

GarwoodTimes_{NJ}

MAILED FREE
TO EVERY HOME
AND BUSINESS
IN GARWOOD

Published by Renna Media

Issue 15 • March 2019

RupCoe
Plumbing, Heating & Air Conditioning Inc.
Sudden Service with a Smile. 24/7 since 1985.
**PROFESSIONAL
RELIABLE SERVICE
ALL MAKES & MODELS
Expert Bathroom &
Kitchen Remodeling**
908.226.1616
210 New Market Avenue.
South Plainfield, NJ 07080
www.rupcoeplumbing.com
Tom Ruperto Plumbing Lic # 7244
Jim Coyle Plumbing Lic # 7189
**\$50 OFF
ANY REPAIR**
Mention this offer; no need to cut!
1 coupon per customer.
Not valid with any other offers.
TRANE
It's Hard To Stop A Trane!
Heating & Air Conditioning

PRSRT STD
U.S. POSTAGE
PAID
BRIDGEPORT CT
PERMIT NO. 390

ECRWSS

*****ECRWSSDDM*****
**POSTAL PATRON
GARWOOD, NJ 07027**

GIRL SCOUTS' ANNUAL POWDER PUFF DERBY

Submitted by Alicia Scipioni

On Saturday, January 26, 2019, the Garwood, Clark and Winfield Girl Scouts held their Annual Powder Puff Derby in the Clark Recreation Center. Over 50 girls, from various troops and from different levels of scouts, came ready to race their cars that they built and designed from scratch. All of the girls created amazing cars that were powered by gravity. Each car raced down the track six times. Many of the races were close and all were very exciting! The girls were grouped by scout level: Daisies, Brownies, Juniors, and Cadettes. There was even a Family Race.

Every girl who entered received a patch for the hard work and participation. First, second and third place winners from each level of scouts received a trophy.

The event was run by Cadette Troop 40791, led by Girl Scout Leader Alicia Scipioni and her husband Valentino Scipioni. The Scipionis were excited to provide an engineering event where Girl Scouts could have a hands-on STEM Project to complete with their families.

The Overall Winners were: 1st Place Allison Normann (Junior) with her car named, The Creepster; 2nd Place Taylor Normann (Cadette) with her car, The Dark Knight; 3rd Place Isabella Papa (Cadette) with her car, Showtime.

Family Race Winners were: 1st Place Melissa Papa with her car, Big Blue; 2nd Place Matt Normann with his car, Nitro; 3rd Place Shane Morrison with his car, Vision.

The Girl Scouts would like to thank all the parents and scouts who helped set-up and ran the track, especially Matt Normann. The Girl Scouts thank the volunteers who worked the kitchen during the races, which will help fund future Girl Scout activities. Lastly, the Girl Scouts would like to thank Kings located in Garwood, Manager Domenic Romeo at the Clark ShopRite and Kervin Almonte from BJ's in Linden for all of their generous donations.



(above, l-r) Pictured here are the Overall Winners Taylor Normann in 2nd place, Allison Normann in 1st place & Isabella Papa in 3rd place.

WINNERS FOR SPECIAL CATEGORIES WERE:

- Most Colorful - Faith Texeira with her car named Rainbow Racer
- Most Scout Made - Gabriella DeSanto with her car named Unikitty
- Car with the Most Sparkle - Alyssa Miller with her car named Princess Twilight
- Sporty Car - Makhaela Gonzalez with her car named Cheer-mobile
- Most Unique - Juliette Raab with her car named Pink Fireball
- Fastest Looking Car - Taylor Normann with her car named The Dark Knight
- Funniest Car - Lucia Junkroft with her car named Sushi Speeder
- Most Bling - Jemma Galczynski with her car named The Pearly Jem
- Most Cartoonish - Gianna Fogu with her car named Spongebob Mobile
- Best Named Car - Catherine Hudak with her car named "Something fast this way comes"
- Prettiest Car - Mia Arvelo with her car named Sugar Queen
- Most Girl Scout Themed - had two winners: Kayla Roselli with her car named Tagalong Daisy; and Kiersten Mathison with her car named Cookie Cruiser
- Best Paint Job - Livia Cantor with her car named I Ain't Scared
- Most Amazing Design - Lauren Gluck with her car Skee Ball Power
- Most Animal Friendly - Emily Griffin with her car Emily's Zoo
- Pretty in Pink - Lilijana Jadro with her car Pink Poodle
- Flat Tire (lowest car) - Gianna Shatkin with her car Rainbow Horn

CALL TODAY TO ADVERTISE IN THE NEXT ISSUE

Call Tina today to reserve the space in this or other Renna Media publications.

**Each month 2,200 newspapers are printed and
mailed free to every home and business in Garwood.**

*Reserve space in the next issue. Call Tina today
at 908-418-5586 or email info@rennamedia.com*





Garwood Times is published by Renna Media. 2,200 newspapers are printed monthly and mailed to every business and resident in Garwood.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

©2019 Contents of this newspaper cannot be reproduced without written consent from Renna Media LLC.

To submit content email:
editor@rennamedia.com

Garwood Times is online at
www.rennamedia.com
like us on
[facebook.com/Garwood Times](https://www.facebook.com/GarwoodTimes)



MAYORS WELLNESS CAMPAIGN UPCOMING ACTIVITIES

To continue Garwood's Mayors Wellness Campaign, at the 2018 New Jersey State League of Municipalities Convention, then Mayor Charles Lombardo signed the New Jersey Health Care Quality Institute's Pledge of Participation. The pledge highlights Garwood's commitment to work and promote an active living and healthier lifestyle for its residents. This statewide Mayors Wellness Campaign is supported by nearly 400 Mayors throughout the state to implement health and wellness programs.

Current Garwood Mayor Sara Todisco has appointed former Mayor Charles Lombardo as the Mayors Wellness Campaign liaison. Mr. Lombardo has recently formed a committee which is currently comprised of six members, which include three Garwood citizens, a professional personal trainer, a registered dietitian and an officer from our local Chamber of Commerce. They are currently reaching out to the entire community of Garwood to join our efforts as they offer a series of events, including educational workshops on healthy eating, active living, and various wellness events. The Committee will encourage healthy living and eating habits through nutritional education for adults of all ages as well as school age children.

The first Mayor's 3K Walk of 2019 will take

place on Saturday, March 23rd, starting at 10 a.m. at the East Street entrance to the park. It is anticipated that this walk will take place on the fourth Saturday of every month. Mayor Todisco will be this month's celebrity walker. In the months to follow, celebrity guest walkers will be the Chief of Police, school officials, among others. Mr. Lombardo reminds participants that it is a walk, not a run or a competition, just an opportunity to get out in the fresh air, meet your neighbors, and get some exercise.

Members of the Mayor's Wellness Campaign met with Mrs. Emmons, Principal, Dr. Quigley, Superintendent of Schools, and the Lincoln School PTA, to discuss ways that the Campaign can be integrated into the school's curriculum and activities, offering parents and students nutritional information for families to stay active, while making healthy food choices.

The Committee has established a monthly schedule, meeting on the second Monday of each month at 4 p.m. in Borough Hall. They encourage Garwood's residents to share in their mission. In the near future they will be reaching out via a Facebook Page and local newspapers to bring in new members and interested professionals to join them. Please contact the Mayors Wellness Campaign via e-mail at MWC@garwood.org

SAM'S LANDSCAPING

SPRING CLEAN UP

Reserve your spot for lawn maintenance this season

ACCEPTING NEW ACCOUNTS

LIMITED SPACE AVAILABLE

CALL TODAY

908-875-3741

SAMSHAPPYLAWNS@GMAIL.COM



Call Today for a Free Estimate!
855-624-6655



Interior Remodeling



Masonry



Decks & Porches



Roofing & Siding



Windows & Doors



Exterior Remodeling

Family Owned & Operated

- ✓ Interior & Exterior Remodeling
- ✓ 25+ Years Remodeling Experience
- ✓ 100% Financing Available
- ✓ BBB A+ Rated
- ✓ HomeAdvisor Screened & Approved
- ✓ GAF Certified Roofing Installer
- ✓ 0% Financing Plans
- ✓ Outstanding Workmanship
- ✓ CertainTeed Building Solutions Specialist



Licensed & Insured • LO65735 • NJ DCA: 13VH07755300

Low Monthly Payment Plans

- Basements \$295
- Decks/Patios \$139
- Porches/Steps \$105
- Bathrooms \$199
- Windows \$189
- Kitchens \$289
- Roofing \$179
- Siding \$259

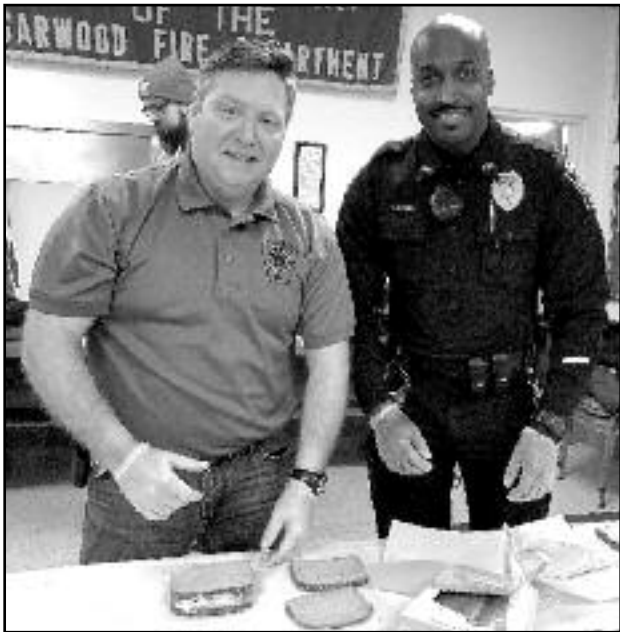
0% Plans Available!

Estimated monthly payments.
Rates & payments based on credit approval.



MagnoliaHomeRemodeling.com

MLK JR DAY OF SERVICE AT GARWOOD



(above) Police Chief Jim Wright and Officer George Suggs making sandwiches for the homeless.



(above) Hygiene Kit making for at-risk teens.



(above) Sandwich Making for the homeless.

STEPHANIE GARDENS
GARWOOD, NJ

One bedroom available at \$1,439
Heat & hot water included.
Conveniently located in residential area.
908.789.9198
Professionally managed by DanJon Management Corp., Inc.

On January 21, 2019, Garwood participated in its first annual Martin Luther King, Jr. National Service Day. The day, initiated and organized by Councilwoman Jen Blumenstock, consisted of various activities focused on helping those in need. Over 100 volunteers of all ages, came to Garwood’s Borough Hall and Fire Department and made over 800 sandwiches for The Elizabeth Coalition for the Homeless, assembled and packed nearly 600 hygiene kits for Visions and Pathways, a non-profit that helps homeless and at-risk teens, as well as prepared and packed safety kits for Garwood Seniors. Garwood’s youngest, which included the town’s own Daisy Troop, created bookmarks for young patients at the Children’s Specialized Hospital as well as cards that were sent to a veteran’s group

thanking them for their service. All donations were made by Garwood residents as well as RWJ University Hospital in Rahway, an affiliate of Barnabas Health, which donated meat and cheese for the sandwiches. In support of a donation competition at Garwood’s Lincoln School, Fiamma’s Brick Oven Pizza awarded pizzas to the winning grade. In total, several hundred residents contributed through donation of money, supplies, or time, as did members of Garwood’s Mayor and Council and Garwood’s Police Department. Union County Freeholders Sergio Granados and Rebecca Williams lent a hand and also granted Garwood a commemorative resolution honoring the day and the hard work put in by the committee and volunteers.

Photos by Borough of Garwood



(above) Bookmark Making for Children’s Specialized Hospital.



(above) Card making for veterans.



(above) Safety Kit Making for Seniors.



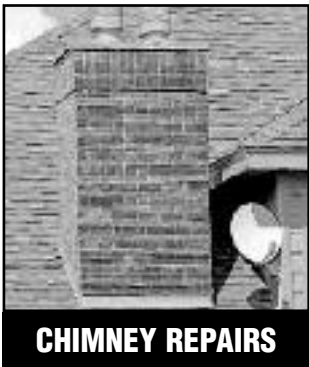
(above, l-r) Receiving Commemorative Resolution from UC Freeholders: MLK Day of Service Committee member Arlene Yanagacio, UC Freeholder Sergio Granados, Councilwoman Jen Blumenstock, Committee members Lorena Bellomo, Rob Schilare, Courtney Calhoun, and Michele Tortorici, and UC Freeholder Rebecca Granados.



FOUNDATION REPAIRS BEFORE & AFTER



CHIMNEY LINERS



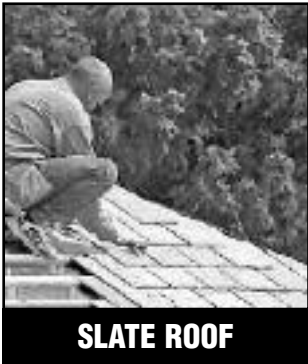
CHIMNEY REPAIRS



SHINGLE ROOF



FLAT TOP ROOF



SLATE ROOF



SPANISH STYLE ROOF



NEW STEPS

GUTTER CLEANING STARTING AT \$65

MAGIC IMPROVEMENTS (800) 206-8529
With this coupon. May not be combined with any other offer.
Expires 4-13-19. Go to LocalFlavor.com for more coupons.

15% OFF SENIOR CITIZEN DISCOUNT

MAGIC IMPROVEMENTS (800) 206-8529
With this coupon. May not be combined with any other offer.
Expires 4-13-19. Go to LocalFlavor.com for more coupons.

\$250-\$350 ANY CHIMNEY JOB

MAGIC IMPROVEMENTS (800) 206-8529
With this coupon. May not be combined with any other offer.
Expires 4-13-19. Go to LocalFlavor.com for more coupons.

\$300 OFF ANY JOB of \$2,000 or more

MAGIC IMPROVEMENTS (800) 206-8529
With this coupon. May not be combined with any other offer.
Expires 4-13-19. Go to LocalFlavor.com for more coupons.

\$800 OFF ANY NEW ROOF JOB

MAGIC IMPROVEMENTS (800) 206-8529
With this coupon. May not be combined with any other offer.
Expires 4-13-19. Go to LocalFlavor.com for more coupons.

\$350-\$450 ANY ROOF REPAIR

MAGIC IMPROVEMENTS (800) 206-8529
With this coupon. May not be combined with any other offer.
Expires 4-13-19. Go to LocalFlavor.com for more coupons.



24/7
EMERGENCY
SERVICE

CALL FOR FREE ESTIMATE
800-206-8529

JERSEY VOICES' CALL FOR ORIGINAL WORKS DEADLINE MARCH 15

The Chatham Community Players is seeking original, one-act plays, short musicals, and/or original dance pieces, written by New Jersey authors, for Jersey Voices' 25th annual production.

Submissions should be roughly 15 minutes in running time, and will be accepted through March 15, 2019 by e-mail only to: jerseyvoices@chathamplayers.org.

Selected pieces will each be performed in our Black Box Theater in Chatham on the last weekend in July and first weekend in August.

If you have any questions visit chathamplayers.org, or email jerseyvoices@chathamplayers.org.

GARWOOD KNIGHTS OF COLUMBUS INDOOR BLOCK PARTY

FEATURING
THE AMERICAN RAPTURE BAND

a rock 'n soul revue
featuring songs from 50's-60's-& 70's

March 3, Sunday
4:00 p.m.-7:00 p.m.

Doors open at 3:00 p.m.

37 South Avenue, Garwood
Parking entrance on Willow Avenue
(around the back)

Tickets \$30
include show, beer, wine, soft drinks.

For more info call
908-789-9809 or 908-313-2244
Bring your dancing shoes and snacks

5 AREA FENCERS SELECTED TO COMPETE IN THE DISTRICT 2 FENCING CHAMPIONSHIPS

On January 26, 2019, 5 fencers were chosen to represent Westfield High School's Fencing Club, which trains out of Advanced Fencing and Fitness Academy (AFFA) in Garwood, New Jersey, for the Independent portion of the

NJSIAA District 2 Championships.

The District 2 Championships were held at North Hunderton High School. Freshman new comer, Sean Crann placed second in the Epee event pool.



(above) The fencers who competed: Jasper Lemberg, Senior- Epee; Emily O'Connell, Junior – Sabre; Mark Falletta, Junior – Epee; Alex Caramagno, Sophomore- Sabre; and Sean Crann, Freshman – Epee.

*Outstanding Service
Outstanding Results
Outstanding Recommendations*
Local Real Estate expert
helping you make the right move.
*Specializing in Listings and Sales in
Cranford, Fanwood, Scotch Plains,
Westfield & Surrounding Communities.*



Ellen Murphy

ABR SRES CNMS

Cell: 908-447-8134

Office: 908-233-5555 - x 201

Westfield East Office

209 Central Ave

ellenmurphy811@gmail.com



NJAR Circle of Excellence 2008-2018
NJ Monthly 5 Star Professional 2009-2018
Distinguished Sales Club

Franklin H. Rainear Jr., Affordable Funeral Service & Cremation LLC

Affordable Simple Cremation, We Go Everywhere
Crematory Fee Included & Absolutely No Hidden Costs

888-213-4090

Franklin H. Rainear, Jr. Manager NJ Lic. No. 4543

1310 Prospect Street, Ewing, NJ 08638

Email: Funeralserviceandcremationco@gmail.com

www.affordablefuneralservicecremationco.com

Al's Carpentry Home Improvements



Bathrooms - Basements - Decks - Tile
Additions- Doors/Windows - Molding - Drywall
Kitchens - Roofing - Siding - Plumbing - Electrical
Int. & Ext. Painting - Household Cleanouts

Call: 908.451.2230
alscarpentry11@aol.com



Electrical Lic. # 14616
& Plumbing w #8660

MR. HANDYMANNY

A Division of Carpet Doctor LLC.

NJ License # 13vh06607700

**Odd Jobs, Cleanouts
& Handyman Services**

Don't bust your fanny. Call Manny!

**Insured • References • Affordable
Cash • Checks • Credit Cards**

908-342-5048



WOOD FLOORS Sand • Stain • Refinish • Repairs W/W CARPET & RUGS Clean • Stretch • Sanitize • Repairs • Bind

RESTOREMYFLOORS.NET

A DIVISION OF CARPET DOCTOR LLC.

116 SUSSEX ST. WESTFIELD, NJ

908-342-5048

Insured * References * Visa / MasterCard

MURSELI PRO CONSTRUCTION

CHIMNEY & ROOFING SPECIALISTS

908-361-6372

1-800-650-0968

Family
Owned &
Operated For
15 Years

- All Work Guaranteed
- 24/7 Emergency Service
- 20% Senior Discount
- Major Credit Cards
- NJ Lic. 13VH08570100



Carbon Monoxide
is invisible,
odorless,
and can kill you!

MASONRY



- DRIVEWAYS
- STEPS
- BRICK & BLOCK
- SIDEWALKS
- REPAIR

ROOFING



- RE-ROOF
- NEW ROOF
- ROOF REPAIRS
- SHINGLES
- FLAT ROOF

CHIMNEY



- CLEANING
- RE-LINE
- REPAIRS
- REBUILD
- CAPPING

GUTTERS



- CLEANING
- INSTALLATION
- SCREENING
- REPAIRS
- REPLACEMENTS

Special! CHIMNEY LINER
\$1300

*Why Should I Use A
Chimney Lining System?*

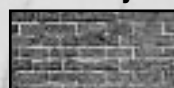
- Protect your house from heat transfer combustibles
- Protect the masonry from the corrosive by products of combustion
- Provide a correctly sized flue for optimum efficiency of appliance



Fire
Safety



Improved
Performance



Long Term
Preservation



Easy & Effective
Cleaning

FREE ESTIMATES

Special!

COMPLETE SET OF STEPS

Includes New Bricks, Limestone & Concrete Platform

\$2,600

Up to 5 Steps, 6 feet wide

With coupon. Cannot be combined
with any other offer. Expires 4/6/2019

Save \$900
ON ROOF
REPLACEMENT

With coupon. Cannot be combined with any other offer.
Some restrictions apply. Expires 4/6/19.

\$79.99
GUTTERS CLEANING
(Any Average House)

With coupon. Cannot be combined with any other offer.
Expires 4/6/19.

\$150 OFF
ANY ROOF REPAIR
of \$500 or more

With coupon. Cannot be combined with any other offer.
Expires 4/6/19.

\$200 OFF
ANY CHIMNEY REPAIR
of \$800 or more

With coupon. Cannot be combined with any other offer.
Expires 4/6/19.

GARWOOD HISTORICAL COMMITTEE PLANS FOR 2019

Submitted by Carol Lombardo

The Garwood Historical Committee held its first meeting of the year on January 28, 2019, and welcomed new members to its group. In addition to Carol Lombardo, Chair; Bruce Paterson, Vice-Chair; Adele Lewis, Treasurer; and Chelsea Brandt Rooney, Secretary; other members include Jennie Browne, Pat DiFabio, and Helen Laucius. Mayor Sara Todisco recently appointed three new members: Stephanie Bianco, Max Blanton and James Hart. Councilman Russ Graham is the Council Liaison for the Committee.

Garwood has come to be known as "The Small Town with a Big Heart". There is the North Side and the South Side, now Garwood's Historical Committee is looking to find its Sweet Side. Many years ago in 2003, Garwood's Centennial Committee published a cookbook filled with recipes from its residents, including everything from soups to nuts, and it was a big success!

This time around, on a smaller scale, the Historical Committee is looking for Garwood's sweet heart. The Committee is asking residents to bring out their favorite sweet recipes, from pies to cakes, brownies to ambrosia, and everything in between. The aim is to collect as many dessert recipes as they can so that they can create a wide-ranging compilation, reflecting Garwood's sweet side. This endeavor is one of the Historical Committee's fundraising projects, so that the Committee can maintain funds to preserve and protect its collection of Garwood's memorabilia and artifacts.

The goal of the Committee is to collect the recipes over the next few months in order to have the recipe book ready just in time for Valentine's Day 2020. If any Garwood resident, or business located in Garwood, is interested in submitting a recipe or two of your favorite goodies, please send them to garwoodhistory@garwood.org, or you can mail them to Garwood Historical Committee, c/o Carol Lombardo, 275 Fourth Avenue, Garwood, NJ 07027. There will also be a drop-off box located in the Garwood Public Library on Walnut Street. If you like, and the Committee encourages you to do so, please include a few sentences about the recipe, whose it is, why it's your favorite, and how long it's been in your family. You can even submit a picture of yourself or your relative who gave you the recipe. The Committee will make every

SUNDAY MORNING SINGLES DISCUSSION GROUP HITS 40TH YEAR

The Sunday Morning Singles Discussion Group meets for lively discussion every Sunday from 9 - 10 a.m. at The First Baptist Church of Westfield (lower level), 170 Elm Street, Westfield, NJ. This nondenominational group enjoy a Continental breakfast followed by engaging conversation. \$2 donation. No reservations required. For more information call 908-686-0563.

attempt to include this extra information in the recipe book, depending on the amount of recipes received.

When submitting recipes, please include your name, and phone number and/or email in case the Committee needs clarification on your submission. Garwood's "big heart" has a sweet side, and the Garwood Historical Committee is determined to show it off!

The Historical Committee is also planning a re-dedication of a memorial plaque, which was located on a rock, behind a fence in center field of the James Guerriero Baseball Field. The rock has since been relocated to a more prominent place near the Humenick Field House so that it can be appreciated by all who visit the area. This rededication is planned for mid-April and details will follow shortly.

When "Garwood Rocks" pours into town on Sunday, June 2, 2019, the Garwood Historical Committee will again have a booth, highlighting some of Garwood's history. The Committee will also host the History Rock Hunt as it has for the

past two years. Right after Memorial Day, brightly colored rocks will be hidden in plain sight throughout Garwood. The finder of each special rock is asked to bring it to the Historical Booth and they will be awarded a prize as well as a booklet containing the history of all 25 of the rocks. As the date gets closer, more information will become available.

The Committee wishes to thank all those who purchased the Series 2 Holiday Ornament, the last fundraiser of 2018 for the Committee. It was a great success and the Historical Committee has plans for a third and final set, which will be available later in 2019.

The members of the Committee urge residents to think of the Committee before tossing out what might be trash, but treasure to them. The Committee is always looking for memorabilia of Garwood, artifacts and old photographs of the town. Their mission is to preserve and protect Garwood's short but rich history. The Garwood Historical Committee can be reached at garwoodhistory@garwood.org.

LET 'EM ROLL AT PATHWAYS 25TH ANNIVERSARY CASINO NIGHT CELEBRATION

Pathways, a women's cancer support program at The Connection, is celebrating its 25th anniversary with a Casino Night Event held on Saturday, March 30, from 7 – 10 p.m. at the Canoe Brook Country Club in Summit. Please join us for an exciting evening in support of the myriad services Pathways provides women with cancer. In addition to casino games with great prizes, there will be Hors D'oeuvres, dinner, wine, champagne and beer, plus \$100 in Casino Cash, are included with each ticket. For tickets, information and donations go to BIDPAL.NET/PATHWAYS25.

Twenty-five years ago, women with cancer who were scared and suffering found solace in the newly-founded Pathways breast cancer support groups. The support groups helped so many women feel safe in sharing their deepest fears as well as the triumphs achieved during their cancer journeys. During the past twenty-five years, Pathways expanded by offering many other programs and services to fit the needs of women with cancer and allow them to feel cared for, connected and empowered.

The Pathways 25th Anniversary fundraising event will help Pathways continue to provide our programs free-of-charge to women with cancer:

Pathways Cooks serves organic, nutrient-rich, delicious meals weekly to women undergoing cancer treatment and their families, allowing women to focus on recovery and gaining strength.

The Pathways Women's Cancer Teaching Project empowers breast and gynecological cancer survivors to enhance patient-centered, humanistic healthcare by sharing their personal journeys in educational sessions with doctors and students studying medicine at over 17 healthcare institutions in NJ.

The Pathways Financial Assistance Fund helps women undergoing treatment for any type cancer who are in critical need of financial assistance pay utility, rent, medical and other bills.

The Pathways Dragon Boat Team – Team SOS ("Save our Sisters") inspires female cancer survivors to paddle together weekly on a dragon boat in a serene lake setting on Lake Parsippany and to participate in festivals, offering exercise and a floating support group.

Wellness Programs such as Therapeutic Yoga allow women with a history of cancer to bond while managing stress and supports their recovery by increasing strength and flexibility.

Pathways Support Groups, led by a trained facilitator, are offered for breast and gynecological cancer survivors when interest is expressed by enough women to form a group.

The variety of programs offered by Pathways allow every woman to feel at home, regardless of her diagnosis and no matter where she finds herself in her cancer journey. As a breast cancer survivor, Pathways Director, Lesley Andrews, understands first-hand the struggles a survivor faces. She also knows how much Pathways can help a survivor find the strength to persevere and make meaning of her disease, as it did for her.

This very special event is being led by a dynamic committee: Lesley Andrews, Marie Avagliano, Terry Jacobs, Ann Karr, Alicia Molnar, Mary Orloff.

For more information about Pathways, or to make a tax-deductible donation to support our invaluable free programs and the women we serve, call Lesley Andrews

@ 908-273-4242 ext. 154, write to her at pathways@theconnectiononline.org or visit our website at TheConnectionOnline.org.

GARWOOD PUBLIC LIBRARY EVENTS

The Garwood Public Library is located at 411 Third Avenue, Garwood, New Jersey.
For info and to register for programs, call 908-789-1670 or visit: youseemore.com/garwood
The Library is open Monday through Thursday from 9 a.m. to 8 p.m.;
Fridays 9 a.m. to 4:30 p.m. and Saturdays from 9 a.m. to 1 p.m.

Knitting Club

Mondays and Thursdays at 10:30 a.m.
No registration required; Learn how to knit or show others how it's done while enjoying fun conversation. Needles and yarn provided to newcomers.

Kid's Chess

Mondays, at 3:00 p.m.
No registration required. Limit 12; Informal chess game for children of all ages. This is a non-instructional program. Six boards provided.

Monday Afternoon Book Club

at 1 p.m. on March 18
no registration required. Check with the Library for their latest book selection.

Explore It

Tuesdays at 3:00 p.m.
in the Lincoln School Art room. This is after school STEM fun for kids 4th grade and older: Registration required Limit 16.

Adult Craft

Tuesday, March 12 at 6:00 p.m.
Let those creative juices flow. Make a craft to bring home and impress your friends and family. Limit 10. Registration required

Toddler Story Time

Wednesdays at 10:30 a.m.
No registration required. For children birth to age 4; Stories, songs, bubbles and more. The Pipsqueak Players will visit Storytime on March 13.

Library Board Meeting

Wednesday, March 6 at 8:00 p.m.
The Library Board meeting is open to the public.

Kid's Craft

Wednesday, March 13, at 3:00 p.m.
make a fun craft. Registration required. For children 2nd grade and up, Limit 20.

The Original Mixed Company

Wednesday, March 20.
Join us for a night of Doo-Wop, Motown, and Rhythm & Blues. This talented band has been featured on CBS-FM, and NPR, played Studio 54 and opened for the Drifters. The fun begins at 7 p.m. Limit 40, registration required.

Aging Services Kiosk (ASK)

Thursday, March 21, from 10 a.m. till noon
Union County Division of Aging Staff will be on hand to assist seniors (age 60+) or their caregivers with information on services, such as meal delivery, respite care, adult day care and support services for caregivers.

Lego

Thursday, March 14 and 28 at 3:00 p.m.
be inspired by this month's theme and build whatever comes to mind. Then share your creation with others. Some will be displayed in our showcase. Registration required. For children age 4 through 12, Limit 15.

Thursday Night Book Club

Thursday, March 7, at 7:00 p.m.
No registration required. Join us for a lively discussion of this month's book. Check with the Library for their latest book selection.

OPERATION REBOUND INVITES VETERANS AND FIRST RESPONDERS TO ATTEND MARCH MEETING

The New Jersey Veterans Network along with the Operation Rebound Racing Team host free monthly PTSD and benefits meetings which aim to be fun, while being informative.

Our next meeting will be held on March 31, 2019 from 9 a.m. to 2 p.m. We will be assisting The New Jersey Veterans Network and their 'Veterans' Drive' on their final collection date.

We will be collecting Electronics, Laptops, Used Phones, Business Suits/Dress attire and other clothing at the Union VFW, located at 2012 High St., Union, NJ.

For more information about donating or attending please contact Michael D. Boll via email mdbollioOptonline.net, or call/text (973) 332-1556.



GARWOOD SENIORS PLAN TRIP TO THE BROWNSTONE

The Garwood Senior Citizen Club is planning a bus trip to the St. Joseph Festival held at The Brownstone in Paterson on Wednesday, March 20, 2019. It will be an afternoon of fun, food, and music, presented by Jersey Dreamers. Tickets are \$55.00 per person for Garwood residents and \$60.00 per person for non-residents. Price includes: 2 alcoholic drinks, pasta, salad, choice of chicken parmesan or sausage & peppers, vegetable and potato, dessert, coffee, tea and soda. To reserve your spot please contact Betty at 908-232-2077 or Shirley at 908-377-5456.

The bus will leave from the Garwood Fire House on South Avenue promptly at 10:00 a.m. and return is approximately 4:00 p.m.

The Garwood Senior Club meets on the first and third Thursday of each month at the Garwood Fire House at noon. All Garwood seniors are invited to join the Club. The newly elected officers are: Pat Di Fabio, President; Fred Unnold, Vice-President; Delores Cielinski, Treasurer; and Rita Unnold, Secretary.

Paulette Drogon, Senior Citizen Director for the Borough of Garwood provides a monthly calendar of events that are open to all residents of Garwood (55 and over), not just club members, such as Zumba, bowling, arts & crafts, line dancing, ceramics, and exercise classes. If you are not already on the mailing list, you can do so by calling Paulette at 908-789-0710 and leave a message with your name, address and phone number.

CAR STOP

The fastest way to sell your Car, Truck, or SUV!

WE BUY CARS! INSTANT CASH TODAY!

CAR CONCIERGE SERVICE - WE COME TO YOU TO APPRAISE YOUR VEHICLE AND MAKE YOU AN INSTANT OFFER.

Call, text or email to make an appointment

908-385-2384

License Car Dealer Since 1984

email: tony@carstopinc.com

Olin Dental Group

General & Pediatric Dentistry

Olin Dental Group caters to all of your family's dental needs!



- Pediatric Dental Specialists
- Multiple General Dentists
- State-of-the-Art Facility
- Evening and Saturday Hours
- Parking Lot with Ramp
- Nitrous Oxide Available
- Participating in Most Major Dental Insurance Plans

www.olindentalgroup.com

732-381-8968

1361 St. Georges Ave., Rahway, NJ 07065

DON'T FALL FOR SCAM CALLS AND EMAILS IMPERSONATING IRS

Thousands of people have lost millions of dollars and their personal information to tax scams. Scammers use the regular mail, telephone, or email to set up individuals, businesses, payroll, and tax professionals.

Scammers and cyberthieves continue to use the IRS as bait. The most common tax scams are phone calls and emails from thieves who pretend to be from the IRS. Scammers use the IRS name, logo, fake employee names and badge numbers to try to steal money and identities from taxpayers.

Taxpayers need to be wary of phone calls or automated messages from someone who claims to be from the IRS. Often, these criminals will say taxpayers owe money and demand payment right away. Other times, scammers will lie to taxpayers and say they're due a refund. The thieves ask for bank account information over the phone. The IRS warns taxpayers not to fall for these scams.

Below are several tips that will help filers avoid becoming a scam victim.

- IRS employees will not:
- Call demanding an immediate payment. The IRS won't call taxpayers if they owe taxes without first sending a bill in the mail.
 - Demand payment without allowing taxpayers to question or appeal the amount owed.
 - Demand that taxpayers pay their taxes in a specific way, such as with a prepaid debit card.
 - Ask for credit or debit card numbers over the phone.
 - Threaten to contact local police or similar agencies to arrest taxpayers for non-payment of taxes.
 - Threaten legal action, such as a lawsuit.

If taxpayers don't owe or don't think they owe any tax, and they receive an inquiry like this, they should:

- Contact the Treasury Inspector General for Tax Administration. Use TIGTA's "IRS Impersonation Scam Reporting" web page to report the incident.
- Report the incident to the Federal Trade Commission. Use the "FTC Complaint Assistant" on FTC.gov. Add "IRS Telephone Scam" to the comments of your report.

In most cases, an IRS phishing scam is an unsolicited, fake email that claims to come from the IRS. Some emails link to sham websites that look real. If the thieves get what they're after, they use it to steal a victim's money and identity.

For those taxpayers who get a phishing email, the IRS offers this advice:

- Don't reply to the message.
- Don't give out your personal or financial information.
- Forward the email to phishing@irs.gov. Then delete it.
- Don't open any attachments or click on any links. They may have malicious code that will infect your computer.

For more information visit www.irs.gov or call your local police department non-emergency number.

NEWARK BAIT AND FLYCASTING CLUB

The Newark bait and Flycasting Club was founded in 1907 and remains the oldest fishing clubs in the nation. We are listed on Amazon Smile and are a recognized 501(c)3 nonprofit. We provide outings to support veterans, adults and children as well as people with disabilities which focus on environmental education, fishing knowledge and practice.

We are always looking for new members, donations, and volunteers if anyone would like to get involved.

Our monthly meetings are held at the Kenilworth VFW, located at 33 S. 21st St., Kenilworth, NJ, on the first Tuesday of each month at 7 p.m. (except July and August). There is no fee to attend a meeting.

Our Annual Kids Seminar will be held on Tuesday, March 5, 2019 at 7:00 p.m., at the Kenilworth Veterans Center, V.F.W.33 South 21st street Kenilworth, NJ. A Guest speaker to

be announced and topics of discussion will be safety while fishing, fish identification, and practice casting. Prizes will be awarded and snacks will be served. There is no fee to attend.

Annual Youth Fishing derby on Saturday, April 13, 2019 at Echo Lake in Westfield. Free for children under 16. \$10 for adults who wish to participate. Sign up early morning. Tagged Fish will be stocked that day so the children can see them get stocked. Prizes are awarded for different species of fish. This is an ongoing event so if a child cannot fish that day they can sign up and send in their tag if they catch a tagged fish up to the deadline that tags will be received.

You may Donate and sponsor a fish for this event. Download our form online or we can mail one to you.

For more information visit nbfcc.org or contact Bob Jones BJonesJRNJ@hotmail.com

RENNA MEDIA
NEWSPAPER RATE SHEET
WE MAIL
135,000
NEWSPAPERS
MONTHLY!
Tina Renna 908-418-5586
tinarennarennamedia.com
Joe Renna 908-447-1295
joerennarennamedia.com
202 Walnut Avenue
Cranford, NJ 07016
info@rennamedia.com

Advertise
in 1 or all
21 towns

Berkeley Heights
COMMUNITY NEWS
Qty: 4,800
Mailed to every home and business.
Zip: 07922

THE CHATHAMS
NJ
Qty: 7,400
Mailed to every home and business.
Zip: 07928

Clark
Monthly
Qty: 6,700
Mailed to every home and business.
Zip: 07066

CRANFORD
MONTHLY NJ
Qty: 9,800
Mailed to every home and business.
Zip: 07016

Farwood
Post NJ
Qty: 3,000
Mailed to every home and business.
Zip: 07023

Garwood
NJ Times
Qty: 2,200
Mailed to every home and business.
Zip: 07027

Green
Brook Gazette
Qty: 3,000
Mailed to every home and business.
Zip: 08812

BUSINESS + LIFE
KENILWORTH NJ
Qty: 3,600
Mailed to every home and business.
Zip: 07033

LI
NJ
Qty: 17,400
Mailed to every home and business.
Zip: 07036

Long Hill
LEADER
NJ
Qty: 3,600
Mailed to every home and business in Hillside, Arlington and Hillside.
Zip: 07933, 07946, 07980

MADISON
MONTHLY NJ
Qty: 6,300
Mailed to every home and business.
Zip: 07940

MOUNTAIN
VIEW NJ
Qty: 2,900
Mailed to every home and business.
Zip: 07092

New
Providence
NEWS NJ
Qty: 4,900
Mailed to every home and business.
Zip: 07974

The
PRIDE
of North
Plainfield
NJ
Qty: 8,300
Mailed to every home and business.
Zip: 07060, 07062, 07063

OUR
TOWN
Rahway NJ
Qty: 12,400
Mailed to every home and business.
Zip: 07065

Scotch
Plains NJ
WRITERS REPORTING
MONTHLY
Qty: 9,600
Mailed to every home and business.
Zip: 07076

Summit
NJ Times
Qty: 9,600
Mailed to every home and business.
Zip: 07901

Spirit
of
UNION NJ
Qty: 5,500
5,000 mailed to home and business.
Zip: 07083

WARREN
MONTHLY NJ
Qty: 6,200
Mailed to every home and business.
Zip: 07059

Watchung
Post NJ
Qty: 2,800
Mailed to every home and business.
Zip: 07069

Westfield
NJ MONTHLY
Qty: 11,800
Mailed to every home and business.
Zip: 07090

NEWSPAPER AD RATES
Rates are per month. Adwork included in price.
Newspapers are black on white.

Units	Size	RATE FOR ANY 1 NEWSPAPER	RATE FOR ANY 3 NEWSPAPERS	RATE FOR ANY 6 NEWSPAPERS	RATE FOR ANY 9 NEWSPAPERS	RATE FOR ANY 12 NEWSPAPERS	RATE FOR ANY 15 NEWSPAPERS	RATE FOR ANY 18 NEWSPAPERS	RATE FOR ALL 21 NEWSPAPERS
1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000
2 PAGE SPREAD	21" x 14"	\$700							
BACK PAGE	10" x 14"	\$500							
FRONT PAGE HANNER	8.25" x 2"	\$320							
FRONT PAGE BOX	1.5" x 4.5"	\$240							

Back cover, front page banner and front box reserved on first come, first served basis. Current advertiser has right of first refusal.

PREPAY FOR 6 MONTHS AND GET 1 FREE

Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016

Visit RennaMedia.com for online publications.

Photo albums, video and advertising opportunities.

SCHOLASTICS HARDEST MATH PROBLEM STUDENT CONTEST FINALISTS

Four students from Lincoln School in Garwood, New Jersey who participated in Scholastics Hardest Math Problem Student Contest in November 2018 were recently notified that they are eligible to compete in the final mathematics challenge for a chance to win a laptop and \$5,000 for a college savings account. The contest, which was administered by Ms.

Cafiero, was designed to help students in grades 6-8 show off their skills with ratios and equations. Sixth graders Nyla Castro, Richard Howard, and Matthew Simitz were among the winners along with seventh grade student Zoey Brown. The students are ready to show off their math and writing skills in Challenge 2 and look forward to finding out the results in April.

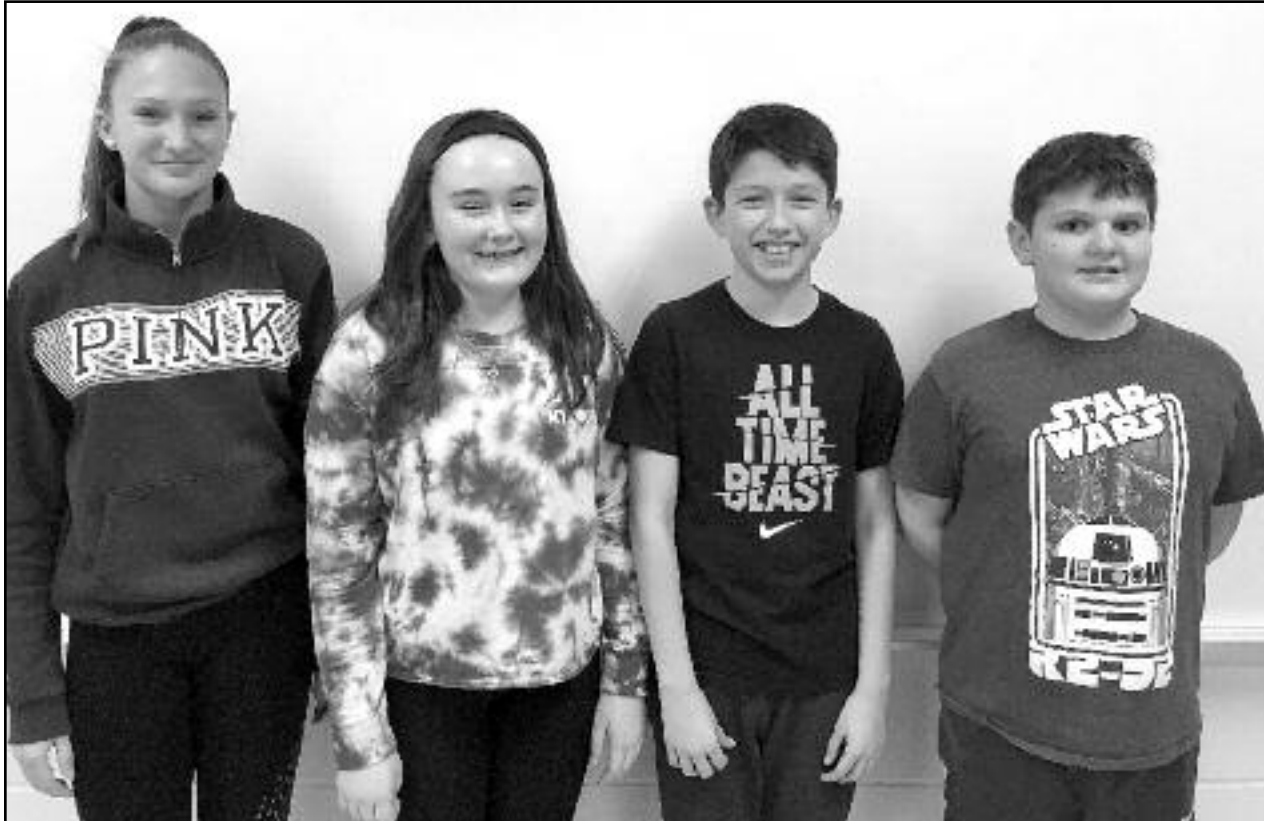


Photo by Garwood Public Schools



THE MARK SAENGER ART EXHIBIT
A Journey Through Nature
Captured On Canvas

April 06, 2019
7:00 - 9:00 pm

South Avenue Arts
221 South Avenue
Garwood, N.J.
908-654-2787

Refreshments Will Be Served

All Major Credit Cards Accepted




Keep your cool this summer with Reel Strong

REEL-STRONG can evaluate your heating and cooling needs with no obligation, before you purchase equipment that you may not need.

We are a full service installation and maintenance company.

- HEATING OIL SUPPLIER
- WILLIAMSON BOILERS
- RHEEM FURNACES AND AIR CONDITIONERS
- NATURAL GAS CONVERSIONS AND SERVICE



Williamson



549 Lexington Avenue • Cranford
908-276-0900 or 1-888-480-0901
WWW.REEL-STRONG.COM



Rheem
High Efficiency
Central Air Conditioning

Elizabethtown Gas
rebate available*
on High Efficiency Equipment

NJ Clean Energy Program*
Incentive for the Purchase
of High Efficiency Heat and AC

INCLUDES FREE
5 YEAR
PARTS & LABOR
WARRANTY.

*Some model restrictions may apply.

FREE
ESTIMATES

0%
Financing
Available

Master HVACR Contractor License #19HC00438000

SAVE THIS COUPON

\$25 OFF
ANY SERVICE CALL

May Not Be Used For Routine Maintenance.
With Coupon – No Expiration

NEW RHEEM HEATING OR
AIR CONDITIONING SYSTEM

MAKE YOUR BEST DEAL
THEN TAKE

\$300 OFF

Exp: 6/30/19. May Not Be Combined With Other Offers.

*Some expiration dates apply so don't delay

CALL US ABOUT OUR FULL COLOR PRINTING SERVICES AND INSERTS. JOE 908-447-1295



FULL COLOR PRINTING AND INSERTS DIRECT MAIL TO EVERY HOME AND BUSINESS MENUS - PRINTING - \$50 per thousand

Rate is for quantities of 25,000 or more. For quantities less than 25,000 cost is \$68 per thousand.

11"x17" / Full color / 2 sided / 60lb gloss coated stock / Includes folding (quarter fold or tri-fold, with or without coupons tab)

FLYERS - \$35 per thousand

8.5" x 11" / Full color / 2 sided / 60lb gloss coated stock / Tri-fold add \$10 per thousand

POST CARDS - \$85 per thousand

8.5" x 5" / Full color / 2 sided / 9 point coated stock - \$55 per thousand for 20,000+ quantity

\$8.5" x 11: \$110 per thousand / \$70 for 20,000+ quantity

Minimum printing quantity is 10,000. Other sizes and stocks can be quoted.



INSERTING:

COST PER THOUSAND INSERTS

Up to 15,000	\$60
15,000 to 30,000	\$55
30,000 to 45,000	\$50
45,000 to 60,000	\$45
60,000 to 75,000	\$40
75,000 to 90,000	\$35
Over 90,000 inserts	\$30

ARTWORK AVAILABLE

FLYERS • BROCHURES • MENUS

STOCK DESIGN AND PRODUCTION

\$300 TO \$600 based on complexity

Large library of stock layouts and images to choose from.

Custom art and photography available.

DIRECT MAIL SERVICE

ANY TOWN IN NEW JERSEY

Call for quote on Art / Printing / Mail Prep / Postage

CUSTOMER SUPPLIED INSERTS: Minimum cost \$400.

Insert size must be smaller than 11" x 7.5". Must be void of indicia and mailing label, or an additional charge will apply.

**JOIN THE HYPERLOCAL ONLINE NETWORK
ON rennamedia.com AND SOCIAL MEDIA**

**Ask Us About Our
Targeted Advertising and Marketing Opportunities**
Feature your business through • Video • Photo Albums • Press Releases
Websites • YouTube • Facebook • Eblast Newsletter