Berkeley Heights COMMUNITY NEWS NJ

Published by Renna Media Issue 57 • June 2020



RESCUE SQUAD ASKS FOR THE COMMUNITY'S SUPPORT

We hope this message finds you and your family in good health and spirits. On behalf of the Berkeley Heights Volunteer Rescue Squad (BHVRS), I want to thank the community for their outpouring of support and kindness. Our EMTs and partner first responders are truly grateful, and we are proud to serve this very special town we call home.

While many volunteer squads are struggling to get ambulances out the door, the BHVRS has continued to provide 100% coverage throughout the COVID-19 pandemic. Our focus has been fixed on keeping our community - and ourselves - safe. We have needed extensive training, preparation, and supplies that exceed the typical requirements from the State of New Jersey.

The outbreak has put an enormous strain on our resources. To keep our members and their families safe, we have had to purchase large amounts of personal protective equipment (PPE), which is being sold at inflated costs due to high demand. We have also had to obtain specialized decontamination equipment including a fogger and UV light that helps eradicate germs from our ambulance and medical equipment.

None of these costs were built into our budget. The BHVRS is run entirely by volunteers and relies primarily on generous donations from the community. It took the squad over 15 years of fundraising to replace our old ambulances. With the financial cost of the pandemic, future capital expenses such as new ambulances may be extensively deferred unless additional fundraising is successful.

Now, more than ever, we need your support. We know times are tough, and many of us have added financial pressures. Any amount—no matter how small - helps us continue to be there for you and your loved ones. All donations are 100% tax deductible. For more information, visit our donation page at bhyrs.org. Be on the lookout for our annual fund drive, or make a gift directly to the BHVRS right now via PayPal, or mail a check payable to BHVRS, 378 Snyder Avenue, Berkeley Heights, NJ 07922.

Thank you for your consideration.

Joe Savino
President

Berkeley Heights Volunteer Rescue Squad

PRSRT STD
U.S. POSTAGE
PAID
BRIDGEPORT CT
PERMIT NO. 390

ECRWSS



OSTAL PATRON ERKELEY HEIGHTS, NJ 07922

Our 40th year serving the tri-state area.

WEBER GRILL SALE

WEBER GRILL SALE

DISCOUNT PRICES!
FREE Local Delivery!

Due to the COVID-19 outbreak our New Providence showroom is temporarily closed. You can text or call us at 908-665-1212, or webchat us from our website

www.colonialappliance.com.
Our Warehouse team is available for deliveries, installs and pickups.

Berkeley Heights News is published by Renna Media. 4,800 newspapers are printed monthly and mailed to every business and resident in Berkeley Heights.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or Heights, New Providence and Summit omissions.

©2020 Contents of this newspaper cannot be reproduced without written consent from Renna Media LLC.

To submit content email: editor@rennamedia.com

Berkeley Heights News is online at www.rennamedia.com like us on facebook.com/ Berkeley Heights News



Reserve space in the next issue. Call Tina today at 908-418-5586 or email info@rennamedia.com

LYRICS OF FEMINISM FROM 1850 TO 2020 LEAGUE OF WOMEN VOTERS PUBLISHES SONGS OF THE SUFFRAGISTS

Submitted by Susan Ferris Rights

The League of Women Voters Berkeley (LWVBHNPS), including members and our high school/college interns, has spent the last 2 years putting together a terrific read, Songs of the Suffragists: Lyrics of American Feminism from 1850 to 2020, as part of our fundraising for local student scholarship awards and celebration of the Centennial.

Citing more than 80 sources and including more than 40 images, Songs of the Suffragists: Lyrics of American Feminism from 1850 to 2020 narrates the history of American feminism from the 19th Century through the modern era. Each chapter includes an excerpt of song lyrics from the relevant period, along with a well-researched commentary regarding the song and the woman's movement at that time.

The book is 66 pages long and provides an ideal foundation for book club programming around the centennial.

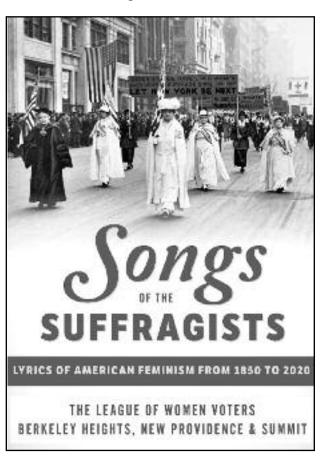
This book was started by LWVBHNPS interns in the spring of 2018 with the help of LWV members Pat Dolan and LWV President Susan Ferris Rights.

Songs of the Suffragists: Lyrics of American Feminism from 1850 to 2020 was then researched and drafted by the LWV-BHNPS's stellar group of high school and college interns in both 2018 and 2019. Interns included: Bridget Bowen, Julia Haas, Stephanie Lioudis, and Elizabeth Moshkevich. Each brought their unique insight and perspective to the creation of this

Thanks to tremendous effort, LWV member Laura Engelhardt was able to work with all the interns, edit and create the final version that is now for sale on Amazon.

We owe special thanks to the Intellectual Property Law Clinic of Rutgers University, and in particular to Sabrina Bazelais, Vincent Delriccio and Jason Tarella, who provided us with copyright guidance and advice.

Please support the LWVBHNPS (lwvbhnps.org) and enjoy reading the history of the suffragist movement behind the music of the time. Available for purchase on Amazon.



(above) The cover of Songs of the Suffragists: Lyrics of American Feminism from 1850 to 2020, put together by the League of Women Voters Berkeley Heights, New Providence and Summit. Available for purchase on Amazon.

WE ARE DEDICATED TO KEEPING YOUR HOME BUYING AND SELLING JOURNEY AS WHOLE AS POSSIBLE DURING THESE UNPRECEDENTED TIMES.

Our team is leaning into digital ways of connecting you to your future home. We now offer:

- Virtual Open Houses - Matterport 3D Home Tours - No Contact Closings - Facetime video - Aerial Photography

Please call, text or email for a personal, no obligation consultation and price evaluation of your home.

Your local neighborhood experts.

Vincent Cirincione Realtor 973-390-3826 Vinnco565@yahoo.com

Laurianne Tussel-Holsten Realtor 908-370-1123

Serving all your real estate needs.



Each office is individually owned and operated.

908-522-9444 • 315 Springfield Avenue, Summit, NJ 07901

LTHolsten@gmail.com









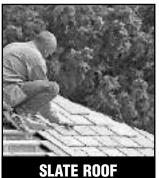
CHIMNEY REPAIRS



SHINGLE ROOF



FLAT TOP ROOF







PREFERRED

CONTRACTOR





We offer EMERGENCY
FINANCING SERVICE

CALL FOR FREE ESTIMATE 800-206-8529

GUTTER CLEANING STARTING AT \$65

MAGIC IMPROVEMENTS (800) 206-8529 With this coupon. May not be combined with any other offer. Expires 7-10-20. Go to LocalFlavor.com for more coupons.

MAGIC IMPROVEMENTS (800) 206-8529 With this coupon. May not be combined with any other offer. Expires 7-10-20. Go to LocalFlavor.com for more coupons.

250-\$350

MAGIC IMPROVEMENTS (800) 206-8529 With this coupon. May not be combined with any other offer. Expires 7-10-20. Go to LocalFlavor.com for more coupons.

ANY JOB of \$2,000 or more

MAGIC IMPROVEMENTS (800) 206-8529

With this coupon. May not be combined with any other offer. Expires 7-10-20. Go to LocalFlavor.com for more coupons.

MAGIC IMPROVEMENTS (800) 206-8529 With this coupon. May not be combined with any other offer. Expires 7-10-20. Go to LocalFlavor.com for more coupons.

MAGIC IMPROVEMENTS (800) 206-8529

With this coupon. May not be combined with any other offer. Expires 7-10-20. Go to LocalFlavor.com for more coupons.

GL HIGH SCHOOL'S NEWEST CLUB OFF TO A GREAT START

Submitted by Victoria Baum

Students in Governor Livingston High School's newest club, SMAC (Student Movement Against Cancer), haven't let the closure of the school building slow them down. SMAC's goal is to empower students across America to be the next generation of cancer fighters! Together, they fundraise for cancer research, raise awareness, and support individuals battling cancer.

SMAC held their first meeting in February and over 100 students joined. Students immediately began working to plan for an official Kick-Off

and other fundraising events for this spring in an effort to raise money for both the berkeley Heights Relay for Life and Camp Quality, NJ. Unfortunately, due to the current health crisis, these plans had to be postponed. However spirits remain high, and club members remain in touch with plans to come back stronger. Plus, thanks to a successful partnership with BHPS Technology Coordinator Mike Skara who recently ran the

Backyard 50K to support SMAC, funds were raised for berkeley Heights Relay for Life.

If you are interested in donating to the SMAC Relay for Life team, please visit https://secure.acsevents.org/site/STR. SMAC asked that we express their appreciation to the community for their support of their efforts to fight cancer and look forward to officially kicking off in the fall!



(above) Students show off a shirt representing Governor Livingston High School's newest club, SMAC (Student Movement Against Cancer).



MURSELI PRO CONSTRUCT

CHIMNEY & ROOFING SPECIALISTS

908-361-6372

1-800-650-0968

Family Owned & **Operated For** 16 Years

FUNDATIONS REPAIRS

MASONRY

STEPS

ROOFING

 RE-ROOF NEW ROOF

FLAT ROOF

 ROOF REPAIRS SHINGLES

WATERPROOFING

DRIVEWAYS

 BRICK & BLOCK SIDEWALKS REPAIR

- All Work Guaranteed
- 24/7 Emergency Service
- 20% Senior Discount
- Major Credit Cards
- NJ Lic. 13VH08570100











Carbon Monoxide is invisible, odorless.

CARBON MONOXIDE and can kill you!

ANY FOUNDATION \$2000 OR MORE

ON ROOF REPLACEMENT

GUTTERS CLEANING

(Any Average House)

of \$500 or more Expires 6/30/20.

ANY CHIMNEY REPAIR

of \$800 or more With coupon. Cannot be combined with any other offer. Expires 6/30/20.

June Special COMPLETE SET OF STEPS

Up to 6 Feet, 5 Steps / Brick, Limestone & Concrete

\$2,600

With this ad. Cannot be combined with any other offer. Expires June 30, 2020





Why Should I Use A Chimney Lining System?

- Protect your house from neat transier combustibles
- Protect the masonry from the corrosive by products of combustion
- Provide a correctly sized flue for optimum efficiency of appliance



Fire Safety





Easy & Effective Long Term **Preservation** Cleaning

With this ad. Cannot be combined with any other offer. Expires June 30, 2020



- REBUILD
- CAPPING

GUT TERS

- CLEANING
- INSTALLATION
- SCREENING
- REPAIRS
- REPLACEMENTS

WEATHER ASSEMBLY BRINGS EDUCATION AND FUN TO STUDENTS IN BHPS

Submitted by Victoria Baum

Students at Thomas P. Hughes and William Woodruff Schools were treated to a virtual assembly entitled 'John's Weather Tour'. While the weather may be warming up, the assembly sure was cool!

Meteorologist John Marshall 'visited' the students via Zoom and gave presentations about different types of weather, explained the tools meteorologists use to predict weather, answered questions, and demonstrated green screen technology used in his broadcasts.

Woodruff Principal Patricia Gasparini shared, "We were thrilled to have weatherman John Marshall do the program he had scheduled for March. We had selected the program to complement the morning weather announcements done by our fifth graders daily.

The two programs done for the grade levels were extremely informative, interactive, and highly engaging. John's personality, passion for reporting, and enthusiasm was felt by all. Much gratitude goes out to our PTO for supporting this program that brought us all together as a community."

Hughes Principal Jessica Nardi added, "This

assembly was a great "feel good" experience for our students and their families! Thanks to Mr. Marshall's planning and the support of our district technology department, the students were able to ask/answer questions and interact with Mr. Marshall throughout the presentation. Our whole school community enjoyed this break immensely. A huge 'thank you' to Mr. Marshall and the PTO

for supporting us and bringing smiles to our kids."

John Marshall has been on television for over 20 years and his accurate forecasts have been seen by millions in the New York tri-state area. John is currently freelancing for CBS2 in New

These incredible assemblies were made possible thanks to the creativity and generosity of the Hughes and Woodruff PTO organizations.





Photos by berkeley Heights Public Schools



RF/MAX®

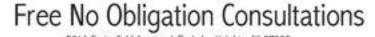
Integrity Advantage

When You're Ready......We're Ready!

Our team of local experts is committed to take all precautions and operate safely during these times.

We've adapted our services to include:

Virtual Consultations | 360° Home Tours | Virtual Showings No Contact Closings | Virtual Open Houses | 3D Home Models Compliant with CDC Safety Recommendations





BARBARA MULCAHY Broker/Owner 908-296-9073



JOSEPH CACCIATO Sales Associate 908-768-5749



ANNA KRAPIVINA Sales Associate 908-251-2709



CHARLES STELZER Sales Associate 201-400-2021



JAMES KENNEDY Broker/Associate 732-620-0940



NOEL KENNEDY Sales Associate 732-881-5855



Broker/Associate 732-962-5462



JAMES MULCAHY Owner/Associate 908-296-9071





Call Today for a Free Estimate! 🗵 855.624.6655











ROOFING | SIDING | WINDOWS KITCHENS | BATHROOMS | BASEMENTS MASONRY | DECKS | PORCHES

Payment Plans

BASEMENTS \$295 DECKS/PATIOS \$139 PORCHES/STEPS \$105 BATHROOMS \$199 WINDOWS \$209 KITCHENS \$289 ROOFING \$249 **SIDING \$289**

o% Plans Available!

Estimated monthly payments. Rates & payments based on credit approval.

VIRTUAL MEETINGS ALSO AVAILABLE

Interior & Exterior Remodeling | Family Owned & Operated

100% FINANCING AVAILABLE | 30+ YEARS EXPERIENCE





















MagnoliaHomeRemodeling.com 🗵



ROTARY HELPS OVERLOOK HOSPITAL DURING COVID 19 CRISIS

Submitted by Rotary International District 7475

Rotary International District 7475 has donated much needed critical care equipment to Overlook Hospital in Summit, NJ to help with the COVID 19 Pandemic.

Overlook Hospital renovated two additional floors to become ICU units, and sought funding to help purchase the equipment. They have ordered 20 Critical Care Beds, model Hillrom Progressa Bed System. The beds can be upgraded in the future and cost \$34,000 each and have technology to help patients breath. The hospital does not like to transfer patients between beds, because it increases the risk of nonsocomial infections, which means getting an infection in the hospital. Therefore, these beds are designed to be used in other therapeutic modalities. They are designed to be mobile- you can wheel them down the hall to other departments. The useful life of one of these high tech beds is 12 to 15 years. Each bed could potentially save thousands of lives.

The Rotary District 7475 consists of 82 Rotary Clubs representing 2000 Rotarians in 9 counties of northern New Jersey including berkeley Heights. Rotary is a business networking and service club of successful business men and women who want to give back to their community. There are 1.2 millions Rotarians in 166 countries around the world. Most of the

Rotarians in the District donate to the International Foundation, which circulates the funds back for use in our local communities. Past District Governor Dr. D. Michael Hart is the Foundation Chair for the District. He was able to write a grant proposal which was matched by The Rotary International Foundation totaling \$34,000 to purchase one bed for Overlook Hospital.

Rotary Global Grants require an international partner. District 7475 has done many Global Grants, typically 10 grants per year with many clubs and districts around the world. This is one of the first few grants done in the United States in the last 20 years. For this particular grant, the Rotary Club of Berwick, Victoria Australia is our international partner. Last year our New Jersey District raised \$20,000 to help them with their wildfires which were out of control.

Dr. D. Michael Hart stated "The rest of the world thinks Americans are rich and do not need any help. This program is a good example of how Rotary International can help people right here in a time of crisis."

Dr. Hart recently wrote two other grants totaling \$100,000 to purchase 10 ventilators for Trinitas Hospital in Elizabeth, NJ and RWJ Barnabas Hospital in Somerset, NJ. Robert Wood Johnson Barnabas is the largest health system in New Jersey with 15 hospitals. Overlook is part of

the Atlantic Health System with 5 hospitals. Hospital chains share equipment as needed, or divert patients to open hospital wards as needed, so these donations will help the two largest health systems in New Jersey.

Rotary International is one of the premier charitable institutions in the world. They have been rated 100% for 11 years in a row by Charity Navigator, an organization which rates charities. Since 1985, Rotary has been working to eradicate Polio worldwide. Rotary raises \$50 million per year for the effort, and The Bill and Melinda Gates Foundation matches Rotary's fundraising efforts at a rate of 2:1. In other words, Gates contributes \$100 million per year. Rotary works in conjunction with The World Health Organization which can deal with the political issues in each country; Rotarians are the "boots on the ground" actually vaccinating the children; and the CDC and UNICEF help with funding. Polio has no cure and no treatment, but it does have a vaccine. The virus only lives in humans, so once it is eradicated, it will be gone forever. It predominately strikes children under the age of 5 years old and causes paralysis. FDR had polio as a child and was paralyzed for life. He started a charity to fight this disease in 1938. After his death, in 1946, his likeness was put on a dime and

(continued on page 9)



ROTARY HELPS OVERLOOK

(continued from page 8)

the slogan and name "The March of Dimes" was started for the fight against polio. Rotary has eradicated 99.9% of the cases in the entire world since 1985. There were 94 new cases of polio in

2019, mostly in Afghanistan and Pakistan. Only one other disease has been completely eradicated worldwide which is smallpox.

eradicated 99.9% of the cases in the entire world since 1985. There were 94 new cases of polio in meets on the second and fourth Wednesdays at

12:15 p.m. at Chimney Rock Inn, 342 Valley Road, Gillette, NJ.

If you are interested in becoming a member please contact Mike at 908-803-5747, or email mickydel@gmail.com.



(above) Rotary International District 7475 Foundation Committee Chairs

CANDOR HOMES

GENERAL CONTRACTING

Addition & Home Expansion Specialists

203K Loans

*Kitchens

Licensed & Insured

*Bathrooms

*Decks

*Siding



*Windows

*Finished

Basements *Roofing

Go from just a house to your dream home

CALL TODAY

908-875-3741



Like us on Facebook

WWW.CANDORHOMES.COM

Ask us about buying your house AS IS, No Inspections

KNIGHTS OF COLUMBUS SUPPORTS FOOD PANTRIES STRUGGLING UNDER INCREASED DEMAND DUE TO COVID-19

\$50,000 to Catholic Charities of the Archdiocese of Newark, one in a series of donations to food banks and food distribution programs totaling \$1 million across 18 U.S. cities, part of their Order's efforts to help those in need during the coronavirus (COVID-19) pandemic.

One of New Jersey's oldest and largest social service agencies, Catholic Charities of the Archdiocese of Newark helps over 60,000 individuals and families each year to improve the quality of their lives and enhance their self-worth and dignity. The donation from the Knights of Columbus will be used to purchase food to be distributed to Catholic Charities' Emergency Food and Nutrition Network, a program that coordinates the bulk food collection and distribution through a network of 80 volunteerrun food pantries and shelters throughout the Archdiocese. This donation comes at a vital time, as many of the food pantries are reporting an increase in demand. With these funds, Catholic Charities will be able to purchase food in bulk and distribute the packages to food pantries

provide over 8,600 households approximately 36,000 meals.

According to John Westervelt, Chief Executive Officer of Catholic Charities, "We are grateful to the Knights of Columbus for this most generous donation. As the days go by, more and more families are going without pay. We anticipate that the demand at food pantries will only keep increasing, and from people who might never have sought out help from a food pantry before. This donation is a true blessing for people in need during the coronavirus pandemic."

ABOUT CATHOLIC CHARITIES

Tracing its roots to 1903, Catholic Charities of the Archdiocese of Newark is a not-for-profit social service agency of the Roman Catholic Church within the Archdiocese of Newark. As one of New Jersey's oldest and largest agencies, Catholic Charities serves over 60,000 individuals and families each year in over 87 programs. Catholic Charities as a ministry of the Archdiocese of Newark participates in the Church's social mission by recognizing the

The Knights of Columbus recently donated throughout the Archdiocese of Newark, and will inherent dignity and worth of all people and responding with sincere Christian compassion to the corporeal needs of the poor and marginalized. The service of Catholic Charities is inspired by faith in Jesus Christ, Sacred Scripture, and the continuing exposition of Catholic social teaching. Through these activities, Catholic Charities strives to assist individuals in need, strengthen families, and provide those it serves with an experience of God's mercy. Catholic Charities' programs provide shelters for the homeless, food to the impoverished; care for the elderly and mentally ill, and education to children with developmental disabilities. Catholic Charities is a concrete illustration of the Church's commitment to ease suffering and bring social justice and hope to all, without regard to religion, race or culture. Last year, the Emergency Food and Nutrition Network provided over 164,000 pounds of food to over 27,000 households.

> For more information about Catholic Charities or naming opportunities, please contact Catholic Charities at (973) 596-4100, or visit our website at www.ccannj.org for more information.



(above, l-r) Catholic Charities staff including John Westervelt, Chief Executive Officer, Sharon Reilly-Tobin, Director of Volunteer Services, John Blomquist, Esq. General Counsel & Chief Administrator of Human Resources, and, Elizabeth McClendon, Associate Executive Director.







BERKELEY HEIGHTS PUBLIC LIBRARY JUNE ANNOUNCEMENTS

Please continue to check the library's website, page. bhplnj.org, and berkeley Heights Public Library on Facebook for the latest news and updates on library services. Checked out items should be returned when the library or book drop reopens to the public - no fines will accrue while the library is closed.

New: The library has added an online music service, Freegal, which currently allows unlimited streaming and downloading up to three songs per week from its music catalog. Freegal can be accessed by a link on our homepage at bhplnj.org or by downloading the Freegal Music app on your phone or tablet. Log in with your BHPL library card number and PIN (last 4 digits of your phone number).

Coming Soon: The online summer reading program "Imagine Your Story" for babies, children, teens and adults! Start date will be announced on the library's website and Facebook

Don't forget all the online resources available through the library's website under "ONLINE 24/7 LIBRARY" (on the mobile website, scroll to the "All Things E" and "Databases & Articles" headings). There are a wide range of online resources for children through adults: eBooks, eAudiobooks, digital magazines and newspapers, streaming movies and music, and many research and learning databases (please note: "Ancestry home access" has been extended until June 30, 2020).

Please email reference@bhplnj.org if you have questions or problems accessing the library's online resources.

berkeley Heights Public Library is located at 110 Roosevelt Avenue, berkeley Heights, NJ. Reach by phone, 908-464-9333, or email, reference@bhplnj.org.





Services Include:

- Personal care (bathing, dressing, grooming)
- Meal preparation
- Companionship
- Compliance with discharge plans and therapy
- Medication reminders
- Accompaniment to doctor's visits and assistance with telehealth calls
- Personal laundry
- Maintenance of a safe home environment

Payments Accepted:

Private pay, Medicaid and VA benefits.

Consult your long-term care insurance policy for home care service coverage. For those who qualify, support may be available through Union County Division on Aging, Inquire when you call.

Our Registered Nurses and Certified Home Health Aides are licensed through the NJ Board of Nursing.

SAGE HomeCare serves all of Union County and parts of Essex, Morris and Somerset counties.

SAGE HomeCare is accredited by the Commission on Accreditation CAHC.

The Safest Place to Get Care Is At Home!

SAGE HomeCare continues working to keep your loved ones and patients safe during these uncertain times.



We recognize that home care can be an effective way to reduce the spread of COVID-19

CALL TODAY: 908-273-8400

SAGE HomeCare is "open" and taking (Non-Medical) In-Home Care clients!

How are we working to protect clients, patients, families and community?

- Every client is screened to determine if they are experiencing any symptoms of COVID-19 virus
- Home Health Aides are told to stay home if they are demonstrating any illness symptoms
- Our team is wearing gloves, masks and other PPE as appropriate
- Hand washing and sanitizing measures are strictly administered
- We are cleaning and disinfecting high touch surfaces daily
- Our agency is closely monitoring the information by the CDC and Department of Health and adjusting our actions accordingly

KONANTIQUES FREE HOUSE CALLS 908-578-7593

We buy entire estates or single items and pay the highest prices along with friendly, professional service. Free on-site consultation at your home or business

Over 20 Experience

info@konantiques.com www.konantiques.com **Located in Summit**

M&M Car Service & Taxi

of Berkeley Heights



908-464-6222 **VANS & TOWN CARS**

Maureen & Mike Esposito, Owners, Berkeley Heights

SPECIAL DISCOUNTS FOR SENIOR CITIZENS

Doctor Appointments • Anywhere local We will pick up any prescriptions & little shopping needs.

ADJUSTING TO COVID-19

Dr. Leicht's podiatry office is doing what can be done to operate in the best interest of all patients and staff. To that end, we're taking the following measures: 1. As an essential service, the office will remain open on a limited schedule Monday-Saturday. We may adjust hours according to demand.

- 2. The goal of our office remaining open is to keep our patients safe, out of danger and out of Emergency Rooms. This refers to people with emergencies such as injuries, wound care, infections and our regular at-risk patients with conditions such as diabetes and severe circulatory/vascular issues.
- 3. If you have an urgent matter such as an infection or injury, we will work to get you in for an appointment as soon as possible. We have an x-ray in the office, so you do not have to visit a separate facility if you are in need.
- 4. If you are ill or have a fever, please stay home. Just give a call and we will reschedule at a later date.
- 5. Due to the social distancing recommendations, at the office we request that you come alone. If not possible, then bring no more than one person with you.



janetleichtdpm.com 369 Springfield Avenue

Specializes in foot and ankle, bunions, hammertoes, diabetic foot care, heel pain, neuromas, surgery, orthotics and sports medicine Mon: 1:00 PM - 6:00 PM Thu: 9:00 AM - 12:00 PM Fri: Surgery Day Sat: 8:30 AM - 12:00 PM Tue: 9:00 AM - 7:00 PM Wed: 9:00 AM - 1:00 PM 908-381-8160 Berkeley Heights, NJ 07922



- NO JOB TOO SMALL -- 100% SERVICE GUARANTEE -

- 2500+ POSITIVE ONLINE REVIEWS -

908-251-9441 Mrhandyman.com

License number: 13VH09897400

10% DISCOUNT

290 Broad Street . Summit New Jersey 07901 . 908.273.5550 . www.sageeldercare.org





AUTO SALES INC.

SHOP FROM HOME Visit our website: MaranoSonsAuto.com

Search over 135 vehicles by Make / Model/ Year/ Color / Body type / Engine specs / etc.



Buying & Selling Used Cars & Trucks Since 1955

Featuring Online Purchasing.

Touchless Delivery & Curbside Pick Up of Sanitized Vehicles.

Physical inspection of sanitized vehicles by appointment only. Call to visit our two Garwood Locations:

SUV & Trucks 507-13 South Avenue Garwood, NJ 07027 908-789-1551

Fax 908-789-2744

Cars & Specialty Vehicles 150 South Avenue

> Garwood, NJ 07027 908-789-0555

Fax 908-789-1792

SELLING A VEHICLE? GIVE US A CALL!



Like us on Facebook!!!

Credit problems?

Call us to get you approved!

THE AMERICAN LEGION MEMORIAL DAY SPEECH

The American Legion was chartered and incorporated by Congress in 1919 as a patriotic veterans organization devoted to mutual helpfulness. Since local Memorial Dav celebrations have been canceled due to Covid-19, the Legion's national headquarters distributed the below speech to commemorate Memorial Day 2020. The writer wishes to remain anonymous.

Every crisis has new heroes. During the 9/11 attacks, they were the first responders running into burning and crumbling buildings as others ran out. Now, during the Coronavirus pandemic, the most visible heroes are the health care professionals, who are saving others and risking their own lives while doing so.

These heroes have much in common with the people that we honor today – America's fallen veterans. They are men and women who have sacrificed their own lives so others could live. They are both elite and ordinary. They are elite in the sense of character. Giving your life so others could live is the ultimate definition of selfless.

They are ordinary in the fact that they represent the diverse fabric of our country. They are rich and poor, black and white, male and female. They come from every ethnicity and background. In short, they looked like anyone of

As we celebrate the selfless and untiring performances of the healthcare workers during the COVID-19 pandemic, it brings to mind the military medics, doctors and nurses who sacrificed their lives while treating others on the battlefield.

One such hero was Pharmacist Mate Third Class Jack Williams. The Navy Reserve corpsman was only 20 years old when he landed on Iwo Jima 75 years ago.

On March 3, 1945, James Naughton, a Marine in Williams' unit, was wounded by a grenade. While under intense enemy fire, Williams dragged Naughton to a shallow depression and treated his wounds. Williams used his own body as a screen and was shot four times. Yet he continued.

After he treated Naughton, Williams dressed his own wounds. He then proceeded to treat another Marine, despite his own immense pain. While heading to the rear, he was hit by a sniper's bullet and killed. For his actions, Petty Officer Williams was awarded the Medal of Honor.

We also remember Army veterans like Lieutenant Sharon Lane.

According to her biographer, Philip Bigler, Lt.

Lane threw herself into her work as a nurse. While serving in Colorado, she requested a transfer to Vietnam.

"There, at least, you are busy 12 hours a day, six or seven days a week," she said in a 1968 letter to her parents.

Her dedication was obvious, even as she treated enemy Viet Cong soldiers who would return the favor by kicking, cursing and spitting at their American captors.

In the early morning of June 8, 1969, Sharon's tour of duty ended. A Soviet-built rocket struck the hospital. Lieutenant Sharon A. Lane was killed in action at age 25.

If she were still here, her skills as a nurse might still be benefiting us during the current crisis. But not all of the heroes working during the COVID-19 pandemic are in the healthcare industry. Grocers, first responders, delivery workers and drive-through restaurant employees are just a few of the many people that we rely on to provide vital services for society while risking their own safety.

The military also has heroes in every occupational field. Truck drivers, cooks and administrative clerks have all paid the ultimate price. At sea, on land or in the air – military service requires great risk.

Roy Knight, Jr. was a pilot in the U.S. Air Force. On May 19, 1967, he was shot down while attacking a target on the Ho Chi Minh trail in Laos. He was posthumously promoted to colonel. Last year, a joint team from the Defense POW/MIA Accounting Agency discovered and later identified Col. Knight's remains.

When his remains arrived at Dallas's Love Field, a crowd had gathered to witness the dignified transfer of the flag-draped casket from the Southwest Airlines jet into the receptive arms of the military honor guard. One observer reported that the entire crowd fell silent.

The Southwest flight was piloted by another Air Force veteran, Col. Knight's son, Bryan. Bryan Knight was only five-years-old when he said goodbye to his father as the elder Knight left for Vietnam.

This is yet another legacy that these heroes leave behind. A legacy that includes their sons, daughters, grieving parents, grandparents and friends.

Their heroic acts are sometimes performed to protect those with whom they serve. Corporal Jason Dunham was a squad leader with the Third Battalion, 7th Marines in Iraq.

On April 14, 2004, his squad approached a

WOOD FLOORS

Sand • Stain • Refinish • Repairs

W/W CARPET & RUGS

Clean • Stretch • Sanitize • Repairs • Bind

RESTOREMYFLOORS.NET

A DIVISION OF CARPET DOCTOR LLC.

Toyota Land Cruiser. After his squad discovered AK-47s in the vehicle, the enemy insurgent exited and engaged in hand-to-hand fighting with the unit. The driver dropped a grenade.

To save his fellow Marines, Corporal Dunham made the ultimate sacrifice. He threw himself on the grenade and tried to use his helmet to shield the blast. Severely wounded by the grenade's fragments, Cpl. Dunham was taken off lifesupport eight days later.

Corporal Dunham died so other Marines could live. He, too, was awarded the Medal of Honor for his gallantry.

Approximately one million men and women of the U.S. military have lost their lives in defense of our nation since the founding of this great Republic.

Not all have died from enemy fire. Some have died from diseases that have too often festered around war zones. Often times, deaths from disease and accidents outnumbered casualties caused by enemy weapons.

During the Spanish American War, 60 soldiers of the all-black 24th Infantry Regiment volunteered to serve as nurses. Thirty-six of them would later die of yellow fever or malaria.

A generation later, the flu would kill nearly 16,000 U.S. soldiers in France during World War I. Another 30,000 American servicemembers died in stateside camps. These men and women could have isolated safely in their homes. But they knew they had an important job to do. A mission to accomplish. They were all on a mission to serve.

Even when the enemy is an invisible virus or a microscopic germ, the sacrifices made are just as meaningful. The U.S. military has already lost servicemembers to COVID-19.

This Memorial Day as we continue to honor those who fell for us in battle, let's also pause to remember those who have also sacrificed their lives while serving others.

May God bless them and may God bless you for remembering them here today.

Thank you.

VFW AND AMERICAN LEGION SEEK NEW MEMBERS

The berkeley Heights VFW and American Legion Posts are reaching out to the community in search of new members for their organization.

Membership to the VFW Post 6259 is open to those who have served in the Military in a combat zone. For information on joining, call Tom Lombardi, Commander VFW, 908-508-0999.

Membership to the American Legion is open to all who have served in the Military. For information on joining American Legion Post 356, call Stephen M. Stets. Commander, 201-370-0815.

Both Posts are located at 15 Locust Ave. Berkeley Heights, N.J. 07922.



116 SUSSEX ST. WESTFIELD, NJ **SLATE - TILE - ASPHALT SHINGLES** 908-342-5048 908-389-0200

Insured * References * Visa / MasterCard



There have been a number of black bear sightings in the downtown area recently. The Berkeley Heights Police Department reminds residents to follow guidance from NJ DEP Division of Fish and Wildlife should they encounter a black bear:

KNOW THE BEAR FACTS

Black Bears in New Jersey Bear Safety Tips NJ Division of Fish and Wildlife

Division of Fish and Wildlife personnel use an integrated approach to managing New Jersey's black bear population, fostering coexistence between people and bears.

The most common bear problem New Jersey's residents experience is black bears getting into their garbage. Bears are attracted neighborhoods by garbage odors, so properly securing your garbage is one of the best ways to prevent bears from becoming a nuisance in your community.

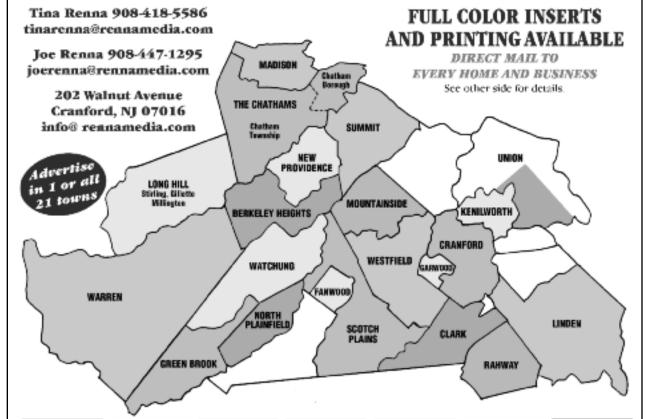
Black bears by nature tend to be wary of people. However, if you encounter a black bear in your neighborhood or outdoors, follow these common-sense safety tips.

- Never feed or approach a bear!
- Remain calm if you encounter a bear. Do not run from it. Make the bear aware of your presence by speaking in an assertive voice, singing, clapping your hands, or making other noises.
- Make sure the bear has an escape route.
- If a bear enters your home, provide it with an escape route by propping all doors open.
- Avoid direct eye contact, which may be perceived by a bear as a challenge. Never run from a bear. Instead, slowly back away.
- To scare the bear away, make loud noises by yelling, banging pots and pans or using an airhorn. Make yourself look as big as possible by waving your arms. If you are with someone else, stand close together with your arms raised above your head.
- The bear may utter a series of huffs, make popping jaw sounds by snapping its jaws and swat the ground. These are warning signs that you are too close. Slowly back away, avoid direct eye contact and do not run.
- If a bear stands on its hind legs or moves closer, it may be trying to get a better view or detect scents in the air. It is usually not a threatening behavior.
- Black bears will sometimes "bluff charge" when cornered, threatened or attempting to steal food. Stand your ground, avoid direct eye contact, then slowly back away and do not run.

KNOW THE BEAR FACTS

- If the bear does not leave, move to a secure
- Report black bear damage or nuisance behavior to the DEP's 24-hour, toll-free hotline at 1-877-WARN DEP (1-877-927-6337).
- Families who live in areas frequented by black bears should have a "Bear Plan" in place for
- children, with an escape route and planned use of whistles and air horns.
- Black bear attacks are extremely rare. If a black bear does attack, fight back! A Department of Environmental Protection podcast, which focuses on bear safety in New Jersey, can be found at www.nj.gov/dep/podcast

RENNA MEDIA NEWSPAPER RATE SHEET **WE MAIL 135,000 NEWSPAPERS MONTHLY!**





Qty: 4,800

KENILWORTH

Qty: 3,600

home and busine Zip: 07033



Mailed to every

home and husine Zign 97938

Qty: 17,400

Mailed to every

home and busines Zip: 07036



Clark

Monthly



Qty: 3,600 Mailed to every home and husiness in Gillett Zips: 07933, 07946, 07980



Qty: 9,800 home and hustness Zip: 07016

MADISON **CUNTAINSIDE** MONTHLY

Qty: 6,300 Mailed to every



Qty: 3,000 Mailed to every home and busine Zip: 07023

√IEW

Qty: 2,900

Mailed to every

home and busines Zips 07092



Qty: 2,200 Mailed to every enc and busine Zipe 07027



Qty: 3,000 Mailed to every home and business Zip: 08812

lhe

New Providence NEWS

PRIDE Plainfield Qty: 4,900 Qty: 8,300

Stalled to every Mailed to every home and husiness Zip: 07972 Zips: 07060 07062, 07063



Zip: 07065

Mailed to every home and husiness

FRONT PAGE BANNER

FRONT PAGE BOX

MUNTS HAPPENING MONTHLY Qty: 9,600 Mailed to every home and business

Scotch

Plains w

∌ummit Imes Times

Qty: 9,600 Mailed to every home and business Zip: 07901

8.25' x 2'

 $1.5' \times 4.5''$

Hack cover, from page hanner and from box reserved on first come. See served hasts. Correct advertises has right of first refusal.

8320

8240



Qty: 5,500 5,000 mailed to homes and husinesses. Zip: 07053



Qty: 6,200 Mailed to every home and business Zip: 07059



Qty: 2,800 Mailed to every home and besiness Zápa 07469



Qty: 11,800 Mailed to every home and business Zip: 07090

NEV	WSPAPER AD	RATES										
Rate- are per murch. Artwork included in price.				RATE POR	RATE FOR	RATE FOR	RATE FOR	RATE FOR	RATE FOR	RATE FOR	RATE FOR	
Newspapers are black on white.				ANY 1	ANY 3	ANY 6	ANY 9	ANY 12	ANY 15	ANY 18	ALL 21	
Unit	S			Size	NEWSPAPER	NEWSPAPERS	NEWSPAPING	NUMSPAPERS	VERNOTES	NEWSPAPERS	NEWSPAPERS	NEWSDAPERS
-1	Unit (Business	card)	3.25° x	2"	\$60	\$150	\$250	\$350	5400	\$450	5500	5550
2	Units	$6.5^{\circ} \times 2^{\circ} \text{ or }$	3.25° x	4"	\$100	\$250	\$400	\$500	5600	\$700	5800	5900
4	Units	3.25" x 8" or	6.5° x	4"	5180	\$450	5700	\$900	51100	\$1300	\$1500	\$1700
6	Units 6:	5° x 6.25° or	10° x	4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000
9	HALF PAGE	$6.5^{\circ} \times 9^{\circ}$ or	10° x	71	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400
12	Units		10° x	8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700
18	FULL PAGE		10° x	-14°	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000
2 PAGE SPREAD 21' x 14"			8700									
BACK PAGE 10° x 14°				8500	PREPAY FOR 6 MONTHS AND GET 1 FREE							

Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016

Visit RennaMedia.com for online publications. Photo albums, video and advertising opportunities.

Howdy Partners! Online Marketing is like the Wild West

Too many carpetbaggers are exploiting business owners, making empty promises that don't materialize.

Too many businesses are stuck in contracts with no return on investments, no way to check if the work is getting done, and needing to invest more to make things right.

The following is a guide to Renna Media services and costs that you can compare to your present provider.

I highly recommend doing an independent audit of your website!

Contact Walter Watson at walter@www-online-enterprises.com

He does a great job analysing and making recommendations.

It is only \$250 and can save you time, money and headaches.

Thank you. - Joe Renna

Full Service Online Marketing





Online Marketing Items

Website ads and Social Media Posts, Classified ads\$20 per item
 Special bulk price......Block of 20 items \$100 Including: Press releases / Classified Ads
 Web Page / Calendar Event / Monthly Banner ads

Extra Boost:

- Blast your online ad or press release to a targeted market:\$100
- National Press Release Distribution to 300 to 500 news outlets......Budget choice from \$300 to \$500.

Website / SEO services

- Website Audit/Analysis and recommendation plan:\$250
 Website creation/update:\$2,400 (Cost for average website: 12 pages, contact form, SEO friendly, responsive design)
- Website Hosting:\$300 per year Includes website hosting, software updates, monthly website content updates
- SEO Services:.....average cost \$1,000 \$2,000 per month Custom tailored solutions: Google Ranking, Local SEO, Social Marketing

Video advertising

Production:

- Product placement \$250
- 30-second commercial \$500
- 3-minute spot \$1,000
- 30-minute show \$1,500
- 3-hour shoot \$2,000

Do not commit to a service unless you have a solid marketing plan and budget.

Your plan should work on paper before you spend dime one. Don't waste money just trying something. There is no magic bullet.

Call Joe for a free consultation.

Call Joe Renna 908-447-1295 Email: JoeRenna@RennaMedia.com Check out Joe Renna's Hyper Local Network on You Tube. Call 908-447-1295

if you want your business featured on line and in print. See sample show below.



JENNIFER ALARCON -THE INSPIRATION BEHIND MEXICAN SPICE

I was born and raised in Mexico City, and now a happy resident of Chatham NJ for the last 13 years, I have searched for what I would call authentic and delicious Mexican food. Disappointed with my local findings, I decided to start my own little catering business to my friends and neighbors.

Business took off amazingly! In a matter of 3 years I went from making Salsa Verde in my own kitchen, to setting up a commercial kitchen, growing the team (or better said, building a team), participating in local Farmers Markets and catering countless events and parties.

We are now at two brick-and-mortar locations, and have exciting plans for continuing to grow.

Oh and did I mention the super-chic-amazing-fun-classy-fabulous Food Truck? Mexican Spice has a Food Truck which is the cutest little thing and we take it around New Jersey to cater special events like birthdays, weddings, and of course, to the local Food Truck Festivals.

I am passionate about the Mexican culture, the infinite flavors, colors and traditions, and I love that I am able to share "A little taste of Mexico" with the community.

SCAN QR CODE TO OPEN OUR YOUTUBE CHANNEL





CARDEN SUPPLY

Hours:

Monday - Saturday: 7:30 am - 5 pm

Sundays: 8:30 am - 3 pm

908-688-8333

528 N. Michigan Ave. Kenilworth, NJ

We accommodate the trade as well as the do-it-yourselfers! We are always ready to assist.

FREE Same Day Delivery 5-Yards or more

LAWN & GARDEN



Grass – Seed Fertilizers Peat Moss





Polymeric Sand Paver Sealer Paver Cleaner

HARDSCAPE

- Cement
- Concrete Block
- Belgium Block
- Curbing
- Limestone Treads
- Diamond Blades

TOOLS

- Mason Tools
- Shovels
- Rakes

DRAINAGE

- Catch Basins
- Pipe

SOIL Prices per yard Black Topsoil\$36

MULCH

Black Dyed	\$30
Brown Dyed	\$30
Red Dyed	\$32
Hardwood	\$24

QUARRY BASE MATERIALS

Concrete Sand	\$50
3/4 Clean Stone	\$40
Stone Dust	\$34
QP	\$36

DECORATIVE STONE

DECOMMINE CICIL	
3/8 Red Stone	\$74
³ / ₄ Red Stone	\$70
³ / ₄ Goose Egg	\$94
1 ¹ / ₂ -3 Goose Egg	\$98
³ / ₄ Arctic White	
3/8 Riverbed / Pea Gravel	\$60
1 Riverbed	\$68
1 ¹ / ₂ -3 Riverbed	\$76

Prices subject to change without notice

Bon Tool Co.

Largest Display
of Pavers in Union County

Waterfalls · Fireplaces · Fire Pits · Walls · Walkways · Patios · Curbs