

Summit NJ Times

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SUMMIT HIGH SCHOOL PRESENTS NEWSIES

The Summit High School Performing Arts program is thrilled to present Newsies, The Broadway Musical, for five performances June 2 through 6 in the Performing Arts Garden at Summit High School.

“The Tony Award-winning Broadway phenomenon leaps off the stage with soul stirring music, amazing heart, and stunning choreography. Inspired by the real-life Newsboy Strike of 1899, when Kid Blink led a band of orphan and runaway newsboys and girls on a two week long protest against Pulitzer, Hearst and other powerful newspaper publishers. Newsies visits the age-old themes of social injustice, exploitative labor practices, and David-versus-Goliath struggles,” says Anne Poyner, Director.

Showtimes are Wednesday, June 2 through Saturday, June 5 at 8 p.m. and Sunday, June 6 at 7 p.m. Tickets will be sold in pods of 2. Prices are \$50 adults and \$40 for students and seniors. The show will also be live streamed into the SHS auditorium for \$20 per person.

Live streaming is also available for home viewing at \$20 individual or \$30 per family. Tickets will be available beginning May 7 at showtix4u.com/hilltopper.



(above) The Summit High School Performing Arts will be presenting Newsies for five performances June 2 through 6 in the Performing Arts Garden at Summit High School.

Ticket sales will be limited in the Performing Arts Garden and auditorium due to Covid protocol, however, livestream tickets are also available for this not to be missed performance.

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Summit Times

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PROMOTE YOUR COMMUNITY EVENT

Community service organizations, schools and sports teams are encouraged to submit news of upcoming events or highlights and photos from recent events.

Organizations who are interested in submitting content, please email Editor@rennamedia.com

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Honor and remember loved ones and take action for lifesaving change

The American Cancer Society (ACS) Relay For Life of Berkeley Heights invites the community to rally together as part of the Relay For Life of Berkeley Heights "Light The Fight" Event at The Grove at Connell Park on Tuesday, June 1, 5:30 - 10 p.m., to help save lives from cancer. Due to the pandemic, Relay For Life events have been adjusted and might look different, but the passion and commitment to fight cancer remains unchanged.

Founded by Dr. Gordy Klatt in Tacoma, Washington, in 1985, Relay For Life continues to be more than just an event - it's a movement, a community of like-minded survivors, caregivers, volunteers and participants who believe that the future can be free from cancer.

For more than 35 years, participants and volunteers across the world have come together to honor and remember loved ones and take action for lifesaving change. Funds raised help the American Cancer Society conduct breakthrough research, provide 24/7 support for cancer patients and access to lifesaving screenings.

There are many ways to get involved.

Register to be a part of the Relay For Life of Berkeley Heights. In the past the towns of Summit, New Providence, and Mountainside joined this relay. All communities are welcome to join and unite in the fight against cancer. Simply sign up by registering on the event page

to join as a survivor, participant or to start your own team.

Donate - If you can't participate in this year's Relay event, you can still help save lives by making a donation. Every dollar raised fuels the American Cancer Society's fight against cancer.

Purchase Luminaria to be displayed at the event - Your Luminaria bag will be designed by volunteers and will be illuminating the pathways of The Grove, providing hope to all that have been impacted by cancer.

"Relay For Life is an event that really brings together all of our surrounding communities" said Brianna Cagan, Youth Committee Lead for the event. "We have participants from Berkeley Heights, New Providence, Summit, Mountainside, Springfield, Watchung Hills - nearly everyone knows someone that has been affected by cancer in some way, so it's an event that everyone can relate to and feel good about supporting."

"Relay For Life events are now more important than ever and we can't allow progress to be put on hold because of the pandemic. Cancer won't stop, and neither can we," said Patti Broccoli, Event Lead.

To learn more about Relay For Life of Berkeley Heights, visit RelayForLife.org/BerkeleyHeightsNJ.

For more information on sponsorship opportunities contact Vicky Allen at vicky.allen@cancer.org.

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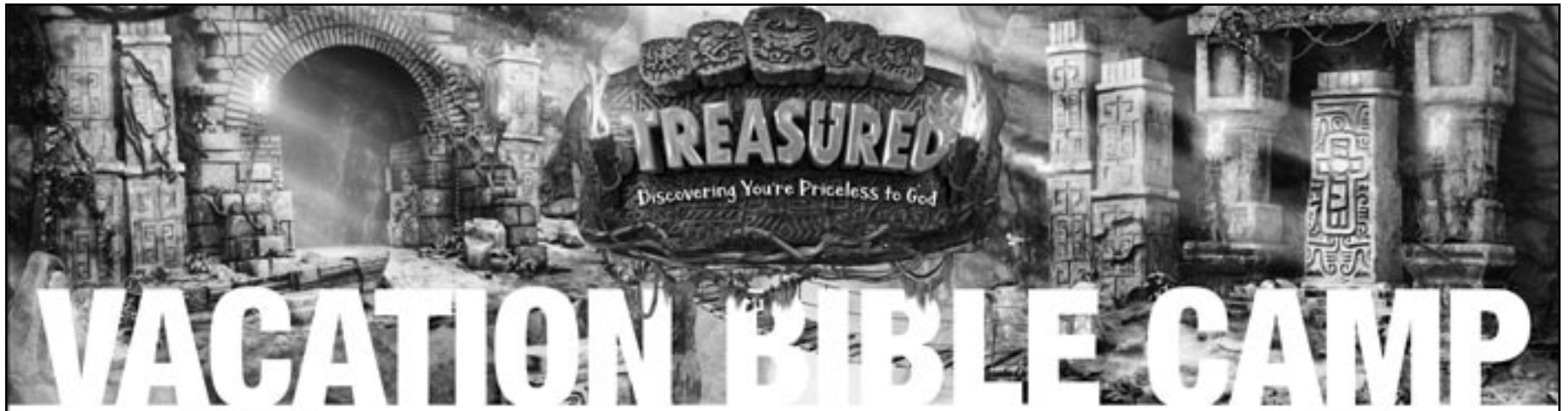
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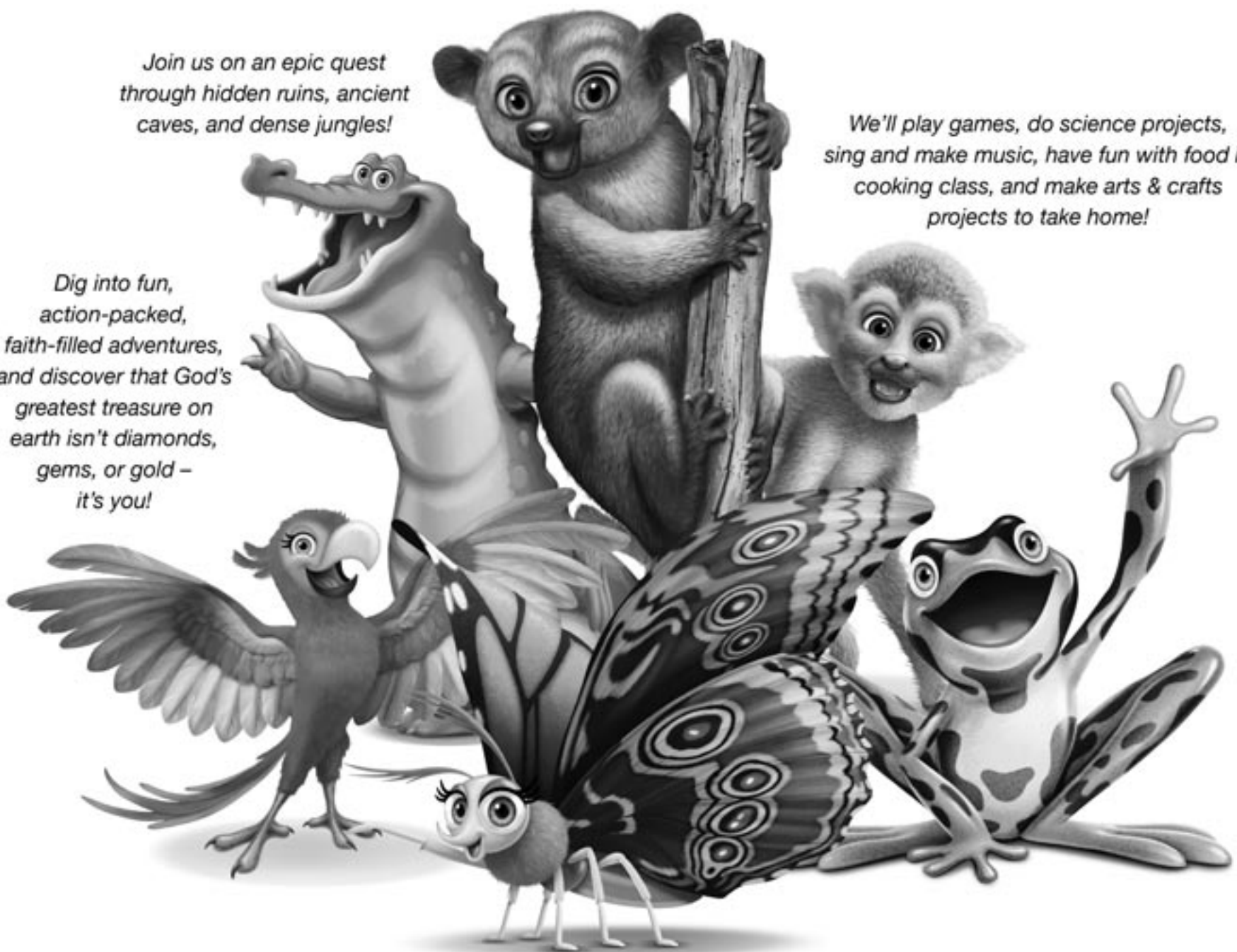
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MEMORIAL DAY PARADE

Summit's annual Memorial Day parade and ceremony will take place on Monday, May 31 at 10 a.m. The parade will begin at 25 Deforest Ave. and proceed to the Village Green. From the American Revolution up to present day conflicts, the parade honors those men and women who lost their lives in military service to our country.

Sponsored by the Summit Fourth of July Celebration Committee, the parade will be led by members of the Summit American Legion Post #322. Summit civic and school groups are encouraged to participate and march along with veterans. The Summit High School marching band, Summit Police Department, Summit Fire Department, Summit Volunteer First Aid Squad, and scout troops will also march in the parade.

Spectators are encouraged to gather on Deforest Avenue, Beechwood Road, Springfield Avenue and along Maple Street to the Village Green. Flags will be distributed to the crowd by marchers along the route. Veterans who are unable to march may request a ride in the parade; please meet members of the American Legion at the start of the parade at 25 Deforest Avenue to request assistance.

The ceremony on the Village Green will feature music from the Summit High School marching band, a rifle salute and wreath-laying, and a special performance of "taps." A Summit Veteran Lifetime Achievement Award will be

presented by Summit Mayor Nora Radest and followed by readings from local students. Veterans participating in Summit's Hometown Heroes program will be acknowledged during the ceremony as well. All veterans who attend the ceremony will receive a 2021 commemorative coin in recognition of, and appreciation for, their service.

Free hot dogs and cold drinks will be served on the Village Green courtesy of the Summit Elks Lodge.

Masks must be worn by people marching in and viewing the parade at all times and social distancing guidelines must be followed. Please note that changes may be made to comply with any existing COVID guidance from the State of New Jersey.

To register an organization to march in the 2021 parade, contact David Guida at dguidajr@cityofsummit.org. More information on the parade and ceremony is available at summitcommunityprograms.com.



(above) Summit's annual Memorial Day parade and ceremony will take place on Monday, May 31 at 10 a.m. The parade will begin at 25 Deforest Ave. and proceed to the Village Green.

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Nathan Weiser

★★★★★

Spring Grove is by far the best rehab center I have ever been to. The staff are kind and caring and have gone above and beyond my expectations. The building is kept extremely clean and the new renovations are very nice.

Thank you Spring Grove for a wonderful and pleasant stay.



Charles Sherrick

★★★★★

I have been at Spring Grove for a few weeks now, they have exceptional service and excellent staff. All the nurses have been professional and attentive to all my needs. I never thought a rehab center can have such a beautiful layout and well put together. The newly renovated room I have stayed in, is up to date and extremely clean. The therapy staff have gone above my expectations with their expertise and getting me to where I am today. Alyssa the social worker has gone above and beyond with all her assignments.

Thank you Spring Grove.



Chrissy Sloan

★★★★★

The nursing staff and administration is professional, patient, attentive and understanding. The facilities are very clean and well maintained. My parents room is always clean and tidy. Although it was a difficult decision to make relocating my folks from a home environment to a senior living facility, Spring Grove made my decision easy.

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Summit Market Watch



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32 Hobart Ave	6	3.2	2	\$2,850,000	\$2,800,000	14
17 Joanna Way	6	5.1	2	\$1,750,000	\$1,901,000	0
678 Springfield Ave	5	4.1	2	\$1,595,000	\$1,635,000	11
36 Prospect St	5	3.2	2	\$1,375,000	\$1,441,000	13
160 Woodland Ave	5	4.0	2	\$1,375,000	\$1,365,000	21
15 Bedford Rd	5	3.2	1	\$1,200,000	\$1,195,000	16
11 Elm Pl	5	3.2	2	\$1,099,000	\$1,090,000	39
105 Mountain Ave	3	1.1	1	\$799,000	\$864,000	8
19 Clark St	4	3.0	0	\$749,000	\$740,000	34

Source: GSIMLS, selected properties sold between 03/24/2021-04/19/2021



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IN-PERSON PET SHOW AND ONLINE CONTEST

Summit Department of Community Programs

The City of Summit Department of Community Programs will hold its annual Police Athletic League (PAL) Pet Show on Saturday, May 15 on the Village Green. Registration for the free event begins at 1 p.m. with judging at 1:30 p.m. The pet show will also have an online photo contest with a separate digital media award.

The competition is organized into two categories: dogs only and an all-other pets category. In the dog show, small, medium, and large dogs will compete with their owners by walking across the stage in front of the judges. The all-other pet exhibition will include animals such as cats, reptiles and birds on an auxiliary stage. All pets must be kept on leashes or in pet carriers at all times during the event.

Prizes will be provided by the PAL and awarded for each category, and for participation. In the event of rain, the pet show will be held on Sunday, May 16.

Residents can also participate in the online pet show contest by emailing a photo of their pet in any Summit park or location to dguidajr@cityofsummit.org. The Department of Community Programs will post all photos on its Facebook page. The pet photo that receives the most likes by May 14 will win the digital media award.

For more information please visit summitcommunityprograms.com. To learn more about the Summit PAL, please visit summitpal.org.



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RENEW DOG AND CAT LICENSES BY JUNE 1

Summit Health Department

The City of Summit Health Department is issuing a reminder for residents to renew all dog and cat licenses by Tuesday, June 1, 2021 at 4:15 p.m. Renewal notices have been sent by mail to all owners of licensed dogs and cats in the City of Summit. State law requires the licensing of every dog that has either reached seven months of age, or has a set of permanent teeth. By local ordinance, cats are licensed at seven months as well.

All animals should be registered within ten days of moving to Summit or reaching licensing age. However, a current license for another New Jersey municipality is accepted as compliance until that license expires. Once the license expires, the animal must be licensed in Summit.

Proof of rabies protection must accompany all applications. The State Department of

Health has advised that municipalities may not license pets with rabies vaccinations that have expired longer than two months before the end of license year. Residents must submit proof of rabies vaccination (photocopy acceptable) with an expiration date of March 31, 2022 or later. For medical reasons, some puppies or dogs are given a one-year inoculation that may not cover the registration period. Please contact the Summit Health Department for guidance in these cases.

All renewal notices must be received by the City's Health Department no later than the end of business day on Tuesday, June 1, 2021. After that date, a late fee of \$10.00 per pet will apply. There is no late fee for first time registration. Summit residents with questions about licensing or rabies vaccinations should call the Health Department at 908-277-6464.

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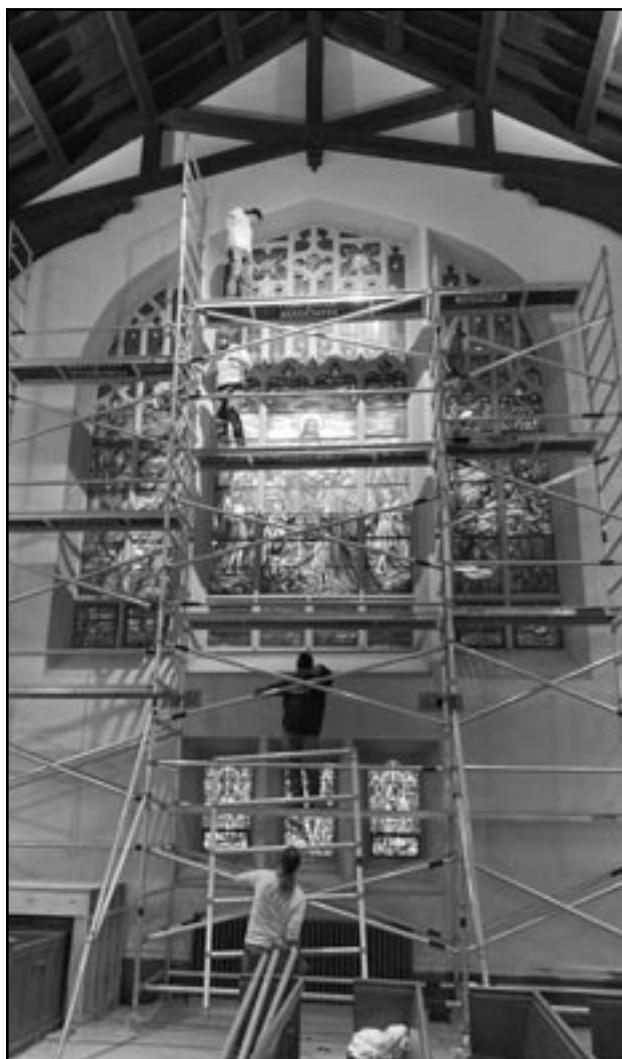


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(above) The Christ Blessing the Children window is prepared for restoration.

Photo by Central Presbyterian Church

CENTRAL PRESBYTERIAN CHURCH AWARDED A NATIONAL FUND FOR SACRED PLACES GRANT

Submitted by Jeanne Thiemann

Central Presbyterian Church, Summit, is the first church in New Jersey and one of only 16 churches nationwide to be awarded a matching preservation grant of up to \$250,000 from The National Fund for Sacred Places, a program managed by Partners for Sacred Places in collaboration with the National Trust for Historic Preservation. To receive the \$250,000 grant, Central Church must raise \$500,000 and is asking the community to help them achieve this goal.

Capital Campaign Committee chair Betsy Phillips stated, "having celebrated our 150th Anniversary last year, we are honored to be recognized nationally as a vibrant congregation with one of the most significant and community minded 'sacred places' in America, committed to offering our building, hospitality, and missions not only to our own congregation, but to community organizations looking for 'shared space' in the heart of Summit."

Since the inception of their capital campaign in 2018, Central has improved lighting, added air-conditioning in the auditorium and installed an ADA accessible ramp - improvements that make space more appealing as a "home" to

outside organizations. Grant proceeds from the National Fund will be used towards restoration of the "Christ Blessing the Children" stained glass window that fittingly faces the Lawton C. Johnson Middle School, masonry work and the renovation of Central's community kitchen which is used by dozens of local organizations including Family Promise, Community Vacation Bible School, AA, BRIDGES and S.H.I.P. (Summit Helping Its People).

Capital Campaign Committee Member George Ross added "what an exciting time in the life of Central Church. This grant will enable us to continue to be CENTRAL to our community, forging deeper mission partnerships by enhancing our facilities on the Summit Village Green."

Currently Central Church invites all to join us for live worship on the lawn at 70 Maple Street on Sundays at 10 a.m. (as weather permits) or by our pre-taped, broadcasted services on Sunday mornings at 10 a.m. via YouTube or live on Facebook.

To support Central's campaign please go to Centralpres.org or send a check to "Capital

Campaign Committee Phase 2" in the memo line to 70 Maple Street, Summit, NJ 07901.

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SHADE TREE ADVISORY COMMITTEE LOOKS BACK AND PLANS FOR 2021

Submitted by Megan Trindell

The City of Summit Shade Tree Advisory Committee is sharing information on projects completed in 2020 and goals for new projects in 2021. The committee is appointed by the Common Council and provides input on the City of Summit Tree Management Program. Members are charged with creating an inventory of, and making recommendations for, the preservation of significant historic and landmark trees in Summit.

2020 PROJECTS

HELLO NEIGHBOR PROGRAM

In support of a city initiative to plant 1,000 trees in Summit between the years of 2020 and 2023, the Committee created and executed the “Hello Neighbor” tree tagging program during the spring and fall. Resident volunteers and committee members tagged 250 of the 400+ newly planted trees with cards labeled with the

tree species, and hung tags with tree care instructions on the doors of homes with newly planted trees.

ROOTS FOR RIVERS REFORESTATION

With assistance from Union County, Shade Tree Advisory Committee Chair John Kilby and retired Environmental Commission member Dr. Marian Glenn enlisted the help of city staff and volunteers to plant 203 trees and shrubs in floodplains. Funding was provided by The Nature Conservancy and Sustainable Jersey. Plantings were made at the Transfer Station along the driveway and around the Summit Free Market building, and near the Passaic River trail off of Chatham Road. The statewide Roots for Rivers Reforestation program aims to restore watershed areas in New Jersey by planting native trees and shrubs in degraded floodplain areas.

Reeves-Reed Arboretum programs

The Shade Tree Advisory Committee participated in two events at Reeves-Reed Arboretum. At the Maple Sugaring Fest in January, the committee answered questions about Summit trees and distributed literature about the Ash Borer beetle, an invasive species that causes severe damage to ash trees in North America. The committee also participated in the Festival of Trees in December, a holiday celebration where local organizations, businesses, and families decorated trees placed around the arboretum grounds.

OUTREACH TO RESIDENTS

The committee updated the notification letter to residents about tree removal and replacement processes in Summit. In addition, the committee created a tree species fact sheet that is available on the city website.

2021 GOALS

In 2021, the Shade Tree Advisory Committee will continue to promote the importance of trees to residents through annual programs and community partnerships, such as: Hello Neighbor Tree Tagging program; Tree Sucker Pruning program; partnership with Reeves-Reed Arboretum; updating inventory of Landmark Trees in Summit; and Arbor Day programming.

Continued support for 2021 tree-friendly programming at Reeves-Reed Arboretum will include the Maple Sugaring Fest and Festival of Trees, as well as the Fall in Love with Trees educational program, scheduled for Fall 2021.

The Shade Tree Advisory Committee offers flexible volunteer opportunities for interested citizens. Volunteers can assist with the Hello Neighbor Tree Tagging and Tree Sucker Pruning programs, and help inventory landmark trees in Summit. Citizens can email John Kilby at johnwkilby@gmail.com to learn more or to sign up to be a volunteer.

More information on the Shade Tree Advisory Committee is available on the city website.



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TWO FROM SUMMIT TAKE OATH AS ADVOCATES FOR FOSTER YOUTH

CASA of Union County

Nine community members ranging from age 22 to 63 make up the newest class of volunteer child advocates for CASA of Union County, the only nonprofit advocating for the best interests of

Union County youth removed from home due to abuse or neglect, and placed in foster care. Rebecca Muston and Amy Saunders, both of Summit, are among the newly sworn class of volunteer advocates.

Superior Court Judge Marc R. Brown presided over the recent swearing-in ceremony via Zoom; each advocate will now be matched to a foster youth or sibling set and begin putting their 30 hours of training into practice. The class includes both non-parents and parents, and such backgrounds as teaching, freelance, law and homemaking. In addition to Muston and Saunders, they are Jacqui Lenner and Nicole Sandstedt of Westfield, Laurie Litterio of Cranford, Sue Pangis of Berkeley Heights, Tamara Parraga-Sez of Newark, Lydia Pernia of Linden, and Jackie Rodriguez of Clark.

Prior to administering the oath, the judge shared, "I find the value of CASA volunteers immeasurable. ... CASA is so significant; I always make a point of hearing from the CASA volunteer during the hearing." Acknowledging that COVID-19 requires the swearing-in and court hearings remain virtual for now, he added, "I so look forward to being able to shake your hand and congratulate you. The assistance you will provide is, again, immeasurable. Thank you for doing this."

In discussing the motivation behind joining CASA of Union County, Muston expressed how "important it is for children in the foster system to have someone in their corner, making sure their needs come first. The training was intense but it's been great to meet a diverse group of people who've come together to help make a

difference in the lives of children who might otherwise fall between the cracks." Saunders added, "As a CASA volunteer, I hope to help families going through challenging times and provide stability and hope for children in crisis."

Currently, the organization serves just over 80 percent of all Union County foster youth in care. With a goal to provide an advocate for every youth that needs one, the organization has remained steadfast – despite the pandemic – in efforts to ensure its work continues. To that end, a fully online training and recruiting infrastructure was put into place, and protocols implemented to ensure advocates remained both connected to their youth and able to report to judges, and staff continued recruiting and training volunteers to help meet the need for youth still awaiting an advocate.

Said Executive Director Mariel S. Hufnagel, "In the face of the challenging life circumstances we are all facing due to the COVID-19 global health pandemic, this tremendous group of women still made a decision to give of their time and energy, and train virtually to become advocates. I am so proud to welcome them to the CASA family and can't wait to see all of the ways in which they positively impact the youth to whom they will be assigned."

Upon being court-ordered to a case, the CASA volunteer has access to the youth as well as foster parents, doctors, caseworkers, therapists and teachers in order to identify concerns and unmet needs, and protect best interests. For details on upcoming classes and how you can Change a Child's Story, contact Walia at wworrill@casaoofunioncounty.org.



(above) Summit residents Rebecca Muston and Amy Saunders were among nine CASA volunteers for foster youth who were recently sworn in during a ceremony held via Zoom. For details on upcoming classes and how you can Change a Child's Story, contact Walia at wworrill@casaoofunioncounty.org.

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ATTENTION PARENTS OF KIDS AGES 6-18

31 IDEAS TO HELP KIDS
EAT BETTER, RUN FASTER, GET STRONGER AND
BECOME THE BEST VERSION OF THEMSELVES

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Eat Better

- ☐ Drink AT LEAST 4 Water bottles
- ☐ Have a fruit or veggie with each meal
- ☐ Have nuts instead of chips as a snack
- ☐ Have a source of protein in each meal
- ☐ Take a multivitamin
- ☐ Limit sweets to only one serving

Get stronger

- ☐ Perform 50 bodyweight squats
- ☐ Perform 50 pushups
- ☐ Perform a plank for 60 seconds 3 times
- ☐ Perform 25 vertical jumps
- ☐ Get at least 8 hours of sleep a night

Be Happier

- ☐ Get at least 30 minutes of exercise
- ☐ Do a morning routine that you enjoy
- ☐ Write 5 things that you are grateful for
- ☐ Adopt a Growth Mindset
- ☐ Listen to music whenever you can

Run Faster

- ☐ Do 10 hill sprints
- ☐ Perform 15 Broad Jumps
- ☐ Sprint for 50 yards
- ☐ Perform single leg jumps
- ☐ Perform High Knee Marches

Build Confidence

- ☐ Do something outside of your comfort zone
- ☐ Read a book
- ☐ Practice or spend time on your hobbies
- ☐ Learn a new skill
- ☐ Work towards a new Goal

Be More Active

- ☐ Walk during TV show commercials
- ☐ Schedule exercise time
- ☐ Whenever you see a commercial for a car company, perform 10 squats
- ☐ Find a buddy, and exercise with them
- ☐ Try a new method of exercise every week (i.e. biking, running, lifting weights, etc.)

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- They **need to improve their confidence** and you want them to start to get better at recovering from their mistakes.
- They're doing pretty good right now but want to take their performance in their sport to a **higher level.**

Here's what parents can expect to happen:

- **They will get stronger** which means when they show up to their sport they'll be able to perform better than ever.
- **They will run faster and jump higher** so they can show up to their next season and people will start asking what the heck have they been doing.
- They'll become **more coordinated and improve agility** which means they'll pick up new skills their coaches teach them faster.
- **Your children will start to eat better** because we'll be educating them daily on what's good and what they should avoid...don't be surprised if they start asking you to buy more vegetables.
- **Confidence will skyrocket.** When kids get stronger, faster and more fit...their confidence will rise ...so will their self-esteem which means their performance in every aspect of life will get better.
- **Their mindset will improve.** We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.




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About Grit Athlete Performance (A Gabriele Fitness Company)
GRIT helps kids ages 6-18 get strong, fast and confident so they can build a bigger and better future. They are located in Berkeley Heights inside Gabriele Fitness. All Grit coaches have been handpicked via a very lengthy interview process by Gabriele Fitness founder, Vince Gabriele.

MAXIMILIAN MUNOZ 2021 RUTGERS RISING STAR HONOREE

Rutgers, The State University of New Jersey

Rutgers Biomedical and Health Sciences and RWJBarnabas Health recently announced the 2021 Rutgers Rising Star scholars. Among them were Summit High School alum Maximilian Munoz.

Rising Star Scholars, only 10 from each school, are selected based on academic achievement, excellence in discovery, innovation and entrepreneurship, and commitment to our community. All applicants must be a student of Rutgers Robert Wood Johnson Medical School or Rutgers New Jersey Medical School. Awardees who have committed to joining the Rutgers Health or RWJBarnabas Health system as an employed clinician at the completion of their Rutgers Health-based residency or fellowship receive \$20,000 annually, for each year they remain employed by Rutgers or RWJBarnabas Health, up to ten years with a potential total benefit of \$200,000 to each Rising Star.



(above) Maximilian Munoz, Rutgers New Jersey Medical School (NJ),
Specialty: General Surgery

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SUMMIT ELKS SUPPORT "HOMETOWN HEROES"

Submitted by Louis DeSocio

Easter Sunday, as in every Sunday since Easter 2020, the Summit Elks Lodge No. 1246 dropped off two dozen bagels, cream cheese, and butter at Overlook's Emergency Room. Because of the Holiday, we added a Philly Fluff from Natale's Bakery. We also delivered one dozen bagels, cream cheese, butter, and a Philly Fluff to the Intensive Care Unit. This is to thank our men and women, our Hometown Heroes, on the front line of this Covid-19 Epidemic.

Also, we deliver two pizzas every Friday to the Summit Police Department to thank them for making Summit the safest town around.

For more information about the Summit Elks please contact our Secretary at secretary@summitelks1246.org or visit us at summitelks1246.org.



(above) On Easter Sunday, the Summit Elks Lodge No. 1246 brought bagels to Overlook Hospital's Emergency Room and ICU.

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Having more than 30 years of industry experience, I joined Edward Jones in 2018 as a financial advisor. My wife, Shari and I are Summit residents since 2001. We are raising our three children here and are active in this great community.
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SUMMIT FREE MARKET RETURNS MAY 8

Submitted by Amy Cairns

The first Summit Free Market event of 2021 will be held on Saturday, May 8 from 8 a.m. to 3 p.m. at the Municipal Transfer Station located at 40 New Providence Avenue.

Due to COVID-19 restrictions, item drop-off and shopping will be by appointment only. Summit residents will be able to sign up for a 30-minute time slot beginning at 12 p.m. on Monday, May 3 on the City of Summit website. Masks will be required and temperature taken for everyone entering the building.

Weather permitting, ongoing Summit Free Market events will be held on the second Saturday of each month. Sign ups will take place on the city website the Monday prior to each event, beginning at 12 p.m.

The Summit Free Market Committee is a student-run initiative where residents are able to bring reusable, yard sale quality items to share, and take whatever they may want or need at no charge. Since its inception in 2008, the Summit Free Market has served more than 5,000 residents and has kept over 165 tons of reusable material from the waste stream.

Citizens are asked to follow these guidelines from the Summit Free Market Committee when donating items:

- Please bring only yard sale quality items (materials of value that could have been sold instead of donated) in boxes or bags containing similar items that have been sorted in advance. No unsorted boxes or garbage bags filled with random material will be accepted. If you bring an unsorted box or garbage bag filled with a mix of acceptable and non-acceptable items for donation, the entire box will be rejected.
 - No clothing, shoes, plush toys or dolls, or upholstered furniture will be accepted. We suggest that you use the Virtual Summit Free Market group on Facebook to donate those items.
 - Electronics must be in working order and used within the past year to ensure viability. No tube television sets or boxes of cords will be accepted. Outdated technology should be dropped off in the electronics recycling area instead.
 - Please donate clean items. Remove dirt and grease from material that has been stored outdoors or used in the kitchen.
 - If something is broken or missing pieces, even if you think it could be fixed, do not donate it.
- Visit the Summit Free Market website for donation guidelines and more information.

REGISTRATION NOW OPEN FOR SUMMIT FAMILY AQUATIC CENTER

Registration for the 2021 season at the Summit Family Aquatic Center is currently open. The 2021 season begins on Saturday May 29, 2021 at 11 a.m. Membership and guest rates can be viewed on the Department of Community Programs website at summitcommunityprograms.com.

The award-winning Summit Family Aquatic Center (SFAC) has been recognized by the New Jersey Recreation and Parks Association for its outstanding design and innovative and inclusive programming. The SFAC features an Olympic

sized main pool, two slides, and a zero-depth entrance leisure pool. Programs and special events include paddle board lessons, kayaking, yoga, dive-in movies, and float nights.

A limited number of non-resident family, individual, and senior memberships are now available at

<https://register.communitypass.net/reg/index.cfm>

For more information and hours of operation, visit the Department of Community Programs website or call 908-277-2932.

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On Saturday, May 8, from 9 a.m. to 12 noon, Faith Lutheran Church, 524 South Street in New Providence, will be collecting second-hand bikes for use by adults and children in third world countries.

The collection is being conducted on behalf of Pedals for Progress (P4P), an organization which annually recycles 6,000 bicycles for persons in developing countries.

Anyone with a bicycle in repairable condition is urged to donate to this worthy cause. Bikes may be dropped off at the parking lot next to the church. Members of Faith will repair and process the bikes for shipment.

Since 2002, Faith Lutheran has been collecting bikes. In 2020, 170 bikes were collected from

persons in New Providence, Berkeley Heights, Mountainside, Westfield, Warren, Scotch Plains and Fanwood. This range of towns was aided by articles published in Renna Media town newspapers.

Every year affluent Americans buy 22 million new bicycles and discard millions of old ones, abandoning many more in basements, sheds and garages. Most of these end up in our already overburdened landfills.

P4P ships its reconditioned bikes to persons in need of countries in Latin America, Africa and Asia. The bikes provide reliable transportation to commute to work, transport produce to market, access health care and other services. Steady employment for adults is vital to the development and success of these economies.

Persons who have bikes but are unable to deliver them to Faith on May 8 may call the church office on 908-464-5177 or email family.faith@verizon.net.



(above) Alana Lamberti of Faith repairs a bike for shipment.



(above) Bikes filled the P4P truck to capacity.



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(above) Dr. Thomas Buckley is the new Executive Director for SAGE Eldercare.

SAGE ELDERCARE WELCOMES DR. THOMAS BUCKLEY

Submitted by Cindy Potters

SAGE Eldercare announced Dr. Thomas Buckley will take over as Executive Director of the nonprofit. Buckley replaces Angela Sullivan, who departed SAGE in August.

Since 2019, Dr. Buckley has served as the Director of Population Health at the Young Adult Institute (YAI) in New York City. Founded in 1952, YAI is at the forefront of a movement whose goal is to empower people with intellectual and developmental disabilities, including dementia, and their families throughout New Jersey, New York and California. The program with a budget of 210 million, serves more than 20,000 individuals. In his role at YAI, Dr. Buckley led the way to providing complex health care coordination between the organization's five health clinics.

Prior to YAI, the majority of Dr. Buckley's 30-

year career has been spent in Florida where he was appointed by Florida's governor as the Chair of the state's Alzheimer's Advisory Committee. Additionally, he is the recipient of the Federal Government Administration for Community Living federal grant awards. Dr. Buckley has volunteered on numerous boards over the course of his career, including the Board of Directors of the Commission on Accreditation of Rehabilitation Facilities (CARF), the Florida Agency for Persons with Disabilities and he served as the Dementia Committee Co-Chair for the Florida Agency for Persons with Disabilities.

"I am quite confident that as we collectively emerge and heal from last year, and guided by Dr. Buckley, SAGE will not only carry out its mission but will adapt and forge new paths," said Adam Psichos, the new President of SAGE's Board of Trustees.

SAGE PLANS "MOVE IN MAY" EVENT WITH THE JUNIOR LEAGUE OF SUMMIT

The Junior League of Summit is helping to raise funds and awareness for SAGE Eldercare by joining with SAGE for a "Move in May" event, May 1 – 16. The goal is for participants to raise money, through donations, by moving their bodies. Movement can include: running, biking, skateboarding, walking the dog, strolling or any activity that gets people up and moving. The more someone moves the more they earn for SAGE.

The timing of the event is significant for SAGE as May is Older Americans Month (OAM). Each year OAM picks a theme. This year's theme is Communities of Strength. SAGE is hopeful that the Summit community will come together to support the nonprofit, which has been helping to improve the lives of older adults in Summit and the surrounding area for

67 years. Along with Home Care services and a Spend-A-Day Adult Day Medical Program, SAGE offers free support groups for caregivers, Medicare counseling, the Your Decisions Matter program and Meals on Wheels, which delivered more than 50,000 meals throughout the area in 2020.

"The Junior League of Summit is thrilled to support SAGE with their Move in May event," said Tara Charvat, the Junior League's President. "We have partnered with SAGE for decades and see this as another way we can give back to SAGE and the community through the planning and execution of this safe and fun virtual event."

To register and for more information about Move in May for SAGE, visit sageeldercare.org.



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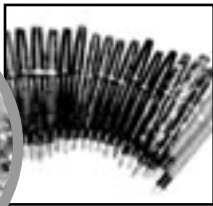
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New Jersey State Parks

Monday, May 3 at 7 p.m.

Some of New Jersey's most exciting history can be found in our more than two dozen State Parks. Join Kevin Woyce for a fascinating look at all New Jersey has to offer. Old names such as Wawayanda and Hopatcong remind us of the Lenni Lenape, or "Original People." Historic battlefields recall New Jersey's perilous years as "the Crossroads of the American Revolution." Woyce will show his original photographs of many of New Jersey's beautiful state parks, plus vintage maps and images of historic people, places, and events. Registration required.

Learn Best Practices for Social Media Marketing

Tuesday, May 4 at 7 p.m.

Rajeeyah Madinah presents Social Media Business Marketing. Attendees will become familiar with several levels of advertising, SEO, content marketing, social media strategies, and all things that pertain to digital marketing in 2021. Learn how to utilize Facebook, Youtube, Twitter, Instagram, Google Plus, LinkedIn, Pinterest and Snapchat, and how to best apply them for B2B Marketing and B2C Marketing.

Learn Meditation Techniques with Umesh Bhatia

Wednesday, May 5 at 7 p.m.

Meditation expert Umesh Bhatia returns to present Meditation in the 21st Century. People have been practicing meditation for centuries and today we see a surge in its popularity as new benefits continue to be discovered. Incorporating meditation into one's life has many positive effects. Now more than ever in today's modern world with all the stresses, meditation is needed more than ever. Learn a simple meditation technique that can help you in all aspects of your life. Umesh Bhatia is a long time meditator and has been speaking on the topic over 20 years. Registration required.

Networking via Zoom!

Tuesday, May 11 at 9:30 a.m.

Whether you're a small business owner, an entrepreneur, or somebody looking to start a new business and bounce your ideas off of a group of like-minded folks, join our Small Business and Entrepreneur Networking group. Registration required. Email rebeccacohan@summitlibrary.org to get the Zoom link.

Brexit Boom or Bust?

Wednesday, May 12 at 7 p.m.

Our next Great Decisions course will tackle the thorny issues related to Brexit and the European Union. What does the future of the UK look like now that they've left the European Union? Will the UK survive a possible Scottish vote to leave? Who will step up and take command of Europe now that Angela Merkel is out?

Music on the Village Green!

Sunday, May 16 at 2 p.m.

Come to the Village Green, and be prepared to be entertained by Rhonda Denet as she sings Mostly Motown! Celebrate a time when this primarily African-American genre crossed over to mainstream audiences. Through the music, the magic and the message, there is something for everyone!

Going to Suffragette City!

Monday, May 17 at 7 p.m.

Listen to the stories about women's hard fought right to vote with the presentation Songs of the Suffragists From the right to vote to the right to be free from violence, U.S. women have campaigned for equality since the founding of our country. Laura Engelhardt and Susan Ferris Rights, co-directors of the Songs of the Suffragists Project, will present their short documentary and lead a discussion detailing the closely contested fight for gender equality in this country. Registration required.

Let's Get Crafty!

Wednesday, May 19 at 11 a.m.

Crafting pro Marge Barkan returns with a new craft project—this month she'll be showing participants how to make a macramé craft jar with fairy lights in the latest in our series, Make Your Own: Macrame Craft Jar with Fairy Lights. This will be a Facebook Premiere video. The first 12 registrants will receive a kit with all the materials you'll need to make this craft.

Registration required.

At the Movies!

Wednesday, May 19 at 7 p.m.

Join movie buff Shirlee Lewinter for our next Let's Go to the Movies! This month will be exploring the movie Lady Bird. The library owns 3 copies you can check out. It is also available on Kanopy, Netflix, and Amazon Prime. Hope you can join us!

Book Chat!

Thursday, May 20 at 11 a.m.

Join librarian Debbie Abrams for Book Talk with Debbie. Debbie will provide a guide to the most buzz-worthy books each month. Come away with a new title for your list. Bring titles - to recommend or pan - to share with the group. Registration required.

Test Your Knowledge

Friday, May 21 at 7 p.m.

Join quizmaster Mary for some G-rated fun. Invite your neighbors to play along (from their own homes). Registration required.

Bringing Ireland into Your Home!

Sunday, May 23 at 2 p.m.

Attend our Irish Music Workshop and Concert with Lesl Harker. Have your instrument handy or use your voice and learn a tune, or just sit and listen in. Tune workshop is open to all instruments. Learn a melody on your instrument or lilt it with your voice. Listeners and singers encouraged. Registration required.



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THREE LOCAL CHORUSES PRESENT FREE ONLINE SHOW

Summer is coming! And what better way to celebrate than with a virtual concert full of songs about sunshine and summer and the hope they bring.

Here Comes the Sun: Three Great Choruses, One Online Show will premiere Sunday, May 23, at 5:00 p.m. on YouTube. It's a first-of-a-kind collaboration between three of the area's best-loved choruses. The Maplewood Glee Club is a community chorus that's been delighting local audiences with its harmonies and humor since 1946. The Morris Music Men is Morris County's premiere barbershop harmony chorus. The award-winning Hickory Tree Chorus shares the joy of barbershop through songs from the Beatles to Broadway.

This family-friendly show features a range of uplifting songs including Happy Together, Kokomo, Heat Wave, and Circle of Life, plus music by Beyoncé, Whitney Houston, Chance the Rapper, and more! The show will also feature guest appearances by two dynamic teen ensembles from West Morris Mendham High School.

Here's the best news about Here Comes the Sun: it's free! Just register ahead of time at threechoruses.com and you'll receive a free show link 24 hours before the premiere.

The choruses are also spreading sunshine by raising money for Newark Working Kitchens, a

non-profit organization that enables many local Newark restaurants to keep their doors open, their stoves on, and their employees paid during the Covid-19 crisis by cooking and delivering hundreds of meals a day to low-income seniors and families and people without homes. Donations can be made during the show or

through the show's website.

To learn more about Here Comes the Sun, visit threechoruses.com or contact Josh Adler at JJadler@gmail.com or 917 697-2893.

To learn more about the three great choruses, check out: maplewoodgleeclub.com; morrismusicmen.org; and hickorytreechorus.org.



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TWO STREETS A WEEK CAMPAIGN

The Summit Police Department is working to reduce reckless driving in Summit through its new Two Streets a Week campaign which began in early April and will be in effect thru the end of the year. The purpose of the program is to coordinate enforcement efforts on two streets each week with the goal of reducing speeding and other dangerous traffic violations through an established and ongoing police presence.

“As commuters return to the workplace and with them more cars to the roads, the Summit Police Department has observed a documented increase in careless driving,” explains Summit Police Chief Andrew Bartolotti. “The two streets a week strategy will enable the agency to deploy resources in a way that touches almost every street in Summit. Officers being present to enforce the speed limit will increase safety on our streets and in your neighborhood.”

More information on Summit Police Department programs is available at cityofsummit.org/police.

MAKING MAGICAL MEMORIES AT CAMP FATIMA

Submitted by Sue Baldani

Like most nonprofit organizations, Camp Fatima of New Jersey is experiencing major challenges due to COVID-19. Founded in 1968 by four Seton Hall seminary students, the camp offers free sleep-away programs for disabled children and adults. And it's determined to continue doing so. Seeing the smiles on the faces of those it serves, and providing a respite to their families, is not something that can be sacrificed due to a pandemic.

And smile they do. It's not called FATIMAGIC for nothing. The campers, regardless of their disabilities, get to do things that most able-bodied children and adults take for granted. They splash around in pools, sing songs, eat s'mores, dance, and take part in arts and crafts. Every child has his or her own dedicated counselor to ensure the utmost care, so each activity can be individually tailored according to the camper's ability.

Its mission statement, “Camp Fatima provides free, life enriching camp experiences for children and adults with developmental disabilities,” says it all. Some of the campers are in wheelchairs, while others have neurological, sensory or other serious issues. Camp Fatima and its volunteers open their hearts to all who come. It truly is a magical place.

The volunteers come from diverse ethnic and socio-economic backgrounds. Most have experience working directly with the disabled, and include teachers, nurses, police officers,

firefighters, college students and other professionals. For these selfless individuals, the sounds of laughter and the looks of pure joy on the campers' faces are all the payment they need.

Many of these volunteers live locally. Billy Malone, a Scotch Plains firefighter and Fanwood resident, became a volunteer in 1994 and has been the chairperson for the past 13 years. Scotch Plains resident and former Scotch Plains police officer, Jamie Denman, has been a volunteer since 1979, and is the current director.

Even though no one at the camp is paid, all this magic requires funding. It costs several hundred thousand dollars to operate the two children's summer sessions and the four adult weekends each year. Funding to support and host the more than 200 campers and over 450 on site-volunteers comes from generous benefactors, corporate matching gifts, private giving, and fundraising. Because of COVID-19, many of the usual fundraisers are not able to take place. So this year, Camp Fatima is looking for individuals to sponsor a camper. The cost to feed, house, and supply materials to each camper is more than \$1,000.

To find out more about Camp Fatima, or to volunteer, make a donation, or sponsor a camper, please go to campfatimanj.org/. Since the camp is a designated 501(c)(3) organization, all donations may be tax-deductible.

Camp Fatima of New Jersey: Changing Lives, Enriching Hearts - One Camper, One Volunteer at a Time.



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FIREFIGHTER MATHEW PRIBISH HELPS NJ SHARING NETWORK

NJ Sharing Network

Celebrated in April each year, National Donate Life Month features local, regional and national activities that encourage Americans to register as organ and tissue donors and to celebrate those who have saved lives through the gift of donation.

Linden, NJ firefighter Mathew Pribish helped NJ Sharing Network kick off National Donate Life Month by sharing his personal heart transplant story to help raise awareness about the importance of organ and tissue donation. Inspired by Mathew's story, Linden Mayor Derek Armstead and the Linden Police and Fire Departments teamed up to educate the community through speaking engagements and a public service announcement on LindenTV, which can be viewed on youtube.com. Mathew's personal story is detailed below.

A PERSONAL STORY FROM MATHEW PRIBISH

My gift of life story started more than a decade ago when I went to the doctor for a regular cardiology checkup because heart disease runs in my family and I wanted to make sure that, as a firefighter, my heart was healthy. I was told during one of these regular checkups that I have Marfan Syndrome, a connective tissue disorder that affects the heart, joints and other parts of the body.

In 2013, after being monitored for a few years, my aortic root was enlarged to the point that I needed replacement surgery. Although my surgery went well, I had an adverse reaction and went into advanced heart failure. The doctors made the decision to implant a Centrimag BiVad, an external device to pump both sides of my heart. After a couple of weeks, my heart healed enough to remove the device and implant an LVAD-Left Ventricular Assist Device. That was my lifeline for four years and I was placed on the New York heart transplant list.

Life with an LVAD isn't easy and it was hard to adjust to at first - no swimming, limited showers, limited activities and lots of medication. Thankfully, with my family, my fire department family and my doctors, I was able to forge



(above) Mathew Pribish, a Linden Firefighter, shared his heart transplant story to help raise awareness about the importance of organ and tissue donation.

through into this new normal. I was able to return to work for the fire department as an Administrator and Fire Inspector. I started to walk/jog in local 5K events in a healthy condition so that I would be a perfect candidate for transplant.

In 2017, my cardiologist recommended that I also be put onto the New Jersey transplant list. In the time leading up to my approval on the New Jersey transplant list, the alarm of my LVAD device started to sound, on and off. The team of doctors decided that it was a mechanical issue and that they would either need to either replace the LVAD or hold me in the hospital for transplant.

On June 22, 2017, I was informed by Newark Beth Israel Medical Center that I was officially listed on the New Jersey list. It was just four days later that my wife got the phone call early in the morning. They said, "Mrs. Pribish, we found a heart for your husband."

There were so many emotions that day. I felt

happy and thankful that I now had hope that my health could be restored. I also felt a great deal of sadness for the family that lost their loved one. On June 27, 2017, I had a successful LVAD removal/Heart Transplant.

Since my transplant, I have been blessed to return to the life I had known before. In my donor's memory, I decided to become a transplant advocate through NJ Sharing Network.

In Fall 2018, I was released by the doctors to return to full firefighting duties. On January 3, 2019, I officially returned to the fire department for my first day back at the position I left almost six years before.

I never thought that the day would come where I could return back to active duty. But thanks to my donor, my doctors, and NJ Sharing Network, this dream became a reality. I hope that my story can give hope to others that may need a transplant to inspire them to keep the faith.

ABOUT NJ SHARING NETWORK

NJ Sharing Network is the federally designated non-profit organization responsible for recovering organs and tissue for the nearly 4,000 New Jersey residents currently waiting for a life-saving transplant. With headquarters in New Providence, NJ, the organization is part of the national recovery system, serving the 110,000 people on the national waiting list. NJ Sharing Network was selected by NJBiz as one of the state's "Best Places to Work" for the third consecutive year. To learn more, get involved and register as an organ and tissue donor, visit NJSharingNetwork.org.

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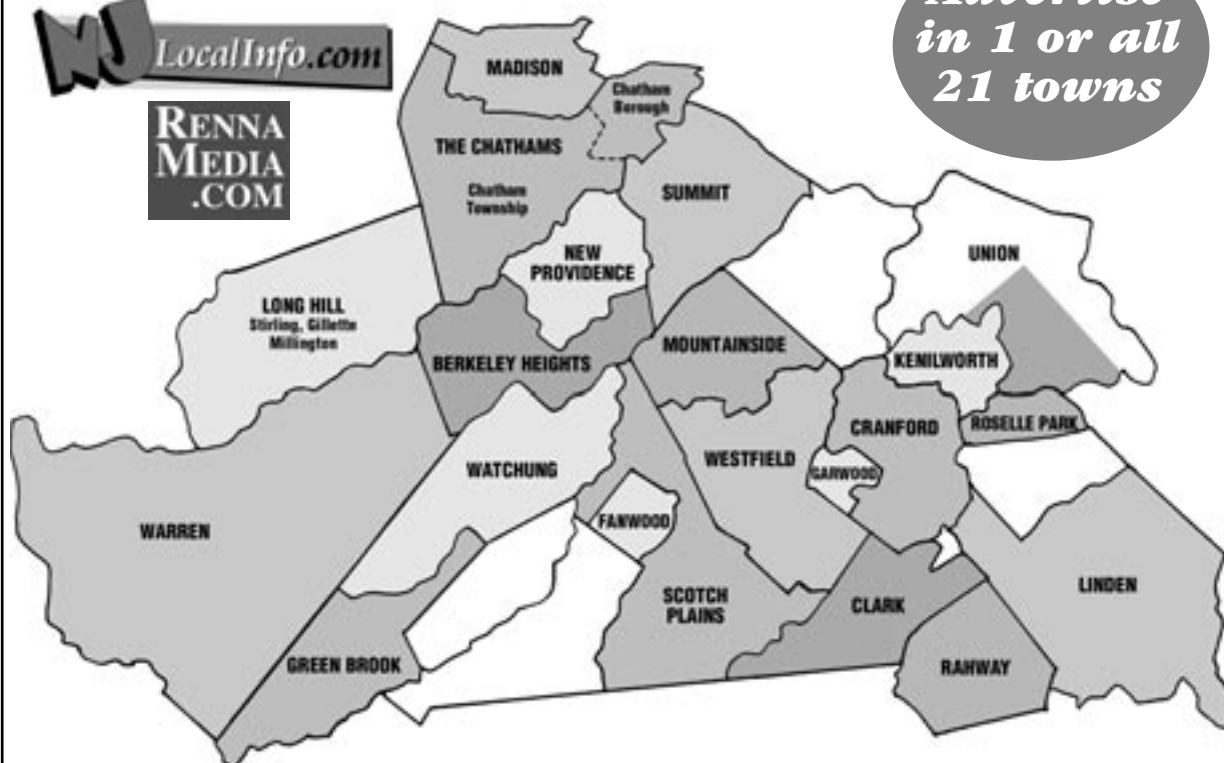
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**"MY ACHES AND PAINS HAVE MOSTLY GONE AWAY,
AND I DEFINITELY HAVE MORE ENERGY"**



David: The pandemic negatively impacted how dedicated I was to working out and the type of food I ate. When I joined the challenge I increased my workout routine to at least 5 days per week. Now I feel great. My aches and pains have mostly gone away and I definitely have more energy during the work day.

**"I STARTED TO FEEL IMPROVEMENT
AS QUICKLY AS 1-2 WEEKS INTO JOINING"**



Tom: Before joining GFP I never really maintained consistent strength training. At GFP it's easy to build momentum, and I started to feel improvement as quickly as 1-2 weeks into joining. The challenge showed me how rapidly progress can occur if you pair nutrition guidance with regular workouts. More importantly it helped me build lasting habits that have made me consistently healthier.

**"GFP HAS GIVEN ME MY CONFIDENCE BACK.
I FEEL GOOD IN MY BODY AGAIN"**



Kristy: Before GFP I had never been to the gym before, but the trainers helped me learn how to work out effectively. I started working out six days a week, and I really saw results. Those results kept me motivated to continue coming back. GFP has given me my confidence back. I feel good in my body again.

"MY RESULTS INSPIRED ME TO KEEP GOING"



Cathy: My fitness routine had gone off track, and some of my old injuries had started to bother me. I missed working out regularly, but I was lacking direction and the right motivation to get restarted. The trainers helped me get back on track with both my fitness and nutrition. I soon started to see results, which inspired me to keep it going.

START YOUR FITNESS JOURNEY MAY 17th (9 SPOTS REMAINING)

Here's What You Get:

- **12 Personal Training Sessions** so you can get stronger, build lean muscle and gain energy at half the cost of hiring a personal trainer
- **A Customized Fat Loss Nutrition Program** so you will have certainty that you're eating the right type and amount of food at the right times of the day.
- **30 Days of Accountability Coaching** to keep you on track with your fitness nutrition, lifestyle and sleep goals
- **Unlimited Access to our Team** of super friendly, experienced and VERY credentialed personal trainers that work with people of ALL fitness levels. Ask them whatever you want, whenever you want.
- **The Chance to Win a FREE YEAR of Personal Training.** We're giving away a free year-long membership for this challenge. All details given when you call or come in for your free discovery session.

**TO INQUIRE ABOUT
COST AND AVAILABILITY,
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OR CALL 908-464-4441