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Issue 42 • March 2019

VOLUNTEER RESCUE SQUAD WANTS TO MEET YOU

Come to Our Weekly Open House. Stop by for Coffee. Ask Questions. Meet the Officers. Tour the Ambulance. Submitted by: Your Neighborhood Squad Members

Are you curious about the Berkeley Heights Volunteer Rescue Squad (BHVRS)? Have you thought about joining but are concerned about the commitment? Are you unsure how you could schedule one more thing into your busy week?

Our members felt the same way. Many of us have jobs, children, and some are even back in school. The BHVRS makes it easy to volunteer. Members have the option of riding at night or during the day—and you do not need to stay at the building when you are on shift.

We want to meet you! Come stop by our open houses, every Tuesday night from 7 to 9 p.m. at the Rescue Squad located at 378 Snyder Avenue. Ask our squad members anything you want to know. Learn about what it is like to be on the BHVRS and how it can fit into your hectic life. There is no obligation to sign up.

"When I first joined I was worried about balancing the squad with a work-from-home job and little kids. But the rescue squad understood I was only able to give so much," says squad member Carolyn Sayre, NREMT. "When I am on shift I can still help my kids with their homework or sit down for a family meal. I can tell you that they have never remembered the bedtime story I missed when my pager went off or I had a training to attend. But they sure do remember, "My mom is an EMT!"

For 75 years, the BHVRS has proudly served its community by providing life-saving emergency medical services. Our members respond to more than 800 calls a year including falls, motor vehicle accidents, and medical emergencies. In 2018, we even had the honor of delivering a baby for the first time in 20 years! The BHVRS is a friendly face in the community—standing by at town and school events, educating the public about CPR and First Aid, and offering mutual assistance to neighboring towns.

None of us want to think an emergency will happen to us. But our community needs to be prepared when it does. Every day and night a group of only 25 regular BHVRS members covers a town of more than 13,400 people, including a fourmile stretch of Route 78. We need more residents to step up and join us!

(continued on page 2)







POSTAL PATRON BERKELEY HEIGHTS, NJ 07922

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Berkeley Heights

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RESCUE SQUAD (continued)

Imagine if it was your grandpa having difficulty breathing, your husband experiencing chest pain, or your child injured on the sports field. Wouldn't you want a dedicated group of trained first responders that live nearby to provide emergency care—and in some cases, life-saving interventions—as quickly as possible?

"The BHVRS has been an amazing second act that has brought me great fulfillment. I became a member because I was looking to give back to my community when my kids were getting older and starting to leave the house," says squad member Joe Plocinski, EMT. "It has been a great experience from day one and that has motivated me to keep doing more. The BHVRS has changed my life, and will change your life too." Who We Are

The BHVRS is staffed entirely by volunteers. Our dedicated members are all ages, and come from all walks of life and professional backgrounds. We rely entirely on donations from generous community members.

Most of our members did not work in the healthcare field before we became EMTs. You do not need any medical training. We will teach you everything you need to know—and we do not ask you for more than you can give or handle. All you need is a desire to learn and help.

"Being on the squad has brought an incredible perspective and joy to my life in a day and age where we can so easily become distracted with our daily responsibilities. The BHVRS reminds me about what truly matters in life—community, togetherness, and kindness. Until you are part of the BHVRS, it is impossible to describe the joy and satisfaction you feel when you ride home from a call and know you made a small difference in what is likely one of the worst days of someone's life," adds Sayre.

Become an Emergency Medical Responder Today

The BHVRS will offer EMR (Emergency Medical Responder) training at the squad building starting in April. EMR certification provides a level of training below that of an Emergency Medical Technician (EMT). Training takes just 40 hours and you are able to ride on the ambulance assisting EMTs with medical and trauma calls. If you are interested or have any questions, please send an email to emr@bhvrs.org or call 908-464-0013.



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SCHOOLS CELEBRATE VALENTINE'S DAY BY PROMOTING SAFE WALKING AND BIKING

Submitted by TransOptions

Berkeley Heights schools including William Woodruff Elementary, Mountain Park Elementary, Thomas P. Hughes Elementary and Columbia Middle School held a Valentine's Walk to School Day on Valentine's Day, Thursday February 14th, 2019. The themed Walk to School Day had students hand out Valentine's cards and treats to their crossing guards. Students were given a Valentine's card template to give to their crossing guard, but were also encouraged to create their own.

The Safe Routes to School program at TransOptions provides education and encouragement events to schools and communities to promote safe walking and biking around neighborhoods and schools.

"This event is a way for students who walk to school to get to know their crossing guards," said TransOptions Safe Routes to School Coordinator, Lisa Leone. "It's also a great event to hold during the winter months as a way to continue practices of safe walking and biking to school all year round."

"One of the easiest ways to increase the safety of a student's walking trip to school is to hold events like this," said TransOptions President, Dan Callas. "We want to encourage students to walk to school and to do it safely by utilizing sidewalks, crosswalks and their crossing guards."

Overall, Walk to School Day events raise awareness of the need to create safer routes for walking and bicycling and emphasize the





www.SummitCrossingNJ.com



Photos by TransOptions.

importance of issues such as increasing physical activity among children, pedestrian safety, traffic congestion and concern for the environment. The events build connections between families, schools and the broader community. According to the latest statewide data collected by the New Jersey Division of Highway Traffic Safety (NJDHTS), 351 children between the ages of 5 and 12 were involved in crashes as pedestrians or bicycle riders in 2017.

New Jersey Safe Routes to School, which is created and supported by the New Jersey Department of Transportation with funding from the Federal Highway Administration, enables and encourages safer and more accessible walking and bicycling environments for children in New Jersey through education, training, and research. Safe Routes to School projects can involve physical improvements to the environment, as well as encouragement programs to promote more walking and bicycling to and from school, according to saferoutesnj.org.

For more information on TransOptions and its Safe Routes to School program visit www.transoptions.org/safe-routes-to-school.





SIX SCOUTS FROM TROOP 68 EARN EAGLE SCOUT RANK IN 2018

Submitted by Michael Higgins

Troop 68 of Berkeley Heights was established in 1934 and is considered one of the oldest Troops in the state of New Jersey. Troop 68 had the honor and privilege to recognize six young men to the rank of Eagle Scout in 2018. Troop 68 can claim 114 Eagle Scouts from its own ranks over the years. The Eagle Scout rank is the highest rank in the Boy Scouts and is only attained by a small percentage of young men who join Scouting. Past Eagle Scouts include the likes of Steven Spielberg (Film Director), Neil Armstrong (Astronaut), Michael Bloomberg (Businessman, Politician) and Gerald Ford (US President).

The Eagle rank requires the completion of a rigorous set of goals including a substantive service project, that is designed to benefit the local Community. Some projects require countless hours of effort. Below is a short summary of each young man's "Path to Eagle". **COLE WOLFRAM**

Cole's Eagle Scout project came from his desire to conserve and serve his community, specifically the Governor Livingston High School faculty, staff and visitors. Realizing that grass clippings and other organic matter was simply being disposed of through landfills, he envisioned building a permanent composting structure on the high school grounds. All phases of the project, including blueprints, fundraising, raw material purchase, on site build and usage handbook, came together. Today the unit is used and maintained by staff at the high school. His hope is that the unit produces compost to be used to fertilize property gardens, in class projects using composted material and as a learning tool for environmental science students and club members. Cole participated in New Jersey American Legion Boys State. Cole had several leadership roles, among those were Troop Guide and Assistant Senior Patrol Leader. Cole is a freshman at University of Maryland.

DOUG LADZINSKI

Doug's Eagle Project was the creation of an outdoor classroom and garden in front of Governor Livingston High School in Berkeley Heights. The project consists of four picnic tables for seating, two of which are handicap accessible, and a 12 by 30 foot permeable paver eco-friendly patio. The garden contains a variety of native plants used by Environmental Sciences classes and clubs throughout the year. The garden welcomes people driving up to the school and provides a comfortable seating area for students waiting for rides at the end of the day. Doug served in several leadership positions, among them were Senior Patrol Leader and Junior Assistant Patrol Leader. Doug is a winner of the Scout Scholar Athlete award for his participation on the track team. Doug is a freshman at Rensselaer Polytechnic Institute.

ETHAN KAN

Ethan's Eagle Scout project consisted of constructing a pollinator box at William Woodruff Elementary school. The purpose of this project is to help promote the growth of the population of solitary pollinators in order to



(above) Cole Wolfram, Nick Kwan, Tim Koubek, Doug Ladzinski, Ethan Kan, and Kyle Engemann of Troop 68 of Berkeley Heights all gained Eagle Scout status in 2018.

increase pollination and biodiversity of the local area. Accompanying this project was a documentary film that serves to educate the viewer about the importance of solitary pollinators. This film is accessible via QR code and its location by the elementary school serves to help raise the younger generation to be more environmentally conscious. Ethan served in several leadership roles, among them Senior Patrol Leader and Junior Assistant Scoutmaster. Ethan participated in New Jersey American Legion Boys State, Ethan is a freshman at Rutgers University Honors College.

KYLE ENGEMANN

Kyle's project was to renovate and expand the picnic area for the Berkeley Heights Fire Department. An area of 38' x 38' was cleared of overgrown brush and then covered with 3" gravel layer contained by pressure treated lumber. Three heavy duty benches were built and installed, a new commercial fire pit with screen cover was built with a brick paver surrounding, and a storage box for firewood installed. It will serve as an outdoor recreation and gathering area for the fire department. Kyle served his troop as an Assistant Senior Patrol Leader. Kyle is a winner of the Scout Scholar Athlete award for his participation in soccer. Kyle is a senior at Governor Livingston High School and will be attending Virginia Tech, Pamplin College Business and Engineering School this fall. NICK KWAN

Nick created a map and brochure of the Hometown Heroes banners program in Berkeley Heights to help honor 170 local men and women who served our country in the military. The map helps people pinpoint the locations of each of the 86 double-sided banners displayed on lampposts downtown in recognition of their service. The brochures/maps were distributed at the Mount Carmel Festival and are available on the Tapinto Berkeley Heights website. The banner program, created by the Memorial Park Renewal Committee, recognizes veterans and active military who have lived here, reside or work here, or call VFW Post 6259 their home post. Nick served in several leadership roles, among them



(above) Timothy Koubek

Senior Patrol Leader and Junior Assistant Scoutmaster. Nick is a winner of the Scout Scholar Athlete award for fencing. Nick is a freshman at Case Western Reserve University. **TIMOTHY KOUBEK**

Timothy designed, planned and organized a project to build an outdoor classroom at Thomas P. Hughes Elementary school. The classroom has four table bench units with a capacity for 24 students. It is surrounded by deer resistant plants. Leading scouts on the project clearing the area, laying wood chips, transplanting the plants, assembling, polyurethaning and placing the tables. The classroom is next to the Hughes baseball field and can also be utilized as picnic area by families watch PAL baseball games. Timothy participated in New Jersey American Legion Boys State, and was a winner of the Union County Unsung Hero award, and the Scout Scholar Athlete award for shot put. Timothy served in several leadership roles, among them Senior Patrol Leader and Junior Assistant Scoutmaster. Timothy is a freshman at Fordham University.

Troop 68 offers many challenging activities for boys with varied abilities and interests. We are a family friendly, goal and service oriented Troop that meets Mondays at 7:30 p.m. at the Mary Kay McMillan School, 651 Mountain Ave in Berkeley Heights, NJ.

For further information please contact bhtroop68@gmail.com.

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The Berkeley Heights Public Library is offering the following programs in March:

CHILDREN'S STORY TIMES AND PROGRAMS:

Dr. Seuss Birthday Celebration Saturday, March 2 at 3:00 p.m. for ages 3 and up

Magic/comedy show by Fit 4 Kids: The Good Tymes String Band

Tuesday, March 12 at 10:30 a.m. for children of all ages

Paper Plate Story Time - Story and craft with Katie Mazzaferro

Tuesdays, March 5, 19 at 9:30 a.m. for ages 3 - 5 years

Special Story Time Tuesday, March 26 at 9:30 a.m. for ages 3 - 5

Good Morning Story Time Wednesdays, March 6, 13, 20, 27 for ages 2 - 4 years

Baby Time Thursdays, March 7, 14, 21, 28 at 9:30 a.m. for ages 0 - 24 months

ADULT PROGRAMS:

Morning Book Group Friday, March 1 at 10:30 a.m. will discuss The Good House by Ann Leary.

Evening Book Group

Tuesday, March 12 at 7:30 p.m. will discuss Flight Behavior by Barbara Kingsolver. New members are welcome; please stop by or call the Reference Desk (908-464-9333, extension 150) if you are interested in joining.

Italian Conversation Group

Wednesdays, March 6, 13, 20, 27 at 7:00 p.m. Informal Italian conversation group led by a fluent Italian speaker for teens and adults. Beginners welcome! Check the library's calendar at bhplnj.org/event-calendar for program changes and additions.

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RELAY FOR LIFE KICK OFF

Submitted by Marlene Sincaglia

of Berkeley Heights, Mountainside, New Providence and Summit will be holding its 2019 Kick-Off meeting on Thursday, March 14, 2019 at the New Providence High School Cafeteria. The program will run from 7 - 8:30 p.m. The theme this year is Through the Years. Learn more about Relay, how to form a team, fundraising ideas, etc., so you can become a part of this community based event. Come talk to people who have participated and can answer your questions. We are taking back the track.

Relay for Life 2019 will be held at Governor Livingston High School on June 15, 2019. Relay for Life has three prongs: Celebrate, Remember and Fight Back. Everyone has been touched by Cancer, whether it is you, a family member, a friend or a neighbor who heard the words "you have cancer." At Relay we celebrate the survivors and those who are starting the journey. We remember those we lost to cancer and fight back to help prevent Cancer. While doing those things, Relay also raises money for the American Cancer Society (ACS).

The American Cancer Society (ACS) gives money for research grants to find a cure for all cancers. ACS provides, through its 24-hour

The American Cancer Society's Relay for Life helpline at 1-800-277-2345 or via live chat at cancer.org, free information, support and access to resources. They also sponsor workshops for patients so that they can feel more empowered and confident and sponsor Hope Lodge, which provides lodging for a patient and their family when they have to travel for treatment. ACS helps provide rides to and from treatment and trains navigators in hospitals and institutes that help patients by guiding them through cancer treatments. Seventy-five percent of all money collected goes to mission related items, including cancer research, patient support, prevention information, education, detection and treatment. Twenty five percent goes toward management and general and fundraising expenses.

Relay 2019 is looking for teams of people who will work together to solicit money for ACS and then walk the track on June 15 to demonstrate that Cancer does not sleep and neither do we. It is not too early to start the process. Go to RelayForLife.org and sign up.

Relay 2019 is also looking for people to help plan the activities at the event. Become part of the Event Leadership Team. If you are interested, contact Margaret Illis at:

margaret.illis@gmail.com



(above) Team 'Wash Out Cancer' was made up of participants from Berkeley Heights & Mountainside. It was one of 53 teams that participated in Relay for Life 2018. Teams for Relay for Life 2019 are forming now.





BUSINESSES AND GROUPS WANTED TO ADOPT A TREX BIN

Submitted by Kimberly Diamond

In June 2018, the Berkeley Heights Environmental Commission (BHEC) initiated a thin film plastics collection initiative in Berkeley Heights, with six bins from the Trex company placed in the following six locations around town: the library; the police station; Governor Livingston High School; Columbia Middle School; the YMCA; and Pet Supplies Plus. Since that time, residents have contributed over 3,500 pounds of thin film plastics and the BHEC has won a prestigious Association of New Jersey Environmental Commissions (ANJEC) 2018 Environmental Achievement Award for this Trex program.

Currently, the BHEC is seeking interested local businesses or other organizations to "adopt" one of these six existing Trex bins on a permanent basis. This will require each such interested entity to collect items in their adopted Trex bin and shuttle its contents to ACME in New Providence on a regular, continuous basis. As a trade off for doing this, the BHEC will offer such entities the opportunity to use the Trex bins as advertising space for their business or organization, as applicable.

Please contact the BHEC by completing the form at bh-ec.org if you or your business or your organization is interested in this opportunity tp participate.



(above) Local girl scouts assisting with Trex bin collections. The Trex bins have been in place in Berkeley Heights since June 2018.



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FROM MY ARRIVAL TIME FORWARD

"I was admitted to Spring Grave earlier this month from Overlook Hospital with a broken femur. I have to admit that I wasn't excited about the need to go anywhere for rehabilitation, but at the suggestion of my physician and a social worker I selected Spring Grave. The care has been great! Therapy was amazing! I went from being dependent to independent in a few short weeks!"

John Montanna







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What does 3.6 represent? Every 3.6 seconds someone in the world dies of malnutrition or starvation. In Rotary District 7475, which encompasses 10 counties in north central and central New Jersey, it is estimated that over

Heights.

encompasses 10 counties in north central and central New Jersey, it is estimated that over 300,000 men, women and children are food insecure. Over one million persons are living below the poverty level in New Jersey. Over the long term, prevention of food insecurity is likely to be more cost-effective in treating the consequences of this crisis.

packaging event will take place on March 30 at

Raritan Valley Community College from 12 p.m.

to 6 p.m. to package 150,000 meals for a grand

total of 400,000 meals. This is a Rotary District

7475-wide project which includes Berkeley

Based on the resounding success of the End Hunger 3.6 Packaging Project of March 2018, the Rotary Club of Madison and the Madison Rotary Foundation announced that this year's project will take place once again at the The Simon Forum at Drew University, Madison Avenue on Saturday, March 9, 2019 from 9 a.m. to 3 p.m.

> as this is a district-wide project. In order to purchase ingredients for packaging, donations and grants are required. Donations of \$500 or more will be acknowledged in Rotary's publicity materials. Contributions are tax deductible and can be made online or by mail to Madison Rotary Foundation, P.O. Box 211, Madison, NJ. 07940. Contributions for the March 30 event at Raritan Valley Community College may be sent to: Branchburg Rotary Club Foundation, P. O. Box 5135, Branchburg, NJ 08876. Both are 501(c)3 organizations.

feeding stations throughout Rotary District 7475

A total of 800 volunteers are needed for the day of the event. Please register by March 5 on Madison Rotary Website: madisonrotarynj.org. For further information, contact Ellsworth Havens, Chair, at: ellsworthhavens@icloud.com (Madison) or Tulsi Maharian, RVCC event Chair at trmaharjan@gmail.com.



SECOND ANNUAL END HUNGER 3.6

(above) A total of 800 volunteers are needed for each event. Volunteers come from all over New Jersey and beyond. Please register by March 5 on the Madison Rotary Website: madisonrotarynj.org.



ROTARY CLUB OF BERKELEY HEIGHTS Meets on the 2nd and 4th Wednesdays each month (major holidays excepted) The Chimney Rock Inn 342 Valley Road, Gillette. www.bhrotary.com or call

908-447-6290



ST. PATRICK'S DAY 🐐 Sunday, March 17

"Hooley Shooters" at Bridgewater "Courtney Colletti" at Gillette "Bloody Callan" at Flemington **Performance Times: 12-3 pm & 5-9 pm** Not accepting reservations for this day

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Bridgewater 732-469-4600 Gillette 908-580-1100 Flemington 908-788-8800

SAGE PREPARES FOR MARCH FOR MEALS

Submitted by Cindy Potters

City officials and members of community organizations are invited to join SAGE Eldercare in March as it participates in the 17th annual March for Meals – a month-long, nationwide coming together of local community organizations, businesses, government officials and caring individuals to ensure that homebound and vulnerable older adults are not forgotten.

Participants have included NJ State Senator Thomas Kean Jr., Summit Mayor, Nora Radest, Police Chiefs from Summit, New Providence, Berkeley Heights, Springfield and Mountainside and local government officials and volunteers.

Established in 1966, SAGE's Meals on Wheels is the oldest continuously run home delivery meal program in New Jersey. In 2018, approximately 300 volunteers delivered more than 47,000 meals to 232 people in Union County (Berkeley Heights, Mountainside, New Providence, Springfield, and Summit), Essex County (Millburn and Short Hills), and Morris County (Chatham and Madison).

"The services that we provide older adults in our area are critical; it's not just a warm meal, but also a friendly visit, sometimes the only human contact a person gets the whole day," said Marianne Kranz, SAGE Director of Meals on Wheels. "Together, we can keep older adults living independently, healthier at home and feeling more connected to their community as they age."

For more information about participating in March for Meals, contact Marianne Kranz at: 908-598-5514 or email: mkranz@sageeldercare.org.



(above) Summit Mayor, Nora Radest and SAGE Board of Trustee Member, Chris Glacken of Berkeley Heights delivered Meals on Wheels in 2018 in support of March for Meals, a nationwide coming together of local community organizations, businesses, government officials and caring individuals to ensure that homebound and vulnerable older adults are not forgotten. If you would like to participate this year (one weekday for 1 ½ hours) please contact Marianne Kranz at: 908-598-5514 or email: mkranz@sageeldercare.org.

TRANSPORTATION IS KEY TO CANCER CARE

Would you drive a mile to save a life? An estimated 53,260 New Jerseyans will learn they have cancer this year and getting to their scheduled treatment will be their greatest concern. Every day thousands of cancer patients need a ride to treatment here in the Garden State, but some may not have a way to get there.

For the last six years Meg Wilkens has been helping so many of her neighbors during the toughest times of their lives. She has been driving New Jersey residents to their cancer treatments through the American Cancer Society's volunteer Road To Recovery program, which provides free transportation to and from treatment for people with cancer who do not have a ride or are unable to drive themselves.

"Transportation shouldn't be a roadblock to cancer treatment," said Wilkens. "Even with help from family and friends, sometimes patients have trouble getting every ride they need. I am a second-generation Road To Recovery driver, my

Would you drive a mile to save a life? An father did it when I was growing up. I knew when I imated 53,260 New Jerseyans will learn they I retired I wanted to give back and help people."

For those who cannot drive themselves or have no other means of getting to their treatment, Road To Recovery volunteers donate their spare time and the use of their cars to give cancer patients a much-needed lift. Patients can then receive the life-saving treatments they need.

"When you drive, you learn about people's hopes and fears," she said. "None of them are quitters; they all want to beat cancer. I have made some lifelong friends and have enjoyed every ride."

The American Cancer Society is always looking for volunteers, if you have a current, valid driver's license, own or have regular access to a safe, reliable vehicle, then you're already on the road to volunteering.

For more information call the American Cancer Society at 800.227.2345 or visit cancer.org.

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LET 'EM ROLL AT PATHWAYS 25TH ANNIVERSARY CASINO NIGHT

Pathways, a women's cancer support program at The Connection, is celebrating its 25th anniversary with a Casino Night event on Saturday, March 30, from 7 - 10 p.m. at the Canoe Brook Country Club in Summit. Please join us for an exciting evening in support of the myriad services Pathways provides women with cancer. In addition to casino games with great prizes, there will be Hors D'oeuvres, dinner, wine, champagne and beer, plus \$100 in Casino Cash, are included with each ticket. For tickets, information and donations go to BIDPAL.NET/PATHWAYS25.

Twenty-five years ago, women with cancer who were scared and suffering found solace in the newly-founded Pathways breast cancer support groups. The support groups helped so many women feel safe in sharing their deepest fears as well as the triumphs achieved during their cancer journeys. During the past twenty-five years, Pathways expanded by offering many other programs and services to fit the needs of women with cancer and allow them to feel cared for, connected and empowered.

The Pathways 25th Anniversary fundraising event will help Pathways continue to provide our programs free-of-charge to women with cancer:

Pathways Cooks serves organic, nutrient-rich, delicious meals weekly to women undergoing cancer treatment and their families, allowing women to focus on recovery and gaining strength.

The Pathways Women's Cancer Teaching Project empowers breast and gynecological cancer survivors to enhance patient-centered, humanistic healthcare by sharing their personal journeys in educational sessions with doctors and students studying medicine at over 17 healthcare institutions in NJ.

The Pathways Financial Assistance Fund helps women undergoing treatment for any type cancer who are in critical need of financial assistance pay utility, rent, medical and other bills.

The Pathways Dragon Boat Team – Team SOS ("Save our Sisters") inspires female cancer survivors to paddle together weekly on a dragon boat in a serene lake setting on Lake Parsippany and to participate in festivals, offering exercise

ACADEMY OF CONTINUING EDUCATION FOR ADULTS WITH DISABILITIES ENROLLING FOR MARCH-APRIL CLASSES

in Cranford is accepting applications for its March 4-April 26 semester. ACE offers adults with developmental or physical disabilities the opportunity to pursue continuing education as an alternative to traditional day programs.

"Adults with disabilities who have graduated from the public school system or specialized schools often have limited choices when planning their future," said Robin Morris-Marano, ACE director. "Their options often are limited to generic day programs that do not offer the intellectual stimulation and growth provided by our academy. Our program also is ideal for older adults with disabilities who wish to sharpen previously learned skills."

ACE's course offerings for the upcoming semester include math, reading and creative writing, history, science, jewelry design and merchandising, card making, visual arts and crafts, music, performing arts, career and financial literacy, media production and selfunderstanding/peer leadership.

Based on their interests, students may take as many or as few classes as they choose.

"ACE differs from a traditional day program, where the attendee's day is planned for them," Morris-Marano said. "We work with our students and their families to help them select the classes that will bring them the most enjoyment and from which they will get the most benefit."

Whenever possible, ACE curricula are developed in accordance with the New Jersey Department of Education (NJDOE) guidelines, implementing Core Curriculum Content Standards and aligned with the most current

The Academy of Continuing Education (ACE) information offered by the NJDOE, according to Morris-Marano. The ACE Program is approved by the New Jersey Department of Developmental Disabilities for Day Habilitation through the department's Supports Program.

For more information, Morris-Marano can be reached at 908.354.3040, ext. 4671.

The Academy of Continuing Education is a program of Community Access Unlimited (CAU), a statewide, Union County-based nonprofit providing support programs and services to adults with disabilities as well as youth served under the Department of Children and Families (DCF) to enable them to live independently in the community, providing supports in areas including housing, vocational skills and life-skills training, education, advocacy and recreation.

About Community Access Unlimited

Community Access Unlimited (CAU), celebrating its 40th year in 2019, supports people with special needs in achieving real lives in the community. CAU provides support and gives voice to adults and youth who traditionally have little support and no voice in society. CAU helps people with housing, life skills, employment, money management, socialization and civic activities. CAU also supports opportunities for advocacy through training in assertiveness, decision-making and civil right. CAU currently serves more than 6,000 individuals and families, with the number served growing each year. For more information about CAU and its services, contact us by phone at 908.354.3040, online at www.caunj.org or by mail at 80 West Grand Street, Elizabeth, NJ 07202.

and a floating support group.

Wellness Programs such as Therapeutic Yoga allow women with a history of cancer to bond while managing stress and supports their recovery by increasing strength and flexibility.

Pathways Support Groups, led by a trained facilitator, are offered for breast and gynecological cancer survivors when interest is expressed by enough women to form a group.

The variety of programs offered by Pathways allow every woman to feel at home, regardless of her diagnosis and no matter where she finds herself in her cancer journey. As a breast cancer survivor, Pathways Director, Lesley Andrews, understands first-hand the struggles a survivor faces. She also knows how much Pathways can help a survivor find the strength to persevere and make meaning of her disease, as it did for her.

This very special event is being led by a dynamic committee: Lesley Andrews, Marie Avagliano, Terry Jacobs, Ann Karr, Alicia Molnar, Mary Orloff.

For more information about Pathways, or to make a tax-deductible donation to support our invaluable free programs and the women we serve, call Lesley Andrews

@ 908-273-4242 ext. 154, write to her at pathways@theconnectiononline.org or visit our website at TheConnectionOnline.org.



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HELP WANTED DIRECTORS

DIRECTOR - BUSINESS INTELLIGENCE needed to provide strategic solutions to bring disparate data into Enterprise Data Warehouse (EDW), MDM, Cloud Information Management, Insights and Analytics to meet client's needs. Responsible for providing input into Axtria's delivery practice areas, including best practices, innovative cutting-edge solutions and competency models in the space of Business Intelligence, Data Warehouse and MDM Solutions. ASSOCIATE DIRECTOR needed to develop advanced goal setting models for growth and mature brands using Regression Analysis, SAS & SQL based on the sales profitability. Responsible for business development cycle, developing power point presentations, proposals, developing presentations to the client teams. Responsible for building core competencies, scalable capabilities, solution development and innovation. Work location will include Berkeley Heights, NJ and also at various unanticipated locations throughout the U.S. as assigned which may require relocation. Applicants must specifically identify all postsecondary education and all mentioned skills and tools in which applicant has education, training or experience.

Applicants should identify clearly which position they are applying for in their cover letter. Mail resumes to Axtria, Inc. Attn: Human Resources, 300 Connell Dr., 5th Fl, Berkeley Heights, NJ 07922.

HELP WANTED Sr. Manager & Project Leader Needed

Senior Manager needed to work with project stakeholders of Axtria to understand the project requirements and prepare project plan. Implement end to end projects and monitor and track project status and health. Provide business and technical guidance to the team during project Implementation and execution. Keep project resources optimally utilized and all deliverables at 100% accurate and defect free. All of the above duties will be performed using a wide of variety of tools but most importantly using Tableau, Qlikview, Spotfire and AWS.

Project Leader – Business Intelligence needed to understand client's business requirements and develop comprehensive test plans. Synthesize current business intelligence or trend data to support recommendations for action. Provide Data Analytics and Modeling to clients as part of on-site opportunities or consulting projects. Develop new statistical models as well as provide analysis using existing models. All of the above duties will be performed using a wide variety of tools but most importantly SQL, VB Macros, and HP Application Lifecycle Management. Work location will include Berkeley Heights, NJ and also at various unanticipated locations throughout the U.S. as assigned which may require relocation. Applicants must specifically identify all post- secondary education and all mentioned skills and tools in which applicant has education, training or experience.

Applicants should identify clearly which position they are applying for in their cover letter. Mail resumes to Axtria. Inc. Attn: Human Resources.

Mail resumes to Axtria, Inc. Attn: Human Resources, 300 Connell Dr., 5th Floor, Berkeley Heights, NJ 07922.

PASSAIC RIVER PARK CLEAN UP OFFERS OPPORTUNITY TO BE GREEN ON MARCH 17

Submitted by Kimberly Diamond

When you think of St. Patrick's Day, you think of green. What better way of celebrating "green" on March 17, 2019, than by doing something "green"? On March 17 from 1 - 3 p.m., the Berkeley Heights Innovation and Sustainability Alliance invites the community to join in an Adopt-A-Park cleanup of the parkland that's part of the Berkeley Heights section of Union County

Passaic River Park, Berkeley Heights. The clean up will occur just beyond the end of Summit Avenue, beginning at the area behind the Berkeley Heights Sewerage Authority. Just bring yourself, and perhaps some family members (kids included) and friends! Bags and reinforced gloves will be provided at no charge. Come on out and lend a hand to help keep Berkeley Heights green!

WOMEN VOTERS HOSTS RUTH ANNE KOENICK

The League of Women Voters of Berkeley Heights, New Providence and Summit invites the public to attend a talk, "#MeToo: Violence Against Women: History and Hope" by Ruth Anne Koenick on March 11, 2019 at 7:30 p.m. It will be held in the DeCorso Center, 5 East 4th street, New Providence.

Office for Violence Prevention and Victim Assistance at Rutgers, The State University of New Jersey. A graduate of The University of Maryland and George Washington University, Ms. Koenick has worked in the field of violence against women for 45 years.

reet, New Providence. The meeting is open to the public. For more information, visit lwv-bhnps.org.

ANNUAL GL PROM FASHION SHOW

Come out for a fun night to watch members of the Governor Livingston High School Class of 2019 strut their stuff on the runway modeling the latest in formal wear.

There will be a basket raffle too. All of the proceeds benefit the Class of 2019 and Project Graduation. Project Graduation is a substance-

free, fun filled night for the students on the night of graduation. It is a tradition they look forward to every year!

Friday, March 6, GLHS Cafeteria. Doors open at 6 p.m. and show starts at 7 p.m. Entry fee is \$5. No RSVP necessary-- just come and enjoy the show. Fun for all ages.



Snow date: Friday, March 8th

Admission \$5

GL Cafeteria

Doors Open at 6:00 pm

Show Starts at 7:00 pm

Modeling by GL students and teachers ...plus a basket raffle with great prizes!

Proceeds benefit Project Graduation and the Class of 2019

Fashions by Macy's Short Hills, Lord & Taylor of Livingston, Adams Fine Clothing for Men in New Providence and David's Bridal of Springfield

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