THE CHATHAMS,

MAILED FREE TO EVERY HOME AND BUSINESS IN THE CHATHAMS

Published by Renna Media

Issue 41 • May 2021

WE'LL BUY YOUR **HOME FOR TOP** TEAR IT DOWN!



We are the Gerckens Family. lifelong area residents. We love older homes and where others see "tear downs," we see "diamonds in the rough."

We may *pay more*, and **never** destroy - only enhance - your home after the sale.

We make fair, cash offers with no inspections, repairs or appraisals! We are buying now, and we can only buy one at a time, so. . .

Call Our Agent Now! Scott Gleason Sales Associate 908-233-9292



BRIDGEPORT CT PERMIT NO. 390

ECRWSS

BOYSCOUT TROOPS 8 AND 280 LEAD SCOUTING COMPETITION

Submitted by Kathy Shrekgast, Troop 8

BSA held its annual Klondike Derby at the Mt. Allamuchy Scout Reservation in March, providing Scouts the opportunity to compete in teams and showcase scoutcraft skills and leadership ability. Scouts tackled a series of stations on firebuilding, cooking, shelter-building, and scout lore, among other skills. Troops from all over entered teams into senior and junior divisions, but the talented scouts from Chatham Troop 8 and Troop 280 came home with half of the awards.

Together, Troop 8 and Troop 280 fielded 9 of the 36 sled teams that competed. Troop 8 won first and third place in the senior division, and 4th and 5th place in the junior division. Troop 280 won first place in the junior division and fifth place in the senior division, their first year competing in the senior division.

Troop 8 has a storied 105-year history in Chatham, with nearly 70 active Boy Scouts operating out of Odgen Memorial Presbyterian Church. Troop 280 is a growing and active allgirl troop of 40 Scouts, founded in 2019 and chartered at Gloria Dei Lutheran Church. For information, email bstroop8@gmail.com or troop280Chatham@gmail.com.







Gas Grill \$749.00



Genesis® II S-315 Gas Grill \$899.00

908-665-1212

25 Passaic Street New Providence, NJ 07974

www.colonialappliance.com

THE CHATHAMS

The Chathams is published by Renna Media. 7,400 newspapers are printed monthly and mailed to every business and resident in Chatham.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

©2020 Contents of this newspaper cannot be reproduced without written consent from Renna Media LLC.

To submit content email: editor@rennamedia.com

The Chathams
is online at
www.rennamedia.com
like us on
facebook.com/The Chathams



Reserve space in the next issue. Call Tina today at 908-418-5586 or email info@rennamedia.com



HAZARDOUS WASTE DROP-OFF DATES SET

COVID-19 Guidelines Require Face Coverings, All Materials in the Trunk

The Morris County Municipal Utilities Authority will hold four Household Hazardous Waste Disposal Days in 2021 for residents, with the first opportunity on May 22.

Guidelines regarding acceptable hazardous material includes pesticides, herbicides, fertilizers, oil-based paints, stains, paint thinners and removers, solvents, automotive fluids, lead acid and rechargeable batteries, pool chemicals, and darkroom chemicals.

Also accepted are aerosol cans (not empty), propane and helium cylinders, small quantities of asbestos (wetted, double bagged and sealed with duct tape to a 100 pound limit), driveway sealant, roofing tar, fluorescent bulbs, PCB-ballasts, mercury thermometers and switches, household cleaning products, muriatic acid.

Latex paint is NOT accepted because it is not considered hazardous. Latex paint should be dried out and disposed of in the trash.

Explosive or highly reactive materials, such as picric acid or nitro compounds, will not be accepted.

E-WASTE, used consumer electronics, will not be accepted. Visit MCMUA.com or call 973.829.8006 for E-Waste disposal information.

These events are for residential household

waste. Businesses are not permitted to attend these disposal events. Businesses can visit the permanent facility in Mount Olive by appointment only.

DROP OFF EVENTS ARE SCHEDULED FOR:

- Saturday, May 22, 9 a.m. 2 p.m. at Morris County Public Safety Training Academy, 500 West Hanover Ave., Parsippany
- Saturday, June 26, 9 a.m. − 2 p.m. at Morris County Public Safety Training Academy
- Saturday, September 25, 9 a.m. 2 p.m. at Morris County Public Safety Training Academy
- Saturday, October 23, 9 a.m. 2 p.m., at Chatham High School 255 Lafayette Ave., Chatham

Due to COVID-19 restrictions, MCMUA is requesting that patrons store all materials in the trunk, cargo area, or bed of the vehicle for easy access by the MUA's contractor, whose team will remove it from the vehicle. All participants dropping off household hazardous materials must wear face coverings, keep their vehicle windows closed, and stay in their vehicles for the duration of the event.

Please plan your visit accordingly.

Visit MCMUA.com for additional updates regarding our Household Hazardous Waste and other programs as they are announced.





AGES

Campers: Age 3 - 5th Grade Counselors: 6th Grade and up

IN-PERSON & COVID-SAFE

(Limited Enrollment)

DATE

August 23-27 9am - 2pm



Enrollment is limited - register today!



COVID-19 PRECAUTIONS

- · Limited enrollment on a first-come, first-served basis
- · Meet or exceed all state guidelines for COVID-19
- Consulting with NJ's top camp directors on best practices, including designated pods
- · Increased health and sanitizing practices

RELAY FOR LIFE OF CHATHAM – SATURDAY, JUNE 5TH

American Cancer Society

Join the fight against cancer, as the Chatham community rallies together on Saturday, June 5th from 4:00 p.m. to 7:00 p.m. to honor and remember loved ones and take action for lifesaving change. Due to the pandemic, Relay For Life events might look different but the passion and commitment to fight cancer is unchanged. The event will take place at Cougar Field, 312 Shunpike Rd., Chatham Township.

For more than 35 years, participants and volunteers across the world have come together and raised nearly \$6.65 billion to save lives from cancer. Relay For Life continues to be more than just an event - it's a movement, a community of like-minded survivors, caregivers, volunteers and participants who believe that the future can be free from cancer. Even a pandemic can't stop the lifesaving mission of the American Cancer Society.

This year, we plan to host a walk-thru

experience for the Relay For Life event. During our walk-thru event, our participants will be able to experience some traditional elements of Relay.

Funds raised help the American Cancer Society conduct breakthrough research, provide 24/7 support for cancer patients and access to lifesaving screenings.

For more information please contact Halle Baker at halle.baker@cancer.org or visit www.relayforlife.org/chathamnj.



(above) Relay For Life of Chatham will be held on Saturday, June 5th, 4-7 p.m. at Cougar Field, 312 Shunpike Rd., Chatham Township.

Spectacular Ocean Beach Vacation

Popham Beach, Maine Only \$1,900 for a week in August





- 2021: Reduced Rent
- Beach-front cottage
- Ground Level
- Sleeps 6

Call or Email Teri & John 732-423-2792 - Popham@optimum.net

For photos & other info, visit: www.FamilyFriendlyVacationRentals.com/p9858



GET THE HELP YOU NEED CLOSE TO HOME

World-Class Substance Abuse & Mental Health Outpatient Treatment

The Counseling Center offers a full range of substance abuse and mental health treatment in a serene and comfortable atmosphere with flexible scheduling during day and evening hours.

10 Facilities Throughout New Jersey

Freehold • Monmouth Junction • Clark • West Caldwell • Fair Lawn • Middlesex • Cherry Hill • Toms River • Roxbury • Robbinsville

LEARN MORE AT TheCounselingCenter.com 855-788-8247

All Services Also Available Via Telehealth

FUN FESTIVAL FOR ALL BOYS & GIRLS ENTERING K-5

Cub Scout packs and Scouts BSA troops of Chatham and Madison will hold a Fun Festival on Saturday, May 8 from 1 - 4 p.m. at the Madison Community Pool, 105 Rosedale Ave.

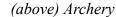
All boys and girls who will be entering grades K-5 in September are invited. This is a free event.

Activities will include: a model campsite, archery, bb, backyard bass, balloon popping, stomp rockets, corn hole, and Pinewood Derby cars

We will be following all social distancing regulations in effect on that date and all participants will wear masks.

Please let us know you are coming, tinyurl.com/funfestchatmad. For more information, email Al.Thomas@Scouting.org or call 973-765-9322, x229.







(above) Pinewood Derby

CONSUMER ENDORSED & APPROVED: HIGHEST RATING IN UNION COUNTY

Highly Recognized Care in the Heart of New Providence

At Spring Grove, we offer a comprehensive continuum of subacute rehab and skilled nursing care to ease your transition from hospital to home.



Physiatrist Driven Customized Rehab Planning by Dr. Jean Bachar

Onsite Physician and Specialty
Consultations by Leading Area Physicians

NEWLY RENOVATED REHAB WING

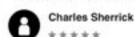


2019-20



Spring Grove is by far the best rehab center I have ever been to. The staff are kind and caring and have gone above and beyond my expectations. The building is kept extremely clean and the new renovations are very nice.

Thank you Spring Grove for a wonderful and pleasant stay.



I have been at Spring Grove for a few weeks now, they have exceptional service and excellent staff. All the nurses have been professional and attentive to all my needs. I never thought a rehab center can have such a beautiful layout and well put together. The newly renovated room I have stayed in, is up to date and extremely clean. The therapy staff have gone above my expectations with their expertise and getting me to where I am today. Alyssa the social worker has gone above and beyond with all her assignments.

Thank you Spring Grove.



The nursing staff and administration is professional, patient, attentive and understanding. The facilities are very clean and well maintained. My parents room is always clean and tidy. Although it was a difficult decision to make relocating my folks from a home environment to a senior living facility. Spring Grove made my decision easy.

Thank God for them!



REHABILITATION & HEALTHCARE CENTER

144 Gales Drive, New Providence, NJ 07974 • (908)464.8600 SpringGroveRehab.com

A PROUD MEMBER OF MARQUIS HEALTH SERVICES



Spring is Here! Call Today for a Free Estimate! 📵 855.624.6655







ROOFING | SIDING | WINDOWS KITCHENS | BATHROOMS | BASEMENTS MASONRY | DECKS | PORCHES

Payment Plans WINDOWS \$209 BASEMENTS \$395 KITCHENS \$389 BATHROOMS \$199 ROOFING \$249 DECKS/PATIOS \$189

SIDING \$289 PORCHES/STEPS \$185 o% Plans Available! Estimated monthly payments.
Rates & payments based on credit approval.

VIRTUAL MEETINGS ALSO AVAILABLE

Interior & Exterior Remodeling | Family Owned & Operated

100% FINANCING AVAILABLE | 30+ YEARS EXPERIENCE

NJDCA 13VH07755300

MagnoliaHomeRemodeling.com 🗵





ARED LIVING - AGES 62 & OLDER



Private, spacious rooms with full baths includes dinning, activities, and housekeeping in ranch style homes. 💷



Attractive • Affordable • Available Now!

To learn more call **908-526-8130** or visit www.CHChousing.org

JANET LEICHT, DPM

Podiatrist specializing in foot and ankle, bunions, hammertoes, diabetic fact. hammertoes, diabetic foot care, heel pain, neuromas, surgery, orthotics and sports medicine

Mon: 1:00 PM - 6:00 PM Thu: 9:00 AM - 12:00 PM Tue: 9:00 AM - 7:00 PM Fri: Surgery Day Sat: 8:30 AM - 12:00 PM Wed: 9:00 AM - 1:00 PM

908-381-8160 janetleichtdpm.com

369 Springfield Avenue Berkeley Heights, NJ 07922

Pediatric Occupational Therapist

Susan Hero MS, OTR/L

www.susanhero.com Providing: In Home Therapy and Teletherapy

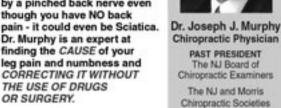
The OT Hero (732) 259-5558 Local area resident

You Don't Have To Live With It!

That "searing, burning pain" in your thigh and calf... that "aching, numbing" feeling in your hip and buttocks. that "tingling" in your foot

and toes and loss of balance It interferes with your ability to walk, to ride a bicycle, play golf, garden... to have FUN IN LIFE!

Leg pain, thigh ache and numbness, and tingling in the foot may actually be caused by a pinched back nerve even though you have NO back ain - it could even be Sciatica. Dr. Murphy is an expert at finding the CAUSE of your ain and numbness and CORRECTING IT WITHOUT THE USE OF DRUGS



"YOUR BETTER HEALTH IS OUR ONLY CONCERN!"





Palmer Graduate

301 Main Street • Chatham 973-635-0036 • www.drmurphy.com

CLOTHING DRIVE – MAY 21

Society will be holding a clothing drive on Friday, May 21, 2021.

Your donations can be dropped off at the church meeting room, 250 Bebout Ave., Stirling from 10:00 a.m. until 6:00 p.m. on May 21. The needed items are men's, women's and children's clothing, shoes, belts, ties, handbags, backpacks and hats. We are also accepting linens (bedding, curtains, towels, pillows, small rugs and quilts) and bikes, strollers and stuffed animals. Please put all items in kitchen plastic bags weighing less than 20 lbs. (except the bikes and strollers) and tie the bag closed. Bag

St. Vincent de Paul Parish Rosary Altar shoes separately. Please do not bring your items to the church meeting room before the collection date as we do not have any space to store them.

A & E Clothing Corp, Carteret, NJ, helps facilitate collection of clothing, linens and shoes for distribution throughout the US and developing countries. They will sort and ship the items and compensate the Rosary Society per pound collected. These funds will go toward the needs of the Parish community.

Please contact the parish office at 908-647-0118 or parish@stvincentschurch.org with questions.



(above) St. Vincent de Paul will hold their Spring clothing drive on Friday, May 21, 2021. Pictured is the collection from their Fall drive.

SENIORS' DAY TRIP TO ATLANTIC CITY

The Berkeley Heights Seniors plan to resume their monthly trip to Resorts Casino in Atlantic City on Monday, May 17. The bus leaves Berkeley Heights at 8:30 a.m. and returns at 7:15 p.m. The cost is \$35 which includes bus transportation and a \$20 voucher for slot play. For further information and reservations, call Ramona at 908-647-3295.



SPECIAL DISCOUNTS

Doctor Appointments • Anywhere local We will pick up any prescriptions & little shopping needs.

THE RIGHT CARE. RIGHT NOW.

COVID TESTING ON SITE X-RAYS / LAB TESTING MOST INSURANCE ACCEPTED NO APPOINTMENT OR REFERRAL REQUIRED

AFC URGENT CARE SHORT HILLS

704 Morris Turnpike, Short Hills Near Panera Bread and WaWa 973.671.5350 | AFCUrgentCareShortHills.com

COVID-19 RAPID AND PCR TEST AVAILABLE









URGENT CARE





CHIMNEY & ROOFING SPECIALISTS

MURSELI PRO CONSTRUCTION 908-361-6372

1-800-650-0968

Family Owned & **Operated For** 17 Years

- All Work Guaranteed
- 24/7 Emergency Service
- 20% Senior Discount
- Major Credit Cards
- NJ Lic. 13VH08570100







arbon Monoxide is invisible, odorless, MONOXIDE and can kill you!

May Special **COMPLETE SET OF STEPS**

Up to 6 Feet, 5 Steps / Brick, Limestone & Concrete

\$2,800

With this ad. Cannot be combined with any other offer. Expires May 31, 2021





FOUNDATION

NEW



FUNDATIONS REPAIRS

WATERPROOFING

- STEPS
- BRICK & BLOCK
- SIDEWALKS
- REPAIR



- RE-ROOF
- NEW ROOF
- ROOF REPAIRS
- SHINGLES FLAT ROOF



- RE-LINE
- REBUILD
- CAPPING

GUTTERS

- CLEANING
- INSTALLATION
- SCREENING
- REPAIRS
- REPLACEMENTS



(Any Average House)

ON ROOF REPLACEMENT

of \$500 or more

With coupon. Cannot be combined with any other offer. Expires 5/31/21.

of \$800 or more With coupon. Cannot be combined with any other offer.

Expires 5/31/21.

With this ad. Cannot be combined with any other offer. Expires May 31, 2021

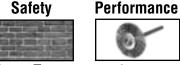
Why Should I Use A Chimney Lining System? Protect your house from heat transfer

- combustibles
- Protect the masonry from the corrosive by products of combustion
- Provide a correctly sized flue for optimum efficiency of appliance





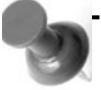






Long Term Easy & Effective **Preservation** Cleaning

Improved



ATTENTION PARENTS OF KIDS AGES 6-18



31 IDEAS TO HELP KIDS EAT BETTER, RUN FASTER, GET STRONGER AND BECOME THE BEST VERSION OF THEMSELVES

Cut This Page Out and Put on Your Refrigerator

Eat Better	Run Faster
☐ Drink AT LEAST 4 Water bottles	□ Do 10 hill sprints
\square Have a fruit or veggie with each meal	☐ Perform 15 Broad Jumps
\square Have nuts instead of chips as a snack	☐ Sprint for 50 yards
☐ Have a source of protein in each meal	☐ Perform single leg jumps
☐ Take a multivitamin	☐ Perform High Knee Marches
\square Limit sweets to only one serving	Build Confidence
Get stronger	☐ Do something outside of your comfort zone
☐ Perform 50 bodyweight squats	☐ Read a book
☐ Perform 50 pushups	☐ Practice or spend time on your hobbies
☐ Perform a plank for 60 seconds 3 times	☐ Learn a new skill
☐ Perform 25 vertical jumps	☐ Work towards a new Goal
☐ Get at least 8 hours of sleep a night	Be More Active
Be Happier	☐ Walk during TV show commercials
☐ Get at least 30 minutes of exercise	☐ Schedule exercise time
☐ Do a morning routine that you enjoy	☐ Whenever you see a commercial
☐ Write 5 things that you are grateful for	for a car company, perform 10 squats
☐ Adopt a Growth Mindset	☐ Find a buddy, and exercise with them
☐ Listen to music whenever you can	☐ Try a new method of exercise every week
	(i.e. biking, running, lifting weights, etc.)

Do You Want
GRIT ATHLETE PERFORMANCE
to Help You with all of this?

Registration for Our 10 Week Summer Program Now Open



Early Bird Registration Expires June 21 www.gritathletes.com



Summer Athlete Performance Camp AGES 6-18 in Berkeley Heights

Discover how to get your children strong, fast, and confident this summer...so they can become the best athletes they can be.

- They want to get better at sports but struggle because of lack of speed, strength or stamina.
- They eat more junk food than healthy food and you need another voice to help them understand how important a healthy diet is during these developmental years.
- They need to improve their confidence and you want them to start to get better at recovering from their mistakes.
- They're doing pretty good right now but want to take their performance in their sport to a higher level.

This program is for your child if: Here's what parents can expect to happen:

- They will get stronger which means when they show up to their sport they'll be able to perform better than ever.
- They will run faster and jump higher so they can show up to their next season and people will start asking what the heck have they been doing.
- They'll become more coordinated and improve agility which means they'll pick up new skills their coaches teach them faster.
- Your children will start to eat better because we'll be educating them daily on what's good and what they should avoid...don't be surprised if they start asking you to buy more vegetables.
- Confidence will skyrocket. When kids get stronger, faster and more fit...their confidence will rise ...so will their self-esteem which means their performance in every aspect of life will get better.
- Their mindset will improve. We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.





















The Details **JUNE 21-AUGUST 27** Please visit www.gritathletes.com for days/times at each age group and for pricing. GRIT SPORTS PERFORMANCE COMPLEX (Located inside Gabriele Fitness in Berkeley Heights) SIGN UP TODAY! Summer Program **Early Bird Registration** Expires June 21

HOW TO REGISTER





STEP 3 **Leo Will Call You** To Set You Up



About Grit Athlete Performance (A Gabriele Fitness Company) GRIT helps kids ages 6-18 get strong, fast and confident so they can build a bigger and better future. They are located in Berkeley Heights inside Gabriele Fitness. All Grit coaches have been handpicked via a very lengthy interview process by Gabriele Fitness founder, Vince Gabriele.

EMERGENCY SQUAD CELEBRATES 85TH YEAR - LAUNCHES FUND DRIVE

Submitted by Evan Skinner

Despite the challenges faced by numerous allvolunteer emergency squads that are struggling to stay afloat financially or with adequate membership, the Chatham Emergency Squad is thriving. Having come through the worst of a national pandemic without a single member becoming infected with the virus, CES is looking forward to continued strength and growth. But it is also looking back. Because this year, CES is celebrating its 85th anniversary.

Originally an outgrowth of the Chatham Fire Department, CES was created by action of the Borough Council in 1936 and purchased its first ambulance, a Miller LaSalle, two years later. By 1949, the firefighters couldn't keep up with the demand on the emergency side and in 1951, the Chatham Emergency Squad, Inc. was established as an independent organization. New members were recruited and trained and a year later a fund drive was created to finance a new home for the Squad. In late 1954, the building at 31 North Passaic Avenue was dedicated and the additional funds raised were used to purchase a second ambulance.

The '50s and '60s saw continued changes. Because staffing was so challenging, the decision to accept women was made in 1959. By 1968, federal and state laws were passed to regulate training in the field of emergency response. A training course for Emergency Medical Technicians (EMTs) was introduced in New Jersey in the early 70s.

Meanwhile, in Chatham, population growth and real estate spread was making timely response from the Borough building more of a challenge, so plans for a Township building took

opened on August 9, 1982. Although each building has been renovated once, the last building improvement took place in the Township in 1998.

CES continues the response standards set long ago. Its volunteer members provide emergency response free of charge 24 hours/day every day of the year. CES President, Steve Davenport said, "In addition to the tax savings, an additional benefit to the community of being an allvolunteer squad is our ability to provide non-emergency transport and to assist residents who have medical issues into and out of their homes. We're also present at Chatham High School football games, Fishawack, and local sports tournaments and fundraising sports events. No paid squad can provide that level of service."

What started with a few firefighter members in the '30s is now a vibrant, professional team of more than 80 members. Members range in age from early 20s to early 70s, are almost equally male and female, and include students, professionals, people who work from home and people who aren't in the paid workforce. From the 22 calls completed in 1950 to the nearly 1200 calls in 2020, CES has grown as demands upon it have grown.

One tenet of CES's success is the high standards to which they hold their volunteers. All members must pass the National Registry EMT exam and complete a 12–18-month probationary period in which numerous training classes and experiential assignments must be completed. Each volunteer commits to a 12-hour per week regularly scheduled shift on either the day or night shift, an average of eight weekend shifts per

form. The new building at 45 Spring Street year and usually one holiday shift. Members are required to keep up with annual and semi-annual training classes and must complete 48 continuing education hours/3 years to maintain their EMT license.

> The counterbalance to those rigorous requirements is CES's flexibility and mission. CES recognizes that its members have personal obligations, careers, vacations, and unexpected changes that must be accommodated. It's a given that crew members might need to respond to calls from their homes, offices or while taking care of business. CES insists that no member be financially burdened while pursuing this volunteer opportunity, so training is reimbursed and uniforms are provided.

> Members agree that there is no stronger way to bond to their community. Robin Hoppe, Personnel VP and 6-year member said, "This volunteer work is very rewarding. You are helping people on what is likely the worst day of their year or even their life. Our patients frequently report that they feel better the minute that we arrive. There's something about our presence and our actions and our way of communicating with patients that inspires confidence. Joining the Emergency Squad has been one of the best decisions I've ever made. This is a small town and we truly are neighbors helping neighbors."

> CES is an indispensable community service that is funded almost entirely by donations from the community. The annual fund drive is a critically important event to cover its operating expenses for the year. Mailers soliciting donations arrived in local businesses and residents' homes in April.

> CES celebrates the important role it has played in the fabric of the lives of the Chathams for 85 years and looks forward to continued growth, change and success in pursuing its mission - to deliver high-quality life saving care at no charge to the Chatham community. In addition to providing Basic Life Support (BLS) service, CES also hosts blood drives and provides free CPR training to residents, teachers, coaches, school crossing guards and emergency personnel, including fire and police. CES always welcomes new volunteers. To learn more, to volunteer, or to make a donation to the annual fund, visit chathamemergencysquad.org. Checks can be mailed to P.O. Box 609 Chatham NJ 07928.





ROSE CITY RUNNERS SEEKING NEW MEMBERS

Attention area runners! Whether or not you are affiliated with a running club come check out the Rose City Runners. We meet every Saturday morning at the Kitchell Rd. parking area of nearby Loantaka Park. Meet time is 8:30 a.m. April-October and 9 a.m. November-March.

Because of the current pandemic, getting together for a run is our only activity for the

Madison/Chatham/Morristown time being. Because we break into smaller team is an option, but not a requirement for groups on pace, we are able to keep our distance safely. We hope to be back soon to sharing a post run breakfast every Saturday, complete with a fire in the shelter fireplace on cold winter days. We also hope to start having member hosted house parties. When races start coming back our USATF racing team will be active racing against other NJ clubs. Racing on the

membership. Just come some Saturday. Members run varying paces (including a few walkers) and cover 3-8 miles, much on quiet wooded park trails. We are a friendly welcoming group.

Contact BarbaraRushman@yahoo.com or visit our website www.RoseCityRunners.com for more information.



(above) A group run at the group's meeting place in Loantaka Park. (front row) Pam Helmer, Dede Paul, Lee Brush, Beth Nelson, Lynda Brush, Bobi Commer, Noriko Charnley, Lauren Dolan, Aileen Flanagan, Alison Redmond, Joseph Balwierczak, Gerry Ciciciola, Chuck Paul; (back row) Himanshu Pandya, Judy Ahlers, Henry Ahlers, Manav Agarwal, Jim Bickelhaupt, Peter Allen, Robb Lillibridge.



NEW JERSEY VETERANS NETWORK

Dedicated To Helping Veterans And Their Families Live Better Lives

If you are a veteran, or family member, in need of assistance or comradeship, please contact us at NJVN1775@gmail.com or call 973-332-1556.

Visit online at NJVN.org for more information about our services, and ways you can make a difference in a heroes life.

You Are Not Alone

If you, or someone you know is in emotional distress or suicidal crisis, please call us for support.

We Are Here to Listen www.caringcontact.org





HISTORIANS SEEK PHOTOS OF RAILROAD WORKERS FROM YESTERYEAR

County of Morris

There was a time when "Railroaders," as they were known, were revered in New Jersey and around the nation.

In Morris County, the term "railroader" became a catchall phrase for railroad employment, from those who worked on the railroad and at the depots to ticket agents and, of course, the engineers, who were written about in absolutely heroic terms in early newspapers of the 19th Century.

It was a time in America when the railroads served as a commercial boon for the towns they served, whether it be commuter trains or the freight lines. The "Iron Horse" allowed for settlements in the west, and the growing railroad network allowed wealthy northerners to winter in the south, establishing Florida as the place for "snow birds" more than a century ago.

Morris County historians are compiling lists and records of the local men and women who built, supported and just made the railroads go in those early days and are asking anyone with photographs to share them. The county is interested in any aspect of railroad employment.

Please contact Jan Williams in the Morris County Office of Planning & Preservation at jwilliams@co.morris.nj.us if you photographs to offer.

It is an important aspect of Morris County whippanyrailwaymuseum.net.

history worth documenting. Railroads were once a staple in Morris County life. They provided shopkeepers with goods, afforded speedy mail delivery and, most importantly, were a key source of employment. Railroads served as a companion tool for the Morris Canal; eventually overtaking the canal as a favored transportation mode for ore, goods and people.

There are examples of "canalers" trading life on the water for one on the rails.

It is worth noting for the "railroader" enthusiasts that Morris County boasts its own steam locomotive, which is pictured on this page. The United States Army Steam Locomotive No. 4039 is listed on both the New Jersey State and National Registers of Historic Places.

The locomotive has been under restoration with the help of a large federal grant, public donations and funds from the Morris County Historic Preservation Trust Fund. The fund also has helped to restore and preserve historic railroad stations, such as in Butler and Lake Hopatcong, and even support systems, including the Boonton train trestle.

Locomotive No. 4039 will be housed at the Whippany Railroad Museum, which is dedicated to preserving and recording the history of railroad activity in the region.

Learn more about the museum

LOVE SHOULDN'T HURT

Safe+Sound Somerset

You may have heard about the increase in domestic violence since the start of the pandemic as families are forced to shelter in place. Since then, Safe+Sound Somerset has seen a 40% increase in calls and texts to our 24/7 domestic violence hotline – even as it has become harder for those experiencing domestic abuse to reach out for help. Domestic abuse is a pattern of

controlling, threatening, degrading and violent behaviors by a partner. Abuse takes many forms, including emotional, psychological, physical, sexual and financial.

If someone you know is experiencing domestic abuse or dating violence, we can help.

24/7 Confidential Hotline - Call or text 866-685-1122. For more information visit www.safe-sound.org.





Finn Polisin Sales Associate, REALTOR O: 908 273 2991 • 908 500 4838 E: finnpolisin@kw.com

finnpolisin.kw.com • themavinsgroup.com 488 Springfield Avenue, Summit, NJ 07901



location for close to 30 years and is

world renown for her Psychic abilities

10am-9pm - 6 DAYS A WEEK

908-757-4450

2322 Park Avenue

South Plainfield, N.J. 07080

NEW CUSTOMERS \$10 OFF

D★D★♥★D★D★

WE BUY ANYTHING OLD

- Old Toys
- Coins and Medals
- Watches & Clocks
- Judaica Collectibles
- Military Collectibles Asian Decorative Arts
- Old Writing Instruments
- Antique Porcelain & Glass
- Art (Paintings, Sculptures, Old Prints)
- Jewelry (Vintage, Costume, Silver, and Gold)
- Sterling Silver, European Silver, Antique Silverplate

NJ ANTIQUE BUYEKS



201-450-0206 info@nj-antiques.com www.nj-antiques.com 3 East Pleasant Ave. Maywood, NJ

We do house-calls anywhere within the tri-state area.

DONATE UNWANTED BICYCLES

Faith Lutheran Church, 524 South Street in New Providence, will be collecting secondthird world countries.

The collection is being conducted on behalf of Pedals for Progress (P4P), an organization which annually recycles 6,000 bicycles for persons in developing countries.

Anyone with a bicycle in repairable condition economies. is urged to donate to this worthy cause. Bikes may be dropped off at the parking lot next to the church. Members of Faith will repair and process the bikes for shipment.

Since 2002, Faith Lutheran has been collecting bikes. In 2020, 170 bikes were collected from persons in New Providence, Berkeley Heights, Mountainside, Westfield, Warren, Scotch Plains and Fanwood. This range of towns was aided by articles published in Renna Media town newspapers.

Every year affluent Americans buy 22 million new bicycles and discard millions of old ones, abandoning many more in basements,

(above) Bikes filled the P4P truck to capacity.

On Saturday, May 8, from 9 a.m. to 12 noon, sheds and garages. Most of these end up in our already overburdened landfills.

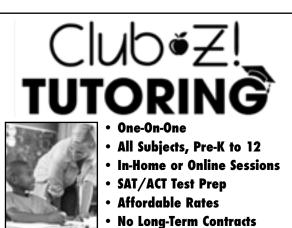
P4P ships its reconditioned bikes to persons hand bikes for use by adults and children in in need of countries in Latin America, Africa and Asia. The bikes provide reliable transportation to commute to work, transport produce to market, access health care and other services. Steady employment for adults is vital to the development and success of these

> Persons who have bikes but are unable to deliver them to Faith on May 8 may call the church office on 908-464-5177 or email family.faith@verizon.net.



(above) Alana Lamberti of Faith repairs a bike for shipment.





Call for details!

908-460-1855 908-365-1311

clubztutoring.com/north-jersey

@clubznorthjersey







SLATE - TILE - ASPHALT SHINGLES 908-389-0200

DO YOU NEED A DUMPSTER? Professional Delivery & Pickup **Affordable** Call to Reserve One Today We take (but not limited to)... **Logs & Stumps General Construction Demolition Debris Household Waste Bulky Waste Concrete & Asphalt**

NJ DEP# S27236

908-234-2382 Fast, Friendly, Reliable Service

Don't let your family memories fade away

HOME MOVIES TRANSFERRED TO DIGITAL **FILES & DVD**

- Video Tape Transfers
- DVD & Flash Drive Duplication
- Audio Cassette to CD
- Reel to Reel Audio to CD
- LP to CD
- High Speed Photo & Slide Scanning
- Foreign Conversions

VIDEO DATA SERVICES®

locally owned since 1984

www.vdsnj.com facebook.com/vdsnj email: ira@vdsnj.com 908-964-4004 406 Chestnut St. • Union, NJ 07083

MORRIS COUNTY CELEBRATES 4TH ANNIVERSARY OF HOPE ONE

Addiction & Recovery Program Credited With Saving More than 50 Lives

dampen the 4th Anniversary Celebration of Morris County's unique and heralded Hope One program, a mobile treatment and recovery unit that visits towns two to three times weekly to reach people in need of addiction services and

"We are not going to arrest our way out of this problem," said Morris County Sheriff James Gannon, whose office initiated Hope One four years ago with the aid of Morris County, its Human Services Department, the Mental Health Association of Essex & Morris, Prevention is Key and their Center for Addiction Recovery Education and Success.

Since 2017, the Hope One mobile unit has not only been finding people struggling with addiction and connecting them with help, but also encountering people who are homeless, on the verge of becoming homeless, or people needing food, medical care, legal advice and other types of assistances. The program led to a spin-off program launched this year called Hope Hub, a multidisciplinary panel of law

Rain, wind and even squalls of snow failed to enforcement, social services, mental health services, healthcare providers, treatment providers and recovery specialists who review the cases of at-risk people countered by Hope One, police, social workers, educators or any other government and nonprofit agencies.

> "If we did not have Hope One over these past four years, we would not have had more than 17,600 people contacted. We would not have had 3,302 trained in using Narcan to revive people who overdose. We would not have saved the 54 lives saved through Hope One," said Morris County Commissioner Director Stephen H. Shaw.

> Sheriff Gannon and the Commissioners also gave special thanks and recognition to Hope One Coordinator Erica Valvano, a corporal with the Sheriff's office, who has lead Hope One since its beginning.

To learn more about Hope One and view a schedule visit: morriscountynj.gov/Departments/ Sheriff/Community-Programs/Hope-One



(above) The Sheriff's Community Services Unit operates HOPE ONE in partnership with the Morris County Department of Human Services, the Mental Health Association of Morris County, and Morris County. To allow for more interaction and the ability to connect with individuals suffering from addiction, the HOPE ONE mobile recovery access center travels to different communities within Morris County. The vehicle parks and sets up refreshments in an effort to encourage those in need of services to approach the vehicle. Providing a comfortable, stigma free setting has allowed this program to effectively make contact with and provide services to individuals who have had difficulty navigating the journey of accessing appropriate services in the past.

THE IMPACT OF COVID -A LOOK BACK WITH GRATITUDE

On January 24, Home for Good Dog Rescue (HFGDR) achieved a milestone of the 9,000th dog adoption in just ten years since our founding. This new year is full of hope and thus, we look back to 2020 with gratitude to our friends, supporters, and community partners who lifted us up in the midst of the COVID pandemic.

Like so many others, the effects of the pandemic certainly presented challenges to the rescue. The immediate objective was to ensure the safety of our staff, volunteers, foster and adoptive families while continuing to carry out our mission of saving the lives of thousands of dogs living in squalid conditions, abusive situations, or on death row at high-kill shelters in the South.

From the pandemic, two trends emerged. First, changes in household routines and more time spent at home increased the community's interest in dog fostering and adoption. Second, the financial hardship of some households in the South exacerbated the need for dog rescue and respite in already severely life-threatening conditions.

"A year of quarantine and isolation has provided an opportunity for all of us to take stock of what is important in our lives," says Bernie Cicirelli, HFGDR Board Member and Director of Operations. "At the top of that list are our families, of which our dogs are an integral part."

The local community rallied around our mission and offered support in so many ways and for that, we are grateful. An emergency aid grant from the Berkeley Heights Business and Civic Association was a lifeline for the rescue. Other

On January 24, Home for Good Dog Rescue resources came in the way of supply and gift card donations and an increased participation in gadoption in just ten years since our founding.

The heart and generosity of our community continues to be a beacon of hope and light to pave the way to an even greater impact in 2021. On behalf of the dogs we save, and the families who have been enriched through fostering and adoption, we extend our deepest appreciation for the support of our community.

Sincerely,

The Home for Good Dog Rescue Team WHO WE ARE:

Home for Good Dog Rescue is a 100% foster-based, non-profit 501(c)(3) dog rescue established in 2010 in Summit, New Jersey, with offices in Berkeley Heights. We socialize, care for, and provide rescue dogs with life-saving medical care at our Wellness Center in Aiken, South Carolina, transport them to New Jersey, and nurture them in our network of foster families while they await adoption into loving homes - giving them a second chance at life.

We work to significantly decrease the number of animals living in conditions of squalor and under the threat of abuse and death, by rescuing, medically treating, fostering, transporting, and finally adopting those animals into loving homes. We promote humane companion animal ownership that recognizes the dignity of each and every life. Our rescues do not live in a shelter or kennel, but rather in loving, volunteer foster homes, right up to the point of adoption into their "home for good".



(above) Home for Good Dog Rescue extends a "thank you" to the community and celebrates their 9,000th dog adoption.

WOOD FLOORS

Sand • Stain • Refinish • Repairs • Installation

CARPET & RUGS
Clean • Stretch • Sanitize • Repairs • Bind
RESTOREMYFLOORS.NET

A DIVISION OF CARPET DOCTOR LLC.

116 SUSSEX ST. WESTFIELD, NJ **908-913-4650**

Insured * References * Visa / MasterCard

10% Discount On labor only. Materials not included. Cannot be combined with other offers. Exp. 5/31/21.



WE BUY ANTIQUES FREE HOUSE CALLS 908-578-7593

WE BUY: Sterling Silver, Antique Jewelry, Costume Jewelry, Coins, Art, Watches & Clocks, Porcelain, Modern Items (50's, 60's, 70's), Antique Toys, Asian Decorative Arts, Judaica, Lighting, Military Items Over 20 Some Furniture, Hummel & Lladro Figurines

years of Experience Located in Summit

Free on-site consultation at your home or business info@konantiques.com



908-464-9655

PeterWTraubRoofing@gmail.com

PeterTraubRoofing.com

A.A.S. in Construction, SUNY Delhi University Established 1985 • Lic. #13VH00107400

ity of Carpentry

Contracting, LLC

Wood Shingles

Copper Gutters

& Flashing

All Phases

Snow Guards

Established 1985 • Lic. #13VH00107400 • Roof Restoration 83 Industrial Road, Berkeley Heights, NJ 07922

A OHALITY

Custom / Interior Home Remodeling

Kitchens / Baths / and Much More

Aesthetic and functional living spaces

A to Z is known for our quality craftmanship, reliability "We deliver on our promises" and attention to detail.



Call for a Free estimate **973-701-1327**

Chatham resident with 20 years in business Fully Insured • Licensed in NYC and NJ #13VH11270300



We specialize in barrier free living environments that align with universal design principles.

"Improve functionality and accessibility of your home" by proactively considering your future needs now and avoid additional future expense later.

Get a free evaluation/estimate with our CAPS certified staff - NAHB (National Association of Home Builders) Aging in Place Specialist.

Marketing **Toolbox**

Renna Media offers a full range of marketing services, in print and online, hyperlocal to regional, for every budget and market size.

NEWSPAPER ADVERTS

We mail 135,000 newspapers to every home and business in 21 towns. You can advertise in any number of towns. Ads start at \$60.

FULL COLOR PRINTING

We print flyers and menus, full color, two sided, on coated stock for only \$35 per thousand.

DIRECT MAIL

Insert your flyer into the newspapers and get it mailed to every home and business for \$60 per thousand and as low as \$30 per thousand for higher quantities.

ONLINE MARKETING

Online ads and press releases designed and placed to drive traffic to your website and get your phone ringing.

SOCIAL MEDIA

We can design and/or manage your social media campaign from passive to aggressive plans customized to work within your budget.

WEBSITE AND SEO SERVICES

Start with an audit/analysis of your website giving you a report and recommendations for \$250.

It is highly recommended to have a marketing plan and budget before spending.

CALL JOE RENNA FOR A FREE CONSULTATION. 908-447-1295

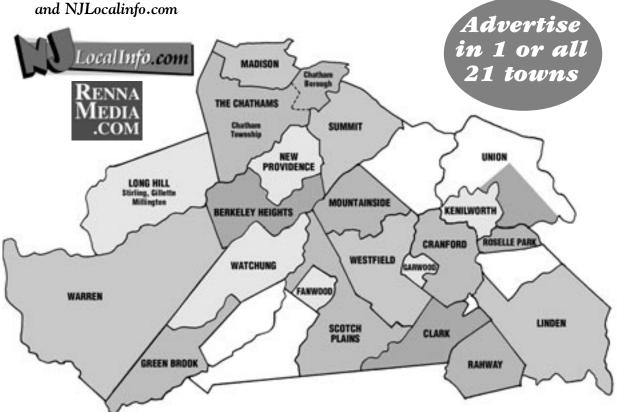
RENNA MEDIA NEWSPAPER RATE SHEET

WE MAIL 135,000 NEWSPAPERS MONTHLY!

Tina Renna 908-418-5586 · tinarenna@rennamedia.com Joe Renna 908-447-1295 · joerenna@rennamedia.com 202 Walnut Avenue, Cranford, NJ 07016

Call today for FREE consult on marketing and business plans.

Online at RennaMedia.com





Qty: 4,800

Zip: 07922

KENILWORTH

Qty: 3,600

Zip: 07053

ided to every



Qty: 7,400

Zip: 07928

LIFEin

NDEN

Qty: 17,400

Zip: 07036



Mailed to every one and busines Zip: 07066

NO OF

Long Hill

LEADER





CRANFORD





Zip: 07940



Zip: 07025

OUNTAINSIDE

VIEW

Qty: 2,900

Zip: 07092



Qty: 2,200 Zip: 07027



Qty: 3,000 Dome and busine Zip: 08812



Qty: 12,400 Mailed to every Zip: 07065



Qty: 5,600

Zip: 07204

Scotch Plains NJ BILLYS HAPPENING

Zip: 07076

Qty: 9,600

Summit 3 Times

Zips: 07933, 07946, 07980

Qty: 9,600 Zip: 07901



Qty: 5,500

ANY 3

\$150

\$450

\$600

ANY 6

\$250

5700

\$900

\$1000



Qty: 6,200 Zip: 07059

ANY 9

\$350

\$900

\$1300



Qty: 4,900

Mailed to every

Zip: 07974

Qty: 2,800 Zip: 07069

\$450

\$1900

\$1100 | \$1300 | \$1500 | \$1700

ANY 12 ANY 15

\$400

\$1200 | \$1400 | \$1600

\$1600



Qty: 11,800 Zip: 07090

ALL 21

\$550

\$2400

ANY 18

\$500

\$2200

51800 | 52000

· ·			-
AEM2	PAPER	AD	RATES

Rates are per month. Arrwork included in price. Newspapers are black on white. ANY 1 Size 3.25° x 2° 1 Unit (Business card) \$60 6.5° x 2" or 3.25" 3.25° x 8° or 6.5° x 4° \$180 6.5° x 6.25° or 10° x 4° 5240 9 HALF PAGE 65'x9" or 10" x 7" \$320 12 Units \$36 18 FULL PAGE 10° x 14° 840 2 PAGE SPREAD 21" x 14" \$70 BACK PAGE 10° x 14° \$50 FRONT PAGE BANNER 8.25" x 2" \$32 FRONT PAGE BOX 1.5° x 4.5° \$240

0	\$1000		\$1800 \$2200		
	PREI		S AND IS AND		

Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016

ONLINE ADS & PRESS RELEASES DRIVE LOCAL TRAFFIC TO YOUR WEBSITE

GET UNLIMITED CLICKS

An alternative to expensive pay-per-click programs

• FREE AD DESIGN AND COPYWRITING Advertising webpage includes many features including write-up, images, video, Google map, etc.

• POSTS ARE SHARED THROUGH SOCIAL MEDIA

Posts shared on multiple Facebook pages and twitter.

• PAID SEARCH ENGINE PROMOTIONS

Posts are promoted by industry, key words and location.

TRACKABLE RESULTS
 All ads include a live view counter.

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com

\$20 PER POST Block of 20 for \$200





WEBSITE AUDIT/ANALYSIS AND RECOMMENDATION PLAN

• SEE WHAT IS WORKING AND NOT WORKING

Know where your web traffic is coming from and why.

• ELIMINATE / AVOID COSTLY SCHEMES

Evaluate the return you are getting from your online marketing costs.

• INCREASE ONLINE MARKETING RESULTS

Recommendations include ways to increase traffic to your website

NO OBLIGATION

This service is recommended even if you have an existing web management contract. Use it to tune up your marketing plan.

ONE TIME FLAT FEE \$250

Call for a consultation if you do not have a website or if need a new one.

Joe Renna at 908-447-1295 email: JoeRenna@RennaMedia.com

WEBSITE / SEO SERVICES

STARTER WEBSITE: \$500

Basic static site that can be developed further

WEBSITE CREATION/UPDATE: \$2,400

Cost for average website: 12 pages, contact form, SEO friendly, responsive design

WEBSITE HOSTING: \$300 PER YEAR

Includes website hosting, software updates, monthly website content updates

• SEO SERVICES: AVERAGE COST \$1,000 - \$2,000 PER MONTH

Custom tailored solutions: Google Ranking, Local SEO, Social Marketing
Call for free a consultation if you need

Call for free a consultation if you need help developing an online marketing plan.

STARTER WEBSITE \$500

Joe Renna at 908-447-1295 email: JoeRenna@RennaMedia.com

Full Color Flyers and Menus Printed and Mailed to Every Home and Business in Town!

MENUS - PRINTING - \$50 PER THOUSAND

Rate is for quantities of 25,000 or more.

For quantities less than 25,000 cost is \$68 per thousand.

11"x17" / Full color /2 sided / 60lb gloss coated stock /

Includes folding (quarter fold or tri-fold, with or without coupons tab)

FLYERS - \$35 PER THOUSAND

8.5" x 11" / Full color / 2 sided / 60lb gloss coated stock / Tri-fold add \$10 per thousand

INSERTED AND MAILED TO EVERY HOME AND BUSINESS \$60 per thousand. (as low as \$30 per thousand depending on quantity.)

Joe Renna at 908-447-1295

email: JoeRenna@RennaMedia.com



FLYERS \$35
PER 1,000

MENUS \$50
PER 1.000

he Isoldi (ollection # L O V E W H E R E Y O U L I V E





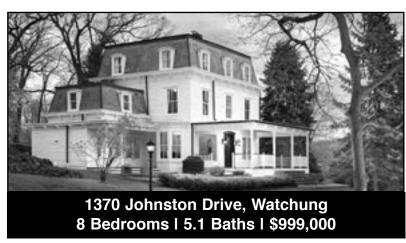


4 Bedrooms I 2.1 Baths I \$899,900



5 Bedrooms I 3.1 Baths I \$1,150,000









Now More than Ever #LoveWhereYouLive





Cell 908.787.5990 Office 908.233.5555 Web theisoldicollection.com Facebook /theisoldicollection Twitter @HomesWestfield Instagram @frankdisoldi



Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker® and the Coldwell Banker logo are registered service marks owned by Coldwell Banker Real Estate LLC.

