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Issue 106 • January 2019



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## VETERANS OF FOREIGN WARS POST 1397 ESSAY WINNERS

*Submitted by Richard Gerbounka*



*(above, l-r) Jr. Vice Commander George Feliciano, Isabella Buss, Rodes Moustapa -Safe, Kiley Winkler, and Commander Dennis Costello. Not pictured Collen Badalis.*

Linden Veterans of Foreign Wars Post 1397 encouraged Linden students to participate in the 2018 nationwide VFW sponsored Youth Essay competition. This competition gives students an opportunity to write essays expressing their views on an annual patriotic theme with prizes at the local, district, state, and national levels. All Post winners have their essays forwarded to the next level and have the opportunity to compete for the national title if they continue to win their respective divisions.

Commander Dennis Costello of Linden VFW Post 1397 was proud to award the High School 1st place prize to Collen Badalis for her "Voice of Democracy" essay: Why my vote

matters. In the Middle School category, the winner was Isabella Buss and co-runner ups Kiley Winkler and Rodes Moustapa-Safe for their "Patriots Pen" essays: Why I honor the American Flag.

Commander Costello stated he was proud of all the Linden students who participated in this contest and how eloquently they expressed their positive views of our democracy. In particular he was extremely impressed with the winners. They used this opportunity to put in writing how appreciative they are of living in this great country. Next year Commander Costello is looking forward to doubling our student participation and rewarding more students with awards.

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# LIFE in LINDEN

*Life in Linden* is published by Renna Media in cooperation with the Linden Chamber of Commerce, an affiliate of the Gateway Regional Chamber of Commerce.

17,400 newspapers are printed monthly. and are mailed to every postal patron in Linden.

Although great care has been taken to ensure the information contained within is accurate, Linden Chamber of Commerce assumes no liability for errors or omissions.

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Did you or someone you know accomplish something amazing? We are interested in hearing about your latest achievement (accomplishment, honor, award, etc.). Do you have an event that you need help publicizing? Then send Life In Linden your news!

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## LINDEN POLICE RAISE \$5K FOR CHARITY IN “NO SHAVE NOVEMBER” & “NAILS FOR NOVEMBER”

Chief David Hart joined Linden Police Benevolent Association Local #42 President Timothy Hubert and Linden Police Superior Officers Association President Joseph Birch to announce that the Department raised \$5,000 in its first “No Shave November” & “Nails for November” event.

“This was our first year participating, and I am overwhelmed at the generosity people have shown,” said Chief Hart. “I would like to thank each of the seventy-five members of the

department who participated, especially Presidents Hubert and Birch for all of their work in support of this great cause.”

All of the money raised will benefit the Valerie Fund, a NJ based charity established at Overlook Hospital in memory of Valerie Goldstein over 40 years ago.

The Fund assists 6,000 children each year with at their Valerie Fund Centers, six of which are located in New Jersey. Learn more at thevaleriefund.org.



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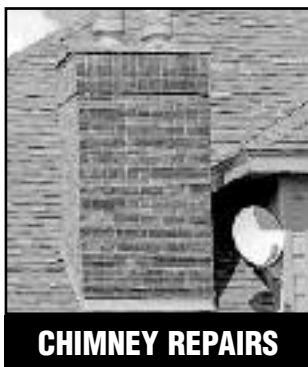
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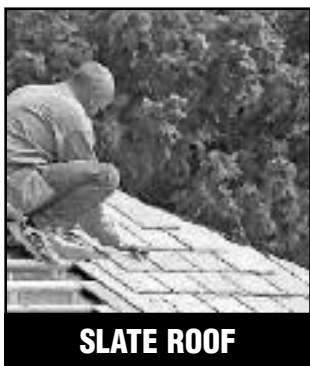
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## LINDEN SENIOR MEN & WOMEN'S CLUB CHRISTMAS PARTY

Submitted by Steve Zielinski

The Linden Senior Men & Women's Club held their Annual Christmas Party, on December 11th, 2018 at the JTG Recreation Center.

Children from School #8 led the members in the Salute to the Flag and entertained them with a Christmas skit and holiday songs. Santa and

Mrs. Claus came to visit and the children sang and danced with them. Linden's Mayor Derrick Armstead attended and wished everyone "Happy Holidays."

The Buffet was catered by Bella Gina's of Linden, with 110 members and guests attending.

The Club will be celebrating their 60th Anniversary in February. It is the most active senior club in the area. Meetings are at 1:00 p.m. every Tuesday, at the JTG Recreation Center, from September through June. Any Linden senior citizen looking for many good times, come on over and join the fun!



(above) Children from Linden School #8 with Mayor Armstead, Santa & Mrs. Claus."



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# LINDEN HIGH SCHOOL TRACK AND FIELD STAR KYLE LIPSCOMB COMMITS TO RUTGERS

*Submitted by Gary Miller*

Linden High School senior Kyle Lipscomb on Monday, November 19, committed to joining the Rutgers University track and field team. He will compete in shot put and discus, two events he has excelled at in high school.

In his junior year at LHS, Lipscomb won a state championship in the shot put with a throw of 53 feet, 3 1/4 inches to take first place at the NJSIAA Section 2 Group 4 championships, where he also placed second in the discus. He went on to place second in discus in Group 4 for the entire state, and second at the prestigious Meet of Champions in the discus, setting a school record with a throw of 184 feet, 8 inches. Lipscomb is considered one of the best in the state in both events entering the upcoming spring season.

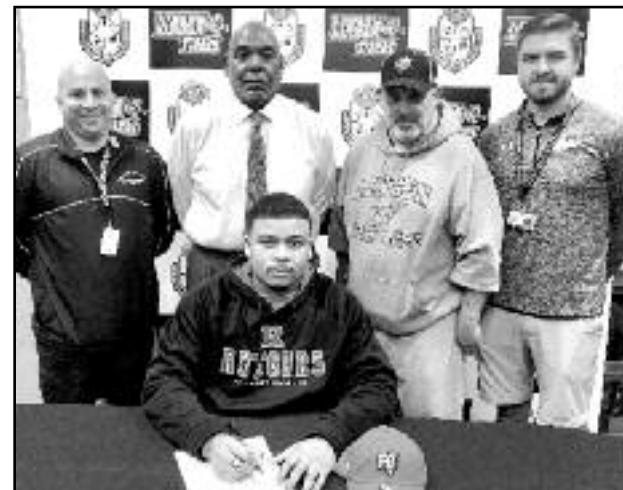
Lipscomb, wearing a new Rutgers sweatshirt and hat, celebrated his commitment to Rutgers in the office of Linden High School Principal Yelena Horr  on Monday. Also in attendance were his parents, Kyle and Tawanna, and brother, Xavier; his coaches, Michael Firestone, Monty

Brooks, Frank Green, and Dan McDonald; and Linden Public Schools Athletic Director Steven Viana.

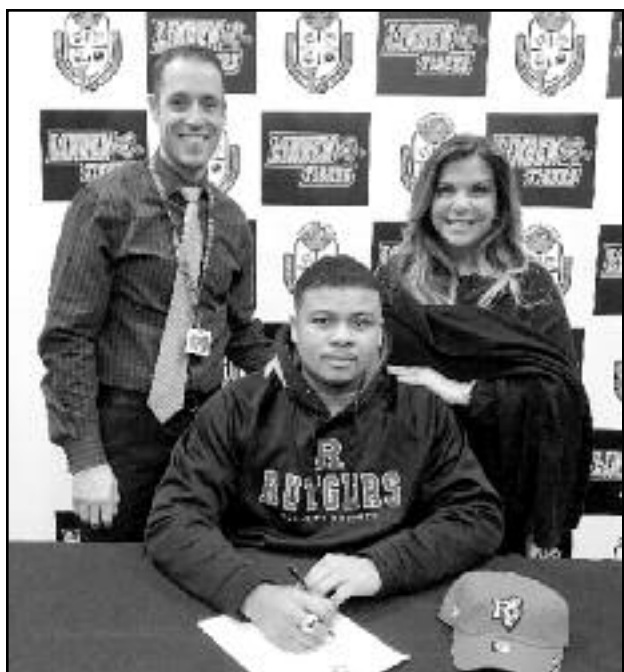
Lipscomb is also a standout student, having made the honor roll in every marking period of high school, and looks forward to pursuing his academic career at the state university.



(above) Kyle Lipscomb with his parents, Kyle and Tawanna, and brother, Xavier.



(above) Kyle Lipscomb with his coaches Michael Firestone, Monty Brooks, Frank Green, and Dan McDonald.



(above) Kyle Lipscomb with Athletic Director Steven Viana and Linden High School Principal Yelena Horr .

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# GRIEF IS NOT SOMETHING WE "GET OVER" - IT IS SOMETHING WE LEARN TOOLS TO COPE WITH

The First Presbyterian Church of Cranford, 11 Springfield Ave. , will hold their eight-week seminar "Journey to Wholeness- Healing the Grieving Heart" on Sunday evenings from January 13, 2019 to March 3, 2019.

Patti Williams, R.N. and certified pastoral bereavement counselor, and Virginia Waters, Ph.D. and psychologist, will lead the sessions from 6:30 p.m. to 8:30 p.m. in the Prime Time Room at the church. This location is handicapped accessible.

Williams and Waters have offered this seminar for over 18 years, and have helped 2,800 people experience healing, find a new purpose for their lives and feel joy once again. "This is an experience like no other," states Williams.

The sessions include learning about the stages of grief and understanding the tasks of the grieving process, coping strategies, dealing with loneliness, building a support system and more.

The seminar is dedicated to Williams's late husband, the Rev. Dr. Bruce D. Williams who had a vision for this program, wanting to help others deal with their pain and suffering during their time of loss.

One participant, Joan, states, "I have learned more along this heartbreaking journey than I ever thought possible. I have learned that you will never ever forget your love and that you are changed forever, but you need to give yourself permission to heal. I have learned that I can revisit the past, but I cannot live in it, because it undermines my present and all that I have is just today. I have learned that love never dies and my love is with me always because he sends me signs to tell me so. These are my greatest treasures. I

have learned that by keeping his memory alive with stories, photos etc. it makes me smile and brings me a kind of peace. I believe that your loved one only wants the best for you and you will be reunited one day."

Both of the leaders and all of the facilitators have experienced loss within their lives and share from the inside out. "It does not matter if the loss is divorce, death or job loss; loss is loss, it must be grieved. It does not matter how long ago you experienced loss. Bring family members and friends," states Williams. All faiths are welcome. To register for this event, call Williams at 908-709-1341. No fee is charged, though registration is required.



(above, l-r) Patti Williams,, RN, certified pastoral bereavement counselor, and Dr. Virginia Waters, Ph.D., phycologist, have been running the Grief Seminar for 18 years.

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Phillips 66 Bayway Refinery has, once again, come to the rescue of Trinitas Regional Medical Center's Emergency Services Program, this time, just in time for the holidays. The most recent grant from Phillips 66 in the amount of \$81,300 has enabled the purchase of an urgently needed, new ambulance for the Trinitas Emergency Services Program.

"Trinitas' emergency services are a critical lifeline for every person who lives and works in

our region," said Nadine Brechner, Vice President and Chief Development Officer. "Our Ambulance Unit and MICU work in tandem to provide the region's emergency care. The MICU, which can be equated to a 'mini-hospital' on wheels, serves as a first responder in emergencies and provides on-site advanced life support in emergency situations and transportation as needed. The ambulance unit provides basic life support with transportation as its primary function. We are quite grateful to Phillips 66 for being a partner in service and making this purchase possible."

The Trinitas MICU and Ambulance Unit teams provide primary emergency services to Elizabeth and backup services to Phillips 66 Bayway Refinery's hometown of Linden, as well as Rahway, Union, Roselle, Roselle Park, Clark, Cranford, Newark, Hillside, Irvington and Kenilworth. In 2017, they responded to 273 dispatches in Linden and Rahway alone, where they provided emergency treatment and transportation to people who live and work in these towns.

According to Gary S. Horan, FACHE, Trinitas

President and Chief Executive Officer, Phillips 66's generosity to Trinitas is ongoing. "We truly have a friend in Phillips 66," he said. "They have made it possible for us to do our jobs better in many ways throughout the years, and the most recent grant could not have come at a better time."

Refinery Manager Mike Bukowski said, "Phillips 66 Bayway Refinery is proud to provide ongoing support to Trinitas in their commitment to providing quality healthcare and, in this case, emergency healthcare. Our support in a time of need is aligned with our mission to serve our local communities while improving safety and preparedness."

In 2014, Phillips 66 Bayway Refinery was the major donor of a new, high-tech specialty ambulance that provides a higher level of transport for critically ill patients. The Specialty Care Transport Unit dispatched to more than 1,200 calls, which means that more than 600 patients were transported as emergency MICU paramedic calls, and more than 300 inter-facility transports of critically ill patients were completed.



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(above, l-r) Gerard Muench, Director of Pre-Hospital Services at Trinitas; Nancy Sadlon, Public Affairs Manager, Phillips 66 Bayway Refinery; Mary Phillips, Community Relations Coordinator for the Refinery; Nadine Brechner, Vice President/Trinitas Health Foundation, Chief Development Officer; and Kathleen Mulligan-Shelvin, Director, Resource Development/Trinitas Health Foundation.

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## 'CAROLING FOR A CAUSE' AND HOLIDAY GIFT DRIVE 'A WORK OF HEART'

Members of the Linden Public Schools family traveled around town on Dec. 10, 2018 "Caroling for a Cause," spreading joy with holiday music and accepting donations for the district's third annual holiday toy and gift drive.

Three buses transported carolers – along with Santa Claus – around the city to visit homes of residents who registered. Registration opened on Nov. 25 and all 70 time slots were filled in two days.

"Seeing everyone come together to spread joy to our community is truly beautiful," said Annabell Louis, supervisor of student services and one of the organizers of the gift drive and caroling.

After the caravan hit all the houses on Santa's list, everyone returned to Raymond Wood Bauer Promenade in downtown Linden for cookies and cocoa, and performances by the Linden High School Madrigals and Choir.

Carolers accepted donations for the holiday gift drive, which will help needy families around Linden. Each school in the district set up a giving tree in November with paper ornaments that identified gift requests. The schools accepted donations of toys and gifts, as well as cash and gift cards to be used to buy more gifts to be given to families who were identified by school-based social workers.

"The gift drive and 'Caroling for a Cause'

has become one of the best things we do all year as a district family," said Superintendent Danny A. Robertozzi, who joined the carolers at the promenade. "I'm so proud of the effort and good will that our staff and students put forward to make this project a reality year after year. It means so much to be able to spread a little holiday cheer to our local families in need – and to have some fun at the same time."

The drive has gathered more than 1,000 gifts. Aside from individual school collections, among those to donate gifts were St. Elizabeth of Hungary Roman Catholic Church, the Reformed Church of Linden, St. John the Baptist Episcopal Church, Calvin Presbyterian Church, and the senior citizens of Murawski Towers.

"Linden Public Schools and various community stakeholders collaborated and were able to bring smiles to the faces of over 300 children and families this holiday season," Louis said. "Our annual Holiday Toy Drive and 'Caroling for a Cause' is a work of heart. This tradition continues to instill the beauty of giving back and paying it forward."

"I'm a true believer that a small act of kindness makes a big difference in someone else's world," Louis said. "The smiles on the students' and families' faces will be etched in my heart forever."



(above) Linden Superintendent of Schools Danny A. Robertozzi with some of the teachers who took part in "Caroling for a Cause." From left are Santa Claus, aka School No. 5 teacher Kayla Kluse, School No. 5 teacher Vanessa Kennaway, School No. 4 teacher Michelle Schweikardt, and School No. 10 teacher Linda Burt-Moque.



(above) Students and staff singing at a house along the route during "Caroling for a Cause."



(above) School-based social workers sorting gifts to be given to needy families for the third annual Linden Board of Education gift drive. From left are Marissa Hudak of School No. 9, Ryan Devaney of Linden High School, and Shira NesSmith of School No. 10.

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(above) School No. 5 social worker JoAnn Peterson-Tyler organizing gifts for the gift drive.

## AFTER 18 YEARS, LINDEN SCHOOL BOARD LEADER SAYING GOODBYE

*Submitted by Gary Miller*

When this year's senior class at Linden High School was starting kindergarten, Raymond J. Topoleski had just been elected to the Board of Education for the third time.

He is an institution of Linden education, having first been elected in April 2000 and having worked with three different superintendents. He served as board president twice and vice president six times. But as of January, 2019 Topoleski is retiring from the board.

When he looks back on his 18 years – as he is careful to calculate – one word he rarely uses is “I”. He praises the work of administrators, staff and students, and refers to what “we” accomplished, referring to the board.

“To say that he has made an impact on our district does not do him justice,” Superintendent Danny A. Robertozzi said at the November 20, 2018 Board of Education meeting, when Topoleski was honored for his service. “Whenever I had proposed a new idea or had a thought, the first thing he would always want to know was, ‘Is it good for students?’ The second thing he would want to know was, ‘Is it good for faculty and staff?’ If you could answer yes to those questions, you always had his support.”

Topoleski was applauded by his fellow board members and was given a plaque at the meeting that read: “In grateful recognition of your many years of service and dedication to the children of the Linden Public Schools.”

“It says a lot about his character, to devote 18 years to students as a volunteer,” Robertozzi said. “And Mr. Topoleski did this after his children were out of school.”

“On a personal note, I will miss you very much. I want to thank you for all the personal and professional support you have shown me. I want to thank you for all that you have done for our school district.”

Topoleski spoke at the final meeting about the many changes and improvements to the district in his time on the board. He spoke of large additions to the LHS Academy of Science and Technology, School No. 1, School No. 2, School No. 4 and School No. 8. He spoke of reclaiming the basement floors of School No. 5 and School No. 6, which were closed because of mold, as well as the aging and damaged third floor of School No. 1.

He was also on the board for a major renovation of Edward R. Cooper Athletic Field, transforming it into Tiger Stadium at Cooper Field; adding full-time Pre-K for all elementary schools; instituting the rigorous International Baccalaureate course of study at Linden High School; this year's departmentalization of elementary school schedules; and security upgrades including replacing windows and doors at all schools several years ago, and this year's installation of double-door security vestibules.

One of the things Topoleski said he is most proud of during his time on the board is transforming the school system into a One-to-



*(above) Linden Board of Education President Raymond J. Topoleski with his wife, Alice, on the night he was honored.*

One district, in which all students are given their own laptop or tablet computer.

“One of the biggest factors in our education gap is that poorer children don’t have the access to technology that wealthier ones do,” he said. “That causes a big problem, and it has nothing to do with anything other than opportunity. The opportunity to have the same thing that everyone else has, and that’s what we’ve been able to achieve here in Linden.”

He gives a lot of the credit for these transformations over the past two decades to Business Administrator Kathleen A. Gaylord, who started in Linden not long before Topoleski joined the board.

“The fact that we were able to accomplish so much with circumstances the way they were in terms of funding from the state is totally amazing,” he said. “Mrs. Gaylord made it happen. We have the best business administrator in the state. No ifs, ands, or buts. There’s no other way we could have achieved the things that we did.”

“And the fact that we were able to do the things we did without floating a bond or imposing a huge tax increase on the people who live here – she’s unbelievable.”

Topoleski, who was a teacher for 40 years before retiring in 2009 from East Brunswick, was no less effusive in his praise for Robertozzi’s job as superintendent.

“He is bar none the best superintendent I’ve ever been involved with,” he said. “I worked for four or five superintendents when I taught, hired two superintendents here, and worked with three. Dr. Robertozzi is by far the best superintendent. I would have loved to have worked for Dr. Robertozzi with what he has done to unify the staff.”

Topoleski pointed to the fact that Robertozzi regularly visits different schools, rather than just showing up if there is a problem. He also commended him for the district Launch that

Robertozzi instituted four years ago, in which staff members from throughout the district gather in the LHS gym at the start of the school year.

“The ENTIRE staff, not just the teachers – the secretaries, the paraprofessionals, the aides, the custodians, the maintenance – EVERYBODY gets together and has this big unity day, and learns from outside speakers how important everyone is to the education of a child,” he said.

Of course, Topoleski would never forget the children. He praised them for all the work they do to live up to one of the district’s mantras: “Commitment to Service.”

“Kids doing things for kids,” he said. “It’s unbelievable. I take pride in the kids when they show pride because they did something for somebody else.”

When Topoleski first ran for the Board of Education, there were two main factors driving him. One was that he thought he had something to offer to his hometown after decades of working in education. He spent one year in Cranford and 39 years in East Brunswick as a shop and technology teacher. He graduated from Newark State College, before it became Kean University, in 1969.

The other was a discrepancy he saw in the education that children were receiving at Linden’s schools. His son and daughter had attended School No. 4, School No. 8, Soehl Middle School and LHS, and his wife, Alice, had been a teacher at McManus Middle School. When his children joined the LHS Marching Band and he and his wife became involved with the Band Parents Club, he learned from parents from other parts of town that programs varied from school to school.

“The curriculum throughout the district varied depending on which elementary school you went to,” he said. “There were different clubs and opportunities depending on what middle school you were in. They didn’t use the same books in the different elementary schools.”

“One of the things I worked on with former Superintendent Joseph Martino was to make sure you could move from School No. 4 to School No. 8 and not be behind or ahead because you changed elementary schools.”

“That was something that was important to me. That we all get on the same page.”

Topoleski said it’s hard to believe that that was 18 years ago, the time has gone so fast. However, the time has gone a little slower, he said, since the death of his longtime board mate Susan L. Hudak in January 2017.

“I have a lot of acquaintances, I don’t have a lot of friends,” he said. “Sue was a friend.”

With the extra time he will have after leaving the Board of Education, Topoleski plans to spend his days at the Shore, where he has a home in Brick Township.

But that doesn’t mean he’s leaving Linden altogether.

“I am going to miss it, but I’m not going away,” he said. “They still hold meetings. And I’ll be there.”

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## NEW FILMS IN THE NEW YEAR

### **The Leisure Seeker, (2017; R; 112 minutes)**

January 8 @ 2:00

An elderly, runaway couple hits the road and takes an unforgettable journey. The film stars Helen Mirren, Donald Sutherland and an RV called The Leisure Seeker.

### **The Miracle Season, (2018; PG; 101 minutes)**

January 11 @ 1:00

This film is based on the real life events surrounding an Iowa high school volleyball team when its star player dies unexpectedly. The team rallies around its coach and the player's father to challenge for the state championship. It stars Oscar winners Helen Hunt and John Hurt.

### **The Big Chill, (1983; R; 105 minutes)**

January 15 @ 2:00

We celebrate noted film maker and four time Oscar nominee, Lawrence Kasdan, on his 70th birthday with one of his best movies about seven college friends who reunite at the funeral of one of classmates. Starring Kevin Kline, Glenn Close, John Hurt and Jeff Goldblum.

### **When Harry Met Sally, (1989; R; 96 minutes)**

January 18 @ 1:00

It is hard to believe that it's been 30 years since we first saw Billy Crystal and Meg Ryan become best friends, then hate one another and finally fall in love in Rob Reiner's classic romantic comedy. Join us for this terrific film and make sure "I'll have what she's having!"

### **Chappaquiddick, (2018; PG-13; 106 minutes)**

January 22 @ 2:00

This biopic details Senator Edward M. Kennedy's involvement in the fatal car accident on Cape Cod during the summer of 1969. It stars Jason Clarke, Kate Mara and Bruce Dern.

### **The Blues Brothers, (1980; R; 133 minutes)**

January 25 @ 1:00

We remember John Belushi on what would have been his 70th birthday with one of the greatest musical comedies of all time. It also stars Dan Aykroyd, Cab Calloway, John Candy, Aretha Franklin, Ray Charles, James Brown, Carrie Fisher and a remarkable 1974 Dodge.

### **La Bamba, (1987; PG-13; 107 minutes)**

January 29 @ 2:00

The life of Mexican-American singer/composer/musician, Ritchie Valens, is told in this film as we remember the 60th anniversary of "The Day the Music Died" in February 1959 near Clear Lake, Iowa. This film stars Lou Diamond Philips as the teenaged Rock-and-Roll legend.

### **The Jackie Robinson Story, (1950; NR; 77 minutes)**

January 31 @ 2:00

We celebrate Jackie Robinson on the 100th anniversary of his birth with this film which starred the baseball legend playing himself and Ruby Dee as his wife, Rachel.

## TRICKY TRAY TO BENEFIT MAGNET HIGH SCHOOL, FEBRUARY 8

Magnet High School PSA in partnership with Union County Technical High School PSO will be hosting a Tricky Tray on Friday, February 8, 2019 at the UCTech Cafeteria located at 1776 Raritan Rd. Scotch Plains, NJ 07076. Doors open 6:00 p.m. and raffle calling begins at 7:30 p.m. Tickets are \$10 in advance and \$15 at the door and can be purchased by mailing check payment

made out to Magnet PSA PG2020 to the address above. This event will benefit the MHS and UCTech Class of 2020's Project Graduation events. PG is an overnight, supervised alcohol-free evening of events held on the night of senior graduation to prevent drinking and driving. For additional information please email [muclassof2020@gmail.com](mailto:muclassof2020@gmail.com).

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## YMCA KICKS OFF THE LUNCHBOX CHALLENGE AT HEALTHY U DAY

The Gateway Family YMCA joined YMCAs throughout New Jersey in celebrating the annual Healthy U Fall kickoff of its youth programs. The Healthy U program is the result of a collaboration between The Horizon Foundation for New Jersey and the New Jersey YMCA State Alliance.

The Gateway Family YMCA's local kickoff event featured healthy activities focused on nutrition and active fun. The Lunchbox Challenge asked students, and their families, to take a close look at the food choices they make in their "lunches" as an opportunity to learn and practice making smart healthy eating choices.

Healthy U's goal is to promote healthy behavior and to prevent childhood obesity

through more physical activity, family involvement and nutrition education. In New Jersey, one out of every three school age children is either overweight or obese, putting them at risk of developing serious health problems later in life. In Healthy U research, participating children and families report that they are eating more fruits and vegetables and consuming fewer processed and sugary foods. They are also spending more time being physically active and less time in front of screens.

"Celebrating Healthy U is so important to raise the awareness of improving the health and well-being of children," said Krystal R. Canady, CEO, The Gateway Family YMCA. "Healthy U has positively impacted over 96,000 children ages 3

to 14 at 480 YMCA preschool and afterschool sites and 90 school sites statewide."

"Healthy U is a unique asset to YMCA childcare education programming," stated Melynda A. Mileski, EVP/COO.

Since Healthy U's inception in 2008, The Horizon Foundation for New Jersey has invested more than \$4.7 million to sustain the program through 2019. "All evidence indicates that well-nourished active children are more prepared to learn and thrive. We are thrilled to have The Horizon Foundation for New Jersey as a strong partner," said Sue Cornell, Healthy U Director.

For more information about programs and services provided by The Gateway Family YMCA, please visit [tgfymca.org](http://tgfymca.org).



(above) Kids having fun at the Gateway Family YMCA's local kickoff event for Healthy U, which promotes healthy behavior to combat childhood obesity.

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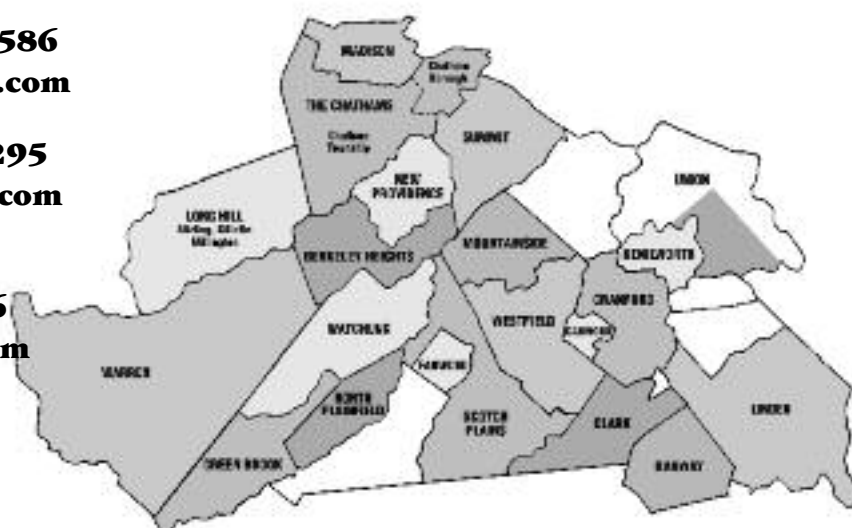
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# OPERATION REBOUND SEEKS VETERANS AND FIRST RESPONDERS

*Submitted by Michael Boll*

I am a recently retired Township of Union Police Department sergeant. I decided to become a police officer after serving four years in the United States Marine Corps; I felt obligated to give back to my town. A few years ago, I began competing in running, triathlons, and other endurance races. Every time, I would finish after the average racer. I was happy with my accomplishments but wanted to do something more rewarding. I found inspiration in Dick Hoyt and his son Rick, who compete in various ultra-distance triathlons.

Rick has cerebral palsy and Dick must pull him in a raft for the swim, push him via an adapted tandem bike for the ride, and they run via a specialized wheelchair. They have been role models to countless numbers of people. I decided that one way I could give back to my community was to assist disabled veterans and first responders to compete in races.

After doing some research, I was able to contact a few colleagues and connected with the Challenged Athlete's Foundation and their Operation Rebound Racing Team (ORRT). ORRT is a non-profit organization that strengthens the mental and physical well-being of veterans, military personnel, and first responders with permanent physical injuries by providing them opportunities to use sports and fitness to reintegrate into our communities and empower them through sports.

Every day approximately 22 veterans commit suicide, and over 300 first responders commit suicide each year. This team seeks out veterans and first responders in crisis, and will do whatever they can to help with this awful epidemic. I started the OR-NJ Team to empower and give purpose to our state's combat veterans and first responders who live with the challenges related to physical injury and mental health issues, including Post Traumatic Stress Disorder (PTSD). My goal is to get them to be part of the team so that they can participate and compete in various athletic events. We are one of the only charities that aggressively seek out veterans and first responders in need and give them a mentor for help. Our mobile outreach approach is responsible for saving lives and helping countless people cope with PTSD.

OR-NJ team was started over 3 years ago and we already have over 800 team members. All athletes who oversee the organization and participation in events are volunteers. We have created an emotional support system for every athlete and work with partners Team Red, White & Blue Central NJ (teamrwb.org) to constantly provide support for our teams. Our growing network has been able to assist our athletes with mentors, trainers, sports equipment, resume writing, jobs, housing, psychiatric care, and other things that benefit our athletes' well-being.

Our main objective is to help our athletes develop physical and mental fitness to assist

them with their future achievements. Despite their challenges, several members of OR-NJ are highly competitive, elite level athletes in their sport, competing to qualify for the Paralympics, national, and world competitions. As of this writing, our OR athletes completed over 20 sanctioned races, hosted numerous training events, and social gatherings.

The racing team empowers our athletes and gives them the overwhelming support required to participate in athletic events. All of our athletes' expenses are financially covered. This is possible because of our highly dedicated support staff and the financial backing of the VFW, American Legion, NJ PBA, NJ FMBA, NJ PAPA, NJ FOP, and the IAPSNJ. We are working with the Somerset Patriots, NY Jets, NY Giants, NJ Devils, Rutgers University Wrestling, and other sports teams to help motivate our athletes to succeed and conquer their goals.

The team is always looking for members to join and attend our athletic events and hikes. Also, we are in need of athlete mentors and volunteers for our upcoming events. If you want to join or volunteer, please feel free to contact me at Mdbollio@optonline.net or call 973-332-1556. Since all of our money goes to our athletes, we ask anyone willing to donate to please contact us first. This way we can have you donate directly to an athlete or an event. Frontline to finish line!



*(above) The operation Rebound Racing Team road 25 miles before the Union Memorial Parade and then marched with the veterans.*



*(above) Operation Rebound Racing Team first annual hiking and camping trip at Watchung Reservation.*



*(above) The Operation Rebound Racing Team completed a 22-hour suicide awareness ruck march during a VFW state convention.*

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Johnnie Walker Black	750ml	\$29.09
Johnnie Walker Black	1.75L	\$59.09
Johnnie Walker Double Black	750ml	\$35.99
Johnnie Walker Red	750ml	\$19.09
Johnnie Walker Red	1.75L	\$32.09
Knob Creek 9 yrs old	750ml	\$29.99
Knob Creek 9 yrs old	1.75L	\$58.99
Macallan 12yrs old	750ml	\$52.99
Makers Mark	750ml	\$26.99
Makers Mark	1.75L	\$49.99
Old Smuggler	1.75L	\$19.99
Redemption Rye Whisky	750ml	\$25.99
Seagram V.O.	1.75L	\$19.99
Seagrams 7	1.75L	\$17.99
Woodford Reserve	1L	\$39.99

### GIN

Beefeater	1.75L	\$35.99
Bombay Sapphire	1.75L	\$36.99
Seagram's gin	1.75L	\$16.99
Tanqueray	750ml	\$19.99
Tanqueray	1.75L	\$34.99

### COGNAC & BRANDY

Camus V.S.	750ml	\$21.99
Cardenal Mendoza	750ml	\$38.99
Courvoisier V.S.	750ml	\$24.99
Courvoisier V.S.	1.75L	\$44.99
E & J V.S. Brandy	750ml	\$ 9.99
E & J V.S. Brandy	1.75L	\$20.99
E & J V.S.O.P. Brandy	750ml	\$10.99
E & J V.S.O.P. Brandy	1.75L	\$22.99
Leroux Blackberry	750ml	\$12.99
Leroux Blackberry	1.75L	\$19.99
Martell V.S.O.P.	750L	\$41.99
Paul Masson Amber	750ml	\$ 9.99
Paul Masson Amber	1.75L	\$20.99
Paul Masson Peach	750ml	\$ 9.99
Remy Martin 1738	750ml	\$49.99
Remy Martin V.S.O.P.	750ml	\$42.99
Remy Martin V.S.O.P.	1.75L	\$76.99

### VODKA

Absolut (regular)	750ml	\$19.09
Absolut (regular)	1.75L	\$29.09
Belvedere Vodka	750ml	\$27.99
Belvedere Vodka	1.75L	\$44.99
Ciroc (all types)	750ml	\$29.99
Ciroc (all types)	1.75L	\$57.99
Finlandia	750ml	\$15.99
Finlandia	1.75L	\$24.99
Grey Goose	750ml	\$26.99
Grey Goose (all types)	1.75L	\$49.99
Ketel One	750ml	\$19.99
Ketel One	1.75L	\$39.01
Lukusowa	1.75L	\$22.99
Majorska	750ml	\$ 8.99
Majorska	1.75L	\$13.99
Pinnacle (all types)	750ml	\$12.99
Pinnacle (80 proof)	1.75L	\$17.99
Skyy	1.75L	\$19.99
Smirnoff Vodka (80 proof)	750ml	\$11.99
Smirnoff Vodka (80 proof)	1.75L	\$19.29
Sobieski	750ml	\$11.99
Sobieski	1.75L	\$18.99
Soplica	750ml	\$ 9.95
Stolichnaya (all types)	1.75L	\$29.09
Svedka (all types)	750ml	\$11.99
Svedka (all types)	1.75L	\$19.29
Tanqueray Sterling	750ml	\$19.99
Tanqueray Sterling	1.75L	\$30.99
Three Olives (all types)	1L	\$19.99
Tito's Vodka	1.75L	\$29.99
Traveler's Vodka	1.75L	\$11.99

### CORDIALS

Bailey's Irish Cream	750ml	\$21.99
Bailey's Irish Cream	1.75L	\$39.99
Kahlua	750ml	\$19.99
Kahlua	1.75L	\$36.99
Krupnik	750ml	\$13.99
Licor 43	750ml	\$20.99
Licor 43	1.75L	\$39.99
Patron XO Café	750ml	\$22.99
Patron XO Café	1.75L	\$29.99
Southern Comfort (80 proof)	750ml	\$19.99
Southern Comfort (80 proof)	1.75L	\$28.99

### RUM

Bacardi Light & Gold	750ml	\$12.99
Bacardi Light & Gold	1.75L	\$19.19
Captain Morgan Spice	1.75L	\$25.99
Malibu	750ml	\$17.09
Malibu	1.75L	\$25.09

### TEQUILA

Avion Silver	750ml	\$38.99
Casa Noble Silver	750ml	\$34.99
Deleon Blanco Tequila	750ml	\$29.99
Deleon Blanco Tequila	1.75L	\$59.99
Jose Cuervo	750ml	\$18.99
Jose Cuervo	1.75L	\$33.99
Patron Silver	750ml	\$42.99
Patron Silver	1.75L	\$85.99

### BEER

Becks (12oz) 24pk	24pk	\$24.99
Bud and Bud Lite cans	30pk	\$22.99
Bud and Bud Lite loose bottles	24pk	\$19.99
Coors Lite (24oz) cans	12pk	\$14.99
Coors Lite/Miller Lite loose bottles	24pk	\$19.99
Coors Lite/Miller Lite	30pk	\$22.99
Corona/Corona Lite loose bottles	24pk	\$28.99
Dab (16oz) cans	24pk	\$21.99
Heineken/Heineken Lite bottles	24pk	\$27.99
Land Shark	24pk	\$23.99
Lech (500ml)	20pk	\$28.99
Modelo Especial cans	24pk	\$24.99
New Belgium Fat Tire	24pk	\$32.99
Pabst Blue Ribbon cans	30pk	\$18.99
Pilsner Urquell	24pk	\$28.99
Sagres	24pk	\$22.99
Sam Adams Boston Lager	24pk	\$31.99
Stella Artois loose bottles	24pk	\$27.99
Dogfish Head 60 min.	24pk	\$33.99
Yuengling Lager bottles	24pk	\$17.99
Zywiec (11.2oz)	24pk	\$19.99

*“Cold or warm Beer = Same Price”  
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ABC prices prevail other prices, limited to store inventory. Not responsible for typographical errors. Prices valid till January 31, 2019.

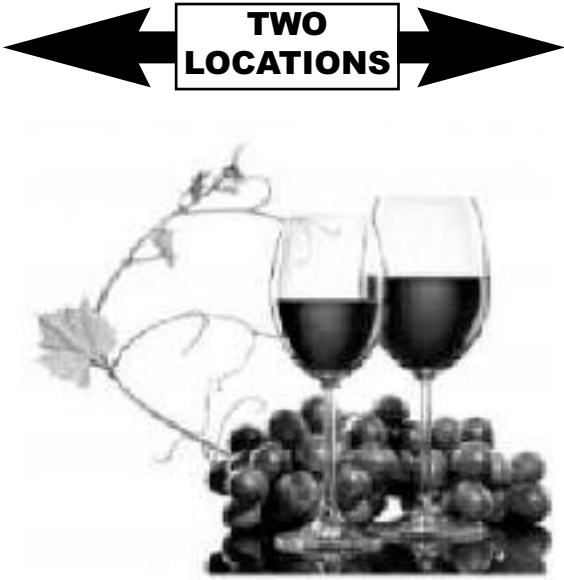


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Alamos Malbec .....	750ml	\$ 8.99
Andre (All Types) .....	750ml	\$ 6.99
Apothic Red .....	750ml	\$ 9.29
Avalon (Cabernet Sauvignon) .....	750ml	\$ 9.99
Barefoot All Types .....	1.5L	\$10.39
Bartenura Moscato .....	750ml	\$11.99
Barone Fini (Pinot Grigio) .....	750ml	\$11.99
Beringer White Zinfandel .....	750ml	\$ 4.99
Beringer White Zinfandel .....	1.5L	\$ 8.69
Black Box (All Types) .....	3L	\$19.99
Blackstone (All Types) .....	1.5L	\$12.99
Bogle (Chardonnay and Merlot) .....	750ml	\$ 6.99
Bolla .....	1.5L	\$12.99
Carlo Rossi (Chablis, Burgundy, Sangria, Blush) .....	4L	\$13.99
Carnivor (Cabernet Sauvignon) .....	750ml	\$10.99
Casal Garcia Vinho Verde .....	1L	\$ 5.99
Cavit (All Types) .....	1.5L	\$13.99
Chateau ste Michelle Columbia Valley Cabernet and Merlot .....	750ml	\$13.99
Chateau Ste. Michelle Columbia Valley Chardonnay .....	750ml	\$ 9.95
Chateau Ste. Michelle Columbia Valley Riesling .....	750ml	\$ 8.99
Clos du Bois Chardonnay .....	1.5 L	\$19.99
Clos du Bois Cabernet, Merlot .....	750m	\$ 9.95
Cockburns Ruby and Tawny Porto .....	750ml	\$11.99
Concha Y Toro Frontera .....	1.5L	\$ 8.99
Coppola Diamond Cabernet Sauvignon, Merlot .....	750ml	\$13.99
Coppola Diamond Chardonnay .....	750ml	\$11.99
Corbett Canyon (All Types) .....	1.5L	\$ 7.99
Cupcake (All types, except Prosecco and Moscato) .....	750ml	\$ 8.99
Dom Perignon .....	750ml	\$149.99
Dreaming Tree (All Types) .....	750ml	\$11.99
Ecco Domani (Pinot Grigio) .....	750ml	\$ 9.99
Fish Eye (All Types) .....	1.5L	\$ 9.99
Flip Flop (All Types) .....	1.5L	\$ 9.99
Franzia (Crisp White, Blush, Sangria, Chilable red) .....	5L	\$13.99
Freixenet (Brut, Extra, Rose, Sweet) .....	750ml	\$ 9.99
Gato Negro (All Types) .....	1.5L	\$ 9.99
Gazela Vinho Verde .....	750ml	\$ 5.99
Ghost Pines (Merlot and Red Blend) .....	750ml	\$15.99
J. Lohr Cabernet Sauvignon .....	750ml	\$11.99
Josh Cabernet Sauvignon .....	750ml	\$13.99
Joseph Carr Cabernet Sauvignon .....	750ml	\$26.99
Kendall Jackson Vintners Chardonnay .....	750ml	\$12.09
Kim Crawford (Sauvignon Blanc) .....	750ml	\$13.99
Korbel (All Types except Natural and Organic) .....	750ml	\$11.99
La Crema Sonoma Pinot Noir .....	750ml	\$16.99
Liberty Creek (All Types) .....	1.5L	\$ 7.99
Louis Jadot Beaujolais .....	750ml	\$ 9.99



WINE

Louis Jadot Beaujolais Villages .....	750ml	\$ 10.99
Louis Jadot Pouilly Fuisse .....	750ml	\$21.99
Luna di Luna (All Types) .....	1.5L	\$13.99
Mark West Pinot Noir .....	750ml	\$ 9.39
Mark West Pinot Noir .....	1.5L	\$17.99
Martini & Rossi Asti .....	750ml	\$11.99
Menage a Trois Red .....	750ml	\$ 8.99
Merry Vale (Cabernet) .....	750ml	\$49.99
Mezzacorona Pinot Grigio .....	1.5L	\$12.99
Mi Amore Red .....	750ml	\$ 8.99
Moet Imperial Champagne .....	750ml	\$41.99
Noble Wine 337, 667 .....	750ml	\$10.99
Papi (All Types) .....	1.5L	\$10.98
Real Sangria .....	1.5L	\$ 9.99
Rex Goliath (All Types) .....	1.5L	\$10.99
Robert Mondavi Oakville Napa Valley Cabernet Sauvignon .....	1.5L	\$44.99
Robert Mondavi Private Select .....	750ml	\$ 8.99
Robert Mondavi Private Select .....	1.5L	\$16.99
Rodney Strong Sonoma Cabernet .....	750ml	\$16.99
Rodney Strong Sonoma Chardonnay .....	750ml	\$11.99
Rombauer Chardonnay .....	750ml	\$36.09
Ruffino Chianti .....	750ml	\$ 7.99
Ruffino Chianti .....	1.5 L	\$13.99
Ruffino Pinot Grigio .....	1.5L	\$11.99
Ruffino Chianti Gold .....	750ml	\$30.99
Ruffino Tan label .....	750ml	\$19.99
Santa Margerita Pinot Grigio .....	750ml	\$20.29
Senor Sangria (All Types) .....	1.5L	\$12.99
Silver Oak Alexander Valley Cabernet .....	750ml	\$76.99
Simi Chardonnay .....	750ml	\$12.09
Sonoma Cutrer Chardonnay .....	750ml	\$20.99
Sutter Home (All Types) .....	1.5L	\$ 8.99
Tom Gore (All Types) .....	750ml	\$ 9.99
Woodbridge (All Types) .....	1.5L	\$11.49
Yago Sangria .....	3L	\$14.99
Yellow Tail (All Types) .....	1.5L	\$11.49

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**15% OFF**  
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