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GIFT OF SIGHT: SAYING YES! CAN CHANGE SOMEONE'S LIFE

"I am passionate about spreading the important lifesaving and enhancing message of organ and tissue donation because I know the powerful impact it can have," said Peter DeSarno, member of the New Providence Lions and double cornea transplant recipient. "It is an honor to bring together two organizations (The Lions Club and Eversight) that do so much good and have personally impacted my life".

That was the way the presentation at the November 4 New Providence Lions Club meeting began as members heard the personal story of one of its own members receiving the gift of sight and discussed the 50-year history of Eye Banking in New Jersey with Jennifer Rosenblatt, Director of Philanthropy at Eversight.

Peter went on to share that when he was in high school, he was diagnosed with a condition called Keratoconus that affected both of his eyes and at the age of 24. He then received two cornea transplants that restored his vision and forever changed his life.

The gift of his first donor cornea in his left eye came to him with the assistance of the Lions Eye Bank of Texas. The second transplant in his right eye was procured with the assistance of the Lions Eye Bank of New Jersey (now Eversight) working in conjunction with the New Providence based, NJ Sharing Network.

Peter put his experience into perspective by saying that today he looks out of the eyes of two other individuals. Peter explained that unfortunately he has not been able to make contact with and thank his donor families. He said what he does know is that they were two heroic human beings who came from two loving, caring and generous families who in their darkest hour displayed an incredible amount of love and compassion in providing him with the gift of sight. He said that he doesn't think humanity gets any more beautiful than that.

The Lions Club's work in fighting blindness goes back many years. In 1925, as an ambassador for the newly formed American Foundation for the Blind, Helen Keller addressed the Lions Club International Convention in Cedar Point, Ohio hoping that the Lions would partner with the American Foundation for the Blind and lend their support as an organization to those who had lost their sight.

It was at that convention where she appealed to the Lions and challenged them to become "knights of the blind in this crusade against darkness."

She had no idea just how far the association would take her challenge. Before the convention was over, the association dedicated itself to making Keller's dream a reality and the Lions would become Keller's Knights of the Blind

Since 1925, millions of lives have been changed through the vision-related work of Lions around the world, and today the association is as dedicated as ever to hastening the day when no one should suffer unnecessarily from vision problems. Lions work to end preventable blindness and aid the visually impaired through eye centers and hospitals, medicines and surgeries, eye glasses and eye banks.

Jennifer Rosenblatt, Director of Philanthropy of Eversight, shared with eversightvision.org/get-involved/#join-registry.





(above, left) Jennifer Rosenblatt, Director of Philanthropy of Eversight, located in Clark, shared with the

New Providence Lions Club an inspiring presentation about the Eye Banking in New Jersey and the work of her organization. (above, right) Peter DeSarno, member of the New Providence Lions and double cornea transplant recipient, recently shared his

the New Providence Lions Club an inspiring presentation about the Eye Bank in New Jersey and the work of her organization. Specifically, the work at Eversight to restore sight and prevent blindness through the healing power of donation, transplantation and research.

From its home in Clark, NJ, Eversight proudly partners with NJ Sharing Network, Lions Clubs, surgeons, businesses and philanthropists throughout New Jersey to advance its mission.

In 2019, Eversight worked with the families of 882 New Jersey residents who gave the gift of sight for transplantation, research and education. Through outreach and programs, Eversight provided donated tissue for 8,176 sight-restoring corneal transplants in 2019 in New Jersey and around the world.

SAYING "YES" TO DONATION CAN CHANGE SOMEONE'S LIFE.

For details about donation visit eversightvision.org/our-work/donation.

For how to register to become a donor, visit eversight vision.org/get-involved/#ioin-registry.



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30 Brant Avenue, Clark, NJ 07066



Clark Monthly

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RELIEF FROM CHRONIC KNEE PAIN

FDA Approved Treatment to Avoid Surgery

DON'T BLAME THE ARROW FOR MISSING THE TARGET

Just like tens of millions of other Americans, you were looking for relief from your chronic knee pain. You thought Viscosupplementation injections might be the answer, but the results were disappointing and painful. Don't assume the treatment wasn't right. That could very well be like blaming the arrow for its path to the target when the problem might be the archer. If you didn't get the pain relief you were hoping for, chances are your injection treatment was off target. Unlike blind injections or even ultrasound targeted treatments found elsewhere,

Northeast Spine & Wellness Center uses diagnostic fluoroscopy to make sure the area that needs treated is the exact area where the injection goes. This is the most advanced method of delivering this pain relieving treatment with 95% accuracy to give you the results you're looking for. The use of Fluoroscopy guided injections sets Northeast Spine & Wellness Center apart. The end result is you living pain free from your

chronic knee pain. You can avoid the lengthy and painful road of knee replacement surgery. You can avoid the endless trial and error assortment of potentially addictive prescription medications. This treatment, using fluoroscopy guided injections has seen a success rate of above 85% in those suffering from knee pain related to osteoarthritis, and that includes people with bone on bone involvement. You've suffered from chronic knee pain long enough. Call Northeast Spine & Wellness Center now for a RISK FREE consultation.



Have you have been told you are facing knee replacement surgery? Have you been told about all the downsides you could be facing? First and foremost, there are NO guarantees that knee replacement surgery will be the answer to your pain, but let's look further

- Surgery is costly, regardless of the percentage of services covered by insurance.
- Surgery requires lost time from work and typically requires a regimen of rehabilitation and medications
- With surgery, there is always a risk for unwelcomed complications. And you could be back to where you started, or worse.
- Medications will be required for relief from surgery and you have been down that road before. Addictions to these pain medications can cause potential side effects, something you do not want to experience.
- Rehabilitation can take years

Consider This Alternative To Surgery

Northeast Spine & Wellness Center offers you a real opportunity and a painless way to say goodbye to your knee pain without any surgery. Here are just a few of the important benefits you should consider?

- Diagnostic fluoroscopy accurately targets the pain, unlike blind injections.
- Guided fluoroscopic injections are virtually pain free, unlike blind injections
- No lost time from work or family
- No expensive or time consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

How Does This New Treatment Work?

Relief begins almost as fast as it takes to pronounce the treatment. It's called Viscosupplementation Therapy. To begin with, it starts with Northeast

Spine & Wellness Center investing in the use of diagnostic fluoroscopy This enables them to target the exact location of your knee pain with pinpoint accuracy. What follows is a simple injection that causes little to no pain, especially when compared to what you may be living with daily. That explains what you will see on the surface of this revolutionary treatment. What's taking place below the surface is how and where the natural healing process takes place. The injection of a Hyaluronic acid called Hyalgan. This gel-like substance was approved by the FDA in 1996. Hyalgan is a natural substance that mimics the synovial fluid that is already produced by your body in your joints. Osteoarthritis sufferers in particular see a reduction in this much needed synovial fluid in their knee joints. Without that cushioning layer of protection, the cartilage in your knee can begin to wear away leading to the rubbing of bone on bone. Through Viscosupplementation Therapy, this natural substance immediately goes to work reducing the swelling and inflammation in the joint and adding a coating layer of protection. Think about Dorothy taking the oil can to The Tin Man. You'll begin to feel that same kind of relief and quite possibly feel like you're ready for a dance down the yellow brick road to recovery yourself. And with a success rate of over 85% in alleviating pain associated with osteoarthritis, it's easy to see why this treatment is so readily covered by Medicare and by most major insurance providers. Diagnostic fluoroscopy to target the pain, Viscosupplementation Therapy to relieve the pain. Simple, fast and no surgery!

Do you Suffer from any of these Symptoms?

There are a number of reasons why you developed Osteoarthritis pain. It can develop with age or because of heredity. It could be from repetitive stress from a job or some glory days in athletics. Of course your concern is with the symptoms you face daily and how to make them end, hopefully without surgery or the use of potentially addictive medications. Northeast Spine & Wellness Center understands the symptoms you have been

living with and can help. If you have any of the symptoms below, please call us today. Relief is a phone call away.

- · Pain Whether it's a sharp aching or maybe a burning sensation, the pain can range from irritating to debilitating.
- · Swelling This can cause tenderness and soreness to the entire knee area, making walking or going up and down stairs painful, getting in and out of bed or bathtubs difficult and dangerous just name a few activities affected by swelling
- . Stiffness Getting up out of bed or after sitting for a period of time gets more and more difficult. This loss of mobility can be more than a hindrance. It can be dangerous if you need to move quickly.
- . Loss of muscle strength This can lead to balance issues and the strong possibility of falling.
- . Joint deformity Not just unsightly, but painful as well.
- · Creaking Joints Can be painful and a sign of more discomfort to come.
- Sleepless nights Losing sleep over your suffering is not just irritating, but potentially dangerous because of so many other health concerns that can be affected by loss of

Let Me Show You Targeted Relief From Your Knee Pain

Every day, I see patients suffering from knee pain due to arthritis, osteoarthritis, sports injuries or other conditions Many have been told that they are in need of knee replacement surgery. Other patients say they have been prescribed various prescription medications to deal with the pain.

Something else I see almost every day, are patients that have tried viscosupplementation knee injections elsewhere and found it to be a painful and ineffective experience because the injections were not administered using fluoroscopic guidance. Instead of using the incredibly accurate diagnostic fluoros



copy we use at Northeast Spine & Wellness Center these patients experienced a blind injection technique, which can be as inaccurate as playing pin the tail on the donkey

Once I am able to explain to my patients about the pin point accuracy of using diagnostic fluoro copy and the amazing results viscosupplementation can provide, they are thrilled to get started They are even more thrilled when they feel the relief. Please contact Northeast Spine

today to schedule your RISK FREE consultati Call 732-827-0800

Scot Paris MD, FACS

Here's what our patients have to say

down steps with no pain."

Over 85% relief for the first time in 15 years, suffering with knee pain. My life is getting

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DAISY TROOP #41108 DEDICATION CEREMONY

Submitted by Vanessa Schubring

Garwood Daisy Girl Scout Troop 41108 earned their "Daisy Flower Garden Journey Award" by making a difference in town. On November 3rd, the girls dedicated a children's bench and flower garden to Hartman Park in Garwood. The girls invited Mayor Sara Todisco and Council President Jen Blumenstock to their dedication ceremony and asked them to join in their socially distanced Girl Scout circle. Part of

their journey was also planting flowers around town during quarantine and being responsible for watering them.

"This is a wonderful and thoughtful addition to the new Hartman Park. I look forward to seeing children sitting on that bench and tending to the garden for many years to come!" Council President Jen Blumenstock said.

"This is another impressive example of

community pride and giving back to others by Garwood Daisy Troop 41108. My sincere gratitude goes out to this group of girls and their troop leaders." said Mayor Sara Todisco

The girls also welcomed 5 new members into their Troop. Four girls joined us from a Clark Troop that disbanded and one girl is new to Garwood. We welcomed them with socially distanced open arms. Congratulations girls!



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After graduating from medical school, Dr Somma served his internship in Internal Medicine at Trinitas Regional Medical Center. He then completed his residency in Internal Medicine at Seton Hall Post Graduate School of Medicine, where he was elected Chief Resident of Internal Medicine in his final year.

Dr. Somma has been in practice in Union and Middlesex counties for over 20 years, with an emphasis on excellence and compassion for his patients. He has served as the physician for the Elizabeth Fire Department, the Board of Health of Hillside and has served the Board of Education for Woodbridge NJ. He was granted the Humanitarian of the Year Award by Trinitas Health Foundation in May 2014, for his dedication to the community and his outstanding service to the goals of the Foundation.

Dr. Somma has special interests in various fields of Internal Medicine, including diabetes, obesity, cardiovascular diseases and arthritis/rheumatology. He has represented to major pharmaceutical companies, such as Schering-Plough and Pfizer, in a consulting and educational role for his peers. Dr. Somma has been a clinical educator for Seton Hall's Physician Assistant Program as an Associate Professor of Medicine for their Internal Medicine program.

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UNICO BOWL

The Annual UNICO Bowl was held Friday, October 30, which was also senior night. The friendly game between Hillside and Clark has been taking place for over 20 years. Shown here are Clark UNICO members Henry Varriano (responsible for starting event), Ralph Bernardo, VP of the Chapter, Angelo Bonnano, President of the Hillside Chapter, Don DeAugustine, Billy Pellitiere and Angela. Hillside won the game, thus taking the trophy home.





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Sandwiches and Wraps

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Three Foot to Six Foot Subs \$18.00 per foot

Choice of: Imported Hams • Roast Beef • Turkey Salami • Prosciutto • Assorted Cheeses

Assorted Bread Baskets

Market Price

Brick Oven Dinner Rolls

\$6.00 Per Dozen

Desserts Half Tray

\$ 45.00

\$ 45.00

50.00

\$ 85.00

\$ 85.00

Cookie Platters Tiramisu

Penne Vodka

Mini Pastry Platter.....\$1.75 per piece Brownies....\$1.95 per piece

CANNOLI....Small \$1.75 each • Large \$3.35 each CHEESECAKE....7 inch \$30.00 • 12 inch \$45.00

ASSORTED SORBETS & TARTUFO......\$4.00 EACH SPECIAL OCCASION CAKES....Priced Accordingly

Pasta

Hot & Cold Buffet

PER PERSON PRICING

Hot & Cold \$17.95 \$17.00 \$16.50 \$16.00 Hot Buffet \$15.95 \$15.50 \$14.99 \$14.50

HOT DISHES (Choice of 3) Extra Hot Dishes, Add \$3 per person per item

Pasta

Baked Lasagna • Baked Ziti • Cavatelli & Broccoli • Cheese Ravioli Linguini & Clam Sauce (Red or White) • Penne Bolognese Penne Primavera • Penne Vodka • Penne with Roasted Garlic & Oil Stuffed Shells • Vegetable Lasagna

Chicken

Parmigiana • Balsamic • Francaise • Marsala • Scarpiello Oreganata • Fried • Herb Baked • Honey Baked • Lemon Garlic Fingers • Alla Gallo

Beef/Pork

Murphy • Pepper Steak • Sausage & Peppers • Italian Meatballs Swedish Meatballs • Kielbasa & Sauerkraut Sliced Glazed Country Ham • Sliced Roast Pork Loin

Seafood/Vegetable

Mussels Marinara • Seafood Paella • Flounder Oreganata Eggplant Parmigiana • Eggplant Rollatine

Cold Platter

INCLUDES: Turkey • Ham • Salami • Swiss & American Cheese

Salad

CHOICE OF 2: Potato • Cole Slaw • Mixed Greens • Macaroni Antipasto • Pasta Primavera • Caesar

Dessert

CHOICE OF 1: Asst. Cookie Tray . Rice Pudding . Chocolate Pudding

Add a Carved Item

TOP SIRLOIN (Additional \$4.00 per person) GLAZED HAM (Additional \$3.00 per person) ROASTED TURKEY BREAST (Additional \$3.00 per person)

TRAY PRICES

Beef or Chicken Sliders\$1	.75 Each			
	Half Tray	Full Tray		
Long Hot Peppers with Potato and Onion	\$ 50.00	\$ 90.00		
Tomato Bruschetta	45.00	65.00		
Clams Casino	55.00	95.00		
Chicken Skewers	50.00	90.00		
Baked Clams	50.00	90.00		
Hotzy Totzy Shrimp	70.00	130.00		
Mini Crab Cakes	75.00	140.00		
Mozzarella en Carrozza	45.00	85.00		
Fried Calamari	50.00	95.00		
Stuffed Mushrooms	50.00	95.00		
Prince Edward Mussels in	45.00	80.00		
Spicy Tomato Sauce or White Wine Sauce				
Shrimp Dumplings	50.00	90.00		
Vegetable Dumplings	50.00	90.00		
Pork Dumplings	50.00	90.00		
Potato Croquettes	45.00	85.00		
Rice Balls	45.00	85.00		
Petite Quiche Assortment	Mari	rket Price		
Baby Lamb Chops or Shrimp Cocktail		Market Price		

Baby Lamb Chops or Shrimp Cocktail		Market Price		
Salads	Half Tray	Full Tray		
Mixed Greens	30.00	55.00		
Caesar Salad	35.00	65.00		
Spinach Salad	50.00	90.00		
Cole Slaw	25.00	40.00		
Italian Potato Salad	30.00	50.00		
Pasta Salad	30.00	50.00		
Red Potato Salad	30.00	50.00		
Tomato, Mozzarella, Cucumber & Onion Salad	50.00	90.00		
Chicken Caesar Salad	55.00	90.00		
Grilled Chicken Salad	55.00	90.00		
Seafood Salad	70.00	125.00		
Greek Salad with Grilled Chicken, Mixed Greens, Tomatoes, Cucumbers, Onions and Feta Cheese Topoed with Oil & Vincoar		95.00		

Vegetables			
vegetables	Half Tray	Full Tray	
Potato and Hot Cherry Peppers	50.00	100.00	
Broccoli Rabe	Market Price		
Mashed Potato	30.00	50.00	
Mashed Sweet Potato	30.00	50.00	
Grilled Asparagus	Market Price		
Steamed Vegetables in Garlic and Oil	35.00	65.00	
Stringbeans Almondine or Pomodoro	40.00	70.00	

HIGATORI with Sausage, Sundried Tomato & Broccoli Rabe	50.00	90.00
Pasta with Clams, Shrimp, Mussels, Scallops (Red or White,	65.00	120.00
Linguini with Clam Sauce (Red or White)	50.00	90.00
Rigatoni in Meat Sauce	55.00	95.00
Cavatelli and Broccoli	50.00	90.00
Pasta Primavera	50.00	90.00
Rigatoni with Ground Sausage, Light Cream and Peas	50.00	90.00
Cheese Tortellini Alfredo	50.00	90.00
Gnocchi Bolognese	60.00	100.00
Cheese Lasagna	50.00	90.00
Meat Lasagna	55.00	95.00
Spinach Lasagna	55.00	95.00
Manicotti	50.00	95.00
Cheese Ravioli	50.00	90.00
Lobster Ravioli	95.00	150.00
Macaroni & Cheese	35.00	60.00
Seafood		
	Half Tray	Full Tray
Shrimp Scampi	70.00	130.00
Shrimp Française	70.00	130.00
Shrimp, Clams, Mussels, Calamari (Red or White:	Sauce) Mar	rket Price
Mussels (Red or White Sauce)	55.00	105.00
Shrimp Parmigiana	70.00	125.00
Flounder Oreganata	65.00	120.00
Flounder Française	65.00	120.00
Seafood Paella	70.00	125.00
Stuffed Flounder	75.00	140.00
Grilled Salmon	65.00	120.00
Calamari in Marinara Sauce	65.00	120.00
Chicken	Half Tray	Full Tray
Chicken Consists Clincken		95.00
Chicken Scarpiello	55.00	
Chicken Française	55.00	95.00
Chicken Marsala	55.00	95.00
Chicken Parmigiana	55.00	95.00
Chicken Picatta	55.00	95.00
Chicken Rollatine Stuffed with Prosciutto & Mozzarella	60.00	110.00
Chicken Saltimbocca with Ham, Spinach & Mozzanella		110.00
Chicken Somentino Eggplant, Proscutto & Mozzarella	60.00	110.00
Chicken Gallo	55.00	95.00
Chicken on the Bone with Vegetables	55.00	95.00
Oven Roasted Chicken	55.00	95.00
Honey Baked Chicken	55.00	95.00
Lemon Garlic Chicken	55.00	95.00
Chicken Fingers	45.00	85.00
Wings in Hot Sauce	55.00	95.00

ъ.		
Pork	Half Tray	Full Tray
Sausage with Peppers and Onions	\$ 50.00	\$ 90.00
Sausage with Broccoli Rabe	60.00	110.00
Sausage with Hot Peppers	50.00	
Sausage di Giambotta	50.00	90.00
Kielbasa and Sauerkraut	50.00	90.00
BBO Pork Ribs	55.00	100.00
Boneless Pork Loin		et Price
Glazed Ham		et Price
Spiral Ham		et Price
Beef	Half Tray	Full Tray
Sliced Hangar Steak		et Price
Italian Meathalls	50.00	90.00
Swedish Meatballs	50.00	90.00
Beef Tips with Mushrooms	55.00	100.00
Pepper Steak	55.00	100.00
Beef Murphy	60.00	105.00
Beef Kabobs	65.00	120.00
Sliced Top Round with Gravy		et Price
Beef Ribs	1.100.10	et Price
¥7. 1		
Veal	Half Tray	Full Tray
Veal Marsala	70.00	130.00
Veal Picatta	70.00	130.00
Veal Francese	70.00	130.00
Veal Parmigiana	70.00	130.00
Veal Chops	Mark	et Price
Veal Alla Gallo	70.00	130.00
Eggplant		
Laspitant	Half Tray	Full Tray
Eggplant Parmigiana	45.00	85.00
Eggplant Rollatini	45.00	85.00
Grilled Egoplant Tower	45.00	85.00
with Fresh Mozzarella, Tomatoes & Basil		17.70
Fried Eggplant with Ham, Mozzarella in Alfredo Sauce	45.00	85.00
Platters		
Small \$50 (8 to 10 pp) • Medium \$90 (14-16 pp) •	Large \$12	O (20-24 ppi)

Small \$50 (8 to 10 pp0) • Medium \$90 (14-16 pp0) • Large \$120 (20-24 pp0)

ANTIPASTO | FRESH MOZZARELLA | GRILLED VEGETABLE

Veggie Crudité Platter (Medium \$40) • Fresh Fruit (Market Price)

Italian Cheese Board \$110 (20-25 people)

Roast Beef Crostini \$85 (20-25 people)

Tortilla Wrap, Focaccia Square \$65 (15-20 people)

Salumeria \$10 per person (min. order 10 people)

PRIDE POSITIVE BEHAVIOR PROGRAM AT VALLEY ROAD SCHOOL

Valley Road School in Clark has a lot of **PRIDE** (Patience, Respect, Integrity, Determination, and Excellence). The PRIDE program, which started last year, recognizes students and whole classes for their commendable behavior. Staff members recognize students and classes that go above and beyond what is expected during the school day. School Counselor Mrs. Sarah Badillo oversees the program. She states, "When a student is recognized they receive a slip that goes to their teacher and parent which recognizes their PRIDE. They are also entered into a drawing for special rewards. It warms your heart when you see the glow on their faces when they are presented with their PRIDE slip." Currently for the month of October, students can choose rewards including Slime with Mrs. Badillo, Coloring a Squishy with Mrs. Schaefer, or Chalking the Walk with Mrs. Badillo. Whole classrooms also have the ability to enter a different raffle where they too can be rewarded but as a whole.

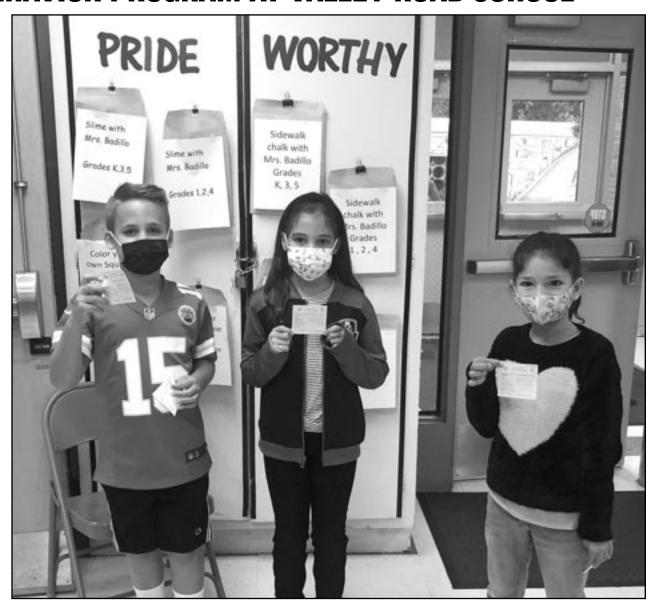


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(above) Anthony and Addison Castro with Melody Pelissier showcasing their PRIDE slips.

Photo by Clark Public Schools

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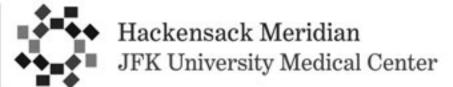








JFK For Life Bariatric Surgery Program 98 James Street, Edison, NJ 08820



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KUMPF STUDENTS TAKE VIRTUAL ROAD TRIP

Students in Ms. Jennifer Barbera's class at Kumpf Middle School in Clark recently went on a virtual road trip across the country where they learned about all 50 states. During their travels, they learned about different geographic landforms found in each state as well as the weather, population, and famous landmarks among many other important facts. The students also took virtual tours of some of the state capital buildings. Upon culmination of the trip, students were asked to create a travel brochure about their favorite state, which highlighted what they had learned and featured an illustration. According to Ms. Barbera, "The students were able to virtually see parts of the country they had never seen before. They enjoyed learning both important and fun facts about each state, as well as looking at and discussing the pictures on Google Earth."



Photos by Clark Public Schools





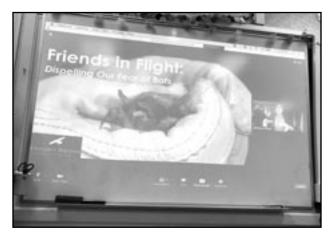
MYSTERY EXPERT MAKES SPECIAL VIRTUAL VISIT TO VALLEY ROAD SCHOOL

A mystery expert made a surprise visit to Miss Emma Gilardi's fourth grade class. The students in Room 3 have been working extremely hard to earn class incentives and this time they earned a visit from a special guest. This guest was none other than Miss Gilardi's brother, Ethan Gilardi.

Ethan is a bat biologist who works for the Fish and Wildlife Conserve of New Jersey. He spoke to the students all about bats including how New

Jersey is home to them and how nice they actually are! "Even Vampire Bats," Ethan said, "are kind and share with each other. They do not drink human blood and if someone in their colony does not get enough to eat, another bat will give up some of their meal to help!" According to Miss Gilardi, "We couldn't believe how many bats Ethan has met and saved."

Photo by Clark Public Schools





(above) Special Guest Ethan Gilardi visits with Valley Road Fourth Graders.

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- Dr. Bill Thomas, geriatrician, author and aging expert

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LADIES SOFTBALL FALL SEASON ENDS - SPRING AND SUMMER POSTPONED



(above) Ladies Softball through Clark Recreation recently completed their fall season after playing every Tuesday night. Although the spring and summer season was cancelled due to the pandemic, the women enjoyed playing safely each week this fall!

Photo by Clark Recreation

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The drop-off box is located behind the building on Broadway in the Post parking lot under the

Clark is collecting food, and diapers to be

donated to the St. John's Food Pantry and the

Church and The Clark Give and Share Program

have been distributing food to area residents with

a drive-thru system in the St. John's parking lot

on Valley Road. The Pantry, which has been in

operation for over 20 years, has had a rapid

increase in clients since March of 2020. So far,

the pantry has been able to meet this high

demand, but supplies are dwindling. Staples such

as pasta, rice, tomato sauce, soup, canned

vegetables, canned fruit, tuna fish, peanut butter,

cereal, and diapers are needed and can be

dropped off at Clark American Legion Post 328

on Westfield Avenue from noon to 10 p.m. every

The local food pantry at St. John The Apostle

Give and Share program in Clark.

The America Legion Auxiliary Unit 328 of pavilion. All items will then be delivered to the Food Pantry at St. John's to help our community have a healthy holiday season.

> In addition to food items the Auxiliary is collecting socks for the homeless. Socks for men, women, and children are needed by area Homeless Shelters which are also experiencing greater needs for such items. New socks can be dropped off at the Legion in the same box. Our goal is to deliver supplies for the holiday season and beyond.

> The American Legion Auxiliary is a service organization which is committed to serving veterans, military, and their families. Today's times have highlighted the need to expand our service to a wider community of those in need. We are committed to the ideal: Service not Self. In the spirit of giving, consider donating to the ALA efforts to service our community. Join us and help support our nation's heroes and the community in which they live.

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WINTER FESTIVAL/ TREE LIGHTING CANCELLED

DEAR RESIDENTS OF CLARK:

day.

The Mayor and I regret to inform you that the Winter Festival/ Tree Lighting has been canceled. With the high number of COVID cases in Clark and Gov. Murphy's recent Executive Order for Restriction of only 150 people at outdoor gatherings – leaves us no choice but to cancel the Winter Festival. I am beyond heartbroken. The

tree will still be lit at 5:30 p.m. on Saturday, November 28th, if you would like to drive by.

I promise Clark Recreation will bring this event back BIGGER than ever in 2021!!!

Blessings to you and your families over the holidays.

Best Regards, Ralph Bernardo

Are you ready for the Winter!



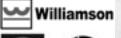
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In my many years as a top producing realtor, I have been involved in a tremendous amount of Clark transactions. I live and work here and know everything this outstanding town and school system has to offer. Using an agent with a proven track record is very important. I put an enormous effort into marketing, advertising and customer satisfaction. Since 12/1/19 to present, I have had 82 transactions, 54 in Clark, and have many homes that are currently under contract. I also made the highest level of Platinum for 2019 Circle of Excellence Award which ranks overall in the top 1% of Realtors in New Jersey. I also made Top Agent Magazine!

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LORI'S CLARK TRANSACTIONS FROM 12/1/19 TO PRESENT

SOLD 10 Washington St., Unit 03 39 King St. 307 West Lane 56 Lexington Blvd. 13 Blake Dr. 213 East Lane 1168 Lake Ave., Unit 4 458 Oak Ridge Rd. 45 Wendell Pl. 291 Willow Way 501 Oak Ridge Rd. 29 Conger Way

187 Liberty St. 11 Avon Rd. 81 New York Ave. 42 Kenneth Pl. 1 Kathryn St. 9 Shetland Dr. 29 Hillside Ave. 301 West Lane 8 Wendell Place 139 Jupitor St. 42 School St. 29 Harvey Ct.

13 Florence Dr.

40 Conger Way 10 Schmidt Lane 269 Willow Way 330 West Lane 18 Ginesi Dr. 7 Blake Dr. 3 Avon Rd. 5 Crestwood Lane 309 New York Ave. 53 Stemmer Dr. 40 John St. 1 Longfellow Lane

1538 Franklin St.

15 Ayers Lane 304 Westfield Ave. 23 Fairview Rd.

UNDER CONTRACT 77 John St. 13 Blake Dr. 18 Yorktown Dr. 43 Willow Way 95 Briarheath Lane 11 Harding Ave. 45 Starlite Dr. 28 Gibson Blvd.

TOTAL NUMBER OF TRANSACTIONS = 82, 54 ARE IN CLARK

RENT ASSISTANCE AVAILABLE

Are you a Union County resident in danger of eviction because you are struggling to meet your rent payments? You may be eligible for rent assistance through Community Access Unlimited.

People who have fallen behind on their rent payments may be eligible for up to three months of back rent assistance. Applicants must already be at least one month behind on their rent payments.

Contact Community Access Unlimited at info@caunj.org to inquire about this program. Landlords or any person who knows a renter who is struggling are encouraged to let tenants know about this program.

CAU is a Union County-based, statewide nonprofit that works to integrate people with disabilities and youth at risk into the general community through comprehensive supports.

Funding for this program has been provided by the City of Elizabeth and Union County.

To learn more about CAU, visit caunj.org or follow the agency on Facebook, Twitter and Instagram. Learn more about supporting the agency and become a monthly donor at caunj.org/support-us/.

ABOUT COMMUNITY ACCESS UNLIMITED

Community Access Unlimited (CAU), celebrating more than 40 years in 2020, supports people with special needs in achieving real lives in the community. CAU provides support and gives voice to adults and youth who traditionally have little support and no voice in society. CAU helps people with housing, life skills, employment, money management, socialization and civic activities. CAU also supports opportunities for advocacy through training in assertiveness, decision-making and civil rights. CAU currently serves more than 4,000 individuals and families, with the number served growing each year.

For more information about CAU and its services, contact us by phone at 908.354.3040, online at www.caunj.org or by mail at 80 West Grand Street, Elizabeth, NJ 07202.

BASKETBALL AND SOCCER SQUIRTS COMPLETE PROGRAMS



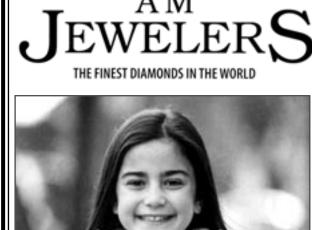
(above) Participants in Soccer Squirts, a program offered by Clark Recreation this fall, were excited to receive their medals and certificates.



(above) Clark Recreation completed the Basketball Squirts program through US Sports Institute after a 7-week of session. Shown here is Coach Mike with the children who received a medal and certificate for completing the coarse.

Photos by Clark Recreation





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VALLEY ROAD HOLDS VIRTUAL STORY TIME

Valley Road School students in grades (K -3) recently participated in a virtual story time. Students were invited to wear their pajamas, bring their favorite blanket and stuffed animal, and sit and enjoy the stories. Four Valley Road teachers served as guest readers:

Mrs. Kimberly Nacht read The Little Old Lady Who Wasn't Afraid of Anything. Ms. Emma Gilardi who read Stellaluna. Mrs. Jennifer White-Clere who read The Cat in the Hat. Mrs. Kelly Worton who read Fletcher and the Falling Leaves.

Principal Joe Beltramba stated, "This virtual event brought our K-3 community together for an enjoyable night of reading. I want to thank our VRS teachers who shared some of their favorite stories with our students."

This event is part of a larger Reading Incentive Program at the school in which students select books from a virtual library and complete a reading log. Each room in the library has a different series of books for different grade



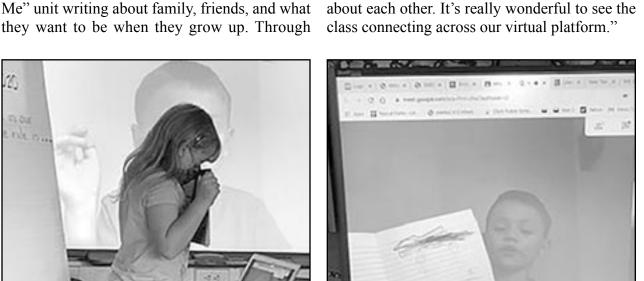
First graders in Jennifer Clere's class at Valley

Road School have been getting to know each

other through sharing their journal writing with

both their in-class and remote classmates.

Currently, students are working on an "All About



their daily journal writing, they also make

connections to their reading theme of what makes

way for students to express themselves and learn

Ms. Clere stated, "Journal writing is a great

levels.



TOYS FOR TOTS

It's that time of year again to think of those less fortunate - Toys For Tots Bins have been set up thru the halls of the Recreation Center and Senior Fitness Center.

If you can afford to purchase just one toy to brighten a child's Christmas - please donate to one of the bins - unwrapped. This is sponsored by Cub Scout Pack 145 of Clark.







23 ARTHUR L. JOHNSON STUDENTS RECOGNIZED BY COLLEGE BOARD AS AP SCHOLARS

Arthur L. Johnson is excited to announce that 23 of its students have been recognized as Advanced Placement School Scholars by The College Board. The awards recognize high school students who have demonstrated college-level achievement through AP courses and exams.

17 students have been noted as AP Scholars receiving a score of 3 or higher on three or more AP exams.

2 students have been recognized as AP Scholars with Honor receiving an average score of at least 3.25 on all AP Exams taken and scores of 3 or higher on four or more of these exams.

ALJ has 4 AP Scholars with Distinction receiving an average score of at least 3.5 on all AP Exams taken and scores of 3 or higher on five or more of these exams.

1 of these Scholars with Distinction also earned the title of National AP Scholar receiving an average score of at least 4 on all AP Exams taken and scores of 4 or higher on eight or more of these exams.

5 of these 23 scholars also earned the AP Capstone Diploma achieving scores of 3 or higher in AP Seminar and AP Research and on four additional AP Exams of their choosing.

2 of these 23 scholars earned the AP Seminar and Research Certificate receiving a score of 3 or higher in AP Seminar and AP Research.

According to The College Board Website, "AP Seminar is a yearlong course in which students investigate real-world issues from multiple perspectives. Students learn to synthesize information from different sources, develop their

own perspectives in research-based written essays, and design and deliver oral and visual presentations, both individually and as part of a team. During the course, students complete a team project and an individual paper and presentation, as well as take a written end-of-course exam. These components contribute to the overall AP Seminar score.

AP Research lets students deeply explore an academic topic, problem, or issue of interest to them. Students design, plan, and conduct a yearlong research-based investigation to address a research question, documenting their process with a portfolio. The course ends with a 4,000-to 5,000-word academic paper and a presentation with an oral defense which contribute to the overall AP Research course."

"These students have demonstrated their consistency in terms of being able to succeed with college-level work while still in high school and, by doing so, have made us exceptionally proud. The challenges that accompanied last spring's AP testing make these accomplishments even that much more noteworthy," stated Edward Grande, Superintendent.



UNITED WAY

As part of its transformation to continue providing programs and services, United Way of Greater Union County (UWGUC) recently announced that it has modernized their comprehensive approach to their family strengthening model. The organization is collaborating within its community resources network and its affiliated initiatives to provide a series of virtual webinars that will provide families and individuals with continued access to services, leadership and career focused initiatives, and ways they can advocate in their communities.

Building Resiliency Empowering Parents, Families and Individuals, the themed focus, serves to provide continued support to residents who are facing educational, health and economic barriers, and ensures services are provided in both the traditional and virtual (online) setting. During the Coronavirus pandemic, UWGUC saw an increase in the number of families struggling to meet basic needs such as buying food, paying rent and utility bills, and having access to healthcare. The unemployment rate in Union County went from 4.5% in January to 16.4% in June 2020, resulting in more than 81,000 unemployed residents, 3,100 evictions filed and 9,000 food stamp applications filed in Union County.

The organization, through donations of fresh and nonperishable food from Amazon Logistics and the Community Food Bank of New Jersey, also hosts weekly food distributions, where 900 families are served on average each week, since the pandemic began. In addition, during the summer, UWGUC organized and held a virtual back-to-school drive serving more than 400 students with backpacks and school supplies.

UWGUC is also calling for volunteers who are experts in their field to host a workshop or webinar that could help those in the community.

The virtual workshops and webinars are free and open to the public.

Interested persons can access them through the United Way of Greater Union County website at uwguc.org/virtualworkshops.





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DECEMBER EVENTS FROM THE CLARK PUBLIC LIBRARY

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Mondays, Wednesdays, Fridays - 9:30 am-5 pm • Tuesdays 9:30 am-7 pm • Thursdays 11 am-7 pm • Saturdays 9:30 am-2 pm

Closed on Thursday, December 24 and Friday, December 25 • we will close at 1 pm on Thursday, December 31 till Sat., January 2 at 9:30

Our doors have opened! Reduced hours are in effect. The capacity will be reduced and we will be practicing social distancing. Masks will be required when in the building. We are still offering curbside pickup while open for in person visits! Our librarians are here to help with reference questions or book recommendations!

All items must be returned in the book drop and will be in quarantine for 7-10 days. The items stay on your card during this time. You will not be charged overdues for the time the items are quarantining.

Events will be held virtually at this time via Zoom. Please register for any programs by emailing reference@clarklibrary.org and state which program you would like to attend and you will be sent a link to the meeting. You may also register through the online calendar on our website at clarklibrary.org.

Monthly Boredom Buster for Kids

Each month we have a new take home craft for kids to pick up and make at their leisure. While supplies last, no registration.

Take Out Adult DIY Craft: Holiday T-Shirts with Iron-on Vinyl

Starting Monday, December 7

Monthly Adult DIY Craft provides a take-out kit which you can make it at home without a Zoom class. It includes instructions. Pick up a material bag at the Reference Desk.

Registration is not required. Open to adults (18 and older) while supplies last.

Teen Take-Out Craft: Magic Scratch Holiday Ornaments

Pick up a Magic Scratch Holiday Ornament kit at the reference desk starting Monday, December 7. The kit will include supplies and instructions. Open to teens in Grades 6-12 while supplies last.

Read to Sophie by Appointment

Sophie the therapy dog is available to listen to your child practice reading via Zoom! She is has very flexible availability. Please email ReadToSophie@gmail.com to make an appointment.

[Virtual] Baby Bookworms

Tuesdays, December 1, 8, and 15 at 10:00 am

Baby Bookworms is virtual via Zoom! Babies and toddlers are invited to hear some books, and learn some songs, rhymes, lap bounces, and fingerplays! Please register to get the Zoom link to attend.

[Adult Craft] Holiday Wood Photo Block

Wednesday, December 2 at 11:00 am

Join us for a Pick Up & Zoom craft class for adults. We will paint a wood photo block and decorate with Cricut vinyl of Holiday themes. After registering, you will be emailed to pick up the materials a few days before the class and be sent the Zoom link to make it together. Register through our online calendar or email

reference@clarklibrary.org and a Zoom invitation will be sent before meeting.

[Virtual] What's New Book Club for Kids

Wednesday, December 2 at 4:00 pm
Join us via Zoom to see what new and
interesting books are available at the library for
kids! Kids will also have time to share their
favorites with us! Please register to receive the
Zoom link.

[Virtual] 8 Minute Lego Challenges

Thursday, December 3 at 4:00 pm
Join us via Zoom to express your creativity with our Timed Lego Building Challenge. Kids will get a prompt, such as a "piece of furniture" and then have 8 minutes to build it with Lego. There will be an hour filled with different prompts! If you do not have your own Lego, please contact the Children's Department of the library.

[Virtual] Preschool Story & Craft

Fridays, December 4, 11, and 18 at 10:00 am

Stories, rhymes, songs, and simple craft on Zoom. Please register to be sent a materials list in advance of the program. If you need some of the materials contact us at least a day in advance to get them through curbside pickup. Please register to get the Zoom link.

[Virtual] Adult Coloring Club

Fridays December 4, 11, and 18 at 11:00 am Coloring is a great way to unwind and relieve some stress! Pick up coloring sheets and crayons at the library and meet up on Zoom for some soothing music and relaxation. Once you register, you'll be emailed when your supplies are ready to be picked up at the library.

[Virtual] Database Class: Explore The Star-Ledger Collection & NewsBank

Wednesday, December 9 at 7:00 pm
Clark Public Library patrons now have access to The Star Ledger and 150 other newspapers through the NewsBank database. Learn how to search current and archived issues with full-color newspaper pages, full-text articles and content only published online. A Zoom meeting invitation will be sent before the class.

[Virtual] Eastern State Penitentiary and Prisons Today

Thursday, December 10 at 4:00 pm
Eastern State's history matters today more than ever. This in-depth virtual group tour explores the history of Eastern State and the experiences of men, women and children who lived and worked behind its walls. This program sets the stage for conversations about criminal justice reform today. Please register to receive the Zoom link, which will be emailed to you.

[Virtual] Family Game Night

Thursday, December 10 at 6:30 pm
Join us on Zoom for a monthly family game!
This month we will play BINGO! Individuals of all ages are welcome, family attendance is not required! We will play 2 traditional rounds and at least one holiday round! Prizes for winners and runners up! Please register to get the Zoom link.

Teen Take & Make: Frosted Holiday Votive Candle Holders

Monday, December 14 at 4:00pm

This month we will be making frosted holiday votive candle holders (with an included battery-operated tea light.) Once you register, you'll be emailed when your supplies are ready to be picked up at the library. Join us for an optional online get-together as we make the candle holders together over Zoom. Open to teens in Grades 6-12.

[Adult Painting] Winter Forest Scene

Wednesday, December 16 at 11:00 am
Join us for a Pick Up & Zoom craft class for adults. We will paint a winter forest with new acrylic painting techniques on a canvas. After registering, you will be emailed to pick up the materials a few days before the class and be sent the Zoom link to make it together. All materials are provided except a paint brush. Register through our online calendar or email reference@clarklibrary.org and a Zoom invite will be sent before meeting.

[Virtual] Pajama Time

Wednesday, December 16 at 7:00 pm Join us in your pjs for an evening storytime session for the family on Zoom. Please register to get the Zoom link.

[Virtual] Gingerbread Houses for Kids

Monday, December 21 at 4:00 pm

Join us in making non-edible Gingerbread
Houses via Zoom. Supplies will be ready for
pickup the week before. Intended for
elementary aged children. *Clark residents will
have priority registration.

[Virtual] DIY Kid's Indoor Games

Tuesday, December 29 at 2:00 pm
Join us over Zoom to make indoor games to
play while you are on break from school!
Intended for elementary aged children.
Supplies will be available for pickup beginning
the week before. *Clark residents will have
priority registration.

[Virtual] New Year's Noon Celebration

Children and families are invited to help us celebrate the New Year virtually by making a craft or two and counting down the minutes until noon! Supplies will be available for pick up the week before. *Clark residents will have priority registration.

AVAILABLE ANY TIME:

Interactive Story Room

If your little one misses the story time room, check out our Interactive Story Room on our webpage at clarklibrary.org/storytimes/ and hear some great stories by clicking on the featured books. This will change periodically, so check back!

BLOOD DONORS URGENTLY NEEDED CHRONIC SHORTAGES THREATEN HEALTHCARE

New Jersey Blood Services, a division of HOW NEW JERSEY RESIDENTS CAN HELP: New York Blood Center (NYBC), wants to increase blood donations for area hospitals. The COVID-19 pandemic has created a chronic shortage across the country that shows no sign of improving. This is particularly dangerous given the looming uncertainty surrounding the pandemic's trajectory over the course of the next few months.

Blood is urgently needed. The region's healthcare system requires 1,500 donations each day to treat patients ranging from trauma victims and cancer patients to newborn babies and their mothers. Prior to the pandemic, blood drives were held at businesses, high schools, colleges and community groups. Most of those groups have had to cancel their blood drives due to COVID-19. Donations are at just 65% of prepandemic levels - well below what is needed by hospitals and patients in our area.

"This is an incredibly challenging time for our communities. We are now relying on people seeking out a place to donate. So far, that is not happening at the level we need," said Andrea H. Cefarelli, Senior Executive Director of Recruitment & Marketing for New York Blood Center.

We are asking our community to visit our donor centers or to find a convenient community blood drive to donate. "The Covid-19 pandemic has created blood shortages for all New Jersey and NY hospital systems, said Cefarelli. Donated blood is essential for trauma and surgery patients in need. We encourage healthy New Jersey residents, aged 16 to 75, to donate blood at NJBS blood drives and donation sites now. Visit NYBC.org or Call 1-800-933-BLOOD (2566) to make appointment today."

To make an appointment to donate blood, visit donate.nybc.org/donor/schedules/zip.

NYBC also needs more partners to step up and help host drives in large venues. If you have a space available and would like to host a blood drive, please sign at up nybloodcenter.org/support-us/host-blooddrive/apply-host-drive.

For information on the extra precautions being taken to help prevent the person-to-person spread of COVID-19, visit our website.

ABOUT NEW YORK BLOOD CENTER

Founded in 1964, New York Blood Center (NYBC) is a nonprofit organization that is one of the largest independent, community-based blood centers in the world. NYBC, along with its operating divisions Community Blood Center of Kansas City, Missouri (CBC), Innovative Blood Resources (IBR), Blood Bank of Delmarva (BBD), and Rhode Island Blood Center (RIBC), collect approximately 4,000 units of blood products each day and serve local communities of more than 75 million people in the Tri-State area (NY, NJ, CT), Mid Atlantic area (PA, DE, MD, VA), Missouri and Kansas, Minnesota, Nebraska, Rhode Island, and Southern New England. NYBC and its operating divisions also provide a wide array of transfusion-related medical services to over 500 hospitals nationally, including Comprehensive Cell Solutions, the National Center for Blood Group Genomics, the National Cord Blood Program, and the Lindsley F. Kimball Research Institute, which — among other milestones developed a practical screening method for hepatitis B as well as a safe, effective and affordable vaccine, and a patented solvent detergent plasma process innovating bloodpurification technology worldwide.

A New Jersey Blood Services A Division of New York Blood Center

VISION LOSS ALLIANCE OFFERS FREE VIRTUAL PROGRAMS

Vision Loss Alliance of New Jersey will be able to offer FREE virtual wellness classes, peer support groups and technology-focused offerings over Zoom thanks to a grant from the Grotta Fund for Senior Care. Anyone who has low vision in New Jersey, as well as out-of-state residents, can participate.

VLANJ offers virtual classes in managing grocery shopping, yoga, Zen, meditation and mindfulness. Additionally, their tech talk classes help people understand their tech devices and how to use them to connect to online events. The classes have been a hit, helping people with vision loss stay active, learn skills and connect socially.

Vision Loss Alliance of New Jersev is a nonprofit organization serving people who are blind or have low vision. Through the group's programs, participants learn skills that allow them to manage their lives, and create a welcoming community in which they feel safe and supported.

The Grotta Fund provides its grantees with opportunities for technical assistance, learning, and networking with other non-profits. In turn, grantees are encouraged to promote the results of their grant, leverage funding, and sustain programs which have been funded by Grotta. The fund is administered through the Jewish Community Foundation of Greater MetroWest NJ.

To Classes Register for visit https://www.vlanj.org/programs/

The post Vision Loss Alliance's Virtual Classes Get a Boost from Grotta Fund first appeared on Morris County, NJ.



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1	Unit (Business	card)	3.25"	x	2°	\$60	\$150	\$250	\$350	\$400	\$450	\$500	8550
2	Units	6.5° x 2° or	3.25*	x	$4^{\rm o}$	\$100	\$250	\$400	\$500	\$600	8700	\$800	\$900
4	Units 3	.25° x 8° or	6.5	x	4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700
6	Units 6.5	x 6.25° or	10°	x	4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000
9	HALF PAGE	6.5° x 9° or	10°	x	7"	5320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400
12	Units		10°	x	8°	\$360	\$900	\$1200	\$1500	\$1800	\$2100	52400	\$2700
18	FULL PAGE		10*	x	14"	5400	\$1000	51400	\$1800	\$2200	\$2500	\$2800	\$3000
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Visit RennaMedia.com for online publications. Photo albums, video and advertising opportunities.

Howdy Partners! Online Marketing is like the Wild West

Too many carpetbaggers are exploiting business owners, making empty promises that don't materialize.

Too many businesses are stuck in contracts with no return on investments, no way to check if the work is getting done, and needing to invest more to make things right.

The following is a guide to Renna Media services and costs that you can compare to your present provider.

I highly recommend doing an independent audit of your website!

Contact Walter Watson at walter@www-online-enterprises.com

He does a great job analysing and making recommendations.

It is only \$250 and can save you time, money and headaches.

Thank you. - Joe Renna

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Online Marketing Items

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 Special bulk price......Block of 20 items \$100 Including: Press releases / Classified Ads
 Web Page / Calendar Event / Monthly Banner ads

Extra Boost:

- Blast your online ad or press release to a targeted market:\$100
- National Press Release Distribution to 300 to 500 news outlets......Budget choice from \$300 to \$500.

Website / SEO services

- Website Audit/Analysis and recommendation plan:\$250
 Website creation/update:\$2,400
 (Cost for average website: 12 pages, contact form, SEO friendly, responsive design)
- Website Hosting:\$300 per year Includes website hosting, software updates, monthly website content updates
- SEO Services:.....average cost \$1,000 \$2,000 per month Custom tailored solutions: Google Ranking, Local SEO, Social Marketing

Video advertising

Production:

- Product placement \$250
- 30-second commercial \$500
- 3-minute spot \$1,000
- 30-minute show \$1,500
- 3-hour shoot \$2,000

Do not commit to a service unless you have a solid marketing plan and budget.

Your plan should work on paper before you spend dime one. Don't waste money just trying something. There is no magic bullet. **Call Joe for a free consultation.**

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Buchanan's 12yrs old			Belvedere Vodka			Beringer White Zin
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Chivas Regal	1.75L	\$58.99	Ciroc (all types)			Carnivor Cabernet S
Chivas Regal 18 yrs old	750 ml	\$72.99	Finlandia			Casal Garcia Vinho
Crown Royal			Finlandia		•	Cavit (All Types)
Crown Royal			Grey Goose			Clos du Bois Chard
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Dewars 12 yrs old			Ketel One			Dreaming Tree (All
Dewars White Label	750 ml	\$19.99	Ketel One			Ecco Domani Pinot
Dewars White Label			Luksusowa			Fish Eye (All Types
Gentleman Jack	750ml	\$29.99	Pinnacle (all types)			Freixenet Brut, Ext
Gentleman Jack			Pinnacle (80 proof)			Gato Negro (All Ty
Glenmorangie 10 yrs old			Skyy			Gazela Vinho Verde
Glenlivet 12 yrs old			Sobieski			Joseph Carr Caberr
Glenlivet 12 yrs old			Sobieski			Kendall Jackson Vi
Grants			Stolichnaya (all types)			Kim Crawford Sauv
Grants			Tanqueray Sterling			Louis Jadot Beaujo
Jack Daniels			Tanqueray Sterling			Louis Jadot Pouilly
Jack Daniels			Three Olives (all types)			Martini & Rossi Ast
Jack Daniels Fire			Tito's Vodka			Menage a Trois Red
Jack Daniels Fire					φυυ.99	Mi Amore Red
Jameson			RU	JM		Moet Imperial Char
Jameson			Bacardi Light & Gold			Noble Wine 337, 66
Jim Beam Whisky			Bacardi Light & Gold	1.75L	\$19.19	Papi (All Types)
Johhnie Walker Blue			Captain Morgan Spice			Ruffino Chianti
Johhnie Walker Blue			Malibu			Ruffino Chianti
Johnnie Walker Black	750ml	\$28.99	Malibu	1.75L	\$25.09	Ruffino Pinot Grigio
Johnnie Walker Black			TEO	UILA		Ruffino Tan label .
Johnnie Walker Double Black			Deleon Blanco Tequila		ተባበ በበ	Santa Margerita Pir
Johnnie Walker Red			Deleon Blanco Tequila			Silver Oak Alexand
Johnnie Walker Red			Patron Silver		•	Simi Chardonnay
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Makers Mark					\$34.99	
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Bombay Saphire			Bud and Bud Lite loose bottles .	24pk	\$19.99	We specia
			Coors Lite (24oz) cans			and cu
Seagram's gin			Coors Lite/Miller Lite loose bot			
Tanqueray			Coors Lite/Miller Lite			400/
Tanqueray	1.75L	\$36.99	Corona/Corona Lite loose bottle			¦ 10% C
			Dab (16oz) cans			i Any purcha
COGNAC 8	& BRAND	PΥ	Dogfish Head 60 min			i 6 bottles o
Courvoisier V.S.			Heineken/Heineken Lite bottles	•		Restriction a
Courvoisier V.S.			Land Shark			Coupons not valid o
Remy Martin V.S.O.P.			Lech (500ml)	*	•	L
Remy Martin V.S.O.P.	1.75L	\$84.99	Modelo Especial cans			Visit our facebo
			New Belgium Fat Tire			fa
CORD	IALS		Pabst Blue Ribbon cans			
Bailey's Irish Cream		\$47 99	Pilsner Urquell			"Cold or
Duggan's Irish Cream			Sagres			"Visit the sto
Kahlua			Sam Adams Boston Lager			
Krunnik	1./3L	¢27.99	Stalla Artois loose bottles			ABC prices prev

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Ecco Domani Pinot Grigio		
Fish Eye (All Types)		
Freixenet Brut, Extra, Extra Dry		
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Joseph Carr Cabernet Sauvignon		
Kendall Jackson Vintners Chardonnay		
Kim Crawford Sauvignon Blanc		
Louis Jadot Beaujolais Villages		
Louis Jadot Pouilly Fuisse		•
Martini & Rossi Asti		-
Menage a Trois Red		•
Mi Amore Red		
Moet Imperial Champagne		
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Papi (All Types)		
Ruffino Chianti		
Ruffino Chianti		-
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