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CELEBRATING 10 YEARS WITH HEART TRANSPLANT

NJ Sharing Network

Emma Rothman of Cranford, NJ will be graduating this spring from Syracuse University with a degree in Food Studies. Like most college graduates, she has mixed emotions about taking the next step in her life's journey.

"I am definitely a bit terrified, but I am excited about the variety of opportunities that lie ahead," said Emma.

This is a remarkable time for Emma as she celebrated the 10th anniversary of her life-saving heart transplant (April 1). She is humble and always thankful for her donor who gave her the gift of life and made her achievements possible.

"Everything after my heart transplant was working towards moments like this," said Emma. "It motivates me to appreciate the day to day – being able to travel, go away to school, and have life experiences without my health dictating what I can and cannot do is a blessing. I owe all of this to my organ donor's act of extraordinary humanity."

In March 2011, Emma was 12-years-old when she suddenly began to feel extremely fatigued and could not make it through an entire day at school. Her parents brought her to Newark Beth Israel Medical Center (NBIMC) for what was supposed to be a quick, routine blood test. However, Emma went into cardiac arrest, was put on life-support under an induced coma and was rushed to the pediatric cardiac intensive care unit at New York-Presbyterian/Morgan Stanley Children's Hospital.

Emma, who showed no prior symptoms, was somehow battling end-stage heart failure brought on by hypertrophic cardiomyopathy. On April 1, 2011, Emma, underwent a successful emergency heart transplant, which saved her life. Just 15 days later, Emma was discharged, taking with her new knowledge about what a heart transplant is and how she could best care for her new heart at home.

"The last thing I remember was feeling uncomfortable while the nurses were attempting to draw blood at the hospital thinking I might have had mono or a virus," said Emma. "I woke up six days later and learned that I had a heart transplant. Prior to that, I had never heard of organ and tissue donation or transplantation."

In 2013, Emma and her family, guided by their firsthand experience, established Hearts for Emma, a 501 (c)3 organization that provides assistance to families of children with heart disease, and supports educational initiatives related to heart transplantation and promotes awareness of organ and tissue donation. As part of a joint outreach effort, Hearts for Emma established a Partner Fund within the NJ Sharing



Network Foundation that has raised more than \$50,000 since its inception. The Hearts for Emma Partner Fund has helped educate more than 100,000 students in New Jersey about organ and tissue donation and transplantation through the production and distribution of education materials and related programs, and provides scholarships to high school seniors who are advocates of or personally impacted by the mission.

ABOUT NJ SHARING NETWORK

NJ Sharing Network is the federally designated non-profit organization responsible for recovering organs and tissue for the nearly 4,000 New Jersey residents currently waiting for a life-saving transplant. With headquarters in New Providence, NJ, the organization is part of the national recovery system, serving the 110,000 people on the national waiting list. NJ Sharing Network was selected by NJBiz as one of the state's "Best Places to Work" for the third consecutive year.

To learn more, get involved and register as an organ and tissue donor, visit www.NJSharingNetwork.org.



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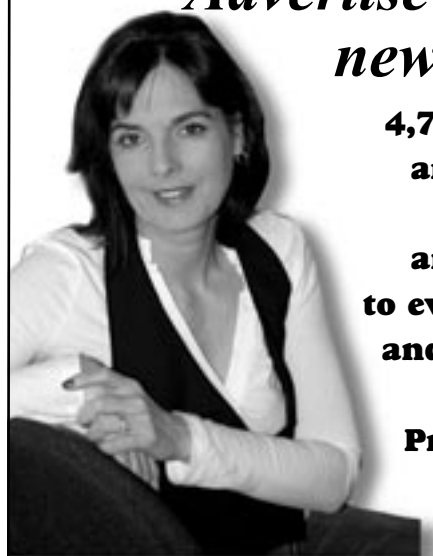
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DONATE UNWANTED BICYCLES

On Saturday, May 8, from 9 a.m. to 12 noon, Faith Lutheran Church, 524 South Street in New Providence, will be collecting second-hand bikes for use by adults and children in third world countries.

The collection is being conducted on behalf of Pedals for Progress (P4P), an organization which annually recycles 6,000 bicycles for persons in developing countries.

Anyone with a bicycle in repairable condition is urged to donate to this worthy cause. Bikes may be dropped off at the parking lot next to the church. Members of Faith will repair and process the bikes for shipment.

Since 2002, Faith Lutheran has been collecting bikes. In 2020, 170 bikes were collected from

persons in New Providence, Berkeley Heights, Mountainside, Westfield, Warren, Scotch Plains and Fanwood. This range of towns was aided by articles published in Renna Media town newspapers.

Every year affluent Americans buy 22 million new bicycles and discard millions of old ones, abandoning many more in basements, sheds and garages. Most of these end up in our already overburdened landfills.

P4P ships its reconditioned bikes to persons in need of countries in Latin America, Africa and Asia. The bikes provide reliable transportation to commute to work, transport produce to market, access health care and other services. Steady employment for adults is vital to the development and success of these economies.

Persons who have bikes but are unable to deliver them to Faith on May 8 may call the church office on 908-464-5177 or email family.faith@verizon.net.



(above) Alana Lamberti of Faith repairs a bike for shipment.



(above) Bikes filled the P4P truck to capacity.

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AWARD WINNING MUSIC EDUCATION PROGRAM

The New Providence School District's Music Education Program recently received national recognition for the tenth time, nine years consecutively.

Now in its 22nd year, the Best Communities for Music Education designation is awarded to districts that demonstrate outstanding achievement in efforts to provide music access and education to all students. To qualify for the Best Communities designation, New Providence answered detailed questions about funding, graduation requirements, music class participation, instruction time, facilities, and support for the music programs.

This award recognizes that New Providence is leading the way with learning opportunities as outlined in the Every Student Succeeds Act (ESSA). The district received this designation in 2005 and in every year since 2013, a total of ten times.

The New Providence School District believes that the performing arts are an essential element of a child's complete education. All students are offered opportunities to create, respond and perform to the best of their abilities. General Music, Band, Orchestra, Chorus, and Drama are available to all students as well as auditioned ensembles for the more advanced student. Along with acquiring arts knowledge and performance technique, students in the performing arts work with others towards a common goal, develop a more resonant understanding of history and of other cultures, and experience a deep feeling of self-worth through their study of the arts. The amazing success of this department is due to the deep commitment and partnership between teachers, students, parents and administration. For more about the New Providence music and performing arts program, please visit <https://www.npsd.k12.nj.us/Domain/15>



(above) Music Education and Performing Arts Department

Photo by New Providence Public Schools



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Honor and remember loved ones and take action for lifesaving change

The American Cancer Society (ACS) Relay For Life of Berkeley Heights invites the community to rally together as part of the Relay For Life of Berkeley Heights "Light The Fight" Event at The Grove at Connell Park on Tuesday, June 1, 5:30 - 10 p.m., to help save lives from cancer. Due to the pandemic, Relay For Life events have been adjusted and might look different, but the passion and commitment to fight cancer remains unchanged.

Founded by Dr. Gordy Klatt in Tacoma, Washington, in 1985, Relay For Life continues to be more than just an event - it's a movement, a community of like-minded survivors, caregivers, volunteers and participants who believe that the future can be free from cancer.

For more than 35 years, participants and volunteers across the world have come together to honor and remember loved ones and take action for lifesaving change. Funds raised help the American Cancer Society conduct breakthrough research, provide 24/7 support for cancer patients and access to lifesaving screenings.

There are many ways to get involved.

Register to be a part of the Relay For Life of Berkeley Heights. In the past the towns of Summit, New Providence, and Mountainside joined this relay. All communities are welcome to join and unite in the fight against cancer.

Simply sign up by registering on the event page to join as a survivor, participant or to start your own team.

Donate - If you can't participate in this year's Relay event, you can still help save lives by making a donation. Every dollar raised fuels the American Cancer Society's fight against cancer.

Purchase Luminaria to be displayed at the event - Your Luminaria bag will be designed by volunteers and will be illuminating the pathways of The Grove, providing hope to all that have been impacted by cancer.

"Relay For Life is an event that really brings together all of our surrounding communities" said Brianna Cagan, Youth Committee Lead for the event. "We have participants from Berkeley Heights, New Providence, Summit, Mountainside, Springfield, Watchung Hills - nearly everyone knows someone that has been affected by cancer in some way, so it's an event that everyone can relate to and feel good about supporting."

"Relay For Life events are now more important than ever and we can't allow progress to be put on hold because of the pandemic. Cancer won't stop, and neither can we," said Patti Broccoli, Event Lead.

To learn more about Relay For Life of Berkeley Heights, visit RelayForLife.org/BerkeleyHeightsNJ. For more information on sponsorship opportunities contact Vicky Allen at

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Nathan Weiser
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Spring Grove is by far the best rehab center I have ever been to. The staff are kind and caring and have gone above and beyond my expectations. The building is kept extremely clean and the new renovations are very nice.

Thank you Spring Grove for a wonderful and pleasant stay.

Charles Sherrick
★★★★★

I have been at Spring Grove for a few weeks now, they have exceptional service and excellent staff. All the nurses have been professional and attentive to all my needs. I never thought a rehab center can have such a beautiful layout and well put together. The newly renovated room I have stayed in, is up to date and extremely clean. The therapy staff have gone above my expectations with their expertise and getting me to where I am today. Alyssa the social worker has gone above and beyond with all her assignments.

Thank you Spring Grove.

Chrissy Sloan
★★★★★

The nursing staff and administration is professional, patient, attentive and understanding. The facilities are very clean and well maintained. My parents room is always clean and tidy. Although it was a difficult decision to make relocating my folks from a home environment to a senior living facility, Spring Grove made my decision easy.

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FIREFIGHTER MATHEW PRIBISH HELPS NJ SHARING NETWORK

NJ Sharing Network

Celebrated in April each year, National Donate Life Month features local, regional and national activities that encourage Americans to register as organ and tissue donors and to celebrate those who have saved lives through the gift of donation.

Linden, NJ firefighter Mathew Pribish helped NJ Sharing Network kick off National Donate Life Month by sharing his personal heart transplant story to help raise awareness about the importance of organ and tissue donation. Inspired by Mathew's story, Linden Mayor Derek Armstead and the Linden Police and Fire Departments teamed up to educate the community through speaking engagements and a public service announcement on LindenTV, which can be viewed on youtube.com. Mathew's personal story is detailed below.

A PERSONAL STORY FROM MATHEW PRIBISH

My gift of life story started more than a decade ago when I went to the doctor for a regular cardiology checkup because heart disease runs in my family and I wanted to make sure that, as a firefighter, my heart was healthy. I was told during one of these regular checkups that I have Marfan Syndrome, a connective tissue disorder that affects the heart, joints and other parts of the body.

In 2013, after being monitored for a few years, my aortic root was enlarged to the point that I needed replacement surgery. Although my surgery went well, I had an adverse reaction and went into advanced heart failure. The doctors



(above) Mathew Pribish, a Linden Firefighter, shared his heart transplant story to help raise awareness about the importance of organ and tissue donation.

made the decision to implant a Centrimag BiVad, an external device to pump both sides of my heart. After a couple of weeks, my heart healed enough to remove the device and implant an LVAD-Left Ventricular Assist Device. That was my lifeline for four years and I was placed on the New York heart transplant list.

Life with an LVAD isn't easy and it was hard to adjust to at first - no swimming, limited showers, limited activities and lots of medication. Thankfully, with my family, my fire department family and my doctors, I was able to forge through into this new normal. I was able to return to work for the fire department as an Administrator and Fire Inspector. I started to walk/jog in local 5K events in a healthy condition so that I would be a perfect candidate for transplant.

In 2017, my cardiologist recommended that I also be put onto the New Jersey transplant list. In the time leading up to my approval on the New Jersey transplant list, the alarm of my LVAD

device started to sound, on and off. The team of doctors decided that it was a mechanical issue and that they would either need to either replace the LVAD or hold me in the hospital for transplant.

On June 22, 2017, I was informed by Newark Beth Israel Medical Center that I was officially listed on the New Jersey list. It was just four days later that my wife got the phone call early in the morning. They said, "Mrs. Pribish, we found a heart for your husband."

There were so many emotions that day. I felt happy and thankful that I now had hope that my health could be restored. I also felt a great deal of sadness for the family that lost their loved one. On June 27, 2017, I had a successful LVAD removal/Heart Transplant.

Since my transplant, I have been blessed to return to the life I had known before. In my donor's memory, I decided to become a transplant advocate through NJ Sharing Network.

In Fall 2018, I was released by the doctors to return to full firefighting duties. On January 3, 2019, I officially returned to the fire department for my first day back at the position I left almost six years before.

I never thought that the day would come where I could return back to active duty. But thanks to my donor, my doctors, and NJ Sharing Network, this dream became a reality. I hope that my story can give hope to others that may need a transplant to inspire them to keep the faith.

ABOUT NJ SHARING NETWORK

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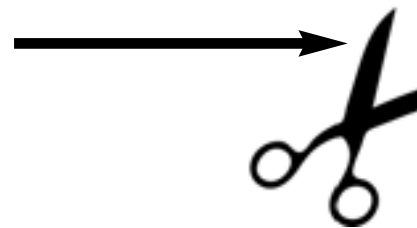
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31 IDEAS TO HELP KIDS EAT BETTER, RUN FASTER, GET STRONGER AND BECOME THE BEST VERSION OF THEMSELVES

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Eat Better

- ☐ Drink AT LEAST 4 Water bottles
- ☐ Have a fruit or veggie with each meal
- ☐ Have nuts instead of chips as a snack
- ☐ Have a source of protein in each meal
- ☐ Take a multivitamin
- ☐ Limit sweets to only one serving

Get stronger

- ☐ Perform 50 bodyweight squats
- ☐ Perform 50 pushups
- ☐ Perform a plank for 60 seconds 3 times
- ☐ Perform 25 vertical jumps
- ☐ Get at least 8 hours of sleep a night

Be Happier

- ☐ Get at least 30 minutes of exercise
- ☐ Do a morning routine that you enjoy
- ☐ Write 5 things that you are grateful for
- ☐ Adopt a Growth Mindset
- ☐ Listen to music whenever you can

Run Faster

- ☐ Do 10 hill sprints
- ☐ Perform 15 Broad Jumps
- ☐ Sprint for 50 yards
- ☐ Perform single leg jumps
- ☐ Perform High Knee Marches

Build Confidence

- ☐ Do something outside of your comfort zone
- ☐ Read a book
- ☐ Practice or spend time on your hobbies
- ☐ Learn a new skill
- ☐ Work towards a new Goal

Be More Active

- ☐ Walk during TV show commercials
- ☐ Schedule exercise time
- ☐ Whenever you see a commercial for a car company, perform 10 squats
- ☐ Find a buddy, and exercise with them
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- They **need to improve their confidence** and you want them to start to get better at recovering from their mistakes.
- They're doing pretty good right now but want to take their performance in their sport to a **higher level.**

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- **Your children will start to eat better** because we'll be educating them daily on what's good and what they should avoid...don't be surprised if they start asking you to buy more vegetables.
- **Confidence will skyrocket.** When kids get stronger, faster and more fit...their confidence will rise ...so will their self-esteem which means their performance in every aspect of life will get better.
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NEW PROVIDENCE LION'S TO HOLD ANNUAL GOLF OUTING JUNE 7, 2021

Submitted by Linda Kale

The New Providence Lion's Club will be holding their 24th annual Frank A. Pizzi, Jr., Memorial Golf Tournament on June 7, 2021, at Fox Hollow Golf Club in Branchburg.

We are encouraging interested participants to join us for a fun-filled day of golf which includes golf, skill contests, a 50/50 raffle and a grilled box lunch at the turn.

The annual golf tournament is named after the Honorable Frank A. Pizzi, Jr., who served as a former town Judge, NP Lions President, and distinguished community leader. Judge Pizzi always gave selflessly to help the community and was important in establishing the Lions' commitment to do the same. It is in this tradition

that the Lions continue to give back to New Providence.

Golfer Registration and Event Sponsorship forms can be found online at nplions.org.

For more information or questions, contact Brian Geoffroy at newprovidencelions@gmail.com.

The New Providence Lions Club is a 501(c)3 organization, giving back to the community 100% of the proceeds raised. Many organizations benefit from their annual support, including; NP Recreation Dept., Fire Dept., Community Service Assoc., EMS Rescue Squad, Senior Citizens Center, PBA, NPHS Scholarships, NP Historical Society, Health Fair, NP Public Library, Drive for Autism, and many more.

MAY IS MENTAL HEALTH MONTH

National Alliance on Mental Illness

Are you feeling stressed and alone in trying to cope with a loved one's mental illness?

NAMI meetings can help!

Join our peer-led group meetings and gain insight from others facing the same challenges.

To register, please email Denise at namiunioncounty@yahoo.com. Kindly include

your name, town, and phone number. She will provide the link to the meeting.

Questions? Contact Us: NAMI Union County, PO Box 724 New Providence, NJ 07974, 908-233-1628, Email: namiunioncounty@yahoo.com, Web: www.naminj.org/affiliates/union, Facebook: www.facebook.com/NAMI.UnionCounty

THREE LOCAL CHORUSES PRESENT FREE ONLINE SHOW

Summer is coming! And what better way to celebrate than with a virtual concert full of songs about sunshine and summer and the hope they bring.

Here Comes the Sun: Three Great Choruses, One Online Show will premiere Sunday, May 23, at 5:00 p.m. on YouTube. It's a first-of-a kind collaboration between three of the area's best-loved choruses. The Maplewood Glee Club is a community chorus that's been delighting local audiences with its harmonies and humor since 1946. The Morris Music Men is Morris County's premiere barbershop harmony chorus. The award-winning Hickory Tree Chorus shares the joy of barbershop through songs from the Beatles to Broadway.

This family-friendly show features a range of uplifting songs including Happy Together, Kokomo, Heat Wave, and Circle of Life, plus music by Beyoncé, Whitney Houston, Chance the Rapper, and more! The show will also feature guest appearances by two dynamic teen ensembles from West Morris Mendham High School.

Here's the best news about Here Comes the Sun: it's free! Just register ahead of time at threechoruses.com and you'll receive a free show link 24 hours before the premiere.

The choruses are also spreading sunshine by raising money for Newark Working Kitchens, a non-profit organization that enables many local

Newark restaurants to keep their doors open, their stoves on, and their employees paid during the Covid-19 crisis by cooking and delivering hundreds of meals a day to low-income seniors and families and people without homes. Donations can be made during the show or through the show's website.

To learn more about Here Comes the Sun, visit threechoruses.com or contact Josh Adler at JJadler@ymail.com or 917 697-2893.

To learn more about the three great choruses, check out: maplewoodgleeclub.com; morrismusicmen.org; and hickorytreechorus.org.



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ADDRESS	BEDS	BATHS	GAR	LIST PRICE	SALE PRICE	DOM
41 Fairview Ave	4	3.1	1	\$1,150,000	\$1,125,000	25
69 Penwood Dr	4	2.1	2	\$925,000	\$999,999	9
11 Clinton Ave	5	3.2	2	\$1,149,000	\$998,000	92
42 Overhill Rd	4	2.1	2	\$889,000	\$890,000	7
400 Central Ave	4	2.1	1	\$900,000	\$875,000	18
127 Maple St	3	2.0	2	\$729,000	\$765,000	8
19 Riverbend Ct	3	3.0	1	\$685,000	\$674,000	35
47 Pearl St	3	2.1	1	\$644,900	\$650,000	18
92 High St	4	2.0	2	\$585,000	\$595,000	22

Source: GSMLS, selected properties sold between 03/24/2021-04/19/2021



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MAY EVENTS AT THE NEW PROVIDENCE LIBRARY

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All Year Long - Celebrate the NP Library's 100th Anniversary: The New Providence Memorial Library is celebrating its 100th anniversary from our founding in 1921. Join us all year long as we celebrate! Visit our website and social media pages for the latest on our year-long celebration, including great events like: Roaring 20s Community Read, Community Art Project, Time Travel History, Clara Says Videos, and more fun events to come!

ARC Book Review Crew - Ongoing (Teens)

Sign up to read Advanced Reader Copies (ARCs) of new YA fiction books before they're published! Read, then write reviews to be published on the library's Teen Book Review Blog to earn volunteer service hours. Email NPMLTeens@gmail.com for more information.

Signup for May Adult Take Out (Adults)

May 1 at 10 a.m.

Starting Friday, May 14

We'll check out a nonfiction book, a novel and a magazine to you based on your answers to our questionnaire. Your take out bag will also include a few surprises that you can keep! Fill out the Adult Take Out questionnaire to sign up.

Meditation: a Tool to Balance Your Life (Adults)

May 4 at 7 p.m.

Join Umesh Bhatia, who has been practicing meditation for over 20 years, for this lively and engaging virtual workshop. Email to register.

Storytime on the Lawn (Kids)

May 5 at 10 a.m.

Join us on the front lawn for a socially distant storytime. We'll read some stories, sing some songs and learn some rhymes! Email to register. Masks required for children ages 5 + and adults.

Boogie Woogie Babies (Kids)

May 6 at 11 a.m.

Boogie Woogie Babies is a dance class for baby and their big person! For children ages 6 months-3 years. Classes will take place on the front lawn weather permitting. Boogie Woogie Babies will meet weekly on Thursdays until 5/13. This program series is provided by donations in memory of Quinn William Mavis.

Origami 4 Teens by Teens - Modular Cube

May 7

Learn to make advanced modular origami projects in a fun, convenient format! These YouTube tutorials are for teens, taught by local teens. Email NPMLTeens@gmail.com to register for a pack of origami papers.

Pick Up May Teen Take Out Boxes (Teens)

May 10 at 3:00p.m.

If you signed up and received confirmation for the May box, check your email to see when yours is ready to be picked up in our library foyer. Keep the goodies, just return the library book when you finish!

Virtual Club Phoenix (Kids)

May 10 at 3:30 p.m.

In this program kids will learn about science, engineering, and logical thinking. This program is run by teen volunteers, who are passionate about sharing their love of science and STEM

with younger children. Videos will be posted once a month at 3:30 p.m. on the library's YouTube channel:.

Baseball Discussion Group (All Ages)

May 10 at 7 p.m.

Discuss teams, players and issues of the sport over Zoom with other baseball fans. Children with a guardian are welcome to join this group of mostly seniors. To join email the library.

Character Counts! Why Courage, Creativity, & Collaboration Matter in College Admissions (Teens)

May 11 at 6:00 p.m.

Learn how Social & Emotional Learning (SEL) distinguishes itself from academic factors and why even the most selective of colleges place an immense value on empathy, ethical behavior, and engagement with others. This CollegeWise webinar will discuss this in relation to course selection, extracurricular activities, and building a smart college list. We'll also include practical advice for students seeking to understand themselves better and portray the most authentic version of themselves in their applications. Email to register.

Boogie Woogie Babies (Kids)

May 13 at 11 a.m.

Boogie Woogie Babies is a dance class for baby and their big person! Classes consist of singing and dancing while working on fine motor skills.

Both adults and little people get to socialize, have fun, and most importantly, bond! Plus adults get to burn a few calories! For children ages 6 months-3 years. Classes will take place on the front lawn weather permitting. This program series is provided by donations in memory of Quinn William Mavis.

Teen Meditation for Stress Relief w/Dr. Somya Ramrakhyani (Teens)

May 13 at 6:00 p.m.

Dr. Somya Ramrakhyani, renowned pediatrician, meditation teacher and mental health advocate will offer a free 30-minute age appropriate meditation & breathing practice for teens. These methods have been proven to reduce stress, anxiety and aggression, and promote inner peace, confidence and focus. Email to sign up and receive the zoom link & passcode.

20th Anniversary Meeting of the Book Group (Adults)

May 13 at 7:30 p.m.

This month marks the 20th anniversary of this book group's first meeting in May 2001. The book group will discuss "I am Malala" by Malala Yousafzai. To borrow a copy and join the book group, email the library.

Tree Stewards - CANCELLED

May 15

This program will be held in the fall.

Origami Club (Kids)

May 17 at 3:30 p.m.

Learn all about origami and how to make your own creations right at home! This program is run by teen volunteers, who are passionate

about sharing their love of science and STEM with younger children. For children in grades 3-4. Email to register and receive the Zoom link.

Book Group (Adults)

May 18 at 10:30 a.m.

The book group will discuss "The Chilbury Ladies' Choir" by Jennifer Ryan. Copies of the book will be available to check out around one month prior to the discussion date. Email to join the book group and to get updates about how the group will meet this month (whether online or outdoors).

Yarn Bowl Weaving (Teens)

May 19 at 3:15-4:00 p.m.

Come learn how to weave an accessory bowl from yarn or twine. These little bowls make great gifts for Mother's or Father's Day or to keep for yourself to hold jewelry, keys, phone, etc. In person on the library front lawn if weather permits. (Take-home kit with instructions in case of rain.) Email to register.

Signup for June Teen Take Out boxes (Teens)

May 24 at 3:00p.m.

This is the LAST Teen Take Out signup until next fall! Teen Take Out is a monthly box of fun for NP teens in grades 6-12 with a current NPML library card. Each month, we put together a box for you including fun treats like snacks, crafts, bookmarks, buttons, stickers and more. Plus, we select a YA Fiction book for you based on your answers to our questionnaire! Use our Google form to sign up for the June box on May 24. (First 12 signups each month; preference to those who have not yet gotten one.) <https://forms.gle/zv8cxtbRZCysPSXF7>

Virtual Timed LEGO Build (Kids)

May 25 at 3:30 p.m.

Participate in our fun LEGO build challenge over Zoom! You will be given several building prompts and a time limit to complete each one!

After each build we'll share our creations!

Email to register. All ages.

VIRTUAL STORYTIME PROGRAMS

No Storytime May 31

Join us on our YouTube Channel

Storytime with Ms. Sam

Every Monday at 1:00 p.m.

Posted to our YouTube channel Email to receive the link and watch any day or time!

Storytime with Ms. Lori - 4, 5, 6 Yr Olds

Every Tuesday at 10 a.m.

Posted to our YouTube channel. Email to receive the link and watch any day or time!

Baby Storytime with Ms. Sam

Every Wednesday at 10 a.m.

Posted to our YouTube channel. Email to receive the link and watch any day or time!

Pajama Storytime with Ms. Debbie

Every Wednesday at 7:00 p.m.

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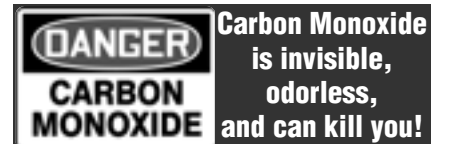
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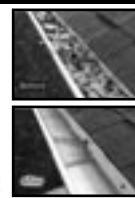
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KATHY LOUISE HENDRICKSON



Kathy Louise Hendrickson, of New Providence, NJ passed away on Thursday, April 8, 2021 at Overlook Hospital in Summit, NJ at the age of 71.

Kathy was born October 14, 1949 in Ypsilanti, Michigan and adopted by Dr. Willard J. and Kathryn L. (née Niedermeyer) Hendrickson. She grew up in Ann Arbor, Michigan and graduated with honors from Pioneer High School in 1967. She was a member of the International Club and the Ann Arbor Figure Skating Club, which performed locally.

Kathy initially attended Michigan State University then transferred to the University of Michigan where she majored in printmaking, drawing, art history and film studies. She received a Bachelor of Fine Arts degree, graduating with honors in 1971 and did post-graduate work at U. of M.'s Horace Rackham School for Graduate Studies. In 1972 she moved to Berkeley, California to study at the California College of Arts and Crafts in Oakland and the University of California at Berkeley's Film Studies extension program. In

1973 she was accepted to the Arts Center College of Design (then located in Los Angeles, CA) where she studied illustration, developing a talent for delicate renderings of natural themes such as flowers, birds and insects. and she received a second BFA in 1976. She later attended a Milton Glaser workshop in New York that deeply inspired her in graphic arts.

Her first professional job was working at Hallmark in Kansas City, Missouri from 1976-78 doing designs for greeting cards and other items. In 1978 she moved to New York City where she was hired to create beautiful fabric designs for Ameritex, V.I.P. and Concord Fabrics. Many felt her talent could have challenged William Morris had she stayed in the field. She moved to New Providence in 1982 and lived there the rest of her life. In the 1990's she went into textbook illustration including freelance work for Silver, Burdett and Ginn, Scholastic and other textbook publishers as well as doing decorative illustration for greeting card companies.

Kathy was a longtime member of the New Providence community pool where she indulged her passion for lap swimming and sunning. She was a regular at Friendly's until it closed and then at the Old Glory, where she

would often meet with or make friends. In her later years Kathy became very active in the New Providence Senior Citizens Club and served on its Board of Trustees. She was an enthusiastic bingo player and enjoyed the company of many friends. Although Kathy never married, she became an "aunt" and "grandmother" to the children of her friends and neighbors and always encouraged their interest in art. Kathy loved music, classic film and animals.

Kathy is survived by her cousins, nieces and nephews, her cat Angel, who now has a new home, friends old and new, including her "crew" at the senior center and the many children she loved and mentored. She was predeceased by her parents and her brother James Paul Hendrickson.

Private funeral arrangements are under the direction of Paul Ippolito Summit Memorial, 7 Summit Ave, Summit, NJ and she is expected to have her ashes interred with her parents in Ann Arbor, Michigan. Please visit www.ippolitofuneralhomes.com for additional information and to share condolence messages with the family. In lieu of flowers donations may be made in her memory to St. Hubert's Animal Rescue Center in Madison, NJ, the ASPCA or your local animal rescue center.

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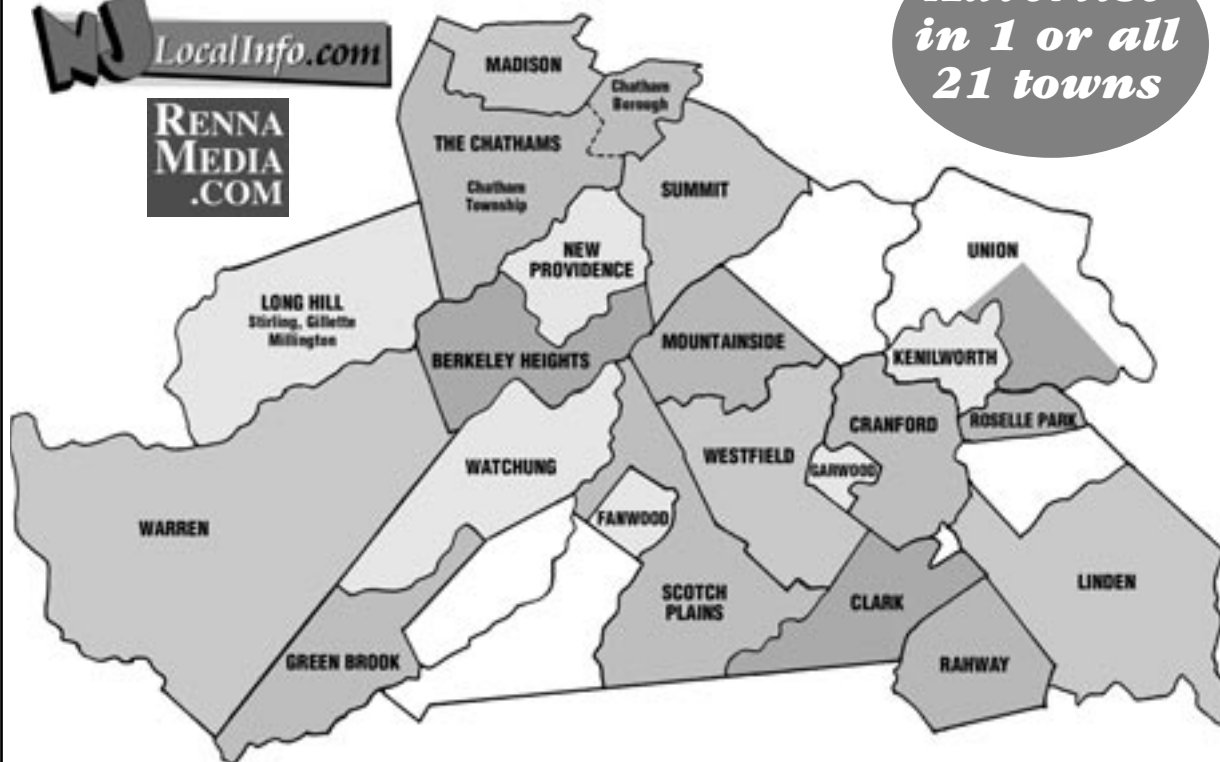
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6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400
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Know where your web traffic is coming from and why.

- **ELIMINATE / AVOID COSTLY SCHEMES**

Evaluate the return you are getting from your online marketing costs.

- **INCREASE ONLINE MARKETING RESULTS**

Recommendations include ways to increase traffic to your website

- **NO OBLIGATION**

This service is recommended even if you have an existing web management contract. Use it to tune up your marketing plan.

**ONE TIME
FLAT FEE
\$250**

**Call for a consultation
if you do not have a website
or if need a new one.**

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com

WEBSITE / SEO SERVICES

- **STARTER WEBSITE: \$500**

Basic static site that can be developed further

- **WEBSITE CREATION/UPDATE: \$2,400**

Cost for average website: 12 pages, contact form, SEO friendly, responsive design

- **WEBSITE HOSTING: \$300 PER YEAR**

Includes website hosting, software updates, monthly website content updates

- **SEO SERVICES: AVERAGE COST \$1,000 - \$2,000 PER MONTH**

Custom tailored solutions: Google Ranking, Local SEO, Social Marketing

**Call for free a consultation if you need
help developing an online marketing plan.**

**STARTER
WEBSITE
\$500**

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com

Full Color Flyers and Menus Printed and Mailed to Every Home and Business in Town!

MENUS - PRINTING - \$50 PER THOUSAND

Rate is for quantities of 25,000 or more.

For quantities less than 25,000 cost is \$68 per thousand.

11"x17" / Full color / 2 sided / 60lb gloss coated stock /

Includes folding (quarter fold or tri-fold, with or without coupons tab)

FLYERS - \$35 PER THOUSAND

8.5" x 11" / Full color / 2 sided / 60lb gloss coated stock /

Tri-fold add \$10 per thousand

INSERTED AND MAILED TO EVERY HOME AND BUSINESS

\$60 per thousand. (as low as \$30 per thousand depending on quanttiy.)

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com



**FLYERS
\$35
PER 1,000**

**MENUS
\$50
PER 1,000**

Attention Men & Women Over 40 Not Working Out Right Now **HOW TO LOSE EVERY POUND GAINED DURING COVID IN 30 DAYS...GUARANTEED**

**Covid 19 brought an average weight gain of 29 pounds
...but not for these 4 local residents**

**"MY ACHES AND PAINS HAVE MOSTLY GONE AWAY,
AND I DEFINITELY HAVE MORE ENERGY"**



David: The pandemic negatively impacted how dedicated I was to working out and the type of food I ate. When I joined the challenge I increased my workout routine to at least 5 days per week. Now I feel great. My aches and pains have mostly gone away and I definitely have more energy during the work day.

**"I STARTED TO FEEL IMPROVEMENT
AS QUICKLY AS 1-2 WEEKS INTO JOINING"**



Tom: Before joining GFP I never really maintained consistent strength training. At GFP it's easy to build momentum, and I started to feel improvement as quickly as 1-2 weeks into joining. The challenge showed me how rapidly progress can occur if you pair nutrition guidance with regular workouts. More importantly it helped me build lasting habits that have made me consistently healthier.

**"GFP HAS GIVEN ME MY CONFIDENCE BACK.
I FEEL GOOD IN MY BODY AGAIN"**



Kristy: Before GFP I had never been to the gym before, but the trainers helped me learn how to work out effectively. I started working out six days a week, and I really saw results. Those results kept me motivated to continue coming back. GFP has given me my confidence back. I feel good in my body again.

"MY RESULTS INSPIRED ME TO KEEP GOING"



Cathy: My fitness routine had gone off track, and some of my old injuries had started to bother me. I missed working out regularly, but I was lacking direction and the right motivation to get restarted. The trainers helped me get back on track with both my fitness and nutrition. I soon started to see results, which inspired me to keep it going.

START YOUR FITNESS JOURNEY MAY 17th (9 SPOTS REMAINING)

Here's What You Get:

- **12 Personal Training Sessions** so you can get stronger, build lean muscle and gain energy at half the cost of hiring a personal trainer
- **A Customized Fat Loss Nutrition Program** so you will have certainty that you're eating the right type and amount of food at the right times of the day.
- **30 Days of Accountability Coaching** to keep you on track with your fitness nutrition, lifestyle and sleep goals
- **Unlimited Access to our Team** of super friendly, experienced and VERY credentialed personal trainers that work with people of ALL fitness levels. Ask them whatever you want, whenever you want.
- **The Chance to Win a FREE YEAR of Personal Training.** We're giving away a free year-long membership for this challenge. All details given when you call or come in for your free discovery session.

**TO INQUIRE ABOUT
COST AND AVAILABILITY,
SCAN THIS QR CODE
WITH YOUR
PHONE'S CAMERA**



OR CALL 908-464-4441