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Issue 96 • July 2018

JOELY O'GRADY TAKES FIRST AT WOMEN'S BOWLING TOURN

Submitted by Tony Contini

Joely O'Grady of Rahway won the Diamond Singles at the United States Bowling Congress's (USBC) Women's Championships that took place on May 15, 2018 at the National Bowling Stadium (NBS) in Reno, Nevada.

O'Grady bounced back from a tough start in team and doubles at the NBS to take the Diamond Singles lead with a 754 series, and her teammate, Team USA member Julia Bond of Aurora, Illinois, made the most of her USBC Women's Championships debut to claim the top spot in Diamond All-Events with 2,128.

O'Grady admitted her fifth Women's Championships appearance didn't start the way she hoped with sets of 533 in team and 513 in doubles, but a ball change and the support of her teammates and husband, Professional Bowlers Association Tour champion Matt O'Grady, helped her quickly turn the page in singles.

The 28-year-old right-hander started singles with nine consecutive strikes on the way to a 275 game, and she continued strong with games of 246 and 233. Sharon Powers of Lakewood, Colorado, started the day in the Diamond Singles lead with 701.

"A ball change was really important for me," said O'Grady, who helped Fairleigh Dickinson win the 2010 National Collegiate Athletic Association (NCAA) title. "It finally helped me see the lanes the right way, I saw the ball go through the pins the right way and my confidence went up from there. I expected more from myself in team and doubles, but luckily, I was with a group of girls that kept me motivated. They were really, really supportive when I needed them."

The 2018 campaign already has been a banner year for the O'Gradys, as Matt won the PBA Tournament of Champions in February for his first career title, and they relish the opportunity to share in each other's success.

"It's really a team effort for Matt and I," Joely said. "I cherish his wins just as much as he does, because we both put in the work at home and at the gym. We're trying to do the right things for



(above) Joely O'Grady of Rahway, winner of the Diamond Singles at the US Bowling Congress's Women's Championships.

Courtesy photo

our bodies, and it's been paying off. Every success we achieve individually, we really do enjoy as a team. If the score holds up, it would be awesome. Just the fact that I could put myself together again after those two sets gives me a lot of confidence moving forward, especially with the Queens coming up."

For more information on the Women's Championships, visit BOWL.com/WomensChamp or visit us on Facebook at the official USBC Women's Championships page.

UNITED STATES BOWLING CONGRESS

The United States Bowling Congress serves as the national governing body of bowling as recognized by the United States Olympic Committee (USOC). USBC conducts championship events nationwide including the largest participation sporting events in the world – the USBC Open and Women's Championships – and professional events such as the USBC Masters and USBC Queens.

Founded in 1895, today USBC and its 2,000 state and local associations proudly serve more than a million members. USBC is headquartered in Arlington, Texas, working toward a future for the sport. The online home for USBC is BOWL.com.



POSTAL PATRON RAHWAY, NJ 07065



Our Town is published by Renna Media in coordination with the Rahway Chamber of Commerce.

6,000 papers are printed monthly, 5,600 are mailed to businesses and homes in Rahway and the remainder are distributed free at the Rahway Public Library and other distribution sites throughout Rahway.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions.

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RAHWAY'S SPECIAL CONNECTION TO THE 4TH OF JULY

Submitted by Al Shipley, City historian and Rahway Library research consultant This story is reprinted from Our Own Rahway, June 2012 issue.

Americans across the United States celebrate July 4th as the moment in history when our country declared its independence from Great Britain in 1776. We mark the day with parades, picnics, and fireworks and it's easy to forget the fifty-six brave gentlemen who signed their names on a piece of parchment bearing the title, The Unanimous Declaration of The Thirteen United States of America. For each of the signers, it was a momentous expression in which they committed their lives, their fortunes and their sacred honor to the noble cause of liberty. One of these courageous patriots was Abraham Clark.

Clark was born and raised in Roselle and as a young man worked as a surveyor. This field led him to the study of law, a profession he could employ to settle land disputes and property titles. A good deal of his business was transacted in the larger village of Rahway where he became known as the "Poor Man's Counselor." His family also traveled to Rahway on Sundays to worship in the small Presbyterian Church which stood on St. Georges Avenue.

As the fiery talk of separation from Great Britain began, Clark found that he closely identified with the patriotic cause, and by 1774 had become a bold advocate of independence. Aware of the great dangers in which the colonies were placing themselves, he wrote, "We can die but once . . . We are now embarked in a most tempestuous sea . . . It is gone so far that we must now be a free independent state or a conquered country."

In 1775 his neighbors elected him to the Provincial Congress of New Jersey and in June of the next year he was appointed to the Second Continental Congress which was meeting in Philadelphia.

Clark was well aware of the penalty for treason. Had the British won the war, all signers of the Declaration would have been executed. Fear of this possible fate, however, did not sway him from his obsession to sever relations with the mother country. During the war years Clark did suffer severe hardships. The Redcoats destroyed all of his property, and two of his soldier sons were captured and held on the notorious prison ship, "The Jersey," a vile, floating jail where thousands of American prisoners perished. The conditions aboard the ship were horrible and the Clark boys suffered special hardships because of their father's connection with the rebels. Clark was even promised the release of his sons if he abandoned the American cause, but he refused to betray his country.

Clark was unique in that he was the only member of Congress to serve throughout the entire war. He was re-elected three times and was chosen to represent New Jersey at the Philadelphia Convention in 1787. Due to ill health, however, he was unable to attend this famous convention where our Constitution was being framed.

Clark died at the age of sixty-eight and is buried in the Rahway Cemetery. Residents of Rahway and all of Union County should be proud that of the five signers from the New Jersey Colony, only Clark is buried in this part of the state. Abraham Clark is a name out of the rich pages of Rahway history and a name we should remember as we prepare to celebrate the birthday of our country's

RAHWAY'S INDEPENDENCE DAY FIREWORKS TO BE HELD JULY 3RD

Rahway's Independence Day fireworks will be displayed behind Rahway City Hall at 9 p.m. on Tuesday July 3, 2018. The best viewing areas will be along Main and Irving Streets in the downtown area. Rain Date will be on Thursday July 5th in conjunction with free movies on City Hall Plaza event.



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(PROPERLY) RECYCLE THAT PLASTIC SHOPPING BAG!

Recycling contamination is a big problem in New Jersey, and plastic bags are among the worst offenders. Contamination happens when items that don't belong in your home's recycling bin are placed there. Unfortunately, too many of us put our recyclables in plastic bags to recycle them, and that's a bad thing.

According to the U.S. Environmental Protection Agency, Americans use 380 million plastic bags and wraps each year, many of which get landfilled, which is not the best place for them. They end up everywhere—our streets, parks, waterways... and since it takes them a long time to degrade, they're here to stay as litter or worse, and pose a real threat to the environment. Some animals mistake them for food or get entangled in them.

In New Jersey, plastic shopping bags are recyclable—but not in your curbside bin.

When they get into your municipality's recycling stream, they can clog up or damage recycling center processing equipment the way hair clogs up the rollers of a vacuum. This causes delays and slows down the recycling process, making it more expensive for your community to recycle.

Other stretchy plastics, such as produce and bread bags, dry cleaning bags, newspaper sleeves, paper towel/toilet paper overwrap and other plastic film packaging can also clog up recycling processing equipment. These stretchy plastics should not be placed into your curbside recycling bin.

So how do you properly handle all those plastic bags?

Many stores and other entities accept plastic bags and other stretchy plastic for recycling at instore collection bins. Contact your local supermarket to find out if they have a plastic bag recycling program, or suggest that they start one!

When it's recycled, your plastic bag could become plastic lumber to make park benches, decks, fences or playground equipment, but best of all, by recycling your bags properly, you're keeping them out of our environment.

If you'd like to cut back on using plastic bags, consider using reusable shopping bags.

Thank you for taking these steps to stopping plastic bag contamination in New Jersey and ensuring that the Garden State is greener for all of us.





WILDFLOWERS

"One person's weed is another person's wildflower." — Susan Wittig Albert

By definition 'wildflower' is a flower of an uncultivated variety or a flower growing freely without human intervention.

There are three major groups of wildflowers in the United States.

First and most importantly are our native wildflowers. These are the native plants and flowers that have developed a special relationship with our pollinators, bees, wasps, birds, and bats. There is a strong movement to add a few native plant species to every garden.

Secondly, you can find the wildflowers from other parts of the world that have established themselves here. One of the most well-known is the dandelion. Originally from Europe dandelions have become a weed in most of the world, competing with plants, crops and lawns for nutrients, water and sunlight. On the bright side their golden yellow flowers are an early food source for bees and pollinators.

The third are plants that were brought here by our early American settlers for gardens but 'escaped' into nature. They are now found in fields, roadsides, and growing in the cracks of streets. My favorite of this group is 'Queen Anne's Lace', a member of the carrot family with lacey white flowers that bloom in mid-summer. It also attracts many native pollinators which is definitely a positive effect. Sadly the overuse of herbicides is making these plants vanish from our roadsides, only to be replaced by less attractive weeds which are much harder to kill.

Today many roadsides have plantings of wildflowers along them for beautification. For this we owe our gratitude to former First Lady, Mrs. Johnson.

Fondly called "Lady Bird", the wife of President Lyndon B. Johnson, became America's greatest advocate for native wildflowers and beautifying the nation's interstates. It is hard to imagine how different the country looked when Mrs. Johnson began her tough campaign to beautify it. Many companies and corporations fought her to stop her every step of the way.

In 1965, the Johnson Administration commissioned a study that showed there were 16,000 junkyards along highways with miles after miles of billboards blocking the view. Lady Bird lobbied Congress for a law to change the scenery. Three years later, President Johnson presented pens he used to sign about 50 laws on conservation and beautification "...to Lady Bird, who has inspired me and millions of Americans to try to preserve our land and beautify our Nation."

The National Park Service kept a running tab of the number of daffodil bulbs that were planted under Lady Bird's direction, and in 4 years the total reached 2 million, the largest planting in history.

At her passing eleven years ago on July 11,



(above) Past President of The Rahway Garden Club, James Keane, has been researching and answering garden questions since 1995. Visit 'Keane Gardener' blog at: keanegardener.blogspot.com

2007, USA TODAY noted: "Today, many people in the conservation field say Johnson's work raised the nation's consciousness about its natural heritage and laid the foundation for the environmental progress that followed."

"Her achievements in Washington were important for the development of the role of the First Lady, and the consistency with which she pursued her vision of the environment after the White House added to her historical influence". (Biographer, Lewis L. Gould) Today most new First Ladies entering the White House appear to know that a certain amount of environmental activism is expected of them.

Thanks to the 'Lady Bird Wildflower Center', in Austin, Texas for information presented in this article.

Have a Safe & Happy Summer,

James



(above) Lady Bird's dedication to preserving our wildflowers is now enjoyed by millions of traveling Americans.

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FOURTH OF JULY, 1919-CELEBRATING THE END OF WAR

Submitted by Al Shipley, City Historian and Rahway Library Research Consultant

When World War I ended on November 11, 1918, Rahway factories blasted their sirens, churches rang their steeple bells, and citizens ran into the streets and cheered. It was the end of a war the likes of which the world had never seen before, and with victory came a belief that mankind would never again allow such horror to repeat itself. City officials realized immediately that a Victory Day celebration had to be planned and agreed that the next year's Fourth of July observance would be the perfect venue.

Excitement for the event built over the next eight months as committees were formed to oversee the many details of preparation. Mayor David H. Trembley, John Farrell, a former councilman, ex-mayor Harry Simmons, and Nelson M. Turner, secretary of the committee were selected to be in charge of the celebration. A finance committee, consisting of 48 prominent members of the community, was established to solicit donations from institutions and citizens to fund the event. A reception committee for soldiers and sailors was set up to run the programs to honor the returning veterans, and a parade committee was formed to assemble the largest parade in the city's history. There were also committees to take care of refreshments and decorations and a committee to organize a block dance.

When Independence Day, 1919, finally arrived, the city was awakened at 7:00 when factory whistles and church bells were sounded throughout the neighborhoods. The sun rose early and the forecast called for temperatures in the nineties, but there was no sign of rain, assuring that the grand parade, scheduled for a 10:00 start, would commence without a hitch. The line of march would cover over three miles and the marchers would traverse fifteen different streets and avenues. Homes along the entire route were decorated with American Flags and patriotic bunting. The procession was a mile long, with over 2,000 participants filling eight divisions.

Approximately 135 soldiers who had served in the war marched as did Red Cross workers, and members of the Grand Army of the Republic (Civil War veterans). City officials, police and firemen, and dignitaries representing the Army and Navy participated. Members of civic clubs including the Loyal Order of Moose, Odd Fellows, Yacht Club, and the Daughters of the American Revolution marched as did the employees of many Rahway companies. Boy Scouts, Camp Fire Girls, and students from St. Mary's Parochial School were also in the parade. Bands and floats were interspersed throughout the procession. It was reported that the most touching part of the line was the automobiles carrying the mothers of the soldiers who had made the Supreme Sacrifice.

At the conclusion of the parade, the men who had been in the military marched to the Empire Theater on Irving Street where they were

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treated to an excellent dinner prepared by Red Cross workers. Former Mayor Simmons welcomed the men and on behalf of the city expressed his appreciation for their brave service during the war. A lively quartet, several soloists, and dancers provided the entertainment during the banquet. At the end of the affair, each soldier was given eight cigarettes and a cigar.

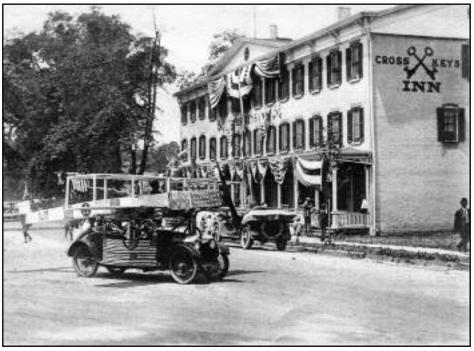
Following the dinner, a procession was again formed and the men, led by a band, proceeded to Riverside Park (Veterans' Field) where Mayor Trembley gave a stirring speech and awarded a medal to each soldier. It was estimated that over 600 Rahway boys had enlisted in the Great War and of that total 260 medals were given out to those in attendance.

The concluding event of the day was an evening block dance staged on Main Street between Cherry Street and Milton Avenue. Music was provided by bands positioned at each end of the street. Hundreds of couples gathered to enjoy the evening and close out the celebration.

At the time, it was believed that World War I was the "war to end all wars." The citizens of Rahway like the citizens of countless numbers of cities and towns across the nation would hold lavish programs to celebrate the end of warfare. At the time, with the prospect of a future of world peace, there was good reason to believe that July 4, 1919 would be called the "Greatest Day in Rahway's History."



(above) Red Cross volunteers carry the Gold Star Service Flag as the parade moves along Irving Street having just passed Central Avenue.





(above) An automobile carrying a replica of the NC-4, the airplane that made the first successful trip across the Atlantic, was one of the many floats entered in the parade.







406 Chestnut St. • Union, NJ 07083

BUTCH KOWAL ASSOCIATION PRESENTS SCHOLARSHIPS TO 22 SENIORS

The Butch Kowal Association is proud to announce they will be giving a record amount of scholarships this year. Twenty-two high school seniors will receive a Butch Kowal Achievement Scholarship award for their efforts in the school and outside the community. We would like to congratulate Matt Angrisani, Luis Mueller, Tyshan Johnson, Keyshawn Cummings, Wilisha Jackson, Isabel Elliot, Alani Francois, Jason Winters, John Coulson, Jakub Luzynski, Terrell Frasier, Kim Twerdak, Matt Houck, Tymek Jones, Natasha Bustamante, Dominick Williams, Jodi Alston, Sabian, Marrero, Anabella Giacobbe, Joseph Turek, Matt Zwiebel, and Trinity Garay.

John "Butch" Kowal was born on May 20, 1923, in Rahway. Butch invested a lot of his time in his business, which has been in operation since 1951. When he wasn't focused on that, he spent his time giving back and helping others in the Rahway community. In 1963 he decided to start the Butch Kowal Association. In its beginning, the association would do an activity called "Merry Christmas for All." They would purchase clothing and or food from local Rahway merchants, and help out fifteen to twenty-five Rahway families in need each year, always around the holiday season.

Adding to Butch's efforts, in 1995 they decided to start giving out scholarships as well. To make their efforts as impactful as they could, Butch needed a way to raise money for the scholarships. Every December around the holiday season there is the Butch Kowal Memorial Holiday Basketball Tournament, named for him by athletic director Tom Lewis

The Butch Kowal Association is proud to nounce they will be giving a record amount of holarships this year. Twenty-two high school niors will receive a Butch Kowal Achievement cholarship award for their efforts in the school

The Association's only current fundraising event happens during the NFL's NFC and AFC Championship games. Here, the association rents out Luciano's in Rahway, where people eat great food, watch football, and laugh with friends. The event is \$100 a person, where you eat buffet style, and can win door prizes. Last year, 200 people came to support the association. We hope to see new faces next year, on Sunday January 20, 2019!

Butch's number one passion was sports, especially Rahway athletics. There wasn't a Saturday that went by in the fall where you wouldn't see Butch at Veterans Memorial Field in Rahway cheering on the Indians, and if Rahway had a basketball game in the winter, he was always front row at Earl H. Walter gymnasium at Rahway High School. Butch combined his love for athletics with his passion for helping others to create a scholarship for high school athletes looking to further their education at college. This was his way of saying "thank you" to the athletes that represented Rahway with class on the playing field.

With the efforts of Butch's son, Peter Kowal, Rahway's athletic director Tom Lewis, and one of Rahway's most influential and respected teachers, Mr. Farrell, as well as many others efforts and sacrifices, the Butch Kowal association and scholarship is flourishing.





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FRANKLIN CROCHET CLUB DONATES BLANKETS TO VETERAN'S HOME

For the past couple of months, students have stayed after school and participated in the Crochet Club. The club is overseen by Mrs. Barbara Maher, Mrs. Carol Reeseg, and Mrs.

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and sixth graders also helped out as mentors. The Veterans' Memorial Home in Menlo Park, NJ.

Rebecca Yedlock. During the course of the year, students each completed squares, which were then the advisers helped fourth-grade students learn stitched together to form blankets. The finished how to do both chain and single crochet. Fifth blankets were donated to the New Jersey





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TIME TO "WATERPROOF" KIDS THROUGH YMCA SWIM PROGRAMS

Programs offer a mix of fun, physical activity and safety to create a lifelong love of swimming

As the season turns from spring to summer, The Gateway Family YMCA encourages children and parents in Eastern Union County to explore the many benefits of swimming, while also keeping safety top of mind. In Y swim programs, participants can enjoy water sports, enhance or learn new techniques, meet new friends and develop confidence, while also learning safety skills that can save lives.

"It's never too early to get children involved in swimming—it's an important for safety reasons, but also a great way to keep active and healthy," said Krystal R. Canady, CEO, The Gateway Family YMCA. "There are so many options for parents, but the best place to start is by learning basic water safety skills that helps get kids familiar with the water that often continues with swim lessons and competitive swim programs and can even lead to a career."

The Gateway Family YMCA encourages parents to take an active role in fostering a relationship between their children and swimming—beginning with water safety. Following are safety tips to practice when in and around the water:

- Only swim when and where there is a lifeguard on duty; never swim alone.
- Adults should constantly and actively watch their children.
- Inexperienced or non-swimmers should wear a Coast Guard-approved life jacket.
- Parents or guardians of young children should be within an arm's reach.
- Children and adults should not engage in breath holding activities.

"In addition to learning lifesaving water safety skills, swimming is a great way to increase physical activity," said Melynda A. Mileski, EVP/COO. "Swimming also motivates children to strive for self-improvement, teaches goal orientation and cultivates a positive mental attitude and high self-esteem. It also teaches life lessons of sport and sportsmanship, so that



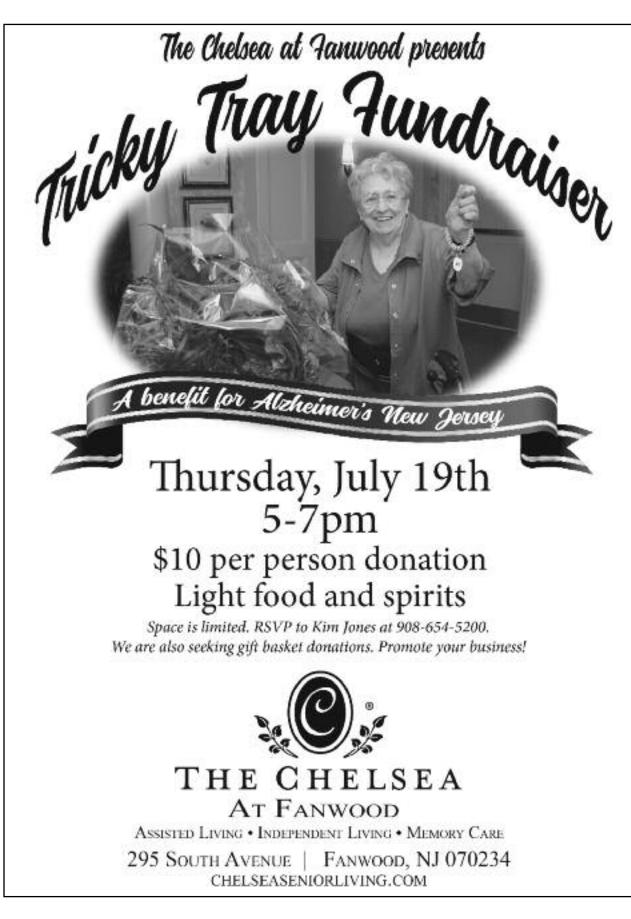
children can learn how to work well with teammates and coaches and how to deal with winning and losing."

As a leading nonprofit committed to youth development, the Y has been a leader in providing swim lessons and water safety for more than 170 years. The Gateway Family YMCA continues to help youth and adults experience the joy and benefits of swimming, so they can be healthy, confident and secure in the water. There are a variety of programs to choose, including parent child, preschool, youth, teen or adult swim lessons, family swim, summer day camps and competitive swimming. To ensure that everyone has an opportunity to participate, financial assistance is available to those in need to help cover the costs.

The Y is one of the nation's leading nonprofits

strengthening communities through youth development, healthy living and social responsibility. Across the U.S., 2,700 Ys engage 22 million men, women and children – regardless of age, income or background – to nurture the potential of children and teens, improve the nation's health and well-being, and provide opportunities to give back and support neighbors. Anchored in more than 10,000 communities, the Y has the long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change

To learn more about The Gateway Family YMCA's swim programs, visit www.tgfymca.org or contact The Gateway Family YMCA – Five Points Branch 908-688-9622 or Rahway Branch 732-388-0057.













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SENSORY FRIENDLY FAMILY FILMS

Event Name: Sensory Friendly Family Films Event Date: Wednesday July 11, 18, 25 Event Time: 5:30pm - 7:30pm

Event Location: Senior Center, 1306 Esterbrook Ave, Rahway, NJ 07065

This free event is designed for special needs individuals and their families to enjoy a film in a safe and accepting environment. To make sure everyone has an enjoyable experience, the viewing area will include extra lighting, and the movie's volume will be slightly lower. Experienced staff will be on hand to maintain safety and ensure a pleasant experience; however a parent or caregiver's attendance is required. This event endorses fun without repercussions. Audience members will be encouraged to get up and dance, walk, shout or sing.

> 7/11 - DESPICABLE ME 3 7/18 - MOANA 7/25 - BACK TO THE FUTURE

RAHWAY'S BIG THURSDAY NIGHTS SUMMER 2018

All are welcome to dine, drink, and dance on Big Thursdays in June! Starting at 6:30 p.m. each week, the Rahway Train Station Plaza becomes engulfed with colorful decor, dazzling dance performances, both live and DJ music, and exciting regional food selections. Each week will also include free salsa dance lessons.

Come out Thursdays in July to enjoy free outdoor movies on City Hall Plaza. Activities begin at 7:30 p.m. followed by the start of the movie around 8:15 p.m.

> July 5: "Coco" July 12: "Despicable Me 3" July 19: "Moana" July 26: "Back to the Future"

MAYOR'S CONCERT SERIES

Thursday Nights in August

Calling all music lovers this August for free weekly concerts in Rahway. Each week brings exciting talent to the mobile outdoor stage in front of the Union County Performing Art Center, 1601 Irving St. starting at 7:30 p.m. Inclement weather location will be inside the theater.

August 2: Voiceplay **Opener:** Day One August 9: Steel Union and Shotgun Wedding August 16: Brother Josephus/Love Revolution **Opener:** Taye McQueen August 23: Sheila E **Opener: Miss Ohio** Follow City of Rahway on Facebook: facebook.com/CityOfRahwayNJ/

YOUTH MENTAL HEALTH FIRST AID TRAINING **BEING OFFERED JULY 17TH AND 24TH**

Northern and Central New Jersey, will be offering Youth Mental Health First Aid Training in Westfield on July 17th and 24th, 2018. Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human service workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addiction issue or is in crisis.

Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.

The eight-hour course is being offered in two

Caring Contact, a crisis hotline that serves four-hour sessions, on July 17th and 24th from 6:00 pm to 10 pm at the Westfield Presbyterian Church, located at 140 Mountain Ave, Westfield, NJ. Youth Mental Health First Aid is listed on the National Suicide Prevention Registry of Evidence-Based Programs. Successful completion of the course includes a three-year Youth Mental Health First Aid certification.

> Caring Contact is offering the training for \$75. register, learn more or То visit http://caringcontact.org/training-registration/ or call 908-301-1899.

> "Too often we think mental illness applies only to those with serious issues, for example someone who is exhibiting easily recognizable symptoms or someone under a physician's care," said Janet Sarkos, Caring Contact executive director. "But people experiencing mental health issues are all around us, perhaps among our friends and neighbors, co-workers, classmates or even within our own family. Yet too many of us are not trained to recognize the signs and offer help. This training enables you to do that."



SPIN CITY CRAVE NOW OPEN ON W GRAND

Rahway, NJ, celebrated a grand opening on May times: Mon – Tue – Wens 5:30 a.m. – 8 p.m.; 5, 2018. They offer spin classes 6 days a week Thurs – Fri - Sat - 3 - 8 p.m. for all ages – students thru senior citizens.

The brand new facility features new

Spin City Crave, located at 648 W. Grand Ave., equipment, a smoothie bar, and convenient class For more information stop in

or call 732-215-4340.



(above) Spin City Crave owner Shawnika James along with her family, friends and staff

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RAHWAY PUBLIC LIBRARY JULY 2018 EVENTS

2 City Hall Plz, Rahway, NJ 07065 • Tel: (732) 340-1551 • Fax: (732)340-0393 • www.rahwaylibrary.org

Discovery Studio - Crochet Club

Thursdays, July 5 & 19 at 6:30 p.m. Bring your hooks and yarn. Work on a project or learn a new technique! Program is free for teens and adults.

Summer Nights Jazz Concerts

Wednesdays, July 11, 18 & 25 at 6:30 p.m. Relax after work with free, live jazz on Wednesday nights.

All are welcome; light refreshments served. **Readers Circle Book Club**

Wednesday, July 18 at 2:00 p.m. Join us for the discussion of See What I Have Done by Sarah Schmidt.

Third Thursday Movie

Thursday, July 19 at 1:00 p.m. Phantom Thread (2017) Rated R | 2h 10min | Drama, Romance starring Daniel Day Lewis and Lesley Manville.

The Jersey Tomato: From Cherry to Beefsteak

Saturday, July 21 at 11:00 a.m. All are welcome to this "Home-grown" celebration with popular food and tea expert Judith Krall Russo. Light refreshments and tomato samples provided! Free, no registration required.



Rahway Community Action Organization will be participating in the 2018 SUMMER FOOD SERVICE PROGRAM

JUNE 25, 2018 to AUG. 24, 2018. A free lunch for children 18 and under

MONDAY - FRIDAY served at 12:30 pm

JFK COMMUNITY CENTER 796 Hazelwood Ave Rahway, NJ.

The Summer Food Service Program is a federal program of the Food and Nutrition Services, US Department of Agriculture.

For More information: 732-587-5731

TEEN EVENTS

Libraries Rock Summer Reading Challenge

Teens! Beginning June 25th stop by the Reference Desk and pick up a challenge game board! Complete various challenges all month and win some swag. Please join us at events in July!

Discovery Studio for Teens on Wednesdays

July 11 at 2:00 p.m.

Tired of your old, boring headphone wires? Jazz them up with embroidery and customize them to your style!

Libraries Rock! Tee-Shirts- Teens

bring in a light colored tee-shirt. Decorate it with our fabric paints, markers, or iron-on our Libraries Rock logo using a transfer sheet!

July 18 at 2:00 p.m.

Inspirational Lyrics Art- Using whatever lyrics inspire you, let's make a masterpiece using our art materials and your imagination!

July 25 at 2:00 p.m.

Teen Screen Presents: Love, Simon (PG-13)

Monday, June 16th at 5:00 p.m. All are welcome to attend.

Discovery Studio Workshop

Saturday, July 21 at 2:00 p.m. Needle Felting with Christine Hsiao. Learn how to make a woolly duckling by needle felting! No sewing, knitting or gluing. Just poke the natural sheep wool to life, by basic, step by step methods that the instructor will teach. Ages 16+. Registration is required. Supplies included.

CHILDREN'S EVENTS Family Fun Night

Mondays 7/2, 7/9, 7/16, 7/23 & 7/30 at 6:30 p.m. Bring your family to the library for stories, crafts, experiments, games and other fun! All ages.

Tween Scene

Tuesdays 7/3, 7/10, 7/17 & 7/31 at 3:00 p.m.

A different project for tweens each week! From slime making to cookie baking. Ages 8-12.

Toddler Time

Wednesdays 7/11, 7/18 & 7/25 at 10:30 a.m.

We will be talking, singing, reading, writing and playing during this literacy readiness storytime. Ages birth-4.

Lego Club

Wednesdays 7/11, 7/18& 7/25 at 6:30 p.m. Make something out of Legos and put it on display! Ages 5 and up.

Storytime on the Go

at the Rahway Train Station Plaza

Thursdays 7/5, 7/12, 7/19 & 7/26 at 11:30 a.m.

Come on over to the Farmer's Market at the Rahway Train Station Plaza for an hour of stories and fun with a guest reader. All ages.

Toddlers Rock!

Fridays 7/6, 7/13, 7/20 & 7/27 at 10:30 a.m. Explore different types of music, play

instruments, and dance! Ages birth – 4. **Kids Movie**

Fridays 7/6, 7/13 & 7/20 at 2:00 p.m. Enjoy a family friendly movie on the library's

Enjoy a family friendly movie on the library's big screen. Refreshments provided. All ages.

Family Drum Circle

Thursday, July 19 at 6:30 p.m. Make a drum out of recycled instruments and then play in our library drum circle. All ages.

Science Week

7/23, 7/24, 7/25, 7/26 & 7/27 at 1:30 p.m. Make a cool science experiment at the library. Ages 6-12.





JUDGE SWEARS IN 14 CASA VOLUNTEERS New advocates assigned foster youth cases

Submitted by Gretchen M. Boger-O'Bryan

Eleven residents of three New Jersey counties recently took their oath before Union County Superior Court Judge James Hely to serve as CASA volunteers. This class proves no matter where one calls home, it's the heart for helping others that leads the way. Each new advocate ranging from age 21 to 69 — will serve a Union

County foster youth or sibling set in need of a constant in their lives, and a voice in court and the community.

Volunteers with Court Appointed Special Advocates (CASA) of Union County serve as extra eyes and ears for family law judges hearing cases involving the county's abused, neglected or



 (above) With Superior Court Judge James Hely are, from left, new CASA volunteers Felicia Davis of Irvington, Robin Karp of Scotch Plains, Aslam Chaudry and Carolina Bravo Sanchez of Elizabeth, Stacey Huggins of Bloomfield, Margaret Smith of Westfield, Alyssa Seiden of Scotch Plains, Rebekah Strombom of Berkeley Heights, Kristen Kim and Lisa Ripperger of Westfield, Francine Quinn of Cranford, Jessica Maier of Fanwood, Andrew Pugliese of South Orange, Katie Romano of New Providence and Executive Director Marla Higginbotham.

abandoned children removed from home and placed in foster care.

Successful advocates have varied backgrounds and diverse experiences, and this class is no exception: it included parents and non-parents, medical professionals, attorneys, homemakers, students and retirees, and most had no prior knowledge of the foster system. In addition, four volunteers were raised outside the United States. Family and friends, and CASA staff and board members looked on as Judge Hely performed the swearing-in and commemorative pins and certificates were presented. During a celebratory luncheon, advocates were matched to their case, a foster youth or sibling set.

CASA volunteers have court-ordered access to all parties in a foster child's life, including foster parents, doctors, caseworkers, therapists and teachers, and incorporate into court reports findings from these contacts as well as from their own time spent with the youth. Advocates ensure a youth's needs are met and their time in care is as short as possible.

It is CASA of Union County's goal that every Union County foster child have an advocate, yet half of the more than 500 such youth still await one. Could you be their voice? The next training begins July 11, 2018 and two additional trainings are slated for the fall. For details, contact Courtney at 908-293-8136 or cgreen@casaofunioncounty.org, or log on to www.casaofunioncounty.org.

ACADEMY OF CONTINUING EDUCATION FOR ADULTS WITH DISABILITIES ENROLLING FOR JULY-AUGUST CLASSES

The Academy of Continuing Education (ACE) in Cranford, New Jersey is accepting applications for its July 9-August 3, 2018 semester. ACE offers adults with developmental or physical disabilities the opportunity to pursue continuing education as an alternative to traditional day programs.

"Adults with disabilities who have graduated from the public school system or specialized schools often have limited choices when planning their future," said Robin Morris-Marano, ACE director. "Their options often are limited to generic day programs that do not offer the intellectual stimulation and growth provided by our academy. Our program also is ideal for older adults with disabilities who wish to sharpen previously learned skills."

The ACE curriculum for the July-August semester includes Lifetime Math 1, 2 and 3; Reading and Creative Writing 1, 2 and 3; Musical Expression; Theater and Performance; Time Travelers (history); Career & Financial Literacy; Jewelry Design & Merchandising; Media Production/ACE TV; Card Making; Visual Arts and Crafts; Self-Understanding/Peer Leadership; and Explore Your World Through Science.

Students may take as many or as few classes

as they choose, based on their interests.

"ACE differs from a traditional day program, where the attendee's day is planned for them," Morris-Marano said. "We work with our students and their families to help them select the classes that will bring them the most enjoyment and from which they will get the most benefit. "

Whenever possible, ACE curriculum are developed in accordance with the New Jersey Department of Education (NJDOE) guidelines, implementing Core Curriculum Content Standards along with compatible Learning Strands, Cumulative Progress Indicators and Student Learning Objectives aligned with the most current format information offered by the NJDOE, according to Morris-Marano. The ACE Program is approved by the New Jersey Department of Developmental Disabilities for Day Habilitation through the Supports Program.

More information and a course catalog/registration form are available by visiting caunj.org and clicking on Academy of Continuing Education under Supports & Services. Morris-Marano can be reached at 908.354.3040, ext. 4671.

The Academy of Continuing Education is a program of Community Access Unlimited

(CAU), a statewide Union County-based nonprofit providing support programs and services to adults with disabilities as well as youth served under the Department of Children and Families (DCF) to enable them to live independently in the community, providing supports in areas including housing, vocational skills and life-skills training, education, advocacy and recreation.

About Community Access Unlimited

Community Access Unlimited (CAU), celebrating its 39th year in 2018, supports people with special needs in achieving real lives in the community. CAU provides support and gives voice to adults and youth who traditionally have little support and no voice in society. CAU helps people with housing, life skills, employment, money management, socialization and civic activities. CAU also supports opportunities for advocacy through training in assertiveness, decision-making and civil right. CAU currently serves more than 6,000 individuals and families, with the number served growing each year. For more information about CAU and its services. contact us by phone at 908.354.3040, online at www.caunj.org or by mail at 80 West Grand Street, Elizabeth, NJ 07202.



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Rates are per month. Artwork included in price. Newspapers are black on white. Units

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1	Unit (Business card)	3.25" x	2"	\$60
2	Units 6.5' x 2' or	: 3.25" x	-4"	\$100
4	Units 3.25' x 8' or	6.5" x	4"	\$180
6	Units 6.5' x 6.25' or	- 10" x	4"	\$240
9	HALF PAGE 6.5' x 9' or	- 10" x	- 7"	\$320
12	Units	10" x	8"	\$360
18	FULL PAGE	10" x	14"	\$400
2 P/	AGE SPREAD	21" x	14''	\$700
BAC	K PAGE	-10" x	4"	\$500
FRO	NT PAGE BANNER	8.25" x	2"	\$320
FRO	NT PAGE BOX	1.5" x	4.5"	\$240

NEWSDAE

Size

RATE FOR	BATE FOR	RATE FOR	BATE FOR	RATE FOR	BATE FOR	RATE FOR	RATE FOR
ANY 1	ANY 3	ANY 6	ANY 9	ANY 12	ANY 15	ANY 18	ALL 21
NEWSPAPER	NEWSPAPERS	NEWSPAPERS	NEWSPAPERS	NEWSPAPERS	NEWSPAPERS	NEWSPAPERS	NEWSPAPERS
\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550
\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900
\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700
\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000
\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400
\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700
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Crown Royal	750ml	\$26.99
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Dewars White Label	1.75L	\$32.99
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Grants		
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Jameson		
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Johhnie Walker Blue		
Johhnie Walker Blue		
Johnnie Walker Black		•
Johnnie Walker Black		•
Johnnie Walker Double Black		
Johnnie Walker Red		
Johnnie Walker Red		
Knob Creek 9 yrs old		
Knob Creek 9 yrs old		
Macallan 12yrs old		
Makers Mark		
Makers Mark		-
Old Smuggler		•
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Smirnoff Vodka (80 proof)		
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Svedka (all types)	1.75L	\$19.29
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Tanqueray Sterling		
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Three Olives (all types)		
Traveler's Vodka	1.75L	\$11.99

CORDIALS

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Bailey's Irish Cream	1.75L	\$39.99
Kahlua	750ml	\$19.99
Kahlua	1.75L	\$36.99
Krupnik	750ml	\$13.99
Licor 43	750ml	\$20.99
Licor 43	1.75L	\$39.99
Patron XO Café	750ml	\$22.99
Patron XO Café	1.75L	\$29.99
Southern Comfort (80 proof)	750ml	\$17.99
Southern Comfort (80 proof)	1.75L	\$28.99
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Sam Adams Boston Lager		
Stella Artois loose bottles	-	
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olla	1.5L
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arnivor (Cabernet Sauvignon)	
asal Garcia Vinho Verde	1L
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hateau Ste. Michelle Columbia Valley Chardonnay	750ml
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los du Bois Cabernet, Merlot	750m
ockburns Ruby and Tawny Porto	750ml
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oppola Diamond Cabernet Sauvignon, Merlot	750ml
oppola Diamond Chardonnay	750ml
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ato Negro (All Types)	1.5L
azela Vinho Verde	750ml
host Pines (Merlot and Red Blend)	750ml
. Lohr Cabernet Sauvignon	
DSh Cabernet Sauvignon	
Dseph Carr Cabernet Sauvignon	
endall Jackson Vintners Chardonnay	
im Crawford (Sauvignon Blanc)	
Orbel (All Types except Natural and Organic)	
a Crema Sonoma Pinot Noir	/50ml

	.
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Mark West Pinot Noir	•
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