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Issue 2 • February 2018

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MAYOR'S SATURDAY MEETINGS SCHEDULE

The first Mayor's Saturday for the 2018 schedule was hosted on January 20, 2018, by Crunch Gym located on 300 South Avenue, in Garwood. The program initiated by Garwood Mayor Charles Lombardo gives the opportunity for residents to meet the Mayor, ask questions, or just chat.

This was the first in a series of monthly meet ups that are held on the third Saturday of the month. A different councilperson is also scheduled to participate at each monthly event. Garwood Council president, Jennifer Blumenstock was in attendance at the Crunch Gym event.

Mayor's Saturday anticipates attracting residents to the host business. The Council's Business and Industry Liaison, Carol Kearney, assists the mayor in coordinating the event with the businesses. She is also the liaison to the Greater Westfield Chamber of Commerce that also accepted the invite to participate and was represented by Executive Director Gene Jannotti. The Mayor was thankful to his host Crunch Gym's General Manager Brandon Densmore, and to the Garwood residents who took time from their workout to say "hello."

The next Mayor's Saturday will be February 17, 2018, hosted by Gold Medal Fitness located at 475 North Avenue, Garwood. Councilman Marc Lazarow will be joining the mayor. The events start at 11 a.m. The schedule, listed below, is set through the month of June.

The schedule is posted in Borough Hall, and also appears on the Borough of Garwood website, Garwood.org. Note: April is the fourth Saturday and not the third. Residents are encouraged to come out for a casual get together. Businesses looking to participate can email Carol Kearney at carolannkearney@gmail.com.

The schedule for the next five months is as follows:

- **February 17, 2018** with Councilman Lazarow
Gold Medal Fitness - 475 North Avenue, Garwood
- **March 17, 2018** with Councilwoman Todisco
Home Depot - 200 South Avenue, Garwood
- **April 28, 2018** (4th Saturday) with Councilman Mc Cormack
Escapology - 300 South Avenue (Garwood Mall), Garwood
- **May 19, 2018** with Councilwoman Cuccaro
Pet Supplies Plus - 110 South Avenue, Garwood
- **June 16** with Councilman Sarn
Juice House - 510 North Avenue, Garwood

Continuing the practice that was started in 2017, Mayor Lombardo will resume his 3K walk in conjunction with the Mayor's Wellness Campaign. The 3K walks will start up in March, beginning at Borough Hall at approximately 12:15 p.m. after each Mayor's Saturday meeting. Mayor Lombardo wants to stress that it is a walk, not a competition, just to get



(above, l-r) Garwood resident Alexis Conte chats with mayor Lombardo and Council President Jennifer Blumenstock before working out at Crunch.



(above, l-r) Garwood Mayor Lombardo; Business and Industry Liaison and Liaison to the Chamber of Commerce Carol Kearney; Garwood Council President Jennifer Blumenstock; and General Manager of Crunch Gym, Brandon Densmore.

residents out and moving as spring returns to the borough. The walk is open to all ages, regardless of ability, however a parent or adult guardian must accompany children under the age of 12.

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GARWOOD HISTORICAL COMMITTEE DIGITIZED 'GAR-WORDS'

Submitted by Carol Lombardo

The Garwood Historical Committee has digitized the local newsletter, under the banner of Gar-Words, that was provided to the service men and women serving in World War II, twice each month during the war years. A group of stalwart dedicated residents volunteered their time and energy to create the newsletter keeping the overseas residents of Garwood apprised of happy, upbeat news, births, deaths, scores of local sports teams, and just general gossip, so that the GIs wouldn't be left out of the loop while serving our country. It also received feedback from those overseas so that their families knew they were alive and well. Sadly, many of the news articles coming from the service men and women, also provided names of those wounded, captured, missing in action, and killed in action.

Digital copies of the Gar-Words will soon be available on line at the Garwood Library website (youseemore.com/garwood) and the website of Garwood Borough (garwood@garwood.org). Discs of the digitized Gar-Words will be available to any interested Garwood resident. Copies will also be provided to Lincoln School in Garwood and the Arthur L. Johnson High School, where Garwood's high school students attend.

Any Garwood resident interested in obtaining a copy of the digitized Gar-Words may contact Bruce Paterson, Chair of the Committee, or Carol Lombardo, Secretary to the Committee at our

email: garwoodhistory@garwood.org.

Partial funding for this project of the Garwood Historical Committee is made available through the New Jersey Historical Commission, a division of the Department of State, and administered by the Union County Office of Cultural & Heritage Affairs.



CDC THEATRE CONTINUES WINNING SEASON WITH CRIMES OF THE HEART

Rehearsals are underway for Beth Henley's "Crimes of the Heart" at CDC theatre in Cranford, New Jersey. Warm-hearted, irreverent, zany and brilliantly imaginative, the play teems with humanity and humor as it examines the plight of three young Mississippi sisters betrayed by their passions. "Crimes of the Heart" won Best Play from the NY Drama Critics Circle, was nominated for a Tony Award, and Beth Henley won the Pulitzer Prize in 1981. The 1986 film version was nominated for an Academy Award for Best Screenplay.


"The Pulitzer Prize is given to honor a distinguished play that deals in an original way with American life. It is no wonder Beth Henley was given this honor at the age of twenty-five for her very first professionally-produced play," stated Director Maurice Moran "The show is a

tender, yet humorous, story of three sisters who help each other cope with loss and fear, those "crimes of the heart," overcoming the problems they face through the love they have for one another. We have put together a very talented cast who will touch your heart and make you smile as they enact this beautiful tale of family love."

The cast is made up of Maeve Brady, Rebecca Dolan, and Katherine Brown as the three Magrath sisters, Lenny, Meg, and Babe, with Danielle Mastropiero as Chick, Joe Leo as Doc, and Zach Mazout as Barnette.

The production will run from February 16 through 24 and details and tickets can be found by visiting cdctheatre.org. CDC Theatre, New Jersey's oldest continuously producing community theatre, is located at 78 Winans Avenue in Cranford.

Coming in February to CDC Theatre in Cranford

 Cranford Dramatic Club

CRIMES OF THE HEART
BY BETH HENLEY

WarmheartedIrreverent.com

February, 16-17, 22-24 - 8:00 PM
February, 18 - 2:00 PM

CDC Theatre • 78 Winans Ave. • Cranford, NJ
cdctheatre.org • 908-276-7611

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ARTHUR L. JOHNSON STUDENTS FEATURED IN CIVICS UNPLUGGED

Arthur L. Johnson (ALJ) seniors Maryann Makosiej and Brenner Gull were recently featured in a student orientation video for Civics Unplugged, a program designed to bring together students from diverse backgrounds to discuss a variety of civic-related topics.

Seventy-two students from New York and New Jersey convene once a month to engage in a dialogue about issues such as immigration, trade, and voting rights. According to Civics Unplugged, its goal is to “deepen and broaden civic capacity in students, schools, and society.” Students are encouraged to think deeply about complex issues impacting our society and engage in powerful conversations providing multiple perspectives.

Makosiej stated, “I love Civics Unplugged. I find that I leave with more questions than answers but perhaps that is the point.”

Gull agreed saying that it teaches students, “how to respect and value other people’s opinions.”

Frank Stebbins, ALJ Civics Unplugged Advisor and co-head of the Civics Unplugged Education Committee stated, “Regardless of whether or not students are planning on entering the world of political science, students are obtaining resources that will benefit them in having actual dialogue to engage in real conversation about difficult topics.”

The orientation video providing a glimpse into the program can be found on the ALJ website: alj.clarkschools.org



(above) Brenner Gull.



(above) Maryann Makosiej.

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HIGH SCHOOL HOSTS ALUMNI PANEL FOR JUNIORS AND SENIORS

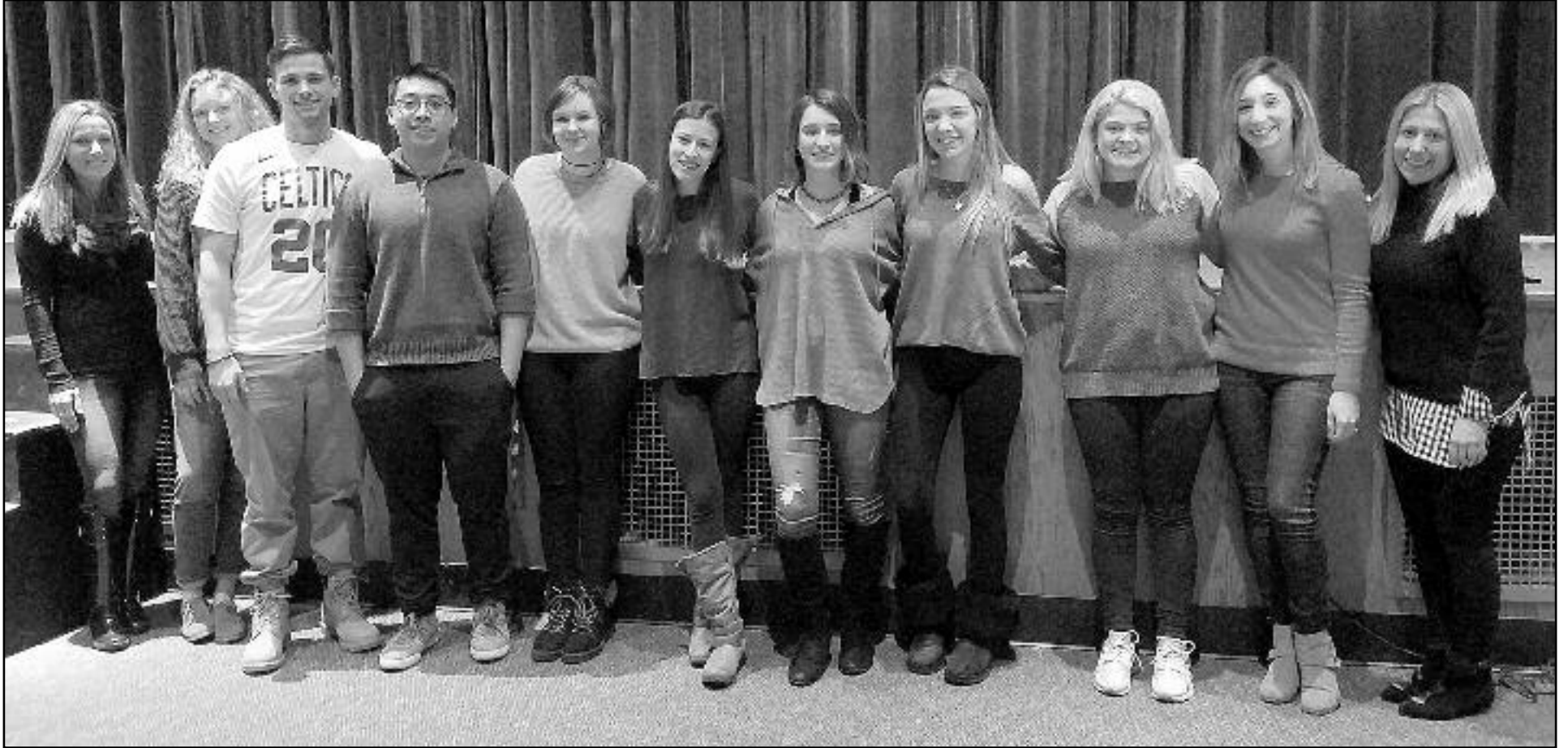
The Arthur L. Johnson (ALJ) High School Guidance Department recently hosted an ALJ Alumni Panel where former Crusaders shared with current juniors and seniors what they learned about applying to college and attending their first semester.

The panel, led by Erica Stasio, ALJ

School Counselor, included a series of topics including choosing a school, living away from home, and deciding on a major. Other topics included how ALJ prepared them for college and applying for scholarships.

"The alumni panel is a way to bridge the

gap between students who recently left ALJ and students who are leaving soon. Their insight is invaluable and relevant. We hope the current ALJ students take in what the alumni have to say and consider their advice as they decide on their plans for next year," stated Stasio.



(above, l-r) Jennifer Sanchez, School Counselor; Molly Cusick, School Counselor; Ray Williamson; Hart Tecson; Morgana Haub; Julia Melao; Tabitha Starita; Casey Dohn; Mia Lancellotti; Erica Stasio, School Counselor; and Ellen Zamboni, School Counselor.

"Olmsted By Design!" Free Historic Presentation



**When: Tuesday, February 27th
@ 7:00 PM**

**Where: Cranford Community Center
220 Walnut Ave, Cranford**

For more information on this event please see the Hanson Park Conservancy's website
www.hansonparkconservancy.com.

"Olmsted By Design!" is a first-person, dramatic presentation featuring Kirk R. Brown costumed and acting as Frederick Law Olmsted, father of landscape architecture.

Olmsted created cities out of the American wilderness and began a conservation movement still challenging the world today.

Olmsted helped create Central Park and Prospect Park in NYC, but of special interest will be the many projects that Olmsted created in the Garden State.

This program is free and open to the public. No registration is required, but seating is available on a first-come, first-serve basis.

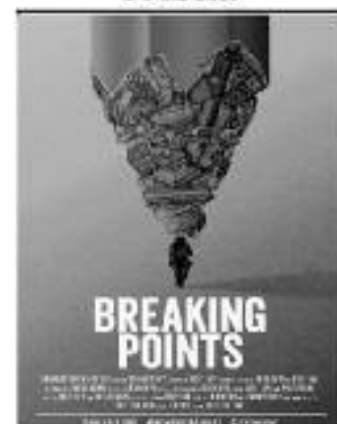


This history program is made possible in part by a
HEART (History, Education, Arts Reaching Thousands) Grant
from the Union County Board of Chosen Freeholders.

Presented by the Hanson Park Conservancy.



**The Cranford Police Department and
The Cranford Jaycees
Present**



**A Parent Presentation on Why Kids Say Yes To Drugs
Short Film Followed by a Panel of Experts**

**February 13, 2018
6:30 PM**

Cranford Community Center – 220 Walnut Ave, Cranford



**Partnership
for Drug-Free Kids**
Where families find answers



With panelists from the following organizations:
Cranford Police Department Investigative Division
Union County Prosecutor's Office
Partnership for Drug-Free Kids
Prevention Links
High Focus Centers

Information or Questions? D/Sgt. Matthew R. Nazareo at 908-709-4313 or m-nazareo@cranfordnj.org

OFFICER PHILIP LEWIS SWORN IN AS SERGEANT

Submitted by Chief James Wright

On January 2, 2018, Officer Lewis was sworn in as Sergeant in the Borough of Garwood Police Department. Sgt. Lewis has been a member of the department for seven years where, in addition to patrol, he serves as the lead training officer as well as a firearms instructor. Prior to his service to the people of Garwood Sgt. Lewis served honorably in the United States Marine Corps where he also achieved the rank of Sergeant. His Leadership, experience, and dedication are a true asset to the department and the residents of Garwood.



(above, l-r) Allie Lewis holding baby Brielle gets help holding the bible by son Connor for her husband Sgt Philip Lewis as he is sworn in by Mayor Charles Lombardo.

CRANFORD COMMUNITY CENTER TAKING APPOINTMENTS FOR TAX COUNSELING

The Cranford Recreation and Parks Department in conjunction with the American Association of Retired Persons (AARP) will be taking appointments for free tax assistance.

Cranford and Garwood taxpayers can call the Recreation and Parks Department at 908-709-7283 to reserve a time slot time with a tax practitioner. Hourly appointments are being made on either Mondays or Fridays beginning Friday, February 2, 2018 from 12 p.m., 1:30 p.m. and 3 p.m. All appointments will be at the Cranford Community Center, 220 Walnut Avenue in Room 204. The last appointment to receive tax assistance will be Monday April 16, 2018. No appointments will be made on Monday, February 19, 2018 (Presidents' Day) and Friday, March 30, 2018 (Good Friday), as

the Community Center will be closed.

This service is for residents of Cranford and Garwood, and is geared to senior citizens and area residents with low to moderate income. Filing assistance is provided for federal and NJ state income tax returns, and the Property Tax Reimbursement Program (PTR 1&2). Federal and state returns are filed electronically.

Participants should bring the following information: copies of Federal and State returns for 2016 along with 2017 wages, interest, dividends, capital gains, social security, etc. (forms 1099, 1099R, 1099B-W2 & SSA), and property tax bill (2017). A form of identification and, if requesting direct deposit or payment, please bring a blank check showing account number and routing number.



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Boy Scout Chess Tournament

Open to all registered Boy Scouts/Venturers/Explorers.

Non-scouts welcomed!

Saturday, February 24, 2018

10:00 am to 2:00 pm

Sign-in/setup starts at 9:00 am

Cranford Community Center

220 Walnut Avenue, Cranford, NJ • 908.709.7283

Registration is \$12 • Note: this is a non-rated tournament.

Non-scouts (under 18 only) can register by calling Joe Renna at 908-447-1295.

Scouts can use Patriots' Path Council Munsee District Double Knot link to register on-line at ppbsa.doubleknot.com/event/2300308

Scouts can email Will Adams at Will.adams@scouting.org for more info.

Trophies awarded to 1st, 2nd and 3rd place finishers.

Lunch will be provided for all players and fans.

This tournament meets the 6a requirement for earning a Chess merit badge.

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GARWOOD LIBRARY FEBRUARY 2018 EVENTS CALENDAR

411 Third Avenue, Garwood, New Jersey • website: youseemore.com/garwood
For more information, or to register for a program, call 908-789-1670.
Monday through Thursday from 9 a.m. to 8 p.m.; Fridays from 9 a.m. to 4:30 p.m.,
and Saturdays from 9 a.m. to 1 p.m. email is garwoodlibrary@gmail.com.
“like us” on our Facebook page at facebook.com/garwoodlibrary.

Note: The library will be closed on
Monday, February 19, 2018.

Kid's Chess

Mondays in February, 3 p.m.

Informal chess games for children of all ages. Note that this is a non-instructive program. Six boards provided. Limited to 12. There will be no chess on February 19.

Design It Engineering Club

Tuesdays in February, 3 p.m.

Using simple materials, kids will build incredible structures.

Inventive Investigation

Wednesdays in February, 3 p.m.

The program will explore the energy of motion; life under the ocean's surface; robots; green energy sources; and Newton's three laws of motion.

For grades 3 and up. Limited to 20.

Knitting Club

Mondays and Thursdays, 10:30 a.m.

Learn how to knit or show others how it's done while enjoying fun conversation.

Adult Craft

Tuesday, February 6, 6 p.m.

Valentine's Day Canvas Art. Limited to 10.
Registration required.

Lego Club (Video Games)

Thursday, February 8 and 22, 3 p.m.

Limited to 15. Registration required.

Kid's Craft

Thursday, February 15, 3 p.m.

Join Linda the Librarian in creating super cute pop-up penguins with paper! Limited to 20.

Rewind Oldies Band

Thursday, February 15, 7 p.m.

These Jersey boys will perform your favorites from the '50s, '60s, and '70s.

Registration is recommended. Limited to 40.

Friday Morning Movies

“Megan Leavy,”

10 a.m. February 9

“The Book of Love,”

February 16,

“Battle of the Sexes.”

February 23

Monday Book Club

Monday, February 26, 1 p.m.

Reading “The Whole Town ‘s Talking,”
by Fannie Flagg.

MUSEUM PASS PROGRAM

All ages will enjoy the library museum pass program. Thanks to a grant from the Union County Freeholders, the Garwood Public Library is offering museum passes to the following museums:

The Intrepid Sea, Air & Space Museum an American military and maritime history museum located in New York City;

Grounds for Sculpture a 42-acre sculpture park and museum located in Hamilton;

Imagine That a hands on children's museum in Florham Park that caters to pre-school and young school children;

The Newark Museum, one of New Jersey's largest art museums and home to the Dreyfuss Planetarium, Victoria Hall of Science and Ballantine House and Liberty Hall an American historic site located on the grounds of Kean University. Passes may be borrowed by adult, residents, in good standing with the Library.

SENIOR'S CLUB

The Garwood Senior's Club meets the first and third Thursday of every month from noon to 3 p.m. at Garwood Firehouse, 403 South Avenue.

Lunch is served. Cost \$2, includes sandwich, coffee, and dessert.

Along with games such as Bingo and cards, meetings usually feature a guest speaker.

Every third Thursday the Garwood Board of Health offers free blood pressure screenings.

For more information call Pat DiFabio 908-789-0835.

OFFICE OF EMERGENCY MANAGEMENT

Coordinator Ken Capobianco has received his “Certified Emergency Manager” credentials from the NJ Emergency Management Association. Ken is planning some practical exercises to test our system during 2018. Follow @garwoodoem on Facebook for information on how to prepare for emergencies and current info on emergencies as they happen. Knowledge is power during an emergency.

COPING WITH MENTAL ILLNESS

Are you feeling stressed and alone in trying to cope with the effect of a loved one's mental illness?

The Union County affiliate of NAMI/National Alliance on Mental Illness offers monthly peer led group meetings to support those who care for a loved one who struggles with a mental health issue. Join the discussion and perhaps gain

insight from others facing similar challenges.

The NAMI Union County Family Support Group meetings are held the 3rd Tuesday of every month, 7:30-9:00 p.m., at the First Presbyterian Church of Cranford, 11 Springfield Ave., Cranford, NJ. In case of inclement weather please call 908-233-1628 or email namiunioncounty@yahoo.com.

LIBRARY NEWS

Submitted by Maryanne Duffy, Library

February is fabulous at the Garwood Public Library. Adults may enjoy our Valentine Craft on February 6, 2018, at 6 p.m. or the Knitting Club every Monday and Thursday at 10:30 a.m. (needles and yarn provided). On Fridays at 10 a.m., relax and watch a movie; enjoy some beverages and sweet treats too. On February 15 at 7 p.m., come listen to the band, Rewind. All the band members are from Jersey including the drummer Ken Cohen from Kenilworth. They will be playing all your favorites from the '50s, '60s and '70s. While you're here, enter our Valentine's contest. Match the first line of each book to the popular romance novel it comes from and get a valentine treat and a chance to win a special gift.

Kids may also enjoy February programming. Play chess at Kid's Chess every Monday at 3 p.m. If science is more your thing, join us for “Design It” our engineering club on Tuesdays at 3 p.m. or “Inventive Investigation” our STEM program on Wednesdays at 3 p.m. For the little ones there is Storytime on Wednesdays at 10:30 a.m. and LEGO club on Thursdays, February 8 and 22 for those 4 to 12 years of age. If you enjoy arts and crafts, make a Pop-Up penguin at Kid's Craft on the 15th.

Please contact the Library or check out website for additional information on all programs.

UNIVERSITY OF DELAWARE DEAN'S LIST

Sofia Gonzalez-Nolde of Garwood has been named to the University of Delaware Dean's List for the Fall 2017 semester.

To meet eligibility requirements for the Dean's List, a student must be enrolled full-time and earn a GPA of 3.33 or above (on a 4.0 scale) for the semester.

GARWOOD SENIOR'S CLUB

Meets 1st & 3rd Thursday
of every month
from 12 p.m. – 3 p.m.

**Garwood Firehouse
403 South Ave.**

Lunch is served. Cost \$2.00,
includes Sandwich, coffee & desert.
Along with games (B.I.N.G.O., cards, etc.),
meetings usually feature a guest speaker.

Every 3rd Thursday the
Garwood Board of Health offers free
blood pressure screenings.

**For more information call
Pat DiFabio
908-789-0835**

MICHAELA MCCLAIN BAND TO PERFORM AT SALEM ROADHOUSE CAFÉ

The Salem Roadhouse Cafe proudly presents the Michaela McClain Band performing on Saturday, February 10, 2018. The Salem Roadhouse Cafe is located at: 829 Salem Road, Union.

Michaela McClain is a singer/songwriter born and raised in Bernardsville. Her "folky-soul" sound is reminiscent of Carol King, Norah Jones, and Alicia Keys, and "her warm groove creates an atmosphere of love that's irresistible." Her musical influences range from Carlos Jobim, Ella Fitzgerald, Indigo Girls, to India Arie. Bandmates are: Meredith Foreman, drums; Brad Schwartzseid, bass; and Raul Abbad, guitar.

At her 2016 and 2017 performances at the Roadhouse, Michaela demonstrated her solid songwriting and performing capabilities, accompanied by an extremely talented band.

An original art exhibit by local artist Kerrie Wandlass will be on display at the Roadhouse Gallery of Fine Arts.

All ages are welcome. It's a wholesome show, so bring the entire family!

Doors open 7:30 p.m. The show starts at 8 p.m. Admission is \$20/\$15 for students with ID.

Plan now for an evening of great music in Northern New Jersey's Most Intimate Coffeehouse™.

For more information visit: roadhousecafe.org or call 908-687-1028.

About Salem Roadhouse Café

Dedication best defines the Salem Roadhouse Café: dedication to excellent music and dedication to the community. As its tenth year begins, Salem Roadhouse Café reaffirms its commitment to both.

Started in 2008 by members of Townley Presbyterian Church with a grant from the Presbytery of Elizabeth, the Roadhouse Café continues to operate as a non-profit that raises funds for several carefully chosen local charities. That may be its social mission... but the Roadhouse Café is and has been a performance venue beloved by the musicians who play there because of its special intimacy with the audience.

Church music, it's not

The Roadhouse Café has always offered its stage to local and independent main stream musicians. It's a clean, safe place for people who enjoy listening to live music, in a world of clubs and bars. Jazz, rock, folk and other groups have performed. During the past ten years well over 100 different entertainers have appeared. Local fine artists also display their works.

Community orientation

The Salem Roadhouse Café has raised funds for many carefully chosen charities. They include: The Presbytery of Elizabeth E-port Center, Center For Hope Hospice, Community Food Bank, Monarch Housing, Angel Paws Animal Rescue, National MS Society, Haiti Disaster Relief, Hurricane Sandy Disaster Relief, The Union County YWCA Domestic Violence Program, Making It Possible To End Homelessness, Camp Johnsonburg, The Music Institute, and others. Thousands of dollars have been raised for these deserving charities.

FREE CHILD, TEEN, AND ADULT GRIEF SUPPORT AT IMAGINE

Free support groups are available for children, teens, and parents coping with loss due to death or illness on Monday, Tuesday, or Wednesday evenings from 6:30-8:30 p.m. at Imagine located at 244 Sheffield Street in Mountainside, NJ.

Imagine is a free year-round peer grief support program for children age 3-18 and young adults 18-30 who have had a parent, brother, or sister die, or who are living with a family member with a life-altering physical illness. Concurrent support groups are available for parents and guardians in both programs. Imagine also provides educational workshops and on-site bereavement and crisis support for businesses, corporations, schools and community agencies.

Imagine supports children and families coping with loss and fosters resiliency and emotional well-being for all those who grieve. If you or someone you know could benefit please contact Imagine at 908-264-3100 or email info@imagineenj.org.

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SALEM ROADHOUSE CAFE

This month: Rock

MICHAELA MCCLAIN BAND

SATURDAY, FEBRUARY 10, 8:00 PM

DOORS OPEN AT 7:30 PM ADMISSION: \$20.00 STUDENTS \$15.00

Admission includes snacks, beverages, tea, coffee & desserts



Michaela McClain is a singer/songwriter born and raised in Bernardsville. Her "folky-soul" sound is reminiscent of Carol King, Norah Jones and Alicia Keys, and "her warm groove creates an atmosphere of love that's irresistible." Her musical influences range from Carlos Jobim, Ella Fitzgerald, Indigo Girls to India Arie. Bandmates are: Meredith Foreman, drums; Brad Schwartzseid, bass; and Raul Abbad, guitar. At her 2016 and 2017 performances at the Roadhouse, Michaela demonstrated her solid songwriting and performing capabilities, accompanied by an extremely talented band.

Original art work by KERRI WANDLASS will be on display at the
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PAINT A POLAR BEAR AT GARWOOD LIBRARY

Last month, to celebrate winter, Librarian Linda Fine hosted a children’s craft program, "Paint a Polar Bear." Children could choose a ceramic polar bear who was sitting or standing.

Before the craft began, Linda Fine presented some fun facts about polar bears, such as they stand between 8 and 11 feet tall and weigh as

much as an elephant; and that they are carnivores.

Children participated by sharing what they knew about polar bears. Twenty children attended and had a great time!

To learn more about the Garwood Library and upcoming programs, visit: youseemore.com/garwood.



(above) The finished product!

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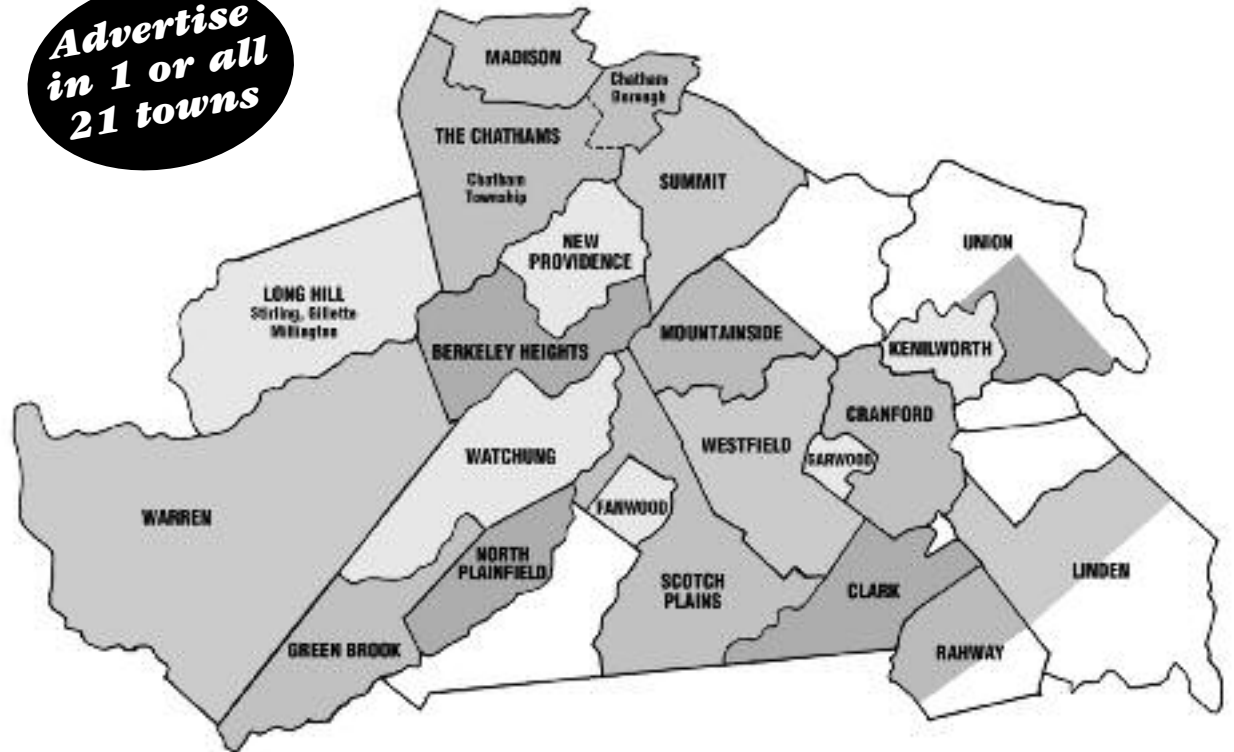
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