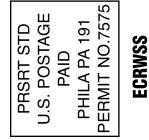


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ECRWSSEDDM * * *

ALJ HIGH SCHOOL 2017 FALL ATHLETIC AWARDS

The Arthur L. Johnson (ALJ) Athletic Department held their 2017 Fall Athletic Awards on Tuesday, November 28, 2017 in their auditorium. The Crusader Athletic Booster Club sponsored the event.

The Fall Athletic Teams and their seasons were highlighted by their coaches, while handing out letters and awards to the student athletes. Throughout the evening, over 200 varsity athletic letters were handed out.

The Student Athlete Award was presented by Mrs. Jennifer Feeley, the principal of ALJ. This award is given out each athletic season to a student athlete who is not only a champion on the field, but in the classroom as well. The 2017 Fall Student Athlete award recipient was Gregory Zukowski, with a 4.625 Grade Point Average (GPA).

The Crusader GPA Challenge was awarded to the team that finished with the highest overall GPA amongst athletic teams for the fall season. The recipients were presented with certificates, will have their team memorialized on a plaque, and will be invited for a "Breakfast with the A.D." to celebrate their actions both in the classrooms and on the fields. The Gymnastics Team, with a GPA of 3.9678, was the Fall 2017 winner. Members of the Gymnastics Team include: Angela Pieros, Morgan Thomas, Lindsay Becker, Nicalina DelRosario, Kaitlyn King, Christina Sheafer, and Emi Budnik.

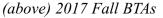
The Best Teammate Award is given out seasonally to one

member from each athletic team that best fits the characteristics of a good teammate. The individuals that receive these awards exhibit upbeat attitudes and outstanding character. They helped influence the team's culture in a positive manner, while always supporting teammates and promoting team unity. The Best Teammate Award Winners were: Cross Country (Boys/Girls) – Tyler Bohm; Field Hockey – Amy Wysocki; Football – Michale Casalino; Gymnastics – Kaitlyn King; Boys' Soccer – Ross Wildes; Girls' Soccer – Lily Gull; Girls' Tennis – Amanda Nunes; Volleyball – Tara Jacobsen; and Cheerleading – Chloe Hessler.

The evening culminated with the announcement of the Team Most Valuable Players (MVP). The MVPs were: Cross Country (Boys) – Tyler Moreira; Cross Country (Girls) – Lindsey Hofschneider; Field Hockey – Jessica Lopez; Football – Joe Turek; Gymnastics – Angela Pieros; Boys' Soccer – Matthew Vigliotti; Girls' Soccer – Kristina Palella; Girls' Tennis – Saga Elsekhely; Volleyball – Victoria Gulbin; and Cheerleading – Emily DeLima.

Athletic Director, Gus Kalikas, stated, "Once again, our Fall Athletic Awards Program was a successful evening as it allows the District, administration, and coaches, the opportunity to acknowledge a wonderful Fall Sports Season as well as recognize both student athletes and their parents alike for all that they have accomplished this past fall athletic season."







(above) 2017 Fall MVPs





(above) Greg Zukowski, 2017 Fall Student Athlete Award Winner

(above) 2017 Fall GPA Winner. – Gymnastics Program.



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The website features a calendar of events, archives of Clark Monthly Newspaper, photo albums, and advertisments.

MEET MARYANNE CHRISTIANO-MISTRETTA YOUR CONTACT FOR NEWSPAPER CONTENT

Hello Readers!

I'm ecstatic to

introduce myself

as the new editor

for Renna Media.

It's such an honor

working with Joe

and Tina Renna;

they are awesome!

me to write a little

bit about myself

for our readership,

which is probably

a great idea since

I'll often be out

Joe has asked



Maryanne Christiano-Mistretta

and about in the community.

Residing in Union County with my husband, Dennis, and our beloved cat Nicholas, my interests, besides writing and editing, include animals, music, and living a healthy lifestyle.

Writing professionally since 1995, I'm an award-winning journalist. I received my award from The NJ Society of Professional Journalists for investigative journalism. I'm also an author, public speaker, and poet (recently selected to read at the All About Eve Arts Festival at the West End Theatre in Long Branch, New Jersey).

Having a great passion for music, I've developed a unique library program called "The Learn & Listen Series" which pays homage to legendary musicians.

The two-fold presentation begins as I host, sharing a musician's biography – which I wrote – followed by actual live music from local New Jersey and New York talent. Librarians can choose from a variety of singers such as Ella Fitzgerald, Nat King Cole, Sammy Davis Jr., John Lennon, Freddie Mercury, Johnny Cash, Janis Joplin, and David Bowie.

I'm blessed to be able to work with performers like indie recording artist Keith Beck; jazz sensation Stephen Fuller (front man for Amani); singer/performance artist, Anna Oh; and threetime Grammy winning producer, Rob Fusari.

"Learn & Listen" also includes Jayne DiGregorio and Rich Timberlake, who work behind-the-scenes filming for an upcoming documentary.

In addition to the "Learn & Listen" series, I also lecture on "History of the Newspaper Industry," "Going, Going, Gone: What the Next Generation Won't Remember" (seniors love that one!), and there's also a healthy foodies series, which includes sampling.

Now, if you've read this far, you may be asking yourself – how can this woman work so much and still have time to edit 21 newspapers? As Joe Renna himself says – "It's not work, it's a lifestyle." I somehow get everything done ... and with a big smile on my face.

When you have a grand passion for what you do, it doesn't matter what day it is. It could be a Monday, or a Friday, and you're equally as happy. Sometimes I'm home all day working in my pajamas; other times I'm having a blast taking photos at a Winter Walk. Whether I sleep in or get up super early to attend a town meeting, it's all good. In this line of work, every day is different, and every day is exciting.

In just one month of working for Renna Media, I've attended many fun affairs and met incredible people. It brings a tear to my eye when a child cheers, "I'm gonna be in the newspaper!" after I take his or her photograph. That's what it's all about – the essence of presenting a good story to the community.

So, don't hesitate to send me your community news. We call on the arts, fundraisers, nonprofits, new businesses – anything positive that should be in your local newspaper.

Reach me at 908-858-4012, or email me at: Editor@RennaMedia.com

I look forward to hearing from you!

Maryanne Christiano-Mistretta



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CUB SCOUT PACK 145 OF CLARK

Submitted by Scott McCabe and Nancy Morris

Cub scout pack 145 of Clark made a delivery of several trucks filled with unwrapped, new toys to the US Marine Corps Toys for Tots program. This is our 12th year participating in such a great cause. We would like to thank Mayor Sal Bonacorso for helping us and standing by us with great support, as always. Thank you Recreation Director Ralph Bernardo for all your continued help! Many thanks go out to all who made this possible such as Eleanor and the St. Agnes Senior Citizens Club for their continued support and donations, the Clark municipal building, Clark Police, Clark Library and Investors Bank for

allowing us to place collection boxes at their locations. And a huge thank you to all who donated and made this possible. This is such a worthy cause and we sincerely appreciate your thoughtfulness.

If you'd like to assist next year, whether it be placing a collection box at your location or making a donation, please contact Nancy at 908-296-7620.

For more information on scouting, (kindergarden thru 5th grade), please go to www.cubpack145.info or contact Nancy, 908-296-7620.



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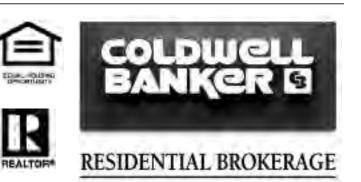
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CLARK UNICO SERVES BREAKFAST TO OUR VETS

Submitted by Clark UNICO

Clark UNICO celebrated the spirit of giving by having a breakfast for our veterans at the V.A. Hospital in Lyons.

Six Clark UNICANS served breakfast, waited on our vets and ended with a short comedy show by Gemini. In attendance were President Joe

Arancio, VP Ralph Bernardo, Members, Margaret Conforti, Andrea Arancio, Josephine Whitman, Secretary Fran Parisi, and Hospitality Chairwoman Anna Pace. The vets thoroughly enjoyed the show and so appreciative for the breakfast.



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(above, l-r) Jerry and Lisa Scaturo, Christine Drajin, and Ed Ruth.

WELCOME CHRISTINE DRAJIN & ED RUTH TO OUR "WINNING REAL ESTATE TEAM!!!"

Ed & Christine are both longtime Clark Residents with a knowledge of community activities as well as schools and neighborhoods.

Ed and his wife Linda are proud Clark Residents where they raised their daughters, Melissa & Jessica who attended St Johns & Mother Seton Schools. Prior to his Real Estate career, Ed was employed by a multinational Insurance Brokerage in NY. Ed proudly served our country as a member of the Naval Reserve. Ed then retired after a 41 year military career with the rank of commander. Thank you Ed for your Service!!Ed volunteers with the St. Agnes Parish & various other Clark Community Services.

Christine had a dream to raise her family in a close knit town & she ultimately found that in The Township of Clark! Her children Jeffrey & Giovanna are currently students of our excellent public school system. Along with the support of her husband Jeff, Christine has managed to donate time to the Clark Benefit Ball, PTA, & Clark Recreation Traveling Basketball. Christine has a desire and passion to help people realize their dreams. She will do this by her commitment to her Real Estate Career.

LISA & JERRY SCATURO began their Real Estate Career approximately 30 years ago selling numerous homes throughout Clark and surrounding areas. They are happy to expand their team which allows them to capitalize on giving their clients a special hands on approach when buying or selling homes from all of our team members!

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JOSEPH TUREK BREAKS ALJ ALL-TIME RUSHING RECORDS



(above l-r) Joseph Turek, the All Time and season rushing record holder for the Crusaders with head football coach, Anthony DelConte.

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(ALJ) High School, Clark, New Jersey, Joseph Turek, broke the school's single-season and alltime rushing records during the Crusader's Thanksgiving Day Game versus Rahway High School.

Joe did it in incredible fashion, rushing for over 240 yards on the day. He received a plaque and the game ball for his incredible accomplishment and for his stellar career as a Crusader.

Joe has been a stand-out athlete throughout his years at ALJ. His contributions to the football program are significant, most notably leading the 2016-2017 team to the Central Jersey Group 2 State Semi-finals--the second time the team had gone this far in the past three years. He had been a starter for the football team since his sophomore year, and amazingly helped the Crusader football squad to 20 wins over the last three seasons, including winning the school's first Division Championship (Valley Division) since the 2006 season.

Head football coach, Anthony DelConte stated, "Joe was one of the top athletes that I had the privilege of coaching throughout my coaching career. He is a leader, a hard worker, and a role model for younger student-athletes and you wish you could instill his mentality in all our student-athletes. His work ethic and preparation

Senior football player at Arthur L. Johnson has developed him into the athlete he is, and I have no doubt that he will be successful in his future. He will be missed, and all his accomplishments are a credit to his hard work and dedication. Whatever college or university that he attends is not only getting a great athlete, but an even better young man."

> Joe is also a standout baseball player for the Crusaders where he has been manning first base since his freshman year. He was named First Team Group 2 All State in the sport of baseball and has been an all-county player in the sport as well.

> In school, Joe has been able to carry a high grade-point average in honors and advanced placement level courses. He participates in the Crusader Athletic Leadership Council as well as many other school activities.

> Gus Kalikas, athletic director at ALJ, has this to say about Joe's momentous achievement: "What Joey did throughout his high school career in the sport of football is unreal. Not only did he break a record that was over twenty-years-old, he did it in the most unassuming manner. Joe always put his teammates first and valued winning over any individual accolades. His talents on the football field will be missed, but not more than his leadership and work ethic. I look forward to following his athletic career as he heads to the collegiate ranks."





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VALLEY ROAD SCHOOL HONORS STAFF MEMBER FOR SAVING A STUDENT

Valley Road School in Clark honored Mr. Nelson Tavares for his heroic actions saving a student from choking through using the Heimlich Maneuver.

Mr. Tavares, a beloved custodian in the school, was recognized during an assembly where students, teachers, staff, and administrators expressed their heart-felt praise. Mr. Tavares was greeted with a five-minute standing ovation upon entering the gym. Students from several classes presented him with thank you cards calling him their "hero." Another student gave him a heartshaped balloon from her class. Valley Road's Teacher Committee, composed of Tony Calandra, Nicole Czarnecki, and Michelle Matesic also presented Mr. Tavares with a certificate of appreciation, a card from the staff, and a gift.

Julian Ramos, the child who was choking that day, brought up the card from his homeroom. He was all smiles as he personally thanked Mr. Tavares. Julian's mom also thanked Mr. Tavares and gave him a gift from the family. As the assembly ended, each student and staff member

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Beltramba stated, "Mr. Tavares' quick-thinking Road family."

individually thanked him as they left the and action saved the life of one of our students. assembly room. Valley Road School Principal Joe We are grateful to have him as part of the Valley



(above, back l-r) Ms. Ramos, Mr. Tavares, School Principal Mr. Beltramba, Assistant Principal Ms. Applebaum (front, l-r) Julian Ramos, Jack Ferreira, Suhani Shah,



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Fantastic range of freshly prepared sushi. Most selection and top quality among all competitors. It is far from the typical "buffet quality" sushi. At HIBACHI, you don't sacrifice taste for price.

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Elegant, modern, fresh, executed with care and confidence. HIBACHI Grill Supreme Buffet brings together 250+ of fresh-made Asian dishes in eleven buffet bars.

IBACH

Choose your favorite ingredients from dozens of seafood, meats and vegetables. Watch our chef preparing them in our special hibachi sauce to create a full-flavored dish.

ASK US ABOUT CATERING YOUR NEXT EVENT! We have a large party room available for birthday parties, office meetings & weddings.



With purchase of a beverage per person Watchung • 908-490-1600 Cash Only. Limit 4. Not valid with any other offers or discounts. Expires 2/10/18.

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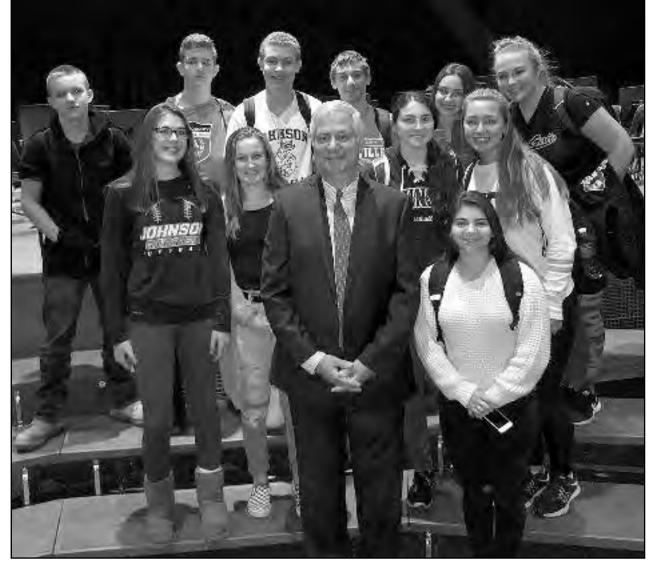
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JUDGE GARY BUNDY VISITS ALJHS

class at ALJ High School in Clark met Judge Gary Bundy on December 13th. Judge Bundy is the Municipal Court Judge for Roselle Park and Garwood, NJ. He spoke about many essential topics dealing with teen driving and the law.

Students in Laura Bundy's Driver Education There are many different laws drivers have to abide by, especially new drivers. Judge Bundy spoke about provisional license, underage DUI, DUI, and illegal drug use in a vehicle. ALJ students were very engaged in each topic and asked some excellent questions.



(above l-r) Sean Hurst, Lauren Kelly, Connor Hayden, Gabby Prestinari, Matt Snedeker, Matt Simas, Alexandra Bowen, Emma Hilton, Megan Tinger, Nicole Randazza, and Lia D'Angelo.



For More Information and Directions go to: www.NJCampFairs.com .

THE CLARK FIRE DEPARTMENT VISITS **VALLEY ROAD SCHOOL**

Valley Road School and talked to students in grades K-2 about fire safety. The students learned there are many actions that they can take to stay safe. After watching a video on fire safety, students learned about some of the equipment used to fight fires. They explored the fire engine

The Clark Fire Department recently visited and had a chance to spray the fire hose! At the end of their visit, the firefighters gave students fire hats and other take aways about staying safe. "We thoroughly enjoyed the fire department's visit. We are grateful for the lessons they taught our students on how to stay safe," stated Principal Joe Beltramba.



(above) Mrs. Spence and some of her students by the fire engine.

PET LICENSE RENEWALS

The Clark Health Department mailed out the annual dog and cat license renewal applications the week of December 18, 2017.

All dogs and cats owned, kept, harbored and cared for, whether they are indoor or outdoor must be licensed during the month of January 2018. All licenses expire on December 31, 2018. In order to obtain a license, the animal's rabies vaccination must be valid through October of 2018.

Anyone with questions can contact Nancy Raymond, Health Officer at 732-428-8405.



Heating Problems Again? Need a 2nd Opinion?

Do you have a large heating or AC repair estimate from another HVAC licensed contractor? Or were you told you need a complete new furnace for \$1000's of \$\$?

Why not call Reel-Strong Heating & Cooling for a 'Free, no obligation' 2nd opinion? Just show us their 'written estimate'. We will check your system and give you our written 2nd opinion estimate. If we agree with their proposals - then great – proceed with either company and you will certainly feel better with your decision.

If there is a big difference in our two estimates, we will explain why and review your options. We will guide you to make the right decision and one you are most comfortable with.



\$300 OFF **Any new Rheem** heating or AC system Cannot be combined with any other offers. Expires 1/31/18

WINTER SPECIAL SAVE THIS COUPON **\$25 OFF Any Service Call**

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SWEET BASIL CELEBRATES GRAND RE-OPENING

For two days, Thursday, December 7 and surrounded by friends and family. Friday, December 8, 2017, residents from Clark and surrounding areas, were invited to a free food tasting to celebrate the grand re-opening of the newly renovated Sweet Basil, located at 1189 Raritan Road, Clark, New Jersey.

December 7 was the official kick-off and Steve Hund, Clark's 3rd Ward Councilman, was on hand to cut the ceremonial red ribbon. Owner Danny Wang, and his partner Sidney Liu were



(above, l-r) Clark residents Barbara and Gary Tyburczy were the first customers to dine at Sweet Basil after the ribbon cutting.



All You Can Eat Asian Fusion Cuisine Chínese-Sushí-Thaí





ALL YOU CAN EAT PRICE Weekday \$19.99 • Weekend & Holiday \$22.99 Children Under 10 \$11.99



50% OFF SUSHI TAKE OUT OR DELIVERY. SweetBasilNJ.com

Clark residents Barbara and Gary Tyburczy were the first couple to dine at Sweet Basil after the ribbon cutting.

Sweet Basil is a BYOB Asian Fusion

restaurant featuring Japanese, Chinese, Thai, and Malay dishes.

For more information about Sweet Basil, stop in for a meal or call 732-669-7673, or visit: www.sweetbasilnj.com.



(above, l-r) Sweet Basil's Grand Opening celebrators, Councilman Steve Hund; owner, Danny Wang; Puri Hua Yan (Danny's mom); Sidney Liu; and family friend.

Healthy Family Resolutions By Lauren Faiella, RD, CDN - ShopRite of Clark, NJ

3. Reduce screen time and fit in fun!

Are you looking to improve your health this New Year but tired of making resolutions that might not last? For 2018, why not take a new approach and focus on goals as a family? Making resolutions together can provide motivation to stick with your goals all year long and it allows time for bonding. Get started with these suggestions for resolutions to improve your family's health:

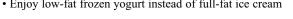
1. Experiment with produce.

Make a family trip to your ShopRite of Clark and explore the produce department. Make a plan each week to choose and prepare a fruit or vegetable that your family has never tried before. For kid friendly fruits and vegetable ideas, try purple cauliflower, star fruit, avocados, sugar snap peas, mini sweet peppers, kiwi and blackberries.

2. Make ingredient swaps together.

Make a "swap plan" for the New Year to trade less healthy products for healthier versions. For example, switch to wholegrain bread, 1% or skim milk, seltzer or calorie-free flavored waters. Start out slow and just make one swap each week! Here are some more ideas:

- Try quinoa or brown rice instead of white rice
- · Serve plain oatmeal with fresh or dried fruit and nuts instead
- of pre-sweetened oatmeal · Enjoy low-fat frozen yogurt instead of full-fat ice cream



• Spread 2 tablespoons of ShopRite peanut butter on a 100% whole-wheat bagel thin. Top with sliced Granny Smith apples and a sprinkle of cinnamon. What healthy resolutions will you focus on to make 2018 your happiest and healthiest year yet?

4. Pack, go and save!

Screen time is considered time spent in front of the

computer, television or video games. Dedicate one hour a day to screen-free time. Use this time to get active as a

family and focus on fitness - and fun! Try things like

Cut calories and save money by making a goal to pack

own meals will allow you to stick to your healthy

try some of these savvy sandwich ideas:

ShopRite whole-wheat sandwich thins.

lunches for school and work. Planning and packing your

intentions, plus it's easier on your budget. One idea is to

take advantage of dinner leftovers by packing them the

night before into your lunch bag. For additional variety,

light mayonnaise, chopped celery, onions and pepper to taste. Top salad with lettuce and tomato and serve on

• Prepare low-fat salmon salad using canned salmon,

yoga, bike riding, skating or even dancing. Choose something your family loves and do it together!



Did you know ShopRite of Clark Offers FREE Nutrition Services from an in-store Registered Dietitian? Lauren Faiella, RD, CDN is available for grocery store tours, individual counseling, product information, health events,

cooking classes, nutrition seminars, and community programs.



Call her at 908-309-9244 or email her at Lauren.Faiella@wakefern.com for more information!

FALL GPA CHALLENGE BREAKFAST

Athletic Department held a breakfast in honor of the 2017 Fall Athletics G.P.A. Challenge winners, the Gymnastics Team. The event, sponsored by the Athletic Department, was held in the ALJ cafeteria.

The Crusader GPA Challenge will be awarded each season to the team that finishes with the highest overall GPA amongst athletic teams seasonally. They will be presented with certificates, have their team memorialized on a plaque, and be invited for a "Breakfast with the A.D." to celebrate their actions both in the classrooms and on the courts.

Challenge: The Gymnastics Team with a G.P.A. of 3.9678.

Members of the Gymnastics Team are: Angela Pieros, Morgan Thomas, Lindsay Becker,

On Tuesday, December 19, 2017, the ALJ Nicalina DelRosario, Kaitlyn King, Christina Sheafer, and Emi Budnik.

> Athletic Director for the Clark School District Gus Kalikas had this to say about the GPA Challenge winners from the Fall Season: "The Athletic Department is extremely proud of all the members of the Gymnastics Team. The team was able to balance athletics and academics at the highest level, not only competing in the State Tournament in the Fall season but also excelling in the classroom, which is evident by the cumulative GPA of 3.9678 that the team held throughout the season."

"The GPA Challenge was a result of years of The winner of the 2017 Fall Seasonal GPA hard work, not only by the girls, but by our Head Coach, Brianna Ferdinandi, as well. They are a model of what it means to be a student athlete and the Clark School District is proud of all of their accomplishments."

COMING SOON: THE CONNIE DWYER BREAST CENTER AT TRINITAS

Dwyer Breast Center at Trinitas, which will provide new and improved Elizabeth area. A \$3,2 million investment in our Women's Imaging Center will result will cate for every woman.



TrinitasRMC.org



(above) The Gymnastics Team enjoys breakfast as a reward for winning the 2017 Fall G.P.A. Challenge.

WORKING TO MAKE A WINTER WONDERLAND

The Mentor LINKS program at Valley Road School in Clark recently met to create a winter wonderland in the hallways of the school. Students worked on two craft projects, a snowman and mittens, that will be proudly displayed at Valley Road. The project provided an opportunity for students to work together, and it led to great conversation among peers. "It was great to see how excited the students were to see their new friends," said school counselor and coadvisor. Sarah Badillo.





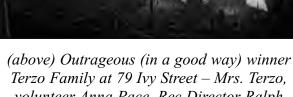
(above) Students in the Mentor LINKS program creating a winter wonderland.

RINITAS **Regional Medical Center**

WE'RE GETTING BETTER, TOGETHER

CLARK MONTHLY • Page 16 • January 2018





volunteer Anna Pace, Rec Director Ralph Bernardo and volunteer Fran Parisi.

CLARK RECREATIONS ANNUAL HOUSE DECORATING CONTEST

Clark recreation held their Annual House Decorating Contest. Four homes won in three categories out of the 24 that entered. The "Just for Fun" contest allows families in Clark to drive around and view the outstanding decorating and creativity from our residents. The event was started by Rec Director Ralph Bernardo years ago and judging consists of a secret committee that drives around for a week at night to view all the homes before voting. The following homes were selected and visited on the evening of December



(above & right) Traditional winner-(Tie) Solenske Family at 47 Bartell Place.



(above) Overall Favorite winner Maloney Family at 8 Gloria Street. Family was not home - Rec Director Ralph Bernardo pictured.



(above & right) Traditional winner-(Tie) Fuentes Family at 127 Stonehenge Terrace.

19th and the winners received a lawn sign, \$50 gift card and bragging rights. Outrageous (in a good way): Terzo Family at 79 Ivy Street Traditional – (Tie): Solenske Family at 47 Bartell Place Fuentes Family at 127 Stonehenge Terrace **Overall Favorite:** Maloney Family at 8 Gloria Street









FREE KLEZMER CONCERT IN CLARK

Submitted by Steven Stern

Hailed as "one of the finest American klezmer bands" by Songlines Magazine (UK), Metropolitan Klezmer will perform at the Sol Sern Memorial Concert at Temple Beth O'r Beth Torah in Clark on Sunday, January 28 at 3 p.m.

Formed in 1994 by drummer and leader Eve Sicular, this collaborative adventure of exceptional New York musicians brings exuberance to Yiddish musical genres from all over the map. Their performances incorporate wedding dance, folk, swing, and tango styles, as well as soundtrack material from vintage Yiddish films, re-inventing tradition with both irreverence and respect.

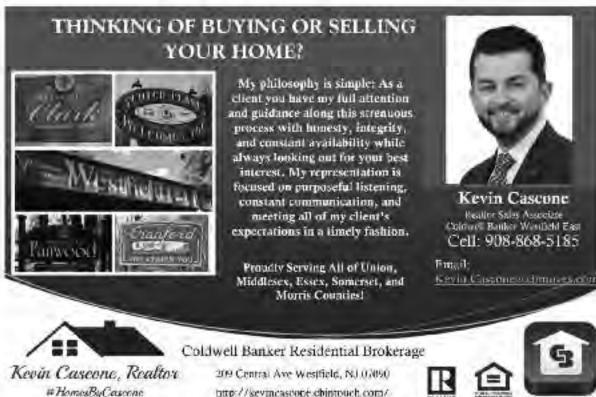
Critics have hailed their ability to create "a smooth balance between classic klezmer sounds and bold new interpretations, for bringing back forgotten Soviet Yiddish theatre hits and experimenting with Latin jazz or reggae fusion."

"Klezmer is a very popular musical tradition that is essentially Jewish soul music from Eastern

Europe," according to Cantor Steven Stern of the Clark temple. "Metropolitan Klezmer's interpretations are unique and exhilarating. They last performed in our synagogue four years ago to an enthusiastic full house, and we are delighted to have them back again for an encore performance. The concert honors the memory of Sol Sern who was a most beloved member of our congregation."

Appearing as part of the group will be vocalist Melissa Fogarty. She has been praised by critics as a "formidable presence" on stage who can belt out passages in "saucy, somber and playful" styles.

The program is free and open to the public and is made possible by a HEART Grant from the Union County Freeholders and the TBOBT Sol Sern Memorial Fund. Temple Beth O'r Beth Torah is located at 111 Valley Road, right off exit 135 of the Garden State Parkway. For more information about its upcoming programs and activities, please visit www.bethorbethtorah.org.



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GIVE AND SHARE

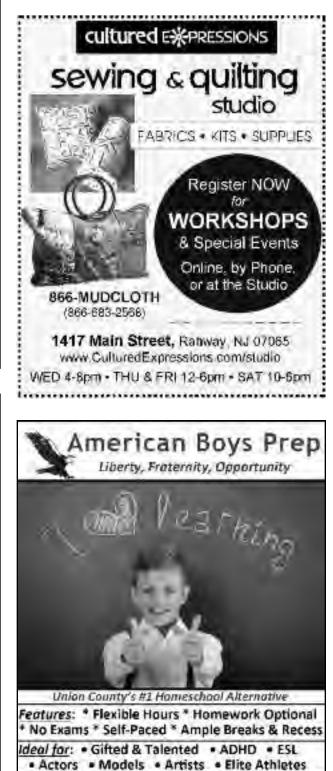
Submitted by Nancy Raymond, Township of Clark Health Department

The Clark Give and Share Program, part of the Clark Health Department and St. John The Apostle Food Pantry, would like to thank all those who selflessly donated food items to this year's Bag of Sides holiday Program.

We have been sponsoring the Bag of Sides program for at least the past 5 years. Donations of canned vegetables, gravy, cranberry sauce, boxed stuffing and potatoes are packaged and distributed during the monthly food pantries. Every little bit helps to offset the cost of a Holiday meal for those in need.

This year, in addition to the above items, the Clark Health Department also received canned soups, beans, fruits, breakfast items and even desserts!

Special thanks to the Valley Road K-Kids, Donna Kircher and the Hehnly School K-Kids, Carl H. Kumpf School, the Y Squares, Mr. Toby D'Ambola, Clark UNICO, Ann Messler and the ALJ students who help throughout the year, "the turkey ladies," and all of the wonderful donors who anonymously drop food off at my office.



www.ABP-Academy.org 908.516.4231

http://kevincascope.cbintouch.com/

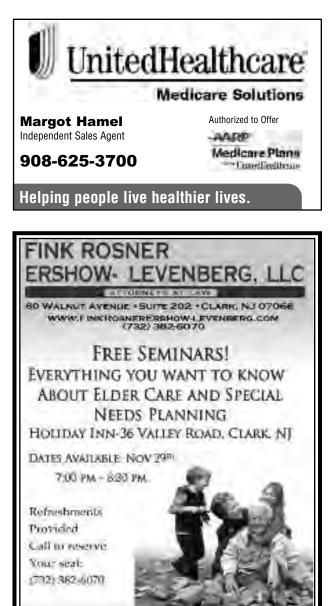
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ELEMENTARY SCHOOL STUDENTS VISIT LIBRARY

The Clark Public Library invited all K-5 students to visit the library for a night of fun. Parents and children participated in many exciting activities including a scavenger hunt, which helped students learn about the different parts of the library. The scavenger hunt ended with a celebratory dance party. A Bookmark Decorating Contest was held, where students were given time to decorate and enter their own bookmarks. During the night, raffle prizes were also given to the students. The culmination of the night was story time with storyteller Judy England-McCarthy. The children were entertained with a story and participated by assuming the roles of the featured characters.



(above) A parent and several children are searching for clues during the scavenger hunt.



CLARK PUBLIC LIBRARY

Registration is required for programs unless noted. Additionally, free movies are shown at the library on Monday and Wednesday at 1:00 p.m. Newly released DVDs are featured each Tuesday evening at 6:30 p.m. No registration is required for movies. Visit our online calendar at www.clarklibrary.org or call 732 388 5999 for more information.

Please note: We will be closed on Monday, Jan 15.

LEGO® Club

Friday, January 12 at 3:15 p.m. Join us for the LEGO® Club at the Clark Public Library! Create your own lego structures. Legos are provided by the library. Creations are displayed in the Children's Area. For children in grades K - 5. No registration required.

Frog Hollow Players Present "The Farm"

Saturday, January 20 at 10 a.m. Join us for a special fa.m.ily storytime session, The Farm! It is a 45-minute event featuring puppets, flannel board, books, songs and audience participation.

Tinker Tuesday

Tuesday, January 23 at 3:30 p.m. Make your own Wigglebot! For grades K-5. Registration is required, as supplies for this project are limited.

Spanish Storytime!

Thursday, January 25 at 10 a.m. Enjoy stories, games, songs, and fingerplays in Spanish and English. This bilingual storytime also will offer parachute play, bubbles, and a craft. Both non-Spanish speaking and Spanish speaking kids ages 6 and under are welcome. Registration is required.

Sunday Fa.m.ily Movie Matinee

Sunday, January 28 at 2:00 p.m. Popcorn and a movie! The villain Balthazar Bratt, a former child star who's grown up to become obsessed with the character he played in the 80s, proves to be Gru's most formidable nemesis to date. Starring the voices of Steve Carell, Kristen Wiig, Trey Parker, and Miranda Cosgrove. Rated PG.

ONGOING EVENTS

Tales for Tots

on Mondays or Thursdays at 10 a.m. Stories, fingerplays, and songs for active listeners. Geared toward ages 2-3 with a caregiver. Older children are welcome! 30 minutes of open play follows.

Baby Bookworms

Tuesdays at 10 a.m. Stories, songs, nursery rhymes, and movement. Geared toward babies and toddlers under 2 years old with caregiver. 30 minutes of open play follows.

Stories & More

Thursdays at 1:30 p.m.

Stories, movement, songs and a craft for active listeners ages 3 -5 years old. Sorry, younger siblings may not attend. Registration is required.

Grown-Up Coloring Club Meets Weekly on most Fridays

at 1:00 p.m.

Coloring isn't just for kids anymore! Join us for a relaxing afternoon of coloring for grown-ups. Relieve some stress while stimulating your creativity! No registration is required.

Teen Tech Help

on most Fridays at 3:30 p.m. and Saturdays at 2:00 p.m. Do you have a new phone or tablet and need help figuring it out? The library now offers one-on-one assistance with a variety of technological issues. Sessions last one hour and may also focus on e-mail, e-books, Microsoft Office or other technology questions.

Free movies are shown at the library on Monday and Wednesday at 1:00 p.m.

Newly released DVDs are featured each Tuesday evening at 6:30 p.m. No registration is required for movies.





1361 St. Georges Ave., Rahway, NJ 07065

CLARK PUBLIC SCHOOL DISTRICT HOLDS PARENT UNIVERSITY PAINT NIGHT



The Clark Public School District held its first Parent University Community Education Session, "Paint Night with Mr. Peitz." The event, open to parents and students in the district, was held in the ALJ cafeteria on December 14. Led by Carl H. Kumpf Middle School art teacher Mr. Peitz and student assistants, the group painted a scene of a winter wonderland. Peitz stated, "I love finding ways to bring art into the schools, so I was excited when Mrs. Broski approached me about Paint Night."

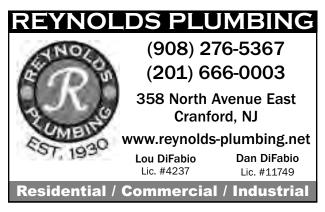
Christine Casale Broski, Supervisor of Educational Initiatives and organizer of the event, stated, "We would like to thank all of the parents and students who attended Paint Night. It was a great night that brought the school community together."

Paint Night is part of the district's Parent University program, which will include other community education nights in addition to parent teas and two larger assembly-type programs. The program also includes virtual sessions that can be found on the district's website under Parent University as well as on the district's Facebook and Twitter pages.









If your dentures ... • Are loose • Over 5 years old • Have been repaired many times

Or ...

· You would like to improve your smile

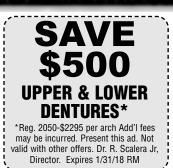
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UGLY HOMES WANTED FOR TELEVISION PROGRAM IN THIS AREA

We need 30 Ugly Homes with Ugly Kitchens, Bathrooms, Siding, Window, etc., Inside or Outside that need fixing or Remodeling. We will Repair and Remodel them and shoot video for training film and future TV show on Home Remodeling Work.

Must Sign Release, for purpose of filming job! This must be a complete remodeling job, not just patch up work. This remodeling is to be specially priced out of work, with compensation back to the homeowner for signed release.



Serious Inquiries Please!

CLARK MONTHLY • Page 20 • January 2018 5TH GRADERS LEARN ABOUT COLONIAL AMERICA



(above) Web activity.

MAINTENANCE TECH

Maintenance tech wanted for Summit & Garwood apartment complex. Must have electrical, plumbing & carpentry skills. Boiler black seal a plus. Good starting hourly wage and 1 bedroom apt. in Garwood area. Vacation, holiday pay & medical benefits. Please apply in person at Stephanie Gardens, 54 Third Avenue, Garwood, Tues & Thurs between 9 – 5 or call 908-789-9198.

HELP WANTED

SCHOOL BUS DRIVER CDL to transport students, AM & PM. CDL training available.

SCHOOL BUS AIDE Monitor students to and from school. AM & PM EOE. Ask for: Mr. Charles 800-675-9522 • 732-388-9522

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Education Fund, the Museum of Early Trades and Crafts turned back the clock to the 1700s for the fifth grade students of Hehnly Elementary School in Clark. The museum's program Tradesman & Community, visited the school giving students an opportunity to discuss the trades, materials, methods, and products of Colonial America.

To learn about the need for a strong community and local trade, students participated in a group activity. Students explored the "community web" and the roles and contributions of Early American tradespeople. Seated in a

Thanks to a generous grant from the Clark circle, each student assumed the identity of a tradesperson, such as apothecary, cooper, harness maker, and confectioner. The students were asked to think about how each tradesperson depended upon others for his or her livelihood as well as the natural resources available. Using a long string to link the tradespeople, a web was created demonstrating that a strong community was necessary for survival.

> In addition, students became "apprentice" tinsmiths and completed a punched-tin craft, using iron nails and handmade hammers to complete their designs to take home.



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2018 ST. JOHN THE APOSTLE FOOD PANTRY DATES-CLARK LOCATION CLARK MONTHLY • Page 21 • January 2018

DISTRIBUTION IS FROM 12:00 NOON -2:00 P.M.

Unless Otherwise Noted. All Participants Must Enter The Building From The Recreation Doors (Not Cafeteria Doors) and Wait in The Hallway Outside of The Cafeteria.

JANUARY 16TH FEBRUARY 20th MARCH 20th

APRIL 17TH JULY **TBA MAY 15TH AUGUST 21st **JUNE 19TH SEPTEMBER 18TH**

OCTOBER 16TH NOVEMBER 20th DECEMBER 18th

Anyone With Questions or Concerns, Can Call Nancy Raymond, Health Officer at 732-428-8405 or Cell at 732-259-6137

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ANNUAL HOLIDAY SENIOR LUNCHEON

The Clark Seniors enjoyed their Annual Holiday Luncheon at the Gran Centurions on December 7th. Over 250 residents enjoyed delicious food, music and entertainment provided by Melody and Presley. Of course Santa made a visit (Steve Kulbaba) and took photos and gave out candy canes. A great time was had by all.









Photos by Clark Recreation.

3RD GRADERS WINTER WRITING ACTIVITY

Third grade students at Hehnly Elementary School in Clark kicked off the season with a writing activity called "If I Were Trapped in a Snow Globe." The students used their imagination and told a story of how they got trapped. After the story was written, their picture was taken showing how they would look if trapped. Artificial snow and a plastic lid were put over their pictures creating a snow globe. Stories are displayed on classroom bulletin boards. Students also made snowflakes to hang over their writing creating a winter wonderland. Mary Jo Baker, third grade teacher, stated, "The students did a great job composing their stories. They showed creativity and applied the writing strategies we learned about."



CLARK STUDENT PERFORMS IN LONDON NEW YEAR'S DAY PARADE

Submitted by Ms. Hamilton

Arthur L. Johnson High School in Clark, New Jersey was one of more than 650 high school cheerleaders and dancers from across the U.S. invited to present Varsity Spirit in the world-famous London New Year's Day Parade.

The individuals invited to perform in the parade qualified for the trip after being selected as an All-American at a summer camp hosted by one of the Varsity Spirit camp brands, which include Universal Cheerleaders Association (UCA), Universal Dance Association (UDA), National Cheerleaders Association (NCA), National Dance Alliance (NDA) and United Spirit Association (USA).

All-Americans are selected to try out based on superior cheerleading, dancing, and leadership skills at camps across the country. Only the top 10 percent of the more than 325,000 cheerleaders and dancers who attend the 5000 Varsity Spirit summer camp sessions earn the chance to march in the holiday spectacular.

Kelsey Marques was among parade performers from all over the world. The theme of this year's parade was "Showtime!" and celebrated the greatest shows on earth. Cheerleaders, dancers, marching bands, acrobats and more will made up the 10,000 performers representing 20 countries worldwide in the 2018 parade. Established as one of London's biggest events, the parade is seen by nearly 300 million people around the world. In addition to cheering in the parade, All-Americans were able to celebrate the holiday's European style with the chance to tour some of London's most historic sites during their seven-day stay.

"I am honored to be the first Jonhson cheerleader awarded Top All American Cheerleader and to participate in New Year's Day Parade in London. I am passionate about cheerleading and traveling the world to experience new cultures and meet new people and I am ecstatic to have the opportunity to do both in this trip," stated Kelsey Marques who has cheered since she was 6-years-old with Clark Pop



Warner, Golden Knights Pop Warner/Recreation and Johnson Varsity Cheerleading.

"This is the thirtieth year we've been able to bring these talented cheerleaders and dancers to London, where they can showcase their skills to a very enthusiastic international audience, and explore the rich cultural heritage of this great city," stated Mike Fultz, the International Event Coordinator for Varsity Spirit.

For more information, visit www.varsity.com or contact Mike Fultz at (800) 238-0286 or mfultz@varsity.com.

Memphis-based Varsity Spirit has been a driving force behind cheerleading's dynamic transformation into the high-energy, athletic activity it is today, and the leading global source for all things cheerleading and dance. A division of Varsity Brands, Varsity Spirit is a leader in uniform innovation and educational camps, clinics, and competitions, impacting nearly a million athletes each year. Focused on safety, entertainment and traditional school leadership, Varsity Spirit's 5000 employees have been helping raise cheerleading's influence and profile since 1974.

For more information about Varsity Spirit or Varsity Brands, please visit www.varsity.com or www.varsitybrands.com.

TARA OLIVEIRA NAMED "VISIONARY ASSISTANT PRINCIPAL OF THE YEAR"

Clark resident, Tara Oliveira, Assistant Principal of Governor Livingston High School in Berkeley Heights, has been named as the Visionary Assistant Principal of the Year – Secondary Level by the New Jersey Principals and Supervisors Association (NJPSA).

Mrs. Oliveira has served as Assistant Principal at Governor Livingston since August 2012. She first joined the faculty at Governor Livingston in September 2011 as a Teacher of English after having taught in Pennsylvania for nearly seven years.

"From our first day as colleagues, it was evident that Mrs. Oliveira had that special quality that would endear her to everyone with whom she would come in contact," stated Robert Nixon, Principal of Governor Livingston High School. "Her skill set features an exceptional blend of intelligence, work ethic, compassion, determination, logic, and competitiveness. Mrs. Oliveira has the ability to administer discipline and counsel staff and students with an understanding smile. She is a relentless worker who not only expects the best, but delivers the best. I cannot imagine an Assistant Principal more deserving of this honor."

Mrs. Oliveira has played a key role in the implementation of numerous technological advances at Governor Livingston - including the transition to Google Classroom, the 1:1 student iPad initiative, and the establishment of "GL Admin Folder" – all of which have enhanced teaching, learning, and communication at the high school.

"We are so excited that Mrs. Oliveira has been selected as the New Jersey Assistant Principal Visionary Award winner," stated Judith A. Rattner, Berkeley Heights Superintendent of Schools. "She is a dynamic administrator who is an integral part of our administrative team and is respected by the students because of her care and concern for them and their experiences."

Mrs. Oliveira earned her Bachelor of Arts Degree in English from Lehigh University in addition to a Master of Education Degree in Secondary English Teaching and a second Master of Education Degree in Educational Leadership, also from Lehigh University.

"Mrs. Oliveira's vision has helped drive change not simply for the sake of changing, but for the sake of improving how we operate as a high-achieving school," added Mr. Nixon. "In an educational culture where many resist change, she has not only embraced it, but she has helped create an environment where the change had a substantial positive impact and was supported by the staff."





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Patron Silver	750ml 1.75L	\$39.99
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Patron Silver Patron Silver BEI Becks (12oz) 24pk Bud and Bud Lite cans	750ml 1.75L ER 24pk 30pk	\$39.99 \$82.29 \$23.99 \$23.99 \$21.99
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Patron Silver Patron Silver BEE Becks (12oz) 24pk Bud and Bud Lite cans Bud and Bud Lite loose bottles Coors Lite (24oz) cans Coors Lite/Miller Lite loose bottle Coors Lite/Miller Lite	750ml 1.75L ER 	\$39.99 \$82.29 \$23.99 \$21.99 \$18.99 \$13.99 \$13.99 \$18.99 \$18.99 \$21.99
Patron Silver Patron Silver Bets (12oz) 24pk Bud and Bud Lite cans Bud and Bud Lite loose bottles Coors Lite (24oz) cans Coors Lite/Miller Lite loose bottle Coors Lite/Miller Lite Corol Beer	750ml 1.75L ER 24pk 24pk 24pk 24pk s. 24pk 24pk 24pk 24pk	\$39.99 \$82.29 \$23.99 \$21.99 \$18.99 \$13.99 \$18.99 \$18.99 \$18.99 \$19 \$21.99 \$21.99 \$17.99
Patron Silver Patron Silver Bets (12oz) 24pk Bud and Bud Lite cans Bud and Bud Lite loose bottles Coors Lite (24oz) cans Coors Lite/Miller Lite loose bottle Coors Lite/Miller Lite Corol Beer Corona/Corona Lite loose bottles	750ml 1.75L ER 24pk 30pk 24pk 24pk s. 24pk 30pk 24pk 24pk	\$39.99 \$82.29 \$23.99 \$21.99 \$18.99 \$13.99 \$13.99 \$18.99 \$13.99 \$17.99 \$27.99
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Patron Silver Patron Silver Bets Silver Bud and Bud Lite cans Bud and Bud Lite cose bottles Coors Lite (24oz) cans Coors Lite/Miller Lite loose bottles Coors Lite/Miller Lite loose bottles Corol Beer Corol Beer Corona/Corona Lite loose bottles Dab (16oz) cans Heineken/Heineken Lite bottles Land Shark Lech (500ml) Modelo Especial cans	750ml 1.75L ER 24pk	\$39.99 \$82.29 \$23.99 \$21.99 \$18.99 \$13.99 \$13.99 \$18.99 \$21.99 \$27.99
Patron Silver Patron Silver Bets Becks (12oz) 24pk Bud and Bud Lite cans Bud and Bud Lite loose bottles Coors Lite (24oz) cans Coors Lite/Miller Lite loose bottles Coors Lite/Miller Lite loose bottles Corol Beer Corol Beer Corona/Corona Lite loose bottles Dab (16oz) cans Heineken/Heineken Lite bottles Land Shark Lech (500ml) Modelo Especial cans New Belgium Fat Tire	750ml 1.75L ER 24pk	\$39.99 \$82.29 \$23.99 \$21.99 \$18.99 \$13.99 \$18.99 \$13.99 \$21.99 \$27.99 \$27.99 \$27.99 \$22.99 \$23.99 \$23.99 \$23.99 \$23.99 \$23.99 \$23.99 \$23.99 \$23.99 \$23.99 \$23.99
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