

# WARREN MONTHLY<sub>NJ</sub>

WARREN'S HOMETOWN NEWSPAPER

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## ELEMENTARY SCHOOLS PARTICIPATE IN WEEK OF RESPECT

### Warren Township Schools

Throughout the week of October 4, all Warren Township elementary schools participated in a "Week of Respect" to promote good character and positive school culture as part of the Character Education curriculum. Students and staff were reminded of the district's Anti-Bullying rules, which are as follows:

- We will not bully others.
- We will try to help students who are bullied.
- We will try to include students who are left out.
- If we know that somebody is being bullied, we will tell an adult at school and an adult at home.



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# WARREN MONTHLY

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Warren Monthly

**Tina Renna: 908-418-5586**

[tinarena@rennamedia.com](mailto:tinarena@rennamedia.com)

**Joe Renna: 908-447-1295**

[joerenna@rennamedia.com](mailto:joerenna@rennamedia.com)

## FOOD DRIVE FOR DISASTER RELIEF

### Warren Township Schools

Following the destruction and devastation from Hurricane Ida, Warren Township Schools' staff members banded together to collect donations throughout the week of September 13 to benefit the Food Bank Network of Somerset County.

The Food Drive was sponsored by the District, the Warren Township Education Association (WTEA), and the Warren Township Administrators Association (WTAA). Thanks to the generosity of district staff members, the drive produced a total of 597 pounds of food and personal hygiene products.

"The devastation that was created in the wake of Hurricane Ida was one close to many of our hearts. Anything we can do to help our local communities get back on their feet is part of what being in an association is all about. We are stronger together and are here to support one another, especially in times of strife" stated WTEA President Nancy Andrews.

The mission of the Food Bank is to distribute food and to provide other basic human needs to those less fortunate in the Somerset County communities in a manner that recognizes and advances self-worth and human dignity.

The items collected will be distributed through three food pantries, located in Somerville, Bound Brook, and North Plainfield which happen to be three communities that were hit very hard during Hurricane Ida.

Warren Township Schools were closed for two days following Hurricane Ida as the community recovered and members of the Buildings &

Grounds and Maintenance departments cleaned up the district buildings.

Superintendent of Schools Matthew Mingle shared, "While our school facilities were closed due to Hurricane Ida, staff members quickly began asking what they could do to support our neighbors throughout the region. I am so proud of our district's amazing employees coming together to make a significant donation to the Food Bank."

On Monday, September 20, the donations were delivered directly to the Food Bank warehouse located at 7 E Easy Street Bound Brook, NJ 08805. If you or anyone that you know would like to contribute to the Food Bank Network of Somerset County, please visit their website.

The process is simple and many volunteers are happy to assist with unloading the donations directly from your vehicle. Monetary donations are also gladly accepted.



(above, l-r) Shannon Regan, HR/Communications Coordinator, and Sandra Dodd, Administrative Assistant to the Superintendent, delivered the donations to the Food Bank.

Photos by Warren Township Schools

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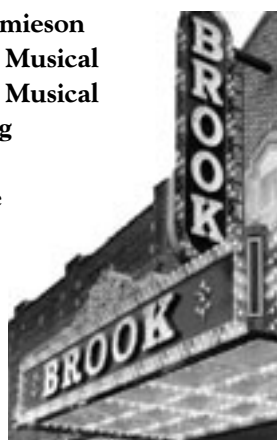
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## MEMORY OF STIRLING RESIDENT HONORED

### NJ Sharing Network

On September 12, thousands of walkers, runners and volunteers participated in NJ Sharing Network's 5K Celebration of Life Walk and USATF Certified Race at the organization's headquarters in New Providence, NJ. The event, which was presented by Hackensack Meridian Health and Pfizer and supported by dozens of other generous sponsors, honored those who gave the gift of organ and tissue, paid tribute to those who have received a transplant, offered hope to those currently waiting for a transplant and remembered the lives lost while waiting for the gift of life.

Family members and friends of the late Linda J.S. Finnegan (Smith), 54, of Stirling, NJ, gathered together to form the "Linda's Lovees" 5K team to honor her memory and show their support for NJ Sharing Network's life-saving mission. Linda, who passed away in 2016, was an organ and tissue donor who saved and enhanced the lives of many others. Linda taught Physical Education at St. Vincent de Paul School in Stirling and was proud to be ACE Gold Certified for Group Aerobic Instruction. She founded Linda's Just Stay Fit and developed the program "Girl Power" for the YMCA.

Members of "Linda's Lovees" offered the following message during the 5K Celebration of Life:

Linda, on her late mother's birthday, donated

both her lungs, both kidneys, her liver, and her other organs through NJ Sharing Network. She also donated her corneas through Eversight. Her gift of life changed the lives of at least 75 people.

During her life, Linda was full of passion, love, and joy. She lived her life for others while maintaining a love and respect for her body and soul. She dedicated her life to helping others recognize their unique potential.

It is an honor and joy to remember Linda's legacy and commemorate her gift by participating in the NJ Sharing Network 5K. Our success and impact is a true testament to Linda and her generosity in life and the impact that she has made on those who knew her.


### ABOUT NJ SHARING NETWORK

Dedicated to saving lives through organ and tissue donation, NJ Sharing Network is the non-profit organization responsible for the recovery and placement of donated organs and tissue for the nearly 4,000 New Jersey residents waiting for a life-saving transplant. With headquarters in New Providence, NJ, the organization, selected by NJBIZ as one of the state's "Best Places to Work" for the fourth consecutive year, is also part of the national recovery system, serving the 110,000 people on the national waiting list.

To learn more, get involved and register as an organ and tissue donor, visit [www.NJSharingNetwork.org](http://www.NJSharingNetwork.org).



(above) Linda J.S. Finnegan (Smith), was honored During NJ Sharing Network's 5K Celebration of Life.



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(above) Linda's Lovees

Photos by NJ Sharing Network

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# RELIEF FROM CHRONIC KNEE PAIN

## FDA Approved Treatment to Avoid Surgery

### DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.



### If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

### Consider This Alternative To Surgery

**Northeast Spine & Wellness Center** offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

### How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain. Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

### Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

### Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS



### Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."

- Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

"After only four visits, I have absolutely no pain! The staff is 'top-notch.'"

- Quentin L.

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# WARREN COMMUNITY COMES TOGETHER FOR FALL FESTIVAL

Photos from this and other events can be found online at [rennamedia.com](http://rennamedia.com) and on the Warren Monthly page on [facebook.com](https://www.facebook.com). Feel free to “Like,” “Tag,” and “Share.”

The Warren Township community came out in force to enjoy a Fall Festival at the Municipal Grounds on Sunday, October 17th, 2021. The event featured a variety of food trucks, activities for kids, and live music. Local community organizations were also available to those in attendance, with interactive exhibits from the Fire Department and Rescue Squad.



# RECYCLE, REUSE, AND RECOVER PROMOTED AT GREEN FAIR

## Warren and Watchung Green Teams

Many thanks to over 50 members of Warren Township and Watchung Borough's community service organizations, schools, Fortune 500 Companies, the Township Committee of Warren Township, Mayor Council of Watchung Borough, and professional speakers who offered residents the opportunity to drop off hard-to-recycle items and receive practical tips on protecting the environment at the Green Fair held on September 25, 2021. The practice of Recycle, Reuse, and Recover was evident that Saturday as the Warren Township and Watchung Borough Green Teams successfully held their annual Green Fair at the Municipal Grounds in Warren Township. The Green Fair delivered fun and an awareness of a range of educational environmental topics.

Residents in 570 cars dropped off approximately:

- 1.5 tractor truckloads of electronics to NewTech where they will be crushed and the remnants will be used for their raw materials ([newtechrecycling.com](http://newtechrecycling.com)).
- 46 large bags of expanded polystyrene were collected and will be taken by Warren Township DPW to Foam Pack Industries for reduction then reuse,
- 200 eyeglasses and 25 hearing aids to the Warren Lions Club, which will be cleaned

then either reused or sold with the proceeds supporting sight preservation programs.

- 2000 books to Trinity United Church ([trinityunitedchurch.org](http://trinityunitedchurch.org)), which will be offered for sale at the Book Bin in the church or the upcoming Rummage Sale to be held on October 1 and 2.
  - Unneeded medicines to the Warren Police that will be inactivated in a secure, and environmentally safe manner; [warrenpolice.com/project-medicine-drop](http://warrenpolice.com/project-medicine-drop). Additionally, residents were able to:
  - Watch their documents be shredded by SafeGuard. (over 23 bins of paper in total).
  - Learn about the importance of trees from Master Tree Stewards and pollinators from the Somerset-Morris Beekeepers Association; [njbeekeepers.org/AboutUs.htm](http://njbeekeepers.org/AboutUs.htm)
  - Optimize energy use from PSE&G Technicians promoting Quick Home Energy Checkups.
  - Discover the valuable Recycle Coach App
  - How to recycle rechargeable batteries to avoid fires
  - The hazards of Spotted Lanternflies
  - and the value of native plants and seeds by Green Team Members.
- learn the value of COVID-19 vaccination and testing, and receive masks and hand sanitizer

from Eze Udensi, Middle-brook Regional Health Commission.

CERT (Community Emergency Response Team) and OEM members from both towns distributed information on emergency preparedness for disasters and registered residents for Register Ready, a service that checks on residents with disabilities during emergencies. Warren Township OEM wants to identify residents with disabilities or access/functional needs who may need help during emergencies. These residents can self-register at [ready.nj.gov/plan-prepare/access-functional-needs.shtml](http://ready.nj.gov/plan-prepare/access-functional-needs.shtml).

The Warren and Watchung Green Teams and community organizations are always looking for volunteers concerned about our environment and assisting the public. Please check the Warren Township ([warrennj.org](http://warrennj.org), [creese@warrennj.org](mailto:creese@warrennj.org), [facebook.com/WarrenOEM/](https://facebook.com/WarrenOEM/) and [co.somerset.nj.us/government/public-health-safety/emergency-management/cert-volunteers](http://co.somerset.nj.us/government/public-health-safety/emergency-management/cert-volunteers) or [jasch@warrennj.org](mailto:jasch@warrennj.org)) and Watchung Borough ([watchungnj.gov](http://watchungnj.gov)) websites, Facebooks, Instagram, Nextdoor Neighborhood, and television station for more information and to volunteer.

For more about recycling go to [recyclecoach.com](http://recyclecoach.com).



(above) Many thanks to all the volunteers at the Warren-Watchung Green Fair. Pictured include:

Top Row: Bob Marino, Kenny Marino, Charlie Neiss, Susan Zeitels, David Greene, Jerrold Zeitels, Alberto Lisboa.

Middle Row: Doug Speeney, Nandini Checko, Bill Hance, Maria Mensinger, Malcolm Plager, Helen Rebmann, Shoma Dutta, Wendy Willaman, Reverend Roberto Fois, James (JT) Lewis, Leslie Patrizio. Bottom Row: Shweta Agrawal, Christina Lewis, Denise Soppas, Laura Mandell, Jane Asch, Arshia Agrawal. Not pictured, but present: Maury Spadoto, Mark Adler, John Truglio, Dan Dauer, Mark Ramos, Arjun Singh, Lions Club; Mildred Waade, Eze Udensi, Warren middle school students, Namya Singh, Kimaya Singh, Clarissa Kwan, Angelina Huang, Allison Ameo, and Leader, Kathryn Flanigan; Wendy Robinson, Watchung Council Member and Environmental Commission; Victor Sordillo, Warren Township Committee; Joseph Passaro, Warren Recreation; Rich and Alysson Lepik, John Holland, Somerset and Morris County Beekeepers Association; Master Tree Stewards, Sandy and Sierra Ciasco who developed the movie, "The Importance of Trees," Abdul Burley and Ronald Williams, PSEG Field Technicians; NewTech Recycling and SafeGuard crews, Warren Township Police.

## HELP US SAVE A VET - VOLUNTEERS NEEDED

**Michael D. Boll, Director**

**New Jersey Veterans Network**

For the last few years the New Jersey Veterans Network and its mobile outreach team has been aggressively seeking out veterans in need and providing them resources to have a better way of life. This is only possible because of our volunteers' commitment and dedication with helping our veteran community. Donations are wonderful and help us purchase food, clothing, medical equipment and other life changing items, however someone's time is what makes an enormous difference.

During our charity's existence, we have provided meals for thousands of veterans and servicemen, dropped off PPE and clothing to veterans, provided medical equipment for disabled veterans, had 30 cars donated to disabled veterans, and most importantly we successfully saved the lives of veterans who were in some type of a dangerous crisis.

Every day we lose approximately 22 veterans to suicide and unfortunately this number hasn't changed over the years. Depression, PTSD and

trauma run extremely high among our veterans and their family members. There are countless lifesaving programs out there for veterans, however it's a difficult task to get veterans to trust others and go get the help they need to live a better life.

The New Jersey Veterans Network also has a program called Operation Rebound that consists of a mobile outreach team that helps to train veterans for events like races, hiking, and other athletic activities. The goal of Operation Rebound is to do athletic events from 5k races to long distance Iron Man competitions in order to empower the veterans and show the public how people can do amazing things with the proper support. It is truly incredible to see the veterans go from no physical activity to completing these tremendous athletic challenges.

Our charity has been able to work alongside other amazing charities that always put veterans first and are capable of rapidly providing them with essential resources. Recently, we formed a veteran anti-suicide and PTSD awareness coalition, called Uniformed Heroes, that will

provide peer support sponsors for any veteran in need. Our peer support sponsors will be trained by the VA and Penn Med and our goal is to have volunteers statewide to help veterans in need.

To make this upcoming Uniformed Heroes campaign successful, we are in desperate need of volunteers from both the veteran and civilian communities. There are numerous events and daily tasks that our charity could use assistance with and we are always looking to have more volunteers willing to help us reach veterans in need.

Our goal is to provide all veterans in need with a peer support sponsor that will do whatever they can to help veterans with obtaining the resources needed to live a better life. This is not an easy thing to do, but the New Jersey Veterans Network has already been able to make a huge difference because of the team's volunteers and its strong partnerships with other charities.

If you are interested in joining the team, please send us an email at [NJVN1775@gmail.com](mailto:NJVN1775@gmail.com) and provide your name, email, and phone number. Also, if you have any questions, and concerns please feel free to contact us at 973-332-1556.



(above) Memorial Day Murph Event

Photos by New Jersey Veterans Network



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## I LAVA MY LIBRARY: STEAM PROGRAMS THIS NOVEMBER

According to the U.S. Department of Education, "it's more important than ever that our nation's youth are prepared to bring knowledge and skills to solve problems, make sense of information, and know how to gather and evaluate evidence to make decisions." These skills can be learned by exploring STEAM (science, technology, engineering, art, and mathematics) concepts.

Local students in grades K-5 explored STEAM concepts at the Somerset County Library System of New Jersey's (SCLSNJ) Watchung branch this fall, by creating "volcanic eruptions" during an outdoor science program.

Connect with your Library and Discover STEAM concepts this November:

### Watchung branch:

STEAM - Balloon Rockets (grades K-5):  
November 9, 4:30-5:15 p.m. Register now:  
[sclsnj.libnet.info/event/5526173](https://sclsnj.libnet.info/event/5526173).

### Warren Township branch:

STEAM - Tessellations (grades K-5):  
November 22, 4:30-5:15 p.m. Register now:  
[sclsnj.libnet.info/event/5472963](https://sclsnj.libnet.info/event/5472963).

For a complete list of programs at SCLSNJ,  
visit: [SCLSNJ.org/events](https://SCLSNJ.org/events).



(above, l-r) Pictured are Loretta Mazzaferro, 5, May Mazzaferro, 3, and Katie Mazzaferro of Warren, working on their experiments.

## CERAMIC COLLECTION AT WARREN TWP. LIBRARY

Explore a unique display of Henna inspired ceramic pottery in the display cabinet in the Art Space at the Somerset County Library System of New Jersey's (SCLSNJ) Warren Township branch. The 34-piece exhibit was created by Bedminster artist Richa Gupta, who incorporates inspiration from Indian culture to the one-of-a-kind, colorful works. The pieces, which include trays, plates, cups, and vases, are functional as well as decorative.

The collection will be available for the public to observe during regular hours of operation until November 30. For more information, or for information about sharing works of art at the Library, contact Kathy DeCristofaro at [kdecristofaro@sclibnj.org](mailto:kdecristofaro@sclibnj.org).

Discover how to make your own creative ceramic pieces with your Library and Creativebug today: [SCLSNJ.org/creativebug](https://SCLSNJ.org/creativebug).



## NOVEMBER PROGRAMS AT THE WARREN TOWNSHIP LIBRARY

### EXPLORE FROM HOME: VIRTUAL PROGRAM HIGHLIGHTS FOR ADULTS

#### The Tomb of the Unknown Soldier - A Hundred Year History 1921-2021

November 1, 7-8 p.m.

Register now: [sclsnj.libnet.info/event/4877392](https://sclsnj.libnet.info/event/4877392).

#### Winter Adaptations

November 4, 7-8 p.m.

Presented by the

Somerset County Park Commission

Register now: [sclsnj.libnet.info/event/4952486](https://sclsnj.libnet.info/event/4952486).

#### Kidney Health

November 5, 2-3:30 p.m.

Presented by Dr. Cedrick Batchateu

Register now: [sclsnj.libnet.info/event/5123272](https://sclsnj.libnet.info/event/5123272).

#### Align Your Potential By Identifying Your Natural Abilities

November 16, 10 a.m. - noon

Presented by Jan Goodman

Register now: [sclsnj.libnet.info/event/5118794](https://sclsnj.libnet.info/event/5118794).

#### Meet the Author - Gabrielle Glaser

November 17, 7-8 p.m.

Register now: [sclsnj.libnet.info/event/4952537](https://sclsnj.libnet.info/event/4952537).

#### Making Career Connections Work For You

November 19, 2:30-3:30 p.m.

Presented by The

Greater Raritan Workforce Development Board

Register now: [sclsnj.libnet.info/event/5099200](https://sclsnj.libnet.info/event/5099200).

#### Native American Folkways

November 23, 7-8 p.m.

Presented by Historic Cold Spring Village

Register now: [sclsnj.libnet.info/event/5178063](https://sclsnj.libnet.info/event/5178063).

Library will be closed on November 25

### IN-BRANCH PROGRAMS CHILDREN, TWEENS, TEENS

#### Let's Cook - Apple Pie Bites (grades 3-5)

November 1, 4:30-5:15 p.m.

#### Baby Storytime

(ages birth - 18 months and caregivers)

November 2, 9, 16, 23; 10:15-10:45 a.m.

#### Toddler Storytime

(ages 18 months - 3 years and caregivers)

November 3, 10, 17, 24; 10:15-10:45 a.m.

#### Family Storytime (families with children)

November 3, 10, 17; 6:30-7 p.m.

#### Preschool Storytime (ages 3-5 and caregivers)

November 4, 11, 18; 10:15-10:45 a.m.

#### Tween Library Club (grades 4-6)

November 4, 6-7 p.m.

#### Early Reader Book Club (grades K-2)

November 8, 4:30-5:15 p.m.

#### Teen Leadership Committee (grades 6-12)

November 11, 6-7 p.m.

#### Teen Trivia - Must See TV (grades 6-12)

November 18, 6-7 p.m.

#### STEAM - Tessellations(grades K-5)

November 22, 4:30-5:15 p.m.

### IN-BRANCH PROGRAMS FOR ADULTS

#### Pearl Harbor - A Day of Infamy

Presented by Paul Zigo

November 30, 6:30-7:30 p.m.

### EXPLORE FROM HOME: VIRTUAL PROGRAM HIGHLIGHTS CHILDREN, TWEENS, TEENS

#### Jellyfish Storytime and Craft (ages 3-6 and caregivers)

November 3, 10:30-11 a.m.

Register now: [sclsnj.libnet.info/event/5190711](https://sclsnj.libnet.info/event/5190711).

#### Alvin Ailey West African Dance Workshop (grades 6-8)

November 4, 5-6 p.m.

Register now: [sclsnj.libnet.info/event/5112836](https://sclsnj.libnet.info/event/5112836).

#### Cooking Fun - Thanksgiving Treats (grades 1-4)

November 17, 3:30-4 p.m.

Register now: [sclsnj.libnet.info/event/5500385](https://sclsnj.libnet.info/event/5500385).

#### Turkey Temptation - A Honey Heist Adventure (grades 6-12)

November 17, 4:30-6 p.m.

Register now: [sclsnj.libnet.info/event/5475901](https://sclsnj.libnet.info/event/5475901).

#### Meet the Author - Lauren Tarshis (grades 2 and up)

November 30, 4:30-5:30 p.m.

Register now: [sclsnj.libnet.info/event/5041397](https://sclsnj.libnet.info/event/5041397).

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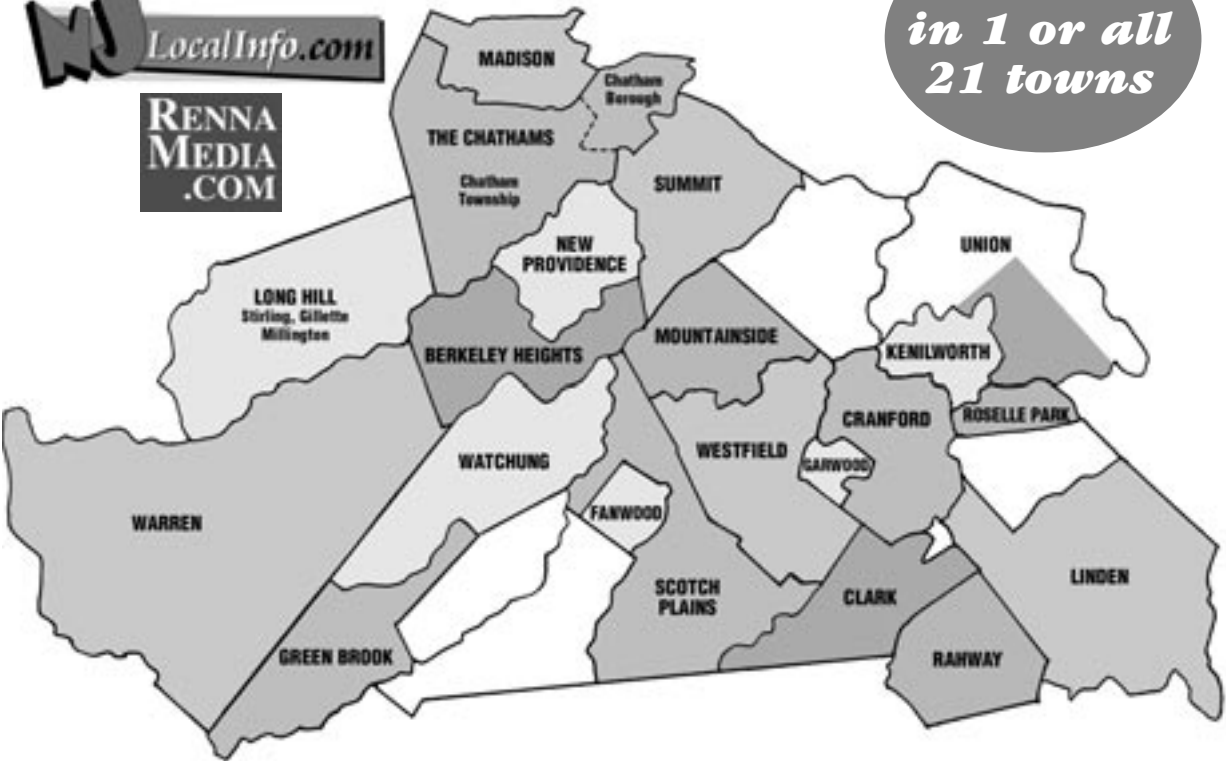
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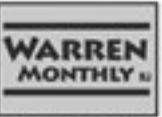
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# WHRHS SOCCER STAR COMMITTS TO CLEMSON UNIVERSITY

A three-year starter for Watchung Hills High School, Jenna Tobia has been a main stay for the girls soccer program. They are off to a great season earning the number one seed in the prestigious Somerset County Tournament, and they are in line to receive a top seed for the state tournament.

Long-time Head Coach Brian Figueiredo has had the good fortune of coaching many elite players, and Jenna Tobia stands amongst them. "She is a difference maker. She has been incredibly driven since her arrival and has earned all of her accolades. She continues to improve and work as hard as anyone and her dedication to WHRHS shows a lot about her character. She is going make any program better that she is a part of it. Very excited for her future."

Jenna earlier this season committed to playing at Clemson University. One of the top 25

women's soccer programs in the country in arguably the toughest conference the ACC.

Jenna on her commitment, "After attending my first ID Camp at Clemson, I knew immediately that this was exactly what I was looking for to further my academic and soccer career. I wanted a place that shared my vision for hard work and commitment to winning. The coaching staffs' style of a family culture, teaching and support for their players on and off the field aligned with my beliefs. I am so grateful for the opportunity and can not wait to begin my journey at Clemson."

In addition to being ranked as one of the top players nationally, Jenna has also been a member of the United States Soccer Regional ID Centers.

To follow Watchung Hills Regional High School girls soccer catch them on the athletic website at whrhs.org.



(above) Jenna Tobia



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