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ANGELA DIIORIO BIRD NAMED WHRHS TEACHER OF THE YEAR

Submitted by Denis Kelly

Vocal Music Teacher Angela DiIorio Bird has been named the Watchung Hills Regional High School (WHRHS) Teacher of the Year for the 2018-2019 School Year.

"Please join me in congratulating Angela DiIorio Bird, our Teacher of the Year for 2018-19," WHRHS Principal George Alexis said. "Angela has played a significant role in deepening our commitment to the arts. Her passion for music and performance benefits our students and our entire school community. She is a talented teacher who knows how to differentiate instruction and help students of all abilities reach high expectations. In addition, she produces beautiful chorus concerts, serves as vocal coach for the musical, and mentors students all year long."

Dilorio Bird is in her eighth year teaching at WHRHS, and 10th year teaching overall. During her first two years after college, she taught in the Lambertville Public Schools, a district she described as among the smallest in New Jersey.

That stood in stark contrast to the size of WHRHS. However, Dilorio Bird was already very familiar with WHRHS, having graduated from WHRHS in 2005. She had grown up in Watchung, and attended Watchung Public Schools.

When was DiIorio Bird first attracted to music?

"My grandfather gave me my first piano lesson when I was in 1st grade," DiIorio Bird said. "He was an opera singer. He came from a musical family. I fell in love with music then."

She played tenor saxophone in high school in the WHRHS band program for all four years, as well as the oboe. She qualified for All Region Band in tenor saxophone. She was in the Alto section when she sang for three years in the WHRHS Choir.

"Piano is my primary instrument," she said. "My undergraduate degree at Ithaca College is in piano performance and music education."

Following Ithaca College, in Ithaca, N.Y., DiIorio Bird earned her first master's degree in Education from The College of New Jersey (TCNJ), Ewing Township. She is currently continuing her studies, pursuing a

(above) Vocal Music Teacher Angela DiIorio Bird has been named the Watchung Hills Regional High School (WHRHS) Teacher of the Year for the 2018-2019 School Year. A graduate of WHRHS, Class of 2005, DiIorio Bird is in her eighth year teaching at WHRHS, and 10th year teaching overall.

second master's degree in Educational Leadership at the College of St. Elizabeth in the Convent Station section of Morris Township.

She added that she has also completed training for certificates for Principal and Supervisor.

Diorio Bird is married to fellow WHRHS faculty member, Carl Bird, a Special Services-Science Teacher. They are expecting their first child in August.



(above) Earlier this year, DiIorio Bird brought her students to Disney World, in Orlando, Fla., where they had the opportunity to meet with and learn from Disney professional singers and entertainers. They also performed in public at various Disney locations, and competed in interscholastic competitions there. Photos by WHRHS

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MEHER BADHEKA SERVES UP WINNING RECIPE

As part of Pomptonian Food Service's Healthy School Lunch Challenge, students from many schools served by Pomptonian submitted recipes. First-grader Meher Badheka of the Irene Feldkirchner Elementary School in Green Brook won with her recipe for Chick Pea Wrap.

As a prize, Meher's school won a vertical garden, and Chef Greg of Pomptonian prepared her recipe for all in the school to sample. Beginning in June, the Chick Pea Wrap will be added to the school's menu rotation.

Photo by Green Brook Public Schools



(above) Mrs. Holczinger first grade teacher; winner Meher Badheka's first-grade class; Pat Baxter, Food Service Director; Joanne Capobianco, Manager; Chef Greg; Dietician Toni Bowman; and Mr. Fornale, IEF School Principal.

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DUNELLEN GREEN BROOK ROTARY CLUB PASTA FESTIVAL

Submitted by Paul Spera

The Dunellen Green Brook Rotary Club held their annual Pasta Festival in April. Every Monday in April they fed hungry patrons all the pasta, salad and desserts they could eat for only \$10.

On the last Monday they had their Super 50/50 drawing that raised over \$3,000 for Jersey Arts & Music, Inc. They are the parent organization for New Jersey's newest Drum and Bugle Corps Encorps Marching Experience. For more information or to donate visit jamwithencorps.org



(above) Creative Director of Encorps Pat Petrillo and Rotary Board Member Paul Spera

KNIGHTS OF COLUMBUS Our Lady of the Mount Parish Presents The Fourth Annual FABULOUS 50'S NIGHT



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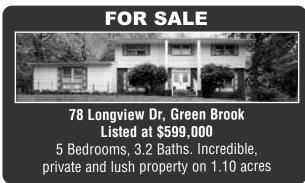


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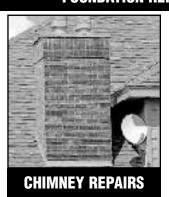






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LEGO NIGHT AT IRENE E. FELDKIRCHNER ELEMENTARY

On the evening of Friday, May 10, 2019, the Irene E. Feldkirchner Elementary school hosted their first annual Lego Night. Talented members of the Central NJ chapter of the Garden State Lego Users' Group (GardenSLUG) showcased their incredible Lego creations. Children and adults viewed in awe the intricate workings of each creation.

The group set up building stations that included a Duplo center, Lego center, and Lego Car Building and Racing center. Another feature of the evening was the IEF Amusement Park that was created by the IEF Lego Club student members. In addition, happy faces were seen by all this night, as multiple students revealed their own home creations that were part of a Legobuilding school competition.

The following students were winners and received Lego prizes for their efforts, donated by the GardenSLUG group: Pre K: Marcelo Marques; K: Cooper Chen; 1st Grade: Anabel Arana; 2nd Grade: Dylan Ortiz; 3rd Grade: Eva Arana; and 4th Grade: Maximus Romeo.

When asked by many if the group would return next year, Mr. Dario Minetti, the group's event organizer, told the IEF schools Lego Club advisors Mrs. Pirrone and Mrs. Baffige, along with Principal Paul Fornale, that GardenSLUG members would love to come back and bring even larger works next year.

Photo by Donna Pirrone.

ROTARY CLUB'S HEALTH & WELLNESS FAIR

The Watchung-Warren Rotary Club will hold their Whole Health & Wellness Fair on Saturday, June 15, 2019 at Watchung Hills Regional High School, 108 Stirling Rd, Warren, NJ. The event will take place from 12:30 to 4:00 p.m. There will be food tasting, door prizes, children's activities, free health screenings, educational demonstrations, holistic vendors, health and wellness providers, free giveaways, 50/50, gift baskets, and a whole lot more! General admission is \$10.

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(above) Creation on display during Lego Night at Irene E. Feldkirchner Elementary.





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SEA SCOUT OPEN HOUSE - JUNE 8

Submitted by James Zatwarnicki

Are you interested in boating, sailing, or mechanics? Come check out Sea Scouting and let the adventure at sea begin! Sea Scout Ships 228 and 243 of Patriot's Path Council will be holding an open house from 10 a.m. - 4 p.m. Saturday, June 8, 2019 at their sea base located at 4400 Tremley Point Rd, Linden, NJ. The open house will include demonstrations and tours at 10 a.m., a free BBQ at 11:30 a.m., and boat rides from 1 p.m. - 3 p.m.

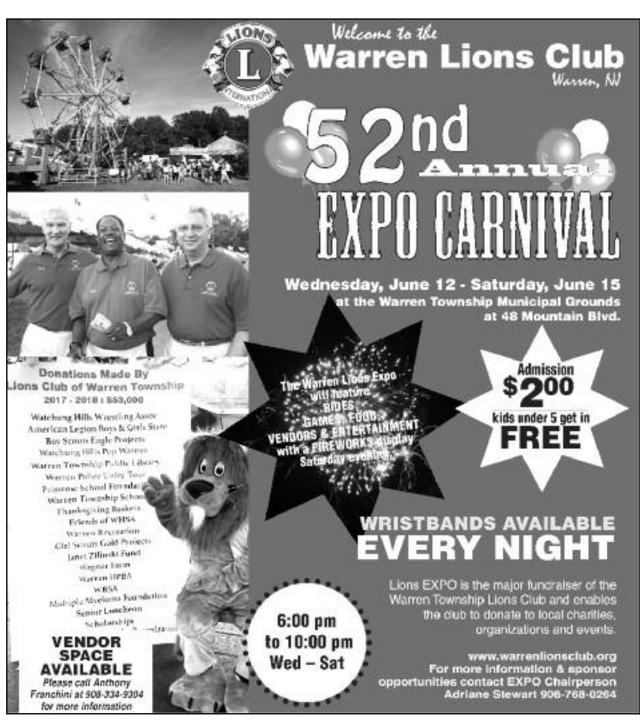
Sea Scouting is open to both male and female youth member' ages 14-21 who have graduated the 8th grade; we also have a new Maritime Explorer Club for younger youth in 6th to 8th grade. Adult volunteers with maritime experience or captain's licenses are needed too. Join us for a day on the water and bring a friend! Visit our website for more information www.ship228.com.







(above) Sea Scouts from Ship 228 operate the 65' vessel Sea Dart II, one of the largest Sea Scout vessels on the east coast, along with a fleet of smaller vessels (including sailboats) from their base located in Linden, NJ. Sea Scouting (Part of the Venturing Program of the BSA) offers young adults the opportunity to travel and learn skills that could be useful in future careers. Whether you're steering the vessel from the wheelhouse, learning engine room repair or visiting a new port on one of the many trips, there's something you'll enjoy in Sea Scouting. So, try something different, check us out, and prepare yourself to set sail for a real adventure.





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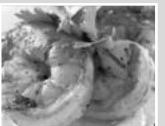
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All events are held at the Dunellen Public Library unless otherwise specified. Events are open and free to everyone.

To RSVP please call or sign up in person. Friends of the Dunellen Public Library

Baskets and Baking!

Saturday, June 15 from 10:00 a.m. - 3:00 p.m. In partnership with Summer Reading Celebrations, the Friends will be hosting a Bake Sale and Basket Raffle to support the library's operations, open windows for new programs, and add to their collections. Take home a delicious dessert to celebrate Summer Reading! Put your name in the raffle, who knows, you could win!

FAMILY EVENTS

Summer Reading Blast Off!

Saturday, June 15 from 10:00 a.m. - 2:30 p.m. The whole family is invited for a Universe of Galactic fun at the library! Prizes, activities, live science experiments, book sale, crafts, bake sale, and silent auction, there's light years of things to do! Register your kids grades K+ for Summer Reading, while having a blast!

Book Sale!

The Book Sale will be held for one week, but the silent auction is only on June 15 from 10:00 a.m. - 3:00 p.m. so don't miss out!

Great books starting at \$1.00! Plus, there will be a silent auction on over 30 rare, vintage, and signed books including a first edition, numbered political thriller novel Clear and Present Danger signed by Tom Clancy. Plus over 100 other books available for purchase! Open to the public.

The Hitchhiker's Guide to the Galaxy

Friday, June 28 at 3:00 p.m. Explore another Universe through the quirky life of Arthur Dent who is Earth's worst hero. Swept away seconds before Earth is destroyed by aliens, he's our last hope. Free snacks provided! Free and open to all teens! Please call 732-968-4585 to register or visit our Facebook page!

Constellation Lamps

Friday, June 21 at 3:00 p.m.

Discover the stars and constellations by creating your very own universe to put in your room! Constellation lamps bring the night sky to you! Open and free to all teens. To register please call 732-968-4585 or visit our Facebook events page!

ADULTS

NASA Ambassador Presentation

Wednesday, June 19 from 6:00 - 7:00 p.m. Learn what has been accomplished since the Apollo missions as well as human space programs planned by the United States, China, Russia and four U.S. commercial companies! Space gateways, moon bases, a journey to Mars and even space tourism will be presented. Presented by NASA Ambassador Paul Cirillo. Please RSVP to 732-968-4585 by June 12. Seating is limited.

Effective Doctor Visits

Wednesday, July 17 from 5:00 - 6:00 p.m. Presented by Horizon Health, this program focuses on the best questions to ask your doctor to better communicate your needs and feel "heard". Interested patrons should call 732-968-4585 or sign up in person to register.

Stress Management Techniques

Wednesday, August 21 from 5:00 - 6:00 p.m. Presented by Horizon Health, participants will learn different types of stress, the consequences of stress, signs and symptoms of stress, and coping strategies for dealing with stress.

KIDS

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ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL SOMERSET **DONATES \$70,000 FOR NEW FITNESS COURT IN GREEN BROOK TOWNSHIP**

Submitted by Kathleen Roberts

Robert Wood Johnson University Hospital Somerset, an RWJBarnabas Health facility, has donated \$70,000 to the Township of Green Brook to sponsor the National Fitness Campaign's Fitness CourtTM in the township's new \$2.5 million Arthur Lewis Park. The Fitness Court is a free outdoor gym that features exercise equipment for circuit training and digital fitness challenges.

"We are committed to promoting the health of our communities and are proud to sponsor this new Fitness Court to make it easier for people to exercise and lead a healthy, active lifestyle," said Tony Cava, president and chief executive officer of Robert Wood Johnson University Hospital Somerset.

The National Fitness Campaign opened its first

concept has since spread to more than 4,000 communities and schools nationwide.

In addition to sponsoring the Fitness Court, the hospital plans to hold exercise classes and healthy food demonstrations at Arthur Lewis Park throughout the year.

Located on the site of the former Green Brook Swim Club, the park will also feature swings and play structures, a large spray park, renovated basketball and handball courts, a new sand volleyball court and pavilion. It is expected to open in late summer.

"We have had a great partnership with Robert Wood Johnson University Hospital Somerset over the past few years through their Healthier Somerset coalition, promoting smoke-free parks and farmers' markets and creating opportunities

outdoor gym in San Francisco in 1979 and the for safe walking and biking as part of the Complete Streets Program. We are grateful for their continued support of our community through their Fitness Court sponsorship," said Patrick Boccio, mayor of Green Brook.

> Robert Wood Johnson University Hospital Somerset provides nearly \$1 million in free community services and education annually, including more than 600 health education events and 175 health screenings. Other community benefit activities offered by the hospital include free annual cardiac athletic screenings for young athletes in the community, food donations, with 140 turkeys provided this year to area food pantries for Thanksgiving, and a number of charitable "drives" including an employee Toy Drive that culminates in an annual holiday party attended by nearly 125 children in the community, a diaper drive, warm blanket drive and back-to-school drive.

> For more information about Robert Wood Johnson University Hospital Somerset, visit rwjbh.org/somerset.



(above, l-r) John DiLeo, vice president of finance, Robert Wood Johnson University Hospital Somerset; Mike DuBois, assistant vice president, business development, Robert Wood Johnson University Hospital Somerset; Sejal Dave Sharma, director, business development, Robert Wood Johnson University Hospital Somerset; Tony Cava, president and chief executive officer, Robert Wood Johnson University Hospital Somerset; Patrick Boccio, mayor, Green Brook Township; Kelly Cupit, township administrator/municipal clerk, Green Brook Township; Jerry Searfoss, committeeman, Green Brook Township; and Raymond Murray, chief financial officer, Green Brook Township.



SINGLE SENIOR WOMEN'S GROUP

Seeks Members Support, Share, Socialize, Stay Active

Single women age 60 and above are invited to join the Single Senior Women's Group for socialization and support. Female residents, who meet the age requirements and are single, widowed, divorced, never married, or married with an incapacitated spouse are invited to join.

The group is held from 10 a.m. to 12 p.m., on the second and fourth Thursday of the month at the Somerset County Senior Wellness Center at Bridgewater, located at 876 East Main St., Bridgewater.

Gather with other single female peers for support in a safe, friendly, informal and positive social environment. Listen to speakers, learn and share experiences. Join excursions such as shows, trips and other activities. This is a great opportunity for women to keep engaged and motivated to stay healthy.

This year marks the 30th anniversary of the Single Senior Women's Group, which was formed in 1989. In 1992, the program received an award for its exemplary contributions to healthy aging. The award was issued by the American Association of Retired Persons, and the U.S. Public Health Services Office of Disease Prevention and Health Promotion.

The Senior Wellness Center at Bridgewater is operated by the Somerset County Office on Aging and Disability Services and offers a variety of activities including educational programs, health and wellness information, as well as an interesting and inclusive social setting.

For more information about Somerset County Single Senior Women's Group, contact President Faye Dolan at 908-541-9473.

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