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Issue 29 • February 2018

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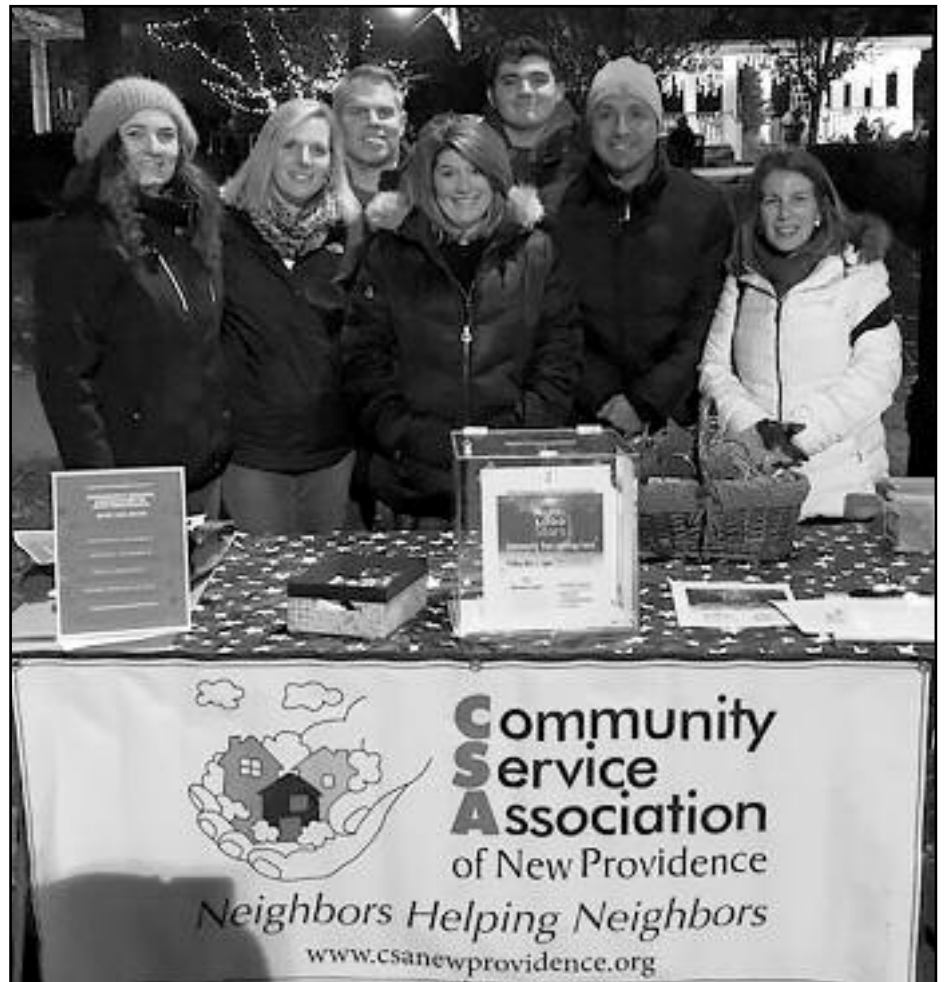
ABR, SRES

GOOD SCOUT AWARD DINNER HONORS OUTSTANDING CITIZENS

Boy Scouts of America, Patriots' Path Council will be honoring local citizens at the 7th Annual New Providence Good Scout Award Dinner to be held on the evening of Wednesday, March 7, 2018, at The Primavera Regency in Stirling at 6:30 p.m. This year's honorees are Community Service Association, Armand Galluccio, Detective Mike Hand, David K. Helsabeck, and Nora Murphy.

The event recognizes these four outstanding citizens and one organization for their community service, as evidenced by their leadership and interests within the New Providence community, and for their embodiment of the values of the century old Scout Oath and Law in their personal and professional lives. The event chair is a 2017 New Providence Good Scout Award Recipient David C. Hasenkopf of Boy Scout Troop 1 in New Providence.

Established in 1954, the Community Service Association's primary purpose is to offer



(above) Community Service Association

financial assistance to New Providence residents in their time of need. Armand Galluccio is a Former New Providence Councilman. Detective Mike Hand of the New Providence Police Department is President of PBA Local #132 and headed up the first Junior Police Academy in New Providence in 2016. David Helsabeck is the Vice Chair of Membership in the Watchung Mountain District of the Boy Scouts America and has been involved in the local Scouting programs in New Providence for 13 years. Nora Murphy is the Chairperson of New Providence Alliance, an organization that's mission is to achieve a drug free community and improve and enhance the quality of life for all who work and live in New Providence.

New Providence is a part of the Patriots' Path Council, Boy Scouts of America which serves 17,000 youth in over 400 Scouting units in communities throughout Morris, Middlesex, Somerset, Sussex, and Union Counties.

For more information on Scouting, attending the event, and sponsoring the program journal, contact Jennifer Volz, Sr. Development Director, at 973-765-9322 ext. 249 and/or jennifer.volz@scouting.org.



(above, top, bottom, l-r) David Helsabeck,
Armand Galluccio, Detective
Mike Hand, Nora Murphy

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LOCAL AUTHOR LAUNCHES SECOND NOVEL

Author J.R. Bale, a resident of New Providence, has just published his second novel, a science fiction called "Cognition Chronicles: The Redstone Legacy." As with his previous novel, Bale tries to pose unusual questions to the reader, such as: Can a soul be duplicated? Can one man's madness save civilization? Can an artificial intelligence have a heart? These are not the questions one usually asks, but in Bale's newest novel, the answers may determine the final outcome for the human race.

"I try to examine new perspectives in each of my books," says Bale. "In this one, I tried to explore what might be the actual final frontier, that of the human mind." In his pursuit of diverse perspectives, Bale has traveled to over a dozen countries across four continents. He even applied to NASA's space program in the 1980s. When not

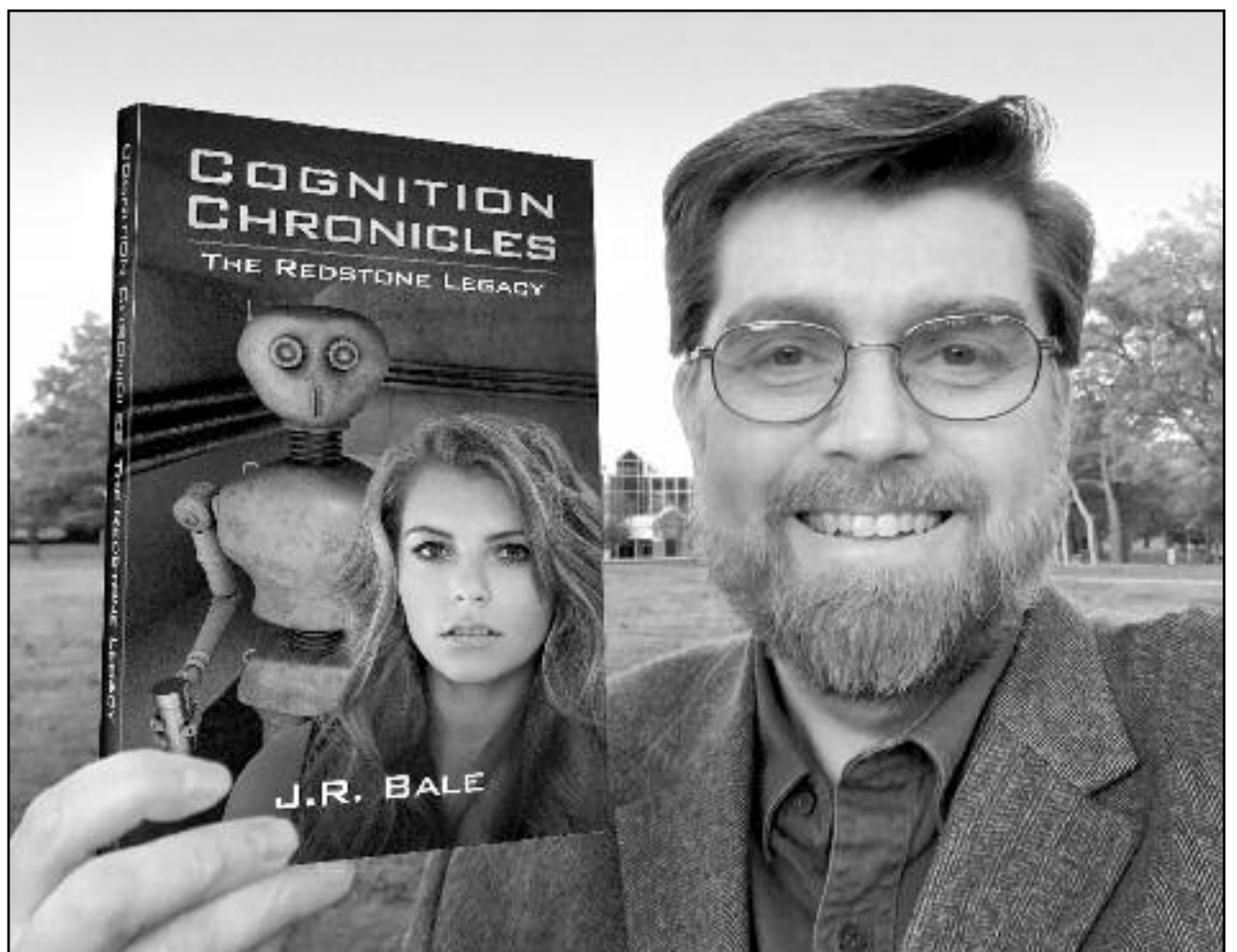
writing books, he works as a marketing consultant and college professor.

How successful has his book been? "So far," Bale reports, "reader response has been quite encouraging."

Local book enthusiasts might be familiar with J.R. Bale's name, as he was also responsible for organizing and managing the New Providence Book Festival on the Salt Box Museum grounds in September of 2017. He promises to organize a second festival in 2018.

Bale's first novel "Phoenix in the Middle of the Road," a political fiction, was published in 2015. Both books were published by CopperKnight Publishing and are available on Amazon in ebook and paperback.

To learn more, people can visit his website at jrbale.com.



(above) J.R. Bale.

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RELAY 2018 RETURNS TO GOVERNOR LIVINGSTON HS

Submitted by Marlene Sincaglia

The Event Leadership Team announced that The 2018 Relay for Life of Berkeley Heights, Mountainside, New Providence, and Summit will be returning to Governor Livingston High School on June 2 to 3, 2018. Mrs. Rattner stated, "We are excited about the possibility of Relay for Life returning to Governor Livingston High School in 2018. This event is an integral part of our community and an incredible opportunity for our students to help others." Being at the high school also allows for an indoor location in case of inclement weather.

There will be a Kick Off for Relay on Thursday, March 1, 2018. It will be held at the Governor Livingston High School Cafeteria at 7 p.m. The theme of Kick Off is Back TO GL. We envision a future that is cancer free. Everything you need to know about Relay for Life will be presented in an interactive setting. Relay passports will be distributed. Get stamps for various benchmarks that will result in being eligible for a \$100 gift card. Sign up as an individual or with a team that evening.

The Event Leadership Team is hoping that many more teams will join us this year. If you have a group of friends, a book club, or other group, please form a team. Relay 2018 is

looking for people who will work together to solicit money for ACS and then walk the track on June 2nd to demonstrate that cancer does not sleep and neither do we.

Relay for Life is a community event. The three prongs are Celebrate, Remember, and Fight Back. Everyone has been touched by cancer. At relay we Celebrate the survivors and those who are starting the journey. At Relay, we Remember those we lost to cancer and at Relay, we Fight Back to help prevent cancer.

Relay for Life raises money for the American Cancer Society (ACS). The ACS is leading the fight for a world without cancer. From research, education and prevention to treatment, recovery and support of patients, caregivers, long-term survivors, ACS stands united in its mission to achieve a world free from the pain and suffering of cancer.

The website cancer.org features the latest most accurate information on virtually all topics related to cancer from prevention and diagnosis to survivorship and caregiving.

The toll free helpline 1-800-227-2345 is available 24 hours a day, seven days a week, to help cancer patients, and those seeking information, resources, and support. For more information go to RelayforLife.org

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NEW PROVIDENCE LIONS CLUB HOSTS ANNUAL PASTA DINNER

The Community Service Association of New Providence (CSA), together with the New Providence Lions Club, will host the 5th Annual Pasta & Meatball Dinner on Sunday, February 25, 2018. This fun, family-friendly event will take place at the DeCorso Community Center, 15 East Fourth Street, New Providence, New Jersey. Pasta, meatballs, and dessert will be served from 3 to 7 p.m. Tickets are \$12 per person; children 5 and under are free. Cash and checks will be accepted at the door. (No credit cards, please.) The snow date is Sunday, March 4, 2018.

There will be a big basket raffle featuring local vendors and more as well as a 50/50 drawing. The annual Pasta Dinner is the CSA's main community fundraising event of the year.

The Community Service Association of New Providence is a 501(c)(3) nonprofit organization that provides temporary assistance to New

Providence residents with financial needs while respecting the dignity and anonymity of the individuals and families. This could mean helping a family with medical bills, paying utility bills or rent, clothing assistance, transportation, and more. The CSA also works with the Boy Scouts and Faith Lutheran on the annual Thanksgiving food drive as well as a Christmas gift drive. The food and gifts are given to New Providence residents in need.

The CSA was established in 1954 and is believed by longtime members to be the first organization of its kind in the country. New Providence residents who would like to get involved are welcome to the CSA meetings on the second Wednesday of each month.

Residents in need of the CSA's help, or anyone wishing to get involved in supporting or volunteering, can call 908-665-8254 or email csanewprovidence@gmail.com.

PROGRAMS FOR NEW PROVIDENCE SENIORS

AGELESS GRACE® BRAIN HEALTH FITNESS

The Ageless Grace® Brain Health Fitness program is coming! Certified Integrative Health Coach and Certified Ageless Grace® Educator Kara Hodes-Wechsler will discuss and demonstrate the program at the New Providence Senior Citizens Club meeting on Wednesday February 14, 2018, at 11 a.m., and then full program sessions will be offered for seniors on Thursdays March 1, 8, 15 and 22, 2018 at 11 a.m.

Ageless Grace® is a cutting-edge brain health fitness program based on stimulation of neuroplasticity to support cognitive function and activate all five primary functions of the brain. Each of the brain-changing movements also focuses on a primary physical skill needed for lifelong optimal function, such as mobility, balance, flexibility, strength, and coordination. The program is designed to be practiced seated. Simple, natural movements are used in a playful

and joyful environment. Anyone can participate at his or her own level of ability. Classes will be held at the DeCorso Community Center, 15 East Fourth Street, New Providence, New Jersey.

"AFTER HOURS CHILI COOK-OFF."

Please, join us for "Fun Over 55" at the fourth annual "After Hours" chili cookoff! This event will take place on Thursday February 22, 2018, from 7 to 9 p.m. Taste some delicious chili recipes and vote for the best. To enter your chili in the contest, please sign up in advance by calling 908- 665-0046. The event will be held at the DeCorso Community Center, 15 East Fourth Street, New Providence.

PROGRAMS

There are a variety of exercise classes and daily programs for seniors at the center. For a full listing, please see our current newsletter, which may be viewed online on the New Providence Borough website at newprov.org.

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RADIO CLUB MAKES KIDS RADIO ACTIVE

By Maryanne Christiano-Mistretta

Talk about a good time! When 20 kids gathered on January 7, 2018, they had a lot to say. That is, to other kids all over the United States. This was possible because of a Ham Radio event, hosted by The Berkeley Heights Community Center, 29 Park Avenue, Berkeley Heights.

Ham radio, also known as "amateur radio" lets kids, licensed or not, to get on the air and speak to other kids. Its use is for non-commercial exchange of messages. The experience may lead a young person to develop an interest in electronic technology. Or even pursue a ham radio license in the future.

The Amateur Radio Club (NPARC), based in New Providence, and serving the Watchung Hills area, set up two operating ham radio stations connecting children to other ham stations.

Carinne Zhou, 9, of Berkeley Heights, was excited to speak on Ham Radio for the very first time. She said, "I'll get to talk to people in other states!"

Past president Barry Cohen K2JV, was a fan of Ham Radio since he found a book about it as a little kid growing up in the 1930s. As a kid he "got hooked on the concept of talking to people around the world." The origins of amateur radio can be traced back to the late 19th century.

Kids Day occurs twice a year – in January and in June. It is done in cooperation with the Berkeley Heights Recreation Commission, and the New Providence Recreation Department, both of which support the functions performed by NPARC.

For more information, visit: www.nparc.org



(above) Carinne Zhou, 9, looked forward to speaking to kids in other states.



Photo 1 (above) Barry Cohen K2JV



(above) Carinne Zhou, 9, and her mom learn about ham radio.



(above) Club member Brian Deluca W2EME

Photos by Maryanne Christiano-Mistretta.

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MIKE DEL DUCA HONORED BY ROTARY

Mike Del Duca, manager of the Berkshire Hathaway Real Estate office in New Providence and a member of the Rotary Club of Berkeley Heights since 2006, has been honored for his dedication to the club's Medic-Alert program.

The Medic-Alert program for solo seniors in Berkeley Heights and New Providence provides a neck-worn pendant and matching telephone that will call the wearer's local police dispatch in the event of a fall or other significant accident while at home. Over 200 residents in the two towns are provided with Medic-Alert systems, which require both initial installation and wearer instructions, and annual check-ups and maintenance. Almost single-handedly, Mr. Del Duca has spearheaded and maintained this initiative for the past 10 consecutive years.

The Paul Harris Fellowship chosen by the Rotary Club to honor him recognizes \$1000 contributed to The Rotary Foundation, a

501(c)(3) with 100 percent and four-star ratings by CharityNavigator in Mr. Del Duca's name.

For more information go to BHRotary.com.



(above, l-r) Jim Ramentol, Club President; Mike Del Duca.

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Registration is \$12 • Note: this is a non-rated tournament.
 Non-scouts (under 18 only) can register by calling Joe Renna at 908-447-1295.
 Scouts can use Patriots' Path Council Munsee District Double Knot link to register on-line at ppbsa.doubleknot.com/event/2300308
 Scouts can email Will Adams at Will.adams@scouting.org for more info.

Trophies awarded to 1st, 2nd and 3rd place finishers.
 Lunch will be provided for all players and fans.
 This tournament meets the 6a requirement for earning a Chess merit badge.

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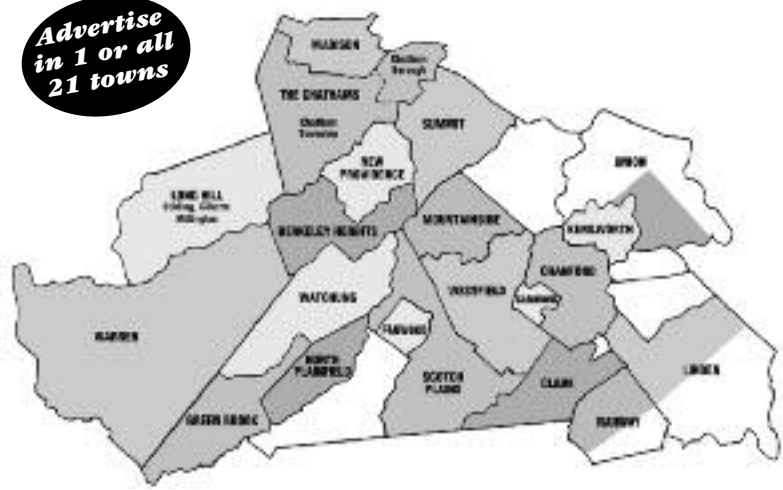
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