# WARREN MONTHLYNJ

#### WARREN'S HOMETOWN NEWSPAPER

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## **WARREN TOWNSHIP SCHOOLS HOST VACCINE CLINIC**

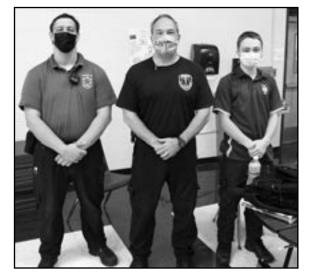
During the afternoon of June 7th, seventy-seven Warren Middle School (WMS) students received their first dose of the COVID-19 vaccination. In a partnership between Warren Township Schools, the Warren Township Office of Emergency Management, and the Somerset County Prosecutor's Office, a vaccination clinic was held at Warren Middle School for any Warren student aged twelve or older.

The goal of the clinic was to provide a convenient community location and equitable access for Warren Township students and community members to obtain a COVID-19 vaccine.

After receiving full support for the vaccine clinic from the district's Return To School Committee, many staff members got to work in collaboration with the Prosecutor's Office to make the clinic a reality. Dr. Derek Ressa, Director of Special Services, Mrs. Lisa Lontai, WMS School Nurse, Mr. Patrick MacNamara, District Data Manager, Mr. Ronald Berry, District Security Manager, Mr. George Villar, WMS Principal, Ms. Maria Mensinger, WMS Assistant Principal, and Mr. Philip Shimko, WMS Head Custodian worked together to develop a plan to notify the school community, send and receive registration information, general logistics, scheduling, and safety.

This district is appreciative of the working relationship with the Warren Township Office of Emergency Management, who facilitated volunteer EMTs to be on-site the day of the clinic, as well as the Somerset County Prosecutor's office who organized and provided the services of the nurses who administered the vaccine, and the detective and agent responsible for checking the students in.

"Warren Township Schools is grateful for the opportunity to partner with the Somerset County Prosecutor's Office and Warren Township EMTs to provide this vaccine clinic to our students 12 years of age and older. It is another step in our Return to School process to ensure the



(above) Anthony Levine, Ward Scheiderman, and Ryan Presgraves were on-site throughout the clinic.



(above) Nurse Practitioner JoAnn Lane from All American Nursing prepares her station to begin the vaccine clinic.



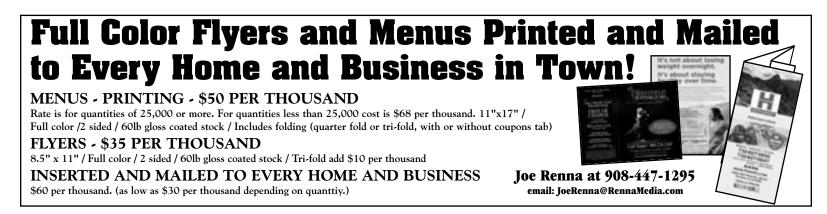
(above) Nurse Lisa Lontai and Dr. Derek Ressa from Warren Township Schools both worked hard to ensure that the vaccination clinic was successful.

health and safety of our students and provide an opportunity for those who would like to be vaccinated." - Dr. Derek Ressa

Both Ressa and Lontai were happy with the number of students that attended the clinic. Lontai noted, "Out of the 540 students at Middle (not all of whom qualify, because not all are at least 12 years of age), 221 have received at least one dose of the vaccine (that includes those who got vaccinated at the WMS clinic, and 17 students have received both doses of the vaccine. That's 238 students in total."

A second clinic is scheduled for June 28 for the participants of the June 7th clinic to receive their second dose. The district would like to thank all of the volunteers for their time and expertise as well as those families who participated in the clinic.

Photos by Warren Township Schools





#### **On-line at www.WarrenMonthly.com**

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## **PROMOTE YOUR COMMUNITY EVENT**

Community service organizations and sports teams are encouraged to submit news of upcoming events or highlights and photos on recent events.

Organizations who are interested in submitting content can email editor@rennamedia.com. or call 908-418-5586

## **DAWN SAUNDERS SWORN IN AS YOUTH ADVOCATE**

CASA of Union County

The most recent class of community members volunteers representing seven six municipalities including Dawn Saunders of Warren – have completed 30 hours of training to become advocates for CASA of Union County, the only nonprofit advocating for the best interests of abused, neglected or abandoned youth removed from home and placed in foster care through no fault of their own.

Next, the new advocates will be matched to a foster youth or sibling set and, once legally assigned to their case by court order, can make arrangements to meet their assigned youth and begin their casework. This class ranges in age from 34 to 63 and includes both parents and nonparents, and those employed as well as retired. Experience includes teaching, law enforcement and homemaking.

Executive Director Mariel S. Hufnagel noted, "It's such a wonderful moment when these dedicated individuals, who have made the decision to become Court Appointed Special Advocates, face the judge as they did today, as the culmination of weeks of intensive training. Being a CASA volunteer is a tremendous

commitment, and as these individuals raised their hand and took their oaths, the pride and joy was palpable."

Terry Gould, Advocate Liaison on the Board of Trustees, added, "I have volunteered my entire life and found my CASA work most rewarding because, although my CASA youth has aged out of the system, our friendship will be forever. It brings me great pleasure to see him beat the odds. He is a survivor. These new advocates are ready to hit the ground running and I am beyond excited for them and the adventure ahead!"

Since 2005, CASA of Union County has served more than 900 local foster youth and trained more than 600 advocates. With courtordered access to the youth, foster parents, doctors, caseworkers, therapists, teachers and others in order, advocates identify concerns and unmet needs, and ensure best interests are protected.

There are still youth in need of their own CASA volunteer. Is that you? For details on the advocate experience and the steps to securing your spot in an upcoming training class, reach out to info@casaofunioncounty.org.



(above) Sworn in as judiciary volunteers by Superior Court Judge James Hely via Zoom with newly named Judge Stacey Boretz looking on are Phil Newcomb of Cranford; Jason Fermin of Linden; Juliann Ford of Roselle Park; Jayme Lipkin and Neetu Salhotra of Short Hills; Amanda O'Dowd of Summit and Dawn Saunders of Warren.



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## **MOMS HELPING MOMS FOUNDATION AWARDED NATIONAL GRANT**

Submitted by Meredith Carpenter

Moms Helping Moms Foundation (MHM), a New Jersey Baby Supply and Diaper Bank based in Warren, NJ was recently awarded a national Funds for Change grant via a competitive application process organized by The National Diaper Bank Network (NDBN) and the Alliance for Period Supplies.

The local nonprofit organization will use the \$2,500 grant to build community support including re-opening for volunteer sessions, a vital part of the operations that have been restricted since the COVID crisis began, and plan for new events to raise awareness about diaper need in NJ.

"NDBN is comprised of hundreds of diaper banks and period supply programs, all providing invaluable service to their communities," said Joanne Samuel Goldblum, CEO of NDBN and the Alliance for Period Supplies. "Our Funds for Change program grows more competitive every year. MHM stands out as a well-run organization committed to helping individuals, children and families get the basic necessities they require to reach their full potential."

To earn a Funds for Change grant, a basic needs bank must match the award amount with contributions raised in its own community. "We are so grateful to NDBN/Alliance for Period Supplies and to our donors whose amazing support allowed us to qualify for this grant," said Co-Founder Megan Deaton. "In the past year, MHM staff and volunteers went above and beyond to meet our community's need in these extraordinary times. Because of the help we received nationally and here at home, we were able to provide 633,915 diapers serving 101,000 individuals across the state of New Jersey. We increased our diaper distributions by 134% compared to 2019 and increased our partner network by 30 organizations to reach counties not previously served."

Founded in 2011, Moms Helping Moms provides low–income children with essentials like diapers, wipes, clothes, shoes, strollers and more. Since its founding MHM has distributed over millions of these essential items to families throughout New Jersey. To learn more, or to donate, please visit momshelpingmomsfoundation.org.

#### ABOUT THE NATIONAL DIAPER BANK NETWORK:

The National Diaper Bank Network (NDBN) leads a nationwide movement dedicated to helping individuals, children and families access the basic necessities they require to thrive and reach their full potential...including clean, dry diapers, period supplies and other basic needs. Launched in 2011 with the support of founding sponsor Huggies®, NDBN is dedicated to creating awareness, providing assistance and building community to #EndDiaperNeed in the US. Its active membership includes more than 225 diaper banks, diaper pantries, and food banks serving local communities in all 50 US states, the District of Columbia and Puerto Rico. More information on NDBN and diaper need is available at nationaldiaperbanknetwork.org, and on Twitter (@DiaperNetwork), Instagram (@DiaperNetwork) and Facebook (facebook.com/NationalDiaperBankNetwork).

About the Alliance for Period Supplies: The Alliance for Period Supplies is an initiative of the National Diaper Bank Network (NDBN). Launched in May 2018, with the support of founding sponsor U by Kotex, the Alliance for Period Supplies raises national awareness of period poverty (#periodpoverty) and supports the development and expansion of period supply programs in communities throughout the country. The organization is comprised of more than 115 Allied Programs that collect, warehouse and distribute period supplies in local communities. More information on Alliance for Period Supplies is available at allianceforperiodsupplies.org, and on Twitter (@PeriodSupplies), Instagram (@PeriodSupplies) and Facebook (facebook.com/AllianceForPeriodSupplies).



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## **"SCOUTING FOR SUPPLIES" DRIVE SUPPORTS 2 LOCAL CHARITIES**

#### Submitted by Paula Schmidt

Warren Township BSA Troop 228 recently held a Spring "Scouting for Supplies" drive to collect household items for two local charities. A total of 83 bags of supplies were collected from Scout friends, family, and neighbors, as well as from the broader Warren Township community. Supplies included kitchen and bathroom cleaning solutions, (such as sponges, wipes, sprays, disinfectants) as well as personal hygiene products (including soap, toothpaste, shampoo, lotion).

Approximately half of the supplies (weighing

240 pounds) were donated to Feeding Hands, in Somerville, NJ, a food pantry that serves the local community by providing food and supplies to veterans, working poor, disabled, seniors and unemployed. The remaining supplies were donated to the St. Vincent de Paul Food Pantry in North Plainfield, a non-profit volunteer organization who helps the local community by providing food, clothing, and other items. On Saturday, May 15, Scouts went onsite to St. Vincent's distribution center to assist Food Pantry personnel in sorting donations and distributing food to pantry visitors. Throughout the COVID pandemic Troop 228 has remained active, holding weekly meetings at the Watchung Elks Pavilion through the Elk's kindness and generosity. The Troop has also participated in outdoor activities within COVID guidelines such as hiking, as well as a variety of service projects such as this drive to benefit the community. Troop 228 welcomes new scouts and no prior scouting experience is required to join.

For more information about the Troop and membership, contact Michael Minieri at scouting.minieri@outlook.com.



(above, l-r) Troop 228 Scouts Drew Connolly, Mateus Teepe, Ben Rosenberger, Arthur Andersen, Gideon Minieri, Mark Armento, Mikey Santoro, Kanav Desai, Landon Bush, Andy Shi, Marcello Gioia, Sean Gubitosi, Graham Schmidt, Alex Huang, Cole Klein, Nolan Brunner, Jason Yan, Tyler Shehady, Tej Jasti, Harrison Bush, Ethan Hammond, Michael Armao





(above, l-r) Scouts and adults onsite at St. Vincent's: Loren Bush, Gideon Minieri, Landon Bush, Wolf Holczinger, Michael Minieri, Ben Rosenberger, Harrison Bush, Mikey Santoro, Graham Schmidt, Kayden Thursfield, Matthew Fogarty, Afsaneh Thursfield, Mike Fogarty

## WARREN TOWNSHIP SUMMER CONCERT SERIES

Warren Municipal Field Area located at 46 Mountain Blvd. You must bring your own chair or blanket.

Social distancing guidelines of 6 feet put in place by NJ Governor will be enforced. All concert goers should wear face coverings where social distancing measures are difficult to maintain.

For more information regarding the concert series please visit www.warrennj.org/175/recreation or follow us on Facebook at WarrenNJRec.

July 7: Screaming Broccolli July 13: Lost in Place July 16: Bob Marino & Barbara Lawson July 21: B-street Band July 28: Legacy Band

Screaming Broccolli (July 7) For over 20 years, NYC-based quartet Screaming Broccolli has been bringing their unique brand of fun throughout the east coast. Readers of SiLive.com named them "The Best Cover Band" for 2014 and 2016. Even though the band started during the height of the grunge era, their incredible catalog of songs stretches from classic rock, to 80's and 90's hits and the biggest and best current Top 40 jams.

Lost in Place (July 13) Celebrating their 23rd year as a band, Lost in Place prides itself on

All concerts take place at 7:00 p.m. at the faithfully reproducing the great songs of the 60's & 70's, with a few from the 80's and 90's, too. Their 5 vocalists and 4 lead singers enable them to cover a wide variety of artists like: The Beatles, Santana, Eric Clapton, Pink Floyd, Led Zeppelin, the Doobie Brothers, CCR, CSN&Y, Foreigner, Queen, Tommy James, Robert Palmer, Stevie Wonder, James Brown, Prince, Genesis, Ace, Golden Earring, Soul Survivors, David Bowie, Edgar Winter, Joe Walsh, The Guess Who, The Stones, Cream, Badfinger, The Grassroots, Tom Cochran, Redbone, Eddie Money, Loverboy, Styx, Talking Heads, AC/DC ... Bring your dancing shoes!

> Bob Marino and Barbra Lawson (July 16) Come join us in the courtyard for an evening of beautiful music. Bob and Barbra will perform all your favorite songs from the good old days.

> The B-street Band, A Tribute to the Boss (July 21) Nearly 5,500 performances and 34 years later, the B-Street Band is still the hardest working tribute band on the circuit, with almost 200 shows per year throughout the country. Notable performances include opening for Bruce Springsteen outside at the Philadelphia Spectrum for the final 4 shows of the historic arena. Additionally, The B-Street Band performed before Bruce shows at Wachovia, MetLife Stadium, Prudential Center, and the newly constructed Comcast Xfinity Center at Citizens

Bank Park. The band was proud to accept an invitation from the Rock and Roll Hall of Fame "Life and Music of Bruce Springsteen" exhibition at the Constitutional Center in Philadelphia. They were featured during the opening, middle and closing nights-a real honor for any tribute band. We may know your next question and the answer is yes, even "the Boss" himself has made an appearance to see the B-Street Band!

Legacy Band (July 28) Legacy will quickly have you on your feet, dancing and singing along to the most popular top 40 hits, from current radio chart toppers, to 90's favorites, Motown throwbacks, and even classic rock staples. Their energy is off the charts. Legacy is directed by Candice Marie (former lead singer of "Don't Call Me Francis"), a front woman with a voice much bigger than her size. Joining Candice on lead vocals is Kahlil (Tony) Wallace and IIya Setrakian, whose harmonies and vocal range deliver hit after hit just like you remember them. Combine the perfect blend of a full rhythm and horn section and you've got a band that has quickly become a fan favorite. Legacy boasts performance and recording credits with Beyonce, Jay- Z, John Legend, Stevie Wonder, Jill Scott, John Mayer, Kanye West, Haley Reinhart, Mary J Blige, Jennifer Hudson, Seal, LL Cool J, The Temptations, to name a few.





(above) This picture, sent to Faith by Pedals for Progress, demonstrates how completely and creatively the recipients use their bikes.





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## **BICYCLE COLLECTION FOR DEVELOPING COUNTRIES**

#### Submitted by Larry Holt

Faith Lutheran Church collected and repaired 170 used bikes from residents of New Providence, Berkeley Heights and neighboring towns. The collection was conducted on behalf of Pedals for Progress, an organization which recycles bikes for persons in developing countries. Faith contributed \$1,700 toward the shipment of the bikes.

In the United States daily transportation occurs conveniently with little or no forethought. This is not the case in developing countries, where a village may not have one car. The mode of transportation for commuting to work, going to market and receiving medical care is frequently a pedal bike.

Later this year, Faith will again be asking In August 2020, Renna Media reported that persons to donate bikes for Faith to process through Pedals for Progress. A person may ask Faith to pick up the bike from his/her house or deliver the bike to Faith. If one wishes to donate a bike before the request, one may place the bike by the shed at the back of Faith's parking lot located at 524 South Street, New Providence, NJ. If you would like a bike picked up call 908-464-5177.

Since 2002 Faith has been participating in the Pedals for Progress program. For the past five vears. Casey Walsh has chaired the ministry for Faith.

The pastor of Faith is Rev. Jane McCready. Visit online at famfaith.org, or reach by phone at 908-464-5177.



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## LIONS CLUB EXPO IS BACK! BUSINESSES INVITED TO GET INVOLVED

Scheduled for August 25-28, 2021, Spectacular Fireworks Show on Saturday, August 28

After a year's hiatus due to COVID restrictions, the annual Lions EXPO will once again transform the Warren Township municipal field (46 Mountain Boulevard) into a classic carnival over four days, 6-10 p.m. from August 25 to 28, 2021, with amusement rides, games of chance, fireworks, food vendors and an exposition of local businesses. This will be the 53rd Annual EXPO, the flagship event of the Warren Lions Club.

The Lions EXPO attracts approximately 10,000 people over the four days and has become the premier family fun event in Warren Township and the surrounding communities.

The EXPO will have a pay-one-price wristband every night this year. We will be holding a Giant 50/50 cash raffle with the drawing on Saturday August 28th, resulting in a multi-thousand-dollar payout to a single winner.

The winner need not be present. Tickets will be available for purchase throughout the Expo dates for \$5 each.

"Hosting the EXPO is more than a tradition, it's our resolve to spread the smiles on people's faces, especially after the difficult period we all have endured for more than a year" said Mark Ramos, the 2021 EXPO chairperson of the Warren Township Lions Club.

The Lions Club, as well as the games, rides and food vendors at the EXPO are committed to observing the State-mandated COVID safety guidelines in force during the Expo dates. In addition to multiple washing stations adjacent to the restrooms, special hand sanitation stations will be available throughout the Expo. All patrons are kindly asked to cooperate with the Statemandated guidelines.



LOCAL BUSINESS EXPOSITION

The EXPO is an excellent platform for local businesses to showcase their services and connect directly with customers through the purchase of a \$500 Exclusive Game sponsor sign or a \$150 non-exclusive ride sponsor sign displayed at the Expo for the 4-day duration.

"Interacting with potential customers at a high profile community event can greatly boost a company's image and customer base," noted Anthony Franchini, the Warren Lions Club Treasurer. "Community members deeply appreciate those businesses that demonstrate their local support through events like this."

We are still accepting a very limited number of applications for tent vendors to sell or promote their business to the thousands of people in attendance at the LIONS EXPO. For information on becoming a tent vendor at the 2021 Lions EXPO, please contact Anthony Franchini at 908-334-9304.

This year's Lions EXPO is sponsored by Document Solutions, Business Life Simplified.

All proceed from the Lions EXPO are donated back to community organizations and sight and hearing foundations throughout New Jersey. **ABOUT THE LIONS CLUB OF WARREN TOWNSHIP** 

When caring people join together, roll up their sleeves and take action to make their community better, it's a beautiful thing—and an incredible feeling for everyone involved. That's Lions. Being a Lion is about leading by example, building relationships and improving the world through kindness. The service of Lions reaches around the planet. Serving in over 200 countries and geographic areas, our 48,000 clubs and 1.4 million members are helping others and making communities better.

The Warren Lions Club currently has close to 90 active members from Warren Township and surrounding communities. Members include business and professional leaders who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and bonding in the communities. All funds raised by the Lions Club of Warren Township are used to support a wide variety of community service organizations and projects. The Club holds dinner meetings every second and fourth Wednesday of the month from September through June and occasionally feature speakers, donation recipients and special guests that inform and entertain. The Club encourages all members to help set the direction of our Club, participate in leadership roles, and identify causes to support and the Club's priorities, while fostering camaraderie and advancing our mission. **OUR MISSION AND MOTTO** 

To empower volunteers to serve their communities, meet humanitarian needs, encourage peace, and promote international understanding through Lions clubs. Our motto: "WE SERVE."

To learn more about us, please visit our Warren Lions Club website warrenlionsclub.org and our Facebook page: warrenlionsclub.org

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## **UGGLA, THE GREAT HORNED OWL, PASSES**

On January 9, 2021, The Raptor Trust announced one of their very dearest ambassador birds, Uggla, the Great Horned Owl, had passed on at age 40. Chris Soucy, director of the organization, wrote a tribute to Uggla on their Facebook page and asked the public to share their memories of Uggla. At this writing the post received 1.1 K likes, 135 comments, and 187 shares.

The Raptor Trust is a 501c 3 non-profit organization located in Millington, NJ that provides free medical care to thousands of injured and orphaned wild birds each year. In addition, they provide educational programs to individuals, clubs, and schools about New Jersey's native raptors. Learn more at theraptortrust.org.

Chris Soucy, Director, The Raptor Trust, Facebook homage to Uggla reprinted below, reveals the history, and passion of the organization.

Uggla was an almost unimaginable 40 years old. In the research I have done, I believe he may have been the second-oldest Great Horned Owl that ever lived, and he lived almost every day of



(above) Uggla, the Great Horned Owl Photo by The Raptor Trust



On January 9, 2021, The Raptor Trust those 40 years right here at 1390 White Bridge nounced one of their very dearest ambassador Rd, Millington, NJ.

In the early spring of 1980, I was a freshman in high-school. The backyard wildlife rehab facility that my parents ran on our property had not yet become The Raptor Trust. It was still The New Jersey Raptor Association at that point: not yet incorporated and without the 501(c)3 nonprofit status that would follow. A "fledgling" organization, one might say. But Len and Diane knew their birds. Even though The Raptor Trust wasn't hatched until a few years later, they had been caring for wild birds – often in the laundry room or bathroom of the house – since the mid-1960's.

It was in that setting that someone dropped off a young floof of an owl. Just a few weeks old, the owl had been found by some well-intentioned local folks who attempted to raise it on their own. There are few things cuter than a baby owl, I'll give you that. But raising a wild baby owl is not easy to do. It is also against state and federal law. The owl wasn't being fed a proper diet, did not have proper housing and it wasn't thriving.

Worse, even though it had been with the folks who found it for only a few weeks, it was already completely imprinted and dependent on humans, having been hand-fed and socialized to people. This youngster, still fluffy, had already lost his chance to survive in the wild. Since he was so young, and already so accustomed to people, Len and Diane made the decision to keep him as an education and ambassador bird.

My grandparents and my 95-year-old greatgrandmother joined us for dinner one night that spring, shortly after the owl's arrival. Greatgrandma Alma Gustavson, a first-generation immigrant from Sweden, saw the bird and proclaimed, "Uggla!" She explained: "Uggla" means "owl" in Swedish. And so, his journey as "Uggla" began.

For 40 years Uggla delighted visitors here. He was talkative. Children would inevitably "hoot" at him – he was an owl after all – and he would often return the favor.

He was inquisitive. Having been imprinted, he had no fear of humans and would often sit out during the day, right up at the front of his enclosure, engaging passers-by with his big, yellow eyes and that kind of funny way he always tilted his head to one side. He really seemed to enjoy it.

He was photogenic. He has graced many of our gift shop cards, mugs and other items, including a holiday card we sent out last month.

Not long ago, some of my young second please visit theraptortrust.org



cousins came to visit – little guys two generations further down the family tree than me. While passing by Uggla's enclosure, it occurred to me that SIX generations of my family knew this one amazing bird. That's hard to wrap my head around, but there it is. SIX.

Later in his life, Uggla's voice changed and began to make this kind of scratchy, cracklysounding call. Len used to say that he had "lost his hooter." He was still as talkative as ever; he just sounded like a grumpy, little old man mumbling under his breath. In owl-culture, perhaps that's exactly what he was.

There would be no way to even begin to count the number of people this one wonderful bird met, delighted, hooted at, taught. Tens of thousands for sure. Possibly hundreds of thousands.

While it would have been better in every way for him to have lived a natural life in the wild, he did live an amazing and meaningful life as an ambassador for his species and for all wildlife. Godspeed, old man.

If you have your own story about this wonderful owl, please do share. We know that many of you loved Uggla just as much as we did. Visit us on Facebook at The Raptor Trust.

#### **RAPTOR TRUST VIRTUAL EVENTS THIS SPRING**

The Raptor Trust is a 501<sup>©</sup> 3 non-profit organization located in Millington, NJ that provides free medical care to thousands of injured and orphaned wild birds each year. In addition, they provide educational programs to individuals, clubs, and schools about New Jersey's native raptors.

The Raptor Trust is offering the following virtual program options this spring:

#### RAPTOR CONFERENCE CALL

\$30 for two screens/households. 20 minutes with a TRT educator and one of our ambassador birds.

#### **SMALL GROUP PROGRAM**

\$60 for up to 12 participants. 40-minute program led by one of the TRT educators and an ambassador bird. Program topics vary.

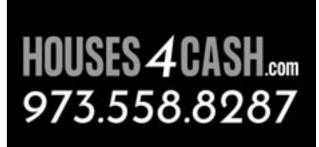
#### LARGE GROUP ADULT PROGRAM

\$80 for up to 50 participants. 45-minute program led by one of the TRT educators and an ambassador bird. Program topics vary.

#### **TEACHER-MODERATED CLASSROOM PROGRAMS**

\$80 for 45-minute program. Maximum 35 students and 2 teachers. Choose from a variety of lesson plans that can be integrated into your existing curriculum.

For more information and to book a program please visit theraptortrust.org



## LIBRARY SYSTEM SUPPORTS SENIOR HEALTH

May 26 is National Senior Health and Fitness **EXPLORE THE LIBRARY'S COLLECTION:** Day, a day that promotes the significance of physical activity for the aging population, as well as an opportunity for local organizations to demonstrate what they are doing to help to improve the population's health. Since U.S. Census data shows that 16.2 percent of Somerset County's population is aged 65 years or older, the Somerset County Library System of New Jersey (SCLSNJ) remains dedicated to serving this population through collections, services, and resources.

"Science has proven what librarians have known all along - reading is really good for you," said Jen Sulligan, civic services supervisor. "According to scientific studies, reading improves brain connectivity, helps prevent agerelated cognitive decline, reduces stress, and can extend your lifespan."

In order to connect Library customers to materials that can help improve their overall health and well-being, SCLSNJ's expert librarians have curated a booklist of titles that showcase the exploration of various exercises; health and wellness tips; and the science of longevity.

"This year marks the 28th annual commemoration of National Senior Health and Fitness Day," said Bob Helmbrecht, collection development librarian. "If you're interested in discovering ways to stay healthy and fit as you get older, we are excited to share some of our favorite titles with you that offer ways to keep you sharp, moving, and thriving."

For more information about HBLS visit: SCLSNJ.org/HomeBorrowing.

- "Age Later: Health Span, Life Span, and the New Science of Longevity" by Nir Barzilai
- "Aging Joyfully: A Woman's Guide to Optimal Health, Relationships, and Fulfillment for Her 50s and Beyond" by Carla Marie Manly
- "Dynamic Aging: Simple Exercises for
- Whole-Body Mobility" by Katy Bowman • "Just Move!: A New Approach to Fitness After 50" by James P. Owen
- "Keep Sharp: Build a Better Brain at Any Age" by Sanjay Gupta, MD
- "Lifelong Yoga: Maximizing Your Balance, Flexibility, and Core Strength in Your 50s, 60s, and Beyond" by Sage Rountree and Alexandra DeSiato
- "Natural and Home Remedies for Aging Well: 196 Alternative Health and Wellness Secrets That Will Change Your Life" by Bottom Line Inc.
- "Pilates for Living: Get Stronger, Fitter and Healthier for an Active Later Life" by Harri Angell
- "Running Until You're 100: A Guide to Lifelong Running" by Jeff Galloway
- "Stretching for 50-Plus: A Customized Program for Increasing Flexibility, Avoiding Injury and Enjoying an Active Lifestyle" by Karl G. Knopf
- And more: catalog.SCLSNJ.org.

"If you can't make it to the Library to reap the benefits of reading due to age-related, health, or other qualifying barriers, SCLSNJ's Home Borrowing Library Services (HBLS) may be able to help," said Sulligan.

## WARREN MONTHLY • Page 11 • July 2021

## **MOVIE NIGHTS 2021**

Warren Lions Club is excited to present 'Summer Movies under the Stars - 2021', a family picnic-style Cinema experience on a 24 feet screen, free and open to local residents and businesses.

### Events will take place at the Warren Municipal Fields. 46 Mountain Blvd. July 17th - 8 p.m. (rain date July 18th) September 25th - 7 p.m. (rain date Sept. 26th)

Bring a blanket and/or a chair and arrive early. Oink n Moo BBQ (Dinner & Dessert) will be available for purchase.

Lions Club Goodie bags (Popcorn, Candy, Water, Glow Sticks and more!) will also be on sale for \$20, available on a 'First come, First serve basis', no pre-sales.

We will also have food drive drop off boxes at the 2 entrance tables.

Please practice social distancing while attending the events. Please wear masks when social distancing isn't possible. And remember alcohol and smoking are prohibited.

For Weather updates and cancellations, be sure to check our Facebook page.

Please take lots of photos and tag us #WarrenLionsClubMovieNights2021.



## **WARREN TOWNSHIP SCHOOLS FIELD DAY FUN 2021**

(PE) teachers pulled out all of the stops this year to ensure that students in Kindergarten through 5th grade had a truly remarkable Field Day experience. The day was full of smiles, music, water play, games, ice pops, and much more. The PE teachers were thrilled to see the students and teachers enjoying themselves during the event.

Mr. John Tsihlas, Woodland School PE teacher noted, "After a year of so many uncertainties, it was great to see a bit of normalcy on what turned out to be a beautiful field day at Woodland School."

Ms. Laura Lamson and Ms. Aubrey Pellerin,

Warren Township Schools Physical Education Central School PE Teachers agreed with Tsihlas. "Central School's 'Royal Field Day' was a blast! We were excited to finally feel a sense of normalcy and experience our first in-person field day in 2 years. Dressed in their royal best, students and staff competed in royalty-themed activities like the Water Tea Cup Relay, Castle Obstacle Course, and the Steeplechase. Huge thanks to Central's Parent-Teacher Organization for supplying us with sprinklers, coolers of icecold water bottles, and ice pops to beat the heat!"

> Mr. Sean Ulichny, first-year Mt. Horeb PE teacher, declared that the 2020-2021 Field Day event has been his most memorable teaching

experience thus far. "Field Day was the closest day to normal we have had in a long time. To see the children smiling and having so much fun made my PE year!"

Mr. Doug Clark and Mr, Kurt Reck, the Angelo L. Tomaso School PE Teachers shared the same sentiments as their peers, "It was great to see the students playing and laughing together with all the changes that have taken place over the last year. They said it was the most fun they had in a long time."

The district is looking forward to sharing all of the wonderful student celebrations and graduations.



(above) Central School's Royalty - Ms. Aubrey Pellerin, Mrs. Laura Lamson, and Mrs. Michele Sauro.



(above) Woodland students Shane Rajan, Harrison Malone, and Zachary Wishnia enjoying the DJ!



(above, left) ALT student Gavin Castagna is ready for some fun!, (above, center) Mt. Horeb student Sofia Cakirdas is loving Field Day 2021!, (above, right) Central students Daniel Mendoza, Bryce Zalepa, Sofia Saheli, Ava Traina, and Juliana Battista cool off with a popsicle.



(above, left) Mt. Horeb student Jack Pereira in action during Field Day 2021!, (above, center) ALT students Sophia Morales and Tasneem Amin enjoy a quick water break during Field Day, (above, right) Woodland students Kieran Melia, and Alana Sarcevic wait their turn for the next game!

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## JULY EVENTS WITH SCLSNJ'S WARREN TOWNSHIP LIBRARY BRANCH

SPECIAL OUTDOOR PROGRAMS Read to a Therapy Dog (grades K-4) July 19, 4:30-5:30 p.m. sclsnj.libnet.info/event/4922788

#### VIRTUAL PROGRAMS FOR ALL AGES Animal Show

July 7, 4:30-5:15 p.m. Register now: sclsnj.libnet.info/event/4883002. Tails and Tales - Music, Bubble, and Biodiversity Dance Party July 22, 10:30-11:10 a.m.

Register now: sclsnj.libnet.info/event/4874519. VIRTUAL PROGRAMS FOR

### CHILDREN, TWEENS, AND TEENS

**LEAD - Leadership Exploration and Development Club (grades 6-9)** July 7, 2-3 p.m. Register now: sclsnj.libnet.info/event/4911064. Explore Art - Animal Pattern Collage (grades 1-5) July 7, 3:45-4:45 p.m. Register now: sclsnj.libnet.info/event/4908339. Family Storytime (families with children) **Register now:** July 7, 6:30-7 p.m.: sclsnj.libnet.info/event/4927793. July 14, 7-7:30 p.m.: sclsnj.libnet.info/event/4914152. Felt Friends (grades 3-6) July 9, 10-10:45 a.m. Register now: sclsnj.libnet.info/event/4854740. **Baby Songs** (ages birth - 2 years and caregivers) July 9, 11:30 a.m. - noon Register now: sclsnj.libnet.info/event/4928645. **RISE - Reach, Inspire, Serve, Empower** (grades 7-12) July 9, 2-3 p.m. Register now: sclsnj.libnet.info/event/4905249. Learn to Play Dungeons and Dragons (grades 4-12) July 10, 2-3 p.m.

#### Register now: sclsnj.libnet.info/event/4871631. SPEAKING OF STORIES (GRADES 2-4)

Pet Tales

July 13, 2-2:45 p.m. Register now: sclsnj.libnet.info/event/4914042. **Animal Fun Facts** July 27, 2-2:45 p.m. Register now: sclsnj.libnet.info/event/4914017. **Bilingual English/Spanish Storytime (ages 3-7** years and caregivers) July 13, 5:30-6:15 p.m. Register now: sclsnj.libnet.info/event/4847369. Mysterious Tales and Tails (grades K-3) July 14, 2-2:30 p.m. Register now: sclsnj.libnet.info/event/4908921. SAT Strategy (grades 9-12) July 15, 5-6:30 p.m. Register now: sclsnj.libnet.info/event/4910228. Dream Interpretation for Teens (grades 6-12) July 15, 7-8 p.m.

Register now: sclsnj.libnet.info/event/4880926.

**Mythological Mondays - Creature Creation** (grades K-2) July 19, 2-2:45 p.m. Register now: sclsnj.libnet.info/event/4914398. Tween Trivia - Disney (grades 4-6) July 21, 3-4 p.m. Register now: sclsnj.libnet.info/event/4925077. Meet a Stop Motion Animator (grades 9-12) July 21, 5-6 p.m. Register now: sclsnj.libnet.info/event/4930898. Feed Yourself - Omelet (grades 9-12) July 23, 3-3:30 p.m. Register now: sclsnj.libnet.info/event/4858789. **Amazing Animals - True Facts and Trivia** (grades 3-6) July 26, 2-3 p.m. Register now: sclsnj.libnet.info/event/4902419. **Meet the Author - Katrina Moore** (Pre-K to grade 1) July 28, 2:30-3:10 p.m. Register now: sclsnj.libnet.info/event/4876289. **Teen Doodles and Drawings - Kawaii Kitchen** (grades 6-12) July 28, 4-5 p.m. Register now: sclsnj.libnet.info/event/4926506.

VIRTUAL ADULT PROGRAMS The Story of Morven Part One: July 1, 7-8 p.m. Register now: sclsnj.libnet.info/event/4898392. Part Two: July 8, 7-8 p.m. Register now: sclsnj.libnet.info/event/4899130. Hornets, and Wasps, and Bees, Oh My July 6, 7-8 p.m.

Presented by Sabrina Tirpak Register now: sclsnj.libnet.info/event/4888357. Philadelphia, A Revolutionary City

July 7, 7-8 p.m. Presented by the Museum of the American Revolution

Register now: sclsnj.libnet.info/event/4894633. Stress...the Enemy Within July 9, 2-3 p.m.

Presented by Karen Sammer Register now: sclsnj.libnet.info/event/4898399. **History of the Jersey Shore** 

July 13, 7-8 p.m. Presented by Kevin Woyce Register now: sclsnj.libnet.info/event/4894642.

The Poetry of a New Nation - A Visit With Annis Boudinot Stockton July 14, 7-8 p.m. Register now: sclsnj.libnet.info/event/4898426. Move Better, Feel Better Yoga Series

11 a.m. - noon Register now: July 15: sclsnj.libnet.info/event/4898431. July 22: sclsnj.libnet.info/event/4898442.

July 29: sclsnj.libnet.info/event/4898450. Trivia Night - Good Ole Summertime July 15, 6-7 p.m. Register now: sclsnj.libnet.info/event/4931205. Meet the Author - Michael Birkner July 15, 7-8 p.m. Register now: sclsnj.libnet.info/event/4898440. Online Job Searching July 16, 11 a.m. - noon

Register now: sclsnj.libnet.info/event/4908082.

Venmo, PayPal, Zelle, and Other Payment **Sharing Tools** July 19, 7-8 p.m. Register now: sclsnj.libnet.info/event/4898439. Writers Group July 21, 2-3 p.m. Register now: sclsnj.libnet.info/event/4894722. **Cooking With Herbs - From the Garden to the** Table July 21, 7-8 p.m. Register now: sclsnj.libnet.info/event/4894774. Gaming in 2021 - The Top Video Games So Far and What's Next July 22, 6-7 p.m. Register now: sclsnj.libnet.info/event/4927917. **Governors Without a Script - The Challenges Faced by Alfred Driscoll and Richard Hughes** July 22, 7-8 p.m. Register now: sclsnj.libnet.info/event/4898447. **Back to Bach - Presented by Barry Wiesenfeld** July 27, 7-8:30 p.m. Register now: sclsnj.libnet.info/event/4925092. **Birds of the World** July 28, 7-8 p.m. Register now: sclsnj.libnet.info/event/4894793. **Easy Cold Brew Tea/** Té Fácil de Preparar en Frío July 29, 7-8 p.m.

Bilingual Program/Programa Bilingüe Register now: sclsnj.libnet.info/event/4908417.

Virtual Book Discussion Salon - Traditionally hosted at the Warren Township branch July 28, 7:15-8:45 p.m.

"The Liar's Dictionary" by Eley Williams: Register now: sclsnj.libnet.info/event/4929182.

#### DISCOVER HANDCRAFTED HOOKED RUGS

Explore a collection of handcrafted hooked rugs created by Clinton resident Lucy Walsh in the Art Space at the Somerset County Library System of New Jersey's (SCLSNJ) Warren Township branch. The fiber artist's awardwinning original works have previously been exhibited in museums and galleries across New Jersey and Pennsylvania.



(above) Walsh posing in front of the cabinet display. The collection will be available for the public to observe during regular hours of operation until July 31. For artists interested in sharing their works of art, or for more information contact Kathy DeCristofaro at kdecristofaro@sclibnj.org.

## Marketing Toolbox

Renna Media offers a full range of marketing services, in print and online, hyperlocal to regional, for every budget and market size.

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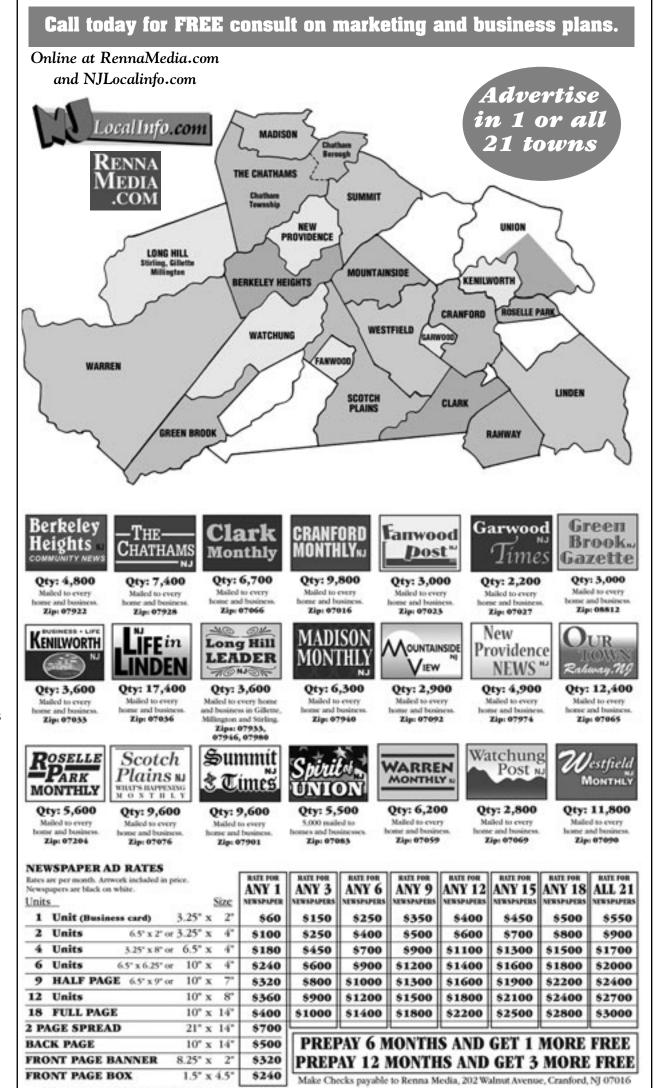
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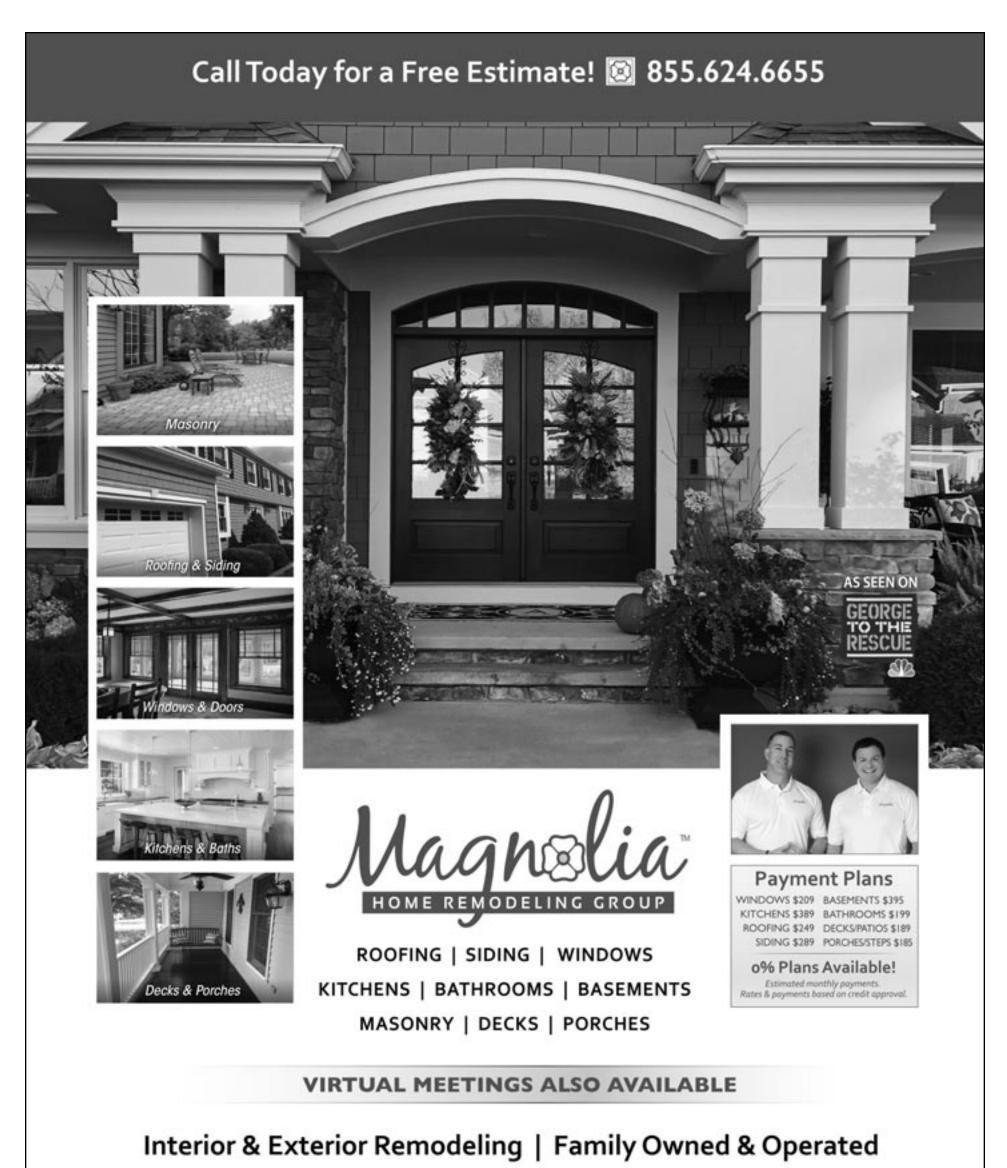


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