ROSELLE PARK MONTHLY

Issue 9 · October 2021 Published by Renna Media

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6TH ANNUAL ROSELLE PARK ART FESTIVAL

The Roselle Park Art Festival returned for its 6th annual celebration of the arts on Saturday, September 25th on Chestnut Street in downtown Roselle Park.

The free festivities included local, regional and professional artists, artisans and performers from Roselle Park and the New Jersey/New York area.

The juried art walk was the center of the festival and featured visual artists all along Chestnut Street whose works spanned an eclectic mix of media including paintings, prints, and photographs. Representatives from The Galleries at Kean University juried the Art Walk and presented awards.

Live performances of music and dance were featured throughout the day both on stage in Michael Mauri Park, center stage on the street and on the library lawn.

There was a diverse selection of food truck vendors.

The library's lawn featured tables with volunteers helping with interactive arts and activities for children. They were manned by students from Roselle Park High School and Kean University's Helping Young Hands club.

For more information on this event, and Roselle Park Loves ARTS! please visit rplovesart.org.









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(above) Roselle Park Cub Scout Pack 56









Photos from this and other events can be found online at rennamedia.com and on the Roselle Park Monthly page on facebook.com. Feel free to "Like," "Tag," "comment," and "Share."

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Joe Renna at 908-447-1295 email: JoeRenna@RennaMedia.com



3RD ANNUAL OKTOBERFEST

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REoselle Park Monthly is published by Renna Media. 5,600 newspapers are printed monthly and mailed to every business and resident in Roselle Park.

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Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (accomplishment, honor, award, etc.). Do you have an event that you need help publicizing? Then send Cranford Monthly your news!

Call: 908-418-5586 Email: editor@rennamedia.com

Roselle Park Monthly is online at RennaMedia.com and NJLocalinfo.com







annual Oktoberfest on Saturday, September 18th at Michael J. Mauri Gazebo Park.

Bernie's Orchestra was the headliner. Our biggest and best year yet, we hosted over 1,000

The Borough of Roselle Park hosted its 3rd visitors throughout the day! We hope to see you again next year!

> Have suggestions for next year? Email Rupen Shah, Director of the Casano Community Center at rshah@rosellepark.net #roselleparkn





(above) Bernie's Orchestra

SOLD!



Sold in 50 Days on February 26th!



213 Charlotte Terr., Roselle Pk Sold \$440k...\$11k Over Ask on May 7th!

SOLD!



Sold \$360k...\$21k Over Ask on May 27th!

SOLD!



206 Walnut St., Roselle Pk Sold \$16k Over Ask in Just 42 Days on June 25th! Just 42 Days on Aug 27th!



179 E. Grant Ave., Roselle Pk Sold \$26k Over Ask in

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HICKORY TREE CHORUS HOSTS OKTOBERSINGFEST 2021

Love singing? Come sing with the Hickory Tree Chorus on Wednesday evenings in October from 7 to 9 p.m. OktoberSingFest singing workshops are free and will be held via Zoom or in person for fully vaccinated members and guests as covid safety protocols permit. Participants will learn more about chord-ringing, fun-filled, four-part harmony. Broadway, Beatles, and more!

Hickory Tree is an award-winning women's

chorus singing four-part a cappella harmony in the barbershop style. We are passionate about music, performance, fun and friendship. We believe every voice counts and encourage women singers of all ages, colors, ethnicities, and orientations to visit us and share our joy of music.

Please register for OktoberSingFest by email info@hickorytreechorus.org 908-377-1399. More information can be found at hickorytreechorus.org.





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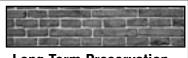
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FALL RUMMAGE SALE -FRIDAY, OCTOBER 15TH

Townley Presbyterian Church, 829 Salem Road, Union, NJ, will be holding its Fall rummage sale on Friday, October 15th from 9 a.m. to 6 p.m., and Saturday from 9 a.m. to noon. Lots of merchandise including clothing, toys, books, household goods, and more. A portion of our proceeds supports local charities. Masks are required.

Cleaning house? Drop your unwanted items off and support a good cause ONLY on Sunday, Oct. 10 – Thursday, Oct. 14th. Put them in bags or boxes and drop by the side door (Salem Rd. parking lot side). All donations are tax deductible. If you drop off Mon. – Thurs., Oct 11 – 14 between 7-9 p.m. we will have members there to help unload your vehicle. Bring: clothing, shoes, purses, furnishings, knick-knacks, books, LPs, CD/DVD's, videos, glassware, art, frames, tools, electronics, kitchen ware, small appliances, jewelry, holiday items, toys, antiques, bicycles, garden tools.

Please don't bring: TVs, computer parts, or furniture to big to fit in a car.

Townley Presbyterian Church gathers at 10 a.m. on Sunday for family worship, followed by coffee and fellowship. Services are also live on Facebook@TownleyChurch. Please join us. Our phone number is 908-686-1028.

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RELIEF FROM CHRONIC KNEE PAIN

FDA Approved Treatment to Avoid Surgery

DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere,

Northeast Spine & Wellness Center uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets Northeast Spine & Wellness Center apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long mough. Call Northeast Spine & Wellness Center now for a RISK FREE consultation.



If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance. Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications
- With surpery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with Northeast

Spine & Wellness Center investing in the use of diagnostic fluoroscopy This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. Northeast Spine & Wellness Center understands the symptoms you have been

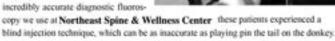
living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- . Pain Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- · Swelling This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected
- . Stiffness Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly
- . Loss of muscle strength This can lead to balance issues and the strong possibility of falling.
- . Joint deformity Not just unsightly, but painful as well.
- · Creaking Joints Can be painful and a sign of more
- · Sleepless nights Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the



Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoros copy and the amazing results viscosupplementation can provide, they are thrilled to get started They are even more thrilled when they feel the relief. Please contact Northeast Spine & Wellness Center today to schedule your RISK FREE consultation

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Scot Paris MD, FACS

Here's what our patients have to say

"I'm dancing without pain. I can more with no problem whatsoever. I can go up and down steps with no pain." - Patricia G.

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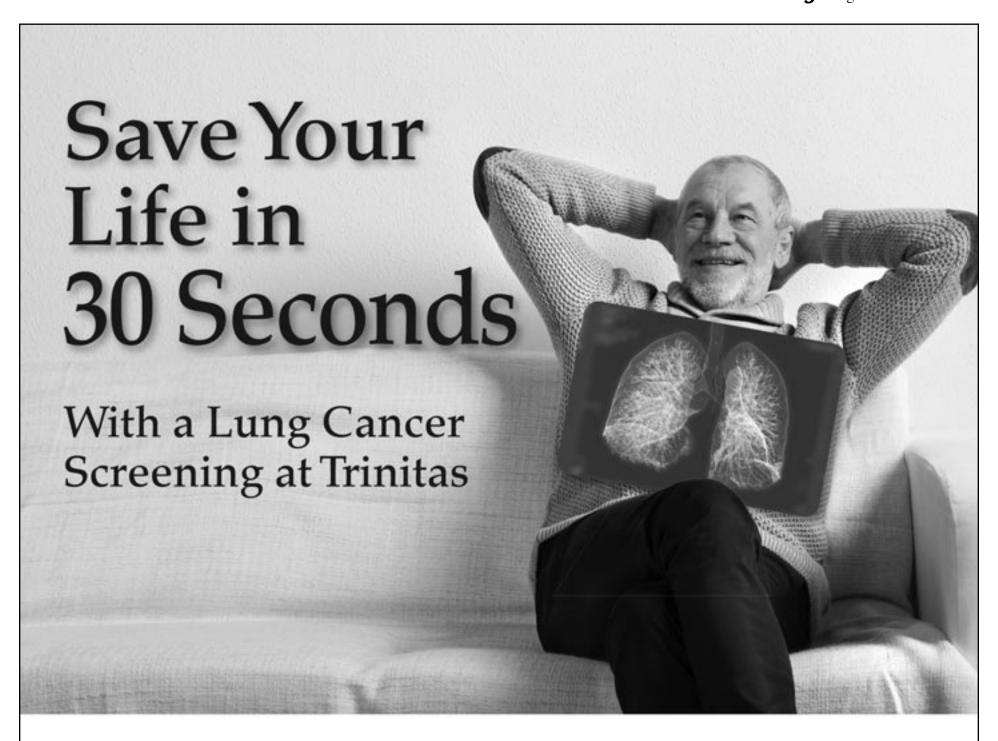
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US SPACE FORCE: GUARDIANS OF THE HIGH FRONTIER

Civil Air Patrol Cadet Program (NJ-102)

As we explore new horizons, the United States expands beyond what is imaginable. With the creation of the US Space Force, the country truly embodies the notion of "reaching for the stars"! On June 29, 2021, Captain "Bud" Jackson Composite Squadron (NJ-102) of the Civil Air Patrol (CAP), an Auxiliary of the United States Air Force, had special guest speakers from the US Space Force - Major Jose Almanzar and Captain Ronald Nguyen. In a virtual meeting of over 110 participants, including visitors from other CAP squadrons, attended and the speakers shared the goal and purpose of this new branch of the military, talked about their jobs, gave advice to the cadets considering the path and much more. There was time for a Q&A session, where the speakers provided valuable information towards a wide range of cadet/senior member questions. Cadets took away extensive information to inspire them about this new exciting path of space research

and operations.

Headquartered at the Pentagon, the US Space Force is an independent branch of the military that was carved out of the Air Force in December 2019. With their Command motto as "Guardians of the High Frontier", the US Space Force is considered a critical asset, impacting everyday life. Although it is currently the smallest of the US armed services, the Space Force is responsible for operating and defending military satellites and ground stations and supports communication and navigation on Earth. It provides a much needed position of strength, especially technology-wise, for protecting US interests in space or going on offense, if needed, in the future. Civilian life cannot survive without our space capabilities. Our military based missions are now largely supported by space operations. Additionally, as space tourism is about to lift off in the coming years, the US will have a growing space

As an empowerment message to the young cadets, Maj Almanzar and Capt Nguyen talked about the Space Force's need for bold and diverse leaders with new ideas. They stressed the importance of being exposed to STEM (Science, Technology, Engineering, and Math) experiences and education early on - "Always take advantage of opportunities presented to you and explore the growing areas of the Space Force. The sky is not the limit so it is your time to soar!"

The Civil Air Patrol (CAP) Cadet Program is open to all Middle School and High School students from ages 12 to 18. For more information about C.A.P., please contact the NJ-102 Squadron Commander, Captain Jose Vergara, at jose.vergara@njwg.cap.gov, or the NJ-102 Squadron Recruiting Officer, 1st Lt Josline Pinto, at josline.pinto@njwg.cap.gov. Visit the CAP National webpage at gocivilairpatrol.com or the NJ-102 squadron website at nj102.cap.gov. Also, be sure to check out the NJ-102 Squadron's Facebook page at facebook.com/NJ102/.











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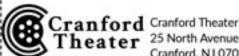


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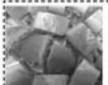
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UNION COUNTY ANNUAL DAY OF PRAYER - OCT. 6

As the nation continues to reckon with the effects of the COVID-19 pandemic, the seventh annual Union County Day of Prayer will serve as "A Memorial Service to Those in Our Memory" on Oct. 6.

The event will be held at 7 p.m. at Holy Trinity Roman Catholic Church in Westfield and is sponsored by Union County Interfaith Coordinating Council and Community Access Unlimited.

The annual Day of Prayer brings the community and leaders of different faiths together for an evening of music, prayers of unity and reflective readings. UCICC works to build bonds within the interfaith community and promotes the respect, inclusion and welcoming of others at houses of worship.

"We cannot do justice to all of the lives that have been taken from us at the Union County Day of Prayer on Oct. 6th, but we can begin to do so together," said Pastor Carmine Pernini of Zion Evangelical Lutheran Church in Rahway. "We can take a few small steps to appreciate the gift that is the life we have yet to live together by honoring those loved ones, those impossible times we have made it through, and those trials that have forged who we are and will be from this side of the pandemic."

The event includes speakers, musicians and readers representing major Abrahamic and Indian religions; among the performers scheduled are students of the Muslim Community Center of Union County and Eliezer Almonte of Communidad Cristiana in Elizabeth. Masks are required and attendees will observe social

distancing.

UCICC works closely with Community Access Unlimited to promote accessibility in the local faith community for individuals with developmental disabilities. Past events have included weekly interfaith services and introducing members to different houses of worship in the area.

"Religion and communities of faith are an important part of spiritual life that everyone should have access to regardless of their abilities and needs," said Walter Kalman, associate executive director of Advocacy, Communications and Resource Development at CAU. "We are proud of our continuing partnership with UCICC and the growing community and the teamwork it has fostered."

ABOUT COMMUNITY ACCESS UNLIMITED

Community Access Unlimited (CAU), celebrating 42 years in 2021, supports people with special needs in achieving real lives in the community. CAU provides support and gives voice to adults and youth who traditionally have little support and no voice in society. CAU helps people with housing, life skills, employment, money management, socialization and civic activities. CAU also supports opportunities for advocacy through training in assertiveness, decision-making and civil rights. CAU currently serves more than 3,000 individuals and families, with the number served growing each year. For more information about CAU and its services, contact us by phone at 908.354.3040, online at www.caunj.org or by mail at 80 West Grand Street, Elizabeth.







908-389-0200

ANTI-BULLYING YOUTH SUMMIT - OCTOBER 9TH

The Roselle Park Diversity and Inclusion all ages. Please join us for a day of anti-bullying Committee will hold their first Anti-Bullying Youth Summit on Saturday, October 9th from 1 - 6 p.m. at Michael Mauri Park, Chestnut St. and Grant Ave. This youth oriented event welcomes

awareness, entertainment, vendors, and more!

If you are interested in getting involved with our event in some capacity, please let us know by emailing us at diversity@rosellepark.net.



(above) The Roselle Park Diversity and Inclusion Committee

"FALL INTO FITNESS" WORKOUT SERIES

The Borough of Roselle Park has announced J. Mauri "Gazebo" Park from 10 a.m. to 11:30 it will be hosting its inaugural "Fall into Fitness" Workout Series this October. Every Saturday in October from 10 a.m. to 11:30 a.m., Roselle Park residents will have the opportunity to stay active and have some fun with a new set of workouts each week.

The "Fall into Fitness" Workout Series will take place every Saturday in October at Michael

a.m. For more information, please contact the Casano Community Center at 908-245-0666.

Participation in this event series is free to all Roselle Park residents. Registration is not mandatory, but is very helpful to the workout organizers. Attendance at all workouts is also Register not required. online forms.gle/ibUjmwzQtij1up7bA

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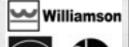
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HEALTHY HABITS CAN REDUCE CHILDHOOD OBESITY

The Gateway Family YMCA

For Childhood Obesity Awareness Month, The Gateway Family YMCA is working to inform the community of healthy program options. While the dangers of childhood obesity are well chronicled, many families need support changing their families' habits with the goal of overweight and obese children obtaining and maintaining a healthy weight. Childhood obesity and wellness is even more of a concern during the Covid-19 global pandemic, where social distancing often became a sedentary lifestyle change. That is why The Gateway Family YMCA — a leading community-based organization dedicated to improving health—wants families to understand the dangers of childhood obesity and ways to reverse course through improved eating habits and increased physical activity.

According to the Centers for Disease Control and Prevention (CDC), the prevalence of obesity has remained stable at about 17 percent and affects about 12.7 million children and adolescents. Today, obesity affects one in six children and one in three are overweight, which poses greater risks for many health problems such as type 2 diabetes, high blood pressure, high cholesterol and some cancers. Here in New Jersey, 31% of children ages 10-17 years old are overweight or obese, according to

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childhealthdata.org[1].

"Changing habits is never easy, and that's where the Y comes in to help. Many parents have heard the dangers of childhood obesity, but making the necessary lifestyle changes—as a family—remains the biggest barrier to real progress," said Krystal R. Canady, CEO, The Gateway Family YMCA.

"Together we can work together with your family, side-by-side to learn healthy behaviors and develop habits that will last a lifetime. Community-based organizations like the Y can provide a helping hand, with wellness coaches, programs like Healthy Weight and Your Child, access to equipment in a safe environment and more," stated Melynda A. Mileski, EVP/COO.

The Gateway Family YMCA is helping families improve their health and potentially reduce the impact of childhood obesity through healthy living program for youth and families. While outside support is key, developing healthy habits begins at home. The following tips are some great ways to incorporate healthier eating habits and more physical activity and into your daily family routine:

- Eat & Drink Healthy: Make water the drink of choice and encourage everyone to fill half their plates with fruits and vegetables by offering two or three colorful options at every meal. As a family choose a new fruit and veggie every week to taste together. Place a full pitcher of water on the table during meals and allow children to pour their own water. Keep full water bottles available in the car and back packs.
- Play Every Day/Go Outside: Children should have at least an hour a day of unstructured play outside (when possible) and break a sweat at least three times a week by getting 20 minutes or more of vigorous physical activity. Join your children in games that get your

hearts pumping and bodies moving.

- Get Together: Eat as a family as frequently as possible. Involve kids in meal planning, preparation and clean up. In addition, adults should take a break from electronics and spend one-to-one time each day with their kids, enjoying one another's company.
- Reduce Recreational Screen Time: Time spent in front of a television, computer, tablet, cell phone or video games should be limited to two hours or less per day. Make a family plan to reduce screen time at home (i.e. turn off screens during meals, charge electronics/screens in the kitchen overnight, go for a walk after a meal, set a timer to remind you to power down the screen).
- Sleep Well: Kids and adults need to keep a regular sleep schedule; unwind together in the evenings by reading a book or listening to soft music to ensure the body is preparing for sleep. Kids are growing and need 10-12 hours of healthy sleep per night and seven to eight hours for adults.

The Gateway Family YMCA is a 501(c)(3) non-profit, health and community service organization of caring staff and volunteers dedicated to strengthening community and stands For Youth Development, For Healthy Living and For Social Responsibility. The Gateway Family YMCA impacts the community by providing quality services to people of all ages, races, faith or incomes. The Y doesn't just strengthen bodies — it strengthens people, families and communities.

To learn more about The Gateway Family YMCA's Healthy Living programs, please visit www.tgfymca.org or contact the Elizabeth Branch at 908-355-9622, Five Points Branch 908-688-9622, Rahway Branch 732-388-0057, Wellness Center Branch 908-349-9622 or WISE Center YMCA Branch 908-687-2995.



CASA SALUTES ITS VOLUNTEER CHILD ADVOCATES AT BBQ

Court Appointed Special Advocates (CASA) of Union County, the only local nonprofit advocating for youth from birth to age 21 involved in the child welfare system due to abuse, neglect and abandonment, took time-out on a recent sunny Sunday afternoon to fete its community members who are trained as child advocates and continuously give of their time to ensure the best interests of Union County's most vulnerable youth are protected and their needs are met.

Seeley's Picnic Grounds in Watchung Reservation was host to a guest list that included each of the organization's nearly 170 current volunteer advocates and their families and dogs, its funders, and court personnel with whom the organization regularly works as cases are heard by Union County Superior Court. CASA staff and several members of the Board of Trustees

served guests such grilled fare as ribs, pulled pork, hotdogs, burgers, and sides and dessert galore. Executive Director Mariel S. Hufnagel's husband Anthony was grill master.

Amid the frivolity of lunching, chatting and even competition at the cornhole and KanJam playing fields, CASA volunteers and staff still managed to make time for advocacy work, too. Each year as the summer draws to a close, the organization runs a school supply drive to ensure every foster youth served has a new backpack chock-full of needed supplies so their first day feels full of promise. The park's pavilion became backpack depot where advocates checked in to secure their foster youth's backpack, lunchboxes, and supplies.

Anne Collart, President of the Board of Trustees, was among those welcoming advocates. "It was a gorgeous day, and the perfect setting for CASA of Union County to give its time for all those who gift their time for local foster youth, and keep the organization moving forward in its mission. Today, we wanted to be in their corner, and encourage each advocate to relax, connect and enjoy our gratitude for all they do."

Since 2005, the nonprofit has recruited, trained, supported and supervised nearly 600 volunteers to advocate for more than 900 youth, protecting best interests in the courtroom, classroom and community, and helping ensure already experienced trauma is not exacerbated as youth await permanency in a safe and loving home.

For details on the advocate experience and joining upcoming information and training sessions, email Lucia at info@casaofunioncounty.org.



(above) Among the CASA volunteers attending were, from left, James Walker Jr. of Elizabeth, Isabella Blumberg of Springfield, Barbara Bagger of Westfield, Arlene Sumner of Linden, Carmen Iyala of Scotch Plains, Quetzali Sevillano of Rahway, Lara Gibbemeyer and Robert Bridgeman of Westfield, Flor Maria Mendez of Elizabeth, Mollie Yang of Mountainside, Fernando Porras of Clark, Katherine Romano of New Providence, Shelley Grobe of Cranford, Kristen Kim of Westfield, Rebecca Muston of Summit, Teresa Lastella of Clark, Kevin JeanCharles of Roselle, Donna Isidron of Clark, Karime Herrera of Elizabeth, Komal Nankani of Summit, Lisa Kalichman of South Orange, Sean O'Leary of South Plainfield, Carolyn Colonna of Fanwood, Cynthia Evans of Scotch Plains, and Lydia Pernia of Linden.

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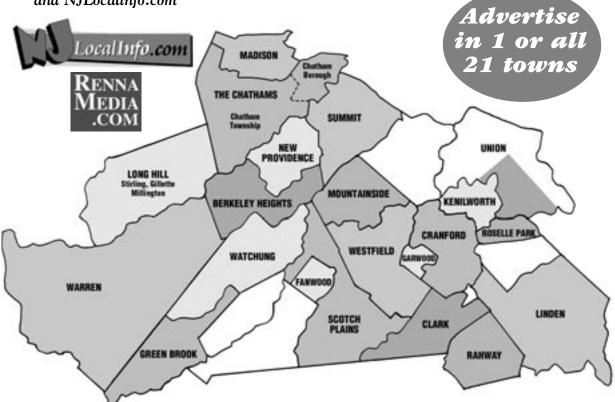
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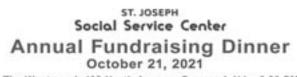
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35TH ANNIVERSARY RAFFLE AND DINNER

St. Joseph Social Service Center

St. Joseph's serves the materially poor and homeless community of greater Elizabeth. The economic fallout from the pandemic has created an unanticipated increase in the demand for basic human needs such as food and medications. We are celebrating 35 years of service to our community, and raising funds to continue our work.

Now, more than ever, we could use the support and participation of the community at our annual fundraising dinner, which will be held on October 21 at 6 p.m., at the Westwood in Garwood, NJ.



The Westwood, 438 North Avenue, Garwood, NJ ~ 6:00 PM



HERE'S HOW TO SUPPORT OUR FUNDRAISER:

Online: To purchase dinner tickets, sponsorships, or to donate online, please visit Eventbrite: St. Joseph Social Service Center -35th Anniversary Raffle and Dinner

Mail: To purchase raffle tickets, dinner tickets, sponsorships, or to donate on-line, please visit www.sjeliz.org. Or call 908-354-5456 if you do not have internet access.

In Person: To purchase grand raffle tickets in person, here are the locations: St. Joseph Social Service Center, 118 Division Street, Elizabeth, NJ 07201 - Emy Cruz, 908-354-5456 x3; St. Helen's Parish Center, 1600 Rahway Avenue, Westfield, NJ 07090 - Marilyn Ryan, 908-232-1214 x113.

We hope you'll support us with ticket purchases, sponsorships, and donations and join us at our dinner on October 21. Together, we can satisfy hunger, improve health, and inspire hope in our community!

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