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COMMUNITY SHOWS THAT "GARWOOD STILL ROCKS"

The 'Garwood Still Rocks' street festival was held on Sunday, September 19th, 2021. The community returned in force to enjoy a day of family fun at Garwood Station after a year-long hiatus due to the covid-19 pandemic.

The Greater Westfield Area Chamber of Commerce hosted the event, with Vermella at Garwood Station as the main sponsor.

The day featured a classic car show, a variety of food trucks and vendors, live music, a beer garden, and an assortment of carnival games.







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Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com

Photos from this and other events can be found online at rennamedia.com and on the Garwood Times page on facebook.com. Feel free to "Like," "Tag," and "Share."



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Reserve space in the next issue. Call Tina today at 908-418-5586 or email info@rennamedia.com

GARWOOD TEACHERS ARE LOOKING FORWARD TO A SAFE AND SUCCESSFUL SCHOOL YEAR!



Photo by Garwood Public Schools

3K WALK IS ON THE MOVE IN OCTOBER

All Garwood residents, family and friends, are invited to join the Garwood Mayors Wellness Campaign 3K Walk. The event will be held on Saturday, October 23, 2021, at 9:00 a.m. at the beautiful Garwood Recreation Center at the end of Myrtle Ave. We ask all to wear sturdy sneakers or shoes with good support. Also, depending upon the weather, we ask walkers to wear loose and comfortable clothing. You are advised to bring water with you to prevent dehydration. The Walk will support the guidelines of the six-foot separation for social distancing and the wearing of masks.

While walking may just seem to be a necessary part of our day-to-day life, finding time for extra steps throughout your day actually has major health benefits. Walking will burn calories, reduce stress, improve blood sugar, boost energy

and improve your state of mind and immune system. Walking can also help protect your joints, including knees and hips and can reduce pain from arthritis. Walking can help clear your head and help you think more clearly and creatively. The more you walk the more you could extend your life. Research has found that walking at an average pace compared to a slow pace, results in a 20% reduced risk of overall death.

Please join the group for a morning of friendship, relaxation and health benefits.

The Committee would like residents to follow them on Facebook@

Garwood Mayors Wellness Campaign. For further information about becoming a member of the Committee or to submit a suggestion for a topic you would like us to cover, please on contact us at MWC@Garwood.org

35TH ANNIVERSARY RAFFLE AND DINNER

St. Joseph Social Service Center

St. Joseph's serves the materially poor and homeless community of greater Elizabeth. The economic fallout from the pandemic has created an unanticipated increase in the demand for basic human needs such as food and medications. We are celebrating 35 years of continue our work.

Now, more than ever, we could use the support and participation of the community at our annual fundraising dinner, which will be held on October 21 at 6 p.m., at the Westwood in Garwood, NJ.

HERE'S HOW TO SUPPORT OUR FUNDRAISER:

Online: To purchase dinner tickets, sponsorships, or to donate online, please visit Eventbrite: St. Joseph Social Service Center -

35th Anniversary Raffle and Dinner

Mail: To purchase raffle tickets, dinner tickets, sponsorships, or to donate on-line, please visit www.sjeliz.org. Or call 908-354-5456 if you do not have internet access.

In Person: To purchase grand raffle tickets in service to our community, and raising funds to person, here are the locations: St. Joseph Social Service Center, 118 Division Street, Elizabeth, NJ 07201 - Emy Cruz, 908-354-5456 x3; St. Helen's Parish Center, 1600 Rahway Avenue, Westfield, NJ 07090 - Marilyn Ryan, 908-232-1214 x113.

> We hope you'll support us with ticket purchases, sponsorships, and donations and join us at our dinner on October 21. Together, we can satisfy hunger, improve health, and inspire hope in our community!

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effects of the COVID-19 pandemic, the seventh annual Union County Day of Prayer will serve as "A Memorial Service to Those in Our Memory" on Oct. 6.

The event will be held at 7 p.m. at Holy Trinity Roman Catholic Church in Westfield and is sponsored by Union County Interfaith





As the nation continues to reckon with the Coordinating Council and Community Access Unlimited.

The annual Day of Prayer brings the community and leaders of different faiths together for an evening of music, prayers of unity and reflective readings. UCICC works to build bonds within the interfaith community and promotes the respect, inclusion and welcoming of others at houses of worship.

"We cannot do justice to all of the lives that have been taken from us at the Union County Day of Prayer on Oct. 6th, but we can begin to do so together," said Pastor Carmine Pernini of Zion Evangelical Lutheran Church in Rahway. "We can take a few small steps to appreciate the gift that is the life we have yet to live together by honoring those loved ones, those impossible times we have made it through, and those trials that have forged who we are and will be from this side of the pandemic."

The event includes speakers, musicians and readers representing major Abrahamic and Indian religions; among the performers scheduled are students of the Muslim Community Center of Union County and Eliezer Almonte of Communidad Cristiana in Elizabeth. Masks are required and attendees will observe social distancing.

UCICC works closely with Community Access Unlimited to promote accessibility in the local faith community for individuals with

developmental disabilities. Past events have included weekly interfaith services and introducing members to different houses of worship in the area.

"Religion and communities of faith are an important part of spiritual life that everyone should have access to regardless of their abilities and needs," said Walter Kalman, associate executive director of Advocacy, Communications and Resource Development at CAU. "We are proud of our continuing partnership with UCICC and the growing community and the teamwork it has fostered."

ABOUT COMMUNITY ACCESS UNLIMITED

Community Access Unlimited (CAU), celebrating 42 years in 2021, supports people with special needs in achieving real lives in the community. CAU provides support and gives voice to adults and youth who traditionally have little support and no voice in society. CAU helps people with housing, life skills, employment, money management, socialization and civic activities. CAU also supports opportunities for advocacy through training in assertiveness, decision-making and civil rights. CAU currently serves more than 3,000 individuals and families, with the number served growing each year. For more information about CAU and its services, contact us by phone at 908.354.3040, online at www.caunj.org or by mail at 80 West Grand Street, Elizabeth.







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Submitted by Dr. D. Michael Hart

The Flintlocks BSA, Inc. ran the Cub Scout Wood Tools Program at the Watchung Mountain District Spring Cub Family Camporee at Boy Scout Camp Winnebago in Rockaway, NJ this spring.

Fifty-three Cub Scouts earned a Woodcraft badge by learning about how to use wood tools, safety measures, and building a small bird house. The program starts with one of the Flintlocks explaining how to use wood tools properly and important safety measures. After the Cub Scouts build their bird house, they may practice using screwdrivers and a coping saw. The parents work with the children, and the Flintlocks offer guidance.

The Camporee has many different activities, including Archery, Batting cages, BB guns, First Aid Classes, and Fishing Derby, Climbing wall, Basketball, Volleyball, a 2-mile Hike, Rockets and Catapults. The shooting sports programs have NJ State Certified Instructors. Since it is a family camporee, and since girls may now join scouts, entire families may enjoy the fun, and



the scouts earn various badges. Attendance at the camporee was 150 scouts with an equal number of parents. This was one of the first big events at the scout camp since the shutdown over a year ago.

The Flintlocks BSA, Inc are a group of 27 retired scouters who volunteer every week all year round to help the scout camps of the Patriot's Path Council. They are incorporated as a separate 501c3. Facebook page is "Flintlocks". They do maintenance at the camps, build cabins, tent platforms, picnic tables, etc. In 2018 they built a STEM lab classroom for scientific related merit badges. The members also volunteer to help the scouts with various programs throughout the year. The Flintlocks purchase lumber from a lumber mill, then make the parts for the craft kits in their wood shop which are sold at the Council Scout shops. Bird houses have the bottoms attached with screws since a mother bird wants to build a new nest every year. The old nest needs to be cleaned out in the fall so a new family can start over again in the spring.

The Watchung Mountain District of the Patriot's Path Council, Boy Scouts of America serves the communities of: Berkeley Heights, Fanwood, Garwood, Gillette, Long Hill Township, Meyersville, Millington, Mountainside, Murray Hill, New Providence, North Plainfield, Scotch Plains, Stirling, Summit, Warren, Watchung, and Westfield.



(above) The five Flintlock volunteers Chuck Hoeckele, Bob Pysher, Jeff Huppert, Frank Wallace, and Dr. D. Michael Hart.



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GARWOOD PUBLIC LIBRARY OCTOBER PROGRAMS

411 3rd Ave, Garwood, NJ • (908) 789-1670 garwoodlibrary@garwood.org • www2.youseemore.com/garwood/
Monday, and Wednesday from 9 a.m. to 5 p.m., Tuesday, Thursday from 9 a.m. to 8 p.m., Friday 9 a.m. to 4:30 p.m., and Saturday 10 a.m. to 1 p.m.
The Library will be closed October 11, for the Columbus Day holiday

Mask-erade contest

October 1 through October 27 You're invited to ditch the traditional Halloween mask and decorate a cloth face covering. Pick a mask up at the library, while supplies last, or provide your own. Once decorated take a selfie with the mask, then send the photo to garwoodlibrary@garwood.org. We will post them on our Facebook and Instagram pages. One adult and one child prize winner will be chosen by the library staff on October 29. All entries must be submitted by October 27

by 5 p.m.

Leaf Something Positive

October 1 – November 30 Write a positive or encouraging message on a leaf and hang it from our tree.

Shoe Drive

October 1 – November 30 The Library, in collaboration with MoreSteps, are seeking donations of new or lightly worn shoes to benefit the Ozanam Family Shelter in Edison. Please write the shoe size on a paper, place it inside the shoes, put the shoes in a

sealed bag, and drop them in the box located in the Library parking lot.

Storytime at Hartman Park

October 5, 12, 19. and 26 at 10:30 a.m. Join Miss Maryanne for a Storytime, bubbles and more at 10:30 a.m. at Hartman Park, located at 431 Second Ave in Garwood, weather

permitting. Library Board Meeting

October 6 at 7:30 p.m. A meeting of the Garwood Library Board of Trustees will take place in the Library. This meeting is open to the public. Masks and social

distancing are required Artist's Passport

October 7, 14, 21, 28 at 3:30 p.m. Embark on an around the world art adventure from the Americas to Polynesia. Experiment with techniques developed by local artists and artisans. Make a different masterpiece each week including: drums, masks, canvases and more. For children in Kindergarten through 6th grade. Registration required. The program will run each Thursday in October at 3:30 p.m.,

concluding on October 28.

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Virtual Kid's Craft

October 12, 2020 at 3 p.m. Pick up supplies for a Halloween inspired craft and then watch craft tutorial on the Library's Facebook page at 3 p.m. The video will be

available for viewing thereafter. Registration is required for craft kits and is limited to 15 participants. Sign up on the Library website's events calendar or by phone.

Ship Presentation via Zoom

October 12 at 7 p.m. A representative from Sage Eldercare will explain the facts about the State Health Insurance Assistance Program (SHIP). SHIP provides free help to New Jersey Medicare beneficiaries who have questions about their health insurance. The presentation will be followed by a question-and-answer session.

Fall Fun Amigurumi via Zoom

October 13 at 7:00 p.m. Learn the basics of making Amigurumi or crocheted stuffed animals. This is the second and final class to complete the autumnal candy corn! Registration is closed. A Zoom link will

be sent by email prior to the program.

Book Discussion Group via Zoom October 18 at 1 p.m.

Join us for a lively discussion of this month's book "Fifty Words for Rain" by Asha Lemmie. Once registered for the club, a Zoom link will be sent via email.

Virtual Adult Cr

Virtual Adult Craft October 19 at 3 p.m.

Decorate a Halloween inspired craft. Pick up your craft supplies from the Library and then watch the Facebook tutorial at 3 p.m.

Registration is required for craft kits and is limited to 10 participants. Sign up on the Library website's events calendar or by phone Estate Planning Simplified via Zoom

October 20 at 7 p.m.

Join local attorney Anne Marie Murzin, Esq. as she presents Estate Planning in a nutshell. She will discuss the legal concepts raised by Wills and Trusts and present an ideal way to get your important papers organized for estate planning. Once registered a Zoom link sent via email.





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PARENT UNIVERSITY – OCT. 13

The Clark Public School District's Parent University Program presents Ryan's Story - A Father's Hard-Earned Lessons about Cyberbullying and Suicide - presented by John P. Halligan, author and motivational speaker. John Halligan's son, Ryan died by suicide after being bullied by classmates at school and online. He was only 13 years old. Halligan's presentation will cover the lessons learned too late for his family regarding how to deal with bullying, cyberbullying, and teen depression. Parents will be empowered with strategies to take preventive actions with their own children.

Please join us October 13th at 6 p.m. at Carl H. Kumpf Middle School - Cafeteria. To register for this event, contact Christine Broski at cbroski@clarkschools.org or (732) 574-9600 x3355. Open to all parents with children attending the Clark and Garwood Public Schools. The evening session is designed for parents. However, it is open to students with a recommended age of middle school and up. Please note 7th and 8th graders will view the presentation during school. All students must be accompanied by a parent.

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For more information, visit ryanpatrickhalligan.org. and ryanstory.org

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