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ROTARY DONATED CRITICAL COVID 19 CARE EQUIPMENT

Submitted by Rotary International District 7475

Rotary International District 7475 has donated much needed critical care equipment to Overlook Hospital in Summit, NJ to help with the COVID 19 Pandemic.

Overlook Hospital renovated two additional floors to become ICU units, and sought funding to help purchase the equipment. They have ordered 20 Critical Care Beds, model Hillrom Progressa Bed System. The beds can be upgraded in the future and cost \$34,000 each and have technology to help patients breath. The hospital does not like to transfer patients between beds, because it increases the risk of nonsocomial infections, which means getting an infection in the hospital. Therefore, these beds are designed to be used in other therapeutic modalities. They are designed to be mobile- you can wheel them down the hall to other departments. The useful life of one of these high tech beds is 12 to 15 years. Each bed could potentially save thousands of lives.

The Rotary District 7475 consists of 82 Rotary Clubs representing 2000 Rotarians in 9 counties of northern New Jersey including Madison. Rotary is a business networking and service club of successful business men and women

who want to give back to their community. There are 1.2 millions Rotarians in 166 countries around the world. Most of the Rotarians in the District donate to the International Foundation, which circulates the funds back for use in our local communities. Past District Governor Dr. D. Michael Hart is the Foundation Chair for the District. He was able to write a grant proposal which was matched by The Rotary International Foundation totaling \$34,000 to purchase one bed for Overlook Hospital.

Rotary Global Grants require an international partner. District 7475 has done many Global Grants, typically 10 grants per year with many clubs and districts around the world. This is one of the first few grants done in the United States in the last 20 years. For this particular grant, the Rotary Club of Berwick, Victoria Australia is our international partner. Last year our New Jersey District raised \$20,000 to help them with their wildfires which were out of control.

Dr. D. Michael Hart stated "The rest of the world thinks Americans are rich and do not need any help. This program (continued on page 2)

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(above) Rotary International District 7475 Foundation Committee Chairs

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ROTARY DONATED (continued from page 1)

is a good example of how Rotary International can help people right here in a time of crisis."

Dr. Hart recently wrote two other grants totaling \$100,000 to purchase 10 ventilators for Trinitas Hospital in Elizabeth, NJ and RWJ Barnabas Hospital in Somerset, NJ. Robert Wood Johnson Barnabas is the largest health system in New Jersey with 15 hospitals. Overlook is part of the Atlantic Health System with 5 hospitals. Hospital chains share equipment as needed, or divert patients to open hospital wards as needed, so these donations will help the two largest health systems in New Jersey.

Rotary International is one of the premier charitable institutions in the world. They have been rated 100% for 11 years in a row by Charity Navigator, an organization which rates charities. Since 1985, Rotary has been working to eradicate Polio worldwide. Rotary raises \$50 million per year for the effort, and The Bill and Melinda Gates Foundation matches Rotary's fundraising efforts at a rate of 2:1. In other words, Gates contributes \$100 million per year. Rotary works in conjunction with The World Health Organization which can deal with the political issues in each country; Rotarians are the "boots on the ground" actually vaccinating the children; and the CDC and UNICEF help with funding. Polio has no cure and no

treatment, but it does have a vaccine. The virus only lives in humans, so once it is eradicated, it will be gone forever. It predominately strikes children under the age of 5 years old and causes paralysis. FDR had polio as a child and was paralyzed for life. He started a charity to fight this disease in 1938. After his death, in 1946, his likeness was put on a dime and the slogan and name "The March of Dimes" was started for the fight against polio. Rotary has eradicated 99.9% of the cases in the entire world since 1985. There were 94 new cases of polio in 2019, mostly in Afghanistan and Pakistan. Only one other disease has been completely eradicated worldwide which is smallpox.

Locally, the Rotary Club of Madison is an enthusiastic engaged network of ordinary people providing "Service Above Self", in our local and global communities. They have 90 members and are inviting individuals to join their successful and vibrant club. Rotary President Liz Parker invites you as a guest to learn more about Rotary by attending one of two weekly meetings held Thursdays; 7:47 a.m. breakfast at the YMCA; or lunch 12:15 p.m. at the Madison Hotel. Please contact Barry Kroll, at barrykroll@aol.com or 973-476-2772 to RSVP. The club has been meeting virtually due to Covid19.

For more information visit www.madisonrotarynj.org.

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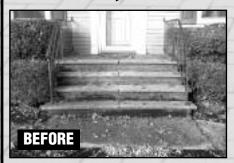


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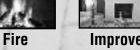
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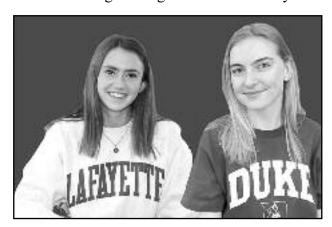


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VALEDICTORIAN & SALUTATORIAN FOR CLASS OF 2020

Congratulations to the Class of 2020 Valedictorian, Clare Culligan, and Salutatorian, Hope Pratt. Clare will be majoring in neuroscience and playing lacrosse at Lafayette College while Hope will be majoring in biomedical engineering at Duke University.



(above,l-r) Clare Culligan and Hope Pratt.

Photo by Madison public schools.

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KIWANIS CLUB SUPPORTS LOCAL ORGANIZATIONS

Submitted by Gary Arnesen

The Kiwanis Club of the Chathams and Madison continues to support local organizations during this pandemic. With the cancelling of the Kiwanis Club's annual April Benevolence Awards Presentation event, award recipients are being contacted advising them that donation checks are being sent to them.

For some of the service organizations, the amount of the donation has been increased from previous years to help with their organization's pandemic efforts. These are Interfaith Food Pantry, SAGE Meals on Wheels, Chatham Emergency Squad, and the Visiting Nurse Association of Northern New Jersey.

In addition, checks supporting the Green Village Fire Department, Senior Services Center, Area Boy Scouts and Girl Scouts, Chatham Community Band and the Madison Area YMCA will soon be distributed.

The Annual High School Scholarships and Awards will be presented by the Kiwanis Club of the Chathams and Madison to the selected recipients later this spring.

The Kiwanis Club of the Chathams and Madison will continue to support our local organizations and also wish that everyone be safe. Information about the Kiwanis Club of the Chathams and Madison can be obtained by contacting Karen Shippey, Club President, at kkshippey@msn.com.



(above) 2019 Kiwanis Benevolence Award check for the Morris County Interfaith Food Pantry being presented to Doug McMahon, Volunteer Coordinator from the Food Pantry by Karen Swartz, Kiwanis Club of the Chathams and Madison.



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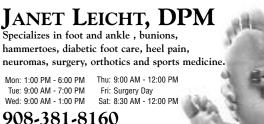


ADJUSTING TO COVID-19

Dr. Leicht's podiatry office is doing what can be done to operate in the best interest of all patients and staff. To that end, we're taking the following measures:

- 1. As an essential service, the office will remain open on a limited schedule Monday-Saturday. We may adjust hours according to demand.
- 2. The goal of our office remaining open is to keep our patients safe, out of danger and out of Emergency Rooms. This refers to people with emergencies such as injuries, wound care, infections and our regular at-risk patients with conditions such as diabetes and severe circulatory/vascular issues.
- 3. If you have an urgent matter such as an infection or injury, we will work to get you in for an appointment as soon as possible. We have an x-ray in the office, so you do not have to visit a separate facility if you are in need.
- 4. If you are ill or have a fever, please stay home.

 Just give a call and we will reschedule at a later date.
- Due to the social distancing recommendations, at the office we request that you come alone. If not possible, then bring no more than one person with you.



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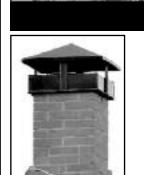
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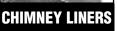
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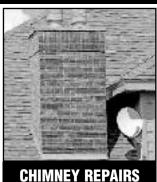
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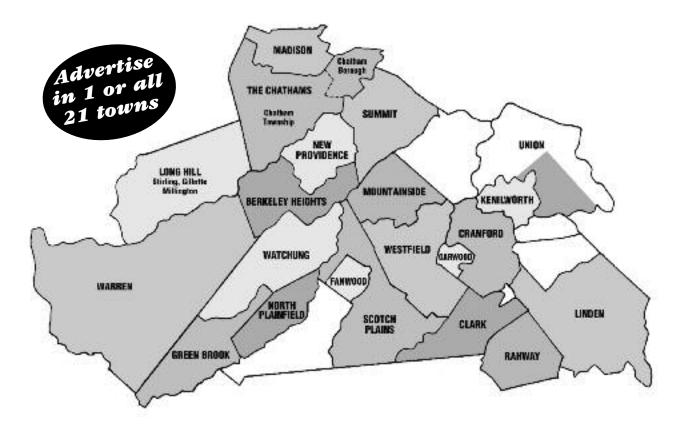
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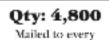
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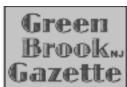
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GETTING STARTED WITH HOME COMPOSTING MADISON ENVIRONMENTAL COMMISSION SHARES TIPS AND RESOURCES

Submitted by Michael Pellessier

The 50th Anniversary of Earth Day was held on April 22, but the Madison Environmental Commission (MEC) encourages people to celebrate Earth Day every day. It's offering two ways to do so by composting at home: Java's Compost can provide curbside pick-up of food scraps (including vegetation, meat, bones and dairy) if just 20 people from Madison preregister. Or you can compost right in your backyard.

"Either solution will reduce your environmental footprint significantly — and make your trash less smelly during the summer," says Claire Whitcomb, MEC chair. "Plus, you'll be rewarded with amazing, microbe-rich fertilizer for your garden."

According to the Environmental Protection methane." Agency (EPA), food scraps and yard waste make up more than 28 percent of what we throw away. Composting several benefits.

It keeps biodegradable materials out of landfills — where they release methane, a potent greenhouse gas that's stronger than carbon dioxide and is a major contributor to climate change. "All organic matter eventually decomposes — but in a landfill it does so without oxygen," explains Maureen Byrne, Madison Borough Council member and Council liaison to the MEC. "A head of lettuce, for example, takes 25 years to decompose in a landfill. Composting speeds the process by providing the ideal decomposition environment, reducing waste and

Composting also creates nutrient-dense organic material that enriches soil and reduces the need for chemical fertilizers, pesticides and herbicides. Adding compost to soil helps retain moisture, suppress plant diseases and pests, and grow healthier plants and more nutritious food.

For home composting, the recommended recipe is creating a compost pile with an equal amount of "browns" to "greens."

Browns are dead leaves; branches, twigs and other wood material; paper; hay and straw. Greens are pesticide-free fresh grass clippings, vegetable waste, fruit scraps, and coffee grounds

Alternate layers and moisten materials as they are added. The browns provide carbon for your compost, the greens provide nitrogen, and the moisture helps break down the organic matter. Smaller pieces will break down more quickly, so tear or cut up larger pieces. Research different types of compost bins online to see what works for your needs and available space. Locally, the Farm at Green Village is selling a variety of backyard composters by request, including the kind that tumble. They can order one for you for pickup at their Chatham Township location. Email info@thefarmgv.com to inquire about available models and pricing.

WHAT TO COMPOST

The Madison Environmental Commission offers a downloadable flyer that lists what can and can't be composted at home. Compostable items include: coffee grounds and paper filters; cotton and wool rags; dryer and vacuum cleaner lint; eggshells; fireplace ashes; fruits and vegetables; grass clippings; hair and fur; hay and straw; houseplants; leaves; nut shells; sawdust; shredded newspaper; tea bags; wood chips; and yard trimmings.

WHAT NOT TO COMPOST

Keep these 8 things out of your compost — for your own health and the health of your plants, and to prevent odor problems and pests: black walnut tree leaves or twigs - release substances that might be harmful to plants; coal or charcoal ash - might contain substances harmful to plant; dairy products (e.g., butter, milk, sour cream, yogurt) and eggs - create odor problems and attract pests such as rodents and flies; diseased or insect-ridden plants - might infect other plants; fats, grease, lard, or oils (whether animal- or vegetable-based) - create odor problems and attract pests such as rodents and flies; meat or fish bones and scraps - create odor problems and attract pests such as rodents and flies; pet wastes (e.g., dog or cat feces, soiled cat litter) - might contain parasites, bacteria, germs, pathogens, and viruses harmful to humans; and yard trimmings treated with chemical pesticides - might kill beneficial composting organisms.

LEARN MORE

To learn more about home composting, visit epa.gov/recycle/composting-home or the Rutgers Agricultural Experiment Station website. For questions, you can also email the Madison Environmental Commission at mec@rosenet.org.





(above) Example of a compost bucket

Photo by Lisa White

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