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CHATHAM EMERGENCY SQUAD WELCOMES ITS NEWEST CADET CLASS SIX CHATHAM SOPHOMORES JOIN THE SQUAD

The Chatham Emergency Squad, an all-volunteer first aid emergency services providing pre-hospital care to residents and visitors of the Chathams, is delighted to announce it has accepted the applications of six highly motivated and impressive students to join its membership base as part of its cadet EMT training program, effective June 23, 2019.

Chosen from a field of highly qualified and passionate applicants, the cadets include:

Hailey Baumgardner, Chatham High School

Sam Cooperman, Chatham High School

Tanay Malla, Chatham High School

Claire Silverstein, Chatham High School

Amelie Srinivas, Chatham High School

Mary Kate Vowells, Oak Knoll School of the Holy Child

The new cadet class will begin their Emergency Medical Technician (EMT) training upon the completion of their Sophomore year and spend their Junior and Senior years of high school helping residents in need as part of an active weekly crew, either after school or during the early part of the evening shifts. They join 5 other returning cadets who will be

entering their senior year of high school to make up the full cadet program. These members include Caroline Hannon, who attends Mount St. Mary's Academy, Peter Hughes, Mikayla Meyler, Katie O'Malley and Ivan Rozhkov, all of whom attend Chatham High School.

"This is an outstanding program which teaches life-saving skills and provides hands-on experience to students, and we are thrilled to have these exceptionally bright, motivated individuals join the squad," said Nicole DiMaggio, Cadet Manager for the Chatham Emergency Squad. "They stood out for their remarkable maturity and record of accomplishments, and we look forward to them making a positive impact within the Chatham community."

The Chatham Emergency Squad is an all-volunteer organization funded almost exclusively by donations. CES never charges for its services. In 2018 they responded to over 1,200 emergency calls and provided free training in CPR to more than 400 residents, teachers, coaches and emergency personnel. To learn more, to donate or to volunteer, please visit chathamemergencysquad.org.

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(above, back, l-r) Tanay Malla, Sam Cooperman, Claire Silverstein;
(front row) Amelie Srinivas, Mary Kate Vowells, Hailey Baumgardner.

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STUDENTS CELEBRATE 1ST COMMUNION & MAY CROWNING

On Tuesday, May 21, 2019, the Grade 2 class of St. Patrick School in Chatham celebrated its First Communion as part of the school's annual May Crowning Liturgy. May devotions to the

Blessed Virgin Mary refer to special devotions held in the Catholic Church during the month of May honoring the Virgin Mary as "the Queen of May."



(above) First row: Grace Costa, Brigid Flynn, Sierra Mariconda, Ellis Sobers, Gabriel Pinguil, and Jack Fagan. Second row: Grace Boler, Elizabeth Cullen, Claire Shreckgast, Sean Curtis, Jerry Kearney, Stephen Polefko and Ryan Ebben. Third row: Katie Sherer, Mark Kate Shreckgast, Siena Bushell, Delaney Pignatello, Ryan Fedyna, Robbie Salvo. Back row: Grade 2 teacher, Jianna Ingenito; Principal, Dr. Christine Ross; and St. Patrick Parish's Fr. Bob Mitchell. St.

Phoo by St. Patrick School

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Gil St. Bernard's School
The Hotchkiss School
Immaculata High School

Kent Place School
The Lawrenceville School
Middlesex School
Montgomery Blair School
Newark Academy
Oak Knoll School of the Holy Child
Oratory Preparatory School

Phillips Academy Andover
Phillips Exeter Academy
Rutgers Preparatory School
St. Andrew's School
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West Morris Mendham High School
West Morris Central High School



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FARMERS’ MARKET OPENING DAY SATURDAY, JUNE 15TH

The Chatham Borough Farmers’ Market will be celebrating our 13th season this year with our opening day on Saturday, June 15th, 2019. The market runs every Saturday from 8 a.m. to 1 p.m. rain or shine, ending on November 23rd.

Come meet all our new vendors and stop by the Chatham Borough Farmers’ Market booth to learn about our new “Bring a Bag, Take a Bag” and “Say NO to Plastics” initiatives. Starting June 1st, there will be a collection box placed in the Chatham Borough Hall to collect all no longer wanted reusable bags. We will also have a collection bin at our market and market attendees will have the opportunity to either take a bag or leave a bag. This initiative, brought to you by the Department of Community Services, aims to lower our town’s single use plastic

products to better the environment. #BringYourOwnBag

Our Jersey Fresh Certified market features local produce and artisanal products that everyone in the family will enjoy. This season, we are very excited to welcome back out returning farmers, including Melick’s Towne Farm, Snoep Winkel Farm, Silver Lake Far, and Brow Leaves Farm. We’re also welcoming some new vendors into our market family, such as Humor Me Farm, Jess Bakeshop, and Jaël’s Natural. Humor Me Farm will be bringing their eco-friendly harvested alpaca fiber to the market through hats, gloves, socks, pillows, and much more. You can even catch them spinning their alpaca fiber at the market every day to demonstrate how fiber becomes yarn. Jess

Bakeshop will be offering fresh baked products throughout the season, specializing in artisan sourdough, French breads, pastries, cakes and cookies. As with all our other vendors, they believe in using natural and high-quality ingredients in their baking process. Jaël’s Natural local handmade soaps are made with their “simple honest ingredients” that are free of parabens and dyes. All their ingredients can be found on their label, including olive oil, canola oil, shea butter, cocoa butter, etc.

If you have any questions or are interested in becoming a market vendor, please contact Janice R. Piccolo, Director of the Department of Community Services, at piccolo@chathamborough.org or 973-635-0674 x200.

END HUNGER 3.6 A HUGE SUCCESS

Submitted by Carmela Moeller

Rotary District 7475 and Madison Rotary say “thank you” to over 1,000 volunteers of End Hunger 3.6 who packaged 200,600 meals that will all be distributed to those who are food insecure in New Jersey. Volunteers came from local Rotary Clubs, community organizations, churches, youth groups, schools, individuals and families and more.

Another special thank you to our lead sponsor Investors Bank whose generous support made the program possible. We also appreciate the support of Drew University and the use of Simon Forum on March 9 where the meals were packaged.

Our program is the largest food packaging in New Jersey and in the Northeast. What was accomplished will make a difference in the lives of hundreds of people.

Madison Rotary is seeking additional members to be part of End Hunger 3.6 in 2020. Contact Barry Kroll at barrykroll@aol.com if interested.



INTRODUCING FEET TO FISHAWACK

Walk, rather than drive, to the Fishawack Festival.
Reduce Stress, Help the Environment and Get Some Exercise, too!

This year the Borough of Chatham is introducing “Feet to Fishawack” encouraging residents, family, friends and neighbors to walk rather than drive, to our annual historic community festival. Walking is a free and friendly transit option that reduces stress and is kind to the environment while providing some feel-good exercise.

“Feet to Fishawack” is supported by the Borough of Chatham, The Mayor’s Wellness Committee of the Chathams and TransOptions, a local non-profit that encourages sustainable transportation and safe walking and driving.

By walking to the Fishawack Festival along Main Street in Chatham, you’ll be tracing the footsteps of Chatham Borough’s history. Over 6,000 years ago, the Lenni Lenape Native Americans walked to our area from Canada during the summer in search of a warmer climate and fresh fish.

They followed the Minisink Trail, that is now our Main Street, and headed east to the Passaic River to cross at a shallow point. Their walking tradition called “The Crossing of the Fishwack” is commemorated annually to this day.

Feet to Fishawack continues our community’s walking heritage and supports healthy, environmentally-friendly behaviors. In 2018, Chatham earned the Healthy Town designation for being a pedestrian friendly community, creating the Urban Track and supporting walking.

As a thank you for choosing to walk, please

stop by the Feet to Fishawack Information Booth at the entrance to Railroad Plaza South to register as a walking participant and pick up a free reflective slap band provided by TransOptions while supplies last. Place the neon yellow band on your wrist, ankle, backpack, purse, stroller or walker to help you be seen and stay safe while walking.

You can qualify to win prizes, too. Use your personal mobile device or pedometer to track your steps to, from and at Feet to Fishawack. Snap a picture of your Fishawack day step total and send it to communityservices@chathamborough.org by 11 p.m. on Fishawack day. The top three entries with the greatest number of individual steps will be notified via email of awarded prizes.



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Feet to Fishawack – The Benefits of Walking			
Steps	Distance	Calories (for 160 lb. person)	CO ² Emissions Saved (Averaging 24.7 mpg)
2,000	1 Mile	85 Calories	.79 lbs. of CO ²
4,000	2 Miles	170 Calories	1.59 lbs. of CO ²
10,000	5 Miles	425 Calories	3.97 lbs. of CO ²

CHATHAM BOROUGH TO HOLD 48TH ANNUAL FISHAWACK FESTIVAL JUNE 8TH

On Saturday, June 8th, 2019, Chatham Borough will be hosting its 48th Annual Fishawack Festival, jointly organized by the Chatham Borough Community Services Department and MyChathamNJ. Since 1971, the festival has celebrated the Borough's historical connection with the Lenape Native Americans. Chatham once acted as a welcoming stop for those traveling down the Passaic River, once referred to as "The Fishawack" by the Native Americans for its convenient traveling routes and easily accessible food supply. This annual cultural-heritage festival features live musical performers, local shops, a Kids Fun Zone, a Car Show, and much more to entertain the entire family!

To kick off the start of the festival day, you can relax at our new stage on Grand Lower Lum Field, with performances starting at 10am and ending at 6pm. After watching some live performances from local acts, you can walk right over to our new ultimate gaming truck in Railroad Plaza South, where attendees can come and play videogames with their friends, including Fortnite!

One of the most popular attractions for kids offered at Fishawack is the Kids Zone, which has been continuously sponsored by Chatham Asset Management and is open from 11 a.m. to 4 p.m., with giant slide, rock wall, mega obstacle course, water target, and many more! All Kids Zone activities will take place on Lower Lum Field. Tickets can be purchased anytime from the ticket booth near the fenced-in tree on the field as early as 10:30am. Make sure to buy your tickets early to guarantee a day of fun!

This year, residents will have the opportunity to participate in the festival's Feet to Fishawack program, a TransOptions initiative in partnership with the Mayor's Wellness Committee of the Chathams, which encourages

community members to walk to Fishawack rather than drive. This healthier and environmentally friendly alternative to driving improves the environmental quality of our home town while reducing stress. As a thank you for walking to the festival, event attendees are welcomed to stop by the Feet to Fishawack Information Booth at the entrance of Railroad Plaza South to receive their free neon yellow slap band, while supplies last, and complementary I Walked sticker after registering for the initiative. You can also send a picture of your step count from your tracker, whether it be your mobile device or pedometer, to communityservices@chathamborough.org by 11pm Fishawack Day to be entered into the prize contest. The three highest step count participants will be emailed about their awards.

The Fishawack Festival will be expanding our live acts this year by adding a second performance stage to Grand Lower Lum Field (10 a.m. – 6 p.m.), in addition to the Gazebo stage (10 a.m. – 4 p.m.). The Gazebo stage, sponsored by Mary Weichert and Weichert Realtors, will have seating available surrounding the stage. Performances will include local musicians and dance groups. Groups performing at the Gazebo include the Community Band, Dance Innovations, the Chatham Club Boot Camp, Word Champion Master K Tae Kwon Do, Jazz Band, Hammer Richmond, Jeff Webb. Groups performing at Grand Lower Lum Field will include The Coffee House Project, School of Rock, Fish Eyed Blues, and Blue Soul. Specific times for each performance will be posted on site.

A majority of the dining options offered can be found in the Railroad South Lot, featuring ice cream, fresh-squeezed lemonade, ethnic diverse food offerings, pretzels, and much more. After ordering a bite to eat, you can head over to the dining pavilion, sponsored by

Atlantic Health System Overlook Medical Center, to relax and enjoy your meal in the shade.

The Chatham PBA 226 will be hosting their annual car show at Railroad Plaza North – a different location than last year – from 10am to 3pm. Classic, exotic and custom cars will be featured with an 80 car maximum. Registration is still open, so please contact mbelcastro@chathampd.org to become a part of this annual fundraiser. The cost to register will increase to \$20 from \$15 after May 25th. The Chatham Borough Green Team will also feature electric vehicles at the car show. Make sure to stop by and enjoy the festivities while supporting the Chatham PBA!

Visit the pub on Grand Lower Lum Field, hosted by the Senior Center of the Chathams and sponsored by Turpin Realtors, for a beer or wine any time during the day between noon and 6pm, with happy hour from 4pm to 6pm. This year, the pub is now in close proximity to the food court. Anyone over the age of 21 is welcome into the pub, so stop by, enjoy some drinks, and celebrate Chatham's 48th Annual Fishawack Festival!

If you can't make it to Fishawack this year, don't worry, there are plenty of other community event's coming up that you can participate in. Starting June 15th and ending November 23rd, our town's weekly Jersey Fresh Certified Farmer's Market will be held from 8am-1pm in the Railroad Plaza South Lot. Come by our information booth at the market to learn more about our new Bring Your Own Bag and Say No to Plastics initiative.

Interested in becoming a vendor at the event or have any questions? Please contact Janice R. Piccolo, Director of the Department of Community Services,

at jpiccio@chathamborough.org
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MEET THE NEWEST MEMBERS OF THE CHATHAM TOWNSHIP VOLUNTEER FIRE DEPARTMENT

Chief Matthew Lemons and the members of the department are pleased to welcome the two newest members of the Chatham Township Volunteer Fire Department's (CTVFD). Firefighters Richard Gentles and Patrick Seitz-Sitek successfully completed all of the State and Department training requirements and are now serving the Chatham Township community.

People from all walks of life become volunteers. Some choose to become a volunteer to learn new skills, or are driven by an interest in public safety, others to fulfill a family tradition or be part of a team. Richard and Pat are no different.

Richard Gentles served as a volunteer with the North Plainfield Fire Department before joining CTVFD. His father was a volunteer fireman, and his mother was in the Ladies Auxiliary, so growing up the Fire Department was a big part of their lives. "It's been one of my goals in life and I really enjoy the work and serving with the other members of the department," explained Gentles.

Patrick (Pat) Seitz-Sitek has lived in Chatham his entire life and is graduating from Chatham High School this year. He will be attending the University of Denver this fall. Pat became a

volunteer because he thought firefighting seemed interesting and that it was a good way to help people. Pat said, "it is a fantastic experience working in the department, building amazing friendships and gaining valuable mentors."

The Chatham Township Volunteer Fire Department is always looking for driven and dedicated men and women to become part of their family. All training and equipment are provided. Please consider making a difference in your community. If you would like more information about joining, please email membership@ctfd.org.

ABOUT THE CHATHAM TOWNSHIP VOLUNTEER FIRE DEPARTMENT

Established in 1925, the Department is comprised entirely of volunteer members including 25 active firefighters, junior firefighters and associate members providing services 24 hours a day, 365 days per year. The department operates its headquarters on River Road and a second station on Southern Boulevard and responds to approximately 400 calls each year, both within Chatham Township and in the form of mutual aid to departments in neighboring communities.



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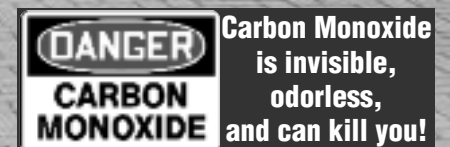
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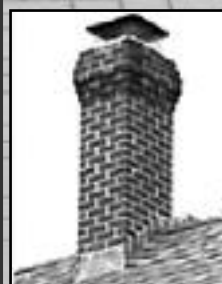
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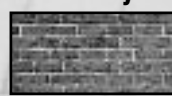
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SAGE ELDERCARE CALENDAR OF EVENTS

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Memory Loss, Dementia and Alzheimer's: The Basics

Discover how Alzheimer's disease affects the brain and what the cause and risk factors are

Thursday, June 6 / 2:00 – 3:00 p.m.

Learn how to determine if it is Alzheimer's disease and the benefits of early detection. Strategies to help you and your family address a diagnosis will also be covered.

Discover New Jersey State Parks

Tuesday, June 11 / 1:00 – 2:00 p.m.

(FEE \$5) Some of New Jersey's most exciting history can be found in its more than two dozen parks, historic battlefields and abandoned forges. Led by photographer and American history lecturer Kevin Woyce, this program includes original photography of many of our beautiful state parks, plus vintage maps and images of historic people, places, and events.

Medicare 101

Thursday, June 13

SAGE will host SHIP (State Health Insurance Assistance Program) to discuss Medicare plans and options, 1:00 – 2:00 p.m. In addition, to make an appointment with a SHIP counselor,

Effective Communications Strategies

Tuesday, June 18 / 2:00 – 3:00 p.m.

Learn about the communication changes that take place throughout the course of the disease.

Decode the verbal and behavioral messages delivered by someone with dementia and respond in ways that are helpful. Identify strategies to connect and communicate at each stage of the disease.

Caregiver Support Group for Adult Children

Monday, June 3, 17 (meets every other week)

Every other Monday, 7:00 - 8:30 p.m.

A free support group for adult children who act as their parents' caregivers will be led by Licensed Clinical Social Worker and InfoCare Manager Kathy Larkin. The groups will cover topics such as balancing work and the needs of their families, long-distance caregiving, family conflicts, finding resources, and navigating the healthcare system. Pre-registration is required.

Caregiver Support Group for Spouses

Monday, June 3, 17 (meets every other week)

Every other Monday, 2:00 - 3:30 p.m.

A support group for caregivers will be led by Licensed Clinical Social Worker and InfoCare Manager Kathy Larkin. The groups will cover topics such as coping with caregiver emotions and managing stress, navigating care options. Pre-registration is required for this free group.

Fun-to-be-Fit Exercise Class

June 4, 11, 18, 25 (10:15 – 11:15 a.m.)

and 7, 14, 21, 28 (11:30 – 12:30)

General exercise class for older adults designed to improve overall fitness for all levels.

Cost is \$10 per class.

Gentle Chair Yoga

June 3, 5, 10, 12, 17, 19, 24, 26

(11:30 – 12:30 p.m.)

Class for older adults that deepens flexibility and strengthens personal body awareness. SAGE Eldercare, 290 Broad Street, Summit. Cost is \$10 per class. 11:30 – 12:30 p.m.

Tai Chi

June 4, 11, 18, 25 (11:30 – 12:45 p.m.)

11:30 a.m. – 12:45 p.m.

Tai Chi is a series of precise flowing movements that develop balance, strength, flexibility, focus, endurance, and calmness.

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SAGE TO HOST MEDICARE 101 PROGRAM

SHIP (State Health Insurance Assistance Program) at SAGE will host a free program to discuss Medicare plans and options, and answer questions. Held at SAGE Eldercare, 290 Broad Street, Summit, the Medicare 101 program will take place 1:00 – 2:00 p.m. on Thursdays: June 13, July 11 and August 8, 2019.

SAGE Eldercare serves as the SHIP representative for Union County. Staff and volunteers are available for free, personalized, confidential and objective Medicare counseling on decisions about coverage; help with claims, billing, or appeals; and provide information on programs for people with limited income and resources, as well as to help you reassess your coverage. The counselors receive ongoing training from the Division of Aging Services, New Jersey Department of Human Services.

For more information or to register for Medicare 101, please call: 908-598-5548 or email: education@sageeldercare.org. To make an appointment with a SHIP counselor, please call:

908-273-6999 or email: ship@sageeldercare.org. If you live outside Union County, visit medicare.gov/contacts or call 1-800-MEDICARE to get the phone numbers of SHIP representatives in other NJ counties or in other U.S. states.

Since 1954, SAGE Eldercare has been helping make the communities it serves amazing places to age. The organization provides a wide array of information, support, and services designed to help individuals lead the most independent and active lives possible. From helping with errands, to exercise classes, community programs, care planning, and home health care, SAGE's expertise helps older adults remain independent in their own homes. SAGE is committed to being the leading provider of programs and services to meet the changing needs of older adults, their families, and caregivers throughout Union, Essex, Morris, and Somerset Counties. For more information, please call 908-273-5550 or visit sageeldercare.org.



(above) Pictured here is Elyse Drucker, Union County SHIP Coordinator. SHIP (State Health Insurance Assistance Program) counselors at SAGE will host a free program to discuss Medicare plans and options, and answer questions.



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JUNIOR LEAGUE DISTRIBUTES BAGS OF HEALTHY SHELF STABLE FOODS

The Junior League of Summit (JLS) is proud to announce that it distributed 104 bags of shelf stable foods to qualifying Summit Public School students for Spring Break as well as several area food pantries. The initiative was organized by the JLS's new members who coordinated with local schools, community organizations and businesses to collect canned goods, cereal, milk and healthy snacks for the April vacation as students who rely on free or reduced school meals are not provided with those meals when school is not in session. Members of the league joined together to

assemble the bags and distribute them to the respective schools and organizations.

The Summit schools that received donations were Wilson, Lincoln-Hubbard, Jefferson, Brayton and Summit High School.

Other area schools that received donations were Pep Foundation (Summit), Cornerstone Nursery School (Summit), and Keys 2 Success (Newark).

The following area schools contributed to the donations: Lafayette (Chatham), Milton Avenue (Chatham), Southern Boulevard (Chatham), Allen W. Roberts (New Providence), Kent Place (Summit), Governor Livingston High School (Berkeley Heights), Columbia Middle School (Berkeley Heights), Thomas Hughes Elementary (Berkeley Heights) and William Woodruff (Berkeley Heights).

The JLS would like to thank the community, local organizations (Summit Marches On,

Summit Elks Club, Summit Area Indivisible, Temple Sinai, St. Teresa's Food Pantry, St. John) and corporate sponsors (including KIND) for their support for this project. Due to the overwhelming amount of donations, approximately 1,000 canned goods and other items were also distributed to area food pantries including St. Teresa's in Summit, Our Lady of Peace in New Providence and GRACE in Summit.

The Junior League of Summit is a nonprofit, charitable and educational organization of women who are committed to promoting voluntarism, developing the potential of women, and improving the communities through the effective action and leadership of trained volunteers. For more information about the Junior League of Summit, please visit the website at jlsummit.org or contact the office at 908-273-7349.



(above) The Junior League of Summit collected 1,000 canned goods and other items that were distributed to school children and local food pantries.

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JUNE 2019 ADULT EVENTS AT THE LIBRARY OF THE CHATHAMS

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Mon to Thur, 9:30 a.m. to 9:00 p.m., Fri, 9:30 a.m. to 6:00 p.m., Sat, 9:30 a.m. to 5:00 p.m., Sun, 2:00 p.m. to 5:00 p.m.

Rutgers Master Gardener: Container Gardening

Rutgers Master Gardener, Wing-Yee Pavlosky will present a lecture on container gardening on **Tuesday, June 4 at 7 p.m.**

If you have a small yard, small budget or limited time to garden, try container gardening.

Spend as much time, energy, and space as desired to create a beautiful flowering plant or vegetable plant. You will learn how to assemble an impressive spectacle involving many containers or just one container to place in your window, on your deck or on your porch.

Please join us.

Gen Y and Others Networking Group

Gen Y Networking Group is a forum for Generation Y and other adults interested in job searching, networking, and career development. **Meetings will take place on the first and third Wednesdays of the month, June 5 and 19 at 7 p.m.** All are welcome to attend.

Staging and Selling Your Home

Sue Adler, a real estate agent from Short Hills, **Thursday, June 6 at 7 p.m.**

about staging and selling one's home. Sue and her team will discuss tips from the area's top home inspection negotiator on how to set you up for a hassle free transaction from the start.

You will learn about what repairs are necessary for a home inspection, how to get the best price for your home, how to attract the right buyers to your home and help them envision living there, staging tips from a professional stager, and easy solutions to get rid of your "stuff".

Summer Reading Program for Adults

Tell us about the books you are reading! Write and submit a brief review about a book you have read to become eligible to win prizes awarded at the end of July and August. Sign-ups for this program will be held at the library's table during the Fishawack Festival

Saturday, June 8

George Washington, New Jersey, and the Revolutionary War

Please join us Saturday, June 8 at 2 p.m.

Joel Farkas, docent at Washington's Headquarters in Morristown, will present a lecture on George Washington's service during the French and Indian War, his involvement in New Jersey battles, and living through harsh winters in Morristown. In addition, a visual tour of the Ford Mansion will show some historical artifacts, relate their stories, and in many cases, their connection to George Washington.

Art League of the Chathams Show

The Art League of the Chathams will hold a show of members' multi-media art here through June. An opening reception, sponsored by The Friends of the Library of the Chathams, **Sunday, June 9 from 2:15 to 4 p.m.**

All are welcome to attend.

The show may also be viewed during regular library hours through the month.

C.A.L.L.: How Music Works

Please join us Tuesdays, May 28; June 4, 11, & 18 at 10:30 a.m. to 12 p.m.

Barry Wiesendfeld, musician, published author; and faculty member of SUNY and Ramapo College, will present a four-part series that will touch on music history, theory, and milestones of different eras and composers. A fee of \$40 will be charged for the series.

Registration forms are available.

Italian Conversation Group

Are you a bit rusty with your Italian language skills? Luciana Santoriello and other fluent speakers will moderate Italian discussion groups.

Join us Friday, June 21 at 1 p.m. or

Tuesday, June 25 at 7:15 p.m.

and these fluent speakers will help you and others get a conversation going.

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GIRLS' BSA TROOP 280 OPEN HOUSE – JUNE 13

Girls' BSA Troop 280 invites perspective members (ages 11-17) and their parents to attend an open house on June 13, 2019, from 7 – 8 p.m. at the Chatham High School Library. For more information please email Joe Basralian, Recruiting Coordinator, Troop 280 Committee at troop280chatham@gmail.com.

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(above) This spring Girls' BSA Troop 280 did a service project, a tree planting, at Giralda Farms Preserve (Chatham/Madison border). The trees will enhance wildlife habitat and improve the human habitat to buffer the new building being erected on the border.

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JUNE 2019 EVENTS AT SENIOR CENTER OF THE CHATHAMS

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NJ. Hours: Monday - Friday, 9:15 a.m. - 3:00 p.m. • Non-Chatham residents welcome.

Tach Support

Thursday, June 6, 3:15 - 4:15 p.m.

For free assistance with your smartphone, laptop, tablet, etc. Call the Center to sign up for a one-on-one appointment with a Chatham High School student volunteer.

Social Dancing Instruction: Swing Dance

Mondays, June 3 - July 23, 1:00 - 2:30 p.m.

Led by Robert J. Sweeney, dance instructor, competition judge, and former dance school owner. Casual, loose clothing advised. Avoid rubber-soled shoes. Partner not required. Fee: \$65 for 8-session class; \$15 per individual class. Call Center to sign up at 973-635-4565.

AARP Driver Safety Course

Monday, June 10, 9:30 a.m. - 3:30 p.m.

Refresh your driving skills and knowledge of the rules of the road. This driving program is geared for the over age 50 population by offering help with age-related changes. Course completion could earn you a discount on car insurance. Course will be completed in one 6-hour session with breaks. Bring your lunch.

Limited class size. Fee: \$15 for AARP members, \$20 for non-members. Checks only, made payable to AARP, must be paid in advance. Must reserve a spot by calling the Center at 973-635-4565.

Dementia Caregivers Support Group

Monday, June 10, 10:30 a.m.

Moderated by Phyllis Flemming, former Executive Director of Victorian Garden Adult Day Center and experienced dementia support group leader.

Chair Zumba!

Tuesday, June 11, 9:45 - 10:45 a.m.

A free, fun fitness class that combines the "party" atmosphere and Latin dance moves of Zumba with the specific needs of people who prefer to exercise sitting down. Get a work out and leave with a smile on your face. Provided by Chatham Hills Subacute Care Center. Call the Center to sign up at 973-635-4565.

Nutrition Series: Just a Dash

Tuesday, June 11, 12:30 p.m.

Our bodies need some sodium to function, but many people consume far too much. Find out why we need to be careful, how much is too much, and steps to take cut the salt. Presented by Humana. Please call Center to sign up.

CarFit

Wednesday, June 12, 12 - 3 p.m.

(rain date June 19). A free, educational program that teaches participants how to make their vehicle "fit" them to increase safety and mobility. Each checkup takes about 20 minutes.

This is not a driving test or mechanical inspection. Call the Center at 973-635-4565 to schedule an appointment.

Acrylic Painting: Magnolia

Monday, June 17 at 10:30 a.m. - 12:30 p.m.

Learn how to paint a beautiful magnolia blossom. All levels of ability welcome and all necessary supplies provided. Fee: \$17.50. Instructor: Annette Lissy. Limited class size. Must sign up.

Aging in Your Own Space:

Tips for Seniors on Staying in Their Home

Monday, June 17 at 12:30 p.m.

Aging-in-place involves being able to remain in the home of your choice, even as your needs may change. However, the decision to stay in your home requires advanced planning and not all older adults have a plan in place. Come learn about common areas of consideration when formulating an aging-in-place plan,

including home modifications, assistive technology, health care services, community resources, financial concerns and legal preparations. An hour-long presentation by a Geriatric Social Worker from Atlantic Health. Please call Center to sign up at 973-635-4565.

Free Blood Pressure Screening

Thursday, June 20, 11:00 a.m. - 12:30 p.m.

Provided by Care-One Madison Avenue, Morristown. Walk-ins welcome.

Non-Fiction Book Group

Friday, June 21 at 11 a.m.

This month's selection is Born to Run: A Hidden Tribe, Superathletes, and the Greatest Race the World Has Ever Seen by Christopher McDougall. New participants always welcome to join the discussion.

CHATHAM PLAYERS TO HOLD AUDITIONS FOR STEPHEN KARAM'S PLAY, "THE HUMANS"

The Chatham Players will hold auditions for Stephen Karam's Tony Award-winning play, "The Humans", on Tuesday, June 4 and Wednesday, June 5 at 7:30 p.m. All auditions will occur at The Chatham Playhouse, 23 North Passaic Ave. Production dates are October 4 thru October 19, 2019 with rehearsals to begin mid-August. Chase Newhart directs.

It's Thanksgiving, and the Blake Family, Erik, a school custodian from Scranton, PA and his wife Dierdre, an Office Manager, have driven Erik's aging Mother, Momo, to their daughter's Chinatown basement and first floor apartment, for a dinner with young Brigid and her boyfriend Richard, along with their older daughter Aimee. The young couple are still moving in, waiting for the moving truck, and this particular Holiday is probably not the best time for this family to attempt to deal with the reality of middle class life in America today: filled with love, humor, tenderness, and gathering fear – with the world creaking curiously, and deconstructing around them. The play takes place in 95 uninterrupted minutes, with a cast that is hardly ever off stage – and an apartment growing in unnatural eeriness.

Director Newhart seeks four women and two men to fill out his cast. Please arrive by 7:30. There will be readings from the script, based upon the character you wish to be considered for, as well as type. To access audition sides and the audition form, please visit our website at chathamplayers.org/auditions-page. If callbacks are required, they will be held on Monday, June 10 at 7:00 p.m.

CHARACTER BREAKDOWN

Fiona "Momo" Blake (81 year old female) Erik's wheelchair-bound mother suffering from senile dementia; she rarely stands, and needs to be helped when she does. Basically out of it, she

can still be reached thru prayer and music.

Erik Blake (60 year old male) Mentally tormented, like a tower crumbling into softening ground, the question hovering over him — "Don'tcha think it should cost less to be alive?" — echoes without words. He recently lost his job of 30 years in a private school, working mostly in maintenance. But, the real cost of his past indiscretions has yet to surface.

Deirdre Blake (61 year old female) Upset that her daughters have left home and abandoned their Catholic religion, she remains a loving warm Mother, facing a changing economy her Family isn't ready to handle, resulting in painful situations that really shouldn't be as funny as they are.

Aimee Blake (34 year old female) grappling with ulcerative colitis, the breakup of her long-time girlfriend, and the news that she's no longer in line to make partner at her Philadelphia law firm, it's hard for her not to be sarcastic: her entire life has entered the twilight zone.

Brigid Blake (26 year old female) She chose a private college over a state school, and now has a sizeable debt, and two bartending jobs to keep her free to audition for her musician gigs. Tense, touchy and trying hard to make this dinner, and her life, go smoothly.

Richard Saad (38 year old male) Brigid's boyfriend, a good-natured, budding social worker who wears his sensitivity on his sleeve.

The Chatham Players have an open call casting policy.

ALL roles are open, none are precast, and everyone is encouraged to audition.

Any questions, please call Gus Ibranyi at 201-563-0362

or email casting@chathamplayers.org.

For directions or additional information, please visit chathamplayers.org

ART LEAGUE OF THE CHATHAM'S CONTINUES SPRING-SUMMER EXHIBIT

The extended display of "Sally Abbott: Recent Work", a solo show of paintings by Sally Abbott, Chatham painter and world traveler, will continue until September 6, 2019 at the Lundt-Glover Gallery in the Twp. of Chatham Municipal Building, 58 Meyersville Rd, Chatham, NJ 07928.

In addition, the work by member artists from The Art League of the Chathams will continue to be displayed in the strolling gallery of the Chatham Municipal Building. The Spring-Summer show runs through September 6, 2019 during normal business hours. Art is available for sale. For more information, call 973-635-0845. For arrangements to pick up any purchased artwork, please call 973-635-0845.

The building is handicapped accessible and the exhibition is free and open to the public.



(above) Painting entitled "Kimberly Anne" by Chatham painter Sally Abbott.

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THE SUMMIT OLD GUARD JUNE EVENTS

If you are a retired male and have an interest in living an interesting life with like-minded men... new members are always welcomed. Put on your business casual attire or jacket & tie (or something more casual from May to September) and attend a meeting.

With spring approaching summer, the Old Guard weekly outdoor programs are in full swing, golf every Thursday, weather permitting, at the Summit Muni course, bocce every Wednesday at Nokia Bell Labs, fishing on Mondays for striped bass and then changing for fluke. And as the weather warms up, our canoeing and kayaking programs start.

Of course our weekly series of speakers

continue. Meetings are held each Tuesday in the council meeting room of the New Providence NJ Municipal Center at 360 Elkwood Ave, New Providence NJ, starting at 9:30 a.m. with coffee and conversation, followed by programs consisting of stimulating talks by people such as past governors, mayors, politicians, Nobel Prize winners, physicians, judges, professors, scientists, economists, authors, journalists, etc. After the meetings, many members join together to have lunch at various local restaurants.

For more information, contact James Hewitt, Chairman, Membership Committee, (908) 233-5507, info@SummitOldGuard.org. You can also visit summitoldguard.org.

June 4 - Overview of Tappan Zee Bridge Project

Rich Schrader will discuss the replacement of the old Tappan Zee Bridge covering the history of replacement discussions/actions, the procurement method selected by state, key political and private involvement, major features, design and construction parameters, and current status. Rich, a registered professional engineer, has almost 40 years of professional experience with some 35 years in engineering and construction. He spent 11 years with the U.S. Army Corps of Engineers and taught at the U.S. Military Academy at West Point.

June 11 - The Gateway Rail Project

Martin Robins will discuss the necessity of completing the entire Gateway rail because the project is vital to the economic well-being to northern and central New Jersey. Martin led a team responsible for drafting legislation creating NJ Transit, directed the planning for the Hudson-Bergen light rail line and helped found the Alan M. Voorhees Transportation Center at Rutgers University.

June 18 - Union County Traffic Signals

Since the early 2000's, Union County upgraded approximately 400 traffic signals on County or Local Roads in Union County. Gordon Meth was involved in the design of these traffic signals in Union County. His presentation will give an overview of some of the considerations facing the design of traffic signals and some of the future possibilities for smarter traffic signals. Gordon Meth is a professional engineer specializing in transportation planning and traffic engineering.

June 25 - Photographs from my travels

Stephan Barcan and his wife have traveled extensively over many years and photography is his hobby, particularly travel photography. He likes to take pictures of things unique to those places. He will show selections of photographs taken in his travels to the many countries that he has visited and of course America. Stephan is retired land use attorney in New Jersey for more than 50 years. He now does pro bono work such as immigration, and teaching ESL.

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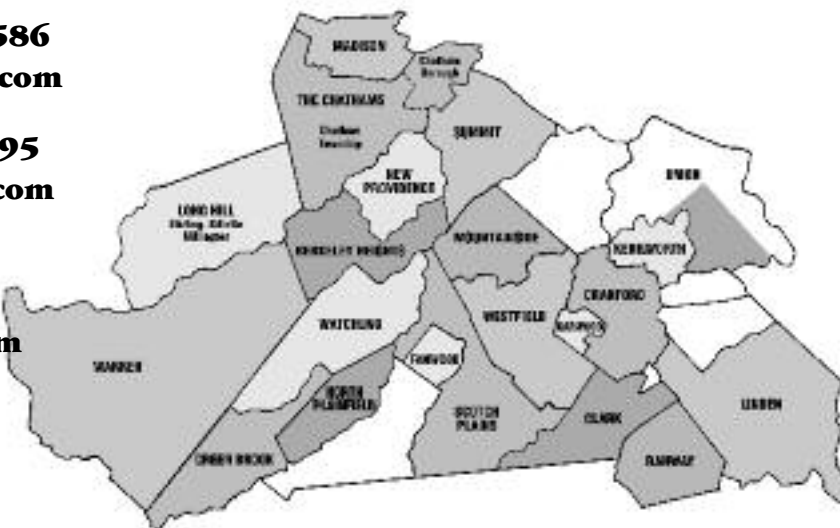
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Units	Size	RATE FOR ANY 1 NEWSPAPER	RATE FOR ANY 3 NEWSPAPERS	RATE FOR ANY 6 NEWSPAPERS	RATE FOR ANY 9 NEWSPAPERS	RATE FOR ANY 12 NEWSPAPERS	RATE FOR ANY 15 NEWSPAPERS	RATE FOR ANY 18 NEWSPAPERS	RATE FOR ALL 21 NEWSPAPERS
1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000
2 PAGE SPREAD	21" x 14"	\$700							
BACK PAGE	10" x 14"	\$500							
FRONT PAGE BANNER	8.25" x 2"	\$320							
FRONT PAGE BOX	1.5" x 4.5"	\$240							

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