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RAHWAY'S OWN REFLECT RAHWAY 'TOUGH'

Submitted by Rob Kinch

"Don't let anyone put a ceiling on you," warns Joe Giacobbe, Strength and Conditioning Coach for the NFL's NY Jets, and one of five inductees into the 2018 class of "Rahway's Own." "Being tough," he advises the students, "is important in chasing a dream." He gives credit for this drive and persistence to achieve his dreams to the strength instilled in him by his hometown, the community of Rahway.

On Tuesday, November 27, Principal John Farinella opened the doors of Rahway High School once again to host this year's "Rahway's Own" ceremony, celebrating the induction of 2018's candidates Joe Giacobbe, European basketball star Louis Campbell, jazz musicians (and brothers) Allan and Warren Vaché, and Rahway historian Alex Shipley. The event, now in its 5th year, organized by Amy Garcia Phillips and Ann Marie Williams of the Rahway Arts and Business Partnership along with RHS Vice Principal Patricia Volino-Reinoso and assistant football coach and teacher Dan Garay, honors members from the Rahway community who have achieved excellence in their field, who have impacted and elevated Rahway, and who will represent their city as a place for innovation, creativity, and

community.

The celebratory opening comments for this year's program were proudly presented (and enthusiastically received by the high school students in attendance) by "Rahway's Own" alumnus Coach Fred Stueber who emphasized "how much talent we have in this town." As the 2018 inductees were recognized one by one for their achievements, Coach Stueber's sentiment was clearly incontrovertible.

Son of the late bassist Warren Vaché and elder brother of clarinetist Allan Vaché, cornetist Warren Vaché Jr. has defied being labeled as a swing musician, having listened to and absorbed all styles of music. He has spent years playing with such music greats as Rosemary Clooney, Benny Goodman, and Woody Herman and has performed at major jazz festivals such as the Newport Jazz Festival and festivals in France, Italy, Japan, Australia, and Hong Kong. Although Mr. Vaché could not be present due to a prior engagement in India, his brother and famed clarinetist Allan appeared via video to address the RHS students on a personal level. Having graduated RHS in 1971, Allan Varché went on to perform with the Jim Cullum Jazz Band of San Antonio, Texas for

(continued on page 2)

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Photo by Joseph Mudrak.

(above, back row, l-r) High School Principal John Farinella, VP Patricia Volino-Reinoso, Amy Garcia-Phillips, Ann Marie Williams, Superintendent Dr. Patricia Camp, Dan Garay.
(front row) Ms. Sharon Mc Collins Mother of Louis Campbell, Joe Giacobbe, Alex Shipley.

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RAHWAY 'TOUGH' (CONTINUED)

(continued from page 1)

seventeen years, to tour Mexico for the US State Dept., and to perform at NYC's Carnegie Hall and Lincoln Center and The Kennedy Center in Washington D.C. He has recordings as a soloist and has also performed in Europe, Asia, Australia, and South America. Reassuring the students that, "Confusion is not unique to you," Mr. Varché encouraged them to "concentrate on what it is you love to do and develop it."

Louis Campbell, professional basketball player and currently point guard/shooting guard for the Antibes Sharks of the LNB Pro A., was honored with induction into "Rahway's Own" by Rahway Recreation Building Supervisor and Coach Gil Chandler and was represented at the event by his very proud mom, Ms. Sharon Mc Collins. Mr. Campbell, also an RHS graduate, played college basketball with the Buffalo Bulls, later playing most of his career in Germany. From August 2012-2016, he played with Strasbourg IG and was named the 2014-15 French Basketball Cup MVP.

Beginning his second season in the NFL after joining the NY Jets strength and conditioning staff in 2017, RHS and Rutgers graduate Joe Giacobbe was now welcomed as one of "Rahway's Own" by his brother and current Rahway mayor, Raymond Giacobbe. Exemplifying to students the value of remaining Rahway 'tough' on the road to achieving their goals, Joe has faced and has successfully overcome the many obstacles which lay in his

path to fulfilling his own personal dreams, thus clearly demonstrating the rewards of staying strong.

Finally, it can be honestly said that to truly know Rahway is to know "Rahway's Own" inductee Alex Shipley. Author, teacher, Director of museum operations at Merchants & Drovers Tavern Museum Association, and official Rahway city historian, Mr. Shipley continues to paint a broad, informative, and colorful portrait of his hometown throughout the years without omitting any of its curious, fascinating, and sometimes obscure facts and legends. From his 'Ghosts of the Past' cemetery tour to his recounting of the details of the 19th century crime case of "the Unknown Woman", he has entertained and brought the occasional shiver to his many avid followers. His advice to students? "Each of you is unique," he proposes and challenges them to be "passionately interested in whatever you do!" (And passion takes strength.)

Rahway Superintendent of Schools Dr. Patricia Camp was especially pleased with the idea of Rahway 'tough' presented to her district's students by the new cohort of "Rahway's Own." She offers, "This year's class of inductees exemplifies the resiliency and perseverance needed to excel in any field – arts, athletics, community service, and history. Rahway, the schools and city, is a hidden gem in Union County but with the continued recognition of what our citizens accomplish, Rahway won't stay hidden for long!"

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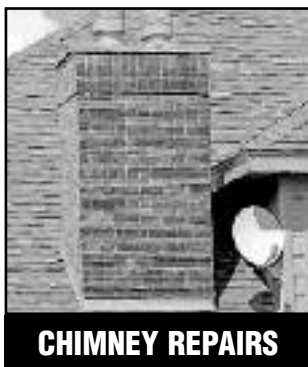
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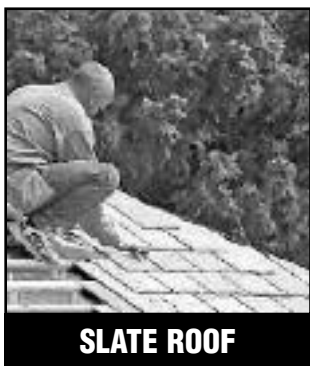
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PINCHING HOUSEPLANTS & ZEBRINA (WANDERING JEW)

As the day light hours lengthen houseplants begin to come out of their winter slumber and spur new growth. In February you will already notice your plants beginning to require water more often.

All plants reach for the sun, growing new leaves mostly on top. In the case of trailing houseplants, especially vines, this leaves the stems bare and leggy. These plants benefit from being 'pinched backed'. Pinching is a form of pruning that only removes a few leaves from the top of the plant. This technique encourages the plants to branch out on top. Then splitting in two, growing more lower leaves along the stem at the base, and often more flowers resulting in bushier healthier plants.

Pinching takes the least amount of energy away from the plants, removing only small young growth so it can refocus that energy on new leaves and roots.

ZEBRINA (WANDERING JEW)

Some popular houseplants such as 'Wandering Jew' benefit from a more aggressive pruning. For these a combination of pruning and propagation works best.

Zebrina are native to Mexico and are usually grown in hanging baskets which best show off their leaves. Wandering Jew is hardy and easy to grow indoors. Its variegated leaves are either white and green or purple and silver.

Zebrina should get bright light to help maintain color and tight leaves. They like warm temperatures and growth will slow down if it is too cold. Don't allow temperature to drop below 55 degrees. Water moderately allowing the top to dry out between watering to prevent root rot.

When the stems reach one to two feet it is time



(above) Past President of The Rahway Garden Club, James Keane, has been researching and answering garden questions since 1995.

Visit 'Keane Gardener' blog at:

keanegardener.blogspot.com

to renovate them. This will keep the whole plants looking better.

Take a 3" cutting from the top, remove the lower leaves and root the stems. This can easily be done in a glass of water. When the roots are one inch long it is time to pot them up. At this point you can either plant cuttings in a fresh pot or you can poke holes in the soil of the original parent plants, then put in the cutting and tap fresh soil around them. Soon they will fill in and make your plants look as good as new.

In early spring remove discolored leaves and dispose of them. They will not regain color.

When taking cuttings remember to put a few aside to share with family and friends.

Happy Indoor Gardening,

James

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AMBO'S GRAVE MARKER SHEDS LIGHT ON SLAVERY IN NEW JERSEY

Submitted by Al Shipley, City Historian and Rahway Library Research Consultant

In the Rahway Cemetery, not far back from the steady din of traffic emanating from St. Georges Avenue, one can find the grave of Ambo, a slave woman, who died on September 21, 1847. One of only a scant number of marked slave graves to be found in cemeteries throughout Union County, the inscription on Ambo's stone gives insight into the harsh reality of slavery as it was practiced even here in New Jersey. Her marker reads:

Ambo
Died September 21, 1847
Aged 100 years
Born of African parents
In the family of Abraham Terrill

She remained a faithful servant to him, his children, and grand-children, until her death.

Slavery in New Jersey goes far back into the Colonial period, as early as the 1630s according to some sources, and becomes a firmly established system in 1664 after the English take control of the colony. By 1704 there was a large enough slave population in the Jersey colony that it was deemed necessary to enact a so-called slave code which formally reduced the liberties of the enslaved. It should be noted that there was a lower percentage of slaves in the Rahway/Plainfield area largely on account of the presence of a substantial Quaker population whose members were staunch abolitionists.

In the two decades following the Revolutionary War, most northern states ended the practice of slavery within their borders. New Jersey, which by 1790 had a slave population of over 11,000, was the last northern state to abolish the institution, but it was not done without a cruel stipulation. In 1804, the state legislature passed "An Act for the Gradual Abolition of Slavery" which in actuality allowed slavery to continue well into the mid-nineteenth century. The statute provided that African Americans born to slave mothers after July 4, 1804 had to serve lengthy apprenticeships to the owners of their mothers. Females would be freed upon reaching 21 years of age, and males upon reaching 25. Slaves born before the law was passed were considered



(above) Ambo's grave in the Rahway Cemetery lies in the Terrill family plot. A permanent marker was placed at the site by members of the United Youth of New Jersey, a group based in Elizabeth, committed to preserving African-American history.

indentured servants who were apprenticed for life.

In the case of Ambo, the law did nothing to change her situation. Having been born before the 1804 Act, she literally remained in servitude until her death in 1847. In fact, having been born sometime in the 1740s as a child of slaves, she was destined to be a slave her entire life.

The origin of Ambo's name is not known for certain, but it could possibly come from Ambo Point (now Perth Amboy), a city that was a major port of entry for the importation of slaves. She was born into the family of Abraham Terrill, a prominent man in Rahway who owned the Terrill Tavern, a popular meeting place located just north of the Robinson Branch of the Rahway

River on the west side of St. Georges Avenue. Following the death of Mr. Terrill and his wife Mary, Ambo became the property of their son Thomas.

Ambo's duties in the Terrill home and inn would have been varied, but basically, she would best be described as a household domestic. If the legend be true that General George Washington stopped at the Terrill Tavern on his way through Rahway during the Revolutionary War, it is possible that Ambo might have seen the general and perhaps might have even served him.

The United States Census of 1840 lists the household of Sylvanie Terrill, wife of Thomas, to include a free Negro woman between the ages of 55 and 100. If this reference was to Ambo, and she was freed in her old age, it would have been very difficult for her to start a new, independent life. It is more probable that she stayed with the Terrill's and continued serving the family she had known all her life.

Over the course of the three generations of working for the Terrills, Ambo's grave marker suggests that she was truly perceived as a member of the family. In the eighteenth and nineteenth centuries (and to some degree to this day), cemetery plots were purchased as the final resting place for all members of the family where they would be together forever. Family plots were exclusively for the mortal remains of family members only. The fact that Ambo's grave lies in the Terrill family plot amongst the Terrill relations, shows the strong relationship that must have been built between her and the Terrills. Also, the fact that a headstone was placed on her grave, a tribute almost never given to slaves, is another indication of the love and respect the family felt towards this special woman and family member named Ambo.

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AMANDA COCCIA AND MARYGRACE PURYEAR PLAYING VOLLEYBALL AT FELICIAN

Submitted by Mark Mentone

Amanda Coccia (Rahway, N.J./Roselle Catholic) and MaryGrace Puryear (Cranford, N.J./Cranford High School) were members of the 2018 women's volleyball team at Felician University.

Felician is affiliated with NCAA Division II and competes in the Central Atlantic Collegiate Conference (CACC). The 2018 Golden Falcons posted an overall won-lost record of 13-18, nearly doubling the previous school record for victories, and finished in fourth place in the CACC North Division with an 8-11 league mark.

Felician reached the CACC Tournament for the first time since 2013. The Golden Falcons bowed out in the quarterfinals, 3-2, to eventual

champion Holy Family University.

Coccia, a senior defensive specialist and team co-captain, played in 27 matches. In 80 sets, she accumulated 136 digs (1.70 per set) and six aces (0.07). Coccia will conclude her four-year Felician career with 697 digs in 106 matches, both totals among the top 10 in school history. She is a 2015 graduate of Roselle Catholic.

Puryear, a sophomore defensive specialist, amassed 241 digs, 50 assists, and 27 aces in 2018 after posting just 69 digs, 10 assists and nine aces as a freshman. Starting at libero, she recorded 30 digs in a four-set home win over Concordia College on September 14. Puryear is a 2017 graduate of Cranford High.



(above) Amanda Coccia
(Rahway, N.J./Roselle Catholic)



(above) MaryGrace Puryear
(Cranford, N.J./Cranford High School).

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FRANKLIN SCHOOL GETS DUCT TAPED!

OUR TOWN *Rahway* • Page 9 • February 2019

During the Fall 'Enchanted Forest' Scholastic Book Fair, Franklin School students bought over 920 books, 154% over their 600 book goal. The Principal, Mrs. Aleya Shoieb, agreed to be duct taped to the wall as their reward if they reached 600 books sold. However, since they surpassed their goal, several teachers also agreed to be duct taped. The more books that were bought, the

more teachers volunteered to be taped. In all, the students had the opportunity to duct tape thirteen teachers, the Principal, and Vice Principal to the wall. November 21, 2018, was D-Day (Duct Taping Day). Each student was given two pieces of tape and had a choice of which staff member they wanted to tape.

photo by Rahway Public Schools



(above, l-r) Pictured are Douglas Hillegas, Laura Croce, Jackie Gallo, Principal, Aleya Shoieb, Raffaella Nicoll, Alica Scipioni, and Allison Moran.
In front is School Library Media Specialist, Susan Farrar.

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ANNOUNCING: THE CONNIE DWYER BREAST CENTER AT TRINITAS

Trinitas Regional Medical Center has partnered with The Connie Dwyer Breast Cancer Foundation to open a new breast center in Connie's name at Trinitas. The brand new \$3.4 million facility will offer a highly empathic approach to screening, diagnosis, treatment, community outreach and education to all women, regardless of financial status.



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FUN THINGS TO DO INSTEAD OF DRUGS POSTER CONTEST

Fourth-grade students at Franklin Elementary School in Rahway recently participated in the "Fun Things to Do Instead of Drugs" poster contest. The winners from the school's contest were submitted as entries for the state-wide contest. The contest is sponsored by PDFNJ, Partnership for a Drug-Free NJ. The contest was open to all fourth-grade students throughout New Jersey. The students were challenged to create anti-drug artwork relating to the theme "Fun Things to do Instead of Doing Drugs." The winning entries will have their artwork reproduced as a folder which will be distributed to next year's fourth-graders in every school in New Jersey. For more information about PDFNJ and substance abuse prevention, visit drugfreenj.com.

photo by Rahway Public Schools



(above, l-r) Gabriel Mendoza, Isabella Prado, and Isabella Milano pictured with their posters.

ROAST BEEF DINNER - FEB. 22

On Friday, Feb.22, 2019, Rahway Knights of Columbus Council #1146 will be holding a Roast Beef Dinner for the benefit of the local AARP Chapter. Cost \$10 for adults, \$5 for children under 10. Hours, 5:00 to 8:30 p.m. Location, Columbian Club Hall at the corners of Inman and Jaques Aves.

FISH AND CHICKEN FRY AT AMERICAN LEGION - MARCH 2

On Saturday, March 2, 2019 Holy Trinity Orthodox Church in Rahway will host a Fish and Chicken Fry, prepared by Argyle Caterers (on site) at the American Legion Post, 581 Maple Avenue, Rahway, from 5 - 7 p.m.

The meal includes thick, succulent, deep fried Basa fish, or a juicy breast of chicken. All meals will include french fries, coleslaw, macaroni salad and dessert. Eat in or take out.

In addition, there will be prize baskets raffled and a 50-50 drawing. Cost is \$15 for adults and \$7 for children under 10 years old. Advance tickets are recommended. Call (732) 388-5107 for tickets.

HONOR ROLL LUNCHEON

Franklin Elementary School in Rahway recently celebrated students' hard work. Fifth and sixth-grade students that earned all A's for the first marking period were invited to an honor

roll luncheon hosted by their principal, vice-principal, and teachers. Students received certificates and were treated to pizza, munchkins, and juice.

Photo by Rahway Public Schools.



ART EXHIBIT WILL CELEBRATE AFRICAN AMERICAN ART AND CULTURE

The City of Rahway presents 'The Bridge,' an Art Exhibit celebrating African American Art and Culture. The Exhibit will be held at The Gallery Space, 1670 Irving Street, Rahway NJ (at the corner of Irving St. & Seminary Avenue), from February 4 - 28, 2019.

There will be an opening reception on Sunday, February 10, 2019 from 2 to 5 p.m. with a special presentation at 4 p.m.

Admission is free, light refreshments will be served. February gallery hours are Mon-Fri. 1 - 4 p.m., Wed 7 - 9 p.m., and Saturdays from 10 - 11:30 a.m.

This exhibit features a wide variety of Artworks by: Jo-EL Lopez, Kevin Darmanie, Nettie Thomas, Beverly McCutcheon, Mansa Mussa, Ibou Ndoeye, Danielle J. Scott, Raymond Horner Jr. and Carol Black Lemon.

Art is a bridge between people and culture. In a world where there are so many divisions, it becomes imperative to find ways that we can all come to a greater understanding of the people around us. Art provides insights into the experiences of the artist and the tone and tenor of their life.

For more information call 732-827-2210.

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RAHWAY FIREFIGHTERS WILL COMPETE AT FOOD AND WINE FESTIVAL TO BENEFIT THE BURN CENTER AT SAINT BARNABAS

On Monday, February 25, 2019, Rahway firefighters will join firefighters from around New Jersey to compete at the Cooked and Uncorked Food and Wine Festival benefiting the New Jersey State Firefighter's Mutual Benevolent Association and The Burn Center at Saint Barnabas Medical Center. This event, which draws people from throughout New Jersey, will be held at The Pines Manor, 2085 Route 27, Edison, NJ from 6:00 to 9:00 p.m. Last year more than \$50,000 was raised from the event which was attended by more than 900 people.

The Ultimate Fire Department Cook-off will be an integral part of the evening as firefighters from 25 departments will compete in three

different categories: Gourmet, Firehouse and Dessert.

The competition is part of the culinary extravaganza where participants will be able to experience the tastes and flavors of more than 40 of New Jersey's finest restaurants, caterers and dessert shops all in one location.

If you are looking for an entertaining evening of great food and wine, don't miss this event. Tickets are \$60 in advance and \$65 at the door. Visit cookedanduncorked.com to order tickets, view participating restaurants and wine/spirits and for more information.

Tickets can be also be ordered by calling the NJ FMBA at 732-499-9250.

FRANKLIN SCHOOL DONATES 97 COATS

Recently, the Blue and Gold Club at Franklin Elementary School in Rahway collected 97 coats for their annual coat drive. The coats were delivered to Jersey Cares, an organization which helps people in New Jersey.

This is the 22nd year that Jersey Cares has collected coats. This year, they plan to collect and distribute more than 31,000 "gently used" winter coats to men, women, and children in need throughout New Jersey. Over the past twenty-one years, Jersey Cares has collected, sorted and distributed more than 500,000 coats to New Jersey residents through their annual drive. Companies, churches, fire departments, police stations, schools, and other organizations set up sites across the state to collect coats. Coats are then delivered by collection site representatives to the nearest container site. Volunteers then sort the donated coats at the container site and bag them for pick-up, after which nonprofit organizations pick up their coats and distribute them to people in need. For more information about Jersey Cares, check out jerseycares.org.

Photo by Rahway Public Schools.



(above) Blue and Gold Club members Jensen Nguyen and Hayat Norville, who assisted with the collection and delivery of the coats. Blue and Gold is a school-based, volunteer club. Students organize and take part in various projects throughout the year to help their community.

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CULTURE CRAWL FILM SERIES: “RISQUE BITS”

Submitted by Amy Garcia Phillips

The Rahway Arts and Business Partnership will continue its new Culture Crawl Film Series with a second pop-up screening, “Risque Bits,” scheduled for Thursday, February 7, 2019 from 7:30-9:30 p.m. at Atelier Rosal (74 E. Cherry St.) in downtown Rahway.

Just in time to heat up Valentine's Day, the “Risque Bits” screening will feature some slightly spicy tidbits from the Rahway-based organization CineKink - also known as as “the kinky film festival” - whose mission is to celebrate and expand the conversation around a wide range of sexuality. The program will include several award-winning highlights from the festival's current season, along with a few favorites selected by CineKink co-founder and curator, Lisa Vandever.

A Q&A discussion with attending filmmakers will follow the screening. A spread of light nibbles and refreshments will be included in the admission, and available throughout the event.

Tickets are \$16 when purchased in advance and \$20 at the door. Admission is limited to those 21 years and older.

For more information, visit: facebook.com/events/541367526380895.

Advance tickets are also available at: risquebits.eventbrite.com.

ABOUT RAHWAY ARTS & BUSINESS PARTNERSHIP:

The Rahway Arts and Business Partnership is the management corporation for Rahway's Special Improvement District, enhancing the business and community through the lens of the arts. For more information, visit: Rahwayishappening.com

ABOUT ATELIER ROSAL:

Previously based out of NYC, Atelier Rosal has handled artwork from artists that have been established or are emerging. The shop has gained a solid reputation with collectors, interior designers and art consultants in regards to their art preservation practices and design of custom framing. Their retail and commercial clients from NYC and abroad have followed them to Rahway's charming Cherry Street, where they have established themselves as purveyors of the visual arts, ceramics, and jewelry from local

artists and artisans. Beyond the unique gifts and custom framing available at Atelier Rosal, they offer events that include art openings in the gallery space, lectures on art, film screenings, poetry readings and an occasional music performance. For more information, visit atelierrosal.com

ABOUT CINEKINK:

CineKink is an organization that recognizes sex-positive depictions in film and television, and works to expand the conversation around sexuality, most visibly through its annual NYC film festival and national touring series, now in its 16th season. Works featured at CineKink range from documentary to drama, camp comedy to artsy experimental, mildly spicy to quite explicit - and everything in between. For more information, visit cinekink.com.



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New Beginnings Yoga with Kathleen Williams

Wednesdays, February 6 & 13 at 6:30 p.m.

Kick-start your new year with some gentle chair yoga to help reduce stiffness and increase energy. All adults welcome regardless of age or fitness level.

Drop-ins welcome or register at Reference Desk or by calling 732-340-1551, ext. 212.

Discovery Studio - Crochet Club

Thursdays, February 7 & 21 at 6:30 p.m.

Bring your hooks and yarn. Work on a project or learn a new technique! Program is free for teens and adults.

Readers Circle Book Club

Monday, February 11 at 2:00 p.m.

Join us for the discussion of *I Shall Be Near to You* by Erin Lindsay McCabe.

Friends' Group Meeting

The Friends of the Rahway Public Library will meet at the library at

7:00 p.m. on Thursday, February 21.

Revolt aboard the Amistad

Wednesday, February 20, 6:00 – 7:30 p.m.

A Rahway Public Library Black History Month Event
Rahway H.S. teacher Mr. John Odin and his Constitutional Law students present an in-depth analysis of the Amistad slave ship revolt and historic Supreme Court ruling.

Third Thursday Movie for Adults - Two Screenings

Thursday, February 21 at 1:00 and 5:00 p.m.

Amistad (1997) "R", 2 hr 35 mins. Starring: Djimon Hounsou, Anthony Hopkins and Matthew McConaughey.

Friends of the Library Fundraiser

Join us for a Friends of Rahway Public Library Murder Mystery Dinner, *Til Death Do Us Part!* Must be 21+.

Ticket price: \$50.

Friday, March 1 at 7:00 p.m.

at Rahway Public Library.

TEEN EVENTS

Teen Screen Presents

Monday, February 25 at 5:00 p.m.

The Hate U Give | PG-13 | All are welcome!

Discovery Studio Teen Activity

Monday, February 11 at 6:00 p.m.

Inspire Creativity! African-American Artists: Jacob Lawrence. Using flat, vibrant colors tell your story in paint!

CHILDREN'S EVENTS

Toddler Time

Wednesdays 2/6, 2/13, 2/20 & 2/27 at 10:30 a.m.

We will be talking, singing, reading, writing and playing during this literacy readiness storytime. Ages birth-4.

Family Fun Night

Monday, February 11 at 6:30 p.m.

All ages.

STEAM Scene

Thursday, February 14 at 4:30 p.m.

Create a STEAM project! Ages 7-12.

Preschool Dance Party

Friday, February 15 at 11:00 a.m.

Dance to the music and play some instruments!

Ages 6 and under.

Junior Lego Club

Tuesday, February 19 at 11:00 a.m.

Come play and build with the library's Lego Duplo collection. Ages 2-5.

Pajama Storytime

Monday, February 25 at 6:30 p.m.

Come to the library in your jammies and hear some stories! All ages.

Kids BINGO

Thursday, February 28 at 4:00 p.m.

Play some BINGO and win some prizes! All ages.

CIRCLE OF FRIENDS – JOIN THE CONVERSATION ABOUT MENTAL ILLNESS

On Tuesday, Feb. 26, 2019, NAMI is hosting a unique program offering discussion / sharing / learning groups for both those who care for someone with a mental illness and a separate group for anyone who lives with a mental health diagnosis. Each group is led by an experienced facilitator and offers a comfortable environment to share concerns, ask questions, and get support from others. Meetings begin at 7:30 p.m. at RWJ Rahway Fitness & Wellness Center, 2120 Lamberts Mill Rd., Scotch Plains.

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. For more information, please visit the NAMI website at nami.org.

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TRANSPORTATION IS KEY TO CANCER CARE

Would you drive a mile to save a life? An estimated 53,260 New Jerseyans will learn they have cancer this year and getting to their scheduled treatment will be their greatest concern. Every day thousands of cancer patients need a ride to treatment here in the Garden State, but some may not have a way to get there.

For the last six years Meg Wilkens has been helping so many of her neighbors during the toughest times of their lives. She has been driving New Jersey residents to their cancer treatments through the American Cancer Society's volunteer Road To Recovery program, which provides free transportation to and from treatment for people

with cancer who do not have a ride or are unable to drive themselves.

"Transportation shouldn't be a roadblock to cancer treatment," said Wilkens. "Even with help from family and friends, sometimes patients have trouble getting every ride they need. I am a second-generation Road To Recovery driver, my father did it when I was growing up. I knew when I retired I wanted to give back and help people."

For those who cannot drive themselves or have no other means of getting to their treatment, Road To Recovery volunteers donate their spare time and the use of their cars to give

cancer patients a much-needed lift. Patients can then receive the life-saving treatments they need.

"When you drive, you learn about people's hopes and fears," she said. "None of them are quitters; they all want to beat cancer. I have made some lifelong friends and have enjoyed every ride."

The American Cancer Society is always looking for volunteers, if you have a current, valid driver's license, own or have regular access to a safe, reliable vehicle, then you're already on the road to volunteering. For more information call the American Cancer Society at 800.227.2345 or visit cancer.org.

OPERATION REBOUND INVITES VETERANS AND FIRST RESPONDERS TO ATTEND FEB. MEETING

The New Jersey Veterans Network along with the Operation Rebound Racing Team host free monthly PTSD and benefits meetings which will aim to be fun, while being informative.

The next meeting, featuring a comic performance, will be held on February 25, 2019 at the Scotch Plains American Legion, located at 237 Park Ave, Scotch Plains, NJ at 6:30 p.m.

If you are interested in attending please contact Michael D. Boll via email mdbollio@Optonline.net, or call/text (973) 332-1556.

NEWARK BAIT AND FLYCASTING CLUB

The Newark bait and Flycasting Club was founded in 1907 and remains the oldest fishing clubs in the nation. We are listed on Amazon Smile and are a recognized 501(c)3 nonprofit. We provide outings to support veterans, adults and children as well as people with disabilities which focus on environmental education, fishing knowledge and practice.

We are always looking for new members, donations, and volunteers if anyone would like to get involved.

Our monthly meetings are held at the Kenilworth VFW, located at 33 S. 21st St., Kenilworth, NJ, on the first Tuesday of each month at 7 p.m. (except July and August). There is no fee to attend a meeting.

Our Annual Kids Seminar will be held on Tuesday, March 5, 2019 at 7:00 p.m., at the Kenilworth Veterans Center, V.F.W.33 South 21st street Kenilworth, NJ. A Guest speaker to be announced and topics of discussion will be safety while fishing, fish identification, and practice casting. Prizes will be awarded and snacks will be served. There is no fee to attend.

For more information visit nbfcc.org or contact Bob Jones BJonesJRNJ@hotmail.com or 908-272-3545.

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2 PAGE SPREAD	21" x 14"	\$700							
BACK PAGE	10" x 14"	\$500							
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FRONT PAGE BOX	1.5" x 4.5"	\$240							

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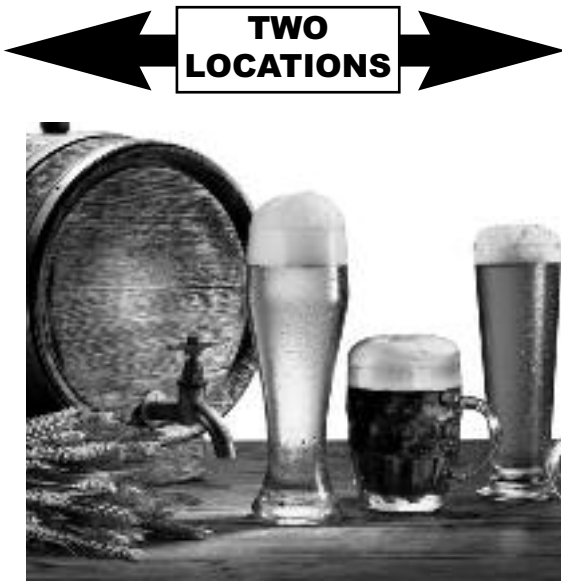
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Witty's
Fine Wine and Liquors

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VISIT THE STORE FOR MORE IN-STORE SPECIALS

WHISKY

Ballantine	1.75L	\$28.99
Buchanan's 12yrs old	750ml	\$28.99
Buchanan's 12yrs old	1.75L	\$54.99
Bushmill's Irish	1.75L	\$40.99
Canadian Club	1.75L	\$19.99
Canadian Mist	1.75L	\$17.99
Chivas Regal	750 ml	\$28.99
Chivas Regal	1.75L	\$58.99
Chivas Regal 18 yrs old	750 ml	\$72.99
Clan Macgregor	1.75L	\$19.99
Crown Royal	750ml	\$26.99
Crown Royal	1.75L	\$47.99
Dewars 12 yrs old	750ml	\$24.99
Dewars 12 yrs old	1.75L	\$44.99
Dewars White Label	750 ml	\$19.99
Dewars White Label	1.75L	\$32.99
Gentleman Jack	750ml	\$29.99
Gentleman Jack	1.75L	\$52.99
Glenfiddich 12 yrs old	750ml	\$44.99
Glenmorangie 10 yrs old	750ml	\$40.99
Glenlivet 12 yrs old	750 ml	\$41.99
Glenlivet 12 yrs old	1.75L	\$84.99
Grants	750ml	\$13.99
Grants	1.75L	\$23.99
Jack Daniels	750ml	\$25.99
Jack Daniels	1.75L	\$45.99
Jack Daniels Fire	750ml	\$25.99
Jack Daniels Fire	1.75L	\$45.99
Jameson	750ml	\$28.99
Jameson	1.75L	\$51.99
Jim Beam Whisky	1.75L	\$29.99
Johnnie Walker Blue	750ml	\$179.09
Johnnie Walker Blue	1.75L	\$379.99
Johnnie Walker Black	750ml	\$29.09
Johnnie Walker Black	1.75L	\$59.09
Johnnie Walker Double Black	750ml	\$35.99
Johnnie Walker Red	750ml	\$19.09
Johnnie Walker Red	1.75L	\$32.09
Knob Creek 9 yrs old	750ml	\$29.99
Knob Creek 9 yrs old	1.75L	\$58.99
Macallan 12yrs old	750ml	\$52.99
Makers Mark	750ml	\$26.99
Makers Mark	1.75L	\$49.99
Old Smuggler	1.75L	\$19.99
Redemption Rye Whisky	750ml	\$25.99
Seagram V.O.	1.75L	\$19.99
Seagrams 7	1.75L	\$17.99
Woodford Reserve	1L	\$39.99

GIN

Beefeater	1.75L	\$35.99
Bombay Sapphire	1.75L	\$36.99
Seagram's gin	1.75L	\$16.99
Tanqueray	750ml	\$19.99
Tanqueray	1.75L	\$34.99

COGNAC & BRANDY

Camus V.S.	750ml	\$21.99
Cardenal Mendoza	750ml	\$38.99
Courvoisier V.S.	750ml	\$24.99
Courvoisier V.S.	1.75L	\$44.99
E & J V.S. Brandy	750ml	\$ 9.99
E & J V.S. Brandy	1.75L	\$20.99
E & J V.S.O.P. Brandy	750ml	\$10.99
E & J V.S.O.P. Brandy	1.75L	\$22.99
Leroux Blackberry	750ml	\$12.99
Leroux Blackberry	1.75L	\$19.99
Martell V.S.O.P.	750L	\$41.99
Paul Masson Amber	750ml	\$ 9.99
Paul Masson Amber	1.75L	\$20.99
Paul Masson Peach	750ml	\$ 9.99
Remy Martin 1738	750ml	\$49.99
Remy Martin V.S.O.P.	750ml	\$42.99
Remy Martin V.S.O.P.	1.75L	\$76.99

VODKA

Absolut (regular)	750ml	\$19.09
Absolut (regular)	1.75L	\$29.09
Belvedere Vodka	750ml	\$27.99
Belvedere Vodka	1.75L	\$44.99
Ciroc (all types)	750ml	\$29.99
Ciroc (all types)	1.75L	\$57.99
Finlandia	750ml	\$15.99
Finlandia	1.75L	\$24.99
Grey Goose	750ml	\$26.99
Grey Goose (all types)	1.75L	\$49.99
Ketel One	750ml	\$19.99
Ketel One	1.75L	\$39.01
Lukusowa	1.75L	\$22.99
Majorska	750ml	\$ 8.99
Majorska	1.75L	\$13.99
Pinnacle (all types)	750ml	\$12.99
Pinnacle (80 proof)	1.75L	\$17.99
Skyy	1.75L	\$19.99
Smirnoff Vodka (80 proof)	750ml	\$11.99
Smirnoff Vodka (80 proof)	1.75L	\$19.29
Sobieski	750ml	\$11.99
Sobieski	1.75L	\$18.99
Soplica	750ml	\$ 9.95
Stolichnaya (all types)	1.75L	\$29.09
Svedka (all types)	750ml	\$11.99
Svedka (all types)	1.75L	\$19.29
Tanqueray Sterling	750ml	\$19.99
Tanqueray Sterling	1.75L	\$30.99
Three Olives (all types)	1L	\$19.99
Tito's Vodka	1.75L	\$29.99
Traveler's Vodka	1.75L	\$11.99

CORDIALS

Bailey's Irish Cream	750ml	\$21.99
Bailey's Irish Cream	1.75L	\$39.99
Kahlua	750ml	\$19.99
Kahlua	1.75L	\$36.99
Krupnik	750ml	\$13.99
Licor 43	750ml	\$20.99
Licor 43	1.75L	\$39.99
Patron XO Café	750ml	\$22.99
Patron XO Café	1.75L	\$29.99
Southern Comfort (80 proof)	750ml	\$19.99
Southern Comfort (80 proof)	1.75L	\$28.99

RUM

Bacardi Light & Gold	750ml	\$12.99
Bacardi Light & Gold	1.75L	\$19.19
Captain Morgan Spice	1.75L	\$25.99
Malibu	750ml	\$17.09
Malibu	1.75L	\$25.09

TEQUILA

Avion Silver	750ml	\$38.99
Casa Noble Silver	750ml	\$34.99
Deleon Blanco Tequila	750ml	\$29.99
Deleon Blanco Tequila	1.75L	\$59.99
Jose Cuervo	750ml	\$18.99
Jose Cuervo	1.75L	\$33.99
Patron Silver	750ml	\$42.99
Patron Silver	1.75L	\$85.99

BEER

Becks (12oz) 24pk	24pk	\$24.99
Bud and Bud Lite cans	30pk	\$22.99
Bud and Bud Lite loose bottles	24pk	\$19.99
Coors Lite (24oz) cans	12pk	\$14.99
Coors Lite/Miller Lite loose bottles	24pk	\$19.99
Coors Lite/Miller Lite	30pk	\$22.99
Corona/Corona Lite loose bottles	24pk	\$28.99
Dab (16oz) cans	24pk	\$21.99
Heineken/Heineken Lite bottles	24pk	\$27.99
Land Shark	24pk	\$23.99
Lech (500ml)	20pk	\$28.99
Modelo Especial cans	24pk	\$24.99
New Belgium Fat Tire	24pk	\$32.99
Pabst Blue Ribbon cans	30pk	\$18.99
Pilsner Urquell	24pk	\$28.99
Sagres	24pk	\$22.99
Sam Adams Boston Lager	24pk	\$31.99
Stella Artois loose bottles	24pk	\$27.99
Dogfish Head 60 min.	24pk	\$33.99
Yuengling Lager bottles	24pk	\$17.99
Zywiec (11.2oz)	24pk	\$19.99

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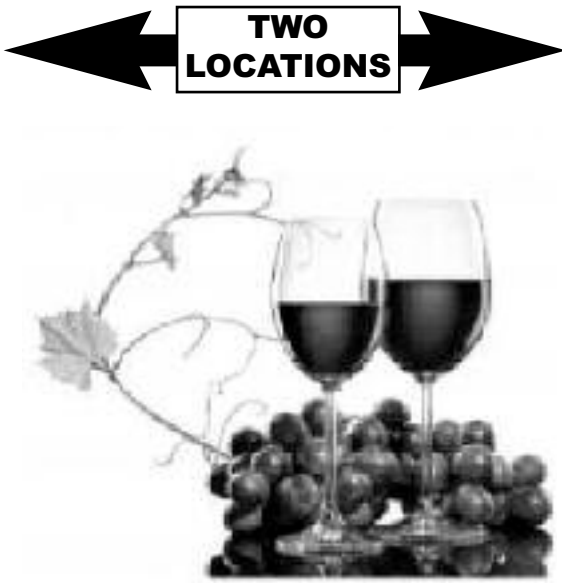


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WINE

VISIT THE STORE FOR MORE IN-STORE SPECIALS

Alamos Malbec	750ml	\$ 8.99
Andre (All Types).....	750ml	\$ 6.99
Apothic Red	750ml	\$ 9.29
Avalon (Cabernet Sauvignon).....	750ml	\$ 9.99
Barefoot All Types	1.5L	\$10.39
Bartenura Moscato	750ml	\$11.99
Barone Fini (Pinot Grigio).....	750ml	\$11.99
Beringer White Zinfandel	750ml	\$ 4.99
Beringer White Zinfandel	1.5L	\$ 8.69
Black Box (All Types).....	3L	\$19.99
Blackstone (All Types).....	1.5L	\$12.99
Bogle (Chardonnay and Merlot)	750ml	\$ 6.99
Bolla	1.5L	\$12.99
Carlo Rossi (Chablis, Burgundy, Sangria, Blush).....	4L	\$13.99
Carnivor (Cabernet Sauvignon).....	750ml	\$10.99
Casal Garcia Vinho Verde	1L	\$ 5.99
Cavit (All Types)	1.5L	\$13.99
Chateau ste Michelle Columbia Valley Cabernet and Merlot	750ml	\$13.99
Chateau Ste. Michelle Columbia Valley Chardonnay	750ml	\$ 9.95
Chateau Ste. Michelle Columbia Valley Riesling	750ml	\$ 8.99
Clos du Bois Chardonnay	1.5 L	\$19.99
Clos du Bois Cabernet, Merlot.....	750m	\$ 9.95
Cockburns Ruby and Tawny Porto	750ml	\$11.99
Concha Y Toro Frontera	1.5L	\$ 8.99
Coppola Diamond Cabernet Sauvignon, Merlot	750ml	\$13.99
Coppola Diamond Chardonnay	750ml	\$11.99
Corbett Canyon (All Types)	1.5L	\$ 7.99
Cupcake (All types, except Prosecco and Moscato)	750ml	\$ 8.99
Dom Perignon	750ml	\$149.99
Dreaming Tree (All Types)	750ml	\$11.99
Ecco Domani (Pinot Grigio).....	750ml	\$ 9.99
Fish Eye (All Types).....	1.5L	\$ 9.99
Flip Flop (All Types).....	1.5L	\$ 9.99
Franzia (Crisp White, Blush, Sangria, Chilable red).....	5L	\$13.99
Freixenet (Brut, Extra, Rose, Sweet)	750ml	\$ 9.99
Gato Negro (All Types).....	1.5L	\$ 9.99
Gazela Vinho Verde	750ml	\$ 5.99
Ghost Pines (Merlot and Red Blend).....	750ml	\$15.99
J. Lohr Cabernet Sauvignon	750ml	\$11.99
Josh Cabernet Sauvignon.....	750ml	\$13.99
Joseph Carr Cabernet Sauvignon	750ml	\$26.99
Kendall Jackson Vintners Chardonnay	750ml	\$12.09
Kim Crawford (Sauvignon Blanc)	750ml	\$13.99
Korbel (All Types except Natural and Organic)	750ml	\$11.99
La Crema Sonoma Pinot Noir.....	750ml	\$16.99
Liberty Creek (All Types).....	1.5L	\$ 7.99
Louis Jadot Beaujolais	750ml	\$ 9.99

Louis Jadot Beaujolais Villages.....	750ml	\$ 10.99
Louis Jadot Pouilly Fuisse	750ml	\$21.99
Luna di Luna (All Types).....	1.5L	\$13.99
Mark West Pinot Noir.....	750ml	\$ 9.39
Mark West Pinot Noir.....	1.5L	\$17.99
Martini & Rossi Asti	750ml	\$11.99
Menage a Trois Red	750ml	\$ 8.99
Merry Vale (Cabernet)	750ml	\$49.99
Mezzacorona Pinot Grigio.....	1.5L	\$12.99
Mi Amore Red	750ml	\$ 8.99
Moet Imperial Champagne	750ml	\$41.99
Noble Wine 337, 667.....	750ml	\$10.99
Papi (All Types)	1.5L	\$10.98
Real Sangria	1.5L	\$ 9.99
Rex Goliath (All Types)	1.5L	\$10.99
Robert Mondavi Oakville Napa Valley Cabernet Sauvignon...1.5L		\$44.99
Robert Mondavi Private Select	750ml	\$ 8.99
Robert Mondavi Private Select	1.5L	\$16.99
Rodney Strong Sonoma Cabernet.....	750ml	\$16.99
Rodney Strong Sonoma Chardonnay	750ml	\$11.99
Rombauer Chardonnay	750ml	\$36.09
Ruffino Chianti	750ml	\$ 7.99
Ruffino Chianti	1.5 L	\$13.99
Ruffino Pinot Grigio	1.5L	\$11.99
Ruffino Chianti Gold	750ml	\$30.99
Ruffino Tan label	750ml	\$19.99
Santa Margerita Pinot Grigio.....	750ml	\$20.29
Senor Sangria (All Types)	1.5L	\$12.99
Silver Oak Alexander Valley Cabernet	750ml	\$76.99
Simi Chardonnay.....	750ml	\$12.09
Sonoma Cutrer Chardonnay.....	750ml	\$20.99
Sutter Home (All Types).....	1.5L	\$ 8.99
Tom Gore (All Types)	750ml	\$ 9.99
Woodbridge (All Types)	1.5L	\$11.49
Yago Sangria	3L	\$14.99
Yellow Tail (All Types)	1.5L	\$11.49

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hard to find items
and custom orders,
just ask!**

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Any purchase of
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Non sale items only. (Excludes RED &
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apply towards purchase requirement.

15% OFF
Any purchase of
12 bottles of wine
Non sale items only. (Excludes RED
& YELLOW TAG items.) Sale items do
apply towards purchase requirement.

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