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## ARTS COLLECTIVE SIGNS AGREEMENT TO PURCHASE THEATER

### Westfield Public Schools

A newly-formed New Jersey non-profit organization, the Westfield Arts Collective, announced today that it has signed an agreement to purchase the Rialto building in downtown Westfield.

The announcement comes ahead of the closing weekend of Complements, an art exhibit being presented in the newly renovated lobby of the Rialto. The exhibit features original Charles Addams art alongside art from multimedia artist Suzanne Heilmann.

"We are excited that so many people have stopped by the Rialto to see the exhibit, with many expressing interest in the building's future," said Beth Cassie, President of the Westfield Arts Collective. "We are proud to announce the Center for Creativity at the Rialto, a community gathering space for creating, experiencing, and enjoying art in many forms. Our vision is to build a creative hub in downtown Westfield where makers, artists, actors, writers, and musicians of all ages and experience can connect, create, learn, and build community. Westfield is a town of artists, and preserving the iconic Rialto is the best way to ensure that the arts have a permanent place to thrive in our community."

The Tee and Charles Addams Foundation has generously provided initial seed capital for this effort and has committed to underwriting future art endeavors, with the intention of eventually endowing the Center with Addams works and funding in perpetuity.

"It has brought the Foundation such joy to witness how this community has embraced AddamsFest, annually celebrating the life and work of Charles Addams including not only the iconic and timeless Addams Family, but also his classic work as an artist, New Yorker cartoonist, and as a fixture in the prominent New York social circles of the 1960's," said Kevin Miserocchi, Executive Director of the Tee and Charles Addams Foundation. "We're thrilled that Charlie will return to the hometown that inspired his work and that his legacy will live on through the many artists that will benefit from the Center for Creativity at the Rialto."

"We are also thankful to the current owners of the building, Jesse and Doreen Sayegh, who have been true partners in the negotiation of this purchase," added Cassie. "None of this would have been possible without their generosity and shared vision to retain this historic building and keep the arts alive in Westfield."

The initial phase of the project includes renovating the lobby and restoring one large theater. The lobby will host small gatherings, including author and poetry readings. Once restored, the main floor theater will be made available for film screenings, live performances, and other programs and presentations.

Subsequent phases will include planning for the additional five theaters and office space and will involve gathering public input.

"There is still much work to be done, but we're thrilled to have started with the lobby, which will remain available as a rotating gallery," said Westfield Arts Collective board member Margaret Smith. "We'll begin rolling out our vision for a re-imagined Rialto over the next few months,



and we are excited to invite the Westfield community to learn more and get involved."

John Rzeznik, Westfield resident and guitarist and frontman of the Goo Goo Dolls, announced his support for the project.

"As a Westfield local, it is an honor to be working with my fellow residents to bring a permanent home for the arts to Westfield," said Rzeznik. "I have offered my name and platform to raise money for this very cool project and hope others will do the same."

"I congratulate the Westfield Arts Collective on this historic accomplishment and thank the Tee and Charles Addams Foundation and current Rialto owner Jesse Sayegh for being strong community partners in this bold and imaginative effort," said Westfield Mayor Shelley Brindle. "This effort brings us a giant step closer to our goal of making Westfield a regional destination for arts and culture."

"The vision for AddamsFest, which included annual exhibits of Charles Addams work, was to honor a local celebrity and infuse the arts into Westfield's culture," said Westfield Councilwoman Dawn Mackey, Chairperson of AddamsFest. "I'm so happy that AddamsFest could be the catalyst for the relationship with the Tee and Charles Addams Foundation which ultimately led to this project."

Those wishing to learn more about the Rialto Reimagined effort and to get involved can visit [centerforcreativity.art](http://centerforcreativity.art), follow us on Facebook, Instagram, and Twitter, or contact Beth Cassie at [westfieldartscollective@gmail.com](mailto:westfieldartscollective@gmail.com) for more information, naming right inquiries, and donation instructions.

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## IMAGINE IS SEEKING VOLUNTEER FACILITATORS

Imagine, A Center for Coping with Loss offers free peer grief support groups for grieving families that are facilitated by a wonderful group of trained volunteers. Imagine's volunteers are an essential part of Imagine's programs and they're looking to grow their community of facilitators. Are you interested in joining Imagine's team of volunteers? If so, we'd like to tell you more about Imagine's programs.

Imagine offers free peer support groups for children ages 3-18 who have experienced the death of a parent, sibling or close family member. Groups are also available for young adults ages 18-30, and for the parents and guardians of the children in the program. Groups for Spanish speaking bereaved adults are also available. All groups are currently being held virtually, with some set to transition to in-person as soon as it is safe to do so. Other groups will remain virtual.

Support groups are facilitated by trained adult volunteers who attend a three-day training totaling 24 hours, as well as regular continuing education. Volunteers come from all walks of life and no special background is required other than a willingness to listen, a heart inclined to serve, and the ability to be with children and adults in grief without trying to fix, solve or give advice. No prior experience is necessary. Volunteers must be 21 years or older. Bilingual (Spanish speaking) volunteers are needed as well. Volunteers serve

as companions and loving listeners for those who are grieving and help create a space where participants can share tears and embrace the joys of life.

"In order to continue to grow our English and Spanish speaking programs, we need to constantly recruit and train new volunteer facilitators," said Veronica Ortiz, Imagine Program Manager. "Our programs are growing because of the great need in this community, especially in the wake of the Covid-19 pandemic. Over 220 children and adults have been participating in our virtual support groups this year. We have recently launched a new program year, but there is more demand for our programs than we're able to meet with our current number of facilitators. Doing this additional training will ensure that no child will ever have to wait to get the support they need."

Are you interested in joining Imagine's incredible community of volunteers and help us eliminate a wait list for our groups? Imagine is planning to offer a virtual facilitator training from Friday, November 5 through Sunday, November 7 from 9 a.m. - 5 p.m. each day. An interview is required prior to the training, so please contact Imagine Training Manager, Jamie Saltamachia at [jamie@imagineinnj.org](mailto:jamie@imagineinnj.org) to arrange a convenient interview time. If you have questions regarding the training, please call 908-264-3100.

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## CASA VOLUNTEERS FOR FOSTER YOUTH

### CASA of Union County

The latest class of community members to step up and train as advocates for Union County foster youth have taken their oath before a Union County Superior Court Judge and are now ready to be matched to their case as the newest volunteers with Court Appointed Special Advocates (CASA) of Union County.

The nonprofit, which began in Union County in 2005, recruits, trains, supports, and supervises volunteers to serve local child-victims removed from their homes due to abuse, neglect or abandonment, and living in foster care. It is the only nonprofit serving as extra eyes and ears for Union County judges hearing youth cases.

Superior Court Judge James Hely presided over the swearing-in ceremony via Zoom; once matched to their youth or sibling set, advocates will begin putting their 30-hours of training into practice. The newest CASA volunteers for Union County are Janet Colman of Warren, Komal Nankani of Summit, Karime Herrera and James Walker Jr. of Elizabeth, Mike Caporaso of Lebanon, Regina O'Connor of Fanwood, and Veronica Gardner of Union.

Volunteers need no special prior background or experience to serve as advocates; each undergoes a thorough training process and is supported by CASA staff. Successful advocates bring with them varied life experiences and professional backgrounds. No matter the age of

the youth to whom they are assigned, advocates' commitment to being a consistent presence – many foster youth experience a revolving door of professionals in addition to the separation from family members – and ensuring needs are identified and recommendations are made to the judge and stakeholders, the trajectory of a child's life can be changed for the better.

Upon being court-ordered to a case, the CASA volunteer has access to the youth, foster parents, doctors, caseworkers, therapists, and teachers in order to identify and report to the judge any

concerns and needs in order to protect best interests.

The organization remains committed to serving every Union County youth in foster care; to do that, more community volunteers are needed to step up and train as an advocate for a local child-victim who could range from birth to age 21. Contact Lucia at [lfield@casaoofunioncounty.org](mailto:lfield@casaoofunioncounty.org) for details on upcoming information sessions, how to join a training class, and all the ways you can Change a Child's Story.



(above, l-r) Mike Caporaso of Lebanon; Janet Colman of Warren; Karime Herrera of Elizabeth; James Walker Jr. of Elizabeth; Regina O'Connor of Fanwood; Komal Nankani of Summit; and Veronica Gardner of Union.

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## Can You Spare a Few?



**This is our 3rd year raising funds for METAVivor. This year's goal is \$1000!**

Our team members' families are dealing with breast cancer, so this cause continues to be close to our hearts. **We hope you will help by sparing a few dollars or a few minutes to share the campaign.** Thank you for your generosity!

Please visit [www.GoFundMe.com/SRBreastCancerCure](http://www.GoFundMe.com/SRBreastCancerCure) to contribute.

## Recent Westfield Home Sales

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ADDRESS	BEDS	BATHS	GARAGE	LIST PRICE	SALE PRICE	DOM
436 Hillside Ave	6	5.2	3	\$2,495,000	\$2,300,000	88
421 Birch Ave	5	4.1	2	\$1,599,000	\$1,680,000	6
92 Fairhill Drive	5	3.1	2	\$1,325,000	\$1,460,000	9
519 Birch Ave	5	4.1	2	\$1,199,000	\$1,190,000	21
507 Edgar Rd	4	4.1	1	\$1,100,000	\$1,100,000	82
418 Colonial Ave	5	3.1	2	\$999,999	\$1,050,000	16
858 Dorian Rd	5	3.1	2	\$949,000	\$970,000	18
34 Moss Ave	4	2.1	1	\$799,000	\$856,880	7
116 Summit Ct	3	2.1	2	\$699,900	\$710,000	9
11 Cowperthwaite Sq	2	2.1	1	\$629,000	\$602,490	29
700 Tamaques Way	3	1.0	1	\$589,000	\$575,000	71

Source: GSMLS, select properties sold 9/20/2021-10/20/2021



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## HELP US SAVE A VET!!

Michael D. Boll, Director  
New Jersey Veterans Network

For the last few years the New Jersey Veterans Network and its mobile outreach team has been aggressively seeking out veterans in need and providing them resources to have a better way of life. This is only possible because of our volunteers' commitment and dedication with helping our veteran community. Donations are wonderful and help us purchase food, clothing, medical equipment and other life changing items, however someone's time is what makes an enormous difference.

During our charity's existence, we have provided meals for thousands of veterans and servicemen, dropped off PPE and clothing to veterans, provided medical equipment for disabled veterans, had 30 cars donated to disabled veterans, and most importantly we successfully saved the lives of veterans who were in some type of a dangerous crisis.

Every day we lose approximately 22 veterans to suicide and unfortunately this number hasn't changed over the years. Depression, PTSD and trauma run extremely high among our veterans and their family members. There are countless lifesaving programs out there for veterans, however it's a difficult task to get veterans to trust others and go get the help they need to live a better life.

The New Jersey Veterans Network also has a program called Operation Rebound that consists of a mobile outreach team that helps to train veterans for events like races, hiking, and other athletic activities. The goal of Operation Rebound is to do athletic events from 5k races to long distance Iron Man competitions in order to empower the veterans and show the public how people can do amazing things with the proper support. It is truly incredible to see the veterans go from no physical activity to completing these tremendous athletic challenges.

Recently, we formed a veteran anti-suicide and PTSD awareness coalition, called Uniformed Heroes, that will provide peer support sponsors for any veteran in need.

To make this upcoming Uniformed Heroes campaign successful, we are in desperate need of volunteers from both the veteran and civilian communities. There are numerous events and daily tasks that our charity could use assistance with and we are always looking to have more volunteers willing to help us reach veterans in need.

Our goal is to provide all veterans in need with a peer support sponsor that will do whatever they can to help veterans with obtaining the resources needed to live a better life. This is not an easy thing to do, but the New Jersey Veterans Network has already been able to make a huge difference because of the team's volunteers and its strong partnerships with other charities.

If you are interested in joining the team, please send us an email at [NJVN1775@gmail.com](mailto:NJVN1775@gmail.com) and provide your name, email, and phone number. Also, if you have any questions, and concerns please feel free to contact us at 973-332-1556.

## RELIEF FROM CHRONIC KNEE PAIN FDA Approved Treatment to Avoid Surgery

### DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere,

**Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



### If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

### Consider This Alternative To Surgery

**Northeast Spine & Wellness Center** offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider!

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

### How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

### Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

### Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS



### Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

"After only four visits, I have absolutely no pain! The staff is "top-notch."

- Quentin L.

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## NEW PLAY REUNITES TEACHER AND STUDENT

When Deirdre Louise MacNamara was a high school student, she performed in several plays at Roselle Catholic High School, directed by Maurice J. Moran. Now, MacNamara has written a play that will be performed in New York City, directed by Moran. “Order Up!” consists of five one-act plays that take place in a “typical NYC diner.” It will run in November for a limited engagement in Manhattan.

Moran, a resident of Rahway, has been directing plays for New Jersey high schools, community theatres, and professional summer stock for 50 years. MacNamara, who grew up in Elizabeth, has acted in New York and New Jersey. Together, they had worked on several projects prior to the pandemic, including her one-woman show that she performed in Brooklyn and Greenwich Village.

“Order up!” is her first full-length play. Each act is titled with “diner speak,” reflecting the intriguing descriptions servers use to communicate with the cook. “Blonde with Sand,” for example, one of the plays, is “Coffee with milk and sugar.” The other plays include “In the Weeds,” “Blue Plate Special,” “Adam and Eve on a Raft,” and “Pittsburgh.” Each play features characters who use the diner as a meeting place to discover the different meanings of love, from friendship and family to romance.

“Order Up!” will run November 9 through November 14 at the Chain Theatre on 36th Street and 8th Avenue. For tickets and more information, visit the website at <https://frankie-co-productions.mailchimpsites.com>.



(above,l,r) Playwright and actress  
Deirdre Louise MacNamara and director  
Maurice J. Moran

## COLLEGE WOMAN’S CLUB ANNOUNCES PELTON BIKE+ WORKS RAFFLE

Enter the College Woman’s Club of Westfield fundraiser raffle to win a Peloton Bike+ Works and a 1-Year All Access Membership. Every entry directly supports the CWC scholarship fund.

Ticket raffle sales will be limited to 300 tickets to keep the odds of winning high. Tickets are \$75 each. One ticket counts as one entry and multiple tickets may be purchased. All ticket sales will end on Wednesday, December 15th at 11 a.m. We will draw one lucky winner at 1 p.m. on the same day.

The Peloton Bike+ Works bundle includes the bike, shoes (1 pr), bike weights (1 set), reversible workout mat, bike mat and resistance bands (1 set). 1-Year All Access Membership is required for purchase of the Peloton Bike+ and will be included as part of the prize.

The prize (Peloton Bike+ Works and 1-Year All Access Membership) is not on premise and

will be ordered for the winner upon conclusion of the raffle. Arrangements for accessory sizing and delivery will be made at that point. Even if you don’t win the raffle, you will be supporting young women in their pursuit of higher education.

For more info and to buy a raffle ticket, please go to our website: [bit.ly/PelotonRaffle21](https://bit.ly/PelotonRaffle21)

Founded in 1917 to further higher education for women, the College Woman's Club awards scholarships to young women from Westfield based on academics, leadership, and financial need. The College Woman’s Club of Westfield has awarded over \$1M in scholarships since 1995.

To learn more information about who we are and what we do, please go to our website at [cwclubwestfield.org](https://cwclubwestfield.org). Feel free to contact the College Woman’s Club directly by email at: [cwc.westfield@gmail.com](mailto:cwc.westfield@gmail.com).

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## ATLANTIC MEDICAL GROUP CARDIOLOGY AT CLARK WELCOMES DR. DELIA DOBRESCU

Delia J Dobrescu, MD, FACC, is board certified by the American Board of Internal Medicine in cardiovascular disease and internal medicine and fellowship-trained in both cardiology and electrophysiology. And now she's brought her extensive expertise to Clark, where she dedicates herself to helping restore regular rhythms to her patients with arrhythmia.

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## TEES 2 TOTES GIRL SCOUT GOLD AWARD



(above) Michelle Audino, a junior at Westfield High School and member of Girl Scout Troop 40491, recently met with Deacon Keith Gibbons of Holy Trinity Roman Catholic Church in Westfield to donate 40 totes, which included 27 T-shirt totes and 13 bags, to the Westfield Food Pantry as part of her Girl Scout Gold Award project, Tees 2 Totes.



(above) As part of her Girl Scout Gold Award project, Tees 2 Totes, Michelle Audino attached a business card she designed, which includes a QR code. When scanned with a cell phone camera, the code links to a YouTube tutorial prepared by Audino for detailed instructions on how to make your own totes.

Looking for a fun easy craft to do with your friends, family, youth groups, sports teams, students, or clubs that can save the environment? Recycle Tee Shirts into no sew tote bags.

Michelle Audino, a junior at Westfield High School and member of Girl Scout Troop 40491, completed 100 tote bags for her Girl Scout Gold Award – Tees 2 Totes – with the help of local Girl Scout Troops, community residents, and the Holy Trinity Youth Group in Westfield.

“I recycled T-shirts into tote bags to reuse old clothes instead of throwing them away, and to use as a replacement for plastic bags. The tote bags I made from the T-shirts are large and thick,” Audino said.

Audino says that recycling T-shirts into totes bags will address two environmental issues: 1) cutting down fast fashion pollution, and 2) cutting down plastic pollution in landfills and oceans.

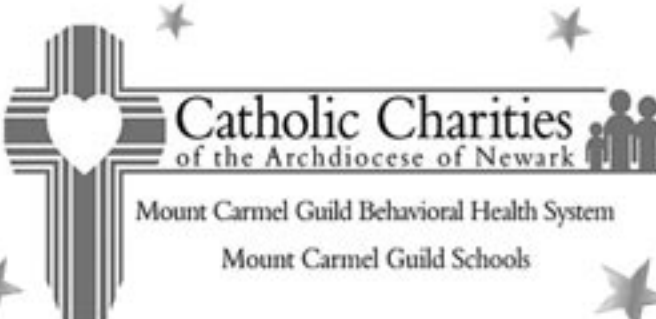
According to Audino, the clothing industry is the second largest industrial and freshwater

polluter. In addition, she noted that single-use plastic bags will be banned from stores in New Jersey effective May 2022.

On September 7th, she met with Deacon Keith Gibbons of Holy Trinity Roman Catholic Church in Westfield to donate 40 totes, which included 27 T-shirt totes and 13 bags, to the Westfield Food Pantry. The totes will be used to transport food to families in need. Attached to each tote bag is a business card designed by Audino. The card includes a QR code, which when scanned with a cell phone camera, links to a YouTube tutorial prepared by Michelle for detailed instructions on how to make your own totes.

Another way to access detailed step-by-step instructions on how to make the no sew T-shirt totes is to view the YouTube video, "Tees 2 Totes T-Shirt Tote Bag Tutorial" <https://youtu.be/cx9GgrjEOG8>.

Those who watch the video are asked to complete the survey linked in the biography of the video.



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Irene Rossmer, MD, FACS

## ATLANTIC SURGICAL ONCOLOGY AT CLARK WELCOMES CANCER SPECIALIST DR. IRENE ROSSMER

Irene Rossmer, MD, FACS, is a fellowship trained, Board-Certified surgical oncologist skilled in the surgical treatment of cancers of the gastrointestinal tract, liver and pancreas, skin and soft tissue, and breast. Now she's brought her extensive expertise to Clark. After receiving her medical degree from the Icahn School of Medicine at Mount Sinai, she returned to her alma mater Columbia University and completed her surgical residency at the New York Presbyterian Columbia Campus. She then went on to complete a highly competitive 2-year fellowship in surgical oncology at the University of Pittsburgh Medical Center. Following her training, she built a robust surgical oncology practice at NYU-Long Island, and we have been extremely fortunate to recruit her to join our world-class surgical oncology team. The recipient of multiple awards and honors for her clinical work and research, Dr. Rossmer is now treating cancer patients right here in our own backyard.

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## ELEMENTARY STUDENTS CELEBRATE WALK TO SCHOOL DAY



(left) All smiles as Wilson principal Crystal Marsh and school counselor Frank Uveges pose with 2nd grader Aviva Clarke.

### Westfield Public Schools

It was a morning of fitness and fellowship across the school district as more than 2,000 elementary students and their families celebrated Walk to School Day in Westfield on October 6.

Organized by the Westfield BRAKES Group (Bikers, Runners, and Kids are Entitled to Safety) and school PTOs, the event is modeled after International Walk to School Day, a global effort involving communities from more than 40 countries walking and biking to school on the same day.

In Westfield, students in grades 1-5 skipped, hopped, and walked to their school. Some received special escorts after entering and winning a raffle for the chance to walk with a police officer, principal, school mascot, or other local dignitaries.

Wilson 2nd grader Zoey Edelstein was greeted at her front door by Mayor Shelley Brindle who escorted her to school, while Franklin 2nd grader Talia Farzad won the chance to be accompanied by Franklin principal Dr. Paul Duncan. Police Sergeant Thomas Ostrander kept pace with Kayla Marcus, a 3rd grader at Franklin, and Jefferson 4th grader Owen Hennes walked and talked with school superintendent Dr. Raymond González.

"I enjoyed meeting Owen and his family," says González. "I love these types of events that really bring the community together."

Each of the 6 elementary schools had banners for students to sign and "I Walked" stickers provided by Weichert Realtors.

BRAKES is an organization that works to promote safe walking and biking routes for Westfield pedestrians of all ages.



(above, right) Superintendent Dr. Raymond González escorts Jefferson 4th grader Owen Hennes.

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# wonder

# Why This Former NFL Legend was Forced to Hire a QB Coach for his Son

Retired San Francisco 49ers QB Joe Montana, is arguably one of the greatest NFL players that has ever played football...when his son started playing football it would have made sense for him to help his son learn how to play Quarterback.

But that's not how it went. Joe Montana had to hire a quarterback coach to help his son be a better football player. Here's possibly the greatest NFL QB of all time, needing to hire someone else to help his son. It was not that Joe Montana was not equipped for the job...it was that his son needed a second voice to help him get to the next level.

Many parents who have much less knowledge, experience, and skills than Joe Montana are in the same boat in regards to helping their kids get stronger, faster, and more confident.

Most parents we've come across want their kids to eat healthier, be more active, and have a stronger mindset. But many have told us they need help.

Even with the constant reminders of telling their kids to eat more vegetables, get outside instead of watching TV, practice their sport more, get to bed earlier...they find that sometimes the message falls on deaf ears...and some backup would be helpful toward their vision of helping their kid be the best they can be.

Parents have told us that having us(the Grit Athlete Performance Coaches) as a second voice to help reinforce the habits they want for their kids...is changing the game.

Further...Our Grit Athlete Founder has over 20 years experience with training athletes himself...and certainly knows a LOT more about getting stronger and faster than the average parent...But has all 3 of his children(9,8 and 6) enrolled in Grit year round....because he knows the power of that second voice.

And after they come through our program, parents tell how it's turbocharging their parenting. Here are some real-life examples that have been reported...

Before, parents struggled with getting kids to eat vegetables...now their kids are asking for more.

Before, parents struggled with getting their kids to get enough sleep....now their kids are getting to bed earlier on their own.

Before, parents struggled with getting their kids to watch less TV or play video games...now they are limiting these activities because they've learned they don't really help them become better athletes.

Before, parents struggled with helping their kids have more confidence...now their kids are doing things out of their comfort zone more often which is helping them believe in themselves which further improves self-esteem.

Before, parents had no clue how to help their kid get faster...now they are faster because they've learned that speed is a skill, and a few simple tweaks can make a kid faster immediately.

Before, parents could not get their kids to make their beds...now their kid makes their

bed each morning on their own because they learned that making their bed in the morning helps them have a better day.

Before, parents struggled with getting their kids to do even one good push-up...now they catch them in their room practicing on their own.

Before, parents wanted their kids to have more determination and grit when training new things...now they are staying calm under pressure and seeking out challenges instead of avoiding them.

Many times it's not about telling your kid to eat more vegetables or stop watching TV...but rather finding the right environment for them to be more successful.

Right in your backyard, there's a team of great coaches waiting to be second voices for your kids...so that all the things you're teaching as parents will be reinforced. But most importantly, the results you're after for your kids will actually become a reality. The Grit Athlete winter Sports Performance session starts on December 13th in Berkeley Heights NJ, visit [www.gritathletes.com](http://www.gritathletes.com) to fill out an application for your child.

*Grit Athlete Performance is a Sports Performance Training Company located in Berkeley Heights that helps kids ages 6-18 get strong, fast, and confident so they can have a bigger and better future. They have just released the dates for their winter program that starts on December 3rd. Visit [www.gritathletes.com](http://www.gritathletes.com) to register for their winter session...or see below for more details...*

**Want The Grit Athlete Performance Coaches to be your Second Voice?**

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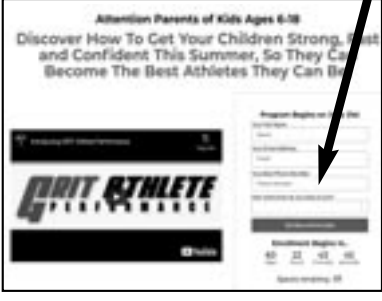
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### STEP 3

Coach Mike will call you and set you up



**Warning: The Winter session is the most popular session of the year and always sells out before it starts. We strongly encourage you to scan the QR code today and enter your information to make sure your child doesn't get locked out of the winter session.**



# Attention Parents of Kids Ages 6-18

## HUGE ANNOUNCEMENT...THE GRIT ATHLETE PERFORMANCE WINTER PROGRAM IS NOW ACCEPTING APPLICATIONS

Give us 12 weeks with your kids and we'll have them stronger, faster, and more confident...guaranteed.

### This program is for your child if:

- They want to get better at sports but struggle because of **lack of speed, strength or stamina**.
- They **eat more junk food than healthy food** and you need another voice to help them understand how important a healthy diet is during these developmental years.
- They **need to improve their confidence** and you want them to start to get better at recovering from their mistakes.
- They're doing pretty good right now but want to take their performance in their sport to a **higher level**.

### Here's what parents can expect to happen:

- **They will get stronger** which means when they show up to their sport they'll be able to perform better than ever.
- **They will run faster and jump higher** so they can show up to their next season and people will start asking what the heck have they been doing.
- They'll become **more coordinated and improve agility** which means they'll pick up new skills their coaches teach them faster.
- **Your children will start to eat better** because we'll be educating them daily on what's good and what they should avoid...don't be surprised if they start asking you to buy more vegetables.
- **Confidence will skyrocket**. When kids get stronger, faster and more fit...their confidence will rise ...so will their self-esteem which means their performance in every aspect of life will get better.
- **Their mindset will improve**. We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.

### HAPPY PARENTS TALKING ABOUT THE PHYSICAL AND MENTAL TRANSFORMATION OF THEIR KIDS...

- "When my son started Grit he was quiet, shy, and had some difficulty with movements...Now he is confident in himself, has become more vocal, and is mastering the exercise he struggled with in the past."  
- Jen O'Brien, Grit Athlete Parent
- "My son is more disciplined and confident in himself"  
- Steve Hughes, Grit Athlete Parent
- "I have watched my children become more confident and vocal."  
- Christine Stramandinoli, Grit Athlete Parent
- "His confidence has shot up in the last few months...and has carried forward to the way he approaches other activities like sports and schoolwork. My son is now making his bed daily and exercising every day."  
- Catherine Solfaro, Grit Athlete Parent

## APPLY NOW

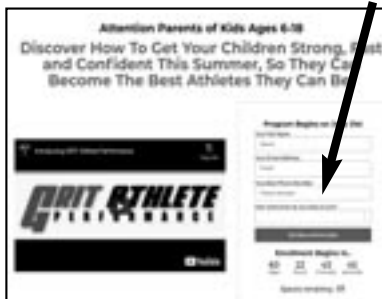
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Coach Mike will call you and set you up



**Warning: The Winter session is the most popular session of the year and always sells out before it starts. We strongly encourage you to scan the QR code today and enter your information to make sure your child doesn't get locked out of the winter session.**

## VOLUNTEERS ASSIST THE WESTFIELD HISTORICAL SOCIETY



(above) Tons of gravel was delivered by the Weldon Materials Company for the driveway of the Westfield Historical Society's Reeve House.

On Thursday, September 9th, 20 volunteers from the L'Oreal Corporation of Clark visited the Westfield Historical Society's Reeve House to take part in their Corporate Volunteer Day. Earlier that week, The Weldon Materials Company of Westfield, delivered tons of donated gravel to the Reeve House.

Thanks to Weldon and L'Oreal, the driveway and parking area of the Reeve House is beautifully covered with a much-needed fresh layer of gravel.

Despite the lingering threat of rain, the L'Oreal Volunteers, worked tirelessly to spread

the gravel, weed garden beds, clean windows and the porch, and take on other maintenance tasks throughout the Reeve House and property.

Since 1968, the 501(c)(3) non-profit Westfield Historical Society has worked to preserve, interpret and encourage interest in history, Westfield, and its residents through educational efforts and community outreach programs.

For more information on the Westfield Historical Society and their events, visit [westfieldhistoricalsociety.org](http://westfieldhistoricalsociety.org) and like us on Facebook.



(above) Volunteers from the L'Oreal Corporation in Clark worked to spread tons of donated rocks on the Westfield Historical Society's Reeve House driveway and parking area during the September 9th L'Oreal USA Volunteer Day.

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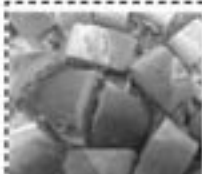
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## 144 BICYCLES COLLECTED LOCALLY TO SEND TO HONDURAS

### Rotary Club of Westfield

On Saturday, October 9, 2021, The Rotary Club of Westfield collected used bicycles to send to Honduras. Collection Chair Warren Rorden was very pleased with the results. He states that the Rotary collected 104 used bikes and 40 brand new Schwinn bikes, along with \$1,800 in donations. The donations are important to help pay the shipping costs.

The Rotary Club started collecting bikes in 1997 with Michael Hart as Club President and Warren Rorden as the Bike Collection Project Chair. Over the past 24 years, the club has collected 2,800 bikes, which have improved the lives of 2800 families in the third world. The club works with an organization called Pedals For Progress, which collects the bikes and ships them. Website [www.p4p.org](http://www.p4p.org).

Americans purchase 50 million bicycles per year, but then throw 20 million perfectly good bikes in the landfills. The purpose of this program is to send the used bicycles where they will do the most good. In third world countries, many people need to walk everywhere- to fetch water or firewood; bring produce to market, or get to travel to their jobs. If children need to walk 5 miles to school, they just do not go. If a tradesman has a bicycle, they can carry their tools with them and be more productive. Therefore, a bike can make a huge difference in a persons life. Bicycles do not create air pollution, and creates jobs because now the village needs a bike shop to repair tires, fix chains, etc.

Off road bikes are sent to countries which do not have paved roads. Road bikes are sent to countries with paved roads. Children's bikes are important to help kids get to school.

Sewing machines are also collected and shipped. A sewing machine can give a single mother a way to support her family.

The Rotary Club of Westfield is an organization of local business men and women and community leaders who wish to help provide service to the community and to the world. Besides recycling bicycles, the Club helps support the homeless veterans living at Lyons VA Hospital; helped the Afghani refugees at McGuire AFB; helps to feed the food insecure in Westfield and Elizabeth; provides scholarships to high school seniors, Grants to local community groups, and supports Youth service clubs in the schools. The club meets the first and third Tuesdays at noon by Zoom, and the second Tuesday for lunch in person. For more information contact Club Secretary Dr. D. Michael Hart Email: [drmhart@yahoo.com](mailto:drmhart@yahoo.com).



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(above, l-r) Dr. Michael Hart, Brendan Bertsch, Deirdre Gelinne, Bicycle Chair Warren Rorden; President Blake Width; Heidi Obiajulu; Anthony Obiajulu (hidden behind Heidi); Barbara Frantz; Fred Zellner; Allen McGinley; Bill Bonsall; David Frantz; & Tony LaPorta



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## 2021 POLICE UNITY TOUR

### "WE RIDE FOR THOSE WHO DIED"

The Westfield Police Department sent a team to ride in the 2021 Police Unity Tour. The riders ended their 4-day, 320-mile bicycle ride on Thursday, October 14th by riding through the National Law Enforcement Officers Memorial.

According to The National Law Enforcement Memorial and Museum website, nleomf.org, between 1,200 and 1,300 riders were expected to ride into the Memorial to remember and honor the fallen. The ride begins in New Jersey with a 45 to 50 mile ride. The next day, the riders travel to Wilmington, DE. From Wilmington, they will ride about 100 miles to Annapolis, MD. The last leg of the trip riders travel 60 miles to the Memorial in Washington, DC.

A Candlelight Vigil ends the 2021 Police Unity Tour. During the vigil the names of 701 law enforcement officers who have died in the line of duty – including 434 who died in 2019 and 2020 – are formally dedicated on the evening of

October 14, during the 33rd Annual Candlelight Vigil, held on the National Mall and produced by the National Law Enforcement Officers Memorial Fund.

The mission of the National Law Enforcement Memorial and Museum is to honor the fallen, tell the story of American law enforcement, and make it safer for those who serve.

In May 2020, the Police Unity Tour was proud to donate more than \$2.0 million to the National Law Enforcement Officers Memorial Fund, bringing the total donations to more than \$30 million since their inception in 1997.

For more information, and to donate, visit [policeunitytour.com](http://policeunitytour.com).

Team Westfield:

Detective William Kleeman

Detective Elizabeth Savnik

Officer Nicholas Calello

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## CIVIL AIR PATROL CADET VOLUNTEERS AT TOUR DE WESTFIELD

Submitted by: Cadet Senior Master Sergeant Theo Karter (NJ-102)

On Sunday, September 26th, 2021, the town of Westfield held the Tour de Westfield, a community bicycle event. The Cadets and Senior Members of the Captain "Bud" Jackson Composite Squadron (NJ-102), a local Civil Air Patrol (C.A.P.) squadron, were able to support the Westfield Police Department by fulfilling one of the organization's Core Values: Volunteer Service. The Civil Air Patrol was founded in 1941 to support Communities and our Nation.

During the event, Cadets and Senior Members worked alongside the officers to provide crowd

and traffic control, in order to ensure the safety of the pedestrians, bicyclists, and vehicles. Over 30 Cadets and Senior Members were in attendance that Sunday morning to aid in a safe and fun filled event. The Mayor of Westfield, Mayor Shelley Brindle, and the Chief of Police, Chief Christopher Battiloro, appreciated the assistance provided by the Captain "Bud" Jackson Composite Squadron and presented the attending cadets with certificates commending them for their service to the community. The Tour de Westfield was a success while providing a needed service for the community to have a

fun and healthy day..

The Civil Air Patrol (C.A.P.) Cadet Program is open to all Middle School and High School students from ages 12 to 18.

For more information about C.A.P., please contact Captain Jose Vergara at [jose.vergara@njwg.cap.gov](mailto:jose.vergara@njwg.cap.gov) and 2d Lt Josline Pinto at [josline.pinto@njwg.cap.gov](mailto:josline.pinto@njwg.cap.gov).

Visit the CAP National webpage at [gocivilairpatrol.com](http://gocivilairpatrol.com) or the NJ-102 squadron website at [nj102.cap.gov](http://nj102.cap.gov). Also, be sure to check out the NJ-102 Squadron's Facebook page at [facebook.com/NJ102/](https://facebook.com/NJ102/).



(above) Civil Air Patrol Cadets and Senior Members volunteered at Tour de Westfield.

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## US SPACE FORCE: GUARDIANS OF THE HIGH

### Civil Air Patrol Cadet Program (NJ-102)

As we explore new horizons, the United States expands beyond what is imaginable. With the creation of the US Space Force, the country truly embodies the notion of "reaching for the stars"! On June 29, 2021, Captain "Bud" Jackson Composite Squadron (NJ-102) of the Civil Air Patrol (CAP), an Auxiliary of the United States Air Force, had special guest speakers from the US Space Force - Major Jose Almanzar and Captain Ronald Nguyen. In a virtual meeting of over 110 participants, including visitors from other CAP squadrons, attended and the speakers shared the goal and purpose of this new branch of the military, talked about their jobs, gave advice to the cadets considering the path and much more. There was time for a Q&A session, where the speakers provided valuable information towards a wide range of cadet/senior member questions. Cadets took away extensive information to inspire them about this new exciting path of space research and operations.

Headquartered at the Pentagon, the US Space Force is an independent branch of the military that was carved out of the Air Force in December 2019. With their Command motto as "Guardians of the High Frontier", the US Space Force is considered a critical asset, impacting everyday life. Although it is currently the smallest of the US armed services, the Space Force is responsible for operating and defending military satellites and ground stations and supports

communication and navigation on Earth. It provides a much needed position of strength, especially technology-wise, for protecting US interests in space or going on offense, if needed, in the future. Civilian life cannot survive without our space capabilities. Our military based missions are now largely supported by space operations. Additionally, as space tourism is about to lift off in the coming years, the US will have a growing space community.

As an empowerment message to the young cadets, Maj Almanzar and Capt Nguyen talked about the Space Force's need for bold and diverse leaders with new ideas. They stressed the importance of being exposed to STEM (Science, Technology, Engineering, and Math) experiences and education early on - "Always take advantage of opportunities presented to you and explore the growing areas of the Space Force. The sky is not the limit so it is your time to soar!"

The Civil Air Patrol (CAP) Cadet Program is open to all Middle School and High School students from ages 12 to 18. For more information about C.A.P., please contact the NJ-102 Squadron Commander, Captain Jose Vergara, at jose.vergara@njwg.cap.gov, or the NJ-102 Squadron Recruiting Officer, 1st Lt Josline Pinto, at josline.pinto@njwg.cap.gov. Visit the CAP National webpage at gocivilairpatrol.com or the NJ-102 squadron website at nj102.cap.gov. Also, be sure to check out the NJ-102 Squadron's Facebook page at facebook.com/NJ102/.

## WHS STUDENTS EARN ACADEMIC HONORS

Eight Westfield High School students have received special honors from the College Board National Recognition Programs.

Senior Celia Frank has been named a 2021-2022 National African American Scholar. Seniors Taylor Addis, Blake Baretz, Mateo Beltran, John González, Manuel González, Amira Lee, and Victoria Vaca have been named 2021-2022 National Hispanic Scholars.

According to the College Board, the program honors academically outstanding students from underrepresented communities each year who score in the top 10% of the state on the PSAT/NMSQT and maintain a grade-point average (GPA) of 3.5 or higher.

Additionally, ten WHS students earned perfect scores on recent ACT and SAT subject area tests. They are:

### JUNE 2021 - ACT

Taylor Addis, 12th grade - English  
Eric Harnisher, 12th grade - English  
David Maimon, 10th grade - English  
Lindsey Pietrewicz, 12th grade - English  
Mackenzie Wilson, 11th grade - English  
Jessica Zdep, 12th grade - Reading

### JULY 2021 - ACT

Sofia Regencia, 12th grade - Reading

### SUMMER 2021 - SAT

Roan Baker (June), 12th grade - Math  
James Kaprowski (June), 12th grade - Math  
Kaity Bai (August), 12th grade - Math



(above) WHS Principal Mary Asfendis (right) congratulates College Board Recognition Program Scholars. From left: Mateo Beltran, John González, Amira Lee, Victoria Vaca, Celia Frank, Taylor Addis, and Manuel González.



(above) WHS 12th grader Blake Baretz is among seven WHS students named as 2021-2022 National Hispanic Scholars by the College Board Recognition Program.

Photos by Westfield Public Schools



(above) Ten WHS students earned perfect scores on Summer 2021 ACT and SAT subject area tests: Pictured with WHS Principal Mary Asfendis (right) are (from left): James Kaprowski, Sofia Regencia, Kaity Bai, Taylor Addis, Eric Harnisher, and Mackenzie Wilson. Not pictured: Roan Baker, David Maimon, Lindsey Pietrewicz, and Jessica Zdep.

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## LENDING A HAND TO HELP NOURISH NEW JERSEY'S COMMUNITIES IN NEED

Submitted by Kathi Wolder

A group of determined volunteers from Westfield's Temple Emanu-El descended on the Community Food Bank of NJ (CFBNJ) on June 8 to help assemble after-school meals for children in the center's kitchen, and sort and pack food supplies in the voluminous warehouse, all of which were destined to provide relief to hundreds of families in New Jersey.

"Temple Emanu-El has a long history of actively supporting the Food Bank in Hillside, and they recently reached out to us again," says Nancy Manket, the organizer and coordinator of the volunteer effort. "CFBNJ had a 60% drop in volunteers last year, and desperately needs help.



(above) Traci Hendricks of East Orange is the Volunteer Resources Specialist for CFBNJ.

Giving back is so much a part of who we are; it's one of our temple's core values."

This commitment to Tikkun Olam, or "healing the world," says Manket, is what inspires Temple Emanu-El's army of volunteers to regularly immerse themselves in a variety of social action projects intended to make life better for others in the surrounding communities and beyond. In addition to food bank and emergency food drive projects, the Tikkun Olam Committee houses the homeless, handcrafts "blankets of love" that provide comfort to children and teens with cancer, and grow vegetables in their own "mitzvah garden" that they donate to the Westfield Food Pantry.

Volunteers working in CFBNJ's kitchen that day helped assemble and pack 425 lunches for the after-school Kids' Café Program, which distributes nutritious meals to young people throughout Central Jersey and North Jersey. Daryl Walker has been the Chef and Production Manager for five years, and is passionate about what he does. "It feels amazing to know that I'm able to help feed young kids and seniors," says Walker. "It's been a life-changing experience for me, knowing that every single day I'm helping to make a real difference in our communities."

The CFBNJ is the largest anti-hunger, anti-

poverty organization in New Jersey, with more than 1,000 community partners in eleven New Jersey counties, including local soup kitchens, food pantries, emergency shelters and child and senior feeding programs. But their hunger-relief programs also address the substantial need by delivering after-school meals for children, distributing bags of supplemental food for families, and providing job training for people looking for a second chance. And they also run a diaper program for those who can't afford to buy them, prepare meals for people returning home with cancer, and offer a 16-week culinary course that provides free chef training for those in need. "New Jersey has been hit hard by COVID-19," says Traci Hendricks, Volunteer Resources Specialist for CFBNJ. "We will have distributed a record 90 million meals by the end of this fiscal year, and probably more next year. We want our communities to know that we are going to help them. We are going to feed them, no matter what. And we couldn't possibly accomplish all this without our volunteers; they are our lifeline."

To volunteer for CFBNJ or make a donation, visit [cfbnj.org](http://cfbnj.org). For more information on Temple Emanu-El, or to get involved with the Social Action/Tikkun Olam Committees, contact Jackie Grussgott at [jgrussgott@tewnj.org](mailto:jgrussgott@tewnj.org).



(above) Volunteers from Temple Emanu-El in Westfield pause for a group photo at the Community Foodbank of NJ (Hillside) in front of the famous quote from Martin Luther King, "Question is, what are you doing for others?" The group helped in the kitchen and warehouse, preparing food and packing and sorting supplies.

Photo by Kathi Edelson Wolder

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## WESTFIELD HIGH SCHOOL STUDENT MUSICIANS RECEIVE HONORS

### Westfield Public Schools

The Westfield High School Marching Band participated in the Bands of America Mid-Atlantic Regional Championship at the University of Maryland on Oct. 9, advancing to the finals for a 3rd consecutive year and placing 10th alongside bands from Connecticut, Maryland, New Jersey, North Carolina, Pennsylvania, and Virginia.

WHS Band Director Christopher Vitale praised the WHS marching band members, many of whom had never competed in a Bands of America regional competition and who received limited training due to previous COVID restrictions.

"Fortunately, we have an extremely dedicated group of student leaders and instructors who have worked hard all season to prepare their sections for this regional," said Vitale. "We are so proud of the students for the work and dedication that was required to get to this point."

Additionally, WHS 12th grade viola player Meredith Shepherd has been named to the New Jersey All-State Orchestra, following rigorous virtual auditions that took place earlier this year. She will join 85 student musicians from around New Jersey who will perform in a virtual concert to be released in early December.



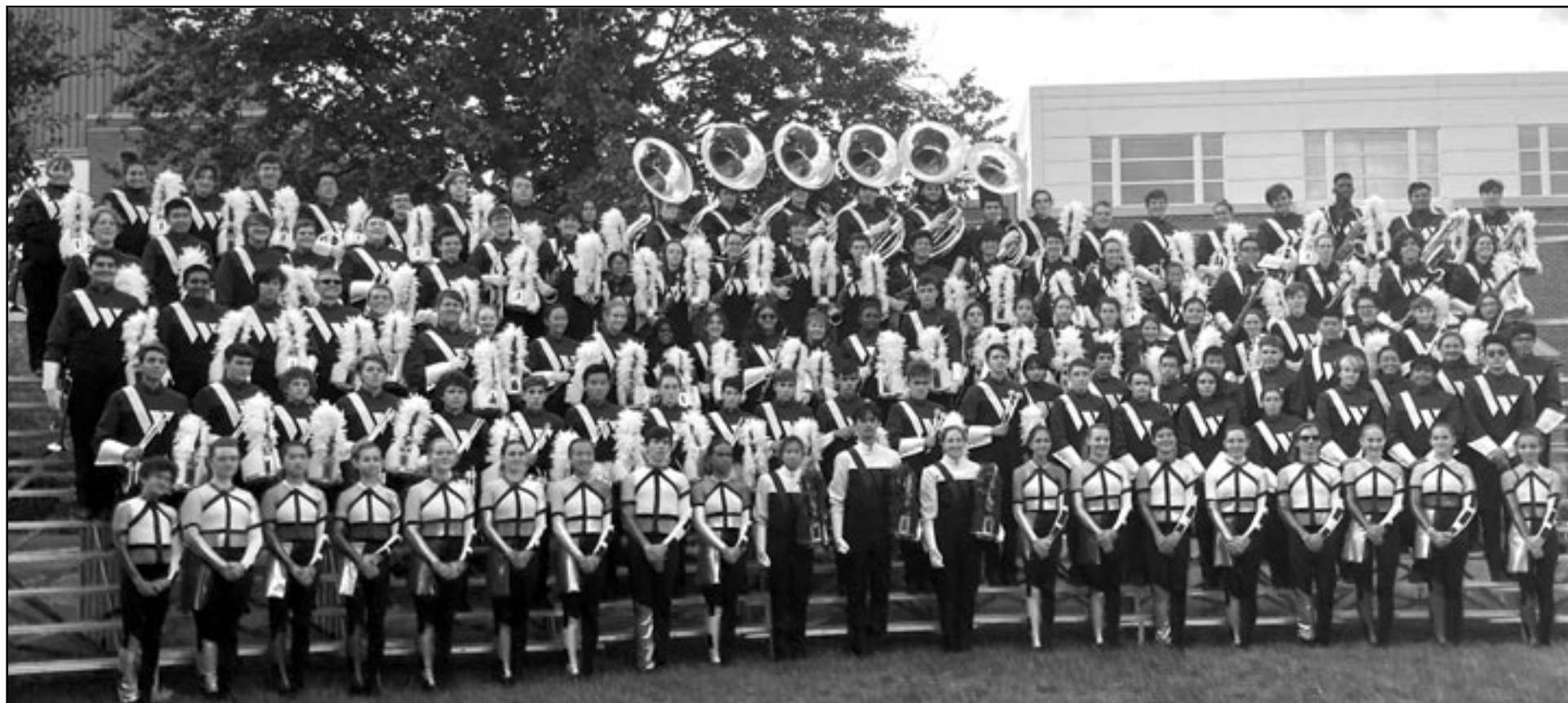
(above) WHS 12th grade viola player Meredith Shepherd has been named to the New Jersey All-State Orchestra. She will join 85 student musicians from around New Jersey who will perform in a virtual concert to be released in early December.

Photo by The Shepherd Family



(above, l-r) Westfield High School Marching Band drum majors Noelle Shih, Matthew Robinson and Jessica Strauss perform with the marching band during the Bands of America Mid-Atlantic Regional Championship on Oct. 9 at the University of Maryland.

Photo by Westfield High School Marching Band



(above) The Westfield High School Marching Band participated in the Bands of America Mid-Atlantic Regional Championship at the University of Maryland on Oct. 9, advancing to the finals for a 3rd consecutive year and placing 10th alongside bands from Connecticut, Maryland, New Jersey, North Carolina, Pennsylvania, and Virginia.

Photo by Westfield High School Marching Band

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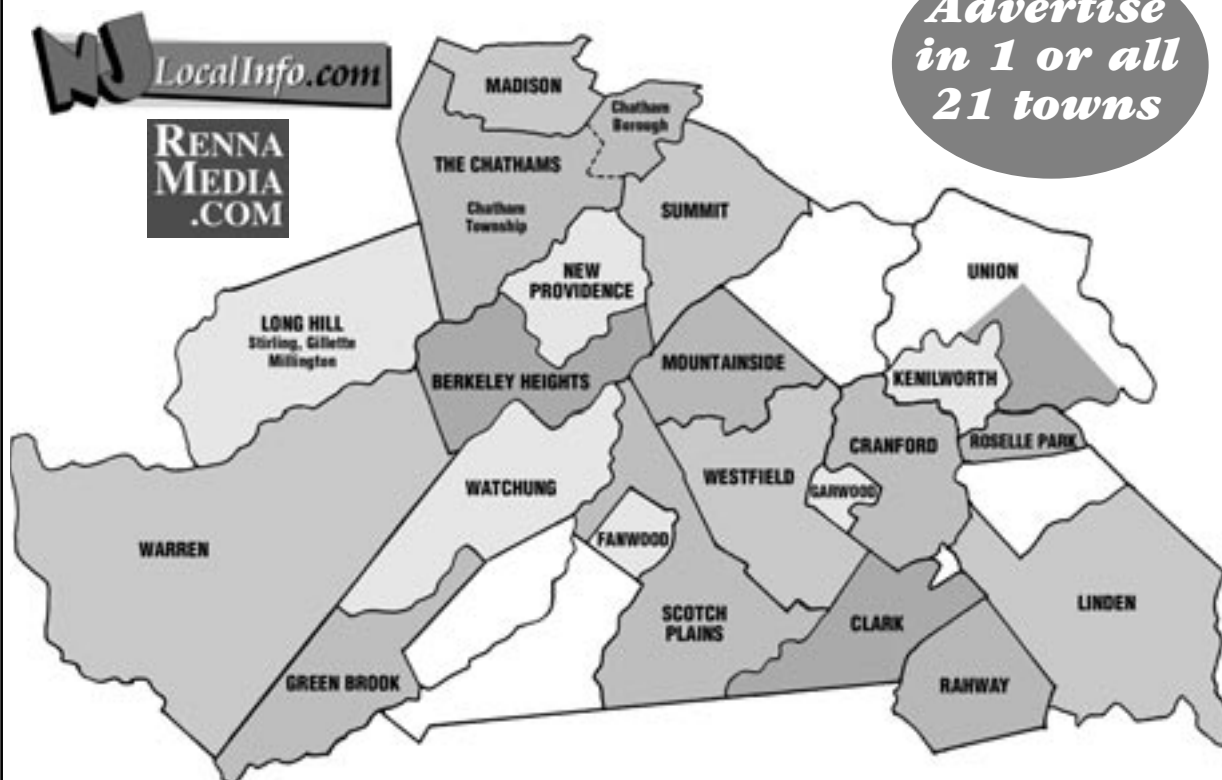
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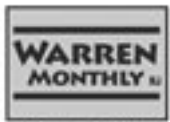
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## BAND SEEKS NEW MEMBERS

The Township of Union Municipal Band is back and is seeking new members to join the band! "Musicians of all ages are welcome," says director Howard Toplansky. "If you are a high school musician looking for extra practice or a retired professional who wants to get back into music, the municipal band is a perfect fit." The band is looking for new members who play any instrument. Out of towners are welcome.

The Township of Union Municipal Band rehearses on Monday evenings at Hannah Caldwell School. The band performs ten

concerts throughout the year, including special concerts at Ehrhart Gardens and Putnam Manor.

Mr. Toplansky believes the municipal band contributes to the culture of the township, sharing that "the municipal band is one of Union's oldest traditions and is a great way to introduce members of the community to time-honored musical styles and compositions."

Musicians who are interested in joining the band should contact the Township of Union Recreation Department at 908-686-4200.

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