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MEET AROUND THE TABLE DURING BERKELEY HEIGHTS RESTAURANT WEEK

Diners from Union, Morris, and Somerset County will enjoy good food, good deals, and good times with family and friends during Berkeley Heights' second annual Restaurant Week. The event begins on Sunday September 9, 2018 and will run until Sunday September 16. 25 establishments will offer special menus and special pricing on breakfast, lunch, dinner, and snacks. Diners can choose to dine in or take out and several restaurants also offer delivery. Liquor stores will offer specials and pairing suggestions.

Christin Babic, member of the Downtown Beautification Committee, said: "Restaurant Week is about connecting with friends and family over food, and it's for everyone: young and old, commuters and homemakers, for weekday lunch dates and afterschool snack time. Busy professionals can enjoy a delicious and convenient dinner after a busy workday. Parents will find on every menu healthy choices for the family — some even offer vegan choices. Seniors can connect with friends. Restaurant Week is the perfect time to visit your favorite food establishments and try new places."

Participating establishments are: Berkeley News & Convenience Store, Berkeley Wines – Vine Republic, Charcoal (formerly Sherman's BBQ), Country Farm Stores, Delicious Heights, Devour Creative Catering, DiMaio's Cucina, Dunkin Donuts, Giovanni's Bistro Bar and Catering, Goodman's Deli and Restaurant, Grain & Cain Bar & Table, Hacienda Mexican Restaurant & Grill, Hop Hing, Kawee Thai, LaRosa Chicken & Grill, Lifetime, Marcello's Pizzeria & Ristorante, Nagoya Sushi Restaurant & Tiki Bar, Neelam Fine Indian Cuisine, Proud Thai Cookery, Seoulite's Restaurant, Station House Café, Strega Bistro, Subzone-Home of the Jersey Jammer, and Trap Rock Restaurant & Brewery.

Last year's popular Passport promotion, which offers diners the opportunity to win prizes, is back this year and is easier to use. Diners simply pick up a Passport at any participating establishment or download one from the event website. The participating establishment will stamp the Passport each time a diner makes a purchase. Everyone who gets at least two stamps on their Passport can enter to win one of two \$50 gift cards. The diner who collects the most stamps on their Passport will win the grand prize, a \$100 gift card.

Berkeley Heights Recreation Department and the Berkeley Heights Y are offering special activities for children that give parents a chance to step out for lunch.

More information about the participating establishments, how to download and use the Passport to win prizes, and

SEPTEMBER 9TH - 16TH

MEET AROUND THE TABLE

BERKELEY HEIGHTS

RESTAURANT

week

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children's babysitting and activities can be found at ExperienceBH.com.

"Restaurant Week calls attention to Berkeley Heights, a small town with a strong sense of community and increasingly, a reputation as "go-to" dining town," said Julie Lloyd, Chairperson of the Downtown Beautification Committee. "Our establishments offer an array of cuisines from America, Asia, Europe and Mexico cuisine, from fine dining and bar food to snacks to go, and liquor, snack and convenience stores joining in. We encourage residents of Berkeley Heights, Long Hill, New Providence, Warren, Chatham, and Mountainside to seize the opportunity to meet around the table, dining in and getting take-out from our restaurants all week long."

Restaurant Week is organized by the Berkeley Heights Downtown Beautification Committee in cooperation with local establishment owners and the Suburban Chamber of Commerce.

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SPECIAL NEEDS STUDENTS PARTICIPATE IN SCOUT REGATTA

Students at the Crossroads School in Westfield participated in their annual "Raingutter Regatta," the school's summer version of their annual Cub Scout Pinewood Derby. In a raingutter regatta two students race handmade sailboats down a narrow channel, whoever reaches the end of the channel first is the winner. The students can decorate and name their boats before the race.

Patriots' Path Council of the Boy Scouts of America has partnered with the Union County Educational Services Commission for over 5 years to provide Scouting programs to special needs youth in Union County at The Crossroads School (Pack 45) and The Westlake School (Troop 1571), both in Westfield. The Westfield United Fund sponsors the program and pays for the students' registration and material costs.

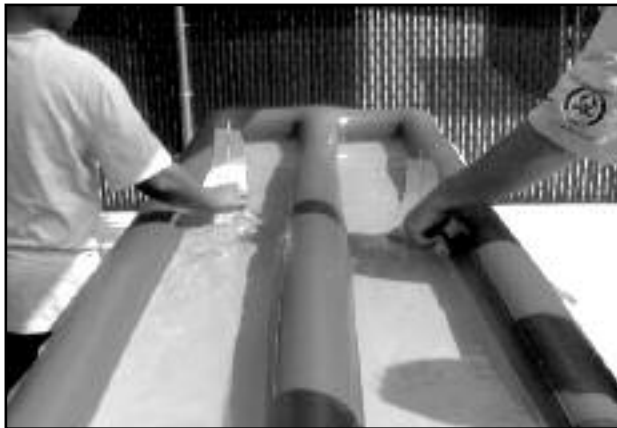
Pack 45 at Crossroads school is led by school

social worker Ms. Elaine Liggeri, who enjoys using Scouting to give her students enrichment activities that they may not be able to participate in outside of a school setting. The pack will have its annual Pinewood Derby next winter.

For more information about Special Needs Scouting in Munsee, Raritan Valley, or Watchung Mountain, please contact Program Executive Will Adams at will.adams@scouting.org or 973-765-9322 x234.

For Black River, Fishawak, and Sussex, please contact Program Executive Michael Loughman at michael.loughman@scouting.org or 973-765-9322 x 226.

For more information about Special Needs Scouting in our area, please contact Program Executive Will Adams at will.adams@scouting.org or 973-765-9322 x234



(above) Students from Crossroads School in Westfield participating in their annual "Raingutter Regatta," where they raced handmade sailboats down a narrow channel.

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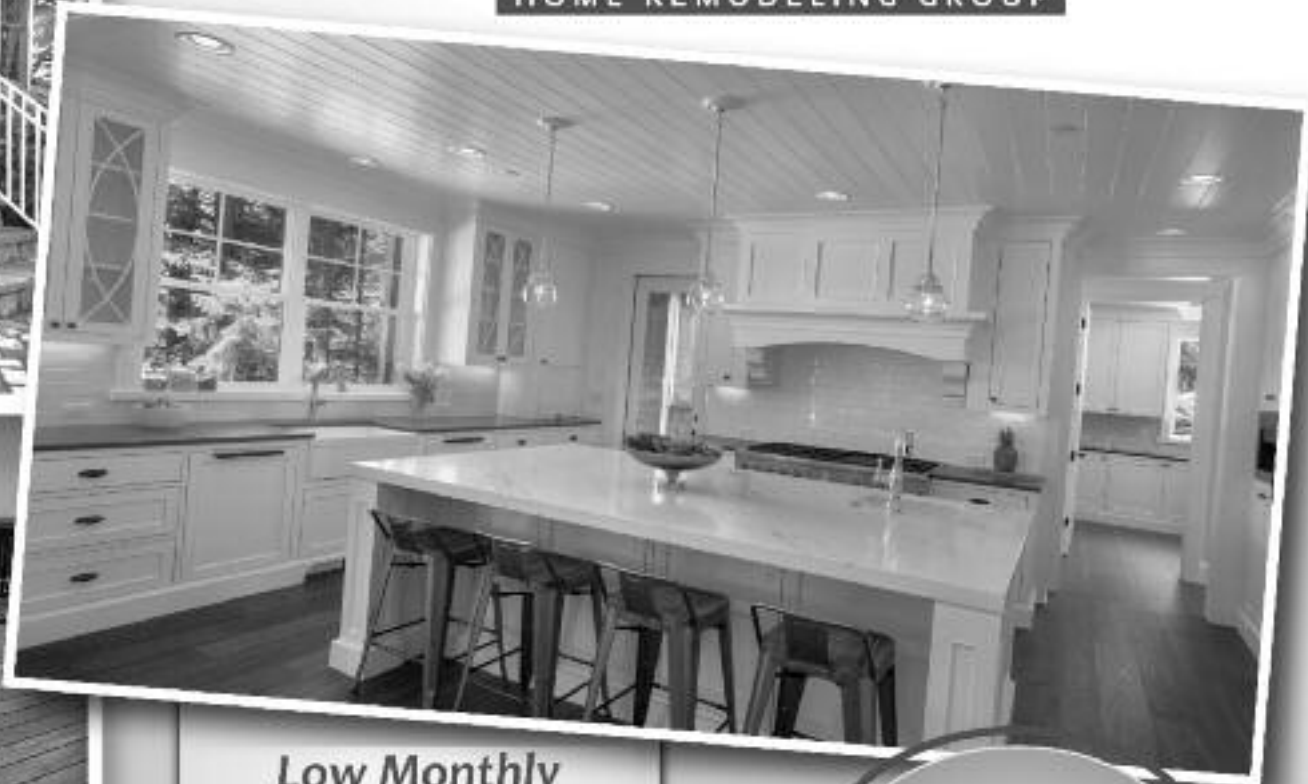


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BH5K STEPS OFF SUNDAY SEPT. 16TH

The 22nd annual Berkeley Heights 5K Charity Road Race & Fitness Walk steps off Sunday September 16th, 2018 at Veterans Memorial Field. Presented by the Smith Chiropractic Foundation with platinum sponsor Berkeley Aquatic Club and many other local patron sponsors.

For easy online registration and complete details simply go to berkeleyheights5k.com.

Schedule of events; USATF NJ sanctioned 500 point 5K road race 9:30 a.m., 1.5 mile Family fitness walk 9:35 a.m., Free fun runs for children ages 2-11 10:15 a.m., (no registration necessary), Custom Awards & Free Drawings 10:30 a.m.

Please register by September 6th to save and guarantee a custom race tee and sling backpack goodie bag plus special offer.

Race HQ is Smith Chiropractic Family Care & Sports Injury Center 134 Snyder Ave. Race hotline for all questions 908-464-8899 or email Drsmith@drpatricksmith.com.

This charity event has raised over \$206,000 for local grants with every \$ of registration fees going towards these grants.

ANNUAL CEMETERY TOUR TO HAVE WORLD WAR I THEME

The focus throughout much of 2018 has been the observance of the 100th anniversary of the end of World War I. To pay tribute to the men and women who gave so much during the "war to end all wars," this year's cemetery tour, hosted by the Merchants and Drovers Tavern Museum Association, will feature a World War I theme. The tour, the Association's 24th annual, will be held on Sunday, October 7, 2018 in the historic Rahway Cemetery.

Guests will be escorted to eleven graves of citizens who have interesting and in some cases tragic stories to tell. Costumed actors will represent both soldiers and civilians as they give the historic accounts of the parts they played in the war.

Tour stops will include the graves of two soldiers who were killed in action, the mausoleum of Dr. Fred Albee, the famous orthopedic surgeon, and a 15 year old girl who

worked as a Red Cross Volunteer. Descriptions of some of the brutal battles will be given by soldiers who were there, two of whom received the Purple Heart and came home with life-altering injuries. Visitors will also learn about the USA Coast Artillery Corps, the Army Air Force, and the Balloon Squadron. Visitors will hear the unusual story of a decorated soldier, who after the war, murdered his girlfriend and was executed in the electric chair.

Tours start at noon and leave every 15 minutes with each tour taking approximately 1 1/2 hours. The last tour goes out at 4:00 p.m. Since large crowds are anticipated, tour time reservations are recommended to ensure a desired starting time. Admission is \$15.00 for adults, \$10.00 for seniors (65+), and \$5.00 for children (12 and under). For reservations and more information, call the Museum office at (732) 381-0441.



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- USATF NJ sanctioned 500 point 5K road race 9:30 a.m.,
- 1.5 mile Family fitness walk 9:35 a.m.
- Free fun runs for children ages 2-11 10:15 a.m., (no registration necessary),
- Custom Awards & Free Drawings 10:30 a.m.

Please register by September 6th to save and guarantee a custom race tee and sling backpack goodie bag plus special offer.

Race HQ is Smith Chiropractic Family Care & Sports Injury Center 134 Snyder Ave.
Race hotline for all questions 908-464-8899
or email Drsmith@drpatricksmith.com.

This charity event has raised over \$206,000 for local grants with every \$ of registration fees going towards these grants. Event Director Dr. Patrick Smith invites everyone to "Please join us for another morning of family fun, friendly competition, fitness and a greater sense of community support in beautiful downtown Berkeley Heights".

This Charity event is made possible
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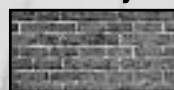
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FOSTER FAMILY HELPS WELCOME SURVIVOR DOG TO RESCUE

A 3-month-old rescue puppy named Dezzy has become the latest rescue animal to enter Berkeley Heights-based Home for Good Dog Rescue's unprecedented dog fostering program after surviving a series of dire circumstances as a stray in Georgia.

"It's incredible that Dezzy has survived so much, and that she is ultimately on her way to the best life up here," Sandi Esposito, Dezzy's New Jersey foster, said. "The whole process is amazing to me. It's all meant to be."

Dezzy and her siblings, Chesapeake Bay Retriever mixes, found themselves alone after their mother was struck by a car. A rainstorm, subsequent flooding, and an encounter with a coyote claimed the lives of two members of the litter before they found sanctuary with Home for Good Dog Rescue's southern rescue contacts.

Home for Good Dog Rescue (HFGDR) is a 100-percent foster-based, non-profit 501(c)(3) dog rescue established in 2010 based in Berkeley Heights, NJ. It rescues homeless dogs from high-kill shelters in the South, which are overflowing with unwanted dogs on the brink of being euthanized.

It then socializes, cares for, and provides them life-saving medical care at their rescue property in Aiken, SC, transports them to New Jersey, and nurtures them in a network of foster families while they await adoption into loving homes.

The Esposito family of Carlstadt, NJ is one such family.

"Like a lot of people, I told myself I couldn't foster because it was too hard," Sandi Esposito said. Although she herself adopted two dogs from Home for Good Dog Rescue, the possibility of fostering initially seemed intimidating, she explained.

However, when Home for Good became

involved in relief efforts following Hurricane Harvey, bringing dogs northward to create shelter space and allow flood victims to reunite with their own pets, Esposito knew she wanted to act.

"I remember thinking, 'now is my time to do something,'" she said. And in September 2017, the Esposito family took in their first foster dog, a chihuahua mix named Charlie Brown.

Thanks to Home for Good Dog Rescue's foster program, dogs like Charlie Brown enjoy all the benefits of domestic life prior to adoption.

"Fostering makes an enormous difference," Esposito explained. "When we adopted our first dog, Dakota, I was so appreciative of all the work the fosters had done to train and house-break him. With every dog we foster, we try to pay it forward."

And since leaving his foster home for permanent adoptive placement, Charlie Brown himself has grown into a happy, affectionate dog, who is thriving under the care of his new family.

"We absolutely love the experience," Esposito

said. "We're doing something beneficial, something someone had done for us and our dogs. We became the bridge between where these dogs came from to where they were going."

New arrival Dezzy now marks 28 dogs the Esposito family has welcomed into their home since first joining Home for Good's program. However, it is not just the household's human members that have played a role.

While Esposito does admit that saying goodbye to her beloved foster dogs is not always easy, she continues to find the experience worthwhile.

And as survivor dog Dezzy begins her own search for a forever home out of Berkeley Heights, her foster urges others to get involved.

"The more fosters there are, the more dogs like Dezzy Home for Good Dog Rescue can save," she explained.

To learn more about fostering, adoption, or becoming a volunteer or supporter, visit HomeforGoodDogs.org or call (908) 263-7358.




(above) Home for Good Dog Rescue foster Sandi Esposito welcoming a new dog at a recent event. She has fostered nearly 30 dogs through the organization's program.


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ROTARY MEANS BUSINESS SOCIAL

Rotary International District 7475 is inviting Rotarians, business professionals and community leaders who are interested in expanding business opportunities and making a positive difference locally and globally to its "Rotary Means Business" (RMB) networking social. The social, hosted by Madison Rotary, will be on Thursday, September 6, 2018 from 6 p.m. to 7:30 p.m. at Charlie Brown's Steakhouse, 522 Southern Blvd, Chatham Township. RMB will meet monthly at various locations hosted by area Rotary clubs.

Attendees will have the opportunity to introduce themselves and their businesses and professions at the social. In addition to making new business connections and expanding their professional networks, attendees will meet service-driven area Rotarians and learn about the competitive advantages of being Rotarians. Attendees are encouraged to bring business cards to exchange. Admission is free. Attendees will be responsible for their own food and drinks.

"Founded in 1905 as a business networking group, Rotary International is now the world's most prominent service organization, with 1.2 million members focusing efforts in promoting peace, fighting disease, providing clean water, saving mothers and children, supporting education, and growing local economies. The

business initiative supplements the service and friendship aspects of Rotary," says Ray Freaney of Berkeley Heights, Governor-Elect of the District.

"Rotarians are people of all ages, backgrounds and cultures who share a passion for service. Currently, we have over 2,000 enthusiastic, dedicated and humanitarian service-driven Rotarians in our district, which spans Essex, Hunterdon, Mercer, Middlesex, Morris, Warren, Somerset, Sussex, and Union counties. We network, discuss the needs of our community and take tangible action, while sharing professional expertise and enjoying friendship. We are excited to grow our membership through business networking and local service projects, including End Hunger 3.6, Rotary-Habitat Partnership, veteran support initiatives, Camp Merry Heart, Gift of Life, and many more," says Jeannie Tsukamoto of Harding Township, Membership Chair of the District, which consists of 87 area clubs.

Please go to:

portal.clubrunner.ca/4063/Event/rotary-means-business-networking-social to register for the September RMB networking social. Registration is free but strongly encouraged as venue capacity is limited.



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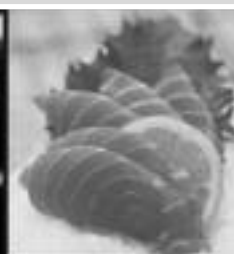
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Chardonnay (750 ml)

| | |
|---------------------------|---------|
| Bogle | \$6.38 |
| BV Coastal | \$6.98 |
| Ava Grace | \$7.98 |
| Dark Horse | \$7.98 |
| Beringer Founders | \$8.08 |
| Cupcake | \$8.98 |
| Toasted a | \$8.98 |
| Mondavi Private | \$8.98 |
| Sterling Vintners | \$9.08 |
| Estancia | \$9.28 |
| Clos du Bois | \$9.98 |
| Cht. Ste Michele Columbia | \$9.98 |
| Columbia Crest Grand Est | \$9.98 |
| Hess Select | \$9.98 |
| Cht. St. Jean North Coast | \$9.98 |
| J-Lohr Riverstone | \$10.98 |
| Edna Valley Central Coast | \$10.98 |
| 14 Hands | \$10.98 |
| Chloe | \$10.98 |
| Coppola Diamond | \$11.18 |
| Dreaming Tree | \$11.98 |
| Josh | \$12.98 |
| Wente Morning Fog | \$12.18 |
| Kendall Jackson Vintners | \$12.48 |
| Rodney Strong Sonoma | \$12.98 |
| Simi Sonoma | \$12.98 |
| William Hill North Coast | \$12.98 |
| La Crema Monterey | \$13.38 |
| Frei Brothers Reserve | \$14.08 |
| Kali Hart | \$14.98 |
| Franciscan Napa | \$12.98 |
| La Crema Sonoma | \$17.08 |
| Ferrari Carano | \$17.98 |
| Sonoma Cutrer | \$19.98 |
| Rombauer | \$36.08 |

Assorted Whites (750 ml)

| | |
|----------------------------|---------|
| Cht. Ste Michelle Riesling | \$8.98 |
| Menage a Trois | \$9.98 |
| Kung Fu Girl Riesling | \$9.98 |
| Pine Ridge Chenin/Viognier | \$9.98 |
| Louis Jadot Macon Villages | \$11.18 |
| Martin Codax Albarino | \$11.38 |
| J Pinot Gris | \$14.98 |
| Whispering Angel Rose | \$17.18 |
| Domaine By.Ott Rose | \$17.98 |
| Miraval Rose | \$17.98 |
| Conundrum White | \$18.08 |
| Louis Jadot Pouilly Fuisse | \$21.98 |

Merlot (750 ml)

| | |
|----------------------------|---------|
| Bogle | \$6.98 |
| Toasted Head | \$8.98 |
| Chateau St. Jean | \$9.98 |
| Clos du Bois | \$9.98 |
| Estancia | \$9.98 |
| Sterling Vintners | \$9.98 |
| William Hill Central Coast | \$12.98 |
| Coppola Diamond | \$13.18 |
| Josh | \$13.98 |
| Simi Sonoma | \$15.98 |
| Rodney Strong | \$16.98 |

Reds (750 ml)

| | |
|------------------------------|---------|
| Bogle Essential Red | \$7.88 |
| Dark Horse / Double Down | \$7.98 |
| 19 Crimes (All-excl. Warden) | \$8.98 |
| Apothic Red | \$9.38 |
| Chateau St. Jean | \$9.98 |
| Menage a Trois Decadence | \$10.98 |
| Dreaming Tree Crush | \$11.98 |
| Coppola Diamond Claret | \$14.18 |
| Bogle Phantom | \$15.98 |
| Decoy Red | \$15.98 |
| Penfolds Max's (All) | \$16.98 |
| Seghesio Sonoma Zinfandel | \$18.18 |
| Conundrum Red | \$23.08 |
| Orin Swift Abstract | \$31.98 |
| Prisoner | \$40.08 |

Italian Reds (750 ml)

| | |
|-------------------------------|---------|
| Ruffino Chianti | \$8.18 |
| Monte Antico | \$8.98 |
| Da Vinci Chianti | \$9.98 |
| Zaccagnini Montepulciano Red | \$13.98 |
| Allegrini Palazzo Della Torre | \$16.98 |
| Frescobaldi Nipozzano Chianti | \$18.18 |
| Ruffino Tan Chianti | \$19.18 |
| Ruffino Gold Chianti | \$30.18 |

| | | | |
|---|--|--|--|
| \$17¹⁸ Whispering Angel Rose 750 ml | \$17⁹⁸ Domaine By.Ott Rose 750 ml | \$6³⁸ Bogle Chardonnay 750 ml | \$9⁰⁸ Ecco Domani Pinot Grigio 750 ml |
| \$9¹⁸ Matua Sauv Blanc 750 ml | \$13³⁸ Kim Crawford Sauv Blanc 750 ml | \$12⁴⁸ Kendall Jackson Vinters Chardonnay 750 ml | \$7⁹⁸ Dark Horse All Varieties 750 ml |
| \$15⁹⁸ Hess Select Cabernet 750 ml | \$6⁹⁸ Bogle Merlot 750 ml | \$9⁰⁸ Alamos Cabernet Malbec 750 ml | \$19¹⁸ Meiomi Pinot Noir 750 ml |
| \$16¹⁸ Rodney Strong Sonoma Cabernet 750 ml | \$13¹⁸ Coppola Diamond Cabernet 750 ml | \$9³⁸ Apothic Red 750 ml | \$9⁹⁸ Sterling Vintners Cabernet/ Merlot 750 ml |
| \$13¹⁸ Josh Cabernet 750 ml | \$13⁹⁸ Zaccagnini Montepulciano Red 750 ml | \$19¹⁸ Ruffino Tan Chiamnti 750 ml | \$13¹⁸ Joel Gott Cabernet 750 ml |

Pinot Grigio (750 ml)

| | |
|-------------------------------|---------|
| Stella | \$6.98 |
| Ruffino Lumina | \$7.18 |
| Mezza Corona | \$7.48 |
| Luna Di Luna | \$8.38 |
| 1 Cupcake | \$8.98 |
| Ecco Domani | \$9.08 |
| Da Vinci | \$9.98 |
| Kris | \$10.98 |
| Chloe | \$10.98 |
| Zaccagnini | \$13.98 |
| Barone Fini | \$12.98 |
| Santa Margherita (With Flyer) | \$20.18 |

Sauvignon Blanc (750 ml)

| | |
|--------------|---------|
| Bogle | \$6.98 |
| Ava Grace | \$7.98 |
| Monkey Bay | \$8.18 |
| Cupcake | \$8.98 |
| Matua | \$9.18 |
| Hess Select | \$9.98 |
| Simi | \$9.98 |
| Nobilo | \$10.18 |
| Brancott | \$10.38 |
| Babich | \$10.98 |
| Oyster Bay | \$11.18 |
| Josh | \$12.98 |
| Villa Maria | \$11.98 |
| Kim Crawford | \$13.38 |
| Whitehaven | \$14.18 |
| Duckhorn | \$19.98 |

Champagne (750 ml)

| | |
|------------------------------------|---------|
| Korbel Brut/Extra Dry (With Flyer) | \$11.08 |
| Chloe Prosecco | \$11.98 |
| Zardetto Prosecco | \$12.98 |
| Mionetto Prosecco | \$13.98 |
| La Marca Prosecco | \$14.98 |
| Roederer Estate Brut | \$20.98 |
| J Brut Cuvee | \$29.98 |
| Moet & Chandon Brut | \$39.18 |
| Tattinger Brut La Francaise | \$43.08 |
| Veuve Clicquot Brut | \$47.18 |
| Veuve Clicquot Brut Rose | \$56.18 |

Cabernet (750 ml)

| | |
|--------------------------|---------|
| BV Coastal | \$6.98 |
| Bogle | \$7.98 |
| Dark Horse | \$7.98 |
| Sledgehammer | \$7.98 |
| Beringer Founders | \$8.08 |
| Mondavi Private | \$8.98 |
| Avalon California | \$9.98 |
| Chateau St. Jean | \$9.98 |
| Clos du Bois | \$9.98 |
| Sterling Vintners | \$9.98 |
| 14 Hands | \$10.98 |
| Concannon | \$10.98 |
| Dreaming Tree | \$11.98 |
| Estancia | \$12.98 |
| William Hill North Coast | \$12.98 |
| Coppola Diamond | \$13.18 |
| Joel Gott #815 | \$13.18 |
| Josh Cellars | \$13.18 |
| J-Lohr Seven Oaks | \$13.48 |
| Louis Martini Sonoma | \$14.08 |
| Decoy | \$15.98 |
| Hess Select | \$15.98 |
| Rodney Strong | \$16.18 |
| Simi Alexander | \$17.08 |
| Daou | \$19.98 |
| Franciscan Napa | \$19.18 |
| St. Francis Sonoma | \$20.08 |
| Justin Paso Robles | \$20.98 |
| Beringer Knights Valley | \$22.98 |
| Stags Leap Winery | \$39.98 |
| Hall Napa | \$41.68 |
| Stags Leap Artemis | \$46.18 |
| Faust | \$49.98 |

Pinot Noir (750 ml)

| | |
|-------------------------|---------|
| Mirassou | \$8.98 |
| Mark West | \$9.48 |
| Erath | \$13.98 |
| Coppola Diamond | \$14.98 |
| Josh | \$15.98 |
| A to Z | \$15.38 |
| MacMurray Central Coast | \$15.98 |
| La Crema Sonoma | \$18.08 |
| Melomi | \$19.18 |
| Elouan | \$19.98 |
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Bota Box
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\$9⁹⁸
Rex Goliath
All Varieties
1.5L



\$10⁴⁸
Barefoot
All Varieties
1.5L



\$11⁹⁸
Woodbridge
All Varieties
1.5L



\$19⁹⁸
Black Box
All Varieties
3L



\$7⁹⁸
Libery Creek
All Varieties
1.5L



\$16⁰⁸
Beringer Founders
All Varieties
1.5L



\$11⁹⁸
Yellow Tail
All Varieties
1.5L



\$29⁰⁹
Absolut Vodka
1.75L



\$29⁰⁹
Tito's Vodka
1.75L



\$29⁰⁹
Stoli Vodka
1.75L



\$39⁰⁹
Ketel One Vodka
1.75L



\$44⁰⁹
Belvedere Vodka
1.75L



\$49⁰⁹
Grey Goose Vodka
1.75L

| Vodka | | |
|------------|-------|---------|
| Absolut | 750ml | \$19.09 |
| Absolut | 1.75L | \$29.09 |
| Belvedere | 750ml | \$27.09 |
| Belvedere | 1.75L | \$44.09 |
| Grey Goose | 750ml | \$26.09 |
| Grey Goose | 1.75L | \$49.09 |
| Ketel One | 750ml | \$19.09 |
| Ketel One | 1.75L | \$39.09 |
| Skyy | 750ml | \$12.98 |
| Skyy | 1.75L | \$19.09 |
| Smirnoff | 1.75L | \$19.29 |
| Stoll | 750ml | \$19.09 |
| Stoll | 1.75L | \$29.09 |
| Svedka | 750ml | \$11.98 |
| Svedka | 1.75L | \$19.29 |
| Titos | 750ml | \$19.09 |
| Titos | 1.75L | \$29.09 |

| Rum | | |
|-----------------------|-------|---------|
| Bacardi Light/Gold | 750ml | \$12.09 |
| Bacardi Light/Gold | 1.75L | \$19.19 |
| Captain Morgan | 750ml | \$17.99 |
| Captain Morgan | 1.75L | \$25.09 |
| Ron Zacapa 23 yr. Rum | 750ml | \$37.09 |

| Whiskey | | |
|-----------------|-------|---------|
| Crown Royal | 750ml | \$26.09 |
| Crown Royal | 1.75L | \$47.09 |
| Fireball | 750ml | \$16.98 |
| Fireball | 1.75L | \$27.98 |
| Jack Daniels | 750ml | \$25.09 |
| Jack Daniels | 1.75L | \$45.09 |
| Jameson | 750ml | \$29.09 |
| Jameson | 1.75L | \$51.09 |
| Red Breast 12yr | 750ml | \$54.09 |
| Seagrams 7 | 1.75L | \$16.98 |

| Bourbon | | |
|-------------------|--------|---------|
| Basil Hayden | 750ml | \$39.09 |
| Bulleit /Rye | 750ml | \$28.09 |
| Bulleit /Rye | 1.75L | \$49.09 |
| Clyde Mays | 750ml | \$33.98 |
| Evan Williams | 1.75L | \$23.98 |
| High West Prairie | 750 ml | \$29.98 |
| Jim Beam | 750ml | \$17.09 |
| Jim Beam | 1.75L | \$29.09 |
| Knob Creek | 750ml | \$29.09 |
| Knob Creek | 1.75L | \$59.09 |
| Makers 46 | 750ml | \$39.09 |
| Makers Mark | 750ml | \$26.09 |
| Makers Mark | 1.75L | \$49.09 |
| Redemption | 750ml | \$26.98 |
| Woodford Reserve | 750ml | \$33.09 |
| Woodford Reserve | 1.75L | \$59.09 |



\$29⁰⁹
Jim Beam Bourbon
1.75L



\$49⁰⁹
Bulleit Bourbon/Rye
1.75L



\$49⁰⁹
Makers Mark Bourbon
1.75L



\$59⁰⁹
Knob Creek Bourbon
1.75L



\$39¹⁹
Patron Silver Tequila
750ml



\$33⁰⁹
Jose Cuervo Gold/Silver
1.75L



\$36⁰⁹
Casamigos Blanco
750ml



\$19¹⁹
Bacardi Light/Gold
1.75L



\$34⁰⁹
Tanqueray Gin
1.75L



\$62⁰⁹
Hendrick's Gin
1.75L



\$36⁰⁹
Bombay Sapphire Gin
1.75L



\$32⁰⁹
Dewars
1.75L



\$59⁰⁹
Johnnie Walker Black
1.75L



\$51⁰⁹
Jameson Whiskey
1.75L



\$55⁰⁹
Talisker
750ml



\$66⁰⁹
Oban 14 yr.
750ml

| Tequila | | |
|-------------------------|--------|---------|
| Casamigos Blanco | 750ml | \$36.09 |
| Casamigos Reposado | 750ml | \$39.98 |
| Casamigos Anejo | 750ml | \$44.98 |
| Don Julio 1942 Tequila | 750ml | \$99.98 |
| Don Julio Blanco | 750 ml | \$39.09 |
| Espolon Blanco/Reposado | 750ml | \$23.98 |
| 1800 Silver/Reposado | 750ml | \$25.09 |
| 1800 Silver/Reposado | 1.75L | \$39.09 |
| Jose Cuervo Gold/Silver | 750ml | \$18.09 |
| Jose Cuervo Gold/Silver | 1.75L | \$33.09 |
| Partida Blanco | 750ml | \$39.98 |
| Patron Silver | 750ml | \$39.19 |
| Patron Silver | 1.75L | \$85.09 |
| Tres Agaves Blanco | 750ml | \$25.98 |

| Gin | | |
|-----------------------|-------|---------|
| Beefeater Gin | 750ml | \$20.09 |
| Beefeater Gin | 1.75L | \$35.09 |
| Bombay Dry | 750ml | \$20.09 |
| Bombay Dry | 1.75L | \$31.09 |
| Bombay Sapphire | 750ml | \$21.09 |
| Bombay Sapphire | 1.75L | \$36.09 |
| Hendricks | 750ml | \$33.39 |
| Hendricks | 1.75L | \$62.09 |
| St. George Botanivore | 750ml | \$31.98 |
| St. George Terroir | 750ml | \$31.98 |
| Tanqueray | 750ml | \$19.09 |
| Tanqueray | 1.75L | \$34.09 |

| Scotch | | |
|----------------------|-------|----------|
| Chivas Regal | 750ml | \$30.09 |
| Chivas Regal | 1.75L | \$58.09 |
| Dewars | 750ml | \$19.09 |
| Dewars | 1.75L | \$32.09 |
| Johnnie Walker Red | 750ml | \$19.09 |
| Johnnie Walker Red | 1.75L | \$32.09 |
| Johnnie Walker Black | 750ml | \$29.09 |
| Johnnie Walker Black | 1.75L | \$59.09 |
| Johnnie Walker Blue | 750ml | \$179.09 |

| Single Malts | | |
|--------------------|-------|----------|
| Balvenie 12 yr | 750ml | \$51.09 |
| Glenfiddich 12yr | 750ml | \$44.98 |
| Glenlivet 12yr | 750ml | \$43.09 |
| Glenlivet 12yr | 1.75L | \$84.09 |
| Glenmorangie 10 yr | 750ml | \$39.98 |
| Lagavulin 16yr | 750ml | \$66.09 |
| Macallan 12yr | 750ml | \$52.09 |
| Macallan 12yr | 1.75L | \$129.09 |
| Macallan 15yr | 750ml | \$99.09 |
| Oban 14yr | 750ml | \$66.09 |
| Talisker 10yr | 750ml | \$55.09 |

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SAGE ELDERCARE CELEBRATES ITS VOLUNTEERS AT ANNUAL LUNCHEON

SAGE Eldercare celebrated its volunteers at their annual luncheon on July 17, 2018. More than 300 volunteers help SAGE each year with everything from assisting with SAGES's Spend-A-Day program and delivering Meals on Wheels and grocery shopping to volunteering at the Furniture Workshop and helping in the office.

"Volunteers are instrumental in helping SAGE carry out its mission to maintain the safety and independence of older adults and to support their families and caregivers," said SAGE Executive Director Angela Sullivan.

The luncheon was sponsored by PNC Wealth Management, Home Care Assistance, and The Grand Summit Hotel, where the event took place, and included door prizes and entertainment by vocalist Rhonda Denet.

"All of our volunteers are bettering the lives of our older neighbors," volunteer Marianne Kranz said. "Meals on Wheels is not just a food delivery service; it cures loneliness and gives people hope. It saves lives. The Furniture Restoration Workshop fixes family heirlooms and

contributed \$84,000 to SAGE programs last year. Spend-A-Day volunteers are there for program participants and their families during very vulnerable times. These small, or sometimes very large, acts of kindness are the most important thing we can share with the community and potential donors to ensure they understand the importance of our mission, to make sure the older adults we serve remain as safe and happy and healthy as possible."

To learn more about the volunteer opportunities at SAGE, please call Marianne Kranz at 908-598-5514, or email mkranz@sageeldercare.org.

ABOUT SAGE

Since 1954, SAGE Eldercare has been helping make the communities it serves amazing places to age. The non-profit organization provides a wide array of information, support, and services designed to help individuals lead the most independent and active lives possible. From helping with errands and delivering Meals on Wheels, to exercise classes, community programs and support groups, Medicare counseling, care planning, an adult day health care center, and home health care, as well as the SAGE Resale Shop and Furniture Restoration Workshop, SAGE's expertise helps older adults remain independent in their own homes. SAGE is committed to being the leading provider of programs and services to meet the changing needs of older adults, their families, and caregivers in Union, Essex, Morris, and Somerset Counties. For more information, please call 908-273-5550 or visit sageeldercare.org.



(above) Volunteer Furniture Restoration Workshop Manager Al Kessler of Basking Ridge and SAGE Volunteer Coordinator Amy Stuart of Berkeley Heights.

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THE LITTELL-LORD FARMSTEAD GRANDMOTHER HOUSE

Submitted by Ronald Weinger

Many people have passed, at 31 Horseshoe Road, Berkeley Heights, New Jersey, the 257-year-old Littell-Lord Farmstead house because it looks like only a century old derelict house

Even more people pass by the Lord Victorian House at 23 Horseshoe Road, much newer, by about 110 years, at the northwest corner of Horseshoe Road and Mountain Avenue. The house was built by Charles Wait Lord around 1870, with two story addition from later in the century. A single story shed roof was added around 1930 and a porch, later enclosed, around 1940. The main section of the house, as was common, was built on a stone foundation over a shallow crawl space. We call the house the "Grandmother House" because Charles Lord's mother, Elizabeth Estes, lived in it for a while, but, according to Mary Lord, it was originally built as a schoolhouse and playhouse for Lord children, as the original house became too small to hold the expanded family.

Approximately 18 acres of the farmstead was bought by the Township of Berkeley Heights under a Green Acres Grant, in 1975, from 19-year-old Elizabeth Anne Wemmett, great granddaughter of Charles Lord, who purchased the property after the Civil War. The Farmstead is listed on the NJ Green Acres Program Open Space database.

The Historical Society of Berkeley Heights, formed in 1973, reached an agreement in 1977 with the Township whereby the Society would operate the farmhouse as a house museum and educational center, with the Grandmother House and outbuildings to serve as outdoor exhibits.

The, Society would be responsible for interiors, collections, programs, and minor repairs. The Township would be responsible for maintenance, exteriors, and structural work. The Society, with support from many other volunteer organizations, devoted countless hours to its responsibilities, particularly with regard to the Farmhouse Museum. Members started interior work on the Grandmother House but no longer had access after the Township rented the house to tenants.

The Farmhouse Museum was configured as a "3 period" display, the 18th Century display in the original portion of the house, a Victorian era display in the portion added by Charles Lord after the Civil War, and an Edwardian era display in the portion created around 1900. Anachronistic additions, such as roof dormers and exposed plumbing were removed. Display pieces were obtained through donations and positioned. Funding was obtained through donations and from the rental of the Grandmother House.

One its last acts of the early members was the preparation of a professional "Historic Structures Report and Landscape Assessment," copies of which were retained in the museum and by the Town Council. Over the years the museum remained open but Society membership dwindled and the recommendations were not carried out. In 2013, Dan Palladino, former Mayor of Berkeley Heights, brought new members to the Historical Society, who has since been trying to address not only the documented issues but those that arose since the Report was written. With the assistance from Eagle Scouts renovations were made to the Summer Kitchen outbuilding and the "family garden." Forst Construction Company of



Berkeley Heights replaced the damaged roof over the "lean-to kitchen" to stop the water leaks from further damaging the floor. That was partially funded by a Union County matching funds grant. A second grant is being used to repair damage to the Northeast corner of the building. Several trees were removed, potential hazards during a severe storm, and a tree grant will be requested to replace and locate them further from the buildings. Additional period artifacts have also been donated to the Museum.

The entire property was placed on the New Jersey Register of Historic Places in 1978 and on the National Register in 1979 and is subject to the review provisions of the New Jersey Protection of Historic Resources Act - NJSA 13:1B-15. The register listings describe the Grandmother House, with its carpenter's lace trim, as a rare example of the Carpenter Gothic style. Experts have called it essential to the Farmstead as an historic site.

The Historical Society of Berkeley Heights is a 501c-3 organization and welcomes tax deductible donations and new members. No special skills are necessary as there are projects for people with a variety of interests. Follow us on Facebook and on the internet from a link on the Berkeley Heights Township web site.

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“HOW VOLUNTEERING TRANSFORMED ME:” AN INTERVIEW WITH CARING CONTACT VOLUNTEER

Each year approximately 45,000 people die by suicide in the United States, 120 people each day, one person every 12 minutes. Though this tragically large number continues to increase annually, there is work being done to reverse this trajectory.

Caring Contact is an award-winning, volunteer-staffed crisis hotline and listening community. We compassionately serve those in emotional distress and educate our communities about the power of personal connection. In 2017, our volunteers responded to over 10,000 calls through our caring and crisis line. Contact Listeners are volunteers who listen to people in crisis over the phone. They receive 52 hours of listening and suicide awareness and intervention training before assisting people in need of support. Even after this rigorous training, most listeners are surprised by how volunteering transforms them. To give you a sense of their experience, here is an interview with a current Caring Contact volunteer listener (whose name is being withheld).

What is your professional background?

I am a recent college graduate. I studied Sociology and Psychology.

How would you describe your listening skills?

I would regard myself as a quiet listener. I know that probably sounds weird or maybe even obvious. But, after the training I realized how much talking I was doing when people were venting to me. Before I became a trained listener I don't think I realized how powerful the act of listening can be or how difficult it is sometimes. I used to be distracted when listening to people and I missed a lot. Through the training I've attached a real purpose to listening and listening well, which has made me better in a variety of aspects in my life.

Tell me about your training.

The training struck this balance between easing the volunteers into the material and also challenging people in ways that were a bit nerve-racking. I remember my first practice session where I was acting as the Listener. All I was supposed to do was listen and reflect on a feeling or two. This, honestly, turned out to be one of the most difficult role plays because all I wanted to do was solve what seemed like an obvious problem to me, rather than just really listen to what the person was saying.

I found that the training applied to both the hotline and also my everyday life. I think everyone's family members and friends are grateful when a person takes this training. I also loved the growth of each volunteer, it is so clearly visible because of the practice sessions and utilization of the skills we learned - there is a lot of development throughout those 12 weeks.

Do you ever feel like you get a call you can't handle? How do you cope?

The first few crisis calls were really scary. I remember that I decided on those few phone calls to just be there and to sit with the person in this dark, dark hole. By the end of the call we had developed a safety plan and the person was safe in that moment. After these types of calls, I



(above) A Caring Contact volunteer shares what she's experienced on the suicide prevention and crisis hotline.

usually debrief with someone in the office or another volunteer who is working at the same time as me.

Also, there is a bell in the phone room which lets someone in the office know you need help. There was one instance when my phone call got disconnected because I was so shaken up and didn't know what to do. Janet Sarkos, the Executive Director at Caring Contact and a volunteer listener, came in and talked me through the call. It's things like that that make the overwhelming calls easier. It's really helpful to be surrounded by people who have had similar calls, speaking to them is a huge way of coping for me.

What types of calls are most challenging?

Any call that involves someone being really down, feeling stuck and alone. Those are hard calls. They aren't necessarily difficult to manage, but so many of these calls stick with me and I want to do more, to change their living situations and that's just not possible. I think the most difficult calls are those that end before it seems like we have reached a safe plan, or have made enough progress - this has happened before and it's really hard to let those calls go.

Which call was really memorable for you?

One of the most memorable calls was from a college student. We talked for about 45 minutes. He told me that he's never told anyone the things that he's told me during our phone call. He disclosed that if he had not picked up the phone and talked to me, that he was planning on running in front of a truck on the highway. Knowing that someone called and just by speaking to me for an hour felt like they could go on for one more day, that's very powerful.

How did becoming a listener change you?

Being a listener has opened my eyes to how many people are struggling, how many people think about suicide but don't tell those they are close to. I now feel comfortable asking those I am close to if they are struggling or thinking of suicide. That's something I never would have done if it hadn't been for this training and experience. I now know how powerful listening can be, just listening to another person. It can change their life.

Please visit our website, www.caringcontact.org, to find out more and how you can volunteer to save a life.

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Town Wide Garage Sale

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9am-2pm
(Rain Date: 9/16)

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FIRST EVER VEGAN FEST TO BE HELD IN BERKELEY HEIGHTS SEPT. 14 - 16

Submitted By Kim Diamond

On September 14 – 16, 2018, the Berkeley Heights Environmental Commission (BHEC) will host its first ever Vegan Fest, with events to be held each day in different locations around Berkeley Heights. Through Vegan Fest, the BHEC hopes to raise community awareness about how a plant-based diet, mindful exercise, and individual food choices can have a positive impact on both environmental preservation and on personal health.

Vegan Fest will consist of three main events that are free and open to the public: (1) an evening of yoga and Tai Chi, (2) two educational panels focusing on health impacts and planet impacts, respectively, and (3) a Vegan Cook-off.

The first event, Evening Yoga and Tai Chi, runs from 6 – 8 p.m. on Friday, September 14, 2018 (rain date of Saturday, September 15, 2018 from 2 – 4 p.m.) at The Grove Park at the Connell Center on Connell Drive in Berkeley Heights. Beginning at 6 p.m., certified yoga instructor LeeAnn Gerrato will lead an hour-long yoga session on the dias area. Immediately thereafter at 7 p.m., certified Tai Chi instructor Don Madson will lead an hour-long Tai Chi session. Everyone of all ages – from novices to masters – are invited to attend! Participants should arrive in comfortable, work-out clothing and should bring a filled water canister. Those attending the yoga session should also bring a yoga mat or towel with them. It is the BHEC's hope that this

event will encourage participants to engage in these or other practices that promote good physical health, while also awakening their focus on the mind-body-spirit connection.

For the second event, two educational panels will be held from 10 a.m. - Noon on Saturday, September 15, 2018 at the Berkeley Heights Town Hall on Park Avenue in Berkeley Heights. Each panel will run for approximately one hour. The first panel, the "Health Focus Panel," will focus on why a diet rich in fruits and vegetables promotes good health. Among others, the panelists will include an oncology nutritionist from Summit Medical Group, the Wellness Director of the Summit Area YMCA, and the Director of Community Wellness of the YMCA's Livestrong Program. The second panel, the "Planet Impacts Panel," will focus on how a plant-based diet helps to promote environmental preservation and will feature an associate professor from the Department of Agriculture, Food, and Resource Economics at Rutgers University as well as the president of NJveg.org.

The third and final event, the Vegan Cook-off, begins at 1 p.m. in Lower Columbia Park off Hamilton Avenue in Berkeley Heights, behind Columbia Middle School. Veganism includes a diet in which no animals or animal products (including eggs and dairy products) are used. This is an opportunity for everyone - vegans and non-vegans alike - to showcase their skills at creating vegan dishes that can taste delicious. There will be two divisions – a restaurant division and a "general public" division. Each division will feature three categories - (1) appetizer, (2) main course, and (3) dessert. Prizes will be awarded to all winners. Interested contestants must pre-register and enter their dish at www.goo.gl/YEQwUk. A blue-ribbon panel of judges, including Berkeley Heights Mayor Bob Woodruff, will determine the winning entries.

For more information about Berkeley Heights Vegan Fest, including details about each of the events above, please visit our Facebook page at [BerkeleyHeightsEnvironmentalCommission](https://www.facebook.com/BerkeleyHeightsEnvironmentalCommission).



Evening Yoga and Tai Chi
Friday, Sept. 14, 2018 @ 6 p.m.*
The Grove Park at the Connell Center
*Rain date: Saturday, Sept. 15, 2018 @ 2 p.m.



Educational Panels
Saturday, Sept. 15, 2018 @ 10 a.m.
BH Town Hall, Council Chambers



Vegan Cook-off
Sunday, Sept. 16, 2018 @ 1 p.m.
Lower Columbia Park
Sign Up to Enter Your Dish at www.goo.gl/YEQwUk

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SEPTEMBER 2018 SAGE ELDERCARE EVENTS

SAGE Eldercare offers the following programs for September. They are located at 290 Broad St in Summit.

Living Options As We Age – Panel Discussion

Wednesday, September 12

Come learn about the variety of living options available to older adults and their families. Our panel includes experts from the fields of long term care, assisted living, skilled nurses as well as hospice care, home care, care planning and support and adult day programs.

Refreshments will be served. 6:00 – 8:00 p.m. To register or for more information, please call 908-598-5548 or email education@sageeldercare.org.

Fall Prevention for Seniors

Wednesday, September 26

Presented in conjunction with Atlantic Healthcare System, this group of experts will present ways to keep you safe and balanced. The program includes pedestrian safety, walking supports, rehabilitation information, the benefits of exercise & yoga and a discussion about the side effects of medications as it relates to falling. Free blood pressure, bone density and hearing screenings are included. Light refreshments will be served. 10:00 am – 12:00 pm. To register or for more information, please call 908.598.5548 or email education@sageeldercare.org.

Spend-A-Day Open House

Wednesday, September 26

Tour our Spend-A-Day Adult Day Health Care program and see how Spend-A-Day fits the needs of your family member, friend or neighbor. Spend-A-Day provides an opportunity to socialize and participate in a daily recreational program. 10:00 a.m. – 12:00 p.m. For questions or to schedule a tour on another date please call Pamela Marusic 908-598-5516.

Caregiver Support Group for Adult Children

(meets every other week)

September 10, 24 (7:00 – 8:30 pm)

A support group for adult children who act as their parents' caregivers will be led by Licensed Clinical Social Worker and InfoCare Manager Kathy Larkin. The group will cover topics such as balancing work and the needs of their families, long-distance caregiving, family conflicts, finding resources, and navigating the healthcare system. Pre-registration is required for this free group. SAGE Eldercare, 290 Broad Street, Summit.

To register, or for more information, please call 908-598-5509.

Fun-to-be-Fit Exercise Class

(meets Tuesday and Friday)

September 4, 11, 18, 25 (10:15 – 11:15 a.m.) and September 7, 14, 21, 28 (11:30 a.m. – 12:30 p.m.)

General exercise class for older adults designed to improve overall fitness for all levels. Cost is \$10 per class. SAGE Eldercare, 290 Broad Street, Summit. To register or for more information, please call 908-598-5548 or email education@sageeldercare.org.

Gentle Chair Yoga

(meets Monday and Wednesday)

September 5, 12, 19, 26 (11:30 – 12:30 pm)

Class for older adults that deepens flexibility and strengthens personal body awareness. SAGE Eldercare, 290 Broad Street, Summit. Cost is \$10 per class. 11:30 – 12:30 pm. To register or for more information, please call 908-598-5548 or email education@sageeldercare.org.

Tai Chi

(meets weekly)

September 4, 11, 18, 25 (11:30 – 12:45 pm)

Tai Chi is a series of precise flowing movements that develop balance, strength, flexibility, focus, endurance, and calmness. Cost is \$10 per class. 11:30 a.m. – 12:45 p.m., SAGE Eldercare, 290 Broad Street, Summit. To register or for more information, please call 908-598-5548 or email education@sageeldercare.org.

LEAGUE OF WOMEN VOTERS TO MEET ABOUT REDISTRICTING PROCESS

Fair Districts NJ is a non-partisan coalition fighting to reform New Jersey's redistricting process. The League of Women Voters believes that redistricting should be impartial and transparent. It should maximize public input in the process and put the power in the hands of the voters. Redistricting is happening in 2021. We need to organize now.

The League of Women Voters of Berkeley Heights, New Providence & Summit will host Helen Kioukis, LWVNJ Program Associate. She will lay out the problem, offer solutions and call to action citizens who want to ensure that NJ

Congressional and Legislative Districts are drawn in a way that is transparent, representative and impartial.

The meeting will be held on Thursday, September 20, 2018 at 7:30 p.m. at the De Corso Community Center, 15 E. 4th Street, New Providence. The public is invited.

Join us - find out about the coalition and how you can help take action. We can draw fairer maps, encourage competition, increase voter turnout and make redistricting reform a reality in NJ.

For more information call 973-701-8052.

THE WOMAN'S CLUB ENTER 63RD YEAR

Submitted by Chris Bjornstad

The Woman's Club of Berkeley Heights, a 501(c)3 organization and member of the GFWC (Greater Federation of Women's Clubs) and NJSFWC (New Jersey State Federation of Women's Clubs) begins its 63rd year in September.

The members of the Club hold two fundraisers a year with the proceeds given to the Berkeley Heights Public Library, Rescue Squad, YMCA, and Education Foundation; the YWCA of Union County Domestic Violence Program; St. Joseph Social Service Center in Elizabeth; and a scholarship to a graduating senior from Governor Livingston High School.

On the social front members play round robin, duplicate bridge, and mahjong. We go to

Hunterdon Hills Playhouse, have an international luncheon, a summer picnic, Holiday luncheon, and a Chinese Lunar New Year luncheon.

The Club meets the third Tuesday of the month at the YMCA of Berkeley Heights, 550 Springfield Ave., at 12:15 p.m.

We cordially invite residents of Berkeley Heights and the surrounding area to our General Meetings this Fall. On September 18, 2018 a presentation will be given by Tamara Slawney on "Bloom Where You Are Planted" and on November 20 speaker John Prescott will present "Women's History of Union County."

Any questions, call Carol at 908-464-2651. We hope to see some new faces in September!

PRESENTATION ON VETERANS BENEFITS AT THE AMERICAN LEGION

Submitted by Sharon Knight

On October 9, 2018 at 7:00 p.m., David Brimmer, Community Outreach Manager for the Veterans Administration (VA) New Jersey Healthcare System, will present a program on Veterans benefits at the Martin Wallberg American Legion Post 3 located at 1003 North Avenue West in Westfield, New Jersey.

Included will be information on: Diagnostic,

treatment, preventative, and other healthcare services available to eligible veterans enrolled for VA Healthcare benefits; eligibility, and information on local VA health centers and Community-Based outreach centers (CBOCs.) There will be also be representatives from the Union County Office of Veteran Services with information from local and State organizations.

THE GRAND RAFFLE

St. Joseph Social Service Center
Annual Fundraising Dinner
October 18, 2018

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To purchase Grand Raffle Tickets, Dinner Tickets, or become a Sponsor by mail, in person, here are the locations:

| | |
|--|--|
| St. Joseph Social Service Center 118 Division Street Elizabeth, NJ 07201 908-354-5456 x3 | St. Helen Parish Center 1600 Rahway Avenue Westfield, NJ 07090 Marilyn Ryan, 908-232-1214 x113 |
|--|--|

To purchase Dinner Tickets or to Donate online, please use the following link:
<https://www.sjeliz.org/special-events.html>

We greatly appreciate your continued support - THANK YOU!

OUTSTANDING CITIZENS TO BE HONORED AT 13TH ANNUAL BERKELEY HEIGHTS GOOD SCOUT AWARD DINNER

Boy Scouts of America, Patriots' Path Council will be honoring local citizens at the 13th Annual Berkeley Heights Good Scout Award Dinner to be held on the evening of Wednesday, October 3, 2018 at The Primavera Regency in Stirling. This year's honorees are Bud & Karen Ayres, Hilary Froehlich & Cheri Pertesis, Kevin Engemann, Carla McGlynn, and Nicholas Schiavo. The event recognizes these seven outstanding citizens for their community service, as evidenced by their leadership and interests within the Berkeley Heights community, and for their embodiment of the values of the century old Scout Oath and Law in their personal and professional lives. The event co-chairs are Louisa Grossman and Pam Yoss, past Berkeley Heights Good Scout Award recipients and active volunteers in the Berkeley Heights community.

Bud & Karen Ayres are active community volunteers in Berkeley Heights and best known for their involvement and leadership in the Relay for Life; Hilary Froehlich & Cheri Pertesis of Anything Floral, a florist and gift boutique in Berkeley Heights started and serve as co-chairs for the "Winter Walk", an annual event that encourages the community to shop locally in conjunction with the town's annual tree lighting;

Kevin Engemann is the current treasurer & committee member in Boy Scout Troop 68, Berkeley Heights and is the Chairman, Board of Governors of the Children's Dyslexia Centers of NJ-Scotch Plains Campus; Carla McGlynn is the President of the Berkeley Heights Education Foundation; and Nicholas Schiavo is Director at the Leona M. & Harry B. Helmsley Charitable Trust and is the Founding Member of the Berkeley Heights Communication Committee that works to maximize the transparency of Township activities, while promoting public and private sector initiatives aimed at enhancing residents' life.

Berkeley Heights has a very active Scouting program for over 170 youth in three Cub Scout packs (for boys and girls ages 7 to 11 years) and two Boy Scout troops (for boys ages 11-18), sponsored by the Rotary Club of Berkeley Heights. Berkeley Heights is a part of the Watchung Mountain District of the Patriots' Path Council, Boy Scouts of America. In this district, some 3,000 youth are served by over 70 Scouting units in communities like ours throughout Union, Morris and Somerset Counties.

For more information on Scouting in Berkeley Heights, attending the event, and sponsoring the

program journal, contact Jennifer Volz, Development Director, at 973-765-9322 ext. 249 and/or jennifer.volz@scouting.org. Registration for the event available online at www.ppcbsa.org/special-events



(above) Hilary Froehlich & Cheri Pertesis



(above) Nicholas Schiavo



(above) Kevin W. Engemann



(above) Carla McGlynn



(above) Bud & Karen Ayres

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NATIONAL ALLIANCE ON MENTAL ILLNESS TO HOST TALK

The Union County affiliate of the National Alliance on Mental Illness (NAMI) will have Dr. Thomas Massarelli, Director, School Psychology Program, Dept. of Professional Psychology and Family Therapy at Seton Hall University speak about "Recognizing early signs of mental illness, getting help and family therapy for dealing with mental illness."

Dr. Massarelli will speak at the Wednesday, September 26, 2018 meeting. All are welcome. Learn about the support and education that NAMI can offer. Meeting starts at 7:30 p.m. at RWJ Rahway Fitness & Wellness Center, 2120 Lamberts Mill Rd., Scotch Plains. For more information, call 908-233-1628 or email namiunioncounty@yahoo.com

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SEPTEMBER PROGRAMS AT THE BERKELEY HEIGHTS PUBLIC LIBRARY

located at 110 Roosevelt Ave, Berkeley Heights, NJ 07922

For more information, please call the library at
(908)464-9333 or check our website at: www.bhplnj.org.

The Berkeley Heights Public Library, located at 110 Roosevelt Avenue, Berkeley Heights, NJ, will offer the following children's programs in September.

The Good Tymes String Band

Tuesday, September 11 at 10:30 a.m.
for children of all ages

Paper Plate Story Time

Story and craft with Katie Mazzaferro
Tuesdays, September 4 and 18 at 9:30 a.m.
for ages 3 – 5 years

Rhythm & Rhyme Story Time

Tuesday, September 25 at 10:30 a.m.
for ages 3 – 5 years

Tinker Time with Tots

Wednesdays, September 12 and 26 at 10:00 a.m.
for ages 2 - 5

Baby Time

Thursdays, September 6, 13, 20, and 27 at 9:30 a.m.
for ages 0 - 24 months

The Berkeley Heights Public Library has two book groups for adults:

Morning Book Group

Friday, September 7 at 10:30 a.m.
will discuss The Lost City of Z by David Grann

Evening Book Group

Tuesday, September 11 at 7:30 p.m.
will discuss The Association of Small Bombs
by Karan Mahajan
New members are welcome; please stop by or call the
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