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ONE FINAL WARRIOR TEAM PHOTO

Some 30 student athletes from the Watchung Hills Regional High School (WHRHS) Class of 2018 gathered on Monday, June 4, 2018, in the WHRHS Media Center for one last Warrior team photo before reporting to their intended respective colleges or universities in the fall.

Columbia, Yale and Princeton, Stevens, Rensselaer and M.I.T. are among some 27 other Division I, II, or III colleges that will be the new team colors for the soon-to-be WHRHS alum when the next school year rolls around.

The 30 Warrior student athletes plan to continue their matriculation while playing in the sports of: Baseball, Basketball, Cross Country/Track, Fencing, Football, Golf, Lacrosse, Softball, Swimming, Tennis, Volleyball, or Wrestling.

Three of 27 different schools, Drew University, Moravian College and Misericordia University, will be the home of two members of the WHRHS Class of 2018: At Drew, Henry Engel and Kyle Rokosny, both Fencing; at Moravian, Connor James in Football and Robin McCabe in Softball; and at Misericordia, Alyssa Galdi, Cross Country/Track and Sheldon Kohl, Swimming. Only Engel and Rokosny of WHRHS will continue as teammates in the same sport at their new school, Drew.

Throughout the 2017-2018 school year, there were three dates when high school students had deadlines for signing letters of intent to play at colleges: November. 27, April 30, and June 4. On those days, most of the signing Warrior athletes gather in the WHRHS Media Center for a photo with

fellow signing WHRHS athletes, and then on Monday, June 3, all these student athletes were invited to gather together for this team photo.

The one student who signed on June 4 was Jillian Chan, who plans to play Volleyball at Rider University.

So, who else is going, in what sport, and to what school? Marlene Tartaro, Golf, Columbia University; Marlise Moesch, Swimming, Yale University; Julia Cunningham, Basketball, Princeton University; Daniel Hold, Swimming, Stevens Institute of Technology; Brenda Peng, Tennis, Rensselaer Polytechnic Institute; Daniel Pilsbury, Basketball, Massachusetts Institute of Technology; Erin Bean, Softball, Susquehanna University; Julia Burton, Lacrosse, West Chester University; Katelyn Carrol, Lacrosse, Radford University; Genna Cicchetti, Softball, Muhlenberg College; and Christopher Clintock, Lacrosse, St. Joseph's University; Drew Furlong, Lacrosse, Binghamton University; Emma Gaffney, Softball, Fairleigh Dickinson University; Justin Hayward, Wrestling, Bloomsburg University; Jessica Hoffman, Cross Country/Track, University of Scranton; Tyler James, Lacrosse, Holy Cross College; Michael Murray, Baseball, Hofstra University; Brian Puccio, Football, Jacksonville University; and Tyler Riley, Baseball, University of Maine; Ryan Santos, Soccer, The College of New Jersey; Robert Saum, Wrestling, Millersville University; Jonathan Taub, Lacrosse, Rutgers University; and Zaneae Thome, Football, East Stroudsburg University.

Photo by WHRHS



(above, bottom row l-r) Erin Bean, Genna Cicchetti, Jillian Chan, Julia Cunningham, Emma Gaffney, Marlise Moesch, and Julia Burton; (middle row l-r) Principal George Alexis, Dan Pilsbury, Sheldon Kohl, Brenda Peng, Dan Hold, Kyle Rokosny, Brian Puccio, Rob Saum, Jonathan Taub, and Athletic Director Chris Van Vliet; (top row l-r) Drew Furlong, Ryan Santos, Alyssa Galdi, Henry Engel, Jessie Hoffman, Marlene Tartaro, Katie Carroll, and Robin McCabe. (missing): Christopher Clintock, Justin Hayward, Connor James, Tyler James, Michael Murray, Tyler Riley, and Zahveae Thorne.

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MICHELLE MARES NEW STORE MANAGER OF SHOPRITE

Submitted by the Long Hill Chamber of Commerce

ShopRite of Stirling has a new Store Manager. Michelle Mares has been part of the Village Supermarket Family for 29 years where she began working in multiple capacities including Cashier, Night Crew,

Dairy, Grocery, Produce, and Deli. While building her career with Village Super Markets, which owns 29 ShopRite locations mostly in New Jersey, Mares also owned and operated her own landscaping business for 12 years.

Before coming to Stirling store the beginning of May, Mares was the Store Manager of ShopRite in Old Bridge, and is proud to be one of three women to have the title of Store Manager in the 29 stores operated by Village Super Market.

"We are happy to have Michelle in our community", said Long Hill Chamber of Commerce President Michelle Cavett of Soo Bahk Do Karate of Gillette. Mares was elected to the Chamber of Commerce Board of Directors as an alternate

at their meeting held on May 15th, along with Jade Palmieri of Millington Bank and Denise DeCorso of Investors Bank. "ShopRite has been

an active member of the Chamber, and Michelle was very excited to get involved", Cavett said.

"ShopRite's customers and associates are lucky to have a Store Manager with such enthusiasm and leadership".



(above) Michelle Mares new store manager of ShopRite

UNION VILLAGE UNITED METHODIST CHURCH

Bishop John R. Schol of the greater New Jersey Conference, announces the appointment of Rachael Phelps as the new pastor of the Union Village United Methodist Church, 1130 Mountain Avenue, Berkeley Heights, New Jersey. She will begin her new responsibilities on July 1st of this year.

Rachael was born and raised in Seattle, Washington, moving to New Jersey in 2015. She holds a Bachelor of Arts in Psychology from Central Washington University and received her Master of Divinity at Drew Theological School this past May. Discerning a call to ministry while serving as a Peer Minister in college, Rachael then worked in local church ministry in both Washington and New Jersey. Rachael is passionate about creating community, worship, and engaging scripture in everyday life. She believes that the church is called to be Christ's body in the world through service, witness, and love.

While Pastor Rachael comes to us as a seminary graduate, she is in process towards licensing and ordination. To partner with Rachael, the Rev. Dr. Tanya Linn Bennett, the associate dean at Drew University Theological School, will serve as a coordinating pastor and

will lead the sacraments of baptism and holy communion and support Rachael's ministry in our midst.



(above) Rachael Phelps is new pastor of the Union Village United Methodist Church

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SEE WHAT'S HAPPENING AT THE LONG HILL SENIOR CENTER!

Submitted by Nancy Mink

The Long Hill Senior Center is a great place to rekindle old friendships or meet new people from our town while enjoying various activities. "Let us be your place for fun and friends!"

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special treat days such as pizza, soup and chili days and even the ice cream truck pays a visit, all during our monthly meetings. Along with entertainment at our monthly meetings we are joined by a local food bank and Nurse Mary from Visiting Nurse. We hold a huge rummage sale and participate in other fundraisers. We also throw big parties for our anniversary and holidays, and much more all right here in our center and at local restaurants.

So stop by and check out the center or come to a meeting on either the 1st or 3rd Wednesday of the month at 10:30 a.m. You can check us out on line at <http://longhillnj.gov/senior-citizens.html> or give a call 908-626-1101. Hope to hear from you soon! The Long Hill Senior Center is located at 769 Valley Road, Gillette, NJ 07933.



(above) Local eagle scouts visited to help the Long Hill Senior Center.



(above) Entertainment during one of the Center's monthly meetings.



(above) Special events, card games, and art classes are all part of the fun provided at the Long Hill Senior Center.

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ATHLETIC SIGNINGS AT WHRHS

Submitted by Denis Kelly

Eighteen Watchung Hills Regional High School (WHRHS) student athletes who competed in sports at WHRHS have recently signed to play sports in college: Four at Division I schools, one at a Division II school, and 13 at Division III schools, according to WHRHS Athletic Director Christopher Van Vliet.

Many of the students who declared on April 30, 2018, gathered in the school's Media Center after school, to be photographed as a group, as well as in combinations by sport, with their families, and with coaches.

In addition to these 18, another group of students who intend to play sports at Division I and Division II schools announced their signings on Nov. 27, 2017. And in February, WHRHS student athlete Zahveae Thorne declared he planned to attend and play Football at East Stroudsburg University, East Stroudsburg, Pa., a Division II school.

In November 2017 as well as on April 30, 2018, Van Vliet congratulated the seniors as they announced their plans to play college sports.

"We are very proud of you," Van Vliet said. "We wish you the best in the next chapter of your lives."

Van Vliet also congratulated the coaches and parents who gathered in the Media Center to witness the college athletic announcement, and to all who supported WHRHS student athletes throughout the year. "Go Warriors," he said.

The April 30 Signings

Those planning to attend and play at Division I schools are:

In Swimming, Marlise Moesch of Green Brook Township, Yale University, New Haven, Connecticut;

In Golf, Marlene Tartaro of Warren Township, Columbia University, New York City;

In Wrestling, Justin Hayward of Green Brook Township, Bloomsburg University, Bloomsburg, Pennsylvania; and

In Football, Brian Puccio of Warren Township, Jacksonville University, Jacksonville, Florida.

The student athlete planning to attend and play at a Division II school:

In Wrestling, Robert Saum of Warren Township, Millersville University, Millersville, Pennsylvania.

Those planning to attend and play at Division III schools:

In Softball, Genna Cicchetti of Stirling, Muhlenberg College, Allentown, Pennsylvania; Emma Gaffney of Green Brook Township, Fairleigh Dickinson University, Madison; Robin

McCabe of Warren Township, Moravian College, Bethlehem, Pennsylvania; and Erin Bean of Watchung, Susquehanna University, Selingsgrove, Pennsylvania.;

In Fencing, Kyle Rokosny of Green Brook Township, Drew University, Madison; and Henry Engle of Warren Township, Drew University, Madison;

In Swimming, Sheldon Kohl of Warren Township, Misericordia College, Dallas, Pennsylvania; and Dan Hold of Warren Township, Stevens Institute of Technology, Hoboken;

In Cross Country/Track, Alyssa Galdi of Warren Township, Mesericordia College, Dallas, Pennsylvania; and Jessica Hoffmann of Millington, University of Scranton, Scranton, Pennsylvania;

In Football, Connor James of Green Brook Township, Moravian College, Bethlehem, Pennsylvania;

In Soccer, Ryan Santos of Warren Township, The College of New Jersey, Ewing Township;

In Basketball, Dan Pilsbury, Massachusetts Institute of Technology, Cambridge, Massachusetts; and

In Tennis, Brenda Peng of Warren Township, Rensselaer Polytechnic Institute, Troy, New York As previously reported, the November 27 Signings

Those planning to attend and play at Division I schools are:

In Boys Lacrosse, all from Warren Township: Chris Clintock at St. Joseph's University, Philadelphia, Pennsylvania; Drew Furlong at SUNY Binghamton University, Binghamton, New York; Jonathan Taub at Rutgers University, New Brunswick; and Tyler James, at The College of the Holy Cross, Worcester, Massachusetts

In Baseball, both from Green Brook Township, Tyler Riley at the University of Maine, Orono, Maine; and Michael Murray at Hofstra University, Hempstead, New York;

In Girls Lacrosse, Katelyn Carroll of Warren Township at Radford University, Radford, Virginia;

And in Girls Basketball, Julia Cunningham of Watchung at Princeton University, Princeton.

Planning to attend and play sports at Division II schools is: In Girls Lacrosse in Division II, Julia Burton of Warren Township at West Chester University, West Chester, Pennsylvania.



(above) Among those who signed on April 30 are, (seated, from l-r): Robin McCabe, Erin Bean, Genna Cicchetti, Emma Gaffney, Marlene Tartaro, Jessie Hoffman, and Alyssa Galdi ; and (standing, from l-r), Brian Puccio, Dan Hold, Ryan Santos, Connor James, Rob Saum, Justin Hayward, Sheldon Kohl and Henry Engel. Those not present for the photo: Marlise Moesch, Dan Pilsbury and Brenda Peng.



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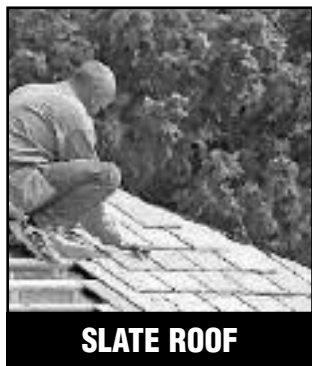
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SPEAKERS AT TEDXYOUTH ENCOURAGE LISTENERS TO PURSUE DREAMS OF 'MAKING A DIFFERENCE IN THE WORLD'

Submitted by Denis Kelly

Eleven speakers, including 10 students and a teacher, presented personal testimonials about moments in their lives that inspired and empowered them to pursue dreams of “making a difference in the world,” at “TEDxYouth@WHRHS,” held on Monday, May 21, 2018 at Watchung Hills Regional High School (WHRHS).

The event, which reflected the school-wide strategy to encourage, recognize and grow from interdisciplinary approaches to problem-solving and learning, was organized by a collaboration of the student Computer Science Cub, the Accounting Club and the Culinary Club.

Faculty Advisors for the event included Math and Business Supervisor Dan Twisler, Business Teacher Dianne Krutz, and Culinary Club Advisors Susan Jaslove, Patricia Buzby and Stephanie Ormaeche, as well as volunteer and Watchung Public Schools retired teacher Elaine Chesebro. She had taught at Grades K-8 Watchung Public Schools for 18 years.

The event program explained that TEDxYouth conferences are geared for high school and middle school students who aspire to be dreamers, thinkers, makers and doers looking to make a difference in the world.

The TEDxYouth@WHRHS is an independently organized event designed to bring a TedxYouth-like experience to Watchung Hills, according to the event's program. TEDxYouth events are designed to be student-organized events, where the living learning experience includes not just the subject matters of the conferences, but also the problem solving involved in all the aspects of organizing, promoting and assembling promotional materials. The students also actually run the conferences, according to the students who organized the event, as well as solicit, tabulate and report feedback from the event's audience.

According to Faculty Advisor Twisler, TEDxYouth events have taken on a positive

reputation among today's students and academics as “forward-thinking, cutting edge” living learning experiences. Student organizers, speakers and participants have taken to listing participation in such events on their resumes as signs that they are availing themselves of this kind of insider's latest advancement in education.

Offering TEDxYouth events at WHRHS grew out of the community outreach and organizing committee discussions that included student participation as far back as 2015. Those discussions led to the adoption of the empowerment-inspired goals and objectives in the WHRHS “2015-2020 Strategic Plan, A Warrior Vision.”

Speakers Empowerment Experiences

Jordyn Arnel spoke about how she has developed a “passion for health and wellness.” She shared her thoughts and experiences about “the importance of self-discovery and its ability to empower young people.”

Abby Kotar, who is a veteran member of the WHRHS Dance Ensemble and the WHRHS Concert Band, where she plays flute, spoke about adding to her repertoire of performance experiences by successfully speaking at this conference. It was her way of “stepping out of her comfort zone and trying something new.”

Nicole Bell shared how she learned “how to embrace positivity despite the conflicting messages teenage girls receive from their families, magazines and the media.” She said next year, she plans on attending Boston University, where she said she will continue to spread positivity and self-love.

Lindsey Shi said that though she experiences the stress typical of a high performing high school student, she wanted “to give a talk about being happy.” She said she believes, “Taking care of oneself is most important,” and encourages everyone to do the same.

Kevin “K.C.” Whittmaack explained how his love of the Super Heroes that started as a seven-year-old “all-in fan” of “Spiderman” has turned into a possible career path. His passion for the Super Hero in society, inspired him to create his own Super Hero stories, leading him to find, develop, and self-teach his own skills in the art forms of drawing, coloring, writing, and storytelling in the “Comic Book” and “Graphic Novel” genre of literature. Along the way, he also discovered and developed other forms of expression, including film making, playing piano and guitar, as well as soccer. Now, he hopes to continue his self-exploration and self-expression next year in the Honors Program at Rutgers University, New Brunswick.

WHRHS English teacher Michael Porter, a graduate of Rutgers University and George Washington University Law School, is well known around WHRHS as the guitarist who is occasionally asked to add acoustic guitar accents as accompaniment to student singing performances. At TEDx, he shared how his other

unquenchable passion for long distance running has fueled his goal to qualify for official entry in the legendary Boston Marathon. That's an achievement he finally reached in his 40s, and his decades of persistent training has led him to discover something else he loves: “ultra-marathoning.” Now he also runs races that make the marathon's celebrated 26.2 distance seem short, for instance which asks runners: How far can you run in 12 hours?

Jordan Ginsburg, who said she enjoys debate and political discourse, and aspires to be a lawyer and elected official, spoke about “recognizing bias, both in others and oneself, and using that knowledge to become more open-minded in today's politically divisive society.”

Matthew Canary, who plans to explore paths in humanitarian services, international relations and/or civil/environmental engineering next year at Northeastern University in Boston, spoke about his “long-term interest in how we all understand one another,” and his hope that his talk would “spark similar reflections about empathy in his audience.”

Niharika “Nina” Iyer spoke about the importance of youth protest in society today and reviewed various current issues that are now drawing the interest, the examination, the opinion and the input of young people. She shared how it has made a difference in the past and can make a difference now.

Spencer Acciarito, who is an aspiring comedian, shared his perspective that comedy is an often-overlooked tool that can be used to combat depression, help to overcome grief and the sense of loss. He said comedy should receive more attention as a valuable and powerful tool to empower people.

Ashil Jhaveri, who is currently President of the All-School Council (ASC), and who helped organize WHRHS participation in this year's “National School Walkout,” discussed instances in the past when youth and young adults have made differences in fights against hate and violence. Young people, including school children, high school students, and college students, can be found in the history of the Civil Rights Movement on the 1950s, 1960s, and 1970s in this country, for instance, as well as various other injustices here and throughout the world more recently. He urged the audience to pick an issue, protest injustice and be an advocate, “and don't stop until you get a result.”

The last speaker about “making a difference” and empowerment, Jhaveri finished his talk and the conference by sharing the quote attributed Mahatma Gandhi, the legendary leader of India and one of the most iconic preachers of civic change and improvement through non-violent protests. Gandhi's quiet yet effective “strength of the will” was likewise exemplified in Rev. Dr. Martin Luther King Jr., he said. Channeling the words of Gandhi and King, Jhaveri urged his fellow TEDxYouth speakers and conferees: “Be the change you wish to see in the world.”



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TEDXYOUTH PARTICIPANTS

Photos by Watchung Hills Regional High School.



(above, l-r) Seated: Ella Walsh, and right, Marilyn Du; Standing: Matt McCracken, Davin Lui, Nicole Salk, and Megan Krutz.

(left, l-r) Eleven speakers, including 10 students and a teacher, presented personal testimonials about moments in their lives that inspired and empowered them to pursue dreams of making a "difference in the world". The speakers were: (front row) WHRHS English Teacher Michael Porter, and students Nicole Bell, Lindsey Shi, Jordyn Arnel, Niharika Iyer, Jordan Ginsburg, and Abby Kotar; (back row) Ashil Jhaveri, Matthew Canary, Kevin Wittmaack, and Spencer Acciarito.



(left, l-r) Volunteer and Watchung Public Schools retired teacher Elaine Chesebro, center, who had taught at Grades K-8 Watchung Public Schools for 18 years, had the inspiration of seeing eight of her former students attend TEDxYouth @WHRHS. They were Freshman Hans Parikh, Valley View School 8th Grader Shiv Goel, WHRHS Freshman Rahil Navani, Senior Kevin Huang, and WHRHS Freshmen Jacob Weber, Marshall White and Charlie Margulies.

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HOPE ONE SERVICES MORRIS COUNTY LOCATIONS TWICE A WEEK

Hope One is a mobile recovery access vehicle which offers critical support for persons struggling with addiction, with the goals of preventing drug overdoses and deaths.

The Sheriff's Community Services Unit operates Hope One in partnership with the Morris County Department of Human Services, the Mental Health Association of Morris County, and Morris County Prevention is Key and their Center for Addiction Recovery Education and Success (CARES).

Hope One travels twice a week to locations throughout Morris County, bringing services to persons in need. A sheriff's officer, licensed clinician, and a certified peer recovery specialist, who understand the needs of those suffering with addiction, staff the vehicle.

They are able to provide clients immediate access to services and treatment facilities, putting them on the road to recovery and wellness.

In addition, Narcan rescue training and kits are provided to family members and friends of those suffering with opiate addiction.

"We're able to get them treatment right away because of our connections and partnerships we've created," said Corporal Erica Valvano.

"Removing the barriers that people come across in getting treatment," added Lieutenant Denise Thornton.

The exterior of the Hope One vehicle is decorated with a purple ribbon to signify recovery. "Hope One" is inscribed within the

purple ribbon, along with the Morris County "Stigma Free" logo. A 24-hour contact number for Morris County CARES also is on the vehicle.

When the Hope One vehicle comes, it parks and sets up refreshments, coffee, free Wi-Fi, a charging station, and donated toiletries in an effort to encourage those in need of services to approach the vehicle. Hope One sets up at locations that are natural places for the community to frequent, such as grocery stores, pharmacies, libraries, and parks. Providing a comfortable, stigma free setting has allowed this program to effectively make contact with and provide services to individuals who have had difficulty navigating the journey of accessing appropriate services in the past.

Morris County Sheriff James Gannon stated on the Morris Cares New Jersey website, "This is about getting those struggling with addiction off the street, and immediately connected with

services, with the goal of returning them to be productive members of society and drug free. What makes this program unique is that the Hope One mobile recovery access center services are client driven. We travel to the client; they do not come to us. In addition, we are removing many of the barriers, which often times prevent our people, as well as family members, the ability to get the necessary help and into rehab. It is all about hope. Hope One is wrapped around your loved ones. It is in our hearts and this is where we believe we can make the difference!"

Since launching in April 2017, Hope One stopped at over 100 locations in Morris County.

To find out when the Hope One will visit, go to the calendar listings at: sheriff.morriscountynj.gov/community/hope-one/

You can also visit morris.caresnj.org or follow Hope One on Facebook.

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and Summer Rec Camp enrollment open for grades K-8
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