

# New Providence NEWS

Published by Renna Media

Issue 49 • October 2019

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## SPRING GROVE'S SUMMER BARBEQUE FOR SENIORS

In honor of National Senior Citizens Day, August 21st, Spring Grove Rehabilitation and Healthcare Center, located in New Providence, NJ, hosted a free Community BBQ for seniors and their families.

*Photos from this and other events can be found online  
at [rennamedia.com](http://rennamedia.com)  
and on New Providence News page on [facebook.com](https://www.facebook.com/newprovidencenews)  
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## ANNUAL CRAFT FAIR – NOVEMBER 2

### New Providence NEWS

*New Providence NEWS* is published by Renna Media. 4,700 newspapers are printed monthly and mailed to every business and resident in New Providence.

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To submit content  
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The annual craft fair sponsored by the Ladies Auxiliary of the William Paca Club of New Providence will take place on November 2, 2019 from 10 a.m. to 4 p.m. at the Paca Club on Front Street, New Providence, NJ. Approximately 25 artisans offering a variety of items from knits, woodcrafts, jewelry, baked goods and much more will be participating.

Space is available for a few more crafters.

Please call Grace Parlapiano for more information or for registration forms at 908-464-8040 or email [Ladiespaca1@gmail.com](mailto:Ladiespaca1@gmail.com).

The Auxiliary donates a portion of the proceeds of the show to a variety of causes, including a scholarship for a New Providence High School Senior, an adopted family at Christmas, Care and Concern, and Community Service Association.

# CRAFT FAIR

**Hosted By  
The Ladies Auxillary of William Paca Club  
of New Providence**

**FREE  
Admission**

**Nov. 2nd, 2019: 10am to 4pm  
At the William Paca Club  
First Street  
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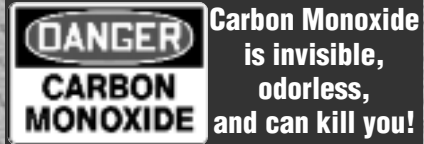
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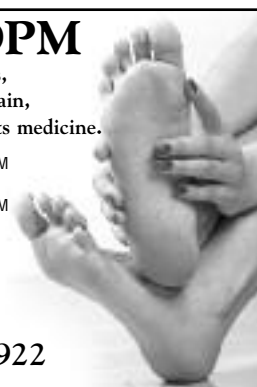
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 14 years and older: \$20 Ages 6-13: \$10  
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**Support Alzheimer's New Jersey**

**Alzheimer's New Jersey** offers support services, education and programs to New Jersey families affected by Alzheimer's and other forms of dementia. **Order a meal to go in advance by calling 908-903-0911 by November 5th** and you will directly support this worthy cause, not to mention enjoy an excellent meal prepared by our fabulous chef!

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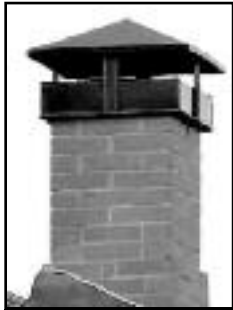
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## TICKETS ON SALE FOR SHINING STARS GALA, CHRISTMAS SHOW

Shining Stars Network, a non profit organization shining the light on the special needs community through the performing arts and other activities, has two exciting events planned over the next few months.

Shining Stars will be hosting their inaugural "Reach for the Stars" Gala on Wednesday, November 6, 2019 at the the elegant Park Savoy Estate in Florham Park, featuring a 5-star dinner and show featuring the Shining Stars special needs cast members.

The night will feature a cocktail hour, dinner and a Venetian hour, all highlighted by a 45-minute performance from the amazing and talented Shining Stars cast, along with a 50/50 raffle and auction items.

"This is a night we've been dreaming of having for quite some time," noted Shining Stars Network co-founder and President Mike Curci. "As we continue to expand our mission of providing opportunities in the performing arts, we felt a gala would be a wonderful way to introduce our special stars to the corporate community and other donors while raising funds that will allow us to grow our programs."

Shining Stars Network is an expansion of the successful Shining Stars talent shows which began in Cranford more than eight years ago with 15 cast members. That number has grown to 50 and there are new requests each week from those who want to become a part of the Shining Stars family. While the majority of cast members live in Union County, there are cast members from seven different counties who have taken the stage.

"It's an exciting time for our organization and we continue to receive requests from those who want to join our cast," said Curci. "We know there's a need for what we are providing and our goal is to continue our mission of creating even more opportunities to be on stage in the future."

"Being on stage builds self-confidence and

self-esteem, which is something our stars take into their everyday lives," noted Shining Stars Network co-founder and co-director Sally Curci. "Friendships are built between cast members and our volunteer 'buddies' and these long-lasting bonds are just as important as the performing. Our goal is to provide more opportunities as possible for the special needs community."

Tickets for the "Reach for the Stars" gala are available at [shiningstars.booktix.com](http://shiningstars.booktix.com) or you can email your ticket request to [shiningstarsgala@gmail.com](mailto:shiningstarsgala@gmail.com). The cost to attend is \$150.00 per person.

"We are incredibly thankful to our gala committee members for their time and dedication," added Mike Curci. "We could not do this without them. And we cannot say enough thank you's to the local community for their continued support in helping our stars shine over these past eight years."

In addition, Shining Stars Network is also excited to present their second annual "Christmas Spectacular," a not to be missed evening of holiday favorites presented by their incredible cast and filled with sing-a-longs and audience participation, including the return of "The Twelve Days of Christmas," which includes every audience member and instantly became an audience favorite.

Because of the success of last year's show, this year's "Christmas Spectacular" will be presented at the beautiful and historic Union County Performing Arts Center in Rahway on Thursday,

December 5, 2019.

"UCPAC has been our home for the past two "Evening of Shining Stars" shows, which drew an audience of more than 1,000 each year," said Curci. "We are thrilled to take our Christmas show to this iconic stage and look forward to presenting another magical night for our audience."

Tickets for the Shining Stars "Christmas Spectacular" are on sale now at [UCPAC.org/events](http://UCPAC.org/events). There will be a 10% discount on tickets through November 1 by using the code "holiday stars."

Also, mark you calendars for Friday, May 8, 2020 when the Shining Stars return to the UCPAC main stage for the third straight year. The 9th annual "Evening of Shining Stars" promises to be bigger and better than ever.

"Our stars continue to inspire us every day with their passion, dedication and talents," said co-director Nicole Greene. "We can't wait to see them shine on stage again."

Shining Stars Network, Inc. is a registered 501(c)(3) non profit organization that shines the light on the special needs community by creating opportunities in the performing arts and other events. In addition, our Shining Stars Ambassadors basketball team travels to play local first responders and organizations with the goal of building friendships and understanding in an inclusive environment. The successful Camp Shine — a two-week special needs performing arts summer camp, just concluded their 3rd year.


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# New Providence PBA 132

## 4th Annual Car Show

October 5th, 2019  
629 Central Avenue New Providence



### SHOW INFORMATION

Come join us on October 5th, 2019 at 629 Central Avenue in New Providence (Berkeley Aquatic Club) for our 4th Annual Car Show. The event is free for spectators. This year, proceeds will go to our very own PBA's Good and Welfare fund. Registration begins at 8 AM.

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EMAIL - [NPPBA132@gmail.com](mailto:NPPBA132@gmail.com)

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## SENIOR HAPPENINGS AT THE DECORSO COMMUNITY CENTER

located at 15 East Fourth Street, New Providence • Phone: 908-665-0046 • E-mail to DeCorsoCenter@newprov.org.

### UPCOMING SPEAKERS

#### The Club meets

Wednesdays at 11:00 a.m.,

with speakers on a variety of topics, musical performances, or "Club Days" to celebrate Club members' birthdays and socialize. Stay after the meetings to socialize and then play Bingo beginning at 12:30!

#### UPCOMING SPEAKERS INCLUDE:

##### "Bird Month"

October 2

Club member Christine Napolitano will offer a fun presentation to introduce "Bird Month" at the Club. Listen to bird sounds, identify local birds, and learn about their needs and habitats during the winter. Sign up for bird crafts during October, including making yarn birds, origami birds, bird treats and small bird houses. Get a recipe for birds nest cookies.

##### "Caravaggio"

October 9

The Center's Italian instructor Leo Piovano will give a talk accompanied by a slide presentation on "Caravaggio, the Greatest Realist Painter Between the Renaissance and the Baroque." We will also celebrate October birthdays.

##### "Ask the Pharmacist"

October 16

Questions about your medications? Join a Clinical Pharmacist from Overlook Medical Center for a talk on medication and supplement safety. Learn how certain foods can interact with your medications, common side effects, and how to safely dispose of old or unused meds. There will be time for individual questions after the meeting.

##### "Medicare" and "Home Safety"

October 23

speakers - A representative from the State Health Insurance Assistance Program (SHIP) will highlight Medicare Changes, introduce SHIP services, and be available for one-on-one consultations. In addition, representatives from Seniors in Place LLC will offer a presentation on Home Safety.

##### "The Great Swamp"

October 30

The Friends of the Great Swamp will lecture on the Great Swamp and bird migration

### OTHER ACTIVITIES

#### Exercise with Arthritis

October 10, 24 and 31 at 11:00 a.m.

Our experienced instructor Myriam Gabriel will lead participants through various exercises that are suitable for those living with arthritis.

#### Selected Topics in Biology and Life Sciences class for seniors

taught by Professor Bill Dunscombe of Union County College, continues on

Mondays 10:30 a.m. - 12:00 p.m.

through December 2.

Free to New Providence seniors;

\$20 per semester for out of town residents.

#### Bridge Lessons for Beginners

Lessons will be on Thursdays

from 10:00 a.m.-12:00 p.m.

starting September 12. Each session costs \$10.

#### Casino Trip

The Club is offering a trip to the Wind Creek Casino in Bethlehem, PA

Tuesday, October 15.

Purchase \$25 tickets in advance.

Receive \$25 in "play money."

## COLUMBUS DAY CELEBRATION AT THE DE CORSO

The New Providence Diversity Committee and the students of Italian language classes at the Senior Center will celebrate the fourth Columbus Day Festa at the De Corso Community Center on Saturday, October 12, 2019, from 5 to 8 p.m. It will be a potluck dinner; attendees are asked to bring their favorite dish for sharing with 5 persons. Entertainment will follow the dinner. For reservations please call 908-464-4204 or 973-701-0812; or email L.Piovano@verizon.net or Janex0002@gmail.com. Until then we say arrivederci!

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(above) Participants in the Center's Zumba class for seniors pose after class. This Latin dance-inspired fitness program improves strength, posture, and flexibility. This free class for New Providence seniors is held at the DeCorso Center on Fridays at 9:15 a.m.

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# OCTOBER 2019 EVENTS AT NEW PROVIDENCE MEMORIAL LIBRARY



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Library hours are Monday, Tuesday & Thursday, 9:00 a.m. to 9:00 p.m.,  
Wednesday, Friday & Saturday 9:00 a.m. to 5:00 p.m., Sunday, 1:00 p.m. to 5:00

## Story Time with Dr. Singh (Kids)

October 1 at 10 a.m.

Our regularly scheduled storytime will have a special visitor! Dr. Singh will read a story, do some activities about visiting the dentist, and end with tips and tricks to keep those “sugar bugs” away!

## Read to a Dog (Kids)

October 1 at 7 p.m.

Children in grades 1-5 can practice reading aloud to Seeing Eye dogs in-training. Registration is required. You can bring a book of your own or choose from the library's selection. Registration is required.

## Book Group (Adult)

October 3 at 7:30 p.m.

Have you read “Beartown” by Frederik Backman? Join the evening book group for a discussion of the book. Copies available to check out at the circulation desk starting one month before. New members welcome.

## Henna Tattoo Art (Ages 13+)

\*October 4 at 3:00 p.m.

Come learn about the art of Henna and observe tattoos being painted by local artists.

Registration required to receive a tattoo.

## Painted Diwali Tea Light Craft (All Ages)

\*October 5 at 12:30 p.m.

Paint clay tea light holders with metallic paints to help celebrate the Diwali festival of lights.

For all ages. Registration is required.

## Bollywood Dance for Teens (Teens)

\*October 5 at 2 p.m.

Get your groove on in the library for a fun Bollywood dance class! For teens in grades 6-12. Registration is required.

## Bollywood Dance for Kids (Kids)

\*October 5 at 3 p.m.

Get your groove on in the library for a fun Bollywood dance class! For kids in grades K-5. Registration is required.

## George Washington Remembers New Jersey (Adults)

October 6 at 3 p.m.

George Washington was no stranger to New Jersey. From Trenton to Princeton to Morristown, the General spent more time here than in any other state. Join General Washington, played by David Emerson of History of the Hoof, as he reminisces about his brightest and darkest moments during the battles and encampments of the “Cockpit of the Revolution.” This program was made possible by the New Jersey Council for the Humanities and the Friends of the New Providence Memorial Library. Free, everyone is welcome.

## New Voting Machines Demo

October 7 at 3 p.m. - 7 p.m.

Drop by this open house with the Union County Board of Elections to try out the new voting machines that will be rolling out in Union County this fall. Free, everyone is welcome.

## Knitting & Crocheting (Adults)

October 7 at 7 p.m. - 8:30 p.m.

Drop by the Coddington room with a knitting, crocheting or other fiber art project to work on.

## Snap Circuits Jr. Club (Kids)

October 8 at 3:30 p.m.

Calling all budding scientists and engineers! Snap circuits makes learning electronics easy and fun! Come and put together various circuit boards.

## Movie for Kids: Maleficent (All Ages)

October 14 at 3:30 p.m.

A film about Disney's most memorable villain. The sequel, Maleficent: Mistress of Evil is out in theaters on October 19. The film is rated PG. Children 10 and under must be accompanied by an adult.

## Baseball Discussion Group

October 14 at 7 p.m. - 9 p.m.

Anyone with an interest in baseball is welcome. Come discuss your favorite team and players, or just listen.

## Book Group (Adults)

October 15 at 10:30 a.m.

Title to be announced. Copies will be available to check out at the front desk starting in mid-September.

## Punkin' Chunkin' (Teens)

\*October 17 at 3:30-4:45

Join us for some fun as we decorate mini pumpkins with Sharpie markers, then have a Punkin' Chunkin' competition to see whose arm or whose catapult can launch them the farthest. Teen can bring home their mini pumpkins if they survive the toss. Registration required via NP Community Pass.

## Craft Fair (All Ages)

October 19 at 10 a.m. - 4 p.m.

The 15th Annual Friends of the Library Craft Fair benefits the New Providence Memorial Library. All are welcome. Admission is free. Hand crafted goods by local artisans for sale include pottery, jewelry, home decor, blown glass, candles and soaps, quilts and quilted items, note cards, hand-sewn critters, knit and crochet fashion & accessories, and more!

## Teen Cooking: Pretzel Broomsticks (Teens)

\*October 21 at 5:00 p.m.

Make, bake and take home these cute edible broomsticks made from pretzel rods & phyllo dough. Sprinkle with cinnamon sugar for a sweet treat, or leave plain to dip into nacho cheese or guacamole for a fun Halloween or Harry Potter appetizer, sure to impress friends and family. Registration required via NP Community Pass.

## Knitting & Crocheting (Adults)

October 21 at 7 p.m. - 8:30 p.m.

Drop by the Coddington room with a knitting, crocheting or other fiber art project to work on.

## LEGO Club (Kids)

October 22 at 3:30 p.m.

Come build with us! Try the monthly challenge or build any creation you'd like!

## Halloween Bingo (Kids)

October 28 at 3:30 p.m.

Play Halloween bingo for the chance to win a prize! All ages welcome. Registration required.

## Buying a Home: Navigating the Real Estate Market (Adults)

\*October 24 at 7 p.m. - 8 p.m.

New Providence resident Joe Eberle of Weichert Realtors will talk about the process of buying a home, the New Providence real estate market and the difference between chasing the market and attacking the market. Free.

Registration encouraged. Register online at <https://register.communitypass.net/newprovidence> or e-mail [npmlref@yahoo.com](mailto:npmlref@yahoo.com).

## Children's Story Times for FALL 2019

Tuesday at 10 a.m.

4, 5, 6 yr olds

Wednesday at 10 a.m.

Toddlers (18 mos-3)

Wednesday at 11 a.m.

Baby Lapsit (3-18 mos)

Wednesday at 1130 a.m. - Playgroup

Thursday at 1:30 p.m.-- All Ages

Thursday at 2p.m.

Drop-in Craft - All Ages (18 mos & up)

\*Come dressed up in your Halloween costume during our regular story times 10/29-10/31\*

A full calendar of events including regular meetings is available at [newprovidencelibrary.org](http://newprovidencelibrary.org).

Like us on Facebook at [facebook.com/NewProvLibrary](https://facebook.com/NewProvLibrary) for updates.

To register for any library events, visit [register.communitypass.net/newprovidence](https://register.communitypass.net/newprovidence).

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## LEAGUE OF WOMEN VOTERS TO HOST CANDIDATES FORUMS

*Submitted by Marlene Sincaglia*

The League of Women Voters of Berkeley Heights, New Providence & Summit (LWV-BHNPS) will be very busy throughout the month of October.

Local leagues host candidate debates to provide candidates' positions for all levels of government. LWV-BHNPS is sponsoring a Candidates Forum in Berkeley Heights on Tuesday, October 22 at 7:30 p.m. in the Council Chambers at 29 Park Avenue for Candidates running for Berkeley Heights Township Council. On Wednesday, October 23, the Candidates running for New Providence Borough Council will meet in a forum at 7:30 p.m. at New Providence High School, in the Choir Room. Both these forums will be taped and shown on the cable access stations. Summit's Candidates are running unopposed so based on League rules there is no forum.

The League, including state and local leagues, runs VOTE411.org, a website that allows voters to input their address and get candidate information tailored to their ballot. It is a one stop digital guide to know your candidates and election information. The League of Women Voters of NJ contacted all candidates running for statewide office. LWV-BHNPS contacted all candidates in Berkeley Heights (Township Council and Board of Education), Mountainside (Mayor, Borough Council), New Providence (Borough Council), Summit (Mayor and Common Council), Union County Board of Chosen Freeholders and Union County Surrogate and invited them to participate in Vote411. Please read their responses.

The aim of the League of Women Voters is to empower voters and defend democracy. Educating the public is our number one mission.

Please go to [Vote411.org](http://Vote411.org) or [UnionCountyvotes.com](http://UnionCountyvotes.com) to become informed.

## CELEBRATING EMPOWERMENT: 99 YEARS ON A MISSION

*Submitted by Shannon Myre*

The YWCA Union County announces our Fall Cocktail Reception, Celebrating Empowerment: 99 Years on a Mission. This is our signature event celebrating nearly a century of serving our community and empowering survivors of domestic violence. This event will be held Thursday, October 10, 2019 from 6 to 9 p.m. at the Westwood in Garwood and is a major fundraiser for our domestic violence programs.

The 2019 Honorees are Kean University, The Housing Authority of the City of Elizabeth, and Westfield United Fund.

The YWCA's Mission is eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all. In 1978, our organization dedicated its mission to an urgent need in our communities – domestic violence. YWCA Union County is on a mission to empower survivors of domestic violence to become safe and free from abuse through comprehensive, client-centered services, and through education, collaboration and advocacy that builds safe, informed and supportive communities.

Domestic violence crosses all barriers of race,

ethnicity, religion, sexual orientation, gender and socioeconomic status and it is a crime that impacts our entire community. It is estimated that 1 in every 3 women and 1 in 7 men will be affected by domestic violence in their life - more than breast cancer, lung cancer, and ovarian cancer combined. The monetary cost of domestic violence in the United States in dollars has been estimated to exceed 9.3 billion dollars a year in medical and mental health services, loss of productivity, and loss of paid earnings. An average of 3 women per day in the United States are killed as a result of domestic violence.

The YWCA's Celebrating Empowerment: 99 Years on a Mission will be held during Domestic Violence Awareness Month. The program will include delicious food, refreshments, an online silent auction, a 50/50 raffle, and much more. Proceeds of the event will benefit the YWCA Union County's Domestic Violence Programs. For more information or tickets, contact Shannon Myre by email at [smyre@ywcaunioncounty.org](mailto:smyre@ywcaunioncounty.org).

If you or anyone you know is experiencing domestic violence, call the 24-Hour Hotline at 908-355-HELP (4357).

## SAGE ELDERCARE CALENDAR OF EVENTS

290 Broad Street, Summit, NJ.

To register or obtain more info,  
call 908.598.5548

or email [education@sageeldercare.org](mailto:education@sageeldercare.org).

### Avoid the Pitfalls of Long-term Care

Thursday, October 3

A program to learn about common mistakes that are made during a long-term care crisis, and how to avoid those mistakes, will be discussed. Elder Law Attorney Laurie Hauptman Esq from Hauptman and Hauptman, P C will explain how to effectively navigate the maze of the senior health care system with a plan and professional guidance. Avoid having your life savings wiped out, details about estate planning, power of attorney documents, and more, 6:30 – 8:00 p.m.

### Living Options As We Age

Thursday, October 17

As we and our loved ones age, we are faced with the decision of whether or not to remain in our homes. In this panel discussion we will learn about different living options. Our panel of experts will outline various living arrangements and their levels of care to help you navigate the future, 6:00 – 8:00 p.m.

### Medicare Changes in 2020

Thursday, October 31

Join us for one of our presentations by SHIP (State Health Insurance Assistance Program) counselors of Union County led by SHIP counselors of Union County SAGE. Come have all of your questions answered. Individual appointments are available also, 12:30 – 1:30 p.m.

### Fun-to-be-Fit Exercise Class

October 1, 8, 15, 22, 29 (10:15 – 11:15 a.m.) and 4, 11, 18, 25 (11:30 – 12:30)

General exercise class for older adults designed to improve overall fitness for all levels. Cost is \$10 per class. SAGE Eldercare, 290 Broad Street, Summit. To register or for more information, please call 908-598-5548 or email [education@sageeldercare.org](mailto:education@sageeldercare.org).

### Gentle Chair Yoga

October 2, 7, 9, 14, 16, 21, 23, 28, 30 (11:30 – 12:30 p.m.)

Class for older adults that deepens flexibility and strengthens personal body awareness. SAGE Eldercare, 290 Broad Street, Summit. Cost is \$10 per class. 11:30 – 12:30 pm.

### Tai Chi

October 1, 8, 15, 22, 29 (11:30 – 12:45 p.m.)

Tai Chi is a series of precise flowing movements that develop balance, strength, flexibility, focus, endurance, and calmness. Cost is \$10 per class. 11:30 a.m. – 12:45 p.m.,

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## AT-RISK YOUTH HEAR STORY OF PERSONAL PERSEVERANCE

*Submitted by Christopher Reardon*

One evening El-Amin Jumuah mapped out his strategy for building his fledgling fashion business, including financing it with the salary from his job. The next day he was laid off.

Four years later, Jumuah's business, Passionate Rebel, is thriving and has been featured on News 12 New Jersey's Spotlight Edition and various New York Fashion Week media platforms.

Jumuah served as the keynote speaker at the 2019 Annual Youth Conference hosted by Community Access Unlimited (CAU) that drew more than 100 at-risk youth from more than a dozen youth services programs from throughout the state. CAU is a Union County-based, statewide nonprofit that strives to integrate people with disabilities and at-risk youth into the general community through comprehensive supports.

"The conference is designed to bring together youth from a number of programs, allow them to network and provide them with information and resources, thereby empowering them," said Carla Hollinger, a curriculum specialist at CAU. "It's a day of fun and education."

Jumuah's apparel is intended to create self-directed leaders who, with their independent passion, will enhance their creative skills and rebel against not following their passion, according to the Passionate Rebel website.

"Be a passionate rebel," he told the youth. "Be someone who is dedicated to following your goals regardless of the obstacles. Be a dreamer. Understand dreams take you far but they depend on the time and effort you put into them."

Jumuah said to be successful they first must define their own success. For example, a single mother might define success as caring for her children while a college student might define success as working his way through college and graduating. Success is not defined by money and material belongings, he said.

"You have to go out and learn for yourself," he said. "And there's no shame in struggling. That's the way you get to where you want to be."

Jumuah's message resonated with the youth in attendance, including Romance Morrison, 21, a

CAU member.

"He really got through to me about how he started his own business out of nothing," Morrison said, adding that he has set his goals for success as going to college, getting a good job and starting a family.

"I already achieved the first part of my goal," he said. "I'm starting college in September."

Cassandra Jeffers, 22, also a CAU member, said Jumuah's message of overcoming struggles helped her. She lost her family, lost her job and lived in many places before coming to CAU.

"My goal is to get into the art of make-up," she said. "I practice every day and post videos

on YouTube. But it's hard to stay motivated. So his message about not getting down when you are struggling resonated with me."

The conference also featured a number of workshops designed to help the attendees better manage their lives and improve their life skills, according to Hollinger. Examples included goal setting, healthy relationships and living within the system.

"The workshops are intended to prepare them for life going forward," she said.

To learn more about CAU, visit [caunj.org](http://caunj.org) or follow the agency on Facebook, Twitter and Instagram.

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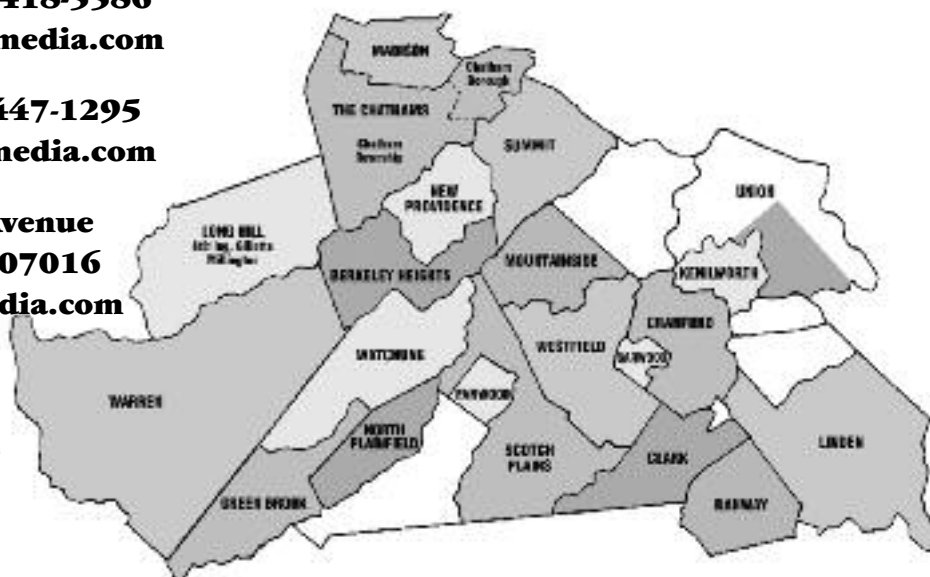
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(above) El-Amin Jumuah (second from right), founder of the apparel business Passionate Rebel, poses with CAU members Romance Morrison and Cassandra Jeffers, along with the Passionate Rebel mascot.



## SUMMIT OLD GUARD OCTOBER EVENTS

If you are a retired male and have an interest in living an interesting life with like-minded men... new members are always welcomed. Meetings are held each Tuesday in the New Providence Borough Hall, 360 Elkwood Ave., New Providence, NJ, starting at 9:30 a.m. with coffee and conversation, followed by programs consisting of stimulating talks. After the meetings, many members join together to have lunch at various local restaurants.

For more information, contact James Hewitt, Chairman, Membership Committee, (908) 233-5507, [info@SummitOldGuard.org](mailto:info@SummitOldGuard.org). You can also visit [summitoldguard.org](http://summitoldguard.org).

### OCTOBER SPEAKERS

#### OCTOBER 1:

What are algorithms and how do they shape our lives?: Al Aho, Professor Emeritus of computer science at Columbia University will illustrate what algorithms are and how they shaping all aspects of our daily lives from

healthcare to finance to entertainment. He will also explain why some people speculate they will determine the ultimate fate of humankind. The discussion will take place at the New Providence Borough Hall on October 1, at 9.30 a.m. until 11.30 a.m.

#### OCTOBER 8:

Dr. Mihai Banu, Founder and CTO, Blue Danube Systems discusses the effect that 5G will have on our lives. Is it the Hollywood inspired vision of robots taking over our household chores, self-driving cars, surgeons operating on patients thousands of miles away, or is it something in between? In this presentation, he will explain what 5G is and what is not and how it is different from 4G. He will also discuss the implications of this evolution for common users as well as for the industrial complex. The discussion will take place at the New Providence Municipal Building on Oct. 8 at 9.30 am. until 11.30 am.

## MENTAL ILLNESS IN THE FAMILY HOW TO DEAL WITH THIS NEW NORMAL

Union County National Alliance on Mental Illness (NAMI) will present Mental Illness in the Family - How to deal with this New Normal on Tuesday, October 22, 2019. All are welcome. Meeting starts at 7:30 p.m. at RWJ Rahway Fitness & Wellness Center, 2120 Lamberts Mill Rd., Scotch Plains.

Dr. Alison Johnson of Summit Psychological Services will speak about the grief that accompanies a mental health diagnosis and how to come to terms with "this new normal". This will be an important presentation for anyone caring for a loved one with a mental illness. Learn helpful information and get support at the public meeting of the Union County affiliate of NAMI. For more info: call 908-233-1628 or email [namiunioncounty@yahoo.com](mailto:namiunioncounty@yahoo.com).

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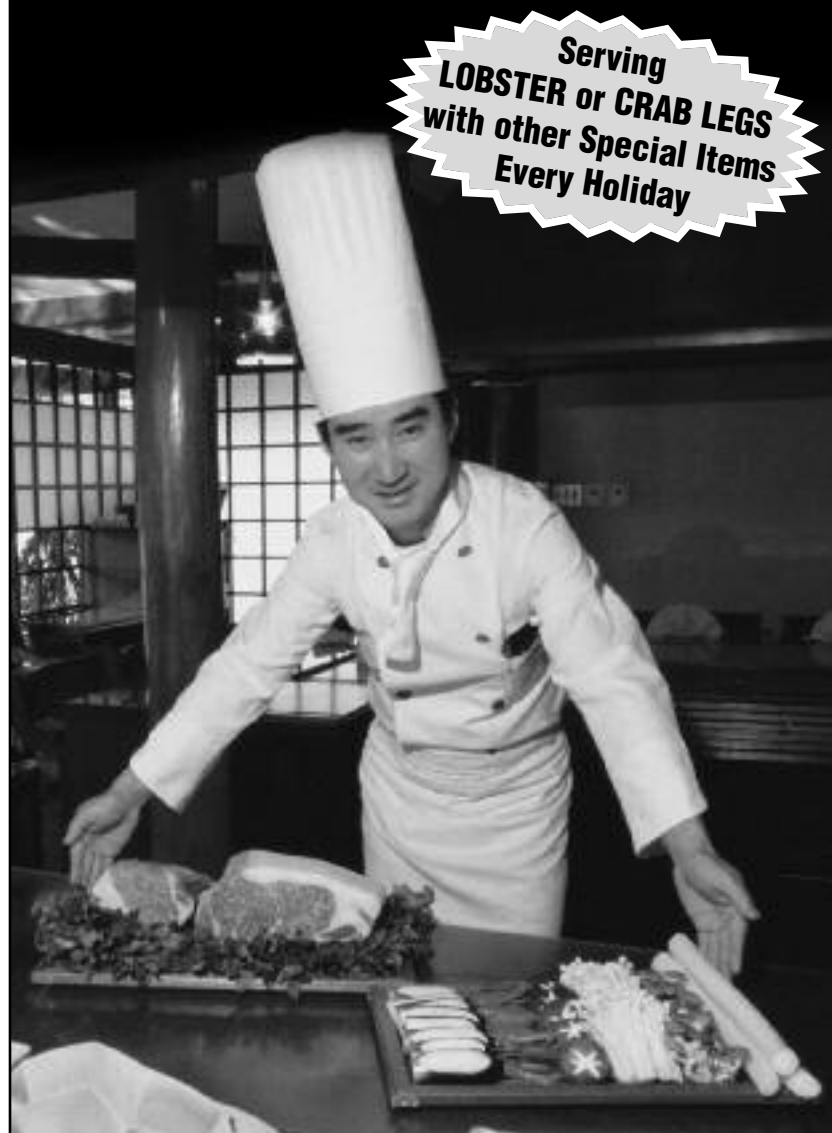
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