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Issue 17 • May 2019

# LETTER CARRIERS' STAMP OUT HUNGER FOOD DRIVE

The 27th annual Letter Carriers' Stamp Out Hunger® Food Drive is on Saturday, May 11, 2019.

The Letter Carriers' Stamp Out Hunger® Food Drive is happening on Saturday, May 11, 2019. On this day, you can set out your non-perishable food before your letter carrier's regular pick up time. The top requested non-perishable food items are: cereal, pasta, pasta sauce, rice, canned fruits and vegetables, canned meals (such as soups, chili, and/or pasta), 100 percent juice, peanut butter, macaroni & cheese, canned protein (tuna, chicken, and/or turkey), beans (canned or dry). You can also donate healthy, low-sodium, low-sugar items such as beans, oatmeal, and other whole grains, and canola or olive oil.

Please do not donate frozen food, homemade food, or home-canned items. Please do not donate items that have expired or are in glass containers. In keeping with good food-handling and food-safety procedures, food that is opened, damaged, out of code or does not have the official ingredients will be discarded by the food bank in the sorting process.

The Food Drive is primarily a people food drive, but if you also want to give pet food in addition to your regular donation, food banks may be able to distribute or direct it to pet shelters and organizations in the area that have a need.

Please do not donate any form of individual baby food products, including formula, jarred vegetables and fruits, meals, snacks, infant cereal. Baby food may be donated by the case or pallet, but single item donations present potential contamination risks and special handling requirements.

The Food Drive is primarily a food drive, but if you also want to give personal care items (such as diapers, laundry detergent, soap, toilet paper, and household cleaning items) in addition to your regular donation, food banks may be able to distribute or put them to good use with organizations that also provide help to those in need. Please note that not all food banks will be able to accept these items.

If you would like to volunteer with food distribution and sorting, or in any other capacity, call your local post office and ask to speak to the local food drive person there. Many food banks have a great need for volunteers on Food Drive Day, as well as all throughout the year.

All donations to the Letter Carriers' Stamp Out Hunger Food Drive are tax-deductible because all the food collected on Food Drive Day is given directly to non-profit charity food agencies in the community the food was collected. Though the National Association of Letter Carriers plans the Food Drive's logistics and letter carriers provide the transportation for each donor's generous donation, the National Association of Letter Carriers is not the agency that gets listed on tax forms for claiming deductions. There are more than 10,000 food agencies throughout the country that receive these donations, so if you itemize your taxes and want to provide proper credit for your Food Drive donations, you will need to determine the name of the agency (food pantry or other charity) that

received your food, as well as the agency's address and tax I.D. number for proper reporting on your tax-filing forms. The Food Drive Coordinator at your local post office should be able to give you the name of the receiving agency, and that agency will likely have tax information handy.

For more information, visit: nalc.org.



(above) The 27th annual Letter Carriers' Stamp *Out Hunger*<sup>®</sup> *Food Drive is on Saturday, May* 11, 2019. Leave non-perishable food next to your mailbox.





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THE CHATHAMS • Page 2 • May 2019



*The Chathams* is published by Renna Media. 7,400 newspapers are printed monthly and mailed to every business and resident in Chatham.

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#### To submit content email: editor@rennamedia.com

The Chathams is online at www.rennamedia.com like us on facebook.com/The Chathams

### Advertise in this newspaper 7,400 papers are printed monthly and mailed to every home and business in The Chathams.

Reserve space in the next issue. Call Tina today at 908-418-5586 or email info@rennamedia.com



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# **MADISON ROTARY READS TO 2ND GRADERS**

Submitted by Carmela Moeller

In support of "Read Across America" week, Madison Rotary conducted its annual Spring Reading Project, as they visited the Madison second-grade classrooms and read "Andy & Elmer's Apple Dumpling Adventure" to the children. This project promotes literacy and a love of reading while also introducing the children to Rotary International and its local clubs.

The book was developed by a Rotary Club in Ohio and introduces the children to the concept of Rotary's Four Way Test, a nonpartisan and nonsectarian ethical guide for Rotarians to use for their personal and professional relationships. It has been translated into more than 100 languages:

Is it the Truth? Is it Fair to all concerned? Will it build Goodwill and Better Friendships? Will it be Beneficial to all concerned?

Reading to children has been proven to be the most effective way to improve a child's reading ability because the reader can engage with the child at his or her level of comprehension rather than at the child's own reading level. Most importantly, it illustrates to the children that reading is a joy that they will have forever, that

reading can take them wherever they dream to go and give them the opportunity to learn whatever they choose.

When asked why they like to read, one student responded "When I read, I go on an adventure. It makes my imagination get big and I can go to places I could never go in real life!" Madison Rotarians thoroughly enjoyed spending time with these wonderful children. We look forward to seeing these same students again in the Fall when we present them with their personalized dictionaries as part of Rotary's Annual Autumn Dictionary Day event.

The Rotary Club of Madison has an enthusiastic and engaged network of ordinary people doing extraordinary things to serve humanity in our local and global communities. The Club meets every Thursday at 7:47 a.m. for breakfast at the Madison Area Y and at 12:15 p.m. for lunch at Rod's SteakHouse & Grill. Breakfast is \$7.00 and Lunch is \$20. All are welcome.

For a schedule of upcoming speakers, go to madisonrotarynj.org. Interested speakers may also contact us through the website.



(above) Rotarian Tanya Van Order surrounded by the 2nd Grade students at St. Vincent Martyr School in Madison.

# CONGRATULATIONS CLASS OF 2019

Far Hills is honored to share with you the list of secondary schools to which the 40 members of the Class of 2019 gained admission:

Academy of Saint Elizabet Avon Cid Farms School Berschne School Bist Academy Drewster Academy Choste Rosemany Hell Debarton School Deetheld Academy Ceorpe School Cill St. Bernard's School

The Holchikis School The Hun School IMG Academy Immacutate High School Kent Piece School The Lawrencevite School The Loomis Chattee School Mercenthurg Academy Middleses School

GO FAR FAR Montistown Beard School Newark Academy Notithe d Mourt Herman School Dak Kool School of the Holy Ch Datasry Preparatory School Peddle School Phillips Canter Academy The Plaga School Rubgen, Preparatory School School Princeton Day School School Preparatory School School Hell Preparatory School Sc Andrew's School Sc Andrew's School Sc Deorge's School Sc Deorge's School De Tett School Samar Far Hills 19 Defection 12

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# PRESBYTERIAN CHURCH YOUTH RAISE \$10,000 FOR MISSION TRIP

#### Submitted by Carlene Pruitt

The Presbyterian Church of Chatham Township (PCCT) hosted their annual Youth Mission Trip Fundraising Dinner on Sunday, April 7, 2019, raising over \$10,000. Attendees enjoyed a fun evening with a silent auction and a delicious surf and turf meal. The event subsidizes approximately 30% of the cost to send 36 high school youth and adults to Florida in June to do disaster recovery work, where they will help repair homes damaged by Hurricane Irma in 2017. The Youth Mission Team will be serving communities located in Pinellas, Hillsborough, and Pasco Counties in partnership with the Florida Conference of the United Methodist Church. PCCT Associate Pastor Tom Brown says, "Each year, the mission trip fundraiser reminds us of what it means to be a supportive, inter-generational community of faith, and showcases a delightful group of teens who will be giving up the first week of summer to serve people in need."

The Presbyterian Church of Chatham Township is a vibrant, multi-generational congregation that celebrates the glory of God through faith, fellowship and service. Drawing members from three counties and more than 20 communities, it welcomes all, whether you are a young family, a single adult, or a couple with grown children. The congregation reflects diverse perspectives, provides rich music and educational programs for all ages, and through social outreach addresses hunger, homelessness and recovery from disasters or other crises.

The church is located at 240 Southern Boulevard.

If you are interested in becoming a member or learning more, visit us at pcct-nj.org or call the church office at 973-635-2340.



(above) Presbyterian Church of Chatham Township (PCCT) hosted their annual Youth Mission Trip Fundraising Dinner to raise money for their trip to Florida to do disaster recovery work.





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# **RESIDENTS SUPPORT NEARBY URBAN HIGH SCHOOL STUDENTS**

#### Submitted by Ann Kent

A crowd of men and women from Chatham and Madison recently gathered to learn about Student/Partner Alliance (S/PA), a Summit-based non profit that supports motivated high school students at college preparatory high schools in New Jersey's urban areas of Essex, Hudson and Union counties with tuition assistance and mentoring. The event was held at S/PA Board Member, Sweetie Pig Foundation Founder and President of the Board of Cornerstone Family Programs, Ann Stachenfeld's home. Several experienced mentors shared stories about how impactful the experience of mentoring has been for them with prospective volunteers. It was a great way to transition into National Volunteering Month and share the power of mentoring. Student/Partner Alliance has provided 2050 scholarships since 1993 and is always looking for new mentors to support our students.

About Student/Partner Alliance

The mission of Student/Partner Alliance (S/PA) is to support motivated high school students at private high schools in New Jersey's urban areas of Essex, Hudson and Union counties with tuition assistance and mentoring to increase their chances for college admission and scholarships, and ultimately to lead successful and productive lives.

Research from mentor.org shows that mentors play a powerful role in providing young people with the tools to strive and thrive, to attend and engage in school, and to reduce or avoid risky

behavior like drug use. In turn, these young young people in our country will grow up without people are:

55% more likely to be enrolled in college

regularly in sports or extracurricular activities

communities.

leadership position in a club or sports team.

a mentor. Today, in our community there are so many young people who could benefit from 81% more likely to report participating having a mentor outside their family.

To learn more about the role mentoring plays 78% more likely to volunteer regularly in their in our community and to find volunteer opportunities with visit us More than twice as likely to say they held a studentpartneralliance.org. If you would like to learn more about our program, please contact Yet, the same research shows that one in three Ann Kent at akent@studentpartneralliance.org.



(above) The Student/Partner Alliance, a Summit-based non profit, works to support high school students with tuition assistance and mentoring.



# May Is Older Americans Month!

# Tri-Town 55+ Coalition Celebrates Older Americans Month "Working Together to Build Lifelong Communities"

Did you know May is National Older Americans Month? With 10,000 people a day turning 65 for the next 10 years, chances are you or someone you love is or will be an Older American.

There are great benefits being an Older American today, and it is not just because of the discounts! Cities and towns throughout the world are re-thinking their environments and implementing programs and services to ensure their communities are age-friendly and places where everyone can grow up and grow old. Madison, Chatham Borough and Chatham Township are on the forefront of building lifelong communities with many places and opportunities to *Connect, Create* and *Contribute*.

*Connect, Create* and *Contribute* with friends, family, and local services and resources at the following places right in your own backyard! Communities that support and recognize older adults are stronger! Join us in strengthening our community – this May and throughout the year. Here are some great places to get involved.



## **REACHING OUT TO LOCAL PROFESSIONALS**

Tri-Town 55+ Coalition is seeking local professionals who can share their talent to help build age-friendly communities in the towns of Chatham Borough, Chatham Township and Madison. Whether you are retired and looking to stay active, or have a few hours to spare each week, we invite you to join the Tri-Town 55+ Coalition team. Can you share your experience in technology, public relations, marketing, finance or business with the Coalition? Do you wish to have an active role in building lifelong communities in Chatham Borough, Chatham Township and Madison? If so, please consider joining the Coalition team. We have many opportunities to share your expertise. Whether it is a few hours a week, a month, or for special projects, your time, talent and experience will be greatly appreciated.

## **CONTRIBUTE**

Each year, more and more older adults are making a positive impact in and around our communities.

As volunteers, employees, employers, educators, mentors, advocates, and more, they offer insight and experience that benefit the entire community.

Lending your time and talent to these local organizations is a great way to make a difference and contribute to your community.

#### Events, Programs and Service organizations encouraging older adults and their communities to: Connect • Create • Contribute

Connect with friends, family, and services that support participation.

**Create** by engaging in activities that promote learning, health, and personal enrichment.

Contribute time, talent, and life experience to benefit others.

# **TRI-TOWN 55+ COALITION**

TriTown55plus@gmail.com • 862-246-6065 • www.tritown55plus.org.

Tri-Town 55+ Coalition is a non-profit 501(c)(3) organization that partners with representatives of business, civic and public organizations in the Madison, Chatham Borough and Chatham Township community to address the quality of life and diverse needs and interests of older adults and their families. The Coalition identifies, implements, promotes and sustains programs and services for lifelong living based on the World Health Organization's Age-Friendly themes.

#### CHATHAM SENIOR CENTER BUS SERVICE

Chatham Senior Center bus service is provided for Chatham Borough and Township residents over the age of 60 who are able to access the bus without assistance. Home health aides are welcome to accompany their clients. The fare is \$1.00 each way payable to the driver at the time of the ride. Shoppers are asked to purchase only what they can carry themselves.

The senior bus operates on Tuesday, Thursday, and Friday, between 9:15 a.m. and 1:30 p.m. Riders must call the Center (973.635.4565) before 2pm the day before a desired trip to make a reservation.

The monthly bus schedule is on the calendar page of the monthly newsletter.

### THE RIDES FOR SENIORS

With plenty of places to go and things to do, how do you get there?

**Rides for Seniors Program -** Tri-Town 55+ Coalition has partnered with GoGoGrandparent to provide a subsidized on-demand car service using Uber and Lyft. Madison, Chatham and Chatham Township residents receive \$5 off per ride up to 4 rides per month. Registration is free, call 855-464-6872 or visit our website at www.tritown55plus.org.

#### MADISON SENIOR SERVICES DIAL-A-RIDE SCHEDULE STOP & SHOP

Monday, Tuesday, Wednesday & Friday from 10:30-11:30 a.m.

#### SHOPRITE

Tuesday from 1:30-2:30 p.m. Thursday from 10:30-11:30 a.m. To get a ride to any location in Madison call the day of your trip between 8:30 -9:30 a.m.

Due to limited seating, calls for rides after 9:30 a.m. will NOT be guaranteed.

"Older Americans' Month" pages coordinated by Tri-Town 55+ Coalition.



MADISON SENIOR SERVICES The Madison Civic Center 28 Walnut Street, Madison, 07940 973-593-3095 Online Registration: register.capturepoint.com/MadisonBorough Monday through Friday, 8am. to 4:30pm.

Madison Senior Services is a community-based organization providing activities, programs, and services which enhance the quality of life and the diverse needs and interest of older adults and their families.

#### MADISON INTO YELLOW Monday, May 6. Starting at 6:30pm TALK: THERAPEUTIC RIDING AND EQUINE ASSISTED ACTIVITIES

Our first speaker is Maureen Coultas. Maureen is the executive director of Hope's Promise Therapeutic Riding & Equine Assisted Activities Program. She will be joined with her miniature horse companion, Michelangelo.

#### **MEDITATION THROUGH QIGONG**

Talk will be followed by exercise instructor, Bianca Godoy. Bianca will show the benefits of meditation through Qigong.

#### **BEAUTIFUL BY CAROLE KING TRIP** Wednesday, May 22

\$75.00 per person. Includes orchestra tickets.

**1ST PICK UP:** 10 - 10:30am 15 Chateau Thierry (residents of aparts. only)

#### **2ND PICK UP:** 10:45 - 11:00am

Madison Memorial Park Ice Skating Rink Parking Lot, Rosedale Ave. Play starts at 2 pm and runs for 2 hours & 15 minutes.We expect to arrive back to Madison by 6:30 p.m. Bring a bagged lunch and we will provide water and a bag of chips. Seats are going quickly!

#### MONTHLY VAN TRIP TO CENTURY 21 AND THE MORRISTOWN GREEN

Wednesday, May 8

#### TO WALMART.

Wednesday, May 22 Call the office to sign up for this free service!

**EXERCISE MONDAYS - STRETCH & FLEX** 

from 9 am - 10 a.m.

TUESDAYS CHAIR YOGA from 11:30 - 12:30 p.m. THURSDAYS CARDIO

#### from 10:00 - 11:00 a.m.

Join us for an hour of fun and accommodating exercise classes for as low as \$5.00 per person per class. All classes are held at Madison

Senior Services in the Upstairs-Great Room. Fitness class fees are now charged MONTHLY. Walk-In fees are welcome. Register prior in the office or online (link above).

#### DAY OF SERVICE

#### Friday, May 24

Madison High School students and teachers will be fanning out around town between 8 am - 2 p.m. to help seniors with tasks around the house or property. Pre-registration required. Senior Center of the Chathams • Be Active. Be Connected.

#### THE SENIOR CENTER OF THE CHATHAMS

58 Meyersville Road (Lower Level), Chatham, NJ 973.635.4565. • www.Chathamseniorcenter.org Monday-Friday: 9:15am-3pm • Non-Chatham Residents Welcome

**TECH SUPPORT FOR SENIORS** 

Thursday, May 9, 3:15 - 4:15 pm. For free assistance with your smartphone, laptop, tablet, etc. Call the Center to sign up for a one-on-one appointment with a Chatham High School student volunteer.

#### **NEW! SPRING SUPPORT GROUP**

Thursdays, May 9, May 23, and May 30, 1:30 - 2:45 pm. Spring brings a time of renewal and reflection. Some members of our community may be struggling with feelings of loneliness,

increased stress about health concerns, or sadness over loss. If you would like to explore these feelings and receive support, compassion, and connection from other members of our community, please sign up for this 6-session support group. The sessions begin in May and continue in June. This group requires at least 4 members to run and will be facilitated by a

social worker.

#### A POTPOURRI OF PRELUDES: PERFORMANCE AND COMMENTARY BY PIANIST BERTHA MANDEL

Monday, May 13, 10:30-11:45am. Selections by J.S. Bach, Frederic Chopin, Claude Debussy, and Serge Rachmaninoff. Beginning with the Bach prelude that became the basis for Charles Gounod's Ave Maria, Bertha will play a variety of pieces in this genre and tell something about the features of each to enhance the audience's enjoyment. Please call the Center to sign up.

#### **DEMENTIA CAREGIVERS SUPPORT GROUP**

Monday, May 13, 10:30am – 12pm. Moderated by Phyllis Flemming, former Executive Director of Victorian Garden Adult Day Center and experienced dementia support

#### group leader.

#### TWILIGHT DONE RIGHT

Monday, May 13, 12:30pm A free seminar addressing planning concerns of the senior community. Topics & presenters are: Elder Law - Schenck, Price, Smith & King;

Senior Living Options - Senior Living Advisors at Oasis; Home Care & Assistance -Allied Care Services; Hospice Care - Hospice Care of NJ; and Funeral & Memorial Planning

- Bradley & Son Funeral Homes.

#### **MIND-BOOSTING NUTRITION**

*Tuesday, May 14, 12:30pm.* Learn about mind boosting nutrition that can help keep brains healthy and sharp. Presented by ShopRite of Chatham and Overlook

Medical Center. Call the Center to sign up.

#### FREE BLOOD PRESSURE SCREENING

*Thursday, May* 16, 11*am*-12:30*pm*. Provided by Spring Grove Rehabilitation and Healthcare Center. Walk-ins welcome.

#### **FICTION BOOK GROUP**

Tuesday, May 21 at noon. This month's selection is THE UNLIKELY PILGRIMMAGE OF HAROLD FRY by Rachel Joyce. New participants always welcome to join the conversation.

#### **NON-FICTION BOOK GROUP**

Friday, May 24 at 11 am. This month's selection is ADVENTURES OF A YOUNG NATURALIST by David Attenborough. New participants always welcome to join the discussion.

#### WATERCOLOR WORKSHOP: TWO SESSIONS EACH WEEK

Wednesdays at 10:30am & Thursdays at 10am through May 23. Local art instructor and accomplished artist, Ed Schuh, teaches the principles of composition and perspective with the addition of watercolor.

All levels of ability welcome. Please call Center for information about fee and to sign up.

#### **BASIC DRAWING & SKETCHING CLASS**

Wednesdays in May at 1-3pm. Geared toward the true beginner or anyone who wants to improve on skills. Taught by Ed Schuh, local art instructor and accomplished artist. Call Center for information about fee.



#### MUSEUM OF EARLY TRADES & CRAFTS 9 Main Street, Madison, NJ 07940 973-377-2982 • www.metc.org education@metc.org

Mon Closed, Tue-Sat: 10am-4pm Sun: Noon-5pm, Closed Sundays July. Aug.

At METC, you can explore 18th and 19th century American history with a focus on the life and stories of craftspeople and artisans. Drawing on its rich collection, METC is connecting the lives of people and their stories, while providing a bridge from the past to the future.

The museum provides numerous programs for adult groups of all types and sizes ranging from hands-on programs to interactive lectures on a variety of topics. Organizations looking for something interesting for club members to do or seeking a program to engage the residents or participants at your facility, Museum educators can customize a program based on group's needs.

Programs can be presented at on-site or at the Museum in the beautiful James Library Building, completed in 1900. More information about these and other programs can be found at metc.org/adult-program.



TransOptions, Inc. www.transoptions.org is a non-profit transportation consultancy that delivers programs and services that improve mobility, the environment and overall quality of life in northwest New Jersey. For questions or to schedule a free older adult driving or walking safety program call (973) 267-7600 or contact Denis Kelleher dkelleher@transoptions.org or Judy Bortman jbortman@transoptions.org.

# WALKING AND DRIVING SAFETY FOR SENIORS

According to AARP (American Association of Retired Persons) 10,000 people in the United States are turning age 65 daily until 2030. This large and growing population segment is the focus of Older Americans Month which is observed annually during the month of May.

TransOptions can support your Older Americans Month activities as well as meetings and events throughout the year. We offer Driving and Pedestrian Safety programs at no cost to your senior club, community organization or municipality:

#### **DRIVING SAFETY PROGRAMS**

- NEW! What's Changed Since I Started Driving?
- New Jersey has adopted a number of driving laws that didn't exist when many seniors got their driver's license years ago. Vehicles have changed, too, with new safety technology and features. Learn what's new and keep driving safely by staying up to date.
- How to Keep Driving Longer and Safely
- Driving helps older adults remain independent for as long as possible. This compelling presentation provides practical tips to help older adults keep driving safely and longer.
   Walking Safety Programs
- walking Safety Programs
- Do You Walk Safely in a Distracted World?
- Walking consistently and safety can help older adults remain independent, mobile and enhance their well-being and quality of life.
- Walking and Driving Safely in a Winter Wonderland
- (Presented during fall and winter months. Book a date in advance.) Snow and ice challenge our ability to walk and drive safely during the winter.
- Learn how to navigate winter walking and driving conditions confidently and safely.



## Everybody Dies: End of Life Planning A Practical Guide for Adults

The Adult

School

Join us for a free two-part series designed to provide adults of all ages with the information they need to consider their options, actively plan and communicate their wishes, and direct their care

in case of a serious illness or at the end of life. Creating a plan for the future reduces fear and supports living fully every day. This popular program is brought to you by The Mayors Wellness Campaign of the Chathams and Madison *Conversation of Your Life (COYL) initia*tive.

#### Comprehensive Two-Part Program

Session #1: Wednesday May 15th from 1:00pm - 2:30pm

Session #2: Wednesday May 22nd from 1:00pm - 2:30pm

#### Community Arts Center at Rose Hall, 10 Kings Road, Madison, NJ

Lynne Logatto, MSN has more than three decades of experience as a primary care nurse practitioner helping individuals find unique solutions to complex but common health problems. She employs her education and experience to empower you and those you love to know your rights and explore your options as you consider end-of-life issues.

#### Program is FREE but registration is required. Light refreshments will be served.

Register at (862) 246-6065 and leave your name and contact information after the tone, or register by email at tritown55plus@gmail.com.

Need a ride? Tri-Town 55+ Coalition is offering \$5 rides each way to the sessions to all registered riders with the Rides for Seniors program. For more information, or to learn how to become a Rides for Seniors member, please email tritown55plus@gmail.com or call (862) 246-6065.



Tri-Town 55+ Coalition Working Together to Build Lifetong Communities



THE CHATHAMS • Page 9 • May 2019



THE SENIOR CENTER OF THE CHATHAMS 58 Meyersville Road (Lower Level), Chatham, NJ 07928 973-635-4565 www.Chathamseniorcenter.Org Monday-Friday, 9:15am-3pm Non-Chatham Residents Welcome

The Senior Center of the Chathams offers a wide range of integrated programs and services that promote successful aging and serves as a vital go-to resource for seniors and their caregivers.

Center programming seeks to educate, empower, and connect older adults to one another, including new retirees and existing participants looking to stay engaged while navigating life transitions. This year, the Senior Center is working to expand its focus on Support & Counseling programs. The Center recently partnered with the Library of the Chathams to host a dementia training seminar for representatives from area libraries, churches, and local government to help staff and community gatekeepers recognize early warning signs.

#### PROGRAMS AND ACTIVITIES INCLUDE:

- Support Groups & Well-Being Reflections (Women's Friendship & Support Group); Dementia Caregivers Support Group; Winter Support Group (on managing seasonal blues); Guided Relaxation
- Social Interaction & Discussion Groups -Men's Discussion Group, Fiction and Nonfiction Book Clubs, Nifty Knitters, Holiday Parties and Special Events
- Sports, Exercise, & Fitness Classes -Pickleball, Men's Basketball, Spring Golf Clinic, Tone & Flex, Qi-Gong Tai Chi, Men's Fitness Class, Social Dance lessons
- Enrichment Watercolor, Drawing, and Art Classes; Lectures and Presentations on a Variety of Educational Topics; Thursday Matinee Film Series, Concerts, Musical Performances, Day Trips (to museums, plays, etc.); Mah Jongg, Canasta, Scrabble, Bridge Instruction
- Health & Wellness Education With partners from healthcare organizations (ex. How to improve sleep, prevent strokes, manage diabetes, address neck pain, maintain a healthy heart, etc.), Monthly Nutrition Seminars; Free Health Screenings (ex., blood pressure, hearing, etc.)
- Personal Safety Training AARP CarFit & Safe Driving Programs, Personal Protection Training, Balance & Stability Workshops and Fall Prevention Education
- General Assistance Free Tech Support; Free Income Tax Preparation through AARP; Presentations on Elder Law Needs and Financial Assistance Programs available to Older Adults



THURSDAY MORNING CLUB Madison Community House (MCH) 25 Cook Avenue, Madison NJ 07940 973-377-0244 • TMC@tmcmch.org

The Thursday Morning Club is a New Jersey and National Federated Women's Club, formed in 1896 with over 260 members from the surrounding communities and out of state. The Club owns, operates and maintains the Madison Community House (MCH). Our motto is "I Serve" and our mission is to be a presence in our community.

The Club offers a lecture/lunch series, entertaining programs, book discussions, trips and facilities for playing games. The House welcomes exercise groups and choral groups. Our Club presently oversees a Preschool program, held five days a week from 8:45 to 2:45 with options for a shorter day right in our building and a Before and After School Child Care program in the three elementary schools in Madison. Historically, the Thursday Morning Club started the first playground, Dodge Field, in Madison, the Friends of the Madison Public Library, the Adult Day Care Center, and the Town Health Department. At Mayor Conley's request, we are now reaching out through the newly formed Madison Newcomers Community Connection to those who have recently moved to Madison.

The Thursday Morning Club welcomes new members, guests and ideas and there are endless interesting activities in which to become involved.





MADISON PUBLIC LIBRARY 39 Keep Street Madison, NJ 07940 973-377-0722 • www.madisonnjlibrary.org Mon-Wed: 10am-9pm, Thur-Fri: 10am-6pm,

Sat: 10am to 5pm, Sun: 1pm-5pm People who want to connect to their community have to look no further than the Madison Public Library. It's a great venue to meet like-minded people for a wide variety of interests. Adults age 55+ from Madison and the neighboring towns are taking part in many activities from lectures, concerts, films, art classes, book groups, and more! These events are open to all, not just Madison library card holders. And most events sponsored by the Madison Library are free of charge too!

Check out the programs in the Madison Public Library Newsletter. (Copies are available at the front desk at the library or online at www.madisonnjlibrary.org.) Some of these events might require registration, which can be done online, by phone, or in person at the library.

Programs held in the Chase Room at 7 pm unless noted otherwise.

INTERVENTION FOR MEMORY LOSS -ONGOING DISCUSSION Monday, May 13, 3 PM LOST AMUSEMENT PARKS **OF THE NORTH JERSEY SHORE** Tuesday, May 14 **CASTLES OF NEW JERSEY** Tuesday, May 21 **CANCER AWARENESS** Wednesday, May 22 **DEALING WITH WILD NEIGHBORS** Wednesday, June 5 **MANHATTAN BRIDGES W/ KEVIN WOYCE** Tuesday, June 18 **BASICS OF BUTTERFLY GARDENING** Tuesday, June 25 PHOTOGRAPHY AS FINE ART Tuesday, July 16 TEA AND CUPCAKE TASTING WITH MARJORIE WANG Monday, July 22 FROM GREAT ESTATES **TO PUBLIC GARDENS** Wednesday, July 31

Madison Monthly is online at www.rennamedia.com like us on facebook.com/ Madison Monthly



LIBRARY OF THE CHATHAMS 214 Main Street, Chatham, NJ 07928 973-635-0603 • www.chathamlibrary.org Mon-Thur: 9:30am-9pm, Fri: 9:30am-6pm,

Sat: 9:30am-5pm, Sun: 2pm- 5pm From books, to DVDs, to online and digital resources and educational programs, libraries are a great place to learn, engage and enjoy. The Library of the Chathams is no exception. Did you know the Library offers great resources for health education? The Library has partnered with Atlantic Health System to provide valuable resources to help individuals make decisions about their health. The Library offers access to a special computer that connects the user to a medical librarian. In addition, patrons can benefit from "health information to go" a set of tote bags, each full of books, folders and videos on various health topics ranging from healthy weight to strength building. There are also numerous research databases to explore topics of interest, from literature and art to learning a new language. If you prefer to read a "real" book, not a screen, there is also a Senior Resources shelf with all kinds of information.

The adult education series, CALL, is a popular program among older adults.



#### MADISON YMCA

111 Kings Road, Madison, NJ 07940 973-822-9622 • www.madisonareaymca.org Mon-Fri: 5am to 10:30pm

Sat: 5:45am to 9:30pm, Sun: 7am to 8pm The Madison Area YMCA is a great place to ocialize, exercise and re-energize. The YMCA

socialize, exercise and re-energize. The YMCA offers many programs to build a healthier, stronger community for adults of all ages. From aqua fitness, Yoga and QiGong, and guided meditation to name a few, it is not just about exercise! There are plenty of activities for older adults, including a monthly Senior Book Club, lectures and seminars, and holiday luncheons. The YMCA's Paths to Wellness program offers a variety of programs for older adults including "Delay the Disease", group exercise program for those with Parkinson's disease, Diabetes Prevention Program and Enhance Fitness program for those with arthritis.

**4 EVER-FIT AOUA CLASSES** M/W/F Tue: 1:00pm **ZUMBA GOLD** 10am and 10:45am Tue/Thur: 1:00pm AQUA ZUMBA **GUIDED MEDIATION** Fri: 10:50 Thur: 10:30 - 11:45am SENIOR FITNESS M/W/F: 11am TAI CHI Fri: 8am ENHANCE FITNESS **YOGA/OI GONG** M/W/F: 12:30pm Sat: 9am

# **CHATHAM PLAYERS' PRESENTS "THE IMPORTANCE OF BEING EARNEST"**

#### Submitted by Chris Furlong

The Chatham Community Players is closing its 97th season with one of the greatest comic masterpieces of all time, Oscar Wilde's last and most enduring play, "The Importance of Being Earnest". This production will run from May 3 through May 18, 2019. Tom Frascatore from Weehawken directs.

Set in the late 19th century, "The Importance of Being Earnest" captures the importance of truth and honesty in a comical way. The pretentiousness of upper-class Victorian society forces John Worthing and Algernon Moncrieff to create fictitious lives as alter ego personalities to avoid social repercussions of their less attractive lifestyles. However, their clever tricks start to become increasingly difficult to keep up with when they insist on proposing and becoming married to the women they love. Twists and turns reveal more than one surprise that emphasize the importance of being earnest. Director Frascatore adds that "'Earnest' is Oscar Wilde's masterwork. Still as relevant today as it was when written 124 years ago, it's a fast paced romp through Victorian hypocrisy. A fusion of a farce and a comedy of manners that challenges male/female roles and uses words like finely honed weapons to skewer society. What happens when two best friends discover that the girls of their dreams have fallen in love with their alter-egos? Witty dialogue, surprises and even a muffin fight await you!"

The talented group of actors that make up the "Earnest" cast are Peter Newes of Chatham as Algernon Moncrieff, Charles Grayson of Morristown as Lane/Merriman, Lisa Barnett of



(above, I-r) Susie Speidel as Lady Bracknell, Crystal Ann Bennett as Gwendolen Fairfax, Charles Grayson as Lane/Merriman and Andrew James Gordon as Ernest/Jack Worthing star in Oscar Wilde's play, "The Importance of Earnest", produced by The Chatham Players. Performance dates are May 3, 4, 10, 11, 17, 18 at 8 p.m. and May 12 at 3 p.m. All performances are at the Chatham Playhouse, 23 North Passaic Avenue, in Chatham. Tickets are \$25 for adults and \$23 for youth/senior. For more information, call the box office at 973-635-7363 or go to chathamplayers.org. Photo by Howard Fischer.



Ani and Ida Kavafian on violin, Paul Neubauer on viola, Edward Arron and Keith Robinson on cello

Sunday, May 19, 2019, 3:30pm Temple Emanu-El 756 East Broad St., Westfield, NJ

\$35 at the door--free under 21 mostlymusic.org 908-789-8578 South Orange as Miss Prism, Susie Speidel of Springfield as Lady Bracknell, Emily Miller of Bloomingdale as Cecily Cardew, Crystal Ann Bennett of Bloomfield as Gwendolen Fairfax, Andrew James Gordon of West Windsor as Ernest/Jack Worthing and David Romankow of Gillette as Rev Canon Chasuble.

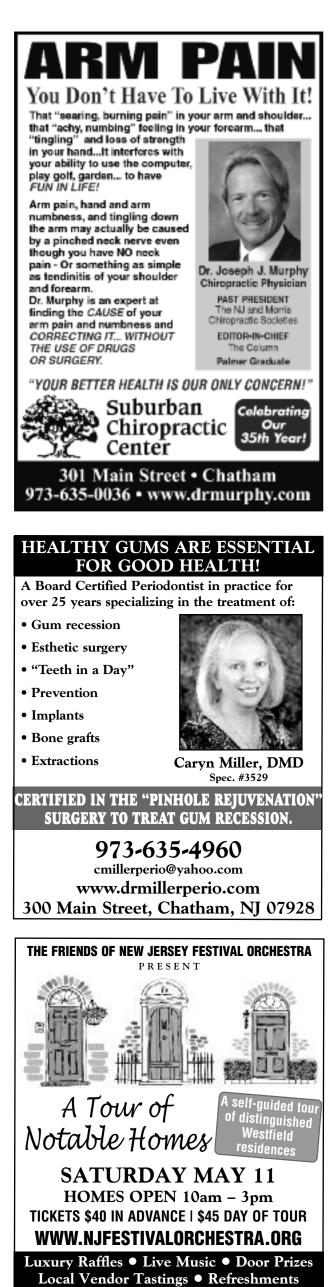
Rounding out Frascatore's talented production team, the Producer is Joëlle Bochner, Stage Manager is Marijah Sroczynski, Assistant Stage Manager is Caroline Courtney, Production Coordinator is Steffi Denmark, Scenic Designer is KC Cameron, Scenic Painting is Carol Saso, Costume Designer is Kai Movsovic, Lighting Designer is Chris Szczerbienski, Props and Decoration by Tish Lum & Kate Pierce and original music is composed and performed by the Sound Designer, Joe DeVico.

Producer, Joëlle Bochner, was asked why she felt "The Importance of Earnest" was still very popular with audiences. She explained that, "having seen and read this show many times over the years, I always find myself surprised that it does not feel dated, though it is set in 1895. There will always be those who speak what they want people to believe is the truth, and those of us who see right through them to the reality of what they are doing or saying. As audience members to this production, we all see through the "realities" that are presented to us, and can take delight in how each character manipulates the truth to his/her own purposes. We know that the blatant secrets kept will eventually come to light. And who among us does not wish for love at first sight, for wrongs righted and for everlasting devotion?"

Performance dates are May 3, 4, 10, 11, 17, 18 at 8 p.m. and May 12 at 3 p.m. All performances are at the Chatham Playhouse, 23 North Passaic Avenue, in Chatham. Tickets are \$25 for adults and \$23 for youth/senior.

Tickets can be purchased at our Box Office or Online. To access the theater's new online ticketing service, where you can now reserve your particular seat, simply go to ccp.booktix.com. The service is available 24 hours a day and tickets can be purchased online up until three hours prior to curtain on the day of a performance. Chatham Playhouse's box office will begin accepting phone reservations on April 23 at 973-635-7363. For information regarding box office hours, please call the box office number listed above. Patrons with special needs requiring seating accommodations should contact the Playhouse at least 24 hours prior to the Without performance. prior notice, accommodations cannot be guaranteed.

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All proceeds to benefit: NFO FESTIVAL ORCHESTRA

# THE CHATHAMS LIBRARY

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#### **Getting Organized with Evelyn Cucchiara**

Please join us Wednesday, May 1 at 7 p.m. Evelyn Cucchiara, Madison resident and professional organizer, will offer her S.A.N.E. method of organizing to help get your home in order and keep it that way. Evelyn is the author of the bestselling book, 30 Days to an Organized Home. Registration is requested. You may sign up online or call the library at 973-635-0603.

#### Gen Y and Others Networking Group

Meetings will take place on the first and third Wednesdays of the month, May 1 and 15 at 7 p.m. Gen Y Networking Group is a forum for Generation Y and other adults interested in job searching, networking,

and career development.

All are welcome to attend.

#### Art Show with Linda Howe

New Providence resident, Linda Howe will present a mixed media show of her paintings entitled, Bloom Where You Grow here through May. An opening reception, sponsored by the Friends of the Library, will be held for the artist on Sunday, May 5

from 2:15 to 4 p.m. The show may be viewed during regular library hours through May 31. Linda is a member of the Drew Art

Association and the National Art Educator's Association. She has won many awards at the NJ Annual Juried Senior Art Show in Elizabeth, NJ and won a fellowship at the Vermont Studio Residency in Johnson, Vermont. **CALL Lectures—Four American Original Artists of the** 

#### 20th Century

Janet Mandel, retired art history educator, will present lectures on four American artists who transformed the world of art in the 20th century. Florine Stettheimer

chronicled the life of the Jazz age in New York portraying subjects considered controversial even today such as race, orientation, gender, and religion. Norman Rockwell's work was emblematic of ordinary moments of everyday life in America. Georgia O'Keeffe gave

images of audacious flowers, dramatic cityscapes, glowing landscapes, and haunting depictions of bones against a stark desert sky. Andy Warhol revolutionized how we look at the relationship between artistic

expression and celebrity culture. Part I Florine Stettheimer: Icon of Jazz Age New York

will be held on Tuesday, May 7 at 11 a.m., Part II Norman Rockwell: An American Phenomenon,

will be held on Friday, May 10 at 11 a.m. Part III Georgia O'Keefe:

#### **Speaking with Color and Shapes**

will be held on Tuesday, May 14 at 11 a.m., and Part IV Andy Warhol: One Singular Sensation

will be held on Friday, May 17 at 11 a.m. You may sign up online for one or all classes or call the library at 973-635-0603. A fee of \$40 will be charged for all classes or \$10 per individual class.

#### **Computer Classes for Adults**

Computer classes will be held for those wishing to learn Word, Excel, and Python programming.



#### All classes will be scheduled from 6:30 to 8: 30 p.m.

Basic Word Wednesday, May 8 Basic Excel Thursday, May 9 Advanced Word Tuesday, May 21 Advanced Excel Wednesday, May 22 and Python Programming

will be held Monday, June 3 through Wednesday, June 5. All classes are limited to 10 students. Please sign up online, or call the library at 973-635-0603.

onnine, of can the horary at 975-055-0005.

In Conversation with Christine Todd Whitman: The State of the World, Where Do We Go from There? Governor Whitman served in the cabinet of President George W. Bush as Administrator of the Environmental Protection Agency from January 2001 until June of 2003. She was the 50th Governor of the State of New Jersey,

serving as its first woman governor from 1994 until 2001. She is the author of a New York Times best seller called, It's My Party Too, which was published in January of 2005. Governor Whitman will share her views with us

on Monday, May 13 at 7 p.m.

Pre-registration is requested, and you may sign up online or call the library at 973-635-0603.

#### The Discovery of a Rodin Masterpiece

Please join us Tuesday, May 14 at 7 p.m. Mallory Mortillaro, curator at the Hartley Dodge Foundation in Madison, will discuss her discovery of a marble bust of Napoleon Bonaparte by Auguste Rodin in the Madison, NJ Council Chambers. The sculpture is

entitled, Napoleon Evenloppe Dan Son Reve or Napoleon Wrapped in his Dream. Ms. Mortillaro will discuss her discovery to authentication, the plan to loan the bust to a major museum in Philadelphia, and the process for moving the sculpture.

Pre-registration is requested.

#### Creating a Cottage Style Garden

Please join us Thursday, May 16 at 7 p.m. Do you dream of a lush, colorful informal garden filled with old fashioned flowers? The charm of a cottage style garden is characterized by the profusion of plants, color, fragrance and little bit of whimsy. Master Gardener,

Diane Lattanzio of the Rutgers Master Gardener Program, will present essential elements and simple steps to achieve the look of a cottage garden.

Pre-registration is requested. You may sign up online or call the library at 973-635-0603.

#### Italian Conversation Group

Join us Friday, May 17 at 1 p.m. or Tuesday, May 28 at 7:15 p.m. Are you a bit rusty with your Italian language skills? Luciana Santoriello and other fluent speakers will moderate Italian discussion groups. These fluent speakers will help you and others get a conversation going.

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THE CHATHAMS • Page 14 • May 2019



Submitted by Barbara Rushman

Madison/Chatham area runners - come check out the Rose City Runners! We meet every Saturday morning at the Kitchell Road parking area of Loantaka Park in Morris Township. Run start time is 9 a.m. from November through March, 8:30 a.m. April through October. We share breakfast afterwards, and gather around a fire in the shelter on cold days. We also have an optional USATF racing team if you like to race as part of a group. Members host several parties throughout the year, usually holiday or theme related. Saturday morning runs range from 3 to 8 miles at various paces, much on quiet wooded park trails. Our club is celebrating its 40th anniversary this year! Visit RoseCityRunners.com for more information. Runners are welcome to join us any Saturday before becoming a member.





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Renna



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- Column Ad (300 x 200 pixels) \$100 per month
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  Creation of custom photo albums available)
- Rates are based on artwork supplied (Artwork \$40)

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- Website Audit/Analysis and recommendation plan: \$250
  Website creation/update: \$2,400
- (average cost for average website: 12 pages, contact form, SEO friendly, responsive design)
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