

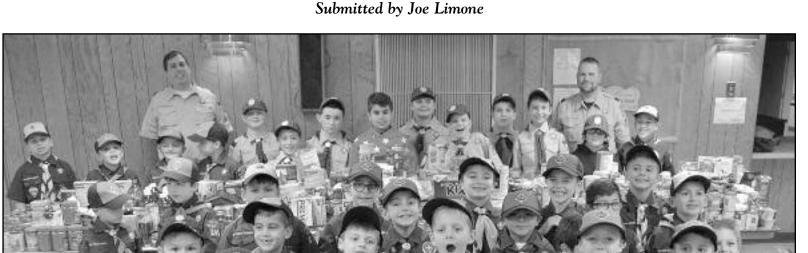
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Issue 100 · January 2020





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CUB SCOUT PACK 145 GOES SCOUTING FOR FOOD

(above) Cub Scout Pack 145 poses with the collected food for the Scouting for Food program sponsored by ShopRite.

Clark Cub Scout Pack 145 recently collected food to help its community through the annual Scouting for Food program sponsored by ShopRite.

Throughout the United States, thousands of scout troops and packs participate in gathering food to support neighbors in need by helping to stock local soup pantries and food banks. Scouts reached out to family, friends, and neighbors to gather canned foods, pastas, powdered milk, peanut butter, cereal, dried fruit, fruit juice, and baby formula.

Pack 145 has been busy this fall with service projects, having performed clean up duties at the Annual Clark UNICO Italian American Feast in October, and organizing a Toys for Tots toy drivethis holiday season.

The substantial amount of food collected by Pack 145 for Scouting for Food was donated to the food pantry at Osceola Presbyterian Church in Clark.

Pack 145 thanks all families, friends, neighbors, and community members who contributed to the successful food drive.

- For more information about
- Cub Scout Pack 145 of Clark, NJ,
- please visit: cubpack145.info

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CLARK MONTHLY • Page 2 • January 2020



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MIDDLE SCHOOL USES THE ARTS TO ENHANCE LEARNING

Submitted by Christine Casale Broski

Carl H. Kumpf Middle School in Clark recently celebrated their second annual Arts Integration Day. Arts Integration helps students to use critical and creative thinking to gain a better understanding of the content being taught.

According to EducationCloset.com, "Arts Integration is a research-based approach to teaching and learning that has proven results for the past 30 years. For schools that commit to using arts integration with integrity, the results are astounding. Schools that intentionally use arts integration find student achievement rises by 10% or more across the board."

On November 27, 2019, all teachers in every subject area used visual and performing arts in their lessons to enhance learning. For example, sixth grade science teachers had their students use watercolors to make drip paintings to represent precipitation. Seventh grade language arts teachers had various lessons that used the arts to demonstrate mood in reading. Suzanne Hamilton had her language arts students illustrate a comic narrative from parts of The Outsiders.Cheri Fabrizzio, language arts teacher, used The Dot, a children's book by Peter Reynolds, and had her students create their own dot by listening to classical music to demonstrate mood and tone.

Fabrizzio stated, "The students really made a connection between music and mood. They were

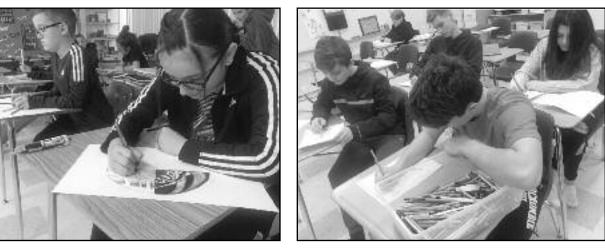
able to compare authors' and composers' creation of mood. The abstract art component really drove the lesson home."

Danielle Bihuniak, seventh grade science teacher, is currently teaching chemical reactions at the atomic level. Her students are using stop motion animation with Legos to demonstrate how atoms interact during a chemical reaction. Shannon Caravano had her science students use wax dripping art with her students to show how rain falls from clouds.

Caravano stated, "I love how the students used creativity while using the concepts taught in class."

Kelli Yetsko had her class write poems using color paint swatches. The students had to finish each line of a poem with the name of the color on the swatch. "This activity gives the students an opportunity to relate emotionally to the colors while also practicing using language to express themselves creatively," Yetsko stated.

One goal of incorporating the arts is to help the students learn non-arts subject material in a variety of ways that will increase student interest. Another goal is to help the teachers become more comfortable with using visual and performing arts in their lessons. Assistant Principal, Amanda Clarke, stated, "We are thrilled that the arts have become part of the daily routine in a good portion of our classes and this day was only a small sampling of what goes on all of the time."



(above) Students at Carl H. Kumpf Middle School during the second annual Arts Integration Day.





CLARK MONTHLY • Page 4 • January 2020





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HOLIDAY SPIRIT COULDN'T BE DAMPENED

annual Tree Lighting Winter Festival event on p.m. everyone went outside to light the Christmas Sunday, December 1, 2019. Despite the lousy weather, hundreds of people came out to participate in festivities held inside the recreation year with everyone's favorite wagons, carriages, center. Santa was there, the ALJ High School train rides and petting zoo."

The Clark Recreation Department hosted their choir sang, and the band performed. Then at 6:00 Tree. A great time was held by all. Recreation Director Ralph Bernardo said "We'll be back next

Photos by Clark Recreation



ANNOUNCING: THE CONNIE DWYER BREAST CENTER AT TRINITAS

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CLARK MONTHLY • Page 8 • January 2020



CLARK SENIORS CELEBRATE THE HOLIDAYS

Submitted by Ralph Bernardo Almost 300 Clark seniors enjoyed the annual Clark Seniors' Holiday Luncheon held at the

Gran Centurions in Clark. The afternoon included lunch, dancing and a visit from Santa Claus. A wonderful time was had by all.

Photos by Clark Recreation







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SPREADING HOLIDAY CHEER ACROSS THE UNITED STATES

This holiday season students in Mrs. Kozlowski's third grade class at Valley Road School created and sent holiday cards to classes in 48 different states around the country. They have also received cards from numerous classes

as part of a holiday card exchange. According to Kozlowski, "We have received class photos and letters from schools as far as Alaska and Hawaii. It has been an exciting experience receiving cards addressed to our class in the mail each day!"



FRIENDS OF LIBRARY SEEKS SPONSORS

The Friends of the Clark Library are having our yearly indoor miniature golf fundraiser on February 1, 2020.

To make this day successful, we are asking businesses, clubs, organizations, etc for support by sponsoring a hole. \$50 for one hole, or \$75 for two.

Sponsors may also (if they wish), design and create a hole. Sponsors' signs will be displayed next to each hole, and will be mentioned in publicity (social media, on-line newspapers, etc.).

If you would like to participate, kindly make checks payable and to mail checks to Clark Library, 303 Westfield Ave., Clark, NJ 07066.

CROSSING GUARDS NEEDED

Submitted by Det. Sergeant Christian Lott Clark Police Department is looking for applicants who are interested in becoming crossing guards. As a guard, you would work 15 hours per week assisting children crossing the roadway in various locations. Currently, the pay is \$17.10 an hour. All equipment and training will be provided to you at no cost.

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BOOSTER CLUB SPONSORS ALJ FALL ATHLETIC AWARDS

On Tuesday, December 3, 2019, the Arthur L. Johnson Athletic Department held their 2019 Fall Athletic Awards. The evening, sponsored by the Crusader Athletic Booster Club, was held in the Arthur L. Johnson Auditorium.

All the Fall Athletic Teams and their seasons were highlighted by their coaches while handing out letters and awards to the student athletes.



(above) 2019 Fall G.P.A. Winners, the ALJ Field Hockey Program.

Over 205 varsity athletic letters were handed out throughout the evening, as participation in athletics at Arthur L. Johnson High School continues to grow. seasonally to one member from each athletic team that best fits the characteristics of a good teammate. The individuals that receive these awards exhibit upbeat attitudes and outstanding

The program continued with the Student Athlete Award, which was presented by the Principal of Arthur L. Johnson High School, Mrs. Jennifer Feeley. The Student Athlete Award is given out each athletic season to a student athlete that is not only a champion on the field, but in the classroom as well. The 2019 Fall Student Athlete award recipient was Heidi Compton, with a 4.9119 G.P.A.

In addition, the Crusader G.P.A. Challenge was awarded to the team that finishes with the highest overall G.P.A. amongst athletic teams for the fall season. The recipients were presented with certificates, will have their team memorialized on a plaque, and will be invited for a "Breakfast with the A.D." to celebrate their actions both in the classrooms and on the fields. The winner of the 2019 Fall Seasonal G.P.A. Challenge was the Field Hockey Team with a G.P.A. of 4.039. Members of the Field Hockey Team include: Heidi Compton, Emma Hilton, Nicole Randazza, Tara Starita, Taylor Turek, Devyn Calas, Gianna Caldiero, Gia Colicchio, Michelle Kukan, Courtney Marano, Victoria Venezio, Peyton Collings, Tatum Dobbins, Angela Aromando and Grace Warnick.

The Best Teammate Award will be given out

seasonally to one member from each athletic team that best fits the characteristics of a good teammate. The individuals that receive these awards exhibit upbeat attitudes and outstanding character. They helped influence the team's culture in a positive manner, while always supporting teammates and promoting team unity. The Best Teammate Award Winners were: Cross Country – Nicholas Deloretto, Field Hockey – Nicole Randazza, Football – Joseph Kaulfers, Boys' Soccer – Augustine Puentes, Girls' Soccer – Dominka Kosiek, Girls' Tennis – Mary Nadolsky, Volleyball – Isabella Venezio, and Cheerleading – Amanda Grasso.

The evening culminated with the announcement of the Team Most Valuable Players. The MVPs were: Cross Country – Matthew Kowalenko, Field Hockey – Emma Hilton, Football – Patrick Brennan, Boys' Soccer – Anthony diaz, Girls' Soccer – Lily Gull, Girls' Tennis – America Renteria, Volleyball – Shailynn Rapp, and Cheerleading – Caileigh O'Donnell.

Athletic Director Gus Kalikas, had this to say about the event, "Once again, our Fall Athletic Awards Program was a successful evening as it allows the District, Administration, and Coaches the opportunity to acknowledge a wonderful Fall Sports Season as well as recognize both student athletes and their parents alike for all that they have accomplished this past fall athletic season."



(above) Heidi Compton, 2019 Fall Student Athlete Award Winner.





(above) The 2019 Fall Best Teammate Award recipients.

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(above) The 2019 Fall MVPs.



KINDERGARTEN APPLEFEST

Valley Road School Kindergarten students hosted Applefest, a holiday community service tradition that has been celebrated for many years at the school.

This event encourages the entire school to get involved in the spirit of giving. The Kindergarten classes each bring in an apple-themed craft item and trade them to older students in grades 1-5. The craft item is exchanged for cans or boxes of food. All of the food collected from the Kindergarten children was donated to our local



(above) Valley Road School Kindergarten students during Applefest.

town food bank where many families were able to enjoy a full Thanksgiving dinner. This tradition brings joy to all of the children involved while creating a nice family project where parents and families are involved together. The students donated over 700 food items to deserving families!



(above) 700 food items were donated during this year's Applefest, which was donated to the local town food bank.





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CHESS CLUB DRAWS MEMBERS FROM FAR AND WIDE

The Kenilworth Chess Club has kicked off its 2020 season with a new slate of officers. Jack McCorkell of Cranford is incoming President. Outgoing president Dave Lazaruus of Fanwood will serve as Vice President. Treasurer Geoff McMAuliffe of Dunellen and Webmaster John Moldovan of Garwood will continue in their positions. Trustees are Pat Mazzillo of Union and Greg Tomkovich and Joe Renna, both from Cranford.

The club was formed in 1972 amid the chess

craze in America, spearheaded by Bobby Fischer's march to the world championship. For 47 years the club was a force to be reckoned with as its member roster included many Master level players, including State Champions.

The club has a reputation for being friendly and accommodating. It welcomes non-members with no obligation or cost. It's a place where beginners can learn in a casual setting without being intimidated. Strong players are generous with their time in analyzing and giving

instruction.

The club's website, kenilworthchessclub.org, is well read and features an award-winning blog by Michael Goeller and other instructional features.

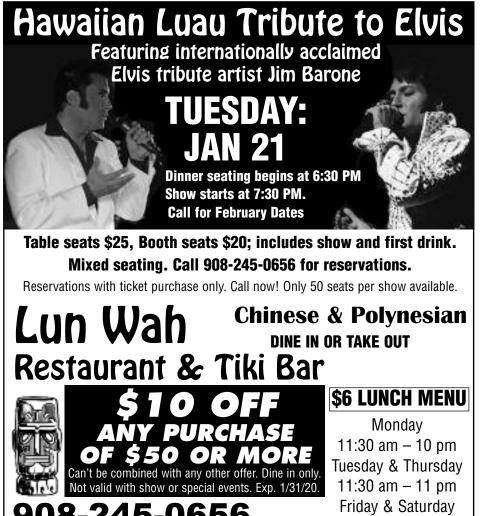
Players are welcome to just pop into the Kenilworth Chess Club with no formalities every Thursday evening at 8 p.m. at the Kenilworth Community Center, located next to Borough Hall on the Boulevard and the corner of 24th Street.

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(above, r-l) Kenilworth Chess Club President Jack McCorkell, Vice President Dave Lazarus, John Moldovan, Treasurer Geoff McAuliffe, Web Master John Moldovan, Trustees Ed Selling, Greg Tomkovich. Pat Mazzillo, and Joe Renna.





11:30 am - 12:30 am

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JANUARY EVENTS AT THE CLARK PUBLIC LIBRARY

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Saturday Storytime

Saturday, January 4, 10:00 a.m. Join us a for Saturday Storytime session. Designed with working parents in mind, for children of any age! Please register.

Books & Brews Book Club

Monday, January 6, 7:00 p.m. The Clark Library & Whole Foods Market invite you to join us for our bi-monthly book club at the Clark Bar. Our January 2020 book is "The Rise and Fall of the Dinosaurs: A New History of a Lost World" by Steve Brusatte.

Homeschool Lego and Board Games

Tuesday, January 7, 1 - 2:30 p.m. Homeschooling families are invited to come to the library to play with legos or board games. We will be meeting the first Tuesday of the month. Legos are provided. Feel free to bring your favorite board game.

Who Was...Wednesdays

Wednesday, January 8, 3:30 p.m. Come to our new Who Was...book club! Kids in 2nd-6th grade are invited to attend! **LEGO®** Club

Friday, January 10, 3:15 p.m. Join us for the LEGO® Club at the Clark Public Library! Create your own lego structures. Legos are provided by the library. Creations are displayed in the Children's Area. Grades K - 5.

Read to Sophie

Saturday, January 11,10:00 - 11:00 a.m. Thursday, January 23, 6:00 - 7:00 p.m. If you have a young, reluctant or struggling reader, we want you to meet Sophie! Sophie is a therapy dog that will be a non-judgmental listener and furry friend.

Union County Division on Aging Services

Monday, January 13, 10 - Noon The Union County Division on Aging will answer to your questions about: pharmaceutical assistance, home energy assistance, home care, home delivered or congregate meals, caregiver relief, medicaid, transportation, and other

questions you may have.

E-Cigarette and Vaping Workshop

Monday, January 13, 6:30 p.m. This workshop will be covering the topic of electronic cigarettes and vaping issues for public health.

Chess Club for Kids

Mondays, January 13 & 27, 6:30 p.m. Children ages 6 and up are invited to come to the library for chess club! We welcome beginners and those wanting to learn new tips

on wanting to hone their skills. **Afternoon Book Club**

Tuesday, January 14, 1:00 p.m. This month we will be discussing Sunburn by Laura Lippman.

Tinker Tuesday

Tuesday, January 14, 3:30 p.m. Elementary aged children are invited to join us for our monthly afternoon of tinkering / crafting. Each month will be something new!

All materials provided. Teen Make & Take: Lip Balm

Thursday, January 16, 3:30 p.m. Help protect your lips from the harsh winter weather by making your own natural lip balm.

Open to all teens in Grades 6-12. **Family Thursdays: STEM Night**

Thursday, January 16, 6:30 - 7:30 p.m. Come play with some maker toys at our family STEM night! We will have 3D printing pens, coding toys, and Legos. All ages are welcome. **Tinker Tots**

Friday, January 17, 11:00 a.m. Come join us for a morning of fun science activities perfect for little ones. This month we will have physics themed stations. For children ages infant through pre-k. Please register.

Adult Craft: Quote on Canvas

Tuesday, January 21, 2:00 p.m. We are writing a quote on canvas and decorating it by painting. If you have a New Year's resolution, you may write the one and display it. Please register.



Graphic Novel Book Club

Thursday, January 23, 4:30 p.m. Come join our graphic novel book club! Each month we will read a new graphic novel and discuss it together. This month's book is Mighty Jack by Ben Hatke.

iPad Basics Class

Friday, January 24, 2:00 p.m. Gain confidence using your device by getting familiar with settings, installing apps and using the Apple Store, accessing the internet.

Sunday Family Movie Matinee

Sunday, January 26, 2 p.m. Join us for popcorn and a movie. Dark hilarity ensues after the Addams family relocates to suburban New Jersey. Rated PG.

Family Thursdays: Board Game Night

Thursday, January 30, 6:30 - 7:30 p.m. Come to the library for a night of board game fun! We will provide games, or you can bring your own to share. No registration required.

Finger Painting Friday

Friday, January 31, 10:00 a.m. No childhood is complete without some good, old-fashioned, messy finger painting. We will read a story and then make some squishy, colorful creations. Wear some old clothes!

STORYTIMES - WEEK OF JAN 13

Tales for Tots

Mondays, 10 a.m. Stories, finger plays, and songs for active listeners. Geared toward ages 2-3 with a caregiver. Older children are welcome!

Baby Bookworms Tuesdays, 10 a.m.

Stories, songs, nursery rhymes, and movement. Geared toward babies and toddlers under 2 years old with caregiver.

Toddler Story and Craft

Thursdays, 10 a.m. We will read a story or two and make a craft. This program is designed for children ages 18 months-and up. Please register.

Stories & More

Thursdays, 1:30 p.m. Stories, movement, songs and a craft for active listeners ages 3 -5 years old.

Moms Meet-Up Play Group

Wednesdays, 10:30 - Noon An informal session where moms, toddlers and babies can meet for playtime in a relaxed environment.

Adult Chess Club

Thursdays, 11:00 a.m. - 4:00 p.m. Grown-Up Coloring Club Most Fridays, 1:00 p.m.

Coloring isn't just for kids anymore! Join us for a relaxing afternoon of coloring for grown ups.

Free Movies for adults

Most Mondays, 1:00 p.m. Tuesdays, 6:30 p.m. Newly released DVDs are featured each Tuesday evening at 6:30 p.m. No registration is required for movies.

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RAKE & HOE GARDEN CLUB SENDS GIFT TO VETS

Every year members of the Rake and Hoe Garden Club prepare Holiday Gift Bags for the Veterans at Lyons Hospital in Basking Ridge, NJ. Once again, Betty Gulino coordinated the collection and delivery of 140 Holiday Gift Bags donated by club members. These gift bags are designed to bring holiday cheer to the veterans who have served our country and are now deserving of our thanks and well wishes.

To learn more about the services Lyons Veterans Medical Center provides and volunteer opportunities to support our military heroes, please call 908-647-0189 or visit newjersey.va.gov/locations/lyons_campus.asp.

The Rake and Hoe Garden Club is affiliated with the Garden Club of New Jersey and the National Garden Club, Inc. The club meets on the second Wednesday of the month at 12:00 p.m. at the Scotch Hills Country Club. Membership is open to residents of Westfield and surrounding

Every year members of the Rake and Hoe towns. For more information, call Bet Siano, arden Club prepare Holiday Gift Bags for the eterans at Lyons Hospital in Basking Ridge, NJ. rakeandhoe.org, or Facebook page.

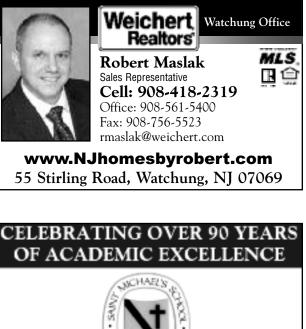


(above, l-r) Front row: Betty Gulino, Jeanie Pelikan and Joyce Mullen; back row: Marty Gulino and Richard Pelikan. Not shown: Mary Foley Smith.



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Do you have 1.5 hours a week, every other week, or once a month, to be a volunteer driver for Mobile Meals of Westfield, delivering meals to our neighbors? Hot and cold meals prepared by our chef are delivered fresh to our clients Monday through Friday mornings starting at 10:45 a.m. Please contact us at 908-233-6146 if you can help, and for more information. We serve the residents of 7 towns: Clark, Cranford, Fanwood, Garwood, Mountainside, Scotch Plains, and Westfield.





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Finlandia	1.75L	. \$24.99
Grey Goose	750ml	. \$27.99
Grey Goose (all types)	1.75L	. \$49.99
	750ml	
Ketel One	1.75L	. \$39.99
Luksusowa	1.75L	. \$22.99
Pinnacle (all types)	750ml	. \$11.99
Pinnacle (80 proof)	1.75L	. \$17.99
Skyy	1.75L	. \$21.99
Sobieski	750ml	. \$11.99
Sobieski	1.75L	. \$18.99
Stolichnaya (all types)	1.75L	. \$29.09
Tanqueray Sterling	750ml	. \$19.99
Tanqueray Sterling	1.75L	. \$30.99
	1L	
	1.75L	

RUM

Bacardi Light & Gold 1.75L \$19.19

TEQUILA

Deleon Blanco Tequila		\$29.99
Deleon Blanco Tequila		
Patron Silver	750ml	\$42.99
Patron Silver		
Patron XO Café	1.75L	\$29.99

BEER

Becks (12oz) 24pk	24pk	\$24.99
Bud and Bud Lite cans	30pk	\$21.99
Bud and Bud Lite loose bottles	24pk	\$19.99
Coors Lite (24oz) cans	12pk	\$14.99
Coors Lite/Miller Lite loose bott	les . 24pk	\$19.99
Coors Lite/Miller Lite	30pk	\$22.99
Corona/Corona Lite loose bottles	s 24pk	\$28.99
Dab (16oz) cans	24pk	\$21.99
Heineken/Heineken Lite bottles		
Land Shark	24pk	\$24.99
Lech (500ml)		
Modelo Especial cans	24pk	\$25.99
New Belgium Fat Tire	24pk	\$33.99
Pabst Blue Ribbon cans	-	
Pilsner Urquell	24pk	\$29.99
Sagres		
Sam Adams Boston Lager		
Stella Artois loose bottles	-	
Dogfish Head 60 min	-	
Yuengling Lager bottles		
Zywiec (11.2oz)		
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WINE

Witty's

Fine Wine and Liquors

870 ST. GEORGES AVE.

(RT. 27) RAHWAY, NJ 07065

732-381-6776

email: wittyswines@gmail.com

www.wittyswine.com

Bartenura Moscato	750ml \$11.9 9	9
Barone Fini Pinot Grigio	•	
Beringer White Zinfandel		
Beringer White Zinfandel		
Black Box (All Types)	3L \$19.9 9	9
Carnivor Cabernet Sauvignon	750ml \$10.9 9	9
Casal Garcia Vinho Verde		
Cavit (All Types)		
Clos du Bois Chardonnay	1.5 L \$19.9	9
Dom Perignon		
Dreaming Tree (All Types)		
Ecco Domani Pinot Grigio		
Fish Eye (All Types)		
Freixenet Brut, Extra, Extra Dry		
Gato Negro (All Types)		
Gazela Vinho Verde		
Joseph Carr Cabernet Sauvignon		
Kendall Jackson Vintners Chardonnay		
Kim Crawford Sauvignon Blanc		
Louis Jadot Beaujolais Villages		
Louis Jadot Pouilly Fuisse		
Martini & Rossi Asti	•	
Menage a Trois Red	-	
Mi Amore Red		
Moet Imperial Champagne		
Noble Wine 337, 667		
Papi (All Types)		
Ruffino Chianti		
Ruffino Chianti		
Ruffino Pinot Grigio		
Ruffino Tan label	-	
Santa Margerita Pinot Grigio		
Silver Oak Alexander Valley Cabernet		
Simi Chardonnay		
Woodbridge (All Types)	1.JL	1

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