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## BOY SCOUT PROGRAM FOR GIRLS AGES 11-17 COMING TO CHATHAM, MADISON & SUMMIT

*Submitted by Alexander Thomas, Boy Scouts of America*

In February 2019, the first Scouts BSA girl troop for Chatham, Madison and Summit will begin meeting. Scouts BSA Troop 280 will be girl-only, for young women ages 11-17 to have the same great program that Boy Scouts have had for years.

Scouts BSA Troop 280 will be chartered to Stanley Congregational Church in Chatham Borough. It will meet weekly on Wednesdays and have an outdoor activity monthly (such as camping, hiking, canoeing, shooting, climbing, etc.). As the Troop grows, the meeting day may adjust accordingly. An Open House will be held on Wednesday, Jan. 23rd at 7:00-8:00 p.m. at Stanley Church, 94 Fairmount Avenue, Chatham Borough, for all girls age 11-17 with potential interest in joining.

Incoming Scoutmaster Daniele Basralian will provide guidance to the Scouts BSA but Troop 280 will be a girl-run troop. One of the key features of the Scouts BSA program is

the interaction between older and younger Scouts BSA. The older Scouts BSA get leadership experience at weekly meetings and during activities. The younger Scouts BSA get the experience of being led by older youth who accept them as equal members in the troop and as friends.

Along with outdoor activities, Scouts BSA Troop 280 will prepare its members for life by learning skills while earning merit badges, interacting with their Scoutmaster and other adult leaders, learning about their role as citizens, public speaking experience at troop meetings, and service projects that teach them to help others.

For information about Scouts BSA Troop 280, contact Scoutmaster Daniele Basralian, [troop280chatham@gmail.com](mailto:troop280chatham@gmail.com).

For information about Scouts BSA in other towns, contact Patriots' Path Council, BSA, Senior District Executive Al Thomas, [al.thomas@scouting.org](mailto:al.thomas@scouting.org).

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(above) Future Scouts BSA attended a training weekend in October, 2018.

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# THE CHATHAMS NJ

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## CHATHAM AND MADISON OUTSTANDING KEY CLUB MEMBERS NAMED AT KIWANIS MEETING

The Kiwanis Club of the Chathams/Madison was proud to present the award for 'Outstanding Key Club Member' at their November 27, 2018 meeting.

The Chatham High School Key Club awarded Owen Truppo for his dedication and genuine care for the Key Club and all of the efforts they pursue each year. As a freshman last year, Owen immediately sought a role beyond that of a general member. He ran for grade level representative and was the liaison between the Key Club officers and the freshman members of the club, disseminating information as needed and reaching out to underactive members to encourage them to participate in upcoming events. Owen reprised this role for the 2018-2019 school year but has consistently acted in excess of the requirements of a grade level rep, as he has pursued fundraising efforts, and has been present at all club meetings.

The Madison High School Key Club selected Benjamin Waksman for his active membership for the past 4 years. He has handled secretarial duties such as spreadsheets for attendance in a meticulous and thorough fashion. He is always the first one to ask if help is needed. His warm personality helps to keep members engaged. He

juggles a full course load, including varsity sports and other extracurricular activities, yet always makes the Key Club a priority.

The Kiwanis Club Meetings are held at Charlie Brown's Steakhouse in Chatham, and are always open for guests!

Any inquiries feel free to reach out to Justin Montanaro at [jmontanaro@pineacresrehab.com](mailto:jmontanaro@pineacresrehab.com)



(above) Benjamin Waksman with his parents.



(above, l-r) Owen Truppo and his parents. Kiwanians Sharon Johnson, Betty Anne Keat.

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## TURKEY TROT PRESENTS CFD WITH 10K CHECK

The Chatham Turkey Trot (TheChathamTurkeyTrot.org) presented a check for \$10,000 to the Chatham Township Volunteer Fire Department following its 10th Annual Race held on Thanksgiving day 2018.



(above, l-r) Curt Ritter, President The Chatham Turkey Trot; John Robertson, President CTVFD; Matt Glogolich, Chief CTVFD; Will Ritter and Olivia Nevin, The Chatham Turkey Trot Jr. Committee Co-Chairs.

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Center for Spiritual Living / 331 Mt Kemble Ave., Morristown, NJ 07960

**Wednesday, January 23, 2019**

7:00PM - 8:00pm Pre-registration -6:45pm

Basking Ridge Community Center / 289 South Maple Ave.,  
Basking Ridge, NJ 07920

**Monday, January 28, 2019**

7:00PM - 8:00pm Pre-registration -6:45pm

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- How to send your child to an expensive private university for less than a state school
- Which assets are taken into consideration when the U.S. Department of Education calculates your Expected Family Contribution (EFC)
- How to pay for college in a failing economy without relying on 529 plans, expensive private student loans or raiding your retirement accounts
- How to get ahead by developing a customized plan to meet all the college costs you will incur as a family
- How to lower your "out-of-pocket" costs and get the maximum amount of money from each school

Here is what parents like you are saying about our **FREE College Funding Workshop...**

"Very informative. The presenter told us many things that I was totally in the dark about".  
*Rosie Palumbo, Parent of High School Junior*

"Information was clear, easy to understand and straight forward. Excellent presentation - no hidden agendas."  
*Lynn McKenna, Parent of High School Senior*

"Opened up opportunity to look at colleges we thought were out of our price range."  
*Barbara Eames, Parent of High School Sophomore*

"Covered a lot of ground - easy to follow and moved quickly."  
*Sara Pogue, Parent of High School Junior*

"Demystified the college funding process"  
*Joseph Mozzella, Parent of High School Senior*



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## SUBURBAN CHIROPRACTIC CELEBRATES 34 YEARS

The Suburban Chiropractic Center, located at 301 Main Street in Chatham, New Jersey will celebrate their 34th anniversary on January 7, 2019. Dr. Joseph J. Murphy began the center in 1985 to offer the community a natural alternative to the traditional allopathic medical facilities in

the Chatham area. They owe their success to the loyal patients who have continued with them, referred their friends and family, and their efforts to provide the highest level of service possible.

Dr. Joseph J. Murphy, Director of the Center explains, "We are elated to be celebrating 34 years. We are blessed to be entering our 35th year of service to this fine community." He continues, "We have tried to give back to the community in every way and it shows through the happiness and health of our patients and their continued support." His office manager, who is celebrating her 24th year in the practice, Mrs. Lynn Egan adds, "It gives me a great sense of satisfaction that the community has rewarded us for our dedication by their continued praise and support." Massage Therapist and CA, Janis Piccirillo has also been a longtime member of the team with 21 years of service; Flavia Vieira, 4 years and Kaitlyn Packowski, CA is the newest member joining in 2018.

The Suburban Chiropractic Center has been the recipient of numerous awards over their 34 year history including Business of the Year and letters of praise from previous Mayors of Chatham, former State Senator Leanna Brown, Senator Walter Cavanaugh, Congressman Rodney Frelinghuysen, Assemblyman Walter D. Gaetano, and Governors Christie, Corzine, Whitman, and Florio.

Dr. Joseph J. Murphy, Director of the Center, is Past President of the NJ Board of Chiropractic



(above) Dr. Joseph J. Murphy

Examiners where he was appointed by Governor Christie Whitman in the year 2000. He's a former President of the New Jersey Chiropractic Society, the Morris County Chiropractic Society, and the Chatham Chamber of Commerce. He was recently re-appointed to the Chatham Mayor's Wellness Committee and has served on the Chatham Borough Historical Commission.

Dr. Murphy, Office Manager Lynn, Massage Therapist/Chiropractic Assistant Janis and Chiropractic Assistants Kaitlyn and Flavia will be holding an open house to celebrate their anniversary in January. Details can be found on the Suburban Chiropractic Center Facebook page.

You can find out much more about the Suburban Chiropractic Center by visiting their website at [www.drmurphy.com](http://www.drmurphy.com).

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# IT TAKES A VILLAGE: HOLIDAY HELPERS BRING THE SPIRIT OF THE SEASON

Submitted by Janice R. Piccolo, Director of Community Services, Borough of Chatham



(above) Mr. and Mrs. Claus (aka Brian Ness and Noreen Ryan of Turpin Realtors) greet children at the gazebo after lighting the holiday tree on Firehouse Plaza, at the gazebo in Reasoner Park, on December 1st.



(above) Chatham Borough PBA Local 226 delivered festive glow sticks to the crowd under their annual support. Lieutenant Ralph Colatrella cheerfully greets the youngsters at the Tree Lighting under Community Police Outreach efforts.



(above) Chatham Hills Subacute Care Program Director Cathy provided ornament kits to children at the holiday tree lighting.



(above) Two of our favorite youth wishes this year were, "Hug more people!" and "Spread joy!" Those participating in the event were asked to bring a small toy to be given to the EMS and Emergency Room staff at Goryeb Children's Hospital where they will be used to comfort kids as they are evaluated for and receive medical treatment. Troop 96054 will deliver the amazing donations (4 very full moving boxes) on behalf of Chatham Girl Scouts.



(above) Over 600 girls in Chatham are Girl Scouts. They participate in community events like adding wishes to the Borough gazebo tree as well as the 9/11 Memorial, Borough Spring Clean, and 4th of July Parade. This year Troop members Margaret Gryta, Kaitlyn Moy, Samantha Wagner, Lily Welz from Brownie Troop 96632, assisted other girl scouts, their families, and community members to add a wish for the world to the tree. Pictured here are Francesca Gryta and Lydia Hamilton.



(above) Debby Hennessey and Pamela Fairly volunteered to represent Turpin Realtors by offering treats to those waiting for Santa to arrive.



(above) In a tradition that has spanned decades, and in 2018, Jeff Davis and his family celebrate their Chatham pride by funding festive holiday decor. Pictured are Jeff Zalis, Amanda Davis Zalis, their sons Donovan and J.D., and Debbie and Jeff Davis.



(above) Members of the Town & Country Garden Club prepare to decorate the holiday planters along Main Street. Left to right: Virginia Hofler, Mary Keselica, Sandy Salvias, Peggy Wilson, Barbara Witmore, Nancy Nubel, Mary K. Joyce and Marta McDowell (not pictured). A seasonal Pretty Planter Project by the club, annually.





(above) Tom Salvas joined the Town & Country Garden Club and member Sandy Salvas (Tom's wife) to ready Chatham Borough's gazebo tree for the Tree Lighting event on December 1st.



(above) Community is important to Turpin Realtors; Wishing everyone a Happy and Healthy Holiday and New Year, noted Realtor Bobbie Veeder.



(above) Once again, Wreaths Across Main Street was executed by Investors Bank's funding to provide 116 fresh balsam wreaths for Chatham's Historic district. Wreaths were hung on lamp posts along Main Street thanks to Investors Bank. Pictured are Personal Banker Alexandra McTernan, and Carlos Tobon from Chatham Borough DPW.



(above) The crowd was entertained by songs from the 3rd grade chorus, comprised of 125 students from all three elementary schools, under the direction of Veronica Maldonado and Tracy Roskam, followed by a performance from Dance Innovation, donning their "ugly sweaters", directed by Sue McCutcheon Couttes.



(above) Chatham Rotary Club President Matt Wagner and Rotary members Ellen Eppie and Janet Storti offered hot apple cider and fundraising sales of ornaments and luminaria kits while the crowd waited for Santa's arrival.



(above) Adding to the holiday downtown dressing to make Main Street a festive environment for shoppers, diners and visitors to Chatham, High School art students Christine Purschke, Naomi Boyd and Cleo Bley (not pictured) painted vacant storefront windows with winter themes, under the guidance of Art Director Eric Hrera and Art Teacher Kiera Spadaro.

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## English as a Second Language

Thursdays, January 3 through February 21  
1:30 to 2:30 p.m.

For those wanting to improve their English language skills, we are starting our next cycle of ESL classes. The program will be conducted by LEARN Associates and volunteer tutors for 8 weeks. Students will be divided into small groups by skill level. Books and other learning materials will be provided. The program is free – all you need is a commitment to learn! Registration required.

## Meditation Session with Jean Leigh

Saturday, January 5 – 10 to 11 a.m.

The new year brings a time for resolving issues. This guided meditation class will allow participants to explore areas of improvement and/or contemplate goals for the life they desire to lead. Please bring a yoga mat, meditation cushion or blanket.

## Essential Oils

Tuesday, January 8 – 7 p.m.

Roksana Adamek, a nursing student at Caldwell University, will hold a free workshop on essential oils. She will discuss how to choose the right oils, different grades of essential oils, and how they are produced. She will also share the various ways essential oils can be included in your everyday life.

## Post-Apocalyptic Films

Thursday, January 10 – 7 p.m.

End-of-days films have become increasingly popular in recent years. Yet, despite the surge in these films over the past decade, this film genre actually has a history that spans over 100 years. Nicholas Riccio, author of Seeking the End: Post-Apocalyptic Films 1916-2016, will discuss the historical evolution of these films. Along the way, we will also look at how these films have become a reflection of some of the fears facing our world.

The presentation will be followed by the movie When Worlds Collide (1951).

## What Helps with Jay Yudof

Tuesday, January 15 – 7 p.m.

Jay Yudof, MS, Certified Psychiatric Practitioner, and a NAMI (National Alliance for Mental Illness)

Recovery Programs Coordinator, will discuss helping those suffering with mental illness. Topics covered in this presentation will be groups for peer support, basics of maintaining mental wellness, dealing with mental illness, resources for seeking mental health care, and helping someone with a mental health issue. A question and answer session will follow.

## Home for Good Dog Rescue

Saturday, January 26 – 2 to 4 p.m.

A representative from Home for Good Dog Rescue in Berkeley Heights will talk about the work of this organization that has rescued over 6,500 dogs in eight years from high kill shelters. The goal is to socialize, nurture, and provide life-saving medical care for these dogs so they can be fostered in families and finally adopted into loving homes—giving them a second chance at life. Join us and meet several current fosters and their dogs.

## Medicare for Baby Boomers

Tuesday, January 29 – 7 p.m.

Neil Berger, advisor and former educator, will discuss Medicare issues including the impact COBRA will have on Medicare, what to do if you work past retirement age, how Medicare coordinates with group health insurance, and other concerns. A question and answer session will follow the presentation. Pre-registration is requested.

## FOR TEENS

### Arcade Weekend

Friday, January 11 – 3 to 5:30 p.m.

Saturday, January 12 – 9:30 am to 4:30 p.m.

This event is for all gamers out there – teenagers, children and their parents – whole families. There will be many systems set up to play, from the original Atari, Nintendo, and Sega consoles to newer systems like the Wii U. Two Smash Bros. tournaments will be held on Saturday – see library website for details. In Memory of Alexander Butta

### Harry Potter Drawing Class with Doug Baron

Thursday, January 31 – 6:30 to 8 p.m.

Grades 6 to 12, Limit: 20 students

Registration opens Thursday, January 17

Explore the artwork inspired by the magical world of Harry Potter. Comic book artist Doug Baron will show you how to draw Harry, Ron and Hermione, dragons, school crests, and even recreate of the

book covers from the award winning series! Doug will ask trivia questions where the students can earn “funny money” to win his drawings at the end of the session.

## FOR CHILDREN

### Basic Scratch Programming

Monday, January 14  
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4 to 6 p.m.

Ages 8 to 12, Limit: 10 students

Registration opens Monday, December 31

Register only if you can attend all 4 classes

Learn basic scratch programming in a simple and fun way. Gain an understanding of computational and mathematical concepts. Get acquainted with various programming skills and the process of design. No prior experience required.

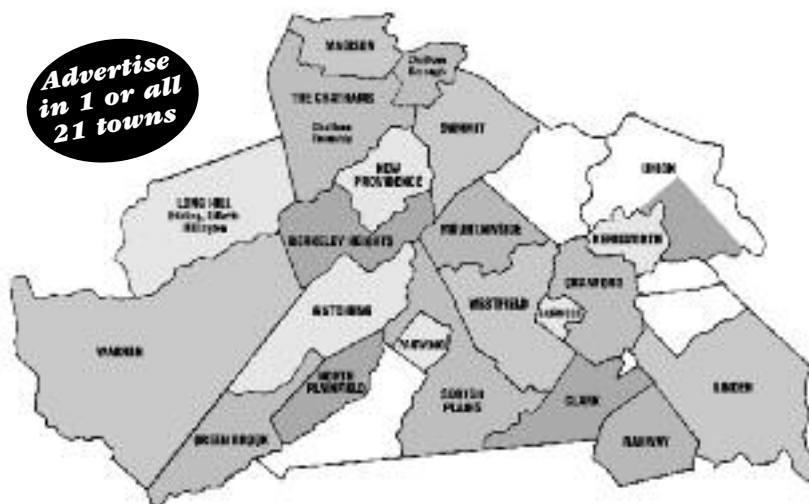
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## SENIOR CENTER OF THE CHATHAMS

The Senior Center is located at 58 Meyersville Rd. Chatham, NJ.

Participants do not need to be Chatham residents.

For more information call 973.635.4565 or email [chathamseiorcenter.org](http://chathamseiorcenter.org).

All programs are offered at Senior Center of the Chathams, 58 Meyersville Road.

Participants do not need to be Chatham residents. For more information call 973.635.4565.

### NEW! WINTER SUPPORT GROUP

Fridays, Jan. 11 through Feb. 22,  
10:30-11:45 a.m.

January and February can be challenging months for seniors. The holidays are over and post-holiday blues can set in for many. Bad weather may keep people stuck at home, and feelings of sadness, loneliness and isolation may surface. If you would like to explore these feelings and receive support, fellowship, and compassion from other members of our community, please call the Center to sign up for this 7-week session.

Facilitated by Claire Solu-Burd, MSW.

### DEMENTIA CAREGIVERS SUPPORT GROUP

Monday, Jan. 14, 10:30 a.m. – 12 p.m.

Moderated by Phyllis Flemming, former Executive Director of Victorian Garden Adult Day Center and experienced dementia support group leader.

### ACRYLIC PAINTING CLASS

Monday, Jan. 14, 10:30 a.m. - 12:30 p.m.

Learn how to paint a beautiful red cardinal. All levels of ability welcome, and all necessary supplies provided. Fee: \$17.50.

Instructor: Annette Lissy.

Limited class size. Must sign up.

### FICTION BOOK CLUB

Tuesday, Jan. 15, Noon

This month's selection is MY COUSIN RACHEL by Daphne du Maurier. New members always welcome to join in the discussion.

### INTERGENERATIONAL BUDDY PROGRAM

Wednesday, Jan. 16, 3:15-4:15 p.m.

The third in the series of once-a-month get-

togethers. Older adults are paired with Chatham High School Key Club members to participate in activities of shared interest. Contact the Center to learn more and to sign up. Participants do not need to be Chatham residents.

### TECH SUPPORT FOR SENIORS

Thursday, Jan. 17, 3:15 – 4:15 p.m.

For assistance with your smartphone, laptop, tablet, etc. Call the Center to schedule a one-on-one appointment with a Chatham High School student volunteer.

### FREE BLOOD PRESSURE SCREENING

Thursday, Jan. 17 at 11 a.m. - 12:30 p.m.

Provided by Right at Home In Home Care & Assistance, Chatham. Walk-ins welcome.

### PRESENTATION:

### CHATHAM BOROUGH DOWNTOWN

### REVELOPMENT PLAN

Friday, Jan. 18, 12:30 p.m.

Speaker: Will Kurzenberger, Topology. A light lunch beginning at noon will precede the program. Please call Center to sign up.

### NEW! MEN'S FITNESS CLASS

Wednesdays, Jan. 23 through Feb. 17,  
10:15-11:15 a.m.

A weekly one-hour class addressing cardio, strength, balance, and flexibility. Instructor: Donna Sue Downton. Call Center to sign up and for fee information.

### NONFICTION BOOK GROUP

Friday, Jan. 25 at 11 a.m.

This month's selection is FACTFULNESS: TEN REASONS WE'RE WRONG ABOUT THE WORLD – AND WHY THINGS ARE BETTER THAN YOU THINK by Hans Rosling, et al.

New members always welcome to join the discussion!

## OLD GUARD MEETS WEEKLY - JANUARY PROGRAMS

The Summit Old Guard consists of retired men who join together to share common bonds, information and companionship through weekly meetings and various activities. The Summit group draws its members regionally. It was founded in 1930. Members have varied professional backgrounds, however, many have engineering backgrounds drawing from the pharmaceutical, petrochemical, and telecommunications industries. Merk, Exxon, and Bell Labs are a few of the major employers in the area.

Meetings are held each Tuesday in the council meeting room of the New Providence NJ Municipal Center at 360 Elkwood Ave, New Providence NJ, starting at 9:30 a.m. with coffee and conversation, followed by programs consisting of stimulating talks.

For more information, contact James Hewitt, Chairman, Membership Committee, (908) 233-5507, [info@SummitOldGuard.org](mailto:info@SummitOldGuard.org). You can also visit [summitoldguard.org](http://summitoldguard.org).

**Jan. 8** "Nice Presidents Finish Last" - Dr. Dan Cassino, Professor of Political Science, Fairleigh Dickinson University and author. Too often, the most successful presidents aren't those that we'd want to bring home to meet the family. Various presidents will be discussed to see what we really should be looking for in a president.

**Jan. 15** "Same Bed -- Different Dreams: Is There Anything to Learn from the Canadian Model" - Dr. Michael Hawes, CEO Fulbright Canada and professor at Queens University. He will speak about publicly funded health care, immigration experience, and publicly funded education.

**Jan. 22** "Iowa Class Battleships: Their History and Inner Workings from a US Navy Veteran" - Keith Nitka, US Navy veteran and volunteer aboard battleship USS New Jersey, will describe the Iowa class Battleships as a whole, providing interesting facts on each of the six types.

**Jan. 29** "Great Power Shifts in the International System and Implications for the United States" - Dr. Doug Simon, Professor Emeritus, Drew University, will discuss major power shifts occurring in the international system. China's challenge to American Global preeminence, the rise of Eurasia, Russia's efforts to reestablish its sphere of influence and the rise of hyper-nationalism threaten the post-WWII international order and pose major world dangers.

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