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Issue 55 • March 2020

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RAKE & HOE JUNIORS PREPARE FOR REGIONAL FLOWER SHOW



(above, l-r) Junior members of the Rake & Hoe Garden Club CJ Strauss, Malissa Morabito, Riley Dupuis, Sophia Poeschl, Arline Bound, Arabella Morabito, Lila Spadaro, Alissa Stumpf, Lexi Strauss, and Emma Sylvester gather to make collages.

Junior members of the Rake & Hoe Garden Club of Westfield met recently to make collages using dried flowers, seed pods and other plant materials for submission to the regional flower show to be held on April 25, 2020 at the Scotch Hills Country Club.

The Rake and Hoe Garden Club is affiliated with the Garden Club of New Jersey and the National Garden Club, Inc. The club meets on the second Wednesday of the month at 12:00 p.m. at the Scotch Hills Country Club. Membership is open to residents of Westfield and surrounding towns. The Juniors, ranging from kindergarten through high school students, meet monthly, after school during the school year to work on projects focused on flower design, gardening and community service.

For more information about the club, call Beth Siano 908-233-4150 or visit the club's website, rakeandhoe.org, or Facebook page.



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PROMOTE YOUR COMMUNITY EVENT

Community service organizations, schools and sports teams are encouraged to submit news of upcoming events or highlights and photos from recent events.

Organizations who are interested in submitting content, please email editor@rennamedia.com

Fanwood Post is online at www.rennamedia.com like us on facebook.com/Fanwood Post



Reserve space in the next issue. Call Tina today at 908-418-5586 or email info@rennamedia.com

FANWOOD REC OPENS CAMP REGISTRATION

Registration is now open for Fanwood Recreation's Summer 2020 camps and programs. From preschoolers to high schoolers, Fanwood Recreation has something for everyone:

- Fanwood Recreation Summer Park Program (day camp)
- Tweens & Teens Travel Camp
- Sports camps, including Soccer, Lacrosse, Golf, Tennis, and Multi-Sports
- Creative camps, including Creative Kids, Fashion, Make It a Mystery, World of Wizardry, Mining & Crafting with Minecraft LEGO, and Drawing Workshops
- Science & Technology camps, including

Junior Scientists, STEAM, Code a Bot with Sphero, Coding with Scratch Jr., Junior Robotics, Video Game Design, and Brick City Engineers LEGO Camp

- Skills camps, including Chess, Babysitting Certification, and Junior First Responders
- Academic & Enrichment camps, including K–2 Reading; Math, Reading & Writing Prep; English Essay Writing; SAT Boot Camp, and ACT Boot Camp

For more information about these programs, including detailed descriptions, dates, times, prices, and age group, and to register for them, please visit fanwoodrecreation.org.

SAVE THE DATE FOR EASTER EGG HUNT

Fanwood's annual Easter Egg Hunt on Saturday, April 4, which begins eggs-actly at 10 a.m. The rain date is April 11, same time and place.

All children 10 and under are invited to meet the Easter Bunny and join the fun! Over a thousand eggs filled with all sorts of goodies including hundreds of prize tickets—will be Recreation, 908-370-7092.

Fanwood's Forest Road Park will host hidden around the park! Plus, even more prizes will be given out for the winners of the jellybeancounting, chocolate egg-counting, bunny drawing and egg decorating contests (bring your own completed drawings and decorated eggs).

> For more information, go to Fanwood fanwoodrecreation.org or call

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CASA INVITES PUBLIC TO WOMEN'S LEADERSHIP LUNCHEON MARCH 11

Submitted by Gretchen Boger-O'Bryan

Court Appointed Special Advocates (CASA) of Union County will host its second annual Women's Leadership Luncheon on Wednesday, March 11 — the heart of Women's History Month — to highlight two Union County women whose contributions positively impact their community.

Among them is Tina Renna, Cranford resident and owner of Renna Media, publisher of 21 community newspapers including the Fanwood Post..

Renna, who coordinates content for more than 135,000-issues circulated to towns in Union, Somerset and Morris counties, uses her writing, editing and photography, she says, "to tell the stories of ordinary people who do extraordinary things, big or small, that inspire others and their communities.



(above) Tina Renna, owner of Renna Media, publisher of 21 community newspapers including the Fanwood Post, will be recognized by CASA at their Women's Leadership Luncheon.



(above) Sue Adler, Summit resident and CEO of The Sue Adler Team of Keller Williams in Chatham, will be recognized by CASA at their Women's Leadership Luncheon on Wednesday, March 11.

Whether reporting news from town departments, schools and libraries, giving voice to local organizations raising awareness, or highlighting accomplishments of businesses, residents and all those who share a community — no matter strength or size — I strive to make a positive impact on each town's well-being and economic development."

Also being honored is Summit's Sue Adler, CEO of The Sue Adler Team of Keller Williams in Chatham. Currently ranked 10 worldwide out of 175,000 Keller Williams agents, Adler focuses on the community's train line towns and incorporates an in-house, team-treatment approach for clients.

Ilyse DiChiara, owner of Green Healthy Living and certified integrative nutrition, health and wellness coach, will provide the keynote address. Prior to switching professional course, DiChiara ran her nationwide trial consulting business, Litigation Support Solutions, for more than 20 years. Other participants include Summit Mayor Nora Radest and Westfield Councilwoman Joann Neylan.

Tickets are available now for the luncheon, which begins at 11:30 a.m. at the Grand Summit Hotel. Seats are \$65; tables of 10 and sponsorships are available.

To purchase, log on to casaleadershipluncheon.eventbrite.com. For luncheon details, contact Alexis at aslade@casaofunioncounty.org.

CASA of Union County recruits, trains, supervises and supports community volunteers to advocate for abused, neglected and abandoned children placed in foster homes or residential facilities. There are more than 500 Union County youth, from birth to age 21, in foster care. With court-ordered access to a foster child and all parties in their life, volunteer advocates report findings to the judge so as to ensure best interests remain a priority, needs are met, and already experienced trauma is not exacerbated.

Contact Courtney at cgreen@casaofunioncounty.org or 908-293-8136 to learn more about CASA of Union County.



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SPF HS STUDENTS DANCE DURING NY FASHION WEEK

Submitted by iDance Ministry

Scotch Plains Fanwood High School students Aliyah Daniel (12th grader), Abigail Earp (10th grader), Valdon Daniel, III (11th grader) and Ananda Daniel (9th grader) performed 3 dances during NY Fashion Week.

Their performances on February 8 at "Pozitive Vibez on the Runway" included an African Contemporary dance called "The

Prayer" and 2 high energy competition level Hip live. These hard working Honor Roll student Hop dances. They received rave reviews after their dances at the Skyline Hotel (Penthouse Level) in New York, NY. They even brought Ministry for this event and spent months many to their feet. The fashion show was adjusted and they were given the finale spot for the event. Their Hip Hop Dance ended the Fashion Show.

Many streamed the event (and their dances)

athletes deserve a round of applause.

All trained under María Daniel of iDance preparing for this unique opportunity in New York. Upcoming dance performances include Times Square, NY, National Dance Week and a halftime performance at a semi-professional basketball game.



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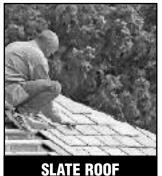




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(above) Event founder Melissa Padulsky and Mayor Al Smith

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JCC GOES RED FOR WOMEN'S HEART HEALTH

Submitted by Thomas Kranz

The JCC in Scotch Plains hosted what is becoming an annual event for women's heart health awareness, coinciding with the national Go Red Campaign originated by the American Heart Association.

The event is staged each year by Melissa Padulsky, owner of Little Hearts Big World CPR and First Aid Instruction, a Fanwood-based business, and by the JCC.

The event featured a CPR demo, healthy snacks, blood pressure checks, guest speakers on the subject of women's heart health and regional vendors. Mayor Al Smith spoke of heart disease, the number 1 killer of men and women, and his own experience as a cardiac bypass patient.



(above) CPR demonstration that was held Saturday, February 8, 2020.



(above) Scotch Plains and Fanwood Rescue Squad members

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CHELSEA "GO RED" AT WOMEN'S HEALTH EVENT

The Chelsea at Fanwood hosted its annual 1 killer of women. Women's Health event on Thursday, February 6, 2020, benefitting the Fanwood Rescue Squad. The event coincides with the annual Go Red for Women's Health campaign, an American Heart Association effort to bring awareness to women's heart health because heart disease is the number

The ladies of the Chelsea and many of their guests dressed in red for an evening of healthy food and wine, blood pressure checks by the Rescue Squad, massages and vendors selling handmade and natural products.

Photos by Tom Kranz, Chelsea Senior Living



(above, l-r) Chelsea at Fanwood ladies in red: Pam Gabel, Dir. Of Community Relations; Karen DiFabio, Lifestyle Assistant; Annette Watson, Executive Director; Barbara Guidi, Marketing Assistant; and Arlene Nelson, Business Office Manager.



(above) Rescue Squad EMT Nancy Mustachio checks a guest's blood pressure.

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SUMMER COUNSELOR JOB OPENINGS

The Fanwood Recreation Commission is now accepting applications for summer counselor jobs as part of the Summer Park Program at La Grande Park and the Tweens and Teens Travel Camp. Several positions are currently posted.

More information and application forms can be found at fanwoodrecreation.org/jobapplications

F-SP SERVICE LEAGUE THRIFT SHOP READY FOR SPRING

On Tuesday, March 10, the Fanwood-Scotch Plains Service League Thrift Shop, 1741 East 2nd St., Scotch Plains, will welcome spring with clothing, housewares and accessories for milder sunnier days. The Thrift Shop windows are dressed in the colors and styles of the season. Inside the shop, look through the collection of new items with original price tags. Other items are gently used and a good value.

Tuesday, March 17 is St. Patrick's Day. From clothing to housewares, green will be found throughout the shop. Easter Sunday is April 12. The shop's best selections are now available.

The Shop Hours are Tuesday thru Friday 10:00 am to 2:30 pm and Saturday, 10 am to 1:00 pm.

The Fanwood-Scotch Plains Service League is an all-volunteer, non-profit organization that has served our communities since 1974. Since its founding, the League has donated over \$1.2million for local causes.

Anyone interested in learning more about the League or League membership is invited to call 908-322-5420, visit our website at scotchplainsthriftshop.weebly.com or speak to any of our volunteers at the shop.

Check out our Facebook page "Fanwood-Scotch Plains Service League" and give us a "Like." Gently-used donations are always welcome during open hours. Free parking on the street and in the rear of the building (enter parking lot via Willow Ave.).

SCOUTS BSA OPEN HOUSE - MARCH 9TH

Submitted by Rob Sheppard, Troop 72/772 Committee Chair

Does your daughter enjoy activities like camping, hiking and other exciting adventures? We have just the opportunity for her, join Scouts BSA! Scouts BSA is a program which gives young girls ages 11 to 18 (6th to 12th grade) an opportunity to experience these activities and more. The program is based on the same principles that have guided Boy Scouts of America for over 100 years. While the program gives young girls these unique opportunities, most importantly it encourages them to become responsible, caring young adults in their communities by giving back to those communities.

Since February 1st, 2019 across the country tens of thousands of girls 6 to 18 years old have joined the program including in New Jersey. Scouts BSA Troop 72 in Westfield, who has been chartered since 1914, helped form Scouts BSA Girls Troop 772 during the inaugural year of the program. This Troop serves girls 11 to 18 years old in the greater Westfield area (Cranford, Garwood, Fanwood, Scotch Plains and Plainfield). The girls have been thriving in the BSA program and are enjoying all their new experiences.

Diana, a second class scout in the Troop, commented: "It's cool being in this Troop because there aren't any other Troops to join in the area. I like that you get the opportunity to do things you wouldn't normally be able to do anywhere else like go camping, hiking and earning Merit Badges (lots of fun and different Merit Badges!). In the Troop you feel accepted and included by all, and what's really cool is I will have the opportunity to someday earn the rank of Eagle and can't wait to see the reactions on people's faces."

Ily, a first class scout in Troop 772, states: "I like the fact you get to earn achievements at your own pace with no one breathing down your neck, it's totally up to you what you accomplish. Getting to earn the right to use a knife or start a fire on a camping trip is really cool! I'm proud when younger girls come up to me while I'm in my uniform and say, "I want to be a scout too someday."

We would love for you to come to our recruiting night on Monday March 9th at 7:30 p.m. at the Presbyterian Church in Westfield. For event details, please email jasurist72@wstfldnjscouts.org and let us know that you will be attending.

COMMUNITY TRAINING TO BE OFFERED AT IMAGINE, A CENTER FOR COPING WITH LOSS

Submitted by Val Stierhoff

Sadly, children, teens and adults will experience different losses in life: divorce, moving, friendships ending, sports injuries or the death of a friend or family member. Despite these losses, children, teens and adults can learn how to cope with loss, and even grow after loss, if given the right support. How can we best support grieving people in their homes, communities and schools? Those who attend this training will learn: definitions of loss, grief, and mourning; how children and adults grieve differently; how grief affects behavior; and ways to support grieving children, teens and adults.

Imagine's "Supporting Children, Teens and Adults Coping with Loss" is for anyone who wants to learn how to support someone who is grieving. While loss due to death will be the primary focus of this seminar, the concepts that will be presented are applicable to all types of loss. It is especially important for parents and grandparents, teachers, members of community organizations, coaches, therapists, counselors and social workers to attend this program.

Imagine's Executive Director and Founder, Mary Robinson says, "The most important thing a grieving child needs is the active presence of at least one, preferably more, caring, healthy, and functional adults in their lives who understand that when a child has a loss they need support." This program will teach you how to be that presence in the life of grieving youth.

This program will be held from 6:30 to 8:00 on Thursday, March 12 at 244 Sheffield Street in Mountainside. CEUs are available for social

workers. A \$20 donation is appreciated. Pizza dinner will be provided at 6:15 and the program will begin at 6:30.

Please register by Tuesday, March 10. To register for the training, please visit imaginenj.org. For further information contact Connie Palmer at connie@imaginenj.org or call 908-264-3100

Imagine is a free grief support center for children age 3-18, young adults 18-30, coping with loss due to the death of a parent or sibling, or coping with a family member living with an illness. Concurrent support is provided for the parents and guardians of the youth. Imagine is located in Mountainside, serving all of Union County and beyond, and in Newark's South Ward serving Newark and surrounding towns. For more information call 908-264-3100 or visit our website at imaginenj.org.

VOLUNTEER DRIVERS NEEDED

Do you have 1.5 hours a week, every other week, or once a month, to be a volunteer driver for Mobile Meals of Westfield, delivering meals to our neighbors? Hot and cold meals prepared by our chef are delivered fresh to our clients Monday through Friday mornings starting at 10:45 a.m. Please contact us at 908-233-6146 if you can help, and for more information. We serve the residents of 7 towns: Clark, Cranford, Fanwood, Garwood, Mountainside, Scotch Plains, and Westfield.

COLLEGE CLUB TO HOST SPEAKER ON MARCH 23

The College Club of Fanwood-Scotch Plains will host a presentation by Dr. Paul Christianson.

Dr. Paul Christianson, P.D, is Associate Professor of Music at Seton Hall University. His work has focused on Czech music, Haydn, popular music and music in political advertisements. His presentation will give insights into the role music can play in political advertisements.

This informative program will be held on March 23 at The Fanwood Presbyterian Church, 74 Martine Avenue, Fanwood (around the back at the McDermott Street entrance). The program, which is free and open to the public, will begin at 7:30 pm.

Dr. Christianson's work has appeared in The New Grove Dictionary of Music and Musicians, Journal of Musicological Research, Notes, ECHO: a music-centered journal, Plainsong and Medieval Music, Journal of the Society of American Music, MedieKultur: Journal of Media and Communication Research, Music and Politics, and 19th-Century Music. His book Orchestrating Public Opinion: How Music Persuades in Television Political Ads for US Presidential Campaigns, 1952-2016 was published in 2018 by Amsterdam University Press.

Additional information about the College Club of Fanwood-Scotch Plains can be found on the club's website at fspcollegeclub.org.



(above) Paul Christiansen, Ph.D., Associate Professor of Music at Seton Hall University, will reflect on the role of music in political advertising on March 23.

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TREX THIN FILM PLASTICS RECYCLING PROGRAM

Submitted by Margaret Heisey

How do you turn 500 pounds of thin film plastic into a high-performance park bench for Fanwood and Scotch Plains?

By participating in the Trex Thin Film Plastics Recycling Challenge!

The Fanwood and Scotch Plains Green Teams are joining forces to reduce these plastics in the waste stream and invite all residents to participate in the Trex Challenge, which will run from February 1 – August 15, 2020.

Fanwood Mayor Colleen Mahr commented, "I'm thrilled that our local Green Teams are taking on this task – these plastics are a real threat to the environment and reducing this waste is something I know we can achieve if we work together."

Scotch Plains Councilwoman Elizabeth Stamler is also excited to be a part of the project, "We are taking recycling one step further and upcycling these plastics; turning them into benches for our towns." She added, "Engaging residents from both towns, students in our schools and our community partners makes this a true SPF collaboration."

Mayor Al Smith added, "This program is another example of how we can come together to improve health and wellness in our community.

SPRING PROGRAMS FOR SENIORS

Fanwood Recreation announces its spring program schedule for Fanwood seniors. Programs begin the week of March 30 and run weekly through the week of June 22. Classes include Aerobics, Yoga, Zumba, Aqua Jam (water exercise), Meditation and Tai Chi.

All classes will be held in the recreation building at Forest Road Park with the exception of Aqua Jam, which will be held at the JCC of Central NJ Wilf Jewish Community Campus indoor pool. The fee is \$15 per program for Fanwood and Scotch Plains residents, \$30 for all others.

To register online and pay by credit card, please go to fanwoodrecreation.org. Or, if you prefer to pick up a registration form and pay by check, please go to Fanwood Borough Hall, 75 North Martine Avenue.

SENIOR CLUB SPEAKERS

The Fanwood Senior Club has announced several guest speakers for the upcoming months. The presentations are part of Senior Club meetings and are held at Forest Road Park at 10:30 a.m. March 9 - Trivial Pursuit; April 13 -Dancing for Your Health; May 11 - Brain Games.

For more info on the Fanwood Senior Club and Senior Services please contact

Senior Coordinator Dianne Howarth at 908-322-5000 x511 or through email at diannehowarth@fanwoodpolice.org.

The Mayors Wellness Campaign has declared plastic wrap, case over-wrap (the plastic covering that one of the pillars of health is creating community wellbeing; making sure your municipality preserves open space, recycles, is walkable, reduces waste, and promotes a healthy environment that supports the health and prosperity of your residents. By reducing and recycling these plastics, we are addressing that pillar."

A total of 10 Trex Challenge Bins are being stationed at various locations around the towns, including the Fanwood Borough Hall, the Fanwood Library, the Fanwood Train Station, the Scotch Plains Municipal Building, Scotch Plains Police Department, Scotch Plains DPW (Plainfield Ave), Scotch Plains Library, the Shady Rest Clubhouse, the Fanwood-Scotch Plains YMCA & the JCC of Central Jersey, and the Fanwood Larder.

"Thin film plastics" are everyday items that generally fall into the following three categories: from the grocery store: produce bags, bread bags, grocery bags, cereal box bags, ice bags; from your pantry: Ziploc and other resealable bags, over a case of soup cans, toilet paper, paper towels, napkins, water bottles, etc.); from your front door: newspaper sleeves, dry cleaning bags/plastic wrap, plastic bags from clothing or other stores, bubble wrap, clear plastic wrapping around stationary boxes or other boxes.

All of these items are acceptable for Trex Challenge purposes.

When you accumulate thin film plastics, please drop them off in one of the TREX bins. All plastics must be clean, dry, and free of food residue. Only items placed in TREX bins will count toward the Trex Challenge.

By participating in this effort, you not only help to keep thousands of pounds of waste out of landfills, but you're also helping to create beautiful and environmentally responsible outdoor products.

If you are interested in joining the Scotch Plains Green Team, please contact Carla Kelly at scotchplainsgreenteam@gmail.com. For the Fanwood Green Team, please contact Pat Hoynes at 908-322-8236 x 121.





SCOTCH PLAINS-FANWOOD HIGH SCHOOL REPERTORY THEATRE PRESENTS CHICAGO: HIGH SCHOOL EDITION

The SPFHS Repertory Theatre is proud to present this year's musical production Chicago: High School Edition. The students of Scotch -Plains Fanwood are thrilled to bring this legendary Broadway production to our stage. This raucous, jazzy, irreverent musical is sure to razzle and dazzle! Performances will be held on Friday, March 6, Saturday, March 7, Thursday, March 12, Friday, March 13, and Saturday, March 14 at 7:30 p.m. There will also be a matinee on Sunday, March 8 at 2:00 p.m. All performances will take place in the Manya Unger Auditorium at Scotch Plains-Fanwood High School, located at 667 Westfield Road, in Scotch Plains.

This production of Chicago involves over 100 students, including the crew and live pit orchestra. The cast is under the artful direction and creative supervision of Mr. Morgan Knight (Director), Mrs. Jan Allen (Producer and Music Director), Ms. Courtney Nemec (Assistant Director), Ms. Kara Drake (Choreographer), Mr. Trey Shore (Pit Orchestra Conductor), Mr. Jeff Allen (Set Designer), Mr. Gary Moore (Stage Crew Supervisor), Mr. Thomas Rowe (Lighting Designer), and Mrs. Joanne Sprague (Costume Designer). When asked about the upcoming shows, Mr. Knight replied, "One of the best things about Chicago is the incredible choreography; it combines the best of 1920's dance with the unique style of Bob Fosse. The presents."

Tickets for Chicago: High School Edition are on sale now! They may be purchased in advance following the https://chicagospfhs.brownpapertickets.com and are \$13 for students and senior citizens, \$15 for adults. All tickets for the performance on Thursday, March 8 are only \$10. Senior citizens with "Gold Cards" may contact Victoria Fortna, via email vfortna@gmail.com or phone (908) 787-7492, to make arrangements for discounted tickets. Tickets may also be purchased at the door, but please be advised that many of our shows in the past have completely sold out in advance of the performance night.

The Scotch Plains-Fanwood Repertory Theatre strives to make its performances and facilities enjoyable and accessible to our audiences. Accessible seating is available for those with mobility challenges and those who use wheelchairs, walkers, scooters, or other assistive devices. Please contact Victoria Fortna at vfortna@gmail.com to request special seating. Handicap parking spaces are located near Door 1 and are available on a first come, first-served basis to those displaying official license plates or placards.

Based on individual need, efforts will be made to provide early seating prior to admission.

students have thrown themselves wholeheartedly into meeting the challenges the choreography



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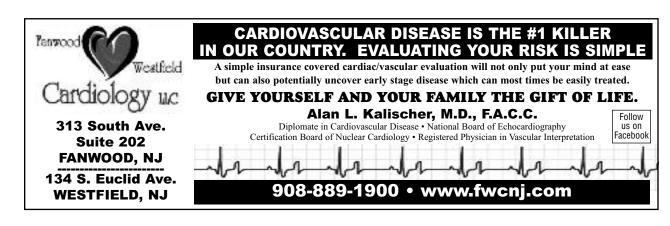
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YMCA KICKS OFF ANNUAL CAMPAIGN TO HELP THOSE IN NEED

Submitted by Andrea Ganzman

The Fanwood-Scotch Plains YMCA (FSPY) kicked off its Annual Campaign on Thursday, January 30, 2020, with an event at the Scotch Hills Country Club. Around 75 people attended and learned about the YMCA's Annual Campaign through stories of those who have been helped by

The Annual Campaign is the YMCA's yearly fundraising initiative that helps to support their financial assistance program. Last year, FSPY gave out almost \$400,000 to support a number of programs and services, including: membership; 7th Grade Initiative program; chronic disease prevention programs; child care; day camp; aquatics, and more.

"The financial assistance is an extraordinary help to my family," said Jessica, one of the night's speakers, whose son has participated in the Y's Preschool, Camp and School Age Child Care programs. "The Y has such a nice environment. The people are really kind. At the Y, I feel like you can trust people. They really work with love, with kindness."

This year, FSPY's goal is to raise at least \$125,000 so they can help more people in our community like Jessica and her family. With the Y's services and support, Jessica knows her son is in a safe, supportive environment, while she is at work. Jessica spoke of a few hardships she's had over the years that has impacted her family financially and how, with the Y's support, her son is thriving.

"Now that he's in Kindergarten, he attends morning care at his school through the YMCA, which allows me to work early shifts at my job. He also goes to Vacation Days at the Y, which also allows me to work. Without the financial assistance, I would not be able to afford camp or vacation days. I hope one day, I can pay it forward and help others," Jessica told the crowd gathered at Scotch Hills.

This year's FSPY Annual Campaign theme is "Our community is better when we all join



(above, l-r) Andy Calamaras, Board Chair; Kim Decker, Chief Executive Officer of the Fanwood-Scotch Plains YMCA; and Julie Stiffler, Board Fundraising Chair, at the Fanwood-Scotch Plains Y's 2020 Annual Campaign Kick Off on January 30.

together" and is illustrated through puzzle pieces. At the Fanwood-Scotch Plains YMCA, we believe when we work together, we can put the pieces in place to help those in need in our community. The campaign is led by FSPY Fundraising Chair Julie Stiffler, and Board Chair Andy Calamaras.

"At the Y, our goal is to help people develop to their full potential, regardless of financial circumstances," said Kim Decker, FSPY Chief Executive Officer. "This could be a single parent who needs child care so they can work, an older adult looking to form connections and stay active or a cancer survivor looking to build back their strength. This could be anyone in our community who needs a helping hand."

To learn more about the Fanwood-Scotch

Plains YMCA's Annual Campaign, please visit fspymca.org/giving. All funds raised stay in our community to help those facing financial hardship. Those in need of financial assistance can visit fspymca.org/financial-assistance to view the application.

ABOUT THE FANWOOD-SCOTCH PLAINS YMCA

The Y is the nation's leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility. For information on membership or programs, or to request a schedule of classes, please call the Fanwood-Scotch Plains YMCA at 908-889-8880 or visit fspymca.org. Financial assistance is available for those who qualify. The Fanwood-Scotch Plains YMCA is located at 1340 Martine Avenue in Scotch Plains.







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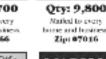
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CARRIE JACKSON & THE JAZZIN' ALL STARS TO PERFORM AT NORTHERN NEW JERSEY'S MOST INTIMATE COFFEEHOUSE

The Salem Roadhouse Café proudly presents Carrie Jackson, performing on Saturday, March 14, 2020.

Ms. Jackson is a New York/New Jersey based jazz vocal stylist who performs worldwide for festivals, clubs, concert tours and clinics, both as a soloist or with her Jazzin' All Star Band. It's been said of their work, "A true ensemble performance...every tune is a musical collaboration...effortless, natural and unscripted." Carrie is considered one of the most consistently interesting singers in the metropolitan area, and is one of the top jazz artists around today providing classical performances in jazz favorites, soulful sultry pop, blues and poignant mellow gospel. She combines jazz originals, standards, pop/blues tunes, and open improvisation in an adventurous, genre-bending style that's inspirational and original; a singer with a Sound! Carrie Jackson & Her Jazzin' All

Star Ensemble swing and perform the music of "Duke" Ellington, Count Basie, Lionel Hampton, Louis "Satchmo" Armstrong, Miles Davis, John Coltrane, Dizzy Gillespie, and musical selections songs from the Great American Song Book. Carrie has performed often at the Salem Roadhouse Café, bringing a loyal, appreciative audience with her every time.

Original artwork will be on display for all to enjoy and purchase.

Fans won't want to miss this live, up front and personal show.

All ages are welcome. It's a wholesome show, so bring the entire family!

Doors open 7:30 p.m. The show starts at 8:00 p.m. Admission is \$20.00

Plan now for an evening of great music in Northern New Jersey's Most Intimate CoffeehouseTM.

Proceeds will help YWCA Union County

Star Ensemble swing and perform the music of "Duke" Ellington, Count Basie, Lionel Hampton, Louis "Satchmo" Armstrong, Miles Davis, John Coltrane, Dizzy Gillespie, and musical selections

Domestic Violence PALS Program, Peace-A Learned Solution, helping children who are victims of domestic violence through arts therapy.

ABOUT SALEM ROADHOUSE CAFÉ

Dedication best defines the Salem Roadhouse Café: dedication to excellent music and dedication to the community. Now in its twelfth year, The Salem Roadhouse Café reaffirms its commitment to both.

Started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth, the Roadhouse Café continues to operate as a non-profit that raises funds for several carefully chosen local charities. That may be its social mission... but the Roadhouse Café is and has been a solid performance venue beloved by the musicians who play there because of its special intimacy with the audience.

CHURCH MUSIC, IT'S NOT

The Roadhouse Café has always offered its stage to local and independent main stream musicians. It's a clean, safe place for people who enjoy listening to live music, in a world of clubs and bars. Jazz, rock, folk and other groups have performed. During the past eleven years well over 120 different entertainers have appeared. Local fine artists also display their works.

COMMUNITY ORIENTATION

The Salem Roadhouse Café has raised funds for many carefully chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Program, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, and others. Thousands of dollars have been raised for these deserving charities.

The musicians who play the Roadhouse often ask to return as soon as possible. The Roadhouse has given them a place with a beautiful stage, good acoustics, a live, attentive audience, and a sound system that is first class. Live, active stage lighting enhances the shows.

The Salem Roadhouse Café often features many of the performers who have graced the stage in the past, as well as brings talent that is new to the Café stage. The current season is benefitting Family Promise Union County – Building Communities-Strengthening Lives.

Admission includes the show, snacks, beverages and dessert.

Union 34TV records the shows for broadcast—so check out past shows on cable TV34. See the Roadhouse on Union TV Channel 34's "Union After Dark" nightly music series.

The Salem Roadhouse Café is located at 829 Salem Road, Union, NJ. Visit online at roadhousecafe.org or facebook.com/roadhousecafe.

Phone: 1-908-687-1028 (leave a message and a return number).

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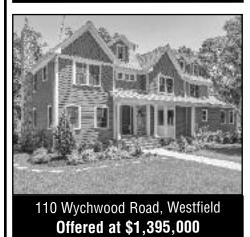
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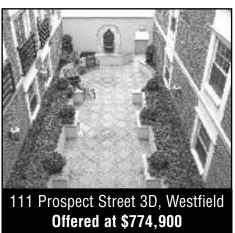






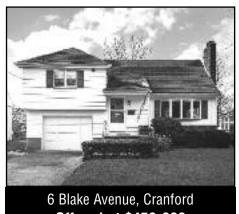
















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