# **AND BUSINESS IN WESTFIELD** Reld Monthly N.

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#### EARLY ACT CLUB SUPPORTS COMMUNITY IN WINTER BREAK

Submitted by Mary Ann McGann

Members of the Jefferson School Early Act Club spent the winter break and the weeks leading up to it making nearly 200 rubber band mask lanyards for local first responders.

The Early Act Club, an elementary student service club sponsored by the Rotary Club of Westfield, and the school's Parent Teacher Organization donated masks with the handmade lanyards to the Westfield Police and Fire Departments, the Westfield Rescue Squad, and the Westfield Regional Health Department.

"We are so appreciative of the first responders' hard work during this pandemic," says Jefferson principal Dr. Susie Hung. "Thank you to our PTO for donating the masks and for supporting our efforts by supplying the rubber bands to make the lanyards.

Additionally, during the holiday months, club members collected over 300 winter coats for the nonprofit organization Jersey Cares and 400 pounds of nonperishable items for the food pantry at Grace Presbyterian Church.



(above) Jefferson Early Act students, Abigail Drennan and Kayla Kowalak, at the police station delivering the lanyards and masks to the Police Department and Health Department.

Photo by the Drennan family

BRIDGEPORT CT PERMIT NO. 390 PRSRT STD



(above) Head Custodian George Kaler weighs and packs more than 400 pounds of non-perishable food items which was delivered to the food pantry at the Grace Presbyterian Church on Nov. 23.

Photo by Jefferson Elementary School



(above) 4th grader Kayleigh Bucciarelli joins her mom in delivering more than 300 coats collected by her schoolmates for Jersey Cares.

Photo by The Bucciarelli Family



(above) Jefferson 1st grader Sebastian Gould and sister Olivia Gould, a 5th grade member of the school's Early Act Club, helped to deliver masks and handmade lanyards to the Westfield Fire Department and other first responders.

Photo by The Gould Family

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# PHYSICIAN TALKS TO ROTARY ABOUT COVID-19 AND POLIO

Submitted by Dr. D. Michael Hart



The Rotary Club of Westfield continued has their regular Tuesday meetings at 12:15 p.m. through Zoom with a variety of guest speakers. The speaker on December 8 was Rotarian Julie Juliano, Ann M.D.

Dr. Juliano, a past District Governor and member of the Rotary Club of Branchburg, has been speaking to many Rotary Chapters about Rotary International's work to combat Polio around the globe. However, during the Covid-19 pandemic, she has added to her talk in order to educate and inform Rotarians. "Polio and Covid are both invisible threats," she told the Rotarians. She reminded the club that during the height of the Polio epidemic in the United States pools were drained and children were kept home in order to stop the spread.

Rotary International started fighting polio in 1985 with a grant to immunize all of the children in the Philippines. In 1986, Rotary decided to make this our signature project and started working to vaccinate every child under 5 in the

entire world. To date we have vaccinated 2 billion children, and eradicated polio from the continents of North and South America, Europe, Australia, and recently Africa. We have eradicated polio from most of Asia, but still have some cases left in Pakistan and Afghanistan. Rotary International works with the CDC, WHO, UNICEF and local governments to set up labs for testing and vaccination. Many of the labs around the world were turned over to Covid-19 testing centers during the global pandemic.

When it comes to Covid-19, Dr. Juliano said that it is a vascular illness, and that the most common symptoms are fatigue, headache and upper respiratory. She recommended that people increase their Vitamin D, Vitamin C, B Complex and Zinc regiment. In order to combat the spread of Covid-19 as the public awaits a vaccine, Dr. Juliano said to wear a mask, wash your hands and "stay home if you don't feel well."

The Rotary Club of Westfield is a service organization of business men and women. Visit online at westfieldrotary.com. It is part of an International Organization of 1.2 million people in 200 countries around the world, rotary.org. Local projects include hunger insecurity, helping homeless veterans, planting trees, supporting youth service clubs in the schools, and scholarships. Guests are always welcome to attend the Zoom meetings. For information contact Club Secretary Dr. D. Michael Hart at drmhart@yahoo.com.

### ANNOUNCING THE NEW OFFICE OF DR. EDWARD SOMMA IN BERKELEY HEIGHTS

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Edward Anthony Somma, MD Internal Medicine

After graduating from medical school, Dr Somma served his internship in Internal Medicine at Trinitas Regional Medical Center. He then completed his residency in Internal Medicine at Seton Hall Post Graduate School of Medicine, where he was elected Chief Resident of Internal Medicine in his final year.

Dr. Somma has been in practice in Union and Middlesex counties for over 20 years, with an emphasis on excellence and compassion for his patients. He has served as the physician for the Elizabeth Fire Department, the Board of Health of Hillside and has served the Board of Education for Woodbridge NJ. He was granted the Humanitarian of the Year Award by Trinitas Health Foundation in May 2014, for his dedication to the community and his outstanding service to the goals of the Foundation.

Dr. Somma has special interests in various fields of Internal Medicine, including diabetes, obesity, cardiovascular diseases and arthritis/rheumatology. He has represented to major pharmaceutical companies, such as Schering-Plough and Pfizer, in a consulting and educational role for his peers. Dr. Somma has been a clinical educator for Seton Hall's Physician Assistant Program as an Associate Professor of Medicine for their Internal Medicine program.



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(above) McKinley 5th grader Megan D. and others created "flipbooks" to document a family immigrant story.



(above) A student example of "My Family's Immigrant Story"

Photos by Westfield Public Schools

# **MCKINLEY 5TH GRADERS EXPLORE FAMILY**

#### Submitted by Mary Ann McGann

Fifth graders at McKinley Elementary School in Westfield recently explored their family's past during a cross-curricular assignment that combined reading, writing, research, geography, technology, speech, history, graphic design, and interviewing skills.

Students interviewed a person in their family who knew someone or was someone who emigrated from a different country to the United States. Fifth graders asked the interviewee such questions as "Why did you come to America?," "What was your homeland like?," and "What did you do for work and housing when you arrived here?"

'Students then had to use the five themes of geography to determine the location of the person's homeland, using global grid coordinate points on Google Maps," says Joseph Paradise who, with fellow McKinley 5th grade teachers William Hannis, Ann McDonough, and the 5th grade team, created the "My Family's Immigrant Story" project.

"The fifth-grade social studies curriculum has a 'World Studies' theme that focuses on regions and people and, more importantly, how geography influences the development of culture," says K-12 Social Studies Supervisor Andrea Brennan. "All fifth graders focus on the five themes of geography - location, region, movement, human/environment place, interaction – at the start of the year."

Paradise says fifth graders used Google Earth to research the natural and constructed features of the person's homeland. "The students then used the interview answers to create a third person account of their family's 'immigrant story," he adds. "All of the information was transferred into a flipbook, designed with illustrations and photographs."

Each student used Flipgrid – an online interactive educational tool - to showcase their presentation and to give a 3-5 minute speech on what they had learned about their family.

"What I liked about the project is I got to learn a lot about my grandparents and where they came from," says one student. "While I was talking to my grandparents, it felt like Russia was my home!"

"Before this project, I didn't even know my great grandparent's first names but now I know so much more," adds another. "I got to learn more about Ireland and especially about their hometowns, Monaghan and Cork. I got to learn about cool places there and more about their life when they had to emigrate to America and I couldn't be more glad that they came!"

Another student was pleased to learn more about his mother's life in her native Honduras. "I also got to know more about the geography of the country and some of the family members that I have over there," he says. "I also got to know more about my ancestors, known as the ancient Mayans."



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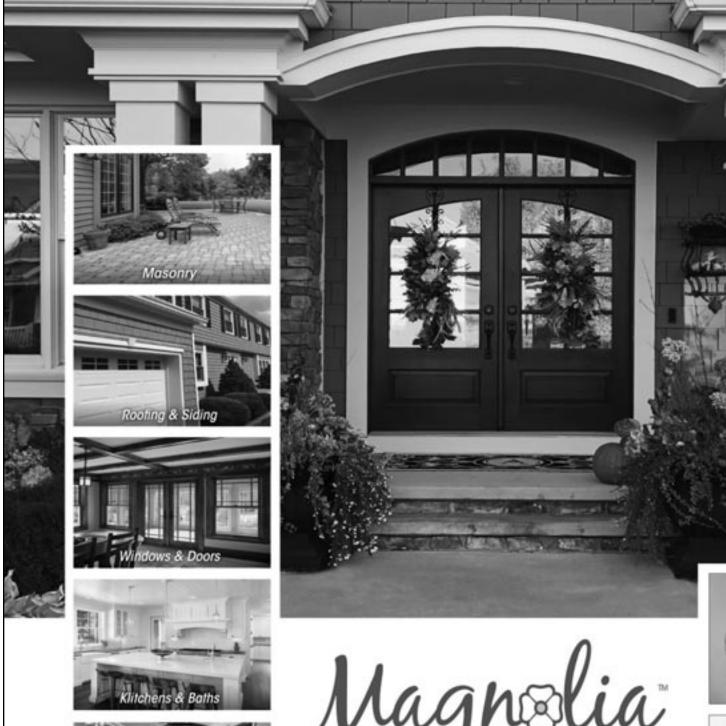












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# A 4TH GRADE VIRTUAL MLK CELEBRATION

Submitted by Mary Ann McGann

On Friday, January 15, 4th-grade teachers and students at Franklin School continued their tradition of celebrating the life of Dr. Martin Luther King, Jr.

Each fourth-grade teacher provided a Google Meet link as students "traveled" between the 6 fourth-grade classrooms to learn about Dr. King and to complete related activities. The stations included activities such as writing a poem to represent the civil rights leader's life, analyzing his quotes, and learning about his famous "I Have a Dream" speech. Among the

virtual activities was a picture of words that one class selected after reading the book "Martin's Big Words: The Life of Dr. Martin Luther King, Jr." by Doreen Rappaport. The students chose such words as freedom, equal, together, hope, courage, peace, respect, and love

"This is an activity we do every year," says Franklin 4th grade teacher Beth Billing. "Normally students would move from classroom to classroom to participate in each station. This year, we had to adapt our stations so they could all be completed virtually."



(above) Among the virtual activities during a 4th grade celebration of Dr. Martin Luther King, Jr. on Jan. 15 was a picture of words that one class selected after reading the book "Martin's Big Words: The Life of Dr. Martin Luther King, Jr." by Doreen Rappaport.

Photo by Franklin Elementary School

# DECREASING BACK PAIN BY INCREASING TREATMENT OPTIONS

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### FIVE-TOWN PARADE INCLUDES SUPERHEROES, GIFT BASKETS AND MORE

A recent Friday morning had special meaning to five Union County foster youth celebrating an end to living in foster care as adoptions into their forever families became finalized. Union County's Family Court celebrated National Adoption Day on Friday, Nov. 20, ahead of the national Saturday Nov. 21 festivities, as five youth ranging from two to 11 years old, along with their foster families, met on Zoom with Judges Marc R. Brown and James Hely to make official what each already felt – they were home. Although COVID-19 required the day be

different than prior years, the excitement was as palpable as ever. A car parade included judiciary staff, CASA of Union County staff and interns, fire trucks, police cars and a band of superheroes from Heroes 4 Heroes, a volunteer organization of corrections officers that don superhero costumes and visit children facing adversities. The parade included stops at each adoptive home - Cranford, Elizabeth, Linden, Newark and Union – with sirens blaring, horns honking and rounds of applause.

Each family received a gift basket from CASA of Union County, with collaboration from David Brearley Middle and High School, Live or Tie Dye, Two Park Princesses, Kappa Alpha Theta of Westfield, Division of Child Protection and Permanency and Catholic Charities, Girl Scout Troop 40042 of Cranford, and Scotch Plains Girl Scout Lauren Cunningham, Union County Bar Association, and many generous community members who heeded the call for donations. Each family fun-themed basket contained board and card games, puzzles, fleece blankets, teddy bear for each adoptee, themed picture frame for the first official family photo, jars of popping corn, movie candy, Delice Macarons, ShopRite and WalMart gift cards and a welcome mat declaring, "There's No Place Like Home." Adoptees and siblings received tie-dye sweatshirts from Live or Tie Dye and books handpicked by Kappa Alpha Theta's Westfield chapter. At each parade stop, Gretchen Boger-O'Bryan, Development and Communications Manager at CASA of Union

County, took photographs of each family as they

emerged from their homes and were greeted by superheroes, the symphony of honking horns and applause, and received balloon bouquets from A Birthday Wish. A hot breakfast – sponsored by Union County Surrogate James LaCorte – was delivered to each family by DCPP staff and Cranford resident Robin Johnstone.

Adoption Day began 20 years ago when a coalition of The Dave Thomas Foundation for Adoption, Congressional Coalition on Adoption Institute, Alliance for Children's Rights and Children's Action Network encouraged nine cities to open courts the Saturday before Thanksgiving to allow adoptions to be finalized and celebrated. Today, more than 120,000 nationwide need a permanent home, with an average wait in foster care of four years. Each year, 23,000 youth age out of the system without a family or safety net in place.

#### **ABOUT CASA OF UNION COUNTY**

Since 2005, Court Appointed Special Advocates of Union County has been recruiting, training, supervising and supporting community volunteers to advocate for abused, neglected and abandoned children placed in foster homes or residential facilities. CASA volunteers ensure children's best interests remain the priority while working toward establishing a safe, stable and permanent home for each child served.

For details on CASA of Union County and becoming an advocate for a foster youth, contact Walia at wworrill@casaofunioncounty.org or log on to www.casaofunioncounty.org.

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### **WESTFIELD AREA YMCA SERVES AS DROP-OFF LOCATION FOR FOOD PANTRY**

The Westfield Area YMCA is pleased to be continuing its partnership with the Westfield Food Pantry by opening the doors to the vestibule of the Main Y, 220 Clark Street for food pantry donations from 8:00 a.m. - 5:00 p.m. Monday-Friday.

Items especially needed are canned soup, canned meals, canned vegetables, peanut butter, jelly and personal care products such as toothpaste, deodorant, shampoo, soap and hotel samples. Each time the bins are full, the Westfield Police will pick up the items and bring them to the food pantry to be packaged. Then the police will help deliver to people in need. The mission of the Y is to serve the needs of the community. The Westfield Area YMCA would like to thank the Westfield Police for helping make this happen.



### Celebrate Black History Month Online

Friday, February 5 at 1:30 pm TGIF! "Harry Belafonte: Sing Your Song"

Wednesday, February 10 at 7:00 pm Martin Luther King and the Advancement of Civil Rights"

DATES TO BE ANNOUNCED "Black Men in White Coats" Watch this important documentary about the urgent need for more black male doctors. Watch the trailer at www.bmwcmovie.com

Friday, February 19 at 1:30 pm TIGF! "The History of Jazz: Oxygen for the Ears"

Visit www.wmlnj.org and click on Events to see all Zoom information, or on our facebook page facebook.com/wmlnj 908.789.4090

# THE TOWN OF WESTFIELD HONORS ITS 49 **RESIDENTS LOST TO COVID-19**

honor its 49 residents lost to COVID-19 on Tuesday, January 19, as part of a broader, nationwide moment of remembrance.

A brief service in Mindowaskin Park, which was co-hosted by Mayor Shelley Brindle and the Town Council with members of the Town's ministerium, was live streamed for the public on the Town's Facebook page @ Town of Westfield, New Jersey. Due to gathering restrictions and

The Town of Westfield gathered together to increasing COVID case numbers, residents were asked to participate virtually rather than inperson. 49 candles, one for each Westfield resident lost to COVID, was lit for the ceremony.

> Following the brief program all church bells rang in Town. Residents were asked to place a light in a window or light a candle in honor of the lives lost. Residents were also invited to post remembrances on the live stream for any loved one they may have lost to COVID.



Photo by Town of Westfield





# RELIEF FROM CHRONIC KNEE PAIN

FDA Approved Treatment to Avoid Surgery

#### DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere.

Northeast Spine & Wellness Center uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets Northeast Spine & Wellness Center apart. The end result is you living pain free from your chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to ostcoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call Northeast Spine & Wellness Center now for a RISK FREE consultation.



#### If Knee Surgery Sounds Scary, It Should

Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further:

- Surgery is costly, regardless of the percentage of services covered by insurance.
   Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications.
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years.

#### Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- · Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- · Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- · No lost time from work or family.
- · No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- · Recovery time is almost instant, not months or years.

#### **How Does This New Treatment Work?**

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with Northeast Spine & Wellness Center investing in the use of diagnostic fluoroscopy.

This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast

# Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. Northeast Spine & Wellness Center understands the symptoms you have been

living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- Pain Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- Swelling This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling.
- Stiffness Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- Loss of muscle strength This can lead to balance issues and the strong possibility of falling.
- · Joint deformity Not just unsightly, but painful as well.
- Creaking Joints Can be painful and a sign of more discomfort to come.
- Sleepless nights Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of sound sleep.

#### Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions. Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoros-

copy we use at Northeast Spine & Wellness Center these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoroscopy and the amazing results viscosupplementation can provide, they are thrilled to get started. They are even more thrilled when they feel the relief. Please contact Northeast Spine & Wellness Center today to schedule your RISK FREE consultation.

Call 732-827-0800

Scot Paris MD, FACS

#### Here's what our patients have to say

"I'm dancing without pain. I can move with no problem whatwoever. I can go up and down steps with no pain." - Patricia G.

"Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting back to normal."

- Perry O.

"After only four visits, i have absolutely no pain! The staff is "top-notch."

- Quenton L.

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# PRESERVATION COMMISSION SEEKS ENTRIES FOR DEVLIN AWARDS

Submitted by Jennifer Jaruzelski

Westfield Historic Preservation Commission (HPC) seeks entries for the Harry Devlin Commendations honoring property owners for outstanding efforts in the restoration, expansion, and maintenance of older properties. Created in 1993 to encourage the use of established historic preservation standards, the Devlin awards are named for Harry Devlin, a prominent local artist and architectural historian. Any project completed within the past five years that is visible to the public is eligible. Residential, commercial, professional and institutional buildings may be entered. Categories for nomination include:

- Addition or alteration sensitive to original architecture;
- Restoration or repair of original or existing improvement;
- Period-appropriate painting or residing;
- Adaptive reuse of a property in a manner sensitive to the original architecture and/or neighborhood;
- Persons, actions or events that promote preservation may also be considered.

Nominations may be made by neighbors, architects, builders or self-submitted by owners. The deadline for entries is March 31, 2021. Criteria and entry forms can be found on the town website at westfieldnj.gov/historicpreservation. For additional information, please contact hpc@westfieldnj.gov.



(above) Westfield's Flatiron Building was the recipient of a 2019 Devlin Award from the Historic Preservation Commission for outstanding renovation of a commercial property. Nominations are currently being sought for this year's awards.



#### FIRST ANNUAL BLUE MASS CELEBRATED

On November 18 the Westfield Police Department celebrated the first of what they hope to be an annual Blue Mass.

A Blue Mass is a Mass celebrated annually in the church for those employed in the field of public safety, which includes police officers, firefighters, corrections officers and paramedics.

In the United States, the Blue Mass tradition began in September 1934, when Father Thomas

Dade of the Archdiocese of Baltimore formed the Catholic Police and Fireman's Society. That year, the first Blue Mass was celebrated for police officers and firefighters. The name comes from the traditional uniform color associated with law enforcement.

A video of the entrance ceremony can be found on Town of Westfield, NJ Police Department Facebook page.



### **REGISTRATION FOR WESTFIELD GIRLS SOFTBALL NOW OPEN**

Spring 2021 In-Town Recreational Softball League and the spring 2021Travel Softball League registration opened January 15th.

All players living in Westfield or currently enrolled in grades K-8 in Westfield schools are eligible for the In-Town Recreational League. Eligibility for the Travel League requires In-Town registration and players with birthdays from 2007 - 2013.

For more information on the league, please visit the Girls Softball League of Westfield website at: westfieldsoftball.org

Register early to ensure your child a spot! The program is very popular, and some age groups fill up extremely fast.

SPONSORSHIPS AVAILABLE: The GSLW is seeking sponsorships for all In-Town Teams. Team sponsorships range from \$250 to \$700 and involve having the sponsor's name a team jersey, field banners at Memorial, and e-mail/social media marketing.

For More Info on Sponsorships please visit westfieldsoftball.org/sponsors.

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(above, l-r) Captain Ricerca, Chief Battiloro, WPD Chaplain Deacon Gibbons, Captain Padovano and Mayor Shelley Brindle. Photos by Town of Westfield

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#### **BICYCLE COLLECTION FOR DEVELOPING COUNTRIES**

#### Submitted by Larry Holt

In August 2020, Renna Media reported that Faith Lutheran Church collected and repaired 170 used bikes from residents of New Providence, Berkeley Heights and neighboring towns. The collection was conducted on behalf of Pedals for Progress, an organization which recycles bikes for persons in developing countries. Faith contributed \$1,700 toward the shipment of the bikes.

In the United States daily transportation occurs conveniently with little or no forethought. This is not the case in developing countries, where a village may not have one car. The mode of transportation for commuting to work, going to market and receiving medical care is frequently a pedal bike.

Later this year, Faith will again be asking persons to donate bikes for Faith to process through Pedals for Progress. A person may ask Faith to pick up the bike from his/her house or deliver the bike to Faith. If one wishes to donate a bike before the request, one may place the bike by the shed at the back of Faith's parking lot located at 524 South Street, New Providence, NJ. If you would like a bike picked up call 908-464-5177.

Since 2002 Faith has been participating in the Pedals for Progress program. For the past five years, Casey Walsh has chaired the ministry for Faith.

The pastor of Faith is Rev. Jane McCready. Visit online at famfaith.org, or reach by phone at 908-464-5177.



(above) This picture, sent to Faith by Pedals for Progress, demonstrates how completely and creatively the recipients use their bikes.

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#### **NATIONAL HONOR SOCIETY 2020 INDUCTEES**

With in-person ceremonies sidelined due to COVID-19, 163 Westfield High School 12th graders who were inducted last spring as juniors into the National Honor Society, received their NHS certificates, pins, charms, and gold tassels

from NHS advisor Scott Rutherford last month. COVID prevented in-person ceremonies last April and October and a snowstorm prevented a

planned drive-through, pick-up ceremony in

December.





Cioffi, Anna Cohen, Andrew Cohen, Eli Collins, Caroline Collins, Maeve Cunningham, Andrew D'Agosta, Griffin Davis, Gianna Dayon, Rebekkah Delforte, Jacob Dente, Gianna Doyle, Paige Duncan, Emily

Dursee, Charlotte Eagan, Kelly Ebel, Olivia Endy, Grace Ferguson-Hewson, Rileigh Filippov, Nikita Fiorentino, William Fischer, William Fishman, Kate Fleming, Mia Gallo, Giovanni Garguilo, Shannon Gesser, Andreas Giardina, Morgan Gildea, Ryleigh Glenn, Sean Glenn, William Gonzalez, Jacqueline Guggino, Isabella Hamilton, Katherine Hanley, Emma Harding, Spencer Harris, Cooper Hazard, Sean Healy, Elizabeth Heber, Audrey Heflin, William Hinkel, Allison Hinkel, Megan Hoffmann, Samantha Holtzman, Jacob Horvath, Rebecca Horvath, Samantha Isser, Jessica Jackler, Garrett Jean, Keri Jepsen, Emma Johnson-Milstein, Julia Keenan, Jonathan Kehler, Laurajane Kiely, Jack

Klag, Emily Kobori, Xenia Kylish, Erin Lanza, Grace Learner, Madeleine Lehavi, Jack Levy, Andrew Lezynski, Patrick Luo, Grace Mackey, Julia Marner, Sean Mautone, Emily McGann, Julia McGlynn, William McGuire, Elizabeth McGurn, Finn McHugh, Kathryn McIntyre, Robert McMahill, Lila Meacock, Henry Mehta, Mira Meixner, Matthew Metz, Noah Mizerek, Lorenzo Moran, Matthew Mordkovich, Eric Nazzaro, Sophia Ng, Brandon Omberg, Jillian Ortiz, Jordan Palia, Eric Panikiewsky, Angela Patel, Reva Petrie, Erin Pietrewicz, Emma Popa, Bianca Qiang, Anna Rappoport, Sarah Reynders, Patrick Richter, Ryan Riley, Aimee

Romero, Alina Rossetti, Sophia Saltzstein, Julia Salz, Samantha Santamaria, Dilany Savin, Alexandra Saxon, Joshua Schafer, Caroline Schuttevaer, Juliana Scialabba, Maxwell Shanebrook-Wein, Chloe Shen, Justin Shinners, Matthew Silva, Madeline Simpson, Rachel Snyder, Kyle Stewart, Henry Stirrup, Daniel Stogner, Hailey Stryker, Braden Sugrue, Emma Sullivan, Jane Sur, Louise-Marie Surks, Samantha Tan, Naia Tananbaum, Sophie Terry, Eva Tichenor, Anna Vollaro, Natalia Waddell, McKenzie Wang, Aprina Weinstein, Julia Wendler, Amanda Wendler, Jacob Wistner, Katherine Wolf, Ellery Wolff, Isabella Wu, Carlton Yu, Justin Zakharenko, Benjamin Zhao, Kailey







(above) Westfield High School seniors Emma Sugrue (center) and Katherine Wistner receive certificates as National Honor Society 2020 Inductees from advisor Scott Rutherford in December 2020. Photo by Westfield Public Schools

#### **SEA SCOUT SHIP 228 VIRTUAL OPEN HOUSE**



(above) Sea Scouts from Ship 228 operate the 65'vessel Sea Dart II, one of the largest Sea Scout vessels on the east coast, along with a fleet of smaller vessels (including sailboats) from their base located in Linden, NJ.



(above) Adult volunteers with maritime experience or captain's licenses are needed too.

Visit our website for more information ship228.com, or email

Ship228.SeaDart@gmail.com.

Are you interested in boating, sailing, or mechanics? Come check out Sea Scouting and let the adventure at sea begin! The crew of Ship 228 will be hosting a virtual open house, taking place over Zoom on Saturday, March 13 at 4:00 p.m. and featuring various activities that are bound to pique a young adult's interest in scouting.

Sea Scouting is open to both male and females ages 14-21 who have graduated the 8th grade; we also have a new Maritime Explorer Club for younger youth in 6th to 8th grade. Adult volunteers with maritime experience or captain's licenses are needed too. Join us for a day on the water and bring a friend! Visit our website for more information ship228.com.

Ship 228 is proud to host the virtual open house. The event will include a tour of the ship's main vessel (the 65' Sea Dart II, one of the largest Sea Scout vessels on the east coast), an introduction to the Sea Scout program, appearances from current Sea Scouts, a lively Q&A, and more.

To register, please provide your name, email address, and phone number (which is optional) in an email to Ship228.SeaDart@gmail.com.

Sea Scouts from Ship 228 operate the 65' vessel Sea Dart II, along with a fleet of smaller vessels (including sailboats) from their picturesque base located in Linden, New Jersey. Sea Scouting (which is part of the Venturing

Program of the Boy Scouts of America) offers young adults the opportunity to travel and learn skills that could be useful in future careers. Whether you're steering the vessel from the wheelhouse, learning engine room repair, or visiting a new location on one of the many trips, there's something you'll enjoy in Sea Scouting. So, try something different, check us out, and prepare yourself to set sail for a real adventure.





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# **COMMUNITY HOPE CONNECTS VETERANS** AND THEIR FAMILIES WITH HOUSING, SERVICES

#### CALL THE REFERRAL HOTLINE FOR ELIGIBILITY

Veterans and their families who are experiencing a housing crisis may be eligible for emergency assistance such as motel/hotel stays, security deposits, rent, rental arrears, groceries and utilities through Community Hope.

Community Hope's Supportive Services for Veteran Families (SSVF) program is currently assistance remotely. community-based services such as critical supplies and veteran wellness-checks are provided in person.

The increase in support services to veterans and their families during the COVID-19 pandemic is possible thanks to funding from the U.S. Department of Veterans Affairs.

To make a referral, please call the referral at 1-855-483-8466 SSVF@communityhope-nj.org, or email Gema Diaz at gdiaz@communityhope-nj.org.

Community Hope is a nonprofit that helps individuals, including veterans, and their families, overcome mental illness, addiction, homelessness and poverty. Learn more at communityhope-nj.org.



# **ROGER, FOR NEW JERSEY VETERAN COMMUNITY TO FIND SUPPORT**

ROGER, a search platform for New Jersey veterans, launched on November 9th, just ahead of Veterans Day 2020. The platform was created by Backpacks For Life founders Brett D'Alessandro and Alexa Modero. After serving the Veteran community for 6 years, they found many inefficiencies and convoluted systems that prevented veterans from getting the care they need in a quick and efficient way. From lengthy intake processes to outdated information on organizations' websites, the Backpacks For Life team knew there was a better way to get veterans the care they needed.

ROGER allows veterans and their family members to search for programs, resources and care by a variety of factors such as zip code, branch of service, discharge status and income. With these customizable search features, veterans will see only the programs that they qualify for. This helps mitigate time wasted for not only veterans searching for programs that fit their needs, but also the service providers to ensure the

veteran is a good fit for them.

"Navigating through resources is hard...we get it. As a veteran myself, I was often running around in circles trying to find programs that I was eligible for and that fit my needs. When we're working with veterans, every minute matters and with ROGER we can work more quickly to get veterans what they need. We're excited to bring ROGER to the NJ veteran community." - Sgt. Brett D'Alessandro, Retired US Marine & President of Backpacks For Life

To explore ROGER, visit www.roger.vet or contact the **ROGER** roger@backpacksforlife.org

Backpacks For Life is a 501(C) 3 nonprofit organization that serves the homeless and at-risk veteran community. By regularly distributing backpacks filled with essentials to veterans on the streets and providing mentorship to at-risk veterans and their families, Backpacks For Life aims to bridge the gap between veterans and the resources available to them.

#### **SCHEDULE YOUR COVID VACCINATION**

The County of Union opened an online registration system at ucnivaccine.org for those eligible to receive the COVID-19 vaccination.

Please note the registration system will only log those who are eligible to receive the vaccination. Those who are ineligible to receive vaccinations will not be allowed to pre-register, and must wait until they are eligible.

Those who are eligible to receive the vaccine include paid and unpaid persons serving in health care settings who have the potential for direct or indirect exposure to patients or infectious materials and long-term care residents and staff, and also sworn law enforcement personnel and fire professionals. Residents 65 and older are also eligible to receive the vaccinations, as are those between the ages of 16-64 with medical conditions, as defined by the CDC, that increase the risk of severe illness from the virus.

The county is offering the Moderna vaccine. The vaccination clinic is located at Downs Hall at Kean University in Union, and is currently open five days a week from 3-7 p.m. Once more vaccines are available, the county is planning to offer the COVID-19 vaccine in different areas of the county.

To secure an appointment for the COVID vaccination visit ucnjvaccine.org.

#### 'A LETTER TO MY YOUNGER SELF' ESSAY CONTEST

The College Woman's Club of Westfield essay contest, 'A Letter to My Younger Self,' is now open for female sophomores in high school.

Reflect on your life and examine your successes and failures. Write a letter to your younger self, telling yourself 5 important things to know about success and failure. Please include any important messages you might wish to tell your younger self.

The essay contest is open to female sophomore students attending public, private, parochial or home school. Applicant must be a current Westfield resident. Please include your full name, address and cell phone number on your essay application. The typed essay must be 500 words or less. Essay must be your original work.

The contest deadline is Monday, February 15, 2021. Please submit your essay to our email: cwc.westfield@gmail.com.

The winner will receive a \$100 Amazon gift card. Good luck!

Since 1917, the College Woman's Club's mission has been to further higher education of women. Our primary purpose is the awarding of scholarships to young women from Westfield on the basis of academics, leadership and financial need. The CWC also maintains an active calendar of events including guest speakers, interest groups and fundraisers. Visit our website: www.cwclubwestfield.org

#### **WESTFIELD RECREATION EVENTS FOR SENIORS**

Join us for some Virtual Health Education Give Love Box! - \$25 per box. Register by Feb. Workshops from the Rutgers Cancer Institute. February 3rd, 4th, and 5th at 1 p.m. via Zoom and you can also call in.

We have two Bits and Pieces activity boxes for purchase. Each box will include do it vourself projects will all items included. They will also have different goodies as well. Give Love box includes a mug and a heart wreath.

7. Drop off will be Wednesday, Feb. 11 between 1 p.m. to 3 p.m.

Register for programs by visiting https://secure.rec1.com/NJ/westfield-nj/catalog

Westfield Recreation Department, 425 East Broad Street, 908-789-4080 ext 4088, Senior Transport - 908-301-1287.

#### FRIENDS OF THE WESTFIELD MEMORIAL LIBRARY

Submitted by Marcy Lechner

Westfield is a vibrant town filled with great organizations. The Friends of the Westfield Memorial Library is one of them. Becoming a member of the Friends is an opportunity to meet book-minded folks, explore culture and give back to the community. During our Membership Campaign this month we hope to sustain our efforts to provide existing and new programs to make the Westfield Memorial Library so special. You can become a member for \$20 (seniors), \$25 (individual), or \$35 (couple or family). By joining you are making an investment in your Westfield community.

As a 100% volunteer group the Friends exists to enhance the library and to serve the library community. Taxpayer funding pays for the property and its upkeep, staff and most of the

offerings. The Friends provide financial support for additional capital improvements, programs and scholarships. We present the Hale Speaker series, provide free passes to a variety of museums in the New Jersey and New York area, offer trips to the Metropolitan Opera and Broadway plays and host book discussion groups. Most recently we have updated the Children's Area, participated in the Westfield Green Team's Free Market, increased the Kindle lending program, sponsored Saturday morning children's programming, provided books to the homebound Books-on-Wheels via maintained our 6 Little Free Libraries around

We welcome you to join the Friends. To learn all that we do and to become a member visit us online at FWMLNJ.ORG.

#### **NAMI UNION COUNTY "CIRCLE OF FRIENDS"**

Alliance on Mental Illness (NAMI) invites area residents to join its Zoom "Circle of Friends" for a free informal evening of discussion on Feb. 23, from 7:30 - 9 p.m.

The format will be a panel discussion with Joyce Benz, LCSW, Director of Intensive Family Support Services of the Mental Health Assoc. in NJ as moderator along with other NAMI members. The panel will explore various topics affecting persons with mental

The Union County chapter of the National illness and offer insight from their own experiences in dealing with these problems. Join us and bring your questions and concerns. This is an opportunity for information sharing with others who have a common interest.

> Please register for this evening at naminj.org/support/affiliates/union/Upcoming Event. Click on the "Register Here" link which will not be available until a few days before the event.



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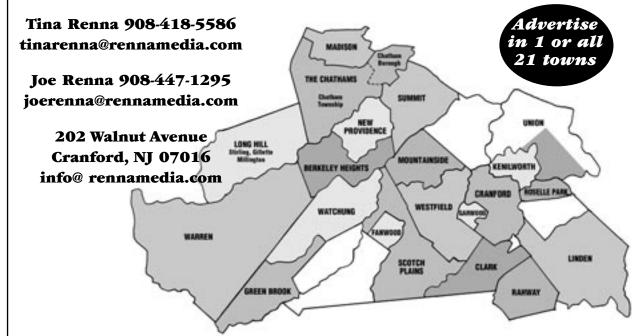


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# Westfield Market Watch



#### 2020 Westfield Home Sales

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616 Summit Ave	6	6.1	2	\$1,825,000	\$1,825,000	21
29 Hawthorn Dr	5	4.2	2	\$1,875,000	\$1,799,000	51
220 Golf Edge	5	4.2	3	\$1,749,000	\$1,735,000	7
403 Quantuck Ln	6	5.1	3	\$1,549,999	\$1,610,000	8
731 Lenape Trl	5	4.1	3	\$1,695,000	\$1,600,000	14
127 Harrison Ave	6	6.1	2	\$1,485,000	\$1,445,000	134
5 Faulkner Dr	5	4.0	2	\$1,435,000	\$1,430,000	8
56 Tamaques Way	5	5.0	2	\$1,399,000	\$1,385,000	59
414 Baker Ave	5	5.1	2	\$1,399,000	\$1,350,000	87
233 Twin Oaks Ter	5	2.2	2	\$1,299,900	\$1,315,000	30
226 Lynn Ln	5	4.1	2	\$1,359,500	\$1,300,000	176
766 Clarence St	5	2.2	2	\$988,000	\$999,999	14
329 Tuttle Pky	4	3.2	1	\$979,900	\$979,900	20
135 N Euclid Ave	5	2.1	2	\$895,000	\$965,267	7
7 Burrington Gorge	5	3.2	2	\$949,000	\$965,000	7
108 Sedgewick Ct	4	2.1	2	\$899,000	\$925,725	9
110 Cottage PI	4	3.1	0	\$899,900	\$899,900	28
627 Summit Ave	5	2.1	2	\$850,000	\$867,000	9
800 Dartmoor	5	3.0	2	\$869,900	\$850,000	13
753 Austin St	5	2.1	1	\$839,000	\$830,000	23
711 Crescent Pkwy	3	2.2	1	\$799,000	\$810,000	5
40 Bell Dr	4	3.0	1	\$799,900	\$775,000	0
1211 Boynton Ave	4	3.1	2	\$789,000	\$765,000	37
400 Wells St	3	2.1	1	\$700,000	\$756,400	6
109 Frazee Ct	4	2.1	2	\$724,000	\$719,000	23
765 Clark St	5	2.1	0	\$689,000	\$689,000	92
837 Dorian Rd	3	2.1	1	\$605,000	\$640,000	9

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