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Published by Renna Media

Issue 71 • August 2021

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RESCUE SQUAD GETS HAPPY UPDATE OF BABY BORN IN AMBULANCE 23 YEARS AGO

Submitted by Tom Kranz

Among the treasured moments for Fanwood Rescue Squad members is the privilege of assisting with the birth of a baby. In 1998 there were two ambulance births within two months. Born in July was Haley Knudsen, whose family moved away some years later. Then in September, Lisa Kline couldn't wait for parents Sue and Stuart Kline to get to the hospital.

Over the years, the Klines, who still live in Fanwood, have kept in touch with the squad. And during the July 4th fireworks in Scotch Plains this year, Mrs. Kline showed Captain Ian Lewis a photo of Lisa today, 23 years later, on her graduation from Rutgers University where she graduated this spring with a Bachelor's degree in accounting.

The story of Lisa's birth is one mom won't ever forget. Strong contractions had caught Mrs. Kline home alone on September 15th, 1998 and forced her to call 911.

"I actually had to crawl to the phone and then all I could say was, 'I'm having a baby!'" she later told the Scotch Plains-Fanwood Times.

It was about 11 a.m. when squad members Bob Kruthers, Steve Siegal, Ruth Wegmann and Bill Crosby arrived. Stuart Kline, a Borough Councilman at the time, returned home just in time to see his wife being loaded into the ambulance. But there wasn't even time for the rig to pull away from the home. With two pushes, Lisa Kline was born in the parked ambulance.

"It was just amazing," said Mr. Kline of his daughter's birth at the time.

"We've helped with several other childbirths over the years," remarked Capt. Lewis. "It's one of those moments you might never see in an entire EMS career. But when you do, it's unforgettable. We wish Lisa all the best and a bright future as a college graduate."

Lisa is already working as a senior accountant at Prevention Links in Roselle.



(above, l-r) Lisa Kline in cap and gown, a new Rutgers Graduate, spring 2021 and as a baby, hours after birth on 9/15/1998

Photo courtesy Susan Kline



(above) Lisa and Susan Kline at a block party in 2001

Photo by Tom Kranz

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Scotch Plains NJ

WHAT'S HAPPENING MONTHLY

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PROMOTE YOUR COMMUNITY EVENT

Community service organizations, schools and sports teams are encouraged to submit news of upcoming events or highlights and photos from recent events.

Organizations who are interested in submitting content, please email editor@rennamedia.com or call 908-858-4012

RESCUE SQUAD ADVICE FOR RESIDENTS

Submitted by Susan Baldani, a life member of the Scotch Plains Rescue Squad

No one ever knows when an emergency will arise or what form it will take. It can be a natural disaster, such as a hurricane, or man-made, such as a house fire.

So, what can you do to prepare yourself and your family for these unexpected events? The first is to have an emergency plan of action in place. For example, where would you go if you needed to leave your home? Do you have family and friends you could stay with? Could you afford a hotel? What about your pets? What would you do with them?

Trying to find solutions to these issues while dealing with anxiety and fear will often increase feelings of helplessness, so think it through beforehand and put it in writing. This way, you'll have a definitive plan to follow.

Also, be sure to have what you need on hand in case you have to make a fast exit. Most emergency responders have what's called a 'go bag.' Each and every member of your family should have one as well. A go bag can be a backpack, a tote bag, or any soft durable waterproof case that you can carry. And be mindful of what you pack - you don't want it to

be too heavy.

Every go bag will be a little different depending on the needs of each person, but here are some critical items to include: change of clothes, maps and a list of important phone numbers (in case your phone doesn't work or you can't recharge it), bottled water, high-protein bars, cash, basic first aid kit, battery-powered or hand-crank radio, flashlight, and batteries. At the time of departure, add your cell phone, cell phone charger, medications/prescriptions (for humans and pets), and other non-perishable food, if possible.

The trunk of your car is also a great place to stash emergency supplies. Besides the obvious spare tire and jack, keep bottled water, blankets, flares, an extra set of clothes, maps, and nonperishable high-protein snacks. If you have a solar-powered charger, throw that in there as well. In colder months, include blankets, hats, socks, scarves, and gloves.

It doesn't take long to get these items together, so do it now. You may never need to put your emergency plan into effect, but if you do, you'll be ready to go.

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FANWOOD RECREATION AUGUST EVENTS

FREE SUMMER MOVIE SERIES

Free Summer Movie Series Under the Stars finishes up with these movies in August:

Aug. 3: Toy Story 4 (2019) G

Aug. 10: Momma Mia! (2008) PG-13

Aug. 17: Guardians of the Galaxy (2014) PG-13

All movies are scheduled for Tuesday evenings at La Grande Park and will begin around 8:15 or 8 p.m. The rain date for each movie is the following day. Moviegoers should bring blankets or low beach chairs to sit on.

AUGUST PROGRAMS

There's still time to register for these August camps and programs offered by Fanwood Recreation: Fashion Design Camps, Summer Park Program (day camp), Junior Tennis Lessons, TGA Junior Golf Camp, Multi-Sports Camp, Junior First Responders Program, Olympic Sports Drawing Workshop, Babysitting Certification and Algebra Review.

NEW BASKETBALL AND PICKLEBALL COURTS

If you haven't been to Fanwood's Forest Road Park lately, you haven't seen Fanwood's beautiful new basketball and pickleball courts! And if you're wondering how to play pickleball, Fanwood Recreation is offering lessons, which will take place on Thursday evenings, begin on August 5th and continue for four weeks. Space is limited.

For more information about this program and to register, please go to fanwoodrecreation.org.

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RELIEF FROM CHRONIC KNEE PAIN

FDA Approved Treatment to Avoid Surgery

DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere, **Northeast Spine & Wellness Center** uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets **Northeast Spine & Wellness Center** apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call **Northeast Spine & Wellness Center** now for a RISK FREE consultation.

If Knee Surgery Sounds Scary, It Should


Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Additions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- No lost time from work or family.
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.



How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with **Northeast Spine & Wellness Center** investing in the use of diagnostic fluoroscopy. This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. **Northeast Spine & Wellness Center** understands the symptoms you have been living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- **Pain** - Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- **Swelling** - This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- **Stiffness** - Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- **Loss of muscle strength** - This can lead to balance issues and the strong possibility of falling.
- **Joint deformity** - Not just unsightly, but painful as well.
- **Creaking Joints** - Can be painful and a sign of more discomfort to come.
- **Sleepless nights** - Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoroscopy we use at **Northeast Spine & Wellness Center** these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey.

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact **Northeast Spine & Wellness Center** today to schedule your RISK FREE consultation.

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Scot Paris MD, FACS

Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatsoever. I can go up and down steps with no pain."
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"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."
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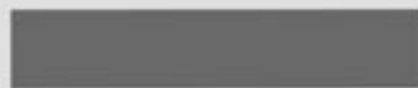
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JASON HOBERMAN ELECTED TO JFSCNJ BOARD

Submitted by Heidi Pekarsky

Jewish Family Service of Central NJ (JFSCNJ) Board President Fred Kessler, Cranford, is pleased to announce the election of four new members to the Board of Directors at the Agency's Annual Meeting that took place recently.

They are: Jay Buchsbaum of Elizabeth, Jason Hoberman, Scotch Plains, Dr. David Hoffman, Springfield, and Leah Kaminer, Springfield.

Jason Hoberman, an attorney from Scotch Plains, has made his mark on the Central NJ community holding numerous leadership positions in Congregation Beth Israel, Scotch Plains, the Jewish Federation of Greater MetroWest NJ, and the JCC of Central NJ, since moving to the area from Marlboro, NJ almost fourteen years ago.

A graduate of Emory University and Columbia Law School, Jason serves as the General Counsel

and Chief Compliance Officer of Jacobs Levy Equity Management, Inc., Florham Park, a quantitative investment management firm.

Jason is passionate about his commitment to lending his keen leadership abilities to serve a multitude of Jewish causes and ensure that future generations are able to proudly serve the community. Quoting the importance of "Tikkun Olam, repairing the world", Jason would like to extend this commitment beyond that of the Jewish community and feels that it is important to "positively impact the lives of those in need."

Jason has served on the board of Congregation Beth Israel since 2014, as a trustee, Executive Vice President (2016-18) and President from 2018-2020. He began his leadership activities in

the Jewish Federation of Greater MetroWest NJ in 2018, as a bus captain on the CommUNITY Mission to Israel, then went on to become a member of the National Allocations Committee (2019-20), Synagogue Leadership Council (2020-Present), Local Allocations Committee (2020-Present), NextDor Ambassador (2019-Present) and is now beginning his service as a trustee. He also has Co-Chaired numerous Fundraisers at the JCC of Central NJ and participated in the JFSCNJ 5K Walk Run.

"Jewish Family Service of Central NJ welcomes these four community minded leaders as new members to our Board. With their help we will continue to expand the Agency's mission," said Executive Director, Tom Beck.



(above) Jewish Family Service of Central NJ welcomed its four new board members, Jay Buchsbaum of Elizabeth, Jason Hoberman, Scotch Plains, Dr. David Hoffman, Springfield, and Leah Kaminer, Springfield.

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NATIONAL NIGHT OUT - AUGUST 3RD

The Scotch Plains Police Department will host National Night Out Against Crime on Tuesday August 3rd, 2021 from 6 – 9 p.m. at Alan Augustine Park. The police will be joined by the Fire Department and Rescue Squad for the community building event.

The free family friendly event will feature live music and inflatable attractions for children, hot

dogs, and giveaways.

National Night Out is an annual community-building campaign celebrated by millions of neighbors across thousands of communities in America to enhance the relationship between neighbors and law enforcement while bringing back a true sense of community. For more information visit natw.org.

REMINDER TO LOCK YOUR CAR DOORS

Scotch Plains Police Department

Please LOCK your car doors and do not leave anything of value in it, we are experiencing a rash of thefts from cars and thefts from packages from porch areas in town! The majority of the incidents are happening in the early morning

hours, between 1 – 5 a.m., and the theft of the packages are happening at all times of the day. If you see or hear anything suspicious, please contact us immediately! Call 9-1-1 if it is an emergency or (908) 322-7100 ext. 0 if it is a non-emergency.

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THE WARREN LIONS CLUB EXPO IS BACK!

Scheduled for August 25-28, 2021. Spectacular Fireworks Show on Saturday, August 28

After a year's hiatus due to COVID restrictions, the annual Lions EXPO will once again transform the Warren Township municipal field (46 Mountain Boulevard) into a classic carnival over four days, 6-10 p.m. from August 25 - 28, 2021, with amusement rides, games of chance, fireworks, food vendors and an exposition of local businesses. This will be the 53rd Annual EXPO, the flagship event of the Warren Lions Club.

The Lions EXPO attracts approximately 10,000 people over the four days and has become the premier family fun event in Warren Township and the surrounding communities.

The EXPO will have a pay-one-price wristband every night this year. We will be holding a Giant 50/50 cash raffle with the drawing on Saturday August 28th, resulting in a multi-thousand dollar payout to a single winner. The winner need not be present. Tickets will be available for purchase throughout the Expo dates for \$5 each.

"Hosting the EXPO is more than a tradition, it's our resolve to spread the smiles on people's faces, especially after the difficult period we all have endured for more than a year" said Mark Ramos, the 2021 EXPO chairperson of the

Warren Township Lions Club.

The Lions Club, as well as the games, rides and food vendors at the EXPO are committed to observing the state mandated COVID safety guidelines in force during the Expo dates. In addition to multiple washing stations adjacent to the restrooms, special hand sanitation stations will be available throughout the Expo. All patrons are kindly asked to cooperate with the state mandated guidelines.

ABOUT THE LIONS CLUB OF WARREN TOWNSHIP

When caring people join together, roll up their sleeves and take action to make their community better, it's a beautiful thing—and an incredible feeling for everyone involved. That's Lions. Being a Lion is about leading by example, building relationships and improving the world through kindness. The service of Lions reaches around the planet. Serving in over 200 countries and geographic areas, our 48,000 clubs and 1.4 million members are helping others and making communities better.

The Warren Lions Club currently has close to 90 active members from Warren Township and surrounding communities. Members include business and professional leaders who provide humanitarian service, encourage high ethical


standards in all vocations, and help build goodwill and bonding in the communities. All funds raised by the Lions Club of Warren Township are used to support a wide variety of community service organizations and projects. The Club holds dinner meetings every second and fourth Wednesday of the month from September through June and occasionally feature speakers, donation recipients and special guests that inform and entertain. The Club encourages all members to help set the direction of our Club, participate in leadership roles, and identify causes to support and the Club's priorities, while fostering camaraderie and advancing our mission. To learn more about us, please visit our Warren Lions Club website warrenlionsclub.org and on Facebook.

OUR MISSION AND MOTTO

To empower volunteers to serve their communities, meet humanitarian needs, encourage peace, and promote international understanding through Lions clubs. Our motto: "WE SERVE."

OUR VISION

To be the global leader in community and humanitarian service.



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53rd
Annual
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Lions EXPO is the major fundraiser of the Warren Township Lions Club and enables the club to donate to local charities, organizations and events.

www.warrenlionsclub.org
For more information & sponsor opportunities, contact The EXPO Chairperson Mark Ramos at 908-334-7795

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TEEN VOLUNTEER FOLLOWS HER DREAMS TO PRINCETON



(above) Dimiana Ibrahim, Elizabeth resident and former Teen Volunteer at Trinitas, poses at Princeton University, where she has joined the Class of 2025.

Trinitas Regional Medical Center offers teenagers with an interest in healthcare several opportunities to test-drive their dreams. Dimiana Ibrahim, an Elizabeth resident, followed her dream of becoming a doctor to Princeton University to join the Class of 2025. What helped make the decision to study medicine were her experiences as a volunteer and a Medical Explorer at Trinitas.

As a high school sophomore, she entered the Teen Volunteer program, run by Lisa Liss, Director of Volunteer Services at Trinitas. "I wanted to be further exposed to the hospital setting to see if medicine was really the right path for me," Dimiana says. "Volunteering on the maternity floor allowed me to observe the ins and outs of how a hospital floor works. Helping different varieties of patients exposed me to how different and equally important each patient's story is. I was exposed to real-world hardships, celebrations, and stories that I would've never been able to see otherwise. It taught me the great importance of patience and compassion in the field, which is something you really have to feel and not just read about in a book."

Then Dimiana joined the Medical Explorers Club, for those interested in healthcare, nutrition, physical therapy, and nursing, among other careers. "Although short-lived due to COVID, it was an overall really fun and educational experience for my friends and me. I learned a lot

about different specialties in the hospital, like anesthesia and dialysis. It showed me how truly excited I felt learning about medicine. It helped me realize that this is the excitement I aspire to have my entire life when it comes to my chosen field. These experiences, along with many others, helped me achieve the self-reflection and discovery needed to not only find my career path, but to recognize how I intend to get there. Attending Princeton University will be one of my first of many steps towards becoming a physician."

Liss, who also oversees Nurse Camp for high school students and the Collegiate Medical Mentor program for college students, says, "I'm always thrilled to hear about students taking their experiences at Trinitas and running with them. Dimiana was a shining example of how enriching these programs can be for students who may either be on the fence about healthcare as a profession and figure out that they definitely want it, or know for sure they want to study medicine at some level and can't wait until college to get started. Dimiana took advantage of what we have to offer and we hope to see her in our Collegiate Medical mentor program as she excels at Princeton."

For more information about Volunteering at Trinitas or to get involved with one of the medical mentoring programs, call Lisa Liss, 908-994-5164.

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RM1

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CONTINUING EDUCATION FOR ADULTS WITH DISABILITIES

Community Access Unlimited

There is no such thing as “one size fits all” when it comes to education. For adults with developmental disabilities who are looking to continue their academics and job skills training, Community Access Unlimited offers an alternative to traditional day programs.

The new Academy of Continuing Education (ACE) location opened in July in Roselle and offers a variety of options to appeal to every type of student, including recent graduates and older adults. The current hybrid schedule includes virtual and in-person groups this summer so members may choose the option that is right for them.

ACE is reopening after providing virtual services through the pandemic; the new Roselle location offers plenty of space for social distancing, group learning and activities.

“We’re very excited and the members are very excited,” said Stacy Marshall, assistant executive

director of educational services. “You can’t replace what it’s like to be face-to-face in a shared space with other people. For some, it’s going to be like a cloud is lifted.”

Student Dianna Simms, 30, has attended ACE since 2014 and took virtual courses in math, reading, music, and visual and digital art.

“I wanted more education,” said Simms, who said she likes to encourage others to continue their education on social media.

Simms has a vision impairment and said she appreciates that teachers have worked with her to compensate for that, such as setting her up with a screen reader to enlarge worksheets.

Although she was able to continue her education at home virtually, “I would rather see my friends and my teachers in person,” Simms added.

ACE courses include topics in reading, math, science, music, art, computers, self-help and more. The academy promotes learning through hands-on activities, and students gain skills that can be applied in developing career interests. ACE is a NJ Division of Developmental Disabilities-qualified program offered by Community Access Unlimited (CAU). CAU is a Union County-based, statewide nonprofit that works to integrate people with disabilities and youth at risk into the general community through comprehensive supports.

The academy is flexible to allow students to pursue as many courses as they choose and balance their studies with outside activities such as employment or athletics. Many members are employed, and many engage in community programs such as theater or the Special

Olympics.

Marshall stressed that individuals with disabilities and families need to start learning about their post-graduation options as early as possible to start planning for a successful future. A new NJ law extending eligibility for the state’s special education program due to the pandemic is a step in the right direction.

“I think in New Jersey attention to special education has been lacking for some time,” Marshall said. “In some ways [the pandemic] deepened that divide and in some ways it increased visibility. I think it’s now on folks’ radars that we can and should do better.”

Families and individuals interested in learning more about ACE can reach out to CAU at 908-354-3040 to request a virtual tour and overview of the program.

ABOUT COMMUNITY ACCESS UNLIMITED

Community Access Unlimited (CAU), celebrating 42 years in 2021, supports people with special needs in achieving real lives in the community. CAU provides support and gives voice to adults and youth who traditionally have little support and no voice in society. CAU helps people with housing, life skills, employment, money management, socialization and civic activities. CAU also supports opportunities for advocacy through training in assertiveness, decision-making and civil rights. CAU currently serves more than 3,000 individuals and families, with the number served growing each year. For more information about CAU and its services, contact us by phone at 908-354-3040, online at caunj.org or by mail at 80 West Grand Street, Elizabeth, NJ 07202.



(above) Students attend a lesson at the Academy of Continuing Education in Roselle.

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BACKPACKS FOR LIFE FIFTH ANNUAL GOLF OUTING FUNDRAISER

On September 20, 2021, Backpacks For Life will be hosting their Fifth Annual Golf Outing in Wayne, NJ. The golf outing is one of Backpacks For Life's tentpole fundraiser events that occurs annually in an effort to spread awareness about veteran homelessness and their mission to serve the veteran community. Last year's event was cancelled after a handful of rescheduling attempts due to COVID-19. The outing is presented by the founding sponsors of the event, three local New Jersey businesses, Biltmore Tuxedos, Sal Lauretta for Men and DSM.

"While it was a disappointment to cancel the event last year, we knew it was the right call. This year, we're excited to get back out there, bring the community together and have a great day in support of the veterans we serve. Our event has a lot to offer so whether someone is a golfer or not, they can participate in some capacity," said Sgt. Brett D'Alessandro, President, Backpacks For Life.

The outing will be held at one of New Jersey's premiere golf courses, North Jersey Country Club located in Wayne, NJ. The event kicks off with the veteran owned business brunch featuring a variety of local veteran owned businesses including The Mobile Cigar Lounge, Backward Flag Brewing and Black 6 Coffee.

The event continues with a round of 18 holes as well as on course activities.

"Each year we try to bring something new and exciting from within our veteran community for others to experience. With the veteran owned business brunch and our cocktail reception, we're able to highlight incredible veteran owned small businesses and help them after what was a challenging year for all. It's an honor to share the stories of successful veteran entrepreneurs," said Alexa Modero, Executive Director, Backpacks For Life.

The evening concludes with a cocktail hour reception sponsored by Bond Street Mortgage. This portion of the event is open to the public, golfers and nongolfers alike. The reception features food and beverage, a silent auction and guest speaker, US Navy SEAL veteran, Anthony Page.

For all event details, tickets and registration, visit backpacksforlife.org/golf.

Backpacks For Life is a 501(c)3 nonprofit organization that serves the homeless and at-risk veteran community. By regularly distributing backpacks filled with essentials to Veterans on the streets and providing mentorship to at-risk Veterans and their families, Backpacks For Life aims to bridge the gap between Veterans and the resources available to them.



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Monday, Wednesday, Friday, Saturday: 9AM–5PM; Tuesday, Thursday: 12–8PM; Sunday: Closed

The Scotch Plains Public Library's summer reading theme is Tails and Tales. Adults are invited to participate in summer reading by logging each book they read or playing the library's bingo game. Each logged book or complete bingo will be entered into a giveaway that includes gift cards to local businesses, courtesy of the Friends of the Scotch Plains Public Library.

Bagels and Books

Monday, August 2, 10 a.m.

Bagels and Books will meet outside the library, weather permitting. Come share your thoughts about what you've been reading.

Let's Monet for Adults

Thursday, August 5, 5 p.m.

Let's Monet for Adults will take place outside the library, weather permitting. Put your own spin on a piece of artwork with Leah Zarc-Acevedo. Space is limited.

Balance Awareness

Fridays, August 6 & 27, 10 a.m.

Balance Awareness with Yasmin Ofek. All you need are a chair and sneakers to experience this gentle but effective approach to moving confidently throughout the lifespan.

Our Place in Space

Wednesday, August 11, 7 p.m.

Our Place in Space with astrono-educator Bob Reichman will give you a better appreciation for where we fit among the stars.

Cookbook Club

Thursday, August 19, 7 p.m.

Cookbook Club will meet outside the library, weather permitting. Stop in the library to choose a recipe from our selected book, Show Up for Salad, and bring your dish to the meeting, where we'll discuss the cookbook while we eat.

Decoding the Mysteries of Cats

Saturday, August 21, 2 p.m.

Decoding the Mysteries of Cats with feline behaviorist Stephen Quandt will help you understand the forces behind your cat's behavior.

Tails and Tales Trivia

Monday, August 23, 7 p.m.

Tails and Tales Trivia will test your knowledge about topics related to our summer reading theme. Register as a team or on your own.

Night Sky Observation

Monday, August 30, 8 p.m.

Night Sky Observation is back! Bob Reichman will bring his telescope for in-person viewing.

Unless otherwise noted, the above events are virtual. Registration is required for all events. More information about the library's summer reading programs and events can be found at scotlib.org.

YOUTH SERVICES PROGRAMS

The Scotch Plains Public Library has a full calendar of programs for children and teens this August! Registration is required for all of our events and can be done by visiting our website.

ON GOING PROGRAMS

On Mondays, August 2, August 9, August 16 & August 23 at 9:30am, families can join us for our Virtual Storytime at 9:30am. This program is for all ages and open to SP and neighboring families.

On Tuesdays, August 3, August 10, August 17 & August 24, families with children 2 years and under can join us for our Outdoor Little Listeners Storytime at 9:30am.

On Wednesdays, August 4 and 18, at 4pm, kids in grades 3-7 are invited to join The Comics Kids, a graphic novel club! Discuss your favorite comics and graphic novels, and make and share your own art.

On Wednesdays, August 4, August 11, August 18 & August 25, families with children ages 2-5 can join us for our Outdoor Rise & Shine Storytime at 9:30am.

On Thursdays, August 5, August 12, August 19 & August 26, families with children ages 2-5 can join us for our Storytime in the Park at 9:30am.

On Saturdays August 7, August 14, August 21, & August 28, families can join us for our Super Saturday Storytime at 11:00am. This program is for all ages and open to SP and neighboring families.

SPECIALS

On Thursday, August 5 at 6:30pm, elementary students are invited to join us for Beyond Stories. This program includes longer, non-fiction titles and a related activity.

On Wednesday, August 11 at 10:30am, students entering K- 5th grade can attend Bubble Painting and create their own art using colorful bubbles.

On Thursday, August 12 at 4pm and Monday, August 23 at 10:30am students entering K- 5th grade can learn how to make their own Corner Bookmarks.

On Mondays, August 2, August 9 & August 16 at 10am students entering 3rd -5th grades can enjoy Mindful Mondays. This program incorporates yoga and mindfulness with guest instructor Yen Leung.

On Wednesday, August 18 at 10:30am, students entering K - 5th grade can join us to make their own Thaumatrope. Thaumatrope are fun optical illusion toys.

FOR GRADES 6-12

Fledgling Foodies is a cooking club: on 8/10 we'll be making rainbow wraps and on 8/16 we're making dessert terrariums! This program is virtual and starts at 4pm.

On Wednesday, 8/11, at 4:00pm, visit the

Craft Cafe to sculpt a planter, and enjoy a cold drink and snack while you work.

Anime Club meets on 8/12 and 8/24 at 4:00pm - hang out with fellow anime fans, watch episodes, snack, and discuss!

Trivia Night is scheduled for Tuesday, 8/17, at 6:30pm. Bring friends and show off your knowledge of books, pop culture, memes, and more!

For complete descriptions of these programs and registration information, please visit scotlib.org/events, email kids@scotlib.org, or call 908-322-5007 x209. Unless specified otherwise, all library programs are open to Scotch Plains and Fanwood residents with a library card. To get a library card, visit us at 1927 Bartle Ave during our business hours. Please check our online calendar for program updates.

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The Clark Recreation Department teamed up with Scotch Plains to hold a street hockey clinic on Saturday, June 19 at Clark's Hockey Rink. Boys and girls from kindergarten through the 5th grade gathered at the hockey rink behind Hehly School for a day of fun.

Rick Sacchetti, head coach of the Cranford

Hockey Club, ran the clinic along with assistance from players of the Cranford Hockey Association. Retired Devils player Bryce Salvador joined in on the fun and gave some professional instruction to the group. To round out the day's fun, the NJ Devils mascot jumped in too.

Clark's Recreation Director, Ralph Bernardo spoke about the day. "The kids had a great time, and we are hoping to be able to repeat this program in the fall."

For more information about this program or any recreational activity contact rbernardo@ourclark.com.



(above) Clark Recreation Department teamed up with Scotch Plains to hold a street hockey clinic on Saturday, June 19 at Clark's Hockey Rink.

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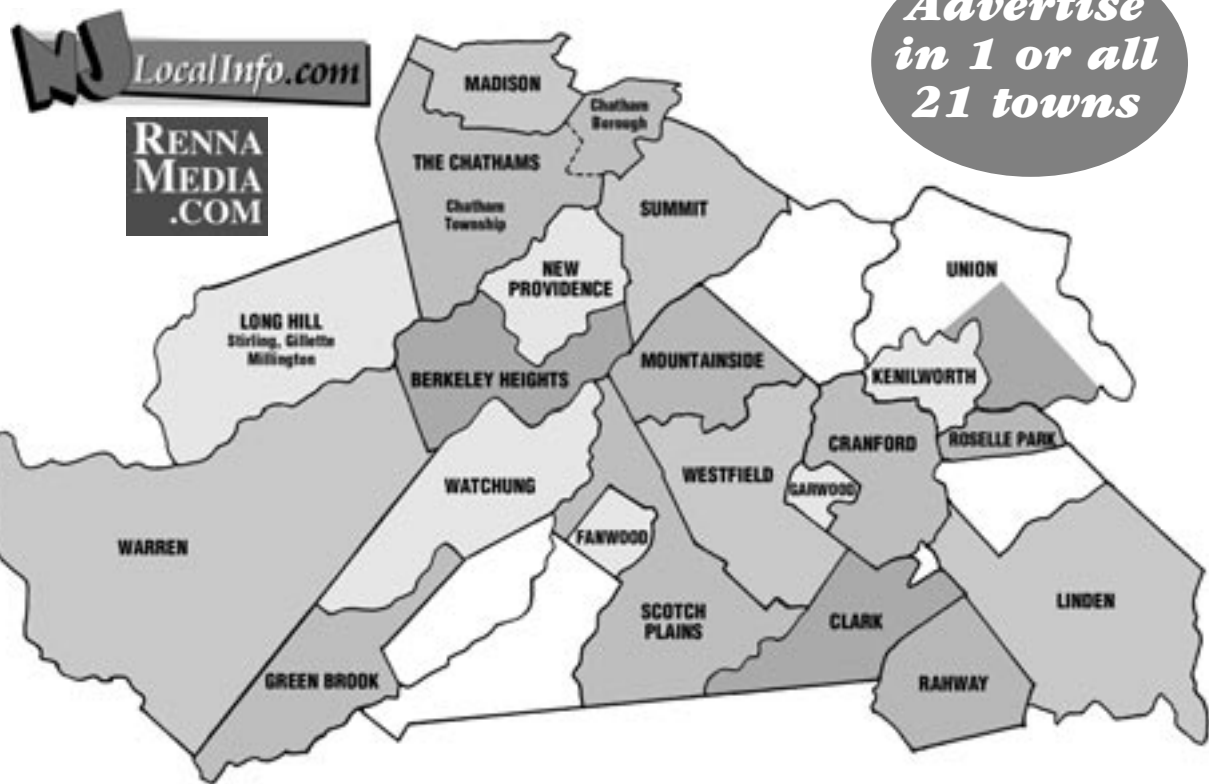
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6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000
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ANNUAL EMPLOYEE APPRECIATION LUNCH

Scotch Plains Township

Scotch Plains hosted its annual employee appreciation luncheon on the Alan Augustine Village Green.

Photos by Scotch Plains Township



(above) Firefighters manned the grill and served up hot dogs, hamburgers and veggie burgers.



(above) The team building employee lunch, held recently on a beautiful summer afternoon, was the largest attended to date.

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