

New Providence NEWS

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RELAY FOR LIFE “LIGHT THE FIGHT” EVENT

The American Cancer Society (ACS) Relay For Life of Berkeley Heights hosted the “Light The Fight” Event at The Grove at Connell Park on Tuesday, June 1, 2021. Teams of students and members of the community joined forces for the annual fundraiser to help save lives from cancer. At this writing the event raised 50,382.09.

Due to the pandemic, Relay For Life events were adjusted this year but the passion and commitment to fight cancer remains unchanged. The “Light the Fight” event featured Luminaria bags designed by volunteers that illuminated the pathways of The Grove. The day also included an opening ceremony, singing of the national anthem from Rebecca Candelero, raising of the Flag by Boy Scout Troop 368, and two food trucks to choose from.

The annual Relay for Life event serves as a way to bring the local communities together; with participants from Berkeley Heights, New Providence, Summit, Mountainside, Springfield, and Watchung Hills.

Founded by Dr. Gordy Klatt in Tacoma, Washington, in 1985, Relay For Life continues to be more than just an event – it’s a movement, a community of like-minded survivors, caregivers, volunteers and participants who believe that the future can be free from cancer.

For more than 35 years, participants and volunteers across the world have come together to honor and remember loved ones and take action for lifesaving change. Funds raised help the American Cancer Society

conduct breakthrough research, provide 24/7 support for cancer patients and access to lifesaving screenings.

To learn more about
Relay For Life of Berkeley Heights,
or make a donation visit
RelayForLife.org/BerkeleyHeightsNJ.



(above) Youth and Adult Chairs of the “Light the Fight” Event (adult) Sue Kelly, Patti Broccoli, Jeannette Gates (youth) Brianna Cagan, Maddy Sabatino, Kelly McRae



(above) New Providence High School



(above) Youth and Adult Chairs of the “Light the Fight” Event with New Providence Mayor Al Morgan, Summit Mayor Nora Radest, and Greg Vartan from the Summit Common Council.

Photos from this and other events can be found online at rennamedia.com and on the New Providence News page on facebook.com. Feel free to “Like,” “Tag,” and “Share.”

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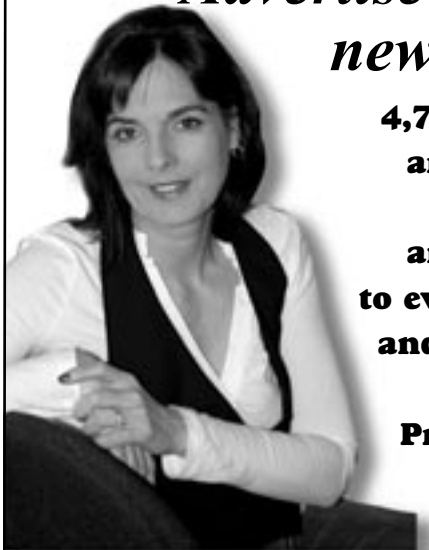
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Venture Crew 28 Hits the Trail Again

Members of Venture Crew 28 went on an overnight backpacking trip along the Appalachian Trail. An absolutely beautiful opportunity to get outdoors again. Crew 28 is an

all-female crew that focuses on outdoor adventures, leadership, personal growth and service projects. For information about Venture Crew 28, visit venturecrew28.com



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LIONS CLUB GOLF TOURNAMENT WINNERS

The New Providence Lions Club recently held their 24th annual Frank A. Pizzi, Jr., Memorial Golf Tournament, at Fox Hollow Golf Club in Branchburg. The winners with a low score of 59 are Mike Santacross, Mike Moreland, Tom Cronin and Ernie Schmidt.



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Nathan Weiser

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Thank you Spring Grove for a wonderful and pleasant stay.



Charles Sherrick

★★★★★

I have been at Spring Grove for a few weeks now, they have exceptional service and excellent staff. All the nurses have been professional and attentive to all my needs. I never thought a rehab center can have such a beautiful layout and well put together. The newly renovated room I have stayed in, is up to date and extremely clean. The therapy staff have gone above my expectations with their expertise and getting me to where I am today. Alyssa the social worker has gone above and beyond with all her assignments.

Thank you Spring Grove.



Chrissy Sloan

★★★★★

The nursing staff and administration is professional, patient, attentive and understanding. The facilities are very clean and well maintained. My parents room is always clean and tidy. Although it was a difficult decision to make relocating my folks from a home environment to a senior living facility, Spring Grove made my decision easy.

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The Independent Thrift Shop, which is a non-profit, was founded by a dedicated group of volunteers from the Madison-Chatham Red Cross in 1942. It is currently located at 33 Kings Road in Madison.

Through the efforts of donors and volunteers from Madison, Chatham, Florham Park, Springfield, Summit, Short Hills, Berkeley Heights and New Providence, the Thrift Shop provides outstanding service. The profits from the sale of donated items purchased by the public support worthwhile organizations each year.

The shop accepts household items, clothing and any other items you no longer use, except toys, books and furniture. Please support the Thrift Shop by donating items or coming to our shop to purchase items. You may also consider becoming a volunteer to work at the Shop.

The Shop is open on Tuesdays and Thursdays from 9:30 a.m. to 4:30 p.m. and on Saturday from 9:30 a.m. to 1:00 p.m.



(above) The Independent Thrift Shop, located at 33 Kings Road in Madison, is open on Tuesdays and Thursdays from 9:30 a.m. to 4:30 p.m. and on Saturday from 9:30 a.m. to 1:00 p.m.

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MEALS ON WHEELS DELIVERS MORE THAN A MEAL

Submitted by Isabella Lora

SAGE Eldercare's Meals on Wheels volunteer, Lorelei Burns describes herself as "lousy at relaxing." A resident of Summit for 33 years, Burns has volunteered since 2015. What inspires this high energy woman to deliver meals two days each week year after year? Simple, she said, it's the meaningful relationships she has with her clients and the SAGE staff.

A former ATT executive, who appreciates competence and structure, Burns says she feels at home with the Meals on Wheels team. "I like organizations that are successful, well managed, and get things done."

She also praised SAGE for their timely response to the pandemic. "They didn't close their doors. They didn't stop doing business. The rules and procedures they put in place to keep the operation running were most impressive."

The most challenging part of being a volunteer, she said, are the losses. Whether it is saying farewell to an elderly client who has died or delivering food to a client who has lost their

spouse, it's difficult. A widow herself, Burns can empathize with these people and share their feelings of loss. Yet, even with the sadness, she said, the visits are positive and so necessary as many of the meal recipients have no other daily visitors other than their volunteer. While the food is vital "It is the visit that counts," she explains.

The passion Burns has for her giving and helping extends beyond Meals on Wheels. She is active at the Newark Museum, North Star Academy and has a shop at Covenant House, which provides clothes to homeless children.

Referring to SAGE, she said with modesty, "I am nothing more than a volunteer; I have no desire to be retired." For her, SAGE represents "friends, food and home." The relationship she has with the nonprofit is mutually beneficial, she said. "This is my home."

If you would like more information about receiving Meals on Wheels or becoming a volunteer, please call 908-273-5554.

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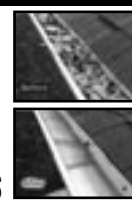
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AMERICAN LEGION 20TH ANNUAL FLAG RETIREMENT CEREMONY

American Legion Post 433 held their 20th annual flag Retirement Ceremony on Flag Day, June 14, 2021. On hand were many residents and the New Providence Police Honor Guard, Fire Dept., Mayor Al Morgan, and Lions Club members.

The Ceremony for Disposal of Unserviceable Flags is outlined in Resolution No. 440, passed by the 19th National Convention of The American Legion in New York, Sept. 20-23, 1937. The ceremony has been an integral part of American Legion ritual since that date. The resolution reads in part:

WHEREAS, Americanism has been and should continue to be one of the major programs of The American Legion; and

WHEREAS, The observance of proper respect for the Flag of our country and the education of our citizenry in the proper courtesies to be paid the Flag is an essential element of such Americanism program; and

WHEREAS, It is fitting and proper that Flags which have been used for the decoration of graves on Memorial Day be collected after such service, inspected, and worn and unserviceable Flags be condemned and properly destroyed; and

WHEREAS, The approved method of disposing of unserviceable Flags has long been that they be destroyed by burning.



(above) Many residents attend a Flag Day ceremony held at the American Legion. Including New Providence Mayor Al Morgan, Police Honor Guard, Fire Dept., and the Lions Club.



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ED MORGAN HONORED WITH THE 2020 MELVIN JONES FELLOWSHIP

Submitted by Linda Kale

Ed Morgan was recently honored with the Melvin Jones Fellowship. The Melvin Jones Fellowship is Lions Club International's highest form of recognition to acknowledge an individual's dedication to humanitarian service.

Ed and his wife, Amy, are life-long residents of New Providence, having grown up attending New Providence High School and raising their two children here. Ed has been a New Providence Lions Club member for 10 years, recently serving as President 2018-2020.

Mr. Morgan is an entrepreneur and private portfolio manager with over 30 years varied experience. He is a graduate of Lehigh University with a BS in Electrical Engineering. Ed has volunteered over the years by coaching youth

sports (NP PAL and NP Soccer Club) and was a Cub Scout Pack 263 leader. More recently, he serves on the NP Board of Adjustments and was instrumental in spearheading a local Mask Making Program in support of regional healthcare workers and emergency services personnel in the early days of the COVID pandemic. He often cites his reason for giving back to others, "I get a lot more out of it than I give. It is one of the secrets of life."

"The New Providence Lions Club is proud to recognize Ed as a Melvin Jones recipient for his service to the community. It's people like Ed who continue to give back to our community and make a difference in so many lives," commented Tom Montrone, President of the New Providence Lions club.



(above, l-r) Tom Montrone, President, and Ed Morgan, past President.

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LEAGUE OF WOMEN VOTERS ANNOUNCES CITIZENSHIP AWARD WINNERS

Submitted by Lisa K. Winkler

The League of Women Voters of Berkeley Heights, New Providence and Summit is pleased to announce the winners of its annual Citizenship Award to High School Juniors. A junior from each high school is selected based on an essay addressing the topic: "How do you Promote Good Citizenship in your School and Outside Activities?"

The award recipient from Governor Livingston High School in Berkeley Heights is Alyssa Pradhan, whose experiences facing racial prejudice prompted her to action at the local and state level.

Here is an excerpt from her essay:

"As an Asian American female, navigating a dominantly white high school made me reflect on who I really was. In Spring 2020, some friends and I founded the Understanding Asian Cultures (UAC) Club and I became Co-President. We have

weekly meetings that focus on celebrating Asian cultures by presenting holidays and traditions and addressing societal issues that the AAPI community faces, especially in light of racially motivated hate crimes. As Co-President of UAC, I feel most proud during our meetings, as students of all backgrounds voluntarily attend during their lunch break to learn more about Asian cultures. This summer, the UAC Executive Officers will lead a virtual Summer Reading Circle for elementary school students across the Berkeley Heights School District on books representing Asian culture. I hope our presence will influence young leaders of the next generation to further our efforts for unity and inclusivity."

From New Providence High School, Grace Coimparetto won the award. She aspires to a career in medicine.

Here is an excerpt from her essay:

"No one is born a good citizen. Rather, they



(above) Grace Coimparetto,
New Providence High School.



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Summit High School's winner is Victoria MacArthur, who is active in student council and believes being a positive role model is key to good citizenship.

Here is an excerpt from her essay:

"Good citizenship means to actively create a supportive, safe environment instead of only being a bystander. I believe good citizenship is about integrating yourself into your community as a positive role model.

"I participate in the Student Council at Summit High School which allows me to fund raise, both for the school and for various charities, and use my leadership skills to navigate through peer discussions about how to implement change for the better of our school community. I also participate in the Unified Physical Education program where I work with students with special needs.

"Outside my school community, I show good citizenship by assisting my neighbors. For example, an elderly man lives next to me and I often walk his dog or shovel snow in his driveway since these are difficult tasks for him to complete alone.

"No matter how big or small a community is, showing good citizenship can go a long way. Whether it's being a member of leadership at the high school or taking time to talk to a neighbor, small acts create a ripple effect."

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Submitted by Amy Whitney

A very special delivery was made from Aiken, South Carolina by volunteer pilots from "Pilots to the Rescue." Home for Good Dog Rescue (HFGDR), a 100% foster-based non-profit organization located in Berkeley Heights, NJ, accepted an offer from PTTR to transport 15 dogs from high kill shelters in the South. The precious cargo arrived at Caldwell Airport at 5:30 p.m. The dogs were then placed into loving foster families, where they await adoption into their forever homes.

Prior to their departure from the South, the dogs were filmed for a special "Meet-the-Pawsengers." Broadcasted on the live-streaming Internet service Twitch, viewers tuned in live to interact virtually and get to know the pups. They also met the crew: pilot and PTTR founder Michael Schneider, co-pilot Daniel Baumel, and social media influencer Savannah Vinson.

Toni Ann Turco, co-founder of Home for Good Dog Rescue, said of the mission, "This is a partnership a long time in the making. We are extremely grateful to Pilots to the Rescue for coordinating and executing this maiden voyage."

Pilots to the Rescue is a non-profit 501c3 aviation organization, whose mission is to transport animals at high risk of euthanasia. They rely on their trusted network of volunteer pilots, who fund their own rescue flights.

ABOUT HOME FOR GOOD DOG RESCUE

Home for Good Dog Rescue (HFGDR) is a



501(c) (3) non-profit organization in Berkeley Heights, NJ. We rescue dogs from high-kill shelters in the South, transport them to our rescue and give them a second chance at life. As a 100% foster-based rescue, each dog is placed in a loving foster home until adoption. Since our inception in 2010, we have rescued more than 9,000 dogs and given them a loving home for good. To inquire about fostering, adopting or making a donation to help the HFGDR organization, visit our website at HomeforGoodDogs.org and on Facebook facebook.com/HomeForGoodDogRescue

ABOUT PILOTS TO THE RESCUE

Pilots to the Rescue (PTTR) is a non-profit, volunteer-driven, 501c3 public benefit aviation organization. PTTR's mission is to transport animals and people at risk. PTTR supports its network of trained volunteer pilots so they can focus on their missions and do greater good.

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- *TREE REMOVAL
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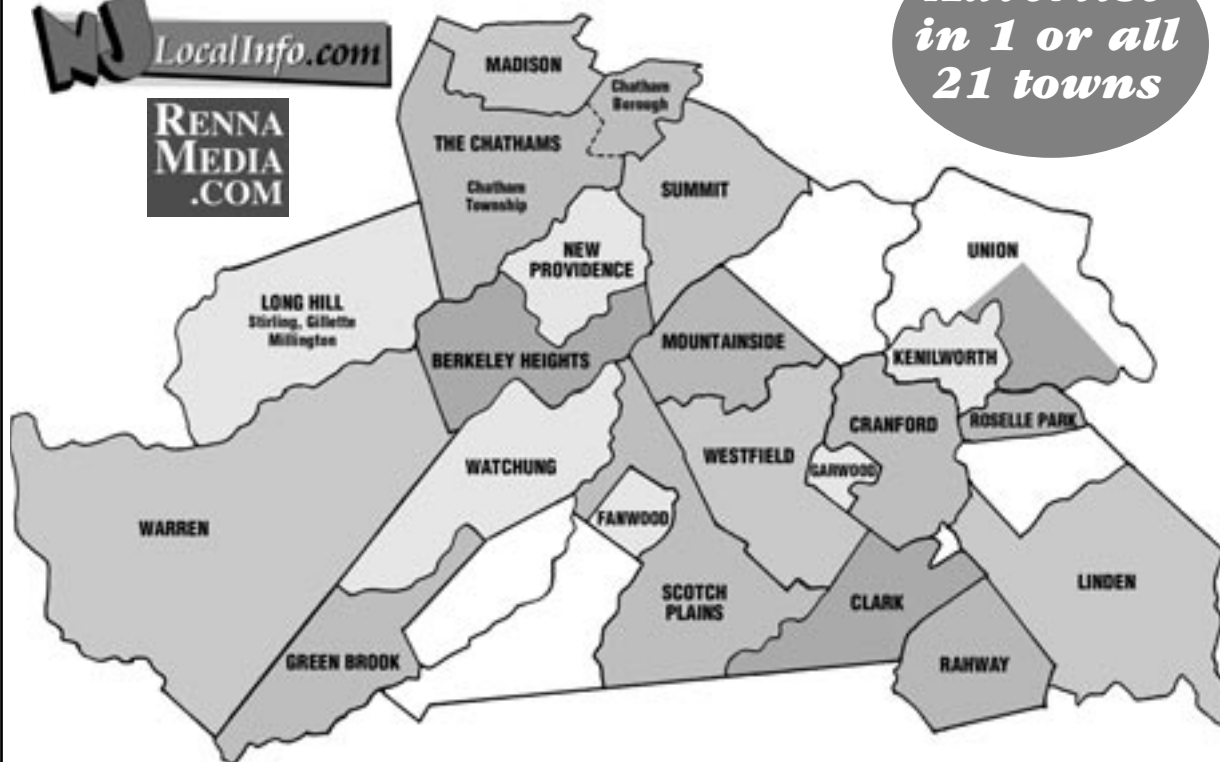
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Qty: 2,200
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1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550
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4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000
2 PAGE SPREAD	21" x 14"	\$700							
BACK PAGE	10" x 14"	\$500							
FRONT PAGE BANNER	8.25" x 2"	\$320							
FRONT PAGE BOX	1.5" x 4.5"	\$240							

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Back cover, front page banner and front box reserved on first come, first served basis. Current advertiser has right of first refusal.

FAITH LUTHERAN THANKS COMMUNITY FOR BIKE DONATIONS



(above, l-r) Alan of Pedals for Progress, Gary of Pedals for Progress, Bill Bradley of New Providence, Casey Walsh of Bridgewater, Sally Reier of Union, Diana Bjorge of Berkeley Heights, Ky Luu of Fanwood, Linda Fuller of Berkeley Heights.

Submitted by Larry Holt

Faith Lutheran Church, 524 South Street in New Providence, gives a substantial “Thank You” to the persons who donated 402 second-hand bikes, which will be used by needy persons in rural communities of African countries.

The parking lot of Faith, on Saturday, May 8, was the setting for the 402 bike collection, which had occurred over a few months. Generous persons from the following towns contributed bikes: New Providence, Berkeley Heights, Chatham, Summit, Basking Ridge, Long Hill Township, Cranford, Westfield, Maplewood, Scotch Plains, Mountainside, Watchung, Rahway and Wayne. These towns suggest that some persons had to travel a distance to contribute their bikes. The large source of towns was mainly due to articles in the town newspapers published by Renna Media.

On that wet May 8 day and the subsequent Tuesday, May 11, members of Faith and two members of Osceola Presbyterian Church in Clark repaired and processed the bikes in Faith’s parking lot. The bikes were then placed on trucks of Pedals for Progress, an organization which annually recycles bikes for persons in developing countries of Asia, Africa and Latin America. Faith’s bikes will shortly be on their way to Africa.

The bikes will provide reliable transportation for men and women to commute to work, transport produce to market, access health care and other services.

Since 2002, Faith has been collecting bikes for Pedals for Progress. The total of 402 significantly exceeds the number in any prior year. The persons giving their bicycles also donated \$1,248 toward the international shipping costs of the bikes. Faith will contribute \$2,800 toward the shipping expense.

Faith will continue its collection of second-hand bikes. Persons may drop off their bikes at the parking lot on any day. Those who have bikes but are unable to deliver them to Faith, may call the church office at 908-464-5177 or email the office at family.faith@verizon.net. Faith graciously asks that bikes with rusted frames, handlebars or rims not be left, as they cannot be repaired or used. The bikes are to be ridden, not scrapped.

Since 2016, the chairperson of this ministry of Faith has been Casey Walsh, who is a long time member of the church. Mr. Walsh lives in Bridgewater. His daughter, Anna, and son, Casey, helped repair and process the bikes.

Faith feels much gratitude toward the many persons who have kindly donated their bikes.

The pastor of Faith is Rev. Jane McCready. Visit online at famfaith.org or reach by phone at the above number.

Sunday services are conducted online at 10 a.m. at facebook.com/FaithLutheranNewProvidence/live/

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For quantities less than 25,000 cost is \$68 per thousand.

11"x17" / Full color / 2 sided / 60lb gloss coated stock / Includes folding (quarter fold or tri-fold, with or without coupons tab)

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Includes website hosting, software updates, monthly website content updates

• SEO SERVICES: AVERAGE COST \$1,000 - \$2,000 PER MONTH

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STARTER
WEBSITE
\$500

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NEW PERSONAL TRAINING PROGRAM IS CREATED TO HELP MEN LOSE ALL THE WEIGHT THEY GAINED DURING COVID-19

Gabriele Fitness has launched a brand new 30-Day Executive Personal Training Program available to the first 10 Men that Live in New Providence who apply. The Berkeley Heights personal trainers have been helping men over 40 get in the best shape of their life for the past 13 years and their new program, specifically designed to battle Covid-19 weight gain has been the talk of the town.

You Should Apply if . . .

1. You Want to Lose 10-30 Pounds...The Proper Way
2. You Have Aches and Pains that Prevent You From Living an Active Lifestyle
3. You Feel Tired All the Time and a day without Coffee is Brutal
4. You've Not Been Able to Stay Fit on your Own and You Know You Need Some Help
5. You're Over 40 and Concerned About your Health

Here's what you get with your Executive Personal Training Package

- **Unlimited Personal Training Sessions** so you can work out with a coach as much as you want, which means you're essentially guaranteed to feel fit, strong and healthy.
- **Extreme Accountability** from your assigned GFP trainer so you can never fall off track, which means you'll finally get the energy and health you've been missing.
- **Personalized Nutrition Plan** so you know exactly what to eat and when to eat it, which means you'll start burning fat immediately
- **Personalized Cardio Sessions:** You'll get Unlimited Access to the GFP facility on off days so you can keep your heart healthy and skyrocket your energy.
- **Private 1-1 Stretch Session:** Work with a certified stretch therapist 1-1 so you can feel like yourself again, which means you'll get back to the active life you deserve.
- **Body Fat and Muscle Measurement** so you can get an exact read of your body fat and lean muscle, which means your coach will know exactly what to do to get you to your goals.

Lavish Praise from Men That Live in Your Neck of the Woods

"I FEEL LIKE I'M IN
BETTER SHAPE THAN
I WAS IN MY 30s"



"I HAVE MADE
HUGE STRIDES IN
GAINING STRENGTH"



"I STARTED TO FEEL
IMPROVEMENT AS QUICKLY
AS 1-2 WEEKS INTO JOINING"



"MY ACHEs AND PAINS HAVE
MOSTLY GONE AWAY, AND I
DEFINITELY HAVE MORE ENERGY"



HOW TO RESERVE 1 OF 10 AVAILABLE SPOTS

(Registration Closes in 14 days)

1. Scan the QR code with Your Camera Phone

2. Or Call 908-464-4441 and ask for Tom



Hey Ladies Over 40:

Don't think we left you hanging...Get Started for Free at www.gabrielefitness.com