching TV, practice their sport more, get to bed earlier...they find that sometimes the message falls on deaf ears...and some backup would be helpful toward their vision of helping their kid be the best they can be.

Parents have told us that having us(the Grit Athlete Performance Coaches) as a second voice to help reinforce the habits they want for their kids...is changing the game.

Further...Our Grit Athlete Founder has over 20 years experience with training athletes himself...and certainly knows a LOT more about getting stronger and faster than the average parent...But has all 3 of his children(9,8 and 6) enrolled in Grit year round....because he knows the power of that second voice.

And after they come through our program, parents tell how it's turbocharging their parenting. Here are some real-life examples that have been reported...

Before, parents struggled with getting kids to eat vegetables...now their kids are asking for more.

Before, parents struggled with getting their kids to get enough sleep....now their kids are getting to bed earlier on their own.

Before, parents struggled with getting their kids to watch less TV or play video games...now they are limiting these activities because they've learned they don't really help them become better athletes.

Before, parents struggled with helping their kids have more confidence...now their kids are doing things out of their comfort zone more often which is helping them believe in themselves which further improves self-esteem.

Before, parents had no clue how to help their kid get faster...now they are faster because they've learned that speed is a skill, and a few simple tweaks can make a kid faster immediately.

Before, parents could not get their kids to make their beds...now their kid makes their bed each morning on their own because they learned that making their bed in the morning helps them have a better day.

Before, parents struggled with getting their kids to do even one good push-up...now they catch them in their room practicing on their own.

Before, parents wanted their kids to have more determination and grit when training new things...now they are staying calm under pressure and seeking out challenges instead of avoiding them.

Many times it's not about telling your kid to eat more vegetables or stop watching TV...but rather finding the right environment for them to be more successful.

Right in your backyard, there's a team of great coaches waiting to be second voices for your kids...so that all the things you're teaching as parents will be reinforced. But most importantly, the results you're after for your kids will actually become a reality. The Grit Athlete winter Sports Performance session starts on December 13th in Berkeley Heights NJ, visit www.gritathletes.com to fill out an application for your child.

Grit Athlete Performance is a Sports Performance Training Company located in Berkeley Heights that helps kids ages 6-18 get strong, fast, and confident so they can have a bigger and better future. They have just released the dates for their winter program that starts on December 3rd. Visit www.gritathletes.com to register for their winter session...or see below for more details...

SPORTS PERFORMANCE TRAINING FOR KIDS AGES 6-18

STARTS DECEMBER 13 (17 SPACES REMAINING)

PPLY NOW

STEP 1 Scan This QR Code





Warning: The Winter session is the most popular session of the year and always sells out before it starts. We strongly encourage you to scan the QR code today and enter your information to make sure your child doesn't get locked out of the winter session.

Attention Parents of Kids Ages 6-18

UPDATE: THE GRIT ATHLETE PERFORMANCE WINTER PROGRAM HAS ONLY 17 SPACES REMAINING

Give us 12 weeks with your kids and we'll have them stronger, faster, and more confident...guaranteed.

Here's what parents can expect to happen:

- They will get stronger which means when they show up to their sport they'll be able to perform better than ever.
- They will run faster and jump higher so they can show up to their next season and people will start asking what the heck have they been doing.
- They'll become more coordinated and improve agility which means they'll pick up new skills their coaches teach them faster.
- Your children will start to eat better because we'll be educating them daily on what's good and what they should avoid ...don't be surprised if they start asking you to buy more vegetables.
- Confidence will skyrocket. When kids get stronger, faster and more fit...their confidence will rise...so will their self-esteem which means their performance in every aspect of life will get better.
- Their mindset will improve. We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.

HAPPY PARENTS TALKING ABOUT THE PHYSICAL AND MENTAL TRANSFORMATION OF THEIR KIDS...

- "When my son started Grit he was quiet, shy, and had some difficulty with movements...Now he is confident in himself, has become more vocal, and is mastering the exercise he struggled with in the past."
 - Jen O'Brien, Grit Athlete Parent
- "My son is more disciplined and confident in himself"
 - Steve Hughes, Grit Athlete Parent
- "I have watched my children become more confident and vocal."
 - Christine Stramandinoli, Grit Athlete Parent
- "His confidence has shot up in the last few months...and has carried forward to the way he approaches other activities like sports and schoolwork. My son is now making his bed daily and exercising every day."

- Catherine Solfaro, Grit Athlete Parent

STARTS DECEMBER 13TH (Only 17 Spaces Remaining)







Warning: The Winter session is the most popular session of the year and always sells out before it starts. We strongly encourage you to scan the QR code today and enter your information to make sure your child doesn't get locked out of the winter session.





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MAY YOUR CHRISTMAS BE FURRY AND BRIGHT

During this Holiday Season, we at Home for Good Dog Rescue, would like to express our gratitude to those who passionately believe in our mission to save dogs from horrific conditions, dangerous environments, and cruelty at the hands of heartless offenders. Your support of the rescue by generously serving through volunteering, adopting, fostering, and sharing your financial gifts is extraordinary.

Repeatedly, you have welcomed our beloved dogs into your homes, participated in our advocacy work, and shared our miraculous stories on social media. Now, as this year ends, please take a moment to reflect on what truly sets Home for Good apart from most animal welfare organizations. It is the heart of the rescue that leads us. It is what binds us together as a community, serving the most vulnerable amongst us, the voiceless. While we are approaching our 10,000th adoption, it is not about the quantity of dogs, but it is about meeting each dog's needs, regardless of age, medical condition, or expense. It is truly a miracle to see these lives being saved and families eagerly extending their love to these vulnerable, loving creatures. Meet Frankie...

This past year has been challenging and

marked by many unforgettable moments. And Frankie is just one of the thousands of memorable Home for Good stories. Rescued from the brink of death at a garbage dump in Millen, Georgia, at just 1.5 years old, this sweet pup endured more than any dog should in a lifetime. Frankie was covered in severe mange, extremely malnourished, and emaciated. He had an advanced case of Heartworm disease, a lethal condition in which heartworms infest the heart, and eventually cause organ damage. All treatment was provided at the rescue's expense through "Lexi's Beating Heart Medical Fund", established by a benefactor during the pandemic to support the expensive treatment of Heartworm disease. Home for Good saves over 50 dogs from certain death from this disease each year.

Home for Good is not just who we are, it is what we do. We intend to never leave a dog behind that comes into our care and have not yet done so. Without you, our community, none of this would be possible. We are grateful that you stand beside us, carrying out the heart of our mission. And that is why we ask you to please consider a year-end gift. There are many more souls to save. Join us at homeforgooddogs.org or scan this OR Code to donate today.





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DECEMBER 2021 EVENTS WITH NEW PROVIDENCE MEMORIAL LIBRARY

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ALL YEAR LONG - CELEBRATE THE NP LIBRARY'S 100th ANNIVERSARY!

The New Providence Memorial Library is celebrating its 100th anniversary from our founding in 1921. Join us all year long as we celebrate! Visit our website and social media pages for the latest on our year-long celebration, including great events like: Time Travel History #NPLibrary 100, Clara Says Video Series, and more!

100 Years of the Library: a History Display December 1-31-ALL MONTH LONG

New Providence Memorial Library is celebrating the 100th anniversary of its founding this year. This month in the display case, take a look at photographs, artifacts, and primary source documents that tell the story of the library's past 100 years. Or view a virtual version of this exhibit online at

https://newprovidencelibrary.org/np-100-yrs.

Intro to Reiki and Sound Therapy (Adults)

December 4 @ 10 AM

Enjoy a short grounding meditation while experiencing socially distanced reiki and sound therapy with Reiki Master Amy Tefft. Spots are limited, and registration is required. To register, email or call (908) 665-0311 ext.4.

LESSONS

International Master Yaacov Norowitz

- Group or private lessons
- Live or virtual options
- Classes for all Levels from beginners on up



Call or email Joe Renna: joerenna@rennamedia.com 908-447-1295 For more info about lessons.

Pick Up December Take Out Boxes (Teens)

December 6 @ 3:00 PM

If you signed up and received confirmation for the Dec box, check your email to see when yours is ready to be picked up at the library.

Knit/Crochet Night (Adults)

December 6 @ 7 PM - 8:30 PM

Drop by the Conti Room with a knitting, crocheting or other fiber art project you're working on, and chat with others while you work. Masks are required.

The Art of the Appeal -**College Finance Webinar (Teens)**

December 8 @ 7 PM

Now more than ever, colleges are more willing to say "yes" to appeals for more financial aid and scholarship money for both new and returning students. This webinar is recommended for parents of middle school and/or high school students. Email to register.

Storytime on the Lawn (Kids)

December 9 @ 10 AM

Bundle up and join Ms. Sam on the front lawn for storytime. We'll read some stories, sing some songs and learn some rhymes! Email npmlchildrens@gmail.com to register. Masks required for children ages 5 + and adults.

Book Group (Adults)

December 9 @ 7:30 PM

Families, groups or individuals can pick up a gingerbread house kit to decorate at home. You must reserve your kit by email. Registration opens Wednesday, December 1 at 10 am. To help us in this endeavor, a \$15 donation is suggested per gingerbread kit. Any overages are gratefully accepted!

Gingerbread House Kit FUNraiser (Families/All Ages)

December 13 @ 10 AM

Families, groups or individuals can pick up a gingerbread house kit to decorate at home. You must reserve your kit by email. Registration opens Wednesday, December 1 at 10 am. To help us in this endeavor, a \$15 donation is suggested per gingerbread kit.

Virtual Club Phoenix (Kids)

December 13 @ 3:30 PM

Club Phoenix is online! In this program kids will learn about science, engineering, and logical thinking. Videos will be posted once a month at 3:30 pm on the library's YouTube channel: youtube.com/c/newprovlibrary

Batter Up - Let's Talk Baseball (All Ages) December 13 @ 7 PM- 9 PM

We'll discuss baseball teams, players and issues of the sport over zoom. Baseball fans of all ages are welcome. To join, email the library.

Storytime on the Lawn (Kids)

December 14 @ 11:30 AM

Join us on the front lawn for outdoor storytime. We'll read some stories, sing some songs, do some rhymes and learn some sign language! Email to register. Masks required for children ages 5 +and adults.

Hand Warmers Sewing Craft (Teens)

December 14 @ 5:30 PM

Join us at the NP Library to make soft, flannel hand warmers to keep your fingers from freezing this winter. Space is limited, so registration is required. Email to sign up.

Tech Tips: Features on the NP Library's Website NPML (All Ages)

December 17 @ 12:00 PM

Tech Tips is a Video Tutorial program performed and produced by Armin, a New Providence Teen Volunteer. Each month, Armin shares lessons on how to utilize technology, from smartphones to computers to our own library's website and online catalog. Videos can be accessed from the Library's YouTube channel. youtube.com/c/newprovlibrary

Book Group (Adults)

December 21 @ 10:30 AM

The book group will discuss "The Henna Artist" by Alka Joshi. Copies will be available to check out at the front desk one month before the discussion. To join the book group, stop by the reference desk or email.

Take Home Craft (Kids)

December 20-24 (or while supplies last) Pick up this month's take home craft in the children's room! Kits are first come, first serve and while supplies last.

Kirigami Bows Take & Make Craft (Teens) December 20 @ 3:00 PM

Swing by the Library after school to pick up a take-home kit with instructions on how to fold Kirigami Bows from a single piece of origami paper. These can be used as holiday decorations or to dress up some gift-wrapping! First-come, first-served. For Teens in grades 6-12 only.

Virtual Origami Club (Kids)

December 20 @ 3:30 PM

Learn all about origami and how to make your own creations right at home! This program is run by teen volunteers, who are passionate about sharing their love of science and STEM with younger children. For children in grades 3-4. Email NPMLChildrens@gmail.com to receive your origami kit and the link to the YouTube instructional video.

Signup for January Take Out boxes (Teens) December 27 @ 3:00PM

Teen Take Out is a monthly box of fun for NP teens in grades 6-12 with a current NPML library card. Use our Google form to sign up for the Jan box on Dec 27. (First 12 signups each month; preference to newbees.) https://forms.gle/zv8cxtbRZCysPSXF7

DIY Container Candle Kits (Adults)

December 28

Candles have been a source of illumination for thousands of years. Make two of your own with this DIY kit. All you need is a microwave, and a mug or a Pyrex measuring cup. A candy thermometer is useful if you have one. Everything else will be provided. To reserve a kit for pickup, email.

TICKETS NOW ON SALE FOR 21ST ANNUAL PIPES OF CHRISTMAS

The Pipes of Christmas will celebrate its 23rd season with performances in New Jersey and New York this December. The holiday favorite opens on Saturday, December 18 at Madison Avenue Presbyterian Church, located at 921 Madison Avenue (at 73rd Street) in New York City for a 2PM performance. The concert moves across the Hudson River on Sunday, December 19 to Central Presbyterian Church located at 70 Maple Street in Summit, NJ with performances at 2PM.

For those weary of the ceaseless stream of secular seasonal music from department stores to TV, the Pipes of Christmas offers a spiritual and traditional take on the season that connects concertgoers to the holiday in a fresh, meaningful way. The show features tunes such as, Highland Cathedral, Joy to the World, and Amazing Grace, all performed live on pipes and drums, harp and fiddle, and organ and brass and more. Not only does the performance define Christmas cheer, but also it inspires those of Celtic descent to retrace and reconnect to their ancestry.

The concert presents the music of Christmas accompanied by readings taken from the Celtic literature of Scotland, Ireland, and Wales. Featured performers include singer Margaret Kelly from Aberdeen, Scotland, James Robinson from the film "Braveheart," New England fiddle champion Paul Woodiel, champion harpist Rachel Clemente, and the Pipe Major Kevin Ray Blandford Memorial Pipe Band from Redlands, CA among many more.

TICKETS AVAILABLE NOW

Tickets may be purchased online exclusively through ShowTix4U. (Be certain to select "The Learned Kindred of Currie" as the organization name.)

LEARNED KINDRED'S ONLY FUNDRAISER

This annual concert is the Learned Kindred's only fundraiser, generating their operating budget for the year ahead. Losing the concert income is financially devastating to outreach programmes which support young people in education in Scotland, Canada and the United



States through scholarships and sponsorships.

Proceeds from the concert support an extensive music scholarship program, which includes the Carol Hassert Memorial Fine Arts Scholarship at Summit (NJ) High School as well as annual gifts to the National Piping Centre, the Royal Conservatoire of Scotland (both located in Glasgow, Scotland), Sabhal Mòr Ostaig, the Royal National Mòr and the Gaelic College in Nova Scotia, among others.

ABOUT THE PIPES OF CHRISTMAS

Since making its debut in 1999, The Pipes of Christmas has played to standing room only audiences. Now a cherished holiday event, the concert provides audiences with a stirring and reverent celebration of the Christmas season and the Celtic spirit. Audience-goers return year after year to experience the program, many reporting that the Pipes of Christmas has become part of their family's annual Christmas tradition

The concert has been lavished with critical acclaim. In his review for Classical New Jersey Magazine, Paul Somers wrote, "The whole evening was constructed to introduce gem after gem and still have a finale which raised the roof. In short, it was like a well constructed fireworks show on the Glorious Fourth. The Westfield Leader described the concert as "a unique sound

of power and glory nowhere else to be found."

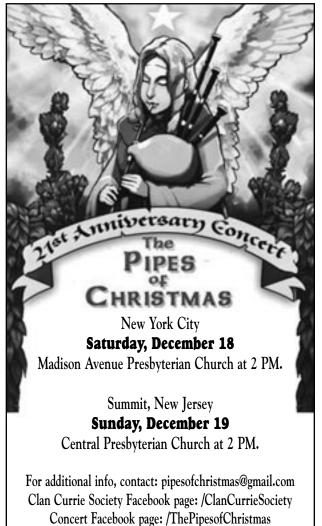
The Pipes of Christmas Virtual Concert, produced by The Clan Currie Society / The Learned Kindred of Currie, has been nominated for an award in the prestigious MG ALBA Scots Trad Music Awards (Na Trads) 2021.

FOR FURTHER INFORMATION CONTACT:

Robert (Bob) Currie (United States) currierobert82@gmail.com, (908) 858-6357

Neil Gunn (Scotland) neil@ngwriting.com, 07493 509991

Clan Currie Society Facebook page: facebook.com/ClanCurrieSociety Concert Facebook page: facebook.com/ThePipesofChristmas





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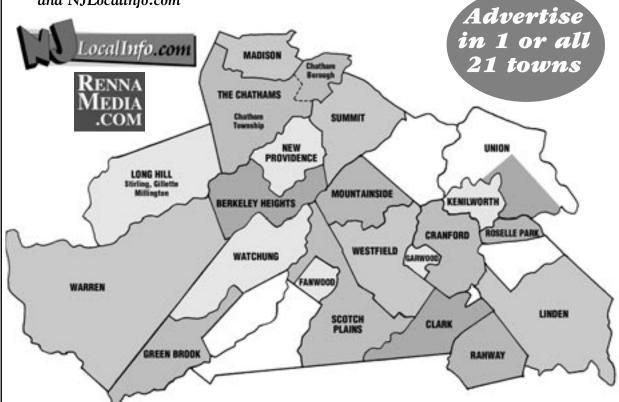
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2021 LEAF COLLECTION

Residents will have three (3) options for leaf collection this fall:

- 1. Put leaves in cans, open containers, or paper bags and place at curbside for Monday collection. Leaves, grass, brush, and garden debris are collected every Monday through December 13. (Must be placed at curb prior to 6 a.m.)
- 2. Have your landscaper collect leaves. Landscapers are responsible for disposal of leaves and are not permitted to dump at DPW. If your landscaper plans to blow leaves into the curb they must follow the pickup schedule for your street. A permit must be purchased by the resident or landscaper.
- 3. You may purchase a permit for \$55 to have your leaves vacuumed from the curb. (Fee is waived for seniors who receive a \$250 Senior Deduction, Disabled Person Deduction, or Widow of Senior/Disabled Person Deduction. Please note the Senior Deduction is not the same as the Property Tax Reimbursement or the Homestead Credit, and qualified individuals must meet income and age requirements set by State of NJ. To verify eligibility you may contact the Borough Clerk's Office 908-665-1400 x0.)

Residents who choose to purchase a leaf PUBLIC WORKS DEPARTMENT. permit must place the permit in a window or door that is visible from the street during their collection week. These residents will have their leaves vacuumed at curbside in accordance with the schedule listed below.

LEAF COLLECTION GUIDELINES

• Leaves must be placed in the roadway at curbside. Leaves cannot be put out until the Thursday before your scheduled pickup. They must be put out by 6 AM Monday of your collection week as outlined below.

- Sticks, rocks, or other debris may not be commingled into the leaf piles – they clog the
- Only leaves from your property are permitted. Questions concerning the program should be directed to Ralph Parlapiano, Public Works Manager at 908-665-1076.

OPTIONS FOR PURCHASING LEAF VACUUMING PERMIT:

Deadline for Purchasing Permit is Monday, November 15

- 1. PAY ONLINE AND PRINT YOUR PERMIT
- 2. Print Application—mail to the address below or bring with payment to the Municipal Center Center Clerk's Office 360 Elkwood Avenue
- 3. Call the Borough Clerk's Office and pay with credit card over the phone 908-665-1400 x0

New Providence, NJ 07974

(permit will be mailed to you).

Joe Renna at 908-447-1295

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com

COUNTY ROAD LEAF COLLECTION SCHEDULE - RESIDENTS WHO LIVE ON COUNTY MAINTAINED ROADS WILL BE VACUUMED BY THE UNION COUNTY

If you live on Springfield Avenue, South Street, Passaic Street, or Mountain Avenue, leaves will be vacuumed by the Union County Public Works Department. Schedule will be on www.newprov.org when available. Please do not purchase a permit unless your house is on a corner and you specify the Borough Street where your leaves will be placed.

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BERKELEY HEIGHTS PERSONAL TRAINER REVEALS WEIGHT LOSS SECRETS OF THEIR MOST SUCCESSFUL CLIENTS BETWEEN AGES 40-67

"It didn't happen all at once...but since I turned 40, My Weight Has Crept up...Every year...and Covid-19 has been the reality check that this must be stopped." Local Gym reveals the new workout system people in the Berkeley Heights area are using to defy the normal boundaries of gaining weight as they get older...by stopping the slow weight gain creep in its tracks.

If you or a loved one suffer from the frustrating reality that once you turn 40 you've consistently gained weight...and it's gotten to the point where it even stops you from doing the activities you still want to do- then reading this article may be the most important thing you do this year.

It may un-lock the painful mystery of your weight gain and show you a way to get back to the life you deserve...before the slow creep starts to hit the point of no return... A life where you can fit into the clothes you used to fit into before the slow creep occurred. A life where you can wake up in the morning and not take 20 minutes to get out of bed and hit the snooze button 5x because you're exhausted. A life where you can play with your kids without worrying that you're going to run out of gas before they do. A life where you can do and enjoy all the things you see so many others doing and enjoying but your fitness level has kept you watching from the sidelines. ...Basically, a life without the curse of the slow weight gain creep.

Finally, the area leading fitness experts – Gabriele Fitness, the specialists from Berkeley Heights who have already helped 100's of people over the last 13 years with their health and fitness advice – have recently released a new 6-week personal training program that reveals the best-kept secret in Berkeley Heights... How to actually stop the slow weight gain creep without fad diets or workouts that beat up your body.

Weight Gain "Truths" Finally Exposed:

The training program will expose how typical diets and long, and way too intense workout programs are NOT always needed, and how some very simple and easy strategies can be implemented to stop the "creep" in its tracks. In addition, the program is designed to be for people aged 40+ and is perfectly tailored for men and women in this age group.

The 6-week program that launches on December 13 reveals the simple, fast, and easy ways to combat "weight creep"...and even shows how you can get to the bottom of it fast and naturally...without getting a traditional gym membership where you need to try and figure it out on your own.

This program is perfect if you have any of the following on the horizon... An important wedding you want to look and feel your best for. An upcoming class reunion. A big milestone birthday such as 40, 50, 60, or 70. The birth of a new child that you know will take a ton of energy to keep up with. A career change you need to be at the top of your game for. You're considering retiring and will have more time to be more active but you're nervous about what you'll actually be able to do. You got a recent scolding from your doctor to start working out and eating right...like now. You've

realized that your current workout situation is no longer working and you need a change. A vacation to an island is coming up and you want to be beach-ready. You recently ended a long relationship and want to start focusing on yourself.

More: The program also exposes what most personal trainers fail to recommend to people aged 40+ when trying to get back in shape, and reveal for the first time to residents of the Berkeley Heights Area....simple, yet often overlooked routines that help to melt body fat and gain healthy lean muscle... as well as improve posture and energy levels all at the same time.

They're perfect if you're a man or woman aged 40+ and worried about not fitting into the clothes you want...or losing strength and energy at the hands of the "Slow Creep"

Just recently a new client that got started...after they realized they couldn't handle the weight creep any longer reported this...

"It didn't happen all at once...but since I turned 40, My Weight Has Crept up...Every year...and Covid-19 has been the reality check that this must be stopped."

Here's What You'll get when you join this program that starts on December 13.

"Cutting Edge Personal Training": Get 18 Small Group Personal Training Sessions so you always have a coach watching every rep which means you don't need to worry about what to do, how to do it, or if you're doing it right...

"Burn Fat All-Day" Unlimited "Fat Blast" Cardio Sessions so you can finally lose fat and experience all-day energy without coffee, stimulants, or needing a nap.

"Nowhere to Hide" Get Weekly accountability check-ins from your assigned trainer so you can be certain you won't fall off the wagon like most people when they begin an exercise program...which means you'll get better results than you ever have before.

"Eat This Not That" A Simple 6 Week Nutrition

Guide so you don't have to feel stressed about what the heck you should be eating...or when you should be eating which means you'll lose fat faster than you ever have before.

"The Gabriele Fitness Guarantee" 100% Results Guaranteed, or your money back. We promise that within your first 45 days you'll drop body fat, get stronger, and feel better... if not, we'll refund every dime back.

If you're currently not working out, or you have a gym membership but you never go...or you've tried every diet under the sun but still have been on this yoyo journey which...in the end has resulted in consistent "weight creep"...

Two Ways to Get Started...Option 1: Request a 100% Free Consultation by calling 908-464-4441 and mentioning this article. Option 2: Get more information on the 6 Week Fitness and Nutrition Program that starts on December 13 by scanning below.



There are just 20 available spots for new members... you will breathe a sigh of relief once you realize how easy it can be to stop "weight creep" and get back feeling amazing again.

101 Five Star Google Reviews Can't Be Wrong. Gabriele Fitness has more social proof that their program works than any gym or personal trainer in the area. A simple google search of "Gabriele Fitness" will bring up 101 five-star ratings of the local gym along with some VERY long reviews from happy clients whose lives have been transformed.



www.gabrielefitness.com

ABOUT GABRIELE FITNESS: Gabriele Fitness is a personal training gym that helps people aged 40+ lose weight, gain energy and live a more active life without the use of fad diets or workouts that beat up their body. They've helped thousands of men and women in Berkeley Heights Area to transform their health and life for the past 13 years. As leaders in the fitness industry, they present their methods to trainers and gyms around the globe.