

Watchung Post

Watchung's Hometown Newspaper

NJ

Published by Renna Media, On-line at RennaMedia.com

ISSUE 66 • APRIL 2018

Serving all your real estate needs.



Looking to buy or sell a home?

Call local experts now to get your home ready for the spring market.

Call:

Vincent Crincione

Sales Associate **973-390-3826**

Vinco565@yahoo.com

Laurianne Tussel-Holsten

Sales Associate **908-370-1123**

LTHolsten@gmail.com

RE/MAX

ACHIEVERS

Each office is individually owned and operated.

908-522-9444

315 Springfield Ave

Summit, NJ 07901

PRSR STD
U.S. POSTAGE
PAID
PHILA PA 191
PERMIT NO. 7575

ECRWSS

*****ECRWSSDDM*****

POSTAL CUSTOMER

WATCHUNG, NJ 07069

LOCAL CAP CADETS PARTICIPATE IN SCIENCE FAIR AND NATIONAL CYBERPATRIOT COMPETITION

Submitted by Jose G. Vergara

High school and middle school students who are members of the Civil Air Patrol (CAP) Cadet Program participated in two important events, Local and National. The participating students were Niyati Shah, Kiana McQuade and Veronica Vergara all from Scotch Plains, New Jersey; Paul Koizumi from Fanwood, New Jersey; and Anushka Kumar from Watchung, New Jersey.

The local event was at the Park Middle School Science Fair, Scotch Plains/Fanwood, held on March 9, 2018, in which CAP cadets from the Captain "Bud" Jackson Composite Squadron (NJ-102) taught students the principles of flight with CAP flight simulators. The cadets also demonstrated facial recognition technology and flight with a Quadcopter. Further, the CAP cadets provided a Military Style Color Guard to initiate the Science Fair Awards Ceremony where the best students' projects were recognized, and prizes were awarded.

The cadets explained to the public that CAP is a non-profit corporation that serves as the official Auxiliary of the US Air Force civilian non-combatant. They talked about the benefits of participating in the afterschool CAP cadet program for middle schoolers and high schoolers, including aerospace and orientation flights (in powered planes and gliders), lessons in science, technology, engineering and math (STEM) with hands-on activities, military structure (customs and courtesies, discipline, drills, physical training, and leadership), national space mission competition, national cyber security competition, etc. In addition, CAP has over 30 summer camps across the nation that train cadets on different subject areas including engineering, flight instruction, international travel, engineering, pararescue, leadership, robotics, emergency services, and more. The CAP cadet program provides a unique experience not found in other after school programs.

The second activity that the CAP cadets participated was the National CyberPatriot (Cyber Defense) Competition. CyberPatriot is



(above, l-r): Cadets Anushka Kumar (Watchung), Veronica Vergara (Scotch Plains), Sagar Patil (Edison), Paul Koizumi (Fanwood), and Kiana McQuade (Scotch Plains).

organized by the Air Force Association (AFA) and presented by Northrop Grumman Foundation, among other industries and federal organizations. The high school CAP cadets earned Second Place in the State Competition for the All Service Division composed of 21 teams from JROTC Army, JROTC Marines, JROTC Navy, JROTC Air Force, Civil Air Patrol, and Naval Sea Cadets Corp. The Middle School CAP cadet's team earned the rights to pass to the National Semifinals. Nationwide, 5584 teams enrolled for the CyberPatriot Competition.

The competition consists of scenarios where teams are placed in the position of newly hired IT professionals and are tasked with managing a network and/ or computer operating system. Their task was to find cybersecurity vulnerabilities and harden the system while maintaining critical services. In addition, they learned teamwork, critical thinking skills, and technical knowledge which are key to a successful career in cybersecurity.

The National CyberPatriot Competition goal is to attract K-12 students toward careers in cybersecurity or other science, technology, engineering, and mathematics (STEM) disciplines critical to our nation's future. According to the Bureau of Labor Statistics, the rate of growth for jobs in information security is projected at 37 percent from 2012 to 2022; much faster than the average for all other occupations.

Overall, students who become members of the CAP cadet program have a great advantage in their future college applications. The "College

(continued on page 2)

• **EXPERT TREE AND SHRUB PRUNING, RESTORATION AND MAINTENANCE"**

Specializing in:

- **The Preservation, REPAIR and Maintenance of DAMAGED or Stressed, Trees or Shrubs.**
- **Unique, Colorful, LANDSCAPE DESIGNS, Rain Gardens, "SECOND to NONE"**
- **Large Tree Planting: Instant SHADE or PRIVACY/ NOISE SCREENS**
- **Expert DRAINAGE and Rain Gardens.**

Pride, Honesty and Skill

Call Gene Gregory at Colorsapes (908) 322-0253

Responsible for our areas most Beautiful Trees and Gardens

See our "Areas Most Beautiful Trees, Shrubs and Gardens @ www.designsbycolorsapes.com

Watchung Post

Watchung Post is published by Renna Media. 3,000 newspapers are printed monthly and mailed to every business and home in Watchung, NJ and the balance are distributed for free pick-up throughout town.

Although great care has been taken to ensure the information contained within is accurate, Renna Media assumes no liability for errors or omissions. ©2018. Contents of this newspaper cannot be reproduced without written consent from Renna Media LLC.

Renna Media welcomes the comments and concerns of its readers put into writing and sent via fax or email to:

Renna Media, LLC
202 Walnut Ave. Cranford, NJ 07016
Phone: 908-447-1295
Fax: 908-709-9209
Email: joerenna@rennamedia.com

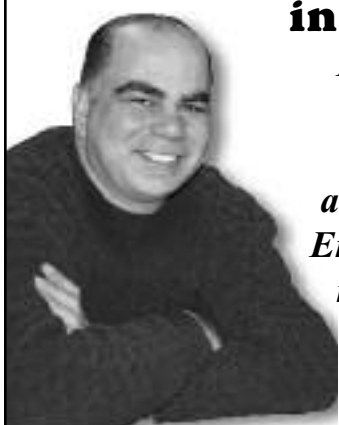
PROMOTE YOUR COMMUNITY EVENT

Community service organizations and sports teams are encouraged to submit news of upcoming events or highlights and photos on recent events.

**Organizations
who are interested
in submitting
content can
email
editor@rennamedia.com
or call 908-418-5586**

ADVERTISE IN THIS NEWSPAPER

**3,000 are printed and
mailed to every home
and business
in Watchung.**



*Reserve space in
the next issue.
Call Joe Renna
at (908) 447-1295
Email: joerenna@
rennamedia.com*

CAP CADETS (continued)

Confidential” webpage states: “...since Admission officials are up to their eyeballs in common extracurriculars ... Model UN, yearbook, orchestra, etc. CAP is something different and will help you stand out in a crowd. Secondly—and most important—it’s something you want to do, and it meshes with your stated passions. It’s likely that your enthusiasm will come across in your applications and, especially, in an interview situation. So even if you aren’t applying to only military colleges, this sounds like a smart choice...”

For more information about the after school CAP Youth Cadet Program, please contact jose.vergara@njwg.cap.gov or visit CAP’s webpage at gocivilairpatrol.com/cap_home/youth



(above) Cadet Kiana McQuade of Scotch Plains teaching flight simulator to a Park Middle School student.

(left) Cadet Niyati Shah of Scotch Plains at her information booth at Park Middle School.

WATCHUNG RECREATION



THE SKY ZONE
600 Hadley Road, So. Plainfield, NJ
April 21st, 2018

From: 5:30PM – 8:00PM
**Kids Night Out is a fun way for your child to
spend their Saturday night!**

Watchung Recreation is offering this opportunity to students in Grades 6 thru 8th

The Sky Zone is a fun environment for your children to get out and be social!

Bus Transportation will be provided to and from The Sky Zone. Bus will leave Watchung Police Parking Lot at 5:00 pm and return at 8:30 pm. The program will include pizza and a beverage at 7:30pm – 8:00pm.

All activities will be supervised by an adult chaperone.

Pre-Registration is required!
Sign-Up early as space is limited to 40 students.

**Go to www.watchungnj.gov for registration
information and emergency forms.**

**For questions contact Linda Monetti at
lmonetti@watchungnj.gov or
908-756-0080 ext. 210**

CALLING ALL YOUNG POETS IN THE WATCHUNG HILLS

Submitted by Lena Golden

To celebrate National Poetry Month in April The Maija Golden Creative Writing Foundation is once again looking to discover the best young poets from the Watchung Hills sending district during the month of April. The Maija Golden Poetry Rebel award will go to three children/young adults that stand out as poets. The contest is open to all Long Hill, Watchung, Warren and Green Brook residents between the ages 5 to 18 and the awards will be given to one student each from the elementary, middle school and high school level regardless of school attended. The annual award will consist of a Barnes & Nobles gift card and a specially designed diploma. Contributions will be displayed at the Long Hill Township library as well as published in the local paper following the April 30 deadline. Entries will be judged in early May, with the winners announced shortly thereafter.

Submissions are accepted online by using the following link:

goo.gl/forms/atJkkOE6rYdVPQty2

A reception with an awards ceremony for all participants will be held at the Long Hill Township Library on Friday, May 18, 2018 3:30-4:30 p.m. More information can be found at www.themaijafund.org, by emailing majarebels@themaijafund.org or at the Long Hill Township Library.

MURSELI PRO CONSTRUCTION

CHIMNEY & ROOFING SPECIALISTS

908-361-6372

1-800-650-0968

Family
Owned &
Operated For
15 Years

- All Work Guaranteed
- 24/7 Emergency Service
- 20% Senior Discount
- Major Credit Cards
- NJ Lic. 13VH08570100



Carbon Monoxide
is invisible,
odorless,
and can kill you!

MASONRY



- DRIVEWAYS
- STEPS
- BRICK & BLOCK
- SIDEWALKS
- REPAIR

ROOFING



- RE-ROOF
- NEW ROOF
- ROOF REPAIRS
- SHINGLES
- FLAT ROOF

CHIMNEY



- CLEANING
- RE-LINE
- REPAIRS
- REBUILD
- CAPPING

GUTTERS



- CLEANING
- INSTALLATION
- SCREENING
- REPAIRS
- REPLACEMENTS

Special! CHIMNEY LINER \$1300

Why Should I Use A Chimney Lining System?

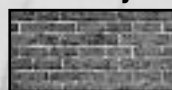
- Protect your house from heat transfer combustibles
- Protect the masonry from the corrosive by products of combustion
- Provide a correctly sized flue for optimum efficiency of appliance



Fire
Safety



Improved
Performance



Long Term
Preservation



Easy & Effective
Cleaning

FREE ESTIMATES

Special!

COMPLETE SET OF STEPS

Includes New Bricks, Limestone & Concrete Platform

\$2,600

Up to 5 Steps, 6 feet wide

With coupon. Cannot be combined with any other offer. Expires 5/6/2018

\$1000 OFF

or FREE GUTTERS ANY COMPLETE ROOF

With coupon. Cannot be combined with any other offer.
Expires 5/6/18.

\$79.99

GUTTERS CLEANING (Any Average House)

With coupon. Cannot be combined with any other offer.
Expires 5/6/18.

\$150 OFF

ANY ROOF REPAIR of \$500 or more

With coupon. Cannot be combined with any other offer.
Expires 5/6/18.

\$200 OFF

ANY CHIMNEY REPAIR of \$800 or more

With coupon. Cannot be combined with any other offer.
Expires 5/6/18.



(above) Aashi Mishra of Valley View School in Watchung.

AASHI MISHRA WINS SCLSNJ'S 3RD ANNUAL SPELLING BEE SPECTACULAR

Somerset County Library System of NJ (SCLSNJ) hosted their 3rd Annual Spelling Bee Spectacular at the Somerset County Vocational and Technical School on March 10, 2018. Sixty-three Somerset County students competed for the title of bee champion. Winner, seventh-grader Aashi Mishra of Valley View School in

Watchung, won by spelling the word "acharya." Mishra will attend the 2018 Scripps National Spelling Bee in Washington, D.C. at the Library System's expense.

Explore SCLSNJ's Bee Spectacular Bee Facebook photo album: facebook.com/SCLSNJ.

Our 23rd Annual **ALL CHILDREN'S THEATRE PERFORMING ARTS DAY CAMPS** BOYS & GIRLS AGES 6-17 AIR-CONDITIONED

BROADWAY KIDS CAMP
August 13 - August 24
1-2 Week Sessions • Sun - Sun • Monday-Friday
WATCHUNG ARTS CENTER
at the WATCHUNG CIRCLE

Supervised by Certified Teachers
Singing, Dancing, Acting,
Scenery Design,
Public Performance(s), Cost Party

Call All Children's Theatre . . . Tel (973) 335-5328

Download registration form at
www.allchildrenstheatre.org
ADDITIONAL CAMPSITE IN PARSEPPANY

DJ Twin & Sons

MOBILE DISC JOCKEY SERVICES

- Corporate Events
- Sweet 16's
- Hip Hop
- Wedding Receptions
- Birthday Parties
- R & B
- Outdoor Events
- House Music
- Special Events
- Top 40
- Cookouts
- Reggae

973-991-5585
Email: djtwin4nj@gmail.com • Instagram@djtwinnj

SCOTCH PLAINS MUSIC CENTER

Since 1969

MUSIC LESSONS

The ALL Inclusive Music Store
Voted "One of the Best!"

PRIVATE LESSONS:

- Vocals • Drums • Violin
- Piano • Bass • Mandolin
- Guitar • Trumpet • Ukulele
- Sax, Clarinet, Flute
- Advanced Jazz Piano

Instrument Rentals
Sheet Music
Guitars
Strings
Accessories
Recitals

FRIENDLY HELP FREE PARKING
413 Park Avenue, Scotch Plains NJ
908-322-7542
www.spmusic.com

S.K. HAMRAH CARPET & RUG CO.

SINCE 1934

Sale & Service of Oriental Rugs & Carpets

20% OFF Rug Cleaning Sale!

Hurry! Offer Expires 4/30/18. Incoming orders only.

- Expert Hand Washing Process
- Repair & Restoration Services
- Fully Insured Service
- Pick-Up of Your Rugs

908.756.8000
www.HamrahRug.com

210 Court Place, Plainfield, NJ 07060

A Unique and Nurturing Environment for ADULTS WITH SPECIAL NEEDS

Autism • Developmental Disabilities • Traumatic Brain Injuries
Others outside the Special Needs system who need supports

Mt. Bethel Village Residential Program

A safe, secure, supported apartment community for men and women age 21 and over.


- Accepting DDD referrals through your Support Coordinator
- Private and shared apartments
- Three meals plus snacks, prepared by our own chef, served in a communal dining room
- 24-hour support staff

Mt. Bethel Village Day Program

Designed to nurture life skills, personal development and community participation--and to have fun!

- Approved Medicaid provider, fee for service under DDD
- Daily activities include current events, money management, music, social skill development and art
- Lunch served
- Minimum participation two days a week

CALL TODAY FOR A PERSONAL TOUR OF EITHER PROGRAM: 908-757-7000

 **Mt. Bethel Village**
130 Mt. Bethel Road | Warren, NJ 07059
mtbethelvillage.com

DORMERS & ADDITIONS • DECKS & PORCHES • MASONRY STEPS & PATIOS



Kitchens



Baths



Basements



Attics



Decks



15% SPRING SAVINGS

With this ad. Up to \$1,500 on any job. Not valid with other offers or on prior purchases. Not to be combined with any other offer. Expires 5-31-18.

Low Monthly Payment Plans

Porches/Steps \$105	Windows \$189	Basements \$295
Bathrooms \$199	Kitchens \$289	Decks/Patios \$139
Roofing \$179	Siding \$259	

0% for up to 18 Months

Estimated monthly payments. Rates & payments based on credit approval.

www.MagnoliaHomeRemodeling.com



Licensed & Insured • LO65735 • NJ DCA 13VH07755300



**Call Today
for a Free Estimate!
855-624-6655**

**Affordable,
Professional & Reliable**

- ✓ Family Owned & Operated
- ✓ 25+ Years Remodeling Experience
- ✓ Angie's List Service Award Winner
- ✓ BBB A+ Rated
- ✓ HomeAdvisor Screened & Approved
- ✓ GAF Certified Roofing Installer
- ✓ 100% Financing Available
- ✓ 0% Interest Programs
- ✓ Outstanding Workmanship
- ✓ CertainTeed Building Solutions Specialist

Family Owned & Operated



Siding



Roofing



Windows & Doors



Masonry



Porches

SIDING & ROOFING • WINDOWS & DOORS • KITCHENS & BATHS • BASEMENTS & ATTICS

VIBHAY CHATURVEDI WINS BOY SCOUT CHESS TOURNAMENT

Vibhay Chaturvedi of Watchung Mountains Troop 368, and a resident of Berkeley Heights, New Jersey, won First Place in The Munsee District of Boy Scouts 5th Annual Chess Tournament.

Gleeson Sean of Watchung Mountain Troop 368, and a resident of Berkeley Heights was also in attendance.

The tournament was held at the Cranford Community Center, Cranford, New Jersey, on

February 24, 2018. Sponsored by Renna Media, trophies were awarded to first, second, and third place finishers. The tournament met the 6a requirement for earning a Chess merit badge. First Place prizes were chess sets in traveling cases.

Thirty-six contestants participated, with

players coming from as far as Franklin, Lake Hopatcong, and Rockaway. Big Apple Pizzeria on Walnut Avenue, Cranford, donated lunch for all participants and spectators.

Last year's winner, Linden resident, Youssef Diakite returned as a volunteer and assistant tournament director.



(above) Vibhay Chaturvedi.



(above) Chris Fedhoff did a tremendous job reporting for Cranford's TV35 on the 5th Annual Munsee District Boy Scout Chess Tournament. See the video on their website cranfordtv35.viebit.com



(above, l-r) Sponsor Joe Renna of Renna Media; Second Place finisher Joshua McDonald of Raritan Valley Troop 90; First Place winner Vibhav Chaturvedi of Watchung Mountains Troop 368; Third Place finisher Miguel Aguirre of Raritan Valley Troop 90; and Jim Parlapiano, Cranford Troop Volunteer.

Photos from this and other events can be found online at rennamedia.com and on the Cranford Monthly page on [facebook.com](https://www.facebook.com/cranfordmonthly). Feel free to "Like," "Tag," and "Share."



GREENER LAWNS

Safe Organic Lawn Treatments

908-647-4587

Fax: 908-647-8433

E-Mail: Joe@GreenerLawns.com

Web site: WWW.GreenerLawns.com

ANKLE & FOOT SPECIALIST OF NJ



Dr. Jyotsna Thapar

Two Locations:

65 Mountain Blvd Ext, Suite, 107, Warren

732-356-FOOT (3668)

908 Oaktree Ave, Suite R, South Plainfield • 908-222-8980

www.Ankle-FootSpcialist.com

Evening and Weekend hours available

PROFESSIONAL AND FRIENDLY PATIENT CARE

Treating all kinds of foot and ankle problems including:

- Reconsutructive Surgery
- Bunions
- Hammertoes
- Sports Injuries
- Children's Feet
- Heel Pain
- Nail and Skin Disorders
- Diabetic and Geriatric Foot Care
- Neuropathy Care
- Custom Molded Orthotics

Most Insurance plans accepted • Medicare Provider





FOUNDATION REPAIRS BEFORE & AFTER



CHIMNEY LINERS



CHIMNEY REPAIRS



SHINGLE ROOF



FLAT TOP ROOF



SLATE ROOF



SPANISH STYLE ROOF



NEW STEPS

GUTTER CLEANING STARTING AT \$65

MAGIC IMPROVEMENTS (800) 206-8529
With this coupon. May not be combined with any other offer.
Expires 5-13-18. Go to LocalFlavor.com for more coupons.

15% OFF SENIOR CITIZEN DISCOUNT

MAGIC IMPROVEMENTS (800) 206-8529
With this coupon. May not be combined with any other offer.
Expires 5-13-18. Go to LocalFlavor.com for more coupons.

\$250-\$350 ANY CHIMNEY JOB

MAGIC IMPROVEMENTS (800) 206-8529
With this coupon. May not be combined with any other offer.
Expires 5-13-18. Go to LocalFlavor.com for more coupons.

\$300 OFF ANY JOB of \$2,000 or more

MAGIC IMPROVEMENTS (800) 206-8529
With this coupon. May not be combined with any other offer.
Expires 5-13-18. Go to LocalFlavor.com for more coupons.

\$800 OFF ANY NEW ROOF JOB

MAGIC IMPROVEMENTS (800) 206-8529
With this coupon. May not be combined with any other offer.
Expires 5-13-18. Go to LocalFlavor.com for more coupons.

\$350-\$450 ANY ROOF REPAIR

MAGIC IMPROVEMENTS (800) 206-8529
With this coupon. May not be combined with any other offer.
Expires 5-13-18. Go to LocalFlavor.com for more coupons.



**24/7
EMERGENCY
SERVICE**

**CALL FOR FREE ESTIMATE
800-206-8529**

AN APRIL SHOWER OF MUSIC AT THE WATCHUNG ARTS CENTER

The first of the March nor'easters forced the postponement of Rio Clemente's March 2, 2018 concert at the Watchung Arts Center, but that just adds to the assortment of concerts scheduled for the month of April.

On April 7, the WAC audience will be entertained by the Scheuble family: young pianist, Leonieke, her vocalist sister, Natasha, and their father, drummer Nick Scheuble, joined by bassist Ted Givens. The following weekend features two performances: jazz pianist Rio Clemente's rescheduled concert on Friday, April 13, and a folk music performance by Silk City on Saturday, April 14. A Sunday afternoon classical music program by the Long Duo, sisters Beatrice and Christina Long, on April 22, in celebration of Earth Day, closes out the month. All four concerts will include a dessert reception offering an opportunity to meet the performers. The April 22 concert is at 4 p.m.; the other three programs start at 8 p.m.

Leonieke Scheuble was just 10-years-old when jazz great Dr. Lonnie Smith was shown a clip of her playing piano and gifted her with a Hammond organ. Three years later, she would go on to win Best Up and Coming Young Artist at the 2015 Hot House Fan Decision Awards. She has appeared previously at the WAC on several occasions, most recently in the April 2017 Let Us Entertain You variety show. Leonieke's sister, Natasha, an opera major in her junior year at

SUNY Purchase, was a first violinist with the New Jersey Youth Orchestra and a ballet student of Warren Lynch-former principal dancer of the Boston Ballet. Aside from her operatic roles in college, Natasha has been a featured jazz vocalist at many NY/NJ venues including Trumpets, Shanghai Jazz, DiMenna Center, and Symphony Space. Their father drummer Nick Scheuble has performed and/or recorded with Wynton Marsalis and a host of other jazz greats. Nick has performed at Lincoln Center, Birdland, The Village Gate, and other noted venues throughout America and Europe.

Pianist Rio Clemente, a perennial Watchung Arts Center favorite, is back for his second concert of the 2017-18 season. Known as "the Bishop of Jazz," master pianist Clemente draws the audience up in a musical embrace and then takes them on an extraordinary journey of fanciful melodies and scintillating rhythms. Clemente mixes a strong classical background with a rich knowledge of jazz history, and then adds an amazing sense of creativity and interpretation. The result is a smorgasbord of music that is different from others, and nearly always produces a standing ovation and cries for "more." A native of Morristown, Clemente is New Jersey's own jewel of the jazz world. He is a member of the Morristown Hall of Fame, was named by the NJ Council of the Arts as an Outstanding Professional of the Year and has

been recognized as one of the Top 40 New Jerseyans by the New Jersey Monthly, as well as being selected for Who's Who in America.

Silk City's sound is as unique as their repertoire. Mandolin, guitar, bass, and vocals deliver hard-driving roots music and bluegrass along with a wide variety of other styles to enrapture acoustic music lovers. The trio features Barry Mitterhoff's stellar mandolin stylings, Danny Weiss' heartfelt guitar and vocals and the rhythmic pulse of bass master Larry Cohen. The beautiful North Carolina "roots" sound of Mary Olive Smith's vocals combine with Danny's smoky baritone for some beautiful, duets and the quartet rocks with an infectious energy. Get ready for good times with Silk City's great tunes, hot picking, dynamic singing and an irresistible mix of bluegrass and rockin' honky tonk, roots/county, western swing and original music.

Pianists Beatrice and Christina Long will present a selection of pieces celebrating nature, in honor of Earth Day. As one of the most sought-after piano duos, the Long Duo was hailed as artists "who bring new life to duo piano recitals" (The Washington Post); and "superb performers" (Audiophile Audition). Long Duo performed in venues on three continents, including Alice Tully Hall Lincoln Center, Weill Recital Hall Carnegie Hall, National Concert Hall in Taiwan, Dallas Museum of Arts, Phillips Gallery in Washington

(continued on page 9)

SUMMER BODIES ARE MADE IN THE SPRING!

Experience our 8 Weeks Ultimate Body Transformation Package, consisting of both exercise and nutritional regimen that will help you achieve the body you want just in time for the summer!

\$279

8 WEEKS PACKAGE

**If you need to lose
8 to 12 pounds**

\$349

8 WEEKS PACKAGE

**If you need to lose
15 to 20 pounds**

What makes us different?

- Women only personal training studio
- Serving all fitness levels and age groups
- Individual attention to every client
- Motivation and support
- All sessions run by certified and experienced personal trainers
- Scheduling flexibility with 16 to 19 appointments daily

This offer is valid for new studio clients only



Fit to be Fab
Studio for Women

For additional information call: (908)299-6925

visit us at: www.Fittobefab.com

445 Park Avenue • Scotch Plains, NJ

lost 46.5 lbs.

AFTER

"I love having the personal attention of the trainer. That, combined with my personalized diet has helped me reach my goal!"



BEFORE

Kelly C., Scotch Plains, 39 yrs. old



WATCHUNG ARTS CENTER (continued)

D.C., Spoleto Festival, International Piano Series in Charleston, Grand Theatre (Hangzhou) and Xinghai Theatre (Guangzhou) in China, and Jordan Hall in Boston among others.

The Watchung Arts Center, located at 18 Stirling Road in Watchung, New Jersey, on the Watchung Circle, is a multi-disciplinary arts facility serving Watchung, the surrounding communities and the Tri-State Area. To obtain more information about upcoming performances, classes and workshops, and monthly art exhibitions, please visit WatchungArts.org or call 908-753-0190. Tickets for our concerts can be purchased online at watchungartscenter.eventbrite.com. Tickets may also be purchased by mail, or in person during our office hours.



(above) Rio Clemente



(above) Long Duo



(above) Scheuble Family



(above) Silk City

YOUR LIFE, YOUR BODY, PAIN FREE.

- Acupuncture
- Applied Kinesiology
- Chiropractic Care
- CoolSculpting
- Deep Tissue Laser Therapy
- Injection Therapy
- Nutrition
- Physical Therapy
- PRP Therapy
- Spinal Decompression

Peak Medical provides advanced, modern technology, combined with the convenience of our multidisciplinary treatment options, to help our patients on their path to wellness. These solutions are rooted in traditional methodologies, enhanced by our progressive approach to pain relief, and realized in our modern facilities.

It is our goal to help our patients achieve theirs – and to do so with a flexibility and understanding not often found in surgical alternatives.

Peak Medical
A Total Health Company

P. 908-665-0770
W. www.nopainmed.com

492 Springfield Avenue,
Berkeley Heights, NJ 07922

Dr. Sam Locatelli
MD

Dr. Kara Allen-Artigliere
DO

Dr. Robert Dorn
DC

Dr. Brian Kennedy
DPT

Noelle Bleski
LAc.

Lindsay Maurer
RDN

GRANT ALLOWS SCLSNJ TO SHARE COMMUNITY MEMORIES

In partnership with the National Endowment for the Humanities (NEH), the Somerset County Library System of New Jersey (SCLSNJ) will be collecting, cataloging, and preserving the collective memories of Somerset County residents.

Utilizing a suite of digitization equipment including seven high resolution scanners, a lightbox, a digital single-lens reflex camera, and more; as well as the expertise of SCLSNJ's archival and historical librarians, the Library will be providing residents the opportunity to both preserve and learn about their own history and that of their neighbors.

2018 Digitization Dates / Branch

- July 21 at North Plainfield Library

2019 Digitization Dates

- April 13 at Warren Township Library

- June 15 at Watchung Library

"Our digitization days will allow our patrons to preserve their memories for future generations of family, friends, and community neighbors," said grant coordinator and technical services manager Rebecca Sandoval Sloat.

Somerset County residents should bring no more than five items to each digitization session, including:

- Historic photographs, letters, or documents;
- Sketches, paintings, or other artwork;
- Family heirlooms including recipes;
- Jewelry or decorative arts;
- Textiles such as quilts, samplers, flags, or uniforms;
- Antique toys;
- And, other artifacts.

If a resident has a more robust collection of historical items that they wish to digitize, that patron should make a one-on-one appointment with the library by emailing CommonHeritage@sclibnj.org. If a patron wishes to share an oral history of a historic and/or life event, short recorded interviews can be arranged.

SCLSNJ will make these collective memories available for research and use for future generations by contributing digitized items to Rutgers University's New Jersey Digital Highway, by making them available in our library's online catalog, and by submitting them to the Digital Public Library of America (DPLA).

The following community organizations will be partnering with SCLSNJ through the course of this 18-month project: The Board of Chosen Freeholders, Somerset County; The Courier News/MyCentralJersey.com; the Franklin Township Public Library; the New Jersey Council for the Humanities; and Somerset County Historical Society

The Somerset County Library System of New Jersey Common Heritage initiative has been made possible in part by a major grant from the National Endowment for the Humanities: Exploring the human endeavor. Any views, findings, conclusions, or recommendations expressed in these Library programs do not necessarily represent those of the National Endowment for the Humanities.

Somerset County Library System of New Jersey's (SCLSNJ) Watchung Library branch children explored their creativity on February 1, 2018.




(above) Zahavah Neuberger, 6, of Watchung, colored Wonder Woman on a door hanger while listening to stories about superheroes.




(above) Sarp Uslay, 5, of Watchung, drew a Valentine for his kindergarten teacher as his plastic dinosaurs looked on.

The Chelsea at Warren presents

Creating the MIRACLE in your OWN LIFE






Inspiration and
Motivation from
acclaimed speaker
Jim Stroker
Leadership Trainer

Thursday, April 12th
5-7 PM
Wine & Hors d'oeuvres
RSVP 908-903-0911

Join us at



THE CHELSEA AT WARREN

ASSISTED LIVING • INDEPENDENT LIVING • MEMORY CARE
274 KING GEORGE ROAD | WARREN, NJ 07059
CHELSEASENIORLIVING.COM

MAKING JEWELRY OUT OF JUNK AT SCLSNJ'S WATCHUNG LIBRARY BRANCH



On February 7 at SCLSNJ's Watchung Library branch; Jaclyn Scopel, 17, and Andrew Scope, 14, both of Green Brook, gathered to create environmentally friendly jewelry by crocheting metal soda can tabs to form wearable art.

**ROTARY CLUB
OF WATCHUNG - WARREN**
meets every
**TUESDAYS AT 12:00PM
BRIGHTVIEW AT WARREN**
57 Mount Bethel Road
Warren, NJ
**GUESTS & PROSPECTIVE
MEMBERS WELCOME**
More information contact:
908-755-8724

CROWN TROPHY
Green Brook
AMERICA'S LARGEST AWARD SUPPLIER
"Where Everyone Wins"
p 732.968.3455 • f 732.968.5877
e-mail trophy@aol.com
www.crowntrophy.com/store-52
HOURS: MONDAY-FRIDAY 9AM-5PM • OTHER HOURS BY APPOINTMENT ONLY
205C ROUTE 22 EAST • GREEN BROOK, NJ 08812
SERVING YOUR AREA SINCE 1998
FREE SHIPPING AND DELIVERY AVAILABLE FOR QUALIFYING ORDERS

ra
Landscaping & Design, LLC
Outdoor Living Spaces
Lawn Programs
Paver Installments
Shrub, Sod and Mulch
732-245-0022
ralandscapingdesign@comcast.net
www.ralandscapingdesign.com
**20% OFF SPRING START-UP
ON ALL SERVICES**

**DO YOU NEED A
DUMPSTER?**
Professional Delivery & Pickup Affordable
Call to Reserve One Today
We take (but not limited to)... Logs & Stumps
General Construction Demolition Debris
Household Waste Bulky Waste
Concrete & Asphalt
STERLING YARDS, LLC
NJ DEP# S27236
908-234-2382
Fast, Friendly, Reliable Service

Enjoy Aging . . .
Luxury Senior Living, Family Style
"The Residences at Warren"


- Private suite with full bath
- Cooking and housekeeping included
- Hobby and craft space
- Onsite library
- Wi-Fi throughout
- On-Floor laundry
- Onsite parking
- Handicap accessible

CHC SENIOR HOUSING
PLEASE CALL (908) 526-8130
OR VISIT **CHCHOUSING.ORG**
FOR MORE INFO. 

GO FAR
PREPARING YOUNG MINDS
TO CHANGE THE WORLD.
A co-educational day school for PreK-Grade 8
**Steven
Grade 5**
**Far Hills, NJ | fhcds.org**
Summer Camp Registration Now Open!

ANTHONY'S AFFORDABLE
TREE CARE & LAND SERVICES LLC
Formerly Affordable Tree Care
TREE CARE - HARDSCAPE
We Will Beat Any Written Quote
From A Reputable, Insured Tree Service.
908-414-4509
Call Today For
A FREE Estimate

**10% OFF
ANY SERVICE**
\$300 maximum discount. Coupon must be presented at time of estimate.
Cannot be applied to previous estimates or scheduled work.
Cannot be combined with any other offer. Expires 4/30/18
FULLY INSURED • 24 HR EMERGENCY SERVICE AVAILABLE

'AN EVENING OF SHINING STARS' ANNUAL SPECIAL NEEDS TALENT SHOW

Submitted by Michael P. Curci

One of the area's most anticipated events, "An Evening of Shining Stars," featuring members of the special needs community will take place on Friday May 4, 2018 at 7 p.m.

Founded by Cranford resident Sally Curci, the 7th annual showcase will feature "Music from the Decades" with the cast set to sing and dance their way into your hearts as they show off their amazing talents.

And for the very first time, the "Shining Stars" cast will take the professional stage at the beautiful and historic Union County Performing Arts Center, where many of America's biggest names have performed.

"We are so excited to give our special cast the chance to perform at such a great venue," noted Sally Curci. "Our audience has grown each and every year, and our cast continues to grow as we spotlight talent from around Union County. It's going to be a night to remember."

When the lights will go up, the "stars" will shine, entertaining you with music from the '20s through today, with solo acts and full cast dance choreography, which is one of the highlights of the show.

Adam Fleissner, who has performed in every show, can't wait to take the stage again, as he prepares to sing "Help!" by the Beatles.

"We meet so many great people," said Fleissner. "We get new people in every year and everyone has a good time meeting each other and performing. All of it is just fantastic."

Caitlin Madden is also excited to team with volunteer buddy Mark Lynch on the Elton John song, "Don't Go Breaking My Heart," with rehearsals in full swing.

"I'm very excited for the show, I like my number," said Madden. "I like all the years I've been doing it. It's fun. Come see us!"

Tickets are on sale now at UCPAC.org/events.

Find the Shining Stars logo, select your seats and you'll be in for one of the best nights of the year!

"An Evening of Shining Stars" is presented by Shining Stars Network, Inc., a 501(c)3 nonprofit organization based in Union County that shines the light on the special needs community by creating inclusive events such as their annual talent show, dances at local high schools, and our Ambassadors basketball team, which travels to play local first responders to promote friendship and understanding.

SSN will also host their 2nd annual two week performing arts camp, "Camp Shine," from August 20 through August 31 in Scotch Plains. To reserve your spot, or for more information on any of these programs or events, email shiningstarsnetwork@gmail.com,

or check out their website at ShiningStarsNetwork.org.





Why Repave? Sealcoat & Save!

MAKE YOUR ASPHALT GREAT AGAIN!

BACK TO BLACK SEALCOATING

732-968-3646

backtoblacksealcoating.com

backtoblacksealcoating@yahoo.com

WE WILL EDGE, CLEAN, PRIME OIL SPOTS & SEALCOAT YOUR DRIVEWAY!

- Parking Lot Line Striping
- Driveways & Parking Lots
- Specializing in Large Parking Lots
- Hot Rubberized Crack Filling
- Hot Asphalt Repairs
- Asphalt or Coal Tar (Emulsion Sealer)
- Pothole Patching
- SNOW REMOVAL
- Power Washing
- Asphalt Patch Work

Call for a FREE Estimate & Receive a FREE Gift!

5% DISCOUNT FOR SENIORS & VETERANS!

We will beat any legitimate Sealcoat company's written estimate.

FULLY INSURED!
Lic# 13VH06534400

\$50 OFF DRIVEWAY REPAIR or SEALCOATING

Minimum purchase \$500. Limit one. No other discounts apply. Exp. 4/30/18.

Norris McLaughlin & Marcus, P.A.

ATTORNEYS AT LAW

New Jersey · New York · Pennsylvania

400 Crossing Boulevard, 8th Floor, Bridgewater, NJ 08807-5993
T. 908.722.6700 · F. 908.722.6735

www.nmmlaw.com

For more information, please contact FamilyLaw@nmmlaw.com







Follow us on Social Media!
Check out our Blogs!
Stay up to date with legal information that is important to you!

COMPASSIONATE. STRATEGIC. EFFICIENT.



FAMILY MATTERS.

People confronting family law matters must grapple with complicated legal and financial issues at emotional times. Our **Matrimonial & Family Law** attorneys work to understand the needs of each client, guiding them in a compassionate and efficient manner through their unique issues. We offer our clients strategic and thoughtful services in all aspects of family law, including:

Divorce	Adoption	Custody
Alimony	Guardianships	Child Support
Separation	Parenting Time	Domestic Violence
Palimony Suits	Visitation Rights	Orders of Protection
Property Settlements	Grandparent Rights	Pre-nuptial Agreements

KEAN UNIVERSITY HOLOCAUST COMMEMORATION



The annual Yom HaShoah Holocaust Commemoration at Kean University will take place on Wednesday, April 11, 2018 at 6:45 p.m. at the Wilkins Theatre for the Performing Arts, 1000 Morris Avenue, Union, New Jersey.

This year's featured speaker will be Robert

Bielsky, the youngest son of the legendary partisan commander Tuvia Bielski, portrayed by Daniel Craig in the 2009 film "Defiance." He lectures throughout the world about the heroics of his father and uncles, and about their successful mission that saved over 1200 Jewish lives during the Holocaust, whose descendants today number in the tens of thousands.

Robert Bielsky is active in many Jewish organizations. He is a member of the Associates Board of the Museum of Jewish Heritage: A Living Memorial to the Holocaust in New York City, and is past president of the Holocaust Memorial Committee of Brooklyn.

This event is free and open to the public; and is sponsored by the Jewish Federation of Greater MetroWest NJ and Kean University's Holocaust Resource Center. Educators who attend will receive professional development credits, and sign language interpretation will be provided. For more information and to register, visit jfedgmw.org/kean.

LANDSCAPING SNOW PLOWING

HIGH QUALITY LAWN SERVICE

FULLY INSURED FREE ESTIMATES

908-448-6761

"LOWEST PRICES IN TOWN"

EXPERIENCED HELP WANTED

Fully Insured

Free Estimates

Needleman Roofing

Lic. #
13VH06601300

SLATE - TILE - ASPHALT SHINGLES

908-389-0200

PAVE&SAVE

**No Deposit / No Money Down
until job is 100% completed**

- Paving & Seal Coating • Driveways
- Brick Pavers • Sidewalks • Steps.

Please call

Mr. Tom Magill 732-489-8454

wepaveyousave@gmail.com

www.paveandsave.info

Watchung - Warren Rotary Club

meets every

Tuesday at 12:00pm

Prezzo's Restaurant

50 Mount. Bethel Road
Warren, New Jersey

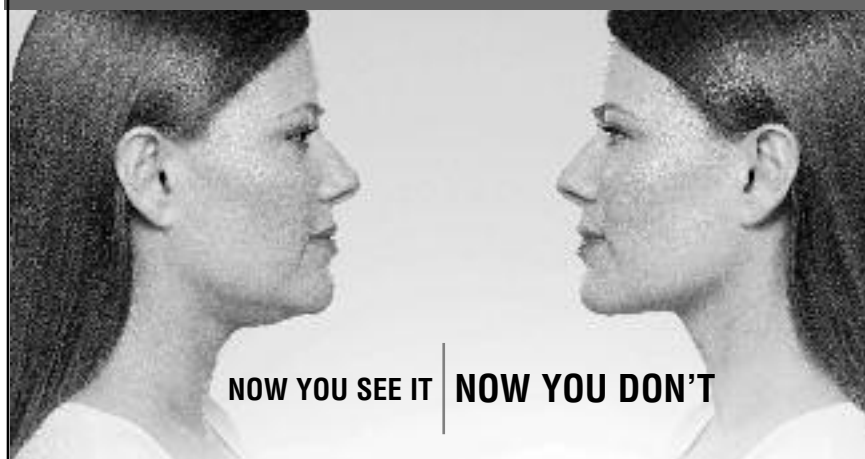
For information about the Rotary club
contact Bob Aznar

908-755-8724

or email rara1055@optonline.net

**Guests & Prospective
Members Welcome**

Discover KYBELLA®, the first and only FDA-approved injectable treatment to reduce fat under the chin.



2015 ALLURE® BEST OF BEAUTY
BREAKTHROUGH AWARD RECIPIENT

*Adra took the "double"
out of her chin with KYBELLA®*



Consult One of The Top Injectors
in the Central Jersey Area,
Dr. Patricia Barsanti

Bella Fina
MEDI SPA

FREE Botox*

with Kybella Treatment

*Get up to 50 units of Botox
(\$750 value)*

Offer expires 4/30/18.

**Terms & Condition Apply.*

While Supplies Last.

908-755-8400

info@BellaFinaMediSpa.com

154 Mount Bethel Road, Warren NJ 07059 • www.BellaFinaMediSpa.com

WARRENBROOK SENIOR CENTER APRIL 2018 SPECIAL EVENTS

The Warrenbrook Senior Center is located at 500 Warrenville Road, Warren, New Jersey.

For more information call 908-753-9440 or visit: seniorcenter.us/sc/warrenbrook_senior_center_warren_nj

“Artic Wildlife Program”
by David Ward, C.L.P.,
April 2, 10:30 a.m.

In August 2017, David went on a wildlife adventure that took him to Kuujuaq, the largest Inuit settlement in Nunavik Territory, Quebec, to Ungava Bay Tassiujaq, and Leaf Bay. Although his guide did not guarantee that he would see any animals he saw everything from polar bears, musk ox and bearded seals. This presentation will also include pictures of icebergs and the northern lights as experienced during an Artic Summer.

“Frank Sinatra from Hoboken to Hollywood”
with Gordon James, trumpeter,
April 9, 10:30 a.m.

This program briefly covers the career of Frank Sinatra from his early days with Harry James and Tommy Dorsey, to the Capital years in the 1950s, to starting his own label and finishes with his movie career from the 1940s through the 1960s. Many classic Sinatra songs like “All or Nothing at All,” “Stardust,” “When You’re Smiling,” “I’ve Got You Under my Skin,” “Come Fly with Me,” “All the Way,” “The Lady is a Tramp,” “That’s Life,” “My Way,” and “New York, New York” will be some of the songs performed. Join us for a memorable, musical program.

Three Part iPhone/iPad Workshop:
Get the Most from this Powerful Tool in your Pocket with Maureen Greenbaum.
April 10, 17 and 24, 10 a.m.

At this workshop you will get answers for your questions and explore the benefits of individual iPhone apps such as “Find My Friend,” Google/Apple maps, podcasts, mail, health, camera, calendar, stocks and more. Participants will decide the class direction. Good for beginners and those with some proficiency who are interested in learning skills to make using the iPhone more effective and fun. Be sure to bring your iPhone or iPad. Advanced registration required. Space is limited.

“Feast for the Eyes”
by Vanessa Young, Thirsty Radish.
April 16, 10:30 a.m.

Take a journey from the ancient world to the present as we explore the connection between food and art. From elaborate classical mosaics to opulent Renaissance paintings to contemporary works depictions of food reflect culture. We will discuss changes in the way food and feasting have changed throughout history.

“Tooling Through Art”
by Meg Wastie, Curator of Education,
Museum of Early Trade & Crafts
April 23, 10:30 a.m.

Many masterpieces of world art contain depictions of hand tools and household artifacts. This presentation shows these artworks and focuses in on the tools. Pictures of objects from the Museum’s collection are juxtaposed with the art slides to show the similarities. Background on the artists, the art, and the artifacts is included.

“Earth Under Our Feet”
by Debra Esposito, Morris Museum.
April 24, 10:30 a.m.

This Geology program covers planet earth’s geology and then spends a section focusing on the formation of Puddingstone which is a unique stone found in Boonton, New Jersey, and was used to build many of Boonton’s walls and buildings. It also runs through Bearfort Mountain. This program is made possible, in part, by the New Jersey Historical Commission, a division of the Department of State through the State/County History Partnership Program Grant, and administered in Somerset County by the Somerset County Cultural & Heritage Commission.

“Smart Snacking”
by Marisa Wagner, MS, RDN, ShopRite/Wakefern.
April 26, 10:30 a.m.

Let’s be real, we all snack. Actually, snacking isn’t bad for you if you do it in moderation and make

healthy choices. As boring as “healthy snacks” might sound, you will be surprised at just how tasty they can be. Learn the importance of snacking in a healthy way to help snap out of a day-time lull. Snacking can also be a healthy way to get some extra calories in between main meals. Sampling will be a part of this program.

BMI (Body Mass Index) & Blood Pressure Screenings, Atlantic Health Systems, Overlook Medical Center’s Mobile Health Van.
April 30, 10:30 a.m.

BMI is used as a screening tool to indicate whether a person is underweight, overweight, obese or a healthy weight for their height. It is not a diagnosis. BMI is a person’s weight in kilograms divided by the square of height in meters. This tool is an attempt to quantify the amount of tissue mass (muscle, fat, and bone) in an individual, and then categorize that person based on that value. Blood pressures screenings will also be available.

RENNA MEDIA
NEWSPAPER RATE SHEET
WE MAIL
125,000
NEWSPAPERS
MONTHLY!
Tina Renna 908-418-5586
tinarennarennamedia.com
Joe Renna 908-447-1295
joerennarennamedia.com
202 Walnut Avenue
Cranford, NJ 07016
info@rennamedia.com

Advertise
in 1 or all
21 towns



Berkeley Heights NJ COMMUNITY NEWS Qty: 4,800 Mailed to every home and business. Zip: 07003	THE CHATHAMS NJ Qty: 7,400 Mailed to every home and business. Zip: 07928	Clark Monthly Qty: 6,700 Mailed to every home and business. Zip: 07066	CRANFORD MONTHLY NJ Qty: 9,800 Mailed to every home and business. Zip: 07016	Fanwood Post NJ Qty: 3,000 Mailed to every home and business. Zip: 07023	Garwood Times NJ Qty: 2,200 Mailed to every home and business. Zip: 07027	Green Brook Gazette NJ Qty: 3,000 Mailed to every home and business. Zip: 08812
KENILWORTH NJ Qty: 3,600 Mailed to every home and business. Zip: 07033	Life in LINDEN NJ Qty: 12,500 11,800 mailed to homes and businesses. Zip: 07036	Long Hill LEADER NJ Qty: 3,600 Mailed to every home and business in Gillette, Millington and Siding. Zip: 07933, 07946, 07980	MADISON MONTHLY NJ Qty: 6,300 Mailed to every home and business. Zip: 07940	MOUNTAIN SIDE VIEW NJ Qty: 2,800 Mailed to every home and business. Zip: 07092	New Providence NEWS NJ Qty: 4,800 Mailed to every home and business. Zip: 07974	The PRIDE of North Plainfield NJ Qty: 8,300 Mailed to every home and business. Zip: 07060, 07063, 07065
OUR TOWN Rahway, NJ Qty: 6,000 5,000 mailed to homes and businesses. Zip: 07065	Scotch Plains NJ Qty: 9,600 Mailed to every home and business. Zip: 07076	Summit 3 Times NJ Qty: 9,600 Mailed to every home and business. Zip: 07901	Spirit of UNION NJ Qty: 5,500 5,000 mailed to homes and businesses. Zip: 07085	WARREN MONTHLY NJ Qty: 6,200 Mailed to every home and business. Zip: 07059	Watchung Post NJ Qty: 2,800 Mailed to every home and business. Zip: 07069	Westfield MONTHLY NJ Qty: 11,800 Mailed to every home and business. Zip: 07090

NEWSPAPER AD RATES
Rates are per month. Artwork included in price. Newspapers are black on white.

Units	Size	RATE FOR ANY 1 NEWSPAPER	RATE FOR ANY 3 NEWSPAPERS	RATE FOR ANY 6 NEWSPAPERS	RATE FOR ANY 9 NEWSPAPERS	RATE FOR ANY 12 NEWSPAPERS	RATE FOR ANY 15 NEWSPAPERS	RATE FOR ANY 18 NEWSPAPERS	RATE FOR ALL 21 NEWSPAPERS
1 Unit (Business card)	3.25" x 2"	\$60	\$150	\$250	\$350	\$400	\$450	\$500	\$550
2 Units	6.5" x 2" or 3.25" x 4"	\$100	\$250	\$400	\$500	\$600	\$700	\$800	\$900
4 Units	3.25" x 8" or 6.5" x 4"	\$180	\$450	\$700	\$900	\$1100	\$1300	\$1500	\$1700
6 Units	6.5" x 6.25" or 10" x 4"	\$240	\$600	\$900	\$1200	\$1400	\$1600	\$1800	\$2000
9 HALF PAGE	6.5" x 9" or 10" x 7"	\$320	\$800	\$1000	\$1300	\$1600	\$1900	\$2200	\$2400
12 Units	10" x 8"	\$360	\$900	\$1200	\$1500	\$1800	\$2100	\$2400	\$2700
18 FULL PAGE	10" x 14"	\$400	\$1000	\$1400	\$1800	\$2200	\$2500	\$2800	\$3000
2 PAGE SPREAD	21" x 14"	\$700							
BACK PAGE	10" x 4"	\$500							
FRONT PAGE BANNER	8.25" x 2"	\$320							
FRONT PAGE BOX	1.5" x 4.5"	\$240							

Back cover, fold over banner and fold box reserved on last cover, first spread box. Current advertiser has right of first refusal.

PREPAY FOR 6 MONTHS AND GET 1 FREE
 Make Checks payable to Renna Media, 202 Walnut Avenue, Cranford, NJ 07016
 Visit RennaMedia.com for online publications.
 Photo albums, video and advertising opportunities.

THE NEXT BIG THING!!! JOE RENNA'S HYPER LOCAL NETWORK ON YOUTUBE

Renna Media has launched a new YouTube channel called Joe Renna's Hyper Local Network! The channel will consist of a variety of shows, each with its own focus. The first episode of each show is up and ready to view.

Mind Your Own Local Business

Mind Your Local Business uses real life examples to illustrate successful techniques for managing and marketing your business. Local businesses will be featured. The first episode is about crafting a 30 second elevator speech. The February 2018 meeting of the Irish Business Association held at Molly Maguire's in Clark, NJ is featured in the first episode. Businesses that would like to be featured in an episode can email Joe at joerenna@rennamedia.com.

The Peterstown Show

The Peterstown show is a video continuation of the Peterstown Newspaper. The show focuses on the 100-year history of an Italian American Neighborhood in Elizabeth, NJ. Like the newspaper, it preserves the culture and traditions while recording the oral history that may be lost. The first episode is an interview with Carmela Lepore who turned 108-years-old on January 30, 2018.

Renna's Arena hosted by Nick Renna

Nick Renna has been the voice of high school sports as a public address announcer and brings that experience to a variety show; an eclectic mix of old and new video about general interests. His first episode is a video he shot of a 5th and 6th grade St. Anthony's Grammar School game from 1989.

The Video Shoebox

As a camera bug from a very young age Joe Renna amassed a collection of VHS tapes and 8 mm film. The first video is of the Linden Debutant Ball that he shot in 1992. There are hundreds of hours of videos to come.

Anyone with 8mm film or VHS tape to transfer should email joerenna@rennamedia.com.

Renna Media will convert film for free if we use it on the show.

PLEASE VIEW / LIKE / COMMENT / SUBSCRIBE.

More shows will be coming in the future! And if you have ideas for what you'd like to see, please comment or email me at JoeRenna@rennamedia.com. ▼ Please SUBSCRIBE to my channel to get regular business insights and networking guidance: youtube.com/channel/UCqJS. ▼ I welcome your likes, shares and comments! You can learn more about me and my business by visiting my website at rennamedia.com. .

**Don't let your family
memories fade away**

HOME MOVIES TRANSFERRED TO DIGITAL FILES & DVD

- Video Tape Transfers
- DVD & Flash Drive Duplication
- Audio Cassette to CD
- Reel to Reel Audio to CD
- LP to CD
- High Speed Slide Scanning
- Foreign Conversions

Video Production & Editing
Training • Sales • Documentary

VIDEO DATA SERVICES®

locally owned since 1984

www.vdsnj.com

facebook.com/vdsnj

email: ira@vdsnj.com

908-964-4004

406 Chestnut St. • Union, NJ 07083

 <p>See us on on YouTube</p> <p>f Visit us on Facebook</p>		<p>RENNA MEDIA</p> <p>JOE RENNA</p> <p>Cell: 908-447-1295</p> <p>Email: joerenna@rennamedia.com</p> <p>Website: www.RennaMedia.com</p>	
 <p>MIND YOUR OWN Local BUSINESS</p> <p>With Host JOE RENNA</p> <p>0:27</p>	 <p>30 Second Elevator Speech</p> <p>Mind Your Own Local Business</p> <p>12:43</p>	 <p>THE Peterstown SHOW</p> <p>ELIZABETH, NJ</p> <p>The Burg</p> <p>0:45</p>	 <p>Carmella Lapore Turns 108 Years Old</p> <p>18:19</p>
<p>Mind Your Own LOCAL Business- Marketing/Sales</p>	<p>How to Give the Perfect Elevator Pitch Examples</p>	<p>Peterstown Show & Book- an Italian-American Community</p>	<p>Carmella Lapore Turns 108 Secrets to Aging Well </p>
 <p>Renna's Arena</p> <p>with Host Nick Renna</p> <p>0:21</p>	 <p>St. A's 1989</p> <p>E1</p> <p>6:58</p>	 <p>Joe Renna's Video Shoebox</p> <p>Hometown Home Movies</p> <p>Film and Video Archives</p> <p>0:30</p>	 <p>Linden Debutant Ball 1992</p> <p>56:44</p>
<p>Renna's Arena - Introduction to Local Sports Show & More</p>	<p>St Anthony's vs St Rocco's Basketball, Elizabeth NJ</p>	<p>The Video Shoebox 50 years of Hometown Home Movies </p>	<p>Debutante Ball Linden NJ 1992 Video Shoebox Ep#1</p>



HIBACHI GRILL

supreme buffet

**Serving
LOBSTER or CRAB LEGS
with other Special Items
Every Holiday**

For more information, please call
908-490-1600

Fax: 908-490-1601



Large Parking Lot to Accommodate our Customers

10% DISCOUNT
Seniors 60+, Military,
Police, College Students
Hibachi Grill Supreme Buffet (Show ID)

www.hibachigrillandbuffetnj.com
BLUE STAR SHOPPING CENTER

1701 U.S. Highway 22 West • Watchung



MONDAY - THURSDAY

Lunch 11am - 3:30pm

Adult\$7.99
Kids 7-10.....\$5.99
Kids 3-6.....\$3.99
2 & Under.....FREE!

Dinner 3:30pm - 10:00pm

Adult\$11.99
Kids 7-10.....\$7.49
Kids 3-6.....\$5.99
2 & Under.....FREE!

FRIDAY - SATURDAY

Lunch 11am - 3:30pm

Adult\$7.99
Kids 7-10.....\$5.99
Kids 3-6.....\$3.99
2 & Under.....FREE!

Dinner 3:30pm - 10:30pm

Adult\$11.99
Kids 7-10.....\$7.49
Kids 3-6.....\$5.99
2 & Under.....FREE!

SUNDAY ALL DAY DINNER

11am - 10pm

Adult.....\$11.99
Kids 7-10\$7.49
Kids 3-6\$5.99
2 & Under.....FREE!

GIFT CERTIFICATES AVAILABLE

SUSHI

**Fantastic range of freshly prepared sushi.
Most selection and top quality among all competitors.
It is far from the typical "buffet quality" sushi.
At HIBACHI, you don't sacrifice taste for price.**

BUFFET

**Elegant, modern, fresh, executed with care and
confidence. HIBACHI Grill Supreme Buffet brings together
250+ of fresh-made Asian dishes in eleven buffet bars.**

HIBACHI

**Choose your favorite ingredients from dozens of seafood,
meats and vegetables. Watch our chef preparing them in
our special hibachi sauce to create a full-flavored dish.**

ASK US ABOUT CATERING YOUR NEXT EVENT!

We have a large party room available for birthday parties, office meetings & weddings.

\$125 OFF
ADULT BUFFET

With purchase of a beverage per person
Watchung • 908-490-1600
Cash Only. Limit 4. Not valid with any other
offers or discounts. Expires 5/10/18.

\$250 OFF
**2 ADULT
BUFFETS**

With purchase of a beverage per person
Watchung • 908-490-1600
Cash Only. Limit 4. Not valid with any other
offers or discounts. Expires 5/10/18.

\$10 OFF
**ANY ONE
PARTY**

Of \$100 or more. Monday - Thursday Only.
Watchung • 908-490-1600
Cash Only. Limit 4. Not valid with any other
offers or discounts. Expires 5/10/18.

\$500 OFF
**4 ADULT
BUFFETS**

With purchase of a beverage per person
Watchung • 908-490-1600
Cash Only. Limit 4. Not valid with any other
offers or discounts. Expires 5/10/18.