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Issue 10 • November 2021



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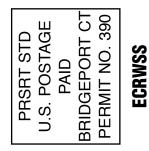
6TH ANNUAL FESTIVAL OF INDIA

Roselle Park celebrated the 6th annual Festival of India on Saturday, October 2nd, 2021. The event, held at the high school field, featured free food, music, and the traditional dance Garba and Raas.



Photos from this and other events can be found online at rennamedia.com and on the Roselle Park Monthly page on facebook.com. Feel free to "Like," "Tag," "comment,"and "Share."





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THE NJ OLYMPIC DEVELOPMENT PROGRAM (ODP)

Roselle Park Soccer Club is extremely proud to have players take part in the Olympic Development Program (ODP). With over 1,500 players in attendance from around the state, Roselle Park Soccer Club players Diego Osorio and Audrey Miller have both been selected to the New Jersey Olympic Development Program (ODP) for the upcoming 2021/2022 season. This is Diego's first experience in the 2008 ODP boys team, and Audrey's second year being chosen for the 2006 ODP girls team.

Players go through a rigorous tryout process and are chosen based on technique, tactics, fitness and athletic ability and psychological component (attitude). ODP teams offer the opportunity to train with players who share the same dedication to play against top competition from other states, while representing New Jersey.

Participants of the ODP get the best exposure from College, Regional and National team coaches. Abby Wambach, Megan Rapinoe, Carli Lloyd along with 18 other players from the United States' 2019 Women's World Cup roster have all taken part in the Olympic Development Program.

We wish both Diego Osorio and Audrey Miller success with ODP while representing Roselle Park on their school team, club team and all of their future endeavors. "The player you are destined to be is the player you decide to be." -Carli Lloyd.



(above) Diego Osorio from Roselle Park Soccer Club team Paragon 2008 and Audrev Miller from team Rebels 2006.





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SOLD!

I represented the seller

15 Jones Pl., Linden

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Over Ask on August 30th!



I represented the seller

Over Ask on May 7th!





461 Elinor Ave., Roselle Pk Sold \$360k...\$21k

SOLD!



206 Walnut St., Roselle Pk Sold \$16k Over Ask in



Thomas Italiano Realtor – Sales Associate Cell: (908) 419-7696

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179 E. Grant Ave., Roselle Pk Sold \$26k Over Ask in Just 42 Days on June 25th! Just 42 Days on Aug 27th!

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Under Contract 15 Days on July 3rd!



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GIRL SCOUT FOOD DRIVE

Scout Troop #40399 generously donated a great Girl Scouts town-wide food drive. Thank you to amount of non-perishable goods to the Casano the Girl Scouts of Roselle Park for their

On Saturday, October, 16th, Roselle Park Girl Center Community Food Pantry as part of the

wonderful donations that will help residents across the Borough!

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RELIEF FROM CHRONIC KNEE PAIN FDA Approved Treatment to Avoid Surgery

DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere,

Northeast Spine & Wellness Center uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets Northeast Spine & Wellness Center apart. The end result is you living pain free from your

chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call Northeast Spine & Wellness Center now for a RISK FREE consultation.

If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guatantees that knee replacement surgery will be the answer to your pain, but let's look further:

 Surgery is costly, regardless of the percentage of services covered by insurance. Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.

With surgery, there is always a risk for unwelcomed complications. And you

could be back to where you started, or worse. Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.

Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

 Diagnostic fluoroscopy accurately targets the pain, unlike blind injections. · Guided fluoroscopic injections are virtually pain free, unlike blind injections. No lost time from work or family.

There are a number of reasons why you developed Osteo-

arthritis pain. It can develop with age or because of

heredity. It could be from repetitive stress from a job or

some glory days in athletics. Of course your concern is

with the symptoms you face daily and how to make them end,

hopefully without surgery or the use of potentially addic-

tive medications. Northeast Spine & Wellness Center

living with and can help. If you have any of the symptoms

· Pain - Whether it's a sharp aching or maybe a burning

sensation, the pain can range from irritating to debilitating.

· Swelling - This can cause tendemess and soreness to

the entire knee area, making walking or going up and

down stairs painful, getting in and out of bed or bathtubs

difficult and dangerous just name a few activities affected

· Stiffness - Getting up out of bed or after sitting for a

period of time gets more and more difficult. This loss of

mobility can be more than a hindrance. It can be danger-

· Loss of muscle strength - This can lead to balance

· Joint deformity - Not just unsightly, but painful as well.

Creaking Joints - Can be painful and a sign of more

· Sleepless nights - Losing sleep over your suffering is

not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of

below, please call us today. Relief is a phone call away.

understands the symptoms you have been

by swelling

discomfort to come

sound sleep.

No expensive or time consuming rehabilitation.

 No potentially addictive prescription medications · Recovery time is almost instant, not months or years.

Do you Suffer from any

of these Symptoms?

How Does This New Treatment Work? Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with Northeast

Spine & Wellness Center investing in the use of diagnostic fluoroscopy This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Derothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Let Me Show You Targeted **Relief From Your Knee Pain**

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain. Something else I see almost every day,

are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective

copy we use at Northeast Spine & Wellness Center these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoro copy and the amazing results viscosupplementation can provide, they are thrilled to get started They are even more thrilled when they feel the relief. Please contact Northeast Spine & Wellness Center today to schedule your RISK FREE consultation Call 732-827-0800

Scot Paris MD, FACS

'I'm dancing without pain. I can more with no problem whatsoever. I can go up and

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting hack to normal." - Perry O.

"After only four visits, i have absolutely no pain? The staff is "top-notch." - Quenton L.

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VETERANS DAY REMEMBRANCE SERVICE

The Borough of Roselle Park will be holding its annual Veterans Day Remembrance Service on Monday, November 11, 2021. This service will honor all veterans, living or deceased, who served in the United States Armed Forces. Current service members with any length of military service that is active duty, reserve component, or National Guard with any U.S. military brand are also encouraged to attend.

"The annual Veterans Day Remembrance Service is a time to honor all of those who have served in our nation's military," says Mayor Joe Signorello. "By paying our respects to veterans, both living and deceased, we recognize the sacrifices they have made for our country. Thank you to all who have served, especially those within our community."

The 2021 Veterans Day Ceremony will take place in front of the Roselle Park Veterans Memorial Library - located at 404 Chestnut Street - on Monday, November 11th at 11 a.m. The Casano Community Center will provide free bus transportation to senior citizens who wish to attend. For more information, please contact the Casano Community Center at (908)-245-0666

BAND SEEKS NEW MEMBERS

The Township of Union Municipal Band is back and is seeking new members to join the band! "Musicians of all ages are welcome," says director Howard Toplansky. "If you are a high school musician looking for extra practice or a retired professional who wants to get back into music, the municipal band is a perfect fit." The band is looking for new members who play any instrument. Out of towners are welcome.

The Township of Union Municipal Band rehearses on Monday evenings at Hannah Caldwell School. The band performs ten concerts throughout the year, including special concerts at Ehrhart Gardens and Putnam Manor.

Mr. Toplansky believes the municipal band contributes to the culture of the township, sharing that "the municipal band is one of Union's oldest traditions and is a great way to introduce members of the community to time-honored musical styles and compositions."

Musicians who are interested in joining the band should contact the Township of Union Recreation Department at 908-686-4200.



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ROSELLE PARK TO HOST FIRST WINTER MARKET

During the first weekend of December, the Borough of Roselle Park will be hosting its first Winter Market at Michael J. Mauri Park. The three-day event will have a multitude of activities, performances, vendors, and more for residents to enjoy.

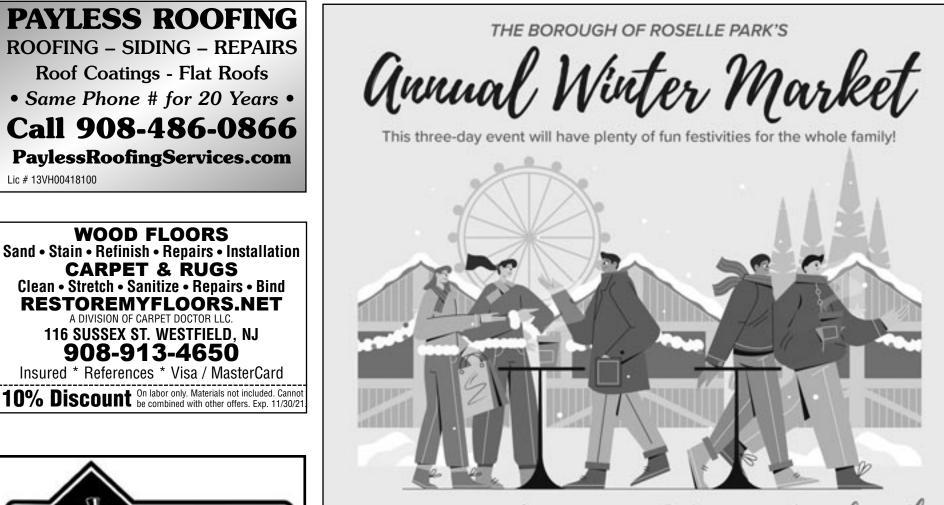
The first day of the Winter Market will take place on Friday, December 3rd from 4:00 p.m. to 8:00 p.m., as will the Borough's Annual Christmas Tree Lighting Ceremony. There will be craft vendors, food vendors, free kids activities, and a beer garden. Live performances from the Roselle Park School District Choir and Christmas carols by the Roselle Park High School Marching band will also take place. There will be an ice skating rink as well as free family portraits with Santa and Mrs. Claus.

On Saturday, December 4th and Sunday, December 5th, the second and third days of the Winter Market will take place from 2:00 p.m. to 8:00 p.m. There will be craft vendors, food

vendors, free kids activities, and a beer garden. Kids activities include mechanical rides, such as Kiddie Carousel, Kiddie Ferris Wheel, Dixie WhirlWind, and a Human Snow Globe. Live performances from local artists will take place every hour starting at 3:00 p.m. In addition, the Boy Scouts and Girl Scouts of Roselle Park will have tables set up.

"There is no better way to celebrate the holidays than with our annual Winter Market," says Mayor Joe Signorello. "I'm excited for our community to come together this year and spend the holidays with loved ones at these events. Thank you to everyone involved in making the Winter Market possible."

Should inclement weather occur, the events for that day will be cancelled. COVID-19 guidelines and social distancing rules will still apply for this year's events. For more information, please contact the Casano Community Center at (908)-245-0666



Friday, December 3rd

From 4-8 p.m. at Michael Mauri Park Annual Christmas Tree Lighting Ceremony Free kids activities Craft and food vendors Beer garden Free family portraits with Santa & Mrs. Claus Ice skating rink Featuring live performances from the

Roselle Park School District Choir and the Roselle Park High School Marching Band

Should inclement weather occur, the events for that day will be cancelled. COVID-19 guidelines and social distancing rules will still apply for this year's events. For more information, please contact the Casano Community Center at (908)-245-0666.

Saturday, December 4th + Sunday, December 5th

From 2-8 p.m. at Michael Mauri Park

 Craft and food vendors Beer garden

- Free kids activities & mechanical rides Boy Scouts and Girl Scouts tables
- Featuring live performances from local artists every hour starting at 3 p.m.



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FIRST HOME GAME AT HERM SHAW FIELD

The first home game and official opening of the new Herm Shaw Field was celebrated on Park High School Thanksgiving Day football October 9th.

Mark your calendars for the annual Roselle game, starting at 10 a.m.



Photos by Roselle Park Public Schools



MISCHIEF NIGHT CONCERT

Get ready to rock out this Halloween at Roselle Park's first ever Mischief Night Concert!

On Saturday, October 30th from 4-7 p.m. at the Youth Baseball Field, residents of all ages can come celebrate Halloween with a night full of good music. The concert is free to attend, and food and drinks will be available for purchase at the RPYBSL Food Stand. In addition to the concert, the Roselle Park Youth Baseball Softball League will be hosting its 2nd Annual Field of Screams from 6-10 p.m.



PARK NJ

Casano Community Center at (908) 245-0666.



Today's Solution to Yesterday's Pollution

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Photos from this and other events can be found online at rennamedia.com and on Roselle Park Monthly page on facebook.com. Feel free to "Like," "Tag," and "Share."

HISPANIC & LATINO HERITAGE FESTIVAL

The Borough of Roselle Park hosted a Hispanic & Latino Heritage Festival on October 17, 2021.



available upon request. For information, contact: PJ Cotroneo 908-380-8438 pj@pjcotroneoband.com

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FIRE PREVENTION WEEK

Roselle Park Fire Department, Police prevention, and let the children get an up close Department, and the Union County EMS were look at what they do as first responders in their Department on Facebook.

During Fire Prevention Week members of the invited to the Community Preschool to teach fire

community.

For more updates follow the Roselle Park Fire



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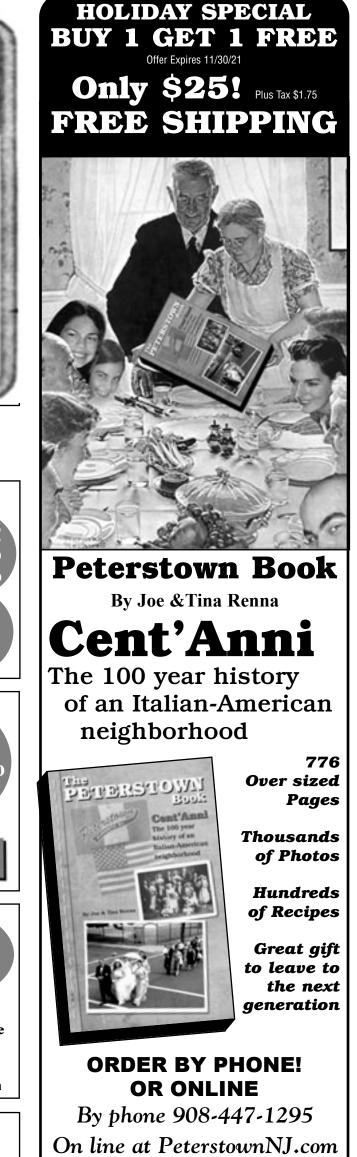


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