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CARE PACKAGES FOR OPERATION NEW JERSEY CARES

On Saturday, November 24, 2018 a group of teachers, students, and family members from Clark spent time creating care packages for the men and women in our Armed Forces who have been deployed overseas for Operation New Jersey Cares. Items such as candy, toiletries, books, snacks, magazines, and foods are all donated through a series of collections taken throughout the state each and every year. This year, over 300 boxes were

shipped out due to the help of all those involved. Future packing opportunities will be available to those interested in giving back. For more information visit operationjerseycares.org.





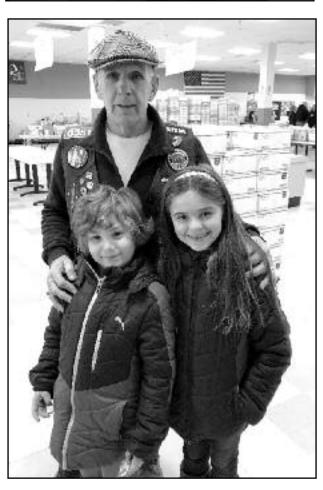
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(above) Clark teachers, students, and family members participating in Operation New Jersey Cares.

Photo by Clark Public Schools.



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Clark Monthly

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ALJ HOSTS ALUMNI PANEL FOR JUNIORS AND SENIORS

The Arthur L. Johnson High School Guidance Department hosted an ALJ Alumni Panel in January where former Crusaders shared their college experience with current juniors and seniors.

The panel, led by Erica Stasio, ALJ School Counselor, included a series of topics including choosing a school, living away from home, and extra-curricular involvement. The panel also discussed how ALJ prepared them for college.

"I look forward to the Alumni Panel every year, not only to catch up with former students, but for them to share their experiences with our current juniors and seniors. The discussion is invaluable and relevant to the concerns of high school students. It helps to provide a unique perspective different from that of a parent, teacher, counselor, or coach," stated Stasio.



(above, l-r) Front Row: Norberto Diaz '18, Brandon Rapp '18, Kayla Dias '18, Danielle Hartzler '18, Saga Elsekhely '18; Back Row: William Shaughnessy '18, Hart Tecson '17, Greg Zukowski '18, Brandon Fernandez '16, Mr. Andrew Amendola, Supervisor of Pupil Personnel Services/Guidance.

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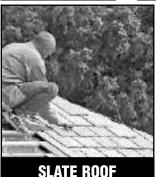
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ALJ ATHLETIC DEPARTMENT FALL GPA CHALLENGE WINNERS

recently held a breakfast in honor of the 2018 Fall Athletics G.P.A. Challenge winners, the Crusader Field Hockey Team. The event, sponsored by the Athletic Department, was held in the ALJ cafeteria.

The Crusader G.P.A. Challenge is awarded each season to the team that finishes with the highest overall G.P.A. amongst athletic teams seasonally. They were presented with certificates, had their team memorialized on a plaque, and were invited for a "Breakfast with the A.D." to celebrate their actions both in the classrooms and on the courts.

The Field Hockey Team, with a G.P.A. of 4.0198, was the 2018 Fall G.P.A. Challenge winner. Members of the Field Hockey Team include: Alyssa Colicchio, Nina Couzzi, Sabrina Diwane, Victoria Marano, Kaylee Parkhill, Alley Renda, Amanda Zambrana, Heidi Compton, Emma Hilton, Nicole Randazza, Tara Starita, Taylor Turek, Jordyn Walsh, Devyn Calas, Gianna Caldiero, Gia Colicchio, Michelle Kukan, Courtney Marano, Victoria Venezio, Peyton Collings and Tatum Dobbins.

Athletic Director Gus Kalikas said "The Athletic Department is extremely proud of all the members of the Field Hockey Team. The team was able to balance athletics and academics at the highest level, not only

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The Arthur L. Johnson Athletic Department competing in the State Final in the Fall season only by the girls, but by our Head Coach, but also excelling in the classroom, which is Katrina Poskay, as well. They are a model of evident by the cumulative G.P.A. of 4.0198 that what it means to be a student athlete and the Challenge was a result of years of hard work, not accomplishments."

the team held throughout the season. The G.P.A. Clark School District is proud of all of their



(above) The Field Hockey Team enjoys breakfast as a reward for winning the 2018 Fall G.P.A. Challenge. Photo by Clark Public Schools

Same workshop, 2 convenient locations.

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- How to pay for college in a failing economy without relying on 529 plans, expensive private student loans or raiding your retirement accounts
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Rosie Palumbo, Parent of High School Junior

'Information was clear, easy to understand and straight forward. Excellent presentation - no hidden agendas."

Lynn McKenna, Parent of High School Senior

"Opened up opportunity to look at colleges we thought were out of our price range."

Barbara Eames, Parent of High School Sophomore

"Covered a lot of ground - easy to follow and moved quickly.'

Sara Pogue, Parent of High School Junior

"Demystified the college funding process"

Joseph Mozzella, Parent of High School Senior



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Submitted by Ralph Bernardo



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together to make peppermint tubes for our veterans. The treats were distributed during a breakfast held at the VA Hospital which was

Daisy troop 40072 and Brownies 40664 got sponsored by Clark UNICO. The girls also sang carols at Atria Nursing Home. Troop Leaders Jessica Cordosa, Denise Ayers and Catherine Barbieri helped the girls with all the preparations.





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ALJ STUDENT NAMED A COCA-COLA SCHOLAR SEMIFINALIST

Submitted by Christine Broski

Local high school senior Jianna Nieves has been named a Semifinalist for the 2019 class of the Coca-Cola Scholars Program, moving to the next round of the selection process to become a Coca-Cola Scholar and receive a \$20,000 college scholarship. A joint effort of Coca-Cola bottlers across the United States and The Coca-Cola Company, the Coca-Cola Scholars Program is one of the largest corporate-sponsored, achievement-based scholarship programs of its kind. With the addition of the 2019 class, the Coca-Cola Scholars Foundation will have provided more than 6,150 Coke Scholars nationwide with over \$69 million in scholarships over the course of 31 years.

"We are so proud of Jianna Nieves being named as a semifinalist for the Coca-Cola scholarship," said ALJ Principal Jennifer Feeley. "She is a wonderful example of an ALJ student giving back to others. We look forward to her future successes."

"We believe that identifying these young leaders throughout the country and encouraging their passion for serving others not only empowers the students, but also lifts up those around them." said Jane Hale Hopkins, President-Elect of the Foundation. "The Coca-Cola system is dedicated to giving back to the communities they serve, and the Coca-Cola Scholars

commitment."

In addition to receiving college scholarships, those students selected as Coca-Cola Scholars will be welcomed into a vibrant and growing family of alumni that have become a powerful force for positive change in the world. Through networking, collaborations, and friendships, the group strives to make a greater impact together. Recent events and initiatives include the 2018 Coca-Cola Scholars Leadership Summit, a posthurricane clean-up in Houston, and the third year of a coaching program that partners seasoned alumni with first-year Scholars as they transition to college.

Semifinalists are now asked to complete Phase 2 applications, which include essays, recommendations, and transcripts. independent selection committee will review the applications and select 250 Regional Finalists by the end of January to participate in online or in person interviews. 150 CocaCola Scholars will be named in March and come to Atlanta in April for a celebratory banquet and Leadership Development Institute facilitated by program alumni.

The Coca-Cola Scholars Foundation celebrates and empowers visionary leaders who are refreshing the world. With its 30th class of Coca-Cola Scholars, the Foundation has provided more

Foundation is proud to be a part of that than \$66 million in scholarships to over 6,000 program alumni who together have become a powerful force for positive change. Learn more at coca-colascholars.org.

Photo by Clark Public Schools



(above) Jianna Nieves, Arthur L. Johnson High School Student who was chosen for the next level in prestigious Coca-Cola Scholarship Program.



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GIRLS STATE REPRESENTATIVE ATTENDS ALA MEETING

Submitted by Judy Doran

Maria Delrosario, a senior at Mother Seton High School in Clark, attended the Clark American Legion Auxiliary Christmas Party to thank ALA members for sponsoring her to Girls State this past July. Maria told of her week attending the convention at Georgian Court College to members and guests.

Girls State educates and prepares high school students on the workings of our government. Maria's week at Girls State was filled with meetings and conferences with girls from all over New Jersey. She loved meeting other New Jersey students and making new friends. Miss Delrosario plans to study nursing at a New Jersey college in the fall of 2019. With her experience at Girls State she will be prepared to be an active citizen of the great state of New Jersey.



(above, l-r) ALA President Tammi Angelo, Girls State Representative from Mother Seton High School Maria Delrosario, and Chairwoman of the Clark Girls State Committee Karen Fink.

DESERAE SEQUEIRA NAMED TO GOOGLE CLOUD ALL-DISTRICT WOMEN'S SOCCER TEAM

Adding to her growing list of accolades, St. Joseph's College sophomore Deserae Sequeira, a graduate of Arthur L. Johnson High School in Clark, has been selected by the College Sports Information Directors of America to the 2018 Google Cloud Academic All-District® Women's Soccer Team, which recognizes the nation's top student-athletes for their combined performances on the field and in the classroom.

Sequeira becomes the first Bear in women's soccer program history and the fifth SJC student-athlete in any sport to receive the honor.

"Deserae continues to set new standards for our program, and with the help of her teammates, is becoming a more complete player in our conference and region. She should be known for more than just a leading goal scorer. She's a driven student-athlete with a wonderful family behind her," commented Head Women's Soccer Coach Gary Lawson.

In November, the three-time Skyline Player of the Week received her second All-Skyline Conference First Team selection tallying 16 goals with 10 assists to solidify her as one of the most prolific forwards in the conference, ranked third in goals and assists and second in points. Her league-leading five game-winning goals helped the Bears to their best finish in Skyline Conference play in fifth place with a 5-4 league record and their second-straight Skyline Championship appearance.

In just two seasons, Sequeira already is the program leader in total points (99) and needs just five goals to become the leader in goals scored, currently with 39.

"As a freshman, Deserae joined our program with clear goals about building something special at St. Joseph's and leaving a legacy for future Bears to follow. Now after completing her sophomore soccer season, it is obvious that Deserae is special student-athlete and if she stays determined and driven over the next two years and beyond can achieve anything she puts her mind to. It is an honor to be her coach," concluded Lawson.

Off the field, Sequeira has maintained a 3.81 GPA as a multi-sport student-athlete also playing on the women's basketball team, which opens their season today.

"Deserae is a tremendous competitor and pushes herself to succeed athletically and academically each semester," added Director of Athletics and Recreation James Lally. "We are very proud of the way she represents SJC Brooklyn and congratulate her on this outstanding recognition."

Photo by St. Joseph's College



(above) Deserae Sequeira, a a graduate of Arthur L. Johnson High School in Clark, now a sophomore at St. Joseph's College, was selected for the 2018 Google Cloud Academic All-District® Women's Soccer Team.





BOOSTER CLUB HOSTS HARLEM WIZARDS

Athletic Booster Club recently hosted the Harlem Wizards, who played an exhibition game against the Clark All Stars. In attendance at the packed house were coaches, players, parents and students from throughout the Clark school district. All profits went to the Crusader Athletic Booster Club, an organization that helps all athletic programs at Arthur L. Johnson High School.

Throughout the school year, the Booster Club helps Crusader Athletics in the following ways: Fall, Winter, and Spring Athletic Awards Night as well as the Senior Athletics Awards Dinner are sponsored by the Booster Club; the ALJ Wall of Fame, which honors our sports programs in the corridors of our high school, is updated and displayed each year through Booster Club funds; Senior Scholarships are given at the end of each

The Arthur L. Johnson High School Crusader year to numerous deserving student athletes with funds generated by the Booster Club; in addition, the Booster Club opens the Snack Shack for all home football games and any county games which ALJ sponsors. Proceeds from the Snack Shack benefit ALL sports teams at ALJ.

> The game would not have been possible without the Clark All Star team, which put up a valiant effort against the Wizards. Clark All-Stars Roster included: Joe Beltramba, VRS Principal; Mallory Applebaum, FKH / VRS Vice-Principal; Jennifer Clere, Grade 1, VRS; Lauren Prost, VRS; Greg Baker, CHK; Daniel Figueroa, CHK; Thomas Riccuiti, CHK; Laura Bundy, ALJ; Lou VanBergen, ALJ; Anthony DelConte, ALJ; Christopher DiNucci, ALJ; Colleen Nemeth, ALJ; and Nancy Jogis, ALJ.



Photo by Clark Public Schools

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FATHER AND SON TEAM RECOGNIZED FOR THEIR VOLUNTEER WORK

TYLER MEKOVETZ HITS 100TH CAREER GOAL

Tyler Mekovetz earlier this season he hit the 100 point mark with a goal and assist. On January 14, 2019 he reached a personal goal to be only the 5th player in Arthur L. Johnson Ice Hockey history to score 100 goals in his high school career. He currently sits at the top of the state leader board with 37 goals on the season also a career high.



(above) Tyler Mekovetz with his n umber 1 fans, to his right is his sister Alexis, and the left is Girlfriend Megan DeGregorio.

Clark Recreation together with the Township of Clark presented the "Volunteer of the Year" award at the January 22, 2019 Council meeting. Mayor Sal Bonaccorso and Recreation Director Ralph Bernardo presented the award to a father and son team this year – Edward and Anthony Bogash.

The Bogash's were selected for unselfishly

volunteering their time, talents and generosity to the Recreation Department and the township events throughout the year. Never asking any questions, just always available to help where ever needed.

Mayor Sal thanked them and told them how much the township appreciates all their hard work throughout the year.

Photo by Clark Recreation Department



SAVE THE DATES FOR 2019 CLARK HEALTH SCREENINGS AND PROGRAMS

The Clark Health Department in conjunction with Holy Redeemer Health Care will be offering free blood pressure and blood sugar screenings for Clark residents from 11:00 a.m. - 1:00 p.m. at the Clark Recreation cafeteria, 430 Westfield Ave., Clark on the following Thursdays:

February 7, March 7, April 4, June 6, September 5, and November 7.

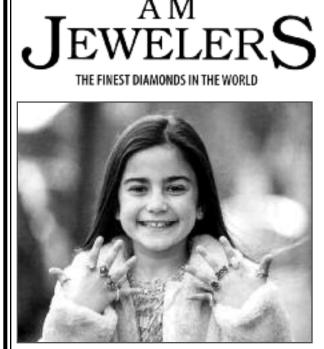
Pre-registration is not required. First come, first served. A two hour fast is recommended for the blood sugar screening.

The Clark Health Department in conjunction purposes.

with MedLabs Diagnostics will be offering the free SMA blood with lipid panel and A1C on Saturday, April 27, 2019 from 7:30 a.m. to 9:00 a.m. Pre-registration is required for this testing by calling Nancy Raymond, Health Officer, at 732-428-8405.

Flu shots will be offered between 10:00 a.m. - 12:00 noon at the Deutscher Club, 787 Feather bed Lane on Wednesday, September 12, 2019. Participants will be required to complete registration forms and bring all insurance cards (Medicare, HMO, Aetna etc.) for billing purposes.





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The library will be closed on Monday, February 18 for President's Day.

Leap Into Science Family Workshop

Saturday, February 2 at 11:00 a.m.

Leap Into Science is a program from The Franklin Institute Science Museum that integrates open-ended science activities with children's books, for children and families to learn together. Explore the science of Balance through hands-on activities and children's books. Have fun while learning to think like scientists! This event is for families with preschoolers through elementary school. Registration is requested.

Chess Club for Kids

Monday, February 4 and Tuesday, February 19 at 6:30 p.m.

Children ages 6 and up are invited to come to the library for chess club! We welcome beginners and those wanting to learn new tips on wanting to hone their skills.

Registration is requested.

Instant Pot Demonstration

Thursday, February 7 at 6:30 p.m.

The Instant Pot is an electric pressure cooker that has become wildly popular with home cooks and chefs. We will take the mystery out of this time-saving kitchen tool with 2 live demonstrations given by Valerie Gray, author of the blog From Val's Kitchen. Space is limited and registration is required. Please be conscious of any food allergies that you have.

LEGO® Club

Friday, February 8 at 3:15 p.m.

Join us for the LEGO® Club at the Clark Public Library!

Create your own lego structures. Legos are provided by the library. Creations are displayed in the Children's Area. For children in grades K - 5.

No registration required.

Union County Division on Aging Services

Monday, February 11 from 10 a.m.-Noon

Do you have a questions about services for seniors or their caregivers? The Union County Division on Aging will be at the Clark Public Library to answer them. Drop by anytime between 10 a.m.-12 p.m. and get answers to your questions about: pharmaceutical assistance, home energy assistance, home care, home delivered or congregate meals, caregiver relief, medicaid, transportation, and other questions you may have.

Glass Bottle Decoration for Valentine's Day Craft for Adults

Monday, February 11 at 2:00 p.m.

We will be making Valentine's Day decoration with wine bottles. We will paint the bottles and decorate with cute hearts, letters and/or ribbons. Materials are provided, but you can bring your own clear bottles.

George Washington Remembers New Jersey Monday, February 11 at 7:00 p.m.

George Washington was no stranger to New Jersey. From Trenton to Princeton to Morristown to Monmouth to Middlebrook, (and more), the General spent more time here than in any other state. Join General Washington (historical interpreter and storyteller David Emerson) as he reminisces about his brightest and darkest moments during the battles and encampments of the "Cockpit of

Jersey Council for the Humanities.

Tinker Tuesday

Tuesday, February 12 at 3:30 p.m.

the Revolution." This program is funded by the New

To celebrate Valentine's Day, we will be making heart shaped squishees. For elementary students.

Please register.

Valentine Teen Maker Program

Wednesday, February 13 at 3:00 p.m.

Join us for our monthly teen maker program. February's theme is Valentine's Day. We will be making perler bead valentine's, decorative paper hearts, and chocolate! Registration not required. Drop in anytime during the program! Open to all in Grades 6-12.

Finger Painting Friday

Friday, February 15 at 10:00 a.m.

No childhood is complete without some good, old-fashioned, messy finger painting. We will read a story

and then make some squishy, colorful creations. Wear some old clothes! Please register.

Afternoon Book Club

Tuesday, February 19 at 1:00 p.m.

Join us for our next meeting. We will be discussing

"The Story of Arthur Truluv" by Elizabeth Berg.

Learn How to Bullet Journal

Thursday, February 21 at 7:00 p.m.

The Bullet Journal class is a basic introduction to organizing your life and time through the use of bullet journaling. For adults. Registration is required.

Lead Exposure Prevention Program

Saturday, February 23 from 10:00 a.m.-12:00 Clark Township Health Department in collaboration with JFK Medical Center's Union County Childhood Lead

Exposure Prevention Program is offering free lead screenings for uninsured and under-insured children ages 1-17 years old living in Union County. To make an appointment please contact:

Denise Gomez at 908-668-2784.

CoderDojo

Saturday, February 23 at 2:00 p.m.

CoderDojo is a free programming workshop. Our goal is to help kids understand how to code and teach them to love coding. This event is for children ages 9 - 14 years old. For more information about CoderDojo, please visit coderdojo.com/about/.

Annual Take Your Child to the Library Day Sunday, February 24!

Unique Creatures show at 2:00 p.m. Ice Cream Sundaes after the show!

Bring your child to the library for our annual event! Each child that checks out a book will get a raffle ticket for a chance to win a \$25 Barnes & Noble gift card! At the Unique Creatures show, we will get to meet 6 real, live animals. Please register for this family event so we can ensure the optimal animals for the crowd size. After meeting the animals, the Friends of the Clark Library will be providing ice cream sundaes for the children.

Leap Into Science Preschooler WorkshopThursday, February 28 at 10:00 a.m.

Leap into Science is a program from The Franklin Institute Science Museum that integrates open-ended science activities with children's books, for children and families to learn together. Explore the science of Balance through hands-on activities and children's books. Have fun while learning to think like scientists! This session is specifically for preschoolers. Registration is requested.

Dr. Seuss Birthday Party

Friday, March 1 at 3:30 p.m.

Celebrate Read Across America at a birthday party for Dr. Seuss! We will have stories, a short movie, and a birthday cake sponsored by the Friends of the Clark Library.

Storytimes continue through February 21

Tales for Tots

Mondays at 10 a.m. or 11 a.m. and Thursdays at 10 a.m.

Stories, finger plays, and songs for active listeners. Geared toward ages 2-3 with a caregiver. Older children are welcome! 30 minutes of open play follows.

Baby Bookworms

Tuesdays at 10 a.m.

Stories, songs, nursery rhymes, and movement. Geared toward babies and toddlers under 2 years old with caregiver. 30 minutes of open play follows.

Stories & More

Thursdays at 1:30 p.m.

Stories, movement, songs and a craft for active listeners ages 3 -5 years old. Registration is requested.

Grown-Up Coloring Club

meets on most Fridays 1:00 p.m.

Coloring isn't just for kids anymore! Join us for a relaxing afternoon of coloring for grown ups. Relieve some stress while stimulating your creativity! No registration is required.

Registration is required for programs listed above, unless noted otherwise. Additionally, free movies are shown at the library on Monday and Wednesday at 1:00 p.m. Newly released DVDs are featured each Tuesday

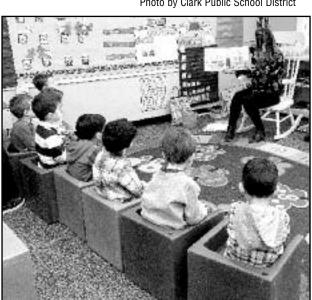
evening at 6:30 p.m. No registration is required for movies. For complete details and registration information about events at the Clark Public Library, please stop by or see our online calendar at 2.youseemore.com/clarkpl/ or call 732-388-5999.

CLARK PRESCHOOL STUDENTS EXPERIENCE THE POWER OF BOOKS

On January 8th, 2019, Stephanie Azzaro, the Clark Public Library Associate visited the Clark Preschool classrooms for story time and a brief discussion about the library. Ms. Azzaro read books based on a food theme. According to Lori Kowalski, Preschool Supervisor, "The children were delighted with Ms. Stephanie's book selection and her animated storytelling." A field trip to the library is planned for the spring.

Reading to your child is one of the most important things you can do to prepare them with a foundation for academic excellence. Books have the power to benefit preschoolers in many ways including a higher aptitude for learning, reinforcement of basic sounds that form language, and the attainment of valuable communications skills.

Photo by Clark Public School District



(above) Ms. Azzaro reading to the Clark Preschool students.

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CLARK UNICO SERVES BREAKFAST TO OUR VETS

Submitted by Ralph Bernardo

Clark UNICO served breakfast to our Veterans on Sunday, December 16, 2018 at the V.A. Healthcare Campus in Lyons, NJ. Over 60 veterans were treated to a delicious breakfast catered by Café Gallo located in Edison. Twelve members dished out eggs, bacon and French toast. Each person received a homemade candy roll from two girl scout troops in Clark. In addition, the veterans were treated to brass instrument holiday music provided by the ALJ High School band.



(above) Clark UNICO members serving the veterans.



(above) All the volunteer Clark UNICANS at the breakfast event.

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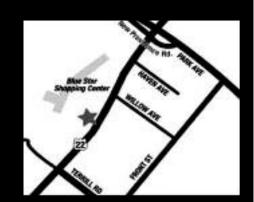
Hibachi Grill Supreme Buffet (Show ID)

For more information, please call

908-490-1600

Fax: 908-490-1601

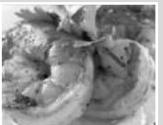
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| Kids 7-10\$5.99 | Kids 7-10\$7.49 |
| Kids 3-6\$3.99 | Kids 3-6\$5.99 |
| 2 & UnderFREE! | 2 & UnderFREE! |

FRIDAY - SATURDAY

| Lunch 11am · 3:30pm | Dinner 3:30pm - 10:30pm |
|---------------------|-------------------------|
| Adult\$7.99 | Adult\$11.99 |
| Kids 7-10\$5.99 | Kids 7-10\$7.49 |
| Kids 3-6\$3.99 | Kids 3-6\$5.99 |
| 2 & UnderFREE! | 2 & UnderFREE! |

SUNDAY ALL DAY DINNER 11am - 10pm

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|-----------|---------|
| Kids 7-10 | |
| Kids 3-6 | |
| 2 & Under | • |

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CIRCLE OF FRIENDS – JOIN THE CONVERSATION ABOUT MENTAL ILLNESS

On Tuesday, Feb. 26, 2019, NAMI is hosting a unique program offering discussion / sharing / learning groups for both those who care for someone with a mental illness and a separate group for anyone who lives with a mental health diagnosis. Each group is led by an experienced facilitator and offers a comfortable environment to share concerns, ask questions, and get support from others. Meetings begin at 7:30 p.m. at RWJ Rahway Fitness & Wellness Center, 2120 Lamberts Mill Rd., Scotch Plains.

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. For more information, please visit the NAMI website at nami.org.

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BREAKFAST AT AMERICAN LEGION POST 328 ON FEBRUARY 17

Westfield Avenue, Clark, will host breakfast sandwiches on February 17, 2019. Starting at 8:30 a.m. the ladies of the Auxiliary will cook to order a sandwich of bacon or sausage with egg and cheese. Sandwiches are \$6.00 each. The Legion Post has six televisions, so diners can watch the news or sporting events. They also have a great jukebox offering just about any kind of music you can think of. Come and join

This fundraiser enables the Auxiliary to travel to Lyons Hospital to host a craft and pizza night

The American Legion Auxiliary Unit 328 at with the women veterans staying there. These "parties" are very popular with the women of Lyons and much fun for the Auxiliary too. Some of the crafts offered in the past have been creating bracelets, necklaces, picture frames, and other fun crafts. Pizza and sandwiches with cookies and soft drinks are enjoyed by all.

> The American Legion Auxiliary Unit 328 of Clark has a mission to help veterans. All fundraising activities enable the members to provide assistance or activities for veterans in the area. The Auxiliary Unit 328 is proud of its history of service in New Jersey.

STUDENTS ATTEND THE **ENVIRONMENT CONVOCATION**

The fifth grade students in the Gifted and Talented Program from Valley Road School and Hehnly School in Clark attended the Union County Gifted and Talented Association Convocation held on January 11, 2019. The convocation was titled, "Kids Saving Earth Today For a Better Earth Tomorrow" and took place at the Rahway Recreation Center. In addition to Clark, students from Berkeley Heights, Elizabeth Schools #7 and #22, Kenilworth, and Roselle attended.

The goal of "Kids Saving Earth Today For a Better Earth Tomorrow" is to promote environmental awareness in the surrounding community by setting good examples and providing activities that demonstrate environmentally friendly ideals. Cindy Tarello who directed convocation and is also the Gifted and Talented Teacher from Clark Elementary Schools explained, "The workshops are designed to foster cooperation among students from the participating districts while gaining a better understanding of important environmental issues. It's an excellent opportunity for the students to interact with one another in a challenging atmosphere."



(above) Students listening to the speaker in the Earth Dome station prior to entering the Dome which was used to educate students about geography as well as other environmental issues.



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The instructor will prepare water exercise classes for periods of 1 hour in length (maximum) & class period should contain exercises for all parts of the body.

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LOCAL BASEBALL PLAYERS AND COACHES WILL BE HONORED AT ANNUAL "HOT STOVE" AWARDS DINNER, SUNDAY, FEB. 10 SPECIAL GUEST SPEAKER: DWIGHT "DOC" GOODEN

The Union County Baseball Association will Berkeley Heights; and Ed Kushner of Linden. induct four new members into the Union County Baseball Hall of Fame at the organization's 83rd annual Hot Stove League Dinner on Sunday, February 10, 2019 beginning at 1:00 p.m., at The Gran Centurions in Clark, New Jersey.

The four new inductees into the Union County Baseball Hall of Fame include:

Rich Biddulph of Roselle, an All-State catcher for Roselle Catholic High School and longtime coach of American Legion Baseball teams in Cranford and Roselle;

Walter Podgurski of Union, an All-State second baseman for the Farmers, who went on to play for the University of Pennsylvania and was drafted by the Minnesota Twins;

Chris Roof of Berkeley Heights and Scotch Plains, a standout player at Governor Livingston High School and Montclair State University and longtime coach at Governor Livingston;

Tom Urban of Elizabeth, a varsity infielder at Thomas Jefferson High School, baseball coach in Elizabeth and at Arthur L. Johnson High School in Clark, and director of the Union County Baseball Association Summer and Fall leagues.

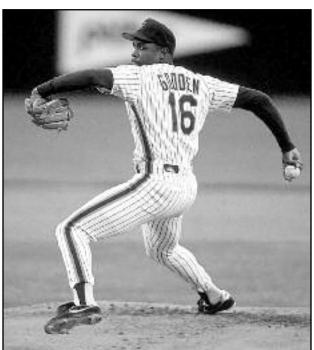
The special guest speaker at the annual event will be Dwight "Doc" Gooden, the former awardwinning pitcher for the New York Mets and the New York Yankees. Gooden's headline-grabbing 16-year Major League career – including Rookie of the Year and Cy Young awards with the Mets and his no-hitter while pitching for the Yankees - remains a hot topic of discussion nearly two decades after he threw his final pitch.

Scholastic athletes from throughout Union County also will be honored at the afternoon awards ceremonies on Feb. 10 for their accomplishments in high school, college and Union County Youth Baseball leagues. Among these honorees will be Luis Amaro of Roselle Park; Jamie Belfer and Danny Serretti, both of

Tickets for the 83rd annual Hot Stove League awards dinner may be purchased online at UCBA-NJ.org or by writing to the Union County Baseball Association, PO Box 176, Fanwood, New Jersey 07023.

Sponsored by the Union County Baseball Association, in cooperation with the Union County Board of Chosen Freeholders and the Department of Parks and Recreation, the Hot Stove League awards dinner is the primary annual fund-raising effort for the Union County Youth Baseball Leagues. The summer and fall leagues have given more than 40,000 boys and girls an opportunity to participate in an organized baseball program for the past 70 years.

For more information call Jim Iozzi, UCBA president, at 908-917-2523.



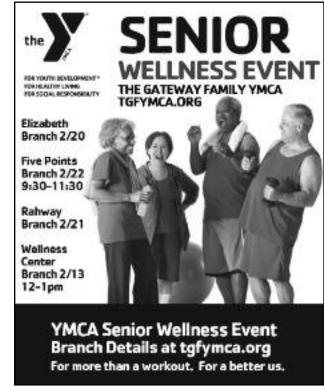
(above) Dwight "Doc" Gooden will be the guest speaker at the 83rd annual Hot Stove League Dinner on Sunday, February 10, 2019.

OPERATION REBOUND INVITES VETERANS AND FIRST RESPONDERS TO ATTEND FEB. MEETING

The New Jersey Veterans Network along with the Operation Rebound Racing Team host free monthly PTSD and benefits meetings which will aim to be fun, while being informative.

The next meeting, featuring a comic performance, will be held on February 25, 2019 at the Scotch Plains American Legion, located at 237 Park Ave, Scotch Plains, NJ at 6:30 p.m.

If you are interested in attending please contact Michael D. Boll via email mdbollio@Optonline.net, or call/text (973) 332-1556.





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DON'T FALL FOR SCAM CALLS AND EMAILS IMPERSONATING IRS

The IRS is urging the public to be aware of suspicious individuals claiming to be from the IRS.

Thousands of people have lost millions of dollars and their personal information to tax scams. Scammers use the regular mail, telephone, or email to set up individuals, businesses, payroll, and tax professionals.

Scammers and cyberthieves continue to use the IRS as bait. The most common tax scams are phone calls and emails from thieves who pretend to be from the IRS. Scammers use the IRS name, logo, fake employee names and badge numbers to try to steal money and identities from taxpayers.

Taxpayers need to be wary of phone calls or automated messages from someone who claims to be from the IRS. Often, these criminals will say taxpayers owe money and demand payment right away. Other times, scammers will lie to taxpayers and say they're due a refund. The thieves ask for bank account information over the phone. The IRS warns taxpayers not to fall for these scams.

Below are several tips that will help filers avoid becoming a scam victim.

IRS employees will not:

- Call demanding an immediate payment. The IRS won't call taxpayers if they owe taxes without first sending a bill in the mail.
- Demand payment without allowing taxpayers to question or appeal the amount owed.
- Demand that taxpayers pay their taxes in a specific way, such as with a prepaid debit card.
- Ask for credit or debit card numbers over the phone.

NEWARK BAIT AND FLYCASTING CLUB

The Newark bait and Flycasting Club was founded in 1907 and remains the oldest fishing clubs in the nation. We are listed on Amazon Smile and are a recognized 501(c)3 nonprofit. We provide outings to support veterans, adults and children as well as people with disabilities which focus on environmental education, fishing knowledge and practice.

We are always looking for new members, donations, and volunteers if anyone would like to get involved.

Our monthly meetings are held at the Kenilworth VFW, located at 33 S. 21st St., Kenilworth, NJ, on the first Tuesday of each month at 7 p.m. (except July and August). There is no fee to attend a meeting.

Our Annual Kids Seminar will be held on Tuesday, March 5, 2019 at 7:00 p.m., at the Kenilworth Veterans Center, V.F.W., 33 South 21st street Kenilworth, NJ. A Guest speaker to be announced and topics of discussion will be safety while fishing, fish identification, and practice casting. Prizes will be awarded and snacks will be served. There is no fee to attend.

For more information visit nbfcc.org or contact Bob Jones BJonesJRNJ@hotmail.com or 908-272-3545.

- Threaten to contact local police or similar agencies to arrest taxpayers for non-payment of taxes.
- Threaten legal action, such as a lawsuit.

If taxpayers don't owe or don't think they owe any tax, and they receive an inquiry like this, they

- Contact the Treasury Inspector General for Tax Administration. Use TIGTA's "IRS Impersonation Scam Reporting" web page to report the incident.
- Report the incident to the Federal Trade Commission. Use the "FTC Complaint Assistant" on FTC.gov. Add "IRS Telephone Scam" to the comments of your report.

In most cases, an IRS phishing scam is an unsolicited, fake email that claims to come from the IRS. Some emails link to sham websites that

look real. The scammers' goal is to lure victims to give up their personal and financial information. If the thieves get what they're after, they use it to steal a victim's money and identity.

For those taxpayers who get a phishing email, the IRS offers this advice:

- Don't reply to the message.
- Don't give out your personal or financial information.
- Forward the email to phishing@irs.gov. Then delete it.
- Don't open any attachments or click on any links. They may have malicious code that will infect your computer.

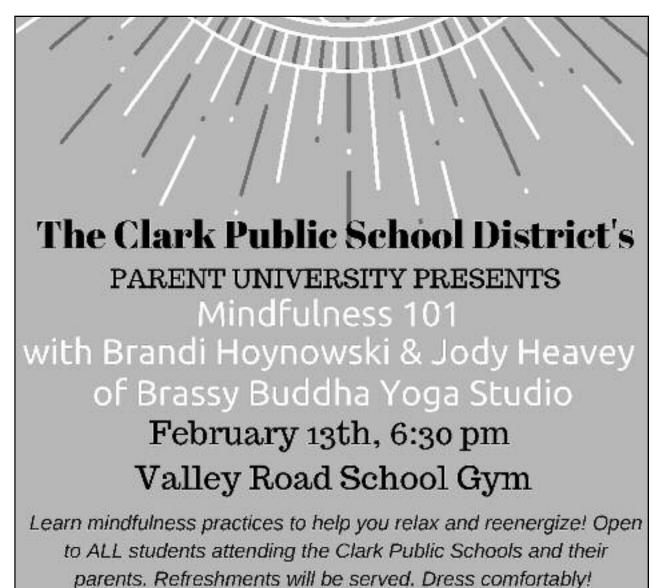
For more information visit www.irs.gov or call your local police department non-emergency number.

CLARK PUBLIC SCHOOL DISTRICT'S PARENT UNIVERSITY TO HOLD MINDFULNESS 101

The Clark Public School District's Parent children attending the Clark Public Schools. To University will be holding Mindfulness 101 on Wednesday, February 13th at 6:30 p.m. in the Valley Road School Gym. The session, focusing on learning mindfulness techniques to help you and your child relax and reenergize, will be led by Brandi Hoynowski and Jodi Heavey of Brassy Buddha Yoga Studios in Westfield. The free event is open to all parents who have

register, contact Christine Broski cbroski@clarkschools.org or (732) 574-9600 x3355 by February 8th. All children must be accompanied by a parent.

This event is part of the district's Parent University program, which includes virtual sessions, superintendent's teas, and two larger assembly-type programs.



All students must be accompanied by a parent. To register for this FREE event,

contact Christine Broski at cbroski@clarkschools.org or

(732) 574-9600 x3355 by February 8th.

MAMMA MIA! IS DANCING INTO CDC THEATRE FEBRUARY 15



(above) Mamma Mia! opens on February 15 for the 100th anniversary season at CDC Theatre.

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The party celebrating the 100th Anniversary Season at CDC Theatre will be in full swing when the musical Mamma Mia! opens on February 15, 2019. Over 60 million people worldwide have fallen in love with the characters, the story and the music that make up Mamma Mia! ABBA's hits tell the hilarious story of a daughter's quest to discover the identity of her father, bringing three men from her mother's past back to the island they last visited 20 years ago.

The show's director, Sean Lough, recently shared his enthusiasm. "When it comes to having fun directing, Mamma Mia! is going to be a tough one to beat. Mamma Mia! is one of the world's most popular musicals, so we are excited to bring it to New Jersey audiences as part of our 100th Season! The cast is made up of true ABBA fans; it would be hard not to be working on this show. At our first rehearsal, everyone had huge smiles on their faces as it hit them that we get to perform classic ABBA songs, not just sing them in our cars. This show is a true celebration. It's like we're having a party every night."

The large cast is led by Mandy Feiler, Michelle Sblendorio and Donna Faraone as Donne, Tonya and Rosie with Lindsay Maron playing Donna's daughter, Sophie. Michael Dooley, Mark Smith and James Lopez are Sophie's potential dads and Evan Krug her fiancé, Sky.

Tickets and additional details can be found by visiting the theatre's website, cdctheatre.org. For the best selection, and prices, tickets can be purchased ahead of time online following links on the website. Located at 78 Winans Ave. in Cranford, NJ, CDC Theatre has been designated the NJACT Theatre of the Year. This production is made possible by funds from the Union County Office of Cultural & Heritage Affairs, a partner of the New Jersey State Council on the Arts.









District

Munsee Boy Scout Chess Tournament

Open to all registered Boy Scouts/Venturers/Explorers Non-scouts welcomed!

Saturday, February 23, 2019 10:30 am to 3:00 pm

Sign-in/setup starts at 10:00 am Registration Closes 2-22-19

Cranford Community Center

220 Walnut Avenue, Cranford, NJ • 908.709.7283

Registration is \$15 • Note: this is a non-rated tournament. Limited to 40 players who must know how to play chess, age 11 and older. For More Information: Email Jim Parlapiano at jim.parlapiano@hotmail.com Or Will Adams at will.adams@scouting.org or 973-765-9322 x234 Scouts can use Patriots' Path Council Munsee District Double Knot link to register on-line at ppbsa.doubleknot.com/event/2459042 Scouts can email Will Adams at Will.adams@scouting.org for more info.

Trophies awarded to 1st, 2nd and 3rd place finishers. Lunch will be provided for all players. This tournament meets the 6a requirement for earning a Chess merit badge.

BOB ALPER, COMEDIC ADVISOR TO THE POPE, IN FREE COMEDY CONCERT

guest performer at the Sol Sern Memorial Program at Temple Beth O'r Beth Torah of Clark on Sunday, February 24, 2019 at 3 p.m.

Alper is perhaps the only practicing clergyman doing professional stand-up comedy. He was ordained as a rabbi and served congregations for fourteen years before turning to comedy. In 2015 he beat out 4,000 fellow funny people in a jokewriting competition organized by the Pontifical Missions Society called Joke With the Pope. As winner, he got to call himself Honorary Comedic Advisor to the Pope, and was able to direct a \$10,000 donation from the Missions Society to one of three international charities. The winning joke: "My wife and I have been married for over 46 years, and our lives are totally in sync. For

Stand-up comedian Bob Alper will be the example, at the same time I got a hearing aid, she Sherri, a psychotherapist. He says that stopped mumbling."

> Bob has a wide following and has performed at Hollywood's Improv and The Comedy Store, and has been seen on The Early Show, The Today Show, Good Morning America, Showtime, the BBC and CNN.

> Bob also holds a doctorate from Princeton Theological Seminary and is the author of three books: Life Doesn't Get Any Better Than This, an inspirational collection of spiritual gems; the award-winning full-color cartoon book A Rabbi Confesses: and Thanks. I Needed That, a collection of warm and funny stories. In addition, he has produced two best-selling comedy CDs

Bob resides in rural Vermont with his wife

professionally, he makes people laugh, while she helps people cry.

The Sol Sern Memorial Program is an annual event that commemorates the memory of a beloved member of the TBOBT community who passed away in 1993. The program is free and open to the entire community. It is made possible in part by a HEART (History, Education, Arts Reaching Thousands) Grant, and the TBOBT Sol Sern Memorial Fund.

Temple Beth O'r Beth Torah is located at 111 Valley Road, right off of exit 135 of the Garden State Parkway. For more information about its upcoming programs and activities, please visit bethorbethtorah.org.

CLARK CHAMBER OF COMMERCE MEETING February 27th 8:15-10 AM L'Oreal Headquarters 175 Terminal Avenue Clark, NJ To register visit



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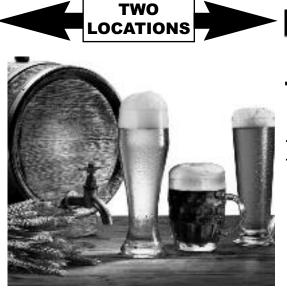




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| | WHISKY | | COGNAC & BRANDY | | | CORI | CORDIALS | |
|-----------------------------|--------|----------|---------------------------|------------------|---------|----------------------------------|----------|--------|
| Ballantine | | | Camus V.S | 750ml | \$21.99 | Bailey's Irish Cream | 750ml | \$21.9 |
| Buchanan's 12yrs old | | | Cardenal Mendoza | | | Bailey's Irish Cream | 1.75L | \$39.9 |
| Buchanan's 12yrs old | | | Courvoisier V.S | 750ml | \$24.99 | Kahlua | 750ml | \$19.9 |
| Bushmill's Irish | | | Courvoisier V.S | 1.75L | \$44.99 | Kahlua | 1.75L | \$36.9 |
| Canadian Club | | • | E & J V.S. Brandy | 750ml | \$ 9.99 | Krupnik | 750ml | \$13.9 |
| Canadian Mist | | • | E & J V.S. Brandy | 1.75L | \$20.99 | Licor 43 | 750ml | \$20.9 |
| Chivas Regal | | | E & J V.S.O.P. Brandy | 750ml | \$10.99 | Licor 43 | 1.75L | \$39.9 |
| Chivas Regal | | | E & J V.S.O.P. Brandy | 1.75L | \$22.99 | Patron XO Café | 750ml | |
| Chivas Regal 18 yrs old | | | Leroux Blackberry | 750ml | \$12.99 | Patron XO Café | 1.75L | \$29.9 |
| Clan Macgregor | | | Leroux Blackberry | 1.75L | \$19.99 | Southern Comfort (80 proof) | 750ml | \$19.9 |
| Crown Royal | | | Martell V.S.O.P. | 750L | \$41.99 | Southern Comfort (80 proof) | 1.75L | \$28.9 |
| Crown Royal | | | Paul Masson Amber | 750ml | \$ 9.99 | DI | JM | |
| Dewars 12 yrs old | | | Paul Masson Amber | 1.75L | \$20.99 | | | *** |
| Dewars 12 yrs old | | | Paul Masson Peach | | | Bacardi Light & Gold | | |
| Dewars White Label | | | Remy Martin 1738 | | | Bacardi Light & Gold | | |
| Dewars White Label | | | Remy Martin V.S.O.P. | | | Captain Morgan Spice | | |
| Gentleman Jack | | | Remy Martin V.S.O.P. | | | Malibu | | |
| Gentleman Jack | | | - | | • | Malibu | 1.75L | \$25.0 |
| Glenfiddich 12 yrs old | | | _ | DKA | *** | TEQ | UILA | |
| Glenmorangie 10 yrs old | 750ml | \$40.99 | Absolut (regular) | | | Avion Silver | | \$38.9 |
| Glenlivet 12 yrs old | 750 ml | \$41.99 | Absolut (regular) | | | Casa Noble Silver | | |
| lenlivet 12 yrs old | 1.75L | \$84.99 | Belvedere Vodka | | | Deleon Blanco Tequila | | |
| irants | 750ml | \$13.99 | Belvedere Vodka | | | Deleon Blanco Tequila | | |
| rants | 1.75L | \$23.99 | Ciroc (all types) | | | Jose Cuervo | | |
| ack Daniels | | | Ciroc (all types) | | | Jose Cuervo | | |
| ack Daniels | | | Finlandia | | | Patron Silver | | |
| ack Daniels Fire | | | Finlandia | | | Patron Silver | | |
| ack Daniels Fire | | • | Grey Goose | | | | | \$00.9 |
| ameson | | | Grey Goose (all types) | 1.75L | \$49.99 | BE | ER | |
| ameson | | | Ketel One | 750ml | \$19.99 | Becks (12oz) 24pk | 24pk | \$24.9 |
| im Beam Whisky | 1 75L | \$29.99 | Ketel One | 1.75L | \$39.01 | Bud and Bud Lite cans | | |
| lohhnie Walker Blue | 750ml | \$179.09 | Luksusowa | 1.75L | \$22.99 | Bud and Bud Lite loose bottles. | | |
| lohhnie Walker Blue | | | Majorska | 750ml | \$ 8.99 | Coors Lite (24oz) cans | | |
| Johnnie Walker Black | | | Majorska | 1.75L | \$13.99 | Coors Lite/Miller Lite loose bot | | • |
| ohnnie Walker Black | 1.751 | \$59.09 | Pinnacle (all types) | | | Coors Lite/Miller Lite | | • |
| lohnnie Walker Double Black | | | Pinnacle (80 proof) | | | Corona/Corona Lite loose bottle | • | |
| Johnnie Walker Red | 750ml | \$19.09 | Skyy | | | Dab (16oz) cans | • | |
| ohnnie Walker Red | | | Smirnoff Vodka (80 proof) | | | Heineken/Heineken Lite bottles | 1 | |
| (nob Creek 9 yrs old | | | Smirnoff Vodka (80 proof) | | | Land Shark | | |
| Knob Creek 9 yrs old | | | Sobieski | | | Lech (500ml) | • | |
| Macallan 12yrs old | | • | Sobieski | | | Modelo Especial cans | | |
| Makers Mark | | | Soplica | | - | New Belgium Fat Tire | • | |
| Makers Mark | | | Stolichnaya (all types) | | | Pabst Blue Ribbon cans | | • |
| nakers wark)Id Smuggler | | | Svedka (all types) | | | Pilsner Urquell | | • |
| | | • | Svedka (all types) | | | Sagres | | |
| Redemption Rye Whisky | | | Tanqueray Sterling | | | Sam Adams Boston Lager | • | |
| Seagram V.O | | | Tanqueray Sterling | | | Stella Artois loose bottles | | |
| Seagrams 7 | | | Three Olives (all types) | | | Dogfish Head 60 min | | |
| Noodford Reserve | | \$39.99 | Tito's Vodka | | | | | |
| G | IN | | Traveler's Vodka | | | Yuengling Lager bottles | | |
| Beefeater | | \$35.99 | 11440101 3 VUURA | 1.1JL | ψ11.33 | Zywiec (11.2oz) | ∠4рк | \$19.9 |
| Bombay Saphire | | | | | | | | |
| Seagram's gin | | | "Cold or warm B | eer = Same Price | e" | | | |
| Tananaray | 750ml | ¢10.99 | Com or warm D | | _ | | | |

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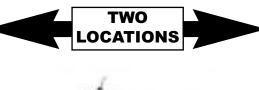
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|---|---------------------------------------|
| Louis Jadot Pouilly Fuisse | |
| Luna di Luna (All Types) | 1.5L \$13.99 |
| Mark West Pinot Noir | 750ml \$ 9.39 |
| Mark West Pinot Noir | 1.5L \$17.99 |
| Martini & Rossi Asti | 750ml \$11.99 |
| Menage a Trois Red | • |
| Merry Vale (Cabernet) | |
| Mezzacorona Pinot Grigio | · · · · · · · · · · · · · · · · · · · |
| Mi Amore Red | • |
| Moet Imperial Champagne | |
| Noble Wine 337, 667 | |
| Papi (All Types) | |
| Real Sangria | · · · · · · · · · · · · · · · · · · · |
| Rex Goliath (All Types) | |
| Robert Mondavi Oakville Napa Valley Cabernet Sauvignon. | |
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| Rodney Strong Sonoma Cabernet | - |
| Rodney Strong Sonoma Chardonnay | - |
| Rombauer Chardonnay | |
| Ruffino Chianti | · · · · · · · · · · · · · · · · · · · |
| Ruffino Chianti | |
| Ruffino Pinot Grigio | |
| Ruffino Chianti Gold | • |
| Ruffino Tan label | |
| Santa Margerita Pinot Grigio | |
| Senor Sangria (All Types) | |
| Silver Oak Alexander Valley Cabernet | - |
| Simi Chardonnay | - |
| Sonoma Cutrer Chardonnay | |
| Sutter Home (All Types) | |
| Tom Gore (All Types) | |
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| Yago Sangria | |
| Yellow Tail (All Types) | 1.5L \$11.49 |

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