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VOLUNTEERS REPLENISH BOROUGH’S PLANTERS

Submitted by Regina Kelley

Volunteers from Beautiful Mountainside took advantage of the warm temperatures and replenished the Borough’s planters downtown recently. The grass roots committee dedicated to “making Mountainside more beautiful” welcomes each season with new plantings.

Members meet the first Monday of each month at 7 p.m. at The Hetfield House, Constitution Plaza, Mountainside, New Jersey. New volunteers are always welcome to attend. Go to Facebook and “like” Beautiful Mountainside to learn more.



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(above, l-r) Beautiful Mountainside planters: Todd Evans, Andi Hoy, Debbie Boehner, Irena Dabrowski, Linda Condrillo, Jessica McSulla, and Regina Kelley.

Photos by David Coken

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## JILL GOODE OF MOUNTAINSIDE NAMED BUSINESS ADMINISTRATOR OF THE YEAR

Local government officials were honored at the 29th Annual Mayors' Dinner of the Gateway Regional Chamber of Commerce held on April 12, 2018 at the Renaissance Newark Airport Hotel.

Jill Goode of Mountainside was named Business Administrator of the Year.

The annual event is a celebration of the contributions of the county's public servants, according to Jim Coyle, chamber president. It is a light-hearted evening that allows the mayors of Union County's municipalities to give a brief and often humorous overview of activities and economic development taking place in their town or city.

"It also is a chance for the business community to express its appreciation for the partnership we enjoy with these public officials," Coyle said. "When businesses thrive, that benefits the municipalities in which they are located and the members of the Gateway Regional Chamber of Commerce have long enjoyed close working relationships with the mayors and business administrators throughout the county."

The dinner drew more than 300 attendees.

### ABOUT THE GATEWAY

### REGIONAL CHAMBER OF COMMERCE

The Gateway Regional Chamber of Commerce is the largest business association in the New York/Northern New Jersey Region, comprising 12 regional and local chambers. With 1,200 members, the Gateway Regional Chamber of Commerce has a 95 percent retention rate, the highest in the country.



*(above) Jill Goode, chief financial officer of Mountainside and Business Administrator of the Year, is congratulated by Glenn Nacion (left) of Trinitas Regional Medical Center and Eric Segal of Security Business Solutions.*

Photo by Higher Vision Photos

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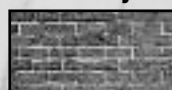
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## NINE WEBELO II SCOUTS ACHIEVE PRESTIGIOUS ARROW OF LIGHT AWARD



*(above) Cub Scout Pack 177 of Mountainside celebrated their annual Blue & Gold awards dinner recently and honored nine of their Webelo II scouts who achieved the prestigious Arrow of Light award. The event was highlighted by the "crossing the bridge" to Boy Scouts ceremony, where all nine will be joining Mountainside Troop 177.*

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## SCIENCE FAIR AT DEERFIELD SCHOOL

*Submitted by Birgit Berkow*

Almost 100 participants recently presented projects at the 8th Annual Mountainside PTO (Parent Teacher Organization) Science Fair held at Deerfield School, Mountainside, New Jersey. The mission of this annual event is to foster the love of science by encouraging Deerfield students to ask their own scientific questions and to explore the world around them with a fun, independent science project.

Students have been working on their demonstrations and experiments independently over the past two months. They researched everything from which drinks stain your teeth more to discovering if the “five second rule” is true (it isn’t!) to learning about crystals, wolves, solar panels and much more.

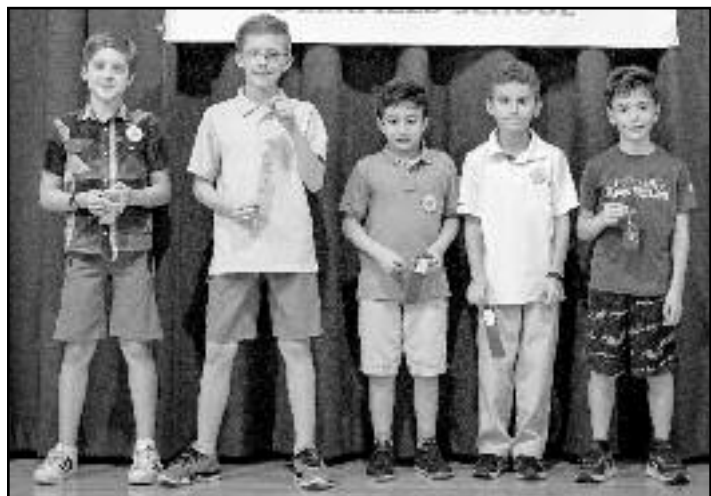
Chair of the event, Birgit Berkow, stated “Each year I’m impressed with these students that make time in their busy schedules to also participate in the science fair. I think it’s great that there’s room for science in addition to sports, scouting and

singing.”

The Science Fair Committee recruited professors, chemists, pharmacists, architects, teachers, researchers, parents, and community members as judges. They volunteered their time to talk with each participant and offer them advice about their projects. We could not have run this event without them.

First place and honorable mention ribbons were awarded at the end of the fair. It was definitely an entertaining and educational experience for all!

Photos by Ken Berkow



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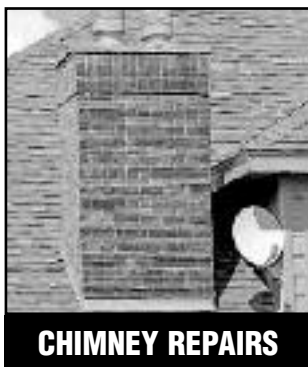
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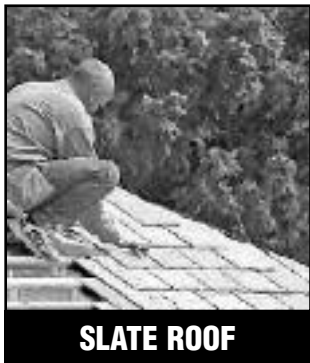
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## MOUNTAINSIDE ROTARY TO PRESENT PROGRAM ON BULLYING

Unfortunately bullying is a problem in the United States. Contrary to popular opinion it affects students in so called "good" schools as well as so called "bad" schools. The Mountainside Rotary will be offering a program by Detective-Sgt. Michael Hoose. Det. Hoose is an expert on the topic. His program will enlighten the attendees about this problem. He will focus on cyber bullying. The program will be on Thursday May 10th at the Mountainside Library at 7 p.m.

This program is one of the numerous endeavors by the Mountainside Rotary to help make Mountainside a better place to live. Other programs include: scholarships for students, dictionaries and thesauri for students, repair of the bus stop by town hall, and participation in the Memorial Day Parade.

For information about joining the Rotary please call President Rose Sinisi, 908-625-8308.



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## 26TH ANNUAL LETTER CARRIERS' STAMP OUT HUNGER FOOD DRIVE IS MAY 12

The Letter Carriers' Stamp Out Hunger® Food Drive is happening on Saturday, May 12, 2018. On this day, you can set out your non-perishable food before your letter carrier's regular pick up time. The top requested non-perishable food items are: cereal, pasta, pasta sauce, rice, canned fruits and vegetables, canned meals (such as soups, chili, and/or pasta), 100 percent juice, peanut butter, macaroni & cheese, canned protein (tuna, chicken, and/or turkey), beans (canned or dry). You can also donate healthy, low-sodium, low-sugar items such as beans, oatmeal, and other whole grains, and canola or olive oil.

Please do not donate frozen food, homemade food, or home-canned items. Please do not donate items that have expired or are in glass containers. In keeping with good food-handling and food-safety procedures, food that is opened, damaged, out of code or does not have the official ingredients will be discarded by the food bank in the sorting process.

The Food Drive is primarily a people food drive, but if you also want to give pet food in addition to your regular donation, food banks may be able to distribute or direct it to pet shelters and organizations in the area that have a need.

Please do not donate any form of individual baby food products, including formula, jarred vegetables and fruits, meals, snacks, infant cereal. Baby food may be donated by the case or pallet, but single item donations present potential contamination risks and special handling requirements.

The Food Drive is primarily a food drive, but if you also want to give personal care items (such as diapers, laundry detergent, soap, toilet paper,

and household cleaning items) in addition to your regular donation, food banks may be able to distribute or put them to good use with organizations that also provide help to those in need. Please note that not all food banks will be able to accept these items.

If you would like to volunteer with food distribution and sorting, or in any other capacity, call your local post office and ask to speak to the local food drive person there. Many food banks have a great need for volunteers on Food Drive Day, as well as all throughout the year.

All donations to the Letter Carriers' Stamp Out Hunger Food Drive are tax-deductible because all the food collected on Food Drive Day is given directly to non-profit charity food agencies in the community the food was collected. Though the National Association of Letter Carriers plans the Food Drive's logistics and letter carriers provide the transportation for each donor's generous donation, the National Association of Letter Carriers is not the agency that gets listed on tax forms for claiming deductions. There are more than 10,000 food agencies throughout the country that receive these donations, so if you itemize your taxes and want to provide proper credit for your Food Drive donations, you will need to determine the name of the agency (food pantry or other charity) that received your food, as well as the agency's address and tax I.D. number for proper reporting on your tax-filing forms. The Food Drive Coordinator at your local post office should be able to give you the name of the receiving agency, and that agency will likely have tax information handy.

For more information, visit: [nalc.org](http://nalc.org).



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## WE WEREN'T BAD KIDS, WE WERE SAD KIDS: EXECUTIVE DIRECTOR AT IMAGINE SHARES HER STORY

By Mary Robinson, MA, CT

When I was 14 my father died of cancer, reticulum cell sarcoma, still one of the most deadly and difficult cancer to treat. It was 1974 and I was a freshman at Madison High School, my brother Jim was a sophomore. I remember it like it was yesterday and still dream of my dad, and still miss him. The death of a parent changes a child's life forever, as it did mine.

When my father was first diagnosed I was in eighth grade and that's when I first started skipping school. Though not a very helpful way to cope with my distress, it was also not unusual, as grief starts the moment of diagnosis; someone doesn't have to die for us to grieve. And that was certainly true of me and my family.

After our dad died my brother and I acted out in ways typical of grieving children, we were textbook examples of grieving children in fact, but at that time it wasn't understood that children grieve too, not just adults. The adults in our lives saw our changed behavior but didn't know what to do or say, or even to equate it with our dad's death and changed home life.

My mom was extraordinarily resilient all through my dad's illness and after he died. She went from being a stay-at-home mom to being a realtor, seemingly working 24/7 to pay the bills and keep us in our home. She is definitely my hero for how she worked so hard on our behalf, sending me to college and making the life I live today possible. But not all kids are so lucky. Often after a death there is great financial stress along with many secondary losses like having to move to a new neighborhood or even a new town, so a child loses friends, a sense of safety and familiarity and connections to the very people that could have been supportive.

I've now been working and volunteering in the field of children's grief support since 1997, working to ensure other children and teens don't lose years of their lives to unresolved grief like my brother and I did. The death of a parent is a trauma for a child but it doesn't have to leave them traumatized, if they get support. As the founder of two children's grief support centers

and currently as Executive Director of Imagine, A Center for Coping with Loss in Mountainside, my commitment is to ensure grieving children develop healthy coping skills, grow in their resiliency, emotional health and well-being, and to create communities where children coping with loss get the love and support they need to thrive and live up to their unique potential.

Dr. Gerald Glasser of Westfield was the catalyst for the start of Imagine. He wanted to insure that no child should ever have to grieve alone. He invited me to come to Westfield and open a grief support center providing an initial grant for startup funding through The Glasser Foundation, a philanthropic organization set up in memory of Dr. Glasser's son, Thomas Glasser, who was a victim of the 9/11 attack and who left behind two young children. The Glasser Foundation continues to provide extraordinarily generous annual support to Imagine.

Meeting Dr. Glasser was such a gift in my life. His generosity and vision provided me with my life's purpose. When my father died there was no awareness back then that children and teens needed support after a loss like the death of a parent or brother or sister. Children truly were 'the forgotten mourners' as Elisabeth Kübler-Ross, author of *On Death and Dying* said over 40 years ago. But fortunately things have gotten better since then with over 500 children's grief support centers like Imagine existing around the country, and with schools bringing us in to provide educational workshops so that they are better equipped to support and understand youth coping with all types of loss. Now when a parent dies, families tell us that they heard about Imagine from multiple sources including their child's school, their funeral home or house of worship, and from multiple friends who scour the internet looking for support.

Childhood bereavement is one of society's more pervasive issues. One out of seven children under the age of 18 will lose a parent or sibling by age 20. And kids in grief are at-risk for unhealthy or destructive ways of coping which is why Imagine and other centers like it exist. Children and teens don't necessarily have the coping skills, life experience, or maturity to process their loss, and they re-grieve their losses during the various stages of their development. Imagine exists as an effective intervention and prevention program and a place for healthy mourning. The key to how well a child or teen or adult will do after a loss is to actively mourn the loss and not keep everything bottled up inside.

The mission of Imagine is to support children and families coping with loss and foster resiliency and emotional well-being for all those who grieve. But our higher purpose is to normalize grief and death and dying in society so that those who are grieving aren't left isolated or made to feel like there is something wrong with them. Our goal is to create "Good Mourning" communities that are grief- and trauma-informed. We do this by partnering with schools, agencies and workplaces to provide support and education on the topic of grief and loss and to hopefully



(above, l-r) Mary Robinson and her dad, Gerry Robinson.

change the lens through which society views grieving youth.

We work with the whole school community including school staff, parents, other agencies, healthcare providers, and first responders to create an environment that wraps around the youth served. The goal is that wherever a child turns in their life, at school, home, after-school programs, etc., there are adults who understand the impact of loss and trauma on youth, how to recognize it and how to support, listen to, and help build resilience in grieving youth.

Adults and peer support programs like Imagine can help children learn healthy ways to cope and grow more resilient. Loss is part of life and if we support children at the time of their loss they will be better able to cope with future life losses.

Over 40 years later, I am able to say, as I learned from my St. Vincent's School kindergarten friend Chris Harrington whose mom died when he was 11, that "I wouldn't have missed my dad for the world." I had the best dad for 14 years. Good can come from grief, loss, and pain, if we get and give support. As adults it is our job to help children navigate life's painful losses and create loving, supportive communities in which children can mourn their losses in healthy ways. That is the work of Imagine and all the centers like it around the country.

Imagine is a free year-round peer grief support center located in Mountainside, New Jersey serving children age 3 to 18 who have had a parent or sibling die, with concurrent support groups for their parents or guardians. Support for children and teens living with a parent or sibling with a life-altering physical illness is also available. Free year-round support groups are also available for young adults who have had a friend, sibling, parent or other important person in their life die, or who have a parent, sibling or friend living with an illness. Imagine is completely privately funded and completely free to participants for as long as they need. We rely on donations from individuals, companies, local businesses, and foundations to support the close to 300 children and adults currently attending our support groups every two weeks at Imagine. And we rely on volunteers to facilitate those groups. For more information about support, donating, or volunteering, please call 908-264-3100, email me at [mary@imaginej.org](mailto:mary@imaginej.org) or visit [imaginej.org](http://imaginej.org).

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## MOUNTAINSIDE CALLING FOR VETERANS TO PARTICIPATE IN 7TH ANNUAL MEMORIAL DAY PARADE

*Submitted by Claudia Shehady*

Mountainside will sponsor a Memorial Day Ceremony on Monday, May 28, 2018, followed by a parade honoring those who have died in our nation's service. The ceremony will take place at 11:30 a.m. at the Veterans flagpole monument on Constitution Plaza (in front of the Library), Mountainside, New Jersey. Upon conclusion of the ceremony, Veterans, Scouts, Rotary Club, Rescue Squad, Fire Department, Police and community groups will parade toward Deerfield School. The parade will proceed from Constitution Plaza up to Bridle Path to Wood Valley Road to Central Ave. ending in Deerfield School parking lot. It is expected to end at 12:30 p.m.

The Grand Marshall of Mountainside's parade will be Don Jeka. Don joined the Marine Corps in 1946, his senior year in high school. After boot camp at Parris Island, he was shipped to China. After his enlistment expired, he returned to the

States, finished high school and spent his freshman year at University of Miami, Florida. In 1950, he was called back to active duty with the Marines at the outset of the Korean War. He attended Ordnance school at the Marine base in Quantico, Virginia and joined the staff as an instructor in ammunition and demolition explosives. He received a WWII Victory Medal, a National Service Medal, and a China Service Medal. He qualified as a sharpshooter with the M1 rifle during his service.

He returned to the University and earned a bachelor's degree, majoring in journalism. After graduation, he joined Union Carbide Corporation for a decade, then joined Burson Marsteller, a leading public relations firm, retiring after 25 years as vice president, International.

Don and his late wife Yvonne moved to Mountainside in 1963 and brought up two boys, Don Junior and Paul. He served on the School Board and the Planning Board in the borough.

His wife was prominent in real estate and was a past president of the PTA. His current activities include painting, writing, and occasional sailing, previously holding a U.S. Coast Guard Captain's License.

The Mountainside Memorial Day Parade Committee is comprised of individuals representing the VFW, Mayor and Borough Council, Boy Scouts, Cub Scouts, Girl Scouts, Rotary Club, Local Businesses, Fire Department, Rescue Squad and others. These groups will come together once again to bring a fitting Memorial Day event to the town of Mountainside as an honor to our own brave citizens who have fought and sacrificed in wars so that we can enjoy the many freedoms that Mountainsiders enjoy. The Committee hopes that citizens come out in force to show their appreciation for our veterans as we memorialize our heroes in this way.

For further information about the parade, please contact Deanna Andre at 908-244-4111.

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## MAY 2018 PROGRAMS AT THE MOUNTAINSIDE PUBLIC LIBRARY

*The Mountainside Public Library is located at 1 Constitution Plaza, Mountainside, NJ.*

*To register for these programs, stop into the library or call 908-233-0115.*

### MOUNTAINSIDE RESTORATION COMMITTEE SEEKS VOLUNTEERS

According to Chairperson Scott Daniels, "The Committee is looking for individuals willing to help with a wide variety of activities related to events, archives, museum help, grant writing, indoor and outdoor maintenance of the Hetfield and Levi Cory Houses, computer entry, communications, and planning."

No experience is necessary, just some time and willingness to help.

Current, past and prospective volunteers are encouraged to send us an application (found on our website: [mountainsidehistory.org/](http://mountainsidehistory.org/)). Please mail applications to: Sandy VanderMeer, 1033 Ledgewood Road, Mountainside, NJ 07092.

### BERKELEY HEIGHTS RELAY FOR LIFE 2018

On Saturday, June 2, 2018 over 1000 participants will join together at the annual Relay For Life of Berkeley Heights at Governor Livingston High School, Berkeley Heights, New Jersey, to help the American Cancer Society attack cancer from every angle. The event starts at 6 p.m. and runs to 6 a.m. the following morning.

The American Cancer Society is the cause fighting cancer on every front; standing shoulder to shoulder with cancer patients and those supporting them. Funds raised help the American Cancer Society attack cancer in dozens of ways, each of them critical to achieving a world without cancer, from developing breakthrough therapies to building supportive communities, from providing empowering resources to deploying activists to raise awareness.

Founded by Dr. Gordy Klatt in Washington in 1985, the Relay For Life movement unites communities across the globe to celebrate people who have been touched by cancer, remember loved ones lost, and take action for lifesaving change. Symbolizing the battle waged around the clock by those facing cancer, the event can last up to 24 hours and empowers communities to take a stand against cancer.

In addition to the support of the community, Relay For Life of Berkeley Heights is also supported by the communities of Summit, Mountainside, and New Providence.

Together, we can beat our biggest rival. Join or donate to the Relay For Life of Berkeley Heights. Visit [RelayForLife.org/BerkeleyHeightNJ](http://RelayForLife.org/BerkeleyHeightNJ) for more information.

The Mountainside Public Library has scheduled the following programs for May. The library will be closed on May 28 in observance of Memorial Day.

#### **Tuesday Night Movies**

##### **"I, Tonya" (2018, R)**

*On May 8*

will be presented. Based on the unbelievable, but true events, I, Tonya is a darkly comedic tale of American figure skater, Tonya Harding, and one of the most sensational scandals in sports history.

##### **"Phantom Thread" (2017, R)**

*is our feature film on May 15.*

Set in the glamour of 1950s post-war London, renowned dressmaker Reynolds Woodcock and his sister Cyril are at the center of British fashion, dressing royalty, movie stars, heiresses, socialites, debutants and dames with the distinct style of The House of Woodcock.

##### **"Wonder" (2017, PG)**

*will be screened on May 22.*

Born with facial differences that, up until then, had prevented him from going to a mainstream school, August Pullman became the most unlikely of heroes when he entered the local fifth grade. As his family, his new classmates, and the larger community all struggle to find their compassion and acceptance, Auggie's extraordinary journey unites them all and proves you can't blend in when you were born to stand out. Based on the New York Times bestseller, Wonder. And

*on May 29,*

our last offering of the month will be

##### **"Darkest Hour" (2017, PG-13).**

During the early days of World War II, with the fall of France imminent, Britain faces its darkest hour as the threat of invasion looms. As the seemingly unstoppable Nazi forces advance, and with the Allied army cornered on the beaches of Dunkirk, the fate of Western Europe hangs on the leadership of the newly-appointed British Prime Minister, Winston Churchill.

Showtime is 6:30 p.m. for each movie.

#### **Brown Bag Academy**

Our popular Great Courses series continues *on May 7, 14, and 21 at 1:15 p.m.*

with "How to Listen to and Understand Great Music" narrated by Professor Robert Greenberg, Music Historian-in-Residence at the San Francisco Performances. Learning how to appreciate the unmatched beauty, genius, and power of concert music can permanently enrich your life. Bring your lunch. Coffee, tea, and cookies will be served.

##### **"Aging Service Kiosk"**

*May 11 at 12:30 p.m.*

Donna Farrell of The Union County Department of Human Services Division on Aging & Disability Resource Connection will be at the library again to provide information about home delivered meals, respite care, home care, adult day care, support services for caregivers and more.

#### **"Opera on Film Series."**

*May 11 at 1 p.m.*

Friday Operas on Film series, sponsored by the T. Robel Hill Foundation and presented by Mena Clemson. Plácido Domingo (Vasco da Gama) and Shirley Verrett (Sélika) star in a 1990 production of L'Africaine by Giacomo Meyerbeer. The Chorus, Ballet, and Orchestra of the San Francisco Opera is conducted by Maurizio Arena.

#### **Career Networking Group**

*May 14 at 6:30 p.m.*

"Coping with the Strain of Your search on Your Family" A career search can be a stressful time. A primary source of income has dried up, you don't know when you will land, and you experience the rollercoaster of emotional ups and downs as opportunities arise, and then fall through. Your spouse, partner and family are going through all of that with you, yet they feel they have no control over the process. You can go to more group networking events, schedule more networking meetings, take more courses, send out more resumes, etc., but what can they do? Join us, and bring your spouse or partner, too, as Career Search Counselor John Hadley shows us strategies to safeguard those relationships, and actually put them to work to move your search forward. John Hadley is the principal at John Hadley Associates (JHACareers.com). He teaches job seekers strategies and skills that enable them to tap into the "hidden" job market and find the best jobs now. He also works with professionals struggling to become influential leaders. His Career Tips newsletter brings expert advice on marketing yourself to over 9500 subscribers; find out more at JHACareers.com.

#### **Come Read to Kalee**

*May 18 at 3:30 p.m.*

Come cuddle up and read to Kalee, Mountainside's favorite therapy dog, for five to 10 minutes. Please bring two favorite books with you to read when you come. This program is especially designed for emergent and beginning readers in Grades K to 1.

You must reserve a spot for this program.

Kalee will visit the library once more on June 1.

#### **Saturday Musical Getaways:**

##### **Blue Jersey Band**

*May 19 at 2 p.m.*

Join us for an afternoon of jazz music in the library's Community Room. Blue Jersey Band plays Django, Jazz, and Bluegrass: swing, jazz, blues, bluegrass, gypsy jazz and American songbook. There will be something for everyone; tunes from the '20s, '30s, '40s, '50s and '60s. For this performance the band will feature bluegrass, country, and gypsy jazz. The band's influences include: Tony Rice, David Grisman, and Django Reinhardt. They feature tight harmonies and masterful flatpicking by two-time NJ Guitar Champion, Frank Ruck.

You can listen to them at their website, [bluejerseyband.com](http://bluejerseyband.com).

To register for these programs, stop into the library or call 908-233-0115.



# THE MOUNTAINSIDE NEWCOMERS CLUB MAY 2018 EVENTS

Submitted by Patricia Sharkey

*If you are new to town or just want to get to know more people,*

*The Mountainside Newcomers is a great club to join.*

*Whether you are looking to help the community,*

*attend fun events with your children, unwind with other ladies,*

*or grab your spouse for a kid-free night out, there's something for you.*

*Residents may attend up to two events before deciding to join the club.*

## Upcoming Events:

- May 6th: 5k Run/Walk hosted by The Mother's Center of NJ
- May: Favorite Things Party
- May: Bartending Class
- Save the Date: Town Wide Garage Sale Sept. 15th (Rain Date Sept. 16th)

*We are also looking for new members to join our board.*

*If you are interested in joining the board*

*or would like to attend an event prior to joining,*

*please email: mtsdnewcomers@gmail.com*

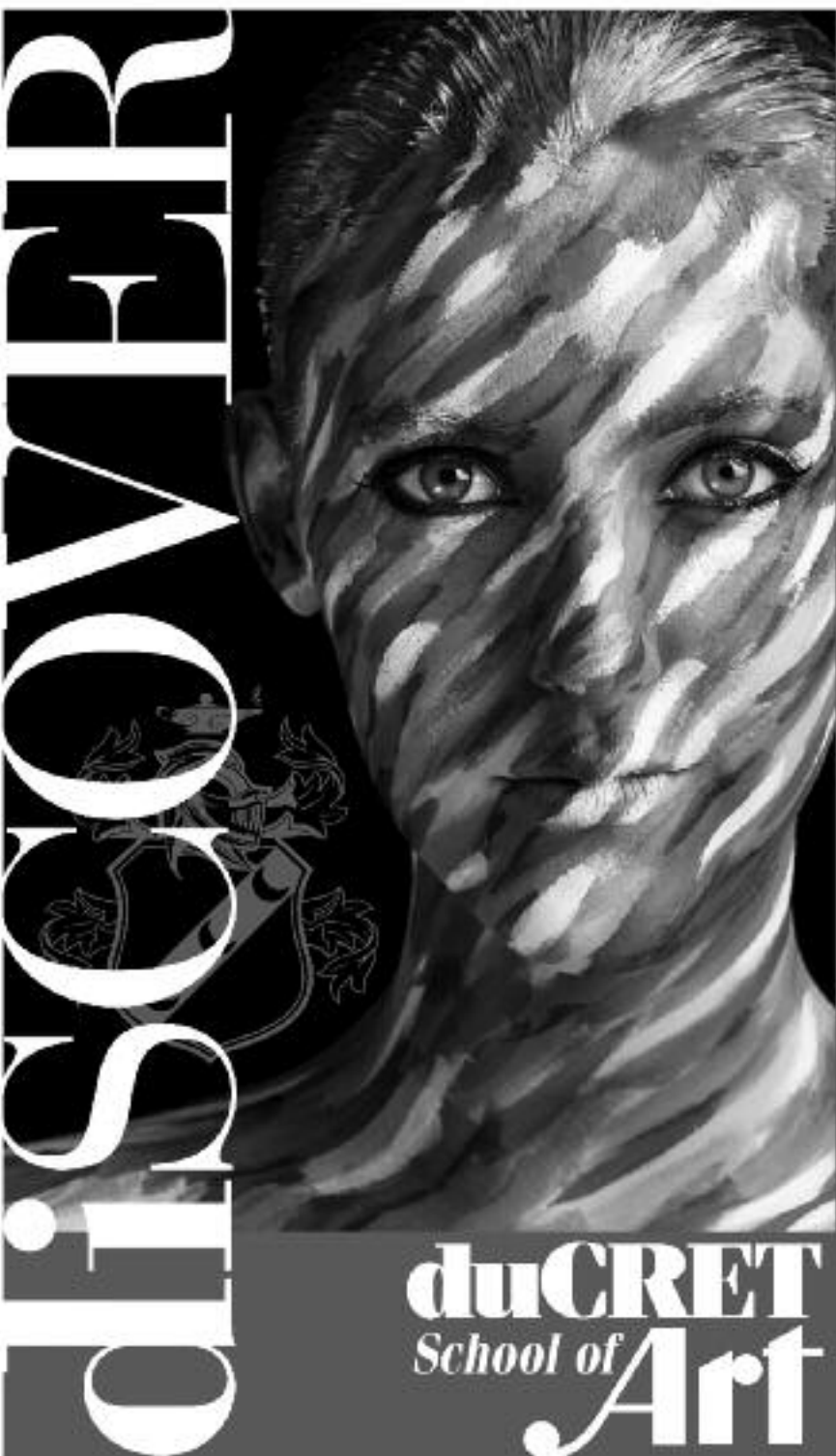
Mountainside View • Page 13 • May 2018

## RESCUE SQUAD'S OPEN HOUSE

Come celebrate EMS Week and the Mountainside Rescue Squad's 80th year of serving the Borough of Mountainside! Bring your children! As always, there will be having burgers and hot dogs as well as tours of ambulances, and EMS demonstrations.

The celebration will be held at the Mountainside Rescue Squad, 1399 U.S. Highway 22, Mountainside, New Jersey, on May 24, 2018, from 6 to 9 p.m.

For more information visit: [ems22.com](http://ems22.com) or call 908-233-6573





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CRISIS HOTLINE SCREENS FILM TO RAISE SUICIDE AWARENESS

Submitted by Janet Sarkos

The crisis hotline Caring Contact will present a special screening of "Suicide: The Ripple Effect," the remarkable story of Kevin Hines, who at 19 attempted to take his life by jumping from the Golden Gate Bridge. The screening will take place May 16, at 7:30 p.m. at AMC Loews at 1021 Route 22 East, Mountainside, New Jersey.

Following the screening, there will be a question and answer session and discussion on the topic, featuring some of the area's leading suicide prevention advocates. This discussion will be led by trained volunteers who are involved with Caring Contact.

Tickets are \$12, plus a processing fee, and can be purchased by visiting [gathr.us/s/22327](http://gathr.us/s/22327), where visitors can also view the film trailer and screening page. Tickets are limited so reservations are highly recommended.

With endorsements from some of the world's leading suicide prevention experts, "Suicide: The Ripple Effect" began worldwide screenings on March 13, 2018. Since surviving the jump, one of only 25 to live among the more than 1700 people who have jumped from the bridge, Hines has been on a mission to use his story to help others find recovery and stay alive. He has become one the world's most prominent suicide prevention speakers and advocates.

The film features some of the world's leading suicide prevention experts and shines light on people who are using their personal experiences with suicide to help others find the hope they need to stay alive.

"Kevin Hines' 'Suicide: The Ripple Effect' is a marvel of inspiration, a film that should be seen by anyone who has known despair and anyone who is or has been close to someone in a suicidal crisis," said Dr. John Draper of the National Suicide Prevention Lifeline.

Caring Contact is an award-winning,

volunteer-staffed crisis hotline and listening community serving North and Central New Jersey, an area with 3 million inhabitants in Union, Essex, Middlesex, Morris and Somerset counties. More than 100 listeners attentively and compassionately serve those in emotional distress and educate communities about the power of

personal connection. Caring Contact responded to more than 10,200 calls in 2017.

Caring Contact is a member agency of the National Suicide Prevention Lifeline network and its hotline services are available to anyone, anonymously and confidentially. Visit Caring Contact at: [caringcontact.org](http://caringcontact.org)

NAMI - UNION COUNTY SUPPORT GROUP FOR CAREGIVERS OF LOVED ONES WITH MENTAL ILLNESS - MAY 15

NAMI (National Alliance on Mental Illness) Union County is hosting a support group for caregivers of loved ones who have a mental health diagnosis. Join our peer led monthly group meetings and gain insight from others facing similar challenges. The next meeting is May 15, 2018, 7:30 to 9 p.m. Meetings are held on the third Tuesday of every month at the First Presbyterian Church of Cranford, 11 Springfield Avenue, Cranford, New Jersey.

For more info call 908-233-1628 or email [namiunioncounty@yahoo.com](mailto:namiunioncounty@yahoo.com).

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## GIRL SCOUTS TOUR OF MOUNTAINSIDE POLICE HEADQUARTERS

The Mountainside Police recently hosted a tour of police headquarters, in Mountainside, New Jersey, for several local Girl Scouts. Det. Cpl. Shaun Bendik, Mountainside's school resource officer, guided the girls through the building showing them the dispatch center, detective bureau, the chief's office, the cell block, and patrol vehicles. The girls also got a chance to try on an officer's bulletproof vest.



## RIEDEL WINE TASTING EVENT TO BENEFIT BOY SCOUTS

The Boy Scouts of America and volunteer co-chairs, Dawn and Rich Buchanan of Fanwood will host a Riedel Wine Tasting on May 29, at 6:30 p.m. at the Masker's Barn located in the Watchung Reservation in Berkeley Heights, New Jersey.

Guests will enjoy great wines using Riedel wine glasses, learn more about wines, how to pour them, the effect wine glasses have and how to improve the overall enjoyment of wine.

The ticket price of \$150 includes hors d'oeuvres, four glasses of wine rated 90 or better

on the Wine Spectator List, buffet dinner, dessert, auction, and a set of four Riedel wine glasses to take home.

The proceeds of this event provide the necessary funds to send underprivileged youth to four of our camps in New Jersey and New York State. Over 3000 youth are served in this program, and a total of 16,000 youth served in traditional Scouting in our area. Most recently the BSA has enhanced STEM (Science, Technology, Engineering, and Math) content in every facet of Scouting, from summer camp to the Pinewood

Derby, by developing programs that explore the STEM principles behind familiar Scouting activities. The STEM Program is another beneficiary of this event.

Registration for the event is required at [ppcbsa.org/give/special-events](http://ppcbsa.org/give/special-events) by May 22. Attendees must be 21 or older. All contributions over \$50 are tax deductible.

Contact Jennifer Volz at 973-765-9322 ext. 249 or at [jennifer.volz@scouting.org](mailto:jennifer.volz@scouting.org) with questions.

## THE CELEBRATION SINGERS SPRING 2018 CONCERT

*Submitted by Christopher Silvestri*

The Celebration Singers would like to invite you to our spring concert titled "Music from the Heart, from the Soul" at Union County College, Roy Smith Theater, 1033 Springfield Avenue, Cranford, New Jersey at 8 p.m. on June 1 and June 2, 2018. Tickets are \$20 for adults and \$15 for children and seniors. Tickets can be purchased in advance through our website, [celebrationsingers.org](http://celebrationsingers.org), or at the box office at the night of the

concert. Any questions concerning the performances can be directed to our email at [celebrationsingersnewjersey@gmail.com](mailto:celebrationsingersnewjersey@gmail.com) or to our landline at 908-552-4656.

The Celebration Singers are multi-generational ambassadors of song drawing music from a breadth of genres and cultures. The Choir's commitment to artistic excellence and its engaging and dynamic style provide its diverse singers and audiences with a compelling musical

experience. The Choir lends support through music and participates in the cultural life of the community.

Please also visit our Facebook page: [facebook.com/Celebrationsingers](https://facebook.com/Celebrationsingers).

Funding for the Celebration Singers is made possible in part by the New Jersey State Council for the Arts, Department of State, through a grant administered by the Union County Office of Cultural and Heritage Affairs.



*(above) The Celebration Singers Adult Choir at St Michael's in Cranford New Jersey for their annual winter concert.*

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