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Issue 40 • April 2021

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GIRL SCOUTS DAY OF SERVICE COLLECT 6500LBS OF FOOD

Submitted by Ceal Purschke, Troop Leader

On Saturday March 6, 2021, Chatham Girl Scouts of all ages, ranging from Daisy to Ambassador level, gathered for their annual Day of Service. This year the Day of Service was a drive-through food drive with an initial goal of 1200 pounds but by the end of the day a total of 6500 pounds had been collected, consisting of countless necessary items for the Chatham United Methodist Church's (CUMC) community food pantry.

The annual Day of Service is a culmination of a year of Chatham Girl Scouts focusing on the issue of hunger and how they can make a difference. Throughout this year, troops have continued to hold meetings despite the challenges of COVID-19, and 68% of all Chatham Girl Scouts supported various community service projects related to hunger. Troops conducted food drives in their school, neighborhoods, caroled for cans, used cookie funds to donate produce boxes as well as Ambassador troop 81981 used their troop funds to build the CUMC outdoor food pantry that exists today. Daisy troop leader Laura Bojanowski made a significant contribution to the weekly Wednesday food distribution behind CUMC by creating a signup to make sustainable lunches available each week. Since May Laura has spearheaded the supply of over 5,160 sustainable lunches from Chatham Girl Scouts, Chatham High School National Honor Society and Key Clubs, Cub Scouts, Chatham Methodist preschool families, Junior League of Summit, and generous residents.

This year's Day of Service drive-through food drive ran from 10:30 a.m. - 3:00 p.m. and featured socially distanced carnival games run by older Girl Scouts. Younger scouts were able to safely participate in the games from their cars as a reward for all of the hard work they have put in during this difficult year of Girl Scouts. As the food piled up, volunteers and scouts were kept busy unloading cars, greeting donors, sorting groceries, and stocking the storage room and outdoor pantry. The constantly rising tally of groceries collected kept everyone motivated and spirits high on the cold winter day.

Nobody can phrase our thanks better than CUMC pastor Jeff Markay. He said "We are humbled by the outpouring of support, compassion, and leadership that surrounded our community food pantry. Thank you to all scouts for coming together and showing how to love your neighbor. Like our shelves and storage, our hearts are full. We are grateful."



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CHATHAM BSA TROOPS 8 AND 280 LEAD SCOUTING COMPETITION

BSA held its annual Klondike Derby at the Mt. Allamuchy Scout Reservation in March, providing Scouts the opportunity to compete in teams and showcase scoutcraft skills and leadership ability. Scouts tackled a series of stations on fire-building, cooking, shelter-building, and scout lore, among other skills. Troops from all over entered teams into senior and junior divisions, but the talented scouts from Chatham Troop 8 and Troop 280 came home with half of the awards.

Together, Troop 8 and Troop 280 fielded 9 of the 36 sled teams that competed. Troop 8 won first and third place in the senior division, and 4th and 5th place in the junior division. Troop 280 won first place in the junior division and fifth place in the senior division, their first year competing in the senior division.

Troop 8 has a storied 105-year history in Chatham, with nearly 70 active Boy Scouts

operating out of Odgen Memorial Presbyterian Church. Troop 280 is a growing and active all-girl troop of 40 Scouts, founded in 2019 and chartered at Gloria Dei Lutheran Church. For information, email bstroop8@gmail.com or troop280Chatham@gmail.com.



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EASTER WORSHIP

AT COMMUNITY CONGREGATIONAL CHURCH, SHORT HILLS

OUTDOOR 6:15AM SUNRISE SERVICE

REGISTRATION REQUIRED

As Easter dawns, watch the sunrise over the horizon from the Bramhall Terrace overlook in South Mountain Reservation and celebrate our risen Savior, Jesus Christ, in a 30-minute time of prayer and praise with acoustic music, readings, and a Bible-inspired message.

Gather at Bramhall Terrace on Crest Drive in the South Mountain Reservation. Parking is available across the street. Weather dependent. Visit CommunityChurch.org for more information and to register. COVID safety measures will be observed. Attend in-person or live online.

INDOOR 9AM & 11AM WORSHIP SERVICES

REGISTRATION REQUIRED

Celebrate Easter with uplifting multimedia worship, including a Bible-inspired message and a blend of classical and contemporary songs with flute, violin, organ, keyboard and guitar. Attendees will be invited to take home a potted plant. Multimedia Sunday School will run concurrently with both worship services. Both services will be identical. A COVID-safe reception follows both services.

Visit CommunityChurch.org for more information and to register. COVID safety measures will be observed. Attend in-person or live online.

OUTDOOR 10:15AM EASTER EGG HUNT

REGISTRATION REQUIRED

Meet the Easter Bunny and search for Easter eggs! Come for the 9AM service and stay for the hunt, or come for the hunt and stay for the 11AM service. The Easter eggs contain individually wrapped, peanut-free candy.

Weather dependent. Visit CommunityChurch.org for more information and to register. COVID safety measures will be observed.

We are an inclusive church community in Short Hills, where everyone who wishes to follow Jesus is welcome, where worship is a multimedia experience of Bible-based messages and engaging music, where our children's ministry is fun and faith-building ... and where we're excited to welcome you!



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For the fourth year in a row, the Madison Environmental Commission is encouraging residents to go green by hosting individual yard sales on one common date at one common time. This Spring's event, a collaboration with the Chathams, and Madison, will take place on Saturday, April 17 from 9:00 a.m. to 1:00 p.m.

Homeowners can register their sales on a digital map with a \$10 tax-deductible donation

to the Great Swamp Watershed Association, by visiting greatswamp.org/event/community-yard-sale-2021/.

The map that will be published the day before the sale and shared in multi-town media.

For more information, please contact the Madison Environmental Commission at MEC@rosenet.org.

The Chathams + Madison Town-Wide Yard Sale

Saturday, April 17, 9am-1pm

List your sale on our tri-town digital map with a \$10 donation to the Great Swamp Watershed Assoc. We'll share it far & wide, starting April 16.

www.greatswamp.org/event/community-yard-sale-2021/

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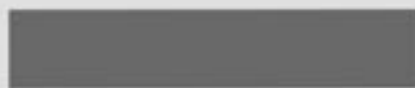
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PAPER SHRED FUNDRAISER - APRIL 24

Submitted by Lisa O'Hara

In the past months, many of us have been cleaning out home offices and collecting unwanted documents and papers like tax and medical records, old bills, and financial statements. The Senior Center of the Chathams is holding a Community Paper Shred fundraiser to help everyone declutter and dispose of those unwanted documents on Saturday, April 24 from 9:00 a.m. to 12:00 p.m. (or until the shred truck is full) at Chatham Middle School, 480 Main Street. All proceeds will support the programs and services of the non-profit Senior Center of the Chathams. The suggested minimum donation is \$5 per grocery bag, \$10 per medium cardboard box, and \$15 per large trash bag or large storage bin payable by cash or check.

The paper shred is open to the public and participants do not need to be residents of Chatham. The event will take place rain or shine and is sponsored by Chatham Disposal Company and HomeWell Care Services. Center staff and volunteers will be adhering to public health and

safety guidelines at the shred. Those who bring papers to the site will be required to remain in their cars for social distancing.

The Senior Center of the Chathams (SCC) is a 31-year-old independent 501(c)(3) non-profit organization located at 58 Meyersville Road (lower level), Chatham, NJ. the Center has helped older adults age in place by providing a wide array of activities and services that educate, empower, and promote community engagement. There is no membership fee. Many programs are offered free of charge, while others involve only a minimal charge thanks to individual donations, fundraising events that benefit the organization, and grants. During the pandemic, the Center has offered programs that provide support, guidance, and enrichment; coordinated area volunteers who have grocery shopped for older adults, and helped people attain necessary resources and services during this challenging time. For more information about the Senior Center of the Chathams, call 973-635-4565 or visit chathamsseniorcenter.org.

BLOOD DONATION REMAINS ESSENTIAL

American Red Cross

A year ago, many things in the world paused due to the COVID-19 pandemic. But the need for blood never stopped. Today blood donations are just as essential, and the American Red Cross urges individuals who are healthy to make an appointment to donate blood.

For patients in the emergency room, fighting cancer or coping with a life-threatening illness, help can't wait. Their health is reliant on the selfless generosity of blood donors. However, the blood supply continues to face challenges from the ongoing pandemic and extreme winter weather that impacted much of the U.S. last month.

More donors, especially those with type O blood, are needed now to ensure that patients have lifesaving blood products available for emergencies and everyday medical treatments.

Schedule a blood donation appointment by downloading the Red Cross Blood Donor App, visiting RedCrossBlood.org, calling 1-800-RED CROSS (1-800-733-2767) or enabling the Blood Donor Skill on any Alexa Echo device.

REGISTER FOR THE COVID-19 VACCINE FOR SENIORS 75 AND OLDER

The NJ State Department of Health has established a dedicated call center line for seniors 75 years and older to assist in registering, scheduling and re-scheduling the COVID-19 vaccine.

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(above) Veronica Horvath points to her father's name on NJ Sharing Network's Wall of Remembrance, which honors organ and tissue donors in New Jersey who helps save and enhance countless lives.

CHATHAM RESIDENT'S CONNECTION TO ORGAN DONATION COMES FULL-CIRCLE

NJ Sharing Network

Veronica Horvath (Chatham, NJ) was only eight-years-old when her father, Richard, passed away following a tragic accident while working at a construction site. Her family's grief was beyond measure, but they found some comfort in knowing that they honored Richard's wishes of being an organ donor.

"Although it was more than 20 years ago, I still remember that moment like it was yesterday," said Veronica. "I was sitting next to my mom and she never hesitated when asked about donation. My father's gifts of his kidneys and liver saved the lives of three people. He became a true hero that day and he will always be a hero in my heart."

In 2013, Veronica's powerful connection to donation continued when she began her career at NJ Sharing Network after graduating from Susquehanna University.

"My family's experience with NJ Sharing Network inspired me and I wanted to be a part of its life-saving mission," said Veronica. "I remember continually checking NJ Sharing Network's website for job opportunities, and I will never forget receiving a call for an interview. I knew this is where I belonged."

Veronica has been an important part of NJ Sharing Network's team, serving in a variety of roles, including community outreach, marketing communications and resource development. This experience helped prepare her for her new role as a Hospital Services Manager interacting directly with hospital partners and donor families in a clinical setting to support the donation process.

"In many ways, it feels like my professional and personal experiences have come full-circle," said Veronica. "I now have the honor of speaking with families, and I understand the many emotions that they are feeling while at the bedside of a loved one. It makes me take a pause because I always want to do what is right to support them."

Veronica's first experience in approaching a family to discuss organ and tissue donation proved to be an extraordinary one. She met with the mother, father, sister and sister-in-law of a man in critical condition at a local hospital. The family immediately gasped in disbelief when Veronica entered the room and introduced herself by her first name. At that time, Veronica was unaware that the sister and her wife had discussed naming their first child 'Veronica.'

"I guess we all felt a sense of divine intervention," said Veronica. "We had an immediate connection, and they took it as a sign of a light in the darkness during a difficult time. I felt inspired by their decision to give the gift of life to others."

To learn more, get involved and register as an organ and tissue donor, visit NJSharingNetwork.org.

In New Jersey, there are nearly 4,000 residents currently waiting for a life-saving transplant, and one person in New Jersey dies every three days waiting for a transplant. Just one organ and tissue donor can save 8 lives and enhance the lives of over 75 people. Transplantable organs include heart, kidneys, liver, lungs, pancreas and intestine. Transplantable tissue includes corneas, heart valves, skin grafts, and bone grafts, ligament and tendons.

ABOUT NJ SHARING NETWORK

NJ Sharing Network is the federally designated non-profit organization responsible for recovering organs and tissue for the nearly 4,000 New Jersey residents currently waiting for a life-saving transplant. With headquarters in New Providence, NJ, the organization is part of the national recovery system, serving the 110,000 people on the national waiting list. NJ Sharing Network was selected by NJBiz as one of the state's "Best Places to Work" for the third consecutive year. To learn more, get involved and register as an organ and tissue donor, visit NJSharingNetwork.org.

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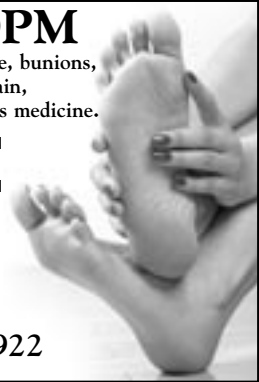
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"MILLS OF THE PASSAIC" ZOOM PROGRAM

The Chatham Historical Society (CHS) and the Chatham Township Historical Society (CTHS) invite the public to a joint program via Zoom, Mills of the Passaic on Sunday, April 18 at 2 p.m.

Secrets of the history of Chatham have recently been revealed along the banks of the Passaic River. Young archaeologists from Drew University have collected fascinating artifacts from the site where George Shepard Page built the Stanley Felt Mill, housing for immigrant workers, and a store stocked with creature comforts from their homelands.

Dr. Maria Masucci, Professor of

Anthropology at Drew University, and her students will share their artifact analysis and historical research for their current exhibit "Life Along the River: Revealing the Impact of Industrialization on Chatham Township 1890–1920."

Susan Allen of CHS will give a brief illustration with early photos, maps, and the history of the mills.

Pat Wells of CTHS will share her collection of oral histories, and personal reflections.

Everyone is welcome to join the event via the Zoom link. If joining by phone: call 646-876-9923, meeting ID 831 2923 3866.

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PILOTS TO THE RESCUE

Home For Good Dog Rescue

On Saturday, February 20, a very special delivery was made from Aiken, South Carolina by volunteer pilots from "Pilots to the Rescue." Home for Good Dog Rescue (HFGDR), a 100% foster-based non-profit organization located in Berkeley Heights, NJ, accepted an offer from PTTR to transport 15 dogs from high kill shelters in the South. The precious cargo arrived at Caldwell Airport at 5:30 p.m. The dogs were then placed into loving foster families, where they await adoption into their forever homes.

Prior to their departure from the South, the dogs were filmed for a special "Meet-the-Pawsengers." Broadcasted on the live-streaming Internet service Twitch, viewers tuned in live to interact virtually and get to know the pups. They also met the crew: pilot and PTTR founder Michael Schneider, co-pilot Daniel Baumel, and social media influencer Savannah Vinson.

Toni Ann Turco, co-founder of Home for Good Dog Rescue, said of the mission, "This is a partnership a long time in the making. We are extremely grateful to Pilots to the Rescue for coordinating and executing this maiden voyage."

Pilots to the Rescue is a non-profit 501c3

aviation organization, whose mission is to transport animals at high risk of euthanasia. They rely on their trusted network of volunteer pilots, who fund their own rescue flights.

ABOUT HOME FOR GOOD DOG RESCUE

Home for Good Dog Rescue (HFGDR) is a 501(c) (3) non-profit organization in Berkeley Heights, NJ. We rescue dogs from high-kill shelters in the South, transport them to our rescue and give them a second chance at life. As a 100% foster-based rescue, each dog is placed in a loving foster home until adoption. Since our inception in 2010, we have rescued more than 9,000 dogs and given them a loving home for good. To inquire about fostering, adopting or making a donation to help the HFGDR organization, visit our website at HomeforGoodDogs.org and on Facebook facebook.com/HomeForGoodDogRescue

ABOUT PILOTS TO THE RESCUE

Pilots to the Rescue (PTTR) is a non-profit, volunteer-driven, 501c3 public benefit aviation organization. PTTR's mission is to transport animals and people at risk. PTTR supports its network of trained volunteer pilots so they can focus on their missions and do greater good.



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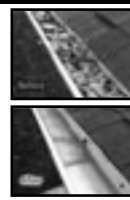
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NJ Sharing Network

Emma Rothman of Cranford, NJ will be graduating this spring from Syracuse University with a degree in Food Studies. Like most college graduates, she has mixed emotions about taking the next step in her life's journey.

"I am definitely a bit terrified, but I am excited about the variety of opportunities that lie ahead," said Emma.

This is a remarkable time for Emma as she is also celebrating the 10th anniversary of her life-saving heart transplant (April 1). She is humble and always thankful for her donor who gave her the gift of life and made her achievements possible.

"Everything after my heart transplant was working towards moments like this," said Emma. "It motivates me to appreciate the day to day – being able to travel, go away to school, and have life experiences without my health dictating what I can and cannot do is a blessing. I owe all of this to my organ donor's act of extraordinary humanity."

In March 2011, Emma was 12-years-old when she suddenly began to feel extremely fatigued and could not make it through an entire day at school. Her parents brought her to Newark Beth Israel Medical Center (NBIMC) for what was supposed to be a quick, routine blood test. However, Emma went into cardiac arrest, was put on life-support under an induced coma and was rushed to the pediatric cardiac intensive care unit at New York-Presbyterian/Morgan Stanley Children's Hospital.

Emma, who showed no prior symptoms, was somehow battling end-stage heart failure brought on by hypertrophic cardiomyopathy. On April 1, 2011, Emma, underwent a successful emergency heart transplant, which saved her life. Just 15 days later, Emma was discharged, taking with her new knowledge about what a heart transplant is and how she could best care for her new heart at home.

"The last thing I remember was feeling uncomfortable while the nurses were attempting to draw blood at the hospital thinking I might have had mono or a virus," said Emma. "I woke up six days later and learned that I had a heart transplant. Prior to that, I had never heard of organ and tissue donation or transplantation."

In 2013, Emma and her family, guided by their firsthand experience, established Hearts for Emma, a 501 (c)3 organization that provides assistance to families of children with heart disease, and supports educational initiatives related to heart transplantation and promotes awareness of organ and tissue donation. As part of a joint outreach effort, Hearts for Emma established a Partner Fund within the NJ Sharing Network Foundation that has raised more than \$50,000 since its inception. The Hearts for Emma Partner Fund has helped educate more than 100,000 students in New Jersey about organ and tissue donation and transplantation through the production and distribution of education materials and related programs, and



provides scholarships to high school seniors who are advocates of or personally impacted by the mission.

CALL TO ACTION

To learn more, get involved and register as an organ and tissue donor, visit www.NJSharingNetwork.org.

ADDITIONAL INFO

In New Jersey, there are nearly 4,000 residents currently waiting for a life-saving transplant, and one person in New Jersey dies every three days waiting for a transplant. Just one organ and tissue donor can save 8 lives and enhance the lives of over 75 people. Transplantable organs include heart, kidneys, liver, lungs, pancreas and intestine. Transplantable tissue includes corneas, heart valves, skin grafts, and bone grafts, ligament and tendons.

ABOUT NJ SHARING NETWORK

NJ Sharing Network is the federally designated non-profit organization responsible for recovering organs and tissue for the nearly 4,000 New Jersey residents currently waiting for a life-saving transplant. With headquarters in New Providence, NJ, the organization is part of the national recovery system, serving the 110,000 people on the national waiting list. NJ Sharing Network was selected by NJBiz as one of the state's "Best Places to Work" for the third consecutive year. To learn more, get involved and register as an organ and tissue donor, visit www.NJSharingNetwork.org.

SUMMIT LIONS CLUB CELEBRATES 95 YEARS

The Summit Lions Club celebrated their 95th Anniversary in February. The Club was chartered in 1926 at the Blue Lantern Tea Room (where Winberrie is located) with a group of 27 businessmen. The first president was Eric Von Siefert. Charles Baum was the secretary. The meetings were then held at the Grand Summit Hotel. The club reached a peak of 65 members in the 1970's. The first woman president was Mary

Lou Havanick in 1988.

The Club membership is now 20 and meets once a month at Marco Polo. Members come from Summit and surrounding towns. Helen Keller challenged the Lions to become the knights of the blind in 1925 at the Lions National Convention in Cedar Point Ohio. The club's main mission is to assist the blind and visually impaired locally and throughout the world. We

collect over 1,000 pairs of unwanted eyeglasses each year and distribute them around the world to millions who need but cannot afford eyeglasses. Other missions include the environment, diabetes, youth and hunger.

To find out more about the Summit Lions Club and how you can help us meet our goals, visit our website at summitlionsclub.org.



(above) Summit Lions Club, which draws members from several towns, is celebrating 95 years of service to the blind and vision impaired. To find out more about the Summit Lions Club visit summitlionsclub.org.

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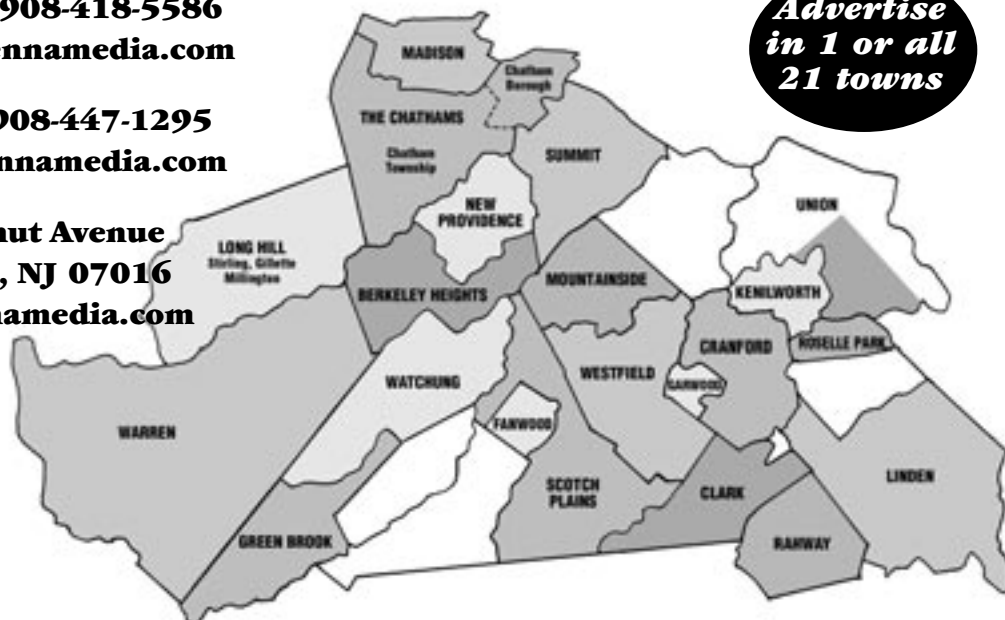
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1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700
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- **ELIMINATE / AVOID COSTLY SCHEMES**

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- **INCREASE ONLINE MARKETING RESULTS**

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CELEBRITY PERSONAL TRAINER SHUTS DOWN HIS ATHLETE TRAINING BUSINESS

From 2003-2007, San Diego Personal trainer Vince Gabriele filled his schedule with dozens of NFL superstars...some of them hall of famers.

In 2008 he moved to New Jersey and gave up all the glory and perks of training celebrities to focus on a different group...Kids between the ages of 6-18...who needed Gabriele's skills much more than his pro athletes did.

Over the past 13 years, his Berkeley Heights gym(Gabriele Fitness) has worked with thousands of youth athletes between the ages of 6-18...creating hundreds of life changing transformations.

But when the pandemic struck in March of 2020, the sports performance program at Gabriele Fitness was hit hard. They tried to move it on-line but had little success.

Since Covid-19 was too much they decided to put the program on the back burner.

It's been close to a year since they shut the sports performance program down, but a huge announcement was recently made.

The Huge Announcement

Founder, Vince Gabriele, announced they are bringing the sports performance program back and have been behind the scenes working on a full-fledged re-brand.

The new program will be called Grit Athlete Performance. It will serve local youth athletes ages 6-18 who want to perform better at their respective sports.

Founder, Vince Gabriele, was asked why he decided to bring the program back and his answer was very inspiring.

The Story That Ignited the Fire

Gabriele was sitting at his normal table at the Prestige Diner when a young man in his 20's came up to him, looked him in the eye and shook his hand.

The young man was a student in their Sports Performance program close to a decade ago. He went on to tell Gabriele how much he had learned and still uses the nutrition, fitness and life lessons today. He entered the program as a slow, shy and awkward kid but transformed himself into a strong, confident healthy adult. "This was the moment", Gabriele said.

A Hand-Selected Team of Trainers

Gabriele went out and hand-picked a brand-new team to transform this into the premier sports performance training program in the area.

The full-time job of this new team will to be to help athletes ages 6-18 get strong, fast and confident so they can build a bigger and better future.

Grit Athlete Performance will help kids get stronger and faster so they can perform better at their sports. The true goal is bigger than that and goes beyond their athletic career.

That'll be the take home message for this new program.

Grit has 3 programs that serve the following age groups: • 6-8 years old • 9-13 years old • 14+

A viral launch

Gabriele recently put a message out to his local list and on the community forum sites with the announcement. The response was overwhelming.

They have filled 46 spots in the first run and will only be accepting 4 more athletes in the Spring Program.

How to Register for one of the final 4 spots

If you have a child that is in these age groups and have interest in signing your child up for their April 9th-June 15th program, please visit:

www.GRITATHLETES.com

Or call 908-464-4441 to see if any spots are left

Summer Program Wait LIST

To get on their summer program wait list, visit www.gritathletes.com and fill out the form.



**ATTENTION
PARENTS
OF KIDS
AGES 6-18**

46 Local Athletes Are Getting Strong, Fast and Confident in Berkeley Heights ...Only 4 Spaces are remaining to join them.

This program is for your child if:

- They want to get better at sports but struggle because of **lack of speed, strength or stamina.**
- They **eat more junk food than healthy food** and you need another voice to help them understand how important a healthy diet is during these developmental years.
- They **need to improve their confidence** and you want them to start to get better at recovering from their mistakes.
- They're doing pretty good right now but want to take their performance in their sport to a **higher level.**

Here's what parents can expect to happen:

- **They will get stronger** which means when they show up to their sport they'll be able to perform better than ever.
- **They will run faster and jump higher** so they can show up to their next season and people will start asking what the heck have they been doing.
- They'll become **more coordinated and improve agility** which means they'll pick up new skills their coaches teach them faster.
- **Your children will start to eat better** because we'll be educating them daily on what's good and what they should avoid...don't be surprised if they start asking you to buy more vegetables.
- **Confidence will skyrocket.** When kids get stronger, faster and more fit...their confidence will rise...so will their self-esteem which means their performance in every aspect of life will get better.
- **Their mindset will improve.** We're going equip your child with very specific mindset skills that'll help them learn how to transform how they think about mistakes and failures.



SIGN UP TODAY!
Spring Program
Enrollment Deadline
- April 9th -
(Only 4 Spots Remaining)

Visit www.gritathletes.com
for all the details
or scan QR Code
with your camera phone

