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NOBLE THE THERAPY HORSE VISITS GARWOOD LIBRARY

Noble, a miniature therapy horse, visited the Garwood Public Library to the delight of a room full of children and parents. Maureen Coultas from Hope's Promise, presented Noble to the capacity crowd of thirty visitors on Wednesday, January 9, 2019.

Hope's Promise, located in Chester. NJ, offers various horsemanship programs. They also arrange equine therapy visits where miniature horses are brought to assisted living facilities, nursing homes, group homes, hospitals, schools, and libraries. Horses are trained to go inside of buildings, ride in elevators, and will even go into bedrooms if individuals are bed-ridden.

Ms. Coultas shared stories about Noble, his home at Hope's Promise, and answered questions from an enthused audience. She also read from her recently published book "My Friend Chief." The book is about Michelangelo, a bored miniature horse who wants to hear the story of his friend Chief, a full-sized Appaloosa who lives at Hope's Promise Farm with him. The story tells of how Chief came to be a therapeutic riding horse who helps many different individuals with special needs learn how to ride. The book has beautiful photos for horse lovers to enjoy and serves as a wonderful teaching tool for those who want to learn about therapeutic horseback riding.

The book is available for purchase on the Hope's Promise website hopespromisefarm.com.



(above) Maureen Coultas with Noble, a therapy horse from Hope's Promise farm.



(above, l-r) The Trentacosta family, Ann, holding Holden (1), Chase (10), Blake (7), and Kendall (5), had an up-close look at Noble the therapy horse at the Garwood Library.



(above and left) A capacity crowd enjoyed the Noble The Therapy Horse program hosted by Garwood Public Library Director Maryanne Duffy.



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GARWOOD PUBLIC LIBRARY EVENTS

The Garwood Public Library is located at 411 Third Avenue, Garwood, New Jersey. For info and to register for programs, call 908-789-1670 or visit: youseemore.com/garwood The Library is open Monday through Thursday from 9 a.m. to 8 p.m.; Fridays 9 a.m. to 4:30 p.m. and Saturdays from 9 a.m. to 1 p.m.

The Library will be closed Monday, February 18 for President's Day. Knitting Club, Mondays and Thursdays at 10:30 a.m. Learn how to knit or show others how it's done while enjoying fun

conversation.

Needles and yarn provided to newcomers.

Kid's Chess

Mondays, at 3:00pm Limit 12; Informal chess game for children of all ages. This is a non-instructional program. Six

boards provided.

Monday Afternoon Book Club

at 1 p.m. on February 25 Discussing, Fly Girls by Keith O'Brien.

Explore It

Tuesdays at 3:00pm in the Lincoln School Art room. This is after school STEM fun for kids 4th grade and older: Registration required. Limit 16.

Adult Craft

Tuesday, February 12 at 6:00 p.m. Let those creative juices flow. Make a craft to bring home and impress your friends and family. Limit 10. Registration required.

Toddler Story Time Wednesdays at 10:30 a.m. For children birth to age 4; Stories, songs, bubbles and more. The Pipsqueak Players will visit Storytime on February 13.

Bugs on the Go with Insectropolis

Wednesday, February 13, at 3:00 p.m Join representatives from Insectropolis, for an introduction to arthropods and insects featuring live hissing cockroaches, a giant millipede, an Emperor scorpion and a tarantula! For Kids in Grades K-5. Registration required. Please register online, or by calling (908-789-1670) or visiting the

Garwood Library. Limit 30.

Library Board Meeting

Wednesday, February 6 at 8:00 p.m. The Library Board meeting is open to the public.

Kid's Craft

Wednesday, February 20, at 3:00 p.m. make a fun craft. For children 2nd grade and up. Registration required. Limit 20.

Aging Services Kiosk (ASK)

Thursday, February 21, from 10 a.m. till noon Union County Division of Aging Staff will be on hand to assist seniors (age 60+) or their caregivers with information on services, such as meal delivery, respite care, adult day care and support services for caregivers.

Lego

Thursday February 14 and 28 at 3:00 p.m. be inspired by this month's theme and build whatever comes to mind. Then share your creation with others. Some will be displayed in our showcase. For children age 4 through 12. Registration required. Limit 15.

ANNOUNCING: THE CONNIE DWYER BREAST CENTER AT TRINITAS

Trinitas Regional Medical Center has partnered with The Connie Dwyer Breast Cancer Foundation to open a new breast center in Connie's name at Trinitas. The brand new \$3.4 million facility will offer a highly empathic approach to screening, diagnosis, treatment, community outreach and education to all women, regardless of financial status.



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BE A PART OF THE SOLUTION, NOT THE POLLUTION



Garwood's Lincoln School elementary gifted and talented students, along with their advisor Mrs. Del Conte, have been brainstorming ways in which they can make a difference in eliminating the single use plastics that wind up in our waterways and threaten our wildlife.

As part of an ongoing project, they initiated a challenge to their school community during the week of January 14th to "Be a Part of the Solution, Not the Pollution." Every member of the school community was urged to reduce or eliminate their use of single use plastic straws, bags, and bottles in an effort to raise awareness of how our daily habits ultimately affect our local waterways. The daily challenges were well accepted by the Lincoln School students and will continue.

Photo by Lincoln School



Fifth grade students at Lincoln School in Garwood recently had working lunches in order to get involved with starting a school newspaper, "Mustangs on the Move." Their school mascot is a mustang. Mrs. DelConte

and Ms. Tarantino are shown here with many of the fifth graders who are clearly eager to highlight all of the current events happening within Lincoln School's active school community.

Photo by Lincoln School



MUSTANGS ON THE MOVE

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FALL GPA CHALLENGE WINNERS

recently held a breakfast in honor of the 2018 Fall Athletics G.P.A. Challenge winners, the Crusader Field Hockey Team. The event, sponsored by the Athletic Department, was held in the ALJ cafeteria.

The Crusader G.P.A. Challenge is awarded each season to the team that finishes with the highest overall G.P.A. amongst athletic teams seasonally. They were presented with certificates, had their team memorialized on a plaque, and were invited for a "Breakfast with the A.D." to celebrate their actions both in the classrooms and on the courts.

The Field Hockey Team, with a G.P.A. of 4.0198, was the 2018 Fall G.P.A. Challenge winner. Members of the Field Hockey Team include: Alyssa Colicchio, Nina Couzzi, Sabrina Diwane, Victoria Marano, Kaylee Parkhill, Alley Renda, Amanda Zambrana, Heidi

The Arthur L. Johnson Athletic Department Compton, Emma Hilton, Nicole Randazza, Tara Starita, Taylor Turek, Jordyn Walsh, Devyn Calas, Gianna Caldiero, Gia Colicchio, Michelle Kukan, Courtney Marano, Victoria Venezio, Peyton Collings and Tatum Dobbins.

Athletic Director Gus Kalikas said "The Athletic Department is extremely proud of all the members of the Field Hockey Team. The team was able to balance athletics and academics at the highest level, not only competing in the State Final in the Fall season but also excelling in the classroom, which is evident by the cumulative G.P.A. of 4.0198 that the team held throughout the season. The G.P.A. Challenge was a result of years of hard work, not only by the girls, but by our Head Coach, Katrina Poskay, as well. They are a model of what it means to be a student athlete and the Clark School District is proud of all of their accomplishments."



(above) The Field Hockey Team enjoys breakfast as a reward for winning the 2018 Fall G.P.A. Challenge.



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LINCOLN SCHOOL'S PEP CLUB SPRINGS INTO ACTION

The basketball season has begun at Lincoln School so that means it is time for the School Spirit Pep Club to spring into action! The club is open to students in grades 4 through 7 and is led by Mrs. Benc. Members of the club met several times to create banners and posters to display in the gym in support of the school's girls' and boys' basketball teams. They designed a club tee shirt, made water bottle shakers, and learned a few cheers that they perform from the bleachers during games.

GO MUSTANGS!

SHOW LOVE FOR GARWOOD SCHOOLS ON FEB. 7TH

The Education Foundation of Garwood (EFG) is excited to announce its third annual 'Show Love For Garwood Schools' event which will take place on Thursday, February 7th, 2019 from 6 to 9 p.m. at Rosie's Wine Bar, 514 North Avenue.

Tickets are \$30 each and can be purchased in advance or at the door. Ticket price includes a wide variety of wines and appetizers. For advanced tickets, visit the Garwood Library or Lincoln School or contact EFG President Candace Kilmer at (908) 358-6963 or email cad11174@aol.com.

Proceeds will fund scholarships for 8th graders and high school students as well as grants for educators. The EFG has given out over \$50,000 in the last 15 years. Please follow us on Facebook @ Education Foundation of Garwood for updates. Last year was a huge success, raising over \$1,500. We hope to see you there!

NOMINATIONS SOUGHT FOR COMMUNITY SPIRIT AWARD

Submitted by Garwood Mayor Sara Todisco

Do you know of someone in our Garwood community that you believe should be recognized for their efforts to help others in the community at large? How about a volunteer, or a generous local business owner, or even your neighbor who goes above and beyond? I am sure you do! There are so many wonderful people in our community that make Garwood the "Small town with a big heart," we all know and love.

As Mayor, I am proud to announce a new "Community Spirit Award" program to honor these individuals or specific groups of people who make Garwood the great place it is to live, work, and enjoy. I will be presenting these awards on a quarterly basis with the first to be presented at a March meeting of the Mayor and Council. To nominate someone you know, please complete the short form located on garwood.org, which can be found on the homepage or under the "Useful Links" tab on the left side of the website. Also, paper copies can be found in the hallway display at Borough Hall and completed and returned to the Clerk's Office.



(above) The Pep Club at one of the recent home basketball games, wearing their original tees while cheering for the Lincoln School Mustang teams!

Photo by Lincoln School



first served basis. Current advertiser has right of first releast

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PICKING UP AFTER YOUR DOG MADE EASIER BY THE GREEN TEAM



(above, l-r) Green Team members Councilwoman Jen Blumenstock, Jeff Jotz, Mayor Sara Todisco, Sean Benoit and Maria Benoit.

ALJ HOSTS ALUMNI PANEL FOR JRS AND SRS

The Arthur L. Johnson High School Guidance discussed how ALJ prepared them for college. Department hosted an ALJ Alumni Panel in January where former Crusaders shared their college experience with current juniors and seniors.

The panel, led by Erica Stasio, ALJ School Counselor, included a series of topics including choosing a school, living away from home, and extra-curricular involvement. The panel also

"I look forward to the Alumni Panel every year, not only to catch up with former students, but for them to share their experiences with our current juniors and seniors. The discussion is invaluable and relevant to the concerns of high school students. It helps to provide a unique perspective different from that of a parent, teacher, counselor, or coach," stated Stasio.



(above, l-r) Front Row: Norberto Diaz '18, Brandon Rapp '18, Kayla Dias '18, Danielle Hartzler '18, Saga Elsekhely '18; Back Row: William Shaughnessy '18, Hart Tecson '17, Greg Zukowski '18, Brandon Fernandez '16, Mr. Andrew Amendola, Supervisor of Pupil Personnel Services/Guidance.





The Garwood Green Team were instrumental in having two new dog waste disposal stations installed at Garwood's Recreation Complex recently. The stations were donated by Barbara Grobert and JP Altier, owners of Pet Supplies Plus, located at 119 South Avenue in Garwood. The Green Team works in conjunction with local businesses to benefit Garwood and keep the borough sustainable.



GARWOOD SENIORS

The Garwood Senior Club meets at the Garwood Fire House, located on South Avenue, next to Borough Hall, on the first and third Thursday of each month at noon, for an afternoon of camaraderie, lunch and Bingo.

The Club occasionally offers guest speakers with topics of interest to the Seniors, including information on nutrition, estate planning, health and wellbeing, and long-term care. Free blood pressure screenings are also offered at the meetings. The Club also plans entertaining trips to places like The Brownstone, The Staaten, and Atlantic City casinos.

They recently elected slate of officers are: Pat DiFabio, President; Fred Unnold, Vice President; Rita Unnold, Secretary, and Delores Cielinski, Treasurer.

New members are always welcome, and the Club is open to all seniors residing in Garwood. Arrangements can be made for transportation to and from the meetings via the Borough's Senior Bus.

Paulette Drogon, Senior Club Representative for the Borough of Garwood, presents a monthly calendar of activities for the members. For further information on activities, or to obtain a calendar, please contact her at 908-789-0710 and leave a message with your name and phone number.

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