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FOUR CENTURIES WEEKEND AT HETFIELD HOUSE TO FEATURE BATTLE OF SPRINGFIELD REENACTMENT IN MINIATURE



(above) John Sileo will present the Revolutionary War Battle of Springfield reenactment, in a miniature diorama, during the Four Centuries in a Weekend Open House at Mountainside's Hetfield House - Saturday, October 19 and Sunday, October 20 (12-5 p.m.).

Submitted by Carol Goggi

The weekend of October 19-20, 2019 marks Union County's Four Centuries in a Weekend event. Each year, Union County celebrates its important place in history by featuring many historic sites throughout the County. Mountainside's historic Hetfield House will be open for visitors on Saturday, October 19 and Sunday, October 20 from 12-5 p.m.

During Saturday and Sunday, back by popular demand, there will be a miniature simulation of a Revolutionary War Battle. This year, The Battle of Springfield will be reenacted featuring newly found information. Mountainside's own, John Sileo, a member of the Tri-State Historical Education Simulations, Inc. will be present to engage in a lively discussion on the battle, fought nearby in June of 1780 in Springfield. The discussions will be augmented by a diorama of the military actions with hundreds of hand-painted soldiers.

In addition, special exhibits will be set up throughout the house. Stop by the recently renovated and restored, circa 1818, Levi Cory House which will be open for visitors.

Tours of the Hetfield House will be available throughout

the weekend. The open house and activities are free to visitors and fans of Union County history. The exterior of the Hetfield House will be adorned by many scarecrows representing figures in history. These scarecrows are created by Mountainside Fifth Grade students from the Deerfield School who will visit the Hetfield House, on a field trip, the week prior to Four Centuries Weekend.

The Hetfield House will be participating in Union County's History Trading Card program. Be sure to pick up MacKinlay Kantor and other cards from the Hetfield House and add to your collection from other Union County sites. Each card depicts a person, place or event in Union County history.

The Deacon Andrew Hetfield House is located at Constitution Plaza (Watchung Ave., off Birch Hill Rd.) adjacent to the Mountainside Library. The Mountainside Restoration Committee is a committee of volunteers whose purpose is to restore and maintain the Deacon Andrew Hetfield House and Levi Cory House and collect and save historic information and items from destruction. For further details, please call 908-789-9420 or, go to: mountainsidehistory.org.

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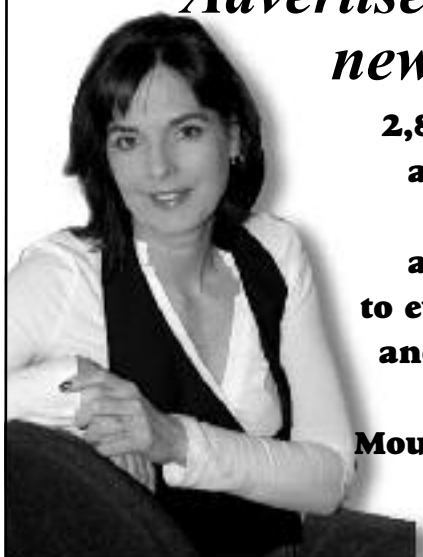
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THREE YMCA EARLY LEARNING PROGRAM STAFF MEMBERS ACHIEVE 25 YEARS OF SERVICE

Three Westfield Area YMCA early learning program staff members were recently recognized for 25 years of service: Maria Nierstedt, Preschool Site Director; Catherine Wendel, Preschool Teacher; and Lorraine Wolski, Preschool Teacher Assistant. They join Cathie Brief, Karen McCutcheon, Nancy Redlund, Maryann Renfree and Eileen Rooney. Twenty-nine staff members have been at Westfield Area YMCA child care education programs for ten years or more.

"Our experienced staff are great for the program because of the consistency, experience and familiarity. They stay for the love of the children and know they are part of the process of them learning and growing" says Maria Nierstedt. "The new teachers are drawn to the Y when they hear about the longevity of our staff. They will have the same opportunities to grow

professionally through workshops and seminars and be able to express their creativity within the curriculum."

Westfield Area YMCA Early Learning Programs are located at the Bauer Branch, 422 E. Broad St., Westfield (preschool and full-day Kindergarten), Early Learning Center, YMCA 170 Elm St., Westfield (full-day child care) and the Garwood Family Center YMCA, 500 East St., Garwood (full-day child care and preschool).

The Y is the nation's leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility. Financial assistance is available for those who qualify. Learn more about Westfield Area YMCA programs at westfieldynj.org.



(above, l-r) Three Westfield Area YMCA staff members recently reached 25 years of service: Maria Nierstedt, Catherine Wendel, and Lorraine Wolski. Not pictured but also with 25+ years of service are: Cathie Brief, Karen McCutcheon, Nancy Redlund, Maryann Renfree and Eileen Rooney. 29 staff members have been at Westfield Area YMCA child care education programs for 10 years or more.



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MOUNTAINSIDE PTO FALL FESTIVAL-OCT. 19

The Mountainside PTO is hosting their annual Fall Festival on Saturday, October 19, 2019, from 12:00 p.m. until 4:00 p.m. at Deerfield School.

This is a great event for the family and will have rides, games, Tricky Tray, food and so much more! Come down and enjoy a day celebrating our great schools and community.

If you would like to volunteer at the event or be a vendor, please contact Erin Kraven at erin.kraven@gmail.com.

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FALL BOOK SALE

The Friends of the Mountainside Library
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from 10:00 a.m. to 4:30 p.m.

A preview for residents only will be held on

Thursday evening, October 3,

from 7:00 p.m. to 8:30 p.m.

Bag day (including a special treat)

will be Monday, October 7,

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MOUNTAINSIDE LIBRARY OCTOBER PROGRAMS

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Hours are Monday, 10:00 a.m. to 9:00 p.m., Tuesday & Thursday, 9:30 a.m. to 9:00 p.m.,

Wednesday, Friday & Saturday, 9:30 a.m. to 5:00 p.m., Sunday, Closed

TUESDAY NIGHT MOVIES

Arctic (2018, PG-13)

October 8

A man stranded in the Arctic after an airplane crash must decide whether to remain in the relative safety of his makeshift camp or to embark on a deadly trek through the unknown in hopes of making it out alive.

A Dog's Journey (2018, R)

is our movie for October 15.

Bailey promises to find Ethan's granddaughter, CJ, and protect her at any cost. Thus begins Bailey's adventure through multiple lives filled with love, friendship and devotion as he, CJ and CJ's best friend, Trent, experience joy and heartbreak, music and laughter, and a few really good belly rubs.

(A sequel to A Dog's Purpose.)

At Eternity's Gate (2018, PG-13)

On October 22

will be screened. A journey inside the world and mind of Vincent van Gogh who, despite skepticism, ridicule and illness, created some of the world's most beloved and stunning works of art. Based on his letters and common

agreement about events in his life that present either as facts or hearsay. Stars Willem Dafoe.

will be Itzhak (2018, NR)

Our final movie of the month,

on October 29

Alison Chernick's enchanting documentary about Itzhak Perlman looks beyond the sublime musician to see the polio survivor whose parents emigrated from Poland to Israel, and the young man who struggled to be taken seriously as a music student when schools saw only his disability

(Please note that there will not be a movie on Tuesday, October 1 due to the Friends of the Library's Book sale.)

Showtime is 6:30 p.m. for each movie.

Brown Bag Academy

Mondays, October 21 and 28 at 1:15 p.m.

Our current Great Courses series, "The American West: History, Myth, and Legacy" presented by Patrick N. Allitt, Ph. D. of Emory University, will end on October 28. The brutal conflict of cowboys and Indians, dusty, dangerous outposts policed by vigilante justice, the six-shooter showdown at high noon, daring railroad heists and arduous cattle drives. These and other scenes from countless Western films have so shaped our conception of the American West that it's impossible to separate myth from reality. But how wild was the West?

Was it really ever "won"?

Opera on Film Series.

The popular Friday Opera on Film series, hosted by Mena Clemson, will present **The Golden Cockerel by Rimsky-Korsakov**

Friday, October 11 at 12:00 p.m.

Filmed in 1986, Grigor Gondjian stars as King Dodon, and Susanna Martirosian as the Golden Cockerel. The Spondiaryan State Academic Theatre is conducted by Aram Katanian.

"Dinosaurs Rock"

Saturday, October 12 at 3:00 p.m.

Dig for real fossils! During this program, the library will be transformed into a museum. There will be many museum-quality dinosaur fossils and other prehistoric-related items on display. You will see specimens that are 10,000 to over 500 million years old! This program is highly interactive, educational and fun!

Recommended for K- 5th Graders.

"Pipsqueak Players:

Bringing Reading to Life for Kids"

Tuesdays, October 8, 15, 22 & 29

at 3:45 p.m.

Pipsqueak Players is a youth (ages 5-7) reading enrichment program that combines creative vocabulary games, imaginative role playing activities and arts and crafts to boost reading confidence. This 4 week session will explore a different picture book each week culminating with a reimagined staged

"reading" of the books.

"Medicare Workshop"

Thursday, October 17 at 7:00.

Bob Riley from Senior Advisors in Cranford will be at the library presenting a seminar on the basics of Medicare. The 2019 Medicare &

You book from Centers for Medicare and Medicaid Services has over 120 pages! Senior Advisors strive to educate and assist seniors with a very complex and confusing system. They take a simple 5-step approach to helping each individual understand the key areas of Medicare: Medicare Overview, Individual Assessment, Review of Available Options, Selection of Coverage and Annual review of your Drug card.

There is no fee for this seminar.

"Come Read to Kalee"

Friday, October 18 at 3:45 p.m.

Kalee, a Cavalier King Charles Spaniel, returns to the library after a well-deserved summer vacation! She is a certified therapy dog and lives in Mountainside. Please bring 2 of your favorite books and come cuddle up and read to her for 5-10 minutes. For beginning readers or older readers. Call the library to reserve a spot!

"Oboe and Piano Concert"

Saturday, October 26 at 2:00 p.m.

Fred Katzenberg (oboe) and Gary Klein (piano) will perform works for the oboe from Poulenc, Mozart, Schumann and Marais. Their oboe and piano recitals have captivated audiences at many area libraries, churches and colleges. They have also been featured on WQXR. Mr. Klein trained at the Mannes College of Music in New York City and at the State University of New York at Purchase. Mr. Katzenberg is also a graduate of the Mannes College of Music and studied at McGill University in Montreal and at l'Ecole Normale de Musique de Paris. The concert will last between 60-90 minutes.

To register for these programs, stop into the library or call 908-233-0115.

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Friday October 11, 2019*

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2 & Under.....FREE!	2 & Under.....FREE!

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Kids 3-6\$4.29	Kids 3-6\$6.29
2 & Under.....FREE!	2 & Under.....FREE!

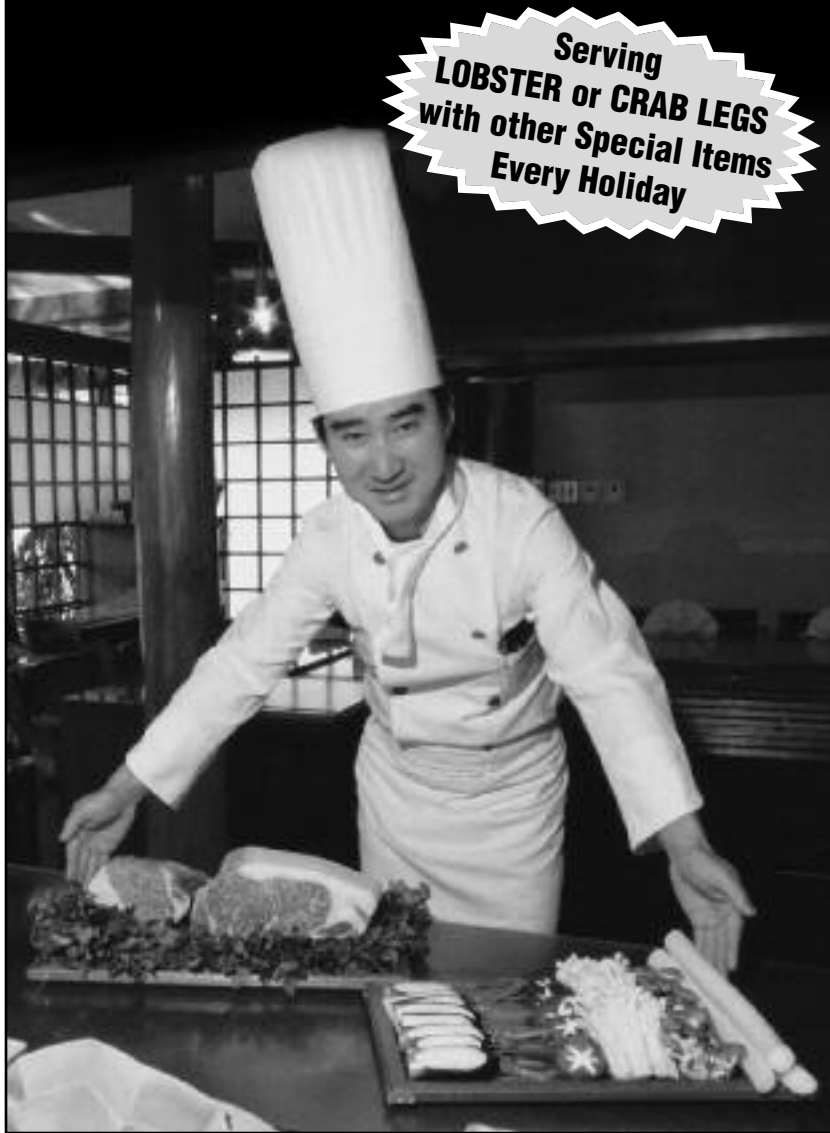
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WESTFIELD VVA #688 LOOKING FOR MEMBERS

The Vietnam Veterans of America's Chapter #688 of Westfield is fully immersed in the community, working to promote and support issues important to Vietnam-era veterans.

The service organization invites those who served in Vietnam between February 28, 1961, and May 7, 1975, or were in any duty location between August 5, 1964, and May 7, 1975, to join them in creating a new identity for this generation of veterans and to change the public perception of Vietnam Veterans.

Some of the activities the Westfield VVA chapter takes part in include making visits to veterans hospitals, supporting veterans memorials and observances, assisting disabled

and needy veterans and their families, sponsoring programs for homeless veterans, and presenting patriotic and historical projects in schools.

The VVA also offers Veteran Services, including medical and benefit claims assistance and financial management. Joining VVA allows veterans to connect with other veterans and stay up with the latest news and special events. You will also receive a free subscription to the VVA Veteran newspaper.

Meetings are scheduled for the second Tuesday of every month at 7:00 p.m. in the VFW Post 2230, 33 S. 21st.St., Kenilworth, NJ. The Westfield chapter can be reached by calling 908-416-5930 or emailing rickvva688@aol.com.

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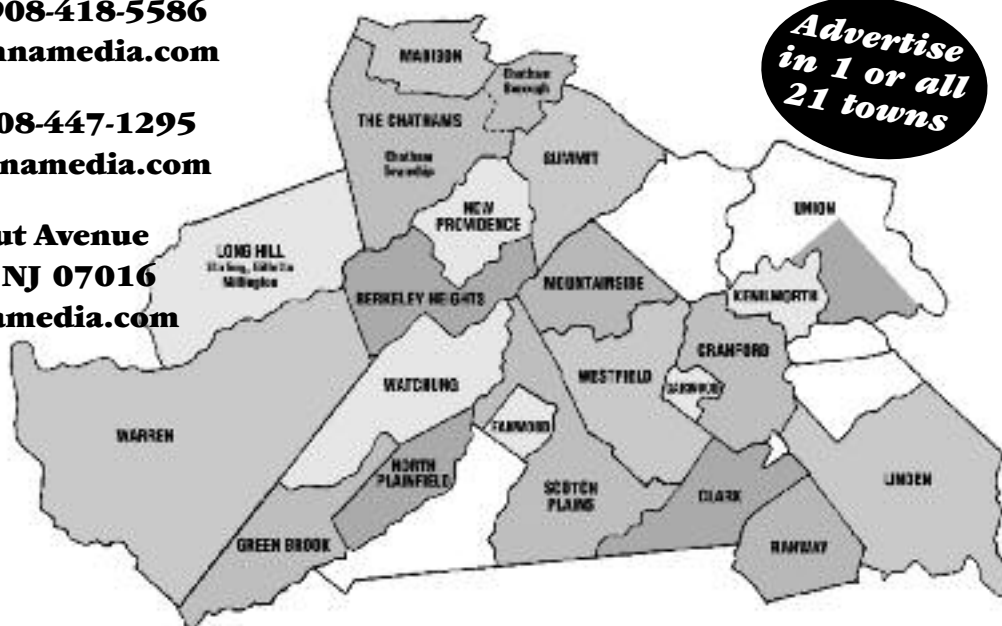
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OCTOBER 2019 SAGE ELDERCARE CALENDAR OF EVENTS

Avoid the Pitfalls of Long-term Care

Thursday, October 3

A program to learn about common mistakes that are made during a long-term care crisis, and how to avoid those mistakes, will be discussed. Elder Law Attorney Laurie Hauptman Esq from Hauptman and Hauptman, P C will explain how to effectively navigate the maze of the senior health care system with a plan and professional guidance. Avoid having your life savings wiped out, details about estate planning, power of attorney documents, and more, 6:30 – 8:00 p.m.

Living Options As We Age

Thursday, October 17

As we and our loved ones age, we are faced with the decision of whether or not to remain in our homes. In this panel discussion we will learn about different living options. Our panel of experts will outline various living arrangements and their levels of care to help you navigate the future, 6:00 – 8:00 p.m.

Medicare Changes in 2020

Thursday, October 31

Join us for one of our presentations by SHIP (State Health Insurance Assistance Program) counselors of Union County led by SHIP counselors UC SAGE. Come have all of your questions answered. Individual appointments are available also, 12:30 – 1:30 p.m.

Fun-to-be-Fit Exercise Class

October 1, 8, 15, 22, 29 (10:15 – 11:15 a.m.) and 4, 11, 18, 25 (11:30 – 12:30)

General exercise class for older adults designed to improve overall fitness for all levels. Cost is \$10 per class. SAGE Eldercare, 290 Broad Street, Summit. To register or for more information, please call 908-598-5548 or email education@sageeldercare.org.

Gentle Chair Yoga

October 2, 7, 9, 14, 16, 21, 23, 28, 30 (11:30 – 12:30 p.m.)

Class for older adults that deepens flexibility and strengthens personal body awareness. SAGE Eldercare, 290 Broad Street, Summit. Cost is \$10 per class. 11:30 – 12:30 pm.

Tai Chi

October 1, 8, 15, 22, 29 (11:30 – 12:45 p.m.)

Tai Chi is a series of precise flowing movements that develop balance, strength, flexibility, focus, endurance, and calmness. Cost is \$10 per class. 11:30 a.m. – 12:45 p.m., SAGE Eldercare, 290 Broad Street, Summit.

To register or for more information, please call 908-598-5548 or email education@sageeldercare.org

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